

Middle School opens
"Seussical"

See Page 3

Super Bowl alternative
offered at The Egg

Family Entertainment

BC knocks off
another division leader

See Page 13

The Spotlight

Serving the Towns of Bethlehem & New Scotland

Volume XLVIV No.1 75 cents

February 2, 2005

Town adds, shuffles jobs

By LIBBY SCHIRMER

Town officials hope that with the addition of a new town government post, an out-of-whack tax base that's residentially top-heavy will be a thing of the past.

George Leveille, commissioner of the Department of Public Works, will step down from his post to take the newly-created position of director of economic development and planning, effective Feb. 28. On that day, Oliver Holmes, who most recently was head of facilities and buildings at Williams College in Williamstown, Mass. and at Rensselaer Polytechnic Institute, will take over Leveille's former post as head of the DPW, a two-year appointment.

"Economic development is emerging in town as an important priority. We're looking to expand the tax base, and we're waiting to adopt an improved zoning code and new design concepts," Leveille said.

Supervisor Theresa Egan said the new position will benefit the town, as will having a licensed engineer serve as the DPW head.

"We identified areas within town government that could make it more professional, more streamlined. Economic development was George's background many years ago," Egan said. "This gives him an important opportunity to do what he does best."

Holmes, hired at a salary of \$84,495 after the board passed a unanimous resolution accepting his appointment, said his new post presents an "exciting challenge."

The shuffling of positions began when the town began interviewing for the town engineer position, left open by longtime

town engineer Mike Cirillo's retirement in September.

As the interview process progressed, Egan said, it became apparent that the town had two "extremely qualified candidates to generate the discussion of restructuring."

At a salary of \$70,057, the town hired Eric Deyoe, who has a working background as an engineer with the city of Albany, as town engineer. Deyoe said the chance to work in the town of Bethlehem is a pleasure.

"There's a lot of great things going on in the town," Deyoe told the board.

Republican town board member Thomas Marcelle said the additional town position is a good idea.

"There is, in town, a perception, if not a reality, that people who wanted to build or develop commercial properties, it wasn't feasible," Marcelle said. "(Leveille's) appointment will address some of those concerns, and I believe is a step in the right direction."

SHUFFLES/page 2

Get your kicks



Tom McCarroll performs a demonstration of the Japan Karate Association of Bethlehem at the YMCA Saturday.

Jim Franco

Board may form EPA liaison group

By LIBBY SCHIRMER

The \$500 million Environmental Protection Agency Hudson River dredging project arguably generated the least interest among a number of community issues until Bethlehem was named one of two finalists to host a site to clean PCBs from the river.

Town officials are now looking to possibly capitalize on the depth of interest evident at the most recent

public information session held regarding the project and the 94-acre OG Real Estate site. A standing room-only crowd of about 200 residents gathered to ask questions and offer alternatives.

Supervisor Theresa Egan believes some sort of citizens group could serve as a liaison between the town board and the rest of the community at large, pointing out issues the town board should bring up with EPA and General Electric representatives.

"I'm not petitioning to abdicate any of the town board's responsibilities. We will stay readily engaged in this," Egan said. "Our residents want to be informed, they want to be engaged."

Egan is proposing a group that could identify residents' concerns that would work like the Bethlehem Planning Advisory Committee or the Community Advisory Group (not based in Bethlehem), associated with the EPA project. The responsibilities of the group have not been set yet, but the topic is up for discussion at the next town board meeting.

A number of residents and at least three-fifths of the town board have said that Bethlehem's OG Real Estate site, which Victor Gush owns, shouldn't be part of the six-year-plus endeavor that seeks to remove 30 years' worth, or 2.65 million cubic yards of, PCBs from the Hudson. General Electric legally dumped the PCBs into the river beginning in the 1970s, but the EPA and other health officials say consumption of fish that have been exposed to the PCBs increases instances of cancer. The dredging will be a physical process in which the water is squeezed out of PCB-laden sediment. After that process, the water will be up to drinking-level standards.

A prevailing complaint from residents at the Jan. 19 informational meeting at Delmar Reformed Church was the lack of concrete information. Egan said it could be late spring before residents find out what is in store for the site, located south

of the Port of Albany. Representatives of GE have met recently with OG Real Estate representatives, Egan said, noting that OG representatives "were not provided with any more information than we were."

EPA and GE officials, without knowing exactly along what disposal routes they will send the sediment, or via what mode of transportation, said they don't know whether Bethlehem will play decade-long host to a full dewatering facility, a transfer station or nothing.

Town board members who attended the Jan. 19 meeting noted an impression that the site may still not be used as part of the project. The EPA's Community Involvement Coordinator Leo Rosales told *The Spotlight* during a phone call after the meeting that the site will be used for something. EPA Hudson River Field Office Director David King responded at the Jan. 19 meeting to a query by Republican board member George Lenhardt as to why the sediment couldn't be handled in Fort Edward, the other finalist town, where the river bottom holds about 60 percent of the PCBs.

"Perhaps it can, but we don't know that," King said at the time.

The Superfund project is the largest of its kind ever attempted. Because of its status as a Superfund project, no mitigation to host communities is available, leading residents to ask questions about property values, which some believe will decline after the project begins. EPA officials have said that after the site has served its purpose for the project, the site will be returned to its owner in a way consistent with the town's

EPA/page 2

Doctor addresses childhood obesity

By MARTIN J. BANNAN

The bad news, according to Dr. Mark Nelson, a cardiologist with Capital Cardiology, is we are losing a war, one that could cost millions of lives and billions of dollars unnecessarily. The good news is that it's reversible. The solution, however, lies with us.

The root of the problem, Nelson told a group gathered for a PTA meeting at Hamagrael School in Delmar on Jan. 19, is what cardiologists call the metabolic syndrome.

"It's the interrelation between obesity, insulin resistance and cardiovascular disease (CVD)," Nelson said. "Presently, it affects 67 million Americans." According to Nelson, there are many misconceptions about cardiovascular illness.

"It's a silent disease that begins in childhood, but too often only first presents itself as sudden death," Nelson said. Warning signs include abdominal obesity as well as high cholesterol, blood pressure and sugar. The cause of this, he said, is a lifestyle of overeating and not eating right, combined with little or no exercise.

"It's not about genetics," Nelson said. "It's about how we live."

Throughout the presentation Nelson showed graphs indicating how Americans are getting bigger and, as a result, less healthy. Most alarming were the statistics on obesity in children.

"Thirty percent of overweight children have the metabolic syndrome and don't know it," he said. "Our children are making bad choices and we need to take responsibility. We don't want to stigmatize people. Instead, the goal is to help them."

According to Nelson, prevention should begin in childhood before they acquire the metabolic syndrome.

"At the present rate, one in three children born after 2000 will become

OBESITY/page 32



Cops nab one for DWI

Bethlehem Police made one driving while intoxicated (DWI) arrest this week.

In the early morning hours of Jan. 27, police were called to a vehicle off the roadway on Kenwood Avenue around 4:30 a.m.

When police arrived, a woman was standing outside of a Volkswagen Jetta holding a shovel. Margaret Mancinelli-Cahill, 53, of 202 Kenwood Ave., said she'd been driving the car back from a friend's house in Albany.

Police detected a strong odor of alcohol on her breath.

According to police, Mancinelli-Cahill admitted to having two drinks of wine and champagne at her friend's house.

After failing three field sobriety

tests, she refused to take a breathalyzer test, police said, and was subsequently arrested for DWI.

A chemical test showed her to be positive for alcohol; Mancinelli-Cahill has a return date to Bethlehem Town Court on Feb. 15.

Scrapbookers' crop slated

An all-day scrapbooking Crop-Till-You-Drop is scheduled for Saturday, Feb. 12, from 10 a.m. to 5 p.m., at the Clarksville Community Church.

The event includes lunch, a goody bag and prize drawings. The fee is \$25, and reservations are required.

For information, contact Donna Bell at 768-8217 or e-mail donnajbell@aol.com.

EPA

(From Page 1)

vision for that property. Town officials seem skeptical. Republican board member Thomas Marcelle, who has long been vocal about his objections that the Bethlehem site exist as part of the project, said the formation of a citizens group would be proactive.

"It's a smart idea," Marcelle said, noting odor, noise and other concerns associated with the project. "Not that I'm convinced legal action is totally out of the question. After a decade more of use, there are certain realities that will set in, and that's what I'm worried about. Once we get it, these promises made in engagements are not kept during a marriage."

Town board members also frequently wonder how long the six-year project will really take.

Lenhardt, predicting the project would take the greater part of 10 years, if not longer, said he had reservations about a citizens group dealing directly with the EPA.

"I would prefer to deal directly with the EPA; we are the elected government," Lenhardt said.

That part of the river is a known breeding ground for short-nosed sturgeon. The site

Shuffles

(From Page 1)

Leveille will retain his position as the executive director of the Bethlehem Industrial Development Agency.

The new post will put planning, building and economic development under one umbrella, which Leveille will hold.

"The big thing in front of us is to prepare for the end of the moratorium and the comprehensive plan to be adopted. In the meantime, we're working with all the in-house applications that have been stalled as a result," Leveille said. "We're gearing up for quite a bit of action."

The restructuring has also led officials to consider physical changes at town hall, which promptly began Thursday.

The town is anticipating the addition of another employee, Leveille said, in the form of a Geographical Information Systems professional.

"Town hall is bursting at the seams," Egan said. "A planning

board meeting was held in the hallway one night because of space concerns." Because of the space concerns and a growing town government, the town will be conducting a town-wide facilities assessment, Egan said, noting every town facility is "bursting at the seams."

But for now, with a near-immediate need for more space at town hall, the town board approved a measure that will spend up to \$200,000 of capital reserve funds to remodel the upstairs of town hall.

At the end of 2004, \$400,000 was moved into the fund, Egan said, adding "so we're certainly still in good shape."

The remodeling, which will essentially do away with upstairs offices and replace them with movable partitions, and make the upstairs totally open, will be kept as close to \$150,000 as possible, Egan said.

Recent cost estimates led Egan to ask for \$200,000, which she said will cover any contingencies.

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Dr. Seuss' rhymes at middle school musical production

By KATHERINE McCARTHY

A person's a person no matter how small, but at Bethlehem Central Middle School this Thursday, Friday and Saturday, there will be only greatness on display. A cast and crew of over 50 kids will take to the stage to present "Seussical," the musical based on the works of Dr. Seuss, in particular *Horton Hears a Who*.

On a chilly Saturday two weeks before the show opened, kids, parents and directors were at work on the stage, in the auditorium, in the hallways and in the classrooms.

In the middle of the auditorium, five kids hunkered down in the aisle to work on the sound system.

"We're working on the mikes now to make sure there won't be any feedback," Patrick Joyce said.

"We're testing the headsets," Rather Ryther said. Apparently they're in good working order, for the crew picked up sound even when kids were in a faraway part of the building.

Kids emerged from a classroom looking distinctly Seuss-like, hair lacquered into up-dos no prom queen would ever want. They joined the group of kids sitting on steps and leaning against lockers, singing along as Evan Finkle, who will be playing the Cat in the Hat, tapped out the time to a song.

Finkle denied that he bears a real-life resemblance to the cat that turned a family's house topsy-turvy in one of Dr. Seuss' most famous stories, *The Cat in the Hat*.

"I'm a nice little boy," eighth-grader Finkle said with a wry grin. "I'm a big Dr. Seuss fan." Ari Rodriguez is playing JoJo.

"The whole show is coming out of my mind, but the Cat in the Hat manipulates me," Rodriguez, also an eighth-grader and a veteran of past middle school musicals, said. "This show is really different from other shows we've done. It's more intricate and there's more singing. There are a lot of messages for kids, there are morals and there's sophisticated humor."

Emma Baker is playing Gertrude, a bird depressed about the single feather in her tail. Modern medicine fixes that problem, but she learns a lesson about being happy with herself as she is.

"It's a good show," Baker, a seventh-grader, said. "There are good messages, like appearance isn't everything."

Mike Rice is the eighth-grader playing Horton, the elephant who saves a planet. "Everyone was carrying around Dr. Seuss books

when we started," Rice said. "The play is mostly based on *Horton Hears A Who* and *Horton Hatches an Egg*, but there are a lot of references to other Dr. Seuss books."

It's clear that the sets are Seuss-inspired, with their unique shapes and colors.

As Frank Leavitt, the producer, director and self-described Harry Truman ("the buck stops with me") of the show directs the orchestra in "Monkey Around," five boys appear from nowhere to practice their song.

"They were the Wicker-shams," Leavitt said, as they finished their number and disappeared as quickly as they'd arrived, ready to join their castmates in a well-deserved pizza lunch.

"This is a very high-energy group," Leavitt said. "About two-thirds of them were in last year's show. They know that they have to work a little harder at this point."

A music teacher at the middle school until last year, Leavitt is now the education outreach coordinator at Capital Repertory

Board eyes extending building moratorium

By LIBBY SCHIRMER

Ensuring maximum public input has set the Bethlehem Planning Advisory Committee about a month behind schedule, leading the town board to consider an extension on the residential building moratorium, due to expire on or around March 31.

Supervisor Theresa Egan said three months would probably suffice, though she asked for a six-month extension, saying she didn't want to have to come back to the board asking for a second extension.

"There is a lot of information at the end of the process, and to allow residents ample opportunity to review the draft plan and provide meaningful input, BPAC added another two workshops," Egan said. "It made sense legally and logistically to extend the moratorium so the comp plan can come up for a vote."

The draft plan is up for review on the town's Web site, and a number of residents have bought printed copies, which are on sale at town hall. A public hearing on the final draft of the comprehensive plan is scheduled for March 3.

The extension would be up for review for a total of 60 days by the Albany County Planning Board, with a 30-day review period for the actual comprehensive plan and another 30-day review period for the zoning changes.

Department of Public Works Commissioner George Leveille, who also sits on BPAC, said an extension would be helpful and a six-month one could enable developers with projects that were in the pipeline to get on board with whatever changes are adopted.



From left: Mike Rice, Ari Rodriguez, Evan Finkle and Emma Baker pose on the set of *Seussical*.

Theater in Albany, but after more than a dozen years directing the middle school play, said he's glad to be doing another show. "This is a show about integrity," Leavitt said. "Horton is the epitome of integrity, with his

faithful element and believing that a person's a person, no matter how small. He knows what the right thing to do is. We've talked a lot with the kids about this, knowing that just this once, I've done something right. Figure out what your heart and soul are telling you to do and do it. There are no other alternatives." Leavitt and the cast began working on the song-laden show in October.

"There are very few moments of dialogue in the show," Leavitt said, giving credit to Joanne Hihn, the middle school music teacher, for helping the kids achieve the musical level they've reached. Leavitt also praised Debbie

Dorman, the associate director and stage director, for her work on the play.

"Debbie did a lot of the blocking (direction of movement), which is cool for me because then I get to do a lot of tweaking," Leavitt said. "Debbie also did a lot of set design with Becky Myers."

The culture of the middle school musical has evolved to the point where the parents also know what to do and require less direction, Leavitt said.

"It's a symbiotic thing," he said. "The parents are wonderful and the culture of fun and education has become pervasive." Most important to Leavitt is that the kids come first.

"We're educators and we take a holistic, collaborative approach," he said, resulting in superb quality.

"I don't want somebody to say, 'that was good for a middle school show,'" Leavitt said. "Instead, what we get is, 'I forgot that those are middle school students.'"

If the quality's not enough to convince you that the middle school's where you want to be this weekend, Leavitt had one final thought. "You're never too old for Dr. Seuss," he said.

Performances will be Thursday through Saturday, Feb. 3 - 5, at 7 p.m. at Bethlehem Central Middle School, Kenwood Ave.

Tickets are \$5 each, available in the cafeteria during lunchtime or at the door. Snow date is Sunday, Feb. 6 at 3 p.m.

New business looks to fill community niche

By LIBBY SCHIRMER

Proprietors of a new Delmar pharmacy, scheduled to open in mid-March, want their customers to think simple and familiar if they ever have questions.

"If customers have a question about a medication, I want them to think 'I've got to call Paul,' or 'I've got to call John,'" said Paul Pagnotta, a pharmacist and part owner of the new drug store, Four Corners Pharmacy. "I don't want them to think, 'I've got to call the pharmacist.'"

With 53 years of experience between them, the four owners have been working to be more than just the faces behind the counter who dispense medications. Pagnotta and his wife, Jennifer Cerulli, Bethlehem residents, are co-owners of the business with John Croce and his wife, Karen. At least three of them share a vision for their new store. The need for a community-oriented pharmacy that offers face-to-face service, as well as durable medical equipment, is not being filled in Delmar, which has a fertile base for prescriptions, Croce said. The store will not include a drive-through, which is fine with Cerulli, Pagnotta and Croce who agree that customers value personal interaction when getting medications.

"Even with a drive-through, people who walk slowly or with walkers or canes still trudge in to see you, face to face," Pagnotta said.

The store will offer a local delivery service, with the

boundaries yet to be determined. "We haven't defined the delivery area yet, but we'll see. If we have a certain market for delivery out in Selkirk, we may be going out toward Ravena or Selkirk, say, three times a week," Croce said.

Four Corners Pharmacy has begun the transformation of Roger Smith's old store located at 340 Delaware Ave.

The four-aisle sales floor will include everything from greeting cards to medical equipment like canes and blood pressure cuffs. The store will also offer sit-down time with customers who have specific questions about conditions or medications in a semi-private office to the left of the pick-up counter.

Cerulli is a professor at Albany College of Pharmacy, which will facilitate opportunities for internships and should generate a relationship with the community at large, including outreach programs with local schools and the Bethlehem-area YMCA, she said. "This is our life, our service," Cerulli said of the partners' careers in pharmaceuticals. "Everything we do is related to our profession."

The plan is to accept most, if not all, of the major insurance providers. The owners believe they can overcome what's been an emerging attitude, Pagnotta said.

"The idea was that independent, community pharmacies were more pricey," he said. "But now, it's really all a level playing field. Your co-pay is your co-pay and no one is better off than anyone else."

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Looking for the signs and finding help for a depressed child

By KATHERINE McCARTHY

Every parent knows the signs of strep throat in their children: it hurts when they swallow, they run a fever and have white bumps in their throats.

Signs of depression aren't always as clear, particularly in adolescents. Perhaps a child is irritable and withdrawn, but doesn't that go with the turf of changing bodies and finding their own places in the world?

Yes and no, but with a spotlight on depression leading to teen suicide — the third-leading cause of death among 15 to 24-year-olds — parents, school staff and teachers are putting more emphasis on treating depression before it becomes a literal death spiral.

"Adolescence is a difficult

COMMENTARY:

Mom's
the
Word



time," said Dr. Zvi Klopott, a child and adolescent psychiatrist at Albany Associates for Child and Family Mental Health and medical director for Rensselaer County's Unified Services for Children and Adolescents.

"Turmoil is one thing, but watch to see if your child is behaving in a way you wouldn't have, unless you had trouble as a child," he said. "If there are significant changes in behavior that only last one or two days, that's no big deal. If it's biologically related, as in pre-menstrual

syndrome in girls, you don't need to discuss it, but be aware of what it is."

If a problem lasts for an extended period of time, it probably needs more attention.

"If your child loses interest in a normal activity, or if friendships change, those are things to watch," Klopott said.

Changing friendships can be normal, especially as children move into high school, but watch for patterns, especially if they seem to be leading to a downward spiral.

"Watch the group of kids that are showing up at your house," Klopott said. "If your child isn't going to school and is coming in at 3 a.m. and you don't know what they're doing, that's a problem." Klopott urged parents to use the rumor mill to their advantage.

"You hear rumors, especially in small suburban towns," he said. "Know what's going on."

When parents have a concern about a child, Klopott urged them to start talking with anybody they, or their children, trust. That can be friends, teachers, guidance counselors or pediatricians.

"Ask at school if they're seeing the same things you are," Klopott said. "Every child has an assigned guidance counselor who knows the children through school and talks to all the teachers. The schools have referral networks to put families in touch with mental health providers."

Jessica Sheckton, communications specialist in the

Bethlehem, Central school district, confirmed that school counselors facilitate referrals.

"Guidance counselors can gather information and observations from other staff members," Scheckton said. The awareness among counselors about teen depression and suicide is growing, Scheckton said, and with mental health, counselors' goals are to direct families to outside services to make sure they receive the proper assistance.

"We're first and foremost an academic institution," Scheckton said. "Our counselors and staff are concerned with the whole child."

School social workers and psychologists might also be involved in the referral process, Scheckton said, perhaps participating with parents and a student in a "care conference," to facilitate finding the proper services for a specific child.

Klopott also advised parents to talk with a child's friends if they are concerned.

"If your child has no friends, that's a danger sign," Klopott said. "If your child has lost his or her friends and they're withdrawn and irritable, that's another sign. Remember, adolescent angst shouldn't last."

Pediatricians are also on the front lines in the fight against teen suicide and depression.

Dr. Michael Looney, of Delmar Pediatrics in Delmar said that assessing kids for depression is part of a pediatrician's job.

"We have an interesting role,

since we look at the whole kid," Looney said. "We ask about their friends, their sleeping habits, their eating habits. We look at big life events: have the parents split up; has there been a job loss in the family; has the child had a big break-up with a boyfriend or girlfriend; have they been cut from a team; has their been a death in the family; are their friends using drugs?"

Looney also looks closely at changes in kids' behavior. Are teens not sleeping at night, but all day? If they used to go play soccer all afternoon on Saturdays and they haven't in a long time, why not? If they never go to friends' houses any more, why not?

Looney said that while a pediatrician's primary job in the mental health arena is to assess and refer, there might be two extremes when a pediatrician is directly involved.

"If there's a life-threatening crisis, we'll call the Capital District Psychiatric Center right away," he said. "If a kid is ticked off about something and the parents aren't aware of it, we might be able to help straighten it out."

Often, a middle road is called for.

"It might be a case of us not knowing what's going on, and we'll call a local psychologist to know that a kid is going somewhere," Looney said.

Pediatricians, he added, are prescribing more anti-depressants and anti-anxiety medications now than in the past, and there are more suicide victims.

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"Since World War II, the suicide rate has increased every four years," Klopott said. "Things go in waves of awareness, though; I addressed the same topic 20 years ago."

Looney blamed some of the current increase in depression and suicide attempts on the culture.

"Our society makes kids act like grown-ups too soon," he said. "Kids also have too much freedom and not enough responsibility. There's too much access to drugs and alcohol. Also, look at how adults are depicted in movies and the clothes that are offered for kids to wear. Kids look a lot older a lot earlier."

At the same time, Klopott said, adolescence is extending into the college years. A fragmented society is also leading to teen depression and he offered suggestions to curb it that he said sound "so elemental."

"People lead a helter-skelter

life now; sometimes a child has five activities," Klopott said. "But spend time getting to know your children so they feel safe with you. Have dinner with them. Home shouldn't be a visiting location."

Most important is reaching out for help when it's needed.

Klopott warned against the social stigma of seeking mental health and cautioned parents that it can be difficult to get in to see a mental health provider. He also bemoaned the parity of mental health insurance and urged people to write to their elected state representatives to urge equal coverage.

In a true crisis situation, Klopott advised staging an intervention and not doing anything until a child goes for help.

"Don't give up till it's attended to," Klopott said. "It's a child's life."

Marrow drive to help two local families set for Saturday, Feb. 5

The American Red Cross will hold a bone marrow blood drive on Saturday, Feb. 5 from 11 a.m. until 3 p.m. at the Delmar Reformed Church at 386 Delaware Ave. in Delmar. Two Capital District residents hope the drive will result in a match for

their children who are suffering from different forms of cancer.

Anyone who is between the ages of 18 and 60 and in generally good health can participate; the cost is \$65 per person, though corporate sponsors may help defray that cost for those who

cannot afford to pay.

Anyone with questions or who is interested in being a corporate sponsor can call Cheryl Udell at 439-3786 during the day or Bev Hannay at 797-3575 during the evening.

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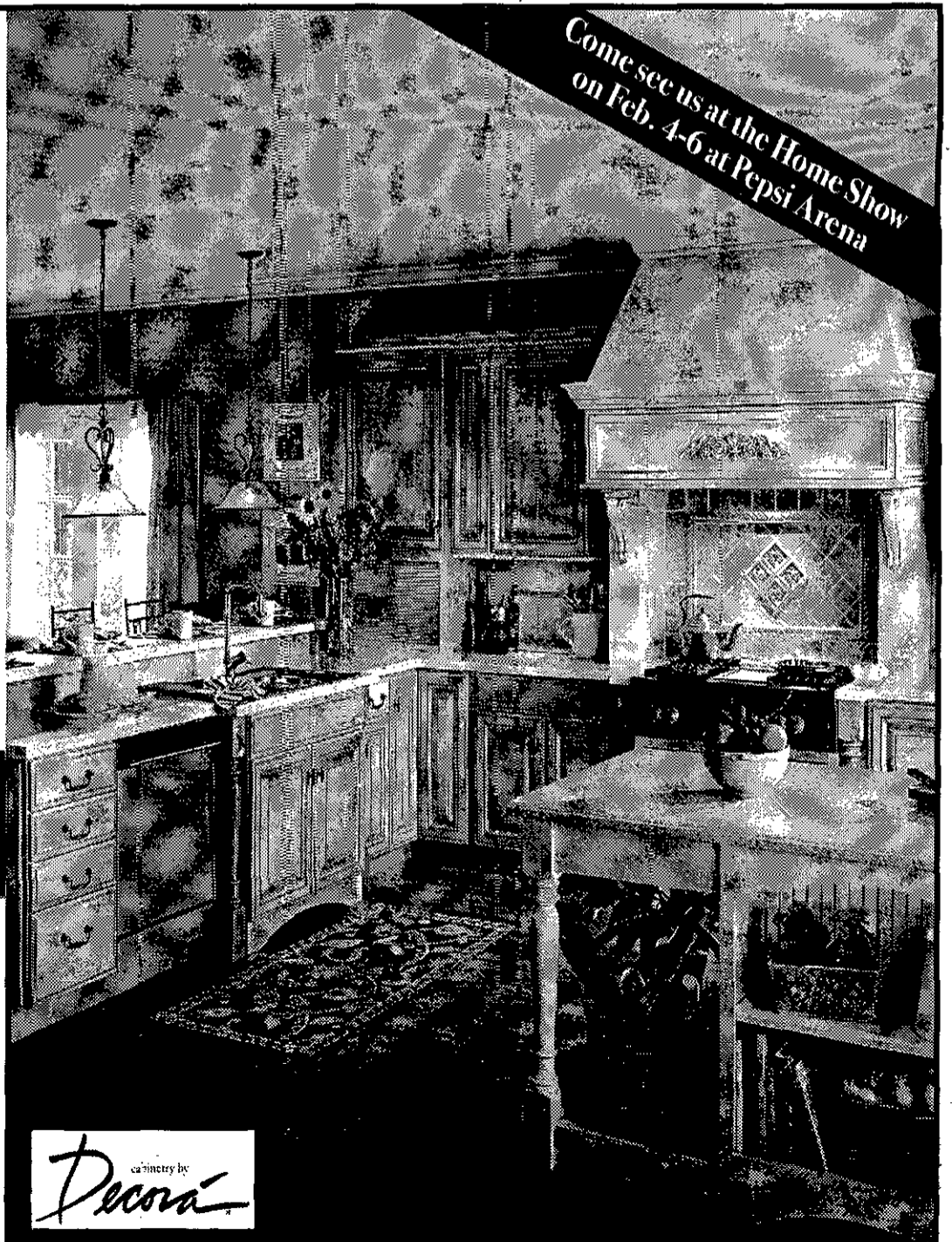
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Matters of Opinion

Never forget

What does the average person forget in an average day? Maybe we forget to return a library book on time; maybe we forget the quart of milk we need tonight to put in tomorrow morning's coffee.

Life's details seem mundane in the face of images like last week's news reports marking the 60th anniversary of the liberation of Auschwitz. The Reuters photo of an Auschwitz survivor weeping, wearing a blue-striped cap like the one he wore while interned in the camp, was a reminder that we must never forget the Holocaust.

Auschwitz was only one of Adolf Hitler's death camps, places that carried out his "final solution" to the Jewish problem, exterminating 6 million Jews and a number of gypsies, homosexuals and disabled people as well.

The world still must continue to face responsibility for those deaths. Germany pays reparation to the state of Israel and world leaders apologize for not acting to avert the tragedy of Nazism. In the capital of our melting pot nation, the United States Holocaust Memorial Museum honors the unfinished lives of people Hitler deemed not pure-blooded enough for his Aryan race.

Could someone like Hitler rise to power today? We fervently swear not, but there are always stories of hate crimes in the world. There are anti-Semitic acts; there's gay bashing; there are women in the world who have never voted; the Ku Klux Klan still makes appearances.

We read stories of heroes, people who provided Underground Railroad stops to blacks fleeing slavery and individuals like the Dutch woman Miep Gies, who helped Anne Frank's family hide in an Amsterdam attic.

Those who helped risked everything. What would most of us risk if our neighbors began disappearing? What do most of us do when we hear an off-color joke or a disparaging remark about an ethnic group that's not our own? Do we turn a blind eye when we see one child bully another?

Usually, we stay out of something we don't see as our business. We turn the newspaper page quickly or hit the television remote when images bother us. We need to think about the very things we'd like to forget, so that future generations will not point the finger at us for crimes against humanity.

We must never forget what people at Auschwitz endured and were brave enough to return to 60 years later, weeping in the snow for their own lives altered forever and 1,000,000 lives snuffed out in that camp alone.

We must never forget to fight injustices, no matter how small, so that a thing as big as the Holocaust can never happen again.

Editorials

Pledging allegiance to which "Uncle Sam?"

By J.D. Wood

The writer is a self-employed as an independent planning consultant and a member of the American Planning Association. He also has a master's degree in regional planning.

Free enterprise, freedom of choice, open competitive market, small business entrepreneurship and/or the freedom and right to own and operate one's own business — sounds like all the elements of the American dream, doesn't it?

Many of today's successful businesses began as small family businesses that flourished and grew due to the free enterprise system our country enjoys and the sweat equity of the proprietors that first opened shop. Often these storefronts were the façade of Main Street USA with the businesses at street level and the owner and his/her family living above.

They were mixed-use structures in walkable communities where goods and services were nearly always close by. These shops made up the town center (the business hub), the ground zero of most activity: social, religious, commercial and routine daily life.

Elements of these yesteryear configurations still exist in villages like Ballston Spa and are what new urbanism planners strive to recreate in designing communities that are less auto-dependent. These communities are compact, pedestrian-friendly and retail and residential can co-exist. While this tale is now centering around Ballston Spa, it could, and has, happened in any small town in the Capital District.

With the emergence of malls and sprawl and the perpetuating expansion beyond the suburbs, many of these relics of the era of close-knit, self-sufficiency have fallen by the wayside either through neglect and hard times, such as factory closings and jobs being out-sourced overseas, or by the effects of outer-fringe mall development and the phenomenon of "retail consumption" by big box

Point of View

retail giants.

With the subsequent opening of the Wilton and Saratoga malls less than 10 miles to the north of Ballston Spa, the local clothing store, the hardware and five and dime, the bookstore, the toy shop and the linen store soon felt the wrath of mega-store marketing and could no longer afford to stay open.

Even the village's local movie theater would chain its doors closed and become abandoned, as it too, could no longer compete with the multi-screen cineplex centers in malls.

Towns and villages which lost most of their small business retail shops and customers to megamall and big box centers were

Free competition and enterprise are virtually things of the past once "Sprawl-Mart" gets a foothold, and once the competition dissolves, the big box may even choose to close two or three of its locations, as they now know you have no choice but to drive to their next closest store.

faced with the choice of allowing the blight and decay to continue or revitalization through new marketing strategies to reinvent themselves, recapture their ambience and unique character as business and service Meccas, and once again lure visitors, residents and customers to shop in their downtowns along Main Street.

The village of Ballston Spa is well on its way to regaining much of what it has lost, making great strides in improving its image, amenities and all it has to offer.

Now there is the threat of a 192,000-square-foot Wal-Mart being built less than 1 mile from its Victorian streetscape, the currently appealing picture postcard of Main Street, USA.

As evidenced by Wal-Mart's past behaviors and the late Sam Walton's plans, Wal-Mart targets an area for building several stores, cornering the market with thorough saturation and forcing the local independent retailers — no match competition for big boxes — to close.

Free competition and enterprise are virtually things of the past once "Sprawl-Mart" gets a foothold, and the competition dissolves. The big box may even choose to close two or three of its locations, as they know you have no choice but to drive to their next closest store, now that the local storefronts are boarded up and abandoned.

When this phenomenon happens, it's known as a "twice-killed community;" once, when most

local businesses shut down after the initial opening of the big box merchandiser and again a second time when the big box itself closes and leaves an un-rentable empty space.... a huge windowless rectangular box, void of architectural appeal and soon to be a burden and eyesore for the community that first allowed it to be built.

Most of the recent Wal-Mart stores are some 200,000-square-foot in size and surrounded by some 15 to 20 acres of paved parking lot.

The average town's retailer — you know, the mom and pop shops that Wal-Mart quickly puts out of business — is about 2,000 square feet and can't possibly compete and stay in business after the big box opens its doors. Even though mom and pop variety store may have had a legacy of operations, of being family-owned and operated for three or four generations, Sprawl-Mart simply wipes them out, thus earning the nickname "category killers".

Authors Roberta Gratz and Norman Mintz, in their book *Cities Back From The Edge*, cited this same sort of traceable Wal-Mart trend. In one example, they reported on the 10-year impact after the arrival of Wal-Mart in the town of Donaldsonville, La.

Before Wal-Mart, the town averaged only four business failures a year. In the same year that Wal-Mart opened, it experienced 18 closures and in the following three years, another 50 small businesses closed.

Besides the small businesses in Ballston and Ballston Spa that are regaining momentum, there are larger mainstays that will be threatened, like the brand-new CVS, 1.8 miles away, Aldi Supermarket, 1.6 miles away and Curtis Lumber, 1 mile away. Curtis Lumber, I might add, was first founded in Ballston/Ballston Spa in 1822 as a family business and has supplied many of the tools and materials for the village's historic growth and its recaptured vitality.

It was also reported that once Wal-Mart was successful in making the competition disappear, so did its discounted prices. Gratz and Mintz reported that Glenn Falgoust, a former retailer in Donaldsonville, said some of those low prices have even "increased by 33 percent."

This trend is compounded even more when a Wal-Mart stocks many lower-priced and lesser quality items manufactured in Asia and perhaps only one or two American-made products.

With the foreign-made products at much lower prices than American-made counterparts, many consumers are swayed into buying the lesser quality goods, thinking they are getting a really good bargain.

As the phenomenon snowballs, at least one American worker is laid off from his factory job for every foreign good mar-

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keter like Wal-Mart.

Take, for example, the purchase of a simple tool like a 16-ounce Estwing Hammer made in the USA and available locally at Aubuchon Hardware and Burnt Hills True Value, both shops offering it for \$24.99.

I didn't see this quality tool offered at either Wal-Mart I visited, but they did have the 16-ounce Heavy Hitter, made in Taiwan, for only \$9.96.

The Glenville Wal-Mart didn't even carry the 16-ounce Stanley hammer, which in my estimation is nearly compatible with the Estwing and has always had the reputation of being a fine-quality tool company.

Stanley is now forced to produce hammers in Mexico to try to stay competitive with the present market's low-priced, lesser-quality imports.

The 16 ounce Stanley sold for between \$16.99 and \$19.99 at Lowe's, Aubuchon, True Value, Kmart, Home Depot, Curtis Lumber and the Wilton Wal-Mart.

Retailers, I presume, would do best to offer a brand name product like an Estwing or Stanley, but when they offer cheap foreign imports like 16-ounce hammers made in China that and sell for \$7.84 and think they are offering

the consumer a real discount by displaying both lines, eventually the retailer will cease stocking the higher priced and quality item as they just don't seem to sell anymore.

Indirectly, the Wal-Mart marketing of a USA-made hammer at \$24.99 next to one made in China that sells for \$7.84 contributes to the hometown hardware store closing shop and that Estwing factory worker losing his or her job.

How un-American our actions are when we inevitably support the closing of local businesses, contribute to the dissolution of competitive choice and market, add to the downward spiral and plight of once-thriving main streets, allow economic loss and participate in consumer actions that lead to lost jobs.

To which Uncle Sam do you pledge allegiance?

Is it the legacy of the late Sam Walton or the spirit of strength, freedom and character as characterized by a man in a red, white and blue suit and star-spangled top hat?

If Sprawl-Mart is approved for Ballston, at least now shop owners know the price of the good quality hammer they'll need in order to board up their storefronts along Main Street.

Matters of Opinion

BMA lauds college musical group

Editor, The Spotlight:

On Jan. 21, the Bethlehem Central School community had the pleasure of working with the members of the Midnight Ramblers, an all male cappella group from the University of Rochester.

These talented college students, managed by Bethlehem Central grad Dan Israel, started their day at 6:30 a.m., working with students in one of the high school's a cappella groups.

They sang, discussed repertoire and technique, and taught the students an arrangement so they could join in the concert scheduled for later that day.

The Ramblers also conducted workshops for two other choral groups at the high school, the Choristers and the Choraliers.

These workshops included performances of songs, explanations of the arranging/writing process, demonstrations of vocal percussion, and a question and answer session. The Ramblers then performed a concert during fifth period with hundreds of students attending.

After lunch, the Ramblers went

to the middle school and participated in two more workshops with eighth-grade general music classes. After school, the Ramblers performed another 45-minute concert with time for Q and A.

The Ramblers' day in Bethlehem was a complete success. Hundreds of Bethlehem Central students were introduced to the a cappella style of music and thoroughly enjoyed it.

The Bethlehem Music Association is very proud to have underwritten the cost of bringing these fine musicians into our schools, further enriching our stellar music program.

Vanya Perez and
Ronnie Siegel

co-presidents of the
Bethlehem Music Association
Delmar



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Matters of Opinion

Writer says, 'thanks' to those who donated teddy bears

Editor, *The Spotlight*:

Please thank the community for all their donations to the Tsunami Teddy Bear project. Over 800 stuffed animals were donated.

Thanks to all the donation spots for allowing me to set up

donation bins. Everyone has been so wonderful.

The children of the tsunami will feel alot better when they receive their stuffed animals. i think it is great.

Sarah Hamilton
Delmar

Mad Cow disease threatens again

Editor, *The Spotlight*:

The callous reaction by the USDA and the U.S. meat industry to the discovery of a third case of Canadian Mad Cow disease clearly places profits before public health.

USDA announced that the U.S. still intends to lift the suspension on import of Canadian cattle im-pose-d two years ago.

The American Meat Institute, which finds Canadian beef more profitable than the domestic product, declared that the discovery is "no cause for concern."

Mad Cow disease is a degeneration of brain tissue leading to erratic behavior and death.

It is transmitted through feeding of infected brain and spinal tissues to other cows.

Human consumption of infected beef leads to Creutzfeldt-Jakob disease (CJD), a deadly dementia that may be confused with Alzheimer's disease affecting millions of Americans.

Measures taken by U.S. authorities to protect public health have been grossly inadequate.

Only a tiny fraction of cattle slaughtered is tested, whereas Japanese and European authorities test every animal and find many more cases.

The 1997 FDA ban on feeding infected body parts to other cows has lacked adequate enforcement.

During slaughter, muscle tissue used in steaks, hamburgers, hot dogs, and beef fillings is sprayed with bits of brain and spinal column tissues, traditional carriers of the disease.

Folks in the beef industry should seek a more secure and socially redeeming career.

For the rest of us it's not to late for a New Year's resolution to replace beef in our diet with vegetables, fruits, and grains.

Alex Genati
Delmar

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You are Invited

State of the Town Address

Bethlehem Town Supervisor

Terri Egan

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All letters must include the writer's name, address and phone number. You may e-mail letters to spotnews@nycap.rr.com.

Write to Letters to the Editor to *The Spotlight*, 125 Adams St., Delmar 12054. Letters can be faxed to 439-0609.

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Town of Bethlehem

Comprehensive Plan

Draft Comprehensive Plan

Available for Public Review

The Town of Bethlehem Draft Comprehensive Plan is now available for public review. The Bethlehem Planning Advisory Committee (BPAC) is releasing the Draft Plan for public review at the following locations:

- > Town Hall, 445 Delaware Avenue, Delmar
- > Bethlehem Public Library, 451 Delaware Avenue, Delmar
- > Bethlehem Historical Museum (Little Red Schoolhouse), Clapper Road and Route 144, Selkirk (call for appointment 439-4955 x164)
- > Town Website at www.townofbethlehem.org

Additional copies of the Draft Plan are available for purchase at **Mail Boxes, Etc.** at 159 Delaware Avenue, Delmar. Written comments about the Draft Plan may be mailed to the BPAC at Town Hall or emailed to bpac@townofbethlehem.org.

Townwide Public Workshop

Come join a discussion about the Draft Comprehensive Plan! The purpose of this workshop is to describe recommendations that have been identified in the Draft Comprehensive Plan. Following a presentation of the Draft Plan, participants will have an opportunity to respond. All interested parties are encouraged to attend!

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Crafty ladies in spotlight at library

What do those crafty ladies do? February is the month to see first hand the result of all those Nimblefingers coffee-klatches when the group's annual quilt and craft show is hung in the community room.

A Nimblefingers Open House will be held Tuesday, Feb. 8, from 1 to 3 p.m. There will be lots of friendly conversation, refreshments and craft demonstrations.

Provocative stories

The 6th Lamentation by William Brodrick is the topic of the March 2 book discussion for adults. The work includes three main stories:

- Who betrayed The Round Table, a group of resisters in German-occupied France who transported Jewish children to a Catholic monastery so they could be smuggled across the border?

- Agnes Aubret, a member of The Round Table who saw her own son deported to Auschwitz,



Sook Rho is a new member of the Nimblefingers group at the Voorheesville Public Library. Rho recently made her first quilt and sent it home to Korea to be given to a friend as a wedding present.

is dying and wants to tell her granddaughter Lucy about her wartime experiences.

- Eduard Schwermann, as a young officer in the German army, assisted with the round up and deportation of France's Jewish population. Fifty years later, Schwermann believes he is living safely in England under an alias until his identity and whereabouts are made public.

Sign up now and receive a copy

of the book to read their stories.

Kids book discussions

Don't forget kids February book discussions: *The Storm*, by Cynthia Rylant (grades 2 and 3 on Feb. 4) and *Joey Pigza Swallowed the Key*, by Jack Gantos (grades 4 through 7 on Feb. 8).

News and notes

Lifelines prose writers meet Feb. 7 at 7 p.m. ... Every Other Thursday Night Poets meets Feb. 10 at 7 p.m. ... Income tax forms are available at the library.

Barbara Vink

Library Friends sponsors high school essay contest

Intellectual freedom – the freedom to hold, access and express any idea – is central to our democracy. To foster awareness and understanding of this crucial underpinning of our society, Friends of Bethlehem Public Library is sponsoring an essay contest for all high school students in the Bethlehem Central School District.

The theme "Intellectual Freedom and the Library" focuses on the role libraries play in the furtherance of this ideal.

Essays will be separated into two divisions: grades 9-10 and grades 11-12. Two prizes will be awarded in each division – a first prize of \$100 and a second prize of \$50. Prizes for runners-up also will be given. All entrants, their families and teachers will be invited to an awards reception in June of this year, where selected winning entries may be presented.

The contest will be judged by four local professionals: Rachel Baum, librarian, author and secretary of the library board; Kumi Tucker, reporter for NewsChannel 13; Patricia E.



Salkin, director of the Government Law Center at Albany Law School; and Katherine McCarthy, writer and member of the editorial staff of *Spotlight Newspapers*.

Entry deadline is March 31.

Entry packets are available from high school teachers and also at www.bethlehempubliclibrary.org.

Additional questions about the contest may be directed to Friends president David Cooper at 439-4250.

Friends sponsor concert

Waltzes, foxtrots, mazurkas, polkas, tangos, ragtime and cakewalks will take center stage when the Saratoga Mandolin Ensemble returns with a performance of late 19th and early 20th-century dance tunes Sunday, Feb. 6 at 2 p.m.

Formed in 2001 by Norbert Hebert, the 12-member group includes instruments in all ranges: mandolins, mandola, octave mandolin, mando-cello, mando-bass and guitar. The ensemble has a library of over 60 orchestrations of music from the late 1800s and early 1900s.

Performance venues have included the Old Songs Sampler, the Old Songs Festival held at the Altamont Fair Grounds, and local senior centers.

The concert is the third in the series A Little Sunday Music, sponsored by Friends of the Library.

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Faculty showcase scheduled for Feb. 12 at Arts Center

Come for an evening of entertainment by the faculty of Voorheesville School District on Saturday, Feb. 12, at 7 p.m.

It will be held in the Performing Arts Center at the high school and the money raised will benefit the Theatre Program.

NEWS NOTES

Voorheesville
Betsy Glath
765-4415



Builders Club hosts Special teen night

The Builders Club at Voorheesville High School will be hosting a special Teen Night on Friday, Feb. 11, from 7 to 10 p.m.

Money raised will be donated to "Relay for Life". Relay for Life is a fundraising event sponsored by the American Cancer Society. This event will take place on the track behind the high school in May.

There will be special "Quarter Games" at the Teen Night to raise additional funds, so bring plenty of quarters that evening.

For information, call 765-3314.

Kiwanis Baseball registration set

New Scotland Kiwanis Baseball League registration for the upcoming season will take place at the cafeteria of the Voorheesville Elementary School from 6:30 to 8:30 p.m. on Tuesday, Feb. 14, and Thursday, Feb. 16.

Age eligibility ranges from 5 to 12 years of age before August and is open to both boys and girls.

The season will start on April 25 and culminate with the league picnic for players and their families on June 4. All games will be played at the Voorheesville elementary school field.

For information on "T" ball,

call Rich or Molly Reilly at 765-3065. For general baseball questions, contact Lew Schedlbauer at 765-2608.

Teaching proposals sought

The Heldeberg Workshop is now accepting class proposals (K-12) for programs in general science, natural science, outdoor high adventure, fine arts and theatre. Classes are taught in two-week sessions, Monday through

Friday from 9 a.m. to noon. For information, call Bill Morrison at 765-2569, or write to Heldeberg Workshop, P.O. Box 323, Voorheesville, 12186.

Kindergarten meeting schedule for March 10

Parents who will have a child entering kindergarten at Voorheesville Elementary School in September must attend an

informational meeting on Thursday, March 10, at 7:30 p.m. at the school. School officials will answer questions about registration and the screening program, introduce school personnel and distribute and explain forms. There also will be time to sign your child up for a screening date. Children must be 5 on or before Dec. 1 to register. To confirm that your child is on the list, call Joanne Donohue at 765-2382, extension 514.

Youth group sets pancake dinner

The tradition of pancake suppers started when early Christians began the Lenten season of fasting by clearing their kitchens of eggs. St. Stephen's Episcopal Church, at the corner of Elsmere Avenue and Poplar Drive in Delmar, will keep the tradition alive Tuesday, Feb. 8, from 5 to 7 p.m. The youth group will serve pancakes, sausages, and eggs as a way to raise money. Admission is \$7. For information, call 439-3265.

Event will benefit bone marrow blood drive

Andriano's Pizzeria, on Delaware Avenue, is sponsoring a fund-raising event, to be held at the American Legion at 16 West Poplar Drive in Delmar, Friday, Feb. 4, from 7:30 p.m. until 11 p.m.

Donations will be accepted at the door, to help defray the \$65 cost of donating blood for a bone marrow drive, scheduled for Saturday, Feb. 5, at the Delmar Reformed Church, at 386 Delaware Ave. in Delmar.

The marrow drive is being held from 11 a.m. until 3 p.m. to benefit two area children who need bone marrow transplants.

The event will be a dance and sing with Mike Davis, who will be performing for free.

Anyone with questions about the bone marrow blood drive or the fund-raiser can call Cheryl Udell at 439-3786 during daytime hours or Bev Hannay at 797-3575 during the evening.



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Sports

Burke's shot lifts Bethlehem over Shaker

By ROB JONAS

The Bethlehem boys basketball team is gaining a reputation as a giant killer.

One week after beating Gold Division co-leader Gunderland, the Eagles traveled to Latham last Friday and escaped with a 44-41 Suburban Council victory over Blue Division co-leader Shaker.

"It was a good win for us," Bethlehem coach Jeremy Klugman said. "We felt it was kind of a

redemption for us because we were in a similar situation over there last time (in the Girmindl Tournament). We had a lead after three quarters, and we just didn't make the clutch plays (in a 44-39 loss)."

Shaker (9-3 league, 11-5 overall) rallied from a 23-15 halftime deficit with a strong third quarter and grabbed the lead late in the fourth quarter before Bethlehem (5-7, 5-11) made a final surge. Chris Morrill tied the game at 41

with a free throw, and John Burke knocked down a three-pointer with 24 seconds left to give the Eagles the lead.

"Shaker tried to trap us (defensively), and Chris Morrill made a huge pass to Ethan Levine," Klugman said. "Ethan then did what a good center will do — he looked for the open man and found Burke."

Shaker had problems shooting the ball, especially from the foul line. The Blue Bison made 10 out

of 23 free throws on their way to their lowest point total of the season.

"We've been fortunate. We've gotten them on nights where they haven't shot the ball well," Klugman said.

Bethlehem's Kevin Stempsey led all scorers with 17 points. Craig Orner contributed nine points, and Morrill added seven points. Marcus Bradley's eight points paced Shaker.

The Eagles have a chance to

reach the .500 mark in the league, but to do it, they must beat Niskayuna and Columbia in the final week before the Suburban Council Tournament.

"We're very satisfied with the effort we've given," Klugman said. "The only time we were disappointed with our effort was against Niskayuna (in a 53-33 loss Dec. 21), and we're hoping to amend that when we play them Tuesday."

Blackbirds edge Watervliet

The Voorheesville boys basketball team avoided a pitfall against Watervliet last Friday to maintain its momentum heading toward a rematch with Albany Academy.

The Blackbirds (13-1, 17-1) outscored the Cannoneers 16-9 in the fourth quarter to pull out a 49-47 Colonial Council victory that helped them stay one game behind Academy in the loss column with two league contests left.

Voorheesville guard Andy Catellier said his team's 51-48 overtime loss to Academy Jan. 4 has served as a spark for the Blackbirds' current eight-game winning streak.

"It was a big motivator for us. We don't like losing, and it kind of woke us up and made us play better," he said.

Nick Duncan scored 13 points, and Greg Delaney chipped in 11 points for Voorheesville.

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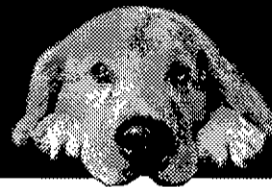


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New York State also offers a variety of economic development programs that help businesses reduce energy costs. The energy "power tools" to build your business include: competitive energy suppliers, energy-efficiency programs, electric load curtailment or demand response

programs, distributed generation, Empire Zone energy rates, economic development rates and non-rate incentives.

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Traditionally, New York State's electric and natural gas utilities both produced and delivered energy to your business. Now the combined services that were offered by the utilities are split into two parts — supply and delivery — with the supply portion open to competition. Individual businesses or companies aggregated into a buying group can purchase their energy supply or enter into financial agreements providing fixed or variable energy pricing from various Energy Service Companies (ESCOs). A listing of ESCOs is available at www.dps.state.ny.us

Competition can produce better value for your energy dollar with new products and services. Pricing alternatives such as fixed-price, real-time, peak and off-peak rates are available. Also, buying "Green Power" or environmentally-friendly generation from sources such as hydropower and wind power is an option you can take advantage of.

The Commission's Business Advocates can provide you with additional assistance

and information regarding New York's electric supply, load curtailment or demand reduction and energy efficiency programs, as well as assistance related to economic development, dispute resolution and competitive telecommunications and energy markets. You can reach them at 1-877-661-9223 or e-mail: business_advocacy@dps.state.ny.us Ask for the "Energy & Economic Development" brochure.

Utility Programs

Many of New York State's utilities have economic development staffs and programs designed to attract, expand or retain commercial or industrial businesses. New York State's electric and gas utilities also offer rate discounts to companies that:

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Eligibility requirements for similar programs may differ among the utilities. The utilities' programs are summarized in the Commission's "Energy and Economic Development" brochure, which also contains contact information and web addresses for the utilities.

The utilities can also provide assistance with the New York

Independent System Operator's (NYISO) demand response programs that help large commercial and industrial customers reduce peak demand for electricity, improve energy efficiency and reduce bills. The NYISO can be reached at 1-518-356-6060 or www.nyiso.com/services

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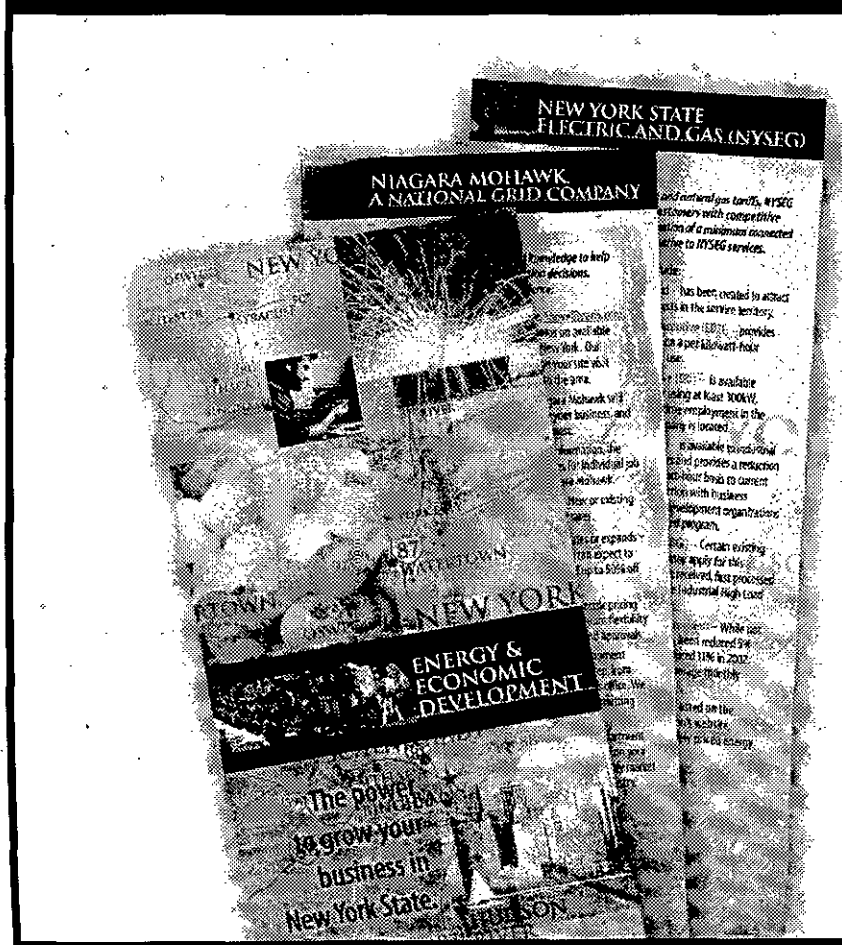
NYSERDA's newest initiatives include creating the nation's first Clean Energy Technology Park, new construction and building rehabilitation, energy efficiency design measures (green buildings), and combined heat and power (CHP) demonstration and technology development projects. For details, visit www.nyserdera.org or call 1-518-862-1090.

Find Out More

For more information and assistance, contact your utility, the state agencies mentioned above or the Commission's Business Advocates at 1-877-661-9223 or email: business_advocacy@dps.state.ny.us

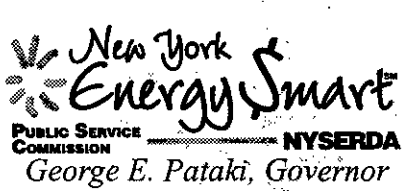


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Indians finish third at Big 10 Invitational

By ROB JONAS

Guilderland, Christian Brothers Academy and Burnt Hills all had individual champions, but the Big 10 Invitational team title belonged to Huntington.

The Long Island school tied Guilderland for the most individual champions with four and pulled away to a 36-point victory over the Dutchmen in the team standings at last Saturday's wrestling tournament in Albany. Huntington finished with 254.5 points, while Guilderland placed second with 218.5 points. Ravena was third with 140 points.

"I thought it was good," Guilderland coach Regan Johnson said. "We got out of it what I wanted — we stayed healthy, and we wrestled hard."

Guilderland had a chance to catch Huntington in the championship round, but Huntington put a quick end to that when four of its wrestlers pinned their opponents in the first eight bouts.

Brian Lifson sealed Hunting-

ton's victory by surviving a stiff challenge from Guilderland's Adam Burman in the 103-pound finals. After the two wrestlers traded leads, Lifson caught Burman on his back and scored a pin late in the third period.

"It was a shift of momentum in that match," Johnson said. "We had it, then they had it and then we got it back again."

Guilderland heavyweight Joe Wyld had his own struggles with Ravena's Jeff Correll in the 275-pound finals. Wyld built a 3-0 lead, only to see it evaporate after a one-point penalty for locking his hands in the second period and two escapes by Correll. The bout went to overtime before Wyld scored a last-second takedown to edge Correll 5-3.

"You've got to score takedowns in order to win a wrestling match. You don't see too many bouts where the final score is 1-0," Johnson said.

"I think (Correll) knows he can beat him," Ravena coach Matt Stein said. "His strategy wasn't

right tonight."

Other Guilderland wrestlers were in control of their championship bouts. Matt Mosall pulled away from Ravena's Shane Ecklund to take the 189-pound division title with a 6-3 win, Roger Sawyer defeated Warrensburg's Karl Duell 7-2 to win the 152-pound weight class and Mike Cubillos dominated Huntington's Jon Dolan 20-8 to earn the 135-pound division crown. Ian DeSol lost to Broadalbin-Perth's Rob Orapello 14-2 in the 130-pound finals.

Burnt Hills' lone champion came at the expense of another

Ravena finalist. Casey Leahy scored the first takedown and never looked back in beating Dillon Ruxton 6-1 in the 160-pound division finals.

"Being skunked sucks," Stein said. "Nobody likes to lose all of their finals matches, but I still think we're headed in the right direction."

"Casey's been working extremely hard, and it's paying off," Burnt Hills coach Steve Jones said. "Not only is he working hard, but he's also giving the younger guys someone to look up to."

Burnt Hills heavyweights Tony Maddelone and Adrian Trollip ran into two strong Huntington wrestlers in their finals. Charlie Paar scored a technical fall over Maddelone in the 171-pound championship bout, and Kelsey Perry pinned Trollip to take the 215-pound title.

"Overall, I think this has been the best performance we've had at a tournament," said Jones, whose Burnt Hills squad finished fifth with 117.5 points. "We wrestled hard."

CBA's Michael Chaires edged Cobleskill's Justin Boehler 5-4 in the 145-pound finals.

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BOYS SWIMMING

Bethlehem 94, Burnt Hills 76

Bethlehem individual winners: Aaron Brauner (200-yard freestyle), Larry Gloeckler (200 individual medley, 500 freestyle), Tim DeGroff (100 backstroke).

Friday, Jan. 28

BOYS BASKETBALL

Bethlehem 44, Shaker 41

Bethlehem leader: Kevin Stempsey 17 points.

Ravena 59, Mechanicville 53

Ravena leaders: Joe Fisk 15 points, Corwin Hendy 11 points, Brendan Vandervassen 10 points.

Voorheesville 49, Watervliet 47

Voorheesville leaders: Nick Duncan 13 points, Greg Delaney 11 points, Greg Klopfer 10 points.

GIRLS BASKETBALL

Shaker 49, Bethlehem 37

Bethlehem leader: Samantha Feinberg 9 points.

Voorheesville 59, Watervliet 38

Voorheesville leaders: Alex Fish 13 points, Amanda Markert 12 points.

Ravena 54, Mechanicville 50

Ravena leaders: Molly McGuire 22 points, Jeannine Rider 12 points.

BOYS SWIMMING

Ballston Spa 102, Guilderville 83

Guilderville individual winners: Vadim Yafayev (200-yard freestyle, 500 freestyle), Bruce Maki (200 individual medley, 100 butterfly).

WRESTLING

Bethlehem 63, Shaker 16
Cobleskill 44, Voorheesville 27

Saturday, Jan. 29

GIRLS BASKETBALL

Averill Park 64, Voorheesville 43

Voorheesville leaders: Brigit Féeny 19 points, Alex Fish 10 points.

GYMNASTICS

Tri-meet at Shaker

Team scores: Bethlehem 158.55, Shaker 157.15, Norwich 130.
Top three all-around: Brittany Rogers (BC) 33.8, Jenny Shoemaker (Shaker) 32.65, Kendall Day (BC) 32.45.

HOCKEY

CBA 8, Bethlehem 1

Bethlehem scoring: Erik Russo 1-0, Tim Moriarty 0-1.
Bethlehem saves: T.J. Caswell 21, Tim Crowley 2.

WRESTLING

Big 10 Invitational

Team scores: Huntington 254.5, Guiderland 218.5, Ravena 140, Warrensburg 131.5, Burnt Hills 117.5, Averill Park 108.5, Schenectady 103.5, Cohoes 87, Cobleskill 83, Amsterdam 82.5, CBA 70.5, Bethlehem 57.5, Broadalbin-Perth 30, Albany 28, Albany Academy 11, Shaker 9.
Ravena place finishers: Dillon Ruxton (second place, 160 pounds), Shane Ecklund (second, 189), Jeff Correll (second, 275), J.D. Smith (third, 140), Nate Graham (tied for third, 152), Cody Legg (fourth, 135).
Bethlehem place finishers: Tolan Sharlow (tied for third, 112 pounds), Giles Chase (third, 119), Dave Sterrett (third, 130), Dan McKay (tied for third, 152), Sean Conway (fourth, 215).



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Parents need to make time to talk and listen to their children. Ask questions that encourage your child to talk. Try to avoid questions that will only provide you with a yes or no response. Also, encourage your children to ask you questions about your day.

Make a point each day to really talk with your child and strengthen that parent-child relationship.

*Source: CARFAX Safe Teen Drivers Web site.



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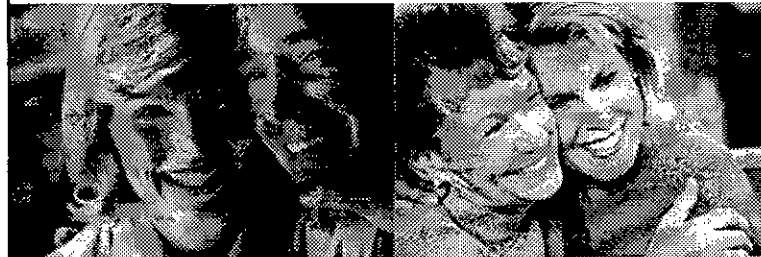
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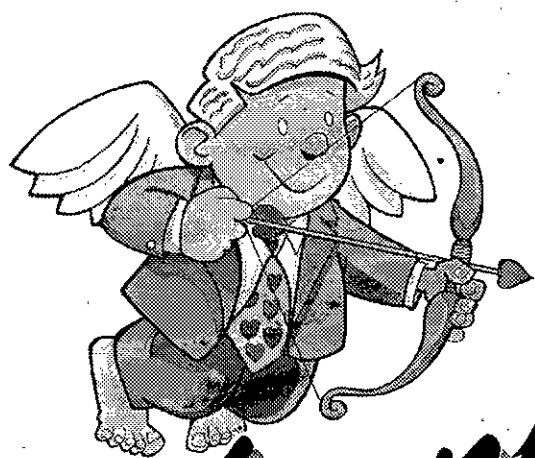
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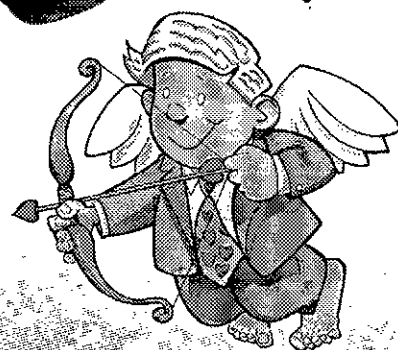
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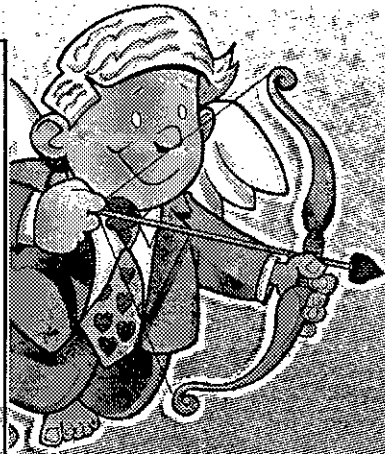
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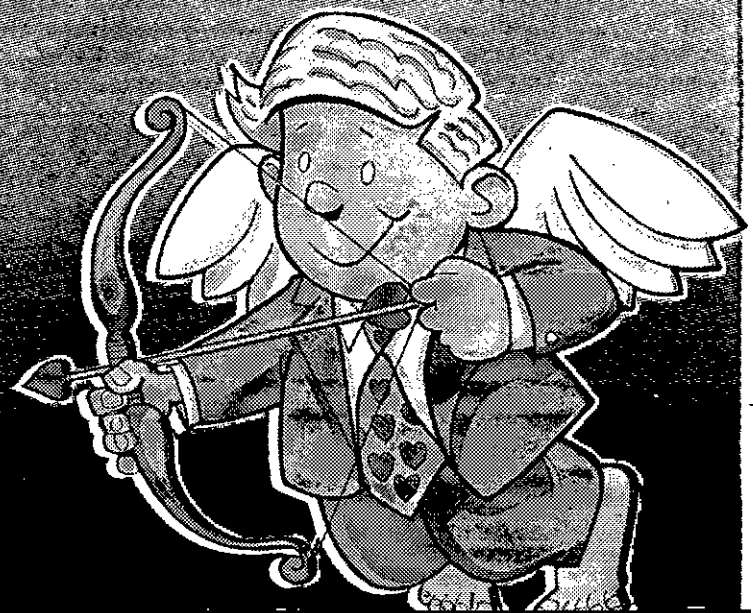
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Backes, Baron marry



Robert and Katherine Baron

Katherine Elizabeth Backes, daughter of James and Jeanne Backes Jr. of Mobile, Ala., and Robert John Baron II, son of Robert and Deborah Baron of Voorheesville, were married May 29.

The Rev. John Budde, uncle of the bride, performed the ceremony at St. Mary's Catholic Church in Mobile. A reception followed at Ezell House.

The maid of honor was Teresa Backes, sister of the bride.

Bridesmaids were Julianna Baron and Brittany Baron, sisters of the groom, Carolyn Backes sister of the bride, Megan Pollman and Molly Jenks.

The best man was Matthew Baron, brother of the groom. Groomsmen were James

Backes, brother of the bride, Gregory Ourednik, Thomas Owens, Bradley Billick and Kevin Leonard.

The bride is a graduate of University of Notre Dame. She received her master's degree from Univeristy of Alabama. She is a tax accountant for KPMG.

The groom is a graduate of Clayton A. Bouton High School in Voorheesville and Univeristy of Notre Dame, where he also received his master's degree.

He is currently enrolled at Rensselaer Polytechnical Institute.

He is a financial analyst sy IBM.

After a wedding trip to Aruba, the couple lives in Stamford, Ct.

Domery, D'Ambrosio engaged

Kyleen J. Domery, daughter of Thomas and Kathryn Domery, Jr. of Selkirk, and Scott E. D'Ambrosio, son of Frank D'Ambrosio of Saratoga and Sharon D'Ambrosio of Ravena, are engaged to be married.

The bride-to-be is a graduate Ravena-Coeymans-Selkirk High School and Hudson Valley Community College. She is a head start preschool teacher for Viking Child Care Center in Troy.

The future groom is a graduate of Christian Brothers Academy in Albany. He is employed by Owens Corning in Delmar.

The couple is planning an October wedding.



Scott D'Ambrosio and Kyleen Domery

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Obituaries

Marian Salisbury

Marian "Jan" Salisbury, 63, of Delmar, died Sunday, Jan. 23, at St. Peter's Hospital in Albany.

Mrs. Salisbury was born in Trevoise, Pa.

She worked for the state Department of Taxation & Finance, retiring in 2003 after 25 years of service.

Survivors include her husband, Clinton R. Salisbury; a son, Chris M. Newborn of Delmar; and three grandchildren.

Services were from Applebee Funeral Home in Delmar.

Burial will be in Mt. Pleasant

Cemetery in New Scotland in the spring.

Contributions may be made to American Red Cross, 33 Everett Road, Colonie 12205.

Dorothy Thomas

Dorothy Y. Thomas, 82, of Slingerlands died Sunday, Jan. 23.

Mrs. Thomas was born in Wilkes Barre, Pa.

She worked as a nurse at Ellis Hospital in Schenectady until her retirement in 1987.

She was a member of McKownville Methodist Church in Guilderland.

She was the widow of Dave Thomas.

Survivors include a daughter, D. Susan Dionne of Slingerlands; a son, Dave Thomas of New Orleans, La.; a brother, John Young of Uniontown, Pa.; and two grandchildren.

Services were from Leaman Funeral Home in Wilkes Barre and McKownville Methodist Church.

Burial was in Fern Knoll Cemetery in Dallas, Pa.

Kenneth Johnson

Kenneth M. Johnson, 43, formerly of Delmar, died Sunday, Jan. 23.

Mr. Johnson was born in Albany.

He worked for the Bethlehem Central School District and the Deli Warehouse in Colonie.

Survivors include his mother, Jeanette Robertson Johnson of Delmar; a son, Mark L. Johnson of Ballston Spa; two sisters, Ruth J. Walters of Hooktown, Pa., and Deborah A. Johnson of Albany; and a brother, Louis N. Johnson Jr. of Crayville.

Services were from Applebee Funeral Home in Delmar.

S. "Steve" Miller of Feura Bush; a sister Ethlyn Copping of Herkimer; and three grandchildren.

Contributions may be made to Susan G. Komen Breast Cancer Foundation, P.O. Box 650309, Dallas Texas 75265-0309.

Dorothea Sellnow

Dorothea Sellnow, 88, formerly of Voorheesville, died Sunday, Dec. 13.

She worked many years for the Mohawk-Fuller Brush Co. and then the state Library system until she retired to Florida in 1981.

She was the widow of Edward Sellnow Sr.

Survivors include two sons, Paul Sellnow of Lantana, Fla., and Edward Sellnow Jr. of Voorheesville; two daughters, Carole Elmendorf of Altamont and Joan Lightart of Middle Grove; five grandchildren; and three great-grandchildren.

Interment will be private in the spring.

Sidney Kaplan

Sidney M. Kaplan, 90, formerly of Mayfair Drive in Slingerlands, died Tuesday, Jan. 25, at Daughters of Sarah Nursing Center.

Mr. Kaplan was born in Larchmont.

He was an Army Air Forces veteran of World War II, having served in the European and Asian Theaters.

He was the owner of New York Auto Radiator & Body Co. in Albany until his retirement in 1982.

He was a member and past commander of the American Legion Blanchard Post 1040 and the Jewish War Veterans, Albany Post 105. He was member and past president of the Bethlehem Lions Club, had served as chairman of S.C.O.R.E., Albany Chapter 127 and had been a member of Congregation Beth Emeth in Albany.

Mr. Kaplan had formerly served the town of Bethlehem as director of Civil Defense for 15 years and chairman of the Assessment Review Board for 17 years.

Survivors include his wife, Mary Mandrano Kaplan; a daughter, Lisa M. Kaplan of New York City; and two sisters, Leah Stivelband of Freehold, N.J., and Marilyn Ziegler of New York City.

Services were from Applebee Funeral Home in Delmar.

Burial was in Bethlehem Cemetery.

Contributions may be made to the Sidney Albert Albany Jewish Community Center, 340 Whitehall Road, Albany 12208.

Madison Kern

Madison J. "Maddy" Kern, 88, of Delmar died Wednesday, Jan. 12, at his home.

Mr. Kern was born in Slatington, Pa. He was a longtime Delmar resident, having lived on Kenwood Avenue for more than 50 years.

He was an Army veteran of World War II, having served with the 66th and 94th Divisions and taken part in the Battle of the Bulge. He was awarded a Bronze Star.

He co-owned and operated laundromats in Albany and at the Four Corners in Delmar. He retired from Kraft Foods in Albany in 1982, working there since 1947 as a salesman and then sales manager.

He was a member of the American Legion for 58 years. He also was a 32nd degree Mason, Scottish Rites Consistory and a member of the Irem Temple in Wilkes Barre, Pa. He was a member of First United Methodist Church in Delmar.

He was husband of the late Ruth Lillian Kern.

Survivors include a daughter, Georgia Kern Seeman; three grandchildren; and two great-grandchildren.

Services were from First United Methodist Church.

Contributions may be made to Community Hospice of Albany, 445 New Karner Road, Colonie 12205.

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Jacqueline Miller

Jacqueline Bovee Miller, 77, of Delmar died Monday, Jan. 24.

Mrs. Miller was born in Saugerties.

She worked as an office manager for her husband's business, Associated Appraisers in Glenmont, for over 30 years.

She was the widow of David R. "Bob" Miller.

Survivors include a son, David

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An all-star ensemble of Celtic musicians pays tribute to the inimitable Scottish fiddler and raconteur Johnny Cunningham, featuring songs that he wrote and tunes that he loved to play. The concert will include Johnny's brother Phil Cunningham on accordion, Irish fiddle virtuoso Kevin Burke, multi-instrumentalist Seamus Egan of the Irish-American band Solas, as well as vocalist Susan McKeown and guitarist Aidan Brennan, Johnny's former bandmates.

Performances offer alternative to Superbowl Sunday

By Donna J. Bell

If you are not one of the millions who will be glued to the T.V. on Super Bowl Sunday, or if you are looking for some family "friendlier" entertainment than last year's infamous half-time show, The Egg has you covered.

On Feb. 6, The Egg is presenting two performances that are sure to appeal to kids, parents and grandparents alike.

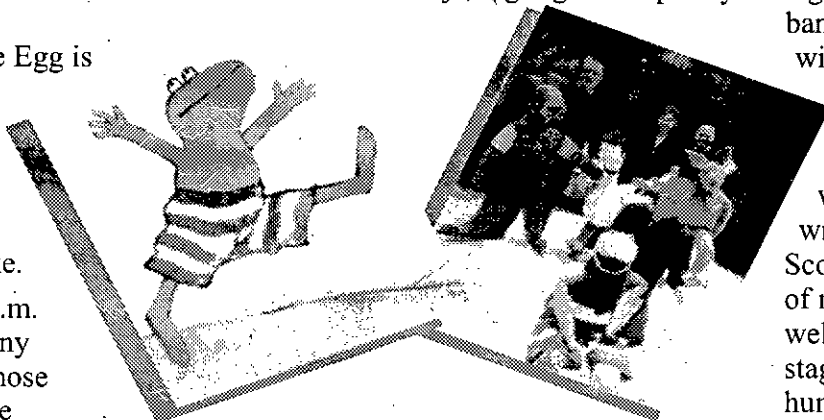
First up, at 3 p.m. the Dutch company Theater Terra, whose shows feature live actors, life-sized puppets and music, will perform "Frog and Friends," a show based on the well-known series of picture books by Max Velthuis.

While the show is geared to the pre-school and elementary school crowd, the humor is smart enough to entertain everyone.

"We have found the group to have some of the more creative productions," said Executive Director Peter Lesser. "We look for a family presentation that the kids like but that doesn't have the parents rolling their eyes, this is one of the few companies that achieves that goal."

The show tells the story of Little Max who is moving to a new house. Max has a fear of the unknown, and looks to his friends Duck, Pig and Hare to calm his fears about the impending move.

Theater Terra's work, like that of Max Velthuis, highlights simplicity.



The beloved "Frog" stories of Max Velthuis featuring Hare, Duck, Rat and Piggy are brought to life in a life size puppetry/musical by this award winning Dutch theatre company.

Themes, such as love, sorrow and friendship are portrayed with humor, music and poetry.

Theater Terra was established in 1978 by Theo Terra. Its initial success in the Netherlands and Belgium has brought the company to theatres and festivals through the United States, Canada, Japan, Russia, Italy, France, Austria, Spain and Germany.

Tickets to "Frog and Friends" are \$8 for adults and \$6 for children.

Fans of Celtic music are in for a treat when The Egg presents an all-star tribute to the late Johnny

Cunningham featuring family and friends Phil Cunningham, Seamus Egan, Kevin Burke, Susan McKeown and Aidan Brennan.

Johnny Cunningham, the internationally renowned fiddler was a founding member of Scotland's legendary acoustic-electric fusion band Silly Wizard, also performed with Relativity, the Raindogs, Nightnoise, as well as with the Celtic fiddle Festival Band.

Cunningham dazzled audiences with embellished reels and could wring beauty out of haunting Scottish melodies, blurring the lines of musical genres. He was also well known for his engaging stage presence and humorous patter between songs. He passed away suddenly on Dec. 15, 2003 at the age of 46, two days after performing a concert at The Egg. That concert proved to be his final public appearance.

The tribute concert will feature Johnny's brother Phil, an exciting and innovative accordion player and a founding member of Silly Wizard; Seamus Egan, flute and banjo player; Irish fiddle phenomenon Kevin Burke, who toured with Cunningham in the Celtic Fiddle Festival; and

the American-based Irish singer Susan McKeown and Irish guitarist Aidan Brennan.

The concert will feature music written by Cunningham, as well as a variety of tunes he liked to play.

Tickets for the concert are \$22.

Tickets for *Frog and Friends* and the *All-Star Johnny Cunningham Tribute Concert* are available at The Egg box office at 473-1845 and all Ticketmaster locations.



Irish fiddler Kevin Burke will participate in the all-star tribute to Johnny Cunningham

ARTS and ENTERTAINMENT

Theater

TIMES LIKE THESE

Capital Repertory Theatre, 111 N. Pearl St., Albany, through Feb. 19, \$25-30. Runs concurrently with "A Walk in the Woods." Information, 445-7469.

A WALK IN THE WOODS

Capital Repertory Theatre, 111 N. Pearl St., Albany, through Feb. 20, \$25-30. Runs concurrently with "Times Like These." Information, 445-7469.

TALLEY'S FOLLY

Curtain Call Theatre, 210 Old Loudon Road, Latham, through Feb. 19, 8 p.m. Wednesdays through Saturdays, 2 p.m. Sundays, \$18. Information, 877-7529.

United States, Feb. 3, 8 p.m., Recital Hall of the Performing Arts Center, uptown campus. Tickets \$8 and \$4 through Performing Arts Center Box Office. Information, 442-3997.

AN EVENING OF BRAHMS

University at Albany Dept. of Music presentation, Feb. 5, 8 p.m., Recital Hall of the Performing Arts Center, uptown campus. Tickets \$8 and \$4 through Performing Arts Center Box Office. Information, 442-3997.

"ROCK 2 REBUILD"

Benefit concert for tsunami relief with the Burners UK, Hair of the Dog, Sissy, Doc Scanlon's All-Star Revue and the Brian Kaplan Band. Feb. 11, 7:30 p.m. at the Palace Theatre, Albany, \$10. Information, 465-3334.

THE G.E. SMITH BAND

Former "Saturday Night Live" bandleader G.E. Smith brings his blues/rock band into town for two shows, Feb. 12, 7 and 9:30 p.m., The Van Dyck, Schenectady, \$20. Information, 381-1111.

IRISH 2000 "WINTERFEST"

With Danu, the McKrells, the Prodigals and Eileen Ivers. Feb. 12, 5 p.m. at the

Empire State Plaza, Albany, \$39.50 to \$65. Information 476-1000.

LUCY KAPLANSKY

Singer/songwriter, Feb. 12, 8 p.m., WAMC Performing Arts Center, Albany, \$22. Information, 465-5233.

HOT CLUB OF COWTOWN

String jazz band, Feb. 13, 7 p.m. at the Egg, \$20. Information, 473-1845.

LEO KOTTKE

Acoustic guitarist, Feb. 17, 8 p.m. at the Troy Savings Bank Music Hall, \$24 to \$27. Information, 273-0038.

LE VENT DU NORD

Traditional Quebecois music, Feb. 18, 8 p.m., WAMC Performing Arts Center, Albany, \$15. Information, 465-5233.

TOM RUSH

Folk singer, Feb. 19, 8 p.m., WAMC Performing Arts Center, Albany, \$22. Information, 465-5233.

JAMES COTTON AND CLARENCE "GATEMOUTH" BROWN
Blues musicians, Feb. 19, 7:30 p.m. at The Egg, Albany, \$24. Information, 473-1845.

NEW YORK VOICES

Vocal jazz quartet, Feb. 25, 8 p.m. at The Egg, \$24. Information, 473-1845.

LISA LOEB AT EGG

Singer/songwriter, Feb. 27, 7 p.m. at The Egg. General ticket sale begins Jan. 10, \$22. Information, 473-1845.

Comedy

STEVEN WRIGHT

Feb. 12 at the Palace Theater, Albany, \$26.50 to \$29.50. Information, 465-3334.

JERRY SEINFELD

Feb. 18 at the Palace Theater, Albany, \$47 to \$77. Information, 465-3334.

Visual Arts

NEW YORK STATE MUSEUM

Permanent collections on the 9/11 recovery effort, New York state history and geography, Empire State Plaza, Madison Avenue. Information, 474-5877.

LESS THAN 10 ELECTORAL VOTES

MAGIC MAZE ●

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 I F D T A A A D L I N B A Z X
 W U S L N D N Q A O I N D L J
 H F A D A O H S W R M A I N E
 C A Y V G A M T A W O I W W V
 T S E E T Q P R R S Y L N A L
 K N R U I H F E O W C O B H
 Z O Y W V U S R Q V N P N C M

Find the listed words in the diagram. They run in all directions - forward, backward, up, down and diagonally.

- Colorado
- Delaware
- Hawaii
- Idaho
- Iowa
- Kansas
- Maine
- Montana
- Nevada
- North Dakota
- Oregon
- South Dakota
- Utah
- Vermont
- Wyoming

Call for Artists

DELMAR COMMUNITY ORCHESTRA

Openings in the string, horn and percussion sections. Information, 439-7749.

COLONIE TOWN BAND

Several openings, rehearsals on Mondays at 7:30 p.m. at town hall, Route 9, Newtonville. Information, 783-2760.

COLONIE CENTENNIAL BRASS CHOIR

Openings for brass players, rehearsals on first Thursday and third Tuesday of the month, at 7:15 p.m., town hall, Route 9, Newtonville. Information, 783-2760.

SUBURBAN SOUNDS COMMUNITY CHORUS

Openings in mixed chorus, rehearsals Sundays at 7 p.m. at Lynnwood Reformed Church, Route 146, Guiderland. Information, 861-8000.

ALBANY TULIP FESTIVAL ARTISTS

Call for artists for an exhibition at the 57th Tulip Festival, May 7 & 8. Deadline for applications March 4, 2005. Contact City of Albany Special Events, Visual Arts Exhibition, City Hall Room 402, Albany 12207 or phone 434-5416.

FRIENDSHIP SINGERS

Openings in women's singing group, focusing on old favorites and show tunes, rehearsals Tuesday mornings at Community United Methodist Church 1499 New Scotland Road, Slingerlands. Information, 439-2360.

A CAPPELLA

New, informal, coed a cappella group in Delmar, for adults and teens 16 and older. Information, 439-0130.

SIENA CHAMBER ORCHESTRA AND CHOIR

Rehearsals Thursdays at 7:30 p.m. for orchestra, Wednesdays at 6 p.m. for choir, Siena College, Route 9, Loudonville. Information, 783-2325.

THE ORCHESTRA ON THE COMMON

Openings in the string section, rehearsals Friday at 9 a.m., Shenendehowa Senior Center, Clifton Common, Clifton Park. Information, 372-5146.

ELECTRIC CITY CHORUS

Male singing group, training provided, rehearsals at Faith United Methodist Church, Brandywine Avenue and Eastern Parkway, Schenectady, Tuesdays, 7:30 p.m. Information, 785-4807.

Music

'CARNIVAL CELEBRATION!'

University at Albany Dept. of Music presentation, Max Litchitz plays dance-inspired piano music written by composers from Brazil, Cuba and the

HOCUS-FOCUS BY HENRY BOLTIHOFF

FIND AT LEAST 6 DIFFERENCES BETWEEN PANELS.

Differences: 1. Hair is different, 2. Flower is smaller, 3. Package is moved, 4. Burning is missing, 5. Handle is different, 6. Sign is missing

The Super CROSSWORD

ACROSS	DOWN
1 Thieves	1 Sports official
5 Dress down	2 Face shape
10 Accomplished player	3 Ill temper
13 English explorer	4 She knew how to get a head
18 French spa	5 Droop
20 Home on high	6 Do overhead plastering
21 A mean Amin	7 Sarah — Jewett
22 "Pygmalion" role	8 Pale purple
23 Start of a remark by Gene Perret	9 "— volenté"
26 On the up and up	10 "Carpe —"
27 Director Sergio	11 Ballet movement
28 Grazing ground	115 Overwhelm
29 Overact	116 Recruit personnel
31 Have a mortgage	118 Good times
32 Become engaged?	121 Sari site
34 EMT's skill	124 Rent
36 "La Boheme" girl	127 End of remark
39 Depravity	131 Party present
42 Heavy metal instrument?	132 Myriads of moons
45 Mellow	133 "Midnight at the —" (74 hit)
47 Rajasthani rhythm	134 "— Gay" author
48 Coach	30 Jacob's twin
49 Kayak commander	33 Tint
	35 "— Rider" (85 film)
	37 Neighbor of Libya
	38 Kite part
	39 Places to dye
	40 One of "The Three Sisters"
	41 Jeweler's weight
	43 41st or 43rd President
	44 Be there
	46 Gets by, with "out"
	49 Improptu
	51 Author Jong
	52 Patricia of "Hud"
	53 Wild wind
	55 Deck out
	57 Edit a text
	59 Duty
	61 Menotti title character
	63 Have thirds and fourths?
	64 Cure
	67 — Minor
	69 Pag for Palmer
	70 Footballer Lynn
	72 Option
	74 Maritime abbr.
	75 Turning point
	76 Actor Bruce
	77 Part of IRS
	78 Eliot's "— Bede"
	79 Fountain order
	83 Foe
	84 Party hearty
	86 Walk like a rooster
	87 Recruit-to-be
	89 Helen of Troy's mom
	91 Wrath
	93 Cubist
	94 Be there
	95 Warning
	96 Tivoli's Villa d'—
	97 Ancient tongue
	99 Little devils
	100 Bordered on
	102 Kreskin's letters
	107 Know-it-all
	108 Now
	109 Throw forcefully
	110 Resort lake
	112 Bucolic
	114 Memo start
	115 — Romeo
	117 Actress Sherilyn
	119 "Yo" at the library
	120 Move a bit
	122 "Blame — the Bossa Nova" (63 hit)
	123 Bill of Rights grp.
	125 Every guy is one
	126 Cy Young stat
	128 Debtor's letters
	129 Govt. agency
	130 Beaver or beret

The Spotlight CALENDAR

Wed. Feb. 2

BETHLEHEM

DELMAR ROTARY
Normanside Country Club, 7:30 a.m.,
Information, 767-2930.

MOTHERS OF PRESCHOOLERS (MOPS)
Christian fellowship group for mothers of
preschool children, at the Delmar
Reformed Church, 386 Delaware Ave.,
nursery care provided, 9:30 a.m. until
11:30 a.m., information, call Jennifer at
439-9929 or e-mail, info@drchurch.org.

OPPORTUNITIES UNLIMITED
card meetings first Wednesday of each
month, open to public. Bethlehem Town
Hall, 445 Delaware Ave., 4 p.m.
BETHLEHEM BUSINESS WOMEN
Normanside Country Club, Salisbury
Road, Elsmere, 6 p.m.; dinner 6:30 p.m.,
program and meeting to follow dinner.
Information, 439-7237.

SOLID ROCK CHURCH
Evening prayer and Bible study, 1
Kenwood Ave., 7 p.m. Information, 439-
4314.

CHENREZIG PRACTICE AND MEDITATION
Meditation on the Bodhisattva of
Compassion, at the KTC Buddhist
Center, Doane Stuart School, Route 9W,
Albany, 7 p.m., Information, 374-1792.

BETHLEHEM LIONS CLUB
Normanside Country Club, Delmar, 7
p.m. Information, 439-4857.

BETHLEHEM ELKS LODGE 2233
1016 River Road (Route 144), Cedar Hill,
7 p.m. Information, 767-2886.
TESTIMONY MEETING
First Church of Christ, Scientist, 555
Delaware Ave., 7:30 p.m. Information,
439-2512.

ZONING BOARD OF APPEALS
Bethlehem-Town Hall, 445 Delaware
Ave., 7:30 p.m. Information, 439-4955.

BINGO
Blanchard American Legion Post, 16
Poplar Drive, 7:30 p.m. Information, 439-
9819.

BOY SCOUT TROOP 58
Elsmere Elementary School, 247
Delaware Ave., 7:30 to 9 p.m.

BC SCHOOL BOARD
district office, 90 Adams Place, 8 p.m.
Information, 439-7098.

ORDER OF THE EASTERN STAR
nesquethaw Chapter, Masonic Temple,
421 Kenwood Ave., 8 p.m. Information,
439-2181.
NEW SCOTLAND

PRESCHOOL STORYTIME
the Voorheesville Public Library, 51
School Road, 10:15 a.m., no signup
necessary.

V'VILLE ZONING BOARD
Village Hall, 29 Voorheesville Ave., 7
p.m. Information, 765-2692.

ADULT BOOK DISCUSSION
Discussion of *True Notebooks* by Mark
Salzman, at the Voorheesville Public
Library, 51 School Road, 7 p.m., signup
necessary, 765-2791.

NEW SCOTLAND SENIORS
Wyman Osterhout Community Center,
New Salem, call for time. Information,
765-2109.

PRAYER MEETING
evening prayer meeting and Bible study,
Mountainview Evangelical Free Church,
Route 155, 7:30 p.m. Information, 765-
3390.

FAITH TEMPLE
Bible study, New Salem, 7:30 p.m.
Information, 765-2870.

AA MEETING
First United Methodist Church of
Voorheesville, 68 Maple St., 8 p.m.
Information, 489-6779.

Thurs. Feb. 3

BETHLEHEM

BETHLEHEM SENIOR CITIZENS
Bethlehem Town Hall, 445 Delaware
Ave., 12:30 p.m. Information, 439-4955.

YOUTH EMPLOYMENT SERVICES
Parks and Recreation Office, Elm Avenue
Park, 2-5:30 p.m. Information, 439-0503.

BETHLEHEM LUTHERAN
children's choir, 6:15 p.m., senior choir,
7 p.m., 85 Elm Ave. Information, 439-
4328.

AA MEETINGS
Slingerlands Community Church, 1499
New Scotland Road, noon, and Delmar
Reformed Church, 386 Delaware Ave.,
8:30 p.m. Information, 489-6779.

ADULT BIBLE STUDY
First Reformed Church of Bethlehem,
7 p.m., Route 9W, Selkirk, Information,
767-2243.

NEW SCOTLAND

LAPSIT STORYTIME
At the Voorheesville Public Library, 51
School Road, for caregivers and children
under 2, 10:15 a.m., signup necessary,
765-2791.

THE CLOTHING CLOSET
A service supported by area Reformed
churches to provide clothing to those in
need; volunteers welcome. Clarksville
Reformed Church, Route 443, Clarksville,
8:30-11:30 a.m. and 4-7 p.m.
Information, 768-2916 or 439-5400.

Fri. Feb. 4

BETHLEHEM

AA MEETING
First Reformed Church of Bethlehem, Route
9W, 7:30 p.m. Information, 489-6779.

CHABAD CENTER
Friday services, discussion and kiddush
at sunset, 109 Elsmere Ave. Information,
439-8280.

NEW SCOTLAND

PRESCHOOL STORYTIME
At the Voorheesville Public Library, 51
School Road, 10:15 a.m., no signup
necessary.

PIONEER CLUBS
For children grades 1 through junior
high; Mountainview Evangelical Free
Church, Route 155, 3:45-5 p.m.
Information, 765-3390.

BOOK DISCUSSION
For grades 2 and 3, at the Voorheesville
Public Library, 51 School Road, 7 p.m.,
signup necessary, 765-2791.

YOUTH GROUP MEETINGS
United Pentecostal Church, Route 85,
New Salem, 7 p.m. Information, 765-
4410.

Sat. Feb. 5

BETHLEHEM

AA MEETING
Bethlehem Lutheran Church, 85 Elm
Ave., 7:30 p.m. Information, 489-6779.

Sun. Feb. 6

BETHLEHEM

WORSHIP INFORMATION
Bethlehem Community Church, 201 Elm
Ave., 439-3135.
*Bethlehem Congregation of Jehovah's
Witnesses*, Elm Avenue and Feura Bush
Road, 439-0358.
Bethlehem Lutheran Church, 85 Elm
Ave., 439-4328.
Delmar Full Gospel Church, 292
Elsmere Ave., 439-4407.
Delmar Presbyterian Church, 585
Delaware Ave., 439-9252.
Delmar Reformed Church, 396 Delaware
Ave., 439-9929.
Family of God Nazarene Church, Krumkill
Road at Blessing Road, North Bethlehem,
453-9953.
First Church of Christ, Scientist, 555
Delaware Ave., 439-2512.
First Reformed Church of Bethlehem,
Route 9W, Selkirk, 767-2243.
First United Methodist Church of Delmar,
428 Kenwood Ave., 439-9976.
Glenmont Community Church, 1 Chapel
Lane, Glenmont, 436-7710.
Gospel Fellowship, 10 Rockefeller Road,
Delmar, 482-2132.
King's Chapel, 434 Route 9W, Glenmont,
426-9955.
KTC Buddhist Center, Doane Stuart
School, Route 9W, Albany, 10 a.m. .
meditation, 11 a.m. tea, 11:30 a.m. study
course, 374-1792.
Mount Moriah Ministries, Route 9W,
Glenmont, 426-4510.
Slingerlands Community UMC, 1499
New Scotland Road, 439-1766.
Solid Rock Church, 1 Kenwood Ave.,
Glenmont, 439-4314.
*South Bethlehem United Methodist
Church*, 65 Willowbrook Ave., 767-
9953.
St. Michael's Shrine, Beacon Road at
Route 9W, Glenmont, 462-2016.
St. Stephen's Episcopal Church, Poplar
Drive and Elsmere Avenue, Delmar, 439-
3265.
St. Thomas The Apostle Church, 35
Adams Place, Delmar, 439-4951.
Unity of Faith Christian Fellowship, 436
Krumkill Road, North Bethlehem, 438-
7740.

NEW SCOTLAND

WORSHIP INFORMATION
Bethel Baptist Church, meeting at
Auberge Suisse Restaurant, Route 85,
475-9086.
Clarksville Community Church, Route
443, 768-2916.
Family Worship Center, 92 Lower
Copeland Hill Road, Feura Bush, 768-
2021.
Faith Temple, New Salem, 765-2870.
First United Methodist Church, 68 Maple
Ave., Voorheesville, 765-2895.
Jerusalem Reformed Church, Route 32,
Feura Bush, 439-0548.
Mountainview Evangelical Free Church,
Route 155, Voorheesville, 765-3390.
Onesquethaw Reformed Church,
Tarrytown Road, Feura Bush, 768-2133.
New Scotland Presbyterian Church,
Route 85, 439-6454.
St. Matthew's Church, Mountain View
Road, Voorheesville, 765-2805.
Unionville Reformed Church, Delaware
Turnpike, 439-5001.
United Pentecostal Church, Route 85,
New Salem, 765-4410.

Mon. Feb. 7

BETHLEHEM

PEACE VIGIL
Bethlehem Neighbors For Peace, weekly
peace vigil, Four Corners intersection,
Delmar, 5-6 p.m., information, 439-
1968.

DELMAR KIWANIS
Tool's Family Restaurant, Delaware
Avenue, 6:15 p.m. Information, 439-2437
or 439-6952.

CLASS IN JEWISH MYSTICISM
Delmar Chabad Center, 109 Elsmere
Ave., 7 p.m. Information, 439-8280.

INDOOR PISTOL SHOOTING
Albany County Pistol Club, Winne Place,
7 to 9 p.m. Also Tuesday. Information,
439-0057.

ELMWOOD PARK FIRE DISTRICT
Board of fire commissioners meeting,
North Bethlehem firehouse, 589 Russell
Road, 7:30 p.m.

EXPLORER POST 157
For boys and girls 14-21, focusing on
environmental conservation, 310
Kenwood Ave., 7:30-9 p.m. Information,
439-4205.

**DELMAR COMMUNITY ORCHES-
TRA**
Rehearsal, Bethlehem Town Hall, 445
Delaware Ave., 7:30 p.m. Information,
439-7749.

BLANCHARD LEGION POST
Meeting, 16 Poplar Drive, 8 p.m.
Information, 439-9819.

ROYAL ARCH MASONS
Temple Chapter No. 5, Masonic Temple,
421 Kenwood Ave.

AA MEETING
Bethlehem Lutheran Church, 85 Elm
Ave., 8:30 p.m. Information, 489-6779.

NEW SCOTLAND
LIFELINES PROSE WRITERS
At Voorheesville Public Library, 51
School Road, 7 p.m. no signup
necessary, information, 765-2791.

QUARTET REHEARSAL
United Pentecostal Church, Route 85,
New Salem, 7:15 p.m. Information, 765-
4410.

Tues. Feb. 8

BETHLEHEM

FARMERS MARKET
Market and Chicken Barbeque,
2:30 p.m. to 6 p.m. rain or shine, First
United Methodist Church, 428 Kenwood
Ave.

TREASURE COVE THRIFT SHOP
First United Methodist Church, 428
Kenwood Ave., 9 a.m. to 6 p.m.

YOUTH EMPLOYMENT SERVICES
Parks and Recreation Office, Elm Avenue
Park, 2-5:30 p.m. Also Thurs. 2-5:30
p.m. Information, 439-0503.

PRAYER MEETING
At Gospel Fellowship, 7 p.m., 10
Rockefeller Rd., Delmar, beneath
Normans Kill bridge, Information 482-
2132.

ELSMERE FIRE COMMISSION
firehouse, Poplar Drive, 7:15 p.m.
Information, 439-9144.

A.W. BECKER PTA
Becker Elementary School, Route 9W,
7:30 p.m. Information, 767-2511.

BINGO
the Bethlehem Elks Lodge, Route 144,
7:30 p.m.

**SLINGERLANDS FIRE COMMIS-
SION**

**FIREHOUSE, 8 P.M. INFORMA-
TION, 439-4734.**

NEW SCOTLAND
PRESCHOOL STORY TIME
Weekly at Voorheesville Public Library,
51 School Road, 10:15 a.m. Information,
765-2791.

NIMBLEFINGERS/QUILTERS
Voorheesville Public Library, 51 School
Road, 1 to 3 p.m. Information, 765-2791.

BOOK DISCUSSION
For grades 4-7 at Voorheesville Public
Library, 7 p.m. signup necessary, 765-
2791.

Wed. Feb. 9

BETHLEHEM

DELMAR ROTARY
Normanside Country Club, 7:30 a.m.
Information, 767-2930.

MOTHERS OF PRESCHOOLERS (MOPS)
Christian fellowship group for mothers of
preschool children, at the Delmar
Reformed Church, 386 Delaware Ave.,
nursery care provided, 9:30 a.m. until
11:30 a.m., information, call Jennifer at
439-9929 or e-mail, info@drchurch.org.

SECOND MILERS
Normanside Country Club, noon,
Information, 439-2752.

SOLID ROCK CHURCH
evening prayer and Bible study, 7 p.m., 1
Kenwood Ave. Information, 439-4314.

CHENREZIG PRACTICE AND MEDITATION
Meditation on the Bodhisattva of
Compassion, at the KTC Buddhist
Center, Doane Stuart School, Route 9W,
Albany, 7 p.m., Information, 374-1792.

TOWN BOARD
Bethlehem Town Hall, 445 Delaware
Ave., 5:30 p.m. Information, 439-4955.

BETHLEHEM TOASTMASTERS
The Clubhouse, Adams Station Apts., 1
Juniper Drive, Delmar, 7:30 p.m.
information, 439-0871.

BINGO
Blanchard American Legion Post, 16
Poplar Drive, 7:30 p.m. Information, 439-
9819.

BOY SCOUT TROOP 58
Elsmere Elementary School, 247
Delaware Ave., 7:30 to 9 p.m.

DELMAR FIRE COMMISSION
firehouse, Adams Place, 7:30 p.m.
information, 439-3851.

TESTIMONY MEETING
First Church of Christ, Scientist, 555
Delaware Ave., 7:30 p.m. Information,
439-2512.

NEW SCOTLAND

PRESCHOOL STORYTIME
At the Voorheesville Public Library, 51
School Road, 10:15 a.m., no signup
necessary.

TOWN COUNCIL
<CALENDAR BODY COPY>New Scotland
Town Hall, Route 85, 7 p.m. Information,
439-4889.

PRAYER MEETING
evening prayer meeting and Bible study,
Mountainview Evangelical Free Church,
Route 155, 7:30 p.m. Information, 765-
3390.

FAITH TEMPLE
<CALENDAR BODY COPY>Bible study,
New Salem, 7:30 p.m. Information, 765-
2870.

NEW SCOTLAND SENIORS
<CALENDAR BODY COPY>Wyman
Osterhout Community Center, New
Salem, call for time. Information, 765-
2109.

AA MEETING
First United Methodist Church of
Voorheesville, 68 Maple St., 8 p.m.
Information, 489-6779.

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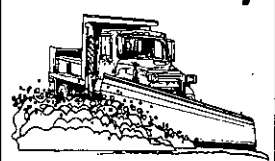
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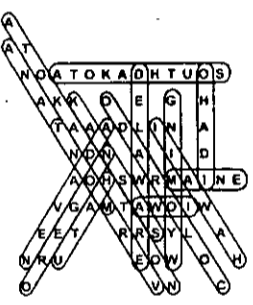
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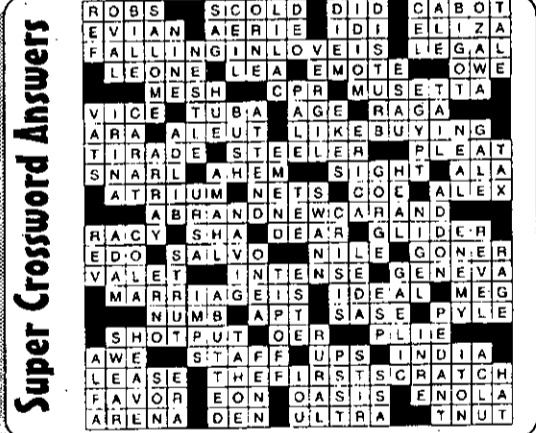
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LEGAL NOTICE

NOTICE OF FORMATION OF LLC
Articles of Organization for NO MAN'S LAND, LLC were filed with the Secretary of State of New York on December 21, 2004.

LEGAL NOTICE

Notice of Qualification of Boise Packaging & Newsprint, L.L.C. Authority filed with Secy. of State of NY (SSNY) on 9/17/04.

LEGAL NOTICE

Notice of Qualification of LENDERS PROTECTION, LLC. Authority filed with Secy. of State of NY (SSNY) on 12/2/04.

LEGAL NOTICE

Notice of Qualification of Regus Management Group, LLC. Authority filed with Secy. of State of NY (SSNY) on 12/21/04.

LEGAL NOTICE

PUBLICATION NOTICE OF ORGANIZATION OF LIMITED LIABILITY COMPANY FIRST: The name of the Limited Liability Company is FOUR CORNERS PHARMACY, LLC

LEGAL NOTICE

business of the Company is any lawful activity pursuant to Section 203 of the New York Limited Liability Company Law.

LEGAL NOTICE

Notice of Formation of Cairo Prime Site, LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 12/16/2004.

LEGAL NOTICE

Notice of Formation of Fashion District Real Estate LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 12/15/2004.

LEGAL NOTICE

Notice of Formation of Aspen Provider LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 12/3/2004.

LEGAL NOTICE

Notice of Qualification of 40 Scott Ave LLC. Authority filed with Secy. of State of NY (SSNY) on 12/15/04.

LEGAL NOTICE

Notice of Qualification of AFP International, LLC. Authority filed with Secy. of State of NY (SSNY) on 12/14/04.

LEGAL NOTICE

Notice of Qualification of Benham Constructors, LLC. Authority filed with Secy. of State of NY (SSNY) on 12/28/04.

LEGAL NOTICE

City, OK 73114. Arts. of Org. filed with Secy. of State of OK, 101 State Capitol Building, Oklahoma City, OK 73105.

LEGAL NOTICE

Notice of Qualification of The Benham Companies, LLC. Authority filed with Secy. of State of NY (SSNY) on 10/13/04.

LEGAL NOTICE

Notice of Formation of limited liability company (LLC). Name: Conway Circle of Performing Arts, LLC.

LEGAL NOTICE

NOTICE OF FORMATION OF LLC Articles of Organization for TIA D. OLDS, M.D., LLC were filed with the Secretary of State of New York on December 23, 2004.

LEGAL NOTICE

Notice of Qualification of TRUE NOW, LLC. Authority filed with Secy. of State of NY (SSNY) on 1/3/05.

LEGAL NOTICE

Notice of Qualification of NETPORTATION, LLC. Authority filed with Secy. of State of NY (SSNY) on 1/4/05.

LEGAL NOTICE

Notice of Formation of J.J. Seymour, L.L.C. Arts. of Org. filed with Secy. of State of NY (SSNY) on 12/17/04.

LEGAL NOTICE

Notice of Qualification of EDGE COLOCATION, LLC. Authority filed with Secy. of State of NY (SSNY) on 1/4/05.

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Notice of Qualification of CLEAR NETPOINT, LLC. Authority filed with Secy. of State of NY (SSNY) on 1/3/05.

LEGAL NOTICE

Notice of Qualification of NY-CLEC LLC. Authority filed with Secy. of State of N.Y. (SSNY) on 12/24/04.

LEGAL NOTICE

Notice of Qualification of International Paint LLC. Authority filed with Secy. of State of N.Y. (SSNY) on 1/6/05.

LEGAL NOTICE

Notice of Qualification of Best Buy Direct, LLC. Authority filed with Secy. of State of NY (SSNY) on 12/17/04.

LEGAL NOTICE

designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o National Registered Agents, Inc., 875 Ave. of the Americas, Ste. 501, NY, NY 10001.

LEGAL NOTICE

Notice of organization of WHITNEY FIELDS, LLC Under Section 203 of the Limited Liability Company Law of the State of New York.

LEGAL NOTICE

Notice of Qualification of CCMM I LLC. Authority filed with Secy. of State of N.Y. (SSNY) on 1/7/05.

LEGAL NOTICE

Notice of Qualification of NY-CLEC LLC. Authority filed with Secy. of State of N.Y. (SSNY) on 12/24/04.

LEGAL NOTICE

Notice of Formation of Y.B. ASSOCIATES GROUP, LLC. Arts. of Org. filed with Secy. of State of N.Y. (SSNY) on 1/13/05.

LEGAL NOTICE

Notice of Formation of 857 Lakes Road LLC. Arts. of Org. filed with Secy. of State of N.Y. (SSNY) on 1/12/05.

LEGAL NOTICE

LEGAL NOTICE

Notice of Formation of 879 Lakes Road LLC. Arts. of Org. filed with Secy. of State of N.Y. (SSNY) on 1/12/05.

LEGAL NOTICE

Notice of Qualification of DAL Global Services, LLC. Authority filed with Secy. of State of NY (SSNY) on 1/10/05.

LEGAL NOTICE

Notice of Qualification of PORT ALBANY VENTURES LLC. Authority filed with Secy. of State of NY (SSNY) on 1/12/05.

LEGAL NOTICE

AAMENANDS SELF STORAGE LLC. Certificate of Limited Liability Company filed by NYS Secretary of State on August 24, 2004.

LEGAL NOTICE

Notice of Qualification of B.A.G. Rite Aid #188, L.P. Authority filed with Secy. of State of NY (SSNY) on 1/7/05.

LEGAL NOTICE

NOTICE OF FORMATION OF LLC Articles of Organization for FPI PROPERTIES, LLC were filed with the Secretary of State of New York (SSNY) on 1/11/05.

LEGAL NOTICE

Secretary of State has been designated as agent upon which process may be served and a copy of process shall be mailed by the Secretary of State to the LLC at 11 Green Mountain Drive, Cohoes, NY 12047.

LEGAL NOTICE

Notice of Formation of CLALLAM CHEMICALS LLC. Arts. of Org. filed with Secy. of State on N.Y. (SSNY) on 1/20/05.

LEGAL NOTICE

Notice of Qualification of OCWEN Mortgage Company, LLC. Authority filed with Secy. of State of N.Y. (SSNY) on 12/29/04.

LEGAL NOTICE

NOTICE OF FORMATION OF CBBB, LLC The name of the LLC is: CBBB, LLC (the "LLC"). The date of filing the Articles of Organization with the NY Dept. of State ("NYDOS") is: 01/14/05.

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: JERRY'S SNOWPLOWS, LLC.

LEGAL NOTICE

Notice of Qualification of DIAGNOSTICS UNLIMITED, LLC. Authority filed with Secy. of State of NY (SSNY) on 1/11/05.

LEGAL NOTICE

50 State St., Albany, NY 12207. IL address of LLC: 707 Skokie Blvd., Suite 600, Northbrook, IL 60062. Arts. of Org. filed with IL Secy. of State. Howlett Bldg., Rm. 351. Springfield, IL 62756. Purpose: any lawful activities. LD-11061 (February 2, 2005)

LEGAL NOTICE

NOTICE OF FORMATION OF K&L PROPERTY MANAGEMENT, LLC Articles of Organization of K&L Property Management, LLC were filed with the Secretary of State of New York on November 3, 2004. Office location, County of Albany. The Secretary of State has been designated as agent of the Limited Liability Company upon whom process against it may be served. The Secretary of State shall mail a copy of any process against the Limited Liability Company to Liron Razak, 255 East 49th Street, Apt. 24E, New York, New York 10017. Purpose, any lawful act. LD-11062 (February 2, 2005)

LEGAL NOTICE

NOTICE TO BIDDERS NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethlehem hereby invites sealed bids for the furnishing of Materials for the Town of Bethlehem, for the year 2005: Bids will be received up to 3:15 p.m. on Materials, February 16, 2005 at which time such bids will be publicly opened and read aloud at the Town Hall, 445 Delaware Avenue, Delmar, New York. Bids shall be addressed to Ms. Theresa L. Egan, Supervisor of the Town of Bethlehem, 445 Delaware Avenue, Delmar, New York. Bids shall be in sealed envelopes which shall bear, on the face thereof, the name and address of the bidder. Original and one copy of each bid shall be submitted. Bidders may bid on any or all items. The Town Board reserves the right to waive any informalities or to reject any or all bids. Specifications may be picked up at the Town Clerk's office, Town Hall, 445 Delaware Avenue, Delmar, New York 12054. BY ORDER OF THE TOWN BOARD OF THE TOWN OF BETHLEHEM KATHLEEN A. NEWKIRK, CMC, RMC

LEGAL NOTICE

TOWN CLERK Dated: January 26, 2005 LD-11063 (February 2, 2005)

LEGAL NOTICE

RESOLUTION AND PUBLIC NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethlehem in the County of Albany, State of New York has on the 26th day of January 2005, duly adopted, subject to a permissive referendum, a resolution as follows: WHEREAS, the Town Board of the Town of Bethlehem has determined that it is necessary to fund the renovations of office space at Town Hall, and WHEREAS, it is estimated that the costs of said work will not exceed \$200,000; and WHEREAS, in recognition of these needs, funds for such purpose are in the General Fund Capital Reserve Fund; and NOW, THEREFORE, BE IT RESOLVED that it is in the public interest to complete the renovations as described above; and BE IT FURTHER RESOLVED, that the Town Board authorizes the expenditure of the reserve moneys to fund this project up to a maximum amount of \$200,000 and, BE IT FURTHER RESOLVED, that the Town Comptroller is authorized to expend from the General Fund Capital Reserve Fund the funds necessary up to \$200,000 in said reserve fund; and This resolution shall be subject to a permissive referendum, as permitted by law. The motion to adopt the resolution was made by Mr. Plummer, was seconded by Mr. Lenhardt and duly adopted by the following vote: AYES: Ms. Egan, Mr. Plummer, Mr. Lenhardt, Mr. Marcelle, Mr. Gordon. NOES: None. DATED: January 26, 2005 LD-11064 (February 2, 2005)

LEGAL NOTICE

PUBLIC NOTICE NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethlehem in the County of Albany, State of New York has on the 26th day of January 2005, duly adopted, subject to a permissive referendum, a resolution as follows: WHEREAS, the Town Board

LEGAL NOTICE

of the Town of Bethlehem has determined that it is necessary to renovate the toddler spray pool area with new water play equipment and mechanical upgrades at Elm Avenue Park, and WHEREAS, it is estimated that the costs of said work will be approximately \$400,000 and WHEREAS, in recognition of these needs, funds for such construction are in the Recreation Capital Reserve Account; and NOW, THEREFORE, BE IT RESOLVED that it is in the public interest and safety to renovate the toddler spray pool area with water play equipment and mechanical upgrades and, BE IT FURTHER RESOLVED, that the Town Board authorizes the expenditure of the reserve monies to fund this project up to a maximum amount of \$400,000 and, BE IT FURTHER RESOLVED, that the Town Comptroller is authorized to expend from the Recreation Capital Reserve Account the funds necessary up to \$400,000 in said reserve fund; and This resolution shall be subject to a permissive referendum, as permitted by law. This motion to adopt the resolution was made by Mr. Plummer, was seconded by Mr. Lenhardt and duly adopted by the following vote: AYES: Ms. Egan, Mr. Plummer, Mr. Lenhardt, Mr. Marcelle, Mr. Gordon. NOES: None. DATED: January 26, 2005

PUBLIC NOTICE NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethlehem in the County of Albany, State of New York has on the 26th day of January 2005, duly adopted, subject to a permissive referendum, a resolution as follows: WHEREAS, the Town Board of the Town of Bethlehem has determined that it is necessary to pave and repair parking lots and roadways at North Bethlehem Park, and Elm Avenue Park, and remarcite the L-shaped pool at Elm Avenue Park, and WHEREAS, it is estimated that the costs of said work will be approximately \$85,000 and, WHEREAS, in recognition of these needs, funds for such construction are in the Recreation Capital Reserve Account; and NOW, THEREFORE, BE IT RESOLVED that it is in the public interest to complete

LEGAL NOTICE

the parking lots, connector roads, and pool remarciting and, BE IT FURTHER RESOLVED, that the Town Board authorizes the expenditure of the reserve monies to fund this project up to a maximum amount of \$85,000 and, BE IT FURTHER RESOLVED, that the Town Comptroller is authorized to expend from the Recreation Capital Reserve Account the funds necessary up to \$85,000 in said reserve fund; and This resolution shall be subject to a permissive referendum, as permitted by law. The motion to adopt the resolution was made by Mr. Lenhardt, was seconded by Mr. Plummer and duly adopted by the following vote: AYES: Ms. Egan, Mr. Plummer, Mr. Lenhardt, Mr. Marcelle, Mr. Gordon. NOES: None. DATED: January 26, 2005 LD-11065 (February 2, 2005)

LEGAL NOTICE

NOTICE TO BIDDERS NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethlehem hereby invites sealed bids for directional drilling services for various locations located in the Town of Bethlehem Bids will be received up to 3:00 p.m. on the 16th day of February, 2005, at which time such bids will be publicly opened and read aloud at the Town Hall, 445 Delaware Avenue, Delmar, New York. Bids shall be addressed to Ms. Theresa L. Egan, Supervisor of the Town of Bethlehem, 445 Delaware Avenue, Delmar, New York. Bids shall be in sealed envelopes which shall bear, on the face thereof, the name and address of the bidder and the subject of the bid Original and one copy of each bid shall be submitted. Bidders may bid on any or all items. The Town Board reserves the right to waive any informalities or to reject any or all bids. Specifications may be picked up at the Office of the Town Clerk, 445 Delaware Avenue, Delmar, NY 12054. BY ORDER OF THE TOWN BOARD OF THE TOWN OF BETHLEHEM KATHLEEN A. NEWKIRK, CMC, RMC TOWN CLERK

Dated: January 26, 2005 LD-11066 (February 2, 2005)

LEGAL NOTICE

LEGAL NOTICE NOTICE TO BIDDERS NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethlehem hereby invites sealed bids for the furnishing of one (1) one ton dump truck for use of said Town of Bethlehem Highway Department, as and when required: Bids will be received up to 2:30 p.m. on the 15th day of February, 2005 at which time such bids will be publicly opened and read aloud at the Town Hall, 445 Delaware Avenue, Delmar, New York. Bids shall be addressed to Ms. Terri Egan, Supervisor, Town of Bethlehem, 445 Delaware Avenue, Delmar, New York 12054. Bids shall be in sealed envelopes which shall bear, on the face thereof, the name and address of the bidder and the subject of the bid. ORIGINAL AND ONE COPY of each shall be submitted. Copies of the specifications may be obtained from the Town Clerk at the Town Hall, Delmar, New York. The Town Board reserves the right to waive any informalities in and/or to reject any or all bids. BY ORDER OF THE TOWN BOARD OF THE TOWN OF BETHLEHEM Kathleena A. Newkirk, CMC, RMC TOWN CLERK Dated: January 26, 2005 LD-11067 (February 2, 2005)

LEGAL NOTICE

NOTICE TO BIDDERS NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethlehem hereby invites sealed bids for the furnishing of the following chemicals for the Department of Public Works, Town of Bethlehem, for the year 2005: (All chemicals must be N.S.F. approved and be acceptable to the N.Y.S. Dept. of Health) The Town requires that "American Manufactured goods and products are to be used exclusively. Commercial Sulfate of Alumina Activated Carbon Bids will be received up to 2:45 p.m. February 16, 2005 at which time such bids will be publicly opened and read aloud at the Town Hall, 445 Delaware Avenue, Delmar, New York. Bids shall be addressed to Theresa Egan, Supervisor of the Town of Bethlehem, 445 Delaware Avenue, Delmar, New York. Bids shall be in sealed envelopes which shall bear, on the face thereof, the name and address of the bidder and the subject of the bid. Original and one copy of each bid shall be submitted. Bidders may bid on any or all items. The Town Board reserves the right to waive any informalities or to reject any or all bids. Specifications may be picked up at the Town Clerk's office, Town Hall, 445 Delaware Avenue, Delmar, New York 12054. BY ORDER OF THE TOWN BOARD OF THE TOWN OF BETHLEHEM KATHLEEN A. NEWKIRK, CMC, RMC TOWN CLERK Dated: January 26, 2005 LD-11069 (February 2, 2005)

LEGAL NOTICE

the face thereof, the name and address of the bidder and the subject of the bid. Original and one copy of each bid shall be submitted. The Town Board reserves the right to waive any informalities or to reject any or all bids. Specifications may be picked up at the Town Clerk's office, Town Hall, 445 Delaware Avenue, Delmar, New York 12054. BY ORDER OF THE TOWN BOARD OF THE TOWN OF BETHLEHEM KATHLEEN A. NEWKIRK, CMC, RMC TOWN CLERK Dated: January 26, 2005 LD-11068 (February 2, 2005)

LEGAL NOTICE

NOTICE TO BIDDERS NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethlehem hereby invites sealed bids for the furnishing of chlorine for the Department of Public Works, Town of Bethlehem, for the year 2005: (All chemicals must be N.S.F. approved and be acceptable to the N.Y.S. Dept. of Health) The Town requires that "American Manufactured goods and products are to be used exclusively. Liquid Chlorine (in 150 lb cylinders) Liquid Chlorine (one ton cylinders) Bids will be received up to 2:45 p.m. February 16, 2005 on chlorine at which time such bids will be publicly opened and read aloud at the Town Hall, 445 Delaware Avenue, Delmar, New York. Bids shall be addressed to Ms. Theresa Egan, Supervisor of the Town of Bethlehem, 445 Delaware Avenue, Delmar, New York. Bids shall be in sealed envelopes which shall bear, on the face thereof, the name and address of the bidder and the subject of the bid. Original and one copy of each bid shall be submitted. Bidders may bid on any or all items. The Town Board reserves the right to waive any informalities or to reject any or all bids. Specifications may be picked up at the Town Clerk's office, Town Hall, 445 Delaware Avenue, Delmar, New York 12054.

BY ORDER OF THE TOWN BOARD OF THE TOWN OF BETHLEHEM KATHLEEN A. NEWKIRK, CMC, RMC TOWN CLERK Dated: January 26, 2005 LD-11069 (February 2, 2005)

LEGAL NOTICE

Notice of Qualification of Alpine Financial LLC: Authority filed with Secy. of State of NY (SSNY) on 1/10/05. Office location: Albany County, LLC formed in Connecticut (CT) on 6/21/02. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o National Registered Agents, Inc., 875 Ave. of the Americas, Ste. 501, NY, NY 10001. Principal address of LLC: 2268 Main St., Ste 202, Stratford, CT 06615. Arts. of Org. filed with Secy. of State of CT, 30 Trinity St., Hartford, CT 06106. Purpose: any lawful activities. LD-11072 (February 2, 2005)

LEGAL NOTICE

DOUGLAS A SCHULZ LLC Articles of Org. filed NY Sec. of State (SSNY) 12/30/2004. Office in Albany Co. SSNY design. agent of LLC upon whom process may be served. SSNY shall mail copy of process to 163 Delaware Ave., Delmar, NY 12054. Purpose: Any lawful purpose. LD-11077 (February 2, 2005)

LEGAL NOTICE

January 26, 2005 Town of Guilderland, New York Parks and Recreation Department Request for Bid The Town of Guilderland invites competitive proposals to construct a 50' by 80' pole barn located in Tawasentha Park, Route 146 in Guilderland. Sealed proposals will be received at the office of the Town Clerk, Town Hall, Route 20, Guilderland, New York 12084 until 10:00 am on February 14, 2005 and then at such time publicly opened and read aloud. The Town is tax exempt; proposals shall not include any sales tax. The Town reserves the right to waive any irregularities or informalities in the proposals received. By Order of Town of Guilderland Town Board Dennis Moore-Director Parks and Recreation 518-456-0354, cell 518-461-7342, e mail-moored@guilderland.org LG-11051 (February 2, 2005)

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Obituaries

Peter Groff

Peter D. Groff, 52, of Coeymans, died Wednesday, Jan. 26, at St. Peter's Hospital.

Mr. Groff was born in Troy. He lived in Green Island for 35 years before moving to Coeymans.

He worked for Al Tech Specialty Steel for 25 years.

Survivors include his wife, Donna J. Chartrand Groff; a son, Zachary Groff of Wynantskill; three daughters, Christine Nates, Cortney Groff and Rebecca Groff, all of Coeymans; a sister, Donna M. Groff of Coeymans; and a grandchild.

Services were from McNulty Funeral Home in Green Island. Burial was in St. Mary's Cemetery in Troy.

Lawrence McArthur

Lawrence B. McArthur Sr., 91, formerly of Delmar, died Thursday, Jan. 27, in Scotia.

Mr. McArthur was born in Franklinville. He graduated from Lafayette High School in Buffalo and earned a bachelor's degree from Cornell University.

He was an Army Air Force veteran of World War II, having served as commanding officer of the Third Air Force Personnel Center and the Third Air Force Separation Center in Tampa, Fla.

After the war, he continued in the Air Force Reserves where he commanded the Capital District Selective Service Board. He retired with the rank of colonel.

He worked 37 years for the state Civil Service and Mental Hygiene departments, retiring in 1976. He held the position of associate commissioner for manpower, employee relations and training in state Mental Hygiene Department.

He also served as president of the eastern region of the International Personnel Management Association.

He served as a Boy Scout leader and was presented with Boy Scouting's highest award, the Silver Beaver Award.

He was a founder and president of the Tri-Village Little

League, chairman of the Bethlehem Central Middle School Parent/Teachers Steering Committee and was on the board of directors of the Workshop in Menands.

He was a member of Riverside Presbyterian Church in Florida.

He was the husband of the late Eleanor Smith McArthur.

Survivors include two sons, Lawrence McArthur Jr. of Glenville and Paul McArthur of Rochester; a sister, Margaret Thompson of Birmingham, Ala;

four grandchildren, and four great-grandchildren.

A memorial service will be held 11 a.m. Feb. 11, at First United Methodist Church, 603 State St., in Schenectady. Burial will be in the spring in Oakwood Cemetery in Troy.

Contributions may be made to your local council of the Boy Scouts of America, or to the Burnt Hills-Ballston Lake Education Foundation, P.O. Box 568, Burnt Hills 12027.

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FEBRUARY 5

9 A.M. - 12 NOON

R.C.S. High School Lobby

REGISTRATION FEES:

\$80 for 1st Child, \$15 for 2nd Child, \$10 for 3rd Child

NEW 5 AND 6 YEAR OLDS AND NEW FAMILIES:

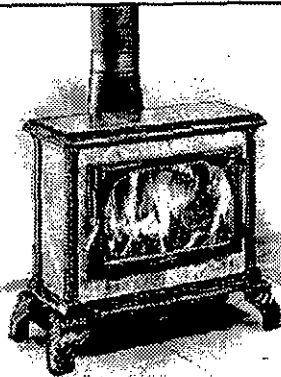
\$50 for 1st Child, \$15 for 2nd Child, \$10 for 3rd Child

Please bring original birth certificate and one copy for Hudson Valley Little League to retain in their files. Also, two proofs of residence (utility bills) are required.

For more information & schedule for tryouts call Rose Marie 756-6821

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Town of Bethlehem

Concession Stand Operation

Request for Proposal

The Town of Bethlehem invites proposals from food service vendors to operate concession stand at the Elm Avenue Park pool complex for the 2005-2007 seasons. Interested parties may receive information about the proposal and operating requirements by contacting Nan Lanahan at the Parks and Recreation Dept., 439-4131. Deadline for submitting proposals is March 15, 2005.

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Obesity

(From Page 1)

diabetic," he said. "You can't build enough hospitals to handle that big an epidemic." Nelson added that obesity and poor diet are the second major cause of cancer,

following smoking. In addition to health risks, Nelson said, children with obesity suffer numerous emotional and social ills including depression and low self-esteem. As they reach adulthood, they may be stereotyped and face rejection and discrimination. In some

cases, childhood obesity can even lead to suicide.

"Healing, however, is a real thing," Nelson said. "We want to learn to eat to live, not live to eat."

A school's mission, he said, should integrate healthy minds into healthy bodies. "Schools must teach and practice healthy behavior as well as provide healthier choices," he said. "Nutrition is a life skill that must be learned."

Among suggestions Nelson offers is conducting CVD risk factor assessments in school and having teachers eat lunch with the kids. Most of all, he urges schools to offer vending machines with healthy food and get rid of the soda and junk food.

"Some companies offer schools incentives to sell soda and junk food in the school," he said. "It's a bribe and our kids' health is being compromised."

He noted that the school system in Seattle, Wash., is

currently being sued for allowing easy access to unhealthy treats. Parents in New York state, however, need not worry about this. According to Jessica Scheckton, a communication specialist with the Bethlehem Central School District, New York state law prohibits schools from having soda and candy machines available to students on the premises. There are, however, soda machines in faculty lounges.

In addition to the junk food problem, Nelson's statistics also showed that children get too little exercise.

"Half of all children 12 to 21 do not engage in rigorous physical activity," he said. "Many physical education programs focus too heavily on developing gifted athletes for their competitive sports. Sure, gifted kids should play sports but other kids need to be included. We need to reach kids who aren't athletes."

With new government findings saying people should

devote 60 minutes to moderate to rigorous exercise daily, Hamagrael is moving forward to promote greater physical fitness.

"We started a healthy kids committee two months ago," said Chris Berschwinger, a physical education teacher at the school. He added that the school has put together a calendar listing daily exercise routines and has expanded its intramural sports offerings. For children seeking more fitness education, the school has also organized a healthy fitness club with 20 members to date.

"Dr. Nelson's talk opened my eyes and gave me new ideas," Berschwinger said.

Other schools in the district are following suit with similar programs to combat obesity and lack of fitness, according to Scheckton. Nelson also encourages parents to do their part.

"Don't be a talking head. Participate in daily physical activity with your children," he said. "Support each other in your efforts to live healthier lives." At home, parents should especially limit television time.

"Kids who watch more than five hours of television a day are likely to be obese," Nelson said.

Nelson, who frequently speaks before audiences about cardiovascular health, said he began his crusade as a result of seeing too many patients who went down the wrong path.

"Too often, nothing is done until someone is sick as hell and then we step in to fix them," he said. "Our health care system is standing on its head and we are losing the war. But, it doesn't have to be this way."

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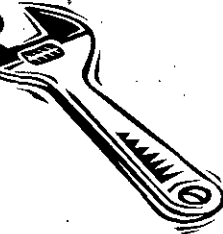
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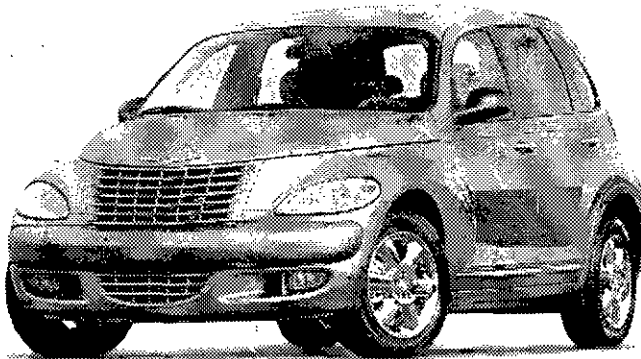
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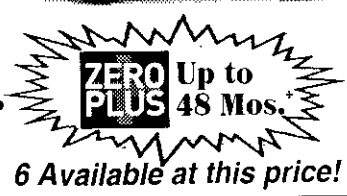
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