

**Delmar Toastmasters
make a statement**

○ See Page 3

**All's fair in
Altamont**

**Female footballers
take the field**

○ See Page 32

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The Spotlight

Serving the Towns of Bethlehem & New Scotland

Volume XLIX No. 32 75cents

August 10, 2005

RCS offers smooth transitions

By STEPHANIE LUBIS

Smoothing the transition for students entering middle school is the goal behind the Mid-Level Task Force that parents, teachers and administrators in the Ravena-Coeymans-Selkirk school district have been working on since last fall.

Studying the needs middle school students will help the district achieve its overall goal of a smaller, smoother flowing learning community.

"We began meeting last fall and began to discuss how what a smaller learning community would look like, what our middle school currently looks like and how to make it stronger," said Diane Albano, assistant superintendent for curriculum. "We would need flexibility in scheduling and community support."

The task force will be studying a few specific components. Developmental needs of middle school kids, opportunities for teachers to connect with small student groups, and establishing a timeline of when specifically to introduce certain courses is part of the research.

"This deals with questions of continuity in our curriculum, and we're already working on this," said Albano.

□ RCS/page 21

Wal-Mart crime sweep nets arrests

By STEPHANIE LUBIS

A two day internal crime sweep at Wal-Mart on Route 9W in Glenmont resulted in 10 arrests on July 29 for shoplifting, according to Bethlehem police.

The sweep was not done in conjunction with the Bethlehem Police, Lt. Thomas Heffernan said last week. Wal-Mart representatives would not comment on the arrests or the internal sting operation.

The Glenmont Wal-Mart opened for business Jan. 21, 2004. The 205,790 square foot supercenter employs approximately 450 people.

"We've never tried to target Wal-Mart or other big-box stores as 'bad' because of arrests," Heffernan said, adding that the town of Bethlehem has had about 50 arrests in the month of July, a number he said was substantial. Other arrests last month include several DWI and vandalism charges the police are currently investigating.



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UNCORKING NEW YORK

New law may help small vineyards

By GRAHAM S. PARKER

Kurt Johnston of Galway has been producing fruit and grape wines for 15 years.

He was ecstatic when Gov. George Pataki announced on July 13 that New York would rescind alcoholic beverage laws dating back to the repeal of Prohibition in 1933 that didn't allow residents to buy directly from out-of-state wineries.

The new law authorizes the direct shipment of wines into and out of the state.

However, Johnston and local retailers are still a little skeptical when legislators and state officials tell them the increased sales due to the new legislation will pave the way to a wine boom like that of California's Napa Valley.

More likely the benefit will be to the state, by regulating somewhat of a gray area when it comes to direct-to-consumer sales. However, there are benefits to local wine connoisseurs and the overall betterment to wine's popularity in the long haul, according to the New York Wine and Grape Foundation, which represents vineyards, wine manufactures and grape growers throughout the state.

The law, to take effect this Friday, Aug. 12, was the result of a U.S. Supreme Court ruling in May that

□ UNCORKING/page 22

Photos by Damian Pagano
Bryan Poole pours a glass of wine at Beff's in Delmar.

CAPITAL DISTRICT WINEMAKING

By DAMIAN PAGANO

In a few weeks, winemaker John Cameron of Gansevoort will go into the wild and pick elderberries.

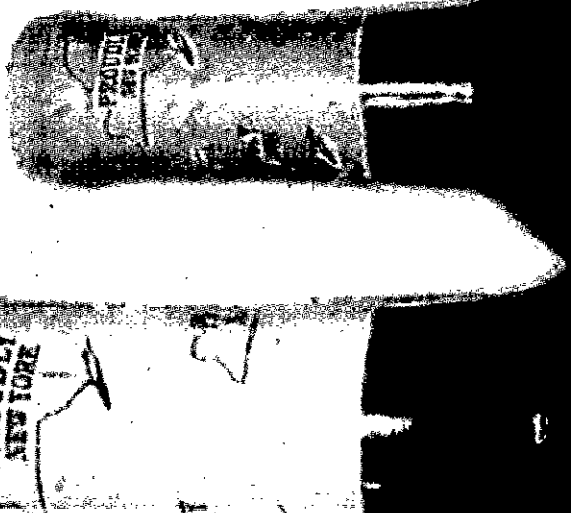
He needs 400 pounds of berries to make 150 gallons of elderberry wine but he said he knows "secret spots" in the swamps and wetlands where elderberries grow abundantly. Hot and humid weather this year should produce a bumper crop, and Cameron, who sells his wines at farmers markets, said he expects to make have enough vintage to last a few years.

"The fruit is free," he said. "You just have to go out there and pick it."

The rural hills and valleys of the Capital District are not typical wine country. Most wines are made from grapes, but the spring and summer growing seasons are short here and vines cannot survive the harsh winter.

But two local winemakers use native crops like apples, berries, peaches and cherries to make different types of wine. Cameron's Colebrook County Wines and Johnston's Winery, owned and operated by Kurt Johnston in Ballston Spa, produce several

□ WINEMAKING/page 22



Glenmont woman arrested for public lewdness

On Aug. 3, Martha Henao of 584 Route 9W in Glenmont was arrested for obstruction of governmental administration, public lewdness and DWI, police said.

Police responded to a landlord-tenant dispute. Responding officers Chad Rice, Dave Caputo and Sgt. Robert Markel spoke with

the landlord, who said Henao yelled profanities at him while making lewd sexual gestures.

Detective Theodore Wilson, a neighbor, advised the officers that Henao just pulled in driving about five minutes prior to their arrival, and said she was highly intoxicated and staggering as she

walked away from her vehicle.

When police arrived at Henao's door, she answered, screaming profanities and accusing her landlord of harassing her.

She admitted to driving the car, but said she had just poured herself a drink upon her arrival at home. She then got very irate, police said, and pushed one officer in the chest and screamed more obscenities.

Henao was placed in custody for obstruction and public lewdness, and was then transferred to the Bethlehem Police Department. Henao failed field sobriety tests and refused three times to take a chemical sobriety test. Police said she was profane while in custody and was verbally abusive to everyone.

A large bottle of vodka was secured from the vehicle and a half cup of vodka was sitting in the vehicle's cup holder, police said.

Henao was arraigned by Judge

Paul Dwyer and is due back in court on Aug. 16.

Victor DeVolder of 22 Stratton Place in Delmar was arrested on July 29 at 8:27 p.m. on charges of DWI, endangering the welfare of a child and leaving the scene of a property damage incident area on Borthwick Avenue.

Police were advised that a red pickup truck with a large white pipe on the top had struck a parked vehicle on Borthwick Avenue and continued down the road and turned on to Stratton Place. Animal Control Officer Richard Watt and Sgt. Robert Helligrass responded, and DeVolder was found in the vehicle with a child and a dog on the front lawn of 22 Stratton Place.

The responding officer detected a strong odor of alcohol on DeVolder's breath. DeVolder admitted consuming alcohol and said he left the crash because he lived around the corner.

DeVolder failed all field sobriety tests and was arrested for DWI. The child and the dog were turned over to a neighbor.

The owner of the damaged vehicle was advised of the incident. Officer Michael White-

ley contacted Child Protective Services and the case was closed by arrest.

On Aug. 5, at 12:28 a.m., police stopped Brian Pilatzke of 59 Mansion Blvd in Delmar on charges of DWI.

Sgt. James Haker observed Pilatzke traveling south on Route 9W. Another vehicle behind Pilatzke's had to swerve to avoid hitting Pilatzke because he almost stopped in the middle of the road. Pilatzke kept hitting the brakes for no apparent reason, police said, and drove over the yellow line several times while driving. He was pulled over in the area of Kenwood Avenue.

Prior to being stopped, Sgt. Haker noticed him attempting to hide or get something from between the seats, then he noticed Pilatzke place something in his mouth. After he was stopped, a strong odor of alcohol was detected.

Pilatzke failed field sobriety tests and was arrested for DWI and his vehicle was impounded. The Datamster test revealed Pilatzke to have .14 blood alcohol content. He is due in court on Aug. 16.

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Swing set



Alyson and Isaac Mandel enjoy a summer day at Ross's Snack Shack in Slingerlands.

Stephanie Lubis

Toastmasters alive and well in Bethlehem

BY STEPHANIE LUBIS

As somebody wise once said, there is a reason people have two ears and one mouth.

Learning to listen and speak effectively as well as develop leadership skills are important enough to have a club called Toastmasters, dedicated to sharpening those skills.

The Bethlehem Toastmasters Club in Delmar has become good enough in its mission that it's won the President's Distinguished Club award for the third year in a row.

"When I first heard of it, I thought it was a drinking club," said Ray Bell, founder of the Bethlehem chapter.

Bell has been a member of many chapters of the Toastmasters since 1967. The international club dedicated to effective public speaking, listening and leadership skills was actually started in California in 1924 by Ralph Smedley. Bell originally joined when prompted by one of his colleagues.

"I was a civil engineer, and I had to take an oral exam to get a promotion. I'm certain I passed because of Toastmasters," said Bell.

The local club meets twice a month, on the first and third Wednesdays. Bell started it because he enjoyed his Toastmasters experience.

"It's something I really enjoy," he said. "Every time I go to a meeting, I feel good after."

Bell attributes that positive feeling to being around positive people who are trying to improve their lives.

He describes the feeling as being lifted up, and the reason he

is still a member of Toastmasters even though he is retired from civil engineering.

Club members start with a manual of ten speeches, which get progressively more difficult.

Members begin by talking about themselves just to get used to speaking. Then the speeches get more intricate and members work on details of their speech such as voice inflection, eye contact, gestures, pauses and eliminating filler words.

"It sounds basic but you really have to work at it," said Bell. "Words like 'uh' and 'um' and 'you know', if you say them every fifth word, people are going to start listening for that and not to what you are saying."

During the speech, members use listening skills to evaluate the speaker and give feedback. For Christina VanHoesen, Toastmasters has changed her outlook.

"I joined in college because I made some really bad presentations," she said.

VanHoesen has been part of Toastmasters since 1998, and said participating in the regular competitions has helped her a great deal.

"It gave me the push I needed," she said.

Bell talks of one man who, after years of being in the club, started his own business marketing the skills he learned.

Bell said this man is at all the international competitions, selling his merchandise.

"He really made something out of his skill," said Bell. "People grow tremendously. You get out of it what you put in."

"It sounds basic but you really have to work at it. Words like 'uh' and 'um' and 'you know', if you say them every fifth word, people are going to start listening for that and not to what you are saying."

Ray Bell

RCS offers new classes in technology, lifestyles, government

By STEPHANIE LUBIS

New high school classes in living environment, advanced placement government and voice and data cabling are three of the new classes that will be featured at Ravena-Coeymans-Selkirk High School this year.

The classes are part of an initiative to offer new and divergent course options to students.

"We try to keep up, to be aware of what class offerings are hot or not," said Greg Chase, supervisor of student services for the district. "Teachers initiate course changes depending on what the students show interest in and what is going on in different fields nationally."

This year's newest choices include living environment, which is another course offering for third year level science, a state requirement.

The new course, a form of biology, offers a forensic element.

The hands-on class will focus on the relationships and interactions within major plant and animal groups.

Students will perform dissections of both native plants and animals, do field studies, compare organisms, and examine how humans affect the other living organisms around them in both positive and negative ways.

Students who choose Advanced Placement U.S. Government can earn up to three college credits, depending on which college they attend upon graduation.

The full year course explores the design of America's political system, its structure, and how individual and group interests combine, each promoting its own agenda.

"We try to keep up, to be aware of what class offerings are hot or not. Teachers initiate course changes depending on what the students show interest in and what is going on in different fields nationally."

Greg Chase

the newest offering in the technology field.

"In the realm of technology, especially, the district's interest is in providing students to get accreditation," said Chase.

The course provides life skills that they can use outside the classroom.

Students will learn how to run fiber optic, copper and other wires to connect a large number of computers and a central server in a building.

Students receive a certificate and are able to get a job directly out of high school.

The certificate is endorsed by the Communication Workers of America Union, showing that they have learned the skills required for physical cabling.

About two to four new courses are phased in each year, Chase said. The decision process takes about three years.

"We think these courses are high interest," said Chase. "They did well in the enrollments."

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Time for savoring the seasons of the sun

By KATHERINE MCCARTHY

COMMENTARY:

*Mom's
the
Word*



What do little children see when they look at the ocean? These small embodiments of innocence, beauty and possibility look practically minute when they gaze out at the pounding surf that retreats into waves that stretch to the edge of the world. There's something doubly elemental about babies and toddlers watching the source of life; it's kind of the primeval meets the possible.

Some wee ones watch the vastness of the ocean with a frown between their eyes, darting back with a screech when the water laps at their feet. Others watch with wide-eyed delight, laughing open-mouthed as mothers and fathers dangle their little feet into chill salty wetness.

When Cormac was 3, we visited family in East Hampton on Long Island, and he sat in a hole somebody else had dug and frowned at the water. It was completely contrary to his personality at the time. He was blond, apple-cheeked and had a smile and sense of adventure that made you laugh out loud. When we took him to a protected harbor, he returned to his chatty, adventurous self.

Now, at the ripe old age of 13, he loves the ocean, and it is his doing that we head to Misquamicut, Rhode Island, every summer, for a trip that became a tradition as soon as we'd done it once. We stay at the Sand Castle Inn; we eat at The Little Mermaids, a beachfront snack shack, and have dinner on the deck at Andriano's Resort Hotel so we can watch the sky change color when the sun sets.

The Sand Castle is immaculate but modest and a testament to the real estate adage, "Location, location, location." With decking in front of all the rooms and its own private beach, it can impose a two-night minimum during the week and a three-night minimum on weekends, and was full of families indulging in quick get-aways and their summer vacations.

Cormac doesn't remember why he first wanted to go to Rhode Island, but after we'd

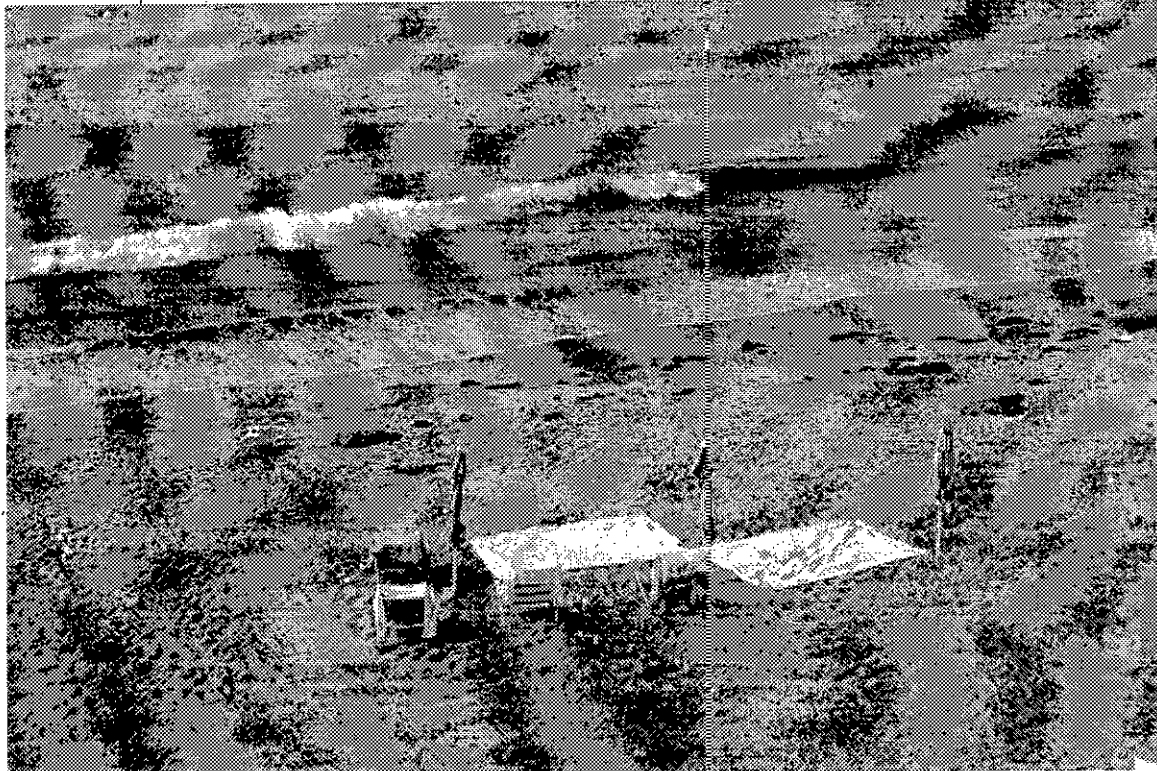
unloaded the car and gone for a walk on the beach, I was glad he had created this tradition. We arrived on a weekday after 7 p.m., when the evening surf called a few boogie boarders and some fishermen, and the water quickly dropped our body temperatures by what felt like 20 degrees.

Cumulus clouds built high and pink in the distance, and lightning flashed in the distant sky.

"Umm, guys..." I said, but my two aquatic children assured me the storm was far away. I looked at everyone else in the water and hoped that they were more savvy about the true distance of the electrical storm. The lifeguards were long gone; hopefully, some hotel manager would come and alert us all to the fact that we were, perhaps, not living up to our position at the top of the food chain by frolicking with the creatures that never made it out of the primordial soup onto land.

When we finally retreated to terra firma, we watched terns dive into the water to catch some of the water-bound creatures. Schools of fish flapped at the surface of the silt-green sea, looking like the leaves of poplar trees waving in a stiff breeze.

Few things are as magnificent as waking to the sounds of the sea. Now that both Christopher and Cormac are officially teenagers, morning is mostly notional to them, so as they slept, I slipped off to buy a newspaper from "The Beach Store" and breakfast from The Little Mermaids. For a few minutes, my world was complete: coffee, breakfast, a newspaper, seagulls crying, waves hitting the shore, and the biggest parts of my heart asleep in their beds. I laughed to see towels spread on the beach already, thinking of my well-traveled sister-in-law who shakes her head at the Germans who must get up in the middle of the night to put their towels on lounge chairs at beaches and resort pools. A Sand Castle worker raked the beach smooth,



A day at the beach: the waves await.

Katherine McCarthy

and I held off till 9 before staking out our little spot of paradise for the day.

Not that we needed it, for we only left the water long enough to get more food, build a small sandcastle compound, and catch our breath for the briefest of moments.

Although their Long Island-raised, ocean-savvy father had warned the boys of the dangers of undertows (thank you, John Irving, for always making that The Undertoad) and riptides, any Captain Safety-inspired hesitation soon faded.

In his first foray towards the water this year, Cormac put me in mind of his younger self. He didn't hide in a hole, but had to talk his way past the point where the waves break. And I mean talk, one of the things he does best these days. He talked about what it would feel like to be knocked over, about the time a boogie board pulled him under and he couldn't get back up again and he thought he'd drown, about finding the right spot to get just past the breaking wave, about being pulled out to sea, about watching the incoming waves to judge their height...Finally, I took his hand and said, "Come on, we'll do it together."

"Mom!" he said with the new,

"I'm 13, not a baby" aversion that overcomes him each time I pat him on the shoulder, put my arm around him, or - horrors - forget and hold his hand in public. But our hands stayed together till we were past the breaking point of the waves, and could float on our backs as the water rolled under us. After a while, Cormac invented a game where he stood upright, waited for the exact moment the waves would break, and jumped into them, creating the briefest illusion of flight.

Christopher, meanwhile, went for some extreme body surfing, and after making sure Cormac had the hang of his game, I grabbed a boogie board and surrendered to the pull of the ocean - probably to the great amusement of all the lithe teen-agers and young couples on shore as I hauled my middle-aged self out of the surf to do it all over again.

This has been the summer that made me realize that I may always be a mother, but my sons won't always be children. As Christopher and I stood in the water, the look on his face told me he was thinking about something.

My questions about hunger, boogie board rental concerns - all got answered in the negative. Then, duh, I realized that this 15-year-old man-child was checking

out all the flesh that the beach in summer offers. A few girls his age also boogie-boarded and body-surfed with their families. I noticed that whenever I edged away in case he wanted to talk with a girl, her father would edge that much closer. That's fine; there will be time later to let the miracles of the sea be his; for now, he seemed content to alternate covert girl-watching with the thrill of riding the waves to shore.

It fell to me then to marvel at the changes in my children who so long ago - and yet just a second ago - stood at the edge of the ocean and tap-danced at the ocean's edge, secured in my and Chris' hands.

This year, I watched to make sure that Cormac "flew" to the safety of the top of the wave, then turned to see Christopher stretch his body into Superman pose and disappear under the same breaking wave, waiting for the minute when his sleek black-haired head would emerge from the foamy brine.

The three of us would meet in the middle again, grinning at each other. Under the hot sun, we bobbed in the ocean, feeling relaxed and buoyant. I watched carefully, trying to anticipate when the next wave would carry my sons in different directions.



WEEKLY WEATHER

Chief Meteorologist Mike Bono



TIME WARNER
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Record high/low/year

AVERAGE HIGH 81° AVERAGE LOW 59°

Day	High/Year	Low/Year
Wednesday, August 10	96°/1949	48°/1955
Thursday, August 11	98°/1944	46°/1941
Friday, August 12	99°/1944	46°/1987
Saturday, August 13	98°/1947	43°/1957
Sunday, August 14	97°/1988	44°/1941
Monday, August 15	96°/1959	48°/1964
Tuesday, August 16	97°/1936	41°/1972

ANNUAL PRECIPITATION

24.86 inches as of Friday, August 5th
1.99 inches above average

This week in weather

Friday the 13th of August, 1999 was not a lucky day for many in the Capital Region. Severe thunderstorms caused extensive damage from Esperance in Schoharie County to near Troy. 80 to 100 mph winds brought trees down on houses near Duanesburg and in Colonie.

Sun & Moon

Day	Sunrise	Sunset
Wednesday	5:57am	8:04pm
Thursday	5:58am	8:02pm
Friday	5:59am	8:01pm
Saturday	6:00am	7:59pm
Sunday	6:01am	7:58pm
Monday	6:02am	7:56pm
Tuesday	6:03am	7:55pm

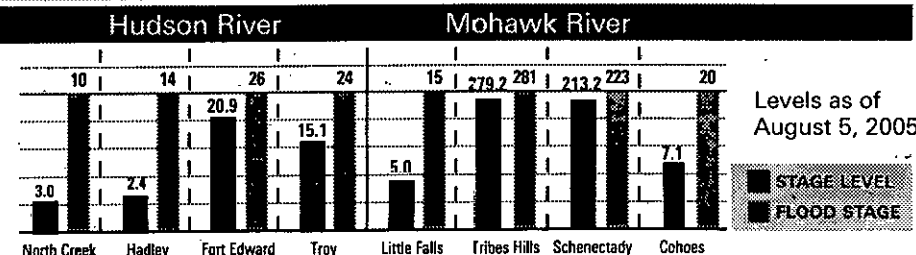
Moon Phases



Planets	When	Where
Jupiter	Evening	Low WSW
Venus	Dusk	Low, West
Mars	Morning	High, ESE

Rivers & Recreation

River Levels



Levels as of August 5, 2005

Water temp.

Lake George	78°
Bolton Landing	77°
Sacandaga Lake	77°
Saratoga Lake	78°
Jersey Shore	74°
Cape Cod	73°

Tides at Albany

Day	High	Low
Wednesday	8:47am, 9:38pm	3:42am, 4:01pm
Thursday	9:29am, 10:26pm	4:32am, 4:44pm
Friday	10:17am, 11:20pm	5:27am, 5:33pm
Saturday	11:14am, -----	6:25am, 6:27pm
Sunday	12:19am, 12:20pm	7:24am, 7:26pm
Monday	1:21am, 1:31pm	8:22am, 8:24pm
Tuesday	2:22am, 2:38pm	9:18am, 9:22pm

NYS encyclopedia here

If you're looking for the latest information on New York State's history, geography, or other topics, we've got what you need. Bethlehem Public Library is one of more than 1,000 libraries in the state to receive a free copy of *The Encyclopedia of New York State* from the publisher, Syracuse University Press.

The Encyclopedia of New York State is the most comprehensive work on the Empire State to be published since the Civil War.

In nearly 2,000 pages and more than 4,000 signed entries, this single volume captures the impressive complexity of New York State as a historic crossroads of people and ideas. It is packed with details in fields ranging from sociology and the arts to geography and history.

Editorial staff and contributors used the vast collections of the New York State Library, the New York State Museum, and the New York State Archives for much of their in-depth research and fact checking.

State Library collections and materials of particular value and interest to the encyclopedia staff included local histories, genealogies, political and government materials such as the New York Civil List, photographs from the photo collection, Native American materials, electronic databases, the complete writings of Walt Whitman, and rare books and manuscripts.

Janet M. Welch, state librarian

Check It Out Bethlehem Public Library

and assistant commissioner for libraries, is very pleased that public libraries statewide will have this invaluable resource on their shelves.

"I wish to express my sincere appreciation to Deputy Commissioner of Cultural Education Carole F. Huxley and Syracuse University Press for ensuring that copies of this unique guide will be available to all New Yorkers through local public libraries," she said.

"I also want to thank each of the public library systems for assisting with the distribution of this important new publication to member libraries."

Information on *The Encyclopedia of New York State* is available at the Web site www.syracuseuniversitypress.syr.edu/encyclopedia.

August displays

Oils and watercolors by Joan VanAlphen and acrylics by Lorraine Chesin are on display in the lobby this month, as is a collection of vintage milk bottles shared by staff member Betty Albright.

Books with puppets to match are on display in the Children's Place, from the youth services collection.

Got news or views?

The Spotlight welcomes announcements of programs or events occurring in the towns of our coverage area.

All announcements should include the date, time, location and cost (if any) of the event, along with contact information. Announcements are published space and time permitting.

Submissions can be faxed to 439-0609, e-mailed to spotnews@nycap.rr.com, or mailed to P.O. Box 100, Delmar, 12054.

The deadline for all editorial copy is noon on the Friday prior to publication.

The Spotlight also welcome letters from readers on subjects of local and regional interest. Letters are subject to editing for fairness, style and length.

All letters must include the writer's name, address and a daytime telephone number for verification.

Unsigned letters receive no consideration. All letters that are published must carry the writer's signature.

The Spotlight also welcomes longer opinion pieces for the Point of View section. Generally, Point of View columns are 1,200 words.

For information about submitting a Point of View, contact Susan Graves at 439-4949 or graves@nycap.rr.com.

Five Rivers expands upcoming activities at fall festival

The Five Rivers Fall Festival has been scheduled for Saturday, Sept. 17, rain or shine, from noon to 4 p.m.

The festival will be held at the Five Rivers Environmental Education Center at 56 Game Farm Road, off of Delaware Avenue in Delmar.

This year's festival has new additions, including a crafts area, guided walks, enviroscape demonstrations and tree identification. Also scheduled are old favorites, including the tough aquarium, exhibits, music, a silent auction, an insect safari, gardening tips, birds of prey and a book and basket sale.

Parking and admission are free.

For information, call 475-0291.

Village of Ravena Friendship Festival set for end of August

After a six-year absence, the Village of Ravena has reinstated the Friendship Festival that was once a cornerstone of community involvement. It's been scheduled for Saturday, Aug. 27.

This, the 18th Friendship Festival, will include a fireworks display by the owner of Empire State Fireworks, the provider of the display that's been at the Empire State Plaza on the Fourth of July for 27 years.

Other activities include car-

nival rides and music.

The Neil Brown Trio will play from noon until 2 p.m. Skip Parson's Jazz Ensemble will play from 2 until 4 p.m.

The Charlie Smith Blues Band will play from 6:30 until 8:30 p.m. Ed Fitzpatrick will present karaoke from noon until 4 p.m. Face painting, balloon animals and piñata games will be available for children from 2 to 7 p.m.

Displays and demonstrations will go on throughout the day, by

outfits such as Burns' Antique Machinery, Downes Racing Team cars, the Albany County Sheriff's Department K-9 unit and the New York State Police. LaFarge Cement will sponsor a rock climbing wall. The Ravena Hose Company will host casino games all day Saturday. Food and craft vendors will line the street through Mosher Park.

Interested vendors may still reserve a spot by calling 756-8933, Monday through Friday, from 9 a.m. until 4 p.m.



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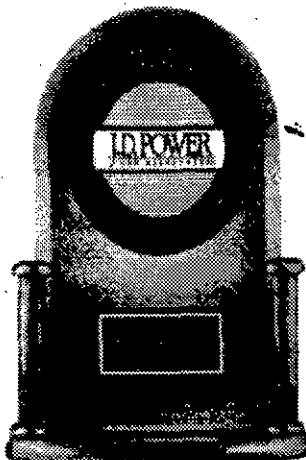
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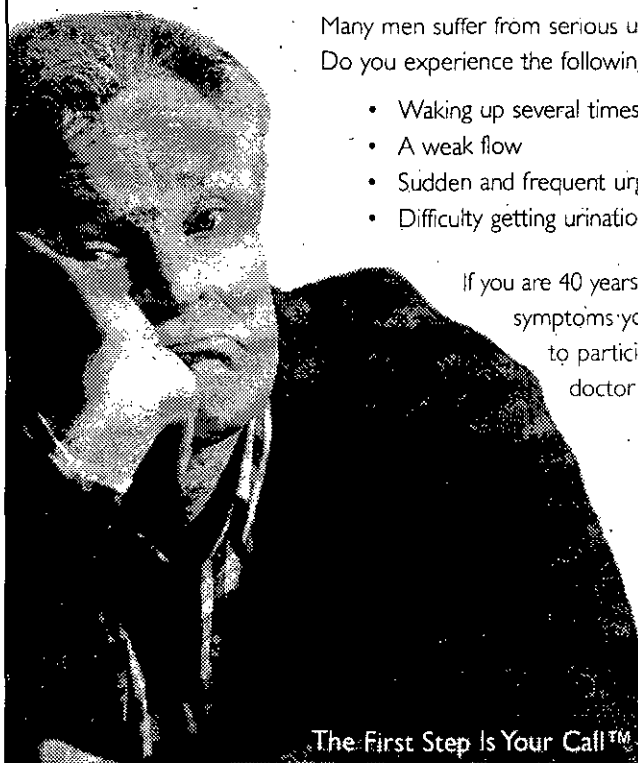
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Matters of Opinion

Shame

Sadly, it seems sex has put Albany on the media's national map. And all allegedly because of a woman, who took advantage of some of her male students at a highly regarded Catholic school for boys. The local daily newspaper, the *Times Union*, didn't run the story in Friday's paper on an outside page, where important stories are usually placed, and that's to the paper's credit and good judgment. Our Colonie and Loudonville editions ran the story on page 1 on Aug. 3, but the story did not run in our nine other local editions.

So we wonder, why is this story such a splash on TV shows like "Good Morning America?" And one station allegedly tried to even use money to gain access to one of the boys involved. What gives?

The case, alas, gives credence to media critics, who already think no one in the media should be trusted.

The fact that this case is getting more than its fair share of coverage points to our deep-rooted Puritanical values. Since Nathaniel Hawthorne's *Scarlet Letter*, it is the woman who is chastised by society, forced to wear the A for "adulteress."

Men's indiscretions apparently don't carry the stigma of women's.

For years, the Catholic church covered up for pedophile priests before beginning to address the problem of pedophilia in the clergy. The church only relatively recently began to actually remove pedophiles, rather than simply move them from parish to parish. Media attention helped bring those cases to light, but even those stories did not get as much attention as the current sex case.

If this woman is prosecuted, how much more damage will the boys endure and the woman's own children and family face?

The damage is already done. The woman's career and private life will never be the same.

We hope in the interest of fairness the case is pleaded down so the boys won't have to go public, which will only serve to churn out more media frenzy. The general public doesn't need to know who these boys are, and with all that's happened, it's likely already a source of embarrassment to the boys to say the least.

We do not mean to excuse this modern day woman for her transgressions, but enough is enough.

It's become a spectacle, a media circus, totally unworthy of the attention it has and still is getting.

With all the turmoil in this country and the world, the last thing we need is a sex-crazed media savoring every minute detail of the case.

Editorial

Jamboree was big thrill for Scout

By SHANE WHALEN

The writer, a Schenectady resident, is a member of Boy Scout Troop 54.

This summer I had the privilege of attending the National Boy Scout Jamboree from July 25 to Aug. 3 Fort A.P. Hill, Va, after being selected from thousands of applicants. The rest of my troop and I got to experience many unique activities while representing the Capital District amongst the other attendees, which numbered at roughly 40,000. Boy Scouts from all over the country, including Alaska.

The boys gathered for this 10-day event, as well as Scouts from other countries such as Britain, China, Puerto Rico, and Trinidad.

This is also impressive because this enormous gathering only happens once every 4 years.

Some people say getting there is half the fun, and for once they were right (anyone who's ever been RV-ing knows why this usually isn't true). On the 3-day trip down my troop and the three others traveling with us, for a total of 160 local Scouts, stopped for a day at Hershey Park, Pa. I personally rode all but one of the roller coasters, with the "Storm-runner" as the crowd favorite.

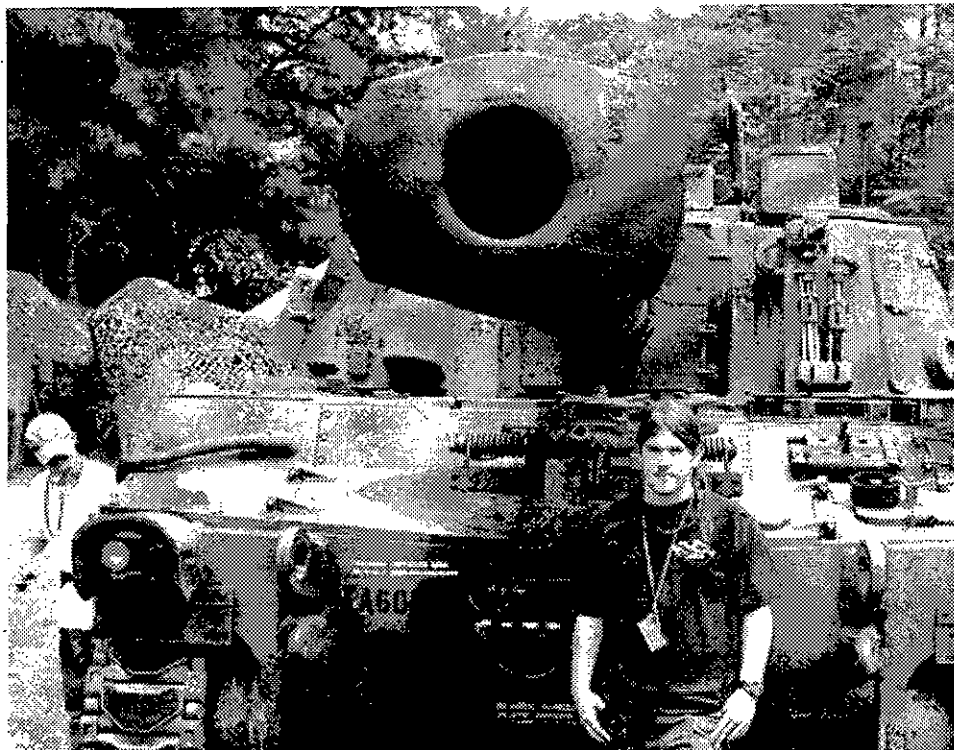
Adrenaline junkies looking for a new coaster to try shouldn't pass up this opportunity for anything (nor should anyone else).

The weather worked as a foil to prove how much fun the trip really was by assuring us that we could still have a good time

despite lightning storms and blistering heat, with the highest temperature for the first week at 119 degrees, which is absolutely unheard of in our home state of New York. This heat led to an increase in the popularity in water activities such as swimming, SCUBA diving, and merely showering among those who dared to make the trip out of the shade. Fortunately for those of us used to a daytime high of 70 (a

surplus patches and patch sets with other troops. Think back to Pokemon cards, only with 40,000 or more people trading at once. Some people came looking forward to this, and others only discovered it for the first time. Even I managed to trade for a few new patches from places such as Illinois, Connecticut, and California.

Outside of the daily activities there are sometimes specially



Shane Whalen at the Boy Scout Jamboree.

nighttime low at the Jamboree), the air soon cooled down to a comfortable (sort of) 80.

On the plus side the entertainment value of the activities outweighed the misfortune of oppressive weather. All day Scouts were entertained by various physical activities such as archery, sailing, and mountain boarding (think snow boarding without the snow). I myself spent two days at the Army Action Area, where the military members stationed at the fort set up exhibits to display the latest military vehicles, weapons, and technology, such as rocket launchers and a medical trading dummy that makes a Resuscitation Annie look like a child's toy. There were also promotional giveaways such as hats, video games, and a patch for those who visited every exhibit.

Speaking of patches, this brings me to one of the most popular and unusual activities at the Jamboree: patch trading. Each troop designs their own shoulder patch for their uniforms at the Jamboree, and can trade

planned events on certain days. A few are a powwow for the Order of the Arrow (the Honor Campers' Society of the Boy Scouts) and a visit from Senate Majority Leader William Frist, R-Tennessee, where he spoke about a bill that was passed to allow military support for the Scouts (so we can have events such as the Jamboree). But easily the most anticipated show was a visit from President George W. Bush himself on Sunday, July 31.

Overall the Boy Scout Jamboree, I would have to say, was a huge success, even after the first full one 68 years ago. And since I am only 15, I have the opportunity to attend again as an adult. I wouldn't have minded cooler temperatures, but I enjoyed the various activities immensely and got a chance to make new friends that are also interested in Scouting and to hang out with many of the ones I already had. I feel that this alone is a good enough reason for boys to consider involvement in Boy Scouting (or girls, who can join Venture groups).

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Letters policy

The Spotlight welcomes letters from readers on subjects of local and regional interest. Letters are subject to editing style and length.

All letters must include the writer's name, address and phone number.

Unsigned letters receive no consideration.

All letters that are published must carry a signature.

The deadline for submitting letters is Friday at noon.

Write to Letters to the Editor, *The Spotlight*, 125 Adams St., Delmar 12054. Letters may be faxed to 439-0609 or e-mailed to spotnews@nycap.rr.com.

Matters of Opinion

Energy Center welcomes comments

Editor, The Spotlight:

PSEG Power New York, owner of the Bethlehem Energy Center, is proud to be a part of the Bethlehem community.

We wish to thank all who assisted in the construction of our new facility and we appreciate the cooperation of those who may have been inconvenienced during the three-year construction process.

We were, therefore, dismayed to learn in a recent Spotlight letter-to-the editor that some local residents have expressed concerns about noise from the new facility.

First, we wish to assure our neighbors that our goal is to be as unobtrusive as possible.

There are, in fact, noise standards for which the facility is permitted, designed, and is operating.

There are many added

features incorporated into the BEC facility designed to minimize noise and meet or exceed the noise permit criteria.

The power generating equipment is fully enclosed in a sound attenuating building to achieve the lowest possible noise levels at our property line.

During the early spring of this year, the facility was undergoing initial system cleaning and testing for several weeks.

Prior to conducting this testing we published a notice in *The Spotlight* to provide town residents with advance notice. That phase of commissioning the new plant required steam releases to the atmosphere for an extended period.

These releases were routed through a sound muffler; however, a visible steam plume and low frequency noise may have been apparent to neighbors

off site.

This testing and system cleaning is now complete, and the facility is in full commercial operation.

The plant has equipment in place to quiet the rare steam release that may occur during ongoing operation.

During the spring testing period, a telephone number and email address were published to enable residents to contact Bethlehem Energy Center with questions and concerns.

Both the telephone number and email remain in service. We may be contacted at 436-5043 or via email at pseg.powerny@pseg.com.

We welcome input from our neighbors and look forward to continuing as a member of the community.

Dan Nugent

Production Manager
Bethlehem Energy Center

Group solicits schools supplies for needy

Editor, The Spotlight:

Last year, thanks to the wonderful support of both *The Spotlight* and the Bethlehem community, our school supply collection made it possible for more than 200 children to start their school year with backpacks filled with supplies that they otherwise would not have had!

This year we are once again asking for your help.

Hamagrael Elementary School is again working with other Bethlehem schools (St. Thomas, Elsmere, Glenmont elementary schools and Bethlehem Middle School) to provide new and used backpacks to many children living in our area.

We are hoping to exceed last year's donation of 200 backpacks and supplies to children living in poverty.

September, for most of our children, means shiny new rulers, freshly sharpened pencils, clean unused folders and a backpack to put it all in.

Unfortunately, for many families, that daunting school supply list is beyond their financial means.

School supplies are not covered by food stamps and are not typically carried in soup kitchens.

Anyone who can remember how good it felt to open that new pencil case or crack open that clean notebook can imagine how hard it would be to go to school without any school supplies of your own.

For many of these kids, a backpack of their own with all new school supplies is a huge boost to their self-esteem and it is a tremendous financial help to their parents.

We are supporting several programs in the Arbor Hill area as well as many families in Bethlehem and Rensselaer.

Due to the success of our program last year, we have been contacted by additional organizations and groups

representing children in need.

Thus, our demand is higher than ever.

We are encouraging families to "adopt" a child, purchase a new backpack and a few school supplies.

Used backpacks in good to excellent condition are also welcome.

A simple pack of pencils can also make a difference - no donation is too small.

We also hope that some local businesses will join in and "adopt" a child or two for the school year. It's so easy to make a huge difference in the life of a child.

Suggested supplies for a backpack include: one box of crayons, one package of pencils, one pair of scissors, three

notebooks, one pencil box, one glue stick, one package of markers, one package of lined paper, three two-pocket folders, one ruler - and anything else you would like to include. No donation is too small, even a few notebooks or a box of crayons would be wonderful!

We will be placing a box at the Bethlehem Town Hall for any and all donations through the Labor Day weekend.

After the donations are collected, our elementary school children get together to sort and stuff the packs.

It is wonderful to live in a community that is so giving and that has so many caring and involved children who are truly making a difference in the world.

Leona Kassoff
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Spotlight Newspapers welcomes announcements of programs or events occurring in the towns of our coverage area.

All announcements should include the date, time, location and cost (if any) of the event, along with contact information. Announcements are published space and time permitting.

Submissions can be faxed to 439-0609, e-mailed to spotnews@nycap.rr.com, or mailed to P.O. Box 100, Delmar, 12054.

The deadline for all editorial copy is noon on the Friday prior to publication.

Spotlight Newspapers also welcome letters from readers on subjects of local and regional interest. Letters are subject to editing for fairness, style and length.

All letters must include the writer's name, address and a daytime telephone number for verification.

Unsigned letters receive no consideration. All letters that are published must carry the writer's signature.

Spotlight Newspapers also welcomes longer opinion pieces for the Point of View section. Generally, Point of View columns are 1,200 words.

For information on submitting a Point of View, contact Susan Graves at 439-4949 or gravess@nycap.rr.com.

Are You a Witness?

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Track's best culinary bet has international flair

BY DAMIAN PAGANO

Peter Vangarderden of Glens Falls, a security guard who works at the Saratoga Racecourse, was well into a dish of beans, rice and beef on July 30 when he recalled the first time he found 'the kitchen.'

It was last year, he said, and he was working as a parking attendant at the free public lot near the backstretch workers' recreation center on Union Avenue.

At about 11 a.m. one day he said he smelled "a great fragrance" wafting through the air.

Vangarderden and his co-workers traced the smell to a small and tidy wooden outbuilding behind the recreation hall. There, they found a lunch counter filled with piping hot trays of authentic Mexican food attended by two smiling women who did not speak English.



Photo by Damian Pagano

referred to on the backstretch as "the kitchen."

The kitchen has no formal name and no frills. Trays of food are not labeled and there is no menu for people who do not speak Spanish.

If you want to order something, but cannot articulate it, you just point and nod. The food, and a lot of it, is placed in a simple foil dish. The price is fixed at \$5.95.

The kitchen is one of four ethnic lunch cantinas located on the racecourse grounds, but it is the only one that is open to the general public, according to Nick Caras, a New York Racing Association human resources agent who spends much of his worktime on the predominantly Latino backstretch.

The other cantinas are located in private sections of the backstretch, near the workers' housing.

Although the kitchen is open to the general public, there are no directional signs or advertisements to reveal its location.

People learn about it through word of mouth or by the aroma when they walk past it on their way to the racecourse gate.

The lack of advertising has not hurt business and Caras said he has seen lines of people 50-deep waiting to buy food there.

Most customers are track workers, but the kitchen draws a steady contingent of racecourse patrons.

"There are people who wait for it to open," Caras said. "There's enough business there. They don't need to advertise."

Through a translator, kitchen cook Esperanza Garcia said she starts her day at about 5 a.m. and cooks until about 11.

She always makes rice (arroz) and beans (frijoles), but varies the way she prepares chicken, beef and pork.

Sometimes she serves them with tacos, other times she serves them with chilaquiles, which are fried tortillas. To prepare patas de puerco, she cooks the meat for about one hour with chili pasilla, an authentic Mexican spice.

When asked if the kitchen was busy, Garcia smiled.

"Mucho," she said.

Parking attendant Tim Gregorio, who is from Glens Falls and a student at Rensselaer Polytechnic Institute in Troy, said food in the kitchen is probably the best deal available at the track. For about \$6, he said he gets enough for two meals.

That saves him from having to bring his lunch everyday or spending money at trackside concession stands.

"You can't beat it. For six bucks you get all this," he said and gestured to a full plate of beans, rice and chicken. "At the track, six bucks might get you a slice of bread and a cup of water."

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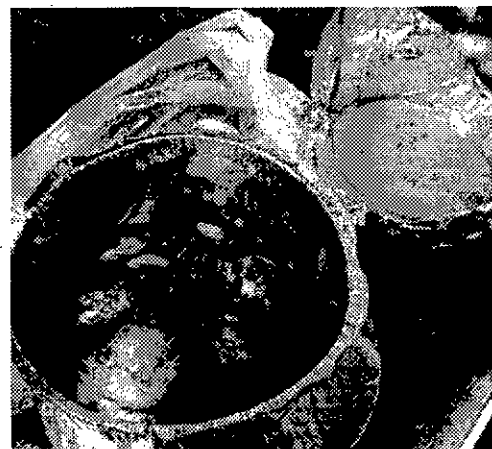
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Vangarderden and his co-workers placed orders for lunch, although they were not sure what they were getting. It was only after closer examination with a knife and fork that he realized that the meat on his plate was "patas de puerco" — pigs feet.

"The first time you see them you wonder, how can anybody eat them? The skin looks like a football," he said. "But you try them and they're delicious."

Patatas de puerco is just one of the authentic ethnic meals prepared by workers in the small

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Soldiering On

BY DAMIAN PAGANO

William Ferguson Imrie, a master of his craft, lives now in a specialized hospital for Alzheimer's patients.

It was a gradual decline into the grasp of that disease which took him from his Saratoga Soldier Shop — the studio and small store in the Ballston Spa Industrial Park that he operated for most of his life with his wife Helen and partner, the late Clyde Risley.

Imrie, now 75, can no longer comprehend details and does not recognize photographs of the miniature sculptures he created.

"It's very sad," Helen Imrie said. "We knew he was slipping when he started to tell customers that he fought in the Revolutionary War."

The firm of Imrie and Risley designs and manufactures museum-grade pewter figurines. It has made many thousands of them for private collectors, museums, and royalty.

During his long career, Imrie created a 4-inch tall figurine of explorer Samuel de Champlain for Princess Beatrix of the Netherlands, and received a commission from the Franklin Mint to craft 13 figures in honor of America's bi-centennial.

A French charge d'affaires once visited his shop to buy a figurine, and the Russian consulate in Washington subscribed to a quarterly military history magazine the company briefly published.

"When he was at his peak, he was very, very good," said David Sullivan, the administrator of the Company of Military Historians, a national organization of which Imrie was a fellow in good standing. "He was highly respected as a military historian and an artist."

Helen Imrie opens the Saratoga Soldier Shop on Tuesdays and Thursdays, and she opens the store for special appointments. Business has declined since her husband took ill — not that the shop ever really bustled with customers. It was a niche business in which her husband quietly built an international reputation as an artist and historian.

As a boy, Imrie made small figurines to embellish the model boats he built. He stayed with the hobby and, as a young man, created a series of toy soldiers to sell in J.J. Newberry's, the now-defunct five and dime store for which his father worked.

He also sold custom-made figurines at Polk's Hobby Store on 5th Avenue in Manhattan and eventually opened his own shop in Greenwich Village.

One day at the store in Greenwich Village, his wife recalled, Imrie got 18 visitors and decided that was too much of a distraction.

Combined with the increased cost of taxes and rent in the city and on Long Island, where the couple had a home, Imrie decided

to move upstate where land was cheap and the living quiet.

Off the beaten path, Saratoga Soldier Shop has never had much foot traffic. It has always done most of its business via mail and telephone orders, which suited Imrie — a quiet and studious man who preferred to work uninterrupted.

Before the onset of Alzheimer's Disease, Imrie was a dedicated researcher of military history. He often woke up at 2 a.m. and spent time reading books.

He learned as much as he could about the uniforms, equipment and military color schemes used by soldiers in the Napoleonic Wars, the American Revolution and the Civil War. He incorporated those details into his original figurines.

His specialty was 54 mm (2 1/2 inch) miniature soldiers, although he and his wife together also made figurines inspired by characters from literary fiction.

The Imries cast their figures at the rear of the shop using rubber jewelers' molds and smelted pewter. Helen Imrie still works in the smelting room when she needs to fill a new order.

"His castings are beautiful," said Susan Leicht, a professional figurine painter from Holbrook whose business grew out of the hobby about 18 years ago. "Very rarely do I see figures that equal his in quality. They look like real people."

On a shelf in Imrie's former office, several 2 1/2 inch tall pewter Scotsmen are dressed for war. Their painted faces are weathered and tan and some of



Helen Imrie holds one of her husband's figurines, a cavalry soldier.

them have piercing blue eyes.

Their kilts, and even their socks, are painted in the colors of the Gordon Highlanders — a British Army regiment that former prime Minister Winston Churchill called "the greatest regiment that ever was."

The figurines are part of

Imrie's private collections and not for sale. Also in reserve is a copy of the figure he made for Princess Beatrix.

Helen Imrie said she and her husband have two daughters who are not interested in running the business.

She has carried on to help pay

the cost of her husband's medical care. Though she has scaled back her work in the shop, she still makes new figures from her husband's molds and plans to open the shop every day during the month of August.

"It's hard, but I'll keep trying," she said. "That's what you have to do."

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Cool ideas for saving energy this summer



Electricity demand in New York State continues to grow. Once again this summer, when hot weather places even greater demand on New York's electric grid, supplies may be tight, especially in New York City and Long Island. Statewide, the New York Independent System Operator (ISO) forecasts that we should have enough electricity to meet demand. It projects that New York's 2005 peak demand will be 31,962 Megawatts (MW), 162 MW higher than last summer. Add to that number 5,753 MW of reserve power, and the total need is 37,715 MW.

In the past few years, new generating plants have come on line, improvements to older plants have been made and demand reduction programs are helping meet the need. But if we have a prolonged heat wave, the margin between peak demand and available supply may tighten.

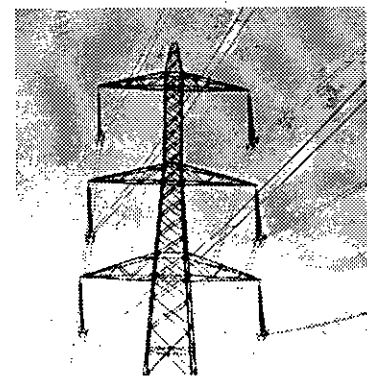
What to expect

This summer, you may be asked to help ensure the reliability and availability of electricity by conserving energy. Your efforts can make a big contribution to the plans of utilities and large-use customers that go into effect during a heat wave. If everyone reduces the amount of electricity they use just a little, it can make a big difference.

Adequate supply and reliability

On an extremely hot day, New York's electric utilities may take steps to maintain system reliability. Utilities may:

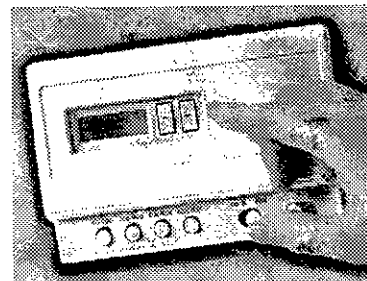
- Issue public appeals to residential customers on the radio and TV.
- Ask large customers to reduce their consumption.
- Ask customers to voluntarily reduce consumption.



What you should do

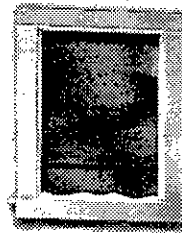
By using electricity wisely, you can conserve energy, ensure an adequate supply for everyone, and lower your bills.

- Use major appliances early or late in the day.
- Turn off your air conditioner when you leave home, set the thermostat at 78 degrees or run it on low.



- Use an electric fan to bring in cool air from outside during morning or evening.

- Close curtains or blinds during the day to block out heat from the sunlight.



- Shop for the ENERGY STAR® symbol for energy efficiency when you're in the market for a new air conditioner or major appliances.

Protect your appliances

Using dedicated surge protectors can help protect your appliances from power surges. In the event of a power outage or voltage reduction:

- Disconnect your personal computer, VCR, DVD, TV, microwave and stereo.
- Turn off other appliances that were on to prevent blowing fuses or tripping circuit breakers when power is restored.

Protect yourself

To protect your health and safety when your electricity goes out:

- Check to see if your neighbors have power.
- Notify your utility of the outage.
- Keep a battery-powered radio, flashlight and batteries on hand.
- Have at least one phone in your house that does not require household electricity.
- Have a list of emergency numbers available.
- Keep refrigerator and freezer doors closed as much as possible.

- Register special needs customers with their utility so they receive priority attention.
- Follow all safety precautions for operating portable generators.

During an energy alert, your actions may help maintain the system. If an energy alert is announced, make every effort to reduce your electricity use. Turn off



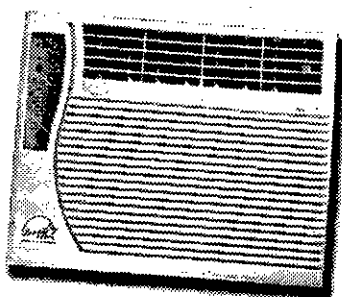
all non-essential electrical devices, lights and appliances.

For more information, contact the New York State Energy Research and Development Authority (NYSERDA) at 1-877-NY-SMART (1-877-697-6278) or www.GetEnergySmart.org, the New York State Public Service Commission at 1-888-Ask-PSC1 (1-888-275-7721) or www.AskPSC.com or your local utility.

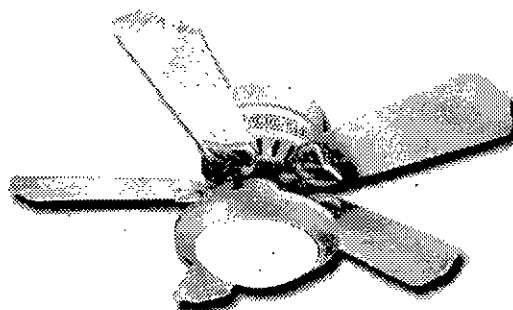
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Razzle-dazzle 'Em! in Williamstown

By W.K. AARON

"A weekend in the country is delightful if it's planned" go the lyrics from the Sondheim musical "A Little Night Music." Take a cue from Mr. Sondheim and head for the country...or into the mountains...to the Williamstown Theatre Festival's latest production, "On the Razzle." The spectacular new theater complex was inaugurated this season on the Williams College campus, in Williamstown, Mass.

The Main Stage holds just over 550 seats set up in a fairly tight semicircle. Two balconies allow the audience members to not only view the performance but also to see one another, adding a great sense of intimacy to the performance. Decorated in natural cherry wood, the theater is light

and airy with great unobstructed sight lines. The new theater complex was constructed next to and incorporates the old Adams Memorial Theatre; it's been entirely remodeled for its new life as the Nikos Stage. The effect as one enters the new complex is at once inviting, cozy and very professional.

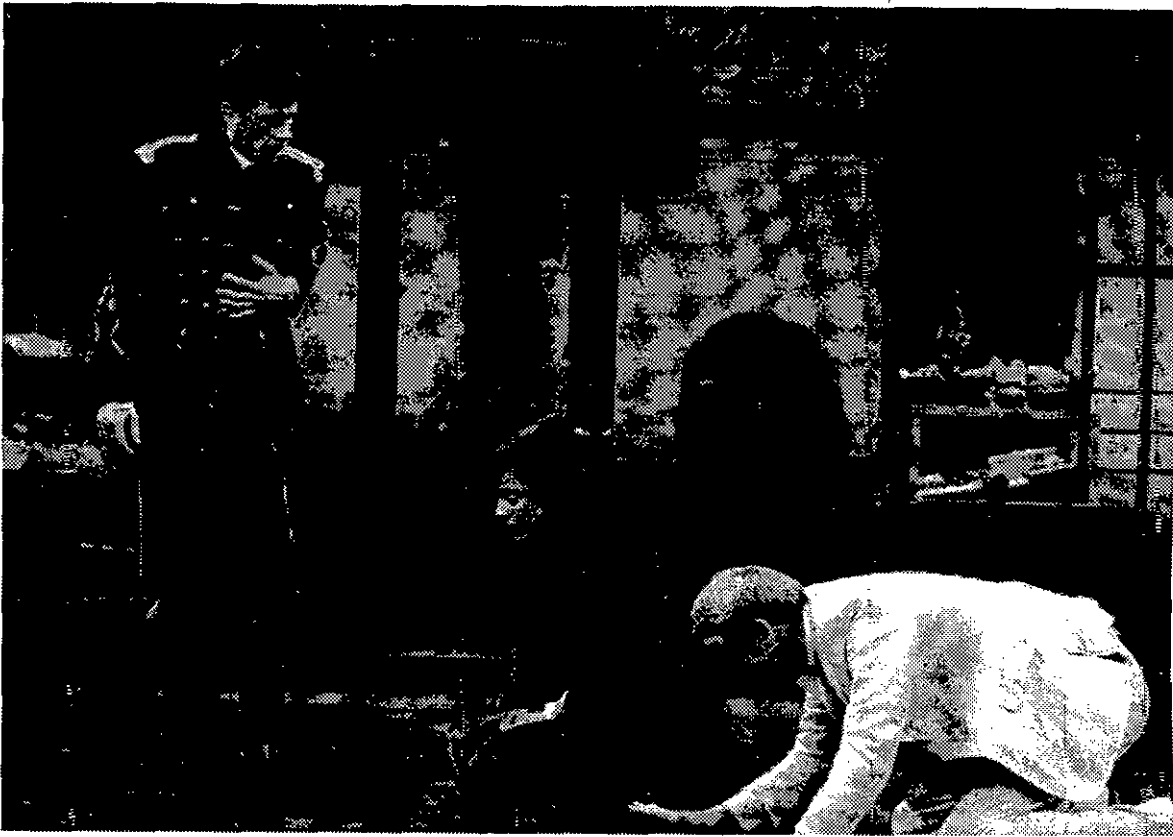
The current production is an ambitious mounting of Tony and Academy Award winner Tom Stoppard's "On the Razzle." Stoppard, author of "Rosencrantz and Guildenstern are Dead" "Travesties," and the screenplay for "Shakespeare in Love" shines in this loose adaptation of Johann Nestroy's 19th-century farce "Einen Jux will er sich machen" which was also the basis for Thornton Wilder's "The Matchmaker" and later the Broadway

musical "Hello Dolly."

The play centers on the adventures of two store clerks who head for the big city, in this case, Vienna, while their boss is away. It's filled with mistaken identities, malapropisms and Stoppard's wonderfully honed word play. Therein lie the similarities to Wilder's play and its successors.

Michael McKean, probably best known as television's Lenny of Lenny and Squiggy fame on "Laverne and Shirley," and performances in "This is Spinal Tap" and "Best of Show" handles the role of Zangler, the shop-

□ RAZZLE/page 12



Michael McKean and Cynthia Mace in "On the Razzle" at the Williamstown Theatre Festival. Above, Robert Stanton, Amber Voiles and Corey Brill get caught up in an identity search.

What: On the Razzle

Where: Williamstown Theatre Festival
Route 2
Williamstown, Mass.

When: Through Aug. 14

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Razzle

(From Page 11)

keeper, masterfully. His ability to deliver all of the words crammed into the dialogue that Stoppard provides is a testament to his acting prowess. He even added a Stoppard-ism of his own at Saturday's matinee by calling out the cue for a missed entrance, "enter," which was followed by a knock on the door. McKean then turned to the audience and announced "that's better, enter!"

McKean moves the action of the play, directed by former artistic director of the Royal Shakespeare Company, David Jones. Jones tries to keep things moving at a fast clip, yet occasionally the clip is lost. Cory Brill and John Lavelle do an acceptable job in the roles of the store clerks, but occasionally seem lost in the script itself, missing some of the more subtle elements presented in Stoppard's

writing. The large cast, over 40 in number, mill about the stage with ease, though not always with a sense of reason.

Aasif Mandvi as Zangler's butler, Melchior, is a delight. His timing is impeccable and he is able to capture the nuance that Stoppard and Jones are looking for. Kevin McClarnon as the randy coachman and Lightning, the vaudeville horse, are perfect in lightening up the action just at a time when it might be slowing down.

The ladies of the cast, Margaret Colin and Cynthia Mace, act as foils to the gentlemen. They do it with polish and style. Brenda Wehle and Sandra Shipley are a joy each time they appear on the stage.

Ilona Somogyi's costumes are a fine accompaniment to the play. Neil Patel's set design is light and airy. The latticework proscenium as well as the allusions of the store, restaurant and coat shop allow us to complete the thoughts that he creates, with our own vision. On Saturday, the absence of a single piece of furniture which was the focus of one set, was glaringly obvious when the action returned to that set.

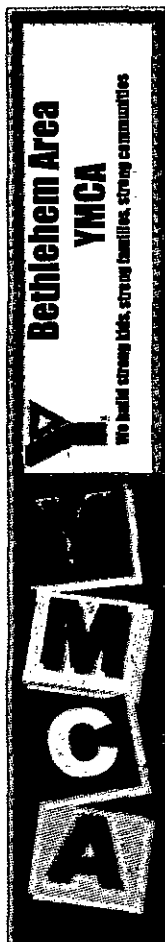
It was a pleasant afternoon in the mountains, as a trip to Williamstown almost always is. The show was lighthearted, laugh-filled and while not a perfect day at the theater, certainly an enjoyable one.

"On the Razzle" is playing through Aug. 14. For ticket information or reservations, call 413-597-3400 or visit the Web site, www.WTFestival.org.



Top left, Margaret Colin, Michael McKean, Cynthia Mace and Brenda Wehle discuss what is to be done.

Left, Brenda Wehle has a conversation with John Lavelle in "On the Razzle."



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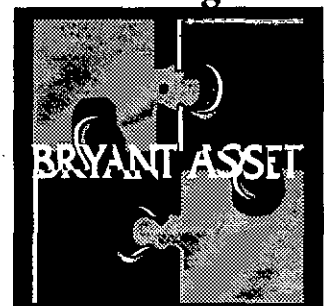
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Board names Salerno to head Altamont police

By JAMES CUOZZO

Anthony Salerno, a 20-year veteran of the Albany City Police Department, has been selected as the new commissioner of public safety in the village of Altamont.

The village board unanimously approved the choice of its police recruitment committee. The action follows a report from a board committee that recommended substantial changes in village police conduct.

Salerno lives in Altamont with his wife and two children and will receive \$40,500 annually for the part-time position that has been vacant for the past three and a half months.

"I feel it's a privilege. I've always exhibited fairness and I think the people of Altamont know that and I think that's why I got the majority of support from the local residents who feel they want someone they can talk to," Salerno said.

"We were impressed by Mr. Salerno's performance in the process primarily because of his absolute dedication to policing and community involvement," said Mayor James Gaughan. Village trustees also offered praise for Salerno. "The presentation Mr. Salerno made was very detailed by way of structure

and record-keeping. He was very strong in that respect," said trustee Harvey Vlahos.

"I'm excited and confident about the selection we made this evening. It's a great appointment," said trustee Kerry Dineen.

Salerno said his primary function will be to restructure the police department.

"I want to do that with an open mind, and I want to take a strong emphasis on community policing. We want to get the people involved to understand the reasons—the way police do things. Their participation in trying to develop programs to exhibit a safe environment for the neighborhood is important," said Salerno.

He added that there are a lot of good officers in the police department. It is too early, he said, to decide if more officers are needed for the village. As public safety commissioner, Salerno will also oversee safety issues at any major events and assist the village fire chief and rescue squads when needed.

The village board also set a public hearing for Sept. 6 to discuss the possibility of a moratorium on any new subdivision development for a one-year period. Trustee Dean Whalen said the allocation of

water resources is the reason why the public hearing is being considered.

Once again the board addressed the village's water issues.

The board went into executive session to discuss the possibility of hiring a bond counsel for the village. When they came out of that meeting Roemer, Wallins, and Minneaux had been hired to work out the legalities of borrowing up to \$1.4 million on the village groundwater development project.

The project has received a lot of media attention in the last several weeks because of a pending lawsuit in State Supreme Court. Michael and Nancy Trumpler own several acres of land on Brandle Road, which the village signed an option on last year with plans to drill wells for the water-strapped village. The Trumplers dispute the option, which they say the village obtained unfairly.

Mayor Gaughan said the whole situation is frustrating and sad because the village needs another water supply.

"This is really having an effect on the overall welfare of the village. We need to have an additional water source, and this is putting us in a position that is tenuous at best," Gaughan said.

He explained that while capacity is not at a crisis point, the current system does not have a lot of backup in the case of mechanical failure.

In addition, the legal costs are mounting. The village has already invested over \$136,000 on the water project since last year, and legal fees are increasing. Efforts are apparently underway to renegotiate and settle any differences of opinion, Gaughan added, but that also has hit a snag.

"I, as mayor, am willing to drop everything in ten minutes to talk with the Trumplers but their lawyer is having difficulties setting ground rules for discussion," he said.

Meanwhile, Attorney Michael Englert who represents the Trumplers filed discovery papers in court July 29th to challenge the validity of the agreement with the village. The village now has 14 days to respond and the court will have another 60 days following to review and render a decision.

In other business, the board reviewed a request to provide water and sewer for a new four-lot subdivision at 6420 Gun Club Road. The Board decided it would provide sewer hookup only to the four two-acre parcels at a tap fee of \$5000 each to the developer Daniel Rucinski. The lots are located in the town of Guilderland.

Bethlehem Network Project offers brochure to guide students who want to volunteer

Bethlehem Networks Project has developed a Student Guide to Volunteer Opportunities brochure.

Bethlehem Networks Project suggests to children that they volunteer during the summer months, either by working with children, helping in an office or working with animals. Volunteer-

ing can result in new friendships and relationships while making a difference in someone's life.

The project's brochure is available from guidance counselors at Bethlehem Central High School and Middle School. Those interested could also call 439-7740 to have a brochure mailed to them.

Local resident wins RPI's Rensselaer Medal

Rensselaer Polytechnic Institute has announced the winners of the Rensselaer Medal.

Christine Bendorf of Slingerlands is the nominee from Emma Willard School.

The award is given to students who have distinguished themselves in math and science. To be a recipient of the medal, students

need to be a member of the junior class and the high school's single most promising science and math student.

Each recipient will receive a \$60,000 scholarship spread over four years toward their RPI education if they are accepted and enroll at the institute.

Letters policy

The Spotlight welcomes letters from readers on subjects of local and regional interest. Letters are subject to editing style and length.

All letters must include the writer's name, address and phone number.

Unsigned letters receive no consideration.

All letters that are published must carry a signature.

The deadline for submitting letters is Friday at noon.

Write to Letters to the Editor, *The Spotlight*, 125 Adams St., Delmar 12054. Letters may be faxed to 439-0609 or e-mailed to spotnews@nycap.rr.com.

Spotlight Newspapers also welcomes longer opinion pieces for the Point of View section. Generally, Point of View columns are 1,200 words.

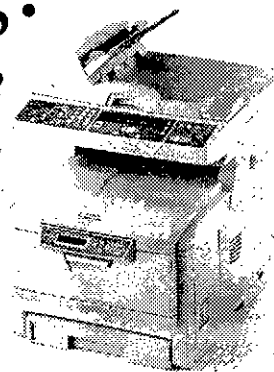
For information about submitting a Point of View, contact Susan Graves at 439-4949 or graves@nycap.rr.com.

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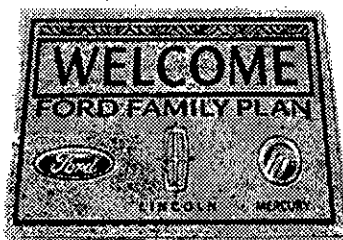
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Region's growth keeps heading north

By JAMIE D. GILKEY

The latest federal estimate of local population trends shows a string of communities located along the Northway continuing to lead the way in growth. The population surge is being led by the towns of Clifton Park, Malta, Wilton and Saratoga.

It has boosted Saratoga County's estimated population to a record 212,706 and is helping to keep the suburbs north of Albany some of the hottest communities in the region's real estate market.

Wilton leads the way with more than a three percent spike in population since the summer of last year. According to an estimate recently released by the federal Census Bureau, that gives the sprawling town 15,085 residents.

While that growth sounds impressive at first blush, the Capital District Regional Planning Commission's program manager cautioned about drawing too many conclusions. "The 2000 census showed that the annual

estimates may not always prove very reliable," Leif Engstrom said.

His skepticism about the estimates may prove good news for the region's major cities, all three of which fell short during the 12 months that ended in July.

"We have a very hot real estate market and it's possible that that's overstating the population for the region as a whole. We haven't seen all the indicators support the conclusions that are being drawn from the building permit data."

Leif Engstrom

In Albany, the latest data shows the number of residents dropping to 94,226 the lowest level in memory.

Schenectady experienced a slight decline of 36 people to 61,125 but the worst hit urban center was Troy. The Collar City saw its numbers sink from 48,321 to 48,162.

The estimates also show a slow down in the rate of growth in Albany County's suburban towns. It was particularly noticeable in Guilderland where the town gained just 60 people for an estimated population of 34,817. That's the smallest annual growth for that community so far this decade.

While growth continued in Colonie, the rate slowed down dramatically from the previous year. The 251 residents added since last summer is less than half the growth of 647 people racked up the year before.

Schenectady's suburbs contained their own surprises with the numbers for Rotterdam indicating an unusually rapid growth of 214 people for a total of 28,904 residents.

Rotterdam hasn't always received good news from the Census Bureau's estimates. Between completion of the last full census in April 2000 and July 2001, Rotterdam was estimated to have seen its population actually slip by 47 people.

"We have a very hot real estate market and it's possible that that's overstating the population for the region as a whole," Engstrom said. "We haven't seen all the indicators support the conclusions that are being drawn from the building permit data."

Epilepsy Foundation gets national grant

The Epilepsy Foundation of Northeastern New York has received one of three national education grants to improve the lives of people in the region with epilepsy or seizure disorders, according to an announcement today from Foundation Executive Director Jeannine Garab.

The grant from the Foundation's national organization will support a special conference to help people with epilepsy recognize and cope with issues affecting memory and self-awareness to achieve performance at the highest personal level.

The half-day Epilepsy and Cognition Conference will be held on Saturday, Sept. 24, 2005 at The Holiday Inn in Schenectady.

The Epilepsy Foundation will be collaborating with Sunnyview Rehabilitation Hospital for this event. The conference is called the ABCs of Epilepsy: awareness, behavior and cognition.

The keynote speaker will be William Turk, M.D. who is the chair of the department of neurology at Nemer's Children's Hospital in Jacksonville, Fla. Dr. Turk is also the chair of the epilepsy and cognition advisory group of the National Epilepsy Foundation.

Andrew Hess, Ph.D, pediatric psychologist, at Sunnyview Rehabilitation Hospital in Schenectady and co-chair of the professional advisory board of The Epilepsy Foundation, explained, "The conference will help people develop the knowledge and skills needed to

manage cognitive issues and reduce levels of anxiety and depression.

"It is intended to improve the person's feeling of self-worth and personal fulfillment. But it also takes a community. Our schools and society can play supportive roles by accepting people with epilepsy as diverse and as individual as they are."

GlaxoSmithKline pharmaceutical company, sponsor of several national programs for adults with epilepsy, provided funding for the grants.

The other recipients were The Epilepsy Foundation in metropolitan San Francisco and a cooperating group of Epilepsy Foundations in Wisconsin.

An estimated 2.7 million children and adults in the United States have epilepsy, including 30,000 people in northeastern New York.

Another 200,000 people in this country will be diagnosed with seizures and epilepsy in the coming year.

The disorder is reported by the World Health Organization to be second only to headache (including migraine) among neurological disorders most often seen in primary care settings.

For information about epilepsy and Epilepsy Foundation programs and services in this region, contact The Epilepsy Foundation of Northeastern New York at 456-7501 or visit their Web site at www.epilepsyfoundation.org.

Slingerlands teen completes boot camp

Justin Folger, 13, of Slingerlands, recently completed Sea Cadet Basic Training at Camp Smith near Peekskill. Folger was among nearly 200 cadets from a number of states who spent the two weeks at boot camp. Among the cadets were also some of Folger's shipmates from the Mahan Division United States Naval Sea Cadet Corps in Albany. Folger, along with his mother and three of his shipmates, also participated in the United States Military Academy at West Point's Recruit Day where civilians pre-tend to be new cadets and endure some of the rigors of the first day at West Point. Folger is an eighth-grader at Bethlehem Central Middle School and is also a member and president of Teunis Slingerland C.A.R. and the SAR state chairman of NYSSCAR.

Parks and recreation announces changes to Elm Avenue summer pool schedule

Hours at the Elm Avenue Park pool complex will change slightly beginning this Saturday, Aug. 13.

The pool will be open Monday through Friday from 11:30 a.m. until 7:30 p.m. It will be open from 11 a.m. until 7 p.m. on Saturday and Sunday.

The hours to update or obtain pool passes for the rest of the

summer are Monday through Friday from 8:30 a.m. to 4:30 p.m.

Proof of residency in the town of Bethlehem, including a photo ID and a current utility or tax bill, is required to obtain a pass.

The pool will close for the season on Labor Day.

For information, call 439-4131.

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STATE ASSEMBLY MEMBERS

Pat M. Casale, R-Schaghticoke, Room 320, Legislative Office Bldg., 455-5777. District office: 4 Normanskill Blvd., Delmar, 439-1926; email: casalep@assembly.state.ny.us.
 Roy J. McDonald, R-Wilton, Room 531, Legislative Office Building, 455-5404. District office: Room 202, Washington County Municipal Center, Fort Edward, 747-7098.
 Daniel L. Hooker, R-Saugerties, Room 937, Legislative Office Bldg., 455-5363. District office: 2668 State Hwy. 7, Suite 38, Cobleskill, 296-8070.
 Robert Reilly, D-Colonie, Room 430 Legislative Office Bldg., 455-5931. District office: 3 Halfmoon Executive Park Drive, Clifton Park, 371-0568; ReillyR@assembly.state.ny.us
 Ronald Canestrari, D-Cohoes, Room 717, Legislative Office Bldg., 455-4474; no district office; e-mail: canestr@assembly.state.ny.us.
 John J. McEneny, D-Albany, Room 648, Legislative Office Bldg., 455-4178; no district office; mcnenj@assembly.state.ny.us.
 Teresa R. Sayward, R-Willsboro, Room 633, Legislative Office Building, 455-5565; district offices: 21 Bay St., Suite 206, Glens Falls, 12801, phone: 792-4546; P.O. Box 217, Elizabethtown, NY 12932, phone: 873-3803.
 James Tedisco, R-Schenectady, Room 521, Legislative Office Bldg., Albany, 455-5811; district office: 12 Jay St., Schenectady, 370-2812; tediscj@assembly.state.ny.us.
 Paul Tonko, D-Amsterdam, Room 713, Legislative Office Bldg., 455-5197; district office: Guy Park Manor, 366 W. Main St., Amsterdam, 843-0227; e-mail: tonkop@assembly.state.ny.us.
 Marc W. Butler, R-Newport, Room 318, Legislative Office Bldg., 455-5393; district offices: 41 E. Main St., Johnstown, 762-6486; Suite 101, 235 N. Prospect St., Herkimer, 315-866-1632. e-mail: butlerm@assembly.state.ny.us.

STATE SENATORS

Majority Leader Joseph L. Bruno, R-Brunswick, Room 909, Legislative Office Bldg., 455-3191; district office: 368 Broadway, Saratoga Springs, 583-1001; e-mail: bruno@senate.state.ny.us.
 Hugh T. Farley, R-Niskayuna, Room 412, Legislative Office Bldg., 455-2181; District offices: 2430 Riverfront Center, Amsterdam, 843-2188; 33-41 E. Main St., Johnstown, 762-3733; e-mail: farley@senate.state.ny.us.
 Neil Breslin, D-Delmar, New York State Capitol, Room 414, Albany 12247; 455-2225; no district office; e-mail: breslin@senate.state.ny.us.

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Michael R. McNulty, D-Green Island, Room 2210, Rayburn Office Bldg., Washington, D.C. 20515. Phone: (202) 225-5076. District offices: 33 Second St., Troy, 271-0822; and Post Office Bldg., 29 Jay St., Schenectady, 374-4547. E-mail: mike.mcnulty@mail.house.gov.
 John E. Sweeney, R-Clifton Park, Room 437, Cannon Office Building, Washington, D.C. 20515. Phone: (202) 225-5614. District offices: Clifton Park, 371-8839; Hudson, 828-0181.
 Sherwood L. Boehlert, R-New Hartford, Room 2246, Rayburn Office Bldg., Washington, D.C. 20515. Phone: (202) 225-3665. District office: Alexander Pirnie Federal Building, Utica, (315) 793-8146; E-mail: boehlert@hr.house.gov.
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Chuck Schumer, D, 313 Hart Bldg., Washington, D.C., 20510. Phone: (202) 224-6542. District office: Leo O'Brien Federal Building, Suite 420, Albany 12207. Phone: (518) 431-4070. E-mail: senator@schumer.senate.gov.
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Last year volunteers collected over 200 backpacks filled with school supplies for students in need.

Group looks for school supply donations

Last year Hamagrael Elementary School, in conjunction with St. Thomas Catholic School, Elsmere and Glenmont Elementary Schools and Bethlehem Central Middle School supplied more than 200 new and used backpacks to many children living in our area. This year volunteers from the schools are hoping to exceed last year's donation.

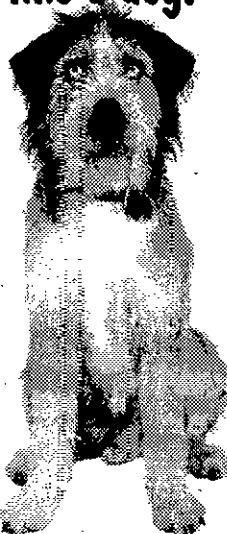
The volunteers are encouraging families to "adopt" a child, purchase a new backpack and a few school supplies. Used backpacks in good to excellent condition are also welcome.

Suggested supplies for a backpack include: 1 box crayons, 1 package pencils, 1 pair scissors, 3 notebooks, 1 pencil box, 1 glue stick, 1 package markers, 1 package lined paper, three 2 pocket folders, 1 ruler - and anything else you would like to include.

There will be a donation box

at the Bethlehem Town Hall for donations through the Labor Day weekend.

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Member FDIC

Residents will receive firehouse surveys

Ambulance volunteers could get \$700 stipend

By JAMES CUOZZO

The Voorheesville Fire Department will reach out to residents to explain the need for a \$1.18 million dollar renovation and expansion to the existing firehouse on Altamont Road.

Fire Chief William Stone updated the village board on the latest cost analysis to expand the firehouse. The information provided by engineers Barton and Loguidice estimate a cost of \$592,000 to expand the existing, meeting and training room along

with other electrical, plumbing and design work. Another \$237,000 will go to renovate the existing firehouse headquarters including an upgrade of the community room and an expansion of the kitchen. An equipment bay addition, asbestos abatement and other code compliance and safety features total \$350,000.

A question-and-answer mailing was sent out during the first week of August to all village residents to educate them on the purpose of the proposed construction

before public meetings take place.

"The intent is to try and get this Q & A out to the residents the week before the first meeting," Stone said. The first public presentation will be held Aug. 16 at the firehouse, with the second presentation to be held Sept. 13. A public vote on the proposed firehouse renovation and expansion is expected by October.

If approved, the project should be completed by the fall of 2006.

The village board gave the go-ahead for a public vote on the

need to increase the length of service award program for the Voorheesville Volunteer Ambulance Corps. LOSAP provides tax deferred income benefits to active volunteer members of an emergency services organization. The members of Voorheesville's ambulance group will be eligible for a \$700 annual stipend as long as they remain members in good standing.

That calls for a village increase of \$8,800 for ambulance volunteers.

Robin Shufelt is the Voorheesville Ambulance LOSAP representative and believes the

financial incentive will help retain members.

"I realize the \$700 sounds like a big increase but if you were to look at hiring an ambulance squad or a fire department you would be facing taxes," said Shufelt. "It would be just astronomical. This will help encourage members to join."

A referendum to approve the increase will be held Sept. 13.

Charles Carrow and John Egan, representatives from Omni Housing Development, asked the village board for approval to allow sewer hookups for a future proposed project for one-family houses on each parcel next to St. Matthew's Church on Mountainview Road. The developers are ultimately looking to build 48 senior housing units and are in the process of receiving zoning, planning and village approval for the project.

"All you're doing is meeting the requirements for subdivision regulations," said Jerry Gordinier of the village building department.

After the village gave the go-ahead for developers to potentially hook into the village sewer system, Egan asked whether the developers were prohibited from asking for the approval to hook up to the system for the 48-unit senior living center.

"We have talked about this in workshops and it is no secret you are coming forth with senior housing for 48 units," Mayor Jack Stevens said. "Will we hook you up to the sewer system yes, will we hook you up to water, yes."

The developers need to present their updated subdivision plans and variance applications to the village planning commission before the entire project can move forward.

Former resident earns professional honor

Sarah A. McLaughlin, a 1989 graduate of Albany Academy for Girls, has been named "Employee of the Year 2004" by the U.S. Oceanographic and Atmospheric Administration for her work with the National Marine Fisheries Service in Gloucester, Mass.

McLaughlin, who received a master's degree in Environmental Science administration from the University of Maryland, has already been cited by the NOAA for her professional work in helping write regulations governing recreational and commercial fishing in the Sustainable Fisheries Division and for her efforts in promoting federal agency diversity programs in New England.

McLaughlin is one of 21 NMFA employees around the country to receive such an honor.

She currently resides in Salem, Mass and is the daughter of Gerald F. McLaughlin of Slingerlands and the late Sandra Coy McLaughlin of Albany.

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V'ville Library names new trustee, cooks Chinese

Voorheesville Public Library welcomes Rita Stein, our new board of trustees member. Stein fills the vacancy left by Jim Reilly. She is pleased to be on the board.

"I thought it would be a great way for me to get involved with the community," Stein said, adding, "and do it through an institution that I have a lot of interest in."

Stein has lived in Voorheesville for nearly four years. She does communications work for Albany Academy for Girls, a state assemblyman, and other clients.

"The other board members were very welcoming and are very committed to the library," says Stein. "This library has a very important role in the community. I've been impressed with the range of programming and services that this lovely small town can offer." Stein is married and has two children.

Traveling gourmet at cook's club

Norma Chang, The Traveling Gourmet, will acquaint families with the wonders of Chinese

cooking when the Cook's Club meets at 7 p.m. on Aug. 11.

Using food as the medium and working from a map of China, students will discover the cities and provinces of China, locate the areas where pandas live, and trace the Great Wall of China.

Everyone will be sampling food prepared during the program. It is open to kids in grades one and older and registration is necessary.

The Cook's Club for Families Project is supported by Federal Library Services and Technology

Act funds, awarded to the New York State Library by the Federal Institute of Museum and Library Services.

Summer reading club

On Wednesday, Aug. 10 at 2 p.m., grades four to six will meet. Captain Underpants Party! Don't let your underwear get knotted into a wedgie, just be prepared for fun!

We'll start with Professor Pippy P. Poopypants' "Name Change-O-Chart," decorate a pair of underwear for Captain Underpants (He must be tired of the white ones!) and learn to draw our own comic book characters with a guest artist.

We'll do a "mad lib" and there will be food - served up by the cafeteria ladies!

On Wednesday, Aug. 31 at 7 p.m., is the SRC finale with Tom Knight Puppets. Tom Knight has been performing for kids for 12 years. Tom creates a dynamic performance that will delight all ages—including adults. Knight sings, plays his guitar, and performs puppet skits along with recorded music adding a concert feel to his puppet shows. Refreshments will be served and



Rita Stein joins VPL Board of Trustees

prizes awarded to SRC participants.

Ongoing programs

Sammi the good listening dog is available for Paws for Reading appointments. Call to schedule. Nimblefingers welcomes newcomers every Tuesday at 1 p.m. No sign-up necessary. Yoga class with Mira Lechowicz on August 18 at 7 p.m. Free, wear comfortable clothes, no sign-up.

Home book delivery, personal e-mail and Internet training appointments - call Greg at 765-2791. We still have Beach Reads - come 'n' get 'em!

Visit the library Web site at www.voorheesvillelibrary.org.

Thacher Park announces workshops

Thacher Park has scheduled the following events.

On Saturday, Aug. 13, at 9 a.m., come take a geology walk.

Limestone bedrock has properties that give rise to interesting landscape features such as sinkholes and caves.

Explore some of the limestone, or karst, features found in the park with Thom Engel. Meet at the Carrick Road parking area. Call 872-0800 for information.

On Saturday, Aug. 13, from 10 a.m. to 11:30 a.m., a Leave No Trace Program at Thacher Nature Center will take place.

Find out about outdoor ethics and how to "leave no trace" with educator Ted Beblowski. Get tips on always being prepared when hiking and camping.

This program will be followed

by a hike Sunday morning beginning at the Nature Center. Call 872-0800 to register or for information.

On Saturday, Aug. 13, at 8:30 p.m., come gaze at the stars that you see from the Thacher Nature Center.

Find out what you can see in the night sky through a telescope with amateur astronomer Ken Dubois. Cloudy skies will cancel. Call 872-0800 by 5 p.m. to confirm.

On Wednesday, August 17, at 10 a.m., Our Fine Feathered Friends program at Thacher Nature Center will take place. Birds come in many colors, shapes and sizes.

They walk, waddle, fly and swim! Come and see who's at the feeders, learn some binocular

basics, and take a birdwalk to look and listen for our wild winged neighbors. Call 872-0800 to register.

On Sunday, August 21 at 9:30 a.m., there will be another geology walk.

A great place to find exposed bedrock is in a streambed. Explore Minelot Creek with Thom Engel and learn about the rock formations revealed by years of flowing water. Meet at Paint Mine picnic area. The park entrance fee is \$6.

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Attention Dancers!!!

All-Star Cheer and Dance Inc., home of the X-factor All-Star Cheer and Dance Teams is looking for dancers for their jazz and hip-hop dance teams. Dancers will compete locally and regionally as well as get the opportunity to perform at special events throughout the season. Any interested dancer between the ages of 6-35 should contact us to schedule a private tryout!

We are accepting registration for the following fall classes:

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- ★ Jazz
- ★ Ballet
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- ★ Voice
- ★ Pilates
- ★ Tumbling/acro-dance
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NYRA soon to have committee's eyes looking over its shoulder

By DAMIAN PAGANO

State government trumpeted the starting call in the stakes for Saratoga Race Course on Aug. 3. Gov. George Pataki announced that he signed a law that speeds up formation of an "ad hoc committee" to solicit and review proposals from companies who want to purchase the right to hold races here.

State leaders will appoint committee members by Dec. 1 — about six months earlier than previously planned.

One day after the committee's formation was announced, state Senate Majority Leader Joseph Bruno, R-Brunswick, made the first appointment.

He picked Joseph Torani, a resident of Saratoga Springs, New York City and Hilton Head, South Carolina, who is an accountant and managing partner in the firm of Bollam, Sheedy & Torani.

In the coming months, state Assembly Speaker Sheldon Silver, D-Manhattan, Bruno and Pataki will each appoint three members to the committee, according to Pataki spokesman Saleem Cheeks.

The governor's announcement

contained few specific details about how the committee will decide what company should host races at America's oldest thoroughbred racecourse.

Cheeks said criteria for proposals and selection of a racecourse operator would be developed after the committee is formed.

The New York Racing Association has operated Saratoga Race Course since 1955, but its right to do so expires in 2007. NYRA also operates the Belmont and Aqueduct tracks in New York City.

NYRA is a private, non-profit corporation and it must turn over to state government whatever profit it makes after it pays operating expenses, according to Jeffrey Gordon, a spokesman for the state comptroller's office.

Gordon said state audits show that NYRA has understated revenue and come up short on what it owes the state.

A state comptroller's audit shows that in 2000 NYRA paid \$6.1 million for its franchise fee. The next year it paid nothing. The comptroller's audit said that NYRA should have paid between \$11 million and \$15 million more than it did.

NYRA is a private, nonprofit corporation, but it has been under public pressure after a federal

investigation uncovered a long history of fraud and corruption.

After reaching a deferred prosecution agreement in 2003 with the U.S. Attorney's office for the Eastern District of

Phil Klein

"The pressure's on to get it done. Hopefully we can make an impression on them and they won't just sell the franchise rights to the highest bidder."

New York, the association underwent a top-down change of management and has operated for the past 18 months under watch of a court-appointed monitor; the New York City-based law firm Gentick & Getnick.

Neil Getnick, a partner in the firm, spoke at the Gideon Putnam Hotel Aug. 2 to a conference about racing and wagering law and said that NYRA has done a good job of reforming itself, several local media organizations reported. Getnick could not be reached for comment at his office in New York City.

His firm is due to submit a report about its examination by Aug. 23. The report will be important when prosecutors decide whether they should pursue criminal charges against NYRA.

"Maybe the highest bidder stands a pretty good chance," county Supervisor Phil Klein said. Klein is one of several local officials worried that state government will award the racing franchise to whichever company offers the best return.

At least four companies, including NYRA, are said to be interested in the horse racing

franchise, but none of them have announced formal plans. Churchill Downs Inc., which hosts the Kentucky Derby; Magna Entertainment, a Canadian conglomerate that operates race tracks including Pimlico in Baltimore and Santa Anita; and a group called Friends of New York Racing are all rumored to want to NYRA's franchise.

To demonstrate to state leaders that there is more at stake than dollars and cents, Saratoga county government will commission a broad-ranging study that look at everything from race course tax revenue to effect the race course has on real estate values and local agriculture. Klein said the study would be a tool local leaders could use to lobby

state government.

"The pressure's on to get it done," Klein. "Hopefully we can make an impression on them and they won't just sell the franchise rights to the highest bidder."

NYRA senior vice president William Nader said the association would submit a proposal to retain its racing franchise, but he said he did not yet know what criteria state government would require.

He said association officers would pay close attention and, in the meantime, "we will work to put a plan in place and hope that somehow we can build a case to show that we're the best suited to operate race tracks."

Alzheimer's Association seeks volunteers

The Alzheimer's Association of Northeastern New York is looking for some dedicated people to assist with its HelpLine telephone service.

This service provides information and referral for persons with the disease and their families.

Volunteers will answer HelpLine telephone calls and assist families by providing information and gathering available resources.

Some other volunteer opportunities that are available at the Alzheimer's Association include resource librarian (organizing books and videos in the chapter office's resource center), support group volunteers (facilitate a caregivers support group in the Capital District), special events volunteer (serve at health fairs, Memory Walks, golf tournaments, symposia and special educational programs), in-office volunteer (assists with mailing letters, photocopying, etc.) and volunteer coordinator (an in-office job coordinating volunteers and jobs assigned to them).

Chapter staff works with volunteers to determine the best job that fits their interests. All volunteers will receive ample

training by Alzheimer's Association staff members.

To volunteer, call Kristen Vanderwarker at 438-2217.

The Alzheimer's Association is the only national voluntary health organization dedicated to research for the causes, prevention, treatment and cure of Alzheimer's disease and assistance to families.

The Alzheimer's Association's Northeastern New York Chapter serves approximately 40,000 families affected by Alzheimer's disease and related disorders in the 16 counties of Albany, Clinton, Columbia, Essex, Franklin, Fulton, Greene, Hamilton, Montgomery, Otsego, Rensselaer, Saratoga, Schoharie, Warren and Washington.

Local programs include support groups, respite training, public policy advocacy, and educational programs for family members and training programs for professionals and paraprofessionals.

The programs and services offered by the chapter are supported largely from private and corporate contributions.

The annual Memory Walk program, held at locations throughout the region from mid-September through mid-October, brings more than 1,000 family members and friends together in support of the organization's work.

For information, please call the Alzheimer's Association NENY Chapter at 438-2217.

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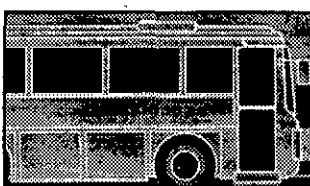
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The Spotlight welcomes letters from readers on subjects of local and regional interest.

Letters are subject to editing for fairness, style and length.

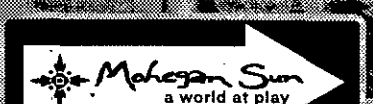
All letters must include the writer's name, address and phone number.

Write to Letters to the Editor, The Spotlight, P.O. Box 100, Delmar 12054. Letters can be faxed to 439-0609.



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From vocabulary quizzes to term papers to SATs, The Visual

Thesaurus helps students understand, find and use the right word in the right context.

Robbie Calvert, a junior at Hillcrest High School in Salt Lake City, Utah., said: "It helps a lot with English papers. It makes you sound a lot smarter."

Classmate Steve Summers concurred: "I'm not huge into English, but I'm always looking for new tools and I see great potential in The Visual Thesaurus."

American and British spellings and pronunciations are built-in. Certified as meeting standards-based requirements at national and state levels for teaching vocabulary, reading comprehension, grammar, writing and pronunciation, it is being used in hundreds of school districts.

High school English teacher Sharlene Beck pointed out: "It

does more than a regular thesaurus does."

Turning the cliché "a picture is worth a thousand words" on its head, the Visual Thesaurus creates a matrix of type, colored dots and floating lines to display the meanings, parts of speech, synonyms and the relationships between 145,000 English words.

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The Visual Thesaurus has been selected as one of the leading examples of outstanding design produced in 2004 by the American Institute of Graphic Arts (AIGA) Arts. The Visual Thesaurus was cited specifically for excellence in the clear display of information.

Move the mouse over any meaning to reveal the definition. Mouse over any line and the relationship between words is displayed. Click on any word and the constellation rearranges itself with the "clicked" new word at the center of the constellation.

With 16 different semantic relationships embedded in a fun-to-use format, the Visual Thesaurus builds vocabulary, sparks brainstorming, deepens understanding and is a tool valued by anyone who needs to read, write or speak English.

Yahoo reviewed the Visual Thesaurus saying: "It's a near perfect combination of content and design."

PC Magazine gave the Visual Thesaurus 4.5 stars and concluded: "It is a remarkably

inventive and interactive way to explore language."

The New York Times reviewer called it "Inventive. Imaginative. Ingenious and Fanciful."

Adopted by the State of Utah, the Province of Ontario, 52 school districts in 28 states and four provinces, and almost 200 individual schools, The Visual Thesaurus is also being used at the University of Calgary, the University of Michigan, Quinnipiac University and the University of Chicago among others.

It has been purchased by public and private schools and by parochial schools of almost every denomination. Individual schools in the United Kingdom, Australia, Japan, Holland, Malaysia and Israel have also integrated this unique tool into language arts curricula.

"Students, teachers and parents have embraced the Visual Thesaurus because it shows our complex language in ways that improve understanding, build vocabulary, grow word associations and spark creative ideas," says Michael Freedman, CEO of The Visual Thesaurus. "It's a tool for school that resonates with the 'Gameboy' generation because it's easy and fun to use."

The Visual Thesaurus is designed for use with both Windows and Macintosh operating systems and synchronizes with Internet Explorer 4+, Firefox, Netscape 7+ and Safari browsers.

The Desktop edition is \$29.95. The Online edition is \$19.95/year.

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How uniforms can affect your child in school



Are you searching for school uniforms this year? If so, you're not alone. Nearly a quarter of U.S. schools maintain school uniform policies that dictate what students must wear to school. If your child is one of the 12 million students required to wear uniforms this school year, you certainly have some questions.

Why are more school districts considering school uniforms?

Educators and other proponents of school uniforms see them as a progressive way to provide a concrete and visible means of restoring order to the classroom. Though research data does not yet point to a clear link between dress and students' behavior or performance, mounting anecdotal evidence supports the theory that by eliminating all symbols of class, clique and gang affiliation, kids from varying economic and social strata will find themselves on a level playing field.

In economically deprived communities, where family hand-me-downs or the wrong pair of sneakers can lead to feelings of shame or inadequacy, uniforms can be an especially useful tool.

By removing the distraction of material possessions, students can focus on learning and get serious about schoolwork.

Uniforms also can increase school spirit by making students from very diverse backgrounds feel part of a "team."

Do school uniforms work? Long the exclusive regimen of parochial and private schools, school uniforms are relatively new in the public education system.

The first public school district to implement a system-wide school uniform policy was Long Beach Unified School District in 1994. Results vary by school, but these positive changes are not the exception. A 2000 survey of the National Association of Elementary School Principals reported that 67 percent of principals in schools with uniforms saw an improvement in their students' concentration level. 62 percent saw a positive effect on school safety and 40 percent believed uniforms helped to improve attendance.

Are school uniforms costly?

Actually, school uniform wardrobes can cost parents significantly less than they would spend on other clothing and can be very cost effective over the long run.

The cost of a standard school uniform wardrobe for a school age child can be as low as \$100 to \$150 for a single school year. Conversely, the cost of outfitting a child in non-uniform clothing can be significantly greater.

In an environment where appearance is over-marketed, many kids feel pressure to "fit in" and parents feel an obligation to ensure their children are outfitted in the latest fashions.

As children grow increasingly label-conscious, designer wardrobes for the school year can cost upward of several hundreds of dollars.

Can I get financial assistance to pay for school uniforms? Most school districts mandating the use of school uniforms offer some alternative funding method for needy families. In some communities, local businesses donate toward uniform funds. Some schools recycle the uniforms of graduates. Other school districts make budgetary allowances for economically disadvantaged students.

The approval process for most schools considering uniform policies is contingent upon the availability of uniforms for students in need.

Where can I buy school uniforms? In 2004, uniform sales rose to more than \$1.5 billion and retailers have responded to the surge in demand. School uniforms are taking over children's clothing retail

departments in stores across the country including discount merchandisers such as Kmart, Target and Burlington Coat Factory.

The increasing demand for comfortable, durable, stylish and affordable uniforms has led to lots of new choices.

"Burlington Coat Factory has seen the demand for school uniforms rise rapidly over the past 14 years," says Mary Rose Bilello, vice president and youth merchandise manager of Burlington Coat Factory.

Their uniform selection includes styles from leading makers such as Lee School, US Polo and Izod. As far as networking with local schools, store management contacts the local school districts to find out what their requirements are.

"We can fulfill a need for special items in as little as two weeks if our vendors have the styles and quantities available," says Bilello.

Though some stores have larger selections than others, there is a designated uniform "shop" within most stores with clearly marked displays and signage.

What are the basic requirements and the latest trends? The average school-issued wardrobe will include the following:

- Four tops: short and long-sleeved knit or woven shirts.
- Four bottoms: shorts, skirts, skorts, pants or jumpers.
- Two sweaters.
- Four pairs of socks/tights.
- Two pairs of shoes.

While the traditional blazer, white blouse, plaid skirt for girls; dark slacks, white shirt, school tie for boys remain as standards in school uniforms, the style of today's uniforms is more relaxed to suit the times.

At Burlington Coat Factory, styles for fall include most of the basics for boys and girls — pants (navy) and shirts (white). Girls have scooters (skirts), jumpers, pants and blouses with cute sleeve details (elastic and bell sleeves) and collars. The basic button-down is made special for girls with eyelet, lace or Peter Pan collars, pintucks and pleats.

Cargo, corduroy and "zip-off" pants are available for boys.

Retail uniform departments also offer one-stop shopping with accessories such as hair barrettes and headbands, ties, belts, book bags, jackets and coats. Boys sizes are 4-14 and girls 4-14.



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Making senior year count for college

With college less than one year away, this year's seniors have a lot on their plates. In addition to strengthening their academic skills and preparing for life post high school, they have to make a lot of important decisions — the first of which is deciding where to apply for college.

With thousands of postsecondary institutions from which to choose, students often need help narrowing down their choices.

Sallie Mae, the nation's number one paying-for-college company, offers numerous resources on preparing and paying for college through its College Answer Web site at



High school students and parents will find information on high school curriculum requirements for the majority of colleges; what goes into selecting a college; tips on getting and completing college applications; profiles of colleges; financing a college education; and more.

"Senior year is action packed," says Martha Holler, a Sallie Mae spokesperson. "If students haven't done so already, now is the time to narrow down college options and get serious about their postsecondary education."

A list of "to do" items can help students stay on track. Some suggestions for organizing a list include:

- Determine what is required at each school, including the application fee amount and acceptable payment method.
 - Create a list of tasks associated with each school's requirements (e.g., getting the correct number of recommendations and writing the required essays).
 - Assign a begin date and determine a target end date for each task.
 - Check off each task as you finish it.
 - Keep copies of everything you submit.
 - Keep all your information organized in a filing folder, box or cabinet.
- When it comes time to select a college, experts say the key is to

choose wisely. Instead of relying on college brochures, college-bound students and their parents should research their choices using the Internet, high school guidance counselors and current students or alumni who have attended the school.

"The rule of thumb when applying for college is to make three choices: a dream school; a school you have a good chance of being accepted to; and a safety-type school where you likely would be admitted," says Holler.

The bottom line: No matter how tempting it may be to take a



mental vacation during one's senior year in high school, it's far more beneficial to use the time wisely and focus on what needs to be done to prepare and pay for college.

For information on the going-to-college process, visit www.CollegeAnswer.com.

Give teachers extra credit: Ways to welcome them back-to-school

When school resumes after summer break, classrooms throughout the country will continue to struggle with budget shortfalls that are stretching them paper thin.

Across America, teachers are expected to expand minds with dwindling resources but somehow, from the morning roll call to the dismissing sound of the bell, they manage to find ways to effectively

teach.

This school year alone, teachers will spend an average of \$600 of their own money on school supplies and instructional materials. Their willingness to reach into their pockets displays their deep commitment to fill the gaps that today's reality forces them to fix.

To start the school year off right, parents can use the following

suggestions — both inside and outside the classroom — to send a strong and positive message to their child's teacher:

- Simple gestures — Consider sending a card, a quick e-mail or placing a call to your child's new teacher. A few friendly words of welcome will brighten a teacher's day and add a sparkle to the start of the school year.

Back 2 School GiftCard — To welcome America's teachers and students back to school, Target has

created a special Back 2 School GiftCard, available in stores nationwide and on Target.com. A Target GiftCard can

be purchased in any monetary amount and can be applied toward any Target purchase. The cards provide a perfect way for parents and



PTOs to say "welcome back" and to support teachers in getting their classrooms ready for the new school year.

• Volunteer — Experience firsthand what your child is learning and lighten a teacher's load in the process. Parents can volunteer by supervising field trips, serving as a teacher's assistant, reading to school kids or helping with classroom projects.

• Fund raise — Parents have the ability to loosen the strain on teachers and the tight budgets they face with a simple way to fund raise. Using the Target Take Charge of Education program, parents and community members designate an eligible K through 12 school of their choice and Target donates up to 1 percent of purchases made with Target Visa and Target Card. Target will donate 0.5 percent of Target Visa purchases made wherever Visa credit cards are accepted. During its "Twice As Nice For Your School" program from July 24, 2005 to Sept. 10, Target will double its contribution to the school of your choice for every purchase made at Target with a Target Visa or Target Card. Schools can use the money for whatever they need most. Many schools choose supplies, technology or equipment they would otherwise do without.

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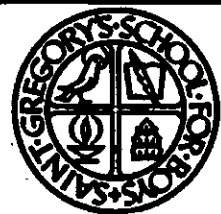
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Back-to-school purchases to include cool gadgets



Back to school means the end of summer, the smell of freshly sharpened pencils and shopping — lots of it.

According to the National Retail Federation, consumers

across the country will spend \$13.4 billion on school items this year.

In a recent survey of more than 8,000 people by CompUSA, parents and students said a mixture of necessities and gadgets will make it into shopping carts this fall.

According to the survey, more than 15 percent of parents surveyed who plan back-to-school technology purchases will buy a laptop. And, 15 percent of parents also plan to buy an iPod.

"We typically think of parents' back-to-school purchases as strictly needs-based," says Brian Woods, executive vice president and general merchandising manager for CompUSA. "However, we're receiving a clear message from parents that entertainment-focused items are making it home as well."

While traditional school supplies remain popular, students are relying more and more on the power of technology in and out of the classroom. Those students wanting the hottest back-to-school gadgets, but needing practical items such as laptops, are in luck.

Here are four trends that will influence back-to-school technology purchases this summer and fall:

• **Multitasking students want multitasking technologies:** Students don't want to sacrifice fun for function. And the ever-increasing convergence of products and technology means they don't have to. Now, mobile phones tout streaming music and videos and wireless networks marry computers with television. Products such as

laptops or wireless phones continue to be in high demand for their traditional uses, but students realize devices that perform more than one task increase efficiency.

• **Consumers continue to embrace the power of technology:** Today's new and emerging technologies are being adopted faster than ever as people better understand how products can enhance their lives. More features, functionality and personalization options make products attractive to a young, technologically-savvy generation. The iPod is a good success story because of its quick adoption and high demand. Fifteen percent of parents who plan back-to-school purchases will buy an iPod, which stores digital music and pictures and can be personalized with a variety of colors.

• **Falling prices are easy on the wallet:** Remember when the phrase "must-have technology" was ironic since no one actually could afford the technology? The past several years have seen technology prices decrease dramatically. As prices drop, consumers can get what they

need and what they want without breaking the bank.

• **Knowledgeable staff and service are key:** No matter what technology you invest in, it's important to choose a retailer with a wide selection, knowledgeable staff and the service to support you when you get home. With the number of new, complex technologies increasing daily, consumers say they want guidance at every phase of the buying experience — from researching and comparing products pre-purchase to figuring out how to use their new gadget. Although price is a top factor involved with technology purchasing decisions, surveyed parents also say they highly value service before, during and after the sale. A sales staff that not only sells the product, but also uses it, makes consumers feel more comfortable with the whole process.

"Consumers want a retailer that offers a wide variety of products, supported by a sales staff with expertise and professional, friendly service," says Woods. "Advice and help for set-up, installation and support are especially important when you bring your new technology home."

Motorists urged to be on alert

Between 3 and 6 p.m. — pick-up time at most schools and daycare centers — is the most dangerous time of day for children under 13 years of age, according to the Insurance Institute for Highway Safety (IIHS). That's when most children are killed by motor vehicles.

Drop-off time — between 6 and 9 a.m. — accounts for 11 percent of child motor vehicle deaths.

Taken together, the time periods when children are either coming from or going to school or daycare account for more than one-third of all child vehicle deaths.

As the school year begins, AAA's annual "School's Open" campaign reminds motorists to use caution in school zones and residential areas where pedestrians, bicyclists and other motor vehicles — including school buses — operate during drop-off and pick-up times.

"Motor vehicles remain the No. 1 cause of death for children ages 2-14," said Roger Dames, AAA Hudson Valley's traffic safety expert. "Loading and unloading children from school buses and passenger cars requires careful attention and deliberate action."

In its "School's Open" campaign, AAA Hudson Valley emphasizes that

driving carefully begins with focusing on basic traffic safety practices such as the proper use of seat belts, child safety seats and booster seats.

"It's vitally important that all children age 12 and under be properly restrained in the back seat," said Dames. "Caregivers often don't realize they need to alter the type of child safety seat as children grow, which means that booster seats are underutilized or used incorrectly."

As of this past March, children up to age 7 are required to ride in a federally approved child restraint device such as a booster seat. However, most kids need to ride in a booster seat until at least age 8, or even older in some cases.

Many parents have their children between the ages of 4 and 8 ride in a safety belt without the aid of a booster seat. This is actually quite dangerous.

Safety belt systems are designed for adults and are not appropriate for children ages 4 to 8. They could cause serious injury or even death if used without the assistance of a booster seat.

AAA Hudson Valley urges motorists to follow these safety tips:

• **Slow down in or near school and residential areas.**

• **Drive with your headlights on, even during the day, so children and others can see you.**

• **Look for clues such as school safety patrols, adult crossing guards, bicycles and playgrounds that indicate children may be in the area.**

• **Scan between parked cars and other objects for signs that children could dart into the road.**

• **Practice extra caution in bad weather.**

• **Always stop for school buses that are loading or unloading students when red lights are flashing (unless you are driving in the opposite direction on a divided highway).**

• **When using a booster seat, always use the shoulder harness. Don't tuck it behind the child's back. Make sure the lap belt fits low and tight across the lap/upper thigh area and the shoulder belt fits snug crossing the chest and shoulder to avoid abdominal injuries.**



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Food for thought: What did you pack in your lunch box?

It's back-to-school time again and for many moms and dads that means time to prepare daily nutritious meals for the kids' lunch boxes.

Complying with the dietary guidelines released earlier this year may be a feat for many time-pressed parents, but knowing the facts may help ease minds and fill children's bellies — and brains — with the proper foods.

Here's one idea. The 2005 Dietary Guidelines for Americans

recommends that consumers eat two servings a week of fish. However, due to misperceptions regarding previous health advisories on mercury in fish, some parents and their children are avoiding tuna and other seafood completely. And when it comes to pregnant moms in particular, data from Information Resources (IRI) indicates that they are now choosing less healthful options, such as processed lunchmeats, instead of canned fish, for lunch.

Misinformation regarding

mercury levels in tuna specifically has created a dangerous ripple effect for public health — many Americans are now eating tuna and other healthy seafood at levels far below what experts recommend or what is seen in most developed countries.

This is depriving many American consumers of the numerous health benefits associated with tuna and other seafoods.

The facts from a joint FDA/EPA advisory in May 2004 are clear: children and childbearing women can safely eat up to 12 ounces a week of a variety of fish that are lower in mercury, including canned light tuna, shrimp, salmon, pollock and catfish.

The advisory also states that it's safe to consume up to 6 ounces of albacore tuna each week. An average serving size of tuna is 2 ounces, meaning you and your child can enjoy three to six tuna sandwiches per week.

Even with the above facts, many still wonder if it's ok to serve young children canned tuna. A recent University of North Carolina study should put those concerns to rest: in the study, infants who ate fish at least once per week in their first 12 months scored better than children who did not on tests for vocabulary comprehension, language skills, social skills and motor skills.

Many scientists believe this is due to the essential omega-3 fatty acids that are found naturally in fish such as canned tuna. These rich nutrients are especially important during childhood for eye and brain development.

The American Heart Association recommends eating fatty fish, such as tuna, one to two times a week because of its high level of omega-3s. Canned tuna is also an excellent source of protein,

low in fat and calories, contains essential vitamins and minerals and is rich in the antioxidant selenium.

Aside from these health benefits, tuna is simply a kid-friendly food that's tasty and adaptable to many different meal options. For these reasons, FDA and EPA encourage parents to serve fish, including canned tuna, to children on a weekly basis.



Tuna Roll-Ups Lunch

Makes three servings.

INGREDIENTS: 1 can (6 ounces) solid white or chunk light tuna in water.

- 1 tablespoon lemon juice.
- 3 tablespoons mayonnaise.
- 2 tablespoons pickle relish.
- 3 8-inch flour tortillas.
- 3 thin dry Italian breadsticks.

Open tuna can, discard lid. Hold a small wire mesh strainer or colander over an empty sink; dump can of tuna into strainer, hold over sink until all of the liquid has drained. (To be sure all of the liquid has drained, gently press on tuna in strainer with the back of a spoon.)

Place tuna in a medium bowl; flake into small pieces with a fork. Sprinkle with lemon juice, toss gently. Combine mayonnaise and relish in a small bowl; add to tuna, stir until mixed.

Lay tortillas flat on a clean counter. Divide tuna mixture evenly between tortillas. Using a spatula or table knife, spread tuna over surface of each tortilla, leaving about 1/4-inch of edges plain.

Place 1 breadstick at edge of 1 tortilla; begin rolling into a spiral or cylinder, rolling tuna-covered tortilla around breadstick. Repeat with remaining 2 tortillas.

Recipes courtesy of Bumble Bee Foods, LLC.



If you're tired of making the same tuna sandwich, try these fun, nutritional lunch ideas that will make the grade with junior.

Tuna Canoes Lunch

Makes three servings.

INGREDIENTS:

- 1 can (6 ounces) solid white or chunk light tuna in water.
- 1 tablespoon lemon juice.
- 2 stalks celery.
- 1 medium green onion, thinly sliced.
- 1 tablespoon chopped fresh parsley.
- 4 tablespoons mayonnaise.
- 3 small oval or oblong Italian rolls.

Open tuna can, discard lid. Hold a small wire mesh strainer or colander over an empty sink; dump can of tuna into strainer; hold over sink until all of the liquid has drained. (To be sure all of the liquid has drained, gently press on tuna in strainer with the back of a spoon.)

Place tuna in a medium bowl; flake into small pieces with a fork. Sprinkle with lemon juice, toss gently. Mince 1 stalk celery into small pieces. Add minced celery, sliced onion and parsley to tuna; stir in mayonnaise until evenly mixed.

Cut one-quarter of the top off of each roll. Carefully pull out and discard bread, leaving a 1/4- to 1/2-inch shell, so each roll resembles a canoe. Stuff tuna mixture into rolls. Cut remaining celery stalk into 6 thin sticks. Insert 2 celery sticks, on either side of each roll, positioned as canoe paddles.

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Back to school for kids and parents: No stress just success

It's that time of year again, time to gather school supplies, shop the back-to-school sales and help your kids get used to the idea of new teachers, new classrooms and of course, getting back into the school year routine.

It's a time when your kids are likely excited about the prospects of a new year, but it's also a time when they may be feeling a lot of anxiety.

How do you know if your child is stressed about going back to school?

As a parent, you recognize that something is different about your child. Often, when faced with back-to-school stress (or other stress factors) children can become argumentative with their parents, siblings and peers.

Fortunately, there's a lot a parent can do to prevent negative behavior and get their child on track for a successful school year.

According to Tom Tate, vice president of research, evaluation and training at Starr Commonwealth, a nonprofit organization that has been helping troubled kids for more than 90 years, the best thing a parent can do is recognize their child is reacting to some stress or anxiety. Instead of responding angrily or impatiently with your child when his or her emotions are flooded, it may be more prudent to first respond to your child's feelings.

"The latest brain research is indicating that when people are angry or under a good deal of stress, the cognitive part of the brain is not immediately ready to respond to a rational discussion about the child's behavior," says Tate. "Letting your child talk about his or her flooded emotions is a better first step for both you and your child. Allowing children the opportunity to 'drain off' their feelings, while letting them know you understand how they are feeling is a critical first step to problem solving with your child."

So what does it mean to allow your child to "drain off"?

"It means letting your child tell you what they are feeling and why they are upset," says Tate. "That means using attentive listening skills to really hear what your child is telling you. At the same time, it will also allow you to drain off your

own frustration with the situation, so you don't lose your cool and respond in kind."

The next thing parents need to keep in mind is that, simply put, kids and adults don't think alike. Why? Because they can't.

"A young person's brain does not become fully developed until their late 20s.

That means they cannot reason and process information the way adults do," says Tate.

Martha Dobbins is the director of training initiatives for Starr Commonwealth's No Disposable Kids training program that helps educators, community organizations and parents utilize practical, prevention-oriented tools for creating safe and productive environments for children.

She says NDK training teaches people to recognize the different psychological worlds of children and adults.

"The ways children and adults think, perceive, feel and behave are very different," says Dobbins. "As adults we think logically, can perceive situations from many dimensions, accept and control our feelings and take responsibility for our behavior. Our kids' perception skills are more concrete, their thinking illogical and their emotions during stress are flooded and explosive."

A parent can help their child drain off their feelings during an angry outburst by first allowing the child to express their anger.

"Listen carefully to what they are saying and make sure they know they are being listened to by utilizing both verbal and nonverbal skills," says Tate. "Once they have calmed down, help them find the central focus of what is really upsetting them. They may say they're mad about having to take out the trash, but they may really be nervous about their upcoming first day of high school."

Once you get to the heart of what's bothering your child, you can help make them more aware of



how their angry actions served as a self-defeating mechanism.

"Help them see that acting out contributed to their worry and anxiety about school," says Dobbins. "You can guide them to an understanding that their anger made their situation worse."

When your child recognizes his or her role in a situation, offer up alternatives to the negative behavior they displayed earlier.

"You can even encourage them to come up with new solutions," adds Tate. "That way, they have an investment in the situation as well as accountability. Your child will understand how he or she needs to behave to have their needs met and will be better prepared for conflict with peers and adults."

These practical skills to help de-escalate your child in any time of stress, including the back-to-school season, will strengthen your child's ability to communicate effectively his or her emotions and feelings and, ultimately, help them

become more confident about any school-related anxieties.

Starr Commonwealth was founded in 1913 and has been recognized as a top national and international nonprofit children's organization. After more than 90 years of helping troubled kids find their place in the world, the No Disposable Kids training initiative

was formed to help schools identify their strengths, analyze their weaknesses and utilize practical, prevention-oriented tools for creating safe and productive school environments.

For more information about Starr Commonwealth and No Disposable Kids, visit www.starr.org or call (800) 837-5591.

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Ask The Pharmacist

Jennifer Cerulli, Pharm.D., BCPS

How can I take control of asthma?

Seasonal changes, a new school. Although many things can affect how well asthma is controlled, knowledge can lead to better control.

By learning your asthma triggers, reviewing how to use your medications and knowing what to do when an asthma attack creeps up, you can control asthma.

What is asthma control?

Asthma control means something different to everyone. Overall, it means having minimal to no symptoms (coughing, shortness of breath, wheezing, chest tightness) during the day, at night or before, during or after exercise. Control means not having to miss any work or school due to asthma and having no emergency room visits. Baylor Health Care developed Rules of Two to help identify when asthma is in control. If you use your quick relief inhaler more than two times a week, awaken at night more than two times a month or refill your quick relief inhaler prescription more than two times a year — you should talk with your health care team about getting your asthma in control. For asthma, your health care team can include doctors, nurses, respiratory therapists and pharmacists.

What are asthma triggers?

Triggers are things that can make your asthma worse. Although every person has different triggers, common ones are allergens (pet dander, dust mites, cockroaches, mold or pollen) or irritants (tobacco smoke, strong odors, cleaning products). Dust mites are microscopic bugs that are found in places such as mattresses, pillows, carpets, stuffed toys, curtains and more. Viral or bacterial infections can also make asthma worse. Allergy testing and talking with your health care team can help identify your triggers.

How can I reduce my exposure to things that trigger my asthma?

Talk with your health care team about steps you can take in your home to remove or reduce your triggers. Use a dust mite cover on pillows and mattresses. Wash bedding, linens and pillowcases once weekly in hot water and vacuum frequently to limit exposure to dust mites and pet dander. If you are allergic to house pets and cannot find them a new home, keep the pets out of your bedroom and off the furniture. Keeping a smoke free home and work place is also important. Your health care provider may recommend an influenza and/or pneumococcal vaccination to protect you against common viral or bacterial infections.

Why are medications so important to controlling asthma?

Asthma medications can be divided into two categories — controller medicines and quick relief medicines. Depending on your asthma symptoms, you may need to take controller medications every day to cut down or suppress the swelling and inflammation in your airways to keep you breathing freely. It is essential to take these medications every day as they are prescribed by

your doctor. Quick relief medications can be used when you are having an asthma episode or

attack to open up your airways and help you breathe better fast. Talk with your health care team to clarify which medications to take when and write it down. This information is part of your Asthma Action Plan, which can remind you what to do when you are having an attack. Parents — don't forget to give a copy of the action plan to the school nurse this fall.



Where can I get more information on asthma and how to control it?

The state Department of Health Web site can provide information on asthma and about the regional asthma coalitions working to improve the health of children with asthma (www.health.state.ny.us/nysdoh/asthma/index.htm).

Other organizations include: The American Lung Association (www.lungusa.org), Asthma and Allergy Foundation of America (www.asthmaandallergies.org), and American Academy of Allergy, Asthma and Immunology (<http://www.aaaai.org>).



Good health tips for students

BY MARK OSBORN

Many students will find healthier food when they go back to school this fall, and that's a good thing. Because many districts are replacing foods heavy in fat and salt with healthier options, it will help to fight the epidemic of childhood obesity.

Parents are providing healthier lunches and after-school snacks, too. (Each regular soft drink has about 150 calories; one can a day increases a child's risk of obesity by 60 percent.)

According to the state Department of Health, obesity among children and adolescents has tripled since 1975. Now one in five third-graders is overweight; one in four high school students upstate is overweight or at risk of that condition.

In June, New York state kicked off the Activ8Kids! campaign to promote three easy steps to health:

- Five he.ings of fruits and vegetables each day.
- One hour of physical activity
- Two hours OR LESS of TV or screen time daily.

Besides healthier diets, the American Academy of Pediatrics gives these other back-to-school tips for parents:

- Health Forms and Medicines: Keep the necessary health and emergency contact forms current. A child's immunization records must be up-to-date to meet requirements for various grades. Students in some grades and those new to the district must present a certificate signed by a New York

state-licensed physician. For details, check with your school district.

If your child has any new health problems that may affect him/her during the school day, tell the school nurse.

Make arrangements if your child must take medication at school on the first day. Many schools require paper work signed by your child's physician before they may administer medications. Check with the school office before classes start.

• School Bus Safety: Wait for the bus to stop before approaching it from the curb. Check to see that no other traffic is coming. Always remain in clear view of the bus driver. Kids should not move around on the bus.

• Backpack Safety: They should have wide, padded shoulder straps and a padded back. Pack light. The backpack should never weigh more than 10 to 20 percent of the student's body weight.

Always use both shoulder straps to avoid muscle strain and possibly curvature of the spine. Pack heavier items closest to the center of the back.

Mark Osborn is a pediatrician at St. Peter's Medical Arts at Slingerlands. He can be reached at 475-7056.

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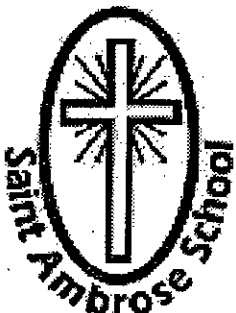
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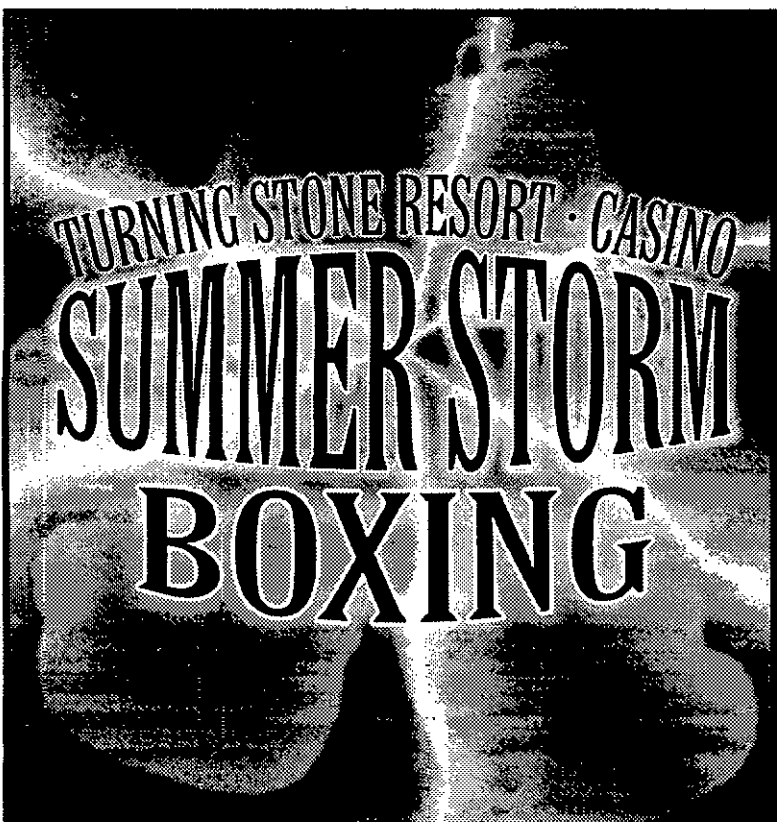
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RCS

(From Page 1)

"We'll be working with a consultant during the 2005-06 school year, to help us come up with a mapping process for our curriculum."

The mapping process would help teachers get a better overall look at how course offerings could be streamlined to make transitioning more effective from grade to grade.

Although the RCS school district is at the end of a major

period of construction, the group is also discussing the concept of two separate middle schools, one for fifth and sixth grade, and one for seventh and eighth grade.

"Ultimately the goal is to have two houses of the middle school," said Albano. "We will have to do additional building. We're looking at cost-effective ways to address this. Right now we're at the end of a building project."

Communication with district parents and the public is also a factor. Albano said ideas for Web

site expansion and researching national standards for the Family Involvement Program

Albano said it would likely be a few years before all the goals of the task force are realized, but that won't stop them from implementing changes as they go along.

"There are a lot of goals that the teachers are just beginning to discuss, but there are also many things that can be implemented now," she said. "It's a work in progress. This year is the beginning of those goals."

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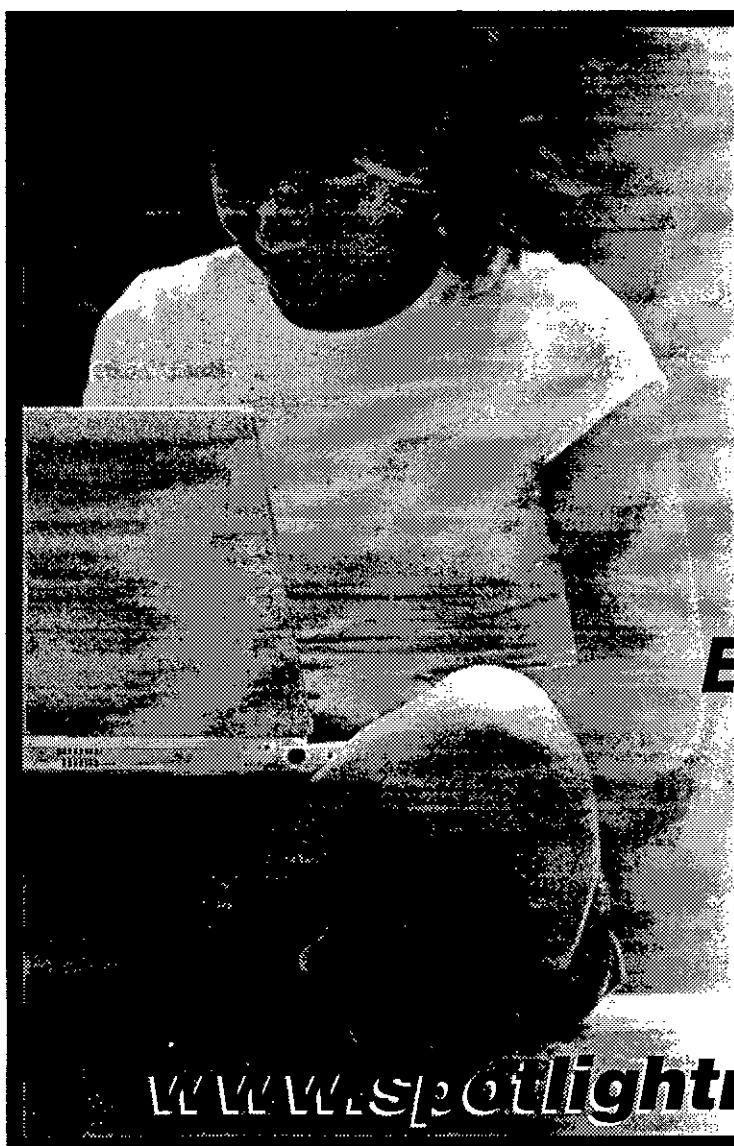
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Uncorking

(From Page 1)

struck down Michigan and New York laws that prohibited the direct shipment to in-state consumers from out-of-state wineries, but allowed in-state wineries to ship out-of-state.

The ruling, deemed as discriminatory, rescinded similar legislation in 22 other states.

Johnston has already been selling out-of-state for sometime. The only effect the past legislation had had on wineries such as Johnston's was that the court ruling banned those 21 other states from allowing their residents from buying from him or other New York wineries.

New York only asked its wine producers to observe other states' laws governing direct-to-consumer sales. However, with no means of taxation or licensing of the sales, oversight was little to none.

What had transpired over the years was a gray market where wine crossed states lines unchecked and cases of wine met little resistance at states borders.

"There are 50 different countries in the U.S. when it comes to marketing wine," said Jim Trezise, president of the New York Wine and Grape Foundation.

Attempts to reach the state Liquor Authority were unsuccessful, but the state police confirmed that tips on out- or in-state sales of wine direct to consumer never came about.

"To my knowledge I have no independent verification of any place where we got a tip with a truck leaving with cases of wine going to wherever," said State Police Trooper Patrick Hogan.

"It's a matter of 'yes it's illegal' but you have to pick your fights, according to authorities," said Hogan.

The courts informed New York and Michigan to either allow out-of-state wineries to ship in, or ban incoming and outgoing shipment in altogether.

"New Jersey banned all in- and out-of-state direct shipments," said Johnston, speaking of another reaction one of the 22 states had to the federal ruling.

He is uncertain what New York has in store as far as the details of the new process goes.

There are rumors of licenses needed to sell directly to consumers, he said. And, what was somewhat of a gray area between wine connoisseurs and their favorite out-of-state vintages could now come with an additional price tag.

The legislation opens the market to all wineries and limits them only by their sales strategies and the extent to which they plan to capitalize on the new freedoms.

"There will be some wineries that benefit from this, and small wineries may say 'It's not worth it for us to do this,'" said Trezise.

It is possible that each state could require a license to help keep track of packages and respective excise taxes, said Johnston. A 3,000-gallon per year winery like Johnston's would not be a contender in the state's new mission to become the country's second Napa Valley.

"I don't know how this is going to shake out," he said.

However, many state wineries have made their claim through both in- and out-of-state tourists who visit their establishments and take home wines with them. The new legislation would allow them to order those same wines from their home states, said Trezise.

State winery profits are predicted to increase by between 15 and 25 percent in the next couple of years because of the new law, said Trezise. After that it is expected that the industry will maintain average growth of anywhere from 5 to 10 percent a year like it has in the past, he added.

State officials expect the result to be new and invigorated state wine producers whose additional revenue will create more wines and more drinkers. As a result, local retailers should see their sales increase as well.

Licensed wholesalers and distributors, however, opposed the new law, since they see a potential dent in their past revenue, which came through excise taxes.

The new legislation requires the licensed wineries to register with the state Department of Taxation and Finance and pay all applicable state and local sales and excise taxes.

With wine lovers now able to buy directly from wineries across the country, retailers haven't expressed the same concerns distributors have. Business should be as usual.

"It's not going to have a wonderful effect on my business, but people may find that buying direct from the wineries won't be all it's cracked up to be," said Shannon Briscoe, manager of Save-More Wine and Liquors in Menands.

According to Briscoe, packages could come in damaged and

people may not get what they ordered, and whether or not they will be reimbursed or receive the proper order is uncertain.

In some local shops, people sometimes have the ability to sample what they might buy.

In a bill signing ceremony in the Finger Lakes wine region, Pataki boasted a new dawn would rise on state wineries, as a new national market would become open to them.

The new legislation carries the caveat that each buyer in the state be limited to 36 cases a year from any winery.

Additional regulations include that each box containing wine is to be marked with the words "contains wine-signature of person age 21 or older required for delivery;" wineries and wine manufacturers are limited to shipping 36 cases per year (no more than (9) 1-liter bottles in each case;) and that out of state wineries apply for a license in New York to be located in a state which affords New York wineries reciprocal shipping privileges.

Winemaking

(From Page 1)

varieties from fruit other than grapes.

"Fruit contains sugar, water and flavor, and you can ferment any type of sugar/water solution," Johnston said. Fermentation is the process of turning sugary liquid into alcohol.

Johnston made a cherry wine recently. He said he needed more than 3,000 pounds of fruit to make 250 gallons. He grew some of what he needed on his four-acre orchard and ordered the rest from a farm near the Finger Lakes. He pressed the fruit to extract juice and then macerated it. Maceration is a process in wine making whereby pressed fruit is left to age in its own juice for about a week before it is strained and fermented.

Johnston, who has operated his winery on Bliss Road for 15 years, said he learned his trade from his parents, both chemists. He said they made elderberry wine and taught him the science of fermentation. Shortly after he graduated with a degree in English from Skidmore College, he had an opportunity to buy commercial wine-



A wide selection of New York vintage is on display at the Delmar Wine and Liquor store in Delaware Plaza, Delmar.

making equipment from a small vineyard near the Finger Lakes. For about \$1,500 he picked up what he needed to start a small business.

His first product was a wine made from apple cider - a wine he still makes and counts as popular. In addition to that and his cherry wine, Johnston makes peach wine, and three types of grape wine from California-grown grapes. He also makes mead. Mead is wine from fermented honey and is one of the oldest alcoholic beverages in the world.

Mead, apple wine, peach wine, and cherry wine can substitute for white wine with dinner. Johnston said apple wine is good with any food that goes well with applesauce - such as pork chops and ham. He said he recently used cherry wine when cooking and made a nice reduction sauce to go with his salmon. His blueberry wine is hearty and more of a "steak and potatoes kind of wine," he said.

Colebrook Farms makes several blended wines. Cameron

said he orders Granny Smith apples from local orchards, presses them and blends the liquid with Riesling grape juice he buys from farms near the Finger Lakes. The Apple-Riesling wine is one of his more popular products. He also makes a strawberry-rhubarb blend using fruit from local gardeners. Rhubarb, which often grows wild, is a prolific plant and most people have more than they need for summertime pies.

"It would otherwise go to seed," he said of the plant. "So I might as well put it to good use."

Cameron said he and his partner Fran Morrison only sell their products at local farmers markets. They set up shop in Saratoga Springs, Cambridge and Troy. Johnston said he does most of his business at his winery's store, but also sells to a few independently owned wine shops. As for wide distribution of his local vintages, he doubts that will happen. He said he cannot reduce his price enough to meet distributor company requirements.



Kurt Johnston, left, in his winery. He makes several varieties of wine from fruit other than grapes, including cherry wine, blueberry wine and mead.



Graham Parker and Stacy Corp

Corp, Parker engaged

Stacy Lee Corp, daughter of John and Michele Corp of Clifton Park, and Graham Spencer Parker, son of Gary and Karen Parker of Ballston Lake, are engaged to be married.

The bride-to-be is a graduate of Shenendehowa High School and SUNY Plattsburgh. She received her master's degree

from The College of Saint Rose. She is a teacher for Schuylerville Central Schools.

The groom is a graduate of Shenendehowa High School and the University at Albany. He is a reporter for Spotlight Newspapers in Delmar.

The couple plans an Aug. 13 wedding.

Heather Jane Elling, daughter of David and Gale Elling of Setauket, and C. Patrick Scholes, son of Charles and Nancy Scholes of Delmar, were married June 26, 2004.

The ceremony was performed by the Rev. Richard Visconte at Caroline Church of Brookhaven in Setauket.

A reception followed at Nissequogue Golf Club.

Maid of honor was Alida Rowe.

Bridesmaids were Jennifer Escalles, Carolyn Brayson and Leigh Horton.

The best man was Matthew Hogan.

Groomsmen were Jonathan Scholes, brother of the groom, Scott Elling, brother of the bride, Matthew Feinstein and Adam Silbert.

The bride graduated from Elon University.

She is a manager for Talbots in Edgewater, NJ.

The groom graduated from Cornell University. He received a master's degree from the University of Rochester.

He is an investment banker for J.P. Morgan in New York City.

After a wedding trip to Hawaii, the couple resides in New York City.



Heather and C. Patrick Scholes

Dean's List

Georgetown University

Zachary Gray of Delmar

SUNY Binghamton

Khalid Umar of Delmar.

University of Delaware

Carolann Edie, Michael James Manzione, Jaclyn Nicole Pilette, Jameson David Putnam, Dominik Schneider and Andrew Charles Swiatowicz, all of Delmar.

Kristyn Ann Raffaele of Glenmont.

Andrea Jeanne Passarelli of Voorheesville.

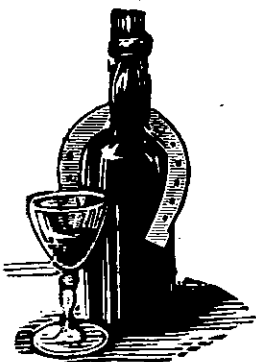
Hobart College

Thomas M. Rood of Delmar.

Class of '05

SUNY New Paltz

Daniel J. Smith of Delmar, bachelor's in mathematics, magna cum laude.



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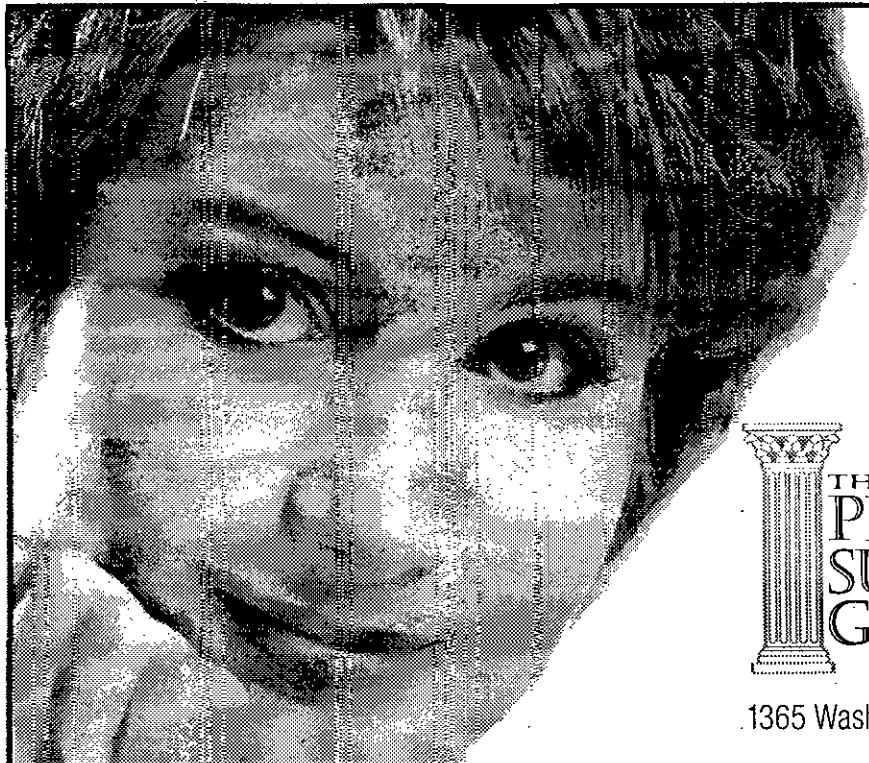
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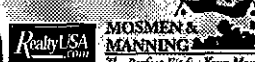
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Obituaries

Marie Jordan

Marie E. Jordan, 95, of Guilderland, formerly of Elsmere, died Tuesday, Aug. 2, at St. Peter's Hospice Inn in Albany.

Mrs. Jordan was born in Philadelphia, Pa.

She was a communicant of St. Matthew's Church in Voorheesville.

She was the widow of F. Robert Jordan Sr.

Survivors include a son, F. Robert Jordan Jr. of Guilderland; five grandchildren; and four great-grandchildren.

Services were from Applebee Funeral Home in Delmar and St. Matthew's Church.

Burial was in Calvary Cemetery in Glenmont.

Contributions may be made to St. Peter's Hospice Inn, 315 S. Manning Blvd., Albany 12208.

Kyle Genaway

Kyle Roland Genaway, 46, of Delmar died Friday, July 29, at Hospice Inn at St. Peter's Hospital in Albany.

Mr. Genaway was born in Massena. He later lived in North Carolina and graduated from Brevard College. He moved to the Albany area in 1987.

He worked as a medical laboratory technician at St. Peter's Hospital for the past 17 years.

He was a member of First United Methodist Church of Delmar. He sang in church choir and taught Sunday school. Kyle also coached for the Bethlehem Soccer Club.

Survivors include his wife, Carrie Trufant Genaway; his parents, Frederick E. and Carrie Mize Genaway; two sons, Roland Genaway and Roman Austin; a sister, Karen Oothoudt of Newnan, Ga.; and three brothers, Stephen Genaway of Winston-Salem, N.C., Chris Genaway of Granite Falls, N.C., and Kevin Genaway of Hickory, N.C.

Services were from Applebee Funeral Home in Delmar and First United Methodist Church.

Burial was in Prospect Hill Cemetery in Schuylerville.

Contributions may be made to Cancer Care Center, 317 S. Manning Blvd., Albany 12208 or First United Methodist Church, 428 Kenwood Ave. Delmar 12054.

Marie Bush

Marie F. Pagliaro Bush, 72, died Monday, July 25, at Albany Medical Center Hospital.

Mrs. Bush was born and lived all her life in Coeymans.

In 1988, Marie retired after 25 years of service at the state Department of Audit and Control.

She was the widow of Ralph C. Bush.

Survivors include a son, Mark D. Bush of Coeymans; three sisters, Aquilla Securo, Antonette Pagliaro and Rose Stalker; and a grandchild.

Contributions may be made to the Ravena Rescue Squad, P.O. Box 144, Ravena 12143.

Robert Conway

Robert G. Conway, 83, of Delmar, died Saturday, July 30, at the Inn at St. Peter's Hospital Hospice.

Mr. Conway was born in Cohoes. He graduated from Christian Brothers Academy and attended Cornell University.

He was a Navy veteran of World War II, having served in the Pacific.

He later graduated from Albany Law School.

He was in private practice and served as an assistant attorney general in the claims and litigation bureau of the state Attorney General's office.

He was a Little League coach and a member of the Knights of Columbus, the Benevolent Protective Order of Elks, the Veterans of Foreign Wars and the American Legion.

He was husband of the late Jean Riley Conway.

Survivors include three sons, Robert Conway Jr. of Glenmont, Timothy Conway of Troy and Nicholas Conway of Helena, Mont.; two daughters, Sybil Gilmore of Penfield and Cynthia Conway of El Cajon, Calif.; their mother, Kathryn Kelly Conway of Fairport; and seven grandchildren.

Services were from McVeigh Funeral Home and St. Catherine of Siena Church, both in Albany.

Burial was in St. Agnes Cemetery in Menands.

Contributions may be made to St. Peter's Hospital Foundation, Suite 309, 319 S. Manning Blvd., Albany 12208 or to Albany Law School, 80 New Scotland Ave., Albany 12208.

Floyd Marr Sr.

Floyd L. Marr Sr., 77, of Delmar, died Sunday, July 31.

Mr. Marr was born in Green Island.

He was a truck driver for 37 years before retiring.

Survivors include his wife, Lois Marr; four sons, George Marr, Floyd L. Marr Jr., Richard Marr and Roger Marr; a daughter, Donna Blackwell; 18 grandchildren; and 16 great-grandchildren.

Services were from New Comer-Cannon Funeral Home in Colonie.

Contributions may be made to Community Hospice of Albany, 445 New Karner Road, Colonie 12205.

Clayton VanBuren

Clayton F. VanBuren, 55, of Maewin Drive in Glenmont, died Friday, July 29, at his residence.

Mr. VanBuren was born in Albany.

He was raised in West Sand Lake, had resided in Glenmont and Selkirk for the past 20 years and was a graduate of Columbia High School.

He was an Army veteran of the Vietnam War and later enlisted in the Marines.

He was a shuttle bus driver for Rensselaer County NYSARC at the Brunswick Center for the past two years and prior to that was an automobile transporter for Capital Cities Imported Cars. He drove the Tulip Queen of the Tulip Festival in Albany during the festival parade for several years.

Survivors include his wife, Dianna Kleinhans VanBuren; six daughters, Margaret Van-Amburgh of Florida, Mary Andrews of Saratoga Springs, Doris Walko of Troy, Caroline Graver of Castleton and Shirley Graver and Cathy Burdick, both of West Sand Lake; and three sons, Burton VanBuren of West Sand Lake, David VanBuren of Averill Park, Frank VanBuren of Delanson.

Services were from DeGraaf-Bryce Funeral Home in West Sand Lake and St. Henry's Church in Averill Park.

Burial was in St. Henry's

Cemetery in Averill Park.

Contributions may be made to the American Heart Association, 440 New Karner Road, Colonie 12205 or the American Diabetes Association, 50 Colvin Ave., Albany 12206.

Edmund Heffner

Edmund L. Heffner, 88, of Voorheesville, died Tuesday, Aug. 2, at St. Peter's Hospice in Albany.

Mr. Heffner was born in Albany.

He was employed as a district administrative manager of A.M. International of Albany for 45 years.

He was a past president of the Albany Chapter of the Administrative Management Society. In 2003, he received the Capital District Senior Lifetime Achievement Award.

He was husband of the late Myra Evelyn Brofee Heffner.

Survivors include a son, Craig B. Heffner of Horseheads; a daughter, Pamela L. Reppert of Saratoga Springs; and three grandchildren.

Burial was in Elmwood Cemetery in Selkirk.

Contributions may be made to First United Methodist Church in Delmar or the American Cancer Society.

Alexander Mitrovs

Alexander Mitrovs, 84, of Glenmont died Tuesday, Aug. 2, at St. Peter's Hospice in Albany.

Mr. Mitrovs was born in Lepaja, Latvia. He came to the U.S. in 1949 and soon moved to the Albany area.

He was employed as a carpenter for many years and then worked at the Glenmont Job Corp. for five years, retiring about 1984.

Survivors include his wife, Raja Jaksi Mitrovs.

Services were from Tebbutt Funeral Home in Albany.

Burial was in Albany Rural Cemetery in Menands.

Contributions may be made to Community Hospice of Albany, 445 New Karner Road, Colonie 12205.

Elizabeth Lyons

Elizabeth Lillian Lyons, 101, formerly of Ravena, died at Resurrection Nursing Home Tuesday, Aug. 2.

Mrs. Lyons was born in Brooklyn. She was raised in the Ravena-Coeymans area and had also lived in the Albany area for many years.

Survivors include a sister, Evelyn M. Edwards of Chatham.

Services were from Magin & Keegan Funeral Home and Grotto of Our Lady of Lourdes, both in Albany.

Burial was in St. Patrick's Cemetery in Coeymans.

Contributions may be made to Resurrection Nursing Home, 90 Main St., Castleton 12033.



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Obituaries

Thomas Randall

Thomas Dudley Randall, 92, of Slingerlands, died Tuesday, Aug. 2, at St. Peter's Hospital in Albany.

Mr. Randall was born in Johnstown. After graduating from Johnstown High School, Mr. Randall received a bachelor's degree in civil engineering from Union College and a master's degree in civil engineering from New York University, where he also taught on a graduate fellowship.

He was an Army veteran of World War II, retaining the rank of captain. He remained with the Air Force Reserves until 1951 when he retired with the rank of major.

He was employed by Douglas M. McBean Engineers in Rochester before he returned to Johnstown and joined his father in the operation of George W. Randall general building contractors. He later succeeded his father as president of the company. Eventually he founded Thomas D. Randall Associates and was instrumental in designing many school, college, business and museum buildings in the Northeast.

Mr. Randall was a lifelong member and former vestryman of

St. John's Episcopal Church in Johnstown and, in later years, attended St. Peter's Episcopal Church in Albany. He had served the Episcopal Diocese of Albany as a former member of the Great Chapter of All Saints Cathedral, chairman of the diocesan development fund and received three Bishop's Awards.

He also was a former chairman of the board of trustees of the American Institute for Economic Research in Great Barrington, Mass., and was a co-founder and charter member of the Fulton County Industrial Development Org., former member of the board of directors of Nathan Littauer Hospital and was a member and past president of the Gloversville board of education.

Other former memberships included the Eastern Contractors Association and the board of directors of the former Trust Co. of Fulton County. He also served as chairman of Meals on Wheels of Johnstown and Gloversville and served as chairman of the Carpenters' Welfare and Pension Fund. He was a member of the Gloversville Masonic Lodge, the American Society of Civil Engineers, the YMCA and the Princeton Club of New York.

Survivors include his wife,

Jean Bresee Grant Randall; a son, Grant Ripley Randall of Glenmont; and a grandchild.

Services were from Ehle Funeral Home in Johnstown.

Burial will be in Poultney Cemetery in Poultney, Vt.

Friends are invited to attend a memorial service to be held Saturday, Aug. 13, at 10 a.m. at St. Peter's Episcopal Church in Albany.

Contributions may be made to the Williston Northampton School (Annual Fund), 19 Payson Ave., Easthampton, Mass. 01027.

Ronald Tielking

Ronald M. Tielking, 44, of Guilderland died Saturday, July 30.

Mr. Tielking was born in Utica.

He worked as a technician at Albany Dodge Leasing Corp. Since 1989, he owned and operated Schoolhouse Road Automotive. Recently, he became an operator for Troy Sand and Gravel.

Survivors include his wife, Nancy Tielking; two daughters, Erica Tielking and Jenna Tielking; his mother Jacqueline Tielking; a brother, Terry Tielking; and a sister, Bonnie LaGoy.

Services were from New Comer-Cannon Funeral Home in Colonie.

Contributions may be made to the Capital City Rescue Mission, 259 South Pearl St., P.O. Box 1999, Albany 12201.

Marie Jordan

Marie E. Jordan, 95, of Guilderland, formerly of Elmsmere, died Tuesday, Aug. 2, at St. Peter's Hospice Inn in Albany.

Mrs. Jordan was born in Philadelphia, Pa.

She was a communicant of St. Matthew's Church in Voorheesville.

She was the widow of F. Robert Jordan Sr.

Survivors include a son, F. Robert Jordan Jr. of Guilderland; five grandchildren; and four great-grandchildren.

Services were from Applebee Funeral Home in Delmar and St. Matthew's Church.

Burial was in Calvary Cemetery in Glenmont.

Contributions may be made to St. Peter's Hospice Inn, 315 S.

Manning Blvd., Albany 12208.

Flora Tabachneck

Flora Simonovitz Tabachneck, 94, of Our Lady of Mercy Life Center in Guilderland, formerly of Hansen Avenue in Albany, died Wednesday, Aug. 3, at the nursing home.

Mrs. Tabachneck was born in Prague. She had been an Albany resident most of her life.

She was a member of Congregation Ohav Shalom in Albany.

She was the widow of David Tabachneck.

Survivors include a son, Alan Tabachneck of Albany; a daughter, Lenore Raboy of Montgomery Village, Md.; two grandchildren; and two great-grandchildren.

Services were from Congregation Ohav Shalom in Albany.

Burial was in the Ohav Shalom Cemetery in Guilderland.

Contributions may be made to Community Hospice of Albany, 445 New Karner Road, Colonie 12205.

Lawrence Shajuyigbe

Lawrence Shajuyigbe, 57, of Colonie died Sunday, July 24, at Albany Medical Center Hospital.

Mr. Shajuyigbe was born in Ibokun Ilesa, Osun State Nigeria.

He worked as a civil engineer with 17 years of service for Region 1 State Department of Transportation in Schenectady until recently retiring.

Survivors include his wife, Vera Imperiale-Shajuyigbe; his children, Temitayo Shajuyigbe, Olayinka Shajuyigbe and Olaitan Shajuyigbe; a stepdaughter, Christina Williams; six sisters; two brothers; and a grandson.

Services were from New Comer-Cannon Funeral Home in Colonie and Christ's Church of the Capital District in Guilderland.

Burial was in Most Holy Redeemer Cemetery in Niskayuna.

Robert Stepien

Robert B. Stepien, 75, of Colonie, died Friday, July 29, at home.

Mr. Stepien was born in Amsterdam. He was a Colonie resident for most of his life.

He worked for and retired from the Postal Service.

Survivors include two sisters, Mother Dolores Stepien, C.R., Superior General of the Sisters of the Resurrection of Rome, Italy, and Janet Bauer of Johnsbrough; and a brother, Daniel Stepien of Albany.

Services were from New Comer-Cannon Funeral Home in Colonie and Our Lady of Mercy Church.

Burial was in Our Lady of Angels Cemetery in Colonie.

Contributions may be made to the Sisters of the Resurrection Retirement Fund, 35 Boltwood Ave., Castleton 12033.

Heine Lapidot

Heine Lapidot, 76, of Latham died Monday, July 11.

Mr. Lapidot was born in Argentina. He moved to Israel in 1954 and then to the U.S. in 1963, settling in Latham in 1966.

Survivors include wife, Ema Lapidot; two daughters, Amira Hemme of Houston, Texas, and Nurriel Lapidot of San Diego, Calif.; a son, Smadar Lapidot Zeigerson of Ft. Collins, Colo.; a brother; a sister; and eight grandchildren.

A memorial service will be held at Temple Israel in Albany Friday, Aug. 12, at 5 p.m.

Contributions may be made to the Community Hospice of Albany County.

Daisy Harris

Daisy Pupchek Harris, 89, of Colonie Manor, died Sunday, July 31, at Samaritan Hospital in Troy.

Mrs. Harris was born in New York City. She was raised on a farm in Dolgeville and later moved to Green Island and then Latham. She resided in Latham for more than 45 years.

She was employed by the Daniel Green Slipper Co. in Dolgeville, Marshall Ray in Troy and Behr-Manning Co. in Watervliet.

She was a member of St. Basil's Orthodox Church in Maplewood where she was a member of the R Club Auxiliary.

She was the widow of John P. Harris.

Survivors include a brother, William Pupchek of Palm Harbor, Fla.

Services were from Parker Bros. Memorial in Watervliet and St. Basil's Orthodox Church in Maplewood.

Burial was in St. Basil's Cemetery in Maplewood.

Laura Fisher

Laura Mary Fisher, 42, of Loudonville died Wednesday, Aug. 3, at Albany Memorial Hospital.

Survivors include a brother, John W. Fisher of Glenmont; and a sister, Donna Jane Breslin of Albany.

Services were from McVeigh Funeral Home in Albany.

Burial was in St. Agnes Cemetery in Menands.

Contributions may be made to the Center for the Disabled, 314 S. Manning Blvd., Albany 12208.

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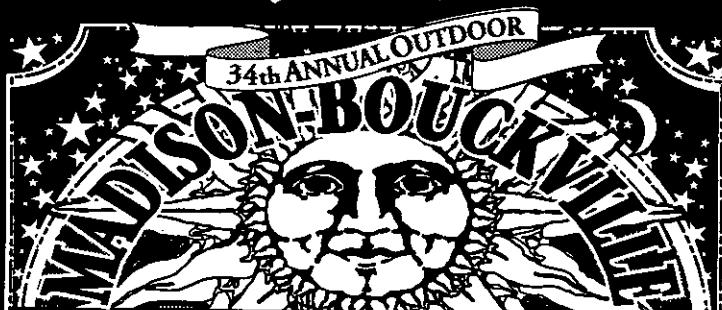
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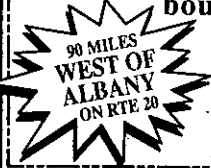
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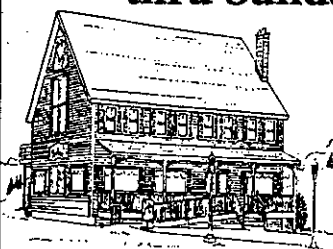
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Sunday 12-5



Daniel Scarpatti and Jennifer Oates

Oates, Scarpatti to marry

Jennifer C. Oates, daughter of John and Gerry Oates of Voorheesville, and Daniel J. Scarpatti, son of Randy and Theresa Scarpatti of Nashua, N.H., are engaged to be married.

The bride-to-be is a graduate of Clayton A. Bouton High School and Boston University. She received a master's degree from Harvard University. She is currently pursuing a certificate of

advanced graduate study at Rivier College.

She is an elementary school teacher in Nashua, N.H.

The future groom is a graduate of University of New Hampshire. He received a master's degree from Rivier College.

He is an elementary school teacher in Nashua, N.H.

The couple plans an April wedding.



Erika Schmit and Christopher Richards

Schmit, Richards engaged

Erika Schmit, daughter of John and Christina Schmit of Delmar, and Christopher Richards, son of Robert Richards of Albany, and Susan Richards of Poestenkill, are engaged to be married.

The bride-to-be is a graduate of Bethlehem Central High School and Russell Sage College. She received her master's degree from Sage Graduate College.

She is a teacher at St. Thomas School in Delmar.

The future groom is a graduate of Bishop Magin High School and the University at Albany. He received his master's degree from Sage Graduate School.

He is a high school social studies teacher.

The couple plans a July 16, wedding.

Weddings, engagements, anniversaries

The Spotlight would like to publish your engagement, wedding or anniversary announcement and photo.

There is no charge for this community service, however the couple must be connected to the coverage area.

Low-quality printer generated photos are not acceptable.

Digital photos can be e-mailed to beld@spotlightnews.com.

Please allow a minimum of eight weeks for the announcement to appear in the paper and include a contact name and number for questions.

For information and an announcement form, call 439-4949.

Mail announcements forms to The Spotlight, attn: Bridal Dept., P.O. Box 100, Delmar, 12054.

Goggin, Poole engaged



John Poole and Rebecca Goggin

Rebecca Clare Goggin, son of John and Catherine Goggin of Delmar and John Scott Poole, son of John and Elizabeth Poole of Slingerlands, are engaged to be married.

The bride-to-be is a graduate of Bethlehem Central High School and Maria College.

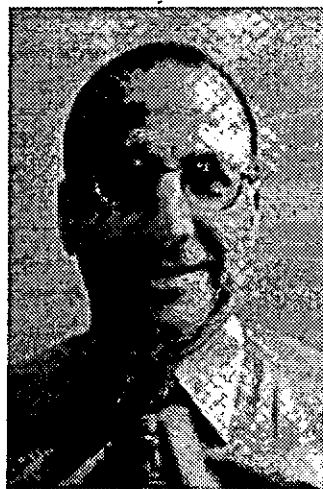
She is assistant manager for Normanside Country Club in

Delmar.

The future groom is a graduate of Guilderland High School, Schenectady County Community College and Rochester Institute of Technology.

He is general manager at Beffs in Delmar.

The couple plans an Oct. 8, wedding.



Langan Audi East

is happy to announce the addition of

John Greenhut
New Car Sales Manager

Formerly with New Country Lexus and Greenhut Galleries, John brings over 25 years of sales & customer service to the Audi Brand. Stop in, say "hello" and test drive one of our Quattro all-wheel drive vehicles and see what you think!

Langan Audi East

723 New Loudon Rd., Latham 12110 • 518-783-5003

jgreenhut@langanauto.com

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- UPHOLSTERY **439-0409**
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by appointment

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257 Delaware Ave.
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* offer good through 8/22/05 with this ad
First time clients only

Wedding Directory for Bridal Services

FLORISTS

Floral Garden Specializing in Weddings 339 Delaware Ave., Delmar, 478-7232 www.thefloralgarden.com
Catering to all budgets

INVITATIONS

Paper Mill Delaware Plaza: 439-8123
Personalized invitations & announcements for weddings, showers, bar mitzvah, new baby, graduation.

JEWELRY

Harold Finkle, "Your Jeweler" 1585 Central Ave., Colonie. 456-6800. Diamonds - Handcrafted Wedding Rings & Attendant's Gifts.

PHOTOGRAPHY

Personal, Professional Photographic Services. - 469-6551.

E.B. Photography Special Occasion Photography & Video, 281-3113 or 384-0997

TOOTH WHITENING

Dr. Kabinoff, 458-1892 1465 Western Ave., Guilderland. Professional Teeth Whitening.

VIDEO SERVICE

Edward Thomas Productions — Digital Multimedia Services. Professional Video Service - Personalized Wedding Video on DVD. Customized for your special day. Call (518) 368-6131. E-mail: etprod@juno.com

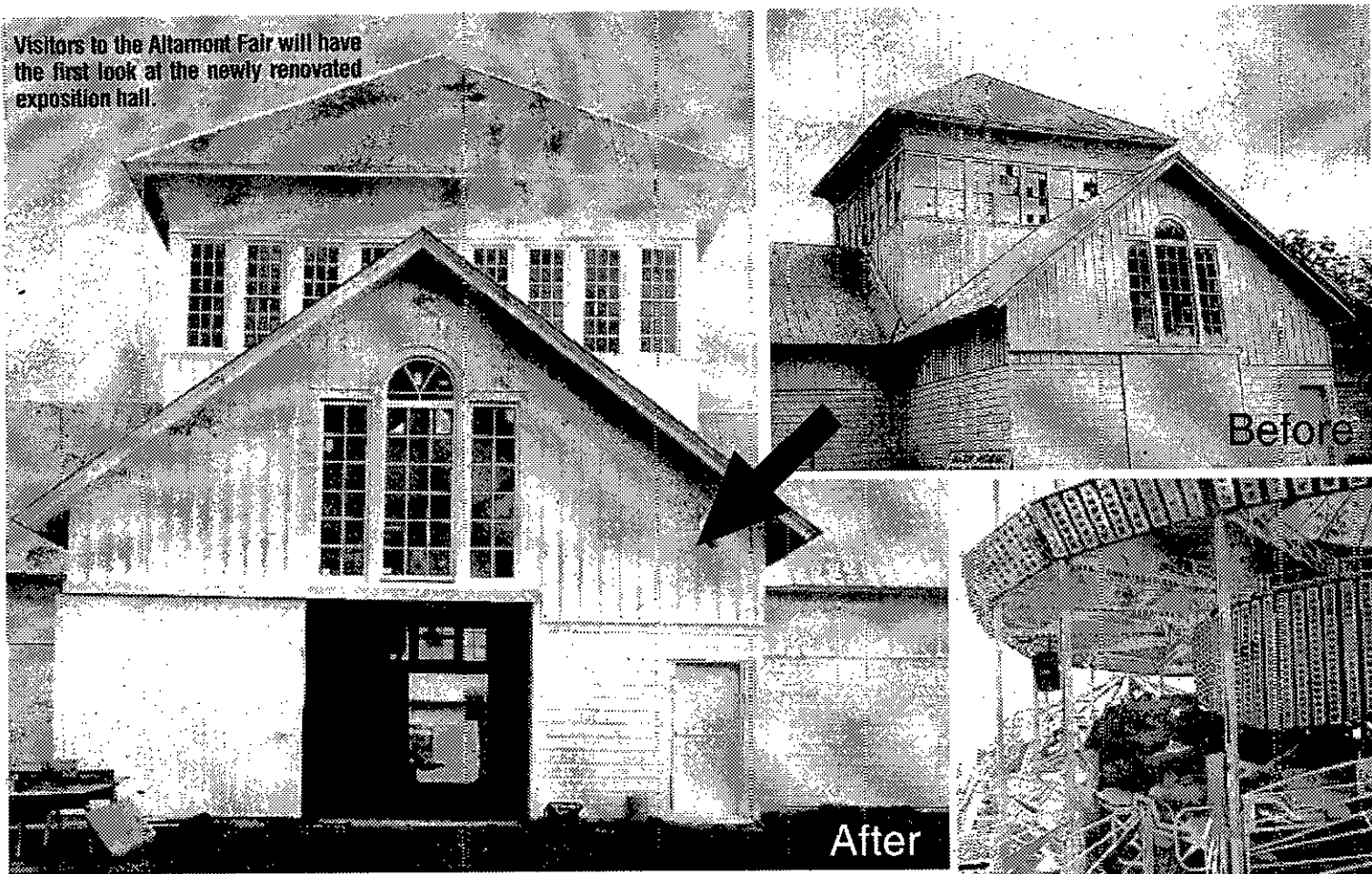
WEDDING INFORMATION

Bridal Show Dates, Articles: 1st Planning Step, Bridal Experts, Pre-marital Stress, Past Relationships. www.PocketWeddingGuide.com



Entertainment Spotlight

Visitors to the Altamont Fair will have the first look at the newly renovated exposition hall.



MORE THAN FAIR

By MARY LANNON

Along with new events like lawn mower races, dog agility shows and custom bike displays, visitors to the 112th Altamont Fair from Aug. 16 to 21 will have the first look at the results of a \$400,000 renovation project.

The original exposition hall on the fairgrounds was completed in three months at a cost of \$2,146 in August of 1896. That hall housed all the exhibits of grains, vegetables, flowers, preserves and handicraft. Not so different from today's changes, a committee formed to go to Cobleskill to look at its fair building for the "exhibition of Domestic, Manufacture Art and Fancy Work and Fruits and Vegetables."

"It was a place for people to showcase a variety of things," said Marie McMillen, vice president of the Altamont Fair board of directors.

That tradition continues at the fair, though today the showcases of one item may take up an entire building.

The original building still stands on the fairgrounds, now as the fine arts and flowers building, and until this summer, it had its original windows. The board looked into preserving the windows but their condition made restoration impossible, and so the building got new windows as well as a new paint job and a general sprucing up.

The renovation of the hall will be the most stunningly visible among many renovation projects on the grounds, the largest ever. Most of the money came from the sale of land owned by the fair. Visitors will notice that the road to the

fairgrounds has been repaved as have many of the pathways that link exhibit to exhibit. Stalls have been reinforced and the cows will be housed in a renovated 80-foot by 200-foot barn.

The new grounds will host many of the standard features including racing pigs, the star family circus, a petting zoo, 4-H'ers exhibiting sheep, goats, horses, pigs, and poultry, some wearing costumes.

Last week 4-H education program assistant Joan Baim put the finishing touches on the 4-H logo on the 4-H building at the fair.

"Everybody's getting ready for the fair," she said, adding, "The kids work all year to get ready."

Displays will go up Saturday Aug. 13 and be on view along side children's activities like hopscotch, a three-hole golf course and toy trucks, which can be maneuvered through bins of grain.

A fair wouldn't be a fair without a midway. The newest addition to the chills and thrills that bring visitors

sky high or to depths of dizziness is called The Wild Claw.

"It's really scary," McMillen said.

Tuesday and Thursday visitors can ride all day for \$15 or \$14 with a coupon.

The world's largest demolition show takes over the fairgrounds at 7 p.m. on Friday.

New this year the Albany County Firemen will host their annual convention in conjunction with the fair. On Wednesday, they will hold a Firemen's parade and have demonstrations on Sunday.

This year features musical acts such as Hair of the Dog, The Refrigerators and The Burners U.K.

At the 1892 to 1893 fair held Sept. 12 to 15, admission was 25 cents for adults and the net receipts added up to \$884.13.

Admission costs have changed of course.

Children under 12 are free. Advance sale adult tickets are \$9 and available at Price Chopper until Aug. 14. Regular adult admission is \$12; senior citizen tickets are \$10. A season pass costs \$30. For information, visit the Web site at AltamontFair.com or call 861-6671.



ARTS and ENTERTAINMENT

Theater

A MIDSUMMER NIGHT'S DREAM

Famous Shakespearean comedy presented by the Hilton Center for the Performing Arts, 40 Russell Road, Albany, through Aug. 14, \$10 to \$12. Information, 453-1048.

BIRTHDAY SUITE

Robin Hawdon farce presented by Curtain Call Theatre, 210 Old Loudon Road, Latham, through Aug. 14, 8 p.m. Wednesdays through Saturdays, 2 p.m. Sundays, \$18. Information, 877-7529.

BREAKING UP IS HARD TO DO

World premiere of musical based on the songs of Neil Sedaka, Capital Repertory Theater, 111 North Pearl St., Albany, through Aug. 20, \$15 to \$40. Information, 445-7460.

SOUTH PACIFIC

Rodgers and Hammerstein musical presented by Park Playhouse, Washington Park, Albany, through Aug. 14, 8 p.m. Tuesdays through Sundays, free seating on lawn. For reserved seating and information, call 434-0776.

Music

CAPTAIN SQUEEZE & THE ZYDECO MOSHERS

Capital District band specializing in Cajun music, Aug. 10, 11:30 a.m., Ten Eyck Plaza, Albany, free. Information, 465-2143.

THE REFRIGERATORS

Rock cover band, Aug. 10, 7 p.m., Freedom Park, Schonowee Avenue, Scotia, free. Information, 370-0662.

THE NEW SOCIETY BAND

Italian band featuring vocalist Tony Torino, Aug. 10, 7 p.m., Pruyn House, 207 Old Niskayuna Road, Newtonville, \$5 adults, \$2 children. Information, 783-1435.

GIN BLOSSOMS

Popular 1990s pop-rock band, with John Cafferty opening, Aug. 10, Empire State Plaza, Albany, free (part of I Love New York Food Festival). Information, 473-0559.

EILEEN IVERS & IMMIGRANT SOUL

Celtic band featuring nine-time All-Ireland fiddle champion, with the Jimmy Kelly Band opening, part of Alive at Five concert series, Aug. 11, 5 p.m., Riverfront Park, Albany. Information, 434-2032.

MARCIA BALL

Rhythm and blues pianist, Aug. 11, 7 p.m., Agnes MacDonald Music Haven stage, Central Park, Schenectady, free. Information, 382-5152, ext. 4.

THE SAW DOCTORS

Celtic rock band, Aug. 14, 7 p.m., The Egg, Empire State Plaza, Albany, \$24. Information, 473-1845.

THE FOY BROTHERS

Local soul and R&B band, Aug. 17, 11:30 a.m., Ten Eyck Plaza, Albany, free. Information, 465-2143.

GRAND FUNK RAILROAD

An "American Band," with Edgar Winters opening, Aug. 17, Empire State Plaza, Albany, free. Information, 473-0559.

ALOTTA SOUND AND DIXIE SWEET HOTS

A pair of New Orleans-style jazz bands, Aug. 23, 6:30 p.m., Cook Park, Colonie, free. Information, 869-7562.

NITROJIVE

Capital District swing jazz band, Aug. 24, 11:30 a.m., Ten Eyck Plaza, Albany, free. Information, 465-2143.

MUSIC HAVEN GALA

With Mighty Sparrow performing, Aug. 24, 7:30 p.m., Agnes MacDonald Music Haven stage, Central Park, Schenectady, free. Information, 382-5152, ext. 4.

Comedy

CHARLIE MURPHY

Eddie Murphy's brother and "Chappelle's Show" cast member, Sept. 24, 8:30 p.m., The Egg, Empire State Plaza, Albany, \$27. Information, 473-1845.

Visual Arts

NEW YORK STATE MUSEUM

"Ann Zane Shanks: Behind the Lens," through Feb. 26. Plus permanent collections on the 9/11 recovery effort, New York state history and geography, Empire State Plaza, Madison Avenue. Information, 474-5877.

THE CLARK

"Jacques-Louis David: Empire to Exile," through Sept. 5; "Little Women, Little Men: Folk Art Portraits of Children from the Fenimore Art Museum," through Oct. 15; "The Clark: Celebrating 50 Years of Art in Nature" and "50 Favorites," through May 16, 2006; and other ongoing exhibitions. Information, 413-458-0524.

ALBANY INSTITUTE OF ART

"Albany & Troy Arts and Crafts: 1907-1918," through Aug. 31. "Rembrandt & Titus, Artist and Son: Paintings by Thomas Locker," through Aug. 14. Plus exhibits on Hudson River School painting, American sculpture, Egypt and the history of Albany, 125 Washington Ave. Information, 463-4478.

ALBANY CENTER GALLERIES

"David Arsenault: Ten Years 1995-2005," through Aug. 27, Albany Public Library, 161 Washington Ave., Albany. Information, 462-4775.

SCHENECTADY MUSEUM

"Dressing for the Racetrack," through Sept. 4, plus Spirit of Schenectady, collection highlights and planetarium, Nott Terrace Heights. Information, 382-7890.

ALBANY AIRPORT GALLERY

"Precious Little," a multi-artist exhibition, through Sept. 4, plus site-specific installations by Anthony Garner, Boris Karayazgan, Paul Katz, Nancy Klepsch and Victoria Palermo. Information, 242-2243.

LOCAL COLOR ART GALLERY

"Art for the Harvest Moon," featuring Diane Bollman's watercolor paintings from around the world, through Aug. 31, 961 Troy-Schenectady Road, Latham. Information, 786-6557.

THE HYDE COLLECTION

Rembrandt's "Portrait of Saskia van Uylenburgh, the Wife of the Artist," through Aug. 31, "Painting Lake George, 1774-1900," through Sept. 11, plus ongoing exhibits, 161 Warren St., Glens Falls. Information, 792-1761.

NATIONAL MUSEUM OF DANCE

"Dancing Rebels," an exhibit about the New Dance Group, plus ongoing exhibits, 99 South Broadway, Saratoga Springs. Information, 584-2225.

NEW YORK STATE MILITARY MUSEUM

"New York's Fighting Zouaves," through October, "Battleground for Freedom: New York during the Revolutionary War," and "To the Standard: Civil War Cavalry Flags from the New York State Battle Flag Collection," ongoing, 61 Lake Ave., Saratoga Springs. Information, 581-5100.

SARATOGA AUTOMOBILE MUSEUM

Ongoing exhibits including "East of Detroit" and New York racing featuring race car driven by 1951 Indianapolis 500 champion Lee Wallard of Altamont, 110 Avenue of the Pines, Saratoga Springs. Information, 587-1935, ext. 20.

Call for Artists

FIRST NIGHT ALBANY

Seeking artists for annual city-run New Year's Eve celebration. Artists should send audio compact disc, tape or video tape, a resume/biography, reviews, photographs and references to City of Albany Office of Special Events, Attn: Maura Gannon, City Hall-4th Floor, Eagle Street, Albany 12207. Deadline is Aug. 31.

DELMAR COMMUNITY ORCHESTRA

Openings in the string, horn and percussion sections. Information, 439-7749.

COLONIE TOWN BAND

Several openings, rehearsals on Mondays at 7:30 p.m. at town hall, Route 9, Newtonville. Information, 783-2760.

COLONIE CENTENNIAL BRASS CHOIR

Openings for brass players, rehearsals on first Thursday and third Tuesday of the month, at 7-15 p.m., town hall, Route 9, Newtonville. Information, 783-2760.

SUBURBAN SOUNDS COMMUNITY CHORUS

Openings in mixed chorus, rehearsals Sundays at 7 p.m. at Lynnwood Reformed Church, Route 146, Guiderland. Information, 861-8000.

FRIENDSHIP SINGERS

Openings in women's singing group, focusing on old favorites and show tunes, rehearsals Tuesday mornings at Community United Methodist Church 1499 New Scotland Road, Slingerlands. Information, 439-2360.

A CAPPELLA

New, informal, coed a cappella group in Delmar, for adults and teens 16 and older. Information, 439-0130.

MAGIC MAZE • SPANISH —

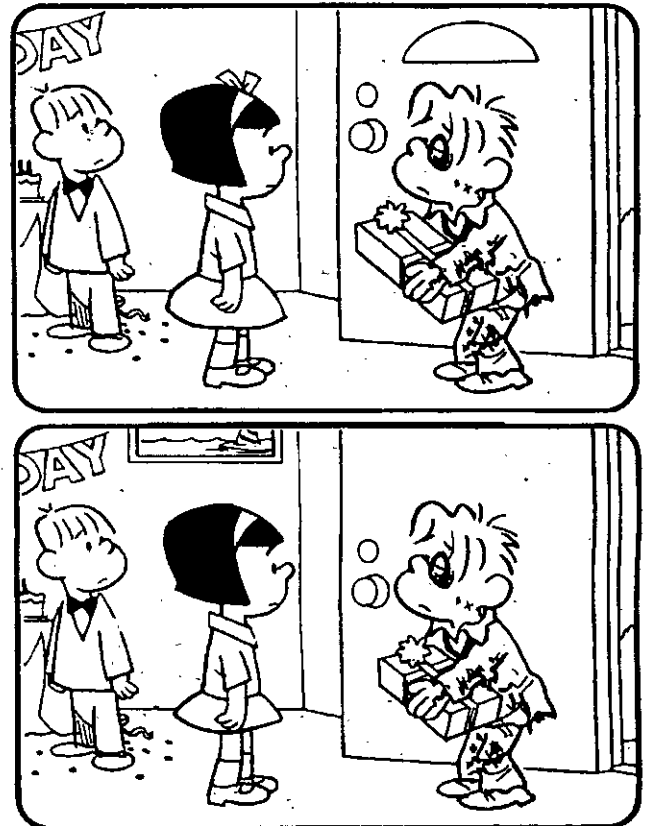
A R O L J T G D A X V S P N K
I F C A X V E S Q O L J H E C
A X V T S P R L R P N L J H F
N A C I R E M A E D B Y X V T
A D A M R A L G W M R P G O M
K I G E I N A T O L O U D D B
Z X I N Q U I S I T I O N W U
T R Q O G T S N L T O V J I G
F D C N A S Y X A F B W I W V
T S A R E C I R L P O U N C N
D L O G L K J Y I G F E S C B

Find the listed words in the diagram. They run in all directions — forward, backward, up, down and diagonally.

American	Gold	Main	Rice
Civil War	Guitar	Moss	Subtitles
Fly	Inquisition	Omelet	Town
Food	Language	Peanuts	

HOCUS-FOCUS

BY HENRY BOLTINOFF



FIND AT LEAST 6 DIFFERENCES BETWEEN PANELS.

Differences: 1. Picture is missing. 2. Bow is missing. 3. Skin is different. 4. Knob and lock are moved. 5. Window is missing. 6. Box is smaller.

The Super CROSSWORD

ACROSS

- 1 Picker-uppers.
- 7 Mr. Ziegfeld
- 10 Bread spread
- 13 Actress Laurie
- 18 Conductor Toscanini
- 19 Word with corn or snake
- 20 Mr. Baba
- 21 Scavullo's equipment
- 22 Elizabeth Taylor movie
- 25 Hudson River city
- 26 Day —
- 27 Rock's — Floyd
- 28 "Holy cow!"
- 29 Use the microwave
- 31 "Topaz" author
- 32 Gab
- 33 Football's Matson
- 35 Pupil's place
- 36 Energetic
- 39 '64 Hitchcock film
- 42 Way
- 45 Steber solo
- 46 English
- 49 Arkansas hrs.

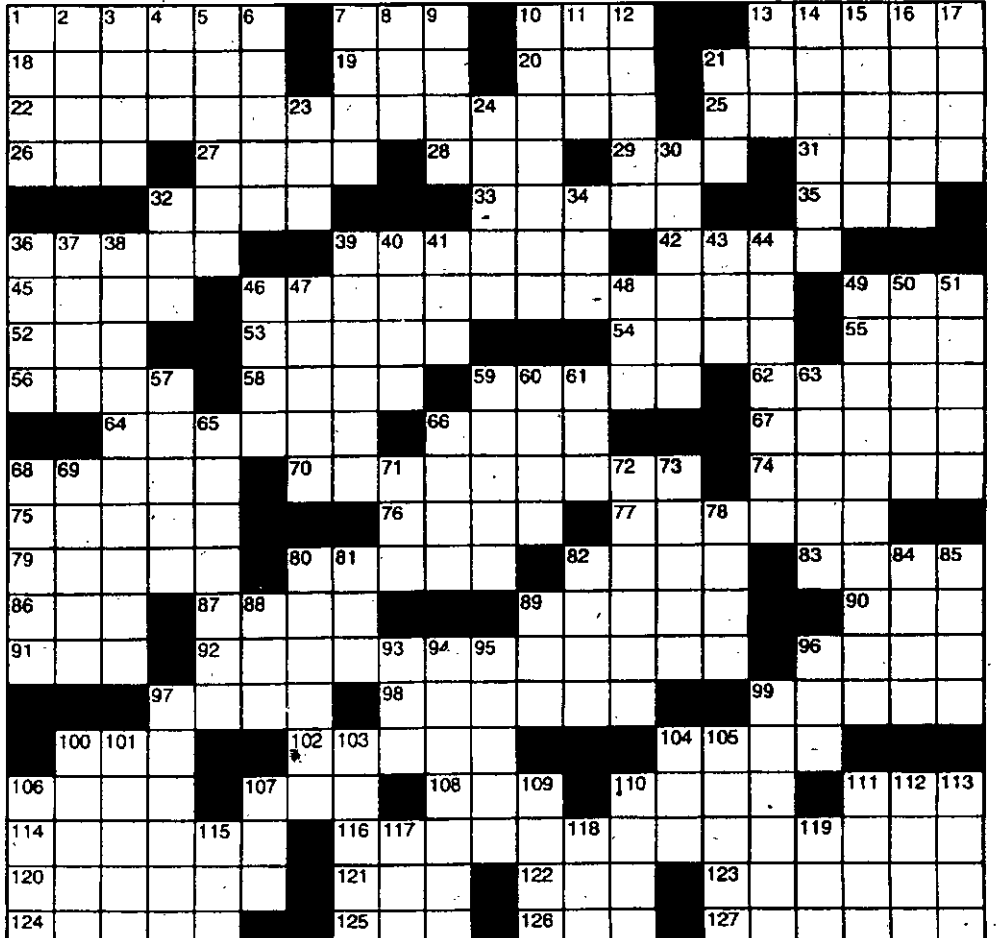
- 52 West's "Diamond"
- 53 Presses
- 54 Help in a heist
- 55 Cry of discovery
- 56 Blend
- 58 — chef
- 59 "Die Fledermaus"
- 62 Word form for "bone"
- 64 Fancy
- 66 Sailing
- 67 "Wait — Dark" ('67 film)
- 68 Comic
- 70 Bribe-to-be
- 74 Recesses
- 75 Pays to play
- 76 Manuscript imperative
- 77 Peter's partner
- 79 Smallest
- 80 Fiery felony
- 82 Atmosphere
- 83 Ridicule
- 86 Bisogio or Kilmer
- 87 Perry's creator
- 89 "—, you'll like it!"
- 90 Laudatory verse
- 91 Wapiti
- 92 Jason's quest

- 96 "Uptown Girl" singer
- 97 Screenwriter James
- 98 Big-billed bird
- 99 Power a trike
- 100 On the — (fleeing)
- 102 Composer Telemann
- 104 Moira Shearer, for one
- 106 Mrs. Zeus
- 107 Sniggler's quarry
- 108 Humor
- 110 Actress Arlene
- 111 Salon request
- 114 Hammed up "Hamlet"
- 116 Some boxers
- 120 Helen Hunt Jackson novel
- 121 Unwell
- 122 Hosp. area
- 123 Layers
- 124 Musty
- 125 Relative of — ist
- 126 — de plume
- 127 Tailor's apparatus

- 3 Director Preminger
- 4 "— genres"
- 5 Award
- 6 Sanchez or Braga
- 7 — dance
- 8 Actress Ullmann
- 9 First name in fashion
- 10 Field event
- 11 Flagon filler
- 12 Actress Gaynor
- 13 Crony
- 14 Permeated
- 15 Pole star?
- 16 Banks of baseball
- 17 Sunshine, slangily
- 21 Mushroom part
- 23 Farm animal
- 24 Tea of "Deep Impact"
- 30 Certain bacterium
- 32 Numbers man?
- 34 Part of a triangle
- 36 Reading matter?
- 37 Part of HOMES
- 38 Doris Day movie
- 39 Writer de Cervantes

- 40 Olympic hawk
- 41 "Kidnapped" monogram
- 43 Sugary suffix
- 44 Flabbergast
- 46 Iranian city
- 47 Moves like a Morgan
- 48 "— de mer"
- 49 Certain poplar
- 50 Arabian chieftain
- 51 Hoes and hammers
- 57 Produces prunes
- 59 Wan
- 60 Adroit
- 61 — Claire, WI
- 63 A nose that shows
- 65 IRA, e.g.
- 66 Concerning
- 68 Bisect
- 69 Hoopster Shaquille
- 71 Nav. designation
- 72 Vietnam's — Van Thieu
- 73 Column style
- 78 Figure of interest?
- 80 Accuse tentatively
- 81 Florid
- 82 Length X width

- 84 Scheme
- 85 Relate
- 88 Salty spread
- 89 RN's specialty
- 93 Ike's domain
- 94 Connecticut city
- 95 "Tempus —"
- 96 Gush
- 97 Explosive mixture
- 99 Considerate
- 100 Paul of "American Graffiti"
- 101 Lunch-eonette lure
- 103 Wee
- 104 Shorten a slat
- 105 Karpov's game
- 106 Towel word
- 107 Author LeShan
- 109 Svelte
- 110 Grass "The Tin —"
- 111 Kind of carpet
- 112 Major conclusion
- 113 Obsolete title
- 115 Chemical ending
- 117 Ivy Leaguer
- 118 Author Umberto
- 119 Kennel threat



The Spotlight CALENDAR

Wed. Aug. 10

BETHLEHEM

DELMAR ROTARY

Normanside Country Club, 7:30 a.m. Information, 767-2930.

MOTHERS OF PRESCHOOLERS (MOPS)

Christian fellowship group for mothers of preschool children, at the Delmar Reformed Church, 386 Delaware Ave., nursery care provided, 9:30 a.m. until 11:30 a.m., Information, call Jennifer at 439-9929 or e-mail, info@drchurch.org.

SOLID ROCK CHURCH

evening prayer and Bible study, 7 p.m., 1 Kenwood Ave. Information, 439-4314.

CHENREZIG PRACTICE AND MEDITATION

Meditation on the Bodhisattva of Compassion, at the KTC Buddhist Center, Doane Stuart School, Route 9W, Albany, 7 p.m., Information, 374-1792.

TOWN BOARD

Bethlehem Town Hall, 445 Delaware Ave., 5:30 p.m. Information, 439-4955.

BETHLEHEM TOASTMASTERS

The Clubhouse, Adams Station Apts., 1 Juniper Drive, Delmar, 7:30 p.m. Information, 439-0871.

EVENINGS ON THE GREEN
Bethlehem Public Library's Free Summer Concert Series, 7:30 p.m. Information, 439-9341.

BINGO

Blanchard American Legion Post, 16 Poplar Drive, 7:30 p.m. Information, 439-9819.

DELMAR FIRE COMMISSION

firehouse, Adams Place, 7:30 p.m. Information, 439-3851.

TESTIMONY MEETING

First Church of Christ, Scientist, 555 Delaware Ave., 7:30 p.m. Information, 439-2512.

NEW SCOTLAND

SUMMER READING CLUB

Captain Underpants, for grades 4 through 6, at the Voorheesville Public Library, 51 School Road, refreshments, 2 p.m., signup necessary, 765-2791.

TOWN COUNCIL

New Scotland Town Hall, Route 85, 7 p.m. Information, 439-4889.

PRAYER MEETING

evening prayer meeting and Bible study, Mountainview Evangelical Free Church, Route 155, 7:30 p.m. Information, 765-3390.

FAITH TEMPLE

Bible study, New Salem, 7:30 p.m. Information, 765-2870.

NEW SCOTLAND SENIORS

Wyman Osterhout Community Center,

New Salem, call for time. Information, 765-2109.

AA MEETING

First United Methodist Church of Voorheesville, 68 Maple St., 8 p.m. Information, 489-6779.

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DELMAR ROTARY

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AA MEETING

First United Methodist Church of

Voorheesville, 68 Maple St., 8 p.m. Information, 489-6779.

Thu. Aug. 11

BETHLEHEM

BETHLEHEM SENIOR CITIZENS

Bethlehem Town Hall, 445 Delaware Ave., 12:30 p.m. Information, 439-4955.

YOUTH EMPLOYMENT SERVICES

Parks and Recreation Office, Elm Avenue Park, 2-5:30 p.m. Information, 439-0503.

CAREGIVER SUPPORT GROUP

Church of St. Thomas the Apostle, 35 Adams Place, 7 p.m. Information, 439-7387.

DELMAR FIRE DEPARTMENT AUXILIARY

firehouse, Adams Place, 7:30 p.m.

ELSMERE FIRE CO. AUXILIARY

firehouse, Poplar Drive, 7:30 p.m.

BETHLEHEM MEMORIAL VFW

Post 3185, 404 Delaware Ave., 8 p.m. Information, 439-9836.

ADULT BIBLE STUDY

First Reformed Church of Bethlehem, 7 p.m., Route 9W, Selkirk. Information, 767-2243.

AA MEETINGS

Slingerlands Community Church, 1499 New Scotland Road, noon, and Delmar Reformed Church, 386 Delaware Ave., 8:30 p.m. Information, 489-6779.

NEW SCOTLAND

THE CLOTHING CLOSET

A service supported by area Reformed churches to provide clothing to those in need; volunteers welcome. Clarksville Reformed Church, Route 443, Clarksville, 8:30-11:30 a.m. and 4-7 p.m. Information, 768-2916 or 439-5400.

Fri. Aug. 12

BETHLEHEM

Children's Writing Workshop (JULY and AUGUST)
Bethlehem Public Library, 451 Delaware Ave., 9:30 a.m. - 11:30 a.m., Information, 439-9341.

AA MEETING

First Reformed Church of Bethlehem, Route 9W, 7:30 p.m. Information, 489-6779.

CHABAD CENTER

Friday services, discussion and kiddush at sunset, 109 Elsmere Ave. Information, 439-8280.

NEW SCOTLAND

PIONEER CLUBS

For children grades 1 through junior

high; Mountainview Evangelical Free Church, Route 155, 3:45 - 5 p.m. Information, 765-3390.

YOUTH GROUP MEETINGS

United Pentecostal Church, Route 85, New Salem, 7 p.m. Information, 765-4410.

Sat. Aug. 13

BETHLEHEM

AA MEETING

Bethlehem Lutheran Church, 85 Elm Ave., 7:30 p.m. Information, 489-6779.

Sun. Aug. 14

BETHLEHEM

WORSHIP INFORMATION

Bethlehem Community Church, 201 Elm Ave., 439-3135.
Bethlehem Congregation of Jehovah's Witnesses, Elm Avenue and Feura Bush Road, 439-0358.
Bethlehem Lutheran Church, 85 Elm Ave., 439-4328.
Delmar Full Gospel Church, 292 Elsmere Ave., 439-4407.
Delmar Presbyterian Church, 585 Delaware Ave., 439-9252.
Delmar Reformed Church, 386 Delaware Ave., 439-9929.
Family of God Nazarene Church, Krumkill Road at Blessing Road, North Bethlehem, 453-9953.
First Church of Christ, Scientist, 555 Delaware Ave., 439-2512.
First Reformed Church of Bethlehem, Route 9W, Selkirk, 767-2243.
First United Methodist Church of Delmar, 428 Kenwood Ave., 439-9976.
Glenmont Community Church, 1 Chapel Lane, Glenmont, 436-7710.
Gospel Fellowship, 10 Rockefeller Road, Delmar, 482-2132.
King's Chapel, 434 Route 9W, Glenmont, 426-9955.
KTC Buddhist Center, Doane Stuart School, Route 9W, Albany, 10 a.m. meditation, 11 a.m. tea, 11:30 a.m. study course, 374-1792.
Mount Moriah Ministries, Route 9W, Glenmont, 426-4510.
Slingerlands Community UMC, 1499 New Scotland Road, 439-1766.
Solid Rock Church, 1 Kenwood Ave., Glenmont, 439-4314.
South Bethlehem United Methodist Church, 65 Willowbrook Ave., 767-9953.
St. Michael's Shrine, Beacon Road at Route 9W, Glenmont, 462-2016.
St. Stephen's Episcopal Church, Poplar Drive and Elsmere Avenue, Delmar, 439-3265.
St. Thomas The Apostle Church, 35 Adams Place, Delmar, 439-4951.
Unity of Faith Christian Fellowship, 436 Krumkill Road, North Bethlehem, 438-7740.

SUMMER EXHIBIT (JUNE THRU AUGUST)

Childhood Treasures: Toys from the Past, Bethlehem Historical Association, 1003 River Road, 2 to 4 p.m.

NEW SCOTLAND

WORSHIP INFORMATION

All Nation's Baptist Church, 2558 Western Ave., Gunderland, 475-9086, ESL and Bible classes, 9 a.m.; Worship Services, 10 a.m.
Clarksville Community Church, Route 443, 768-2916.
Family Worship Center, 92 Lower Copeland Hill Road, Feura Bush, 768-2021.
Faith Temple, New Salem, 765-2870.
First United Methodist Church, 68 Maple Ave., Voorheesville, 765-2895.
Jerusalem Reformed Church, Route 32, Feura Bush, 439-0548.
Mountainview Evangelical Free Church, Route 155, Voorheesville, 765-3390.
Onesquethaw Reformed Church, Tarrytown Road, Feura Bush, 768-2133.
New Scotland Presbyterian Church, Route 85, 439-6454.
St. Matthew's Church, Mountain View Road, Voorheesville, 765-2805.
Unionville Reformed Church, Delaware Turnpike, 439-5001.

United Pentecostal Church, Route 85, New Salem, 765-4410.

Mon. Aug. 15

BETHLEHEM

PEACE VIGIL

Bethlehem Neighbors For Peace, weekly peace vigil, Four Corners intersection, Delmar, 5-6 p.m., Information, 439-1968.

DELMAR KIWANIS

Tool's Family Restaurant, Delaware Avenue, 6:15 p.m. Information, 439-2437 or 439-6952.

CLASS IN JEWISH MYSTICISM

Delmar Chabad Center, 109 Elsmere Ave., 7 p.m. Information, 439-8280.

INDOOR PISTOL SHOOTING

Albany County Pistol Club, Winne Place, 7 to 9 p.m. Also Tuesday, Information, 439-0057.

ELMWOOD PARK FIRE DISTRICT

Board of fire commissioner's meeting, North Bethlehem firehouse, 589 Russell Road, 7:30 p.m.

EXPLORER POST 157

For boys and girls 14-21, focusing on environmental conservation, 310 Kenwood Ave., 7:30-9 p.m. Information, 439-4205.

DELMAR COMMUNITY ORCHESTRA

Rehearsal, Bethlehem Town Hall, 445 Delaware Ave., 7:30 p.m. Information, 439-7749.

BLANCHARD LEGION POST

Meeting, 16 Poplar Drive, 8 p.m. Information, 439-9819.

ROYAL ARCH MASONS

Temple Chapter No. 5, Masonic Temple, 421 Kenwood Ave.

AA MEETING

Bethlehem Lutheran Church, 85 Elm Ave., 8:30 p.m. Information, 489-6779.

NEW SCOTLAND

QUARTET REHEARSAL

United Pentecostal Church, Route 85, New Salem, 7:15 p.m. Information, 765-4410.

Tue. Aug. 16

BETHLEHEM

TAKE OFF POUNDS SENSIBLY

Weekly meeting at Delmar Reformed Church, 386 Delaware Ave., Delmar, 10:45 a.m. to 12:30 p.m. Information, 465-8732.

FARMERS MARKET

Market and Chicken Barbeque, 2:30 p.m. to 6 p.m. rain or shine, First United Methodist Church, 428 Kenwood Ave.

TREASURE COVE THRIFT SHOP

First United Methodist Church, 428 Kenwood Ave., 9 a.m. to 6 p.m.

CHURCH LUNCH (JUNE, JULY, AUGUST)

Sponsored by the South Bethlehem United Methodist Church, Willowbrook Avenue, weekly on Tuesdays, 11:30 a.m. to 1 p.m. Information, 767-9953.

YOUTH EMPLOYMENT SERVICES

Parks and Recreation Office, Elm Avenue Park, 2-5:30 p.m. Also Thurs. 2-5:30 p.m. Information, 439-0503.

PRAYER MEETING

At Gospel Fellowship, 7 p.m., 10 Rockefeller Rd., Delmar, beneath Normans Kill bridge, Information 482-2132.

PLANNING BOARD

Bethlehem Town Hall, 445 Delaware Ave., 7:30 p.m. Information, 439-4955.

BINGO

at the Bethlehem Elks Lodge, Route 144, 7:30 p.m.

ONESQUETHAW LODGE 1096 F&AM

Masonic Temple, 421 Kenwood Ave.

NEW SCOTLAND

PRESCHOOL STORY TIME

Weekly at Voorheesville Public Library, 51 School Road, 10:15 a.m. Information, 765-2791.

VOORHEESVILLE PTA

Elementary school cafeteria, 7:30 p.m. Information, 765-3644.

Wed. Aug. 17

BETHLEHEM

DELMAR ROTARY

Normanside Country Club, 7:30 a.m. Information, 767-2930.

MOTHERS OF PRESCHOOLERS (MOPS)

Christian fellowship group for mothers of preschool children, at the Delmar Reformed Church, 386 Delaware Ave., nursery care provided, 9:30 a.m. until 11:30 a.m., Information, call Jennifer at 439-9929 or e-mail, info@drchurch.org.

ALZHEIMER'S SUPPORT GROUP

Northeast NY Alzheimer's Association meetings for families, caregivers, and friends: Delmar Presbyterian Church, 585 Delaware Ave., 7 p.m.

SOLID ROCK CHURCH

1 Kenwood Ave., evening prayer and Bible study, 7 p.m. Information, 439-4314.

CHENREZIG PRACTICE AND MEDITATION

Meditation on the Bodhisattva of Compassion, at the KTC Buddhist Center, Doane Stuart School, Route 9W, Albany, 7 p.m., Information, 374-1792.

ZONING BOARD OF APPEALS

Bethlehem Town Hall, 445 Delaware Ave., Delmar, 7:30 p.m. Information, 439-4955.

BINGO

Blanchard American Legion Post, 16 Poplar Drive, 7:30 p.m. Information, 439-9819.

BC SCHOOL BOARD

district office, 90 Adams Place, 8 p.m. Information, 439-7098.

BETHLEHEM ELKS LODGE 2233

1016 River Road (Route 144), Cedar Hill, 8 p.m. Information, 767-2886.

TESTIMONY MEETING

First Church of Christ, Scientist, 555 Delaware Ave., 7:30 p.m. Information, 439-2512.

NEW SCOTLAND

FAITH TEMPLE

Bible study, New Salem, 7:30 p.m. Information, 765-2870.

PRAYER MEETING

evening prayer meeting and Bible study, Mountainview Evangelical Free Church, Route 155, 7:30 p.m. Information, 765-3390.

NEW SCOTLAND SENIORS

Wyman Osterhout Community Center, New Salem, call for time. Information, 765-2109.

AA MEETING

First United Methodist Church of Voorheesville, 68 Maple St., 8 p.m. Information, 489-6779.

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Aug. 13/14 9AM Two Families 23-27 Bridge St., Slingerlands: Old maple cupboard, Trek mountain bike, Toys, Decoratives, Kiddie pool, Household.

HANDYMAN
BEST BET HANDYMAN, Home Repairs & Maintenance, Electrical, Plumbing, etc., Senior Discounts, Call 434-5612.

HEALTH & WELLNESS
LEARN HYPNOSIS: Help yourself and others. 436-1685.

HOME IMPROVEMENT
HAS YOUR BUILDING SHIFTED? Structural repairs of barns, houses and garages. Call Woodford Bros., Inc. for straightening, leveling, foundation and wood frame repairs. 1-800-OLD-BARN. www.1-800-OLD-BARN.COM

LEGAL
DIVORCE IN JUST 24 HOURS With or Without Travel...With or Without Your Spouse's Signature!

AS LOW AS \$1,095 info@divorcefast.com/ www.divorcefast.com Divorcefast, 365 Boston Post Road, #241, Sudbury, MA 01776 978-443-8387

DIVORCE or MARRIAGE in as little as one day. With or without travel or spouse's signature. Fully Guaranteed \$1400 9 7 8 - 4 4 3 - 8 3 8 7 www.divorcefast.com

LOST
REWARD! LAST SEEN BEING PUT INTO A WHITE CHRYSLER TOWN AND COUNTRY MINI VAN BY TWO CAUCASIAN HEAVY SET FEMALES 25-30 YRS OLD ON 8/3/05 ON OAKWOOD PLACE IN DELMAR, NY DESCRIPTION WHITE AND CREAM COLORED SHITZU 3 YEARS OLD MALE NOT NEUTERED WITH UMBILICAL HERNIA BLUE COLLOR WITH RED HEART SHAPED TAG -DELMAR ANIMAL HOSPITAL E-mail: athlete270@yahoo.com Contact #- (518) 439-8382 Rew0523@yahoo.com (518) 275-2440

3 LOST DOGS- Fawn Lake, Berne, NY. 7/22/05 1 tri-color beagle, 2 black & tan German shepherds. All males, all neutered, all

Magi Maze Answers

Super Crossword Answers

micro-chipped. Could be traveling, or separated. 788-7845.

FIND SOMETHING? Advertise it free. Call 439-4940.

PET DOG LOST: SMALL WHITE MALE 5-7lb. CHI-HUAHUA Named Keko. Lost in area of York Rd., Glenville on 7/05/05. 13 yrs. old-takes heart medication. Reward. 384-0150.

MISCELLANEOUS FOR SALE
MAYTAG REFRIGERA-

TOR. Almost new. Energy star. Beige. Paid \$1100. Asking \$500. JUST MOVED, WON'T FIT. 885-2637.

Bellini furniture ll. gray, baby crib, toddler bed w/ mattress, changer 3 drawers, 5 drawer dresser. \$625. Call 518-588-0829 after 5:30 pm

LARGE ENTERTAINMENT CENTER w/glass. Doghouse- wood. Reclyner chair. All in very good condition. 765-7236, 441-1674.

Various custom HO-scale model railroad locomotives and rolling stock. All are priced to move. Please call Rich at 785-8751 & leave message or email me at rweriksen@gct21.net.

NEW POCKET ROCKET. 50CC. Electric/Remote and Pull start. Red. Holds 300+ lbs. fast. Cost \$950. Sale \$500 firm. 439-7083.

Pond crayfish. Great for weedy bass or catfish ponds. \$100/1000 delivered locally. Jim Becofsky 355-3609.

Classified INFORMATION

Office Hours
Deadline
8:30 AM - 5 PM
Monday-Friday
Deadline: Thursday at 4PM
for following week

Mail Address • In Person
Spotlight Newspapers
P.O. Box 100
Delmar, NY 12054

125 Adams St.
Delmar, NY 12054

Phone • Fax
(518) 439-4940
(518) 439-0609 Fax

READERSHIP:
11 Newspapers;
113,400
Readers

E-MAIL: spotclas@nycap.rr.com

Classified Ads Appear In All Eleven Papers
In Albany County
The Spotlight • Colonie Spotlight • Loudonville Spotlight • Guilderland Spotlight
In Schenectady County
Niskayuna Spotlight • Scotia-Glenville Spotlight • Rotterdam Spotlight
In Saratoga County
Clifton Park/Halfmoon Spotlight • Burnt Hills Spotlight
Malta Spotlight • Saratoga Spotlight

Classified Rates
Private Party Classifieds - Line Ads - Eleven paper combo - \$15.00 for 15 words 50 cents for each additional word.
Commercial Classifieds - Line Ads - Eleven paper combo - \$17.50 for 15 words 50 cents for each additional word. Multiple insertion discounts available. Please call for information.
All line ads must be pre-paid in order for placement.
Ads will appear in all eleven newspapers, as well as on the internet for the number of weeks requested.

Order Form

Classified Category: _____

Name: _____

Address: _____

City: _____ State _____ Zip _____

Home Phone _____ Work Phone _____

Amount Enclosed _____ Number of Weeks _____

MasterCard or Visa# _____

Expiration date: _____ Signature: _____

Would You Like To Advertise
Your Business In Our Papers?
Give Us A Call At:
439-4949
To Place Your Ad Today!

*The Spotlight • Colonie Spotlight • Loudonville Spotlight •
Guilderland Spotlight • Niskayuna Spotlight • Rotterdam Spotlight
Scotia-Glenville Spotlight • Clifton Park/Halfmoon Spotlight
Burnt Hills Spotlight • Malta Spotlight • Saratoga Spotlight*

Spotlight CLASSIFIEDS

MUSIC

Classical pianist-accompanist. Newly retired teacher accepting students all levels; 2 grands; optional CD recording. 439-3861.

STRING INSTRUMENT REPAIR: Bow Rehairing. 439-6757.

PAINTING

CAPITAL PAINTERS-Interior/Exterior, Will work with oil. 831-1748.

Door frames, windows, railings, & decks. No job too small. Respectful,

neat & clean. Call Flat Stanley Painters at 377-4632.

PET ADOPTION

HOMEWARD BOUND DOG RESCUE: Adoption clinics, Saturdays, Benson's Pet Center, Wolf Rd., 11-3. www.homewardbounddogrescue.com

PIANO TUNING & REPAIR

PROFESSIONAL PIANO tuning and repair, Michael T. Lamkin, Registered Piano Technician, Piano

Technicians Guild. 427-1903.

SPECIAL EVENTS

ARE YOU HAVING A SPECIAL EVENT? Let Everybody know about it in the Spotlight Newspapers. DEADLINE is Thursday by 4 PM. Call Juli 439-4940.

SPECIAL OFFERS

Pre-construction Opportunities- AL, TX, MS, GA, FL, NV, SC- from \$199K-\$2M www.BeachClubInvestments.com 877-BCI-5020 Flexible Finan-

cial options provided by www.allpointe.com Free Pre-Qualification

TV SYSTEMS

FREE DIRECTV SATELITE FOR 4 rooms-FREE TiVo/DVR. Add HDTV. 220 channels including locals \$29.99/mo. First 500 orders get Free DVD player. 800-360-9901, Promo #14700

TICKETS

NEIL DIAMOND CONCERT Mon. Aug. 22nd Pepsi Arena 2 Good seats- \$140/B.O. 439-0990.

TUTORING

INTENSIVE SPECIALIZED READING INSTRUCTION. Tutoring in specialized reading program- Wilson Reading System by Wilson certified & NYS cert. special education/elementary teacher. \$75/hr, min. of 3 hrs/wk. Call 378-0233.

WANTED

ANTIQUE PAPER ITEMS Photographs, Stereoviews, Daguerreotypes. Anything Related To Sports, Autos, Motorcycles, Oceanliners,

Travel, Politics. Scrapbooks, Photo Albums, Maps, Children's Books, Post Cards. ETC. Tom Jardas- 356-0292.

BUYING OLD BICYCLES Looking For Old Schwinn Balloon Tire And Sting Ray Banana Seat Bicycles & Parts. Other Makes Also Considered. Please Call Matt 475-1074.

WANTED TO BUY PRE-1955 TELEPHONES, RADIOS, MICROPHONES, TELEVISION SETS, Tube amplifiers, Cameras, Pocket lighters,

fishing lures, old tools, pre-1960 Comic Books, Pre-1920 Crocks, Jugs, Firemen hats, Badges, Photos, Pre-1965 toy trains, plastic model kits, toy cars, trucks, boats, gasoline-powered toy cars, all plastic toys, Pre-1920 photographs, postcards, penny banks, Pre 1950 Fountain Pens, Teddy Bears, Dolls, plastic costume jewelry World War II/American or Nazi items, Civil War swords, pictures, etc.. Any condition, even broken or rusty. Call 745-8897.

Employment CLASSIFIEDS

HELP WANTED

AVON \$20 free product \$10 start-up fee. Unlimited Earning Potential! Jennifer 439-2359 Nancie 861-8740

BE YOUR OWN BOSS- Swiss-based anti-aging skin care system. Fabulous products. Great people. Exceptional support & online training. Call Coleen: 376-1120.

CHURCH NURSERY CARE-GIVER. 3.5 hrs Sun. mornings. Starting 9/11. Must have HS diploma. Resume: Calvary UMC, 15 Ridge Place, Latham 12110.

EDUCATION: Site Manager: 30 hrs/wk. Bef & Aft. School Prog. BA in Child Dev., Elem. Ed., Phys Ed.,

and one yr. supervisory exp., Health Ins., 401K, Holidays, Pd Time Off & Snow Days. Resume: School's Out, Inc., 239 Delaware Ave., Delmar, NY 12054, 439-9300. Web site: www.schoolsoutinc.com

Hair stylist wanted for new unique hair salon in Malta Commons Opening mid August.. Experienced preferred call 899-2642.

High-Paying Postal Jobs! No Experience Required! DON'T PAY for information about jobs with the Postal Service or Federal Government. Call the Federal Trade Commission toll-free, 1-(877)-FTC-HELP, or visit www.ftc.gov to learn more. A public service

message from the SPOTLIGHT Newspapers and the Federal Trade Commission.

LPN, HHA's, P/T Receptionist, AM/PM Waitstaff. Send resumes to: Alterra Wynwood, 1786 Union St., Niskayuna, NY 12309 or call 346-6935.

MEDICAL OFFICE- P/T, 25 hrs/wk. Clerical, patient assistance duties. Experience preferred. Resume: PO Box 382 Delmar, NY 12054 or Fax: 478-9044.

NORTHEAST NURSING: LPN's & RN's- Staff relief, Referral bonus, Competitive rates, All shifts, Call for interview. 475-9506.

P/T CHURCH SECRETARY, 25 hrs/wk, starting

8/29. Requires organizational & computer skills. Send resume & salary requirements to Calvary UMC, 15 Ridge Place, Latham 12110, Attn: Lisa Drake.

PT Receptionist Delmar Office 20 hrs. week hours flexible \$7.25 hour plus sales commission opportunities

Pt/Ft sales person from home or office no experience necessary 475-0751

Driver-CONVENT TRANSPORT. Regional Runs Available. Excellent Pay & Benefits. xp. Drivers, Teams, O/O, & Students Welcome. Refrigerated Now Available. 888-MORE Pay (888-667-3729)

DRIVERS Are you getting a pay raise in 2005? Roehl drivers are! Van - up to .39, Flatbed - up to .41, plus tarp. Sign-on bonus. Students Welcome. Class-A required. EOE Call Roehl, 877-774-5313 www.GoRoehl.com

Experienced Outside Recruiter for the Northeast. Must live in NY, PA or NJ area, must be willing to travel in the northeast, call on schools and recruit student drivers. Send resumes to PO Box 22997 Chattanooga, TN 37422 Attn: Recruiting/Jan Subject: Experienced Outside Recruiter.

Friendly Home Parties featuring Ideal Gifts and New Karla's Kitchen catalog has openings for Party

Plan Advisors. Earn CASH, TRIPS, RECOGNITION. FREE catalogs 1-800-488-4875 www.idealgifts.com

Railroad Freight Conductor positions in New York! Earn \$40-65K plus Benefits! Applications are REQUIRED for interviews. Apply online: www.AMDG.WS Call toll free 866-373-2916

SUCCESSFUL MILLIONAIRE looking for 5 self-starters. Money motivated, Business Builders. \$500 start-up. 1-888-201-3788

SITUATION WANTED

CHALLENGING WORK Requiring intelligence, experience & dedication-

not computer skills. 774-9323.

Housekeeper- Wanted: Energetic, self-motivated, responsible adult to care for a wonderful home. Non smoker. Own transportation. Part time, clean, shop, cook, errands, etc. Send resume. P.O. Box 82 Slingerlands, NY 12159.

WORK WANTED

INDEPENDENT CAREGIVERS- Private Duty, Hospice, Long-term Insurance Accepted. 24Hr Elder Care. Reasonable. Alice 573-6399. Linda 312-7404. Not an agency.

STARVING ARTIST NEEDS WORK: Maintenance, Painting, Gardening. 439-6056.

Real Estate CLASSIFIEDS

REAL ESTATE FOR RENT

2 BR apartment, \$650 + Security, No utilities, No pets. Call for Appt. 439-6401.

DELMAR- 2 BR apt. with garage. \$750+/month. Available immediately. Call 436-3938.

Colonie: Unfurnished, 1st floor apt. 1BR, small den, near busline, parking. \$495 (heat/hot water incl.) Available 9/1. 459-4326

Delmar - \$1300 plus Utilities - 3 BR, 2 Bath, 2 story House on dead-end street surrounded by 125 acres; all appliances (new); wood-burning stove; deck; porch; one stall garage. References, security deposit & Lease;

Available Sept. 1. Please call Karin at 877-351-8571 for more information; leave message.

DELMAR, \$725+ electric, 2 bedroom, upstairs, deck, dishwasher, w/d on site, off-street parking, quiet dead-end street, no pets. 378-4150.

DELMAR- Small 1BR, available 8/15; \$550. Heat/Hot water included. Off street parking, Hardwood floors. 456-6644.

DELMAR: 2BR Duplex with W/D hookup, 1.5BA, No smoking/pets. Off street parking. Available 9/1. \$900+ 439-2564.

DELMAR: 4 Corners area. \$750/month. 2 bedroom, heat/hot water. No pets, No Smoking. 475-1351.

Glennmont - \$1500 plus Utilities and Park Assoc. Fee. Chadwick Square; 2 BR + Loft; 2-1/2 Bath; C/A; 2 car garage; 2 story Townhouse. References, security deposit & Lease; Available Sept. 1. Please call Karin at 877-351-8571 for more information; leave message.

I-87, Exit 11: Cozy studio apt. for 1 or 2. Sec./Ref./Lease. \$450 w/heat. Avail. 8/15. 899-2130.

LOUDONVILLE: 2BR, 2BA, A/C, Non-smoking, No pets, No children. 1 car garage. Fireplace. \$950. 785-5279.

SCHENECTADY 3BR, Upstairs apt. Off street parking. W/D hookup, No pets/smokers. References, Security deposit. \$750. 381-6229.

South Bethlehem- 2BR Duplex. W/D hookup. H/W floors, basement. Off street parking. Dead end street. \$850. 378-4150.

Spacious 2BR Apt., Quiet area- Font Grove Rd., Slingerlands. No pets/smoking. Lease/Security Deposit. 439-4278.

REAL ESTATE FOR SALE

95 ft. Lakefront,

SARATOGA LAKE. 3BR, private way, 63 Stony Point, \$500,000. 781-718-8316 or 518-877-5930.

REAL ESTATE

Ft. Lauderdale, Gorgeous Condo Conversion. Minutes to Beach, great investment. \$249-\$279K. South Florida Opportunities/City Place, South Beach. Realtor, Investment Specialist 1-877-468-5687 Don't Wait!

GEORGIA COAST- Large wooded access, marshfront & golf course homesites. Gated with tennis, kayaking, & canoeing. Limited availability- mid \$70's & up. Call today 1-877-266-7376

MOVING TO LAS VEGAS?? Check out Boulder Cascade MFG Housing Community. New Homes from \$69,900. Relocation Assistance Program. Toll free 1-866-584-0412.

NEW RELEASE 20% discount for Reservation Holders only. Coastal Georgia Gated Deep Water Access. Wooded, Lagoon and Golf Course homesites. Call for Reservation Information 1-877-266-7376

NO DOWN PAYMENT? PROBLEM CREDIT? If you're motivated and follow our proven, no-nonsense program we'll get

you into a NEW HOME. Call 1-800-830-2006, visit www.AmericanHomePartners.com

REAL ESTATE WANTED

SINGLE MOM + 2 Small Children Seeking Quiet, Clean Bethlehem area realty for rent by 08/30/05. References available. 768-8143.

ROOMMATE WANTED

RAVENA: Woman seeking roommate to share apt. expenses. References. Non-smoker. No children. Reasonable rent. 756-8426.

COMMERCIAL FOR LEASE

DELAWARE PLAZA - DELMAR - Retail space available. For leasing information call Delaware Plaza Associates at 439-9030.

HOUSE FOR RENT

DELMAR, 3BR, 1.5BA, Hardwood floors, fireplace, enclosed breezeway, 1 car garage, finished basement, W/D, Hamagrael school. \$1350+ Available 9/1. Sec./Lease. 765-2229.

DELMAR- 4BR, 2BA, Office/guest room. Hamagrael Neighborhood. 2 car attached. W/D included. \$2,000. Sept. 1. 439-8229.

HOUSE FOR SALE

DELMAR: 229 Van Dyke Rd. 3BR Ranch w/full LR, DR, Kit, 1.5BA. Hardwood floors, Full cellar, Hot water, Oil heat, 2 Car attached garage & Lot 175x170. \$215,000. 439-6750.

Door frames, windows, railings, & decks. No job too small. Respectful, neat & clean. Call Flat Stanley Painters at 377-4632.

LAND

FREE LAND LIST Lakefront, Mountain Farms, Estates, Berkshire, Litchfield, Dutchess, Putnam and Columbia Counties 1-800-811-3464 ext 396

STORAGE SPACE

WINTER STORAGE AT ALTAMONT FAIR- GROUND for large boats & motorhomes, \$15/ft.; all cars & pickup trucks. \$310 tax included. Contact fair office for information & application 861-6671. Must receive payment by 9/1/05 to secure space.

VACATION RENTALS

Bradenton, FL Villa. 2 mins to beach, pool, lake, clubhouse. \$1800 in season. Also available now. 518-573-1920 or 941-795-5443.

SANIBEL ISLAND, FL. - 2BR, 2BA condo. Oct 29-Nov 5. Bikes, tennis, pool, walk to beach. \$850/wk. 765-9341.

TIME SHARE Lease for sale: Jiminy Peak 2BR Condo. 1 Week Spring or Fall- 15 years. \$1,500. 640-9655.

FL-Seasonal Rental Home Orlando Area Resort Community, Full Amenities Call today for our SPECIALS (877)977-8737

OCEAN CITY, MARYLAND. Best selection of

affordable rentals. Full/partial weeks. Call for FREE brochure. Open daily. Holiday Real Estate. 1-800-638-2102. Online reservation www.holidayoc.com

Three Seasons Resort, an Oceanfront Resort/ Fine Dining establishment overlooking Nantucket Sound in the heart of Cape Cod. Private Beach. Heated Pool. 508-398-6091 or www.threeseasonsresort.com

Automotive CLASSIFIEDS

AUTOMOTIVE FOR SALE

1995 Grand AM, Auto, V6, AM/FM/Cassette, power windows/locks, cruise, good condition, blue, 92K, asking \$2,200. 785-8751.

81 MONTE CARLO, 21K Original. Excellent condition. Asking \$4995. 439-1446.

94 Nissan Pathfinder SE. Fair condition, well maintained (service records provided). CD/cassette, sunroof, power locks/windows, alloy wheels. 145K (en-

gine has 120K). Worth \$3000, asking \$2600. 331-2129.

96 Olds Aurora, metallic blue, 89,700 mi, V8, auto, full power, alloys, htd. seats, moonroof, A/C. Dealer serviced. \$3,900. 475-0068.

AUTOS WANTED

AAA Rated Donation. DONATE YOUR CAR, Boat or Real Estate. IRS Tax Deductible Free Pick-Up/ Tow Any Model/ Condition. Help Underprivileged Children 1-800-598-9211 Outreachcenter.org

Advertise your business with Spotlight Newspapers - Call us today at 439-4949

LEGAL NOTICE

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY

Pursuant to Section 206 of The New York Limited Liability Company Law

1. The name of the limited liability company is PROPERTIES BY MECC, LLC.

2. The Articles of Organization were filed with the Secretary of State on July 1, 2005.

3. The office of the Limited Liability Company is to be located in Albany County.

4. The Secretary of State is designated as agent of the limited liability company upon whom process against it may be served. The post office address within New York to which the Secretary of State shall mail a copy of any process against the limited liability company, served upon him or her is: The LLC, 30 Citation Drive, Latham, NY 12110.

5. The limited liability company is formed for any legal business purpose or purposes.

LC-11875
(August 10, 2005)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY

Articles of Organization of Essence of Evolution, LLC ("LLC") filed with the Secretary of State of New York ("SSNY") on June 1, 2005 effective on the date of filing.

Office Location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served.

SSNY may mail a copy of any process to the LLC, 12 Petra Lane, Albany, NY 12205. The purpose for which the LLC is formed is to engage in any lawful act or activity for which limited liability companies may be organized under the LLC.

LC-11727
(August 10, 2005)

LEGAL NOTICE

NOTICE OF FORMATION OF A REGISTERED LIMITED PARTNERSHIP (L.P.)

The name of the L.P. is CRESCENT VILLAGE ASSOCIATES, L.P. The Articles of Organization of the L.P. were filed with the NY Secretary of State on June 10, 2005. The purpose of the L.P. is to engage in any lawful act or activity. The office of the L.P. is to be located in Albany County. The Secretary of State is designated as the agent of the L.P. upon whom process against the L.P. may be served. The address to which the Secretary of State shall mail a copy of any process against the L.P. is 255 Washington Avenue Extension, Albany, New York 12205.

LC-11777
(August 10, 2005)

LEGAL NOTICE

NOTICE OF FORMATION OF A REGISTERED LIMITED PARTNERSHIP (L.P.)

The name of the L.P. is CALIFORNIA ASSOCIATES, L.P. The Certificate of Registration of the L.P. was filed with the New York Secretary of State on June 28, 2005. The purpose of the L.P. is to engage in any lawful act or activity. The office of the L.P. is to be located in Albany County. The Secretary of State is designated as the agent of the L.P. upon whom process against the L.P. may be served. The address to which the Secretary of State shall mail a copy of any process against the L.P. is 255 Washington Avenue Extension, Albany, New York 12205.

LC-11840
(August 10, 2005)

LEGAL NOTICE

NOTICE OF FORMATION OF A REGISTERED LIMITED PARTNERSHIP (L.P.)

The name of the L.P. is CALIFORNIA ASSOCIATES, L.P. The Certificate of Registration of the L.P. was filed with the New York Secretary of State on June 28, 2005. The purpose of the L.P. is to engage in any lawful act or activity. The office of the L.P. is to be located in Albany County. The Secretary of State is designated as the agent of the L.P. upon whom process against the L.P. may be served. The address to which the Secretary of State shall mail a copy of any process against the L.P. is 255 Washington Avenue Extension, Albany, New York 12205.

LC-11840
(August 10, 2005)

LEGAL NOTICE

NOTICE OF FORMATION OF A REGISTERED LIMITED PARTNERSHIP (L.P.)

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LC-11840
(August 10, 2005)

LEGAL NOTICE

NOTICE OF FORMATION OF A REGISTERED LIMITED PARTNERSHIP (L.P.)

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LC-11840
(August 10, 2005)

LEGAL NOTICE

NOTICE OF FORMATION OF A REGISTERED LIMITED PARTNERSHIP (L.P.)

The name of the L.P. is CALIFORNIA ASSOCIATES, L.P. The Certificate of Registration of the L.P. was filed with the New York Secretary of State on June 28, 2005. The purpose of the L.P. is to engage in any lawful act or activity. The office of the L.P. is to be located in Albany County. The Secretary of State is designated as the agent of the L.P. upon whom process against the L.P. may be served. The address to which the Secretary of State shall mail a copy of any process against the L.P. is 255 Washington Avenue Extension, Albany, New York 12205.

LC-11840
(August 10, 2005)

LEGAL NOTICE

2005. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 255 Washington Avenue Extension, Albany, New York 12205.

LC-11841
(August 10, 2005)

LEGAL NOTICE

Integrity Financial Partners, LLC, dba Integrity Plan Administrators, LLC was filed with the SSNY on 6/27/05. Office: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: David I. Katz, Integrity Financial Partners, LLC dba Integrity Financial Administrators, 581 Main Street, 4th Floor, Woodbridge, NJ 07095. Purpose: Any lawful purpose.

LC-11846
(August 10, 2005)

LEGAL NOTICE

DEAD DOG RECORDS LLC Notice of Organization: DEAD DOG RECORDS LLC was filed with SSNY 02/15/05. Office: Albany Co. SSNY designated as agent of LLC upon whom process may be served. P.O. address which SSNY shall mail any process against the LLC served upon him: c/o Jerome Leventhal, Leventhal Financial Services Corp., 15 Remsen Ave., Roslyn, NY 11576. Purpose: To engage in any lawful activity

LC-11870
(August 10, 2005)

LEGAL NOTICE

DEAD DOG RECORDS LLC Notice of Organization: DEAD DOG RECORDS LLC was filed with SSNY 02/15/05. Office: Albany Co. SSNY designated as agent of LLC upon whom process may be served. P.O. address which SSNY shall mail any process against the LLC served upon him: c/o Jerome Leventhal, Leventhal Financial Services Corp., 15 Remsen Ave., Roslyn, NY 11576. Purpose: To engage in any lawful activity

LC-11870
(August 10, 2005)

LEGAL NOTICE

DEAD DOG RECORDS LLC Notice of Organization: DEAD DOG RECORDS LLC was filed with SSNY 02/15/05. Office: Albany Co. SSNY designated as agent of LLC upon whom process may be served. P.O. address which SSNY shall mail any process against the LLC served upon him: c/o Jerome Leventhal, Leventhal Financial Services Corp., 15 Remsen Ave., Roslyn, NY 11576. Purpose: To engage in any lawful activity

LC-11870
(August 10, 2005)

LEGAL NOTICE

DEAD DOG RECORDS LLC Notice of Organization: DEAD DOG RECORDS LLC was filed with SSNY 02/15/05. Office: Albany Co. SSNY designated as agent of LLC upon whom process may be served. P.O. address which SSNY shall mail any process against the LLC served upon him: c/o Jerome Leventhal, Leventhal Financial Services Corp., 15 Remsen Ave., Roslyn, NY 11576. Purpose: To engage in any lawful activity

LC-11870
(August 10, 2005)

LEGAL NOTICE

Steenburg & Patrick LLC Notice of Organization: Steenburg & Patrick LLC was filed with SSNY 02/04/05. Office: Albany Co. SSNY designated as agent of LLC upon whom process may be served. P.O. address which SSNY shall mail any process against the LLC served upon him: c/o the LLC 16 Woodridge St. Albany, NY 12203. Purpose: To engage in any lawful activity

LC-11871
(August 10, 2005)

LEGAL NOTICE

FAMOUS CONSULTING SERVICES LLC Notice of Organization: FAMOUS CONSULTING SERVICES LLC was filed with SSNY 02/15/05. Office: Albany Co. SSNY designated as agent of LLC upon whom process may be served. P.O. address which SSNY shall mail any process against the LLC served upon him: c/o the LLC 16 Woodridge St. Albany, NY 12203. Purpose: To engage in any lawful activity

LC-11871
(August 10, 2005)

LEGAL NOTICE

FAMOUS CONSULTING SERVICES LLC Notice of Organization: FAMOUS CONSULTING SERVICES LLC was filed with SSNY 02/15/05. Office: Albany Co. SSNY designated as agent of LLC upon whom process may be served. P.O. address which SSNY shall mail any process against the LLC served upon him: c/o the LLC 16 Woodridge St. Albany, NY 12203. Purpose: To engage in any lawful activity

LC-11871
(August 10, 2005)

LEGAL NOTICE

FAMOUS CONSULTING SERVICES LLC Notice of Organization: FAMOUS CONSULTING SERVICES LLC was filed with SSNY 02/15/05. Office: Albany Co. SSNY designated as agent of LLC upon whom process may be served. P.O. address which SSNY shall mail any process against the LLC served upon him: c/o the LLC 16 Woodridge St. Albany, NY 12203. Purpose: To engage in any lawful activity

LC-11871
(August 10, 2005)

LEGAL NOTICE

FAMOUS CONSULTING SERVICES LLC Notice of Organization: FAMOUS CONSULTING SERVICES LLC was filed with SSNY 02/15/05. Office: Albany Co. SSNY designated as agent of LLC upon whom process may be served. P.O. address which SSNY shall mail any process against the LLC served upon him: c/o the LLC 16 Woodridge St. Albany, NY 12203. Purpose: To engage in any lawful activity

LC-11871
(August 10, 2005)

LEGAL NOTICE

FAMOUS CONSULTING SERVICES LLC Notice of Organization: FAMOUS CONSULTING SERVICES LLC was filed with SSNY 02/15/05. Office: Albany Co. SSNY designated as agent of LLC upon whom process may be served. P.O. address which SSNY shall mail any process against the LLC served upon him: c/o the LLC 16 Woodridge St. Albany, NY 12203. Purpose: To engage in any lawful activity

LC-11871
(August 10, 2005)

LEGAL NOTICE

FAMOUS CONSULTING SERVICES LLC Notice of Organization: FAMOUS CONSULTING SERVICES LLC was filed with SSNY 02/15/05. Office: Albany Co. SSNY designated as agent of LLC upon whom process may be served. P.O. address which SSNY shall mail any process against the LLC served upon him: c/o the LLC 16 Woodridge St. Albany, NY 12203. Purpose: To engage in any lawful activity

LC-11871
(August 10, 2005)

LEGAL NOTICE

FAMOUS CONSULTING SERVICES LLC Notice of Organization: FAMOUS CONSULTING SERVICES LLC was filed with SSNY 02/15/05. Office: Albany Co. SSNY designated as agent of LLC upon whom process may be served. P.O. address which SSNY shall mail any process against the LLC served upon him: c/o the LLC 16 Woodridge St. Albany, NY 12203. Purpose: To engage in any lawful activity

LC-11871
(August 10, 2005)

LEGAL NOTICE

FAMOUS CONSULTING SERVICES LLC Notice of Organization: FAMOUS CONSULTING SERVICES LLC was filed with SSNY 02/15/05. Office: Albany Co. SSNY designated as agent of LLC upon whom process may be served. P.O. address which SSNY shall mail any process against the LLC served upon him: c/o the LLC 16 Woodridge St. Albany, NY 12203. Purpose: To engage in any lawful activity

LC-11871
(August 10, 2005)

LEGAL NOTICE

whom process may be served. P.O. address which SSNY shall mail any process against the LLC served upon him: c/o Michael Mitnick, Berdon LLP

360 Madison Ave., NY, NY 10017

Purpose: To engage in any lawful activity

LC-11874
(August 10, 2005)

LEGAL NOTICE

Notice of Formation of 655 West 160 LLC Arts. of Org. filed with NY Secy. of State (SSNY) on 7/6/05 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served.

SSNY shall mail process to: 566 East 8th Street, Brooklyn, NY

11218 Purpose: any lawful activity.

LC-11876
(August 10, 2005)

LEGAL NOTICE

Notice of Formation of 129 W56 LLC Arts. of Org. filed with NY Secy. of State (SSNY) on 7/7/05 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served.

SSNY shall mail process to: 110 Susquehanna Avenue, Great Neck, NY

11021 Purpose: any lawful activity.

LC-11877
(August 10, 2005)

LEGAL NOTICE

Notice of Formation of Normandy West Realty LLC Arts. of Org. filed with NY Secy. of State (SSNY) on 7/8/05 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served.

SSNY shall mail process to: 26 Prices Switch Road, Warwick, NY 10990

Purpose: any lawful activity.

LC-11891
(August 10, 2005)

LEGAL NOTICE

Notice of Formation of McCashion Brothers Holding Company, LLC, Art. of Org. filed Sec'y of State (SSNY) 2/24/05. Office location: Albany County. SSNY designated as agent of LLC upon whom process may be served.

SSNY shall mail process to: Kevin McCashion, 84 Frederick Ave., Albany, NY 12205. Purpose: any lawful purpose.

LC-11902
(August 10, 2005)

LEGAL NOTICE

Notice of Formation of One Third Karka, LLC Arts. of Org. filed with NY Secy. of State (SSNY) on 6/16/05 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served.

SSNY shall mail process to: 1507 Route 202, Pomona, NY 10970

Purpose: any lawful activity.

LC-11892
(August 10, 2005)

LEGAL NOTICE

Notice of Formation of Nealco Towers LLC Arts. of Org. filed with NY Secy. of State (SSNY) on 6/27/05 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served.

SSNY shall mail process to: 30 Prospect Drive, Brentwood, NY 11717

Purpose: any lawful activity.

LC-11893
(August 10, 2005)

LEGAL NOTICE

Notice of Formation of CRG Resources LLC Arts. of Org. filed with NY Secy. of State (SSNY) on 6/22/05 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served.

SSNY shall mail process to: 6 Barlett Road, Monsey, NY 10952

Purpose: any lawful activity.

LC-11894
(August 10, 2005)

LEGAL NOTICE

Notice of Formation of Fair Oaks Estates LLC Arts. of Org. filed with NY Secy. of State (SSNY) on 5/10/05 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served.

SSNY shall mail process to: 246 Seigel Street, Brooklyn, NY 11206

Purpose: any lawful activity.

LC-11933
(August 10, 2005)

LEGAL NOTICE

Notice of Formation of B. LARNER FAMILY PARTNERSHIP II, L.P., Notice of formation of a domestic limited partnership (LP) Certificate of Limited Partnership filed with the New York Secretary of State on July 11, 2005. The purpose of the LP

is to engage in any lawful act or activity. The office of the LP is to be located in Albany County. The Secretary of State is designated as the agent of the LP upon whom process against the LP may be served. The address to which the Secretary of State shall mail a copy of any process against the LP is 596 New Loudon Road, Latham, New York 12110.

LC-11940
(August 10, 2005)

LEGAL NOTICE

LEGAL NOTICE

Notice of Formation of Rochelle Inger PLLC Arts. of Org. filed with NY Secy. of State (SSNY) on 6/28/05 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served.

SSNY shall mail process to: 1 Dalewood Drive, Suffern, NY 10901

Purpose: any lawful activity.

LC-11896
(August 10, 2005)

LEGAL NOTICE

1. Name of the Limited Liability Company, (hereinafter LLC) is Poppy's Italian Kitchen, LLC.

2. Date of filing of Articles of Organization with the Secretary of State is 7/13/05.

3. Office is located in Albany County.

4. Secretary of State is designated as Agent of the LLC upon whom process against it may be served.

5. Post office address to which the Secretary of State shall mail a copy of any process against the limited liability company served upon him or her is: c/o 1486 Castleridge Rd., Castleton, NY 12033. The LLC shall not have a registered agent.

6. The Company has no specific date of dissolution. The LLC is formed for any lawful business purpose.

LC-11901
(August 10, 2005)

LEGAL NOTICE

Notice of Formation of McCashion Brothers Holding Company, LLC, Art. of Org. filed Sec'y of State (SSNY) 2/24/05. Office location: Albany County. SSNY designated as agent of LLC upon whom process may be served.

SSNY shall mail process to: Kevin McCashion, 84 Frederick Ave., Albany, NY 12205. Purpose: any lawful purpose.

LC-11902
(August 10, 2005)

LEGAL NOTICE

Notice of Formation of McCashion Brothers Holding Company, LLC, Art. of Org. filed Sec'y of State (SSNY) 2/24/05. Office location: Albany County. SSNY designated as agent of LLC upon whom process may be served.

SSNY shall mail process to: Kevin McCashion, 84 Frederick Ave., Albany, NY 12205. Purpose: any lawful purpose.

LC-11902
(August 10, 2005)

LEGAL NOTICE

Notice of Formation of McCashion Brothers Holding Company, LLC, Art. of Org. filed Sec'y of State (SSNY) 2/24/05. Office location: Albany County. SSNY designated as agent of LLC upon whom process may be served.

SSNY shall mail process to: Kevin McCashion, 84 Frederick Ave., Albany, NY 12205. Purpose: any lawful purpose.

LC-11902
(August 10, 2005)

LEGAL NOTICE

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC).

The name of the LLC is East Hills, LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State on October 1, 2004. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served.

The address to which the Secretary of State shall mail a copy of any process against the LLC is 22 Highlander Drive, Loudonville, New York 12211.

LC-11932
(August 10, 2005)

LEGAL NOTICE

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC).

The name of the LLC is Dedham Post, LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State on October 1, 2004. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served.

The address to which the Secretary of State shall mail a copy of any process against the LLC is 22 Highlander Drive, Loudonville, New York 12211.

LC-11932
(August 10, 2005)

LEGAL NOTICE

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC).

The name of the LLC is Dedham Post, LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State on October 1, 2004. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served.

The address to which the Secretary of State shall mail a copy of any process against the LLC is 22 Highlander Drive, Loudonville, New York 12211.

LC-11932
(August 10, 2005)

LEGAL NOTICE

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC).

The name of the LLC is Dedham Post, LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State on October 1, 2004. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served.

The address to which the Secretary of State shall mail a copy of any process against the LLC is 22 Highlander Drive, Loudonville, New York 12211.

LC-11932
(August 10, 2005)

LEGAL NOTICE

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC).

The name of the LLC is Dedham Post, LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State on October 1, 2004. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served.

The address to which the Secretary of State shall mail a copy of any process against the LLC is 22 Highlander Drive, Loudonville, New York 12211.

LC-11932
(August 10, 2005

LEGAL NOTICE

pose: any lawful activity.
LD-11824
(August 10, 2005)

LEGAL NOTICE

Notice of Formation of STONE STREET REALTY, LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 6/22/05. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Corporation Service Company, 80 State St., Albany, NY 12207. Purpose: any lawful activity.
LD-11825
(August 10, 2005)

LEGAL NOTICE

Notice of organization of YAR, LLC. Under Section 203 of the Limited Liability Company Law of the State of New York 1. The name of the Limited Liability Company is YAR, LLC. 2. The Articles of Organization were filed with the Secretary of State on APRIL 28, 2005. 3. The principal office of the Limited Liability Company is to be located in the County of Albany, State of New York. 4. The Secretary of State is designated as agent of the Limited Liability Company upon whom process against it may be served. The Post office address within or without this state to which the Secretary of State shall mail a copy of any process against the Limited Liability Company served upon him or her is: 25 St. Agnes Lane, Loudonville, NY, 12211. 5. None of the members of the Limited Liability Company (the "Members") in their capacity as Members, shall be personally or individually liable for any debts, obligations or liabilities of the Limited Liability Company. 6. The Limited Liability Company shall have all powers and purposes allowed it by law.
LD-11831
(August 10, 2005)

LEGAL NOTICE

Notice of organization of AM Offices. Under Section 203 of the Limited Liability Company Law of the State of New York 1. The name of the Limited Liability Company is AM Offices. 2. The Articles of Organization were filed with the Secretary of State on May 11, 2005. 3. The principal office of the Limited Liability Company is to be located in the County of Albany, State of New York. 4. The Secretary of State is designated as agent of the Limited Liability Company upon whom process against it may be served. The Post office address within or without this state to which the Secretary of State shall mail a copy of any process against the Limited Liability Company served upon him or her is: 28 Marne Street, Watervliet, NY 12189. 5. None of the members of the Limited Liability Company (the "Members") in their capacity as Members, shall be personally or individually liable for any debts, obligations or liabilities of the Limited Liability Company. 6. The Limited Liability Company shall have all powers and purposes allowed it by law.
LD-11832
(August 10, 2005)

LEGAL NOTICE

Notice of organization of DB Cohen Commercial Real Estate, LLC. Under Section 203 of the Limited Liability Company Law of the State of New York 1. The name of the Limited Liability Company is DB Cohen Commercial Real Estate, LLC. 2. The Articles of Organization were filed with the Secretary of State on June 16, 2005. 3. The principal office of the Limited Liability Company is to be located in the County of Albany, State of New York. 4. The Secretary of State is

LEGAL NOTICE

designated as agent of the Limited Liability Company upon whom process against it may be served. The Post office address within or without this state to which the Secretary of State shall mail a copy of any process against the Limited Liability Company served upon him or her is: 5 Sage Field Lane, Latham, NY 12110. 5. None of the members of the Limited Liability Company (the "Members") in their capacity as Members, shall be personally or individually liable for any debts, obligations or liabilities of the Limited Liability Company. 6. The Limited Liability Company shall have all powers and purposes allowed it by law.
LD-11833
(August 10, 2005)

LEGAL NOTICE

PUBLICATION NOTICE OF ORGANIZATION OF LIMITED LIABILITY COMPANY FIRST: The name of the limited liability company is B.A. 12 Cornell Road, LLC (hereinafter referred to as the "Company"). SECOND: The Articles of Organization of the Company were filed with the Secretary of State on June 23, 2005. THIRD: The county within New York State in which the office of the Company is to be located is Albany. FOURTH: The Secretary of State has been designated as agent upon whom process against the Company may be served. The post office address to which the Secretary of State shall mail process is: B.A. 12 Cornell Road, LLC, 4 British American Boulevard, Latham, New York 12110. FIFTH: The latest date on which the Company is to dissolve is December 31, 2055, unless said period is further extended by amendment of this Agreement or sooner terminated in accordance with this Agreement. SIXTH: The purpose of the business of the Company is any lawful activity pursuant to Section 203 of the New York Limited Liability Company Law.
LD-11836
(August 10, 2005)

LEGAL NOTICE

Notice of Formation of VALUE 17 LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 6/22/05. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State St., 3rd Fl., Albany, NY 12207, Attn: USA Corporate Services Inc., registered agent upon whom process may be served. Purpose: all lawful activities.
LD-11839
(August 10, 2005)

LEGAL NOTICE

M&P Real Estate, LLC. Notice of formation of the above Limited Liability Company ("LLC"). Articles of Organization filed with the Secretary of State of New York ("SSNY") on June 7, 2005. Office location is County of Albany. SSNY has been designated as an agent upon whom process against it may be served. SSNY shall mail a copy of any process served to The LLC at 10 Thurlow Terrace, Albany, NY 12203. Purpose: any lawful act.
LD-11847
(August 10, 2005)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: RF DIAGNOSTICS, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 06/28/05. Office location: Schenectady County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 2135 Morrow Avenue, Niskayuna, New York 12309. Purpose: For any

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lawful purpose.
LD-11848
(August 10, 2005)

LEGAL NOTICE

FOREIGN LLC PUBLICATION NOTICE. Name of the LLC: CC WATER ACQUISITION COMPANY, LLC App. For Auth. filed with Sec. of State 06/28/05. Jurisd. And date of org. DELAWARE on 05/20/05. NY State office loc: ALBANY COUNTY. Sec. of State of NY designated as agent of LLC. The post office address to which the Secretary of State shall mail a copy of any such process served upon him/her is: c/o National Registered Agents, Inc., 875 Avenue of the Americas, Suite 501, NY, NY 10001. Address of principal office: One Coca-Cola Plaza, Atlanta, GA 30313. Copy of cert. of org. is filed with Delaware Secretary of State, Division of Corporations. John G. Townsend Building, 401 Federal Street, Dover, Delaware 19901. Purposes: is to transact any lawful business.
LD-11850
(August 10, 2005)

LEGAL NOTICE

Notice of organization of TCIM PROPERTIES, LLC. Under Section 203 of the Limited Liability Company Law of the State of New York 1. The name of the Limited Liability Company is TCIM PROPERTIES, LLC. 2. The Articles of Organization were filed with the Secretary of State on June 9, 2005. 3. The principal office of the Limited Liability Company is to be located in the County of Albany, State of New York. 4. The Secretary of State is designated as agent of the Limited Liability Company upon whom process against it may be served. The Post office address within or without this state to which the Secretary of State shall mail a copy of any process against the Limited Liability Company served upon him or her is: 279 Troy Schenectady Road, Latham, NY 12110. 5. None of the members of the Limited Liability Company (the "Members") in their capacity as Members, shall be personally or individually liable for any debts, obligations or liabilities of the Limited Liability Company. 6. The Limited Liability Company shall have all powers and purposes allowed it by law.
LD-11851
(August 10, 2005)

LEGAL NOTICE

Notice of Formation of NACHAS PARTNERS L.P. Certificate filed with Secy. of State of NY (SSNY) on 6/30/2005. Office location: Albany County. SSNY designated as agent of LP upon whom process against it may be served. SSNY shall mail process to: The LP, 1227 E. 27th St., Brooklyn, NY 11210. Name/address of each genl. ptr. available from SSNY. Term: until 6/29/2032. Purpose: all lawful activities.
LD-11857
(August 10, 2005)

LEGAL NOTICE

Notice of Formation of CENTER FOR NETWORKING EXCELLENCE LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 6/27/05. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 666 Greenwich St., #428, NY, NY 10014. Purpose: all lawful activities.
LD-11858
(August 10, 2005)

LEGAL NOTICE

Notice of Formation of ROCK CORPORATE VENTURES LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 6/27/05. Office location: Albany County. SSNY designated as agent of LLC upon whom process

LEGAL NOTICE

against it may be served. SSNY shall mail process to: c/o The LLC, 46 State St., 3rd Fl., Albany, NY 12207, Attn: USA Corporate Services Inc., registered agent upon whom process may be served. Purpose: all lawful activities.
LD-11859
(August 10, 2005)

LEGAL NOTICE

Notice of Formation of SUNRISE INTERNATIONAL HOLDINGS LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 6/30/05. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State St., 3rd Fl., Albany, NY 12207, Attn: USA Corporate Services Inc., registered agent upon whom process may be served. Purpose: all lawful activities.
LD-11860
(August 10, 2005)

LEGAL NOTICE

Notice of Formation of REGAL CORPORATE SERVICES LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 6/30/05. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State St., 3rd Fl., Albany, NY 12207, Attn: USA Corporate Services Inc., registered agent upon whom process may be served. Purpose: all lawful activities.
LD-11861
(August 10, 2005)

LEGAL NOTICE

Notice of Formation of JAVA INTERNATIONAL ENTERPRISES LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 6/30/05. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State St., 3rd Fl., Albany, NY 12207, Attn: USA Corporate Services Inc., registered agent upon whom process may be served. Purpose: all lawful activities.
LD-11862
(August 10, 2005)

LEGAL NOTICE

Notice of Formation of TEMPCO INTERNATIONAL LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 6/30/05. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State St., 3rd Fl., Albany, NY 12207, Attn: USA Corporate Services Inc., registered agent upon whom process may be served. Purpose: all lawful activities.
LD-11863
(August 10, 2005)

LEGAL NOTICE

Notice of Qualification of Navigant Capital Advisors, LLC. Authority filed with Secy. of State of NY (SSNY) on 6/30/05. Office location: Albany County. LLC formed in Delaware (DE) on 6/1/01. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207. Principal office of LLC: 615 N. Wabash Ave., Chicago, IL 60611. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: any lawful activity.
LD-11864
(August 10, 2005)

LEGAL NOTICE

Notice of Qualification of The Harbor Shops LLC. Authority filed with Secy. of State of NY (SSNY) on 7/5/05. Office location: Albany County. LLC formed in Florida (FL) on 2/19/03. SSNY designated as

LEGAL NOTICE

agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207. FL address of LLC: 221 W. Oakland Park Blvd., Fort Lauderdale, FL 33302. Arts. of Org. filed with FL Secy. of State, 409 E. Gaines St., Tallahassee, FL 32399. Purpose: any lawful activity.
LD-11865
(August 10, 2005)

LEGAL NOTICE

Notice of Publication Coeymans Landing Properties, LLC was filed with SSNY on 06/22/05. Office: Albany County, SSNY designated agent of LLC against whom process may be served. P.O. address which SSNY shall mail process against LLC served upon him: P.O. Box 45, Coeymans, New York 12045. Purpose: any lawful business.
LD-11870
(August 10, 2005)

LEGAL NOTICE

Notice of Formation of TRIDENT CORPORATE VENTURES LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 6/30/05. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State St., 3rd Fl., Albany, NY 12207, Attn: USA Corporate Services Inc., registered agent upon whom process may be served. Purpose: all lawful activities.
LD-11879
(August 10, 2005)

LEGAL NOTICE

Notice of formation of APC Financial Services, LLC. Articles of Organization filed with the Secretary of State of NY (SSNY) on 6/7/05. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of any such process served to: Arthur Caccamo, 30 Brockley Drive, Delmar, NY 12054. Purpose: any lawful purpose.
LD-11889
(August 10, 2005)

LEGAL NOTICE

Notice of Qualification of Walgreen Realty Resources LLC. Authority filed with Secy. of State of NY (SSNY) on 6/23/05. Office location: Albany County. LLC formed in Illinois (IL) on 5/27/05. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207. IL address of LLC: 104 Wilmot Rd., MS # 1425, Deerfield, IL 60015. Arts. of Org. filed with IL Secy. of State, Howlett Bldg., 501 S. 2nd St., Rm. 328, Springfield, IL 62756. Purpose: any lawful activity.
LD-11898
(August 10, 2005)

LEGAL NOTICE

C & M REAL ESTATE LLC. Certificate of Limited Liability Company filed by NYS Secretary of State on June 9, 2005. Principal office is located in Albany County. NYS Secretary of State designated as agent of the limited liability company upon whom process against it may be served and the Secretary of State shall mail a copy of any process against it to C & M REAL ESTATE LLC, 175 Van Schaick Avenue, Cohoes, New York. The limited liability company is to be managed by one or more of its members.
LD-11900
(August 10, 2005)

LEGAL NOTICE

Notice of Qualification of TV Sports Network, LLC. Authority filed with Secy. of State of NY (SSNY) on 5/4/

LEGAL NOTICE

05. Office location: Albany County. LLC formed in Delaware (DE) on 4/6/05. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o CT Corporation System, 111 8th Ave., NY, NY 10011, registered agent upon whom process may be served. DE address of LLC: c/o The Corporation Trust Company, 1209 Orange St., Wilmington, DE 19801. Cert. of Org. filed with DE Secy. of State, 401 Federal St., Dover, DE 19901. Purpose: television or other media sports network.
LD-11908
(August 10, 2005)

LEGAL NOTICE

Notice of Formation of KEYPOINT BUSINESS LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 7/5/05. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State St., 3rd Fl., Albany, NY 12207, Attn: USA Corporate Services Inc., registered agent upon whom process may be served. Purpose: all lawful activities.
LD-11909
(August 10, 2005)

LEGAL NOTICE

Notice of Qualification of Ironman Acquisition Sub, LLC. Authority filed with Secy. of State of NY (SSNY) on 7/1/05. Office location: Albany County. LLC formed in Delaware (DE) on 5/25/05. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o CT Corporation System, 111 8th Ave., NY, NY 10011, registered agent upon whom process may be served. P.O. address which SSNY shall mail process against LLC served upon him: 90 State Street, Suite 1009, Albany, NY 12207. Purpose: any lawful business.
LD-11910
(August 10, 2005)

LEGAL NOTICE

FOREIGN LLC PUBLICATION NOTICE. Name of LLC: FASHION CENTS LLC App. For Auth. filed with Sec. of State 06/10/05. Jurisd. And date of org. DELAWARE on 05/27/05. NY State office loc: ALBANY COUNTY. Sec. of State of NY designated as agent of LLC The post office address to which the Secretary of State shall mail a copy of any such process served upon him/her is: The LLC, 375 Greenwich St, New York, NY 10013. Address required to be maintained in home jurisdiction: 375 Greenwich St., New York, NY 10013. Copy of cert. of org. is filed with Delaware Secretary of State, 401 Federal Street, #4, Dover, DE 19901. Purposes: is to transact any lawful business.
LD-11925
(August 10, 2005)

LEGAL NOTICE

FOREIGN LLC PUBLICATION NOTICE. Name of LLC: UMS LITHOTRIPSY SERVICES OF WESTCHESTER COUNTY, LLC App. For Auth. filed with Sec. of State 06/08/05. Jurisd. And date of org. DELAWARE on 05/24/05. NY State office loc: ALBANY COUNTY. Sec. of State of NY designated as agent of LLC The post office address to which the Secretary of State shall mail a copy of any such process served upon him/her is: c/o National Registered Agents, Inc., 875 Avenue of the Americas, Suite 501, New York, NY 10001. Address of principal office: 1500 West Park Drive, Suite 390, Westborough, MA 01581. Copy of cert. of org. is filed with Delaware Secretary of State, Division of Corporations, John G. Townsend Building, 401 Federal Street, Suite 4, Dover, DE 19901. Purposes: is to transact any lawful business.

LEGAL NOTICE

Notice of Formation of WHATCOM LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 2/25/05. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State St., 3rd Fl., Albany, NY 12207, Attn: USA Corporate Services Inc., registered agent upon whom process may be served. Purpose: all lawful activities.
LD-11943
(August 10, 2005)

LEGAL NOTICE

LD-11926
(August 10, 2005)

LEGAL NOTICE

On July 18, 2005, Shaker Park Medical, LLC, which is located at 425 New Kerner Road in the City and County of Albany, State of New York, filed its Articles of Organization with the New York Department of State. The Secretary of State has been designated the agent of the company upon whom process may be served. The business purpose of the LLC is to operate a psychiatric medical practice, together with any and all other lawful business purposes.
LD-11927
(August 10, 2005)

LEGAL NOTICE

Notice of Qualification of 4 Cornwall Drive LLC. Authority filed with Secy. of State of NY (SSNY) on 7/14/05. Office location: Albany County. LLC formed in New Jersey (NJ) on 6/22/05. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Company, 80 State St., Albany, NY 12207. NJ address of LLC: Mark S. Rosen, 15 Maple Ave., Morristown, NJ 07960. Arts. of Org. filed with NJ Dept. of State, 225 West State St., 3rd Fl., Trenton, NJ 08608. Purpose: any lawful activity.
LD-11929
(August 10, 2005)

LEGAL NOTICE

Notice of Publication Community Management Services, LLC was filed with SSNY on 05/23/05. Office: Albany County, SSNY designated agent of LLC against whom process may be served. P.O. address which SSNY shall mail process against LLC served upon him: 90 State Street, Suite 1009, Albany, NY 12207. Purpose: any lawful business.
LD-11938
(August 10, 2005)

LEGAL NOTICE

Notice of Qualification of Spherion Pacific Workforce LLC. Authority filed with Secy. of State of NY (SSNY) on 7/18/05. Office location: Albany County. LLC formed in Delaware (DE) on 7/24/02. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Company, 80 State St., Albany, NY 12207. Principal office of LLC: 2050 Spectrum Blvd., Ft. Lauderdale, FL 33309. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Dover, DE 19901. Purpose: any lawful activity.
LD-11941
(August 10, 2005)

LEGAL NOTICE

Notice of Formation of 705 FLATBUSH REALTY, LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 7/18/05. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Mallow, Konstam & Hager, 321 Broadway, NY, NY 10007. Purpose: all lawful activities.
LD-11942
(August 10, 2005)

LEGAL NOTICE

Notice of Formation of WHATCOM LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 2/25/05. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State St., 3rd Fl., Albany, NY 12207, Attn: USA Corporate Services Inc., registered agent upon whom process may be served. Purpose: all lawful activities.
LD-11943
(August 10, 2005)

LEGAL NOTICE

LEGAL NOTICE

Notice of Formation of an LLC: 8 Petra Lane Associates, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on June 30, 2005. Office location is in Albany County. The SSNY has been designated as agent of the LLC, upon whom process against it may be served, SSNY shall mail a copy of Process to the LLC, at 930 Albany Shaker Road, Latham, NY 12110. Purpose: for any lawful purpose. LD-11949 (August 10, 2005)

LEGAL NOTICE

Notice of Formation of an LLC: 102 Karner Road Associates, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on June 30, 2005. Office location is in Albany County. The SSNY has been designated as agent of the LLC, upon whom process against it may be served, SSNY shall mail a copy of Process to the LLC, at 930 Albany Shaker Road, Latham, NY 12110. Purpose: for any lawful purpose. LD-11950 (August 10, 2005)

LEGAL NOTICE

NOTICE OF FORMATION OF PL-LTD, LLC, a domestic Limited Liability Company (LLC). Articles of Organization filed with the Secretary of State on 7/18/2005. New York Office Location: Albany County. Secretary of State is designated as agent upon whom process against LLC may be served. Secretary of State shall mail a copy of any process against the LLC served upon him/her to the LLC, 96 Van Wies Point Road, Glenmont, NY 12077. Purpose: all lawful activities. LD-11951 (August 10, 2005)

LEGAL NOTICE

NOTICE OF FORMATION OF PL-LTD RE, LLC, a domestic Limited Liability Company (LLC). Articles of Organization filed with the Secretary of State on 7/18/2005. New York Office Location: Albany County. Secretary of State is designated as agent upon whom process against LLC may be served. Secretary of State shall mail a copy of any process against the LLC served upon him/her to the LLC, 96 Van Wies Point Road, Glenmont, NY 12077. Purpose: all lawful activities. LD-11952 (August 10, 2005)

LEGAL NOTICE

NOTICE OF FORMATION OF RIGHT SOURCING ASSOCIATES, LLC, a domestic Limited Liability Company (LLC). Articles of Organization filed with the Secretary of State on 7/18/2005. New York Office Location: Albany County. Secretary of State is designated as agent upon whom process against LLC

LEGAL NOTICE

may be served. Secretary of State shall mail a copy of any process against the LLC served upon him/her to the LLC, 96 Van Wies Point Road, Glenmont, NY 12077. Purpose: all lawful activities. LD-11953 (August 10, 2005)

LEGAL NOTICE

Notice of Formation of BLACKBURN MANSION, LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 7/15/05. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 37-60 Blackburn Road, Coeymans, NY 12045. Purpose: any lawful activity. LD-11961 (August 10, 2005)

LEGAL NOTICE

Notice of Formation of BLACKBURN RANCH, LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 7/15/05. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 37-60 Blackburn Road, Coeymans, NY 12045. Purpose: any lawful activity. LD-11962 (August 10, 2005)

LEGAL NOTICE

Notice of Qualification of Hoboken Wood Flooring LLC. Authority filed with Secy. of State of NY (SSNY) on 7/18/05. Office location: Albany County. LLC formed in New Jersey (NJ) on 5/18/05. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the NJ address of the LLC: 70 Demarest Drive, Wayne, NJ 07470. Arts. of Org. filed with NJ Dept. of Treasury, 225 W. State St., Trenton, NJ 08608. Purpose: any lawful activity. LD-11974 (August 10, 2005)

LEGAL NOTICE

NOTICE TO RESIDENTS NOTICE IS HEREBY GIVEN that the Board of Fire Commissioners of the Elmwood Park Fire District will conduct a special meeting of the board on September 9th, 2005 at 6:30 p.m. at the fire districts firehouse located on 589 Russell Road, Albany, New York 12203. LD-11979 (August 10, 2005)

LEGAL NOTICE

Notice of Formation of BLACKBURN TUDOR, LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 7/15/05. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 37-60 Blackburn Road, Coeymans, NY

LEGAL NOTICE

12045. Purpose: any lawful activity. LD-11982 (August 10, 2005)

LEGAL NOTICE

Notice of Formation of BLACKBURN ISLAND LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 7/15/05. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 37-60 Blackburn Road, Coeymans, NY 12045. Purpose: any lawful activity. LD-11983 (August 10, 2005)

LEGAL NOTICE

SECTION 00100 INVITATION TO BIDDERS Architect: Project Information: Collins + Scoville Architects, P.C. Bethlehem Central School District 40 Beaver Street Education Center Albany, NY 12207 9 0 Adams Place PH: 518-463-8068 Delmar, New York 12054 FX: 518-463-8069 Asbestos Abatement The Owner, the School Board of Bethlehem Central School District, will receive separate sealed bids to furnish materials and labor to complete the Asbestos Abatement within the Education Center. Each bid shall be on a stipulated sum basis for the following contracts: CONTRACT NUMBER AND TYPE

Contract No. EC73 - Asbestos Abatement Bids shall not include New York State sales and compensating use taxes on materials and supplies incorporated into the Work, the Owner being exempt therefrom. Two copies of sealed bids will be received until 2:00 p.m. Eastern Standard Time, on Thursday, August 18, 2005 at Bethlehem Central School District Operations & Maintenance Building, 65 Elm Avenue, Delmar, New York 12054 (phone 518-439-2123). Bids received after this time will not be accepted and returned to Bidder unopened. Bids will be opened publicly and read aloud after specified receipt time. All interested parties are invited to attend. Bidding Document drawings and specifications may be examined on and after August 10, 2005, free of charge at the following locations: Bethlehem Central School District 65 Elm Avenue Delmar, New York 12054 Collins + Scoville Architects, PC 40 Beaver Street Albany, New York 12207 Sano-Rubin Construction Co., Inc. 624 Delaware Avenue Albany, NY 12209 Eastern Contractor's Association 6 Airline Drive Albany, New York 12205 F.W. Dodge Reports 231 Salina Meadows Pkwy

LEGAL NOTICE

North Syracuse, New York 13212 F.W. Dodge Reports 6 Wembley Court Albany, New York 12205 Northern New York Builder's Exchange 22074 Fabco Road Watertown, New York 13601 Syracuse Builders Exchange 6563 Ridings Road Syracuse, New York 13206 Works In Progress 20 Farrell Street South Burlington, Vermont 05403 Champlain Valley Builders Exchange 5436 Peru Street Suite 2 P.O. Box 1097 Plattsburgh, New York 12901 Complete sets of Bidding Document drawings and specifications may be obtained from: W. L. Coughtry's, Inc. 268 Central Avenue Albany, New York 12206 (518) 463-2192

Prime bidders may obtain up to two complete sets of Bidding Document drawings and specifications for a refundable deposit of fifty dollars (\$50.00) for each set of documents. Only prime contractors who submit a bid will receive a refund of their deposit. Checks for deposit by prime bidders should be made payable to Bethlehem Central School District. In addition, Bidding Document drawings and specifications will be available online at iSqFt. For further information contact David Witzel at Sano-Rubin Construction Co., Inc (518) 462-6471.

Each Bidder must deposit a Bid Security in the amount and form per the conditions provided in Instructions To Bidders. All Bids will remain subject to acceptance for forty-five (45) days after the Bid Opening. Owner may, in its sole discretion, release any Bid and return Bid Security prior to that date. Pre-Bid Conference will be held at 4:30 p.m. prevailing time, Tuesday, August 9, 2005, at Bethlehem Central School District Education Center. Unless directed otherwise, immediately upon entering the building, report to receptionist. Use this page to verify identification as a Bidder. Attendance at this meeting is recommended as the Owner, Architect and consultants will be present to discuss the Project. Attendees should anticipate 30 minutes Q & A session. The Architect will transmit to all listed Bidders record of Addenda in response to questions arising at the Conference.

Bids shall not include New York State sales and compensating use taxes on materials and supplies incorporated into the Work, the Owner being exempt therefrom. The Bidders must comply with New York State Department of Labor Prevailing Wage Rate Schedule and conditions of employment. The School Board of Bethlehem Central School District reserves the right to waive any informalities or irregularities in the Bids received, or to reject all Bids without explanation. By Order Of:

LEGAL NOTICE

Bethlehem Central School District END OF SECTION 00100 LD-11984 (August 10, 2005)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: 1726 UNION STREET, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 07/25/05. Office location: Schenectady County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 1730 Union Street, Schenectady, New York 12309. Purpose: For any lawful purpose. LD-11993 (August 10, 2005)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: 1730 UNION STREET, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 07/25/05. Office location: Schenectady County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 1730 Union Street, Schenectady, New York 12309. Purpose: For any lawful purpose. LD-11994 (August 10, 2005)

LEGAL NOTICE

Notice of Qualification of Long Distance Savings Solutions, LLC. Authority filed with Secy. of State of NY (SSNY) on 7/26/05. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Company, 80 State St., Albany, NY 12207. Principal of LLC: 42 Weston St., Ste. 2A, Waltham, MA 02453. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: any lawful activity. LD-12001 (August 10, 2005)

LEGAL NOTICE

Notice of Qualification of ABS Sheephead, LLC. Authority filed with Secy. of State of NY (SSNY) on 7/22/05. Office location: Albany County. LLC formed in Connecticut (CT) on 3/10/04. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Company, 80 State St., Albany, NY 12207. Principal office of LLC: 1385 Hancock St., Quincy, MA 02169. Arts. of Org. filed with CT Secy. of State, 30 Trinity St., P.O. Box 150470, Hartford, CT 06115. Purpose: any lawful activity. LD-12002

LEGAL NOTICE

(August 10, 2005)

LEGAL NOTICE

Notice of Formation of Empire Solutions Consulting, LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 7/12/05. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Thomas Basile, 161 Homes Dale Ave., Albany, NY 12208. Purpose: to carry on the independent consulting business conducted by the Member and any other lawful business, purpose or activity which an LLC may carry on under the LLC. LD-12003 (August 10, 2005)

LEGAL NOTICE

Notice of Qualification of Capital One Services II LLC. Authority filed with Secy. of State of NY (SSNY) on 7/20/05. Office location: Albany County. LLC formed in Delaware (DE) on 5/18/05. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Company, 80 State St., Albany, NY 12207. Principal office of LLC: 1680 Capital One Drive, McLean, VA 22102. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: any lawful activity. LD-12004 (August 10, 2005)

LEGAL NOTICE

Notice of Formation of SYNTEK LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 7/27/05. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State St., 3rd Fl., Albany, NY 12207. Attn: USA Corporate Services Inc., registered agent upon whom process may be served. Purpose: all lawful activities. LD-12005 (August 10, 2005)

LEGAL NOTICE

Notice of Qualification of 2929 Expressway, LLC. Authority filed with Secy. of State of NY (SSNY) on 7/5/05. Office location: Albany County. LLC formed in Delaware (DE) on 6/28/05. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Company, 80 State St., Albany, NY 12207. Principal office of LLC: c/o 630 W. Germantown Pike, Ste. 300, Plymouth Meeting, PA 19462. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Dover, DE 19901. Purpose: any lawful activity. LD-12006 (August 10, 2005)

LEGAL NOTICE

TOWN OF BETHLEHEM BOARD OF APPEALS NOTICE OF PUBLIC HEARING Notice is hereby given that the Board of Appeals of the Town of Bethlehem, Albany County, New York will hold a public hearing on Wednesday, August 17, 2005, at 7:30 p.m., at the Town Offices, 445 Delaware Avenue, Delmar, New York to take action on application of Cumberland Farms (Applicant), The Big Main Truck Stop (Owner) for a modification of a previously granted Special Exception under Article VI, Permitted Uses, Section 128-18 C (3), (6), "C" Commercial District of the Code of the Town of Bethlehem for the demolition of an existing building and construction of a convenience mart with an attached drive through restaurant and gasoline station at premises 68 Route 9W, Glenmont, New York.

Michael C. Hodom
Chairman
Board of Appeals
LD-12010
(August 10, 2005)

LEGAL NOTICE

TOWN OF BETHLEHEM BOARD OF APPEALS NOTICE OF PUBLIC HEARING Notice is hereby given that the Board of Appeals of the Town of Bethlehem, Albany County, New York will hold a public hearing on Wednesday, August 17, 2005, at 7:45 p.m., at the Town Offices, 445 Delaware Avenue, Delmar, New York to take action on application of Joseph Rappazzo, for Variance under Article X, Highway Frontage & Access, Section 128-39, Residential Lot of Abut Accepted Highway or Street of the Code of the Town of Bethlehem for a 1-lot subdivision of a parcel, which will not meet the 28-foot road frontage access required for an existing residence at premises 126 Smultz Road, Glenmont, New York 12077.

Michael C. Hodom
Chairman
Board of Appeals
LD-12017
(August 10, 2005)

LEGAL NOTICE

NOTICE OF ANNUAL RETURN The annual return for First Albany Foundation, Inc. for the calendar year ending 12/31/2004 is available for public inspection during regular business hours by any interested individual at the Foundation's principal office located at 677 Broadway, Albany, NY 12207, beginning on the date of this publication and continuing for 180 days thereafter. The phone number is (518) 447-8500. The principal manager of the Foundation is George C. McNamee. LD-12018 (August 10, 2005)

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Sports

Barrett wants city to fix up aging stadium

By MIKE CIOFFI

Dick Barrett has lived in Albany for 56 years and moved twice. Both times were from one side of the street to the other across from Bleecker Stadium.

"I spent my whole life in Albany before me and my wife decided to get out of the city and move to Loudonville three years ago," Barrett said.

The 59-year-old retired city parks and recreation commissioner grew up with the stadium as a vital part of his life. He watched the Albany Twilight League there as a youngster and played in it himself while a graduate student at the University at Albany.

Barrett has many fond memories of the place he grew up next to as the stadium deteriorates due to the decline in repairs by the city.

"This shouldn't be allowed to happen to this type of place," Barrett said. "This is a very historic stadium, and the teams that use it deserve to have it kept up. Safety should be the city's No. 1 concern here, and this stadium is clearly not safe."

Barrett last visited the stadium for the 75th anniversary of the Twilight League several weeks ago. Barrett was asked to help put together the ceremonies for the

celebration. While attending the celebration, Barrett noticed that the stadium had started to deteriorate badly. These problems included holes in the cement bleachers which were uncovered, leaving children vulnerable to serious injury if they fell through the bleachers.

"At Opening Day, it was clear that the stadium was going downhill," he said.

Barrett encountered more problems with the stadium on his return trip for the anniversary. He noticed many steps leading up to the bleachers were broken, which he said forced many Twilight League fans to bring their own chairs for their safety. He saw approximately 25 lights out around the baseball diamond portion of the multi-purpose field. He also was notified that cars were being broken into during games. One truck was even stolen, Barrett said, while a parent watched a son's game at Bleecker.

"These break-ins and the lack of upkeep began to bother me," Barrett said.

That's when Barrett decided to do something about what was happening to the place where he spent a good part of his life. He started off by writing a letter to a local newspaper, but he said nothing really evolved from that.

"I then got in touch with Ken

Screven of CBS 6 News, and he shot some video of kids playing at the park," Barrett said. He added that the piece seemed to pull Mayor Jerry Jennings out of his chair because the public was now aware of what was happening to Albany's only stadium.

After Screven's piece, a local newspaper got involved and started printing pictures of the stadium in disarray. Not long after that, Barrett noticed a city worker replacing bulbs in the lights. But, he said, that was the extent of what the city had done — nothing else has happened since then.

"The bottom line here is that

we've been getting empty promises from the Mayor and the Commissioner of Parks and Recreation, and nothing's been done," Barrett said. Calls to the city parks and recreation department were not returned.

Barrett said that more needs to be done to bring some luster back to Bleecker. He said that the city should use city police officers as security, send carpenters in to properly cover holes so no one falls through them and make repairs to the concrete bleachers that haven't been touched since 1966.

Barrett is also calling for lawn

work around the stadium and painting on both the inside and the outside of the park.

"We don't need a half a million dollars to do this. We just need small, inexpensive repairs," Barrett said.

Barrett said he will keep on pushing until his stadium is back to the way it used to be and the way it should be.

"I've worked and played at the stadium, and I lived next to the stadium until I was 56 years old. I have a strong emotional attachment to Bleecker, and I don't plan on giving up until the needed work is done," he said.

Regional runners-up



The Bethlehem Tomboys 10-and-under travel team finished second at a recent PONT regional tournament in Warwick, R.I. The team competed against clubs from Connecticut, Massachusetts and Rhode Island during the invitational tournament. The team is, from left, (front) coach Jim Walsh, Gabby McNary, Katie Betts; Emily Lemieux, Breezy Swete, Kate Ryan and Meghan Pentak; and (back) coach Mike McNary, Mimi Carrese, Sam Smaldone, Laurel Abowd, Tara O'Donnell, Megan Duffy, coach Casey Swete, Mikayla Shade and coach Tricia Coates.

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WEDNESDAY 17th - WYJB 95.5 Day
Alb. Co. Firemen's Parade 7:15PM • TS Ensemble 8:30PM

THURSDAY 18th - WGNB Day
Figure 8 Races 7PM • The Refrigerators 8:30PM

FRIDAY 19th - WFLY Day
World's Largest Demo Derby 7PM • Cryin' Out Loud 8:30PM
Dog Agility Show (8-5 Fri., Sat., & Sun.)

SATURDAY 20th - Motorcycle FMX Day
Motorcycle FMX Show 7PM • Lawnmower Races 1PM
The Burners UK 8:30PM

SUNDAY 21st - Dad's Dog Food & Davies Corporate Creations Day
Davies Motorcycle Show 11AM, Firemen's Demo Derby 7PM • Railway Band 7:15PM • Fireworks 9PM

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Lacrosse club offers fall programs

Capital Land Lacrosse Club offers several fall programs for children and adults.

There is a boys lacrosse program for children in grades two through 12 and a girls program for students in grades four through 12. Both programs start Sept. 18.

There is also a stick-only beginner program for children in kindergarten through fifth grade starting Sept. 18.

The club is also offering a goaltender training program for boys and girls beginning Sept. 20. The program will teach shot stopping techniques and running a defense. Beginners through varsity-level goaltenders are welcome.

For adults, the club is offering a men's fall lacrosse program starting Sept. 6.

For information on these programs, call Chad Finck at 383-3245.

Got sports news?
Call 439-4949.

Field

(From Page 40)

chose to place her franchise in the WPFL because of its decision-making structure.

"All of the decisions are made by the team owners, so we all have a say in the league's future," Ireland said.

The team played four exhibition games in 2004 — two road games and two home games at Catholic Central High School's football field in Troy. The Ambush made the most of those games by beating established franchises from New York City and Syracuse twice. That success helped land Albany full WPFL membership for the 2005 season.

The Ambush still needed a full-time coaching staff, though. So, Ireland contacted LaBounty — a veteran Pop Warner (youth division) football coach with the Troy Patriots.

"To be honest, I was kind of nervous. It was never something that crossed my mind — coaching women," LaBounty said. "But I loved coaching (football). I decided it was a new challenge, and it was something I wanted to do."

Ireland said that bringing in a Pop Warner coach was perfect for her team because the levels of playing experience between youth football and womens football are nearly the same — athletes who have the skill but not the know-how.

LaBounty concurred. "I approached it as they were all new players to the game," he said. "I didn't think about them as women, but I did think of them as new players, so I had to teach them everything."

It took some time for LaBounty to get used to working with his new players.

"I was nervous about not offending them," he said. "It took two practices before they told me not to treat them any differently."

Likewise, it took some of the players some time to get used to the physical nature of tackle football.

"I still have to get used to it all the time because you never know when you're going to get hit, and it's a different experience each time you get hit," said Wroblewski.

"Everyone has their first hit, and they'll always remember it,"

Ireland said: "You get that first hit, that shocks you a bit, but you get right back up and into the next play."

Gaining an audience

Taking a hit from an opposing player isn't nearly as tough for the Ambush as trying to create an audience in the Capital District.

"Absolutely it's an uphill climb," said Ireland, "but we're trying to validate women's football."

The best way to do that, LaBounty said, is to play at a level where fans forget they're watching women's football.

"I told them that when someone walks by and sees them play, I want them to not even realize that they're watching women," he said.

Wroblewski said that the failure of the Night Mares is helping the Ambush.

"The way (Ireland and her mother) are running the team, they know what they're doing," Wroblewski said. "And the coaching staff they hired is top notch."

Making the Ambush a success fuels the players' desires as much as winning the WPFL title.

"We don't want to let Megan down, we don't want to let our coaches down and we don't want to let ourselves down," Hargis said.

The Albany Ambush play their next two games at home, starting with Saturday's contest against the Empire State (Rochester) Roar. Kickoff is 7 p.m. at Bailey Field on the Union College campus. Albany's remaining home games are against Delaware Aug. 20, the New York Dazzles Sept. 24 and the Carolina Queens Oct. 15. All home games start at 7 p.m.

Heavy

(From Page 40)

St. John's Red Flash), but the organization wants all of its members to do so.

Good luck convincing Florida State of that concept. That school said it chose the nickname "Seminole" to honor the Native American tribe that resides in the Sunshine State. Heck, the Seminole Nation has endorsed the school's nickname and logos. And though the arrow on the school's football helmets and the Indian-head logo it uses elsewhere may not be the best image to go along with the nickname, "Seminole" is no more offensive than a Golden Eagle or a Red Flash (whatever a Red Flash is).

Florida State is already looking into legal action to block the NCAA's move, and I am firmly on the school's side (though I'd like to add that I do not like the "Tomahawk Chop" its fans use at sporting events — that's always

annoyed me). If a nickname is chosen to honor the heritage of the region, then no governing body should force a school to change it or use censorship to "eliminate" the moniker at its tournaments.

Alas, we live in an increasingly politically correct environment where if one person says something is offensive, then action must be taken to deal with it. Even if the action is as silly as having to take a school logo off a cheerleader's uniform or bar a mascot from appearing at a tournament event.

The problem is, censoring a nickname or a logo does not make either go away. If the NCAA really wants its schools to stop using Native American-themed nicknames and mascots, then it should make a rule stating that. Otherwise, the organization should step away from the issue and let the schools determine what they want to call their teams.

Cross country racing series continues at town park

The Hudson Mohawk Road Runners Club continues its series of cross country races over the next two Mondays at Bethlehem town park on Elm Avenue.

Races start at 6:30 p.m. and are open to runners of all ages and abilities. Registration starts at

5:30 p.m. near the park's tennis courts.

The entry fee is \$2 for Hudson Mohawk Road Runners Club members and \$4 for non-members.

For information, visit the club's Web site at www.hmrrc.com.

Got sports news?

The Spotlight welcomes articles on community sports events and updates on athletes in college, as well as photos of individuals or teams from the towns of Bethlehem and New Scotland and the villages of Ravena and Voorheesville.

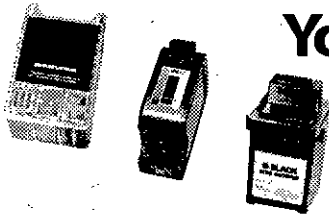
Photos can either be e-mailed or sent by regular post. Please include a self-addressed stamped envelope if you wish to have your picture returned.

Fax information to 439-0609 or e-mail Sports Editor Rob Jonas at jonasr@spotlightnews.com. If mailing a photo, please send it to The Spotlight, P.O. Box 100, Delmar 12054.

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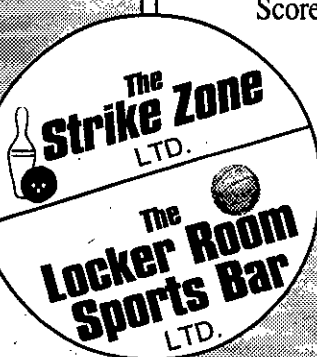
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Heavy handed tactics

From the sports desk...

By ROB JONAS

The National Collegiate Athletic Association has managed to take a heavy-handed approach to political correctness.

Not satisfied with merely asking colleges and universities to consider abandoning Native American-themed nicknames, the NCAA is now bullying them into it by decreeing that starting Feb. 1, 2006, any school that has such a nickname must cover its logo (if deemed offensive), keep its mascot clear of the venue and its moniker will not be mentioned during any sanctioned tournament.

In other words: you can call your school's teams the Braves, the Indians or the Warriors, but we reserve the right to censor those names at our tournaments.

Seems like a wonderful plan, doesn't it? Except that censorship is unconstitutional, and even if it weren't, it's not like people don't already know that Alcorn State calls its teams the Braves or that Florida State's nickname is the Seminoles. Making those schools delete their logos before playing in an NCAA tournament isn't going to change that fact.

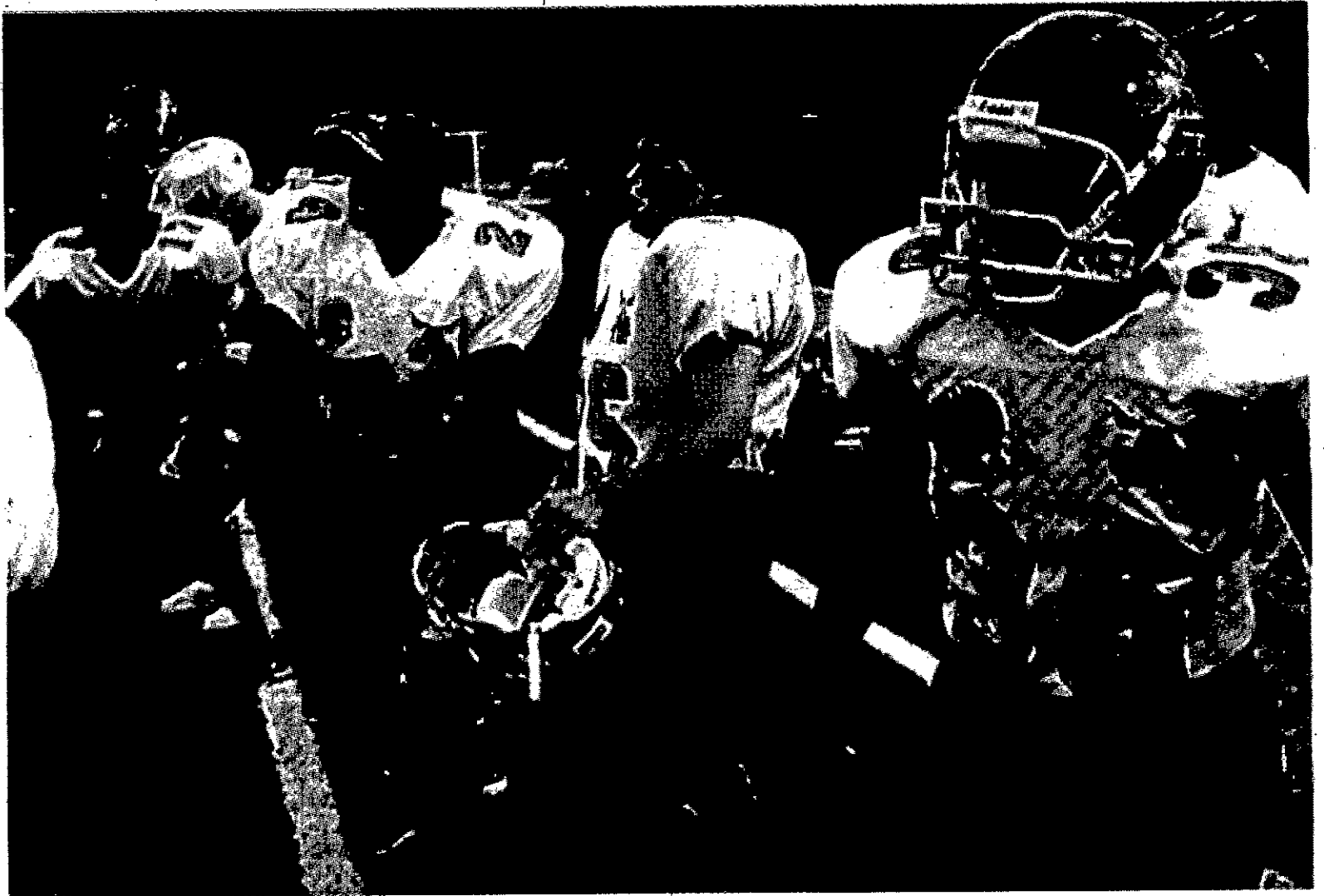
What the NCAA is doing here is noble to this extent — it doesn't want its member schools to continue using nicknames that stereotype a race in any way. That's all well and good, but I refer you to a column I wrote a couple of years ago when the head of this state's Department of Education asked all high schools to abandon Native American nicknames. In it, I said that in many cases, the schools that chose a Native American-themed nickname because they were trying to honor the heritage of their region.

Look at Mohonasen — the school district name is a combination of Native American tribes (Mohawk, Onondaga and Seneca). Do you think that the people who came up with the nickname "Mighty Warriors" were being malicious? Neither do I.

Some NCAA schools have eliminated their Native American nicknames over the last decade or so (i.e. Marquette Warriors became Marquette Golden Eagles, Stanford Indians became Stanford Cardinal, St. John's Redmen became

□ HEAVY/page 39

Sports



A field of their own

Women's pro football team kicks off at Union College

By ROB JONAS

They wear the same helmets, uniforms and pads that an ordinary football team wears and they play by the same rules, but they are not an ordinary football team.

Meet the Albany Ambush — a group of 24 women ranging in age from 20 to 45 playing in the Women's Professional Football League (WPFL). They are owned by a woman, they have a female general manager who doubles as a starting offensive and defensive tackle and they have a quarterback who is a research scientist at the Wadsworth Center.

"Science and sports does draw some comparisons," said quarterback Danielle Wroblewski. "Both require a lot of work. You have to keep plugging away at it to reach your goal, whether it's to discover a scientific cure for a disease or to win a football game."

"Most of the women came from the same recreation leagues I played in — softball, flag football, basketball and soccer," said Ambush general manager Megan Ireland.

The Ambush are only in their first year of full WPFL membership and they have one of the smallest rosters in the league, but

they have a lofty goal — to win the league title.

"I see 20 girls that can take on 50," said Ambush coach Shane LaBounty. "They have more heart than I've ever seen, and they are great students of the game. They pick up on everything quickly."

If Albany's season-opening 35-24 victory over Delaware July 30 is any indication, the Ambush may be well on their way to achieving that goal. Albany rushed for more than 300 yards, 209 of which came from running back Felicia Hargis.

"All the credit goes to the offensive line," said Hargis, a former basketball player for West Virginia University. "I got all the glory, but the offensive line did

all the work creating the holes for me to run through."

"All I can say about Felicia is wow," LaBounty said. "My personal feeling is that she's the best running back in the

country. She just has the ability to do things that I never thought a woman could do."

The one thing the Ambush can ill afford is a rash of injuries. With only 20 active players on the roster, a series of maladies could leave the team shorthanded.

"The way they push each other and help each other, you'd hate to lose any of them to injury," LaBounty said. "But with the heart they have, I think they'd find a way to pull through."

A learning process

The Ambush is the second professional women's football team to call the Capital District

home. The Albany Night Mares played two seasons before disbanding in 2003. Several former Night Mares are now playing for the Ambush including Wroblewski, Ireland and Hargis.

After the Night Mares disbanded, Ireland's mother, Diane Metcalf, inherited \$10,000 from her mother with the expressed wish that the money be used to

create a legacy. So, Metcalf and Ireland used the money to start the Ambush last year.

"She and I always joked about me owning, playing and managing my own team someday," Ireland said.

Out of three women's professional football leagues, Ireland

□ FIELD/page 39



Above: Albany Ambush running back Felicia Hargis (32) tries to slip out of the grasp of a Delaware defender during the team's July 30 home opener at Union College. Hargis rushed for 209 yards in a 35-24 victory. Top: the Ambush bench players cheer on their teammates. Jim Franco