

Area News



'Les Miserables' at BC High

In a departure from light, airy musical comedies of the past, Bethlehem Central High School's drama club, Stage 700, will perform the student adaptation of "Les Miserables" March 16 through 19. It's the biggest and most expensive musical produced by the high school in 20 years, according to director James Yeara.

See story on Page 3.



Seeing green

Life does go on after St. Patrick's Day, but it may not be as much fun. Capital District residents are lucky to have The McKrells and Hair of the Dog, two homegrown music groups that perform almost nonstop in this area in the weeks leading up to March 17.

See story on Page 18.



College basketball

The long road Lucious Jordan and his University at Albany teammates followed led them to the promised land.

The Great Danes leapt out to an 18-4 lead and never looked back, beating Vermont 80-67 last Saturday to wrap up their first America East men's basketball title.

See story on Page 38.



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Spotlight

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VOLUME L NUMBER 11 75¢ MARCH 15, 2006

Revals prompt reaction

By STEPHANIE LUBIS
Property revaluation notices were sent to Bethlehem homeowners last week, and predictably, it has caused a stir.

"It has been busy," said town Supervisor Theresa Egan. "The phones have been very busy."

With the overall tax base of the town almost doubled, many home values have gone up as much as 70 percent, which has caused concern among many residents.

Town Assessor Dave Leafer was prepared for the onslaught.

"So far we've scheduled about 645 informal hearings," he said. "We get most of the people toward the beginning of the process, and then it tends to taper off some. I-

expect that we'll get a total of 800 or more before it's over."

Leafer said the town originally expected to hold about 1,200

"There are some properties where the taxes owed will go up significantly. Many people express fear that they will not be able to afford them, which is a pretty standard complaint."

Dave Leafer

informal hearings.

Leafer has also stressed that a significant increase in property value does not necessarily mean

Reval Page 23

No grade

Security breach invalidates test scores

By STEPHANIE LUBIS
Third grade state standardized test scores in math at Hamagrael Elementary School are null and void due to a security breach in the testing process last Wednesday.

The school's 91 third graders were given portions of what was believed to be a practice test last month. In fact, it turned out to be a photocopy of an official state field test for the third grade assessment. The school administered the field test last May to then-third graders at the request

of the state Department of Education, and five questions on the field test subsequently appeared on the actual assessment administered to students on March 8.

The five questions were essay-type word problems, and constituted more than half the test.

After the test was given, both students and teachers commented that a large number of the questions on the test looked familiar. One of those students was Principal Dave Ksanznak's daughter.

"She told me that it looked familiar," Ksanznak said.

He also said teachers came to him as soon as they had sus-

Grade Page 23

Easier access planned for Vista, KKS

By STEPHANIE LUBIS
More changes are coming to the Slingerlands Bypass extension, which will link Route 85 with the proposed Vista Technology Campus to be located in the area behind Price Chopper in Slingerlands.

Originally, four to five roundabouts were proposed for the area, but at Wednesday's town board meeting, Bill Herbert of BBL Construction, the developer of the Vista site, announced the change.

Instead of an additional roundabout at La Grange Road, one entrance that would be shared by Vista Tech Park and

center, and professional offices. The entrance that will be shared by the Vista Tech

by KKS Industries will be at that location, with the roundabout further east on the bypass.

"The bypass will be more efficient, and it's an improvement the way it is now," said Herbert.

"We had concerns with having so many roundabouts in that area," said George Leveille, director of economic planning and development for the town.

"We were worried they would slow traffic down to a crawl."

"We had concerns with having so many roundabouts in that area. We were worried they would slow traffic down to a crawl."

George Leveille

Campus and KKS at La Grange Road will be a right turn in and right turn out, which, according to Constantine Kontogiannis of KKS, will enhance the flow of

traffic. "It will provide relief values from the roundabout, so people won't have to use the roundabout if they don't need to," he said.

"This gives each of those developments two means of ingress and egress," said Leveille.

KKS is not part of the scoping document for Vista Technology Campus, but they are being planned together to keep things in line with each other.

In other business, the

Access Page 23

Yourtown
VOLUNTEER FIRE COMPANY

WHO'LL ANSWER THE CALL?

Fewer volunteers respond

By ANN MARIE FRENCH

When the fire alarms sound, area residents and businesses expect several fire trucks to show up with sirens blaring and a number of firefighters to put out the blaze. When people call 911 seeking medical help, they expect an ambulance to pull up with medical personnel to assist them and if needed, transport them to the local hospital. People often don't consider that the men and women showing up to fight the fires or offer medical treatment are not necessarily paid for their efforts.

"Along with local fire and EMS agencies, volunteer ambulance services play an integral role in New York state's emergency response system and remain an important aspect of providing life-saving services to the residents we serve," said Joe DiMura, spokesman for the state Department of Health which oversees the Bureau of EMS.

"Approximately 80 percent of

the nation is served by volunteer fire departments," said David Quinn, chief administrative officer for the Firemen's Association of New York (FASNY). Many of those departments are experiencing a significant decline in the number of residents who are choosing to become involved in the departments and volunteer their time.

"There are probably a number of reasons for the decline," said Quinn. "Departments in very rural areas are still the center of attraction and are able to maintain their numbers. Areas like Clifton Park and Delmar, which have become more developed, allow for the departments to draw from a larger population. It is the departments that are not in the rural or developed areas that have the most difficulty — and that is the vast majority of the state."

Several of the reasons people are less apt to volunteer relate to the time they have available, said DiMura. In an age where families have both adults working outside the home and often having a significant

Call Page 39

INSIDE: Local woman answers, page 39

Police Blotter

Police arrest Barker Steel employee for assault

On March 7, Bethlehem police arrested Alfred L. Brown, 69, of Oliver Street in Albany, for attempted assault with a weapon, a felony.

Responding officer Michael Berben received a call for a fight in progress involving a knife at Barker Steel Inc. at 126 S. Port Road in Glenmont. Officer Berben spoke with the victim, an employee of Barker Steel, who said that Alfred Brown, also an employee, tried to stab him several times in the belly, chest and face and throw him off balance, police said.

Brown lost balance and backed up, and the victim was able to separate himself from Brown and grabbed a piece of rebar, a blunt instrument, to defend himself, police said. Brown again approached the victim and continued to lunge at him with a knife.

The victim kept Brown at bay

by swinging the rebar at Brown, who continued to pursue him and attempt to stab him, police said. The victim was able to avoid injury, but several knife strikes just missed the victim's face, arms and chest.

Co-workers began making a commotion and approached the area of the altercation and yelled at Brown to stop, police said. Eventually he did stop attacking and ran outside to the southwest back corner of the property.

The victim denied prior physical contact with Brown, and wanted to press charges, police said.

Officers Francis Muller and Sergeant Brian Hughes arrived on the scene to locate Brown in the break room, police said. Brown stated that he had a physical altercation with the victim and admitted to having the

knife. Brown claimed he was punched in the face by the victim and he drew his knife to retaliate and said it was his intent to stick and cut the victim, police said. Brown threw the knife away and police could not locate it.

There was an odor of alcohol coming from Brown, police said, and he admitted to drinking alcohol prior to coming to work.

The foreman at Barker Steel brought police into the locker room area and a .22 caliber bullet was seen on a table in front of Brown's locker. A search of his locker revealed brass knuckles. The brass knuckles and the bullet were secured as evidence. Brown admitted to possessing the brass knuckles but not the bullet, police said.

Brown consented to vehicle search, which revealed a silver pipe wrapped in tape under the passenger seat, police said. Brown said the pipe was for protection.

Brown was returned to the Bethlehem Police Department, where he complained of pain from being hit with the rebar, and EMS was contacted. Brown was transported to St. Peter's Hospital, where he was released a short time later and brought back to police headquarters for processing.

Brown was released on his

own recognizance and is due back in court April 4 at 4 p.m. He was released on \$7,500 bail. An order of protection was issued for the victim.

Scholarships available

The Bethlehem Central Endowment Fund Scholarship Committee is pleased to announce that several scholarships will be available to class of 2005 seniors from Bethlehem Central High School.

Applications for the following scholarships are available online from the Community Foundation for the Capital Region (CFCR) at www.cfcr.org; at the school district Web site, bcsd.k12.ny.us, or in the BCHS Guidance & Counseling Center: the Eagle Award, the Jeanette Pace Memorial Scholarship, the Russell Eilers Memorial Scholarship, the Will Raub Memorial Scholarship, and the Jonathan Albert Memorial Scholarship.

Contributions can be made throughout the year. Checks should be made payable to the BC Endowment Fund and mailed to 90 Adams Place, Delmar 12054.

The goal of the BC Endowment Fund is to enrich the overall educational process of the Bethlehem Central schools by

funding programs and capital projects that traditionally are not financed through local tax dollars or other public resources reflected in the annual school budget.

For information about making a donation, call Bill Cushing, president of the board of trustees at 439-7623 or Jo Ann Davies, treasurer at 768-2582.

Planetarium explores ancient Egypt

The Henry Hudson Planetarium, located at the Albany Heritage Area Visitors Center in Albany, announces a new program examining ancient Egyptian astronomy. The program is being presented to enhance trips to the only Northeastern U.S. exhibit of "Excavating Egypt: Great Discoveries from the Petrie Museum of Egyptian Archaeology" on display at Albany Institute of History & Art through June 4.

The program incorporates 3-D images of the stars and planets on the dome of the planetarium with the flat screen movie version of "Stars of the Pharaohs" and a live presentation by the Henry Hudson Planetarium's education staff. The program explores how ancient Egyptians used the horizons to tell time, make a workable calendar, create early zodiacs and align the tombs and temples of their leaders.

Hands-on family activities follow each show. A planetarium show only will be Saturday, April 8, at 2 p.m., and the spring school break program is on Thursday, April 20, at 1 p.m. The cost is \$3 for adults and \$2 for students.



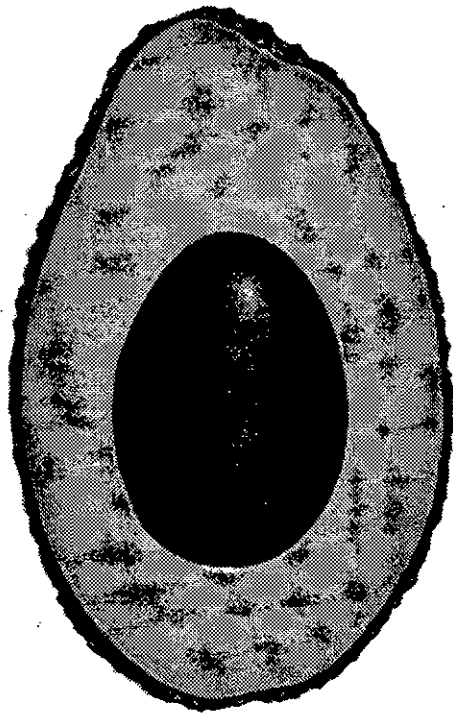
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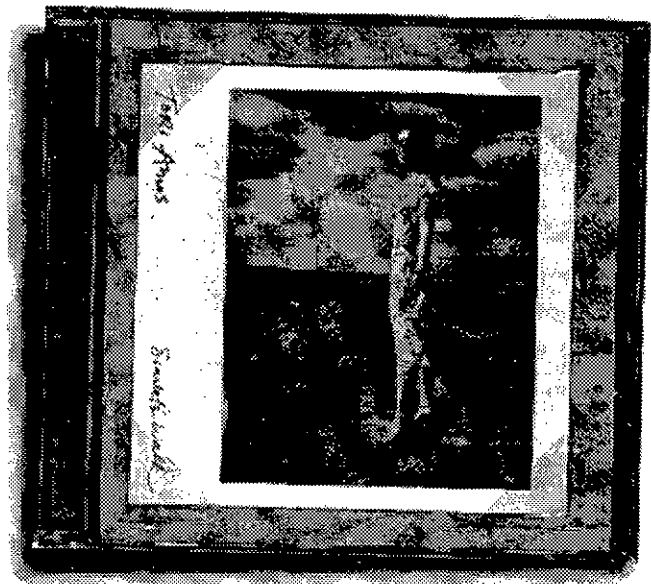
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School districts enter friendly land split

Unique situation creates concerns for superintendents

By STEPHANIE LUBIS

A friendly lot line adjustment between two neighbors on Crescent Creek Way could become more complicated than either expected.

Ron and Karen Epstein and Richard and Christine Anguish have been discussing since July what the best solution is to solve the problem of an erroneous property line between their homes. Incorrect land survey information was brought to light when Anguish had the land surveyed again to install a fence for his pool, and after months of discussing options, the two had come up with a friendly solution — split the land down the middle.

The neighbors are also friends. Their children play together. Both wanted to keep things friendly.

As with many things, it didn't turn out to be that easy.

Property that rightfully belongs to the Epstein family and which is currently marked as the Anguish's property also happens to have 25 square feet in the Ravena-Coeymans-Selkirk school district. Legally changing the lot line would give the Epstein's the option of choosing to pay taxes to either the Bethlehem school district or RCS, which is where it becomes less of a friendly land split and more of a legal issue between town government bodies and school district officials.

The Epsteins and Anguishes have already consulted Peter Reilly, a lawyer from Clifton Park, and have been before the Bethlehem town board, which passed the matter on to the planning board to get a recommendation on how to proceed.

The unique situation is actually what makes it difficult to decide the best course of action. Some planning board members were

concerned that if the lot adjustment were approved, it would set precedent, even though it's an unusual situation, and the details are unlikely to occur again. Others thought that legal language and the situation itself would bar from setting any precedent if the division was approved.

The possibility of bringing any unusual situation to the planning board and being able to choose a school district based on that was the concern of some members of the planning board and also of Vicki Wright, superintendent of RCS Central School and Howard Schaffer, a member of the RCS board of education.

In addition to losing the lot, which is currently in the RCS district, Wright explained that no

concern that future owners of that home could choose which district they want.

Currently the Epstein children do not attend public school, but taxpayers in either school district still have to pay taxes to that district regardless of where their children go to school.

"The only way we can keep the value of our mortgage is with this solution," said Epstein. "This happened before we even moved in."

This issue is something planning board member Howard Engel expects to see a lot of in the future. Many of the projects

before the planning board are in the RCS school district, and Engel said new developments in the area will cause this issue to come up again in a variety of ways.

The board voted 4 to 3 against the split, and is sending the proposal on to the town board for final consideration.

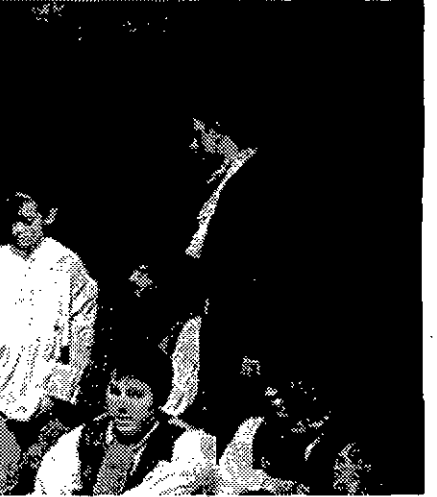
"Our concerns are that a government entity would allow and approve changing lot lines without a conversation with anyone at the RCS district."

Vicki Wright

one consulted anyone from RCS about the possible change. They didn't even know about the situation until two days ago, she said.

"Our concerns are that a government entity would allow and approve changing lot lines without a conversation with anyone at the RCS district," said Wright. "Whether this happened accidentally or not, it doesn't seem like any governing agency should take this path without covering all the bases."

Epstein said he was advised by members of the Bethlehem town planning division to speak with officials at the Bethlehem school district about the lot line adjustment, but was not subsequently advised to speak with anyone from RCS. Regardless, Wright said this adjustment could cost the RCS district tax dollars for years to come. It adds the additional



Top: David Peterson as Jean Valjean (left) and Matthew Baboulis as Javert. Middle: Members of the cast during dress rehearsal. Bottom: Beth Horning plays the young Cosette.

Drama club switches gears

To perform 'Les Miserables' March 16 to 19

By STEPHANIE LUBIS

In a departure from light, airy musical comedies of the past, Bethlehem Central High School's drama club, Stage 700, will perform the student adaptation of 'Les Miserables' March 16 through 19.

It's the biggest and most expensive musical produced by the high school in 20 years, according to director James Yeara.

The musical relies strictly on singing. No speaking parts are included.

"It's more like an opera in that regard," said Jason Dashew, musical director. "The kids have done a great job of using the music to tell the story."

All 83 cast members sing, and there are about 10 soloists.

Les Miserables closed on Broadway in 2003, and since then, the school edition of the musical has been released, but this is Bethlehem High School's first performance of it.

To prepare, students went to Boston to see the play performed during winter break and were treated to an hour chatting with the lead from Phantom of the Opera about acting, training, Phantom

and Les Mis. They were not required to read the novel written by Victor Hugo.

Students aren't the only ones working hard. Two student directors, a committee of six adults, including musical director, choreographer, and stage and technical crew, and volunteer parents are all working hard to be ready for opening night.

"Although we have lots of help,

others," said Rosenthal. "All of the music incorporates into it, but it's a lot of work and more of a challenge."

David Peterson, also a senior, plays Jean Valjean. He likes his character because it spans 20 years of his life.

"It's fun, because he goes through a lot of pain and strife, but there is a good meaning and a good message in the end," he said.

Senior Catie Vincent, in the role of Cosette, enjoys acting especially because of the people she has met, but she also likes her character for a simpler reason.

"My character is in love with Marius, (played by Dylan Lewis), and Dylan is really hot so that makes it fun," she said with a big

grin. "I don't know if there will be any kissing but we may work it in as a surprise. After all, Cosette and Marius end up married."

Matt Baboulis, a senior playing the role of Javert, is only in his second stage production.

"I used to be too cool for theater, but now I'm in a lead role," he said. "I like it now, and I'm glad I'm involved."

He likes his character because of his "badness".

"It's awesome," he said.

Les Miserables is showing March 16 through 19 at the high school auditorium. Admission is \$6 for students and seniors and \$10 for adults. Showtimes are 7 p.m. March 16 through 18 and 2 p.m. March 19.

"Although we have lots of help, the kids do most of the work. There is always an adult there to supervise, but it really is a comprehensive process."

Jason Dashew

Bowl for Big Brothers, Big Sisters

Want a cabin fever reliever? You can raise money for local children at Bowl for Kids' Sake.

Bowl for Kids' Sake is a bowl-a-thon and annual fundraiser for Big Brothers Big Sisters of the Capital District. Teams are currently being recruited to participate March 24 or March 25 at Bowlers Club in Latham; March 31 at Ballston Spa Lanes, or April 1 at Spare Time in East Greenbush. The 2006 Bowl for Kids' Sake is presented by

SEFCU.

You don't need to be a bowler to Bowl for Kids' Sake, and it's easy to participate. Just join with a few friends or colleagues to form a four- to five-person team. Ask family and friends to sponsor your bowling online at www.bbbscr.org/bfks or collect their donations directly. Then come out and bowl on any of the scheduled event days!

Every cent that you raise will help match more local kids with Big Brothers and Big Sisters, as well as score some great prizes including T-shirts, mugs and sweatshirts. Teams are asked to raise a minimum of \$300. Individual bowlers raising \$350 or more will be eligible for our Grand Prize raffle with airfare for two to Florida.

Sign up today and go to www.bbbscr.org/bfks for information and to register online or call the office at 862-1250, ext. 26.

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The Spotlight (USPS 396-630) is published each Wednesday by Spotlight LLC, 125 Adams St., Delmar, N.Y. 12054. Periodicals postage paid at Delmar, N.Y., and at additional mailing offices. Postmaster: send address changes to The Spotlight, P.O. Box 100, Delmar, N.Y. 12054. Subscription rates: Albany County, one year \$26, two years \$50, elsewhere, one year \$35. Subscriptions are not refundable.

Mornings, mealtime toss up real challenges

By ROBIN SHRAGER SUITOR



So breakfast is the most important meal of the day, huh?

I recently saw the Steve Martin movie, "Cheaper By The Dozen," on DVD. In the movie, there is a family with 12 kids, although "only" 11 are still living at home with mom and dad.

In one scene, it's a weekday and they're all present for breakfast. They use division of labor and an assembly-line production to prepare the meal. The dad facilitates the distribution of food by flinging a slice of toast to each person. The entire clan works together cooperatively and quickly. The parents are downright cheerful!

In our house we're lucky to get two out of three family members breakfasting together on a weekend, let alone a school day.

Here's the morning scene at my house: My husband, the early riser, is eating breakfast. I'm still in bed pressing the snooze alarm, and our daughter is still asleep. (Rachel doesn't believe in the use of snooze alarms. When her alarm rings she gets up, walks across the room, shuts the ringer off and returns to bed).

Before heading down to breakfast, I stop in Rachel's room. If I'm lucky, she's out of bed or at least awake. If not, I flick on the light. She growls,

"Hey, that's too bright, turn off the light!" I muster-up the cheeriest morning voice I can manage and announce, "Good morning, Sunshine. It's time to get up!"

If I'm in a particularly patient mood I sit on the edge of her bed and gently rub her back. This is a nice way to be roused from sleep. The initial results are generally positive, and we exchange a round of morning pleasantries. But when I say, "Please get up and get dressed," it all turns sour. Like, why can't we just giggle the whole morning away?

Meanwhile, my husband eats and he heads up to shower. I pass him on the stairs. He says, "You haven't showered?" I sneer and say, "I can't get her out of bed."

I go down to the kitchen and have my instant oatmeal with fresh blueberries. Every few minutes I shout words of encouragement toward the stairs: "Are you dressed yet? You need to get dressed and come down. GET DOWNSTAIRS RIGHT NOW!"

What feels like hours and hours later, my daughter

appears in the kitchen, sometimes without socks on. This will require a trip back upstairs. Another eternity passes.

"Please hurry," I tell her. Unfortunately, the word "hurry" cannot be translated by children unless the ice cream truck is rolling down the street.

I ask what she wants for breakfast and she says, "What do we have?" as if we are a gourmet diner with ever-changing morning specials.

"We have the same things we always have," I tell her.

Then she says, "I can't decide" or "I'm not hungry."

I understand her lack of appetite in the morning. There were many years when I skipped

breakfast and grabbed a bagel at work. And although I now regularly eat breakfast, I'm not in the mood to talk about food in the morning.

My husband used to initiate morning discussions about what we should have for dinner that night. I'm sorry, but I cannot possibly think about what to have for dinner before I've eaten breakfast. Even though I may be standing and possibly even showered, the mere mention of oven-fried chicken at 7:30 a.m. simply makes my stomach turn.

The problem is, I never want to talk about dinner. I don't want to BE a pampered chef; I want to be pampered BY a chef. It's not like I don't like to cook, it's just that I find the prep work daunting. Planning the meal, purchasing the ingredients, the clean up! I can do it for holidays and major events because there's a lot of lead time. But prepare meals every night? After working all day? After taking care of children and/or working outside the home?

I usually think about dinner just as I'm leaving work. Jeff will call me from his office just before quitting time to discuss the dreaded topic: "What should we have for dinner?"

The problem about thinking about what to have for dinner JUST prior to dinnertime is that the main ingredients are either at the grocery store or in our freezer.

Sometimes when we come home and realize, once again, that our main dinner ingredient is in the freezer, we move it to the refrigerator to thaw for the next evening's meal. I cherish

the ultimate goal: going to sleep. There are some days when from the minute I wake up (after several rounds of snooze alarms) I am thinking, "When can I get back into bed?"

If dinner is delayed, then homework is delayed, then shower time is delayed, and then, depending on the lateness of the hour, tooth brushing may take an eternity. When I'm tired, I'm able to quickly brush my teeth, without talking, and head to bed. Tired children, however, often find tooth brushing hysterically funny and can barely get the brush into their

My husband used to initiate morning discussions about what we should have for dinner that night. I'm sorry, but I cannot possibly think about what to have for dinner before I've eaten breakfast. Even though I may be standing and possibly even showered, the mere mention of oven-fried chicken at 7:30 a.m. simply makes my stomach turn.

those moments of foresight. Unfortunately, we still have nothing to eat for the current evening's dinner.

Jeff is more adventurous. He will use the microwave to defrost the chicken parts.

I tend to just throw up my hands and lament, "Oh no, everything is frozen."

Although it takes only about 15 minutes to defrost chicken, it will completely throw off my whole schedule. Since I am in a constant race against time, I do not have 15 minutes for defrosting. When I get home, I must begin cooking immediately, so that we can eat as soon as possible.

It's not that I'm starving. I'm usually not. What I really want to do is change out of my work clothes, sit on the couch and read the paper (or take a nap) and then get up later and prepare a meal.

This type of delay is not possible in a house with children. Because there is homework, and bathing, and

brushing.

To encourage proper contact between toothbrush and teeth, I usually brush teeth with my daughter. "Let's brush teeth" works better than "Go brush your teeth." I also do this so I'm less likely to eat after 8 p.m., although that doesn't usually work.

After Rachel's in bed, I throw a load of laundry in the washer. Sometimes I sit down to watch TV with Jeff. He says, "Want a snack? I'm going to have a bagel." That sounds good, so during the time when we're supposed to be planning the next night's dinner, we're having breakfast food as an evening snack. Hmm, is that the problem?

When the family in "Cheaper By The Dozen" finally sits down to eat, a frog drops into the platter of scrambled eggs and everyone gets splattered. So maybe mornings in my house are not so bad after all.

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WEEKLY WEATHER

Chief Meteorologist Mike Bono

TIME WARNER CABLE

Albany Almanac

Record high/low/year

Day	AVERAGE HIGH 45°	AVERAGE LOW 26°
	High/Year	Low/Year
Wednesday, March 15	72°/1989	1°/1933
Thursday, March 16	82°/1990	4°/1980
Friday, March 17	75°/1990	-1°/1916
Saturday, March 18	65°/1966	-8°/1900
Sunday, March 19	75°/1894	-10°/1967
Monday, March 20	74°/1903	2°/1967
Tuesday, March 21	78°/1921	-1°/1956

SEASONAL SNOWFALL TO DATE
29.0 inches as of Friday, March 10th
23.4 inches below average

This week in weather:
March 15, 1992 Intense snow squalls that began on the 12th came to an end across Oswego and Onondaga counties in central NY. Final 4-day totals included 85 inches in Palermo, 51 inches in Fulton, 60 inches in Parish, and 24 inches in Syracuse.

Sun & Moon

Day	Sunrise	Sunset
Wednesday	6:07am	6:01pm
Thursday	6:06am	6:03pm
Friday	6:04am	6:04pm
Saturday	6:02am	6:05pm
Sunday	6:00am	6:06pm
Monday	5:59am	6:07pm
Tuesday	5:57am	6:08pm

Moon Phases
March 22nd Last March 29th New

Planets	When	Where
Jupiter	Pre Dawn	Bright SW
Saturn	Evening	High SSE
Mars	Evening	West
Venus	Dawn	Bright SE

Area Ski Conditions

Resort	Base Depth	Lifts	Trails
Gore Mtn.	26" - 57"	8	58
Whiteface	41" - 56"	9	70
Stratton Mtn.	36" - 48"	8	83
Mount Snow	28" - 42"	10	91
Okemo	20" - 36"	15	107
West Mtn.	24" - 48"	4	13
Stowe	32" - 44"	9	48
Killington	24" - 36"	18	158

Resort	Base Depth	Lifts	Trails
Berkshire E.	12" - 65"	4	25
Sugarbush	8" - 40"	13	110
Hunter Mtn.	15" - 90"	5	43
Belleayre	20" - 65"	8	35
Jiminy Peak	20" - 60"	5	33
Willard Mtn.	18" - 38"	2	8
Windham	25" - 70"	6	32
Smugglers'	24" - 50"	8	68

Factoid
Spring begins at the Vernal Equinox, at 1:26pm, Monday, March 20th. The sun is directly over the Equator this day, but we'll have 12 hours of daylight on Friday, March 17th.

Tides at Albany

Day	High	Low
Wednesday	5:19am, 5:24pm	11:48am, -----
Thursday	5:56am, 5:58pm	12:12am, 12:32pm
Friday	6:32am, 6:31pm	12:50am, 1:15pm
Saturday	7:08am, 7:04pm	1:27am, 2:00pm
Sunday	7:47am, 7:42pm	2:06am, 2:47pm
Monday	8:31am, 8:27pm	2:47am, 3:38pm
Tuesday	9:21am, 9:22pm	3:35am, 4:33pm

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Around the County

Seminar eases college application stress

Destination College available to area students

By STEPHANIE LUBIS

You've got to have a plan.

For all those high school students looking forward to the college years with trepidation instead of excitement, help is on the way.

Imagine a step-by-step guide through the confusing and stress-inducing college application process; knowing exactly what to do and when to do it.

Imagine having a personalized list of what your options are and a timeline for when things should be done. Imagine full support along the way from counselors who know you personally.

That day is here.

It's taken some doing, but after two years of planning and research, Destination College is

a go situation. The four-day college administrations prep seminar is open to all Capital District high school juniors and seniors and will take place at the University at Albany July 17-20.

It's no surprise that the seminars will be educational, but they will also be fun, according to Lauren Carter, director of college counseling at Albany Academy for Girls.

"We love the college application process," she said. "We want it to be fun for the students, not stressful."

Part of keeping it stress-free is offering the seminars in the summer. Summer is usually downtime for students, Carter said. Students tend to be overbooked during the school

year, and this way, students can prepare without being overburdened with activities.

"It can give students a jump start to the school year," said Carter. "Students can come back to school in the fall more focused."

Stress, confusion and lack of resources are some reasons many

students don't maximize their options, Carter said. Higher expectations and yearly changes both in what colleges expect and in the application process can cause procrastination. Being prepared is the answer.

"It's easy for some kids to feel alone in the process, even though they have a great support network," she said.

"They just need to know how to tap into it."

Giving kids the tools they need to empower themselves is the goal. Along with Carter, Scott Carlton and Lisa Carr, both counselors in the Bethlehem Central School District, will be leading seminars dealing with all aspects of the application process.

Tips on how to search for a college, how to understand standardized testing, the college essay, interviews, what to look for when visiting a college, courses on the PSAT and SAT courses, and the do's and don'ts of the process are part of what students will come away with.

Personalizing the process is also important, and providing each student with a personalized to-do list complete with timeline and options based on student interests, personality

and high school transcripts are other benefits of Destination College.

"The question is, how do you make yourself 3-D on paper? It doesn't help to just send the college an application. You need to personalize it," said Carter.

The project is co-sponsored by Kaplan Test Prep, and they will offer SAT review and \$100 discount vouchers toward test preparation classes with Kaplan.

"They guarantee a higher score or your money back," said Carter.

Cost for the seminar is \$450. A scholarship is being offered.

Destination College will focus on a small group of students, no more than 25 to 30, in order to maximize the one on one attention students receive.

For information, visit www.admissionsadvantage.biz.

"We love the college application process. We want it to be fun for the students, not stressful."

Lauren Carter

Albany County Department of Health 2006 Rabies Clinic Schedule

A series of rabies vaccination clinics for dogs, cats, and ferrets has been arranged by the Albany County Department of Health in cooperation with the Capital District Veterinary Medical Society.

All dogs, cats, and ferrets must be on leashes or in carriers. A record of prior vaccination will be required for a three-year immunization. If no record is presented, a one-year vaccination

certification will be issued.

All clinics are open to any Albany County resident. Any inquiry can be directed to Division of Environmental Health Services, 447-4620 or 447-4625.

Clinics will be held on the following dates: Saturday, March 18 from 1 to 4 p.m. at the Berne Highway Garage, Route 443; Tuesday, June 6, from 4 to 7 p.m. at the Bethlehem Town Park, Elm Avenue; Saturday, Sept. 9, from 1 to 4 p.m. at the Village Hall, 2 Thunder Road, in Colonie; Saturday, Nov. 4, from 1 to 4 p.m. at the Public Works Garage, Cohoes Road, in Green Island.

Saturday clinics for cats and

ferrets will be held from 1 to 2:30 p.m., and clinics for dogs from 2:30 to 4 p.m.

Tuesday clinics for cats and ferrets will be held from 4 to 5:30 p.m., and clinics for dogs from 5:30 to 7 p.m.

Requested donation is \$5 per animal.

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Read All About It FORTUNE, January 2006

For the seventh year, Edward Jones was named one of the "100 Best Companies to Work For" by FORTUNE magazine in its annual listing. The firm took the No. 15 spot overall and was named to the No. 4 spot for large companies. The seven FORTUNE rankings include top ten finishes for five years and consecutive number one rankings in 2002 and 2003.

Registered Representative, December 2005

For the 13th consecutive year, Edward Jones took the No. 1 spot in Registered Representative magazine's annual survey where investment representatives from the nation's seven largest brokerages grade their firm's product, quality, service and support. The firm tied in 2005.

DALBAR Client Statement Ranking, November 2005

Edward Jones ranked No. 1 overall for client statements according to an evaluation by the Dalbar 2005 Trends and Best Practices in Investor Statements. Dalbar develops standards for and provides research, ratings and rankings of intangible factors to the financial-services industry.

SmartMoney, August 2005

Edward Jones ranked No. 1 in the annual SmartMoney full-service broker survey. Edward Jones placed ahead of seven other firms and scored the highest possible ranking in the four categories surveyed: customer statements, stock picking, customer satisfaction and a trust survey.

J.D. Power and Associates, April 2005

Edward Jones ranked "Highest in Investor Satisfaction with Full Service Brokerage Firms" in the J.D. Power and Associates 2005 Full Service Investor Satisfaction Study™.

J.D. Power and Associates 2005 Full Service Investor Satisfaction Study™ based on responses from 6,637 investors who used one of the 20 firms profiled in the study. www.jdpower.com

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Matters of Opinion *in the* Spotlight

Lend a hand

It's wonderful to see people in the area rescuing animals from the Hurricane Katrina-struck region. Many people are reaching out to help the creatures displaced by the storm. It's a daunting task and one that is a constant in the region even when there are no outside rescue emergencies.

The Mohawk & Hudson River Humane Society based in Menands is already hunkering down for an influx of kittens that are dropped off in the spring. Last year, the facility dealt with roughly 1,000 kittens. Unfortunately, these numbers prohibit the society from housing the animals until they are adopted, which means these helpless creatures, through no fault of their own, will be euthanized.

A more realistic solution is to have pet owners take responsibility for their animals and have them spayed or neutered so that the animals cannot reproduce.

The humane society and other animal protective agencies do their very best to care for the creatures that come to them. Still, all of them combined cannot adequately address a problem that is so widespread. It is beyond our ability to cope with it in a reasonable way.

As a community, we need to join together and get the word out about spaying and neutering. We need to urge people to only adopt spayed or neutered animals.

Americans spend billions of dollars every year on their pets. Perhaps it's time to redirect some of that money to educational and rescue efforts. One thing is for sure — we're not doing enough since the pet overpopulation gets bigger and bigger every year. Some local veterinarians do pro bono work with shelter animals, but more is needed from them. In addition, more volunteers are needed to walk and help care for these helpless creatures.

Let's work to give the living dogs and cats a better chance at survival through adoption and spaying and neutering. There is nothing sadder than visiting an overcrowded shelter. Sometimes the animals (felines especially) are double bunked in rather small cages. The older unwanted animals look lost and afraid. Humane society staff and volunteers do their very best to keep the animals clean and well-fed. Yet there is always more to be done. What the creatures also need is for someone to care for them, someone to love them.

Most of these animals give back in unconditional love more than we ever give them. Let's be a part of lending a helping hand.

Editorial

Start garden now for a great show

By KERRY A. MENDEZ

The author is a teacher, writer, consultant, mom, and the owner of Perennially Yours in Ballston Spa.

You guessed it! I'm counting the number of days until spring is "officially" here. I love flower gardening, especially perennial gardening. And with spring around the corner, my hands are starting to twitch in anticipation of getting out in the gardens. Are you as antsy as I am to "play in the dirt?" Excuse me, I mean soil (dirt is a no-no word in a gardener's vocabulary). Are the pages of your garden magazines and catalogs becoming worn and tattered as they wear out their effectiveness for substituting for the real thing? Do you go out of your way to "casually" drive by your favorite nurseries watching for the first signs of emerging inventory? Me too!

This was one crazy winter with all of the wild temperature swings, rain and snow. My confused daffodils were poking their heads up in February, tricked into thinking it was time to do their thing. I quickly grabbed a shovel, tossed what remaining snow there was on top of them, and said, "Go back to sleep!"

Despite the jokes that Old Man Winter played on us, I am confident that most of my rugged perennials will survive the test. I look forward to seeing the nodding white flowers of my good old Lenten Rose seeming to say "Here and accounted for." And the rest of the gang should also be saluting as I call attendance: white and pink bleeding hearts; pale yellow trilliums; bright yellow leopard's bane; white shooting stars; fragrant lavender woods phlox; and sapphire blue Virginia bluebells. I'll frown a bit as I notice no sign of life where some spring bloomers were last year. Hmm...could my 12-year old son's weathered-looking

Point of View

basketball sitting in the same spot have something to do with this no-show? Or perhaps it is just one of the casualties that we should expect living in the Northeast. I'll flip a coin ... and then go speak with Evan.

When I said earlier that I love

want to have beautiful looking grasses this year, after cutting them back, burn the rest of last year's brown stubble to the ground. This will allow the new blades to emerge without any obstruction. Just don't do this on a windy day or to grasses located close to the house! Smaller grasses like blue fescue, carexes, and Blue Oat grass (*Helictotrichon*) can be



perennial gardening, I left out two very important words: low-maintenance. My life feels like a whirlwind of activities — OK, tornado might be a better word. Juggling family needs, my gardening business, volunteer commitments and more, does not leave much time for "prima donna" gardens.

I refuse to allow the gardens to be my taskmaster — others in my life have a corner on that market. I find that taking some simple steps in the spring can free up my time for healthier, better-behaved gardens the rest of the year. Here are a few of my tried-and-true tricks for jump-starting beautiful gardens:

- Later this month or early in April, cast 5-10-5 granular fertilizer on your garden beds before, or immediately after, the foliage starts to emerge. This will encourage strong root growth and development. Granular fertilizer will burn plant foliage so by applying it early, before plants emerge, you save time! If the foliage is already up, then make sure to water your gardens afterward to wash off any fertilizer that may have landed on the leaves — or simply wait to apply the fertilizer right before it's supposed to rain! I put down approximately one 30-pound bag per 750 square feet; or 4 pounds per 100 square feet.

- Cut back your ornamental grasses. Larger varieties can be cut with electric or handheld hedge shears. To reduce the mess, tie twine or bungee cords around the grass to hold it together, then cut it down to approximately six inches. Weed-wackers also come in handy for smaller grasses. Some folks swear by chainsaws but even I draw the line at using certain power tools in the garden. Use gloves and caution when dealing with some of the larger grasses — their blades can be razor-sharp. If you really

cleaned up by simply hand-pulling the brown grass blades from within the clump.

- Watch out for March Mail Order Madness. This disease sneaks up on unsuspecting gardeners and usually flairs up in early March. It is caught from leafing through colorful mail-order flower catalogs and it is aggravated by long, cold Northeastern winters. Symptoms include buying plants that don't match your light or hardiness zone; lengthy order lists that exceed one sheet of paper as well as your credit card limit; and buying far more plants than you have room for in your garden — or in your neighborhood for that matter.

- Prune roses in early April — except those that only bloom once in late spring or early summer (many of the antique roses fall into this category and should be pruned right after they bloom). Watch for green leaf buds to break from stems and prune back canes right above any outward facing buds. I prune my shrub roses and floribundas back by one-half their height to maintain more compact plants. Prune dead or broken canes and those that rub against each other. In general, when you see the forsythia in bloom, let the games begin!

Well, I hear the call of the wild, otherwise known as my son, Evan. I say that with a joyful smile on my face as I watch him try to tip toe to the back of my garden bed reaching for a misguided baseball, and snapping a few emerging crocus stems on the way (they're back). Hey, I would not trade the joy of motherhood for anything in this world...well maybe that Himalayan blue poppy that I have been searching for ... ahhh, no I would not. Evan is priceless. Low maintenance, no. But I would not want it any other way. Gotta go ... rescue the crocus.

THE Spotlight

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Matters of Opinion *in the* Spotlight

Taxpayer frustrated by reval assessments

Editor, The Spotlight:

As a new resident in the Bethlehem community, I am very concerned about the new preliminary 100 percent full-value property tax assessment. Several questions come to mind:

1. Are the taxes of some Bethlehem officials, and those who are politically correct or socially elite, lower than their neighbors?

2. Are big businesses, like Sears Terminal (now, North Albany Terminal), paying an equal share of the taxes? The tax books show that Sears Terminal is registered with 32 acres on prime Hudson River waterfront with several structures (oil tanks) and a two-bedroom/one-bath and 1,028 square-foot ranch-style house. Its assessment value has remained the same at \$165,000, while neighbors 2,000 feet away and on fixed incomes have increased as much as 71.3 percent.

3. Will those Bethlehem residents who have lived and worked in this community for most of their lives, who are on fixed incomes, and now with taxes beyond their ability to pay, going to be forced to move?

4. How many people in Bethlehem are residents (renters or leasers) who pay no taxes but are allowed to vote on issues that affect only property owners?

Some possible solutions come to mind:

1. There should be a moratorium on seniors with fixed retirements until such time as they dispose of their property through death or sale of property.

2. All members of the community should be required to pay property tax regardless of whether they own or rent.

The recent purchase of our dream house in Glenmont has now become a nightmare. But, we are fortunate to be mobile and can move to another community that is more equitable. While we will survive, I question the quality of life of others, primarily senior citizens and single parents, who will struggle to survive economically. Also, when I overheard someone at town hall say, "I'll just have to throw my neighbor in, and report that they have six bedrooms and not three," I became concerned about the community's social health as well.

If anyone would like to join me in a peaceful march in front of the town hall on Thursday, March 30, at 10 a.m., please do so. I think it is important to let our tax assessors see the faces of community members who are about to be displaced.

Richard Powell, chairman
Town of Bethlehem
Taxpayers for Equality in Taxes

Scouts say thanks for support

Editor, The Spotlight:


On behalf of some very ambitious and dedicated Girl Scouts, I would like to thank Hannaford and Price Chopper supermarkets and CVS Pharmacy for enabling the girls to promote our town's "File of Life" program. The program, sponsored by our town's Senior Services Office, is free to all residents. It is a plastic, magnetized pocket that has a standard form meant to contain all family members' personal and medical information. It is placed on the refrigerator for easy access in the event that medical personnel are needed in the home.

These three stores have been gracious enough to allow the Girl Scouts to distribute the "Files of Life." These stores deserve our community-wide thanks and support.

Maureen Bernstein
Leader, Girl Scout Troop 523

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BCHS party organizers need community support

Editor, The Spotlight:

For the past 15 years, it has been a tradition for parents of the graduating class to organize an all-night party at BCHS. It is a supervised, safe, alcohol-free farewell celebration following graduation. It is attended by almost every graduate and has been a stunning success.

The students participate in a fun-filled memorable night of food, music, dancing and games. Each grad is able to earn tickets at the various games which they put in buckets in hopes of winning the many prizes awarded at the end of the evening.

This undertaking requires more than six months of planning and over \$15,000.

Organizers are asking the community to help us collect the necessary funds and prizes.

The grads and their parents will express our gratitude in many ways, including in an ad we purchase in *The Spotlight* after the event, listing all of the contributors. If you would like to contribute to this wonderful event, please send a check payable to "Graduation Celebration 2006" to Sheree Pittz, 97 Wright Lane, Delmar 12054. Anyone wishing to donate a prize can contact Karen Dobiell at kdobiell@nycap.rr.com.

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Your Opinion *in the* Spotlight

Resident takes board to task for appointments

Editor, The Spotlight:

"...threats and personal attacks in response to disagreements over policy."

This is how one member of the New Scotland town board majority responded to a letter I had written expressing my disappointment about its hiring and/or appointing some people who are, in my opinion, not the most qualified applicants. I named no names. I criticized my own party for being partisan.

I was out of town during that town board meeting (Feb. 8), so I heard these remarks on tape.

In appointing a senior program outreach person, the majority on the town board discounted a candidate who had held a similar position in another town, knew how to write grants, was trained as a nurse and had experience recruiting and retaining volunteers. In an open meeting which

members of the public attended, the town board heard vociferous support for this candidate. Instead, the town board voted for a candidate, who is a "very nice person" and had organized the senior meals program.

The town board was candid in its vision for a senior outreach person who performs no nursing duties. However, to dismiss a candidate with nursing skills was, in my opinion, extremely shortsighted. A trained nurse could identify problems for referral; a trained nurse has more credibility with both seniors and service agencies; and, should the board ever upgrade the position, this candidate had the grant-writing skills needed to procure extra funds.

The second appointment was that of town planning board member, a crucial position at this time for the town. An example of the candidates who applied, one

had been a planning board member in Westchester for about six years and was well-versed in the legal and technical aspects of town planning and zoning. Instead, the majority picked someone who ran unsuccessfully against our present town supervisor.

In both cases, the town of New Scotland had opportunities to hire/appoint qualified experienced people. The town opted for novices.

But, that's not all. I also heard Katy O'Rourke question why the votes (taken Jan. 25) for the planning board member and alternate were not taken when the public was present and could comment.

On the night of the interviews (Jan. 25), the town board held a special meeting open to the public, and then, *without adjourning*, conducted interviews in executive session. This

maneuver meant that the open "public" section of the meeting could continue after the interviews, although the probability that no member of the public would hang around until the end of the interviews was practically a certainty.

That evening, I was told that the votes for the planning board member and alternate would *not* take place that night. Indeed, when the executive session and interviews ended, no member of the public was still at town hall.

The town board had two choices. It could schedule another special meeting at which the public could attend and participate. Or, it could vote immediately after the interviews. Since the board had not officially adjourned the open meeting, the public portion was continued, although the meaning of "public" is questionable.

Technically, the board voted in the public portion of the meeting. However, this "open meeting" was deceptive, because *the public had not been told* that the public portion of the meeting would continue after the interviews.

I understand the majority's actions were strictly and officially legal. But, one may wonder why the majority preferred to vote knowing no member of the public was present.

The response to Katy O'Rourke

was a personal attack. The same member of the majority, who had berated me, asked her: Did she expect a personal invitation to town board meetings—a disingenuous question, since, he had to know that, certainly, many people, besides Katy, were interested in the town planning board vote, and that the public probably did not realize that the open meeting would continue and that the board would vote that night.

I urge the town board to pass a town law that would mandate the posting of all town meetings and their agendas on the town Internet site, as the RPAC report recommended (about two years ago). Since the clerk must place ads publicizing public meetings in the newspapers about two weeks in advance, certainly that is enough time to post the announcements on the town's Web site. I also urge the town board to pass a town law that would mandate that a vote for paid and/or appointed personnel be listed on an agenda so the public is aware of the pending vote.

These two changes to how the town of New Scotland governs would, I believe, keep the public better informed and included in the decision-making process.

Edie Abrams
New Scotland

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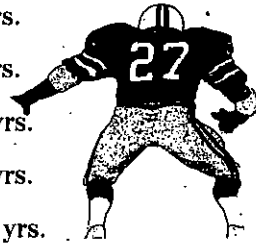
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Jr. Midget 10-12 yrs. (13 yrs. 80 - 110 lbs.)	80 - 130 lbs.

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Mitey Mites	7 - 9 yrs.
Jr. Pee-Wee	8 - 11 yrs.
Pee-Wee	9 - 12 yrs.
Jr, Midget	10 - 13 yrs.



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Finance *in the* Spotlight

Successful Succession Planning: Passing the Business Baton

By JOYCE WEILER
Vice President, KeyBank N.A.

They're entrepreneurial, efficient, multitasking mavens who are shattering the glass ceiling by calling the shots in the workplace. They're women who own their own businesses. Over the past 20 years, the growth of women-owned businesses has outpaced growth among businesses in general. Women-owned businesses are a boon for the economy, providing 19.1⁹million jobs and generating nearly \$2.5⁹trillion sales. Fastest growth is in construction, agribusiness, transportation and telecommunications.

With this expansion of businesses, a growing number of women business owners are being confronted with the challenges associated with exiting the businesses they have built—in short, making sure that their "baby" is in good hands.

The Importance of a Business Succession Plan

According to recent data from the Center for Women's Business Research, a quarter of

all women business owners do not have a succession plan in place, leaving their businesses vulnerable to potential acquisitions, disputes of ownership or business failure. The primary strategy of the remaining three-quarters of women business owners is to sell all or part of the business, according to the center. Just as women need to establish an effective business

plan before they launch a business, they also need to implement a succession plan so the business runs smoothly after



Joyce Weiler

they're gone.

Preparing the Plan

Before designing a business succession plan, business owners should consider several factors, including:

- nature of the business;
- number of owners/ shareholders;
- age and health of owners;
- financial condition of owners;
- value of entity;
- prospects for purchase; and
- state law.

When preparing a business succession plan, owners should think about what their personal goals would be if they were not involved in the day-to-day operations of a business, and what, if any, role they see themselves playing in the business. Another important consideration for owners is establishing a living will, which states their wishes for end-of-life care should they become unable to make those decisions themselves. Owners should also have a potential successor in mind to operate the business should they become unable to do so. Above all, a succession plan should be documented, or written, ideally in tandem with an owner's successor. A partner could agree to offer a right of first refusal when the owner exits, but if nothing is formalized and the owner's family is making a decision in her place, the family may choose the highest bidder. In addition, plans should include a company's growth and expansion goals, as well as whether the company plans to introduce any new products.

When to Start Planning

Business owners should start planning as early as possible. While they should certainly strive to make a long-term plan when they are still healthy and vital enough to actively participate in all business decisions, it is vital to plan for the unexpected. What would they do if they (or their partner) suddenly became disabled or died? If their partner would become unable to participate in the business, would they want their husband or child to fill that role? How would their family survive if they suddenly passed away and that family needed liquid assets to pay taxes and final expenses, not to mention ongoing cash flow?

Owners should also establish a reasonable timeline for transferring the business. According to the Small Business Administration, some succession consultants recommend a 3- to 5-year plan, while still others counsel owners to create a 10- to 15-year plan. By allowing sufficient time for planning,

business owners can evaluate potential successors in various roles and determine whether these individuals have the commitment, maturity, and drive necessary to succeed. Owners should consider the following when preparing the plan:

- Can the business be transferred?
- To whom should the business be transferred?
- When should the business be transferred?
- How should the business be transferred?

Know the Options

Financial institutions such as KeyBank can provide women-owned businesses with information about the various transfer options that exist. These include:

- Gift of Business Interest Options
 - a grantor retained annuity trust (GRAT) or grantor retained unitrust (GRUT)
 - family limited partnership or LLC
 - charitable remainder trusts
- Sale to Third Party Options
 - outright sale
 - installment sales
 - unilateral buy-sell
 - sale to defective trust
 - self-canceling installment notes
 - sale in exchange for private annuity
- Sale to Employee
 - outright sale
 - installment sale
- employee stock ownership plans (ESOPs)
- Sale to Co-Owner

These agreements are often called buy-sell and are triggered by certain events such as death, disability, divorce or retirement. They include:

- cross purchase agreement (with or without escrow or trust)
- entity purchase plan
- hybrid (wait and see) approach

Business owners who establish a comprehensive succession plan and know their options will enjoy stronger financial security along with the priceless peace of mind that comes from taking care of business.

About the author:

Joyce Weiler is vice president of KeyBank's Business Banking division and relationship manager of the Key4Women initiative in the Capital Region. She can be reached at 391-1438 or joyce_b_weiler@keybank.com.



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To learn more about Key4Women, call Joyce Weiler at 518-391-1438, or visit www.Key.com/women.

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Your Opinion *in the* Spotlight

Keep your feline safe; keep it indoors

Perhaps the discovery that at least one "outdoor" cat in Germany has died of the H5N1 strain of avian flu will finally persuade people to stop the dangerous habit of letting cats outdoors. It is only a matter of time before avian flu hits our shores. But indoor living won't protect felines just from the deadly flu. The following is a partial list of the horrors that cats avoid by staying inside:

- Being hit by a car
- Being stolen or the victim of gunshot, thrown bottles and rocks, and other sadistic types of cruelty
- Coming into contact with poisons, pesticides and traps
- Contracting fatal viruses and bacterial infections

- Getting into fights with dogs, raccoons, other cats, skunks and other types of animals

- Picking up fleas, ticks, worms, and other parasites

- Wandering while lost, hungry and alone

What I have seen happen to cats has scared me from letting them onto the streets — ever. As a humane officer, I had the job of collecting the remains of a cat, which had been ritually tortured and mutilated by juveniles. Another time, I picked up a cat whose head was full of metal staples. A veterinarian of 40 years told me that at least 85 percent of the cats he has treated have been brought to him by owners who let their

cats roam free.

Everyone should keep their cats inside, no matter where they live. For information, visit HelpingAnimals.com.

Ingrid E. Newkirk, President

People for the Ethical Treatment of Animals (PETA)
Norfolk, Va.

Medicare Part D explanatory program to be offered

For the first time, Medicare is providing prescription drug coverage and all Medicare recipients must make a decision by May 15 to avoid future penalties. If you have Medicare, there are important changes for 2006 that you need to be aware of.

The Albany County Department for Aging is holding the program "The Basics of Medicare Part D, The New Prescription Drug Benefit: What Everyone Needs to Know" Thursday, March 23. The program will be held at the First United Methodist Church in Delmar, 428 Kenwood Ave. Check-in begins at 9:30 a.m. and the program starts at 10 a.m. The event is free but registration is necessary by Thursday, March 16. Call 439-9976, ext. 228.

Learn basic facts about the new benefit through Medicare that can help you pay the cost of prescription drugs. The talk will help you make an informed choice for yourself or a family member.

Learn how Medicare Part D works with EPIC and what "extra help" you may be eligible for to assist in paying the premium for Part D.

This is an opportunity to learn and to ask questions of Albany County's Coordinator of Health Insurance Information and Counseling Assistance Program (HIICA). A question and answer period will follow.

Got news or views?

Spotlight Newspapers welcomes announcements of programs or events occurring in our coverage areas.

All announcements should include the date, time, location and cost (if any) of the event, along with contact information.

Announcements are published space and time permitting.

Submissions can be faxed to 439-0609, e-mailed to gravess@spotlightnews.com, or mailed to P.O. Box 100, Delmar, 12054.

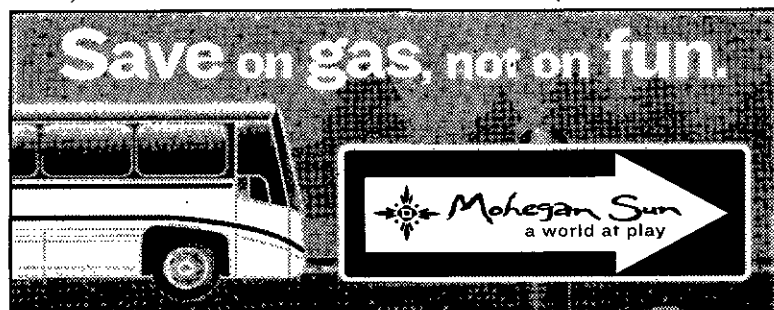
The deadline for all editorial copy is noon on Friday.

Spotlight Newspapers also welcomes letters from readers on subjects of local and regional interest.

Letters are subject to editing for fairness, style and length.

All letters must include the writer's name, address and a daytime telephone number for verification.

Unsigned letters receive no consideration. All letters that are published must carry a signature.



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Church to serve chicken and biscuits

The Glenmont Community Church will host a chicken and biscuit dinner this Saturday, March 18, to raise funds for new furnaces for the parsonage and the church.

Seatings are at 4:30 and 6 p.m. Reservations are preferred and take-outs are available. Call 465-3992 for reservations.

The dinners are \$8 for adults, \$5 for children, and younger than 5 are free.

The Glenmont Community Church is located at 1 Chapel Lane in Glenmont, behind Price Chopper Plaza and Selkirk Firehouse No. 2.




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Childrens' problem solving skills focus of parents workshop

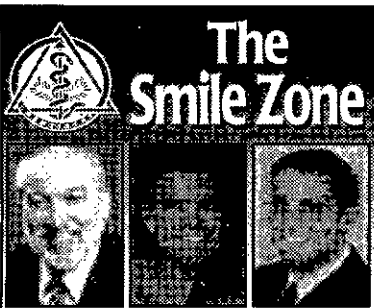
Voorheesville Public Library and Cornell Cooperative Extension will present a valuable two-part workshop for parents of young children to learn how social problem solving skills help young children in many areas. Parents are encouraged to attend both sessions: Tuesday, March 21 at 7 to 8:30 p.m. - Social & emotional development and Tuesday, March 28 from 7 to 8:30 p.m. - Managing anger and challenging behaviors. Call VPL at 765-2791 by March 20 to register.

Science time

School's Out, Library's In when Cooks' Club meets March 17, at 1 p.m. to explore the science of food. There will be stories, hands-on experiments, snacks and fun. Signup is necessary. For grades two to five.

Guys read, Too

A new group for guys in grades four to six and a male reading buddy has formed. Join Joyce Laiosa for a funny book discussion about Frindle by Andrew Clements. The group is for boys with a dad, uncle, friend, grandparent or older brother. Everybody reads the book and comes to talk



The Smile Zone

Personal Handheld Dental Cleaning Devices

Children who wear braces must be scrupulous about their dental hygiene. Toward this effort, it may be helpful to introduce young orthodontic patients to electric toothbrushes. While these powered devices do not necessarily do a better job than manual ones, they can make children a little more enthusiastic about brushing. Once children start brushing without parental supervision (about age six or seven), a power assisted toothbrush may motivate them to brush longer than they would without one. The bristles should be positioned against the teeth and moved along the gum line, ensuring coverage of the entire tooth surface. Children should spent at least two minutes brushing their teeth, to be sure that they are adequately clean.

When using an electric toothbrush, we strongly advise that you read the operating instructions before your child uses the brush. This will ensure optimum cleaning performance. Regardless of the type of brush used, the main thing for your child to remember is to brush for a full two minutes twice daily and floss. To schedule a consultation, call our office.

P.S. It is the mechanical action of a toothbrush's bristles that cleans teeth, not the toothpaste.

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email your questions to
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Wednesday, March 22, at 7 p.m. Sign up and receive a book now.

Wumble bugs

Second and third graders can pick up a copy of Hector Springs Loose by Elizabeth Shreeve to read about Hector Fuller, the wumblebug, for book discussion on April 7.

3 Apples Book Award

Kids, enter now to participate in the first 3 Apples Book Award: A New York State Children's Choice Award. Forms are available at the library for kids in grades three to six or age 8 to 12 to name their favorite books. Return the completed forms to Laiosa, who will enter them in the statewide contest, by March 31.

Book chatters

The middle school girls' book discussion group meets Friday, March 17, at 10 a.m. to talk about Nancy Farmer's The House of the Scorpion. Signup is necessary

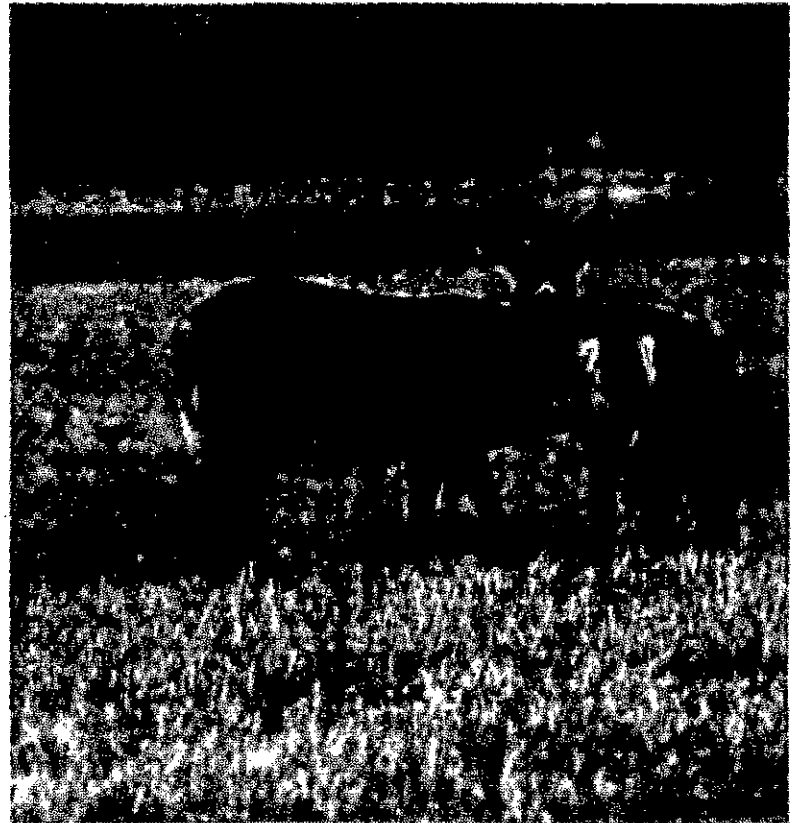
Raffle quilt

Another attractive quilt is being displayed behind the circulation desk. It is the Friends' Raffle Quilt made by Nimblefingers. Tickets are \$1 each or 6 for \$5. The drawing will be April 2 at the classical concert/FOL meeting.

Barbara Vink

•All library programming is free (unless otherwise noted) and open to the public. Voorheesville Public Library is located at 51 School Road, Voorheesville. For information, call 765-2791 or visit www.voorheesvillelibrary.org.

Keeping a watchful eye



A deer takes a look around as another grazes in a field near the Department of Environmental Conservation's Five Rivers Environmental Education Center in Delmar.

Bethlehem Chamber Salutes Award Winners



Ella Ruff

Ella Ruff of Mr. Subb in Delmar will be honored as the Bethlehem Business Person of the Year at the Chamber's Annual Dinner on March 23 at the Executive Mansion in Albany. Fellow honorees include

members of the Bethlehem Planning Advisory Committee for Citizens of the Year, and George Lenhardt, former Town Board member and volunteer firefighter, will receive the Lifetime Achievement Award.



George Lenhardt

Congratulations to our Citizens of the Year, members of the Bethlehem Planning Advisory Committee

Mark Bryant

Katherine Daniels

Howard Engel

Parker Mathusa

John Mead

Patricia Salkin

John Smolinsky

Anders Tomson

Patricia Waniewski

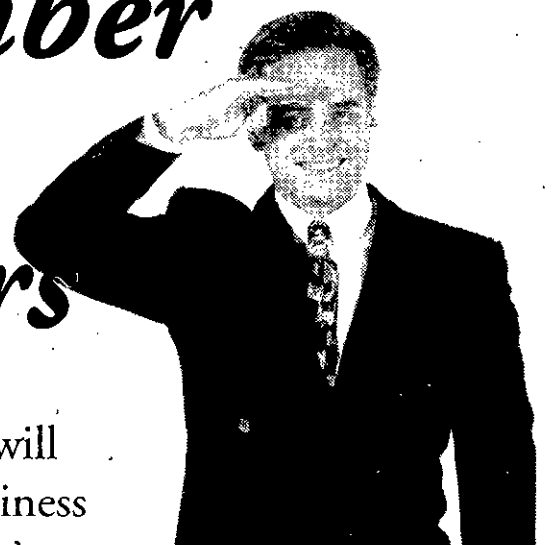
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The Chamber Annual Dinner would not be possible without the support of our sponsors. At press time the following generous members had committed to sponsoring this special event:

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Superintendent's Day to close district schools

Schools in the Voorheesville school district will be closed for a Superintendent's Day Friday, March 17.

NEWS NOTES

Voorheesville
Betsy Glath
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for all those touched by cancer. For questions or information, call Sherry Burgoon at 765-3314, ext. 319; Lori Robinson Farrell at 765-2382, ext. 572; or Lisa Herzog at 654-2382, ext. 569.

kindergarten through fifth grade are encouraged to participate and the public is welcome to attend. Students may sign up until Monday, March 20. Forms are available in the VES science lab. For information, call Jean Mackay at 439-1168 or e-mail at jmackay@auduboninternational.org.

adults, \$7 for seniors and \$5 for children ages 5 to 12; children younger than 5 are free.

For information, call 765-2895.

PTA to meet

The next regular meeting for the Voorheesville PTA will be held at the elementary school Thursday, March 16, at 7 p.m. in the elementary school library.

All are invited to attend.

Relay for Life sets meeting

The first team captain meeting for the 2006 Relay for Life will be

held Wednesday, March 15, at 6 p.m. in the Voorheesville high school's common area. Local civic organizations, churches, fire departments or neighborhoods are welcome to form a fundraising team.

The relay provides a celebratory atmosphere to give hope

Fire Department to serve fish fry

The New Salem Volunteer Fire Department is serving its annual fish fry dinners Fridays through April 14, from 4:30 to 7 p.m. The cost is \$7 for adults and children younger than 12 pay \$4.

Dinners include fish fry or clams, French fries or baked potato, cole slaw and a beverage. New England clam chowder is also available. Take outs can be ordered by calling 765-2244.

Cook's Club to meet at library

The Voorheesville Library Cook's Club will meet when school is out Friday, March 17, at 1 p.m. to explore the science of food. There will be stories, hands on experiments, snacks and fun. Sign up is necessary. The event is for grades two through four.

For information, call 765-2791.

PTA to host science fair

The Voorheesville Elementary School PTA will host its annual science fair Thursday, March 30, from 7 to 8:30 p.m. in the elementary school gym. Students

St. Patrick's Dinner set at Methodist Church

The Voorheesville Methodist Church is planning a St. Patrick's Day dinner Saturday, March 18, from 5 to 7 p.m. Tickets are \$8 for

Voorheesville American Legion to hold breakfast

The Voorheesville American Legion will hold a breakfast Sunday, March 19, from 8 a.m. to noon. The menu includes eggs (to order), french toast, bacon/sausage, home fried potatoes and beverages. The cost is \$6 for adults, \$3.50 for children; children younger than 5 are free.

Upcoming Thacher Park and Nature Center programs

Saturday, March 18 from 10 a.m. to noon: "Wing it with Watercolors" at Thacher Nature Center. Sketch and paint large owls and other birds from the collection of mounted specimens at the nature center. Participants will use large paper and sweeping strokes to capture the beautiful forms of these magnificent birds. Appropriate for ages 12 and older. Program fee is \$3 including materials. Space is limited. Call Joy at 872-1237 to register.

Saturday, March 25 at 10 a.m.: Botany Walk at Thacher Park. Look for signs of the season with botanist Ed Miller. Be prepared for possible cold temperatures and we, muddy feet. Call 872-0800 for meeting place.

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Open wide



Dan Stark gives his grandson Will Stark, who is being held by his dad Todd Stark while grandma Kathy Stark looks on at the Taste Freeze in Delmar last Saturday.

Local student named Russell Sage College Kellas Scholar

Danielle Poli of Delmar, a therapeutic studies major at Russell Sage College, has been named a Kellas Scholar for the fall 2005 semester. Kellas Scholars have been on the dean's list for three consecutive semesters.

SABA holds practical beekeeping seminar

On March 25, SABA is holding a 2006 practical beekeeping seminar from 9 a.m. to 4:30 p.m. at UAlbany, 1400 Washington Ave., Lecture Center 1 (LC1) in Albany.

Jim Bobb speaks on An Overview of Varroa Mite Control Measures; Larry Connor speaks on Achieving Drone Saturation for Small-Scale Queen Production; Tony Jadcak speaks on Recognizing and Dealing with Africanized Honey Bees and Identifying and Treating Diseases; Aaron Morris speaks on Producing Award-Winning Comb Honey; and Robert Sheahan speaks on Mead-Making for Everyone.

The fee is \$25 per person or \$40 per couple (includes refreshment breaks). Walk-ins are welcome (add \$5 per person

to the pre-registration fee). For details, contact Anne Frey, SABA president at SABA@capital.net.

Milne reunion set for June

The 50-year reunion of Albany's Milne School Class of 1956, is scheduled to be the weekend of June 9, 10, and 11.

All members and friends of the class are asked to contact Carl Eppelmann at 489-6352 or Ron Killelea at 459-1832 for detailed information and reservations.

Petitions available for library board vacancies

Nominating petitions are available at the library information desk for two vacancies on the Bethlehem Public Library Board of Trustees. One seat is for a full term of 5 years and one seat is for 2 years to fill an unexpired term.

Petitions must contain at least 84 signatures of voters residing in Central School District No. 6 of the Towns of Bethlehem and New Scotland. Petitions must be filed with the District Clerk, 90 Adams Pl., Delmar by 5 p.m. April 17.

Elections will be held May 16 from 7 a.m. to 9 p.m. at Bethlehem Central Middle School.

Afternoon book discussion

Disgrace by J.M. Coetzee is the topic of Bethlehem Public Library's next DayBooks discussion Monday, April 3, at 1:30 p.m. Copies of the book are available at the information desk. New members welcome; no preregistration necessary. Call 439-9314 for information.

Women in detective fiction

Woman-detective fiction had its beginnings not with Sara Paretsky and Sue Grafton in the 1980s but more than a hundred years before, in the 1860s. On Thursday, April 6, at 2 p.m. at the library, Catherine Crohan will trace the history of this subgenre, noting how its heroines' roles have changed through the years. Crohan is a regular book reviewer in the genre for MultiCultural Review and a librarian at Siena College.

Underground railroad

The Underground Railroad in the Capital Region will explore area ties to the abolitionist movement and Underground Railroad at the library Friday, April 7, at 2 p.m. The slide show will be presented by Paul and Mary Liz Stewart, who identified the Stephen and Harriet Myers residence in Albany that was once the office of the Underground Railroad Vigilance

Committee.

Book discussion

BookChat, Bethlehem Public Library's discussion group for boys and girls in grades six to eight, will talk about *Eragon* by Christopher Paolini on Thursday, April 6, at 7 p.m. The novel's 15-year-old hero finds a mysterious stone that leads to magic and power, dragons, elves and monsters. Call 439-9314 to register.

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BC, V'Ville students show creative minds

By MK FOTTELL

The Mohonasen High School gymnasium was packed. Kids and teens fidgeted in their seats waiting to hear the results of the daylong Odyssey of the Mind competition.

"Division one, problem three," the announcer said. "The classics—Ancient Egypt." Seven children with Bethlehem's mascot, the Eagle, soaring over a light bulb emblazoned on their team shirts and the letters "B" and "C" painted on their cheeks, perked to attention.

"Second place goes to... Slingerlands Elementary!" The eight- and nine-year-olds bounded out of their seats and down the bleacher steps amidst cheers, foot stomps, and applause to accept their red ribbons.

"'Odyssey of the Mind' is a unique, problem-solving competition that encourages creative thinking skills," Heather Sica said. "The children work together to find a solution to a problem set by the national organization."

The children usually work for months to come up with the solution to the problem, which they usually present in skit form on the day of the competition. There's also a spontaneous competition on the day of the event, which students do not rehearse.

Sica, along with Gabe Deyo

and Eileen Rossetti coached Slingerland's second-place winning group of third and fourth graders.

"This is my fifth year coaching. It's a wonderful experience for kids," said Sica. "I think it helps kids learn to think for themselves and to think outside the box. And they have a great time doing it."

Back on the bleachers, Voorheesville Central School District teams, clad in long-sleeved purple shirts sporting, "Be Spontaneous!" in gold letters, did their share of cheering, clapping, and accepting awards too.

Jean Mackay is the Voorheesville Elementary Odyssey of the Mind Program coordinator and a team coach. As program coordinator, a PTA position, Mackay recruits students and coaches by hosting an introductory meeting, speaking at PTA meetings, and writing information for the school newsletter. She also matches teams with coaches.

"The PTA sponsors us and covers the membership fees," she said.

Mackay is currently busy putting together an Odyssey of the Mind display for Voorheesville

Elementary.

"Pictures of the competition get people thinking about joining for next year," she said. "The school made space available for the teams to practice, if they needed it. And to store costumes and props, which was a big help. And we were able to utilize the stage."

Sica too sends out recruitment flyers in the fall and hosts an introductory meeting at Slingerlands. The Slingerlands teams had a dress rehearsal at school the day before the competition.

"They performed for their schoolmates," said Sica with a smile. "It was great for them to be able to practice in that setting."

However, the program is not for the faint of heart. "It is a real time commitment," Sica acknowledged. "In the beginning, we meet once or twice a week, usually at the coach's houses. And toward the end it's nearly every night."

There is additional work for team members to do on their own time. And everything—from concept to execution—has to be done by the students themselves. *Ev-*

erything.

"That's a challenge when you are a new coach, and for the parents" said Sica. "It's difficult to let the kids do things themselves. You can only ask them questions to facilitate the learning process."

Voorheesville's Mackay concurred.

"I let the parents know that if they help a child with something, the judges will deduct points at the competition," she said.

David West has been judging the spontaneous portion of Odyssey competitions at regional, state, and international level for 10 years. West is the Spontaneous Problem Captain for New York's Region 7.

"We want the kids to be the ones that make the decisions," said West. "One of the biggest penalties assessed in the competition is for outside assistance."

West said it is not hard to tell which kids have received outside assistance. "Usually they tell us themselves," he said with a laugh. Making sure the kids do all their own work, "is most important because the only way to make it a fair level playing team is to make it that everyone is responsible for their own stuff," said West.

In addition to the long-term problem the kids work on, they compete in a spontaneous portion at the competition.

"The spontaneous (portion) is great practice for life," Sica said. In this portion, creative responses to questions are scored higher than those deemed common.

"The judges might say: 'Name something that is red,'" explained Sica. "One child might say 'a stop sign.' That's worth one point. The next child may say, 'my face when I'm embarrassed.' That's worth three points."

Odyssey of the Mind is divided into age groups: Division I is for grades three-five, Division II for grades six to eight, and Division III is for grades nine to 12. These divisions compete to reach state and international competitions. There is also a non-competitive primary division for grades K-2.

"The best part about this program," Mackay said, "is seeing the kid's progress from the start of the program in October until the competition in March. It doesn't matter if they take home an award or not. The experience is enough."

But take home awards they did.

This year, Voorheesville sent eight competitive teams and two primary teams to the competition. They picked up five awards, including one first place team which will move onto the state competition, plus two coveted OMER awards for exemplifying the spirit of Odyssey of the Mind.

Bethlehem sent three competitive teams and one primary team. All three competitive teams took home awards and Bethlehem will send a first place team to the State competition in Binghamton on March 18. (For a list of Odyssey participants and their awards, see sidebar).

For more information about Odyssey of the Mind, contact your school district, or visit www.odysseyofthemind.org or www.nysoma.org.

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Five Rivers Center hosts maple sugaring program

Maple sugaring demonstrations will be held Saturday and Sunday from 1:30 to 3:30 p.m. at the Department of Environmental Conservation's Five Rivers Environmental Education Center, 56 Game Farm Road, Delmar.

During this introduction to small-scale, backyard maple sugaring, visitors will identify sugar maples, observe tapped trees and see maple sap being boiled into syrup in an evaporator. Visitors can taste real maple syrup as well as boiled sap.

Hands-on exhibits and activities will allow visitors to participate in the maple sugaring process.

Local maple producers will be on hand with a variety of maple products for sale.

Take time to visit the Interpre-

tive Building, which features the exhibit, "Maple Sugaring Through Time." This fascinating exhibit of antique maple sugaring equipment will give the visitor a glimpse into the history of maple sugaring, and will only be available during the month of March.

Maple sugaring demonstrations at Five Rivers Center will also be held on the weekend of Saturday, March 25, and Sunday, March 26, from 1:30 to 3:30 p.m. each day.

Five Rivers Center maple sugaring demonstrations are free. Scout and youth groups are welcome, but must register at least three days before the day they wish to attend.

For information or to register your scout or youth group, call Five Rivers Center at 475-0291.

Band trains new bagpipe generation

By MARTY BANNAN

A fresh crop of new bagpipers and drummers are coming of age, keeping that Highland sound echoing for years to come.

Now in its 20th year, the Scotia Glenville Pipe Band — not limited to just Scotia Glenville residents — is turning out young pipers for both performance and competitive piping, and scoring a few wins on its own.

"The band provides a good atmosphere for learning," said band director and piping instructor Maureen Conner. "The kids are enthusiastic about their progress. We see improvement week to week."

Last summer, the band got off to a slow start, but by September, came in fourth place at the Capital District Scottish Games held in Altamont.

"It was wonderful seeing the faces on these kids," said drum instructor Eric MacNeil. "They worked so hard. We got our butts kicked in Canada in August, but then came in fourth place right here."

With St. Patrick's Day cele-

brations, including Albany's St. Patrick's Day parade, March is one of the band's busy months, but members make appearances all year, including Scotia's Memorial Day parade.

"We do one or two concerts, eight or nine parades and five competitions each year," Conner said.

Conner, an instructor for many years, began teaching with the band in 1994.

"I love working with kids and seeing them come into their own," she said. "I want them to know this is something they can do for the rest of their lives." Conner is also a member of The Oran Mor Pipe Band, a highly competitive ensemble of some of the region's finest pipers.

Band members range in age from 8 to 18. New aspirants spend their first two years learning to play the chanter, the flute section of the instrument.

Here they learn the basic notes and techniques, as well as the more popular songs and melodies such as "Scotland the Brave," "When the Battle is Over," "Bonnie

Dundee," "Captain Norman Orr Ewing" and of course, "Amazing Grace."

As members progress, the band lends them a set of pipes. Then comes the toughest part of instruction: strengthening and controlling breathing.

"I thought I had it licked when I mastered the chanter, but found learning to play the bagpipes much harder. It was a real hurdle," said Colin Wilson, 13, of Delmar.

Pipe bands range in skill from grade five, the lowest, to grade one. Scotia Glenville, a grade four band, competes against other adult grade four bands. As children improve, they move ahead to more competitive bands.

Connor Thompson, 13, of Delmar whose mother, Karen, and father Vince belong to the Albany Police Pipe and Drum Band, said he chose drums so he could follow in his father's footsteps.

Membership is open to boys or girls throughout the Capital District. Group lessons are \$45 a month and band dues \$30 a month.

For information, call 374-6034.

Got sports news?

The Spotlight welcomes articles on community sports events and updates on athletes in college.

Fax information to 439-0609 or e-mail Sports Editor Rob Jonas at jonasr@spotlightnews.com.

NYS Credit Union League adds Meier to its board

The New York State Credit Union League (NYSCUL) announces the addition of Henry C. Meier, Esq., to the organization.

Meier joins the league as the Director of Compliance/Associate Counsel, where he will serve as a liaison between credit unions and many regulatory agencies,

including the National Credit Union Administration and the state Banking Department.

Before joining NYSCUL, Meier had served as associate counsel for the state Assembly Republican Conference and assistant counsel for the state School Boards Association. He also

worked for the Senate Majority central staff under former Senator Ralph J. Marino.

A Delmar resident, Meier holds a J.D. from Hofstra University School of Law and a B.A. in political science from American University School of Government and Public Administration.

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Siena College sports teams help families

Athletes volunteer at Ronald McDonald House

By GRAHAM S. PARKER

It has been a home away from home for the Grahams the last two months.

In shifts, Brad, 25, and his wife Kelli make the short trek across South Lake Avenue in Albany to Albany Medical Center to visit their second child Brook, born Jan. 14.

The Grahams have come to rely on the volunteer work of groups like Siena athletes who prepare dinners at Ronald McDonald house for families waiting as their children undergo medical treatment.

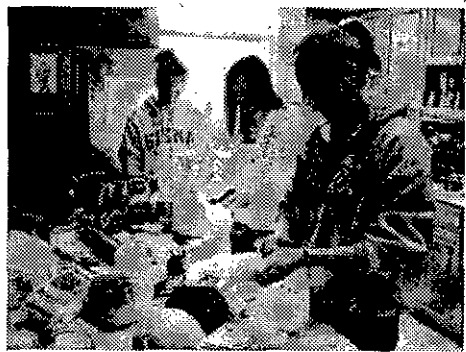
"I am happy to get my girls involved in something like this," said Siena girls tennis coach, Tim O'Brien. "A lot of them already do (charity) work on their own. This is something we can do together."

O'Brien, team co-captions Meghan Slenkamp and Denisa Hluchova, and Siena junior Molly Scullin, prepared a turkey dinner for the families at Ronald McDonald House last week. Five teammates, in addition to O'Brien, prepared the meal. They brought the food with them.

As several children staying with families at the house passed by in curiosity, the teammates handed out teddy bears, and offered condolences. Two-year-old Kailyn Graham ran through the bustling

kitchen several times with friends she had made at the home.

Her father, who recently ended his six-year service in the Navy, stood outside overlooking the



Molly Scullin, Meghan Slenkamp and Denisa Hluchova prepare coleslaw for a turkey dinner.

hospital grounds from the porch of the Victorian house.

"There are not enough words to describe what this place does for families. I don't even know how to put it into words...it's just what they do," said Graham.

His wife intended to give birth to Brook in Saratoga, with family members as support. Graham

stayed in Stuart, Fla., to land a job and new home for the family.

With Brook at Albany Med, the family registered at Ronald McDonald house to be closer to her as she undergoes treatment.

As residents there, they get transportation to the hospital at a moment's notice, and at the close of each day get a hot meal.

Two months ago Brook was born with a "lot of little problems," Graham said. In the last eight weeks she has undergone multiple surgeries to repair her esophagus, and had open-heart surgery to repair three holes in her

heart. The operations are taxing on the young family and Graham can only thank chance that Brook ended up at Albany Med with the family nearby at Ronald McDonald House.

Before their stay at the house, Graham had not heard of the charity's work outside of informational packets and banners

at McDonald's chains.

In the last several months Siena athletic teams have visited the house to prepare the meals for the residents, and entertain children.

As the team prepared cole slaw, carrots, stuffing and turkey in the rear kitchen, up front, Resident House Manager Debbie Ross has registered three more families for a stay at the house as their children undergo treatment.

So far, Siena's women's basketball team has volunteered its time, and the women's lacrosse, softball and field hockey teams have helped with meals. Before the tennis team kicked off its spring season in Florida last weekend, they scheduled another date at the house upon their return. Several other Siena coaches are confirming dates with Ross to help cook meals.

"Everyone always helped us, and

this is a chance to help someone else," said Slenkamp, 22.

So far their help has been amazing, said Graham. With all their belongings in Florida, Graham is thankful for the house and the volunteer work of Siena athletes as he, Kelli, and Kailyn anticipate another eight and a half weeks at the house as Brook undergoes treatment.

Ronald McDonald House is a nonprofit charity dedicated to providing comfort, support, and respite for families of seriously ill children in a home-like setting.

The South Lake Avenue home is operated through Ronald McDonald House and the Ronald McDonald House Family Room at the Albany Medical Center.

To learn more about Ronald McDonald House charities or make a donation visit www.rmhcofalbany.org.

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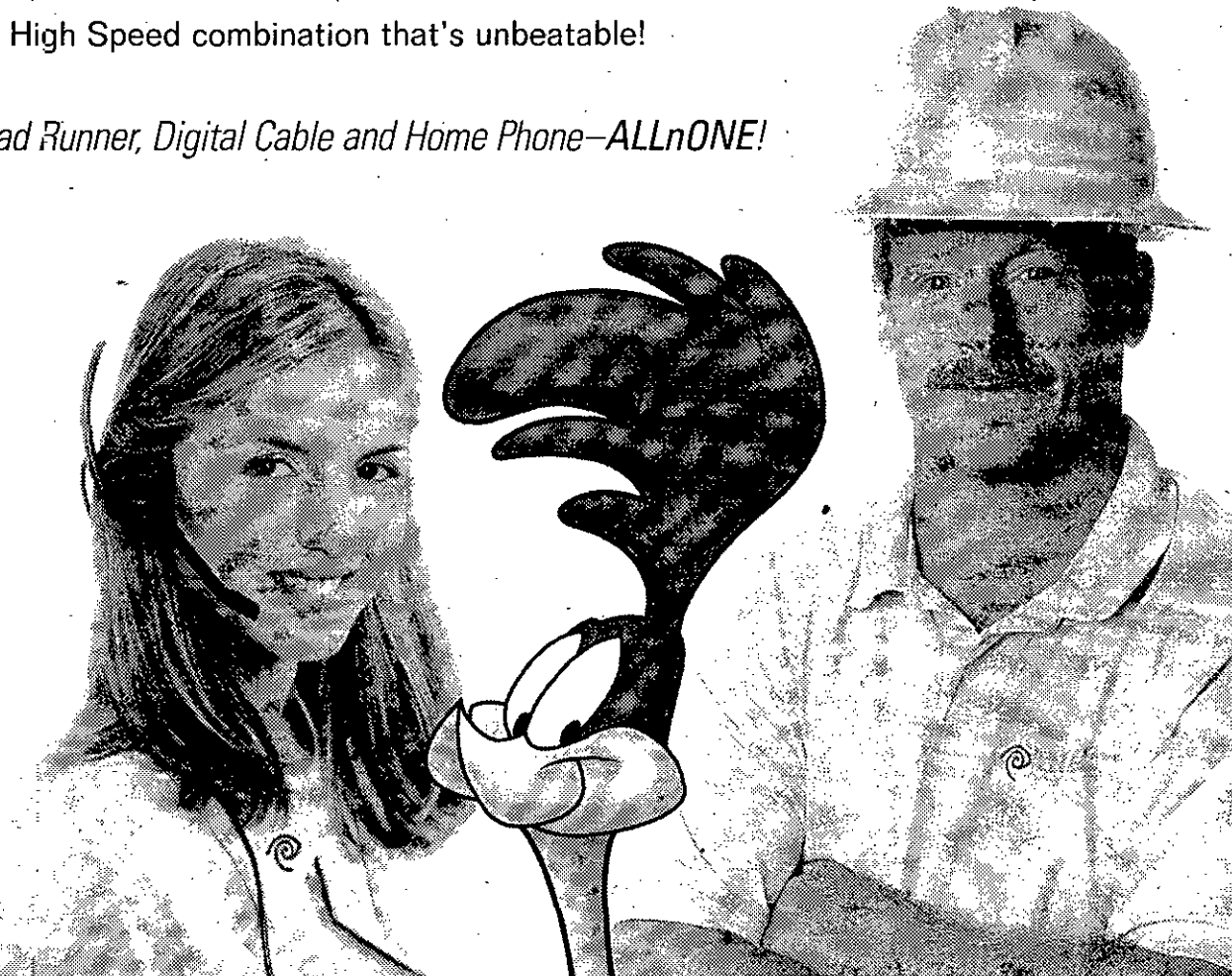
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Honor Roll *in the* Spotlight

Voorheesville junior, senior high announces high honor roll

Students who have earned an average of 90 or better in the second quarter are on the high honor roll in the Voorheesville Central School District. The Spotlight congratulates those students.

Seventh grade

Caitlin Abelseh, Kathleen Abrey, Rebecca Bablin, Colleen Bates, Dylan Best, Victoria Bestle, Mackenzie Blake, Andrea Bolletin, Mackenzie Campbell, Joseph Cillis, Andrew Cole,

Michaela Conway, Allison Daley, and Alexandra Fasulo. Also, Robert Feeney, Spencer Glaser, Alexis Hargrave, Christina Hoult, Zachary Jones, Joseph Keenan Shadma Kahn, Kara King, Salvatore Loccisano, Marissa Macri, Brianna O'Keefe and Katherine Petit. Also, Kyle Russell, Kelly Ryan, Jolie Siegel, Laura Sowalskie, Morgan Vandervort, Ellen Wagner, Brianna Zell

Eighth grade

Mary Adkins, Carolyn Barone, Stephen Barron, Jennifer Belgiovine, Sarah Bjork, Michael

Brennan, Yvonne Cardinal, Britney Creed, Terese Davies, and Karen Dawson. Also, Kayla DeSalvo, Kelsey DeZalia. Zoe Edmunds, Elizabeth Faulisi, Caroline Gorka, Martin Hesselbacher, Mitchell Joyce and Zachary Keller. And, Elizabeth Madden, Kathleen McArdle, Eric Meyer, Alexis Moore, Emily Norris, Vincent Planz, Christina Ransbury, Bailey Ryan, Alison Schenmeyer, Paige Tompkins, Taylor Treadgold and Daniel Whiteley.

Ninth grade

Casey Becerra, Nicholas Blow, Jessica Brown, Nathan Bub, Emily Celeone, Katharine Chiseri, MacKenzie Conroy, Ryan Dimmitt, Lauren Finnessey and Kelly Glath. Also, Sarah Goss, Alexis Gravelin, Seneca Gray, Sara Gruss, Siana Jannesari, Adam Katz, Jason Katz, Nicole Laccetti, Fannie Liu, John Malfetano, Kyle McLeod, Meara McTague, Theresa McTague, Chelsea Myers and John Neri. Also, Lara Norman, Amanda O'Brien, Anna Onderdonk, Jonathan Qualtere, Kathleen Reynolds, Cassandra Sanchez, Teresa Sapienza, Sarah Schenmeyer, Leah Simpson, Arielle Smith, Demetri Soloviev, Kevin Tesch, and Bryanna Wood.

Tenth grade

Christine Abelseh, Ryan Allison, Abigail Belasen, Vanessa Best, Brianna Bissell, Alexandra Burtman, Thomas Cardinal, Janel Carey, Michelle Cavanagh,

Catherine Celeone, Maria Cotazino and Elizabeth Dawson. Also, Lindsey Dembo, Jaclyn Dollard, Hillary Edmunds, Tara Feeney, Allison Funk, Joshua Glover and Noah Gorka. And, Michael Kelley, Kevin Klembczyk, Chantel Little, Anthony Loccisano, Kristen Lysenko, Lindsay Myers, Tiffany Nixon, Thomas Pasquali, Joshua Peterson, Katharine Pofit, Geoffrey Roest, Taryn Smith and Suzanne Thorman.

11th grade

Kristen Abrey, Laura Amato, Patrick Arico, Gail Axelrod, Sarah Belenchia, Allison Belgiovine, Lauren Bennett, Alyssa Calomeni and Stephen Cardinal. Also, Gregory Carson, Michelle Cillis, Michael Cretz, Richard Curreri, Eileen Daley, Robert DiBlasi, Andrew Dubay, Shannon Egloff, Jason Farooq, Mary Finn, Hayley George, Bryce Gray and Joseph Klembczyk. And, Sarah LaFave, Kelly Larsen, Brittney Logan, Jennifer Massaroni, Colin Masterson, Allison McArdle, Sarah Miller, Cassandra Muth, Victoria Polsonilli and Maria Qualtere. Also, Jacquelyn Ransbury, Garrett Simpson, Rose Skladanuk, Emily Smith, Julia VanCleve, Steven Wang, Joseph Wargo, Laura Watson and Karalina Zimmerman.

12th grade

Jessalyn Ballerano, Shane Becerra, Matthew Belgiovine, Monique Bidell, Jeffrey Bode,

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Honor Roll *in the* Spotlight

Voorheesville announces second quarter honor rolls

12th grade high honor roll, continued

Ashley Brozowski, Kevin Bub, Anthony Cacace, Courtney Clark, William Corbett, Bryan Davis and Douglas Dawson. Also, Amanda DeZalia, Kyle Dollard, Nicholas Duncan, Christopher Faulisi, David Fritts, Caitlin Garrity, Jessica Giglio, Ali Glaser, Jamie Glath, Hilary Goetz, Kevin Goss, Claire Gravelin, Lisa Greene and Caitlin Hammer. Also, Laura Haskel, Kyle Hatch, Paul Hognestad, Gregory Jones, Tara Joyce, Sean Kroencke, Anthony Maddaloni, Jill Malfetano, Amanda Markert and John McNally. And, Adrian Michalski, Austin Michalski, Ian Michalski, Caitlin Morse, Joshua O'Brien, Alyxandra Parrott, Alyssa Poznanski, Kaitlin Saba and Austin Saddlemire. Also, Erika Schuster, Casey Sheridan, Rebecca Thorman, Quinn Tompkins and Brittney Winger.

Honor roll

The second quarter honor roll for the Voorheesville School District is comprised of those students who have earned an average of between 85 and 90 during this marking period. The Spotlight congratulates the students.

Seventh grade

Matthew Allison, Joseph Barone, Kirsten Carroll, Tyler Cooper, Ryan Corbett, Andrew Cunningham, James Currier and Emily DeFranco. Also, Brittanie Denman, Ryan Duncan, Alexander Kyriacopoulos and

Selina LaRosa. Also, Olin McDonald, Justina Miranda, Jake Nussbaum, Michael Parker, Colton Parrott, Matthew Pelletier, Nicholas Pettograsso, Matthew Porter, Jane Pritchard, Maxwell Schuster, Jason Slingerland, William Smith and Kathleen Wolford.

Eighth grade

John Alawi, Angelia Barone, Craig Bouvier, Christopher Castren, Nicole Farooq, Kelly Flansburg, Damon Hitt, Chad Hoffart, Kevin Jacobs, Ryan Kraft and Amelia Martin. Also, Jonathan Miller, Bruce Moore,

Tyler Moore, Shayna Morse, Moira O'Donnell, Carley Perez, Jonathan Seay, Patrick Soloviev, Robert Stefan, Michelle Thamsen and Brendan Veeder.

Ninth grade

Andrew Alteri, Mollee Barone, Luke Berté, Kendra Campana, JT Campbell, Landon Church, Jacqueline Daly, Melanie Davis, Ian Dittmer, Rebecca Duncan and Jordan Fuller. Also, Ryan Gatt, Gavin George, Grace Giampaglia, Alissa Hatch, Daniel Healy Nazely Kurkjian, William Miranda and Stephen Palumbo.

Also, Mark Pelersi, Jacqueline Pelham, Ian Powell, Amy Ragule, Michael Snyder, Eric Sowalskie, Christina Springer, Connor Tompkins, Britania Weinstein and Timothy Wood.

10th grade

Lauren Biese, Kathryn Bollentin, Courtney Bourque, Allison Bryant, Alyssa Cave, Samuel Christiansen, Jason Conde, Brittany DiVirgilio and Adam Duncan. Also, Jason Freeman, Abigail Getner, Hannah Gibson, Christopher Hammer, Kelly Katchman, Dana Lenseth

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Honor Roll *in the* Spotlight

Voorheesville junior and senior high second quarter honor roll

and Meagan Logan. Also, Catherine McTague, Anastasia Mosher-Glenski, Jordan Murphy, Kristina Norris, Ericka Schultz, Brian Sorel, Michael Thamsen, Brittany Vogel and Simone Yingling.

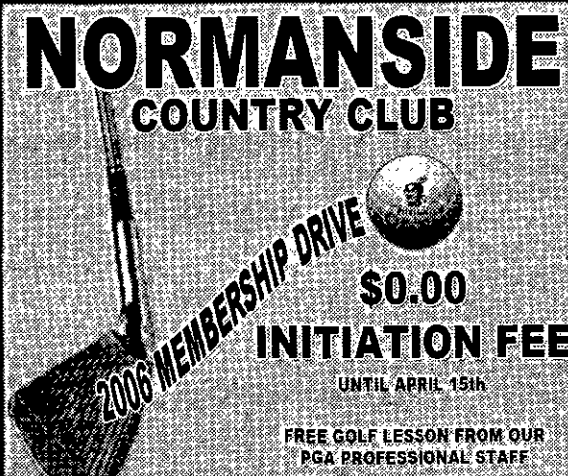
11th grade
 Hannah Beresford, Nicole Bouvier, Alexandra Childs, James Cillis, Emily Clark, Jonathan Fuglein, Lauren Glaser, Amanda Gruss and Matthew Henry. Also, Emily Hesselbacher, Brittney Holcomb, Sarah Johnson, Emily

Keneston, Nicole Layden, Charles McGrail, Jacolyn Moreau, Lauren Passarelli, and Dylan Perrillo. Also, Robert Selby, Deanna Socaris, Alex Sotola, Sarah Stark, Christopher Thompson, Rebecca Vandewende, Hilary Vandyke-Restifo, and Dominic Venditti

12th grade
 David Allen, Aaron Bogert, Andrew Catellier, Thomas Cavanaugh, Katherine Dorn, Lee Dudek, Jennifer Gipp, Stephen

Kohler, and Edward Labshere. Also, Christopher Lagattuta, Charles Lansburg, Justin Lupien, Kelly McKenna, Clayton Miller, Ross Morrill, Jacob Norris, and

William Pearson. And, Amanda Przybylek, Annalisa Ragonese, William Shutter, Michael Tesch and April Therrien.



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Book signing for Head Walnut

The Perfect Blend Café will host a book signing for Delmar author David Van Deusen on Thursday, March 23 from 7 to 9 p.m.

Van Deusen recently published *To Twilo and Beyond! My Walnut Adventures with the Dick Van Dyke Show Cast*, a book that tells the detailed story of Van Deusen's experiences publishing "The Walnut Times," The Dick Van Dyke Show newsletter.

Recognized as the "Head Walnut" by Dick Van Dyke and "the other DVD" by Carl Reiner, Van Deusen has done interviews and established friendships with nearly every member of the cast and crew including Carl Reiner, Dick Van Dyke, Mary Tyler Moore, Rose Marie, Larry Mathews, and Ann Guilbert. Van Deusen has also been acknowledged as an expert on the show, advising on various television specials about Dick Van Dyke and The Dick Van Dyke Show.

Along with signing copies of his book, Van Deusen will also answer questions and share photos and memorabilia from his private Dick Van Dyke collection.

To Twilo and Beyond! can be purchased locally at I Love Books at Delmar's Four Corners, the co-sponsor of the event. Although a limited number of copies of the book will be available for purchase at the signing, it is suggest that you obtain your copy prior to the event.

For more information about the book, visit The Walnut Times Website at www.thewalnuttimes.com/twilo.html or the Perfect Blend Web site at www.perfectblendcafe.com. You can also search Inside the Book at Amazon.com.

The Perfect Blend is located at Delmar's Four Corners.



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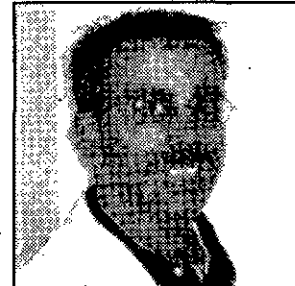
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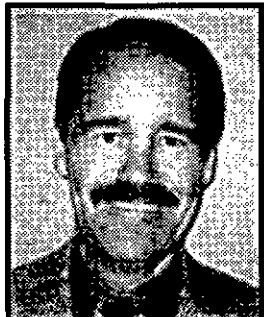
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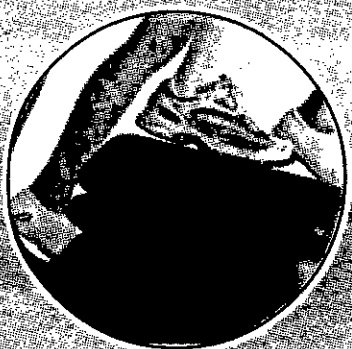
Inside Update



Find it here

Whether you're looking for a new pair of shoes, a piece of jewelry or a place to get your car repaired, you'll find plenty of options in the Capital District. Our guide can help you find the best place to get what you need.

See pages 2 - 7.



Feel good, look better

If you've got your health, the saying goes, you've got everything. Our health experts can get you feeling and looking good in no time.

See pages 11 - 13.



Fun times

It's never too soon to start thinking of summer. Maybe you could discuss leisure plans over a nice glass of wine or a cozy dinner. We've got a selection of places to have a good time and enjoy a great meal.

See pages 8 - 9, 20 - 22.

BY BILL GIERING

There's nothing like a good "what if" scenario.

What if you won the Lotto? What if you were 21 again?

What if ... Albany, Schenectady or Saratoga had a Mardi Gras next year?

Yes, a real Mardi Gras full of vibrant colors, soulful sounds and sensual excitement. A celebration of our history, an inclusive party full of diversity that lasts for days. What about a giant street party that entices with what's to come, yet celebrates our past? How about a huge parade that pays homage to our creative spirits, which will help us survive and prosper in Tech Valley's future?

Well, even if the Mardi Gras parade idea seems far off, it's clear we need to attract and keep creative people in Tech Valley. Young or old, we need people engaged in building our tomorrows. To make sure we can attract these people, we have to be receptive to their needs. Let's take a look around some of our Tech Valley cities, at some of the

old and new magnets that are drawing people back ... or keeping them here.

A capital Capitol

In the city of Albany, if you are "old school" you have to love Jack's Oyster House on State Street and Lombardo's on Madison Avenue. You need only walk in to sense that these are places that can connect deep into your soul. They have their own smell, their own sounds, and if you close your eyes, you can almost evoke your last visit. Both are part of the heartbeat of the city, and an easy walk to and from the Pepsi Arena, a vibrant entertainment venue.

For a different palette of colors, smells and sounds, take a slow walk across Lark Street, a street full of interesting restaurants. Be sure to stop at Bombers, upstairs for a quick drink and downstairs for the best burrito around. Matt Baumgartner, the

owner of Bombers and a guy with his fingers on the pulse of entertainment in the Capital city, had some ideas about how downtown businesses can attract the "creative class."

"When I think about creative people — architects, musicians, researcher, poets, think-tank types — it doesn't matter, I know we need them if we are going to make it in this fast changing society," he said. "I think these people are looking for two things: diversity and quality. They want options. They may want to jog around Washington Park, or along the river, go to the museum or watch a sporting event at the Armory. They want choices, but in their choices they want quality

... It's clear we need to attract and keep creative people in Tech Valley. Young or old, we need people engaged in building our tomorrows.

and authenticity. If they asked me, I would tell them that if you want to open a hamburger stand, make the best hamburgers you can. If you open a jewelry store, make it interesting, make it an experience to shop there."

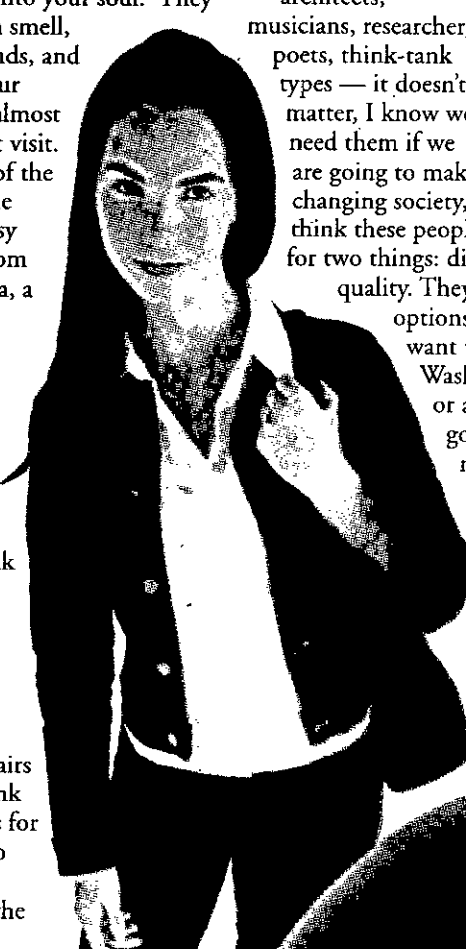
Baumgartner thought about how Tech Valley could affect downtown

Albany, and if downtown could draw more suburbanites.

"If we try to be like the Wolf Roads or strip malls, we will lose," she said. "We have to offer the diversity that only cities can offer; creative people want change at every corner of every block.

"We just opened a new spot in North Albany Warehouse district on Broadway called Noche," continued Matt. "It's a New York City-type lounge that we transformed from a firehouse. It's very lively for Albany and I'm very proud of it. But it isn't for everyone, it certainly isn't a college hangout. Rather, it targets the

□ FUTURE page 18



Coxsackie Antiques Center to expand

For over 10 years, Coxsackie Antique Center has been serving the Capital District, offering a wide selection of functional and beautiful antiques. In 2005, *Hudson Valley Magazine* awarded the center a "Best Of" award for the being best "Everything but the kitchen sink" antique center. In fact, the center does have old kitchen sinks, claw-foot tubs, and everything else from fine jewelry to working hand tools.

"We're the anything store," said Bill Johns, who owns the store with his wife, Diane. "You might find anything in here. We have customers come in looking for the old-style fuses for their houses. We also have customers who come here to buy their engagement and wedding rings, to furnish their houses with solid durable furniture that will hold its value and not fall apart in a few years, and just about anything else you can think of!"

The center is located in a 15,000 square-foot building just south of the Thruway on Route 9W in West Coxsackie. The Johns are now building an additional 11,000 square-foot addition that should be open this spring or summer.

The expansion will provide a Community Gallery for all kinds of events, including antique shows, bottle shows, postcard shows, classes and demonstrations on antiques, concerts, flea markets, and auctions. The new wing will also include an expanded Book Gallery for both antiquarian and popular reading books.

With the expansion, the total number of vendors on-site will be 120. Currently, about 100 vendors offer furniture, vintage clothing, linens, paintings, prints, lamps, china, jewelry, books and tools as well as

ephemera dating from the 1700s to the mid-20th century. Ephemera include items such as a 1940s Sears Catalog or an old newspaper, which wasn't intended to last more than a couple of days.

The question of when an antique become an antique is a "hot button" issue among connoisseurs, Johns said.

In his opinion, he said, since people are looking for items that date to their parents' or grandparents' days in the 1930s, 40s and 50s, the center offers them for sale.

Popular items from that period include Formica tables and china from Homer Loughlin or in the Virginia Rose or Courier & Ives patterns, he said.

The connection to the past is what Johns believes draws a lot of people to antiques.

"The appealing thing about antiques is that they offer us a way of getting in touch with your ancestors. You can get a real sense of how people lived," Johns said.

For others, he added, the proven durability of the antiques draws them to the hobby.

"Furniture today is made out of sawdust literally," he said, adding, "It doesn't last."

Even if you pay more for an antique, he added, you know that it will last.

Still others come looking for spare parts to repair items they already own. Recently, Johns said, a repairman came in looking for fuses for a lamp he was fixing.

The center is open seven days a week from 10 a.m. to 8 p.m. It is located at 12400 Route 9W just 20 minutes south of Albany. For information call 731-8888.

Bethlehem IDA names officers

At its annual meeting in February, the town of Bethlehem Industrial Development Agency elected Frank S. Venezia as chairman.

Venezia, a certified public accountant with Marvin & Company, is a longtime member of the IDA and director and former president of the Bethlehem Chamber of Commerce.

Other IDA officers include David A. Petraglia, vice-chairman; Sam Messina, secretary; Robert B. Ward, assistant secretary; and Pamela Robbins, treasurer.

The IDA also appointed George Leveille, executive director and chief executive officer; Judith E. Kehoe, chief financial officer;

and Thomas P. Connolly, assistant executive director and agency counsel.

The IDA encourages economic development to expand capital investment in the town by granting tax exemptions and issuance of tax exempt bonds, but does not lend or borrow money. The IDA currently has nine projects within the town, ranging from the PSEG Power Plant on River Road to the YMCA to VanAllen Senior Housing. Additionally, the IDA sponsored the "Flags & Flowers" project, which resulted in banners and hanging flower baskets along Delaware Avenue in 2005 and is actively promoting a repeat performance of the project for 2006.

The IDA has also facilitated an outreach by Supervisor Theresa Egan to local businesses and industries so that town government will understand the nuts and bolts of businesses and provide help for business development.

The most highly visible project at this time is the Vista Technology Campus now being planned for 500 acres west of the Price Chopper Plaza in Slingerlands. Recent economic and fiscal impact analysis projects that the Vista project will create a total net new tax revenue over 20 years to the Bethlehem Central School District of \$50,851,787, as well as \$2,471,849 for town.

Get comfortable shoes at SAS

The Capital District has its first SAS Shoe Store, located at 580 New Loudon Road in Latham, and for those familiar with the "orthopedic chic" comfort shoes, as the *New York Times* dubbed them in 2005, it has arrived none too soon.

Terry Armstrong, founder of SAS Shoes, a San Antonio-based company, believed in old-fashioned principles and quality. It appears many share these values, since SAS Shoes has been growing a loyal customer base since it began opening retail stores in the 1980s. Armstrong died in November, but his family continues to run the 30-year-old company with the same principles.

Steve Grabski, owner of the Latham SAS Shoes, became familiar with SAS Shoes in the 1990s and began selling them in his Iliion, Oneida County, shoe store after noticing a need for high



Latham's SAS store has an inventory of more than 4,800 pairs of shoes.

quality comfort footwear. For Grabski, who has over 20 years experience in the shoe retail business, opening an independently owned factory-authorized SAS Shoe Store is a dream come true. After searching for the perfect location for over two years, he is happy to call Latham home for his SAS store. Finding the Newton Plaza location was very exciting as it offers parking at the front door so customers don't have to walk far to reach comfort. After all, that is what the store is selling — comfort, more than anything else. SAS shoes are designed for that first, making the shoe a wonderful choice not only for those with foot problems but for the professionals who are on their feet all day.

The SAS Shoe Store specializes in fit, taking care to measure the foot to ensure not only the correct size and width but also getting to know the needs of the customers to be sure they are getting the correct shoes for their activity. Grabski notes that the

SAS store has an inventory of over 4,800 pairs in every style, color and width. The store's specialty is expert shoe fitting.

Grabski, along with store manager Keith Morris and sales associate Marie Graham, bring to the store a combined 60 years of shoe-fitting experience. With that expertise, you are sure to walk out with the most comfortable shoes you have ever owned. The store is designed for the comfort of customers, from the central location of the fitting area and the antique décor that gives you the feeling of being at home, to the coffee, nickel popcorn and dime soda found in the vintage vending machine.

Prices range from \$92-\$200 for SAS shoes, all of which are manufactured in the United States, as are the cedar wood fixtures, shelves and mission chairs found in the store.

SAS Shoes is open Monday through Saturday from 10 a.m. to 6 p.m. and Sunday from 11 a.m. to 4 p.m. The phone number is 220-2001.



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WOMEN'S SIZES
4-12
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Medium • Wide
w/Wide

Keeping up the community's spirits

By KATHERINE McCARTHY

For almost 40 years, Delaware Plaza Wine and Liquor has been a mainstay of Delmar's Delaware Plaza. For 10 years in a row, it was named *Metroland's* Best Wine Shop. It's always been a destination store, even as it moved locations three times in the plaza, each time to expand a little bit more.

"We have a vast variety of wines and spirits... We have an array of things from all over the world."

Todd Yutzler

Peter Devine and his father James opened the shop in 1967, next to what is currently Bruegger's Bagels. Peter and Donna Devine ran the store with James and his wife Arlene's help, and last December, Todd Yutzler bought the shop from the people who had employed him since 1995.

"I really owe a debt of gratitude to Peter and Donna Devine for allowing me to carry on the family business," Yutzler said. "They took me under their wing and taught me the finer aspects of the wine and spirits business."

from hotel and restaurant management, and his strong customer service background is something he puts to work at Delaware Plaza Wine and Liquor every day.

He has gotten to know the customers, and their tastes, which lets him make recommendations about what kinds of wine and spirits would go with the food they're cooking or serving.

"We have a vast variety of wines and spirits," Yutzler said. "Pete had a great reputation. His mother, Arlene, had a great palate, and we have an array of things from all over the world."

As the world feels like it's getting smaller, Yutzler plans to continue to offer a unique and wide variety of beverages.

"You have to have diversity," Yutzler said. "We've got a lot of unique liqueurs, like arak razzouk, from Lebanon; Aquavit; Irish mead; and becherovka from the Czech Republic."

Wines are the mainstay of Delaware Plaza Wine and Liquor, and since buying the business in December, Yutzler has added more than 65 new wines and spirits.

"I've been fortunate enough to travel to France and to California, to the Sonoma and

Napa valleys," Yutzler said. "Pete had a great Bordeaux selection, and he loved the big California cabernets."

We also expanded to include a huge selection of Australian wines."

Some of the newer offerings include French red wines made from the tannat grape.

Even as Yutzler looks to

maintain his business' reputation, there are some cosmetic changes he plans to implement.

"In the future, we'll have new wine racks," he said. "We'll have a new computer system, so we can offer direct e-mail and let the customers know when we have something new to offer. I'd like to change the bullpen look of our cash register, and put in more contemporary lighting."

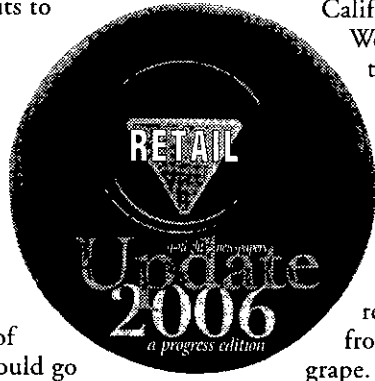
One of the mainstays of the store, it's Saturday afternoon wine tastings, will remain. From 2 to 6 p.m. on Saturdays, customers can get a little sip of featured wines.

Yutzler is also looking ahead to a Scotch tasting, perhaps off-site, and maybe a vodka tasting.

"Ten years ago, the vodka section was 12 feet long," he said. "Now, it's 40 feet long."

Mostly, Yutzler is looking forward to working with customers in a store that's built a solid reputation.

Delaware Plaza Wine and Liquor is located in Delaware Plaza in Delmar. It's open Monday through Saturday, from 9 a.m. to 9 p.m., and Sundays from noon to 6 p.m. The phone number is 439-4361.



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Taja Excelencia owned by Bordeaux based company Mahler-Besse Tempranillo 75%/ Cabernet 25%	Ray's Station Vineyards Virgin Shiraz '04 Merlot '01	Robert Biale Zappa '03
Vega Sindoa 55% Cabernet 45% Tempranillo 88 rating Robert Parker	Duckhorn Vineyards Napa '03 Merlot	Noceto sangiovese '03
Montecillo Crianza 2001, reserva 1998, gran reserve 1996	Thomas Fogarty Pinot Noir '02	Bogle Phantom '02 375ml blend
Altos de la Hoya '04 Monastrell 88 90 rating Robert Parker	Fleur de California '04 Pinot Noir	Lincourt '03 syrah
~ ITALY ~	Plus many more from Argentina, Chile, Australia, France, New York, and Germany!!	Rosenblum '04 Zin San Fran Bay
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Recycle

News or views?

The Spotlight Newspapers welcomes announcements of programs or events occurring in our local coverage areas. All announcements should include the date, time, location and cost along with contact information.

Announcements are published space and time permitting. Submissions can be faxed to 439-0609, e-mailed to spotnews@nycap.rr.com, or mailed to P.O. Box 100, Delmar, 12054.

The Spotlight Newspapers also welcomes letters from readers on subjects of local and regional interest. Letters are subject to editing for fairness, accuracy, style and length. All letters must include the writer's name, address and phone number. Spotlight Newspapers also welcomes longer opinion pieces for the Point of View section. For information about on submitting a Point of View, call 439-4949.

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Buy a necklace, help a cause

Frank Adams Jewelers in Stuyvesant Plaza is pleased to announce that it has partnered with renowned jewelry designer Jane Taylor to create a pendant in honor of the National Multiple Sclerosis Society's Annual 2006 MS Walk.

This campaign, "Sneakers for Success to Fight Against MS," will donate all proceeds from the sale of these commemorative pendants to the National Multiple Sclerosis Society of Upstate New York.

Designed by international award winning jewelry designer Taylor, this pendant, available in either sterling silver or 18 karat yellow gold, was created using the sneaker logo, which has become symbolic of the MS Walk.

According to Taylor, her inspiration for designing this pendant was friend and colleague Kimberly Adams Russell, chief operating officer of Frank Adams Jewelers, who was diagnosed with MS in 2003.

"My motivation was to be helpful and useful for a cause that touches us all and specifically because it touches Kimberly," said Taylor.

This honorary pendant will be introduced exclusively at Frank Adams Jewelers during an in-store event attended by Taylor on Saturday, May 13, from 10 a.m. to 6 p.m. and also available for sale online at www.frankadams.com.



The "Sneakers for Success" pendant may also be pre-ordered at the 2006 MS Walk schedule for Sunday, May 7, at both the Saratoga Race Course and Empire State Plaza.

The MS Walk is the largest fundraiser for the Upstate New York Chapter of the National Multiple Sclerosis Society (NMSS), whose mission is to support research and raise awareness about the devastating effects of MS. The Upstate New York Chapter of the NMSS serves more than 8,000 individuals with MS and their families in Upstate New York. Since its inception in 1989, the MS Walk has grown to attract more than 200,000 walkers in 600 or more locations, covering all 50 states. Last year, the walk raised nearly \$43 million for the MS cause.

For information on the National Multiple Sclerosis Society or to learn more about the 2006 MS Walk, visit www.msupstate-ny.org.

If you've got it, flaunt it

By STEPHANIE LUBIS

For those of you into higher end fashion, Flaunt Boutique on Delaware Avenue in Delmar is for you.

High end, designer label clothing from New York and Los Angeles is what you'll find at Flaunt, but with a comfortable friendly atmosphere typical of so many shops and boutiques in Delmar.

"We like to get to know the customers," said owner Jenn McInerney. "Our focus is to cater to a home-like atmosphere where the customer feels comfortable. We're not uppity, we take pride in being open and friendly."

Jeans, T-shirts, dresses, work outfits, loungewear — Flaunt has it all. McInerney often goes to New York City for showroom visits for new lines. New clothing comes in weekly, she said, and she's always on the lookout.

The shop has been open just over a year, and in that time McInerney has brought in new designers to see what works and what doesn't.

"I would say the business has grown, and there is definitely more variety now," she said.

Clothing for children and babies are on the way, as well as a few men's items.

The shop is in one of Delaware Avenue's remaining Victorian houses next to the post office. It's about 1,200 square feet. The three main rooms showcase the many types of clothing and lines. One is for jeans and lounge wear, one is for high-end design, and upstairs features sale items, which can be anywhere from 35 to 65 percent off.

After-hours sales are also fea-

ured a few times a year. There, a customer can really get into the shopping experience, enjoying hors d'oeuvres and drinks and personalized service.

"We do them quarterly or so," said McInerney. "People can sign up on our mailing list, or sign up on-line."

Flaunt's Web site includes what's new in the boutique, high-lights sale items, and has a com-

plete list of designers, which include Juicy Couture, Cynthia Steffe, Citizens of Humanity, Rebecca Taylor and French Connection.

Flaunt also sells books, cosmetics and lingerie, and offers free shipping in the U.S.

Flaunt is located at 351 Delaware Ave., Delmar. Hours are Monday through Saturday, 10 a.m. to 6 p.m. Call 439-6868.

Take your pick at Indian Ladder

Indian Ladder Farms is excited to announce its first spring-bearing pick-your-own strawberry crop, which is anticipated to begin in late May and run through the month of June.

Last spring we planted a half-acre of strawberries, which will come into full production this spring. The strawberry patch is next to the raspberry patch and enclosed in electric fence to keep the deer out. Of course the fence will be turned off and the gate will be open during pick-your-own hours. The pick-your-own will be open Tuesday through Sunday from 9 a.m. to 6 p.m. We ask that you pick in our quart-sized containers. Please come into the farm market to pay and pick up your containers before you go out to pick. Following the strawberries will be pick-your-own

blueberries and raspberries. For up-to-the-minute pick-your-own information please call the pick-your-own Hotline (866) 640-PICK.

Indian Ladder Farms will be opening for the season on Thursday, April 13. The farm market will be open daily from 9 a.m. to 6 p.m.

Baby Animal Daze, featuring baby farm animals of all shapes and sizes, starts April 13 and will run through April 30. Admission to the Baby Animal Barn and Farm Animal Learning Center is \$5 per child.

On Easter weekend, Indian Ladder Farms will hold Easter egg hunts each day at 11 a.m. and 2 p.m. There will also be pony rides, horse-drawn wagon rides, tractor-drawn hay rides, and Alpaca walks on the Nature Trail. The Yellow Rock Café will be

Pick see page 20



April 13 through April 30

Baby Animal Barn • Farm Animal Learning Center
9:00 to 6:00 • \$5 per child

See, Pet & Learn About Baby Farm Animals

chicks, turkey poults, ducklings, goslings, bunnies, lambs, goat kids, alpacas, llamas, piglets, calves ... oh my!

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Easter Weekend Events

Easter Egg Hunts at 11 & 2 each day, Baby Parade Saturday at 1, Pony Rides, Horse-Drawn Wagon Rides, Tractor-Drawn Hay Rides, Llama & Alpaca Walks, Easter Crafts & Games.

Easter Brunch in the Yellow Rock Cafe

Easter Sunday 9 to 4 • Reservations Required

Live acoustic music in the cafe each day 11 to 3

Coming Up...

Earth Day Weekend: 4/22 & 4/23

Companion Animal Weekend: 4/29 & 4/30

See website www.indianladderfarms.com for

Baby Animal Daze Calendar of Events



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'Friends' helped start business

By DAMIAN PAGANO
A telling detail about the Friends Lumber Company's approach to customer service can be found in the story of how the business got its name.

In 1982, building supply salesman Jerry Peters wanted to set up his own store. He arranged to buy a lumberyard on Hamburg Street in Schenectady, but had to come up with more than \$100,000 in cash to close the deal, according to his son, Dave Peters.

"My parents didn't have that kind of money," Peters said. "My father went to the bank, but they wouldn't lend him a dime."

Rejected by the bank, Jerry Peters got a little help from his friends.

They lent him a total of \$50,000 from their personal

savings, but Peters was still short. He decided to borrow \$60,000 against property he owned in New Hampshire and, the week he was supposed to close on the lumberyard purchase, drove there to secure the loan.

A childhood friend had become president of the bank where Peters hoped to get his loan, but told him that he could not release \$60,000 without the board of directors' approval, a process that could take two weeks. Peters told him that was too long.

"He said, 'I need the money today,'" Dave Peters recalled. "His friend asked, 'Why? Are you in some kind of trouble?' My father

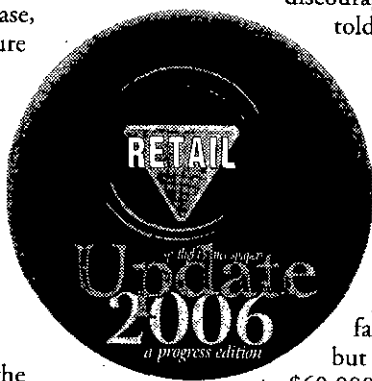
said, 'No. I'm trying to start a business.'"

The bank president walked away. Dave Peters was worried and discouraged, but his father told him to be patient.

"They guy went to the teller window and came back with a check. It was from his personal account," Dave Peters said. "The guy hadn't seen my father in 30 years, but he lent him \$60,000."

Outside bank, check in hand, Jerry Peters settled on a name for his new business.

"He said, 'I have the best Lumber see page 9



A jewel of a cause

Sale of homemade jewelry supports To Life

By STEPHANIE LUBIS

Breast cancer is no laughing matter, but sometimes, it's good to lighten the mood just a bit.

Adelyn's Addie's Trinkets can help with that. They have been supporting To Life, a breast cancer support and resource center in Delmar, for six years. Selling fun, inspiring jewelry there and elsewhere is one way that Debbie Knight, who started Adelyn's Addie's Trinkets, helps support the fight against breast cancer. All proceeds from the jewelry go directly to breast cancer organizations.

"Addie's is wonderful," said Thea Hoeth, executive director of To Life. "They've supported us for six years."

Hoeth describes the jewelry as a "bling-bling" sort of thing, glitzy and fun. A slipper pin, angels, pink ribbons, and jazzy looking cowboy boots are some examples of the reasonably priced items for sale.

"People think it's fun," said Hoeth. "It's an adorable product line, and they're sold in many places, including craft fairs."

The trinkets are available at To Life, and include a card thanking purchasers for their support. Purchasing a pin is not only to help raise funds, but to raise awareness.

Jewelry and fun accessories are only the smallest part of To Life. Educational seminars, support groups for cancer survivors and their families, help finding wigs or scarves, prostheses, cosmetics and friendship

are what To Life is really about.

Upcoming educational programs include "Achieving Optimal Wellness" at the Guilderland Public Library on Thursday, April 6 from 6 to 8 p.m. A panel of complementary practitioners will present a case study to explore how an integrative approach including energy work, massage, hypnosis, biofeedback, diet and more can promote optimal wellness.

On Tuesday, May 2, gear up for To Life's eighth annual "Honoring Women in Our Lives" with this year's honoree, WNYT's Benita Zahn. The gala takes place at the Franklin Plaza in Troy from 5:30 to 8:30 p.m. Enjoy sampling food from area restaurants such as Arlington House, Bellini's, Palmer House, 333 Café, Alexis Diner and Lily and the Rose. Funds from the silent auction go toward education and support services at To Life.

For information about To Life and its programs, call 439-5975 or visit www.tolife.org.

To Life is located at 410 Kenwood Ave. in Delmar.

For information about Adelyn's Addie's Trinkets, call 475-0446.

"It's an adorable product line, and they're sold in many places, including craft fairs."

Thea Hoeth

Mail Boxes Etc. really delivers

At Mail Boxes Etc. in Delmar, the operative word is "etc."

A full-service packing and shipping business, owner Richard Schaefer takes pride in providing the little extras for his customers, along with a range of services to meet all shipping needs.

Marcia Schaefer, marketing director and Richard's wife, said his specialty is cutting down and crating boxes to fit anything that needs to be shipped.

Airplane wings and baby grand pianos are no match for his formidable skill, and more importantly, his desire to give his customers personalized service.

"We've really developed a network, and our community circle has grown wider every year," said Marcia. "When we visit New York City, people recognize him. Maybe not by name, but they say 'Hey, Mailboxes!'"

No package is too large or too small for Mail Boxes, Etc., and the Schaefer's offer every kind of

shipping service, both in the United States and internationally. Access to color copiers 24 hours a day, fax services, mailbox rentals with 24 hour accessibility, passport photos, a notary public and personalized calendars are just a few of the services Mail Boxes Etc. offers.

"The personalized calendars are great for gifts," said Schaefer. "You can bring in your own pictures, and we make up the calendars to include any special days, like birthdays and anniversaries."

Richard Schaefer bought the business in 1996 after working for the state Department of Transportation for 30 years.

"He wanted something that utilized his other skills, and this is a real challenge," said Marcia Schaefer.

Richard Schaefer prides himself on being involved in the community. For many years, he has participated in the Bethlehem

Chamber of Commerce's mentor program whereby middle school kids work in the business and learn skills. Later, as high schoolers, the students often come back for regular jobs.

In addition, he sponsors a Little League team and participates in the Tour de Park raising money for charity.

Mail Boxes Etc. is located at 159 Delaware Ave., across from Delaware Plaza. The phone number is 439-0211.

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# Life, one frame at a time

**E**xposed Gallery of Art Photography is the Capital District's only gallery dedicated solely to the exhibition of fine art photography. This region is home to numerous talented photographers, and Exposed, located in Delmar's Main Square at 318 Delaware Ave., offers people a unique opportunity to view and purchase their work.

"Exposed Gallery is about art, passion, beauty and total creativity," said founder Mark Joseph Kelly, who opened the gallery in early fall 2005. Since that time, Kelly has established Exposed as one of the area's liveliest art scenes.

"The reaction has been overwhelming," said Kelly. "Photographers, collectors and people who just love art have all told me they've been waiting for years for a place like this."

Exposed Gallery is the first gallery in the marketplace fully committed to the exhibition of quality original photography of all styles. The gallery represents every type of photographic art, from



Exposed Gallery is committed to the exhibition of quality original photography.

sumptuous silver prints to state-of-the-art digital images to antique and alternative processes. The mission is to present to the public the finest photographers, both regional and national, as they uncover the richness of human experience and imagination through their artwork.

"Visitors to the gallery are beginning to get an idea of the

depth of photographic talent throughout the upstate region," said Kelly of the more than 70 photographers currently affiliated with the gallery. "It's astonishing."

Exposed grew out of Kelly's personal love for photography. The owner of MJK Management, a marketing and consulting firm in

**Frame see page 20**

*The staff of The Lighting Place welcomes you to the largest lighting design & lampshade showroom in the Capital District*



From left to right, back row: Gina Betancourt, Cheryl Clarke, Glenn Quintana Jr., Larry Bloomer, Gary Eason and Larry Verch. Front row: Chuck Clow and Dotty Verch.

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## New site boosts vacuum repair business

By STEPHANIE LUBIS

**L**exington Vacuum is proud to announce its 60th year in business serving the tri-city area. Tragedy struck the business last summer when a fire next to its previous location at Central Avenue in Albany forced the company to relocate, but Lexington Vacuum is back and bigger and better than ever, with a new parking lot to accommodate customers with convenience.

"We're seeing a lot more customers just dropping in," said Mark Garzia, owner and president

of Lexington Vacuum. "The old location was more of a destination, because there was no convenient parking. Moving is the best business decision we've ever made."

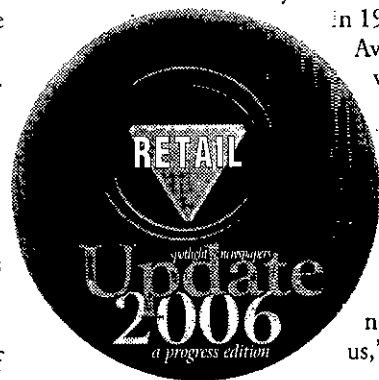
The new location is at 997 Central Ave., across from Westgate Plaza.

Despite lack of parking at the previous location, Lexington Vacuum has

had a loyal customer base over the years. The business started in 1946 on Lexington Avenue, which is where the name comes from. They moved to Central Avenue soon after and remained there for 31 years.

"When you need us, you need us," said Garzia.

**Vacuum see page 19**



## Got News?

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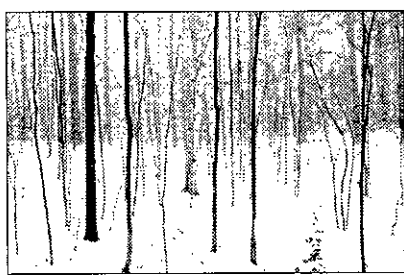
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# Crisafulli Bros. keeps the pipes flowing

Whether it's a mild winter or a hot summer, an emergency, or just a standard installation, chances are a Crisafulli Bros. truck is on one of many Capital District arterials going to, or coming from, a job.

The third generation, family owned and operated Albany-based company has served area homes and businesses' plumbing, heating, and air conditioning needs since 1939.

Last year, the company went through a complete and rejuvenating corporate focus to expand service and installation. This year they continue to implement that focus.

In 2006, the company's field technicians have been increased by 10 percent, and that corporate focus, has become a company motto, "preventative maintenance."

"Our employees are very conscientious of our customers'

homes. We encourage them to check for dripping faucets and running toilets so that when we are in there we are doing preventative maintenance for the homeowner," said Andrea Russo, company president and granddaughter of the company's founder.

The new focus on maintenance helps retain customers, and create a new customer base by word of mouth. Success at Crisafulli Bros. is measured by outstanding service rather than sales, said Russo.

As new standards are set in the home and business heating and cooling industry, the company strives to keep the customer in the loop. New technologies and efficient and reliant service assure cost savings to the customer, said Russo. It also requires trained and efficient staff.

"In training, we talk to emp-

**Bros. see page 19**

# TACS keeps up with car care changes

By DAMIAN PAGANO

Erwin "Tac" Ungerer fixed his first smashed car when he was 14 years old.

It was his brother's 1966 Ford Mustang. Ungerer, the long-time owner of TACS Autobody Repair on Route 9W in Glenmont, said he worked in his grandfather's Rochester driveway and pounded out the Mustang's dents. He repainted the car in his grandfather's garage.

How did it look?

"It looked really bad if I judge it by my quality now," he said. "But my brother was happy. It was better than a big smash."

TACS Autobody has been at the same Glenmont location for the past 28 years. TACS stands for The Auto Collision Specialists, but is also a reference to Ungerer's college

nickname, which was Tac.

He would not say how he got the nickname.

"I don't want that in the paper," he said, laughing.

Ungerer practices a trade that has undergone profound change since he started his collision repair business almost three decades ago. Far from just pounding out dents and putting on a new coat of paint, auto body work involves repair of increasingly complicated and expensive vehicles, dealing with insurance industry paperwork, making rental car arrangements for customers and complying with a bevy of state regulations.

There's also a degree of compassion involved.

"A lot fewer people are coming in injured now than there were 28

# Dog Guard keeps pets safe and free

By JIM CUOZZO

The first sight you will see when you pull up to Roy and Kim Dusenberry's Dog Guard invisible fence business on 18

*"People want their dogs to be safe but they don't want a visible fence."*

Roy Dusenberry

grand leap at you. That's because Dog Guard's invisible fence is at work in front of your very own eyes. Buried cables transmit first a signal to a dog, then a slight jolt if he or she gets too close or crosses

the line.

Roy Dusenberry has been in the Dog Guard business for more than eight years and has seen the business grow. In his first year, he installed 29 units; in the past year, he installed 292 invisible fences

"We serve 11 counties as far west as Utica, as far south as

Kingston, and as far north as Ticonderoga," said Dusenberry. He even installed an invisible fence in Beckett, Mass., where a woman

**Safe see page 20**



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**Car see page 20**

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# Wine and art create unique dining experience

By JENNIFER FARNSWORTH

"The art is available for purchase, which really serves well for the artist. Our next change will be on March 25<sup>th</sup> when we will feature the work of local artist Leslie Parke."

The décor at Angelo's alone sets itself apart, consisting of cheery wine cabinetry, plush leather chairs and fine tile flooring. Angelo's 677 Prime also prides itself on having 48 wine lockers, which sold out before



Angelo's 677 Prime has an unusual name for an unusually elegant steakhouse located in the heart of downtown Albany's theater district. The upscale restaurant will be celebrating its first anniversary in April after a successful year. With its top prime meats, fine arts and wine, Prime sets itself apart from other area steakhouses.

The restaurant is owned by people with a solid tradition in the Capital District, the owners of the Glen Sanders Mansion in Scotia. Spokeswoman Cathy Gatta said Angelo's prides itself on its local fine art exhibits, its extensive wine list and of course its excellent reputation as a steakhouse. "Our fine art and featured artist changed about every six months," said Gatta.

the restaurant even opened. For \$5,000, patrons receive wine stock, free valet parking, and many other benefits. If you are a wine expert, this is your place. The wine bar and wine society are "unsurpassed," Gatta said.

You do not have to be a steak lover to enjoy Prime; the seafood menu is impressive as well.

The appetizers alone are broad-ranging and elegant, consisting of caviar, lump-crab cocktail or the restaurant's famous seven-hour cherry pepper pork.

So just think, excellent appetizers, the finest USDA prime aged beef, plus fine wine and art.

In the "Prime Room," private dining accommodations are available for meetings or celebrations. These rooms offer plasma TVs and state-of-the-art stereo systems, as well as various menus to coincide with such special functions.

Angelo's is not only for the true wine and steak lover, but also for those who want to experience true upscale dining. The restaurant is located at 377 Broadway in Albany and can be reached at 427-7463 for information and reservations. You can also visit the Web site at [www.angelos677prime.com](http://www.angelos677prime.com).

## At Fannie's, quality comes first

By MARTY BANNAN

At Fannie's restaurant in Latham, flavors come together with the freshest ingredients. It's been that way since Fannie Viggiani opened her restaurant in 1959 and the customers keep coming back, according to owner Bill Yund, who, together with his brother Chuck, now run the restaurant.

While great Italian food has always been a standard there, other things have changed.

The original location faced Old Loudon Road where Fannie and her sisters offered a simple bill of fare, common back then.

"The original menu featured spaghetti and meatballs for 99 cents and antipasto for 75 cents," Yund said, adding that they, along with ravioli, lasagna, veal parmesan and chicken cacciatore, were the staples of Italian restaurants at that time.

In 1972, Fannie's moved into its current building located behind the original establishment, but kept the former location opened as a casual pizza parlor until last year.

With a new kitchen, dining room and lounge, Fannie's expanded its menu to cater to increasingly sophisticated tastes and demand for variety.

"Today we offer numerous veal, chicken and seafood dishes in

addition to the favorites we served from the beginning," Yund said. "We also feature a number of specials, nightly."

Since taking over in the kitchen in 1977, Yund and his brother strive for freshness, imagination and giving the time good food preparation requires.

"We make 90 gallons of sauce a week and prepare our marinara sauce every day," Yund said. "For our eggplant dishes we buy only fresh, going through a bushel of it every week. It's very time consuming to prepare but it's worth it, and our customers agree."

Yund added that Fannie's only uses the best quality pasta, imported from Italy.

Among Fannie's 16 choices of appetizers, Yund recommends melanzane rollatini, rolled eggplant filled with ricotta and other Italian cheeses, spices baked in Fannie's marinara sauce. Appetizers also include calamari lightly breaded and seasoned in a golden crust and, as well as a number of seafood items and the ultimate hot antipasto, an assortment of clams Casino, jumbo shrimp, stuffed egg plant, roasted red peppers, artichoke hearts and fried calamari.

Dinner salads made with fresh vegetables, Yund said, offer another

great beginning, especially when tossed with Fannie's house Italian dressing.

If soup is your fancy, Yund suggest a variety of escarole and broth combinations or a homemade pasta fagioli. Of course, every table comes with Italian bread, fresh from the Bella Napoli bakery.

Among signature entrees, choose from zuppa di pesce, Italy's bouillabaisse with lobster, scallops, clams, mussels, squid, crab and shrimp in a rich broth; saltimbocca alla Romana, veal rolls with prosciutto, sage and parmesan cheese; gambrini alla parmigiano, shrimp with light egg and cheese batter sautéed with marinara sauce and topped with mozzarella or haddock with puttanesca, a sauce of olives, capers, anchovies and tomatoes.

"[We] are more than happy to create a dish just to the customer's liking. As long as we have the ingredients, we will serve customers anything, any way they want."

Bill Yund

"The puttanesca sauce is to die for, and can be prepared in a number of ways," Yund said.

"There are also numerous other original and favorite dishes, and the staff and I are more than happy to create a dish just to the customer's liking. As long as we have the ingredients, we will serve customers anything, any way they want." Yund added that he can substitute and modify recipes to meet any dietary need, as well.

Yund, however, urges everyone to save a little room for dessert, a selection that includes cannolis, tiramisu and cheese cake, to name a few.

As dinner hours get quite busy, Yund recommends making reservations, but encourages his guests to come a little early and relax with a cocktail in the lounge.

"We serve great martinis in real martini glasses," Yund said, adding that Fannie's has a fabulous selection of wines and spirits.

Fannie's is open for dinner only, Tuesday through Saturday, 5 p.m. to closing and Sunday, 4 p.m. to closing.

"For 48 years, Fannie's has delighted patrons with Old World tradition, great service and the freshest of food," Yund said. "Come be our guests for a most memorable dining experience."



### Got news or views?

Spotlight Newspapers welcomes announcements of programs or events occurring in our local coverage areas. All announcements should include the date, time, location and cost along with contact information.

Announcements are published space and time permitting. Submissions can be faxed to 439-0609, e-mailed to [spotnews@nycap.rr.com](mailto:spotnews@nycap.rr.com), or mailed to P.O. Box 100, Delmar, 12054.

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# Lots of variety at Beff's

By STEPHANIE LUBIS

There will be no green beer this St. Patrick's Day at Beff's.

It'll just be the same old same old, which doesn't usually draw complaints from customers.

There will be domestic and imported beers in 28 different varieties, corned beef and cabbage dinner specials for \$7.95, and a friendly, family atmosphere that has brought repeat customers to Beff's since its opening in 1997.

This year is Beff's 10th anniversary in Delmar, and the business sure has grown; according to general manager John Poole. Grown it has, but it really hasn't changed. The menu has always been large, he said, offering over 100 items and chef's specials, including over 20 varieties of specialty pizza.

New menu items at Beff's include bourbon marinated sirloin tips, a 16-ounce Porterhouse, and \$7.95 dinner specials every day of the week, including home style favorites like turkey diner, home made meatloaf, and the season's favorite, corned beef and cabbage.

"Our specialty is a value-oriented family restaurant great for ages 4 to 104," said Poole. "But younger than 4 can have a good time, too."

Poole has been general manager for three and a half years, and one of the things he likes best about Beff's is the repeat business.

"This location is a Delmar

institution," said Poole. "There are many old familiar faces, and many of the patrons come from within five miles of here. I like seeing people's children grow up. It's like an extended family."

Perhaps not for the children, but one of the restaurant's specialties is its beer. Last year, Beff's featured more than 100 kinds of draft beer, and switches those beers each season.

"Certain beers seem to fit better in certain seasons," said Poole. "But we always have both specialty and the traditional beers."

Happy hour is from 4 to 7 p.m. daily, featuring 20 oz. draft beer for \$2.50.

Despite being open to variety, Beff's is proud not to serve green beer for St. Patrick's Day.

"We only serve fresh beer," Poole joked. But the real reason is because the beer just doesn't need it, he said.

"Why taint a perfectly good beer?" he asked.

As spring approaches and summer thoughts become a reality, Poole will be readying Beff's patio, which seats about 60 and treats patrons to warm weather dining.

"I'm looking forward to a great patio season," said Poole.

Beff's is located at the Four Corners on Delaware Avenue in Delmar. Call 475-1111.

# Ichiban offers traditional Asian fare at good prices

Few lines are worth waiting in, and most won't have fine, filling, and reasonably priced cuisine as their reward.

For eight years, Ichiban, the Japanese/Chinese cuisine restaurant on Central Avenue in Albany, has had people lining up from lunch to dinner daily.

Ichiban's lunch and dinner specials are geared more towards filling people up rather than draining their wallets. The food is simple and subtle, offering the traditional fares of each of the county's cuisines.

There are variations, but when nearly 30 percent of your customers are of Asian descent, a fair guess would be something is working, according to Ichiban owners. If one needs a better indication, how does a second successful Ichiban work?

"So far it has been good because people know who we are," said restaurant co-owner David Ip. "But it is increasing every month."

After eight successful years at 338 Central Ave., Ichiban set up a second shop at 1652 Western Ave nearly two years ago.

After lines began forming onto the sidewalks of Central Avenue and a repeat customer base expanded, owners had little choice but to open the second store.

It is all in an effort to better serve the area, said Ip. Central Avenue became too crowded; take-out orders were coming in from all over the Albany area; and the establishment became a meeting area for hungry business people and students.

As if good food weren't enough, the restaurants have gone high-tech, offering free wireless Internet access at both restaurants.

Ip assured customers that the menu will not change as the business expands and upgrades. Both restaurants offer the same menu items at the same prices, he said.

Ichiban serves traditional Japanese and Chinese dishes. The Chinese styles of cooking such as

Cantonese, Hunan, and Szechwan are offered, as is traditional Japanese fare such as sushi.

However, Ichiban prides itself on stepping outside of the traditional Chinese and Japanese dining circles. To add a unique dining experience, it offers homestyle dishes of both cultures, serving customers the Chinese noodle dishes and Japanese dishes Asian families would eat at home. In most cases, the dishes aren't available in other Asian restaurants, said Ip.

Each of the two restaurants' dishes only feature quality ingredients and always at a cost lower than the competition, he said.

To assure quality and consistent product at each of its restaurants, Ichiban chefs are trained in the family's style of cooking.

To make reservations, or get directions to either Ichiban, contact Central Avenue Ichiban at 432-0358, or Western Avenue Ichiban at 869-9585.



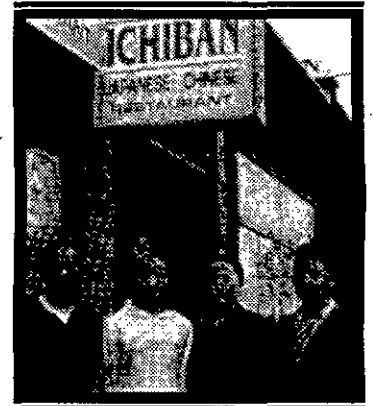
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# LUMBER

from page 5  
friends in the world," his son said. "Five years ago, when he was dying, he told me never to forget how this business started and what it stands for. We're committed to the highest quality products and the best services at the best prices."

Peters, now a co-owner of the business, said that ethic will apply as Friends Lumber prepares to expand. Business in Friends Lumbers' kitchen division is booming, and the company plans to build a 4,000 square-foot warehouse in which to keep its kitchen stock. Friends Lumber offers three lines of cabinetry and countertop; all of which are made in America.

The company's new Omega line "practically sells itself," Peters said.

Business is good because the real estate market is good. People are able to borrow against the increased value of their homes and many put that money into their kitchens.

"Kitchens are an investment in the property," Peters said. "You can't lose with a new kitchen."

But kitchens can be difficult to install. They require detailed measurements and precise installation. Renovation work has its own difficulties, since ripping apart walls and removing old fixtures can often reveal complications.

"Once you start tearing apart your house, you never know what you're going to find," Peters said.

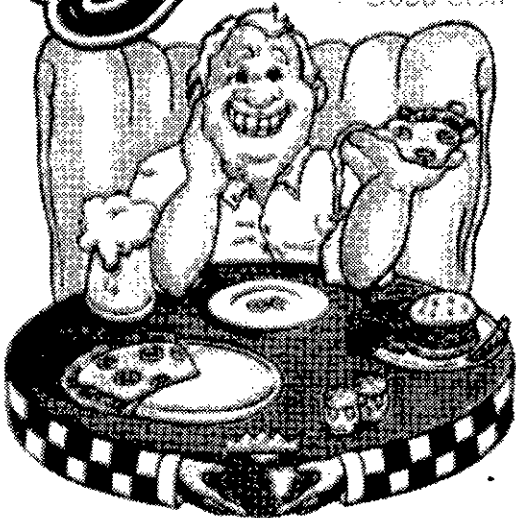
Friends Lumber recently hired a new designer to help people find the kitchen of their dreams and will follow through as installation occurs.

"The owners are available if the customer has a problem," Peters said.

"We're a family run business and the owners are available if the customer has a problem. That's our business philosophy," he said.

# Beff's

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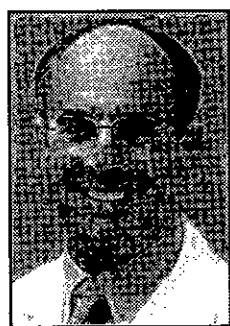
# Results of cosmetic surgery more than just skin deep

By STEVEN YARINSKY, M.D.

What's hot this spring? The bathing suit catalogs have arrived. Many American men and women are busy seeing their plastic and cosmetic surgeons to enhance their bodies to look better in spring and summer fashions. There are many safe and effective ways to beautify your appearance. And best of all, the results help you feel better about yourself. "Looking and feeling your best" took on new meaning with the results of a study published in the January/February *Aesthetic Surgery Journal*. The article entitled "Better Sex from the Knife? An Intimate Look at the Effects of Cosmetic Surgery on Sexual Practices" shows that there are physical and emotional benefits to cosmetic surgery. "Cosmetic surgery patients overwhelmingly tend to feel better about their body" after breast enhancement with augmentation and lifts, liposuction of the thighs, and tummy tucks. The majority of women surveyed found that their sex lives and those of their sexual partners were "strikingly enhanced" after their breast or body contouring cosmetic procedure, giving them "a significant quality of life benefit!"

If you choose cosmetic surgery to enhance your appearance or feel better about your body, you are certainly not alone. Cosmetic Surgery Statistics from the American Society for Aesthetic

Plastic Surgery (ASAPS), released two weeks ago, show that there were 2.1 million cosmetic surgeries and 9.3 million nonsurgical procedures done in the United States in 2005. The most popular cosmetic procedures are liposuction, breast augmentation and lift, eyelid surgery, nose reshaping and tummy tucks. The most common nonsurgical cosmetic procedures include Botox®, laser hair removal,



Steven Yarinsky

facial fillers like Restylane, microdermabrasion, and chemical peels. Since 1997 the number of cosmetic procedures performed has increased 222 percent. Almost 50 percent of all cosmetic procedures in 2005 were done in office-based facilities. Another recent ASAPS survey shows that cosmetic surgery is now approved by the majority of people and that

Skin see page 18

## Family business branches out

By JOSEPHINE ORSINI

Stepping into the newly restored Victorian house off Union Street in Schenectady, visitors to the Byrne Orthodontics office instantly feel at home. The antiquated building combined with the small staff help the new office stand apart from a typical orthodontics office.

The comfort and ease of the office could also be attributed to the father and son team that run it. James Byrne started Byrne Orthodontics 30 years ago in Saratoga Springs. Not too long ago,

the Byrnes branched into Schenectady.

"We opened the practice a year and a half ago," said Brian Byrne, son of James. "It's doing really great."

"There are a lot of older orthodontists in the area nearing retirement and I saw opportunity in the growth of Niskayuna and Schenectady," said Byrne. "We thought it was a great opportunity to offer orthodontic services."

Many orthodontic practices will have satellite locations that do

Family see page 11

# Massage school offers art, science

The Center for Natural Wellness School of Massage Therapy is an accredited 1,020-hour massage therapy program. A dynamic therapist is one who combines knowledge and excellent bodywork with a deep honoring of the transformational energy of loving touch. Through a comprehensive program of study that carefully balances the art and science of therapeutic massage, we strive to enrich the lives of our students.



Our highly trained faculty is deeply committed to creating a safe, nurturing and intimate learning community. The school's instructional environment fosters a solid foundation in the practice of massage therapy with numerous science classes such as: anatomy & physiology; myology & kinesiology; and neurology and pathology.

Students also have the opportunity to explore many different hands-on techniques of holistic massage such as: Swedish, sports, Shiatsu, connective tissue, neuromuscular therapy, craniosacral therapy, chair massage, pregnancy massage, reflexology, polarity and energy. In addition, our professional development component includes ethics, wellness and state law. These classes provide students with an overall comprehensive understanding of massage therapy. The student clinic and student outreach programs prepare students to take their knowledge into the community and interact with many diverse individuals.

Our next full-time (nine-

month) program will begin in September. Classes are held Monday through Thursday from 9:30 a.m. to 4:30 p.m. The next part-time (22-month) program will begin in October. Classes are held three evenings per week and one Saturday a month.

Upon completion, students will be eligible to take the state licensing exam offered in January and August of each year as well as the National Certification exam. Continuing education courses are also offered through the school throughout the year in our Red Pines Training Center. We welcome enthusiastic applicants who wish to be a part of the growing field of massage therapy.

Our student clinic is open to the public. One-hour massages are \$35 and can be scheduled for 5:30 p.m. or 7 p.m. Monday - Thursday or Fridays from 9:30 a.m. to 2 p.m. Natural Wellness School of Massage Therapy, 3 Cerone Commercial Drive, Colonie 12205. Visit [www.CNWSMT.COM](http://www.CNWSMT.COM) or call (518) 489-4026.

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# Straight teeth from a member of the family

By DAMIAN PAGANO

Eight months ago, Niskayuna native Mike DeLuke came home after 11 years of school.

With a doctoral degree in his pocket and a three-month residency at the University of Connecticut behind him, he opened an orthodontics practice and began to realize a life-long dream.

His grandfather practiced dentistry in Schenectady. His father and four uncles still do, and DeLuke, a 1994 Niskayuna High School graduate, said he wanted to continue the tradition.

"I'm honored and thrilled to be back in the community," he said. "This is where I wanted to be."

He started "from zero" with no patients and little experience running his own business, but things have worked out for him.

"We've come a long way already," he said. "Every single week, the practice is growing. It's wonderful." General practice dentists and pediatric dentists have referred patients to him, as have the people he treats for misaligned teeth and crooked smiles.

"Patient referrals have been great," he said. "And that, to me, is the most rewarding."

Orthodontists are dentists who specialize in detection and prevention of dental and facial irregularities. They are the people

who prescribe, apply and check up on braces, retainers and other tooth-straightening "appliances."

Humans get their first teeth when they are 6 months old and by about age 2, usually have all 20 "baby teeth." Four years later those baby teeth start to fall out and are replaced by adult teeth. At about that time, crooked teeth or misaligned jaws can manifest themselves.

Children are usually examined for potential orthodontic problems at age 7, but since teeth can continue to grow through adulthood, orthodontic services might be needed anytime during one's life. DeLuke said his oldest patient is 85.

Referral to an orthodontist usually comes from a general practice dentist, but people concerned about crooked teeth can have DeLuke perform an examination and consultation. There are options for treatment, depending on the condition, and the options can range from traditional metal braces to appliances that change the position of jaws.

"It's not like you walk into the office one day and get braces," he said. "It's a process."

DeLuke said he is happy to explain that process to prospective patients and also said people who want to know more can visit his Web site at [www.delukeorthodontics.com](http://www.delukeorthodontics.com)

eventually.

"Our goals are to grow the practice and eventually have a full-time successful orthodontic office," said Byrne.

Byrne is excited to be in business with his father, and together the duo offers expertise and modern practices.

"The community has been very receptive to a new, younger orthodontist," said Byrne, who has his master's in oral biology and is a board certified orthodontist. Byrne went into business with his father three years ago. The two alternate between the two offices.

"I'm really excited to make a difference in the Schenectady and Niskayuna communities," said Byrne.

Call Byrne Orthodontics at 584-2044.



# B&L continues to grow

Doubling in size over a period of seven years can cause growing pains, even in the most flexible companies, but Barton and Loguidice, P.C., has a unique management structure and style that has facilitated its growth without sacrificing its commitment to great client service.

Barton & Loguidice, P.C. (B&L), is a full-service, multi-disciplined engineering, environmental, planning and landscape design firm with a 45-year history of improving the quality of life for residents of New York state. State-wide, B&L has nearly 150 employees who are charged with developing solutions to complex problems. Now beginning its 45th year in business, B&L had another banner year in 2005 and has received several project awards and has been awarded several significant, high-profile projects.

Projects the company was awarded in 2005 include:

- Village of Altamont Sanitary Sewer Improvements
- Town of Bethlehem Designated Engineer
- Town of Bethlehem Bender Lane Roadway Improvements
- Albany County Gifford Hollow Road Bridge over the Switz Kill
- Village of Voorheesville Fire Station expansion and renovation
- Village of Voorheesville Feasibility Study of Swift Road Intersection Improvements

Several regional American Public Works Association (APWA) Project of the Year awards were presented to B&L in 2005. These projects were South Main Street Bridge Project (Jefferson County), Ingham Mills Road Over East Canada Creek Bridge Project, in Herkimer and Fulton counties and the town of Richland Water Sys-

tem Project (Oswego County). In addition, B&L received the state APWA award for the Chisholm Road Bridge Replacement over the Oswegatchie River in St. Lawrence County.

B&L was recognized by the Greater Syracuse Chamber of Commerce as an Economic Champion of Central New York. B&L was also recognized by the Central New York Business Journal as a "Fast Track 50" company.

One significant project begun in 2005 is the joint US/Canadian Port of Entry border crossing station at Wellesley Island on the St. Lawrence River. B&L teamed with a world-renowned architect for this project, Thom Mayne, laureate of the 2005 Pritzker Architecture Prize, and his Santa Monica, Calif., firm (Morphosis). B&L will provide site/civil engineering, landscape design and construction support services for this \$100 million plus project.

In January 2006, B&L entered into an agreement with Reimann Buechner Landscape Architects (RBLA) to combine offices in order to better serve clients of both firms. Reimann Buechner brings more


than 36 years of experience in landscape architecture, urban design and land planning to the organization.

The company's success can be measured by its clients who continue to return to B&L for professional services. B&L prides itself on the fact that it has done three or more projects for 95 percent of its clients.

B&L's employees believe that the best way to retain clients is to listen carefully to the concerns, needs and objectives of the project's owners, operators, and end-users in order to deliver well-conceived designs that meet the needs of the public now and in the future.

"Our people have done a remarkable job maintaining our clients' trust and loyalty while facilitating the growth of our firm," said Nick Pinto, president. "B&L's emphasis on understanding our clients' needs is the reason we've been able to retain our existing clients while we develop new ones. This is the key to our success."

You can learn more about Barton & Loguidice at [www.BartonandLoguidice.com](http://www.BartonandLoguidice.com).



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## FAMILY from page 10

not offer as many services as their main office. Byrne Orthodontics differs from this practice by maintaining its Schenectady office as a full service location.

"We are limited to orthodontics and dental facial orthopedics for both children and adults," said Byrne. "We offer the latest as far as digital imaging and digital X-rays."

The practice also offers a free complimentary exam and consultation for the first visit. If someone would like to come in for an initial consultation there is no charge.

The office is open Wednesdays and Thursdays and offers after-school appointments. The practice hopes to expand its hours

## Got news or views?

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# The value of preschool in the 21<sup>st</sup> century

By SHERI TOWNSEND

Twenty years ago, the importance of a preschool education was often overlooked and considered a luxury. Only recently has attending preschool at 3 and 4 years of age become more common.

Research has proven that the knowledge and skills gained in the first five years of life are important to a child's future academic achievement.

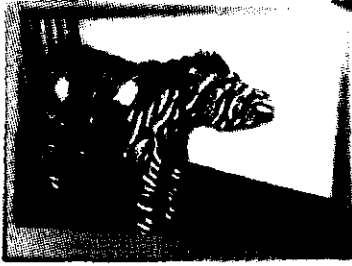
Furthermore, studies have shown that children who attend high quality early childhood programs benefit socially, emotionally and cognitively and tend to have a positive transition into kindergarten. They are also more likely to be successful in later school years. Kindergarten readiness is another important factor when considering the value of preschool. With an ever-increasing number of children entering kindergarten each year and many class sizes getting larger, it is nearly impossible for kindergarten teachers and schools in general to tend to every child's individual educational and socialization needs. Kindergarten teachers have reported that students who attended preschool are considerably more prepared

than students who have not. Preschoolers tend to excel in the developmental areas of social skills, language, literacy, creativity and initiative.

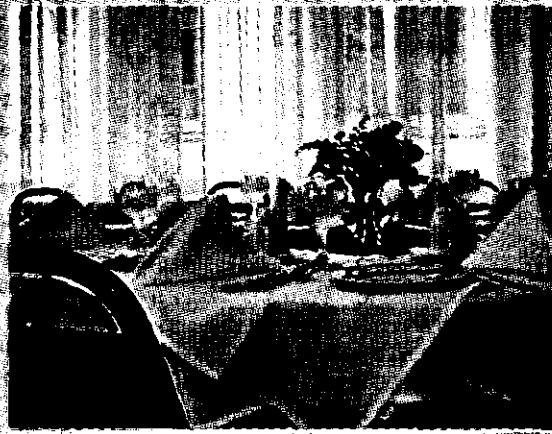
The Spotted Zebra Learning Center was created to truly meet the needs of families and children

in the 21st century. The Spotted Zebra is committed to offering families an exceptional preschool program that is dedicated to providing a safe, positive environment for preschoolers, low teacher-to-child ratios, and certified teachers trained in early childhood. Its curriculum, *The Creative Curriculum*, meets the needs of all children through differentiated

Value see page 18



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# Strong tradition, desire found at St. Matthew's

Embarking on its 35th year of service to the community, St. Matthew Lutheran School provides year-round programming for approximately 80 children. While some are enrolled in the 3- and 4-year-old preschool programs or the full-day kindergarten program, many older children participate in the school's after-school program.

"We model Judeo-Christian values," said school administrator

Gail Macintosh. "There is an emphasis on academics as well as morals."

Macintosh noted that students are involved in the St. Matthew Lutheran School's food pantry project by bringing in canned goods to keep the pantry stocked. Additionally, students have brought in used clothing for area collections and the school always "adopts a child" for Christmas through other

local organizations.

The students' desire to help others extends beyond the Capital District with an annual math-a-thon to benefit St. Jude's Children's Hospital. Children seek pledges from friends and family members and earn the donations by completing math problems. The younger children likely prefer the annual hop-a-thon when they get to don bunny ears and a tail and hop around earning donations with each hop. Funds are donated alternately to organizations supporting work with muscular dystrophy and cystic fibrosis.


"Their first concern is the children," said Macintosh of the St. Matthew Lutheran School staff. She added that the staff is loving, caring, knowledgeable and compassionate.

3- and 4-year-old preschool programs. The open-ended programs offer young children an opportunity to advance at their own speed. Children participate in hand-on activities in learning centers. Macintosh said some of the preschoolers are able to read at the end of their pre-k instruction.

In the full-day kindergarten, students work on themes, such as those with Peabody Language Kits. Peabella - a dog puppet who talks, sings and teaches - is a favorite of children and educators. Kindergarten programming includes science, social studies and the three Rs - reading, writing and arithmetic.

"One of the great things about our kindergarten is the class size," said Macintosh. "With the

Strong see page 20



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# Advanced Laser and Medspa meets growing needs

Clifton Park has its first full service medical spa and laser center in Advanced Laser and Medspa on 945 Route 146. Dr. Michael Salzman and his wife Sandy Padilla opened Advanced Laser and Medspa to meet the growing cosmetic needs of both men and women. Dr. Salzman has been a practicing area physician for the past 25 years.

"We researched for more than three years in order to identify the latest in laser technology and skin care treatments and we now bring this new research to the Capital Region," said Padilla, who's the practice manager. "We have the best medical treatment protocols to allow clients the best possible cosmetic results with no minimal downtime or discomfort."

Advanced Laser and Medspa will offer a wide variety of services including permanent hair reduction and removal that is virtually painless and is achieved over the course of four to six sessions. These lasers have a unique cooling plate used in conjunction with laser gels to ensure client comfort.

"We have men and women coming here for laser hair removal from lips, sideburns, legs, extended bikini, backs and underarms," said Jeanne Healey, certified laser technician medical aesthetician. "Today we did an assessment for a well-known business owner wanting to remove sideburns, neck hair and reduce thick facial hair to reduce his skin reaction to shaving."

Healey also teaches aesthetics and prepares students for their state licensing exams.

"Today, many people want to be permanently rid of their hair, and many people think it makes life easier. It is a growing preference," said Healey.

Advanced Laser and MedSpa also offer aesthetic Botox and Restylane treatments to reduce deep facial lines and wrinkles.

"While I enjoy seeing the gratifying results of these treatments, I often recommend collagen building treatments to clients to soften wrinkles first," said Salzman. "Here the laser treatments work on your own connective

tissue through the repair process, rebuilding your own collagen."

Because the lasers break down the Restylane treatment, Dr. Salzman recommends that you first rebuild your own collagen naturally for about the first four months and then pursue the injectables. In many cases, less is needed at a cost

savings.

Medspa offers all the traditional Medspa treatments, but trained staff is excited about the new dramatic results of their proprietary acne treatments trademarked Clear Concept. Early treatments can prevent acne scarring. Clients also receive a

complimentary consultation. "We are proud to make an obvious difference in the way people look as well as feel about themselves," said Padilla.

For information, contact Advanced Laser and Medspa today at 383-0022 or stop by their offices.

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## Delmar Pediatrics uses team approach

By ANN MARIE FRENCH

Delmar Pediatrics began 2006 with a move to Slingerlands Crossing. The new offices are home to three pediatricians, Dr. Michael Looney, Dr. Holly Swanson, and Dr. Jennifer Larner, as well as one nurse practitioner, Veronica Armbruster. An additional two pediatricians are expected to be hired and in place by summer's end.

"I think we have a wonderful practice," Looney said. "We're honored that people put trust in us to take care of their children," said Looney. He added that the team is always looking for ways to improve the practice and their service to patients.

Looney said members of the practice sit down together on a weekly basis to review cases. They discuss various illnesses and treatments of patients based on the week's caseload.

"We all learn from that," said Looney. "You have an interesting case and bring it to the table. All of us find that very helpful. It also makes us want to learn and understand more."

Indeed, when one member of the teams brings up an idea garnered from medical journals or personal experience the group discusses it, explores it, and determines if it is a good fit with the practice.

Another way in which the practice tries to improve its service to its patients is by conducting various in-services for the staff. A recent one brought in local psychiatrists to discuss mental health disorders

The expected new hires will allow the practice to keep at least one male and one female pediatrician on duty each day. Looney said that typically patients are scheduled with their own pediatrician for routine medical visits but in cases of emergency he wants patients to have the option to see a doctor of the same sex, saying that older children often feel

more comfortable that way.

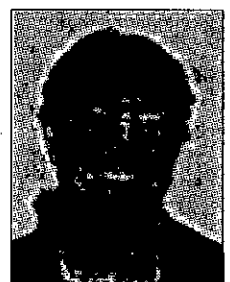
"Having slightly different people in the office allows people to pick a practitioner that fits their personality," said Looney.

**Pediatric** see page 16

*Meet the faces behind the healing hands.*



**Michael P. Looney**  
MD, FAAP



**Holly Swanson**  
MD, FAAP



**Jennifer K. Larner**  
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# Radisson offers amenities to residents and businesses

By SARAH HALL

There is a delicate beauty to Central New York's Radisson community that is there no matter the season. While every other area seems covered in mud and dirty snow, Radisson's well-manicured trees, winding drives, and pristine lakes and ponds promise spring to the residents of the 5 square-mile development. It is this factor that plays a large part in the community's popularity as a residential area.

Radisson, one of the area's most prominent planned communities, offers a wide variety of amenities to its residential as well as commercial occupants. Visitors will take note of the thoughtful, measured approach to the creation of an area that seems to balance the natural environment with a lifestyle many people seek.

The site was purchased in 1969 by the New York State Urban Development Corp., which is Radisson's developer. The goal behind the development was to offer a diversity of housing selections as well as create a major site for business and industry. The success and continued growth of Radisson can be found in its visionary approach not to create a place apart but to create a complimentary community as part of one of county's most attractive areas - the town of Lysander and the village of Baldwinsville.

Currently Radisson offers single-family homes, available in traditional and contemporary styles. Three new subdivisions are in various phases of construction in 2006: Oak Hollow, located off Drake's Landing; Whisper Ridge and Clare Park, off Willett Parkway.

Townhouses, patio homes, condominiums, and apartments are also available. The apartment complexes include Amesbury Place Apartments, Center Pointe, Greenway Apartments, Glacier Ridge Apartments, The Meadows, Woodsboro Apartments and Drumlin Heights.

Ranging from luxury styles to senior subsidized, there is a choice for everyone. Those interested in an apartment can call 638-9370.

Recently Baldwin Real Estate, an affiliate of the DiMarco Group out of Rochester, purchased a 50-acre parcel on the south side of Route 31 to build new apartments. The project, which will be completed in four phases, will ultimately result in 200 new apartments.

The 950-acre Radisson Corporate Park provides building sites for industry and offices. Over 35 firms have located in the park to date, employing more than 3,000 persons. Businesses include Anheuser Busch, Inc., Ball Plastics Corporation, Gypsum Express, Northern Graphics, Plumley

Engineering, ProLinks, Seneca Beverage, Specialized Packaging, and ABB/SSAC. The Radisson Health Center, recently purchased by Longley-Jones, president, and owner Carlyle Smith, is now open and leasing space. In addition, there are approximately 300 acres, zoned industrial/commercial, available. This prime land is perfect for manufacturing, distribution, and warehousing.

Among the many amenities, Radisson boasts the Radisson Nursery School, the Child Time Child Care, four parks including the newest, the Kerri Park, a heated outdoor swimming pool complex with

toddler pool, handball and tennis courts, two baseball fields, and the 18-hole championship golf course designed by Robert Trent Jones. There are more than 10 miles of paved trails for walking, jogging, and biking. The Radisson Community also features a full service restaurant and lounge with and outdoor dining terrace, and banquet rooms. A summer rec-reation program benefits both children and adults alike.

The Radisson Community Association, Inc. (RCA) is a nonprofit corporation formed to promote the health, safety, welfare, education, recreation and cultural enrichment of owners/members, and

residents of Radisson. Additionally the RCA preserves, protects, and enhances certain lands and facilities that are set aside for the use and enjoyment of all residents. Annual assessments are charged to operate and maintain these facilities and amenities.

Those looking to build or buy a home or to rent an apartment or townhouse can call Daniel Healy or Quinn Browne at the Radisson Development Office at 638-0271.

Radisson Development Office is located at 3128 Amesbury Drive, Baldwinsville. 638-0271/FAX 638-1763. Also check out their Web site: radissoncommunity.com.

## What are you doing this summer?

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Explore and develop your passions at Rensselaer Polytechnic Institute. Rensselaer offers the opportunity to take credit and non-credit courses in a variety of offerings for all ages of academically inclined students this summer.

"We will be offering a variety of unique courses and programs for undergraduate and graduate students as well as elementary, middle and high school students," said Kim Scalzo, director of outreach programs at Rensselaer. "Programs and courses will also be available for adults and working professionals looking for summer

programs to enhance their skills."

Undergraduate and graduate students will find a wide range of credit courses from each of Rensselaer's five schools. Whether you're attending college outside the Capital District and home for the summer, or thinking about applying to Rensselaer as a new student, consider enrolling in one of three summer sessions to take advantage of the courses and programs available to you on the Rensselaer campus.

For elementary, middle, and high-school students, there are a combination of sports camps and academic enrichment programs. The PREFACE Program is a highly-selective, two-week, all-expense paid program for talented high school sophomores entering 11<sup>th</sup> grade from under-represented and underserved groups interested in pursuing a career in engineering and technological professions.

An Architecture Career Discovery Program will offer high school juniors and seniors the chance to explore programs in design education and engineering with lectures in free-hand drawing and field trips designed to stimulate the engineer in you. The Lego Robotics Engineering Academy for middle school students ages 11-13 will offer students elements of design and applications of mathematics and science skills. Head Football Coach

Joe King and his outstanding coaching staff with over 25 years of experience are organizing a Football Camp. One week is for children in grades 3-8 and the second week is for children in grades 9-12. Additionally, many freshman level courses are available to academically qualified and talented high schools students for college credit.

Looking for a change of pace from your job and want to learn something new and different this summer? Rensselaer offers a myriad of academic short courses for adults and working professionals designed to provide critical skill updates reflecting the unique strengths of the Rensselaer faculty. Solid State Lighting and Engineering Project Management along with Introduction to CAD/CAM Technologies and Introduction to Myers Briggs Type Indicator are just a few of this summer's course offerings.

Find out where you fit in today and contact Michael Gunther, Rensselaer's program manager for recruitment of summer programs at 276-8351 or by e-mail at gunthm@rpi.edu. Or, visit the Summer@Rensselaer Web site at <http://www.rpi.edu/summer>. There's a world of opportunity waiting for you right in your own backyard at one of the most diversified and prestigious campuses in the U.S., Rensselaer Polytechnic Institute.

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# Hiscock & Barclay expert in state environmental review

By JENNIFER WING

When a developer is thinking about building in a community, there are many steps which need to be followed.

Those steps include going before local governmental boards and agencies, such as planning and zoning boards, to ensure that any significant negative environmental impact will be mitigated or avoided to the extent practicable.

Tom Walsh, a senior partner

in Hiscock & Barclay, LLP's municipal and land use practice area, said these are necessary steps, but all too often they are the source of unnecessary delay and excessive costs. The delays can be for months, or even years. The costs can run into the hundreds of thousands of dollars because of the studies required to be performed.

"It is becoming more and more difficult to develop property in New York state," Walsh said. "This is because New York has a whole

series of land use laws and regulations that are intended to ensure good quality developments, but can be misused by people who do not want any development at all to cause protracted delays."

Walsh said that can affect whether a developer will even bring its business to New York.

"The question then becomes, 'Am I going to build in Syracuse or Phoenix?'" Walsh asked. "People will build the exact same building

in Phoenix and it will only take three to four months to permit, but may take far longer here."

The primary law neighbors are using to delay or "cause the death of" projects is the State Environmental Quality Review Act (SEQR). "If you think about it, our elected and appointed officials, like the zoning board, planning board and the department of environmental conservation, naturally want to listen to and help people," Walsh said. "But the future residents of a new subdivision cannot come before them in the planning stages to advocate for themselves. The only people who come before them during the development process are the existing neighbors and local activists. At times, those people insert themselves into the

development process and can demand an unreasonable amount of studies, which can cause delays and make the developer question the feasibility of continuing with the project."

Walsh used a recently approved project as an example.

"When we were brought into the project, it was already delayed several years by seemingly endless environmental studies, and then another six months by a politically motivated lawsuit brought by the anti-development crowd 10 days before the local elections," Walsh said. "Proposed was a combination of office buildings and townhouses, and two of the neighbors were concerned with the visual impact of the new buildings on the surrounding land."



Tom Walsh

Expert see page 18

## Seaway Wall Distributing offers state-of-the-art product

Seaway Wall Distributing is paving the way for Arxx Insulated Concrete Forms as a safer, stronger and smarter way to build. Architects, builders and homeowners are recognizing the value of ICF homes. Although the concept is quite different from typical "stick built" homebuilding, the resulting walls are often 40 to 50 percent more energy efficient, feature better indoor air quality and are stronger to endure storms and wind-blown debris well.

"Using ICFs, particularly the Arxx Wallsystem, is just a smarter way to build," said Jeffrey Martusewicz, president of Seaway Wall Distributing. A supplier to about 50 dealers in New York, Seaway recently oversaw the completion of an Arxx installation at a Holiday Inn Express in Albany, although the majority of the firm's Arxx projects are residential. Whereas ICFs were once a solution for basements, they are now used all the way to the roof.

Arxx Insulating Concrete Forms are easy to install. They

consist of two expanded polystyrene (EPS) panels connected by a polypropylene web. The forms are stacked on the job site, reinforced with rebar, then concrete is poured into the forms, creating an insulated, monolithic, concrete wall. The result is a wall system that is highly energy efficient.

Unlike wood construction, there are no cavities or gaps where molds can proliferate, and the airtight construction enhances indoor air quality and reduces sound. The strength of the concrete walls makes them very popular in hazardous weather areas. Arxx meets major building code specifications and has a UL listed two- to four-hour fire rating. These qualities add up to a safer, stronger, more energy-smart building.

Used for decades, ICFs have somewhat baffled homeowners and to an extent, builders and architects. Martusewicz is confident that ICF specification will continue to grow through education about the technology's numerous advantages.

"Our partnership with Arxx helps us de-mystify ICFs and how they add value to a home or commercial building," he said, pointing to a tremendous Arxx team that provides on-site technical support and quality ICF products.

The partnership also helps Seaway build Energy Star homes, achieve LEEDS points for commercial structures like the 5,600 square-foot medical facility on which construction will soon begin, and provide customer satisfaction.

"It's a greener way to build for energy conscious architects and builders. It saves labor hours, and requires no special installation skills," said Martusewicz. "For homeowners, they're literally breathing easier with better air quality, reduced energy bills and fire safety."

For information, visit Arxx on the Web at arxx.net, or for a dealer call 315-482-5253.

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# Commitment keeps LaFarge on cutting edge

By JENNIFER FARNSWORTH

One might not automatically connect a cement plant with innovative global technology, but at LaFarge Cement in Ravena, that is exactly the case. The Ravena site, which originated in 1962, is undergoing a major initiative to take scrap tires and transform them into tire-derived fuel by use of cement kilns.

"This change represents a significant opportunity for us to maintain competitiveness by helping to control the cost of production," said Dave Vahue, community relations director for LaFarge. Vahue said they are currently awaiting the finalization from the Environment Protection Agency and the Safety Department of Environmental Conservation. Vahue went on to say this practice is not only safer for the environment, but for humans as

well. This holds great importance to a company that prides itself on being a good neighbor to Ravena and surrounding communities. New York currently operates three of the largest scrap dumps in the nation and once approved the Ravena plant will consume almost 5 million scrap tires, which will in turn become tire derived fuel.

LaFarge Cement is excited about the changes and plans for its future, but continues to emphasize its place in the community. "Our commitment to the community and the environment has not changed," Vahue said. Over the years, LaFarge has raised more than \$33,000 for breast cancer awareness, offers educational tours of the plant to school groups, responds to village concerns, as well as donations to various charitable causes.

Safety is also a top priority at

LaFarge. With a goal of zero incidents, Vahue said the safety talks begin each morning of every day throughout the year. Recently the plant surpassed 365 days without a lost time accident. To put this into perspective, that equals 500,000 hours with no injuries. Accomplishing their level of safety was impressive enough for the plant to recently receive the Sentinel of Safety award from the

Mine Safety Health Administration.

LaFarge has also kept up with today's standards of customer service by implementing a new customer value center, which strives to ensure customer satisfaction, which Vahue called the "cornerstone" of the operation.

In today's economy, companies are always striving to assure job

security to its employees. The plant has finalized an agreement that will allow Ravena to ship directly to a distribution terminal in Brooklyn. This will provide that added job security to its current 220-plus employees as well as create new positions. This combined with the tire derived fuel project help to make LaFarge a valued asset and neighbor to the Ravena-Selkirk-Coeymans community.

## Teamwork sets Otterbeck Builders apart

Otterbeck Builders Inc. have been doing business in the Capital District since 1988. They are currently members of Capital Region Builders and Remodelers Association/Remodelers Council

and are a Certified Pella Contractor. Their showroom is located at 4151 U.S. Route 20 in Castleton.

For the most part, Otterbeck Builders' niche is in the remodeling market. They do projects as small as a window or door installation; however, most of their projects are on the larger scale such as: sunrooms/three season rooms, decks, kitchens, bathrooms, garages or two story additions. They will help you with design work for your project right down to the last detail.

In 2001, Otterbeck Builders Inc. became a dealer for Excel Homes located in Liverpool, Pa. Excel Homes is a leading manufacturer of modular homes that range from 800 square feet to an excess of 3100. There are several that can be modified to fit every customer's needs. Our showroom has many displays of cabinets, faucets, carpets and vinyls to choose from. Customers can occupy a well-build modular home 12 to 14 weeks after the order is placed.

Otterbeck Builders was

selected by *Remodeling* magazine as a winner of the May 2003-Big50 award in the "Teamwork Category."

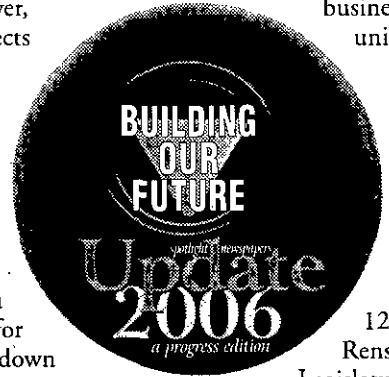
Each year, the magazine picks 50 companies which have set the standard for professionalism, smart marketing, exemplary business practices and unique design.

The award was presented at a gala dinner at the Remodeling Leadership Conference in Washington, D.C.

Also, on Aug. 12, 2003, The Rensselaer County Legislature made a

resolution commending Otterbeck Builders for being selected as a winner of the 2003-Big 50 award. Otterbeck received a certificate recognizing the contributions and achievements of the business in Rensselaer County.

Spring is fast approaching. Call Otterbeck to discuss your spring and summer projects. They will be glad to look over your designs or if you need assistance, they would be happy to help you. You can reach Otterbeck Builders at 477-1438 or at [www.otterbeckbuilders.com](http://www.otterbeckbuilders.com).



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### Lafarge is proud to support the local community

The Lafarge Ravena plant has been a part of the local community since 1961. The plant and its 200 plus employees have actively supported several community and charity programs. In recent years these have included the Making Strides Against Breast Cancer walkathon, the Light the Night Leukemia walkathon, Hillside House of Coeymans, the Ravena-Coeymans-Selkirk School District STAR program and the Adopt-A-Highway program.

#### About Lafarge in Ravena:

- Facility:** 3,500+ acres
- Established:** 1961
- Employees:** 200+
- Supplies:** Major urban markets of Boston, Hartford and New York City



Cement

## PEDIATRIC

from page 13

The practice also has a triage nurse available to talk with parents and older children via telephone. Looney said their primary responsibility is handling patient conversation and requests.

"We find it helpful to people. They aren't getting put on hold and they know they are speaking to someone with medical training," said Looney. The triage nurse determines how quickly the children need to be seen when parents call in with concerns. The nurse may consult with the doctors or may schedule an appointment on their own, but either way, Looney said that all sick kids get seen the same day.

"One thing that makes us excellent pediatricians is that we have kids of our own," said Looney. "We know the psycho-emotional problems people go through with

kids. It may not change what we prescribe, but it changes how I interact with them."

Developing a trusting relationship with the parents is important to Looney and the other pediatricians. Looney recommends children remaining with their pediatrician until they graduate from college. He says that parents and children will both feel more comfortable discussing health issues with a doctor who knows the child's history. Looney said that doctors who know the patient better often make better recommendations and patients are more likely to follow them.

"We never sit still. We always look to do things better by asking, how can we do things differently or what kind of issues are there in the community that we should be addressing with our patients?" said Looney. "I wouldn't trade my job for anyone else's. I get to see people grow up - from the first day of life through college."



# Afraid of outliving your retirement assets?

## What is the main concern of investors planning for retirement?

One of the biggest concerns you may have is that you will outlive your assets during your retirement years. People are living longer. Medical care costs are spiraling. Prices for food, clothing, travel and other items of life are going up, too. Poor stock market performance can erode retirement savings and deplete your savings sooner than you planned.

You may have several retirement accounts such as an IRA, 401(k) or 403(b) plan, an annuity or pension. Keeping track of these assets can help you develop an

effective strategy. Ask yourself, which of these accounts are guaranteed? What can you count on from each of these accounts? How likely is it that a market decline will coincide with your retirement timing? No one knows, but it is a risk to consider.

Looking back to March 2000, personal portfolios were growing a stock market that was at an all-time high. Seemed like an opportune time to retire. Then the dot-com bubble burst, and many investors lost a considerable amount of savings in a short period of time. Young investors had time to recover. But what about other investors who were already in

retirement or about to retire? Some were forced to delay retirement or dramatically adjust their lifestyles.

## What can you do if you are already retired, or are planning to retire, to secure financial security for your retirement?

The fact is, markets rise and fall. World and economic events are unpredictable. Mutual fund investments in retirement plans will rise and fall with the market, and while these retirement plans offer tax-deferral, they do not guarantee the underlying value. But now, some variable annuities offer a relatively new "living benefit": A guarantee of lifetime income, without having to annuitize.

## How does this guarantee work?

Before going on, let's review some basics. Variable annuities have been around for a while, and offer a contract for a tax-deferred investment in mutual-fund-like "sub-accounts." The terms give you the right (not obligation) to convert your account balance to a lifetime income stream. Some contracts include a minimum account value after a set number of years. Should you annuitize, your decision is irrevocable and you give up the control of your principal. Bear in mind, however, the performance of your sub-accounts during your lifetime is not guaranteed and if you decide to annuitize, your income stream will be based on the value at the time you make the irrevocable decision to annuitize.

The terms also guarantee the "death benefit"—typically a payout

to your beneficiary of all the money in your account at your death or some minimum account such as the total of your purchase payments minus prior withdrawals. But it does not provide a guaranteed income from retirement assets, protect your retirement assets and future income, or ensure that income will cover a lengthy retirement. With rising life expectancy, many retirees will spend more time in retirement than they did in their working years. The lifetime income benefit that comes with the new "living benefit" rider takes the lifetime income benefit to a new level—by offering a predictable guaranteed income for life, regardless of how your investments perform. You can withdraw money from the contract amount any time you want, and your heirs can inherit any remaining value.

While the living benefit rider may differ somewhat from company to company, the typical guarantee sets a minimum lifetime income at 5 percent of the amount invested, paid every year for life. You can increase the income base by waiting to make withdrawals and you can lock in actual gains that occur at stated intervals, which serves to increase the amount used to calculate your income. There is a lot of comfort knowing you can't lose your

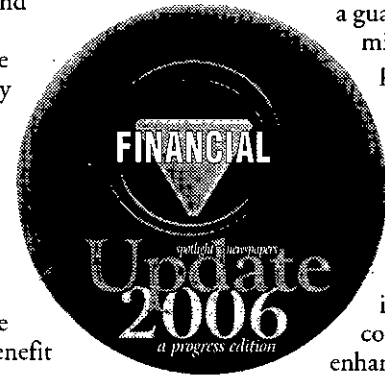
guaranteed retirement income—and the amount used to calculate the annual payments can "step up" if the actual account value goes up. In other words, you can get more income than the original guaranteed amount, but never less.

Many companies offer a guarantee of a minimum percentage of return (typically 5 percent) for a stated number of years, some at simple interest, and some at compounded interest. Some companies will be enhancing the living

benefit to extend the lifetime guarantee to the surviving spouse for his/her lifetime.

## Is there an added cost to a "Living Benefits" option?

This option is added to a purchased variable annuity and come at an additional annual cost (which varies from company to company) that is assessed daily against the variable account value. Some companies permit you to elect this option post-issue on some of their variable annuities. You should consider a variable annuity carefully in terms of the company (all guarantees are based on the ability to pay claims), the investment objectives of the underlying portfolios, charges and expenses. You will find this and other important information contained in the prospectuses.



# Money managers do the homework for you

## Boylan, Stire find companies' real worth

By KATHERINE McCARTHY

Two men in a local financial firm are taking a different look at how to make money in today's market.

Michael Boylan and Philip Stire of McGinn Smith in Albany have been doing more than their homework, and the beneficiaries will be their clients.

"A lot of investors have become frightened of the stock market," Boylan said. "There have been unsatisfactory results, and in situations like Enron, people have owned a lot of their company's stock, and it has created problems."

Boylan and Stire are looking at outperforming the market, essentially by figuring out which companies are likely to be long-term survivors and profit payers.

"We've screened the Standard & Poor's and other indices every quarter," Boylan said. "We're

looking for the best cash flow characteristics of companies. We've put together portfolios with 10 different stocks, every three months. We tested this method for nine years, and analyzed the results."

That analysis? Very good to great.

"Over nine years, we've had returns of 31.5 percent," Boylan said. "In the last five years, the returns have been 30 percent; in the last three, 40 percent. The annual average in the market in general last year was 12.16 percent. In the last eight years, net of fees, we've been about double of every single broad index you can think of."

"What really drove us is our expertise in the equity market," Stire said. "In '02, portfolio managers faced liquidation. The burst of the dot-com bubble made people panic."

"People were looking at stocks wrong," Boylan said. "You need to

**Money see page 19**



## Albert Einstein, Compound Interest & Investment Returns

What Investment Program Could You Have Where You Would Say WOW?

Posed with the question, "What's the greatest invention of the 20<sup>th</sup> Century, Albert Einstein responded, "Compound Interest." Agreeing in principle, we would answer "Compound Returns."

Successful investment programs must compound returns consistently, with demonstrated evidence of superior results over time.

At MS Advisors, LLC, we developed a systematic method in which companies are ranked according to their "quality" of reported earnings, then adjusted for a company's asset size to determine "real" profitability. Back testing our method over 9 years, owning the top 10 ranked companies and rebalancing the portfolio quarterly, hypothetical results produced returns outperforming all of the major

U.S. stock indexes by an annual average exceeding double digits. So powerful was this data, last year we initiated MS Advisor 10, a program utilizing our methodology, investing a portion of client funds to those top 10 companies which best meet our criteria.

So far, we're off to a great start, with actual results to date confirming back tested results.

We encounter many disgruntled investors with IRA's or accounts where results haven't been satisfactory. While past performance is no guarantee of future results, we think investigating our method might be worthwhile. Our next portfolio adjustments will be made at the end of March.

To find out more, give us a call, or send coupon below for complimentary quarterly report.

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**FUTURE** from page 1

upscale professional crowd. It's a lot of fun. But looking at the bigger picture in downtown Albany, it's just another choice on an extensive menu of things to do."

Last year on the jam-packed list of events offered by The Albany Institute of History and Art, the event that drew the largest attendance was the ragtag group called The Albany Underground Artists.

One of the organizers and a local artist, Chip Fasciana, said he was pleased but not surprised by the turnout.

"What most people don't understand is that Tech Valley Hip is here now," he said. "It has been creeping up the Hudson River ever since 9/11. People are looking for the juice they get from what downtown areas like Albany have to offer. I could feel it at the new Armory at the boxing matches and basketball games. People just want to stay connected to the rest of the world. You don't get that feeling in a shopping center."

**More than horse play**

Saratoga is a city familiar with the beat of urban life

"We have always been aware of the power of creative minds and what they mean to our community," said Ken Green, president of The Saratoga Economic Development Corp. "Saratoga has historically attracted individuals looking for excitement and world class entertainment. It's still a Mecca for industrial leaders, artists and celebrities from every walk of life.

"Our tremendous population growth has a lot to do with the energy and growth we are experiencing. Last year, *Golf Digest Magazine* named us the second best golf community in the country, because of our restaurants, entertainment and ambience."

Green said one of the greatest compliments to the Spa City came when the Disney Corp. named its

newest resort community in Orlando after it.

"The Saratoga Springs Resort on the Disney World site is reminiscent of the architectural style of our town and the artwork depicts scenes from our well-known buildings and sites including The Batcheller Mansion Inn, The Carousel in the park and scenes from the race track," he said. "It's all there. I guess imitation is the greatest form of flattery."

**Electrification**

Ask Ray Gillen, chairman of the Schenectady Metroplex Corp. about the role of the creative class in the sparks currently flying in the Electric City, and be prepared to pull up a chair, because Gillen has a lot to say.

Gillen speaks passionately about Schenectady's entrepreneurial history, and there are detailed attraction plans to capture America's fastest and brightest minds in Schenectady County.

There's Edison and the light bulb, George Westinghouse, and Leland Stanford before he formed Stanford University. There's Union College, the very first R&D center, a concept where for the first time in history people were paid to think and create.

"The world was a cold, dark and bitter place before Schenectady showed us how to generate and transmit electricity," Gillen said.

Oh, and don't forget: the first railroad ran between Albany and Schenectady.

"Back in the day, people got married right out of high school or college, and by the time they were 30, they had 2.5 kids and were living in the suburbs," Gillen said. "Today, they aren't getting married until their mid 30's or 40. They want an exciting urban experience: great restaurants, retail stores, outside recreation and super entertainment. That is what we want to offer them; a tech town by day, an entertainment center at night, and we are doing it.

"In the last 18 months we have

located 10 tech companies in Schenectady. We will have the Mildred Elley campus in our city, bringing in 600 students and 100 faculty members. We will be the first wireless downtown area in the state."

Then, there's theater.

"Did I tell you about Proctor's?" Gillen asked. "They were open 70 nights a year, now they are open 300 nights. When 'Phantom of the Opera' was in town, it was huge. Did I tell you about the new hotel and the YMCA and the library and the downtown cinema?"

Which leaves just one question, really. Does Schenectady have a Starbucks?

"Starbucks?" Gillen asked. "Everybody has a Starbucks, we have Villa Italia Bakery. It's the coolest place you ever saw, and it's exactly where creative people like to hang out."

But Gillen passed up a chance for a visit to the new hot spot.

His reason?

"I've gained six pounds since they opened."

**EXPERT** from page 15

Walsh said the developer first supplied a cross-section plan which indicated neighbors would not see the buildings except in winter through the trees, but then a further visual impact study was called for which had wire frame buildings inserted into photos "adding four months and \$15,000 to the cost." Then, over strenuous objections, Walsh said the developer was required to prepare a three dimensional computer simulation model which "took another three to four months and an additional \$30,000, all to come to the same conclusion as the first sketch. These further studies were allowed by the board with the costs imposed on the developer both in time and money."

Walsh said that, while it is very

**VALUE** from page 12

learning. Teachers facilitate and guide each child through their own individual academic experience, addressing all the developmental areas, which include emotional growth, social skills, verbal communication, intellectual awareness and physical capabilities. The Spotted Zebra Learning Center supports a strong child-centered program where exploring concepts through elements in their environment will set them up for lifelong learning.

Staffing at the Spotted Zebra Learning Center consists of licensed teachers and on-site therapists (i.e. speech language pathologist, occupational therapist, etc.), all committed to providing for the needs of all children and ensuring that children are kindergarten ready.

The Spotted Zebra Learning Center has a unique environment: fun, inspirational, educational and comforting. When children enter the Spotted Zebra, Zoë the Zebra, a 4-foot stuffed striped zebra with spots, welcomes them. Looking down the hallway, one sees 4-foot round spots on the carpet that

pave the way to the various classrooms. As the children walk towards their classroom, they sing out the colors of the spots, "Green Spot, Blue Spot, Violet Spot, Orange Spot!" Once at their destination, they have the unique opportunity to use the "kid-sized" door that is located next to the standard door. Classrooms are bright, ceilings high and natural light streams in from the windows around the room. Artwork decorates the walls and comfy corners are available for reading and quiet time. Children are carefree and happy at the Spotted Zebra Learning Center - it is truly the place for kids of all stripes!

As you embark upon the exciting journey of selecting the perfect preschool, remember that a quality preschool program establishes the foundation of lifelong learning for your child. Don't embark lightly upon this task - it could be the most investment you make in your child's future academic success.

The Spotted Zebra is located at 2 Kross Keys Drive in Albany.

*Sheri Townsend is president of the Spotted Zebra Learning Center, Inc.*

valid to do studies of the potential impacts that a development might have on traffic and the environment, "now all too often studies are being done to the nth degree."

"The dynamic here is that folks that live in the community but don't own the land are taking advantage of the laws that were put in place to ensure quality building, and consciously using them to overburden the cost structure of projects in order to try to delay or kill them," he said.

Walsh said Hiscock & Barclay, LLP's land use and development services come into demand in a building environment like this.

"We are experts at the SEQR process and use that expertise to ensure that the potential adverse environmental impacts get studied efficiently and the process moves

forward in a deliberate manner that allows the public the full opportunity to comment - but does not unreasonably delay decision making," he said.

Hiscock & Barclay has time and again successfully defended the project approvals its clients have received. Walsh added that his firm is experienced in obtaining all necessary permits, such as those required when developing in the area with wetlands, docks, pre-contact sites or historic contamination.

Hiscock & Barclay has offices in Syracuse, Rochester, Buffalo, New York City and Albany. If you have any questions about the firm's land use and development services, Tom Walsh can be reached at 1-800-724-1154, or call his partner Andy Leja at 1-800-727-2131.

**SKIN** from page 10

patients are no longer "embarrassed" by others knowing that they had it done.

Nationwide, there are so many physicians who are not trained in plastic surgery doing cosmetic surgery, that now it is more important than ever to be careful when choosing your plastic surgeon. The *New York Times* Feb. 16 story, "Beauty on the Black Market," reports the risks and poor results seen when patients choose an unlicensed or inexperienced practitioner for their "beauty treatment," which is often done without medical supervision in a shopping mall, beauty salon, health spa, or in their homes. The Capital District has many nonmedical personnel performing medical cosmetic procedures, such as chemical peels, microdermabrasion and laser hair removal in non-clinical settings that lack physician supervision. There are also several local physicians who are not board-certified in dermatology or plastic surgery who have set up centers to do laser hair removal, laser face treatments, tissue filler injections, and Botox® treatments. The

explosive growth of the lucrative yet poorly regulated cosmetic enhancement marketplace emphasizes the importance of "buyer beware." For safety's sake, all cosmetic procedures including those that are nonsurgical should be done in an appropriate facility, under the supervision of a well-trained and experienced physician.

Steven Yarinsky, M.D. is a board-certified plastic surgeon who has been in practice at Saratoga Springs Plastic Surgery, P.C., since 1989. His role as a local Ambassador for the American Society of Plastic Surgeons is to educate the public about the value and safety of choosing a board certified plastic surgeon for their cosmetic surgery needs. Whether you are interested in laser wrinkle removal, facial, body contouring or breast cosmetic surgery, or non-invasive procedures such as Botox® injections, laser leg vein, face capillary (rosacea) and hair removal, sclerotherapy spider vein therapy, Endermologie cellulite treatment, therapeutic massage, and state-of-the-art physician directed skin care, Dr. Yarinsky and his staff offer you the full range of cosmetic rejuvenation and cosmetic surgery options.

Although many plastic

surgeons offer "cosmetic seminars" to the public, Dr. Yarinsky's patients find that their most rewarding educational option is to meet him for a one-on-one consultation. He recommends that a friend or family member accompany you. Choose a plastic surgeon like Dr. Yarinsky who is certified by the American Board of Plastic Surgery and is a member of the American Society for Aesthetic Plastic Surgery (ASAPS). Dr. Yarinsky is one of only a few plastic surgeons in the Capital District who is an active member of ASAPS, which is a select group of plastic surgeons nationwide who have attained the highest level of achievement in cosmetic surgery training, continuing education and clinical experience, and are dedicated to achieving superior results in cosmetic surgery of the body, breasts, and face. Be sure that you find a plastic surgeon you trust and understand, who is an expert in doing your desired procedure. Do your homework and learn about the benefits and risks of the procedure you want. Be realistic about what result is possible to achieve. Talk to people in Dr. Yarinsky's cosmetic patient phone referral network who have had the procedure you desire so you know what to expect. Share

your entire medical history with your plastic surgeon. Be sure all of your questions have been answered before you proceed. Then save or finance, if needed, to have the procedure done. While it is tempting to "bargain shop," your surgeon's training and experience are the most important factors in obtaining a successful result. Do not compromise when it comes to your face or body.

Dr. Yarinsky offers all cosmetic services and surgery at the only JCAHO office-based surgery center in the entire Capital District, Saratoga Springs Plastic Surgery, P.C. The Joint Commission on Accreditation of Healthcare Organizations (JCAHO) is the organization that accredits hospitals across the United States. Accreditation by JCAHO is considered the "Gold Standard" for safety and excellence in health care, and has been achieved by only a fraction of the office-based facilities nationwide. Dr. Yarinsky's exclusive center for excellence provides you with the highest quality cosmetic surgery services and the ultimate in continuity of care, delivered in a warm, comfortable, and confidential environment. People recuperate in the comfort of their home. Dr. Yarinsky and his caring

staff feel that every person they see has unique desires and needs and deserves individualized and special treatment. For over 16 years Dr. Yarinsky has grown his practice by over-exceeding patients' expectations. There is no longer a need to go to Beverly Hills or New York City to find an expert for your cosmetic surgery needs.

Dr. Yarinsky's office is located at 7 Wells St., Saratoga Springs, about 40 minutes from Albany, off of Northway Exit 15. Visit [www.yarinsky.com](http://www.yarinsky.com) to learn more about the procedures that you desire. Dr. Yarinsky encourages you to schedule a confidential personalized consultation to discuss your cosmetic surgery and skin care needs. Your visit may include time spent to thoroughly explore your concerns and desires, instructional videos, procedural brochures, computer imaging to preview how great you might look, and personalized advice. His staff will help you apply for financing to cover up to 100 percent of the cost of your procedure, if needed. Call (518) 583-4019 weekdays for information and an appointment. You, too, can look and feel your best!

# Why does college cost so much?

As members of the senior class begin to put the finishing touches on their college selection process, many parents are reeling from total cost of sending their kids to college. This average 8 percent increase at public universities, added onto double-digit hikes in the two previous years, means tuition at a typical state university is up 36 percent since 2002 — at a time when consumer prices in general rose less than 9 percent. Tuition charges are rising faster than family incomes, an

unsustainable trend in the long run. There are four factors in the cost explosion:

- **Rising Demand**

The "natural" consequences of a rising demand — higher prices — are sent even higher due to increased student and parent loan availability. Since 1994, financial aid payments (mostly federal loans) have risen by an extraordinary 11 percent per year. When someone else pays the bills, we become less sensitive to price.

- **Lack of Market Discipline**

Most universities are nonprofit. There is no bottom line. Did Yale have a good year in 2004? Who knows? Its stock is not traded. Administrators and faculty are not rewarded for increasing profits by reducing costs or improving product quality. When prices rise in the for-profit sector, entrepreneurs rush to supply the good, leading to higher supply and lower prices. How many universities advertise that they are cheaper than their peers, or offer better value?

- **Price Discrimination**

Universities have discovered what airlines realized a generation ago — and they increasingly charge the maximum the customer will bear. They have raised sticker prices, giving discounts (scholarships) to those who are sensitive to price. Increasingly, these discounts go to talented students prized by universities seeking to improve ratings on the athletic field or in *U.S. News & World Report* rankings.

- **Increased Fixed Costs**

Faculties have shared in the increased income of universities. Salaries of full professors at research universities are up well over 50 percent in real terms since 1980. Mid-six-digit salaries are becoming commonplace for faculty, coaches, and university presidents, while teaching loads have fallen (a typical full professor at a major public

university is in class no more than five hours per week).

The cost of higher education cannot rise faster than family incomes indefinitely. Change is coming: it is just a question of when, and in what form. But you can't afford to wait for this change. These are real, after-tax dollars that come out of your pocket to pay college expenses. We can help! Contact our office and we will help you put together a college financial game plan to counteract these endless college price increases.

### "Top 10" things to do to finance college

There are many grants, scholarships and tuition discounts available to students from mid-to high-income families, by properly positioning the student. Education Funding Specialists will be hosting dinner workshops on March 28, 30 and April 4 at the Italian-American

Center to address college funding (see ad at the bottom of this page).

Here are some tips for paying for college:

1. Apply for admissions early to position the student first in line for possible grant money.
2. Apply to six to eight colleges to maximize the student's opportunity to get the best college deal and show a considerable "level of interest" to the schools.
3. Apply to private colleges also, since many private schools offer sizeable tuition discounts in order to compete with public

universities. Don't choose schools based solely on cost.

4. Apply for financial aid because some colleges require the financial aid form to be completed in order to qualify for scholarships and certain loans.

5. Diligently prepare for ACT/SAT tests because top scores can increase the student's grant and scholarship opportunities.

6. Investigate an appropriate career path because the lack of planning can force students to change majors and end up with a five or six-year degree.

7. Investigate each college to ensure it fits with the personality of the student.

8. Don't be afraid to negotiate the sticker price with private colleges because they must compete with the lower-cost public universities.

9. Discuss family cost limitations with students before they set their sights on a particular college that the parents cannot afford.

10. Contact your college financial advisor to help you design a program to fund college costs and retirement planning at the same time.

College costs can create a serious shortfall in parents' retirement plans, regardless of how much money they earn. There are many opportunities for families to reduce the high cost of college, if they don't put off the inevitable. Contact us today and we can help you plan ahead!

For information, call Education Funding Specialists at 452-8751.

## VACUUM from page 6

Lexington Vacuum continues to sell quality, better performing and longer lasting vacuums. They also have a number of budget priced vacuums under \$100 and heavier duty vacuums.

If your vacuum is in need of repairs or parts, bags or filters, Lexington Vacuum can supply you with all that and more. The professional staff of six sales and technical personnel are able to promptly meet your needs,

whether it's helping you choose the correct new vacuum for your needs or providing industry certified repairs on your present vacuum, Lexington Vacuum does it all.

Lexington Vacuum covers all aspects of vacuum cleaners and floor care equipment from domestic to commercial, from upright to canisters to hand vacuums to shampooers to built in vacuums.

"It's what we do," Grazia said.

For information, call 482-4427.

## MONEY from page 17

look at the company. We look at companies we'd like to own. We are looking for companies with the best cash flow characteristics. When you have companies like that, the stocks take care of themselves."

After the nine years of testing their investment method, Boylan and Stire "went live" with their plan last year. Both are registered investment advisors who have been in the financial business for 20 years. They've worked together for one year, and are very excited about the possibilities they'll be creating for the 20 or so clients currently taking advantage of the research they've done and the portfolios they've put together.

"We're money managers, not financial planners," Stire

said.

Boylan and Stire are offering their program through McGinn Smith, an investment firm that local baseball star David Smith had a hand in starting in 1980. McGinn Smith has offices in Albany, Clifton Park and New York City. In debt and equity, the firm manages \$140 million, and has about 45 employees.

"Everything we do is from recorded financial data provided by the Securities and Exchange Commission," Stire said. "We look at who's doing the best for their size. We can identify high quality companies which are going to have strong earnings going forward."

Boylan and Stire can be reached at McGinn Smith's offices at 99 Pine Street in Albany. Their phone number is 449-5131. Visit their Web site at [www.mcginnsmith.com](http://www.mcginnsmith.com).

## BROS. from page 7

loyees about talking to customers when they are in their home (or business)," said Russo. "You have a lot of people out there who are much more educated about the payback of high-efficiency (heating and cooling) units. Our focus is to have the best technician out there to work on the customers' homes."

All Crisafulli technicians are fully insured, bonded, and have an average of 10 years of hands-on experience in the field.

Bi-weekly, factory engineers from anyone of the 100 brand names the company carries train technicians about the latest techniques and technology of their products.

As of this year, Crisafulli Bros. technicians are now certified installers of all Moen

products.

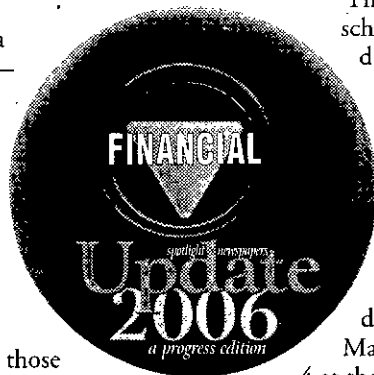
Also new in 2006, the company is carrying A.O. Smith and Lochinvar water heaters. Certified technicians are available to install those products as well, said Russo.

That same service is available by standard appointment and in times of emergencies.

Crisafulli's technicians are available 24 hours a day, seven days a week. A fleet of the 25 red Crisafulli trucks is dispatched by radio, and is ready at a moment's notice.

After more than 65 years in the business of reliable service, some 6,000 residences and 2,500 businesses call themselves Crisafulli Bros. customers.

Crisafulli Bros. can be reached at 449-1782, or visit [www.crisbro.com](http://www.crisbro.com).



## "How to Get Thousands of Additional Dollars to Pay for College"

You are invited to attend a **Free Dinner Workshop**. Enclosed are four (4) complimentary tickets for you and three guests who are parents or grandparents of college-bound students.

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# Kids can have a great time this summer

By SUSAN GRAVES

**K**ids in Albany Jewish Community Center summer programs should be happy campers this year.

The Sidney Albert Albany Jewish Community Center has provided a vast menu of choices for kids of all ages, both at the center and beyond.

*The JCC is the summer place to be.*

Susan Shpeen

"We have so many exciting options, both half and full day for children

through 15," said Drew Katz,

recently appointed director of the camp and youth center at the JCC.

Camp Shalom, geared for kids age 3 through 7, will give campers the full run of the facility. Day trips and overnights are also on the agenda for the youngsters.

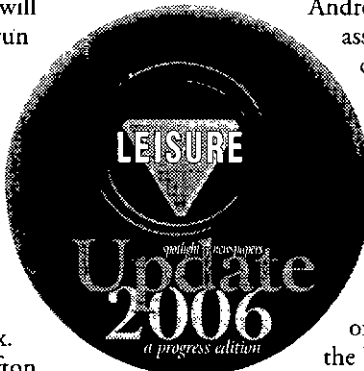
Other opportunities will be at Camp Olam at Ce-Da-Ca for kids in grades two through six. The day camp in Grafton offers a "sleep away" setting with a lake, state-of-the-art ropes course and overnight excursions for fifth and sixth graders.

Cathy Morlock and Chris Soulia head up this adventure for

campers.

Teen camp at Warners Lake, under the direction of John Andrews, who is also assistant head coach of the Delmar Dolphins, said water skiing, sailing, tubing, knee boarding, triathlon training, weekly off-site trips and the Rogers Rock camping week finale are on the jamb packed schedule.

And if that's not enough to whet kids' appetites, specialty camps on the JCC campus will include challenger British soccer,



Metro Stars soccer, Derrick Rowland's Capitaland Hoops Camp and the world famous Harlem Globetrotters.

Miriam Shor has been appointed to direct the JCC Camps Judaic programming, which includes daily meal prayers and weekly Oneg.

According to Susan Shpeen,

JCC executive director, "The JCC is the summer place to be."

To have your child become part of the action, check out camp brochures available at the center at 340 Whitehall Road in Albany, or on the Web site at [www.sajcc.org](http://www.sajcc.org). Weekly rates start at \$127 a week. Call the center at 438-6651 for complete offerings and charges.

## STRONG from page 12

class having just five to 10 students each year it offers the capability for increased one-on-one time between the teacher and the students."

Macintosh said she finds that socialization, often accomplished through play, is as important as academics. She noted that St. Matthew Lutheran School teaches children self control and encourages them to utilize their words to address problems.

Children and parents who want to continue the St. Matthew Lutheran School experience beyond kindergarten may opt to enroll in the after school or summer programs. The after-school program is available to children through age 12 and runs from 2:30 to 5:45 p.m. Summer

programs host 3- to 12-year-olds and run from 7 a.m. to 5:45 p.m. The summer schedule is less structured, providing the children more free time, but does continue to keep up the child's academic skills, said Macintosh. Students have use of the facility's gym and large playground as well as nearby fields for organized team games.

"We're big on fresh air. We're big on play. Play is child's work," said Macintosh. Additionally, she said students are able to use area pools, sprinklers on-site, and attend off-grounds picnics and field trips about once a week. Computers are in each classroom. Weekly lessons in Spanish as well as dance and movement class provide extra-enrichment.

St. Matthew Lutheran School has an open-door policy encouraging parents to participate in their child's education.

Macintosh said parents are invited to lunch with their child, and some are regular volunteers in the classrooms. She also stressed the value of continued education through workshop courses for the entire staff. The staff continually works to improve its skills as educators so it can effectively pass on knowledge and values to the students.

Macintosh adds that while most of the student and staff of St. Matthew Lutheran School are Roman Catholics, the school celebrates a variety of holidays including Kwanza and Hanukkah.

Registrations are accepted on an ongoing basis until classes are filled.

St. Matthew Lutheran School is located at 75 Whitehall Road in Albany. For information, call 463-6495.

## CAR from page 7

damage to the vehicle wasn't that bad, the cost to replace the airbag would have amounted to 75 percent of the car's total value. State law mandates that if the cost to repair a vehicle exceeds 75 percent of the vehicle's pre-accident value, then the auto must be written off as a total loss.

"It's a trend," Ungerer said. "More cars now are a total loss now because of the expense of replacing airbags."

Auto parts have generally gotten more expensive as well. Ungerer said he was surprised when he ordered a piece of chrome

flashing for a Hyundai Sonata and got the bill for \$300. Years ago, somebody could buy a replacement headlight for \$7 at a department store. Now, the same part can cost upwards of several hundred dollars. A Subaru Forester currently at TACS is the recent recipient of about \$15,000 worth of repair work. The car's pre-accident value was \$25,000.

And then there's the paint job. Automobile paint is very toxic and can cause nerve damage. Auto body repair shops have to comply with a host of environmental laws that govern how the paint is applied and how it is disposed of.

Ungerer said environmental conservation officers stop by all

the time to make sure the shop follows the law.

"It's a very regulated industry," he said. "And it's getting more complicated all the time."

So how does one stay in the business for almost three decades?

"We've built a reputation on being honest and doing quality work," Ungerer said.

TACS Autobody at 525 Route 9W in Glenmont offers a wide range of collision repair services. They have rental cars available to their customers and licensed insurance adjusters on staff can help streamline the insurance paperwork. For information, call 462-3977.

## SAFE from page 7

who lives on a peninsula wanted one installed for her two Dobermans.

Each invisible fence comes with a 17k transmitter, one collar receiver, 500 feet of underground wire, 100 flags, a training and installation manual, a 15-foot training leash, and free unlimited support.

"These fully installed systems are everything you need to give your pet the freedom it deserves," Dusenberry pointed out. Prices for systems can vary from \$600 to \$900, and any system you choose to buy will perform the function of containing your dog.

"I have customers who use the Dog Guard invisible fence for nine pups and for dogs and cats both," said Dusenberry. "Cats like to wander but they are fairly easy to train."

The Dog Guard invisible fence has 32 correction levels to choose from and each dog receives the proper training from Dusenberry and his staff before the system is fully installed.

"We don't like to give a dog a

correction for three or four days because if you give a dog a correction right away they won't know why they received it," Dusenberry said.

The idea of containing your animal with an invisible fence is becoming more popular, according to Dusenberry.

"People want their dogs to be safe but they don't want a visible fence," he said. Winter is the time of year when dog owners appreciate the invisible fence the most.

"I have over 1900 customers and the biggest thing I hear is in January when it is time to let the dog out and the owner has to go outside, the fence does the watching and they can go back inside and have a cup of coffee," Dusenberry said. Most invisible fence units serve an area five to 10 acres wide, but Dusenberry has systems that will go up to 100 acres in reach. For information, you can contact them at 18 Fogarty Road, Troy, call 235-0502 or read about them on the Web at [www.topdogfence.com](http://www.topdogfence.com). If you call today, you can receive a spring special of \$100 off the price of a new installed system.

## FRAME from page 6

Delmar, Kelly has worked with many excellent photographers throughout his 30-year career.

"I opened the gallery because I wanted to share with others the power and pleasure of photography," he said. "I have seen work of such extraordinary vision and imagination. It's a constant source of inspiration."

One of the rewards of owning a gallery, Kelly said, is the opportunity it offers to introduce visitors to the satisfactions of superior photography.

"Our shows aim to delight and challenge, surprise and stir the eye, mind and heart," he said. "We are committed believers in the value of owning original art."

Kelly and gallery manager Julia Bracaglia are available to guide the beginning collector or seasoned buyer in the selection and purchase


of an image, whether as an investment, a design element in a home or office, or simply to lift the soul.

The gallery offers 12 shows a year, and monthly receptions attract hundreds of people from across the region. The exhibition schedule features solo and group shows ranging from traditional landscapes, still lifes and portraits to highly individual fine art and exploratory works.


On Saturday, March 18, the gallery will host a reception from 5 to 8 p.m. to launch its newest exhibit, "Double Vision," featuring the images of Joseph Schuyler and Laurin Trainer. The exhibit is on view through April 18. Gallery hours are Wednesday through Friday, 10 a.m. to 6 p.m., Saturday 11 a.m. to 4 p.m. and Sunday noon to 4 p.m., and by appointment Monday and Tuesday. For information, contact the gallery at 475-1853 or visit [exposedartphotography.com](http://exposedartphotography.com).

## CENTER CAMPS 2006

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[www.sajcc.org](http://www.sajcc.org) or call 438-6651.



# Add exercise to your Fort William Henry experience

Among the oldest of North Country sites and establishments has always been Fort William Henry Resort overlooking southern Lake George and surrounding mountains.

The resort has been serving tourists to the area for 150 years.

In 2002, The Grand Hotel, a 195-room hotel was built to support the Lake George seasonal tourists. It features a variety of suites and rooms overlooking the lake and surrounding Adirondack Mountains.

The main business to the area is supported by the Fort William Henry historical museum. However, the hotel and conference

center has made it its mission to expand upon the tourism industry and keep it alive and new. And, as the resort prepares for its 150th spring and summer season—and the hotel's fifth, hotel owners will be opening the doors of a world-class fitness center and gym.

"We like to have a new attraction every year, and this (the gym) is something that is needed out here because it is open to the public," said Kerry Costello, graphics administrator for the hotel and conference center.

Built in 1856, the original hotel had survived the Civil War, two world wars, the Great Depression, and a major fire.

Since its construction the resort has been sold, bought, expanded and refurbished. It had gone from 150 to 1,000 rooms before a fire destroyed much of the structure in 1909.

It stands, as it did a year after it's rebuilding. Today, the original ballroom still enchants guests.

Every May the Fort William area opens its bistro and shop doors to patrons. The Fort William Henry Corp. also operates several Beach Road shops as well as a J.T. Kelly's Steak and Seafood restaurant.

The gym will open April 1, a month shy of the upcoming season. The nearest gym is roughly 10 miles away in Queensbury.

Costello describes the gym as "pretty big." After some remodeling, crews will begin to move equipment in to meet the April deadline.

The gym will feature a nutrition consultant, personal trainers, and free weights among its facilities. The idea took wings shortly after Hotel Manager Sam Luciano, a power weight lifter, pitched it to hotel officials, said Costello.

To entice locals, the gym will feature an Adirondack Barbells Free Fitness Day every other Tuesday beginning June 15. Hotel owners also hope to host weight lifting meets at the fitness gym.

# JMU 4 Kids summer camps

Last summer, after 10 years of directing camps for a local school, Joe Urschel formed JMU 4 Kids and started a summer camp at St. Catherine of Siena in Albany.

This year, he will expand the program at that location and begin new camps at The Doane Stuart School, also in Albany. All camps are \$180 per week (\$160 per week for students of either school) and include: 7:30 a.m. to 5:30 p.m., indoor swimming at University at Albany and free pizza for lunch on Fridays. A "box lunch" is available daily for \$2. Registration can be week by week, and families can choose either a 3 or 4 day option the week of July 3.

The Day Camp (ages 4-12) at St. Catherine of Siena will run for 10 weeks (June 26-Sept. 1) and include daily activities in an air-conditioned facility such as karate, golf and tennis, computer training, fitness, arts and crafts, and music and dance. A "free play" arcade is also available.

This summer, a Sports Camp (ages 7-14) will operate for 6 weeks (July 10-Aug. 18) and feature daily instruction and games in a variety of sports including baseball/softball, soccer, basketball, lacrosse, volleyball and non-contact football skills.

The new location for JMU 4 Kids is the 80-acre campus of The Doane Stuart School.

A Day Camp for 2 weeks from (June 12 to 23 will be followed by a Nature Camp for 6 weeks (June 26-Aug. 4) and a Performing Arts Camp also for 6 weeks (July 10-Aug. 18).

The Nature Camp (ages 6-14), under the direction of Donna Quinn, will help kids build an understanding of, and an appreciation for the natural world with focused, innovative, meaningful, "hands-on" nature study.

The Performing Arts Camp for age 7 through 14, is the perfect choice to explore the areas of music, dance and drama under the supervision of Alan Weeks, former Broadway director and choreographer. Each Friday, parents and peers are invited to a performance highlighting that week's work.

A free shuttle bus will be available between the two schools before and after camp for families who prefer to drop off or pick up at one location but whose children attend a camp at the other.

All transportation be handled by Durham School Services, and all camps will operate under a permit from the Albany County Health Department.

For information including registration materials, visit: [www.JMU4Kids.com](http://www.JMU4Kids.com) or e-mail: [jurschel@nycap.rr.com](mailto:jurschel@nycap.rr.com).

# Play It Again Sports celebrates 10 years

Where is the premiere local full-service sporting goods store? Right around the corner!

If you haven't visited Play It Again Sports in Peter Harris Plaza on Route 7 in Latham, you don't know the deals you are missing. Play It Again not only specializes in experienced equipment, it also has a wide selection of closeouts, overstocks and hard-to-find gear.

Not sure what to do with all the equipment the kids have outgrown or the fitness equipment that Dad's hanging his robe on? At Play It Again Sports, you can turn your equipment into quick cash, trade it on other new or used equipment, or leave the items on consignment to achieve the highest value.

At Play It Again Sports, no appointment is necessary. You may buy, sell, trade or consign equipment seven days a week at your convenience.

Play It Again Sports has been locally owned and operated by Niskayuna residents Dottie and Steve Yonk for nearly 10 years. They take pride in their business for its countless efforts in supporting local youth sports programs and providing fun, friendly, knowledgeable customer service in a mom-and-pop atmosphere.

So, whether its golf (by the way, the deals you find in their experienced pro-line golf department are unmatched in the Capital District), fitness equipment, in-line skates, lacrosse, baseball, softball or soccer, Play It Again Sports will have the good stuff for less this spring.

If it's winter sports you are looking to gear up for, Play It Again Sports is seasonal and will once again prepare for skiing and snow boarding in the fall, as well as hockey and ice skating.

Buy - Sell - Trade - Consign - New - Used



[www.playitagainlatham.com](http://www.playitagainlatham.com)

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# JMU 4 KIDS SUMMER CAMPS

Visit our Web Site For Registration Material, etc. [www.JMU4Kids.com](http://www.JMU4Kids.com)

|                                                                                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><b>ST. CATHERINE OF SIENA</b><br/>DAY CAMP June 26 - Sept. 1 Ages 4 - 12<br/>10 Weekly Sessions<br/>Daily Activities: Karate, Golf &amp; Tennis Instruction, Arts &amp; Crafts, Music &amp; Dance, Sports, Computer Training, Fitness &amp; Arcade<br/><b>SPORTS CAMP</b> July 10 - Aug. 18 Ages 7 - 14<br/>6 Weekly Sessions<br/>Daily Instruction in Baseball/Softball, Soccer, Basketball, Lacrosse, Volleyball &amp; Football</p> | <p><b>THE DOANE STUART SCHOOL</b><br/>DAY CAMP June 12 - June 23 Ages 4 - 12<br/>2 Weekly Sessions<br/><b>NATURE CAMP</b> June 26 - Aug. 4 Ages 6 - 14<br/>6 Weekly Sessions<br/>Come join us as we explore all aspects of nature on our beautiful 80 acres of Woods, Streams and Wildlife.<br/><b>PERFORMING</b> July 10 - Aug. 18 Ages 7 - 14<br/><b>ARTS CAMP</b> 6 Weekly Sessions<br/>Awaken the creative spirit &amp; imagination through Acting, Music and Movement</p> |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

Cost: \$180/week (Students of either School: \$160/week). Includes 7:30 a.m. - 5:30 p.m., Free Pizza for Lunch on Fridays, Milk for lunch everyday and 2 snacks for younger campers.  
All camps will swim each afternoon at the University At Albany's Indoor Pool. Transportation provided by Durham School Services.  
• Free Shuttle Bus Service Before & After Camp • Between the 2 Schools  
Questions? Please use email address: [jurschel@nycap.rr.com](mailto:jurschel@nycap.rr.com) or call 376-6668



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# Creative Art Time one of Delmar's hidden treasures

Eileen LaBarge teaches weekly art lessons in a wide variety of mediums such as drawing, colored pencil, basic wood carving, printmaking, painting, pottery, clay, stone and metal sculpture and

creative projects.

Creative Art Time Studio's prices are affordable, and lessons are filled with valuable techniques, information that will last a lifetime. All ages and skill levels are

accommodated at the studio.

The studio offers a challenge, a creative outlet, some needed structure or can be a just for fun experience.

Art shows for independent

study students and private study students are held throughout the year. Openings for these shows offer a fun time for artists, family, friends and the surrounding community.

The studio hosts a variety of events including a "Halloween Open Scare House!"

The studio offers birthday parties, artist/teaching opportunities, meeting space available for groups and people in the community, volunteer opportunities for youth and adults, a gallery available for professional artists to show their work, and C.A.T.S club, which offers field trips, volunteering and event planning.

Special needs students and groups are welcome. LaBarge has worked with individuals with special needs and can customize classes or workshops to fit the needs of a group or individual.

Summer camps for kids are offered every year July through August.

LaBarge created the special place for people to learn and make art in a relaxing environment. Coming to the studio allows a person, of any age, to explore new ideas, meet new people and feel a sense of belonging.

Everyone who attends Creative Art Time Studio is a valuable part of this studio. Adults, stay at home moms and retirees can come learn a new medium that can be continued at home as a hobby.

Creative Art Time Studio's workshops work well for busy people and people who work. Workshops are offered on weekends and week day evenings.

LaBarge has hired several talented artists/teachers who offer a variety of monthly workshops and four to 10 week group classes. This includes mosaic art workshops for children and adults, adults with their children, as well as an on-going mosaic art group. The studio offers weekly wood carving classes as well as decoupage, oil painting, watercolor, pastel and mixed media workshops for the beginner and the advanced.

There are two blacksmithing guilds that meet once a month and work on long-term projects while learning the art of Blacksmithing and its history. In addition to the guild, we have a weekly blacksmithing program. This program offers weekly lessons for age 9 through adult.

LaBarge plans to open a gift shop on May 8. The shop will offer unique pieces of handcrafted work made by some very special and talented artists. Commission work will be available, as well as the opportunity to meet the artists.

The Web site offers information on weekly art instruction, workshops, our monthly newsletter and bulletin board postings, event. The Web site is updated weekly so check back often. The site will feature gift shop items in the near future.

Visit the studio at 135 Albany St. in Delmar, online at [www.catsartstudio.com](http://www.catsartstudio.com) or call 475-9472.

## Albany ... host it here

### Capital city an important meeting destination

Albany has hosted important meetings for close to 400 years and continues to be the site of statewide, regional, national and even international events and meetings.

These gatherings are important regional economic development tools. In 2005, the Albany County Convention and Visitors Bureau tracked close to 300 meetings with more than 197,000 delegates traveling to Albany. These delegates stayed in hotels, ate in restaurants, utilized local transportation and meeting space resources. In turn, all these businesses purchased the goods and services needed, most of them locally, which greatly enhanced the economic viability of Albany's meeting and convention business. Here's a brief look at Albany's meeting and event landscape.

Businesses that call Albany home, like MapInfo, are providing the region with opportunity to host their technical summits. New scientific research and development centers at the University at Albany and Rensselaer Polytechnic

Institute provided the right backdrop for the National Science Foundation to hold its 2005 Small Business Innovation Research Conference in Albany. The natural resources of the region were an attraction to the National Cave Association, which hosted a management symposium in Albany. Miss Wheelchair America held its national pageant in Albany and members were well pleased with the attention and care they received.

Veterans groups have discovered that Albany is a perfect location for annual reunions. With the USS Slater docked at our waterfront, guests can relive their naval days while enjoying the many military related attractions in the region.

Sports, whether youth, high school, collegiate or professional, all positively impact both the area's quality of life and economy. The Eastern College Athletic Conference (ECAC) now makes Albany its home and hosts its post-season tournament here each year. The New York state Public High Schools Athletic Association holds many tournaments in Albany, including a very successful boys wrestling state tournament in 2005.

## Popcorn and a movie

By MARTY BANNAN

Where else can you browse for the latest movie rentals and enjoy a bag of popcorn on the house?

With five upstate locations, Video World wants to be your one stop for movies.

"Not only do we have the best popcorn in the area, but we get to know our customers and are willing to assist them at any time," said owner Jim Carbone.

Carbone opened his first store in Gloversville in 1985, and has survived after so many independents have fallen in the face of competition from the big stores.

Despite its name, Video World has gone mostly DVD.

Right now, Video World is liquidating all of its category videos for 99 cents and sells new videos and DVDs at prices, Carbone said, that can't be beat.

"We are offering Saw Part II for only \$15.95," he said. "Nobody is beating that price. Several new DVDs sell for only \$8.88."

As part of a special promotion, Video World is giving away T-shirts with the purchase of "Lord of War" with Nicholas Cage for \$21.95.

"We can special order hard-to-find titles our customers wish to purchase," Carbone said.

He added that he is exploring new conveniences, including on-line rentals, in which customers order up to four DVDs on the Web and have them mailed to their home for a monthly fee.

Other possible future conveniences include a fast pass so customers can order and pay for DVD rentals online or over the phone, and then drive in and pick them up without waiting.

Most rentals are \$ 3.99 for seven days. Red-hot rentals, those newest and most popular releases, are two-day rentals.

"Actually, it's a two-day rental in which customers can come in and rent a DVD, say, on a Monday morning and not have to return it until Wednesday at 7 p.m.," said Carbone. "On Thursdays, customers can rent four new releases of their choice for \$11.99 or three older category releases for 3.99, both for seven days. We are the best value around."

Video World has locations in Delaware Plaza, Delmar; Mayone Plaza, Route 9W, Ravenna; Arterial Plaza, Route 38, Gloversville; Johnstown Plaza, Routes 29 and 38, Johnstown; and Price Chopper Plaza, Route 5, Palatine Bridge.



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I ♥ NY

# The Brown School advantage benefits children

By JAKE SHEPARD

A frequent discussion that we have with prospective parents at Brown School open house events and in meetings with our admissions department involves student evaluation, reporting to parents, and testing. We are an independent, mission-driven school. Our mission statement is "Brown School's teachers work to identify and develop the strengths of individual students, thereby stimulating discovery, imagination and critical thinking. Small classes, our dedicated staff, and an innovative curriculum, combine to motivate children to reach their potential both academically and socially."

Brown School's intimate setting provides a unique opportunity for teachers to come to know and value each individual student. Among the many benefits of a Brown School education is that communication between teachers and parents takes place throughout the year. Report cards are a formal extension of that communication. Our teachers put a great deal of time into writing descriptive comments on the progress of each child. As a result, our report cards present a picture of the whole child and his or her intellectual, social, and emotional growth.

In the public sector, the process of learning seems, these

days, to have come down to how well students do on tests. In New York, every student in grades three through eight takes the New York state tests to measure minimum competency, for the individual, the group, the school, and the district. The pressure exerted by the state tests and the allocation of funds tied to performance on those tests have, in many ways, taken away from the main goals of most teachers: to inspire their students to love learning. Teachers in public schools find themselves limited to drilling for the tests and are often not free to engage the creative and imaginative spirit that is the essence of childhood.

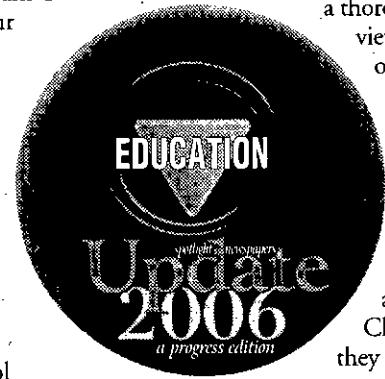
Taking tests is a part of life, and we do give tests at Brown School. Most of them are teacher-made tests and give important feedback to both students and teachers about the teaching-learning process. We also assess student performance through project-based learning, through daily assignments, in classroom activities, and through the process of discovery. Our communication with parents throughout the school years and our report cards reflect

this "whole child" approach.

It is important to provide an objective evaluation of student progress. At Brown School we administer the Educational Records Bureau (ERB) Comprehensive Testing Program 4 (CTP4) to our fifth through eighth grade students. The ERBs have long been the standard of objective testing in independent schools like Brown School because they provide assessment for aptitude and performance. The verbal and quantitative reasoning tests can be compared to performance within those cognitive realms. Parents and teachers get a good sense of how well a child is meeting his or her potential. The important aspect of the ERBs is that they are diagnostic in identifying strengths and weaknesses, an essential piece of our mission.

At Brown School, we do not administer the New York state tests, a fact that is at the core of independent schools. Brown School is accountable first and foremost to the parents of our students. The ERBs provide an objective, outside assessment that is a thorough and well-rounded view of a child's progress in our school. With our teachers' evaluations, their comments on report cards, and the informal feedback parents receive throughout the year, the Brown School advantage is made clear. Children learn best when they are engaged and inspired to express themselves in the many areas of their development. You can sample the Brown School advantage at the next open house at 7 p.m. on March 28. Brown School is a co-educational, independent school enrolling students from nursery through grade 8. It was founded in Schenectady in 1893. Visit the Web site, [www.brownschool.org](http://www.brownschool.org).

Jake Brown is head of the Brown School.



## CBA athletics enhance education

Christian Brothers Academy believes that participation in athletics, both as a player and as a spectator, is an important part of the students' educational experience. Athletics teaches a student the ability to function as a member of a team, in addition to sportsmanship, competition, the benefits of fitness, self discipline, emotional maturity and a respect for others.

Fresh off a third straight Section Two Class AA title, the CBA student through athletics will develop physically, emotionally and mentally. Students will be motivated to win, but the principles of good sportsmanship will always prevail and enhance the educational value of the endeavor.

"For a small school we try to offer just about every sport," said CBA Athletic Director Jim Smith. Athletic activities at CBA include basketball, football, hockey, and wrestling. There's also lacrosse, bowling, indoor track, tennis and soccer.

"Seventy-six percent of the kids in our school participate in interscholastic sports," said Smith.

"One of our wrestlers, Michael Chaires, won the New York State Large School Division Wrestling Championship in the 152 lb. weight class. We have a lot of coaches that have been here a long time and most of them work in our school, which is an added plus." The athletic facilities at CBA are new, including a full size weight room, and new football, soccer and lacrosse fields. "Our athletic facilities are as good as you are going to find at any high school in the area," said Smith.

Christian Brothers Academy is a college preparatory junior and senior high school for boys. CBA was founded in 1859 by the De La Salle Christian Brothers. CBA is located in the town of Colonie near Albany International Airport on a 126-acre campus built in 1998. The campus includes a state-of-the-art school building with fiber optic wiring, modern science labs, a media center, a Brothers Residence and athletic facilities to meet the demands of student athletes. For information about CBA Athletics contact Smith, athletic director at 452-9809, ext. 115.




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1pm-3pm

## Entrance Exam.

Saturday  
April 1<sup>st</sup>, 2006

8:30am - \$10.00 fee required      Exam for applicants for grades 6-11.

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## SPORTS PROGRAM

### RENSSELAER FOOTBALL CAMP

Evening skills camp for youth football players to improve their techniques. The goals are to improve individual technical skills by improving knowledge of proper techniques and to improve speed, quickness, agility, and strength. In addition, this camp will instill a competitive winning attitude by understanding teamwork, sportsmanship, dedication, and hustle. Head Coach Joe King and his outstanding coaching staff with over 25 years of experience are committed to providing each camper with a greater comprehension of the game of football. Campers should have full football gear for each night of camp.

Week One: July 9-13 (grades 3-8) | Week Two: July 16-20 (grades 9-12) | Evening Sessions

## ENRICHMENT PROGRAMS

### ARCHITECTURE CAREER DISCOVERY PROGRAM

Four-week introduction to architecture for rising juniors and seniors includes morning programs and introductory lectures in history and theory of architecture, computing and simulation, freehand and extreme drawing, building ecologies, building conservation, and construction systems. There will be field trips and career counseling. Afternoons will have individually critiqued (tutored) design studios, group and individual projects, reviews, and public presentations. Acts as an opportunity for career discovery to decide whether a design education in architecture is appropriate. 4 credits

July 3-28 | Overnight 4-weeks

### COMPUTER GAME DEVELOPMENT ACADEMY

Two-week residential academy intended to teach high school seniors and high school graduates the fundamentals of the video game creation process. Includes analyzing and building games from a technical/engineering perspective, as well as treating games as a medium for creative expression. Students will start by learning the foundations of good game design, including creating and iterating paper prototypes. From there, artists and programmers will take separate classes that speak to their particular skill sets, and then interdisciplinary teams will be formed for the remainder of the camp. These teams will brainstorm game designs, and then construct their games from start to finish. The academy has a set number of slots for artists, and a set number of slots for programmers. Presented by the School of Humanities and Social Sciences and the School of Science.

July 23-Aug. 4 | Overnight 2-weeks

### LEGO® ROBOTICS ENGINEERING ACADEMY

Students will use LEGO Mindstorms sets to design, construct, and program robotic solutions to problem solve tasks. Such tasks may require a robot to navigate based on input from sensors or autonomously to find and retrieve objects from a playing field. These activities engage the students in applying exciting technologies to real-life problems. Students will come away from the experience with an awareness of common themes that connect mathematics, science, and technology and some practice in applying these themes to engineering design tasks. Presented by Rensselaer's Center for Initiatives in Pre-College Education (CIPCE).

Week One: July 10-21 (ages 11-13) | Week Two: July 24-Aug. 4 (ages 11-13) | Day Sessions

### MATERIALS "DAY" CAMP

Students involved in math, science, and industrial technology classes who are highly motivated, inquisitive learners with math and science aptitude and entering their junior and senior year in high school in the fall of 2006 are encouraged to apply. Features a full week of utilizing hands-on principles of applied math, physics, and chemistry. A unique, team-based, intensive problem-solving science experience under the direction of a distinguished world-class faculty combines demonstration and field trips to actively explore materials science and engineering principles. This camp is jointly sponsored by The Minerals, Metals, and Materials Society (TMS) Hudson-Mohawk Chapter and the Eastern New York Chapter of ASM International.

June 26-30 | Day Session

Visit [www.rpi.edu/summer](http://www.rpi.edu/summer) to see an updated list of programs, download applications, and find more detailed information.



# Rensselaer

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# Obituaries *in the* Spotlight

## Jordan Vail

C. Jordan Vail, 80, of Slingerlands, died Friday, Feb. 24.

Mr. Vail was born in Albany and grew up in Syracuse. He graduated from Phillips Exeter Academy in New Hampshire and Yale University. During World War II, he served in the Army Air Forces as a 2nd Lt. B17 navigator. He was employed by the Chase National Bank and by Proctor & Gamble as a regional sales manager on Long Island before joining the family business, Alcco, in Albany where he eventually became president.

Mr. Vail also served as director of State Bank of Albany and Norstar Bancorp. He was president of the Fort Orange Club, a 50 year member of the Albany Rotary Club, as well as Normanside Country Club. Mr. Vail also belonged to the University Club and was president of the Community Foundation for the Capital Region, president of the Albany YMCA and trustee of the Capital District YMCA. He was also on the board of directors of Albany Medical College and chaired the annual campaign of Albany Medical Center.

Mr. Vail was a trustee until recently of the Albany Rural Cemetery and formerly a director of Equinox, Inc. and the Capital Area Council of Churches.

Survivors include his wife, Nancy Bonsall Vail; a son, Douglas Jordan Vail; two daughters, Martha Martin and Mary Vail; and four grandchildren.

Services were from First Presbyterian Church, State and Willett streets in Albany.

Contributions may be made to First Presbyterian Church, State and Willett streets, Albany; Equinox, Inc., 95 Central Ave.,

Albany 12206; or the Community Foundation for the Capital Region, 6 Tower Place, Albany 12203.

## George E. Decker Sr.

George E. Decker Sr. of Delmar died Wednesday, March 1.

Mr. Decker was born in Albany. He was a graduate of Christian Brothers Academy and attended Manhattan College in New York City.

Mr. Decker spent a lifetime career in the United Postal Service, retiring in 1974 as a regional hearing officer. He was an Army veteran of World War II and served with distinction during the Normandy Invasion and the Battle of the Bulge. He was awarded the Bronze Star in addition to several campaign and service medals.

Mr. Decker retired after a 40-year military career, serving in the New York National Guard. He was a member of the Nathaniel Adams Blanchard 1040 American Legion Post in Delmar, the Bethlehem Memorial Post 3185 VFW and the Retired U.S. Postal Workers Association. He was an avid gardener and enjoyed swimming.

Mr. Decker was husband of the late Peggy Decker.

Survivors include three sons, John W. Decker of Lexington, Ky., George E. Gerry Decker Jr. of Delmar, and Bernard Decker of Denver, Colo.; four daughters, Maria Sequeira of Bonita Springs, Fla., Margaret Ann Decker of Denver, Colo., Mary Jo Decker of Stewart, Fla., and Annie Reagan Haker of Feura Bush; a sister, Veronica Decker of Albany; and 12 grandchildren.

George's family would like to thank the entire staff at Good Samaritan Health Care facility for

their kindness and support.

Services were from Durant Funeral Home in Glenmont and St. Thomas the Apostle Church in Delmar. Interment was in Saratoga National Cemetery in Schuylerville.

Contributions may be made to Community Hospice of Albany County, 445 New Karner Road,

Colonie 12205.

## Lillian Rodney

Lillian Rodney, 77, of Voorheesville, died Friday, March 3.

Survivors include her husband, Marvin S. Rodney; a son, Brett Berson; a daughter, Wendy

Rosenstein; a sister, Beatrice Kunkes; and three grandchildren. Funeral services were at Albany Rural Cemetery Chapel in Menands.

## William J. Heffernan

William J. Heffernan of Delmar died Thursday, March 9.

Services were from Applebee Funeral Home in Delmar. Interment will be in Calvary Cemetery in Glenmont.

## Rev. Frank H. Fuller

The Rev. Dr. Frank H. Fuller, Sr. 69, of Voorheesville, died March 4.

Born in Troy, he was a graduate of Troy High School and Hudson Valley Community College.

Rev. Fuller was A.I.D. President of Alpha Design Associates, Inc. in Guelderland. He was a professional architect

## Death Notices

Spotlight Newspapers will print paid Death Notices for relatives and friends who do not or have not lived in the coverage area for each of our weeklies. The charge for a paid death notice is \$25.

We will continue to print Obituaries of residents and former residents of the coverage area for each of our weeklies at no charge.

In Memoriam, and Cards of Thanks will also be printed for \$25.



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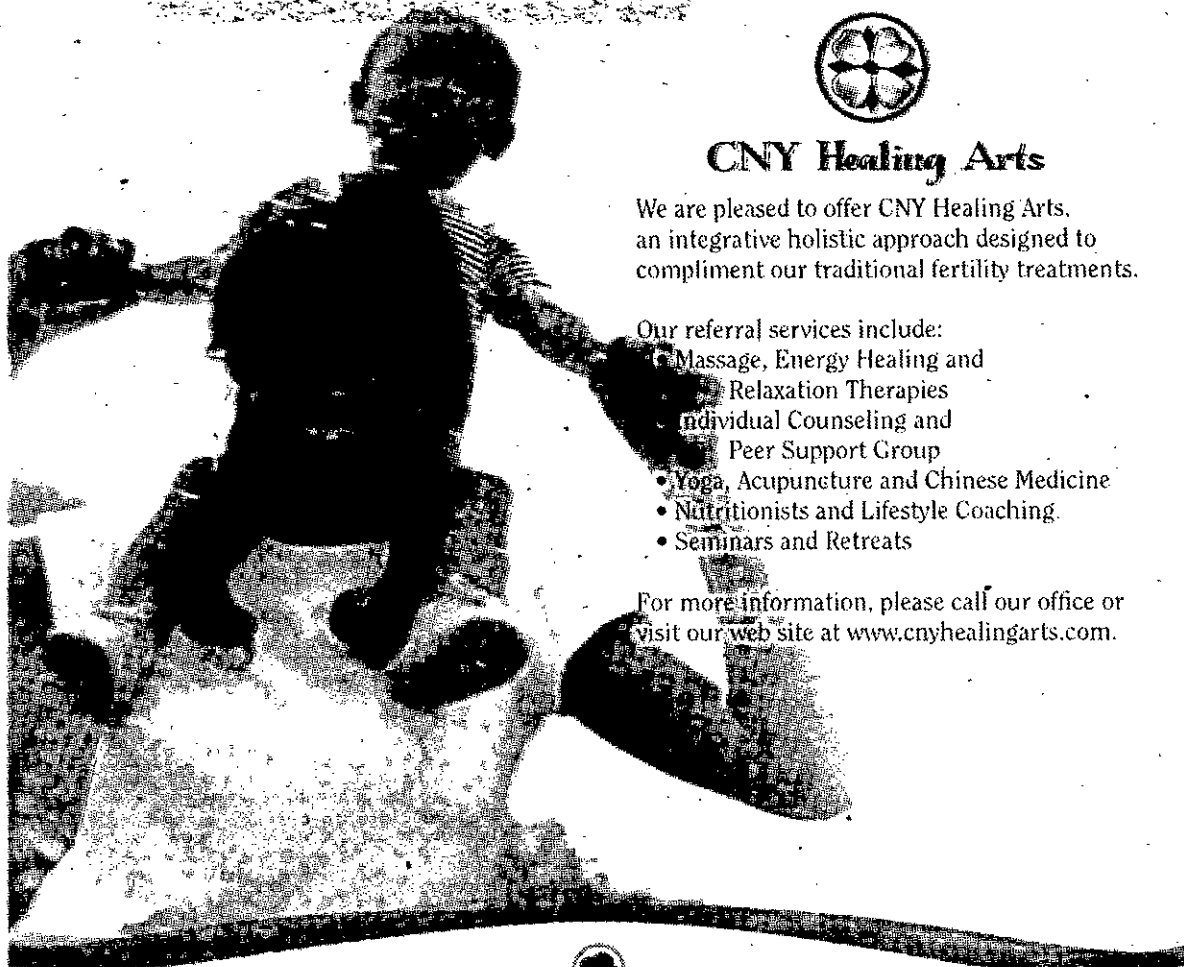


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# Obituaries *in the* Spotlight

and was also involved in real estate.

An ordained pastor, he was an affiliate of Trinity Care Ministries throughout the U.S., was a member of the U.S. Association of Chaplains, the National Association of Church Designers, and from 1977 to 2000, he was affiliated with Pastoral Care Ministries of Bentwater AFB throughout the United States.

Rev. Fuller had also been a volunteer at the Stratton VA Medical Center in Albany and served in the Civil Air Patrol in

the 1960s and 70s.

Survivors include his former wife, Judith Burton of Coeymans; a son, Frank H. Fuller Jr.; two daughters, Nancy L. Mulucci of Keystone Heights, Fla., and Linda Fuller of Coeymans; two sisters, Jean Temple and Norma Claydon of Troy, a brother, Nelson Fuller of Ormond Beach, Fla.; his companion, Barbara Feeley of Delmar, and several grandchildren.

Funeral services were from Morris-Stebbins-Miner & Sanvidge Funeral Home in Troy.

Interment was in Elmwood Hill Cemetery in Troy.

## Sandra Calabrese

Sandra M. Calabrese, 61, of Albany, died March 9.

Mrs. Calabrese was employed at Image Data in Albany and was a member of SOS.

Survivors include two sons, Peter Calabrese of San Francisco and Jerry Calabrese of Albany; two daughters, Sherri Calabrese and Christina Calabrese, both of Selkirk; a brother, Robert Johnson of Springfield, Mass; and a grandchild.

Funeral services were from Durant Funeral Home.

Burial was in Elmwood Cemetery in Selkirk.

Contributions may be made to the Community Hospice of Albany, 445 New Karner Road, Colonie 12205.

## Book signing for Head Walnut

The Perfect Blend Café will host a book signing for Delmar author David Van Deusen on Thursday, March 23, from 7 to 9 p.m.

Van Deusen recently published *To Twilo and Beyond!* My Walnut Adventures with the Dick Van Dyke Show Cast, a book that tells the detailed story of Van Deusen's experiences publishing *The Walnut Times*, *The Dick Van Dyke Show* newsletter.

Recognized as the "Head Walnut" by Dick Van Dyke and "the other DVD" by Carl Reiner, Van Deusen has done interviews and established friendships with nearly every member of the cast and crew including Carl Reiner, Dick Van Dyke, Mary Tyler Moore, Rose Marie, Larry Mathews, and Ann Guilbert.

Van Deusen has also been acknowledged as an expert on the show, advising on various television specials about Dick Van Dyke and *The Dick Van Dyke Show*.

Along with signing copies of his book, Van Deusen will also entertain a question and answer session and share photos and memorabilia from his private Dick Van Dyke collection.

*To Twilo and Beyond!* can be purchased locally at I Love Books, the co-sponsor of the event. Although a limited number of copies of the book will be available for purchase at the signing, it is suggest that you obtain your copy prior to the event.

For information about the book, visit *The Walnut Times Website* at [www.thewalnuttimes.com](http://www.thewalnuttimes.com). You can also search *Inside the Book* at Amazon.com

## Declutter your life

Does the thought of decluttering your possessions overwhelm you? Are you at a loss on where to start or how to proceed? Are you frustrated when you can't find things? Embarrassed by your cluttered home? Tired of living a cluttered lifestyle? Afraid to let go? If any of these are true, this workshop is for you!

This workshop will motivate you to begin decluttering your possessions and let you know where to start and how to proceed.

Presented by Helen D. Volk, B.S. J.D., Albany's premier professional organizer, acclaimed speaker and workshop leader, successful author and President of *Beyond Clutter*. A teacher and lawyer who practiced law for 17 years before creating *Beyond Clutter* in 1991, Volk was a pack rat who chose to unclutter her life and live clutter free.

Volk is the author of seven insightful, interactive books, and booklets which will be available for sale at the presentation. The three hour presentation is scheduled for 1 p.m. on Sunday, March 19, at Community United Methodist Church, 1499 New Scotland Road in Slingerlands.

Cost is \$25. Refreshments are included. All proceeds from the event will benefit mission work. Call 439-1766 to register with name and phone number or for information.

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# Civics lesson



Glenmont's Cub Scout Den 2 learned the importance of citizenship and government with the help of Town Supervisor Theresa Egan at a recent den meeting. Back row, left to right: Leader Shalyn Docous, Connor Romanski, Peter Wilkins, Egan, Ryan Toffel, Connor Ford, Leader Claudia Toffel and Robert Santaski. Front: Fred Docous, Joshua Larame and Hez Bulnes.

## How to reach elected officials

Here are your representatives' addresses and office phone numbers. Letters to members of the state Assembly and Senate may be addressed to their offices in the Legislative Office Building (LOB), Albany, NY. The ZIP code for the Assembly is 12248, and for the Senate is 12247.

### STATE ASSEMBLY MEMBERS

Pat M. Casale, R-Schaghticoke, Room 320, Legislative Office Bldg., 455-5777. District office: 4 Normanskill Blvd., Delmar, 439-1526; e-mail: casalep@assembly.state.ny.us.

Roy J. McDonald, R-Wilton, Room 531, Legislative Office Building, 455-5404. District office: Room 202, Washington County Municipal Center, Fort Edward, 747-7098.

Daniel L. Hooker, R-Saugerties, Room 937, Legislative Office Bldg., 455-5363. District office: 2668 State Hwy. 7, Suite 38, Cobleskill, 296-8070.

Robert Reilly, D-Colonie, Room 430 Legislative Office Bldg., 455-5331. District office: 3 Halfmoon Executive Park Drive, Clifton Park, 371-0568; ReillyR@assembly.state.ny.us

Ronald Canestrari, D-Cohoes, Room 717, Legislative Office Bldg., 455-4474; no district office; e-mail: canestr@assembly.state.ny.us.

John J. McEneny, D-Albany, Room 648, Legislative Office Bldg., 455-4178; no district office; mcenenj@assembly.state.ny.us.

Teresa R. Sayward, R-Willsboro, Room 633, Legislative Office Building, 455-5565; district offices: 21 Bay St., Suite 206, Glens Falls, 12801; phone: 792-4546; P.O. Box 217, Elizabethtown, NY 12932; phone: 873-3803.

James Tedisco, R-Schenectady, Room 521, Legislative Office Bldg., Albany, 455-5811; district office: 12 Jay St., Schenectady, 370-2812; tediscj@assembly.state.ny.us.

Paul Tonko, D-Amsterdam, Room 713, Legislative Office Bldg., 455-5197; district office: Guy Park Manor, 366 W. Main St., Amsterdam, 843-0227; e-mail: tonkop@assembly.state.ny.us.

Marc W. Butler, R-Newport, Room 318, Legislative Office Bldg., 455-5393; district offices: 41 E. Main St., Johnstown, 762-6486; Suite 101, 235 N. Prospect St., Herkimer, 315-866-1632; e-mail: butlerm@assembly.state.ny.us.

### STATE SENATORS

Majority Leader Joseph L. Bruno, R-Brunswick, Room 909, Legislative Office Bldg., 455-3191; district office: 368 Broadway, Saratoga Springs, 583-1001; e-mail: bruno@senate.state.ny.us.

Hugh T. Farley, R-Niskayuna, Room 412, Legislative Office Bldg., 455-2181; District offices: 2430 Riverfront Center, Amsterdam, 843-2188, 33-41 E. Main St., Johnstown, 762-3733; e-mail: farley@senate.state.ny.us.

Neil Breslin, D-Delmar, New York State Capitol, Room 414, Albany 12247; 455-2225; no district office; e-mail: breslin@senate.state.ny.us.

## Reval

(From Page 1)

a major increase in taxes owed. The town's overall assessed value has gone from \$1.3 billion to \$3.1 billion, but the overall tax rate will be from \$20 to \$22 per \$1,000 of assessed value. That means that the taxes owed by a property will likely remain close to what they were.

"There are some properties where the taxes owed will go up significantly," he said. "Many people express fear that they will not be able to afford them, which is a pretty standard complaint."

Estimated tax impacts are based on 2005 tax levies, and the

current tax levies will not be known until the September school tax bill and the January property tax bills are calculated.

Informal reviews are being held throughout the month of March and April. Egan recommended providing proof or support for claims that a mistake was made with the assessment.

Property values are determined by comparable sales data and by proper comparisons of homes, such as the number of bathrooms or bedrooms, and what condition they are in. Values are assigned based on that review.

The formal grievance process begins in May, and several days have been set aside to hear formal complaints.

## Grade

(From Page 1)

picions. Originally it was thought the questions were familiar because they were taken from a test preparation book.

The photocopying was thought to have happened last May, after the field tests were given. The state issues field tests to test the questions on children and determine which will be used in future tests.

Results from the 91 third grade students who took the test will be negated. There will be no re-test.

School officials questioned seven teachers, and Superintendent Les Loomis is sure that all teachers are innocent of the breach.

"After questioning, we feel that the teachers are being truthful," he said. "It is clear that none of the teachers who used the test in last month's preparation knew about it."

Loomis and other school officials still do not know the identity of the person who photocopied the field test, which is in direct violation of the State

Education Department.

Others who may have had access to the test include teacher aides and other support staff, but right now, Loomis said school officials are not pointing fingers at anyone.

"We just don't have an answer at this point," he said. "But we will continue to investigate."

Loomis stressed that the state

## Access

(From Page 1)

Citizens Advisory Committee on Conservation, a voluntary citizens group set up as part of the comprehensive plan, has received its first tasks. Two of the assigned tasks are identifying funding for open space, and reporting the committee's findings to the town board and working on the integrated trail network in Slingerlands.

"Their job is to research and make recommendations to the town board," said Leveille.

Although there is no official timeline, Leveille said he expects the committee to have some preliminary recommendations in the next six to nine months.

**"After questioning, we feel that the teachers are being truthful. It is clear that none of the teachers who used the test in last month's preparation knew about it."**

Les Loomis

tests are only one factor in assessing student progress, and the students who took the tainted test will not be penalized in any way, nor was their work preparing for the test for nothing, since the skills need to be learned.

It is possible, however, that the district will be penalized. Under No Child Left Behind, schools must have a certain level of passing students.

Also, Loomis said, it casts doubts of the integrity of the district.

"It's embarrassing, it should not have occurred, and it will never happen again," he said.

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# Milestones *in the* Spotlight



Patrick Davis and Alexis Seefeldt

## Seefeldt, Davis engaged

Alexis Seefeldt, daughter of Juergen and Kate Seefeldt of Mifflinburg, Pa., and Patrick Davis, son of Robert and Eileen Davis of Delmar, are engaged to be married.

The bride-to-be is a graduate of the United States Military Academy, West Point.

She is a first lieutenant, transportation platoon leader in the 3rd Infantry Division in the

Army at Fort Stewart, Ga.

The groom is a graduate of Bethlehem Central High School and the United States Military Academy, West Point.

He is a first lieutenant, Cavalry scout platoon leader in the 3rd Infantry Division in the US Army in Fort Stewart, Ga.

The couple plans a Sept. 2 wedding.



Brian Tangorre and Beth Scott

## Scott, Tangorre engaged

Beth Audrey Scott, daughter of Bruce and Bonita Scott of Delmar, and Brian Robert Tangorre, son of Robert and Susan Tangorre of Delmar, are engaged to be married.

The bride-to-be is a graduate of Bethlehem Central High School, the University of Richmond, and Boston University.

She is an elementary school teacher for the Guilderland School District.

The future groom is a graduate of Bethlehem Central High School.

He is currently serving in the Army National Guard.

The couple plans a July 2007 wedding.

## Dean's List

**Skidmore College**  
Althea Koburger of Delmar.

**Lafayette College**  
Arno Alarcon of Delmar.

**Syracuse University**  
Arielle Worong of Slingerlands.

**Russell Sage College**  
Jessica Hall of Selkirk.

**Maria College**  
Kathleen McClary of Ravena.  
Thomas Buckley and Jena Hallenback of Voorheesville.

**Binghamton University**  
Zachary Frone of Selkirk.

**Bentley College**  
Samantha Feinberg and Lilach Epstein, both of Delmar.  
Danial Maura of Feura Bush.  
Reid Prinzo of Glenmont.  
Jocelyn Lescarbeau of Slingerlands.  
Crystal Cave of Voorheesville.

**Grinnell College**  
Stephanie Fried of Voorheesville.

**SUNY Oswego**  
Lisa Moskowitz of Delmar.

**Paul Smith's College**  
Sharon Curtis and Brendan Jackson of Delmar.  
Michael Sullivan of Voorheesville.

**Northeastern University**  
Leanne Fortune of Delmar.  
Lauren Katz of Glenmont.  
Katherine Kennedy, Nicole Byrne, Megan Patrick, and Liza Sabine-Mathos, all of Slingerlands.

**Russell Sage College**  
Kerilee Powers of Scotia.

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**SLINGERLANDS FIRE DISTRICT RESIDENTS**

**NOTICE OF MEETING MARCH 22, 2006**  
The Fire District will hold an informational meeting to discuss the replacement of the current Rescue truck. The existing Rescue truck is 16 years old. Plans for the replacement vehicle and Budgeting will be displayed and explained.  
All interested residents are invited to attend. The meeting will be held at Fire House #1 located at 1520 New Scotland Road in Slingerlands.  
David W. Eck, Chairman Board of Fire Commissioners  
Jason M. Tice, Chief Slingerlands Fire Department

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# Milestones *in the* Spotlight



Meredith Anne Moriarty and Eric Peter Sugar

## Moriarty, Sugar engaged

Meredith Anne Moriarty, daughter of Mr. and Mrs. Daniel G. Moriarty of Voorheesville, and Eric Peter Sugar, son of Mr. and Mrs. Joseph J. Sugar of Jacksonville, Ala., and formerly of Oswego, are engaged to be married.

The bride-to-be is a graduate of Bethlehem Central High School, William Smith College and Albany Law School. She is an associate at Cahill, Gordon and Reindel in Manhattan.

The future groom is a graduate of Oswego High School, Oswego State University and Albany Law School. He is assistant corporation counsel for the New York City Law Department.

A fall 2006 wedding is planned.



Julie and George Fincke

## Finckes celebrate 60th anniversary

George and Julie Fincke of Van Wies Point Road in Glenmont celebrated their 60th wedding anniversary with family in December at Jack's Oyster House in Albany.

The couple were married on Dec. 29, 1945 in St. Patrick's Church in Albany.

They had one daughter, Dorothy Elizabeth, who died at childbirth.

The couple owned and

operated the largest accident and health insurance brokerage agency in upstate New York for 47 years until their retirement in 1983. The Finckes vacation in Hawaii at their second home for the months of February and March.

In their own words, the couple has "lived 60 spectacular years together to the fullest with love, zest, dignity, unparalleled energy, and most of all their love for God, family and friends."

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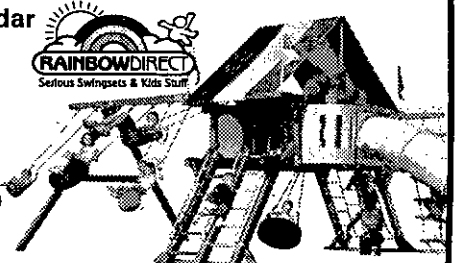
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# Milestones *in the* Spotlight

## Kelly, Engels wed

Amanda Kelly, daughter of Jim and Barbara Kelly of Delmar, and Robert Engels, son of Doug and Ellen Engels of Saratoga, were married June 18.

The ceremony was performed by the Rev. James Walsh at St. Thomas the Apostle Church in Delmar.

A reception followed at The Crowne Plaza in Albany.

The maid of honor was Susannah Kelly, sister of the bride. Bridesmaids were Martha Kelly, sister of the bride, Liz Kelly, cousin of the bride, and Katie Gleeson, cousin of the bride.

The best man was Bill Engels, brother of the groom. Groomsmen were Matthew Kelly, brother of the bride, Patrick Crea, and Mark Scopinich.

After a honeymoon to Bermuda, the couple resides in Delmar.



Robert Engels and Amanda Kelly



Sarah Bess Stiglmeier and Paul McNeeley

## Stiglmeier, McNeeley marry

Sarah Bess Stiglmeier, daughter of Gary and Mary Stiglmeier of Albany and Barbara Stiglmeier of Glenmont, and Paul McNeeley, son of Kevin and Marcia McNeeley of Columbia, Md., were married Oct. 29.

The ceremony was performed by the Rev. James Lefebvre at St. Mary's Church in Albany.

A reception followed at Wolferts Roost Country Club in Albany.

The maid of honor was Nicole Roth. Bridesmaids were Emily Smith, Meg Loester, Kelly Fennel, Tara Burgess, Carine Abdelnair, Jen Christian, Katie Stiglmeier, and Alex McNeeley.

The flower girl was Falon McNeeley.

The best man was Jarrod Moreland. Groomsmen were Matt McNeeley, Tait Arend, Kirk McNeeley, Brian Ott, Wes Lyons, Randy Ziobro, Greg Stiglmeier, Jordan McNeeley and Joey Stiglmeier.

The bride is a graduate of Bethlehem Central High School and Boston College. She is a member relations manager for Boston Chamber of Commerce in Boston.

The groom is a graduate of Loyola College. He is the assistant director of Harvard Varsity Club at Harvard University in Boston.

After a honeymoon to Aruba, the couple resides in Boston.

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# Entertainment *in the* Spotlight

By JIM CUOZZO

Life does go on after St. Patrick's Day, but it may not be as much fun. Capital District residents are lucky to have The McKrells and Hair of the Dog, two homegrown music groups that perform almost nonstop in this area in the weeks before and after March 17.

"It's nice because more people come out on St. Patrick's Day and it makes you feel good about all the performances and all the work you did in the past year," said Rick Bedrosian, leader of Hair of the Dog.

"We're busy year-round but it's a little crazier this time of year," said Kevin McKrell, founder and lead singer/songwriter of the McKrells.

Bluegrass is the McKrells specialty for 345 days out of the year, until Kevin McKrell pulls out the list of now-famous Irish songs he wrote over the years to perform with the band during the month of March.

"I'm lucky to get to write songs people like to cover," McKrell said.



Songs of the season: The McKrells, left, and Hair of the Dog, below, are local musicians who make the soundtrack of the Capital District an Irish one in the coming week.

## homegrown celtic

This week offers plenty o' chances to enjoy two favorite local Irish bands

Hair of the Dog is known for playing everything from Celtic and rock to folk and bluegrass. They will be livening up area venues over the next few weeks.

"We've been around for 14 years so we have longevity," Bedrosian said. "It's very unusual for a band to stay together as long

as we have, and people enjoy the quality of our product."

Bedrosian said famous Irish bands like The Clancy Brothers and The Furies are no longer around, and he feels Hair of the Dog is up to the task of keeping Irish music alive and well.

"We are the next generation of that kind of music," Bedrosian said.

Bedrosian often performs with the McKrells, and played with Kevin McKrell when they were

members of The Donnybrook Band years ago. Hair of the Dog records many of the songs Kevin McKrell writes.

In addition to his music, Kevin McKrell has developed into a well-known portrait artist. His works can currently be seen at the Iron Spring Gallery in Ballston Spa, and the Dakota Ridge Gallery in Philadelphia.

As if performing and painting were not enough to keep most people busy, McKrell also hosts

trips to Ireland, Scotland, and Italy that people can book.

"I'm lucky," said McKrell who sometimes travels to the west coast of Ireland to spend time writing songs and painting in a cottage by the sea.

McKrell credits members Chris Leske and Craig Vance for the band's success and says they are world-class players.

"We all met in Saratoga at The Parting Glass," McKrell said. "I was bartending, Chris was in the kitchen and Craig was doing some handywork outside."

The band's success includes several music awards and successful CDs with the latest just out in February, a "best of the McKrells" selection.

Bedrosian said the change that marked Hair of the Dog's success as a band was when Bedrosian made a trip to Nashville to meet and record with many of the great artists of our generation, including Stevie Ray Vaughan and Marshal Crenshaw.

"It was like going to graduate school; it was a great experience for me," said Bedrosian.

As for St. Patrick's Day, the McKrells will be at the Parting Glass all day and Hair of the Dog will be performing at the Revolution Hall in Troy. Other performance dates by both groups in March are listed.

### Hair of the Dog

- Friday, March 17, Revolution Hall, Troy, 9 p.m.
- Saturday, March 18, Parting Glass, Saratoga Springs, 9:30 p.m.
- Friday, March 24, McGeary's, Albany, 9:30 p.m.
- March 25, St. Madeleine Sophie Church, Schenectady 7p.m.

### McKrells

- Thursday, March 16, The Van Dyck, Schenectady
- Friday, March 17, the Parting Glass, Saratoga Springs, all day
- Saturday, March 18, Saratoga Gaming and Raceway, 2-5p.m.; Spa Little Theatre, Saratoga Spa State Park, 7 p.m.

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# Arts & Entertainment

## Theater

### BETRAYAL

Harold Pinter play, presented by Schenectady Civic Players, 12 S. Church St., Schenectady, through March 26, 8 p.m. Wednesdays through Saturdays, 2:30 p.m. Sundays, \$12. Information, 382-2081.

### THE DRAWER BOY

Play about a young actor who observes the lives of two farmers, presented by Curtain Call Theatre, 210 Old Loudon Road, Latham, through April 3, 8 p.m. Wednesdays through Saturdays, 2 p.m. Sundays, \$20. Information, 877-7529.

### KISS ME KATE

Modern musical adaptation of Shakespeare's "Taming of the Shrew," presented by Cohoes Music Hall, 58 Remsen St., Cohoes, \$17 to \$28. Information, 237-5858.

### NUMBER THE STARS

Play centering around Danish family helping Jews reach freedom during World War II, presented by New York State Theatre Institute, Schacht Fine Arts Center, Russell Sage College, Troy, through March 25. Information, 274-3256.

## Music

### ENGELBERT HUMPERDINCK

The crooner with the funny name, March 25, 8 p.m., Proctor's Theatre, Schenectady, \$19.75 to \$47.75. Information, 346-6204.

### ELIZA GILKYSON

Country-folk artist, March 30, 8 p.m., WAMC Performing Arts Center, Central Avenue, Albany, \$18. Information, 465-5233, ext. 4.

### KRIS KRISTOFFERSON

Singer-songwriter makes major comeback,

March 30, 8 p.m., The Egg, Empire State Plaza, Albany, \$24. Information, 473-1845.

### "LA GUITARA"

Featuring Patty Larkin, Sharon Isbin and Kaki King, April 1, 8 p.m., Troy Savings Bank Music Hall, Troy, \$25-28. Information, 273-0038.

## Comedy

### JIM GAFFIGAN

Mild-mannered comedian shares his insight about the world, March 25, 7 and 9:30 p.m., The Egg, Empire State Plaza, Albany, \$26.50. Information, 473-1845.

### BOB NEWHART

Droll comic legend, April 8, 8 p.m., Proctor's Theatre, Schenectady, \$19.75 to \$39.75. Information, 346-6204.

### TOMMY CHONG

One half of famous comic duo, April 8, 8 p.m., Palace Theatre, corner of Clinton Avenue and North Pearl Street, Albany, \$25-55. Information, 476-1000.

## Visual Arts

### NEW YORK STATE MUSEUM

"Miracles: New York's Greatest Sports Moments," through March 26. "Preserving Family History: the Heritage of an Albany County Family," through Dec. 31. Plus permanent collections on the 9/11 recovery effort, New York state history and geography, Empire State Plaza, Madison Avenue. Information, 474-5877.

### THE CLARK

"Pastels," featuring works by late 19th- and early 20th-century artists, through June 18; "The Clark: Celebrating 50 Years of Art in Nature" and "50 Favorites," through May 16, 2006; and other ongoing

exhibitions. Information, 413-458-0524.

### ALBANY CENTER GALLIERS

"Float On," a shard stained glass collection created by Jason Nickel, March 21 through April 15, Albany Public Library, 161 Washington Ave., Albany. Information, 462-4775.

### ALBANY INSTITUTE OF ART

"Excavating Egypt," an exhibit from University College in London, through June 4, plus exhibits on Hudson River School painting, American sculpture and the history of Albany, 125 Washington Ave. Information, 463-4478.

### SCHENECTADY MUSEUM

Oakroom Artists 50th Anniversary exhibit, through May 21, plus Spirit of Schenectady, collection highlights and planetarium, Nott Terrace Heights. Information, 382-7890.

### ALBANY AIRPORT GALLERY

"Saving Troy," a photographic exhibit coinciding with the book of the same name by William B. Patrick, plus site-specific installations by Larry Kagan and Cara Nigro, plus installations by Anthony Garner, Baris Karayazgan, Paul Katz, Nancy Klepsch and Victoria Palermo. Information, 242-2243.

### LOCAL COLOR ART GALLERY

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### NATIONAL MUSEUM OF DANCE

"Dancing Rebels," an exhibit about the New Dance Group, plus ongoing exhibits, 99 South Broadway, Saratoga Springs. Information, 584-2225.

### NATIONAL MUSEUM OF RACING AND HALL OF FAME

Ongoing exhibits, 191 Union Ave., Saratoga Springs. Information, 584-0400.

### NEW YORK STATE MILITARY MUSEUM

"New York's Fighting Zouaves," through October. "Battleground for Freedom: New York during the Revolutionary War," and "To the Standard: Civil War Cavalry Flags from the New York State Battle Flag Collection," ongoing, 61 Lake Ave., Saratoga Springs. Information, 581-5100.

### SARATOGA AUTOMOBILE MUSEUM

Ongoing exhibits including "East of Detroit" and New York racing, 110 Avenue of the Pines, Saratoga Springs. Information, 587-1935, ext. 20.

### TANG TEACHING MUSEUM AND GALLERY

"And Therefore I am," an exhibition about the world of human consciousness, through Sept. 10, Skidmore College, 815 North Broadway, Saratoga Springs. Information, 580-8080.

### THE HYDE COLLECTION

"Live, Love, Work: the Roycroft Legacy," through April 2, 161 Warren St., Glens Falls. Information, 792-1761.

## Call for Artists

### DELMAR COMMUNITY ORCHESTRA

Openings in the string, horn and percussion sections. Information, 439-7749.

### COLONIE TOWN BAND

Several openings, rehearsals on Mondays at 7:30 p.m. at town hall, Route 9, Newtonville. Information, 783-2760.

### COLONIE CENTENNIAL BRASS CHOIR

Openings for brass players, rehearsals on first Thursday and third Tuesday of the month, at 7:15 p.m., town hall, Route 9, Newtonville. Information, 783-2760.

### SUBURBAN SOUNDS COMMUNITY CHORUS

Openings in mixed chorus, rehearsals Sundays at 7 p.m. at Lynnwood Reformed Church, Route 146, Guilderland. Information, 861-8000.

### FRIENDSHIP SINGERS

Openings in women's singing group, focusing on old favorites and show tunes, rehearsals Tuesday mornings at Community United Methodist Church 1499 New Scotland Road, Slingerlands. Information, 439-2360.

### A CAPPELLA

New, informal, coed a cappella group in Delmar, for adults and teens 16 and older. Information, 439-0130.

### SIENA CHAMBER ORCHESTRA AND CHOIR

Rehearsals Thursdays at 7:30 p.m. for orchestra, Wednesdays at 6 p.m. for choir, Siena College, Route 9, Loudonville. Information, 783-2325.

### THE ORCHESTRA ON THE COMMON

Openings in the string section, also need French horn, trombone, flute and bass drum players, rehearsals Friday at 9 a.m., Shenendehowa Senior Center, Clifton Common, Clifton Park. Information, 372-5146.

### ELECTRIC CITY CHORUS

Male singing group, training provided, rehearsals at Faith United Methodist Church, Brandywine Avenue and Eastern Parkway, Schenectady, Tuesdays, 7:30 p.m. Information, 785-4807.

### RIVER VALLEY CHORUS

Sweet Adelines group, based in Scotia-Glenville area, rehearsals on Tuesdays, 7 to 9:30 p.m., call for

# Super Crossword

## IT'S ABOUT TIME

### ACROSS

- 1 Ring of light
- 5 Football players from New York
- 9 June honoree
- 12 Grant
- 16 Norway's patron saint
- 17 Actress Kate \_\_\_
- 19 Song for Sills
- 20 Spanish flowers
- 21 551 B.C. event
- 24 Saw
- 25 Rumps
- 26 Calls, old-style
- 27 Item for baby
- 28 Sea creatures
- 29 Gemstone
- 30 Pitch
- 31 Honey factory
- 34 Prefix for gram or logical
- 35 Fewer than one
- 36 Wyo.'s zone
- 39 372 A.D. event
- 43 \_\_\_ Hayworth
- 44 For that reason
- 45 Indignation
- 46 WWII area
- 47 Sea quacker
- 48 Period of time
- 49 1249 A.D. event
- 54 Policeman's title: abbr.
- 55 Electromotive force unit
- 56 Liner's milieu
- 57 Stretch of lowlands
- 58 Fixes a squeaky door
- 59 Primp
- 60 Part of a tree
- 61 Girl's name: var.
- 64 U.S. Cabinet nominee Zoe
- 65 Make an incision
- 66 LAX arrival, once
- 69 1215 A.D. event
- 72 Actor James
- 73 Register
- 74 Half of CCIV
- 75 John, in Scotland
- 76 Actor's award
- 77 Dill herb
- 78 1644 A.D. event
- 84 Turncoat
- 85 Cal's neighbor
- 86 Ms. Barrett

- 87 Roll \_\_\_ red carpet
- 88 Races the engine
- 89 Ericson and others
- 90 Ditty
- 91 In a despicable way
- 94 \_\_\_ double take; looks again
- 95 Unnamed ones
- 99 Ring-shaped island
- 100 1961 A.D. event
- 102 At the present time
- 103 Knox, for one
- 104 Traffic sign
- 105 Edmonton's prov.
- 106 Advice from Bob Barker
- 107 Cook in oil
- 108 Lucie's pop
- 109 In order

### DOWN

- 1 Pawn
- 2 \_\_\_ vera
- 3 Path
- 4 Summer, at a ski resort
- 5 Girl's name

- 6 Kuwaiti leaders
- 7 Fraternity letters
- 8 Yrbk. section
- 9 Wryly amusing
- 10 Haughtiness
- 11 Rafter
- 12 Ending passages, in music
- 13 Quickly, for short
- 14 Hit the ceiling
- 15 French/Belgian river
- 18 \_\_\_-camp
- 19 On \_\_\_; near the Mississippi
- Delta, e.g.
- 20 Elevate
- 22 Wombs
- 23 "Yes \_\_\_!"
- 27 Completed
- 29 Senator from Delaware
- 30 "\_\_\_ the morning to you!"
- 31 Leading
- 32 Thick soup
- 33 Bar of gold
- 35 "\_\_\_ your life!"
- 36 Woman's analgesic
- 37 Cubic meter

- 38 Not punctual
- 40 Six-stringers of old
- 41 In \_\_\_; mired
- 42 1981-85 Secretary of the Treasury
- 43 Weapon
- 47 Glorify
- 49 \_\_\_ acid; source of Vitamin B
- 50 Andrea \_\_\_
- 51 Cake decorators
- 52 "\_\_\_ say more?"
- 53 Egg-shaped
- 55 Like the chicken-pox
- 58 Whether \_\_\_
- 59 Courtyard
- 60 Mixer speed
- 61 Malign
- 62 \_\_\_-Barbera; cartoon production outfit
- 63 White-plumed bird
- 64 Honeymooner
- 65 Obstacle
- 66 Beer maker
- 67 Speaketh
- 68 "...for \_\_\_, a tooth

- for..."
- 70 Skin woes
- 71 Lollobrigida and others
- 72 Teflon-\_\_\_; easy-to-clean container
- 78 Covetousness
- 79 Least restricted
- 80 Damp
- 81 Dishonor
- 82 We
- 83 Former Senator Sam \_\_\_ and family
- 85 Gene or Grace
- 88 Receive & pass on
- 89 Sideless wagon
- 90 Slaves
- 91 Night creatures
- 92 On
- 93 Pop
- 94 Christian \_\_\_
- 95 Large knife
- 96 Business transaction
- 97 Numerical prefix
- 98 Chair
- 100 Non-passer's marks
- 101 First \_\_\_

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| 106 |    |    |    |    |   |   |   | 107 |    |    |    | 108 |    | 109 |

### DOUBLE TAKE

By Mark Szorady

Find at Least Seven Differences Between Cartoons!

ANSWERS: 1. SHIRT STRIPES DIFFERENT 2. BIRD HAIR DIFFERENT 3. GLASSES STEM MISSING 4. MAIL BOX FLAG MOVED 5. LETTER MISSING 6. WORD BALLOON DIFFERENT 7. CLOUD SMALLER

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# Calendar of Events *in the* Spotlight

## Wednesday, March 15

**BETHLEHEM**  
**BOARD OF APPEALS**  
Public hearing, Bethlehem board of appeals, on application of Thomas and Laura Paonessa at the town offices, 445 Delaware Ave., Delmar at 7:30, 7:45 and 8 p.m.

**DELMAH ROTARY**  
Normanside Country Club, 7:30 a.m. Information, 767-2930.

**PLAYGROUP MEETING**  
First United Methodist Church playgroups will meet from 10:30 to noon in the nursery. Playgroup provides opportunity for child caretakers and pre-nursery school age children to socialize in a relaxed atmosphere. Information, call 439-9976, ext. 228.

**MOTHERS OF PRESCHOOLERS (MOPS)**  
Christian fellowship group for mothers of preschool children, at the Delmar Reformed Church, 386 Delaware Ave., nursery care provided, 9:30 a.m. until 11:30 a.m., information, call Jennifer at 439-9929 or e-mail, [info@drchurch.org](mailto:info@drchurch.org).

**YOUTH EMPLOYMENT SERVICES**  
Parks and Recreation Office, Elm Avenue Park, 2-5:30 p.m. Information, 439-0503.

**BETHLEHEM LIONS CLUB**  
Normanside Country Club, Delmar, 7 p.m. Information, 439-4857.

**ALZHEIMER'S SUPPORT GROUP**  
Northeast NY Alzheimer's Association meetings for families, caregivers, and friends; Delmar Presbyterian Church, 585 Delaware Ave., 7 p.m.

**SOLID ROCK CHURCH**  
1 Kenwood Ave., evening prayer and Bible study, 7 p.m. Information, 439-4314.

**CHENREZIG PRACTICE AND MEDITATION**  
Meditation on the Bodhisattva of Compassion, at the KTC Buddhist Center, Doane Stuart School, Route 9W, Albany, 7 p.m., information, 374-1792.

**ZONING BOARD OF APPEALS**  
Bethlehem Town Hall, 445 Delaware Ave., Delmar, 7:30 p.m. Information, 439-4955.

**BINGO**  
Blanchard American Legion Post, 16 Poplar Drive, 7:30 p.m. Information, 439-9819.

**BOY SCOUT TROOP 58**  
Elsmere Elementary School, 247 Delaware Ave., 7:30 to 9 p.m.

**BC SCHOOL BOARD**  
district office, 90 Adams Place, 7 p.m. Information, 439-7098.

**BETHLEHEM ELKS LODGE 2233**  
1016 River Road (Route 144), Cedar Hill, 8 p.m. Information, 767-2886.

**HEALING TESTIMONY MEETING**  
First Church of Christ, Scientist, 555 Delaware Ave., 7:30 p.m. Information, 439-2512.

**NEW SCOTLAND**  
**FAITH TEMPLE**  
Bible study, New Salem, 7:30 p.m. Information, 765-2870.

**PRAYER MEETING**  
evening prayer meeting and Bible study, Mountainview Evangelical Free Church, Route 155, 7:30 p.m. Information, 765-3390.

**NEW SCOTLAND SENIORS**  
Wyman Osterhout Community Center, New Salem, call for time. Information, 765-2109.

**AA MEETING**  
First United Methodist Church of Voorheesville, 68 Maple St., 8 p.m.

## Thursday, March 16

**BETHLEHEM**  
**BETHLEHEM SENIOR CITIZENS**  
Bethlehem Town Hall, 445 Delaware Ave., 12:30 p.m. Information, 439-4955.

**FREE HEALTH LECTURES**  
Dr. Ron Stram and staff offer free health lectures every third Thursday of each month. All events at the Center for Integrative Health and Healing, 7:30 p.m. Registration recommended. Information and topics, call 689-2244 or visit [www.cihh.net](http://www.cihh.net)

**BETHLEHEM ART ASSOCIATION**  
Delmar Presbyterian Church, 585 Delaware Ave., 7:30 p.m., information, 439-3948.

**ADULT BIBLE STUDY**  
First Reformed Church of Bethlehem, 7 p.m., Route 9W, Selkirk. Information, 767-2243.

**BETHLEHEM LUTHERAN**  
children's choir, 6:15 p.m., senior choir, 7 p.m., 85 Elm Ave. Information, 439-4328.

**AA MEETINGS**  
Slingerlands Community Church, 1499 New Scotland Road, noon, and Delmar Reformed Church, 386 Delaware Ave., 8:30 p.m.

**NEW SCOTLAND**  
**V'VILLE LIBRARY**  
Lifeline prose writers support group at 7 p.m. New or experienced writers welcome. No signup necessary.

**THE CLOTHING CLOSET**  
A service supported by area Reformed churches to provide clothing to those in need; volunteers welcome. Clarksville Reformed Church, Route 443, Clarksville, 8:30-11:30 a.m. and 4-7 p.m. Information, 768-2916 or 439-5400.

**NEW SCOTLAND KIWANIS CLUB**  
New Scotland Presbyterian Church, Route 85, 7 p.m.

## Friday, March 17

**BETHLEHEM**  
**AA MEETING**  
First Reformed Church of Bethlehem,

Route 9W, 7:30 p.m.

**CHABAD CENTER**  
Friday services, discussion and kiddush at sunset, 109 Elsmere Ave. Information, 439-8280.

**NEW SCOTLAND**  
**V'VILLE LIBRARY**  
Book Chatters middle school girls book discussion at 10 a.m. with librarian Joyce Laiosa. Signup necessary.

**V'VILLE LIBRARY**  
Science Time: A Cook's Club Food Experience for grades 2-5 at 1 p.m. Signup necessary.

**PIONEER CLUBS**  
For children grades 1 through junior high; Mountainview Evangelical Free Church, Route 155, 3:45 - 5 p.m. Information, 765-3390.

**YOUTH GROUP MEETINGS**  
United Pentecostal Church, Route 85, New Salem, 7 p.m. Information, 765-4410.

## Saturday, March 18

**BETHLEHEM**

**AA MEETING**  
Bethlehem Lutheran Church, 85 Elm Ave., 7:30 p.m.

## Sunday, March 19

**BETHLEHEM**  
**AA MEETING**  
Bethlehem Lutheran Church, 85 Elm Ave., 7:30 p.m.

**BETHLEHEM**

**WORSHIP INFORMATION**  
*Bethlehem Community Church*, 201 Elm Ave., 439-3135.  
*Bethlehem Congregation of Jehovah's Witnesses*, Elm Avenue and Feura Bush Road, 439-0358.  
*Bethlehem Lutheran Church*, 85 Elm Ave., 439-4328.  
*Delmar Full Gospel Church*, 292 Elsmere Ave., 439-4407.  
*Delmar Presbyterian Church*, 585 Delaware Ave., 439-9252.  
*Delmar Reformed Church*, 386 Delaware Ave., 439-9929.  
*Family of God Nazarene Church*, Krumkill Road at Blessing Road, North Bethlehem, 453-9953.  
*First Church of Christ, Scientist*, 555 Delaware Ave., 439-2512.  
*First Reformed Church of Bethlehem*, Route 9W, Selkirk, 767-2243.  
*First United Methodist Church of Delmar*, 428 Kenwood Ave., 439-9976.  
*Glenmont Community Church*, 1 Chapel Lane, Glenmont, 436-7710.  
*Gospel Fellowship*, 10 Rockefeller Road, Delmar, 482-2132.  
*King's Chapel*, 434 Route 9W, Glenmont, 426-9955.  
*KTC Buddhist Center*, Doane Stuart School, Route 9W, Albany, 10 a.m. meditation, 11 a.m. tea, 11:30 a.m. study course, 374-1792.  
*Mount Moriah Ministries*, Route 9W, Glenmont, 426-4510.  
*Slingerlands Community UMC*, 1499 New

Scotland Road, 439-1766.  
*Solid Rock Church*, 1 Kenwood Ave., Glenmont, 439-4314.  
*South Bethlehem United Methodist Church*, 65 Willowbrook Ave., 767-9953.  
*St. Michael's Shrine*, Beacon Road at Route 9W, Glenmont, 462-2016.  
*St. Stephen's Episcopal Church*, Poplar Drive and Elsmere Avenue, Delmar, 439-3265.  
*St. Thomas The Apostle Church*, 35 Adams Place, Delmar, 439-4951.  
*Unity of Faith Christian Fellowship*, 436 Krumkill Road, North Bethlehem, 438-7740.

**NEW SCOTLAND**  
**WORSHIP INFORMATION**

*All Nation's Baptist Church*, 2558 Western Ave., Guilderland, 475-9086, ESL and Bible classes, 9 a.m.; Worship Services, 10 a.m.  
*Clarksville Community Church*, Route 443, 768-2916.  
*Family Worship Center*, 92 Lower Copeland Hill Road, Feura Bush, 768-2021.  
*Faith Temple*, New Salem, 765-2870.  
*First United Methodist Church*, 68 Maple Ave., Voorheesville, 765-2895.  
*Jerusalem Reformed Church*, Route 32, Feura Bush, 439-0548.  
*Mountainview Evangelical Free Church*, Route 155, Voorheesville, 765-3390.  
*Onesquethaw Reformed Church*, Tarrytown Road, Feura Bush, 768-2133.  
*New Scotland Presbyterian Church*, Route 85, 439-6454.  
*St. Matthew's Church*, Mountain View Road, Voorheesville, 765-2805.  
*Unionville Reformed Church*, Delaware Turnpike, 439-5001.  
*United Pentecostal Church*, Route 85, New Salem, 765-4410.

**NEW SCOTLAND**  
**LEGION BREAKFAST**

The Voorheesville American Legion Post 1493 is sponsoring a Legion Breakfast from 8 a.m. to noon. Eggs, French toast, bacon and sausage, home fries, coffee, tea, milk and more. Adults \$6, children \$3.50, children under 5 free.

## Monday, March 20

**BETHLEHEM**

**PEACE VIGIL**  
Bethlehem Neighbors For Peace, weekly peace vigil, Four Corners intersection, Delmar, 5-6 p.m., information, 439-1968.

**YOUTH EMPLOYMENT SERVICES**  
Parks and Recreation Office, Elm Avenue Park, 2-5:30 p.m. Also Wed. 2-5:30 p.m. Information, 439-0503.

**DELMAR KIWANIS**  
Toot's Family Restaurant, Delaware Avenue, 6:15 p.m. Information, 439-2437 or 439-6952.

**CLASS IN JEWISH MYSTICISM**  
Delmar Chabad Center, 109 Elsmere Ave., 7 p.m. Information, 439-8280.

**INDOOR PISTOL SHOOTING**  
Albany County Pistol Club, Winne Place, 7 to 9 p.m. Also Tuesday. Information, 439-0057.

**DELMAR COMMUNITY ORCHESTRA**  
Rehearsal, Bethlehem Town Hall, 445

Delaware Ave., 7:30 p.m. Information, 439-7749.

**ROYAL ARCH MASONS**  
Temple Chapter No. 5: Masonic Temple, 421 Kenwood Ave.

**AA MEETING**  
Bethlehem Lutheran Church, 85 Elm Ave., 8:30 p.m.

**NEW SCOTLAND**  
**LIBRARY BOARD**  
Every third Monday, Voorheesville Public Library, 51 School Road, 7 p.m. Information, 765-2791.

**QUARTET REHEARSAL**  
United Pentecostal Church, Route 85, New Salem, 7:15 p.m. Information, 765-4410.

**SELKIRK**

**BOARD OF FIRE COMMISSIONERS**  
Monthly meeting, 7 p.m. Information, 465-3193.

## Tuesday, March 21

**BETHLEHEM**

**TREASURE COVE THRIFT SHOP**  
First United Methodist Church, 428 Kenwood Ave., 10 a.m. to 6 p.m. Gently used brand name clothing and accessories at very low prices.

**PRAYER MEETING**  
At Gospel Fellowship, 7 p.m., 10 Rockefeller Rd., Delmar, beneath Normans Kill bridge, information 482-2132.

**PLANNING BOARD**  
Bethlehem Town Hall, 445 Delaware Ave., 7:30 p.m. Information, 439-4955.

**BINGO**  
at the Bethlehem Elks Lodge, Route 144, 7:30 p.m.

**ONESQUETHAU LODGE 1096 F&M**  
Masonic Temple, 421 Kenwood Ave.

**NEW SCOTLAND**

**V'VILLE LIBRARY**  
Learning Problem Solving for parents at 7 p.m. Signup necessary.

**PRESCHOOL STORY TIME**  
Weekly at Voorheesville Public Library, 51 School Road, 10:15 a.m. Information, 765-2791.

**NIMBLEFINGERS/QUILTERS**  
Voorheesville Public Library, 51 School Road, 1 to 3 p.m. Information, 765-2791.

**VOORHEESVILLE PTA**  
Elementary school cafeteria, 7:30 p.m. Information, 765-3644.

## Wednesday, March 22

**BETHLEHEM**

**DELMAH ROTARY**  
Normanside Country Club, 7:30 a.m. In-

formation, 767-2930.

**PLAYGROUP MEETING**  
First United Methodist Church playgroups will meet from 10:30 to noon in the nursery. Playgroup provides opportunity for child caretakers and pre-nursery school age children to socialize in a relaxed atmosphere. Information, call 439-9976, ext. 228.

**MOTHERS OF PRESCHOOLERS (MOPS)**  
Christian fellowship group for mothers of preschool children, at the Delmar Reformed Church, 386 Delaware Ave., nursery care provided, 9:30 a.m. until 11:30 a.m., information, call Jennifer at 439-9929 or e-mail, [info@drchurch.org](mailto:info@drchurch.org).

**YOUTH EMPLOYMENT SERVICES**  
Parks and Recreation Office, Elm Avenue Park, 2-5:30 p.m. Information, 439-0503.

**SOLID ROCK CHURCH**  
1 Kenwood Ave., evening prayer and Bible study, 7 p.m. Information, 439-4314.

**CHENREZIG PRACTICE AND MEDITATION**  
Meditation on the Bodhisattva of Compassion, at the KTC Buddhist Center, Doane Stuart School, Route 9W, Albany, 7 p.m., information, 374-1792.

**TOWN BOARD**  
Bethlehem Town Hall, 445 Delaware Ave., 5:30 p.m. Information, 439-4955.

**BETHLEHEM TOASTMASTERS**  
The Clubhouse, Adams Station Apts., 1 Juniper Drive, Delmar, 7:30 p.m. Information, 439-0871.

**BINGO**  
Blanchard American Legion Post, 16 Poplar Drive, 7:30 p.m. Information, 439-9819.

**BOY SCOUT TROOP 58**  
Elsmere Elementary School, 247 Delaware Ave., 7:30 to 9 p.m.

**HEALING TESTIMONY MEETING**  
First Church of Christ, Scientist, 555 Delaware Ave., 7:30 p.m. Information, 439-2512.

**NEW SCOTLAND**

**V'VILLE LIBRARY**  
Guys Read, Too, book discussion for boys in grades 4-6 with a male friend or relative at 7 p.m. Signup necessary.

**FAITH TEMPLE**  
Bible study, New Salem, 7:30 p.m. Information, 765-2870.

**PRAYER MEETING**  
evening prayer meeting and Bible study, Mountainview Evangelical Free Church, Route 155, 7:30 p.m. Information, 765-3390.

**NEW SCOTLAND SENIORS**  
Wyman Osterhout Community Center, New Salem, call for time. Information, 765-2109.

**AA MEETING**  
First United Methodist Church of Voorheesville, 68 Maple St., 8 p.m.

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- Bathroom Exhaust Fans
- Garden Lighting
- Security Lighting
- AC Circuits
- Recessed (RH) Lighting
- Roof/Gutter Heaters
- Attic/Whole House Fans
- Doorbells
- Telephone, Computer & Cable Wiring
- Lamps Repaired/Revised

Service Calls & Repairs

All Phone Calls Returned  
Call **475-1491**

**GRAVES ELECTRICAL CONTRACTING**  
Over 20 Years Experience - Licensed & Insured  
**439-0352 • 424-7224**

Don't let these little ads fool you!  
They can really work for your business.  
Call **439-4940**

**ELECTRICIAN**

**JPELECTRIC**  
LICENSED & INSURED FOR YOUR SAFETY  
FREE ESTIMATES  
Joe Install-Service (518)-858-8091 Repair

**FENCES**

**T. Mullaney Contracting Decks & Fences**  
• New/Repairs  
• All Types  
• Built to Suit  
• Local References  
• Free Estimates  
**439-2833 or 378-8760**

**FIREWOOD**

**426-WOOD.com (9663)**  
Dry • Cut • Split  
"PREMIUM WOOD FROM A PREMIUM WOOD SERVICE"  
(Includes Pallet & Cover)

- Free Delivery
- Cords/ Face Cords
- Stacking Available

Wood Heat - For Home Warmth

**FURNITURE REPAIR**

**EXPERT CHAIR GLUING**  
REPAIRS, CANING, FURNITURE REFINISHING & MORE

~ All work guaranteed ~  
Free Estimates and Pick-up for Capital District to Exit 10, Northway  
Call Anytime ~ 943-5205

**THE CHAIRMAN & FURNITURE COSMETICS**

Do you want to advertise with us?  
Call: **439-4940**

**GUTTERS**

**EMPIRE Seamless Gutters**  
Free Estimates/Fully Insured

- Heavy Gauge Aluminum
- Quality Workmanship
- Guaranteed Leak-free

Gutter Cleaning Available  
**SENIOR CITIZEN DISCOUNT**  
Call **432-3332**  
www.empireseamless.com  
Never clean your gutters again!  
FREE CLEANING & 10% off Gutter Tunnel with this ad for new or existing customers

Communicate to Our Readers

**Advertise in the Business Directory**

Call Today! **439-4940**

**HANDYMAN**

**Handyman - Plus**  
Painting, Repairs, Remodeling Inside and out. You name it!  
Plus...  
Estate Sales, moves, clean-outs  
References from your neighbors  
Richard Longley 439-5831

**LOCAL HANDYMAN**

- Kitchen & Bathroom Renovations
- Laminate Wood Flooring
- Tiling
- Sheetrocking
- Painting/Repairs
- Odd Jobs • Ceilings

adamaron@nycap.rr.com  
**669-4608**  
Free Estimates - Insured

**HOME IMPROVEMENT**

**Indian Ledge Builders**  
Home Improvement

- Kitchens
- Baths
- Decks

Renovations & Repairs  
**872-0654**

**VIKING HOME REPAIR & MAINTENANCE, LTD.**  
• Minor Repairs • Painting  
• Wall Repairs • Masonry • Carpentry  
• Gutter Cleaning • Electrical  
No Job Too Small 439-6863  
FREE ESTIMATES • FULLY INSURED

**ATTENTION CAPITAL AREA BUSINESSES**

**ADVERTISE WITH THE SPOTLIGHT!**  
Call: 439-4940

**Stephen E. Colfels**  
Carpentry Remodeling  
Kitchens & Bathrooms  
Painting  
Masonry

No Job Too Small  
Fully Insured Ceramic Tile  
**469-1973 or 732-3302**

FREE Estimates Insured  
**WM. STANNARD & SONS CONTRACTORS**  
768-2893 or 768-8307  
RD. 1 Delmar, N.Y. 12054  
Masonry and Carpentry  
New and Repairs  
Concrete - Block - Brick - Stone  
Roofing - Decks - Garages etc.

**MacKay Construction Specialties, Inc.**  
Build • Consult • Design  
-Fine Interior Woodwork-  
Custom Homes • Additions  
• Remodeling  
Ph/Fax (518) 797-5192  
Pager 435-3445  
www.mackayconstructionspecialties.com

**TIMBERLINE REMODELING**  
Roofing, Siding, Decks  
Windows & Doors  
Additions & Sunrooms  
**797-3855**  
**269-1690**

**Southwood Enterprises**  
• General Contracting  
• Remodeling  
• Repairs  
475-1340  
669-4552  
jmaricon@nycap.rr.com

**HOME IMPROVEMENT**

**GRANITE COUNTERTOP COMPANY LTD.**

144" x 60" x 24" x 25 1/2"

**\$3450 INSTALLED**

Free Brochure & Phone Estimates  
Open 7 Days 8 AM - 7 PM (518) 663-5143  
www.granitecountertopcompany.com

**HOT TUB & REPAIR**

**SPA WORKS**  
Hot Tub & Spa Repair  
Servicing all makes & models  
leak repair, electric repair, covers sales  
**DELMAR 253-6162**

**INTERIOR DESIGN**

Window Treatments  
Slip Covers & Cushions  
**Johan Interiors**  
785-1576  
Custom Sewing  
25 yrs experience 100% guaranteed

**LANDSCAPING**

**BOYD LANDSCAPING**

**Spring Cleanup!**  
**478 0232**

**BOYD LANDSCAPING**

**LOOKING TO BRING IN NEW CUSTOMERS?**

Call Spotlight/Newspapers at **439-4940** to place your ad today.

**HORTICULTURE UNLIMITED LANDSCAPING**  
PROFESSIONAL LANDSCAPE DESIGN & INSTALLATION

- Water Gardens
- Computer Aided Design
- Maintenance • Construction

Since 1977  
"WE DO THINGS RIGHT"  
**767-2004**  
www.hortunlimited.com  
Nursery Hours By Appointment

**LAWN CARE**

**JZT Professional Painting & Remodeling**

- Seasonal Mowing Program
- Spring and Fall Clean-ups
- Landscaping/Patios • Tree Shrub Trimming & Planting • Lawn Thatching • Aeration & Overseed
- Prompt Free Estimates

We're local—very local! JZT hopes to build a neighborhood following here in the Bethlehem, New Scotland area.  
Contact Michael Welton @ 689-0500

**Things Slowing Down At The Office?**

Give Us A Call at **439-4940** to place your ad in the Spotlight Newspapers **BUSINESS DIRECTORY**  
These LITTLE ads can make a BIG difference for your business.

**VISSAT LAWN CARE**

Spring Clean Up Specials

- Mowing, Mulching & More
- Discounts for New Customers!

**861-7003**  
**588-8061**  
"Customer Satisfaction Is Our Goal."

**PRO TECH AUTOMATIC LAWN SPRINKLERS**  
Since 1985

- SAVE TIME -
- SAVE MONEY -
- SAVE WATER -

- New Installs • Service
- Add On • Spring Opening
- Winter Closing

59 Exchange Street  
Albany, NY 12205  
ph **489-3260**  
fax **489-3418**  
www.protechlawnsprinklers.com  
service@protechlawnsprinklers

**Affordable Advertising**  
A Great Idea for Local Businesses

Call Spotlight/Newspapers at **439-4940** to place your ad today.

**Delmar Lawn Care**

- Lawn Mowing
- Spring Clean-ups
- Lawn Dethatching

Free Estimates Given Promptly  
Call now for prices  
**475-1419**

*a guide to services for your home* **Services** *in the* **Spotlight**

**MASONRY**

**RAND'S MASONRY**

- Chimney Repairs
- Block • Concrete
- Wet Basements
- Cultured Stone • Patios
- Basement Windows

**727-5400**  
**966-5758**

**PAINTING**

**Mike's Painting & Home Repairs**  
Interior/Exterior  
Residential & Commercial  
Rotterdam, NY  
Fully Insured/Free Estimates • Senior Discount  
**372-3609**

**PAINTING**

**Hennessey Painting**  
Interior/ Exterior  
Wallpaper/ Drywall  
Home Improvement  
Dave: 766-4161  
Free Estimates Fully Insured  
25 Years Experience

**PLUMBING**

**Your Local Plumber**  
Call: **Bob McDonald**  
Licensed Master Plumber • Fully Insured  
PLUMBING • HEATING  
HOME REPAIRS • NEW INSTALLATIONS  
"Serving the Community Since 1978"  
**756-2738**

**REMODELING**


**Conductive Electric & Remodeling**

"Handling all of your remodeling needs"  
Specializing in customer satisfaction  
Certified • Insured  
Free estimates  
**479-9393**  
chrish5301R@aol.com

**TREE SERVICES**

**Tree & Stump Removal**  
Tree Maintenance • Land Clearing  
Brush Hogging

**AAA Enterprising**  
Serving the Capital District & Surrounding Areas



Free Estimates • Fully Insured  
Residential • Commercial  
www.AAAEnterprisingTreeservice.com  
**872-2966 • 365-0878**

**GET YOUR BUSINESS NOTICED IN THE SPOTLIGHT NEWSPAPERS BUSINESS DIRECTORY**

**Communicate to Our Readers**

**Advertise in the Business Directory**

Call Today!  
**439-4940**

**PET SERVICES**

**DELMAR DOG BUTLER**  
Pet Waste Removal  
Weekly Service:  
\$10/week (one dog)  
\$15/week (two dogs)  
Free estimates for one-time clean-ups.  
Steve Relles, Owner • 229-2320

**ATTENTION CAPITAL AREA BUSINESSES**



**ADVERTISE WITH THE SPOTLIGHT!**

Call: **439-4940**

Call to place your ad today!  
**BUSINESS DIRECTORY**  
**439-4949**

**RECYCLE**

**PAINTING**

**MURRAY PAINTING**  
Free Estimates  
Interior & Exterior  
Residential • Commercial • Industrial  
If you count on quality count on us  
**439-4466**  
All Calls Returned • Fully Insured

**VOGEL**  
Painting Contractor  
Free Estimates  
• RESIDENTIAL SPECIALIST  
• WALLPAPER APPLIED  
Interior — Exterior **INSURED**  
**439-7922**

**Business Directory Advertising**

Call **439-4940**

**REMODELING**

**Best Choice**  
Painting & Remodeling  
Drywall & Taping, Wallpapering, Custom  
Carpentry & Trim, Windows, Doors,  
Kitchens, Baths, Additions & More  
15 Yrs. Exp • Free Estimates • Fully Insured  
**446-6132**

**TREE SERVICES**

**HASLAM TREE SERVICE**

- Complete Tree Removal
- Pruning • Cabling • Feeding
- Land Clearing
- Stump Removal
- Storm Damage Repair

FREE Estimates Jim Haslam  
Fully Insured Owner  
**439-9702**

**DJ Tree Service**  
Tree & Stump Removal  
17 years experience  
Free Estimates ~ Insured  
Call Jeff: **427-1590**

**Awesome Colours**  
Painting & Wallpaper  
Staining & Faux  
Quality Work, Reasonably Priced  
Fully Insured  
Contact Ruth or Perry  
**381-1809**

**WM H. ROTHER PAINTING**  
INTERIOR - EXTERIOR  
Fine Quality Workmanship  
INSURED • REFERENCES • FREE ESTIMATES  
**381-6618 364-2007**

**WMD Plumbing**  
Michael Dempf  
**475-0475**

**Building & Remodeling Home Repair**  
**518-432-1617**  
Glenmont, NY ~ Fully Insured

**TREE SERVICE**

- COMPLETE REMOVAL • TRIMMING
- BRUSH CLEARING • STUMP GRINDING
- GUTTER CLEANING

FREE ESTIMATES FULLY INSURED  
**OUTDOOR PROFESSIONALS**  
**295-8985**

**STUMP GRINDING**

**439-6377**  
Matt Denton

# Ring up more Sales!

When you call us and put our Services in the Spotlight ads to work for you!

*These little ads can make a BIG difference for your business!*

Call **439-4940** to place your ad today.

*a guide to services for your home* **Services** *in the* **Spotlight**

- The Spotlight • Colonie Spotlight • Loudonville Spotlight • Guilderland Spotlight • Niskayuna Spotlight • Rotterdam Spotlight  
Scotia-Glenville Spotlight • Clifton Park/Halfmoon Spotlight • Burnt Hills Spotlight • Malta Spotlight • Saratoga Spotlight



# Spotlight Classifieds

**ADOPTION**

ADOPT: Happily married parents of only child wish to adopt newborn to complete our family. Will provide a lifetime of love, happiness and security, Expenses Paid. Please call Nancy & Bill, 877-399-4500 YourNewborn1@yahoo.com

**ANNOUNCEMENTS**

The One Prophesied by the major world religions will soon be seen by everyone!

He will amaze and help us all. [www.Share-International.org](http://www.Share-International.org).

**BUSINESS OPPORTUNITIES**

EXISTING NEXTEL DEALER has furnished Colonie storefront suitable for cell phone business. Several options available. Minimal investment required. Call 518-339-5334.

NYS PARKS BUSINESS OPPORTUNITY: The New York

State Office of Parks, Recreation and Historic Preservation is requesting proposals ("RFP") for the operation of a Snack Bar Food Concession at John Boyd Thacher State Park, New Scotland, New York, RFP number XT000815. For more information including financial obligations and a bid form, please contact Robert Kuhn in the Saratoga Regional Office at (518) 584-2000 for a copy of the RFP documents. All inquiries should

refer to RFP number XT000815. Proposals in response to this RFP are due to State Parks not later than: April 7, 2006.

ALL CASH CANDY ROUTE. Do you earn \$800 in a day? Your own local candy route. Includes 30 machines and candy. All for \$9,995. CALL 1-888-771-3496.

**CHILD CARE NEEDED**

Delmar family looking for full-time, experienced Nanny to help care for 5 yr. old and infant. Call (h) 478-0660 or (w) 373-2501.

**CHILDCARE SERVICES**

EXPERIENCED PROVIDER: Childcare in my home-Bethlehem. Ages 2-6. Full/Part-time, Hourly, Drop-in. Hours: 8-4. 439-0704.

**CLEANING SERVICES**

Allow yourself more time for you and your family by having me clean your home. 2 bi-weekly openings. Linda: 756-6692.

CLEANING: Residential, Weekly or Bi-weekly. Call Elizabeth, 281-3638.

INDIVIDUAL with 21 years experience. Satisfaction guaranteed. Dependable, trustworthy, excellent references. 439-2796.

HOUSE PAINTING, HOUSE WINDOW CLEANING & GUTTER CLEANING. Free estimates, Low prices. Call 452-1551.

HOUSECLEANING: Need a help hand? 20 years experience- Cleaning with a personal touch. Call Joyce @ 439-2822 or 577-1165.

J & J HOUSECLEANING: Affordable Professional Housecleaning. Serving the Entire Capital Area for Over 14 Years. 356-9152.

**COMPUTERS**

COMPUTER/LAPTOP CLINIC: Technical support for your PC. Non-technical support for you. Virus/spyware removal, networking and repair for all computers/laptops. Call Rick: 459-0646 [www.inhouseadvantage.net](http://www.inhouseadvantage.net).

**DOG OBEDIENCE CLASSES**

EMPIRE DOG TRAINING: Dog training from puppy to adult. Basic Obedience (Sit, Stay, Down, Come) through Advanced Training (Retrieving, Rally-O, etc.), Dog socialization and good manners. New Classes Forming. Call Dawn 518-461-7340.

**DRIVERS**

DRIVERS WANTED: Earn to \$65K per year. Amstn Logistics is looking for Flatbed and 53' Box Drivers. Good Pay- Benefits. Medical Insurance-Vacation-Holidays -Home Weekends. Class "A" CDL required one-year ex-

perience. Call Monday-Friday. 8am-4pm. Company drivers 800-321-1232. Owner Operators 800-322-5546 X 3124

**EQUIPMENT FOR SALE**

SAWMILLS from only \$2,795.00—Convert your logs to valuable lumber with your own Norwood portable band sawmill. Log skidders also available. [www.norwoodindustries.com](http://www.norwoodindustries.com) - FREE information: 1-800-578-1363 Ext300-N.

**FINANCIAL SERVICES**

SMALL BUSINESS ADMINISTRATION LOANS. Startups, Franchises, Business Acquisition, Refinance, Working Capitol. Largest SBA lender in the country, Streamlined PaperWork. CALL JIM RITTER 315-828-6724 [www.jprfinancialgroup.com](http://www.jprfinancialgroup.com)

**FIREWOOD**

PREMIUM WOOD FROM A PREMIUM WOOD SERVICE: Face & Full Cords. Call 426-WOOD (426-9663). Free Delivery, stacking available.

SEASONED HARDWOOD-Cut, Split, -Delivered. \$75 Face Cord. 756-9419.

**FURNITURE FOR SALE**

Elegant pastel regency style sofa table, 2 drawers, repair to leg, \$200. Large pine harvest table, painted legs, modern, some refinishing needed, \$75. Call 872-9720 or 322-8569.

Impressive antique American (early-mid 1800's) chest of drawers, excellent condition, good patination, cherry, deep drawers. Ideal "low-boy" height. 48" (h) x 21" x 41". \$1200. Call 872-9720 or 322-8569.

**GARAGE SALES**

DELMAR: 174 Adams St. 3/17-18, 9-5. Elaborate oak dining set, single bed, chests, set four oak chairs, bedroom rugs, linens, plated flatware, china, glass, books, costume jewelry, collectible dolls, furnished dollhouse, Christmas decorations, women's clothing, yarn, fabrics, trunks, garden tools, lots of useful items, entire contents.

**HANDYMAN**

Door frames, windows, railings, & decks. No job too small. Respectful, neat & clean. Call Flat Stanley Painters at 377-4632.

**HOME IMPROVEMENT**

HAS YOUR BUILDING SHIFTED? Structural repairs of barns, houses and garages. Call Woodford Bros., Inc. for straightening, leveling, foundation and wood frame repairs. 1-800-OLD-BARN. [www.1-800-OLD-BARN.COM](http://www.1-800-OLD-BARN.COM)

**INVESTMENT PROPERTY**

LOOKING TO OWN LAND? Invest in rural acreage throughout America; coastal, mountain, waterfront properties. 20 to 200 acres. FREE, monthly Special Land Reports: [www.land-wanted.com/sw](http://www.land-wanted.com/sw)

**LAWN AND GARDEN**

PRIVACY HEDGE SPRING BLOWOUT SALE! Leyland Cypress "Cedar" Fast Grower 3'- 4' high. Delivery available Regularly \$29.95 only \$10.99 each. [www.hightechfarm.com](http://www.hightechfarm.com) trees guaranteed. Other trees available. 434-349-9660

**LOST**

FIND SOMETHING? Advertise it free. Call 439-4940.

**MISCELLANEOUS FOR SALE**

3 LADDER BACK CHAIRS with rush seat. Light wood. Like new! \$70. each. 885-2637. DELI PREP COOLER, 8FT. Good condition. Asking \$1,800. 312-9742.

FOR SALE: Deluxe computer desk, Excellent condition, \$60. Antique pedal sewing machine cabinet, \$60. 439-0366.

Various custom HO-scale model railroad locomotives and rolling stock. All are priced to move. Please call Rich at 785-8751 & leave message or email me at [rweriksen@gct21.net](mailto:rweriksen@gct21.net).

NEW POCKET ROCKET. 50CC. Electric/Remote and Pull start. Red. Holds 300+ lbs. fast. Cost \$950. Sale \$500 firm. 439-7083.

## Classified Information



**Office Hours Deadline**  
8:30 AM - 5 PM  
Monday-Friday  
**Deadline:** Thursday at 4PM for following week



**Mail Address • In Person**  
Spotlight Newspapers  
P.O. Box 100  
Delmar, NY 12054  
  
125 Adams St.  
Delmar, NY 12054



**READERSHIP:**  
11 Newspapers;  
**113,400**  
Readers



**Phone • Fax**  
(518) 439-4940  
(518) 439-0609 Fax

**E-MAIL: [spotclas@nycap.rr.com](mailto:spotclas@nycap.rr.com)**

### Classified Ads Appear In All Eleven Papers

*In Albany County*

The Spotlight • Colonie Spotlight • Loudonville Spotlight • Guilderland Spotlight

*In Schenectady County*

Niskayuna Spotlight • Scotia-Glenville Spotlight • Rotterdam Spotlight

*In Saratoga County*

Clifton Park/Halfmoon Spotlight • Burnt Hills Spotlight  
Malta Spotlight • Saratoga Spotlight

Class info AD

### Classified Rates

Private Party Classifieds - Line Ads - Eleven paper combo - \$15.00 for 15 words 50 cents for each additional word.

Commercial Classifieds - Line Ads - Eleven paper combo - \$17.50 for 15 words 50 cents for each additional word. Multiple insertion discounts available. Please call for information.

*All line ads must be pre-paid in order for placement.*

*Ads will appear in all eleven newspapers, as well as on the internet for the number of weeks requested.*

### Order Form

Classified Category: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Amount Enclosed \_\_\_\_\_ Number of Weeks \_\_\_\_\_

MasterCard or Visa# \_\_\_\_\_

Expiration date: \_\_\_\_\_ Signature: \_\_\_\_\_

**Want your business to be seen?**



**Place your ad in the Spotlights!**  
With over 100,000 readers every week, *Spotlight Newspapers* are the best place to advertise your services and sales.  
**Call 439-4940**

**Super Crossword Answers**

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |  |  |
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| O | L | A | F | O | M | A | R | A | A | R | I | A | R | O | S | A | S |   |   |   |  |  |
| C | O | N | F | I | C | I | U | S | I | S | B | O | R | N | A | D | A | G | E |   |  |  |
| K | E | E | S | T | E | R | S | D | I | A | L | S | D | I | A | P | E | R |   |   |  |  |
| E | E | L | S | B | E | R | Y | L | T | O | S | S |   |   |   |   |   |   |   |   |  |  |
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| H | U | N | S | I | N | V | A | D | E | E | P | U | R | O | P | E | R | I | T | A |  |  |
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| R | A | T | K | N | E | E | R | O | N | A | O | U | T | T | H | E |   |   |   |   |  |  |
| R | E | V | S | L | E | I | F | S | T | U | N | E |   |   |   |   |   |   |   |   |  |  |
| B | A | S | E | L | Y | D | O | E | S | A | S | O | A | N | D | S | O | S |   |   |  |  |
| A | T | O | L | L | F | I | R | S | T | M | A | N | I | N | S | P | A | C | E |   |  |  |
| T | O | D | A | Y | F | O | R | T | Y | I | E | L | D | A | L | T | A |   |   |   |  |  |
| S | P | A | Y | F | R | Y | D | E | S | I | N | E | A | T |   |   |   |   |   |   |  |  |

**Would You Like To Advertise Your Business In Our Papers?**

**Give Us A Call At:**

**439-4949**

**To Place Your Ad Today!**

*The Spotlight • Colonie Spotlight • Loudonville Spotlight  
Guilderland Spotlight • Niskayuna Spotlight • Rotterdam Spotlight  
Scotia-Glenville Spotlight • Clifton Park/Halfmoon Spotlight  
Burnt Hills Spotlight • Malta Spotlight • Saratoga Spotlight*

# Spotlight Classifieds

**QUARKXPRESS 4.1 BRAND NEW,** Still in wrapper. Best computer software for desktop publishing. Paid \$450, Asking \$299. Leave Message: 727-6886.

**Yard Machine Snowblower,** 8HP, 26 inch, electric start, excellent condition, \$300, call Mike 518-280-2875.

**MUSIC**

**STRING INSTRUMENT REPAIR:** Bow Repairing. 439-6757.

**MUSIC LESSONS**

**GUITAR LESSONS:** Guitarist

available for private lessons. Your home or mine. 20+ years experience. Call Rob, 810-6378..

**PAINTING**

Door frames, windows, railings, & decks. No job too small. Respectful, neat & clean. Call Flat Stanley Painters at 377-4632.

**PAINTING & PAPERING**

**PAINTING & WALLPAPERING:** Insured, 20 years experience. 858-0398.

**PET SERVICES**

**Delmar Resident & Animal Lover** will provide in-home pet sitting services within the Tri-village area. Daily/weekly. References. Please leave message 727-6886.

**PIANO TUNING & REPAIR**

**PROFESSIONAL PIANO** tuning and repair, Michael T. Lamkin, Registered Piano Technician, Piano Technicians Guild. 427-1903.

**RESTAURANT EQUIPMENT**

**DELI PREP COOLER,** 8FT. Good condition. Asking \$1,800. 312-9742.

**SALES**

This is creating **MILLIONAIRES!** EARN \$1,000. DAILY with **ABSOLUTE** proof! 97% of this business is **AUTOMATED!** "Three Step Success System". 24hr info line: 1-800-887-1897.

**SPECIAL EVENTS**

**ARE YOU HAVING A SPECIAL EVENT-** Let Everybody know

about it in the Spotlight Newspapers. **DEADLINE** is Thursday by 4 PM. Call Juli 439-4940.

**TUTORING**

**SAT tutoring -** I provide individualized test prep that makes the most efficient use of your time. Call or email ASAP to discuss scheduling. (518) 469-0417 or bsswartz@nycap.rr.com.

**WANTED.**

**ANTIQUUE PAPER ITEMS** Photographs, Stereoviews, Da-

guerreotypes. Anything Related To Sports, Autos, Motorcycles, Oceanliners, Travel, Politics. Scrapbooks, Photo Albums, Maps, Children's Books, Post Cards. ETC. Tom Jardas- 356-0292. **WANTED TO BUY PRE-1955 TELEPHONES, RADIOS, MICROPHONES, TELEVISION SETS,** Tube amplifiers, Cameras, Pocket lighters, fishing lures, pre-1960 Comic Books, Pre-1920 Crocks, Jugs, Firemen hats, Badges, Photos, Pre-1965 toy trains,

plastic model kits, toy cars, trucks, boats, gasoline-powered toy cars, all plastic toys, Pre-1920 photographs, postcards, penny banks, Pre 1950 Fountain Pens, Teddy Bears, Dolls, pre-1970 guitars/ all musical instruments, World War II/American or Nazi items, Civil War swords, pictures, etc.. Any condition, even broken or rusty. Call 745-8897.

**WANTED: CASH PAID FOR** Old toys and trains. Check your attic! 265-9182.

# Employment Classifieds

**HELP WANTED**

**ASSISTANT: HELP SAVE OUR HONEYBEES.** We are committed to supplying consumers and stores with high-quality honey and beeswax candles. Our business is rapidly expanding and we have a new permanent position to help process and package honey, make beeswax candles, design and print custom labels, and other assignments in our honey house. The position requires skills with a personal computer, including a good knowledge of Word. Good pay and flexible hours. Call 370-4940 and leave message. Alternatively, fax us at 381-6370 or send an email to Sales@RossRounds.com.

**High-Paying Postal Jobs!** No Experience Required! **DON'T PAY** for information about jobs with the Postal Service or Federal Government. Call the Federal Trade Commission toll-free, 1-(877)-FTC-HELP, or visit [www.ftc.gov](http://www.ftc.gov) to learn more. A public ser-

vice message from the **SPOTLIGHT** Newspapers and the Federal Trade Commission.

**Home Companions, PT, Flexible hours.** Help seniors in their homes. Nonmedical. Honesty and reliability a must. At Home Senior Services. 225-9455.

**IDEAL P/T JOB!** If you need to pay off bills, pay for college tuition, or save for a vacation, you can earn an extra \$640- \$750 a month. Environmental Service Systems, Inc. has office cleaning positions available in the Malta and Clifton Park areas. Call HR at 465-4370 or apply in person at 141 Broadway, Rensselaer. EOE.

**LIVELY, OUTGOING PERSON** to work Evening/Saturdays in a fast-paced meal assembly store. Fun & friendly environment. Call us: 783-4444. Summer help also needed.

**PART TIME RECEPTIONIST** Needed for Law firm. Light clerical duties. Salary and hours are negotiable. Call

Elizabeth Clyne at 436-0786 or e-mail at [ekc@fcwc-law.com](mailto:ekc@fcwc-law.com).

**PART TIME:** Afternoons & Saturdays. Apply in person. Sweets & Treats, 387 Kenwood Ave., Delmar. 439-0366.

**VAN CURLER MUSIC CO.** seeking individual with strong background and/or education in music. P/T, Saturday 10-5 and some weekday afternoons. Must be reliable, detail oriented, a self-starter, well organized, and possess excellent written and verbal skills. Attractive salary and employee discount. Fax resume to 862-1886.

**Head Teacher, Pre-School.** 2006-07 school year. Mornings. Early Childhood background. Resume & References to First United Methodist Pre-School, 1 Gilligan Rd. E. Greenbush, NY 12061.

**TECHNOLOGY ASSISTANT:** 11 month position. Competence in computer technology for installation, sup-

port and maintenance of computer hardware, software, and peripherals. Send resume to Dave Amone, Interim Director of Occupational Education, Shaker High School, 445 Watervliet-Shaker Rd., Latham, NY 12110.

**SITUATION WANTED**

**AIDES AVAILABLE:** Mature, Reliable, Specializing in Alzheimer's, stroke, rehab & eldercare. Bonded & insured. Over 30 yrs. experience. Clean background checks. 312-7404.

**Housekeeper- Wanted:** Energetic, self-motivated, responsible adult to care for a wonderful home. Non-smoker. Own transportation. Part time, clean, shop, cook, errands, etc. Send resume. P.O. Box 82 Slingerlands, NY 12159.

**DETENTION OFFICER:** Phoenix, Arizona; Maricopa County Sheriff's office. \$14.99/hr. Excellent benefits. No experience necessary. Contact 602-307-

5245, 1-877-352-6276 or [www.mcso.org](http://www.mcso.org). 400 vacancies including civilian positions.

**Driver CDL training** with \$0 down, financing by Central Refrigerated. Drive for Central & earn up to \$40k plus 1st year! 800-727-5865 [www.centraldrivingjobs.net](http://www.centraldrivingjobs.net)

**Driver- COVENANT TRANSPORT.** Check out our 4 divisions. Temp Control, Dedicated, Regional and Team Expedited/Longhaul. Solo, Teams, Student Graduates, O/O. Lease Purchase. 888-667-3729 [drive4covenant.com](http://drive4covenant.com)

**DRIVERS-** There's a driver shortage. We know it. You know it. So we raised driver's pay-rates. Our average driver earned \$1,038 per week in 2005. Interested in learning more? Call US Today! 877-538-7712 [www.kennedytrucking.com](http://www.kennedytrucking.com) (CDL-A Required) PO#299625

**LANDSCAPE CONTRACTOR/GARDEN CENTER** seeks Floral designer, Sales personnel, Gardener, Experienced Land-

scape foreman with drivers license. C. Whitmore Gardens in East Hampton, NY 631-267-3182, ewgarden@optonline.net

**Railroad Freight Conductor** positions in New York! Earn \$40-65K plus Benefits! Applications are **REQUIRED** for interviews. Apply online: [www.AMDG.WS](http://www.AMDG.WS) Call toll free 866-373-2916

**THERAPISTS WANTED-** Speech Pathologist, Occupational Therapist, Physical Therapist, "CFY", Bilingual School Psychologist, SEI Teacher positions available throughout New York City, Long Island, Westchester, New Jersey. Great benefits. Call Bilinguals, Inc. 212-684-0077 x103

**WORK WANTED**

**AIDES WILL DO ANY HRS,** Also 24/7 Home Care for elderly. Reasonable. Criminal background check done. Insured. 573-6399 or 861-7008.

**PERSONAL CARE AIDE** with light housekeeping. 15yrs experience with excellent references. 346-5110.

**PUBLISHER'S NOTICE**

All employment advertising in this newspaper is subject to section 296 of the human rights law which makes it illegal to advertise any preference, limitation, or discrimination based on race, color, creed, national origin, disability, marital status, sex, age, or arrest conviction record, or an intention to make any such preference, limitation, or discrimination. Title 29, U.S. Code, Chap. 630, excludes the Federal Gov't from the age discrimination provisions. This newspaper will not knowingly accept any advertising for employment which is in violation of the law. Our readers are informed that employment offerings advertised in this newspaper are available on an equal opportunity basis.

# Real Estate Classifieds

**REAL ESTATE FOR RENT**

**695- 2 BR,** Quiet neighborhood in Ravena, W/D, Oil heat+ fireplace, eat-in kitchen, a/c, deck. One level, no stairs. Must have references. Security/lease. NO pets. Avail. immediately. 756-3198.

**ALBANY: 3BR Flat,** Drive-way, Backyard, LR, DR, W/D Hook-up, \$850- Includes heat. Lease. 765-5644.

**COEYMANS:** 12 min. ride to Albany, 1 min. walk to riverside park & dining. \$700+ for 2BR, attached brick home with study, basement. W/D hook-up, hardwood floors, enclosed porch, off-street parking, and glimpses of the Hudson. No smoking/pets. L/M 756-9498..

**COLONIE:** 1 Bedroom Apartment, Quiet neighborhood. Easy parking. Available Immediately. \$475.00+ utilities. 446-0945 or 810-5550.

**DELMAR-** Two 1BR Apts., available 4/1 & 5/1, \$575-\$625. Heat/Hot water included. Off street parking, Hardwood floors. 456-6644.

**DELMAR:** 1 Bedroom with study and storage. Quiet. Private entrance 1st floor. No pets. Lease, \$750 including utilities. 439-9958.

**LOUDONVILLE:** 2BR, 2BA, A/C, No smoking/pets. No children. Garage- 1 car. Fireplace. \$900. 785-5279.

**SLINGERLANDS:** Quiet, secure neighborhood. Spacious 1BR Apt. W/D, Dishwasher, \$625+ utilities. 221-9545.

**REAL ESTATE**

**AUCTION OF CHEMUNG COUNTY REAL PROPERTY TAX FORECLOSURES.** 60+ Properties — March 30 @ 11AM. Holiday Inn, Elmira, NY 800-292-7653 AAR, INC./HAR, INC FREE brochure: [www.NYSAUCTIONS.COM](http://www.NYSAUCTIONS.COM)

**Central Florida Vacation Homes!** Home investment prospect with income and unlimited enjoyment for the family. Pre- construction pricing from \$169,900 Tuscany Pointe Call 1-888-382-0088

**GOVT HOMES! \$0 DOWN!**

**BANK REPO'S & FORECLOSURES! NO CREDIT OKAY! \$0/LOW DOWN!** Call for Listings! 1-800-882-3516

**NO DOWNPAYMENT? PROBLEM CREDIT?** If you're motivated and follow our proven, no-nonsense program, we'll get you into a **NEW HOME.** Call 1-800-830-2006, or visit [www.AmericanHomePartners.com](http://www.AmericanHomePartners.com)

**COMMERCIAL FOR LEASE**

**DELAWARE PLAZA - DELMAR** - Retail space available. For leasing information call Delaware Plaza Associates at 439-9030.

**Delmar Office Suite,** 4 Corners Area, On Delaware Ave 750 SQ ft 3 room + reception area \$ 750/mo 475-0896.

**HOUSE FOR RENT**

**GUILDERLAND:** 3BR, 2BA House, Huge 2 car garage, Full basement, Quiet street. \$1,350/month. Pets OK. 439-2235.

**HOUSE FOR SALE**

**DELMAR:** 23 Pheasant Lane. Charming 3BR, 2.5BA Split

level, EIK, DR, Large LR, Sunroom, Family room/fireplace, Recreation room, New windows, insulation. Yard/ in-ground pool, Deck, Patio. Near town park, schools. \$319,900. 439-0045.

**LAND FOR SALE**

**Lake Altmar Access -5 acres - \$15,900.** 45 Acres- Ponds, Borders State Land- \$49,900 Fawn Lake -14 acres, 2030' on water - \$69,900 40 properties, financing available. 1 - 8 8 8 - 6 8 3 - 2 6 2 6 [www.landfirstny.com](http://www.landfirstny.com)

**LOTS & ACREAGE**

**THOROUGHbred HORSE FARM** 67 acres \$689,900 Beautiful stone home, huge barns, indoor arena, 70+ stalls, lush fenced padocks, nice setting on quiet country lane! 3 1/2 hrs NYC! Call now! 877-909-5263 <http://horsefarm.upstatenyland.com>

**ROOMMATE WANTED**

**GLENMONT:** Looking for professional to share Modern 2BR Apt. \$390+ Parking, On bus line. 810-1328.

**VACATION RENTALS**

**Large, Fully Equipped Cottage** on National Seashore-Cape Cod. Sleeps 8-10. \$1225/wk. July 8-15. July 29-Aug. 5. Call 478-9844-Delmar.

**HUDSON RIVER AREA.** Glenmont Cape Cod home. Quiet. All amenities. Pet okay. Entire summer. 463-2000.

**SOUTH OF FRANCE:** Two bedroom villa with flower garden, enclosed treed yard. 30KM from Mediterranean. \$1,000/week. 518-448-8888.

**MYRTLE BEACH SC.** Free Brochure- Private homes and condos- Pets OK. Daily, weekly, monthly. Oceanfront and Beachside. As low as \$400. 1-800-645-3618 [www.retreatmyrtlebeach.com](http://www.retreatmyrtlebeach.com)

**OCEAN CITY, MARYLAND.** Best selection of affordable rentals. Full/ partial weeks. Call for FREE brochure. Open daily. Holiday Real Estate. 1 - 8 0 0 - 6 3 8 - 2 1 0 2 .

Online reservation [www.holidayoc.com](http://www.holidayoc.com)

**OUTER BANKS, NC -Vacation w/ family** in Corolla. Pine Island North - Ocean Hill, Ocean to Sound. Accommodates 8-26 people pools, elevators, golf, pets. Corolla Classic Vacation - brochure-toll-free 866-453-9660

[corollaclassicvacations.com/ny](http://corollaclassicvacations.com/ny)

**Pawleys Island, Litchfield, Litchfield by The Sea & Deboardieu, SC.** Affordable house/condo rentals. Beach vacations start here! [www.lachicote.com](http://www.lachicote.com) For availability call 1-800-422-4777.

## Automotive Classifieds

**AUTOMOTIVE FOR SALE**

1993 Jeep Grand Cherokee Laredo, 4X4, runs strong, fitted with personal plow, new AC compressor and more, needs brakes, \$2,750, call Mike 518-280-2875.

1995 Grand AM, Auto, V6, AM/FM/Cassette, power windows/locks, cruise, good condition, blue, 92k, asking \$2,200. 785-8751.

2003 FORD TAURUS SEDAN, White with grey in-

terior. Fewer than 23,000 miles. \$9,000. 869-6415.

2004 VW Turbo Beetle Convertible, Black, 37,000 miles, 5 speed, engine upgrades to 230 horse power, FUN car!! garaged, bra, mud flaps, car cover, extra mats, \$18,600/80, call Mike 518-280-2875.

81 MONTE CARLO, 21K Original. Excellent condition. Asking \$4995. 439-1446.

**Advertise your business with Spotlight Newspapers - Call us today at 439-4949**

**LEGAL NOTICE****LEGAL NOTICE****SIMILLE ENTERPRISES LLC**

Notice of Formation of Simille Enterprises LLC, a limited liability company (the "LLC"). Articles of Organization filed with the Secretary of State of NY (the "SSNY") on 1/13/2006. Office location: Albany County. The SSNY has been designated as agent of the LLC, upon whom process against it may be served. The SSNY shall mail a copy of any process to the LLC, 344 Torquay Blvd., Albany, New York 12208. The purposes of the LLC are to acquire, own, hold, improve, manage and operate the real property known as approximately 10.5 acres located at 1139 Loudon Road, in the Town of Colonie, New York. LCD-12795 (March 15, 2006)

**LEGAL NOTICE****NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY**

Articles of High Meadow's Vineyards, LLC ("LLC") filed with the Secretary of State of New York ("SSNY") on January 19, 2006 effective on the date of filing. Office Location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY may mail a copy of any process to the LLC, 146 Biechman Road, Ravena, NY 12143. The purpose of the LLC is to engage in any lawful act or activity for which limited liability companies may be organized under the LLC. LCD-12813 (March 15, 2006)

**LEGAL NOTICE****HARLEM 121 ASSOCIATES LLC**

Notice of Organization: Harlem 121 Associates LLC was filed with SSNY 01/25/06. Office: Albany County. SSNY designated as agent of LLC upon whom process may be served. P.O. address which SSNY shall mail any process against the LLC served upon him: c/o Relyea Services LLC 1524 Central Ave., Albany, NY 12205. Purpose: To engage in any lawful activity. LCD-12815 (March 15, 2006)

**LEGAL NOTICE****NOTICE OF FORMATION OF A LIMITED PARTNERSHIP (L.P.)**

The name of the L.P. is CLOVER PARK APARTMENT ASSOCIATES OF ALBANY, L.P. The Certificate of Limited Partnership of the L.P. was filed with the NY Secretary of State on January 13, 2006. The purpose of the L.P. is to engage in any lawful act or activity. The office of the L.P. is to be located in Albany County. The Secretary of State is designated as the agent of the L.P. upon whom process against the L.P. may be served. The address to which the Secretary of State shall mail a copy of any process against the L.P. is c/o Tri City Rental LLC, 255 Washington Avenue Extension, Albany, New York 12205. LCD-12828 (March 15, 2006)

**LEGAL NOTICE****NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC)**

The name of the LLC is EMPIRE AUTOMOTIVE, LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State on January 30, 2006. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 15 Swayze Drive, Latham, New York 12110.

**LEGAL NOTICE**

LCD-12848 (March 15, 2006)

**LEGAL NOTICE**

**NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC)**  
The name of the LLC is EAGLE STREET ASSOCIATES, LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State on February 2, 2006. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 302 Washington Avenue Extension, Albany, New York 12205. LCD-12861 (March 15, 2006)

**LEGAL NOTICE**

**NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC)**  
The name of the LLC is FIRST COLUMBIA ACQUISITIONS, LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State on February 6, 2006. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 22 Century Hill Drive, Suite 301, Latham, New York 12110. LCD-12871 (March 15, 2006)

**LEGAL NOTICE**

**GLOVERSVILLE PARTNERS OF ALBANY, L.P.**  
Notice of Formation of a limited partnership (LP) Certificate of Limited Partnership filed with the New York Secretary of State on January 27, 2006. The purpose of the LP is to engage in any lawful act or activity. The office of the LP is to be located in Albany County. The Secretary of State is designated as the agent of the LP upon whom process against the LP may be served. The address to which the Secretary of State shall mail a copy of any process against the LP is 596 New Loudon Road, Latham, New York 12110. LCD-12877 (March 15, 2006)

**LEGAL NOTICE**

**WATT STREET OF ALBANY, L.P.**  
Notice of Formation of a limited partnership (LP) Certificate of Limited Partnership filed with the New York Secretary of State on February 1, 2006. The purpose of the LP is to engage in any lawful act or activity. The office of the LP is to be located in Albany County. The Secretary of State is designated as the agent of the LP upon whom process against the LP may be served. The address to which the Secretary of State shall mail a copy of any process against the LP is 596 New Loudon Road, Latham, New York 12110. LCD-12878 (March 15, 2006)

**LEGAL NOTICE**

Notice of Formation of a limited liability company (LLC). Name: LEG Properties, LLC. Articles of Organization filed with Secretary of State of New York (SSNY) on 1/6/2006. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail a copy of process to: The LLC, 20 Lyons Avenue, Delmar, NY 12054. Purpose: any lawful activity. LCD-12882 (March 15, 2006)

**LEGAL NOTICE****LEGAL NOTICE****ARTICLES OF ORGANIZATION OF 148 COLUMBIA STREET, LLC.**

Under Section 203 of the Limited Liability Company Law  
FIRST: The name of the limited liability company is "148 Columbia Street, LLC."  
SECOND: The county within the State in which the office of the limited liability company is located is Albany County.  
THIRD: The latest date on which the limited liability company is to dissolve is January 1, 2065.  
FOURTH: The Secretary of State is designated as agent of the limited liability company upon which process against it may be served. The post office address within or without the State of New York to which the Secretary of State shall mail a copy of any process against the limited liability company served upon him or her is: 148 Columbia Street, LLC., 1698 Central Avenue, Albany, NY 12205.  
FIFTH: The effective date of the Articles of Organization shall be the date of filing with the Secretary of State.  
SIXTH: The limited liability company is to be managed by one or more of its members.  
IN WITNESS WHEREOF, these Articles of Organization have been subscribed to this 16th day of February, 2006 by the undersigned who affirms that the statements made herein are true under the penalties of perjury.  
/s/ Gary W. Burton, Manager  
LCD-12938 (March 15, 2006)

**LEGAL NOTICE****NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC)**

The name of the LLC is CARD OF NY, LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State on February 15, 2006. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 6364 French's Hollow Road, Altamont, New York 12009. LCD-12953 (March 15, 2006)

**LEGAL NOTICE****NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC)**

The name of the LLC is BIG HORN RANCH, LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State on February 14, 2006. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 256 Elm Drive, East Berne, New York 12059. LCD-12959 (March 15, 2006)

**LEGAL NOTICE****NOTICE OF CONVERSION TO A DOMESTIC LIMITED LIABILITY COMPANY (LLC)**

WATERVLIET SHORES ASSOCIATES, L.L.C. WAS CONVERTED FROM A NEW YORK PARTNERSHIP INTO A LIMITED LIABILITY COMPANY. THE NAME OF THE PARTNERSHIP WAS WATERVLIET SHORES ASSOCIATES. THE CERTIFICATE OF CONVERSION OF THE LLC WAS FILED WITH THE NY SECRETARY OF STATE ON JANUARY 5, 2006. THE PURPOSE OF THE LLC IS TO ENGAGE IN ANY LAWFUL ACT OR ACTIVITY. THE LLC IS TO BE MANAGED BY ONE OR MORE MEMBERS. THE

**LEGAL NOTICE**

OFFICE OF THE LLC IS TO BE LOCATED IN ALBANY COUNTY. THE SECRETARY OF STATE IS DESIGNATED AS THE AGENT OF THE LLC UPON WHOM PROCESS AGAINST THE LLC MAY BE SERVED. THE ADDRESS TO WHICH THE SECRETARY OF STATE SHALL MAIL A COPY OF ANY PROCESS AGAINST THE LLC IS C/O TRICITY RENTALS, 255 WASHINGTON AVENUE EXTENSION, ALBANY, NEW YORK 12205. LCD-13012 (March 15, 2006)

**LEGAL NOTICE**

Digital Radius LLC  
Notice of Formation of Limited Liability Company  
Articles of Organization filed with the Department of State of New York on December 27, 2005. The county in which this state which the office of the Limited Liability Company is to be located is Albany. The Secretary of State of New York is designated as agent of the LLC upon whom process against it may be served. Secretary of State may mail a copy of any process to PO Box 258, Voorheesville, NY 12186. Latest date of dissolution of LLC: None. Purpose: Any lawful act.  
LD-12790 (March 15, 2006)

**LEGAL NOTICE****PUBLICATION NOTICE OF ORGANIZATION OF LIMITED LIABILITY COMPANY**

FIRST: The name of the Limited Liability Company is AZAD COMPANY, LLC (hereinafter referred to as the "Company").  
SECOND: The Articles of Organization of the Company were filed with the New York Secretary of State on January 10, 2006.  
THIRD: The county within New York State in which the office of the Company is to be located is 372 Second Avenue, Albany, New York 12209.  
FOURTH: The Secretary of State has been designated as agent upon whom process against the Company may be served. The post office address to which the Secretary of State shall mail process is 372 Second Avenue Albany, New York 12209  
FIFTH: The purpose of the business of the Company is to engage in any lawful act or activity for which limited liability companies may be organized under the New York Limited Liability Law.  
LD-12797 (March 15, 2006)

**LEGAL NOTICE****NOTICE OF ORGANIZATION**

Notice is given that Articles of Organization for IAC Management, LLC were filed with the Secretary of State on December 21, 2005. The office of the LLC shall be located in Albany County, New York. The Secretary of State has been designated as agent of the limited liability company upon whom process against it may be served and the post office address within this state to which the Secretary of State shall mail a copy of any process against it served upon him or her is: 41 State Street, Suite # 405, Albany, New York 12207. The purpose of this limited liability company is Asset Management.  
LD-12799 (March 15, 2006)

**LEGAL NOTICE**

Notice of Qualification of Toys "R" Us International, LLC. Authority filed with Secy. of State of NY (SSNY) on 1/20/06. Office location: Albany County, LLC formed in Delaware (DE) on 1/17/06. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Company (CSC), 80 State St., Albany, NY 12207. DE address of LLC: c/o CSC, 2711 Centerville Road, Ste. 400, Wilmington,

**LEGAL NOTICE**

DE 19808. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Dover, DE 19901. Purpose: any lawful activity.  
LD-12800 (March 15, 2006)

**LEGAL NOTICE**

Notice of Qualification of DIW Merger Sub, LLC. Authority filed with Secy. of State of NY (SSNY) on 12/23/05. Office location: Albany County, LLC formed in Delaware (DE) on 11/29/05. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Company, 80 State St., Albany, NY 12207. DE address of LLC: 2711 Centerville Road, Ste. 400, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: any lawful activity.  
LD-12801 (March 15, 2006)

**LEGAL NOTICE**

Notice of Formation of Black River Felts Mills LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 10/26/05. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Corporation Service Company, 80 State St., Albany, NY 12207. Purpose: any lawful activity.  
LD-12802 (March 15, 2006)

**LEGAL NOTICE**

Notice of Qualification of Progress Telecom, LLC. Authority filed with Secy. of State of NY (SSNY) on 12/11/03. Office location: Albany County. LLC formed in Delaware (DE) on 11/4/03. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Corporation Service Co., 80 State St., Albany, NY 12207. Principal office of LLC: 100 2nd Ave. South, St. Petersburg, FL 33701. Arts. of Org. filed with DE Secy. of State, P.O. Box 898, Dover, DE 19903. Purpose: any lawful activity.  
LD-12805 (March 15, 2006)

**LEGAL NOTICE**

Notice of Formation of Long Beach Venture LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 1/23/06 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 152 Madison Avenue, Suite 703, New York, New York, 10016. Purpose: any lawful activity.  
LD-12806 (March 15, 2006)

**LEGAL NOTICE**

Notice of Formation of 2445 Manhattan LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 1/23/06 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 23 Kirby Lane, Jericho, New York, 11753 Purpose: any lawful activity.  
LD-12807 (March 15, 2006)

**LEGAL NOTICE**

Notice of Qualification of RMR Buffalo Properties LLC. Authority filed with Secy. of State of NY (SSNY) on 1/25/06. Office location: Albany County, LLC formed in Maryland (MD) on 1/23/06. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207. MD address of LLC: c/o CSC-Lawyers Incorporating Service Co., 11 E. Chase St., Baltimore, MD 21202. Arts. of Org. filed with MD Secy. of State, State House, Annapolis, MD 21401. Pur-

**LEGAL NOTICE**

pose: any lawful activity.  
LD-12816 (March 15, 2006)

**LEGAL NOTICE**

Notice of Qualification of GUEST SUPPLY LLC. Authority filed with Secy. of State of NY (SSNY) on 1/19/06. Office location: Albany County, LLC formed in Delaware (DE) on 9/13/05. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Capitol Services, Inc., 40 Colvin Ave., Ste. 200, Albany, NY 12206. Principal office of LLC: 4301 US Highway One, Monmouth Junction, NJ 08852. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Dover, DE 19901. Purpose: food services.  
LD-12818 (March 15, 2006)

**LEGAL NOTICE**

**NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY**  
Name: Hameroff and Sons, L.L.C. (LLC). Articles of organization filed with sec. of state of NY (SOS) on 12/14/05. Office location: Albany County. SOS is designated as agent of LLC for service of process. SOS shall mail copy of process to 705 Broadway, Albany, NY 12207. Purpose: Any lawful act or activity.  
LD-12819 (March 15, 2006)

**LEGAL NOTICE**

JAX SNAX, LLC  
Notice of Formation of Limited Liability Company  
Articles of Organization of Jax Snax, LLC (the "LLC") were filed with the Department of State of New York ("SSNY") on January 9, 2006. Office location: Albany County. SSNY is designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of any process to c/o 3 Candlewood Court, Albany, NY 12205. The LLC does not have a specific date of dissolution. Purpose: All legal purposes.  
Filer: Lavelle & Finn, LLP  
Address: 29 British American Boulevard, Latham, New York 12110  
LD-12820 (March 15, 2006)

**LEGAL NOTICE**

Notice of Formation of Cafel LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 1/10/2006. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The Company, 301 E. 79th St, Ste 24-H, NY, NY 10021. Purpose: any lawful activities.  
LD-12824 (March 15, 2006)

**LEGAL NOTICE**

Notice of Formation of FRANCESCO LAGNESE PHOTOGRAPHY LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 1/25/06. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Francesco Lagnese, 165 Madison Ave., Ste. 502, NY, NY 10016. Purpose: all lawful activities.  
LD-12826 (March 15, 2006)

**LEGAL NOTICE**

Notice of Qualification of PEARL TOWERS GP LLC. Authority filed with Secy. of State of NY (SSNY) on 1/24/06. Office location: Albany County, LLC formed in Delaware (DE) on 12/16/05. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Omni Development Corp., 40 Beaver St., 5th Fl.,

**LEGAL NOTICE**

Albany, NY 12207. DE address of LLC: c/o Corporation Service Company, 2711 Centerville Road, Ste. 400, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, John G. Townsend Bldg., Dover, DE 19901. Purpose: any lawful activity.  
LD-12827 (March 15, 2006)

**LEGAL NOTICE**

Notice of Qualification of Trespass Films LLC. Authority filed with Secy. of State of NY (SSNY) on 1/13/06. Office location: Albany County, LLC formed in Delaware (DE) on 11/15/2005. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The Company, 375 Greenwich St, NY, NY 10013. Principal address of LLC: 375 Greenwich St, NY, NY 10013. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Dover, DE 19901. Purpose: any lawful activities.  
LD-12851 (March 15, 2006)

**LEGAL NOTICE**

Notice of Formation of BOA A PHOTOGRAPHERS SOURCE LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 1/25/06. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Francesco Lagnese, 165 Madison Ave., Ste. 502, NY, NY 10016. Purpose: all lawful activities.  
LD-12845 (March 15, 2006)

**LEGAL NOTICE**

Notice of Qualification of HST Lessee SNYT LLC. Authority filed with Secy. of State of NY (SSNY) on 1/25/06. Office location: Albany County. LLC formed in Delaware (DE) on 1/19/06. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The Prentice-Hall Corporation System, Inc., 80 State St., Albany, NY 12207. DE address of LLC: c/o Corporation Service Co., 2711 Centerville Rd., Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: any lawful activity.  
LD-12852 (March 15, 2006)

**LEGAL NOTICE**

Notice of Qualification of The Matador SPV, LLC. Authority filed with Secy. of State of NY (SSNY) on 1/18/06. Office location: Albany County, LLC formed in Delaware (DE) on 12/19/2005. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The Company, 375 Greenwich St, NY, NY 10013. Principal address of LLC: 375 Greenwich St, NY, NY 10013. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Dover, DE 19901. Purpose: any lawful activities.  
LD-12852 (March 15, 2006)

**LEGAL NOTICE**

Notice of Qualification of HST Lessee WNY LLC. Authority filed with Secy. of State of NY (SSNY) on 1/26/06. Office location: Albany County. LLC formed in Delaware (DE) on 1/19/06. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The Prentice-Hall Corporation System, Inc., 80 State St., Albany, NY 12207. DE address of LLC: c/o Corporation Service Co., 2711 Centerville Rd., Ste. 400, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: any lawful activity.  
LD-12854 (March 15, 2006)



## LEGAL NOTICE

## LEGAL NOTICE

OUTERFILMS LLC  
Notice of Formation of the above Limited Liability Company ("LLC"). Articles of Organization filed with the Secretary of State of New York ("SSNY") on 11/3/2005. Office location, County of Albany. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of any such process served to: The LLC, 37 Domenico Drive, Glenmont, NY 12077. Purpose: Any lawful act. LD-12855 (March 15, 2006)

## LEGAL NOTICE

NOTICE OF FILING OF ARTICLES OF ORGANIZATION OF CAPITAL TALENT, LLC

- The name of the Limited Liability Company is: CAPITAL TALENT, LLC.
- The Articles of Organization of the Company were filed with the Secretary of State on January 4, 2006.
- The County within New York State which the office of the Company is to be located is Albany.
- The Secretary of State has been designated as agent of the limited liability company upon whom process against the Company may be served and the post office address within this state to which the Secretary of state shall mail a copy of any process against the Company served upon it is: 13 Walker Way Albany, New York 12205
- The registered agent of the limited liability company upon whom process against the liability company can be served is: 13 Walker Way, Albany, New York 12205.
- The character of the business is to conduct any lawful business activity for profit that is not otherwise prohibited by the laws of the State of New York.

LD-12856 (March 15, 2006)

## LEGAL NOTICE

Notice of formation of limited liability company (LLC). Name: Sweet Potato Prints LLC. Articles of Organization filed with Secretary of State of New York (SSNY) February 3, 2006. Business location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: c/o Patrick Shaw, Ehrenkranz & Ehrenkranz LLP, 375 Park Avenue, New York, NY 10152. Purpose: any lawful purpose or activity. LD-12863 (March 15, 2006)

## LEGAL NOTICE

Mueller's Automotive, LLC was filed with the SSNY on 01/31/06. Office: Albany County, SSNY designated agent of LLC against whom process may be served. P.O. address which SSNY shall mail process against LLC served upon him: 88 Main Street, Ravena, New York 12143. Purpose: any lawful business. LD-12870 (March 15, 2006)

## LEGAL NOTICE

Notice of Qualification of Gernology Headquarters International, LLC. Authority filed with Secy. of State of NY (SSNY) on 2/1/06. Office location: Albany County. LLC formed in Delaware (DE) on 1/25/06. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Company (CSC), 80 State St., Albany, NY 12207. DE address of LLC: c/o CSC, 2711 Centerville Road, Ste. 400, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Dover, DE 19901. Purpose: any lawful activity. LD-12876 (March 15, 2006)

## LEGAL NOTICE

Notice of Qualification of First Albany Private Fund

## LEGAL NOTICE

2004, LLC. Authority filed with Secy. of State of NY (SSNY) on 2/1/06. Office location: Albany County. LLC formed in Delaware (DE) on 12/27/05. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the principal office of LLC: c/o FATV GP LLC, 677 Broadway, Albany, NY 12207, registered agent upon whom process may be served. Purpose: all lawful purposes. LD-12877 (March 15, 2006)

## LEGAL NOTICE

Notice of formation of PIK REALTY USA, LLC a NYS limited liability company (L.L.C.). Formation filed with SSNY on 01/26/2006. Off. Loc.: Albany Co. SSNY designated as agt. of LLC, upon whom process may be served. SSNY shall mail copy of process to: The LLC, 2705 Coney Island Ave., Brooklyn, NY 11235. Purpose: All Lawful purposes. LD-12879 (March 15, 2006)

## LEGAL NOTICE

Notice of formation of MEGA VISION CENTER II, LLC a NYS limited liability company (L.L.C.). Formation filed with SSNY on 01/09/2006. Off. Loc.: Albany Co. SSNY designated as agt. of LLC, upon whom process may be served. SSNY shall mail copy of process to: The LLC, 63-73 108th Street, Forest Hills, NY 11375. Purpose: All Lawful purposes LD-12880 (March 15, 2006)

## LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: CAROLYN ZIVKOVICH REALTY, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 02/07/06. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Carolyn Zivkovich, 1336 Van Antwerp Road, Niskayuna, New York 12309. Purpose: For any lawful purpose. LD-12881 (March 15, 2006)

## LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: RMZ ENTERPRISES LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 02/07/06. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Russell M. Zivkovich, 72 Waters Road, East Greenbush, New York 12061. Purpose: For any lawful purpose. LD-12892 (March 15, 2006)

## LEGAL NOTICE

Notice of Qualification of AVEGA HEALTH SYSTEMS, LLC. Authority filed with Secy. of State of NY (SSNY) on 1/4/06 as amended. Office location: Albany County. LLC formed in Delaware (DE) on 11/30/05. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Company (CSC), 80 State St., Albany, NY 12207. DE address of LLC: c/o CSC, 2711 Centerville Road, Ste. 400, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, John G. Townsend Bldg., Dover, DE 19901. Purpose: any lawful activity. LD-12895 (March 15, 2006)

## LEGAL NOTICE

Notice of Formation of a Do-

## LEGAL NOTICE

mestic Limited Liability Company (LLC)  
The name of the LLC is W.B.I. ENTERPRISES, LLC. The Articles of Organization were filed with the NY Secretary of State on January 25, 2006. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address of which the Secretary of State shall mail a copy of any process against the LLC is 12 Gipp Road, Albany, New York 12203. LD-12896 (March 15, 2006)

## LEGAL NOTICE

Notice of Qualification of Penn-Daniels, LLC. Authority filed with Secy. of State of NY (SSNY) on 2/8/2006. Office location: Albany County. LLC formed in Delaware (DE) on 1/19/1982. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o CT Corporation System, 111 8th Ave., NY, NY 10011, registered agent upon whom process may be served. Principal office of LLC: 700 Pilgrim Way, Green Bay, WI 54304. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Dover, DE 19901. Purpose: any lawful purpose. LD-12898 (March 15, 2006)

## LEGAL NOTICE

Notice of Qualification of Atlantic Pacific Group LLC. Authority filed with Secy. of State of NY (SSNY) on 2/3/06. Office location: Albany County. LLC formed in Delaware (DE) on 11/14/2005. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The Company, 1415 S. Maple Ave, Ste 220, Los Angeles, CA 90015. Principal address of LLC: 3500 S. Dupont Hwy, Dover, DE 19901. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Dover, DE 19901. Purpose: any lawful activities. LD-12910 (March 15, 2006)

## LEGAL NOTICE

Notice of Formation of Soufer Properties LLC Arts. of Org. filed with NY Secy. of State (SSNY) on 2/9/06 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 1015 Madison Ave, NY, NY, 10021 Purpose: any lawful activity. LD-12910 (March 15, 2006)

## LEGAL NOTICE

Notice of Formation of Prime Property Solutions, LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 11/10/2005. Office location: Rennselaer County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 792 Farm to Market Rd, Troy, NY 12180 Purpose: any lawful activities. LD-12923 (March 15, 2006)

## LEGAL NOTICE

Notice of Formation of Metrowest Solutions LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 2/1/2006. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The Company, 301 E. 79th St, Ste 24-H, NY, NY 10021. Purpose: any lawful activities. LD-12924 (March 15, 2006)

## LEGAL NOTICE

Notice of Qualification of Lakeview Capital Services, LLC. Authority filed with Secy. of State of NY (SSNY) on 2/7/06. Office location: Albany County. LLC formed in Delaware (DE) on 1/11/2006. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o National Registered Agents, Inc., 875 Ave. of the Americas, Ste. 501, NY, NY 10001. Principal address of LLC: 6261 NW 6th Way, Ste #203, Ft. Lauderdale, FL 33309. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Dover, DE 19901. Purpose: any lawful activities. LD-12925 (March 15, 2006)

## LEGAL NOTICE

Notice of Formation of Hunter & Monroe LLC. Arts.

## LEGAL NOTICE

of Org. filed with Secy. of State of NY (SSNY) on 2/1/2006. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The Company, 301 E. 79th St, Ste 24-H, NY, NY 10021. Purpose: any lawful activities. LD-12926 (March 15, 2006)

## LEGAL NOTICE

Notice of Qualification of Digital Videostream, LLC. Authority filed with Secy. of State of NY (SSNY) on 2/6/06. Office location: Albany County. LLC formed in California (CA) on 9/8/2000. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The Company, 2600 W. Olive Ave, Ste 100, Burbank, CA 91505. Principal address of LLC: 2600 W. Olive Ave, Ste 100, Burbank, CA 91505. Arts. of Org. filed with CA Secy. of State, 1500 11th St, Sacramento, CA 95814. Purpose: any lawful activities. LD-12927 (March 15, 2006)

## LEGAL NOTICE

Notice of Qualification of Atlantic Pacific Group LLC. Authority filed with Secy. of State of NY (SSNY) on 2/3/06. Office location: Albany County. LLC formed in Delaware (DE) on 11/14/2005. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The Company, 1415 S. Maple Ave, Ste 220, Los Angeles, CA 90015. Principal address of LLC: 3500 S. Dupont Hwy, Dover, DE 19901. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Dover, DE 19901. Purpose: any lawful activities. LD-12928 (March 15, 2006)

## LEGAL NOTICE

Notice of Formation of Gold Standard Builders, LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 2/2/06. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 197 Lenox Ave., Albany, NY 12208. Purpose: any lawful activity. LD-12930 (March 15, 2006)

## LEGAL NOTICE

Notice of Qualification of First States Investors 4422, LLC. Authority filed with Secy. of State of NY (SSNY) on 2/10/06. Office location: Albany County. LLC formed in Delaware (DE) on 2/6/06. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207. DE address of LLC: c/o CSC, 2711 Centerville Rd., Ste 400, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Dover DE 19901. Purpose: any lawful activity. LD-12931 (March 15, 2006)

## LEGAL NOTICE

Notice of Qualification of ASPENN ENVIRONMENTAL SERVICES NJ, LLC. Authority filed with Secy. of State of NY (SSNY) on 2/9/06. Office location: Albany County. LLC formed in New Jersey (NJ) on 2/1/06. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Company (CSC), 80 State St., Albany, NY 12207. NJ address of LLC: 155 Prospect Ave., West Orange, NJ 07052. Arts. of Org. filed with NJ Secy. of State, 225 W. State St., Trenton, NJ 08608. Purpose: any lawful activity. LD-12932 (March 15, 2006)

## LEGAL NOTICE

## LEGAL NOTICE

Notice of Formation of 215 ROSES GROVE, LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 2/10/06. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Corporation Service Company, 80 State St., Albany, NY 12207, registered agent upon whom process may be served. Purpose: any lawful activity. LD-12933 (March 15, 2006)

## LEGAL NOTICE

Notice of Formation of The Sap Bucket L.L.C. Arts. of Org. filed with NY Secy. Of State (SSNY) on 02/15/06. Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 191 Maple Ave, Selkirk, NY 12158 Purpose: any lawful activity. LD-12935 (March 15, 2006)

## LEGAL NOTICE

Notice of Formation of EDLER HOLDINGS LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 12/13/05. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State St., 3rd Fl., Albany, NY 12207, Attn: USA Corporate Services, Inc., registered agent upon whom process may be served. Purpose: all lawful activities. LD-12941 (March 15, 2006)

## LEGAL NOTICE

NOTICE OF FORMATION OF CARDINAL FINANCIAL PLANNING, L.L.C. A domestic Limited Liability Company (LLC). Articles of Organization filed with the Secretary of State ("SSNY") 04/22/2005. Office Location Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of any such process to The LLC, 30 Saint Clair Drive, Delmar, NY 12054. Purpose: any lawful business purpose. LD-12945 (March 15, 2006)

## LEGAL NOTICE

Notice of Formation of 125 East 88th St LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 2/16/06 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 101 W. 69 Street, Suite 1c, NY, NY 10036 Purpose: any lawful activity. LD-12946 (March 15, 2006)

## LEGAL NOTICE

Notice of Formation of 1987-1993 Coney LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 2/15/06 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 566 East 8th Street, Brooklyn, New York 11218 Purpose: any lawful activity. LD-12947 (March 15, 2006)

## LEGAL NOTICE

Notice of Formation of 602139 LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 2/16/06 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 3 Moline Court, Kings Point, NY 11024 Purpose: any lawful activity. LD-12948 (March 15, 2006)

## LEGAL NOTICE

## LEGAL NOTICE

Notice of Formation of First Key Management, LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 2/16/06 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 633 Barnard Avenue, Woodmere, NY 11598 Purpose: any lawful activity. LD-12949 (March 15, 2006)

## LEGAL NOTICE

Notice of Formation of Mazel 614 LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 2/17/06 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 4910-17TH Avenue, Suite 1b, Brooklyn, NY 11204 Purpose: any lawful activity. LD-12950 (March 15, 2006)

## LEGAL NOTICE

Notice of Formation of Powa Title Agency LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 2/17/06 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 1979 Marcus Ave, Ste 209, Lake Success, NY 11042 Purpose: any lawful activity. LD-12951 (March 15, 2006)

## LEGAL NOTICE

Notice of formation of ELDRIDGE RE, LLC a NYS limited liability company (L.L.C.). Formation filed with SSNY on 02/10/2006. Off. Loc.: Albany Co. SSNY designated as agt. of LLC, upon whom process may be served. SSNY shall mail copy of process to: The LLC, 1432 Forest Avenue, Staten Island, NY 10302. Purpose: All Lawful purposes. LD-12954 (March 15, 2006)

## LEGAL NOTICE

NOTICE OF FORMATION OF LLC Providential Capital, LLC, filed Articles of Organization with the New York Secretary of State on February 15, 2006. Its office is located in Albany County. The Secretary of State has been designated as agent upon whom process may be served and shall mail a copy of any process served on him or her to Providential Capital, LLC, 14 East Bayberry Road, Glenmont, New York 12077. Its business is to engage in any lawful activity for which limited liability companies may be organized under Section 203 of the New York Limited Liability Company Act. LD-12961 (March 15, 2006)

## LEGAL NOTICE

Notice of Formation of AKULA MANAGEMENT LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 2/17/06. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: De Lotto & Fajardo LLP, 370 Lexington Ave., Ste. 1001, NY, NY 10017. Purpose: any lawful activity. LD-12964 (March 15, 2006)

## LEGAL NOTICE

Notice of Formation of MALA CARA MUZIC, LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 2/21/06. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Dennis Rodriguez, 52 Adams Pl., Freehold, NJ 07728. Purpose: any lawful activity. LD-12965

## LEGAL NOTICE

(March 15, 2006)

## LEGAL NOTICE

Notice of Qualification of REVX-468 LLC. Authority filed with Secy. of State of NY (SSNY) on 1/30/06. Office location: Albany County. LLC formed in Montana (MT) on 1/6/2006. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The Company, 8 S. Idaho St, Ste C, Dillon, MT 59725. Principal address of LLC: 8 S. Idaho St, Ste C, Dillon, MT 59725. Arts. of Org. filed with MT Secy. of State, P.O. Box 202801, Helena, MT 59620. Purpose: any lawful activities. LD-12966 (March 15, 2006)

## LEGAL NOTICE

Notice of Qualification of REVX-469 LLC. Authority filed with Secy. of State of NY (SSNY) on 1/30/06. Office location: Albany County. LLC formed in Montana (MT) on 1/6/2006. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The Company, 8 S. Idaho St, Ste C, Dillon, MT 59725. Arts. of Org. filed with MT Secy. of State, P.O. Box 202801, Helena, MT 59620. Purpose: any lawful activities. LD-12967 (March 15, 2006)

## LEGAL NOTICE

Notice of Qualification of REVX-470 LLC. Authority filed with Secy. of State of NY (SSNY) on 1/30/06. Office location: Albany County. LLC formed in Montana (MT) on 1/6/2006. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The Company, 8 S. Idaho St, Ste C, Dillon, MT 59725. Principal address of LLC: 8 S. Idaho St, Ste C, Dillon, MT 59725. Arts. of Org. filed with MT Secy. of State, P.O. Box 202801, Helena, MT 59620. Purpose: any lawful activities. LD-12968 (March 15, 2006)

## LEGAL NOTICE

Notice of Qualification of Mebel LLC. Authority filed with Secy. of State of NY (SSNY) on 2/14/06. Office location: Albany County. LLC formed in California (CA) on 3/21/2003. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: National Registered Agents, Inc, 875 Avenue of the Americas, Ste 501, NY, NY 10001. Principal address of LLC: 701 3rd Ave, San Francisco, CA 94118. Arts. of Org. filed with CA Secy. of State, 1500 11th St, Sacramento, CA 95814. Purpose: any lawful activities. LD-12969 (March 15, 2006)

## LEGAL NOTICE

Notice of Formation of ZIGOMORF HOLDINGS LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 2/16/06. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State St., 3rd Fl., Albany, NY 12207, Attn: USA Corporate Services, Inc., registered agent upon whom process may be served. Purpose: all lawful activities. LD-12970 (March 15, 2006)

## LEGAL NOTICE

Notice of Qualification of Cendant Finance Holding Company LLC. Authority filed with Secy. of State of NY (SSNY) on 2/21/06. Office location: Albany County. LLC formed in Delaware (DE) on 12/14/04. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process

# CDYBL champions



The Bethlehem Girls Basketball Club seventh- and eighth-grade team won the Capital District Youth Basketball League title with a 22-2 record, which includes a 19-game winning streak. The team is, from left, (front) Haley Richter, Kaitlyn Raffe, Marjana Maksuti, Julia Mosely, Shannon Capozzola, Joe Riedy and Catherine Knabe; and (back) coach Glenn Richter, Courtney McCall, Kristina Maksuti, Rosie McKee, Tori Teal, Megan Fealey, coach Bill Riedy, Margaret Riedy and coach John McKee.

# Danes

(From Page 38)

Albany players might get a look from pro teams — in Europe or Asia.

Still, if you let your imagination run wild, there is a scenario in which Albany beats UConn. Wilson and Jordan start knifing through UConn's defense and make some tough layups. Then, Jon Iati comes off the bench and drains some long three-pointers to keep the game close entering the final minute.

Feeling the pressure of a potential historic upset, UConn starts missing free throws, which gives Albany a chance to win the game in the closing seconds. Wilson drives to the hoop and gently lays the ball through the basket as the final buzzer sounds, giving Albany an improbable one-point victory.

OK, now back to reality. UConn isn't going to let that happen. The Huskies are coming off an overtime loss to Syracuse in the Big East Tournament quarterfinals. Head coach Jim Calhoun is going to whip his players into shape until Friday's tip-off. He will dissect every nuance

of Albany's game to the point where if Wilson even thinks about driving to the hoop, someone will be in place to make certain that doesn't happen. UConn will be a step ahead of Albany the whole time. That's what a potential tournament championship squad does.

But just by taking the court against UConn, Albany has already won its own battle. The Great Danes are dancing their way to Philadelphia to play in front of another national TV audience. Potential recruits are going to see Albany's name and start thinking, "Hey, if I want to be in the NCAA Tournament, this school may be the one to sign with."

And if they lose to UConn, the Great Danes will have a rematch with the Huskies next season. Negotiations are taking place to bring Albany to either Hartford or Storrs for a non-league game in November. Another selling point for recruits.

So, maybe Albany goes to Philly and gets blown out of the building by a strong UConn squad. At least, the Great Danes get to play in the NCAA Tournament, where the sun always shines brightly.

That is, unless you're in Florida. See you in the spring.

**LEGAL NOTICE**

cess to: c/o Corporation Service Company (CSC), 80 State St., Albany, NY 12207. DE address of LLC: c/o CSC, 2711 Centerville Road, Ste. 400, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Dover, DE 19901. Purpose: any lawful activity. LD-12971 (March 15, 2006)

**LEGAL NOTICE**

Notice of Qualification of Breaking and Entering SPV, LLC. Authority filed with Secy. of State of NY (SSNY) on 2/14/06. Office location: Albany County, LLC formed in Delaware (DE) on 1/24/2006. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The Company, 375 Greenwich St., NY, NY 10013. Principal address of LLC: 375 Greenwich St., NY, NY 10013. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Dover, DE 19901. Purpose: any lawful activities. LD-12973 (March 15, 2006)

**LEGAL NOTICE**

Notice of Qualification of SPV Film Distribution, LLC. Authority filed with Secy. of State of NY (SSNY) on 2/14/06. Office location: Albany County, LLC formed in Delaware (DE) on 1/27/2006. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The Company, 375 Greenwich St., NY, NY 10013. Principal address of LLC: 375 Greenwich St., NY, NY 10013. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Dover, DE 19901. Purpose: any lawful activities. LD-12974 (March 15, 2006)

**LEGAL NOTICE**

Notice of Qualification of Sin City 2 SPV, LLC. Authority filed with Secy. of State of NY (SSNY) on 2/14/06. Office location: Albany County, LLC formed in Delaware (DE) on 1/27/2006. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The Company, 375 Greenwich St., NY, NY 10013. Principal address of LLC: 375 Greenwich St., NY, NY 10013. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Dover, DE

**LEGAL NOTICE**

19901. Purpose: any lawful activities. LD-12975 (March 15, 2006)

**LEGAL NOTICE**

Notice of Qualification of Chestnut SPV, LLC. Authority filed with Secy. of State of NY (SSNY) on 2/14/06. Office location: Albany County, LLC formed in Delaware (DE) on 1/24/2006. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The Company, 375 Greenwich St., NY, NY 10013. Principal address of LLC: 375 Greenwich St., NY, NY 10013. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Dover, DE 19901. Purpose: any lawful activities. LD-12976 (March 15, 2006)

**LEGAL NOTICE**

Notice of Formation of 1 To 3 Development LLC, Art. of Org. filed Sec'y of State (SSNY) 2/13/16. Office location: Albany County, SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to 1J Lyric Ave., Albany, NY 12205. Purpose: any lawful activities. LD-12979 (March 15, 2006)

**LEGAL NOTICE**

Notice of Formation of October Eve Music, LLC, Art. of Org. filed Sec'y of State (SSNY) 2/9/16. Office location: Albany County, SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to Rick Bedrosian, 4 Brookview Ave., Delmar, NY 12054. Purpose: any lawful activities. LD-12980 (March 15, 2006)

**LEGAL NOTICE**

Notice of Formation of Ten Year Vamp, LLC, Art. of Org. filed Sec'y of State (SSNY) 2/9/16. Office location: Albany County, SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to Jim Deaneay, Mohawk Asset Management, 1292 Gower Rd. Scotia, NY 12302. Purpose: any lawful activities. LD-12981 (March 15, 2006)

**LEGAL NOTICE**

**LEGAL NOTICE**  
**NOTICE OF FORMATION OF LLC**  
The name of the Limited Liability Company is RITA'S LEBANESE CAFE, LLC. Articles of Organization filed with the SSNY on 01/03/2006. The office location is Albany County. SSNY is designated as Agent of the LLC upon whom process against it may be served. SSNY shall mail process to: 38 East Fernbank Ave., Delmar, NY 12054. Purpose: any lawful activity. LD-12995 (March 15, 2006)

**LEGAL NOTICE**

Notice of Formation of VAT RECLAIM SERVICES LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 2/22/06. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State St., 3rd Fl., Albany, NY 12207. Attn: USA Corporate Services, Inc., registered agent upon whom process may be served. Purpose: all lawful activities. LD-12996 (March 15, 2006)

**LEGAL NOTICE**

**TOWN OF NEW SCOTLAND**  
Special Notice  
The Annual Financial Report for the Town of New Scotland for the fiscal year ending 2005 is on file in the Town Clerk's office and is available for public inspection. Diane Deschenes  
Town Clerk  
The Town of New Scotland is an equal opportunity provider and employer. LD-12998 (March 15, 2006)

**LEGAL NOTICE**

Notice of Formation of REYDELL INTERNATIONAL LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 12/13/05. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State St., 3rd Fl., Albany, NY 12207. Attn: USA Corporate Services Inc., registered agent upon whom process may be served. Purpose: all lawful activities. LD-13000 (March 15, 2006)

**LEGAL NOTICE**

**LEGAL NOTICE**  
Notice of Qualification of InterMac Direct, LLC. Authority filed with Secy. of State of NY (SSNY) on 1/19/06. Office location: Albany County, LLC formed in Delaware (DE) on 11/23/2005. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o CT Corporation System, 111 8th Ave., NY, NY 10011. Principal address of LLC: 1451 Cypress Creek Blvd, Ste 300, Ft. Lauderdale, FL 33309. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Dover, DE 19901. Purpose: any lawful activities. LD-13001 (March 15, 2006)

**LEGAL NOTICE**

Notice of Formation of Pharma Research, LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 2/21/2006. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The Company, 301 East 79th St. Ste 24-H, NY, NY 10021. Purpose: any lawful activities. LD-13002 (March 15, 2006)

**LEGAL NOTICE**

Notice of Qualification of Villa Nova Financing Group, LLC. Authority filed with Secy. of State of NY (SSNY) on 2/27/06. Office location: Albany County, LLC formed in New Jersey (NJ) on 3/7/03. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Company, 80 State St., Albany, NY 12207. NJ address of LLC: 293 Eisenhower Pkwy., Ste. 210, Livingston, NJ 07039. Arts. of Org. filed with NJ Secy. of State, 225 West State St., Trenton, NJ 08625. Purpose: any lawful activity. LD-13005 (March 15, 2006)

**LEGAL NOTICE**

Notice of Formation of HOPERA INTERNATIONAL LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 2/27/06. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State St., 3rd Fl., Albany, NY 12207, Attn: USA Corpo-

**LEGAL NOTICE**

rate Services Inc., registered agent-upon whom process may be served. Purpose: all lawful activities. LD-13006 (March 15, 2006)

**LEGAL NOTICE**

Notice of Qualification of Atria Shaker, LLC. Authority filed with Secy. of State of NY (SSNY) on 2/24/06. Office location: Albany County, LLC formed in Delaware (DE) on 1/26/06. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207. Principal office of LLC: 345 Northern Blvd., Albany, NY 12204. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: any lawful activity. LD-13007 (March 15, 2006)

**LEGAL NOTICE**

**NOTICE OF PUBLIC HEARING**  
Notice is hereby given that the Board of Appeals of the Town of Bethlehem, Albany County, New York will hold a public hearing on Wednesday, March 15, 2006, at 7:30 p.m., at the Town Offices, 445 Delaware Avenue, Delmar, New York to take action on application of Thomas & Laura Paonessa for Variance's under Article XIII, Use & Area Schedules, Section 128-100 A, Minimum Lot Width and Minimum Front Yards of the Code of the Town of Bethlehem for construction of, a single-family dwelling, which will not meet the minimum lot width and minimum front yard requirements at premises of proposed lot number 2 Grove Place, Albany, New York.  
Michael C. Hodom  
Chairman  
Board of Appeals  
LD-13008 (March 15, 2006)

**LEGAL NOTICE**

**NOTICE OF PUBLIC HEARING**  
Notice is hereby given that the Board of Appeals of the Town of Bethlehem, Albany County, New York will hold a public hearing on Wednesday, March 15, 2006, at 7:45 p.m., at the Town Offices, 445 Delaware Avenue, Delmar, New York to take action on application of Thomas & Laura Paonessa for Variance's under Article XIII,

**LEGAL NOTICE**

Use & Area Schedules, Section 128-100 A, Minimum Lot Width and Minimum Front Yards of the Code of the Town of Bethlehem for the reconfiguration of an existing lot, which will no longer meet the minimum lot depth and minimum lot area requirements at premises 25 Pine Street, Albany, New York.  
Michael C. Hodom  
Chairman  
Board of Appeals  
LD-13009 (March 15, 2006)

**LEGAL NOTICE**

**NOTICE OF PUBLIC HEARING**  
Notice is hereby given that the Board of Appeals of the Town of Bethlehem, Albany County, New York will hold a public hearing on Wednesday, March 15, 2006, at 7:45 p.m., at the Town Offices, 445 Delaware Avenue, Delmar, New York to take action on application of Thomas & Laura Paonessa for Variance's under Article XIII, Use & Area Schedules, Section 128-100 A, Minimum Lot Width and Minimum Front Yards of the Code of the Town of Bethlehem for the reconfiguration of an existing lot, which will no longer meet the minimum lot depth and minimum lot area requirements at premises 25 Pine Street, Albany, New York.  
Michael C. Hodom  
Chairman  
Board of Appeals  
LD-13010 (March 15, 2006)

**LEGAL NOTICE**

**TOWN OF NEW SCOTLAND**  
**NOTICE TO BIDDER FOR THE PURCHASE OF A NEW OR 1 TON PICK-UP TRUCK W/PLOW OPTION**  
PLEASE TAKE NOTICE that pursuant to resolution of the Town Board, Town of New Scotland, Albany County, New York sealed bids for the purchase of a new 4 wheel drive or 1 ton pick-up truck with plow option will be received at the office of the Town Clerk at Town Hall, Town of New Scotland, County of Albany, 2029 New Scotland Road Slingerlands, N.Y. 12159, until 10:00 A.M. on the 3rd day of April, 2006 at which time they will be opened and read aloud. Bids will be submitted in duplicate in sealed envelopes which shall bear on the face thereof the name and address of the bidder and title, "Bid for Pick Up Truck" Detailed specifications and bid forms are

**LEGAL NOTICE**

available to any interested bidder at the office of the Highway Superintendent located in Town Hall. The contract for the purchase of the above item will be awarded by the Town Board to the lowest responsible bidder. In case where two or more responsible bidders submit identical bids as to price, the Town Board may reject any or all bids at its discretion. The Town Board reserves the right to waive any informality in or to reject any or all bids. All bids must be accompanied by Non-Collusion Bidding Certificate required by Section 103-d of the General Law. Bid forms may be picked up at the Highway Garage. BY ORDER OF THE TOWN BOARD OF THE TOWN OF NEW SCOTLAND DATED March 8, 2006 Diane Deschenes Town Clerk LD-13050 (March 15, 2006)

**LEGAL NOTICE**

**NOTICE TO BIDDERS**  
**NOTICE IS HEREBY GIVEN** that the Town Board of the Town of Bethlehem hereby invites sealed bids for a Generator Service Contract for preventive maintenance of standby generators used at various locations for the Town Departments. Bids will be received up to 2:30 p.m. on the 29th day of March, 2006 at which time such bids will be publicly opened and read aloud at the Town Hall, 445 Delaware Avenue, Delmar, New York. Bids shall be addressed to Ms. Theresa L. Egan, Supervisor, Town of Bethlehem, 445 Delaware Avenue, Delmar, New York 12054. Bids shall be in a sealed envelope which shall bear, on the face thereof, the name and address of the bidder and the subject of the bid. Original and ONE COPY of each bid shall be submitted. Copies of the specifications may be obtained from the Town Clerk at the Town Hall, Delmar, New York. The Town Board reserves the right to waive any informalities in and/or to reject any or all bids. BY ORDER OF THE TOWN BOARD OF THE TOWN OF BETHLEHEM Kathleen A. Newkirk, MMC, RMC Town Clerk Dated: March 8, 2006 LD-13035 (March 15, 2006)



# BETHLEHEM SPRING VARSITY SPORTS SCHEDULE UAlbany

## Baseball

March 17 — at Delsea Regional (N.J.), 3 p.m.  
 March 18 — at Delsea Regional (N.J.), 10 a.m.  
 March 19 — at Delsea Regional (N.J.), 10 a.m.  
 April 10 — at Averill Park, 4 p.m.  
 April 12 — at Niskayuna, 4 p.m.  
**April 15 — Queensbury, noon**  
**April 17 — Saratoga, noon**  
 April 20 — at Colonie, noon  
 April 21 — at Shaker, noon  
 April 22 — at CBA, noon  
 April 24 — at Columbia, 4 p.m.  
**April 26 — Mohonasen, 4:15 p.m.**  
**April 28 — Colonie, 4:15 p.m.**  
 April 29 — at Amsterdam, 6 p.m.  
 April 30 — LaSalle at Cooperstown, TBA  
 May 1 — at Guiderland, 4 p.m.  
 May 3 — at Ballston Spa, 4 p.m.  
**May 5 — Columbia at Joe Bruno Stadium, 7 p.m.**  
 May 6 — at Troy Wood Bat Tournament, TBA  
**May 8 — Shenendehowa, 4 p.m.**  
**May 10 — Burnt Hills-Ballston Lake, 4:15 p.m.**  
**May 12 — Niskayuna, 4 p.m.**

## Boys lacrosse

March 30 — CBA, 4 p.m.  
 April 6 — at Colonie, 4 p.m.  
 April 8 — Schenectady, 3 p.m.

**April 11 — Ballston Spa, 4:30 p.m.**  
 April 13 — at Shaker, 4 p.m.  
 April 17 — at Columbia, noon  
**April 19 — Guiderland, noon**  
**April 21 — Colonie, noon**  
 April 22 — at LaSalle, 1 p.m.  
 April 27 — at Shenendehowa, 4 p.m.  
**April 29 — Shaker, 7:30 p.m.**  
 May 2 — at Ballston Spa, 4:30 p.m.  
**May 4 — Niskayuna, 4 p.m.**  
 May 9 — at Saratoga, 7:30 p.m.  
 May 11 — at Guiderland, 4 p.m.  
 May 13 — at Queensbury, 11 a.m.  
**May 18 — Columbia, 7:30 p.m.**

## Girls lacrosse

**April 4 — Shenendehowa, 4 p.m.**  
 April 6 — at Guiderland, 4 p.m.  
**April 7 — Horseheads, 7:30 p.m.**  
 April 11 — at Columbia, 4 p.m.  
**April 13 — Shaker, 4 p.m.**  
 April 17 — at Saratoga, noon  
**April 19 — Averill Park, noon**  
 April 20 — at Fayetteville-Manlius, TBA  
 April 25 — at Shenendehowa, 4 p.m.  
 April 27 — at Ballston Spa, 4 p.m.  
 April 29 — Penn Yann (at Cicero-North Syracuse), TBA  
**May 2 — Guiderland, 4 p.m.**  
 May 4 — at Shaker, 4 p.m.  
**May 5 — Niskayuna, 7 p.m.**

May 8 — at Colonie, 4 p.m.  
**May 10 — Saratoga, 4:15 p.m.**

## Softball

April 10 — at Averill Park, 4 p.m.  
 April 12 — at Niskayuna, 4 p.m.  
**April 17 — Saratoga, noon**  
 April 19 — at Shaker, 4 p.m.  
 April 20 — at Colonie, noon  
 April 24 — at Columbia, 4 p.m.  
**April 26 — Mohonasen, 4 p.m.**  
**April 28 — Colonie, 4 p.m.**  
 May 1 — at Guiderland, 4 p.m.  
 May 3 — at Ballston Spa, 4 p.m.  
**May 5 — Columbia, 4 p.m.**  
**May 8 — Shenendehowa, 4 p.m.**  
**May 10 — Burnt Hills-Ballston Lake, 4 p.m.**  
**May 12 — Niskayuna, 4 p.m.**

## Boys tennis

April 4 — at Shenendehowa, 4 p.m.  
 April 6 — at Mohonasen, 4 p.m.  
 April 10 — at Niskayuna, 4 p.m.  
**April 11 — Guiderland, 4 p.m.**  
**April 12 — Colonie, 4 p.m.**  
 April 25 — at Saratoga, 4 p.m.  
**April 26 — Niskayuna, 4 p.m.**  
 April 27 — at Guiderland, 4 p.m.  
**May 2 — Albany Academy, 3:30 p.m.**  
**May 3 — Shenendehowa, 4 p.m.**  
**May 4 — Columbia, 4 p.m.**  
 Home games are in bold.

(From Page 38)

when CBA won the first of three straight Section II titles. "Every loss hurts, but this one hurts a little more."

Jordan had experienced a lot of losing since graduating from Colonie in 2001. In the two years he was at Loyola, he was the leading scorer for a Greyhounds squad that was mired in the Metro Atlantic Athletic Conference basement. In his first season at Albany last year, Jordan played more of a supporting role in the Great Danes' 13-15 finish — at the time, their best record since moving to Division I in 1999.

"I think it made me a stronger person," said Jordan, who was part of Colonie's 2000 Section II championship squad. "All the bad times, all that stuff is forgotten now."

"I give Lucious Jordan credit," said Vermont coach Mike Lonergan. "I've followed him at Loyola when he scored a lot, and I thought during this tournament he hit some big shots."

Jordan and his Albany team-

mates didn't have a lot of time to enjoy their first America East tournament title. The next evening, the Great Danes learned they would be playing top-seeded Connecticut in Friday's opening round of the Washington, D.C., regional in Philadelphia.

Still, just hearing Albany's name being called during the televised selection show was music to everyone's ears.

"I told these kids to enjoy this because you never know if you'll do this again," said Brown.

Notes: The trip wasn't a total loss for Duell. Lonergan let Duell stay behind to watch CBA defeat Utica Proctor 69-60 in the class AA regionals Saturday night at the RACC.

Jordan isn't the only Capital District native who will be playing in his first NCAA Tournament. Colonie's Anthony Bruin and Guiderland's Kenny Dago-stino are part of the MAAC champion Iona squad that earned a No. 13 seed in the Atlanta region and an opening-round game against fourth-seeded ISU Thursday.

## Got sports news?

The Spotlight welcomes articles on community sports events and updates on athletes in college.  
 Fax information to 439-0609 or e-mail Sports Editor Rob Jonas at [jonasr@spotlightnews.com](mailto:jonasr@spotlightnews.com).  
 The Spotlight also welcomes photos of area athletes and teams. Mail photos to P.O. Box 100, Delmar 12054 or e-mail to [jonasr@spotlightnews.com](mailto:jonasr@spotlightnews.com).

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 Presented by Helen Volk  
**Sunday March 19, 2006**  
**1-4 pm**  
**Community United Methodist Church**  
 1499 New Scotland Road, Slingerlands  
 Located between Price Chopper & Toll Gate Plazas.  
**Call 439-1766 to register with your name & phone #**  
 Cost: \$20 if registered by March 12; \$25 after March 12  
 Proceeds benefit Mission Projects of the United Methodist Women.

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Sports *in the* Spotlight

## UAlbany reaches the summit

Sports  
briefsV'Ville repeats  
as volleyball  
champions

The Voorheesville boys volleyball team successfully defended its class B state regional title by defeating Living Word Academy of Syracuse 3-0 in last Saturday's championship match.

The Blackbirds took the first game 25-12, and then pulled out a 25-23 victory in the second game before finishing the sweep with a 25-15 win.

Adrian Michalski led Voorheesville with 13 kills. Adrian's brothers Ian and Austin also had strong performances. Ian recorded six kills and 12 assists, and Austin contributed five kills and seven assists.

John McNally added seven kills for the Blackbirds, who finished with a 16-0 record.

Lacrosse club  
slates sign-ups

The Bethlehem Youth Lacrosse Club is holding registration sessions April 1 from 10 a.m. to noon and April 4 from 6 to 8 p.m. in the main lobby of Bethlehem Central High School.

The club is open to boys in grades three through eight, and beginners are encouraged to register. Practices begin April 25, and the first games take place around May 4. Teams play in the Capital District Youth Lacrosse League.

The cost is \$95, which covers insurance, a reversible jersey, membership in US Lacrosse and the use of helmets, gloves, arm pads and shoulder pads. Players must supply their own lacrosse sticks.

For information, contact Dave Rounds at 505-5372.

Delmar Dash  
returns April 2

The 18th annual Delmar Dash is scheduled for Sunday, April 2.

For the second year in a row, the road race will begin on Kenwood Avenue and finish at Bethlehem Central Middle School parking lot. The course includes many of the old roads used in previous Delmar Dashes.

The course record was set by Tom Dalton in 1989 (24:33).

Runners of all ages and abilities are welcome to participate. There will also be children's races following the main race, which starts at 9 a.m.

Danes down Vermont  
for America East  
tournament title

By ROB JONAS

The long road Lucious Jordan and his University at Albany teammates followed led them to the promised land.

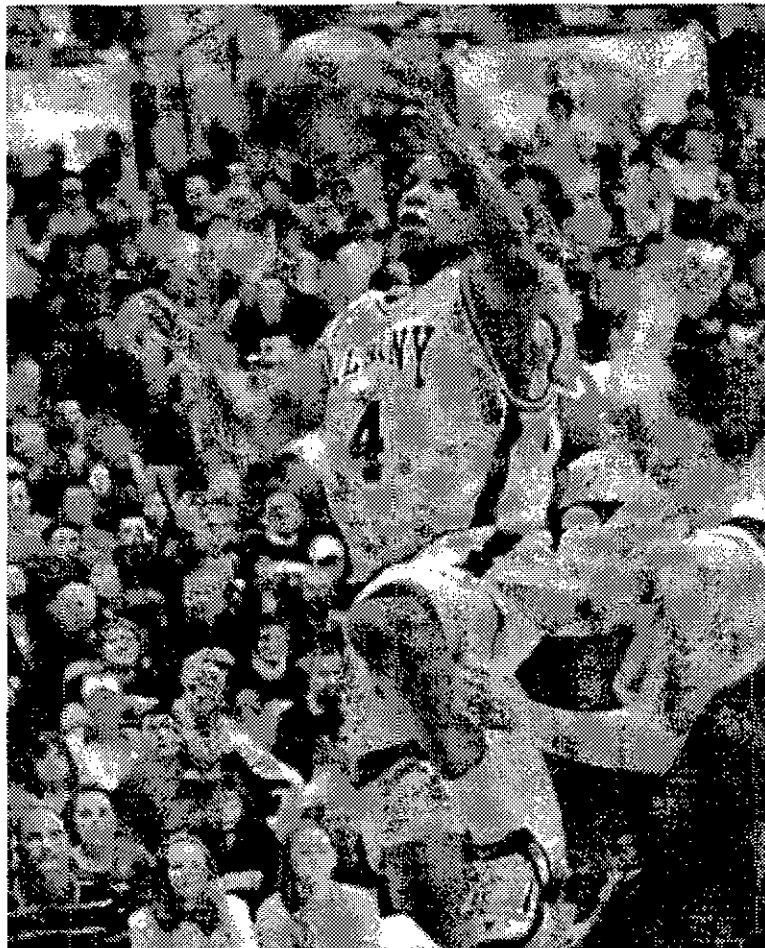
The Great Danes leapt out to an 18-4 lead and never looked back in beating Vermont 80-67 last Saturday to wrap up their first America East men's basketball title before more than 4,500 purple-and-gold-clad frenzied fans at the Recreation and Convocation Center.

For the Albany program, the victory capped its first winning season in seven years at the Division I level and earned it a berth in this week's NCAA Tournament.

For Jordan, it ended a journey that led him from Colonie High School through two tough years at Loyola of Maryland to a chance to play on the national stage near his hometown.

"It's an incredible feeling," said Jordan. "The fact that I'm here now and everything worked out the way it was planned ... it doesn't always work out like it is planned, so I'm very grateful that it did."

Jordan played a major role in



University at Albany forward Lucious Jordan drives for a layup during last Saturday's America East Tournament championship game against Vermont. Jordan had 18 points in the 80-67 victory. *Jim Franco*

Albany's victory. He opened the game with a three-pointer and added a jump shot off a Vermont turnover to help the Great Danes establish early dominance over the three-time defending American East tournament champions. Jordan finished with 18 points and

five rebounds.

"When he gets it going early, he always plays well," said Albany coach Will Brown. "When he stepped up and hit that (first three-point) shot, I knew we'd be fine."

Vermont tried to get back into the game, but every time the Catamounts gained a little momentum, Jamar Wilson snatched it away from them. Albany's junior sensation relentlessly drove to the basket and made layup after acrobatic layup. But, it was Wilson's buzzer-beating three-pointer at the end of the first half that all but sealed Vermont's fate, as it gave Albany a 44-26 lead.

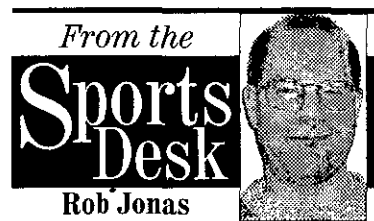
"I felt I was in a zone, and I was really focused," said Wilson, who finished with 29 points and was given the tournament's most valuable player award.

Sophomore center Josh Duell did what he could to keep Vermont in the game. The Christian Brothers Academy graduate and Scotia native scored all of his 13 points in the second half to give the Catamounts a spark off the bench — even if it was too late to stave off elimination.

"It's a little different from when I was in high school," said Duell, who had been part of three consecutive championship teams dating back to the 2003-04 season

□ UALBANY/page 37

## Great Danes get their moment in the sun



From the  
**Sports  
Desk**  
Rob Jonas

By ROB JONAS

If my mind starts wandering during the course of this column, it's because I'm leaving for Florida this weekend.

Well, the University at Albany finally had its moment in the sun. In front of a packed RACC and a national television audience, the Great Danes bounced Vermont 80-67 for the America East men's basketball title.

They got the requisite ESPN SportsCenter highlight package, complete with a slightly affectionate dig at their nickname ("They're not just the good Danes, they're the Great Danes").

They showed Albany students storming the court after the final buzzer so many times, I started looking to see how the camera people behind the backboards avoided getting trampled.

They also, thankfully, showed Colonie High School graduate Lucious Jordan hitting a three-pointer to prove that Albany's scoring output didn't come solely from Jamar Wilson.

Now, the Great Danes get the top-seeded University of Connecticut Huskies in the NCAA Tournament.



University at Albany basketball fans cheer as they watch their Great Danes defeat Vermont 80-67 last Saturday to win the America East championship. *Jim Franco*

Ugh.

Of course, no one expected Albany to get a high seed for its first trip to the tournament since moving up to the Division I level seven years ago. In fact, it would have been a surprise if the Great Danes had been granted anything higher than a 15<sup>th</sup> seed. This is the price you pay for playing in America East, a conference that is ranked near the bottom of the RPI among all Division I leagues.

At least, Albany was saved from being sent to Tuesday's play-

in game in Dayton. That's when you know that the NCAA Tournament committee doesn't hold you in high regard, even if you received your conference's automatic bid.

And the committee did do Albany a small favor by pitting the Great Danes against UConn. Original projected brackets had Albany facing Villanova in an opening round game in Philadelphia, where the crowd would have been predominantly rooting for the Wildcats. By facing UConn in

Philly, the Great Danes have a shot at getting the crowd on their side because few Philly sports fans probably want to see a Big East rival win in their building.

The trick is, Albany has to be competitive against UConn in order to get the fans on its side. That will be about as easy as gluing ticks to the head of a pin. UConn has a starting lineup that could beat a few NBA teams. Its players expect to be picked early in the NBA Draft.

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# Call

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commute to get there, individuals are placing a greater value on their free time. Another reason people don't get involved is simply because they are misinformed about the role of the volunteer fire department and the time commitments needed from the volunteers.

## Understanding the job

"There is a misnomer out there as to what we really do," said Quinn, who noted that the fire department does not just respond to fires. "Volunteer departments often provide EMS services, go to vehicle accidents, hazardous material incidents, and assist with matters of public safety or security." Quinn noted that the decline in volunteers is more critical when responding to EMS calls because those calls "far outweigh fire calls."

Quinn added that the volunteer fire departments have many jobs people can do which don't include fighting fires. Typically, he said, the firefighters often have additional roles in the department in holding administrative offices, fundraising, and maintenance of the equipment and facilities, and people don't have to be a firefighter to assist in those other roles.

Additionally, many people assume that as volunteers they will be forced to take on the financial responsibility of their firefighting training. Noting that each department has different guidelines for training, Quinn said, "Each county is given a certain amount of training hours by the state. The hours are included in the state budget."

Departments utilize those hours to send volunteers through training programs with the Office of Fire Prevention and Control. To become qualified to enter a

**"There is a misnomer out there as to what we really do. Volunteer departments often provide EMS services, go to vehicle accidents, hazardous material incidents, and assist with matters of public safety or security."**

David Quinn

structure's interior and fight fires, a volunteer must first complete the Firefighter I course. The course is 75 hours long. Quinn added that there is a separate training for those volunteers who want to provide scene support. Volunteers can assist on site and perform numerous necessary tasks without entering the building.

Recognizing the decline in volunteers, FASNY completed a statewide study in 2001 designed to provide a financial overview of the cost to be incurred if each of the volunteer departments in the state were to be converted to a paid department. Their study estimated that such a conversion would be upwards of \$2.9 billion statewide with an additional \$4.4 billion to convert the existing buildings and add new buildings and equipment that would be required. The conversion cost for Albany County would be over \$59 million, with Saratoga County's cost at over \$30 million, and Rensselaer at over \$21 million.

## Financial incentives

Reacting to those figures, many area municipalities have been working on local legislation to provide incentives to their citizens for their involvement with the volunteer departments. Most of these incentives come in the form of tax breaks by providing the volunteers with discounts on property taxes or school taxes. Local municipalities, under a state law, have the option to establish and fund a pension plan known as a length of service award program.

Additionally, U.S. Rep. Maurice Hinchey, D-Hurley, and U.S. Sen. Chuck Schumer, also a Democrat, introduced a bill to the House and the Senate in early 2005, which would provide an annual tax credit of \$1,000 for active members of volunteer fire and EMS organizations. The bill was brought forward in an effort to increase recruitment and retention in volunteer departments. It is currently being reviewed by subcommittees in both houses.

## Courting youth

Fire departments are also instituting new programs in an effort to recruit members. Quinn noted that many departments have an explorer program for people younger than 18. The structured program provides an education about what goes on in the department. Similarly, departments are changing their bylaws to accommodate those under the age of 18 who wish to join the department. Individuals complete training programs and are able to perform a variety of tasks within the facility and on emergency scenes but must do so within the restrictions of the Child Labor Law.

Quinn said that these programs normally begin with a group of young adults who have been encouraged by family or friends who are already active members of the department. When the initial group completes its training and begins to become more actively involved, they then share their experiences with other peers who take an interest and become part of subsequent training groups.

"It is a give-and-take. We get something from them, but we want to give something back," said Quinn of the young adults involved in area departments. "We want to provide a good mentoring environment."

Quinn added that the volunteers, young and old, "love what they do. They enjoy helping their neighbors. They provide a necessary service to keep the community safe."

As for those of us not volunteering, Quinn encouraged us to check out local volunteer fire departments and offer our services. Most departments have weekly or monthly meetings that the public can attend for information, and applications for membership are often available on the department's Web sites.

"There are departments and EMS squads out there that really need your help. A couple of hours a week is all that may be needed," said Quinn, who offered a reminder that not every volunteer with the department needs to be fighting fires.

# Woman of the house

Amy Price always wanted to be a firefighter

By JENNIFER FARNSWORTH

Amy Price cannot remember if she was 10 or 11 the Christmas she received a scanner, but she does remember wishing for it. Finally, she knew just where those fire trucks were headed as she gazed out her window.

Maybe it was growing up next door to the Jonesville Fire Department, maybe it's her confidence; whatever the exact reason, Price, now 23, always knew she wanted to become a firefighter.

"From an early age, I was intrigued with the fire department," she said. "I finally joined and here I am today, an officer."

Price has faced many challenges. According to Women in Fire Service, Inc., there are fewer than 100 female firefighters in all of New York, paid and volunteer combined. Price said the obstacles range from the uniform not fitting to climbing into the cumbersome-sized trucks. Price has her gear special-ordered, from her jacket to her boots.

"I'm 5'4", wear a woman's size 7 shoe, and most departments don't have that size gear lying around," she said. "I am fortunate enough that Jonesville was able to provide gear that properly fits me. Not all departments can afford to supply volunteers with protective gear that fits accurately."

Price carries around 75 pounds of gear, which is again one of the struggles related to her size and strength. She is qualified to operate all of the department vehicles, but before she can even turn the key, Price needs to adjust the seat in order to see over the bumper.

Still, Price said these obstacles are small in comparison to the satisfaction she gets from providing this life-saving service to her community, and that her size is sometimes an advantage.

"I can easily fit through small entries, attics, basements, and car windows," she said. "I have to find a way to work through my



Amy Price of Jonesville always knew she wanted to be a firefighter.

obstacles because no matter how tall or small, there is a job to be done."

This outlook is part of what makes Price an asset to the Jonesville Fire Department.

Quick thinking and problem solving are essential parts of being a firefighter, and Price feels she has an advantage as a woman. In addition to her mechanical skills, she thinks being able to

**"I have to find a way to work through my obstacles because no matter how tall or small, there is a job to be done."**

Amy Price

communicate well is a strength females inherently possess.

"I think being able to ask for help is a very important tool, which also carries into everyday life," she said. "I believe it's a tool that many women are able to bring to the table."

Firefighters train to "fight fire" as well as learn emergency medical responses as well.

"Training is to a firefighter as practice is to an athlete," she said.

In Jonesville, the firefighters train as a department every Wednesday night after most of the volunteers have already put in a full workday outside of the firehouse. They attend state and county training that is comparable to a college atmosphere.

"When a firefighter goes to

school, it allows that person to grow their own skill set and also to bring that skill set back to the home department, then share it with other firefighters," said Price.

Learning life lessons would almost seem to go hand in hand with devoting time to helping others. Price said she remembers telling her father about her first high-risk situation, when a roof began to collapse over her during a house fire. To young Price, it was quite a tale, but to her dad it was a frightening reality check of the dangers of being a firefighter.

"It made my father cry, which was a very rare occurrence, and out of this experience I learned that to my parents, they would always view me as a child," she said.

Even so, Price said her parents have been supportive and encouraged her to reach for her goals and dreams.

Price's message to young women is never to feel inhibited by gender, size, or anything that may seem to be an obstacle. Price followed her "calling" and has never looked back.

"Don't count yourself out just because you look different from other firefighters," she said. "There is a place for everyone in life, and you can't know where that is if you don't try to find out. I encourage women and men who are interested in volunteering to contact your local department for information."

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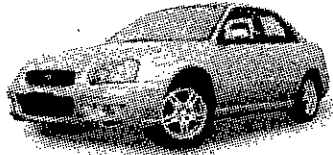
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