



## High above the Capital District

It doesn't take the iron nerve or flimsy reasoning of those kinds of people that will do most anything not deliberately designed or intended to kill them in a moment's notice to fly a small plane.

On the scale between sheer impulse and conscience, taking flight in a small plane is right about dead center.

See story on Page 3.



## A martyr's tale at NYSTI

Taking an unpopular stand can be a difficult thing. Sticking with it when it means mortal danger can lead to sainthood. The story of one woman who risked everything for her belief that her country should be free takes to the stage at the New York State Theatre Institute this weekend with the opening of "The Lark."

See story on Page 24.



## Boys lacrosse

The Bethlehem boys lacrosse team has the capability to play with anyone in the Suburban Council. Beating them has been another matter.

See story on Page 38.

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# Spotlight

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VOLUME L NUMBER 17 75¢ APRIL 26, 2006

## Teens accused of gang assault

By STEPHANIE LUBIS

Four teenagers were arrested for a gang assault that occurred at Glenmont Job Corps in Glenmont Tuesday, April 18.

The assault occurred April 17 at about 7:15 p.m., police said. Police arrested Carlos R. Figueroa, 16, Dennier W. Thomas, 18, Joel Marchene, 16, all of St. Croix, Virgin Islands, and Jaleem A. Charles, of St. Thomas, Virgin Islands.

The 18 year old victim, also a student and resident of the Job Corps, was hospitalized with a head injury, internal bleeding, and lacerations. He was released last week and will face the Job Corps review board to determine his involvement with the fight.

"If a student here is involved in a fight, they face the review board and possible termination," said Rose Walker Cook, Job Corps director. "The other four have already been dismissed from the program."

The four teens have been

charged with gang assault in the first degree, felony, and criminal possession of a weapon in the fourth degree, a misdemeanor. All four were arraigned in Bethlehem Town Court and were taken to Albany County jail without bail.

*"Most of [our students] are fine young men, but we do deal with students who have issues, and these four obviously have problems. When we have problems, we call the police."*

Rose Walker Cook

"We have 500 students that go through our doors, and most of them are fine young men," said Cook. "But we do deal with students who have issues, and these four obviously have problems. When we have problems, we call the police."

There are 122 Job Corps centers in the United States, and applicants apply and are assigned to one of those centers. A student at the corps can stay up to two years.

## Three vie for two school board seats

By STEPHANIE LUBIS

Incumbent Bethlehem school board members James Lytle and Lynne Lenhardt have some competition this year. Newcomer Paulette Morgan is seeking her first term on the board.

Paulette Morgan

Morgan, a 16-year resident of Delmar, said she wanted to become more involved in the education process. Her daughter, Katie, attends Bethlehem Central Middle School.

"I'm a working mom," she said. "And because I have a daughter in sixth grade, I think it'll be easier for me to represent parents with younger children, since I've dealt with the elementary school more recently."

Morgan is a budget analyst for the state Office of Temporary and Disability Assistance, and hopes to utilize her bud-

geting and financial experience to help the district find creative ways to keep costs low.

"I know people in this district are upset about tax increases," she said. "I feel as if the board hasn't looked as closely at the budget as they could have, and the tax increases really affect whether people stay in town or leave."

Morgan and her husband, William Howard, said they moved to the district primarily because of the school system.

"We live in a newer development, and the town is growing," she said. "I think it's important to represent the interests of many of the people who have recently moved here with young children."

Morgan is also on the board of the Albany Figure Skating Club and serves as treasurer for

□ School Page 18



## Efforts focus on curbing underage drinking

By JOSEPHINE ORSINI

In a place where the winters can be so brutal, it isn't surprising that there is a sudden burst in activity at the first sign of warm weather. For many, this change offers the chance to get out of the house and have some fun.

Sometimes this fun turns into going out and drinking and taking part in parties and social functions that involve alcohol. It is common for younger people to get behind the wheel and try to drive instead of admitting to their parents that they are drunk.

Special events such as school break, graduation and school dances take place in the spring, which also brings up issues of alcohol and substance abuse.

This is why the National Council on Alcoholism and Drug Dependence (NCADD)

sponsors Alcohol Awareness Month, which takes place in April.

"April is a time where a lot of underage-drinking relevant events take place," said Shelly Burgess, public affairs specialist of Substances Abuse and Mental Health Services Administration. "So it serves as a time for the country to reflect on the issue while it is very relevant."

*"April is a time where a lot of underage-drinking relevant events take place, so it serves as a time for the country to reflect on the issue while it is very relevant."*

Shelly Burgess

Alcohol Awareness Month began as a way of reaching the American public with information about alcoholism and alcohol-related issues. Over the years, the focus has been on underage drinking and

□ Springtime Page 39

## Preventing further tragedy

*After losing his son  
to a drunk driver, a father works  
to help others avoid sorrow*

By STEPHANIE LUBIS

When Sam Messina's 25-year-old son, Matthew, died almost three years ago, it was at the hands of a hit-and-run drunk driver.

It happened in California. A car struck Matthew as he rode his bike home from a friend's house. The Messinas, who live in Bethlehem, received a call at 3:20 in the morning that their son was critically injured, and

they should make the long trip to California. They did so, but Matthew never regained consciousness. He died June 19, 2003, two days after he was hit.

Not only was Matthew killed, the driver of the car could not be found. The Messinas traveled to California twice to work with the highway patrol, trying to locate the driver by combing area neighborhoods, talking to people, trying anything so they could find the person responsible.

Finally, a year later, someone turned in the driver, a 31-year-

□ Tragedy Page 39



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# Police Blotter

## Police arrest one for DWI

On April 19, Bethlehem police arrested April J. Volk, 43, of 612 Kenwood Ave. in Delmar on charges of driving while intoxicated (DWI).

Officer David Caputo and Sgt. Robert Markel saw Volk's vehicle speeding and crossing over the center lane several times, police said.

The vehicle was also seen

following another vehicle too closely.

The vehicle was stopped on Route 85. Police detected a strong odor of alcohol. Volk failed field sobriety tests and was returned to police headquarters for processing. She is due back in court May 2 at 4 p.m.



Charlotte, Ellie and Amy Higgs and Riley, Casey and Janine McGuire enjoy the good weather at Five Rivers last week.  
Renee Rahal



### Come to the 2nd Annual Earth Day Celebration + Silent Auction

For the Beauty of Earth...For the Future of the Children

Saturday April 29th, 12 Noon - 4p.m.

Glenmont Community Church Reformed

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\*Face-painting + earth-friendly craft projects for kids

\*Games for ALL ages (weather permitting) with prizes

\*FREE cold drinks; organic snacks + coffee for sale

\*FREE resources on alternative energy, composting, fair trade, organic gardening, and more.

2:00-3:00pm: \*Silent auction\* - items from \$5<sup>00</sup> - \$300<sup>00</sup>

Proceeds from auction will benefit Camp Fowler,

An adirondack youth camp.

3:00pm: \*Story Telling

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Glenmont Community Church Reformed

Weiser St. and Chapel Lane, Glenmont (Behind K-Mart) • 436-7710

Directions: www.glenmontchurch.org

## Bethlehem teacher to give recital

On Sunday, April 30, Bethlehem Central Middle School music teacher Patrick Pisanello will present a piano recital that is his second in a series of masterworks for the piano.

The program will feature works by Bach, Beethoven, Chopin and Liszt.

The concert will take place at Delmar Reformed Church, 386 Delaware Ave., near the Four

Corners.

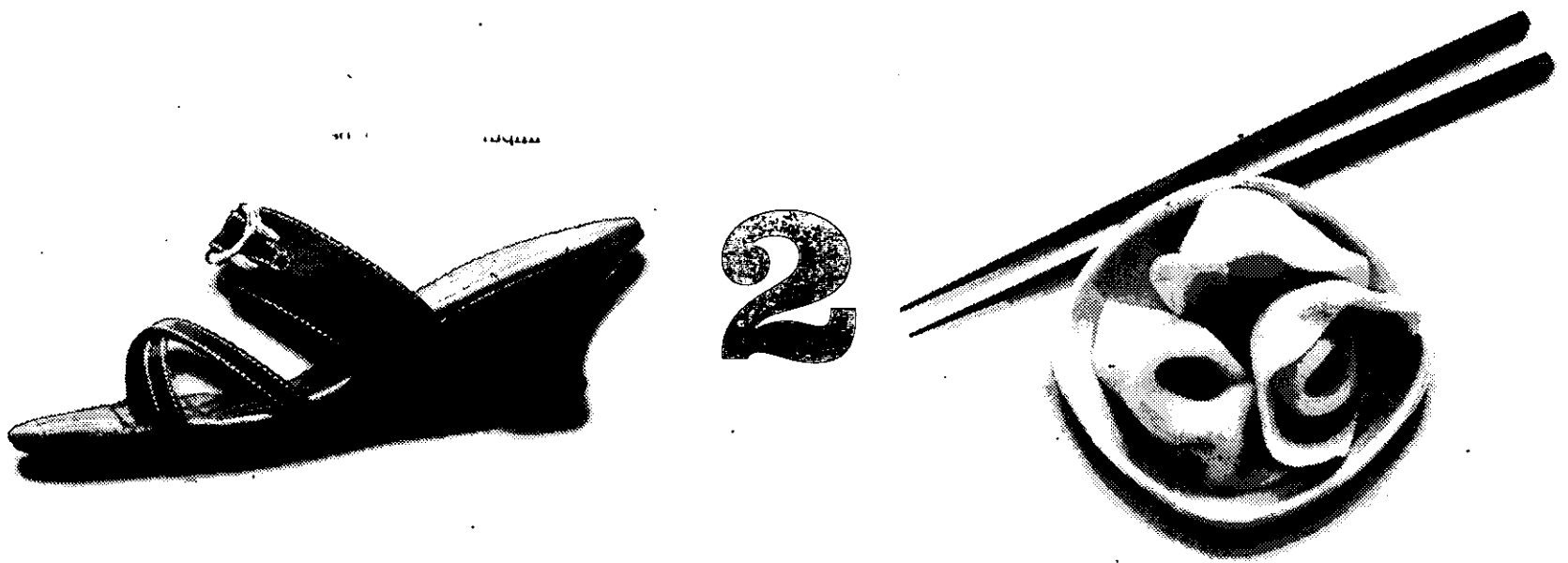
Pisanello has taught music at Bethlehem for 19 years. He studied at the University at Albany, The College of Saint Rose, and in New York City.

Admission to the concert is free, and any donations will go to Delmar Reformed Church's youth summer camp.

## Letters policy

Spotlight Newspapers welcomes letters from readers on subjects of local and regional interest.

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An aerial view of Saratoga County Airport. The Aircraft Owners & Pilots Association (AOPA) is working harder to get more people behind the controls of personal, single engine aircraft.

# A call for pilots

National initiative seeks to put more people in the cockpit

By GRAHAM S. PARKER

Don't call it a crash course in front of your teacher, but that's just what it is.

The Aircraft Owners & Pilots Association (AOPA) has pushed a national initiative full throttle in efforts to get more people behind the controls of personal, single engine aircraft.

Named "Project Pilot," the new flight training initiative has met with success in flight schools across the country.

Richmor Aviation, a flight school operating out of airports in Schenectady, Poughkeepsie, Hudson and Saratoga has been taking beginner pilots of all ages up for their first "discovery flight."

"Beginner flight lessons are kind of like drinking from a fire hose," said Richmor chief flight instructor at the Saratoga County Airport Jim Morzillo. "It's a lot of information at first."

Morzillo had five flights scheduled for Thursday, April 20. The low winds and clear 75 degree Fahrenheit weather had beginner pilots looking over the tarmac eagerly awaiting their turns.

First is a half-hour or so tour of the Cessna 172S four-seat single engine plane's components. The checklist before the prop turns is 46 items long. The fuel is checked, on board controls, elevators, stabilizers and wheel chocks are given a once-over. The retired sixth-grade science teacher caresses every rivet of the aluminum body. It's better to find the problems on the ground than at 2,500 feet, he said.



Morzillo discusses flying a personal, single engine aircraft with Parker.

A call to the control room marks the radio channel to be used for communications. Other planes are made aware that he will begin to taxi the plane and soon lift off.

"Clear," Morzillo yells out the window as the 180-horsepower engine wakes up. A few sputters, some adjustment of the fuel mixture, and the prop springs to life. The feather-light aircraft shakes. In idle it already wants to go. In seconds it breaks the 50 mph mark, and lifts off the ground. A quick ascent and Morzillo settles the plane into a 100 mph cruise at 2,500 feet.

From this point on it's the basics of flying. Bernoulli's equation of fluid dynamics does the rest. A plane wants to fly, said Morzillo. It's around this point in the flight when he tells the pilot "You have the controls."

Unlike the Department of Motor Vehicle's recommended 10-and-2 hand configuration upon the wheel, Morzillo promotes a one-handed approach to flying. He constantly checks to make sure fingertips aren't turning white from gripping the yoke — steering wheel — too tightly.

It's an expensive hobby. The Cessna 172S is considered the staple of airplanes. It's simple, small and convenient — and costs more than \$75,000. But, flying isn't just for the rich, and many won't be left grounded with a pilot's license with no plane to afford or fly, he said.

"As far as being realistic, it's on the same level of someone skiing, golfing or snowmobiling," he said. Typically, from the discovery flight

to Federal Aviation Authority certification, lessons will end up costing between \$5,000 and \$6,000 by the time a pilot earns his or her wings, he said. It's a price that many can afford. It can be done overtime. It's not uncommon for some of his students to take up to two years or more to earn a license.

On average, pilots clock 67 to 70 hours of flight before they receive their licenses, said Morzillo.

Richmor Aviation's introductory flight cost \$75. However, through the AOPA Project Pilot, prices are steeply discounted and depending on the plane and location, introductory flights can cost between \$49 and \$89. In every lesson the student operates the plane.

Access to small single engine planes has opened dramatically in the last several years. In 2004, more than 600,000 Americans held a personal pilot's license. Programs like Project Pilot, with the ability to rent out planes, has given pilots their wings and the planes to hone their skills. Even if someone just wants to fly a plane every once in a while they can through the lessons. Each flight will go toward his or her hours of operation in the skies, and basic knowledge of the principles of flight.

To learn more about the Pilot Project visit [www.projectpilot.org](http://www.projectpilot.org). To book a flight with Richmor Aviation and locate a flight school visit [www.richmor.com](http://www.richmor.com).



Spotlight reporter Graham S. Parker takes some pre-flight instructions from Richmor chief flight instructor Jim Morzillo.

Photos Brady Chapman

## Leaving fear behind

By GRAHAM S. PARKER

It doesn't take the iron nerve or flimsy reasoning of those kinds of people that will do most anything not deliberately designed or intended to kill them in a moment's notice to fly a small plane.

On the scale between sheer impulse and common sense, taking flight in a small plane is right about dead center. Overcoming fear will be an issue for some. And, for those that lend themselves to impulses, you will be satisfied.

When you're airborne, a small plane is actually quite pathetic. It has the horsepower of a 1960s Volkswagen bus, with similar aerodynamics to the "bug."

Its only intimidating factors are a slew of gauges and an assortment of clicks and whistles tacked along the dashboard, most of which aren't even used until you get deep into pilot courses.

Aside from the height, there isn't much to it. Trust your pilot when he tells you "It wants to fly." He is correct and the gauges can back his claim.

Think of it as a 100 m.p.h. crawl 3,000 feet up, when and if you ever make it up in a small four-seater Cessna.

Ask yourself: "Would I go 100 mph in anything on the ground?" The roar, shake and wiggle of a grounded vehicle reaching those speeds will certainly leave you white-knuckled and green in the face. That is not the case with piloting a small plane.

The controls are simple. Most cars today boast features similar to the onboard controls of NASA's early Apollo shuttles. Cars are equipped with sophisticated, and sometime computer-assisted, electronics, hydraulics and

pneumatics.

A single engine Cessna's controls are similar to a boxcar racer. They are a series of pedals and cables. They are simple and leave little for the pilot to do but make sure the engine is humming, the propeller is turning, you're even with the horizon and you are in the air.

A turn of the yoke and depression of the respective rudder pedal, and the plane lists to one side. You are looking down at the ground below out of the side window. The door is latched securely. The scenery is spectacular.

In the plane's terrestrial cousin, the scenery would be that of the car next to you, its operator talking on the phone, reading, changing the radio station and pushing the dog back into the rear seat, while careening 75 mph through rush hour traffic. Are they paying attention, did they legally obtain their inspection sticker, are they on prescription cough medicine? These questions don't come up while in the air.

Up there, a 10-degree turn of the head and you have looked from the Helderberg Escarpment to the city of Albany. Another list of the plane to the left and Saratoga Lake is below and the Green Mountains are in the near distance. The cars below, and their questionable drivers, idly trickle up and down Interstate 37 like ants from one anthill (Albany) to the next (Clifton Park).

The abrupt lift from a thermal, a floating stomach and the plane's sudden fall from it only serve to remind you that you are in fact far from the daily grind below. The stomach tucks back into its abdominal cradle, your instructor taps your hand and tells you to relax and a smile stretches across your face.

"We're flying a plane," your ego giggles.

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# Trip to Disney World is no day at the beach

By ROBIN SHRAGER SUITOR

No offense to Mickey Mouse, but the phrase "Disney vacation" is an oxymoron.

I'm still recovering from the trip we took five years ago.

Disney World is many things. It's a wonderland, a magical kingdom, a princess haven, an adventure. But it's not a vacation. It's not a place to decompress.

A vacation is where you don't have a schedule, where days are lazy, and deadlines are few.

Disney World is work. You need to plan your days around show schedules, special events, parade listings, character appearances and meals. You need to read and memorize The Fodor's Guide before even thinking about heading to Florida.

I'm not anti-Disney World. In fact, if Disney were close, like a day trip, then I'd be more up to going. But Florida is far away. And even if you get a hotel on the grounds of Disney World, you still need to take a car, bus, boat, trolley, tram and monorail to get to the theme park.

My then-fiance and now-husband and I went to Disney in 1989. Newly engaged, Disney was a lovers' paradise. Oh, what fun we had walking hand-in-hand through the Magic Kingdom, singing along during "It's a Small World," clapping

Commentary:

From  
**Robin's Nest**



and stomping at the Country Bear Jamboree. Everything was so clean, so pleasant, so happy!

I had high expectations when we returned 11 years later with our 4-year-old. Of course, I was remembering Disney through yesteryear's eyes of youth and romance.

Disney is not romantic with children. Children are simultaneously awed and overwhelmed by Disney. They will fluctuate between having the best time ever and having exhaustion-induced tantrums.

Why didn't I realize my daughter would lack the stamina for long stretches at the Magic Kingdom? At the time, an hour at Hoffman's Playland in Latham was pushing the limit, yet I expected she would have more energy for Disney. To "get our money's worth," I tried to cram in as much as possible. This was an error.

Rachel got, particularly cranky just as parade time was approaching. We're talking meltdown cranky. I tried to convince her to stay (the Fodor's Guide said the parades were a must-see!)

"I don't want to watch a parade!" she groused, so we began our journey back to the hotel. She fell asleep on route and I pouted, "But I wanted to see the parade!" It was clearly nap time.

A repeat scene happened at the fireworks show. I hadn't been to fireworks in several years and I was excited. We were comfortably seated in a good spot near Cinderella's castle. It was early evening and comfortably warm. We waited patiently.

The show began with Tinkerbell flying down from the castle. I watched the sky with anticipation and delight. The fireworks began. And then my daughter freaked out. She said she was scared, she said the fireworks were too loud.

Those fireworks were not loud. Fourth of July fireworks at the Empire State Plaza are loud. Disney fireworks are not loud. Honest. They are almost silent, that's how much money and technology are put into them. They're so muffled you'd think you were watching them on television.

But no, apparently my daughter has ultra-sensitive ears. She insisted we leave. She started crying, wailing. I also began to whine, "But I want to see the fireworks!"

"We have to go," said my husband.

Picture this: He is carrying our daughter and we are heading out. I am walking backwards through the crowds, trying to

glimpse the exploding lights. I'm muttering, "I paid like \$6,000 to see these fireworks!"

Luckily, the folks are very kind at Disney. They care about you and your family. They're always reminding you to take small children by the hand (your own kids, of course) and to make sure you have all your belongings. And since you're either so excited to get to the next event or so exhausted from the last one, it's easy to leave hats, bags, sunglasses and small children on the trams, boats and monorails.

Sometimes nerves are shot, and parents may try to grab their children by the hair, but luckily the friendly recording comes back on with the reminder about the proper course of action.

I think the recording should remind children to take their ragged parents by the hand and profess their eternal adoration for bringing them to Disney. I have a feeling that what's actually broadcast is a subliminal message saying "Kids, keep whining until your parents agree to mortgage their homes so you can load up on souvenirs in the gift shop."

The cost of Disney World is expensive with just one child and astronomical with a big family. We bought Rachel the personalized mouse ears, and then I also sprang for a \$20 Minnie Mouse princess hat (also with ears). My rationale was "Grandpa would have bought her the hat if he had been on this trip with us."

However, I didn't splurge for the \$5 autograph book, which I still regret. Those in the know bring a small notebook with them to get the characters' autographs. We weren't near a souvenir stand when the first characters appeared, so we had a collection of napkins, pad paper from the hotel room, and food receipts, on which we collected autographs.

Disney requires loads of money and patience. We waited an hour for the 90-second Dumbo ride, which is just like the helicopter ride at Hoffman's Playland, only the Hoffman's ride lasts longer, involves a wait of no more than four minutes and costs less than \$1. But hey, if you're 4 years old, a flying elephant ride is very cool.

I was in third grade when my college-age sister brought me an address book from Disney World.

"Look who signed under the D's" she wrote inside the front cover.

It was Donald Duck!

Without thinking, I used the same page to record the names of a few boys I thought were cute. When I realized I wouldn't be able to show off Donald's autograph without revealing my crushes, I cut away the extra names, leaving a ragged-edged page with the duck's signature. Later that same year, my family went on a trip to Disney.

More than 30 years later, I still have the address book. In fact, I remember the thrill of receiving the book more than I remember the actual trip to Orlando!

There is a lot of pressure to get to Disney. It's become so commercialized that parents feel their children's lives will be unfulfilled without a trip to Walt's playground. My daughter regularly reminds me that "We've only gone to Disney World ONE time." Never mind that some kids never go, that some kids don't even have enough food to eat.

People of all ages love Disney. I understand why, but in my book, I'd choose a trip to the beach any year. Now that's a vacation!

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**LIVING RESOURCES**

## Got news?

Spotlight Newspapers welcomes announcements of programs or events occurring in our coverage areas.

All announcements should include the date, time, location and cost (if any) of the event, along with contact information. Announcements are published space and time permitting.

Submissions can be faxed to 439-0609, e-mailed to [spotnews@nycap.rr.com](mailto:spotnews@nycap.rr.com), or mailed to P.O. Box 100, Delmar, 12054.

The deadline for all editorial copy is noon on Thursday.



## WEEKLY WEATHER

Chief Meteorologist Mike Bono



**TIME WARNER CABLE**

### Albany Almanac

#### Record high/low/year

	AVERAGE HIGH 64°	AVERAGE LOW 41°
Day	High/Year	Low/Year
Wednesday, April 26	90°/1990	24°/1972
Thursday, April 27	91°/1962	26°/1963
Friday, April 28	92°/1990	25°/1947
Saturday, April 29	88°/1888	27°/1947
Sunday, April 30	86°/1903	25°/1874
Monday, May 1	86°/2001	28°/1961
Tuesday, May 2	88°/2001	29°/1974

#### ANNUAL PRECIPITATION

8.95 inches as of Friday, April 21<sup>st</sup>  
1.46 inches below average

#### This week in weather

May 2, 1983 Severe thunderstorms produced 5 F2 tornadoes and 1 F3 tornado in New York killing 3 people. \$15 million damage was done in the town of Boonville with a large part of the town destroyed. Golf ball size hail accumulated to 6 inches.

#### Sun & Moon

Day	Sunrise	Sunset
Wednesday	5:57am	7:50pm
Thursday	5:55am	7:51pm
Friday	5:54am	7:52pm
Saturday	5:53am	7:53pm
Sunday	5:51am	7:54pm
Monday	5:50am	7:55pm
Tuesday	5:49am	7:56pm

#### Moon Phases

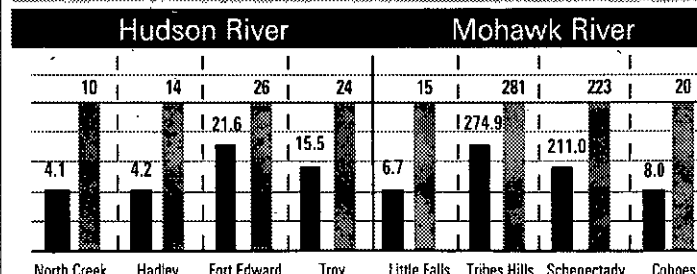
April 27 <sup>th</sup>	May 5 <sup>th</sup>
New	First

#### Planets

When	Where
Jupiter	Evening
Venus	Dawn
Mars	Evening
Saturn	Evening

### Rivers & Recreation

#### River Levels



Levels as of April 21, 2006

STAGE LEVEL  
FLOOD STAGE

#### Factoid

Although the height of the tornado season in the United States is during the month of May, in New York and the Northeast in general, tornadoes are more likely during the summer season.

#### Tides at Albany

Day	High	Low
Wednesday	4:23am, 4:50pm	11:04am, 11:18pm
Thursday	5:13am, 5:40pm	11:56am, 12:00pm
Friday	6:01am, 6:29pm	12:06am, 12:47pm
Saturday	6:47am, 7:17pm	12:53am, 1:36pm
Sunday	7:33am, 8:04pm	1:40am, 2:25pm
Monday	8:18am, 8:51pm	2:28am, 3:15pm
Tuesday	9:05am, 9:41pm	3:17am, 4:05pm



## Group seeks to increase playground's offerings

By STEPHANIE LUBIS

People in Bethlehem take their recreation seriously.

While still under construction, Maple Ridge Park will have a large playground separated into separate play areas in addition to the basketball court and picnic area already there.

But parents who live in walking distance of that park don't think it's enough. So they got together and talked about what they wanted to see in the park. The result is a fundraising campaign that just recently got under way.

Neighbors to the park called the town parks and recreation department to find out what was going to be there. Nan Lanahan, director, invited those neighbors to help select playground equipment for the park. The town budgeted \$35,000 for the equipment, but as the neighbors realized it wouldn't be enough for what they wanted.

"I thought that money would be adequate at first," said Lanahan. "But we still need a lot of things, like a walking path, fencing, and other things."

The group asked Lanahan what would be going in there, and that's how the idea for a fundraiser came about.

"There are 374 families in walking distance to the park," said Amy Elkovich, coordinator of the group. "When we looked at the park, we thought having two separate playground areas was good but thought more equipment was needed. So the

group got together to plan a fundraiser to raise \$15,000, increasing the playground equipment budget to \$50,000 overall."

"It's been tremendous," said Elkovich. "The enthusiasm and energy from the neighbors just blew me away. People really want to help."

The group just recently began its fundraising efforts. So far, they've produced a flier soliciting donations, and it has been successful so far, Elkovich said.

"Some families have already donated in excess of \$100," she said. "We figured out that if 300 families whose children would use the park would donate \$50, then we would be able to reach our goal."

About 15 families are involved in the fundraising effort. The group plans to solicit from businesses and corporations as well as area families.

There is no cut-off date for donations, but the group would like to be able to purchase and install the playground equipment by July 4.

"It's a very family oriented and younger community, and there are many children," said Elkovich.

Included in the park will be a recognition of those who donated money. A name board or bricks are a possibility, she said. Also, an event will be planned for later this summer, but details have not been worked out yet.

## Sunny side up



Jessica Humes paints Phoebe Duclos' face while Lilly Talmage looks on during the Healthy Kids Day at the Bethlehem YMCA, Saturday.

# We're not old... just maturing!

## THE Spotlight Anniversary

Join the fun and the party  
as we look back.  
*Watch the paper in coming weeks.*

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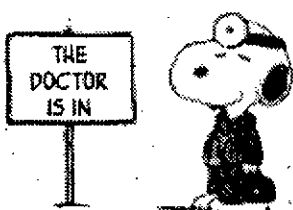
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# Matters of Opinion *in the* Spotlight

## Pump up progress

Last week, Robert Seroka Jr., president and CEO of Hudson Valley AAA wrote a letter suggesting that the state Legislature could and should do something to alleviate the gasoline tax burden on New York residents.

One of the reasons Seroka says it's possible is because the way the law is now administered, we're already paying taxes on taxes.

It would be nice for a change to see the state Assembly and Senate do something that would actually help New Yorkers get by.

It might also be a way for the Legislature to chip away at its not-so-pristine reputation of being the most dysfunctional state body in the country. It's an uphill battle, but one that should be waged.

Frankly, we the citizens of New York, deserve better than this. People continue to leave the state for less costly climes, and the reason is largely due to the high cost of living here.

We would like to think that our lawmakers could make this connection and rededicate their efforts to make some much-needed changes in our overly taxed and beleaguered state.

But the Legislature's record over the last 20 years isn't an indication of a group with a type A mentality. An on-time state budget has only been a reality for the last two years. It seems our lawmakers excel at thwarting the members of the opposite party rather than enacting any significant change.

But what the people of all political parties really want is change and effective leadership. State residents, by virtue of the pitiful numbers that show up to vote on Election Day, are sending a message to politicians that do not inspire confidence. When precious little gets done, it's understandable that Jane and John Q. Public stay home.

So the cycle of lethargy and apathy continues both with the legislators and with voters.

New York, therefore, becomes the brunt of late night TV jokes and satire, and that's unfortunate for the residents of a state which at one time had such boundless potential and diversity.

We seem now to be caught in a rut, spinning our wheels going nowhere.

This could be a perfect opportunity for legislators to actually do something to begin to move the state forward again. Certainly, taking away some of the pain at the pump would be a giant step in the right direction.

## Editorial

## Put energy bucks back in your pocket

By PETER R. SMITH

*The writer is president and CEO of the New York state Energy Research and Development Authority.*

With the warmer months fast approaching, now is the perfect time to take advantage of The New York state Energy Research and Development Authority's (NYSERDA) New York Energy Smart programs. These programs include the Home Performance with Energy Star, Energy Star labeled homes, and the New York Energy Smart Loan Fund program. Participating in these programs, homeowners and renters can reduce their energy costs and live more comfortably.

The Home Performance with Energy Star program in New York and its companion program, Assisted Home Performance with Energy Star, are transforming the way energy efficiency services are being delivered to the one-to-four family existing homes market. The Home Performance with Energy Star program uses a participating Building Performance Institute (BPI)-certified Home Performance contractor to perform a comprehensive, high-tech assessment of the home, make recommendations for energy improvements and provide a cost estimate to do the improvements. They can even do the work.

The Home Performance contractor can identify a variety of home energy efficiency problems, including poor insulation, air leaks through cracks and gaps, inefficient cooling and heating systems, and ineffective moisture control by performing a home assessment.

A certified Home Performance contractor will arrange a time with you, the homeowner, for the Comprehensive Home Assessment (CHA), which generally lasts two to three hours. The assessment will evaluate your home's heating and cooling equipment, insulation levels, and air infiltration. The contractor will

## Point of View

explain how identified problems can be fixed as well as the cost of making the improvements. Participating Contractors may charge a fee for the CHA. The CHA fees vary by contractor and region; so when calling a contractor, homeowners should ask what their fee is for a CHA. Also, contractors may deduct the CHA fee from the cost of eligible work performed. Homeowners should ask the contractor about his CHA fee deductibility policy as well. If you choose to have another participating contractor perform the work, you may have to pay for the new contractor to perform a second assessment.

The contractor will perform a number of tests on your home to determine what areas will benefit from energy efficiency upgrades. Specifically, the contractor will test your home for air leakage using a blower door, will test for proper venting of combustion appliances, and will look for opportunities to improve your home's insulation, heating and cooling system, windows, appliances and lighting. The contractor then takes the information, enters it into program-approved software and sends the homeowner a comprehensive Home Assessment report within two weeks. You should wait until you have the full report before deciding on what work you want completed.

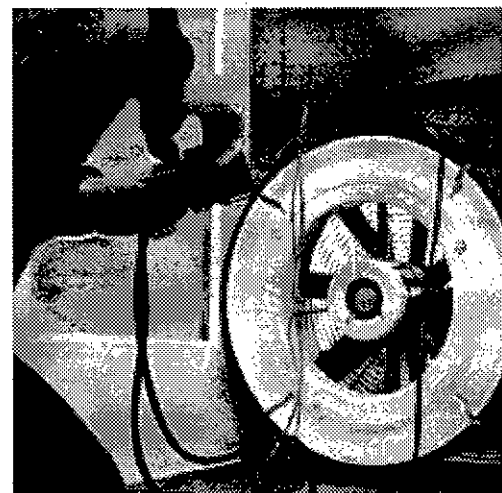
Those who want to make energy improvements to their existing homes, but cannot afford high interest rate loans, can take advantage of the New York Energy Smart Loan Fund Program. The program offers interest rate reductions up to four percent on loans used to make energy improvements to the home. To qualify for the loan fund, improvements must be made by a Home Performance contractor.

The benefits of participating in this program include up to 40 percent savings on energy bills, higher home resale value, a quieter, more comfortable living environment, improved air quality for better health, greater home durability with lower maintenance, and increased environmental safety and energy efficiency. The Assisted Home Performance with Energy Star program is available to low- and moderate-income homeowners, renters, and one-to-four family building owners. This program will cover up to 50 percent of the cost for energy efficient improvements, up to \$5,000 per household or \$10,000 for a two-to-four family building.

For those seeking assistance through this program, the subsidy may increase to 60 percent when high efficiency heating equipment meets certain specifications. This 60 percent subsidy is available to eligible applicants until June 30.

Those in the market to build a new home can take advantage of the New York Energy Star Labeled Homes program. The program employs proven technologies and advanced building practices to use approximately 30 percent less energy than conventionally built homes, have lower utility bills, and provide greater comfort. Each new home is tested by a Home Energy Rater, to ensure the homes perform to standard.

There are key benefits to building an Energy Star labeled home, such as using less energy,



reducing the overall cost of home ownership, knowing that tried and true technologies are used, having a quieter, healthier home, and having peace of mind knowing the home has been built to be more durable, more valuable, and gentler on the environment. Savings come from a variety of energy-saving features, including increased insulation and air sealing, high-performance windows and doors, high-efficiency heating and cooling systems, and energy-saving appliances and lighting.

There are also low-cost or no-cost ways of reducing your energy costs, such as using a programmable thermostat to control your heating and cooling needs, using compact fluorescent light bulbs (CFLs), which use 75 percent less energy than a standard incandescent bulb and last up to 10 times longer. Also, turn off unused lights and appliances when you leave a room, and look for the Energy Star label, the symbol for energy efficiency, when shopping for major appliances and lighting.

Since 1998, NYSERDA has been charged by the Public Services Commission to manage and administer the state's New York Energy Smart Program. NYSERDA's responsibilities are to promote energy security, support sustainable economic growth, and increase customer choices in energy decisions.

More information about New York Energy Smart Programs and more energy saving tips for homeowners and renters can be found at [www.getenergysmart.org](http://www.getenergysmart.org). For more information about NYSERDA's programs and funding call 1-866-NYSERDA or visit [www.nyserdera.org](http://www.nyserdera.org).

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Your Opinion

in the Spotlight

# Club says thank you for container donations

Editor, The Spotlight:

The Bethlehem businesses of Hewitt's, Wal-Mart and Lowe's gave the senior citizens group a treat last week.

Paul Ferenczy of Hewitt's gave several flats of plant material plus a potting mix to ensure good growth of the colorful flowers.

Colin Frank of Wal-Mart also gave plant material and decorative cover to make the plastic containers more appealing.

The Cornell Extension Greenhouse off Gulf Road in Schenectady donated many unusual annual flowers.

Steve Ruskin of Lowe's completed the day with the final touches that glued everything together.

The seniors enjoyed a lunch at Bethlehem Lutheran Church and a lecture was given on container gardening.

Thanks to the generosity of these businesses, and the extension, the group of about 25 seniors was able to take home a variety of flowers, some perennial and some annual, before the holiday.

Thank you, Bethlehem businesses.

Virginia Acquario  
Bethlehem Garden Club

# Concert series deserve support

Editor, The Spotlight:

I am a Delmar resident, and I recently attended "The Son's 'Park at the Post' Friday Night Concert Series."

These concert series are monthly fundraisers for a various group of organizations hosted by The Sons of the American Legion Squad 1040. Last month the proceeds went to benefit Capital District Habitat for Humanity, a great cause.

I promote local bands, and I was so impressed with how supportive our Bethlehem residents were and how organized this benefit was, that I decided to help the Sons of the Legion provide entertainment each month for their fundraising.


The next fundraiser is scheduled for Friday, April 28, from 8 p.m. to midnight with entertainment by The Fossilrock Show band, which plays music from the 1970s to today with showcase medleys of rock legends.

I also think that it was so wonderful to have our town businesses donate food, especially Ella Ruff from Mr. Subb in Delmar.

Please continue to support the Sons of the American Legion Squad 1040 in the future.

I feel proud to say I am a Bethlehem resident.

Debbie Van Wely  
Delmar



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# Senior citizen outreach coordinator to retire

By STEPHANIE LUBIS

She's looking forward to catching the big fish in the lake, and spending time with her grandchildren.

That's what Caroline Worth has planned for her retirement so far. The senior citizen's outreach worker for the town of Bethlehem will retire Thursday, April 27, after 19 years of service.

"I will truly miss this job," she said. "It has been absolutely wonderful."

The people she's met and been able to help are the parts of the job Worth will miss the most. Making a lot of friends in the town and trying to help people unravel their problems creates relationships with people, she said.

"You can't not get involved," she said.

Worth said she "stumbled" into the job in February 1987.

"I had just gotten a business license for Gofers, and I went into the senior services office and handed them the card," she said. "They asked me if I would be interested in doing some work for them, and that's how it started."

Back then, the town didn't have an actual outreach program. Worth



Caroline Worth takes the blood pressure of Ellen Roberts.

designed the position in a way that she thought would work.

The job of an outreach coordinator has changed over the years, she said. It used to require more home visits to people who had more dramatic problems. Now, much of the work is referring people to the right places to get the services they need.

"Some of the crisis-type issues that would happen 20 years ago wouldn't happen now in part because of the amount of help we've been able to give to people over the years," she said.

Worth is also well regarded by her co-workers and will be missed.

Karen Pellettier, director of senior services, said Worth's services were a great gift to the community.

"She has helped thousands of seniors remain independent," she said. "She had a great sense of humor, and a lot of compassion and patience."

Worth started in the early 1960s as a visiting nurse. She received her bachelor's degree in nursing and then became a supervisor for visiting nurses. After taking a few years off to have children, she returned to the nursing profession and trained home health aid workers. In her town position, she gave information and referrals.

"But it becomes more than that," she said.

The senior outreach center has a food pantry, an equipment loan closet, and a meal program for the elderly. Worth has also put on health fairs in town and blood pressure screenings.

"There is so much to share about my time here, I could write a book," she said. "The people have been phenomenal, and it's been very rewarding."

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# Library announces board candidates

John C. Sobiecki and Tamra R. Wright are candidates for two open seats on the Bethlehem Public Library board of trustees. One seat is for a full term of five years, and one seat is for two years to fill an unexpired term.

A ballot proposition passed in 2004 determined that trustee seats are now "at-large," which means that the five-year term will go to the candidate with the highest vote count, and the two-year term will go to the candidate with the second highest number of votes.

John Sobiecki is managing principal of the architectural firm of Cannon Design in Albany. He was appointed to the board early this year to complete an unexpired term. He is a member of the Historic Albany Foundation and the Eastern New York chapter of the American Institute of Architects. He has lived in Bethlehem for 15 years.

Tamra Wright is comptroller for an Albany law firm and a resident of Clarksville. She currently sits on the Board of Directors for the non-profit organization School's Out, Inc., where she has served for three years on the finance committee.

Remaining trustees on the seven-member board are Aaron



Baldwin, Rachel Baum, Penelope Koburger, Paula Read, and Michael Zalob.

Elections will be held on Tuesday, May 16 from 7 a.m. to 9 p.m. at Bethlehem Central Middle School. The 2006-07 library budget will also be on the ballot.

View the proposed budget and the candidates' profiles online at [www.bethlehempubliclibrary.org](http://www.bethlehempubliclibrary.org).

## Demolition update

Removal of the structures at 51 and 53 Borthwick Ave. is scheduled to begin May 1. The work will be done by A-Ritz. Asbestos abatement has been completed for both structures according to regulations.

These properties were purchased by the library in 2000 and 2005. The demolition project is the culmination of two years of planning, which included meetings to solicit our neighbors' input.

The garage structure at 51 Borthwick Ave. will remain to be

refurbished and used as much-needed storage space. The bluestone walk will be moved to another part of the property.

Louise Grieco

• All library programming is free and open to the public. The Bethlehem Public Library is located at 451 Delaware Ave., Delmar. For information, call 439-9314.

## Book ends

### Free legal help for seniors

Senior citizens and others can get information about financial and health care decisions, guardianship, wills and probate at the New York State Bar Association Decision Making Day, hosted by Bethlehem Public Library on Thursday, May 11 at 10 a.m. The presentation will also include an overview of legal documents important to every New Yorker.

Presenter Margaret Z. Reed is an elder law, trusts and estates attorney practicing in Delmar. Decision Making Day at the library is cosponsored by

Bethlehem Senior Projects.

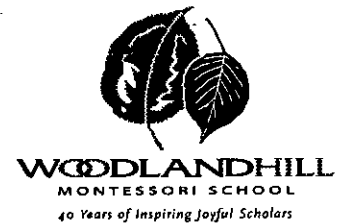
## Students wanted

Students entering grades 6-8 can volunteer for summer service at the library. Applications are available beginning Monday, May 15. Orientation sessions will be held in June. Call 439-9314 for information.

## Evening book discussions

To Kill a Mockingbird by Harper Lee is featured at the library's AfterDinner Books meeting Wednesday, May 17 at 7 p.m. Copies available at the information desk. No registration necessary. Call 439-9314 for information.

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# Delmar man serves up aces in his life's game

**Nationally ranked player to head Albany club**

By STEPHANIE LUBIS

Who among us wouldn't like to just chuck the job and play tennis all day? But we have bills, and probably aren't good enough tennis players to make any money at it.

Not true for Larry Yakubowski.

A Delmar resident for almost 18 years, he's taken his tennis game from an enjoyable hobby to a career.

He's competed in men's singles for the United State Tennis Association East, headed area clubs, and coached the game at Siena College, the University at Albany and Doane Stuart School



Larry Yakubowski

in Albany. He's won about 20 USTA titles since beginning competition in 1995, and currently holds the highest eastern section ranking among northern region competitors in the Men's 45 Singles category for last year.

So, to Yakubowski, tennis is a way of life.

Building relationships between players is his primary goal and what he is most proud of, and now, he'll be able to do that on a wider scale. Yakubowski was just named head of the Albany Tennis Club at 316 Partridge St. in Albany.

Taking on that position is a continuation of the work he's done already at public parks and private clubs, he said. Increasing the comfort level of his clients and eliminating fear of competitive games is a challenge he enjoys.

"I believe that regardless of your level of experience, you should have the opportunity to compete," he said. "We cater to men and women of all ages, and I am especially proud of the number of women who have begun competitive tennis."

Yakubowski was an accountant before beginning his summer job teaching tennis for Bethlehem Parks and Recreation 18 years ago. The tennis seed was planted as a senior in high school, and the summer job with Bethlehem was the next step.

"He has quite a following," said Nan Lanahan, director of Bethlehem's Parks and Recreation Department. "He's really devoted to promoting tennis in the community, even though it's not as popular as it was 30 years ago. It's great to have him working with us."

From there, Yakubowski has progressed to competing at increasingly high levels and coaching the game. Tennis coaching also led to a position as a math and physical education teacher at Doane Stuart School, where he still is today.

"He's wonderful with kids of all ages," said Lisa Brown, associate head of Doane Stuart. "He's very patient and involved, and he's a great role model for the kids in terms of exercise and participation in sports. And he has a great sense of humor."

Proof of this could be Yakubowski's proficiency at riding the unicycle, something Brown says he does very well.

"That's rare," she said. "He's got a combination of serious and humorous, and it's an interesting combination."

In terms of tennis, Yakubowski considers himself a good ambassador for the sport.

"I really care about the growth of the game, and I care about people enjoying it," he said. "I like to help build a community. I want people to know where I am and to continue helping them."

Yakubowski is well known in the community, and has taught hundreds of people the game. Some of the men Yakubowski has trained have achieved national ranking as competitors, as did Yakubowski himself. He considers himself a well-rounded coach because he keeps competing at a high level.

"Not all teaching pros take the risk," he said. "There is a fear of losing, but if they don't compete, then they don't grow as players."

In addition to Yakubowski's tennis skill, Albany Tennis Club offers premium red-clay courts. Clay courts are desirable because the softer surface slows the ball down, making it easier on the body, especially with older players. Now, Yakubowski will have the opportunity to do what he does best on premium courts.

"Building relationships is really the main thing," he said. "Relationships between people and the club, other players, and with the game."

“

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# Come thank the school staff at May luncheon

The Voorheesville PTA will hold its annual staff appreciation lunch Wednesday, May 3, at both the elementary and high schools.

To donate time and/or food, call Heather MacMaster at 861-5692, Linda Pasquali at 765-4990 for the high school or Carleen Madden at 765-7911 for the elementary school. On May 3, help will be needed between 8:30 a.m. and 2 p.m. to set up, serve and clean up. Indicate when you would like to work and what time you would be available. You do not have to volunteer for the entire time although at least two hours would be helpful.

## PTA to meet

The next meeting for the Voorheesville PTA will be held Thursday, April 27 at 7 p.m. in the library at the elementary school.

## NEWS NOTES

**Voorheesville**  
Betsy Glath  
765-4415



## Boating course

All are invited to attend.

The Town of New Scotland Recreation Committee is offering a boating course Sunday, May 7 from 8 a.m. to 4 p.m. at the Albany County Cooperative Extension Building on Martin Road in Voorheesville. The course teaches both boating and PWC safety. The cost is \$10 and children younger than 18 are free. For information or to register, call Pat or Teresa at 475-0385. Pre-registration is necessary.

## Community service

The Town of New Scotland is offering a town Volunteer Day for the senior citizens Saturday, May 6 from 9 a.m. to noon. Raking, cleaning flowerbeds, washing windows, simple house repairs, and small painting touch-ups are all to be done by volunteers interested in helping the community and environment.

To volunteer call Susan Kidder, Senior Outreach liaison, at 439-9038 or e-mail skidder@townofnewscotland.com, or call the town supervisor's office at 439-4889.

## Nature walks

An outdoor walk in search of spring peepers will be held Friday, April 28 at 7 p.m. at the Five Rivers Education Center. Center naturalists will lead a

search of Five Rivers marshes to hear the seasonal serenade of spring peepers, their smallest frog. For information, call 475-0291.

## Plant sale

The Thacher Nature Center will hold its annual Native plant sale April 29 and 30 from 10 a.m. to 3 p.m.

### The Smile Zone

Charles M. Tramontana, D.D.S.

Gabriel McGarry, D.D.S.

Jeremy Messier, D.D.S.

## Making Room

The vast majority of the population has some degree of tooth crowding that involves one or more teeth. That is, they have crooked, turned, or overlapped teeth, which characterizes just about any malocclusion (bad bite), including overbites, underbites, and crossbites. In most cases, crowding is caused by genetics. If a person inherits a relatively small jaw and relatively large teeth, then each tooth must essentially vie for position. Such oral habits as nail-biting and finger-sucking can aggravate the problem, especially among children. While many people live with crowded teeth without any problem, the condition makes it difficult to clean teeth properly. As a result, crowded teeth are at risk for decay, gum disease, and tooth loss.

Orthodontics is a special discipline of dentistry concerned with aligning the teeth and jaws to improve your smile and oral health. Through orthodontic treatment, problems like crooked or crowded teeth, misaligned bites, incorrect jaw position and disorders of the jaw joints are corrected. To schedule a complimentary orthodontic consultation, please call our office. We gladly accept MasterCard, Visa and other credit options.

P.S. Treating crowded teeth no longer necessarily entails extracting teeth to make room, as there are other ways to accomplish the same goal.

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# Gramps with amps hit the Linda stage on Sunday

By STEPHANIE LUBIS

There's something to be said about getting old, but in a lot of cases not too many people are listening.

There is, however, an exception. The Reverberators, a classic rock

inspired local band, is gaining a big following. And their median age is 55.

"We're old duffers with kids and grandkids," said Tom Holland, drummer for the band. "Gramps with amps."

With vocal harmonies rem-



Left to right: Jim Featherstone, Luke Legg, Tom Holland, Marty McDermott, and Bill Baker are the Reverberators.

exactly how the song will go. Not his songs. A layering of vocal and instrumental harmonies creates a complex sound, which stands out yet blends with the atmosphere perfectly to create a sum more valuable than its parts. A sound that's very easy on the ears, whether the song is fast or slow.

"I'm very proud of this band," he said.

The Reverberators started life four years ago as a country band. When that band broke up, members Holland and Marty McDermott decided to stick together. Both wanted to create a band focused on vocal harmonies, and as the band grew, so did its repertoire.

Each member is responsible for his own creative contribution and Holland says this way of writing and composing allows for the most creativity. The talent of band members is astounding, he said. Each has at least 30 years of playing experience.

"We're steeped in melodic and harmonic tradition," he said. "Our roots are bands like the Beatles and the Eagles, and we're really happy playing together."

In the past year, the band has been booked solid for gigs in the area. Things have moved quickly for them, Holland said, and it's been pretty intense. The summer will be more of the same, with a calendar booked solid until September.

The band members each hail from a different part of the Capital District, so different that Holland calls it a miracle they found each other. Holland lives in Delmar, guitarist Jim Featherstone is from Ballston Spa, Marty McDermott, also a guitarist, is from Valatie, keyboard player Luke Legg is from Ravena and bassist Bill Baker is from Averill Park. Each has a family and a home and that's the way it will stay, he said.

"It's great that we've finally found a combination like this," he said. "This is the last band any of us will be in. Music is an undeniable part of all of us. You don't spend 30 years doing something if it's not."

Catch the Reverberators live at the Linda, 339 Central Ave., Albany on Sunday, April 30 from 2 to 5 p.m.

For information about the group, visit [www.thereverberators.com](http://www.thereverberators.com).

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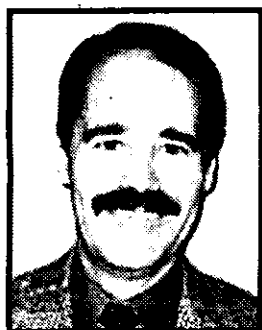
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Tim Barrett



## Retirement...What do you need?

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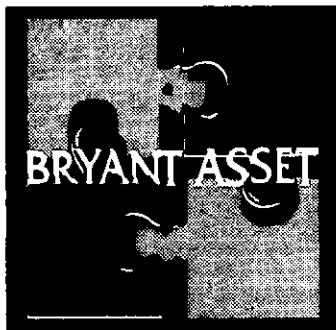
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iniscent of Crosby, Stills, Nash and Young, the Doobie Brothers, and the Drifters, it can be hard to believe that a laser-like focus is behind achieving the light, yet rich vocal and instrumental harmonies. It's the sound that has jump-started their popularity around the region, and this weekend the band will celebrate at its first-ever CD release party. WAMC's Linda Norris Auditorium is host to a free afternoon of "danceable rock 'n' roll" food and fun.

"This is a big deal," said Holland. "Friends and family from New York, Boston and all around who have never seen the band will finally have the opportunity, and it could be their only one."

Holland describes the band's sound as familiar, but like "nothing you've heard before."

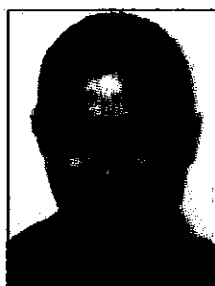
"I write strings of chords that fool you," he said. "It's a departure from what's expected."

Some songs sound predictable, he said, where you can almost tell

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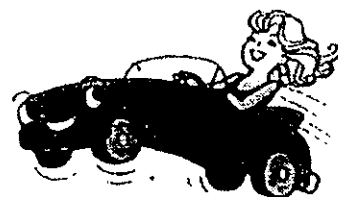
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# From one desk to another: Yanni's deck open for season

Anyone who has had the rather unfortunate opportunity to gaze upon my desk, either here at Spotlight Newspapers or in my former career, has usually walked away with a single thought... how does he ever find anything?

In my own messy domain, there is a real sense of order to what my desktop may be cultivating in its vast piles at any given moment. The thing that usually astonishes folks is that within moments, I am more often than not able to put my finger on whatever is requested.

That being said, some of the larger amounts of paper that pass my desk on a regular basis are notes, press releases and various bits of information about Spotlight clients that are deposited by well-meaning staffers; advertising sales reps; clients themselves and various and sundry friends and family hoping to do a good deed for a deserving business or person worthy of that "extra" mention in the paper.

## Notes from the Advertising Desk

Bill Kellert



And so, "Notes from the Advertising Desk" has been created.

Beginning today, and appearing on a biweekly basis on the business pages of our papers, will be a column dedicated to several things. First, it will be an opportunity to bring to your attention bits of information of goings-on in the business community that time and space constraints might prevent the regular news and feature portions of Spotlight Newspapers from accommodating. Items of interest about our clients that deserve a forum, things of public interest, business tidbits, perhaps an inside scoop or simply recognition of an important milestone or event in the community that should be

noted, will find a home here.

Secondly, I will be mentioning ideas, tricks of the trade and other marketing and advertising ideas, some tried and true, others perhaps more avant garde, and still other emerging concepts in the business that may help enhance your own marketing efforts.

Finally, it will give me the opportunity to clean off all those notes on the backs of napkins, scraps of paper, and e-mails that tend to just wait in e-mail limbo for the right place to go.

And so it begins!

Mark Yanni of Yanni's Too at the Coeymans Landing Marina is back in the kitchen as Yanni's kicks off its seventh season. Mark reports that calls are already streaming in, and yes, the deck is open and serving ...

Judy's Tiny Shop in Delmar is celebrating its fifth anniversary. Stop and say hi and happy anniversary to **Judy Tocker** ... A welcome to **The Parisian Cottage**, offering a little bit of Paris right in Voorheesville, and best of luck to **Belle Images**, both in the new locale next to **Nichols Market** in Voorheesville. **Studio 85 Hair Salon** has its clippers and hair gel out in a new location in Stonewall Plaza.

From Lake George, at **The Fort William Henry Resort Hotel and Conference Center** comes a report that Director of Sales **Roberta Daab** has received her Certified Meeting Professional designation. This additional training and her 16 years of experience at the resort should only help to enhance your

meeting and conference planning ... Kudos to the staff at **Weichert Realtors-Northeast Group** for walking off with an armful of awards at their recent Cooperstown conference. **Randy Brown** and **Aldis Higgins** grabbed the Presidents Club Award for top grossing sales and **Chris Benton** was named Top Rookie Sales Associate... Keep your eyes out for the upcoming **Glenville Corporate Olympics** on Thursday, May 4. There's still time to get involved by calling **Sally Sorenson** at 453-6650.

That just about clears up the notes on my desk for this week. If you have any information you'd like to see in the column, I'd love to hear from you.

While we can't guarantee everything will appear, feel free to send me an e-mail at: Kellertw@spotlightnews.com.

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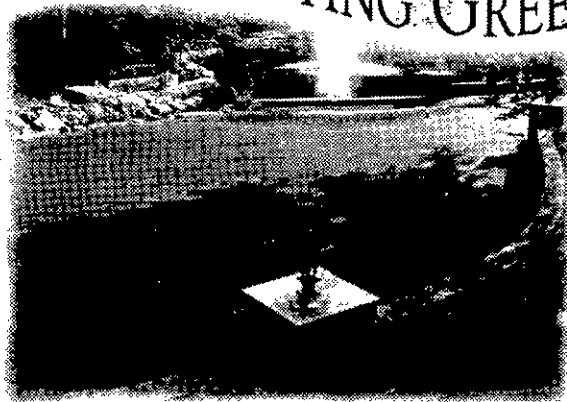
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# Public libraries provide tools to help children become readers

For many children, the public library may be their first contact with the world of books and reading. Voorheesville Public Library has a strong picture book collection, offers readers' advisory assistance to

parents and teachers, and holds regular storytimes throughout the year. Librarians know how to provide caregivers with the tools to help children become readers. By teaching caregivers about early

literacy skills and ways to incorporate them in their daily lives, we make a difference in the child's development.

Storytimes are a warm and inviting activity that opens the world of books to young children. The use of puppets, finger plays, songs, and rhymes in library storytimes have played a key role in bringing books and children together, and in developing

## Voorheesville Public Library



Lapsit Storytime on May 2 at 10:15 a.m. Parents or caregivers can share this time especially designed for the under twos. You can't be too young for this.

### FOL News

The Friends of the Library May Book and Bake Sale has become the Friends October Book and Bake Sale beginning this year. If you are looking forward to this annual event, you will have to be patient until fall. Mark the dates October 20-22 on your calendar.

### Reminders

The Thursday Night Poets meet on April 27 at 7 p.m.

The American Girls' Tea will be held on April 30 at 2 p.m. The program is filled, with a waiting list.

Barbara Vink and Joyce Laiosa

language. We expose parents to a variety of skills that will support their children's early literacy development outside the library.

Join us as we incorporate these skills into our multi-age storytimes. We will continue to keep our storytimes fun and playful as we help children navigate the road to a lifelong love of reading and books.

Spring Preschool Storytimes are held from May 2 through June 9 on Tuesdays, Wednesdays, and Fridays at 10:15 a.m. No sign up is required. You must sign up for the Thursday

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# 5K race to remember fitness instructor killed in crash

By JOSEPHINE ORSINI

When Stacy Zounes was tragically killed in a car accident a little over a year ago, family and friends mourned her loss. Now, as a way to celebrate her life and to show that she still lives on in the hearts of those who love her, those close to her have decided to hold an event in her honor.

The Stacy Zounes Family 5K Fun Run Walk will be held in DiCaprio Park off Lydius Street in Guilderland on Saturday, as a day full of activities to commemorate the life of the local mother, teacher, instructor and friend.

"This is the first time we're doing the race," said Jennifer Coton, race coordinator and close friend of Zounes. "It's to memorialize her and let her know we remember her and love her."

Friends, family and community members will be taking part in the

The race came about because athlete and she wanted to run in more races," she said.

"She worked at a gym and was doing races," said Coton. "Someone mentioned we should do a run."

"We wanted to hold it in her honor because she was such an avid



Stacy Zounes

She had been visiting her father for Christmas for a couple of days before the holiday in December 2004, when driv-

ing home the car hit an ice patch, swerving into the path of an oncoming truck. Her husband and two daughters survived, but Zounes, at age 33, did not.

"She had many friends, that's why doing something like this is nice because it's nice to bring everyone together," said Coton.

Coton hopes there is enough participation to allow for the event to take place again next year.

The Zounes race and events will take place on Saturday, April 29

beginning at 9 a.m. at DiCaprio Park. Pre-registration fees are \$20 and registration on race day is \$25. The first 200 registrants will receive a T-shirt. Kids activities are \$5 per child.

Money raised from the Run/Walk will go to create a Stacy Zounes scholarship fund. This scholarship will go to a deserving Guilderland High School senior who will be pursuing a degree in education.

To register or for information, call 356-5259.

**"It's to memorialize her and let her know we remember her and love her." Jennifer Coton**

race, which will award prizes for the top two male runners, top two female runners and top runners who are ages 13 and under. The day will also include an obstacle course, balloons, vendors, baked goods and complimentary massages from Albany Massage. More features are in the works.

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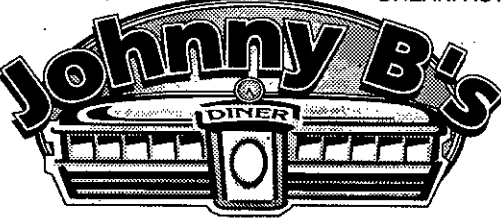

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# Out 'n' about



Megan Duffy and Shelby Carpenter enjoy some spring weather at the town park last week.

Renee Rahal

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## School

(From Page 1)

Delmar Community Orchestra. Her husband serves as first deputy secretary to Gov. George Pataki.

### James Lytle

Incumbent board member James Lytle is seeking his second term. His goals for the coming term will be to continue to make the education process both on the board and at the administrative level more accessible to district residents.

"We've been really trying to encourage community involvement, not just during budget time but throughout the year," he said.

One of his concerns is the perception that the board and administrative staff is unresponsive to district residents, and Lytle will continue working to make the process more transparent.

"I would recommend holding meetings more frequently and at more locations, so more people could attend," he said. "I also think we should be televised. I want to continue to examine ways to make it easier for people."

Lytle is also concerned with scrutinizing the annual budget more carefully and finding more ways to reduce spending.

"I'm not sure how we'll do it better, but I want to try and examine other potential efficiencies throughout the year, not just at budget time," he said.

Day-to-day student life is also a concern.

"You're only in second grade once," he said. "I want to make sure all issues are addressed right away, and not years out. I

want every year for students to be as good as we can make it."

Lytle is a partner in the Albany law office of Manatt, Phelps & Phillips LLP, where his practice is focused primarily on health care law. A district resident since 1983, he and his wife, Lisa, have three children, all BCHS graduates.

### Lynne Lenhardt

Lynne Lenhardt, a substitute teacher and private tutor, is seeking her seventh term on the board. A district resident since 1972, Lenhardt and her husband, George, who served on the Bethlehem town board, have two children, both graduates of BCHS.

Lenhardt serves on the Capital Region BOCES Board and the state School Boards Association board of directors.

"There is still a lot of work to do," she said. "I'm a strong advocate for education, and even though my kids are out of school I still feel that it's the community's responsibility as a whole to educate our children."

Lenhardt said also that it's important to represent the many residents in the community who don't have children.

Ways to cut spending in the budget remain a priority with Lenhardt, especially with this year's reval.

"This can hurt the senior citizens the most," she said. "It's tough. It's important that the district economize and find more efficiencies. We have been trying to do that, but it doesn't happen overnight. Something has to give."

In addition to cutting costs, Lenhardt's 18 years on the board and involvement with education on the state level bring out of area knowledge to the board. She represents 70 school districts in 7 counties statewide.

"I'm aware of problems in other areas, and knowing what's going on elsewhere can help us here in Bethlehem," she said. "I can look at the big picture."

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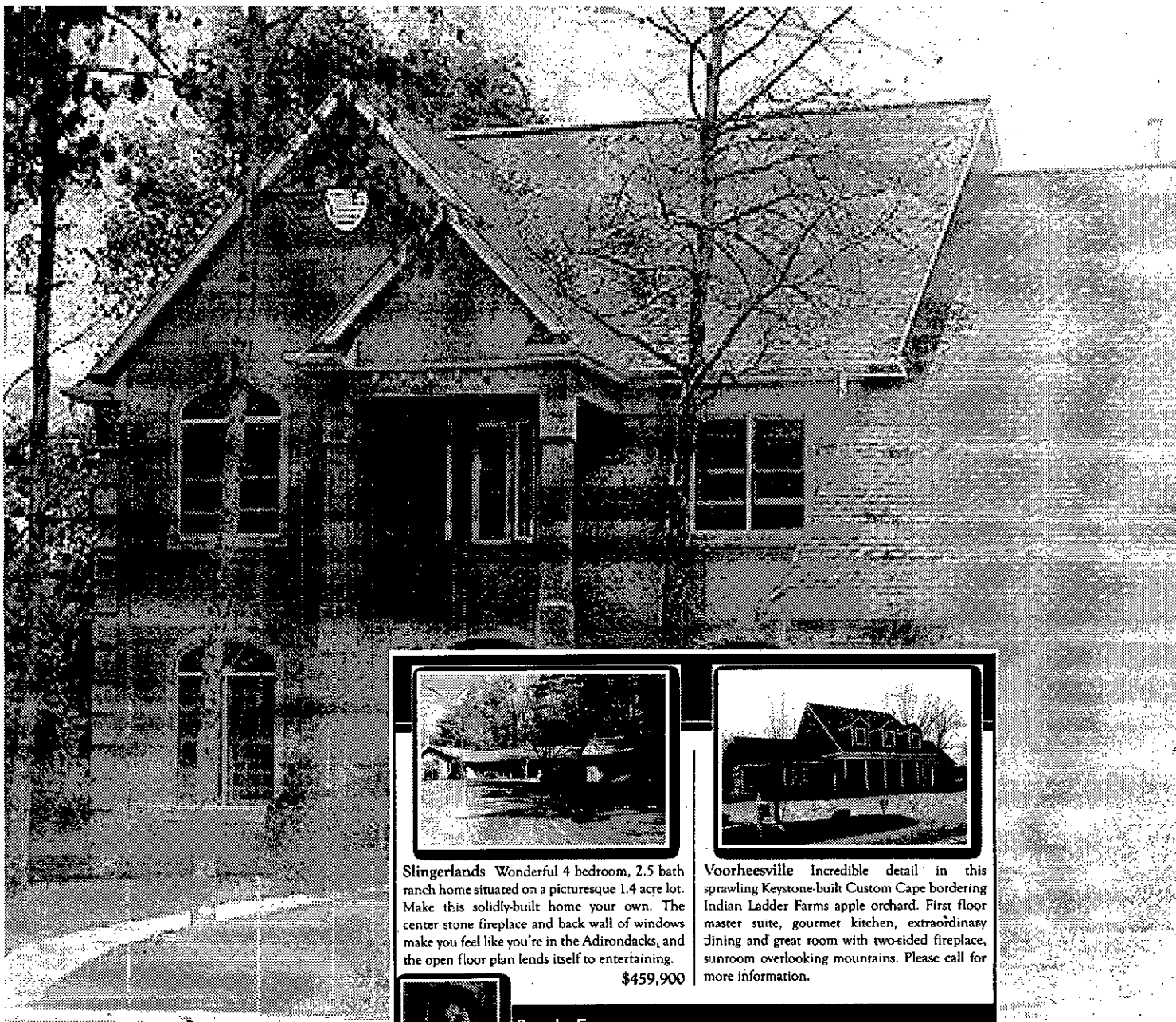
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The typical buyer is 55 years old with a total household income of about \$71,000. For second-home buyers who make the purchase strictly as an investment, the typical age is 47 and the buyer's household income is about \$85,700. Most of these second-home buyers do not have children under 18 living at home.

Second-home buyers searched for the right property for an average of seven weeks and looked at six properties before signing a purchase contract. About 83 percent used a real estate broker or associate, and four out of five financed their purchase with a mortgage and a median cash down payment of 22 percent.

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# Business Expo back in business May 11

It's that time of year again. More than \$2,300 in prizes and over 30 exhibitors are included in this year's Bethlehem Business Expo on May 11. The Expo will be from 5 to 8 p.m. at the American Legion Hall on Poplar Drive in Elsmere. Prizes include two free Southwest Airline Tickets, a stay at the Mirror Lake Inn, three-month membership to the

YMCA, a DVD player, gift cards and other items. There is no cost to enter to win. "The Expo is a fun, free event," said Marty DeLaney, president of the Bethlehem Chamber of Commerce. "Buying locally can save you time and money, especially with the cost of gas now."

Participants will have the

opportunity to talk to over 40 local business people, enjoy appetizers and cash bar and learn about a wide variety of local products and services. The event is sponsored by the Bethlehem Chamber, Verizon, and Spotlight Newspapers.

For information, call the chamber at 439-0512 or visit [www.bethlehemchamber.com](http://www.bethlehemchamber.com).

## IN BRIEF

### New Scotland residents needed for Volunteer Day

Calling all residents of New Scotland: On Saturday, May 6 from 9 a.m. to noon, there will be a Town Wide Volunteer Day. Assistance is needed to make this day a success by identifying individuals who might need help with raking their yard, cleaning out flowerbeds, washing

windows, minor house repairs, small painting and touch up jobs, one-time light housecleaning, installing air conditioners for the summer and the like. The individuals of consideration would be the elderly or disabled, with limited finances, living alone and /or those with little or no family support. If you know of anyone who fits this description or if you would like to sign up to volunteer you can call or email: Susan Kidder, Senior Contact at 439-9038 or [skidder@townofnewscotland.com](mailto:skidder@townofnewscotland.com) or the town supervisor's office at 439-4889.

### Dante team to sponsor breakfast

The Dance Dimensions Dance Team is sponsoring a sausage and pancake breakfast on Saturday, May 6 from 8 a.m. to noon at the Bethlehem Community Church, 201 Elm Ave., in Delmar. The cost is \$6 for adults and \$3 for children.

### Orchestra welcomes new officers

The Delmar Community Orchestra recently elected officers for their upcoming season which will begin in the fall.

Officers for the 2006/07 Season are: President Mary Clyne, Vice President Diane Hamilton, Treasurer Paulette Morgan, Recording Secretary: Denise Berletic, Corresponding Secretary Janet Betlejeski, Members at Large Joann Bonafede, Lisa Feil, Kristin Weary.

## Open to the Public 2006 Bethlehem Business Expo

Thursday, May 11 5:00 - 8:00 pm  
The American Legion 16 W. Poplar Drive, Delmar

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April 26, 2006



## *Local Senior Network receives award*

page 2

## *The right program can relieve arthritis pain*

page 3



page 6

Spotlight

# Colonie's collaborative efforts receive award

By EDWARD NEARY

The Colonie Senior Network (CSN) has been recognized by the New York State Coalition for the Aging (NYSCA) with its 2006 Senior Service Award in Community Partnerships. The statewide award was presented to Supervisor Mary E. Brizzell at NYSCA's 6th Annual Benefit Reception on Monday, February 13, 2006 at the Hampton Inn.

Candidates for the award are nominated by NYSCA members. A long-time NYSCA member, Colonie Senior Service Centers, Inc. was proud to nominate the network. CSN is as much a concept as an organization, beginning with Colonie Senior Service Centers, Inc., the Town of Colonie Senior Resources Department and the town's incorporated senior clubs working together to reach out

to the community. Together they identified and met with formal and informal seniors groups, community leaders, service providers, civic and faith-based organizations to raise awareness of issues affecting seniors in our community. Today, there are more than 30 organizations with over 100 individuals, volunteers and staff members of different organizations all working together as the Colonie Senior Network.

## Senior Living

In 2003, the Town of Colonie recognized the value of the network, creating the CSN Advisory Board as a complement to the Colonie Senior Network by a resolution of the Colonie Town Board on January 23, 2003. The CSN Advisory Board is a citizen committee that assists and advises the Senior Resources Department, Colonie Senior

Service Centers, and the senior clubs in carrying out their programs and services to the senior residents of the Town of Colonie and their families as well as providing a resource to the Colonie Town Board on senior-related matters. As part of this process, the board also solicits and considers input from the senior community on issues of concern to them. Among the accomplishments of the Colonie Senior Network are:

- Selection of Colonie by the White House Conference on Aging as one of the official sites where ideas, strategies and plans for meeting the challenges of a growing senior population were discussed. Colonie's recommendations were forwarded to the conference for consideration in the plan for aging concerns over the next 10 years.

- Recognizing Colonie's effort to work together as a community prompted U.S. Health & Human Services Secretary Michael Leavitt to select Colonie as one of only two sites in New York State where he kicked off the federal



Supervisor Mary E. Brizzell was presented with the 2006 Senior Service Award at NYSCA's 6th Annual Benefit Reception at the Hampton Inn.

government's campaign to sign seniors up for the new Medicare Part D Prescription Drug Benefit.

- Through Colonie Senior Service Centers, Inc., the CSN has implemented a \$15,000 State Pharmaceutical Assistance Program Transition Grant for Community Based Organizations to assist Medi-

care beneficiaries with the new Medicare Part D Prescription Drug Benefit.

- The Network has brought together over 30 different organizations, including stakeholders from the community such as EMS, police, schools, churches, housing, nursing and senior volunteers to ensure that there is a seamless network of services for our senior citizens.

- The CSN Advisory Board has developed a strong committee structure that has focused on several major areas of concern: working with developers regarding senior housing needs (Housing Committee); conducting a comprehensive survey, including focus groups to understand the current and future needs of our aging population (Programs and Services Committee); bringing together a "network" all of the formal and informal providers of services to seniors in our community, to demonstrate the benefits of working together (Community Development Committee); and improving communication between service providers to seniors and caregivers, and developing educational programs that help stakeholders understand and deal with issues unique to the aging population (Public Relations, Marketing and Education Committee).

Edward Neary is executive director of Colonie Senior Service Centers, Inc.

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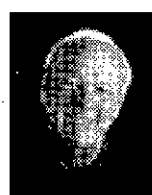
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# The right program can relieve arthritis pain

Physical activity is good for almost everyone. For many years, experts said — that people with arthritis should not exercise because it would damage their joints. Now doctors and therapists know that people with arthritis can improve their health and fitness through proper exercise without hurting their joints.

If you have arthritis or a

related condition, regular physical activity is especially important. Exercise is beneficial because it can help:

- keep your joints flexible;
- keep the muscles around your joints strong;
- prevent further deterioration of bone and cartilage;
- improve your ability to do daily activities; and

## Treating back and neck pain

By DAVE STECK

People may think that back or neck pain is just part of life, especially after hitting a certain age, but this is simply not true.

Studies show that visits to health care providers for neck and back pain occur as regularly as for the common cold.

There are many opinions about how to get rid of neck or back pain. Evidence shows that passive treatments like heat, ice, and massage give only temporary relief. Exercise and education are proven to work best, but must be done in a way that is specific for each person, because there are many different causes to back or neck pain. For example, an exercise routine for one person may make him/her feel great, while the same regimen for another person may make him/her feel worse.

Physical therapy can be highly successful in the treatment and prevention of neck or back pain, as well as associated limitations. Because there are many

treatment options available to the physical therapist, it is necessary to determine which will be the most effective.

At St. Peter's Rehabilitation Services, we give individualized attention beginning at the initial evaluation, which includes determining the cause of your symptoms.

Patients will stay with the same physical therapist throughout their programs in order to maintain continuity and apply appropriate changes if needed.

St. Peter's has an experienced staff with advanced certifications in orthopedics and spine care.

Rehabilitation services are offered at both at the St. Peter's hospital campus at 319 S. Manning Blvd. and at our facility at 1240 New Scotland Road in Slingerlands.

For more information about our physical therapy services or to schedule an appointment (physician referral), please call us at 525-1372 or 525-BACK (2225).

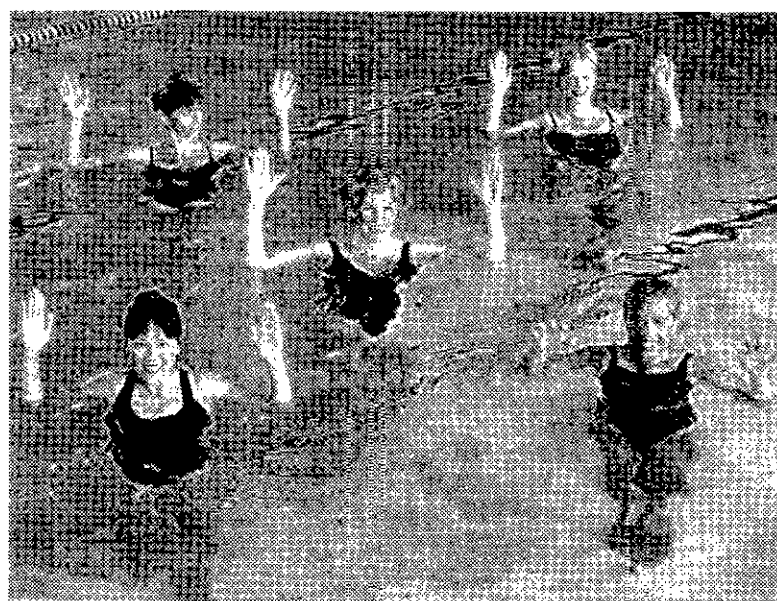
Dave Steck is a physical therapist at St. Peter's Rehabilitation Services.

• improve your overall health and fitness by giving you more energy, helping you sleep better, controlling your weight, making your heart stronger, decreasing depression and improving your self-esteem and sense of well-being.

The Arthritis Foundation offers a series of exercise and health education programs designed to make it easier for individuals of all fitness levels to get active, lose weight and improve their overall health. The programs listed below were developed specifically for people with arthritis and are led by Arthritis Foundation-certified instructors. Each program incorporates findings from the latest arthritis research to ensure that all routines are safe and effective.

**Arthritis Foundation Aquatic Program** — The buoyancy of water and the soothing warmth of a heated pool make a safe, ideal environment for relieving arthritis pain and stiffness. Gentle movements increase joint flexibility and range of motion, while restoring or maintaining muscle strength. The ability to swim is not required.

**Arthritis Foundation Exercise Program** — This



program features gentle, joint-safe exercises to help relieve stiffness and decrease arthritis pain. The low-impact class can be taken either sitting down or standing.

**Arthritis Foundation Self-Help Program** — This in-depth program developed at Stanford University teaches knowledge and skills needed to better manage arthritis. Classes cover ways to reduce pain and stress, cope with fatigue, use medications wisely and benefit

from exercise. It is perfect for the newly diagnosed as well as those whose arthritis requires more aggressive management.

Programs like these and many others are available for anyone looking to manage their arthritis and live a more active and healthier lifestyle. To find out about arthritis management programs in your community, contact the Arthritis Foundation at (800) 568-4045 or visit the Arthritis Foundation Web site at [www.arthritis.org](http://www.arthritis.org).

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# Make a plan for when you can't plan

By LEIGH MAISENBACHER

An advance directive is a set of written instructions telling your doctor, family and others what kind of care you want in the event you are unable to make medical decisions for any reason. Advance directives usually only go into effect when you become incapable of making decisions about your care and treatment. Each state has different laws concerning advance directives.

A living will is a form of advance directive that takes effect when you are terminally ill or permanently unconscious. Usually you are considered terminally ill if you have six months or less to live. You are usually considered permanently unconscious if your brain is severely damaged and/or you are in a vegetative state. A living will conveys your wishes as to whether you want your life prolonged by certain medical measures if there is no hope of recovery.

A durable power of attorney for health care is another type of advance directive. You name a person as your agent who can make medical decisions for you if you are unable to make those decisions for yourself. A

durable power of attorney becomes active if you are unconscious or unable to make medical decisions.

Another type of advance directive is a do not resuscitate order. A do not resuscitate order is a request stating that you do not want to have CPR if your heart stops or if you stop breathing. Do not resuscitate orders are legal in all states. If you choose to not be resuscitated, you should inform your doctor so your wishes will

be part of your chart or medical record. Usually a do not resuscitate order is requested by the critically ill whose quality of life has deteriorated.

An advance directive should be part of everyone's plans. If you should become critically ill or be involved in an accident, an advance directive can make certain decisions much easier on your family. Even if you are young and healthy, an advance directive is a good idea. If you are retired or nearing retire-

ment age, it is even more necessary. Accidents can happen at any time, and with an advance directive, your wishes will be followed.

Since each state has different laws governing advance directives, your doctor or hospital can give you the proper forms to fill out or you can download your state-specific advance directives. An advance directive can be revoked or changed if you decide to change your mind about the medical care you want

to receive if you are unable to make the decisions yourself.

The bottom line is when you are planning your retirement, you need to plan for everything. This includes planning for your wishes if you should become unable to make medical decisions for yourself. Retirement planning is much more than saving money. It's planning for anything and everything that might happen.

## Considerations for those about to retire

By LEIGH MAISENBACHER

Retirement planning involves forecasting your needs and goals after you reach an age where you no longer are actively working. This planning involves your future lifestyle; that is, where you will live, as well as all legal, financial, health and estate matters. It is probable that you will live for several years after you leave your place of employment, so you need to be sure you are equipped to support yourself and possibly your spouse.

After you retire, you might choose to pursue a second career or you might choose to travel. You might want to do volunteer work or you might just want to relax. If you retire early, chances are you won't be eligible for full retirement, so it may be necessary to work either full or part time. Think about the lifestyle you want for your retirement and start planning for it now.

After you retire, will you

continue to live in your current home or will you move to a better climate or a smaller home or apartment? Maybe you plan to keep your present home and buy a second home in another location. Once you retire, will you want to maintain your own yard or pay to have someone else do the upkeep? These are questions that need to be answered at some point in your retirement planning.

There are many legal matters to consider in your retirement planning. Are you divorced? If so, will your first spouse be entitled to share your retirement funds? Do you have a will or a trust set up? Do you have a lawyer who knows your circumstances? Will your home be paid for when you retire, or will you have a second or third mortgage

on it? Do you own a business that will need to be disposed of when you retire? These and more questions need to be answered at some point in your retirement planning.

Your financial matters can mean the difference between an enjoyable retirement and no retirement at all.

Do you have an idea of how much money you will need for living expenses after your retire? Have you set up a retirement fund? Do you regularly monitor your retirement fund and investments to be sure they are growing as they should?

When you retire, will you have health insurance and life insurance? If your place of employment doesn't offer health and life insurance to retirees, you will need to purchase both once you leave employment. After

reaching age 65, you will be eligible for Medicare but will also need a supplemental health insurance policy along with life insurance.

The inevitable will eventually happen and you will die. Will your heirs be protected from unnecessary taxation? Will your property and funds be distributed the way you want? You need to plan your estate, so your assets will be disposed of in the way you want with the least possible tax cost.

Retirement planning may seem like an overwhelming job, but it is necessary if you are to retire in the manner you want. You need to consider this plan a part of your daily obligations and save a set amount to ensure this time in your life will be the way you want it. You need to consider every aspect of your life after retirement and plan for it well. Retirement planning should not be taken lightly. Retirement, however, should be a fun and relaxing time in your life. So, do that planning now and enjoy the benefits later.

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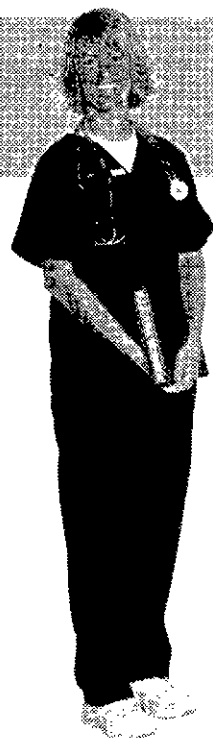
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# Settle retirement benefits as you settle your divorce

By LEIGH MAISENBACHER

If you are getting a divorce, you may want to consider how that is going to affect your retirement. Your retirement is considered a marital asset and will be part of your divorce settlement. How these assets are divided depends on where you live. All courts are required to follow federal guidelines for dividing qualified 401(k)s, but non-qualified plans, such as IRAs, SEPs and so on, are divided according to the laws of the state where you live.

Community property states usually require these assets to be split evenly, while other states may give a larger share to the highest wage earner. Retirement benefits that are subject to community property include military pensions, IRAs, Keoghs, ESOPs,

401(k) and 403(b) plans. Some retirement benefits are not considered community property. These include railroad retirement benefits, Social Security payments, compensation for military injuries and worker's compensation. Most spouses who divorce usually agree to split retirement accounts along with other property.

Here are some questions to ask about retirement benefits before your divorce is final:

- How many pension plans does your spouse have?
- How much has accrued in each plan?



• What information do you need in the court order or property settlement to have the pension plan pay benefits directly to you?

• Have you worded the order so that it clearly specifies the amount that will be paid to you?

• Does the order have survivor benefits so that you will continue to receive benefits if your ex dies first?

When you divorce, you will want to instruct your plan administrator to roll the agreed-upon amount into a new account in your spouse's name. With a

qualified plan, you also need to file a QDRO to allow your company to divide your plan. You will also want to be sure to change your beneficiaries when your divorce becomes final.

Making the wrong decisions about dividing up retirement benefits can cause serious financial

difficulties, tax burdens and fines. Where there is a division of retirement benefits included in a divorce settlement, experienced legal counsel should always be used. After all, you don't want to spend your retirement years worrying about finances.

## One tablet offers four joint-flexing formulas

Combine the health benefits of tart cherry with glucosamine, chondroitin and MSM

For years, many individuals have enjoyed major lifestyle changes with simple supplements. The most amazing results in recent years have been derived from glucosamine, chondroitin, MSM and tart cherry dietary supplements.

The tart cherry market has boomed recently, driven by people seeking to enjoy healthy and active lifestyles. In fact, recent research indicates tart cherries have substantial amounts of potent antioxidants, including melatonin and anthocyanins. These and other compounds found in tart cherries are believed to maintain healthy joints and a healthy cardiovascular system, among other benefits.

Major studies indicate the health benefits of glucosamine, chondroitin and MSM may assist in helping to actually build cartilage and lubricate joints.

People with comfortable joints are able to enjoy a more active, enriching lifestyle.

Considering the strong demand for all these compounds, the Fruit Advantage fruit supplement brand has introduced the first capsule to combine all four ingredients. This revolutionary supplement, Cherry Prime, combines the natural health benefits of tart cherries with the joint lubrication and cartilage building benefits of glucosamine, chondroitin and MSM.

Cherry Prime is a proprietary formula delivering more than 2,145 mg of tart cherry, glucosamine, chondroitin and MSM into a convenient once-a-day dose. This convenient combination is a powerful asset to joint health and comfort.

Andrew LaPointe, director of marketing with Fruit Advantage, says Cherry Prime is the first of its kind, and is available directly from Fruit Advantage ([www.fruitadvantage.com](http://www.fruitadvantage.com)) and will soon be available in stores nationwide.

## Tips for living on a fixed income

By LEIGH MAISENBACHER

Whether you are on a fixed income or just want to get the most for your money, this collection of tips can help you. All are easy to follow and some are even fun.

• Know exactly what your income is and where it goes. You'd be surprised by how many people really don't know how much they have coming in each month or where they use it. Keep track of how much you pay out for fixed expenses such as rent or mortgage, insurance, utilities and so on. Some of these expenses will be monthly, while others may be quarterly or even yearly.

• Check with your insurance company to see if you can combine your auto and homeowner's insurance to save. Also check to see if your insurance company offers a discount for safe driving, if you haven't had any accidents or speeding tickets.

• Clip coupons and use them.

Many grocery stores offer discount cards for money off select items, which can result in substantial savings.

• Save on your utility bills. Set your thermostat as low as is comfortable in the winter and as high as is comfortable in the summer, and resist the temptation to turn it up and down. Turn down the thermostat on your water heater to a temperature that is comfortable. When you run water, always use cold unless you need hot water. Running even just a little bit of hot water can cause the water heater to turn on. Turn off lights in any rooms that are unoccupied, and to brighten rooms in the daytime, consider having loosely woven drapes.

• For further savings, close curtains on the south- and west-facing windows during the day to keep out heat during the summer months. Swap your incandescent bulbs for fluorescent ones. These will allow you just as much light but will give off less heat and save on electricity.

• Take care of your car. A good maintenance schedule, regular cleaning and sensible driving can make a car last for many years. Another good idea is to continue to put the payment in the bank after the car is paid for. When you decide to buy another car, you will have a good down payment.

Once you've read all these tips, you might want to keep a journal of your spending to see just where your money is going. You might be surprised by how much you spend on things you could easily do without.



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<b>Catskill:</b>	159 Jefferson Heights	(518) 943-5314
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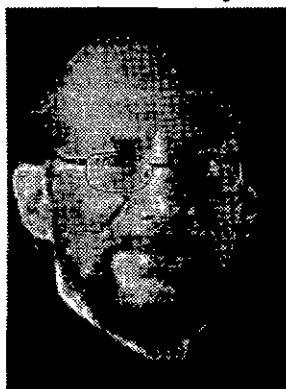
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# Wealthy in retirement: here's how

By LEIGH MAISENBACHER

**S**o, you want to be extremely well off when you retire. Here are a few tips to start you on your way.

The more you save early on, the more years you'll have to reinvest dividends and capital gains, making money off your gains' gains and so on into prosperity. No matter what age you're starting at, save big and early. That way, the compounding power of your money will do much of the work for you, and you'll have to save less going forward.

The sad fact is that a mere 53 percent of American workers are offered a traditional or 401(k)-style pension and only 42 percent participate. Don't make the same mistake. The 401(k) is now the mainstay of most employers' retirement plans, and many will match some or all employee contributions, meaning that investing is equivalent to giving yourself a tax-deferred raise.

Once the money is there, capital gains and dividends compound tax free until you reach 70.5 years of age, when you have to start taking the money out.

The other big advantage of the 401(k), the 403(b) and the IRA is that they give you a tax-free way to rebalance your portfolio when necessary. That's because you can move assets inside them without generating taxes. Sell winners outside a retirement account, and you'll be hit with a minimum of 15 percent capital gains taxes.

While employer matches make most 401(k)s a good deal, expenses can be problematic; mutual fund firms usually run the plans and charge participants retail rates. That, and individuals' propensity to follow

investment fads, explains why self-directed retirement plans return two percentage points less per year on average than do professionally managed traditional plans, a huge difference over time. Put \$100,000

into one account averaging a 6 percent return and the same amount in another averaging 8 percent per year. After three decades, the former account is worth \$574,349 and the latter, \$1,006,266.

The best way to maximize your returns is to avoid chasing hot stocks or sectors and keep costs down. If your employer offers it, consider a self-directed brokerage account inside a 401(k). This will allow you to pick from a wide range of low-cost funds or equities. If your employer doesn't match contributions and runs a costly plan, max out your IRA before

investing in the 401(k). With IRAs, you decide who manages your money. When you change jobs, roll over your 401(k) into an IRA.

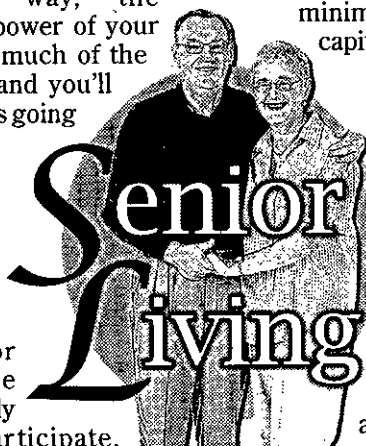
Insurance companies push hard to get investors to put fixed, variable and equity-indexed annuities into their retirement accounts. Don't do it. While the salespeople earn commissions of as much as 10 percent on your money, you pay through the nose for products whose main draw is tax deferral in accounts that are already tax deferred. Amazingly, the insurance industry has still sold \$679 billion of variable annuities alone into retirement

accounts.

If you like the idea of receiving monthly annuity payments in retirement that you can't outlive, invest your IRA in stocks or low-cost mutual funds while working. Then when you retire, buy an immediate annuity, a product that begins making monthly payments right away while avoiding the costly bells and whistles that make deferred annuities a retirement saver's nightmare.

This information should help you on your way to having a financially lucrative retirement.

All you'll have to do is sit back and enjoy it.



## Single women and retirement

By LEIGH MAISENBACHER

**R**etirement planning for a single woman is somewhat different than it is for one who is married. Here is a list of things a single woman should know and consider when planning for her retirement.

- Only about 35 percent of single women plan for retirement.
- Women need the same monthly income to live as men but traditionally earn less than men.
- Women tend to live longer than men and have lower lifetime earnings than men.
- Women are more likely to have broken work patterns or part-time jobs than men.

• Pensions received by women are usually worth less than those received by men.

• The United States has the highest poverty rate of older women of all post-industrial nations.

• Older, unmarried women are most at risk for poverty.

• To be eligible for Social Security on your own, you must have 10 years of covered earnings.

• It's up to you to become financially literate.

So you want to know what you can do? If you work for a company that offers a pension plan or 401(k), invest as much as you can afford. If you don't have any type of retirement at your place of

employment, put aside money each payday and don't touch it.

Next, learn all you can about saving and investing. The Internet is bursting with information that you can use to educate yourself. The more you know, the better equipped you will be to take control of your retirement planning.

You will also want to try to control your spending. Make sure you need something before you buy it, and most of all, don't go into debt deeper than you can afford to be. Learn to budget your money and control your spending.

Finally, keep healthy. One of the most important things for a happy retirement is good health. A happy, healthy retirement is what we all hope to have.

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# Don't let common ailments keep you grounded

Whether you are headed to the big city for a business deal or for a visit with your grandchildren, traveling can be one of the most rewarding opportunities in life. However, along with traveling could come bothersome health conditions that may negatively impact your trip. While it is common knowledge that diarrhea is associated with traveling, many people may not be aware that constipation as well is often experienced when traveling long distances.

Constipation can occur during travel because of differences in routine, diet, changes in lifestyle and not drinking enough water. Other factors contributing to constipation are lack of exercise and ignoring the urge to go to the bathroom. It is also important to note that

constipation may be the result of something that is not controllable, like problems with intestinal function, the side effects of certain medications, or age (particularly in people over 65).

People who experience constipation may find it difficult and painful to have a bowel movement. This is because stools may be very hard, making it so difficult to pass that straining occurs. Other symptoms include feeling bloated, uncomfortable or sluggish. Sufferers may find they spend hours in the bathroom, only to

have an unsatisfactory result. In some people, constipation is chronic and can last 12 weeks or more. In other words, constipation is not something you want to deal with either on vacation or

during normal daily living.

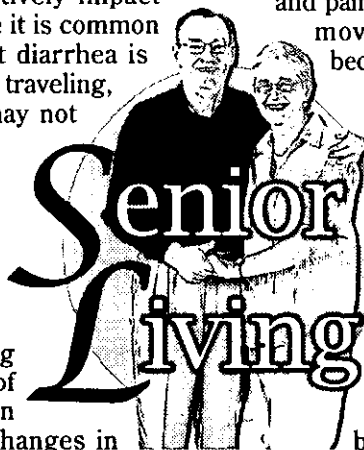
"Constipation, particularly if it's chronic, can hinder quality of life because of the unpleasant symptoms associated with it," said Douglas Drossman, M.D., professor of medicine and psychiatry and co-director of the University of North Carolina (UNC) Center for GI Functional and Motility Disorders in Chapel Hill. "As such, it is important for people who are affected to openly discuss this with their doctor, because there are solutions."

Constipation is more common than you may think. It affects 30 million people in the United States and is the cause of 2.5 million visits to physicians and 92,000 hospitalizations annually.

Traditionally, treatments for constipation included increasing fiber intake, drinking enough water and using laxatives or stool softeners. However, these treatments are not always effective, and in some cases, may actually make the problem more severe. This can lead to increased bloating or gas, or carry a risk of dependency on laxatives. Additionally, laxatives, stool softeners and even fiber therapies purchased in pharmacies could be bulky and hard to transport.

Researchers are studying the use of new medications and behavioral techniques to treat constipation. For example, research has focused on activating the Chloride Channel, a pump that maintains intestinal fluid secretion.

Whether you are traveling or just being bothered in daily life, if you experience chronic constipation, you should take the important step to visit a doctor. A doctor will be able to accurately assess the problem and provide treatment recommendations.



## When planning, be prepared

By LEIGH MAISENBACHER

When you plan for your retirement, you set goals, plan on how much money you will need to meet those goals and then work hard to achieve those goals. But what if something unexpected happens to veer you off your course? The best retirement plan can be destroyed if any one of these life events hasn't been planned for.

### Marriage

If you decide to get married, you and your spouse need to be on the same track with your retirement goals. If either of you have a company retirement plan, your spouse will be named beneficiary unless he or she agrees in writing to another beneficiary.

### Children

You might have children at some point, and the cost alone can put a big dent in your retirement

savings. Careful planning can help you make these difficult decisions and still keep your retirement goals.

### Divorce

While no one plans for divorce, it does happen and it can be devastating to a retirement plan.

### Death of a Spouse

The death of a spouse can have a severe effect on a retirement plan. No one likes to think of death, but you need to be aware of what might happen if you or your spouse should die. When setting up a retirement plan, be sure these are set up so the survivor has full rights.

While these aren't the only life events that can affect retirement planning goals, they are the most common. Look at all the different scenarios to be sure you haven't overlooked something that could jeopardize your goals.

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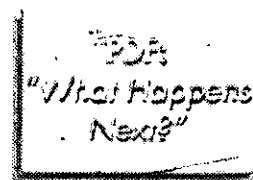
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# Why you need a personal health record

Now more than ever before, individuals are taking a greater interest in their health and healthcare. Eating healthy, taking vitamins and herbal supplements, and exercising have become more commonplace, and often what was once left up to the doctor to decide is now being balanced by the desire to be more proactive.

With this in mind, keeping a personal health record (a PHR) can be one of the most healthful things you can do for yourself or for a loved one. A PHR is more than just a compilation of your medical records. While medical records are created and maintained by doctors, hospitals or other healthcare providers, a PHR is created and maintained by you. It is an

ongoing, personalized compilation of important personal and health-related information about you or someone you're caring for.

By creating a PHR you can make sure that healthcare providers get a complete picture of your health. This can

save precious time in recognizing symptoms and diagnosing conditions accurately. It may also help minimize expensive and uncomfortable tests by better

answering questions or identifying possible problems. And if you are acting as a caregiver for someone else, having a PHR for that person will simplify your job and reduce stress.

"A PHR should include four types of information," said Denise Pozen, attorney and creator of So Tell Me... personal health organizers. "Personal information, such as name, address, contact information; medical information, such as doctor visits, ER visits, diagnostic tests and surgeries; medicinal information, like your prescriptions and supplements; and observational information, such as notes from doctor visits, diet or exercise records, reactions to medications, research notes, etc. Medical and medicinal information comes from doctors and pharmacists, but personal and observational information has to come from you."

To start your PHR, Pozen suggests talking to your healthcare providers (primary care doctor, dentist, eye doctor and specialists) about how you can get pertinent information from your medical records, and asking your

pharmacist for information regarding your prescriptions. Then write down emergency contact information and insurance information, and make a copy of any medical directive or living will.

All the information that makes up a PHR should be centralized and easily accessible. Because not all information is available in electronic format, one or more file folders or a three-ring binder is a good way to store your information. For many, a paper-based system such as the "So Tell Me" personal health organizer is the best way to start. The question and answer format and pre-printed tabs and forms make it easy to get started with tracking family history, past and future appointments, medications, tests, treatments, and more. (See [www.sotellmeorganizer.com](http://www.sotellmeorganizer.com) for details).

The American Health Information Management Association (AHIMA) recommends that a PHR contain basic identification including name, birth date and social security number, as well as the following:

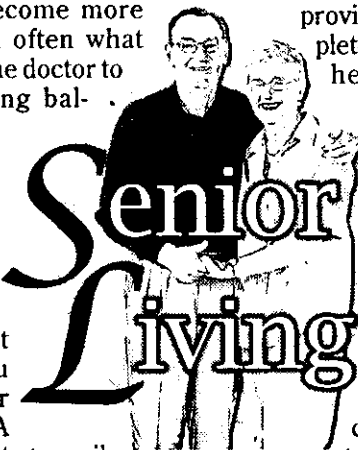
- Name, address and phone number of doctors, dentists and specialists
- Health insurance information
- Living wills and advance directives
- Permission forms for release of information
- Organ donor information
- Hereditary conditions
- Significant illnesses and surgeries
- Current medications and doses
- Immunizations
- Allergies

- Important test results
- Eye and dental records
- Any information you want to include about your health, such as your exercise regimen, any herbal medications you may take and any counseling you may receive.

Remember to also include activities or symptoms you may be monitoring. Once you start your PHR, it is important to keep the information current, make sure others know where it is kept, and take it with you to each new healthcare visit. Whether for a scheduled doctor's visit or a trip to the Emergency Room for yourself or someone you care for, the more prepared you are and the more information you can communicate, the more helpful and effective your healthcare visits will be.

Your records for all of the important aspects of your life — finance, education, travel, auto and home maintenance. Isn't it time you kept current on the most important aspect of your life, your health?

For information on organizing personal health records or to place an order for a So Tell Me... personal health organizer, contact Pozen Services Inc. at (888) TELLME2 (888-835-5632) or visit [www.sotellmeorganizer.com](http://www.sotellmeorganizer.com).



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# Obituaries *in the* Spotlight

## Timothy Craven

Timothy J. Craven, 42, of Hillsboro, Ore., and formerly of Ravena, died April 17.

Mr. Craven was born and raised in Ravena and graduated from RCS High School. He earned a Bachelor's degree in mechanical engineering from Rochester Institute of Technology and was employed by General Electric for seven years at various locations.

Mr. Craven left General Electric to attend Harvard Business School earning an MBA and joining the Intel Corp in Hillsboro, Ore. in 1995. He became the senior strategic planning manager in 2000.

Tim had many interests, including welding, cars, motorcycles, long distance cycling, hiking and travel. He and his wife and daughter traveled the Northwest as well as Hawaii, Mexico and Florida. They also spent much time with his family and many friends in upstate New York.

Survivors include his wife, Debbi; a daughter, Maggie of Hillsboro; his parents, William and Lorraine Craven of Delmar; two brothers, Daniel Craven of Albany and Russell Craven of Clifton Park; and a sister, Sue MaLossi of Delmar.

Funeral services will be in Hillsboro, Ore., and Bethlehem Community Church, 201 Elm Ave, Delmar on Sat., April 29, at 11 a.m. A reception will follow.

Contributions may be made to the American Brain Tumor Association, 2720 River Rd., Suite 14, Des Plaines Ill. 60018-4110.

## William J. Watson

William J. Watson Ret., 90, of Voorheesville, died Wednesday, April 19. He was born in New York City and lived in the Capital District for over 50 years.

Mr. Watson served his country in the Army for 25 years. After his

retirement from the military, he was employed by Metropolitan Insurance, W.L.E. Gurley and Garden Way. He enjoyed construction and carpentry.

Survivors include his wife, Ann M. Rekemeyer Watson of Voorheesville; a son, Stephen W. Watson of Green Island; two stepsons, Thomas D. Rekemeyer and Steven D. Rekemeyer, both of Averill Park; four stepdaughters, Dolores R. Brown of San Francisco, Cheryl Ann Rekemeyer of Waterford, Donna Smith of Castleton and Cynthia A.

Clark of Voorheesville; and several grandchildren.

Funeral services were from W.J. Lyons Jr. Funeral Home. Interment with full military honors was Saturday in Eagle Mills Cemetery, Brunswick. Condolence page at: [www.wjlyonsfuneralhome.com](http://www.wjlyonsfuneralhome.com)

## Kent Ian Weisenburn

Kent Ian Weisenburn, 54, of Port Orange, Fla. and South Bethlehem, died April 17.

He attended Ravena Central School and was a veteran serving in the Army during the Vietnam

War. He was a retired Penn Central/Conrail Railroad employee.

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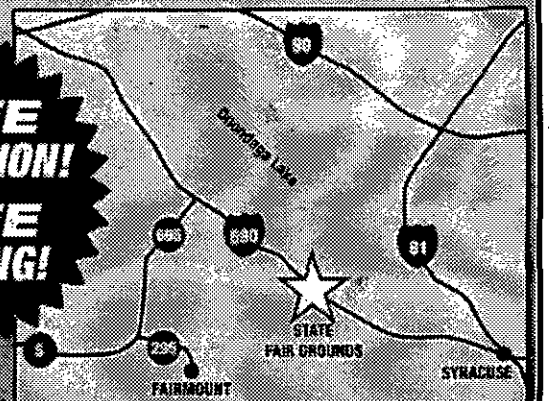
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# Obituaries *in the* Spotlight

Survivors include two daughters, Jamie Lee Allbee of Memphis, Tenn., April Yvonne Pope of Memphis, Tenn. and Allannah Kay Weisenburn of Port Orange, Fla.; his father, Gerald R. Weisenburn; his stepmother, Susan of South Bethlehem; two sisters, Sharon Dillon of Spring Hill, Fla., and Roxanne Lindsey of Rensselaer; a brother, Gerald R. Weisenburn II of Cossackie; a stepbrother, Richard Buckley of Hannacroix; and six grandchildren.

A memorial service will be

held at a later date. Contributions may be made to Vietnam Veterans of America, 8605 Cameron St., Suite 400, Silver Springs, Md. 20910-3710.

## Fletcher Wait Jr.

Fletcher C. Wait Jr., 68, of Kripplebush, Pa., and formerly of Delmar, died Tuesday, April 18. He graduated from Bethlehem High School and attended St. Lawrence University.

Mr. Wait was a territory manager for H.O. Penn Machinery. Prior to that, he was

a sales representative for Southworth-Milton. He was passionate about Army football, the performing arts, his home and his dogs, Jake and Oliver.

Mr. Wait was a parishioner of Kripplebush United Methodist Church, where he sang in the choir. He was also a member of the Marbletown Sportsmen's Club and was active with the D&H Canal Historical Society and the Kripplebush Schoolhouse Museum.

Survivors include two sons, Mark Wait Macungie, Pa., and Greg Wait of Raleigh, N.C.; two

daughters, Tracy Wait Dowd of Kingston and Nancy Wait Amberge of Bethel Park, Pa.; a brother, Samuel Wait of Chesterfield, Mo.; a sister, Elizabeth Ann Wait Essex of Glenmont; and 10 grandchildren.

Funeral services were from First United Methodist Church in Delmar and Applebee Funeral Home in Delmar. Interment was in Bethlehem Cemetery.

Contributions may be made to the International Myeloma Foundation, online at: [www.myeloma.org](http://www.myeloma.org) or by phone at 800-452-CURE.

## Betty P. Oliver

Betty P. Snider Oliver, 83, of New Scotland, died Saturday, April 22.

Mrs. Oliver was the widow of the late Chester B. Oliver. She and her husband operated the Chester B. Oliver Construction Co. She also enjoyed watching NASCAR races.

Survivors include a daughter, Patty Pietro of Clarksville; two sons, Ray Oliver and Ralph Oliver, both of New Scotland; and five grandsons. Funeral services were from Reilly & Son Funeral Home in Voorheesville. Contributions may be made to Voorheesville Area Ambulance.

## Mary R. Riley

Mary Rosalia Riley, 96, of Slingerlands, died Friday, April 21.

Mrs. Riley was a lifelong homemaker and her goal was to be a devoted wife and mother. She traveled from her home in Pueblo, Colo. to New York State to remain close to her husband, who was a minor league baseball manager in the Canadian-American League and a farm team of the Philadelphia Phillies.

Survivors include three sons, Leon Riley Jr., Dennis Riley, and Patrick Riley; two daughters, Elizabeth Piorro and Mary Kay Riley; and 12 grandchildren.

Funeral services were from New Comer-Cannon Funeral Home in Colonie and Christ the King Church in Guilderland. Interment will be in Most Holy Redeemer Cemetery in Niskayuna.

Contributions may be made to Christ the King Church Building Fund, 20 Sumpter Ave., Albany 12203.

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# Milestones *in the* Spotlight

## Todd, Bianchi engaged

Amy Todd, daughter of B.J. and Deborah Todd of Guilderland, and Christopher Bianchi, son of Enrico and Donna Bianchi of Clifton Park, are engaged to be married.

The bride-to-be is a graduate of Guilderland High School and Siena College.

She is employed in the human resources department at Albany Molecular Research Inc. in Albany.

The future groom is a graduate of Shenendehowa High School, Saint Lawrence University, and the University at Albany where he received his master's degree.

He is a science teacher at Van Antwerp Middle School in the Niskayuna school district.

The couple plans an Aug. 12 wedding.



Christopher Bianchi and Amy Todd

## Dean's List

### Binghamton University

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Lauren Reis of Glenmont.  
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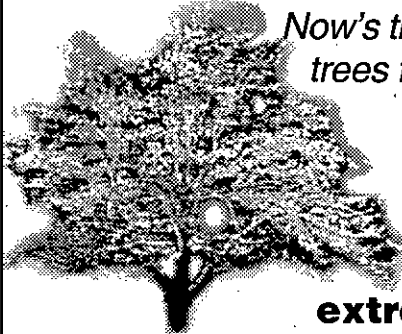
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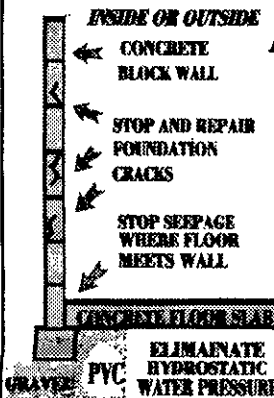
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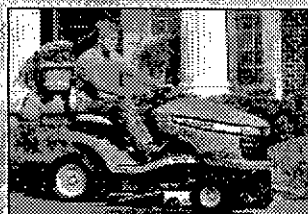
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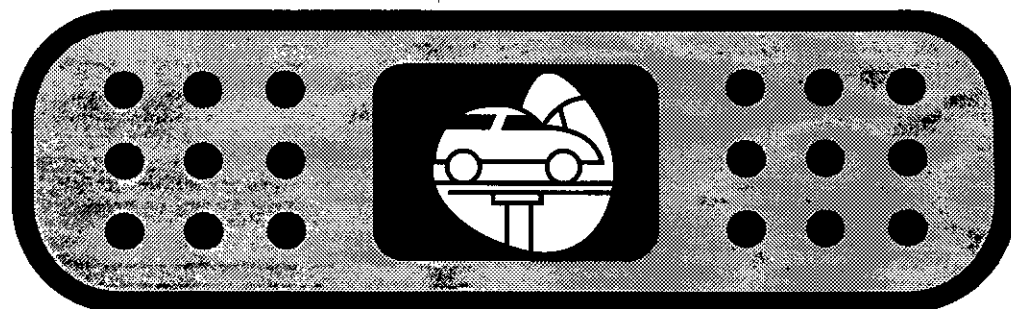
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# Entertainment *in the* Spotlight



## HOPE Faith

By KATHERINE McCARTHY

NYSTI presents story of Joan of Arc

**T**aking an unpopular stand can be a difficult thing. Sticking with it when it means mortal danger can lead to sainthood. The story of one woman who risked everything for her belief that her country should be free takes to the stage at the New York State Theatre Institute this weekend with the opening of "The Lark."

The story of Joan of Arc by French playwright Jean Anouilh will run until Saturday, May 13.

Mary Jane Hansen is the Equity actor playing Joan, and said the play has taught her a lot about the woman who was burned at the stake in 1431, at the age of 16, and was canonized in the 20th century.

"You think you know Joan, but you don't," Hansen said of the martyr who insisted she had a mandate from God to drive the English out of her native France. "Joan was a soldier for one year, a prisoner for another, and was on trial for a few months. She held her own against a courtroom of 19 men." "The Lark" depicts Joan's trial, but does not end with her death. Both Hansen and NYSTI's Producing Artistic Director Patricia DiBenedetto Snyder, who's directing the play, said that it ends on a more positive note — although neither wanted to give the ending away.

"Joan's life was one of faith," Hansen said. "The play ends not with her burning, but with

something to look to. There are political and religious overtones to the play. I tried not to focus on those, but on the belief and hope Joan offered."

DiBenedetto Snyder is on NYSTI's selection committee, and what that committee liked about "The Lark" was how much it has to teach.

"It's the story of a courageous woman, in a conflicted time," DiBenedetto Snyder said. "It takes place during the Hundred Years War; the Roman Catholic Church had three popes; the English wanted control of France; and this young lady wanted to see her country saved."

DiBenedetto Snyder sees a lot of parallels to today, which she described as a time of conflict and puzzlement.

"You'll see the polarization between the secular and the church," DiBenedetto Snyder said. "England represents the secular and France the clerics." DiBenedetto Snyder doesn't think that people should shy away from "The Lark," even if it brings up serious issues. The cast of 25 portrays the courtroom drama well, and while the show is not a musical, it does have a musical score, and there are characters who provide moments of humor to the show.

But Joan is always at the center of the play.

"There are other heroes and heroines that we put on stage, like kings, queens and presidents," DiBenedetto

Snyder said. "What I like about 'The Lark' is that we all get to make our own decision. We all need to do a little soul-searching sometimes. This play was written from the records of the trial. One question it definitely raises is why we don't learn from our own mistakes."

Hansen said that playing Joan has been "the most important thing I've done so far."

"There's so much beauty in the role," she said. "Joan's simplicity, her unbreakable character, and her unshakeable faith — those have been great to step into."

Hansen agreed with DiBenedetto Snyder that the

play will appeal to a broad audience.

"The way Joan spoke about mankind and humanity is inspiring," Hansen said. "The play doesn't so much give answers as ask questions, and like good theater, it gives you hope. I'm confident that people who see it will be glad they came."

The Lark opens this Friday, April 28. It will be performed at 10 a.m. on April 28, May 2, 3, 4,

5, 9 and 10; at 8 p.m. on Saturdays, May 6, May 12 and May 13; and at 2 p.m. on Sunday, April 30 and May 7. The show is recommended for those 12 and older. Tickets cost \$20 for adults; \$16 for seniors and students; and \$10 for those under 12. For information, call NYSTI at 274-3256 or visit the Web site, [www.nysti.org](http://www.nysti.org). NYSTI is located at the Schacht Fine Arts Center at Russell Sage College in Troy.



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Dave: 766-4161

Free Estimates Fully Insured  
25 Years Experience

**MURRAY PAINTING**  
Free Estimates  
Interior & Exterior

Residential • Commercial • Industrial  
If you count on quality count on us  
**439-4466**  
All Calls Returned • Fully Insured

**WM H. ROTHER PAINTING**  
INTERIOR - EXTERIOR

Fine Quality Workmanship  
INSURED • REFERENCES • FREE ESTIMATES  
381-6618 364-2007

**VOGEL**  
Painting Contractor

Free Estimates  
• RESIDENTIAL SPECIALIST  
• WALLPAPER APPLIED  
Interior - Exterior INSURED  
**439-7922**

**PET SERVICES**

**DELMAR DOG BUTLER**  
Pet Waste Removal  
Weekly Service:  
\$10/week (one dog)  
\$15/week (two dogs)  
Free estimates for one-time clean-ups.

Steve Relles, Owner • 229-2320

**PLUMBING**

**WMD Plumbing**

Plumbing Michael  
REPAIR SERVICE Dempf  
**475-0475**

**PLUMBING**

**Your Local Plumber**  
Call: **Bob McDonald**  
Licensed Master Plumber • Fully Insured

PLUMBING • HEATING  
HOME REPAIRS • NEW INSTALLATIONS  
"Serving the Community Since 1978"  
**756-2738**

**PRESSURE WASHING**

**DAVIERO**  
Pressure Washing

- Vinyl Siding • Decks
- Concrete around pools

Free Estimates • Fully Insured  
**377-7465**

**Professional House Washing & Deck Restoration**

**Call Jason: 265-0794**

Do you want to advertise with us?  
Call: **439-4940**

**RADON TESTING**

**RADON TEST YOUR HOME**  
Pillar to Post  
**465-9960**

The National Radon Safety Board

**REMODELING**

**TJ's**  
BUILDING • REMODELING  
HOME REPAIR  
**518-432-1617**  
Glenmont, NY • Fully Insured

**REMODELING**

**Conductive Electric & Remodeling**

20 Years Experience  
Electrical • Kitchens, Baths, Decks, Windows, Doors, Siding & Roofing

Certified • Insured  
References  
**479-9393**  
chrish5301R@aol.com

Call to place your ad today!  
**BUSINESS DIRECTORY**  
**439-4949**

**SEALCOATING**

**QUALITY PAVERS**  
Selkirk, NY 12158  
Commercial & Residential  
Free Estimates/ Fully Insured

Office: 767-9118  
Cell: 470-5931  
Owner: Sam Lambert IV

**PAVING THE WAY INTO OUR 4TH GENERATION**

**TREE SERVICES**

**HASLAM TREE SERVICE**

- Complete Tree Removal
- Pruning • Cabling • Feeding
- Land Clearing
- Stump Removal
- Storm Damage Repair

FREE Estimates Jim Haslam  
Fully Insured Owner  
**439-9702**

**Mike's STUMP REMOVAL**

Free Estimates/Insured  
Reliable Service  
**439-8707**

**TREE SERVICES**

**Tree & Stump Removal**  
Tree Maintenance • Land Clearing  
Brush Hogging

**AAA Enterprises**  
Serving the Capital District & Surrounding Areas

Free Estimates • Fully Insured  
Residential • Commercial  
www.AAAEnterprisingTreeservice.com  
**872-2966 • 365-0878**

**Advertise in the Spotlight Newspapers Service Directory!**

Is your ad here?  
Do you want to advertise with us?  
**Call 439-4940**

**TREE SERVICE**

- COMPLETE REMOVAL • TRIMMING
- BRUSH CLEARING • STUMP GRINDING
- GUTTER CLEANING

FREE ESTIMATES FULLY INSURED  
**295-8985**

**STUMP GRINDING**

**439-6377**  
Matt Denton

**Ring up more \$ales!**

When you call us and put our  
**Services in the Spotlight** ads to work for you!

*These little ads can make a BIG difference for your business!*

**Call 439-4940 to place your ad today.**

*a guide to services for your home* **Services *in the* Spotlight**

The Spotlight • Colonie Spotlight • Loudonville Spotlight • Guilderland Spotlight • Niskayuna Spotlight • Rotterdam Spotlight  
Scotia-Glenville Spotlight • Clifton Park/Halfmoon Spotlight • Burnt Hills Spotlight • Malta Spotlight • Saratoga Spotlight

# Spotlight Classifieds

## ADOPTION

**ADOPTION:** A loving financially secure happy family longs to love hug & provide everything for your baby. Stephanie & Brian. Expenses paid. 1-800-221-3573 pin73.

## ANNOUNCEMENTS

**MOVING CLEANOUTS? DUMP THE DUMPSTERS!** We do all the work for less money than renting dumpsters! [www.localcleanups.com](http://www.localcleanups.com) call LIVE person NOW! 631-455-6091 for service TODAY!

## ANTIQUES AND COLLECTIBLES

Major Antique Auction, Sunday, April 30. Guns, Postcards, Beatles, piano and more. Call Tom for more info (607) 780-0273 [www.ssauctiongallery.com](http://www.ssauctiongallery.com)

## BUSINESS OPPORTUNITIES

**BOOTH RENTAL** with following future opportunity to buy a duo barbershop. (518) 869-0761.

**ALL CASH BUSINESS!** Local candy vending route. \$50K/yr potential. 30 machines + candy. \$8,995 Call Now! 1-800-704-5414

**ALL CASH CANDY ROUTE.** Do you earn \$800 in a day? Your own local candy route. Includes 30 machines and candy. All for \$9,995. CALL 888-771-3496.

**MATTRESS CLEANING- SANITIZING BUSINESS.** Over 4000 European Dealers. New in U.S. Removes dust mites/harmful allergens. Big profits, investment \$8950. Complete training/support. Hygienitech 1-888-999-9030.

## CHILD CARE NEEDED

1-2 Days/week, My home, app. 4pm-7pm for 2 boys (8 & 12), \$10/hr., Must have car, Call 439-8859.

## CHILDCARE SERVICES

**CERTIFIED CHILDCARE** Provider has immediate openings in my Selkirk home. For more information please call 767-0302.

**SUMMER CHILDCARE** in my Cardinal Ave. home. Ages 3 and up. 729-3236.

## CLEANING SERVICES

**HOME CLEANING SERVICES:** Best job in town at affordable rates, fully insured. References available upon request. Dust Be Gone. Call Dawn: 461-7340.

**HOUSE PAINTING, HOUSE WINDOW CLEANING & GUTTER CLEANING.** Free estimates, Low prices. Call 452-1551.

**J & J HOUSECLEANING:** Affordable Professional Housecleaning. Serving the Entire Capital Area for Over 14 Years. 356-9152.

**KELLY KLEENERS:** Weekly, Bi-weekly, Monthly cleaning available. Reasonable rates, Insured, References. CELEBRATING 10th YEAR! 366-5499.

**SPRING IS HERE! CALL MIRACULOUS CLEANING:** Commercial or Residential. Affordable, References. Monica: 338-6126.

## COMPUTERS

**COMPUTER/LAPTOP CLINIC:** Technical support for your PC. Non-technical support for you. Virus/spyware removal, networking and repair for all computers/laptops. Call Rick: 459-0646 [www.inhouseadvantage.net](http://www.inhouseadvantage.net).

## EMPLOYMENT

**DRIVER TRACTOR-TRAILER** Chester, NY Location OTR-Regional-Dedicated-. Full time wanted to run NE, SE & MW. Must have Class A license. Minimum. 2 Yrs. Experience., Hazmat required. Excellent Pay package & benefits. Call Ed Riviera (800) 275-5835 or (201) 538-5100

## EQUIPMENT FOR SALE

**SAWMILLS** from only \$2,795.00—Convert your logs to valuable lumber with your own Norwood portable band sawmill. Log skidders also available. [www.norwoodindustries.com](http://www.norwoodindustries.com) - FREE information: 1-800-578-1363- Ext:300-N.

## FINANCIAL

**\$\$\$CASH\$\$\$ Immediate Cash** for Structured Settlements, Annuities, Law Suit, Mortgage Notes & Cash Flows. J.G. Wentworth #1 1-(800)794-7310.

**\*GET CASH\*** For your settlement, Annuity Payments, Inheritance (800)836-0479

## FIREWOOD

**PREMIUM WOOD FROM A PREMIUM WOOD SERVICE:** Face & Full Cords. Call 426-WOOD (426-9663). Free Delivery, stacking available.

**SEASONED HARDWOOD-** Cut, Split, Delivered. \$75 Face Cord. 756-9419.

**SEASONED OR GREEN:** You want the best, so get the best. Call 885-1351.

## FOUND

**SUNGLASSES:** Black Bolle (possibly prescription) sunglasses found at Park & Ride near Bethlehem Town Park on Saturday 3/25. Please call Spotlight Newspapers at 439-4940.

**TORTOISE SHELL CALICO** Female Kitten found on Delaware Ave. near Friendly's in Delmar on 4/17/06. 439-7547.

## FURNITURE FOR SALE

**6-PIECE ANTIQUE WHITE BEDROOM SET.** \$319. TWO Armoires Country French design, antique white. \$299, \$399. 765-9020. Can e-mail pictures.

**STICKLEY 6-piece rattan LR SET** Orig. \$3,200. Asking \$849. **STICKLEY** Corner TV Cabinet. Orig. \$2,400. Asking \$699. 765-9020. Can e-mail pictures.

**TV ARMOIRE,** Mahogany, Large, with drawers, Can e-mail photos & dimensions. \$400 OBO. 439-8789.

## GARAGE SALES

**APRIL 29- ALCOVE YARD SALES,** Treasure Maps at

**Coeymans Hollow Fire House-** Corner of SR143 and Blodgett Rd. at 8 a.m. Luncheon, bake sale, car wash at Alcove Church, CR 111, 10-2. Pictorial cancellation stamp (6th in a series) at Alcove Store 10-2.

**DELMAR:** Greenwood Lane. 4/29, 8-1. Four family block sale. (Kenwood/Union/Western). Something for everyone.

**ESTATE SALE: RAVENA** (to New Baltimore) 1/2 mile on right after Ravena Center traffic light. APRIL 28-29, 8-5. House contents, garage and shed to be sold. Furniture, stereo equipment, mahogany 1930 drop-front desk, BR sets. Much to see, etc. Please no early birds.

**MOVING SALE:** 683 Rt. 401 Westerlo, Next to Town Highway Dept. April 29, 9am-3pm.

**MULTI-FAMILY GARAGE SALE:** Saturday May 6th 9:00-2:00 at Summit Hills Development Clifton Park. Rt 9 N Right on Farm to Market, 2mi right on S. Outlook Dr.

**Want your business to be seen?**



**Place your ad in the Spotlights!**

With over 100,000 readers every week, Spotlight Newspapers are the best place to advertise your services and sales.

**Call 439-4940**

Super Crossword Answers

BONE QUEUE ADIEU DOVE  
ABES UNMAN WIDEN USES  
LOWPROFILE FELLOWSHIP  
DES STIR CUTE ITALY  
STAT TELLS ANDY  
CAMPUS DECAL CLEO FCC  
HEAR LEMONYELLOW ORO  
RORY LIMP LION SLAP  
INS JULIETTELOW ROLFS  
SSH ANY HALES PEYOTE  
MING BARBS ISAW  
GOATEE CAIRO EVE SOP  
ISLET PUSSYWILLOW UNI  
BALM TERI NEAT APSE  
EGO SWALLOWTAIL DOER  
DEW AIRY MOANS AGENTS  
ACERB SALE AIRE PAS  
HALLOWEDBE PILLOWTALK  
ASSE APART ALIEN ASTI  
ZIEES YIKIES DEEDS BOOM

## HANDYMAN

**BEST BET HANDYMAN,** Home Repairs & Maintenance, Electrical, Plumbing, Gutters, etc., Senior Discounts, Call 434-5612.

Door frames, windows, railings, & decks. No job too small. Respectful, neat & clean. Call Flat Stanley Painters at 377-4632.

## HOME IMPROVEMENT

HAS YOUR BUILDING

**SHIFTED?** Structural repairs of barns, houses and garages. Call Woodford Bros., Inc. for straightening, leveling, foundation and wood frame repairs. 1-800-OLD-BARN. [www.1-800-OLD-BARN.COM](http://www.1-800-OLD-BARN.COM)

## LAWN & GARDEN

Lawn Care, Leaf Raking, Yard Clean-up, Plant Care, Garden Maintenance, Landscaping. Delmar: 439-2924.

**MULCH/TOP-SOIL-** Red Mulch \$28/yard, Cherry \$26/yard, Top-soil \$20/yard. Delivery \$5/yard, 3 yard minimum. 756-3205, 424-1950.

**PREMIUM MULCH:** Double ground, Dark chocolate and natural black. Call 885-1351.

**SCREENED TOPSOIL:** Organically made, Clay based, Perfect for flowers, lawns or gardens. Call 885-1351.

## Classified Information



### Office Hours Deadline

8:30 AM - 5 PM  
Monday-Friday  
Deadline: Thursday at 4PM  
for following week



### Mail Address • In Person

Spotlight Newspapers  
P.O. Box 100  
Delmar, NY 12054  
125 Adams St.  
Delmar, NY 12054



**READERSHIP:**  
11 Newspapers;  
**113,400**  
Readers



**Phone • Fax**  
(518) 439-4940  
(518) 439-0609 Fax

**E-MAIL: [spotclas@nycap.rr.com](mailto:spotclas@nycap.rr.com)**

## Classified Ads Appear In All Eleven Papers

### In Albany County

The Spotlight • Colonie Spotlight • Loudonville Spotlight • Guilderland Spotlight

### In Schenectady County

Niskayuna Spotlight • Scotia-Glenville Spotlight • Rotterdam Spotlight

### In Saratoga County

Clifton Park/Halfmoon Spotlight • Burnt Hills Spotlight  
Malta Spotlight • Saratoga Spotlight

## Classified Rates

**Private Party Classifieds - Line Ads - Eleven paper combo - \$15.00**  
for 15 words 50 cents for each additional word.

**Commercial Classifieds - Line Ads - Eleven paper combo - \$17.50**  
for 15 words 50 cents for each additional word. Multiple insertion discounts available. Please call for information.

*All line ads must be pre-paid in order for placement.*

*Ads will appear in all eleven newspapers, as well as on the internet for the number of weeks requested.*

## Order Form

Classified Category: \_\_\_\_\_

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**Would You Like To Advertise  
Your Business In Our Papers?**

**Give Us A Call At:**

**439-4949**

**To Place Your Ad Today!**

*The Spotlight • Colonie Spotlight • Loudonville Spotlight  
Guilderland Spotlight • Niskayuna Spotlight • Rotterdam Spotlight  
Scotia-Glenville Spotlight • Clifton Park/Halfmoon Spotlight  
Burnt Hills Spotlight • Malta Spotlight • Saratoga Spotlight*





## LEGAL NOTICE

## LEGAL NOTICE

**CHAMPION PROPERTY MANAGEMENT LLC**  
 Notice of Organization: Champion Property Management LLC was filed with SSNY 03/02/06. Office: Albany County. SSNY designated as agent of LLC upon whom process may be served. P.O. address which SSNY shall mail process against the LLC served upon him: c/o Lauterbach Garfinkel Damast & Hollander, LLP 22 W. 38th St., 12th Fl., NY, NY 10018 Attn: Jeffrey Hollander, Esq. Purpose: To engage in any lawful activity.  
 LCD-13058  
 (April 26, 2006)

## LEGAL NOTICE

Notice of Publication  
 Bacima LLC Arts. Of org. was filed with SSNY on 12/13/05. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities.  
 LCD-13061  
 (April 26, 2006)

## LEGAL NOTICE

Notice of Publication  
 Canby LLC Arts. Of org. was filed with SSNY on 12/13/05. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities.  
 LCD-13062  
 (April 26, 2006)

## LEGAL NOTICE

Notice of Publication  
 Vesta International LLC Arts. Of org. was filed with SSNY on 08/15/05. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities.  
 LCD-13068  
 (April 26, 2006)

## LEGAL NOTICE

Notice of Publication  
 Kedron LLC Arts. Of org. was filed with SSNY on 12/13/05. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities.  
 LCD-13069  
 (April 26, 2006)

## LEGAL NOTICE

Notice of Publication  
 Covina LLC Arts. Of org. was filed with SSNY on 12/13/05. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities.  
 LCD-13070  
 (April 26, 2006)

## LEGAL NOTICE

Notice of Publication  
 Aplin Group LLC Arts. Of org. was filed with SSNY on 12/13/05. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at

## LEGAL NOTICE

the same address. Purpose: all lawful activities.  
 LCD-13071  
 (April 26, 2006)

## LEGAL NOTICE

Notice of Publication  
 Gadsden LLC Arts. Of org. was filed with SSNY on 12/13/05. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities.  
 LCD-13072  
 (April 26, 2006)

## LEGAL NOTICE

Notice of Publication  
 Letona LLC Arts. Of org. was filed with SSNY on 12/13/05. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities.  
 LCD-13073  
 (April 26, 2006)

## LEGAL NOTICE

Notice of Publication  
 Panola LLC Arts. Of org. was filed with SSNY on 12/13/05. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities.  
 LCD-13074  
 (April 26, 2006)

## LEGAL NOTICE

**THOMSON PURVES LLC**  
 Notice of Organization: THOMSON PURVES LLC was filed with SSNY 3/14/06. Office: Albany County. SSNY designated as agent of the LLC upon whom process may be served. P.O. address which SSNY shall mail any process against the LLC served upon him: c/o Lauterbach Garfinkel Damast & Hollander, LLP 22 W. 38th St., 12th Fl., NY, NY 10018 Attn: Jeffrey Hollander, Esq. Purpose: To engage in any lawful activity.  
 LCD-13080  
 (April 26, 2006)

## LEGAL NOTICE

**NOTICE OF FORMATION OF A PROFESSIONAL LIMITED LIABILITY COMPANY (PLLC).**  
 The name of the PLLC is CHILDREN'S NEUROPSYCHOLOGICAL SERVICES, PLLC. The Articles of Organization of the PLLC were filed with the NY Secretary of State on January 19, 2006. The purpose of the PLLC is to engage in any lawful act or activity. The office of the PLLC is to be located in Albany County. The Secretary of State is designated as the agent of the PLLC upon whom process against the PLLC may be served. The address to which the Secretary of State shall mail a copy of any process against the PLLC is 711 Troy-Schenectady Road, Latham, New York 12110-2454  
 LCD-13088  
 (April 26, 2006)

## LEGAL NOTICE

Notice of Formation of SWOOGEE LLC, Arts. Of Org. filed with NY Secy. Of State (SSNY) on 02/17/2006. Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 30 Up. Loudon Rd. Loudonville, NY 12211. Purpose: any lawful activity.  
 LCD-13092  
 (April 26, 2006)

## LEGAL NOTICE

## LEGAL NOTICE

**NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC).**  
 The name of the LLC is MM ALDERMAN PLAZA, L.L.C. The Articles of Organization of the LLC were filed with the NY Secretary of State on March 22, 2006. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 255 Washington Avenue Extension, Albany, New York 12205.  
 LCD-13125  
 (April 26, 2006)

## LEGAL NOTICE

**NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC).**  
 The name of the LLC is COUNTRYMAN OF BERNE LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State on March 22, 2006. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is c/o Segel, Goldman, Mazzotta & Siegel, P.C., 9 Washington Square, Albany, New York 12205.  
 LCD-13129  
 (April 26, 2006)

## LEGAL NOTICE

**NOTICE OF CONVERSION TO A DOMESTIC LIMITED LIABILITY COMPANY (LLC) HILLSIDE ASSOCIATES**  
 was converted from a New York partnership into a limited liability company having the name HILLSIDE ASSOCIATES OF ALBANY, L.L.C. The Certificate of Conversion was filed with the NY Secretary of State on March 22, 2006. The purpose of the LLC is to engage in any lawful act or activity. The LLC is to be managed by one or more members. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is c/o TriCity Rentals, 255 Washington Avenue Extension, Albany, New York 12205.  
 LCD-13157  
 (April 26, 2006)

## LEGAL NOTICE

**NOTICE OF CONVERSION TO A DOMESTIC LIMITED LIABILITY COMPANY (LLC) E.B. REALTY OF ALBANY, L.L.C.**  
 was converted from a New York partnership into a limited liability company. The name of the partnership was E.B. REALTY. The Certificate of Conversion of the LLC was filed with the NY Secretary of State on March 24, 2006. The purpose of the LLC is to engage in any lawful act or activity. The LLC is to be managed by one or more members. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is c/o TriCity Rentals, 255 Washington Avenue Extension, Albany, New York 12205.  
 LCD-13161  
 (April 26, 2006)

## LEGAL NOTICE

450 NEW KARNER ROAD, LLC

## LEGAL NOTICE

Notice of Formation of Limited Liability Company  
 Certificate of Conversion of JONT VENTURE ASSOCIATES, a Partnership, to 450 NEW KARNER ROAD, LLC ("LLC") was filed with the Department of State of New York ("SSNY") on March 10, 2006. Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail a copy of any process to 450 New Karner Road, LLC, 13 Hemlock Street, P.O. Box 517 Latham, New York 12110. LLC does not have a specific date of dissolution. Purpose: all legal purposes. Filer: Law Office of Kara Conway Love  
 Address: 450 New Karner Road, Suite 203, Albany, New York 12205-3898  
 LCD-13198  
 (April 26, 2006)

## LEGAL NOTICE

Notice of Formation of Square Circle Press LLC. Articles of Organization filed with the Secretary of State of NY (SSNY) on 3/29/2006. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The Company, 137 Ketcham Road, Voorheesville, NY 12186 Purpose: any lawful activities.  
 LCD-13199  
 (April 26, 2006)

## LEGAL NOTICE

Notice of Formation of Upstate Chunk & Paradigm Company, LLC. Articles of Organization filed with the Secretary of State of NY (SSNY) on 3/29/2006. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The Company, 137 Ketcham Road, Voorheesville, NY 12186 Purpose: any lawful activities.  
 LCD-13200  
 (April 26, 2006)

## LEGAL NOTICE

Notice of Formation of LLC Schodack NY LLC (LLC) filed Arts. of Org. with Secy. of State of NY (SSNY) on 4/6/05. Office location: Albany County. SSNY designated as agent of the LLC upon whom process may be served and SSNY shall mail process to 33 Fuller Rd., Albany, NY 12205. Purpose: any business permitted under law.  
 LCD-13202  
 (April 26, 2006)

## LEGAL NOTICE

Notice of Formation of LLC Latham SDSC, LLC (LLC) filed Arts. of Org. with Secy. of State of NY (SSNY) on 9/18/03. Office location: Albany County. SSNY designated as agent of the LLC upon whom process may be served and SSNY shall mail process to 450 N. New Ballas Rd., Suite 264, St. Louis, MO 63141. Purpose: any business permitted under law.  
 LCD-13203  
 (April 26, 2006)

## LEGAL NOTICE

Notice of Formation of LLC Administrative Services of Latham, LLC (LLC) filed Arts. of Org. with Secy. of State of NY (SSNY) on 9/16/03. Office location: Albany County. SSNY designated as agent of the LLC upon whom process may be served and SSNY shall mail process to 450 N. New Ballas Rd., Suite 264, St. Louis, MO 63141. Purpose: any business permitted under law.  
 LCD-13204  
 (April 26, 2006)

## LEGAL NOTICE

Notice of Formation of LLC Public Affairs Venture, LLC fka The Public Affairs Venture, LLC (LLC) filed Arts. of Org. with Secy. of State of NY (SSNY) on 3/8/05. Office location: Albany County.

## LEGAL NOTICE

SSNY designated as agent of the LLC upon whom process may be served and SSNY shall mail process to 54 State St., 8th Floor, Albany, NY 12207. Purpose: any business permitted under law.  
 LCD-13205  
 (April 26, 2006)

## LEGAL NOTICE

Notice of Formation of LLC Rappleyea Lobbying Group LLC fka HB-AG Lobbying Group, LLC (LLC) filed Arts. of Org. with Secy. of State of NY (SSNY) on 6/14/01. Office location: Albany County. SSNY designated as agent of the LLC upon whom process may be served and SSNY shall mail process to 54 State St., 8th Floor, Albany, NY 12207. Purpose: any business permitted under law.  
 LCD-13206  
 (April 26, 2006)

## LEGAL NOTICE

Notice of Formation of LLC Rappleyea Public Affairs Group LLC fka HB/AG Public Affairs Group, LLC (LLC) filed Arts. of Org. with Secy. of State of NY (SSNY) on 5/1/01. Office location: Albany County. SSNY designated as agent of the LLC upon whom process may be served and SSNY shall mail process to 54 State St., 8th Floor, Albany, NY 12207. Purpose: any business permitted under law.  
 LCD-13207  
 (April 26, 2006)

## LEGAL NOTICE

Notice of Qualification of Fleming & Associates LLC. Authority filed with Secy. of State of NY (SSNY) on 1/6/06. Office location: P.O. Box 5156 Albany NY 12205. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: P.O. Box 5156 Albany NY 12205 Purpose: any lawful activity.  
 LCD-13237  
 (April 26, 2006)

## LEGAL NOTICE

**NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY**  
 Articles of Organization of Tech Valley Dental Lab, LLC ("LLC") filed with the Secretary of State of New York ("SSNY") on April 11, 2006 effective on the date of filing. Office Location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY may mail a copy of any process to the LLC, 4031 Chaucer Place, Slingerlands, NY 12159. The purpose for which the LLC is formed is to engage in any lawful act or activity for which limited liability companies may be organized under the LLC.  
 LCD-13239  
 (April 26, 2006)

## LEGAL NOTICE

**NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC).**  
 The name of the LLC is FIRST COLUMBIA 433 RIVER STREET, LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State on April 11, 2006. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 22 Century Hill Drive, Suite 301, Latham, New York 12110.  
 LCD-13240  
 (April 26, 2006)

## LEGAL NOTICE

**NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC).**

## LEGAL NOTICE

The name of the LLC is FIRST COLUMBIA 547 RIVER STREET, LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State on April 11, 2006. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 22 Century Hill Drive, Suite 301, Latham, New York 12110.  
 LCD-13241  
 (April 26, 2006)

## LEGAL NOTICE

**NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC).**  
 The name of the LLC is FIRST COLUMBIA CENTURY-20, LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State on April 12, 2006. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 22 Century Hill Drive, Suite 301, Latham, New York 12110.  
 LCD-13250  
 (April 26, 2006)

## LEGAL NOTICE

Notice of Publication  
 JACK'S NEIGHBORHOOD PIZZA LLC Arts. Of Org. was filed with SSNY on 04/11/06. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities.  
 LCD-13253  
 (April 26, 2006)

## LEGAL NOTICE

**NOTICE OF FORMATION OF LLC 131 SOUTH LAKE, LLC** filed Articles of Organization with the New York Secretary of State on March 8, 2006. Its office is located in Albany County. The Secretary of State has been designated as agent upon whom process may be served and shall mail a copy of any process served on him to Ronald Nadeau, 236 Kenwood Avenue, Delmar, New York 12054. Its business is to engage in any lawful activity for which limited liability companies may be organized under Section 203 of the New York Limited Liability Company Act.  
 LCD-13254  
 (April 26, 2006)

## LEGAL NOTICE

**MM FAMILY PARTNERSHIP - MARILYN, L.P.**, Notice of formation of a limited partnership (LP) Certificate of Limited Partnership filed with the New York Secretary of State on March 29, 2006. The purpose of the LP is to engage in any lawful act or activity. The office of the LP is to be located in Albany County. The Secretary of State is designated as the agent of the LP upon whom process against the LP may be served. The address to which the Secretary of State shall mail a copy of any process against the LP is 255 Washington Avenue Extension, Albany, New York 12205.  
 LCD-13266  
 (April 26, 2006)

## LEGAL NOTICE

**MM FAMILY PARTNERSHIP - SHEILA, L.P.**, Notice of formation of a limited partnership (LP) Certificate of Limited Partnership filed with the New York Secretary of State

## LEGAL NOTICE

on March 29, 2006. The purpose of the LP is to engage in any lawful act or activity. The office of the LP is to be located in Albany County. The Secretary of State is designated as the agent of the LP upon whom process against the LP may be served. The address to which the Secretary of State shall mail a copy of any process against the LP is 255 Washington Avenue Extension, Albany, New York 12205.  
 LCD-13267  
 (April 26, 2006)

## LEGAL NOTICE

Notice of Qualification of Noble Altona Windpark, LLC. Authority filed with Sec. of State of NY (SSNY) on 4/10/2006. Office location: Albany County. LLC formed in Delaware (DE) on 5/12/2005. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 301 East 79th St, Ste 24-H, New York, NY 10021. Principal address of LLC: 8 Railroad Ave, 2nd Floor, Ste 8, Essex, CT 06426. Art. of Org. on file: SSDE, 401 Federal St., Dover, DE 19901. Purpose: any lawful activities.  
 LCD-13278  
 (April 26, 2006)

## LEGAL NOTICE

**WD Carhart, LLC**  
 Notice of formation of the above Limited Liability Company ("LLC"). Articles of Organization filed with the Secretary of State of NY ("SSNY") on 3/20/2006. Office location, Albany County, SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of any such process served to: the LLC, c/o William D. Carhart, Managing Member, 951 Charlton Road, Scotia, New York 12302. Purpose: any lawful business purpose.  
 LCD-13294  
 (April 26, 2006)

## LEGAL NOTICE

Notice of Qualification of Noble Bliss Windpark, LLC. Authority filed with Sec. of State of NY (SSNY) on 4/10/2006. Office location: Albany County. LLC formed in Delaware (DE) on 5/12/2005. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 301 East 79th St, Ste 24-H, New York, NY 10021. Principal address of LLC: 8 Railroad Ave, 2nd Floor, Ste 8, Essex, CT 06426. Art. of Org. on file: SSDE, 401 Federal St., Dover, DE 19901. Purpose: any lawful activities.  
 LCD-13305  
 (April 26, 2006)

## LEGAL NOTICE

Notice of Qualification of Noble Clinton Windpark I, LLC. Authority filed with Sec. of State of NY (SSNY) on 4/10/2006. Office location: Albany County. LLC formed in Delaware (DE) on 5/12/2005. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 301 East 79th St, Ste 24-H, New York, NY 10021. Principal address of LLC: 8 Railroad Ave, 2nd Floor, Ste 8, Essex, CT 06426. Art. of Org. on file: SSDE, 401 Federal St., Dover, DE 19901. Purpose: any lawful activities.  
 LCD-13306  
 (April 26, 2006)

## LEGAL NOTICE

Notice of Qualification of Noble Ellenburg Windpark LLC. Authority filed with Sec. of State of NY (SSNY) on 4/10/2006. Office location: Albany County. LLC formed in Delaware (DE) on 9/2/2005. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 301 East 79th St, Ste 24-H, New York, NY 10021. Principal address of LLC: 8 Railroad Ave, 2nd Floor, Ste 8, Essex, CT 06426. Art. of Org. on file: SSDE, 401 Federal

## LEGAL NOTICE

St., Dover, DE 19901. Purpose: any lawful activities. LCD-13307 (April 26, 2006)

## LEGAL NOTICE

Notice of Qualification of Noble Environmental Power 2006 Hold Co, LLC. Authority filed with Sec. of State of NY (SSNY) on 4/10/2006. Office location: Albany County, LLC formed in Delaware (DE) on 2/13/2006. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 301 East 79th St, Ste 24-H, New York, NY 10021. Principal address of LLC: 8 Railroad Ave, 2nd Floor, Ste 8, Essex, CT 06426. Art. of Org. on file: SSDE, 401 Federal St., Dover, DE 19901. Purpose: any lawful activities. LCD-13308 (April 26, 2006)

## LEGAL NOTICE

Notice of Qualification of Noble Transmission, LLC. Authority filed with Sec. of State of NY (SSNY) on 4/10/2006. Office location: Albany County, LLC formed in Delaware (DE) on 5/12/2005. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 301 East 79th St, Ste 24-H, New York, NY 10021. Principal address of LLC: 8 Railroad Ave, 2nd Floor, Ste 8, Essex, CT 06426. Art. of Org. on file: SSDE, 401 Federal St., Dover, DE 19901. Purpose: any lawful activities. LCD-13309

## LEGAL NOTICE

RICHARD A BESAW 1717 Pioneer Road Shortsville NY A report of unclaimed property has been made to Alan Hevesi, the Comptroller of the State of New York, pursuant to Section 701 and/or Section 1316 of the Abandoned Property Law. A list of the names of the persons appearing from the records of the said insurance company to be entitled thereto is on file and open to the public inspection at the principal office of the corporation located at 200 Hopmeadow Street, Simsbury, CT 06070, where such abandoned property is payable. Such abandoned property will be paid on or before August 31st next to persons establishing to our satisfaction their right to receive the same. On or before the succeeding September 10th, such unclaimed funds still remaining unclaimed will be paid to Alan Hevesi, the Comptroller of the State of New York. Upon such payment this company shall no longer be liable for the property. HARTFORD LIFE INSURANCE COMPANY LCDG-13275 (April 26, 2006)

## LEGAL NOTICE

NOTICE OF NAMES OF PERSONS APPEARING AS OWNERS OF CERTAIN UNCLAIMED PROPERTY HELD BY HARTFORD LIFE GROUP INSURANCE COMPANY The persons whose names and last known addresses are set forth below appear

## LEGAL NOTICE

County, LLC formed in Delaware (DE) on 3/30/1994. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Company (CSC), 80 State St., Albany, NY 12207. DE address of LLC: c/o CSC, 2711 Centerville Road, Ste. 400, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, Lockerman & Federal St., Dover, DE 19901. Purpose: any lawful activity. LD-13056 (April 26, 2006)

## LEGAL NOTICE

Notice of Qualification of Growing Generations, LLC. Authority filed with Secy. of State of NY (SSNY) on 2/17/06. Office location: Albany County, LLC formed in California (CA) on 9/22/1996. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o National Registered Agents, Inc., 875 Ave. of the Americas, Ste. 501, NY, NY 10001. Principal address of LLC: 5757 Wilshire Blvd, Ste 601, Los Angeles, CA 90036. Arts. of Org. filed with CA Secy. of State, 1500 11th St, Sacramento, CA 95814. Purpose: any lawful activities. LD-13063 (April 26, 2006)

## LEGAL NOTICE

Notice of Qualification of Fertility Futures International, LLC. Authority filed with Secy. of State of NY (SSNY) on 2/17/06. Office location:

## LEGAL NOTICE

as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The Company, 6310 San Vicente Blvd, Ste 510, Los Angeles, CA, 90048, Att: Peter M. Hoffman. Purpose: any lawful activities. LD-13067<z4> (April 26, 2006)

## LEGAL NOTICE

NOTICE OF FORMATION OF LLC Articles of Organization for DBP REALTY, LLC were filed with the Secretary of State of New York on February 21, 2006. Office located in Albany County. The Secretary of State has been designated as agent upon which process may be served and a copy of process shall be mailed by the Secretary of State to the LLC at 7 Southwoods Boulevard, Albany, NY 12211. Purpose: for any lawful activity for which limited liability companies may be formed under the law. LC-13081 (April 26, 2006)

## LEGAL NOTICE

Notice of Qualification of Snocdown LLC, App. for Auth. filed Sec'y of State (SSNY) 2/9/06. Office location: Albany County. LLC org. in DE 2/2/06. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to David J. Werlin, 169 Main St., P.O. Box 187, Townsend, MA 01469, the principal office address of LLC. Art. of Org. on file: SSDE, 401 Federal St., Dover, DE 19901. Purpose: any lawful activities. LD-13082 (April 26, 2006)

## LEGAL NOTICE

Notice of Formation of Enterprises LLC, Art. of Org. filed Sec'y of State (SSNY) 3/3/06. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to P.O. Box 218, Oyster Bay, NY 11771. Purpose: any lawful activities. LD-13083 (April 26, 2006)

## LEGAL NOTICE

Notice of Formation of

## LEGAL NOTICE

Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The Company, 14 McNutt Ave, Albany, NY 12205. Purpose: any lawful activities. LD-13094 (April 26, 2006)

## LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: 454 RESTAURANT, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 12/14/05. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Arthur Shapolsky, 99 Tripp Street, Mount Kisco, New York 10549. Purpose: For any lawful purpose. LD-13107 (April 26, 2006)

## LEGAL NOTICE

Notice of Formation of Van Horton Enterprises LLC, Arts. of Org. filed with Secy. of State of NY (SSNY) on 3/2/2006. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 301 East 79th St, Ste 24-H, NY, NY 10021. Purpose: any lawful activities. LD-13109 (April 26, 2006)

## LEGAL NOTICE

LLC 1. The name of the limited liability company is HMC NOMINEE COMPANY, LLC. 2. The Articles of Organization creating the limited liability company were filed in the Office of the New York Secretary of State on March 17, 2006 and became effective on said date. 3. The principal office of the limited liability company is in Albany County. 4. The Secretary of State is designated as the agent of the limited liability company upon whom process against it may be served and the post office address to which the Secretary of State shall mail any copy of process against it is HMC NOMINEE COMPANY, LLC, 180 Delaware Avenue, Suite 200, Delmar, New York 12054. 5. The purpose of the limited liability company is to engage in any lawful activity for which limited liability companies may be organized under the Limited Liability Company Law of the State of New York. Dated: March 20, 2006 NOLAN & HELLER, LLP Attorneys for HMC NOMINEE COMPANY, LLC 39 North Pearl Street Albany, New York 12207-40732 LD-13119 (April 26, 2006)

## LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY Pursuant to the Limited Liability Company Law of the State of New York, notice is hereby given that the limited

## LEGAL NOTICE

(April 26, 2006)

## LEGAL NOTICE

Notice of Qualification of Andrie Trading, LLC. Authority filed with Secy. of State of NY (SSNY) on 3/16/2006. Office location: Albany County. LLC formed in Illinois (IL) on 7/12/1999. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207. IL address of LLC: 440 S. LaSalle St., Ste. 1910, Chicago, IL 60611. Arts. of Org. filed with IL Secy. of State, 501 S. 2nd St., Rm. 328, Springfield, IL 62756. Purpose: any lawful activity. LD-13130 (April 26, 2006)

## LEGAL NOTICE

Notice of Qualification of Brownstone Publishing, LLC. Authority filed with Secy. of State of NY (SSNY) on 3/14/2006. Office location: Albany County. LLC formed in Indiana (IN) on 4/26/1995. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207, principal office of the LLC. Arts. of Org. filed with IN Secy. of State, Statehouse 201, Indianapolis, IN 46204. Purpose: any lawful activity. LD-13131 (April 26, 2006)

## LEGAL NOTICE

NOTICE OF QUALIFICATION OF

OWNERS OF CERTAIN UNCLAIMED PROPERTY

AND ACCIDENT

The persons whose names and last known addresses are set forth below appear from the records of the above named company to be entitled to abandoned property in amounts of fifty dollars or more HYDEN BARBARA Po Box 158 Wadsworth, NY A report of unclaimed property has been made to Alan Hevesi, the Comptroller of the State of New York, pursuant to Section 701 and/or Section 1316 of the Abandoned Property Law. A list of the names of the persons appearing from the records of the said insurance company to be entitled thereto is on file and open to the public inspection at the principal office of the corporation located at 200 Hopmeadow Street, Simsbury, CT 06070, where such abandoned property is payable. Such abandoned property will be paid on or before August 31st next to persons establishing to our satisfaction their right to receive the same. On or before the succeeding September 10th, such unclaimed funds still remaining unclaimed will be paid to Alan Hevesi, the Comptroller of the State of New York. Upon such payment this company shall no longer be liable for the property. HARTFORD LIFE AND ACCIDENT INSURANCE COMPANY LCDG-13277 (April 26, 2006)

## LEGAL NOTICE

amounts of fifty dollars or more

GRAY BEATRICE ESTATE OF

790 E Maple Ave Newark NY

A report of unclaimed property has been made to Alan Hevesi, the Comptroller of the State of New York, pursuant to Section 701 and/or Section 1316 of the Abandoned Property Law. A list of the names of the persons appearing from the records of the said insurance company to be entitled thereto is on file and open to the public inspection at the principal office of the corporation located at 200 Hopmeadow Street, Simsbury, CT 06070, where such abandoned property is payable. Such abandoned property will be paid on or before August 31st next to persons establishing to our satisfaction their right to receive the same. On or before the succeeding September 10th, such unclaimed funds still remaining unclaimed will be paid to Alan Hevesi, the Comptroller of the State of New York. Upon such payment this company shall no longer be liable for the property. HARTFORD LIFE AND ACCIDENT INSURANCE COMPANY LCDG-13277 (April 26, 2006)

## LEGAL NOTICE

2002. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o National Registered Agents, Inc., 875 Ave. of the Americas, Ste. 501, NY, NY 10001. Principal address of LLC: 5757 Wilshire Blvd, Ste 601, Los Angeles, CA 90036. Arts. of Org. filed with CA Secy. of State, 1500 11th St, Sacramento, CA 95814. Purpose: any lawful activities. LD-13064 (April 26, 2006)

## LEGAL NOTICE

Notice of Qualification of GADCO Acquisition, LLC. Authority filed with Secy. of State of NY (SSNY) on 8/1/05. Office location:

Albany County, LLC formed in

California (CA) on 9/22/1996.

SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o National Registered Agents, Inc., 875 Ave. of the Americas, Ste. 501, NY, NY 10001. Principal address of LLC: 11111 Carmel Commons Blvd #400, Charlotte, NC 28226. Arts. of Org. filed with CA Secy. of State, 1500 11th St, Sacramento, CA 95814. Purpose: any lawful activities. LD-13065 (April 26, 2006)

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## LEGAL NOTICE

## LEGAL NOTICE

Notice of Formation of 301-309 West113 LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 3/22/06 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 566 East 8th Str t, Brook

n, NY 11218  
purpose: any lawful activity  
LD-13139 (April 26, 2006)

## LEGAL NOTICE

Notice of Formation of 360-368 Gunhill Realty LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 3/15/06 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 40 Shore Park Road, Great Neck, NY 11023 Purpose: any lawful activity. LD-13140 (April 26, 2006)

## LEGAL NOTICE

Notice of Formation of PR29 LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 3/20/06 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 28 Concord Ave, Larchmont, NY 10528 Purpose: any lawful activity. LD-13144 (April 26, 2006)

## LEGAL NOTICE

Notice of Formation of RSGG, LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 3/20/06 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 28 Concord Ave, Larchmont, NY 10528 Purpose: any lawful activity. LD-13145 (April 26, 2006)

## LEGAL NOTICE

Notice of Formation of Yitzy Gruen, LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 3/17/06 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 3214 Ave K, B

rooklyn, NY 11210 Purpose: any lawful activity. LD-13146 (April 26, 2006)

## LEGAL NOTICE

Notice of Formation of Citicore I LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 3/21/06 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 53 Wood Rd, Greenwood Lake, NY 10925 Purpose: any lawful activity. LD-13147 (April 26, 2006)

## LEGAL NOTICE

Notice of Formation of GRG Construction LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 3/14/06 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 519 E 5th St, Ste 17, NY NY 10009 Purpose: any lawful activity. LD-13148 (April 26, 2006)

## LEGAL NOTICE

Notice of Formation of Judaica Place On J, LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 3/17/06 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 519 E 5th St, Ste 17, NY NY 10009 Purpose: any lawful activity. LD-13148 (April 26, 2006)

## LEGAL NOTICE

cess to: 3214 Avenue K, Brooklyn, NY 11210 Purpose: any lawful activity. LD-13149 (April 26, 2006)

## LEGAL NOTICE

Notice of Formation of Moishe Perl, LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 3/17/06 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 3214 Avenue K, Brooklyn, NY 11210 Purpose: any lawful activity. LD-13150 (April 26, 2006)

## LEGAL NOTICE

**NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY**  
Pursuant to Section 206 of the New York Limited Liability Company Law  
1. The name of the Limited Liability Company is: Goosehill Investors, LLC.  
2. The Articles of Organization were filed with the Secretary of State on March 22, 2006.  
3. The office of the Limited Liability Company is to be located in Albany County.  
4. The Secretary of State is designated as agent of the limited liability company upon whom process against it may be served. The post office address within or without New York to which the Secretary of State shall mail a copy of any process against the limited liability company served upon him or her is: Goosehill Investors, LLC c/o Hinman Straub P.C. 121 State Street Albany, New York 12207  
5. The limited liability company is formed to engage in any lawful act or activity for which limited liability companies may be formed under the laws of the State of New York.  
LD-13151 (April 26, 2006)

## LEGAL NOTICE

New York State Department of State  
Division of Corporations, State Records and Uniform Commercial Code  
Albany, NY 12231  
Under Section 203 of the Limited Liability Company Law  
Name: CDHS, LLC. The county is: Albany. The Secretary of State is designated as agent of the limited liability company upon whom process against it may be served. The address within or without this state to which the Secretary of State shall mail a copy of any process against the limited liability company served upon him or her is: 28 Normanside Drive, Albany, NY 12208. The name and street address within this state of the registered agent of the limited liability company upon whom and at which process against the limited liability company may be served is: Thomas C. Cowin, 28 Normanside Drive, Albany, NY 12208. For any lawful purpose. LD-13154 (April 26, 2006)

## LEGAL NOTICE

**NOTICE OF FORMATION OF JUST INVENTORY SOLUTIONS, LLC**  
1. The name of the Limited Liability Company (LLC) is JUST INVENTORY SOLUTIONS, LLC.  
2. Articles of Organization were filed with the Secretary of State for the State of New York (SSNY) on May 9, 2005.  
3. The office of the LLC is in Albany County.  
4. The SSNY has been designated as agent of the LLC upon whom process against it may be served. The SSNY shall mail a copy of any process against the company to 64 Brentwood Court East, Albany, NY 12203.  
5. The company will be perpetual.  
6. The LLC is formed to engage in any lawful business purposes except those which

## LEGAL NOTICE

require another business entity to be formed for such business. LD-13154 (April 26, 2006)

## LEGAL NOTICE

**ARTICLES OF ORGANIZATION OF GIG COMPUTER SERVICES, LLC**  
Under Section 203 of the Limited Liability Company Law  
FIRST: The name of the limited liability company is: GIG Computer Services, LLC  
SECOND: The county within this state in which the office of the limited liability company is to be located is: Albany  
THIRD: The Secretary of State is designated as agent of the limited liability company upon whom process against it may be served. The address within or without this state to which the Secretary of State shall mail a copy of any process against the limited liability company served upon him or her is: 1314A Central Avenue, Albany, NY 12205. LD-13155 (April 26, 2006)

## LEGAL NOTICE

**NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: 246 LEONARD REALTY LLC.**  
Articles of Organization were filed with the Secretary of State of New York (SSNY) on 03/08/06. The latest date of dissolution is 12/31/2106. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 14 Windermere Road, Staten Island, New York 10305. Purpose: For any lawful purpose. LD-13156 (April 26, 2006)

## LEGAL NOTICE

**NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: BKB FABRICATORS, LLC.**  
Articles of Organization were filed with the Secretary of State of New York (SSNY) on 03/17/06. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 419 Elizabeth Court, Schenectady, New York 12303. Purpose: For any lawful purpose. LD-13162 (April 26, 2006)

## LEGAL NOTICE

Notice of Qualification of American Coradius International LLC. Authority filed with Secy. of State of NY (SSNY) on 8/16/05. Office location: Albany County. LLC formed in Delaware (DE) on 5/24/05. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the principal office of LLC: 2420 Sweet Home Road, Ste. 150, Amherst, NY 14228. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Dover, DE 19901. Purpose: all lawful purposes. LD-13163 (April 26, 2006)

## LEGAL NOTICE

Notice of Formation of NINEVIA CAPITAL PARTNERS, LLC, Art. of Org. filed Secy of State (SSNY) 11/14/05. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to 401 East 80th St., Ste. 21C, NY, NY 10021. Purpose: any lawful activities. LD-13167 (April 26, 2006)

## LEGAL NOTICE

**NOTICE OF FORMATION**

## LEGAL NOTICE

**OF LIMITED LIABILITY COMPANY. NAME: SCHUYLER HILLS REALTY, LLC.**  
Articles of Organization were filed with the Secretary of State of New York (SSNY) on 03/20/06. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 5 Palisades Drive, Albany, New York 12205. Purpose: For any lawful purpose. LD-13170 (April 26, 2006)

## LEGAL NOTICE

Notice of Formation of Albany Airport, LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 3/23/06. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Corporation Service Co., 80 State St., Albany, NY 12207, registered agent upon whom process may be served. Purpose: any lawful activity. LD-13171 (April 26, 2006)

## LEGAL NOTICE

**NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: How To Four You, LLC (LLC).**  
Articles of organization filed with sec. of state of NY (SOS) on 03/23/06. Office location: Albany County. SOS is designated as agent of LLC for service of process. SOS shall mail copy of process to c/o Jack McCabe, 3C Johnson Road, Latham, NY 12110. Purpose: Any lawful act or activity. LD-13174 (April 26, 2006)

## LEGAL NOTICE

Notice of Qualification of Sebring Capital Partners, Limited Partnership. Authority filed with Secy. of State of NY (SSNY) on 3/27/06. Office location: Albany County. LP formed in Delaware (DE) on 10/15/01. SSNY designated as agent of LP upon whom process against it may be served. SSNY shall mail process to: c/o CT Corporation System, 111 8th Ave., NY, NY 10011, registered agent upon whom process may be served. Principal office of LP: 4000 International Parkway, Ste. 3000, Carrollton, TX 75007. Name/ address of each genl. ptr. available from SSNY. Cert. of LP filed with DE Secy. of State, P.O. Box 898, Dover, DE 19903. Purpose: all lawful activities. LD-13175 (April 26, 2006)

## LEGAL NOTICE

**NOTICE IS HEREBY GIVEN** that the Selkirk fire District of thirty sets of new structural firefighting gear. All bids shall be received by Secretary Frank With at the Delkirk Fire Co. #3, 480 Bridge Street, South Bethlehem, New York on or before April 17, 2006 at 7:30 pm. At such time and place all sealed bids received shall be opened and publicly considered by the Board of Commissioners of the Selkirk Fire District. Specifications may be obtained by contacting District Chief William Borger. Sealed bids may be mailed to Secretary Frank With, P.O. Box 5, Selkirk, New York 12158. All bids are made and received upon the following conditions:  
1. All bids shall include the name, address and telephone number of the bidder.  
2. All bids shall be enclosed in a sealed envelope labeled "Structural Firefighting Gear Bid".  
3. All bids shall be made subject to specifications available upon request.  
4. The contract shall be awarded to the lowest reasonable bidder provided the Board of Commissioners reserves the right to reject all bids.

## LEGAL NOTICE

5. Bids mailed but not received before April 17, 2006 at 7:30 pm will not be considered.  
6. A statement of non-collusion in bids is required.  
7. The purchase will be subject to a permissive referendum.  
Frank With, Secretary  
Selkirk Fire District  
LD-13176

## LEGAL NOTICE

**PUBLICATION NOTICE OF FORMATION OF A LIMITED LIABILITY COMPANY UNDER LIMITED LIABILITY COMPANY LAW. ROUTE 7 DINER II, LLC**  
Dated: March 31, 2006  
Notice is hereby given of the formation of the above-named limited liability company ("Company") for the transaction of business in the State of New York and elsewhere. Pursuant to section 206 of the Limited Liability Company Law of the State of New York, your attention is directed to the following facts:  
1. The name of the Company is Route 7 Diner II, LLC.  
2. The articles of organization of the Company were filed with the Secretary of State on March 24, 2006.  
3. The County in which the office of the Company shall be located is Albany.  
4. The Secretary of State has been designated as agent of the Company upon whom process against it may be served. The Secretary of State shall mail a copy of any process against the Company to the following post office address: 689 New Loudon Road, Latham, New York 12110.  
5. The character of the business of the Company is as follows: to engage in any lawful act or activity for which a limited liability company may be formed under section 202 of the Limited Liability Company Law.  
LD-13179 (April 26, 2006)

## LEGAL NOTICE

**ARTICLES OF ORGANIZATION OF HUDSON RIVER MARINAS, LLC**  
Under Section 203 of the Limited Liability Company Law  
FIRST: The name of the limited liability company is: Hudson River Marinas, LLC  
SECOND: The county within this state in which the office of the limited liability company is to be located is: Albany  
THIRD: The Secretary of State is designated as agent of the limited liability company served upon him or her is: One Executive Centre Dr., Suite 102, Albany, New York 12203  
/s/ Robert A. Bosman  
**ARTICLES OF ORGANIZATION OF HUDSON RIVER MARINAS, LLC**  
Under Section 102 of the Limited Liability Company Law  
Filed by: Robert A. Bosman  
One Executive Centre Dr., Suite 102  
Albany, New York 12203  
LD-13192 (April 26, 2006)

## LEGAL NOTICE

Notice of Formation of MAYDO ADVERTISING CONSULTANTS LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 3/14/06. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State St., 3rd Fl., Albany, NY 12207, Attn: USA Corporate Services Inc., registered agent upon whom process may be served. Purpose: all lawful activities. LD-13201 (April 26, 2006)

## LEGAL NOTICE

**INVITATION TO BIDDERS**  
Architect:  
Collins + Scoville Architects, P.C.  
40 Beaver Street  
Albany, NY 12207  
PH: 518-463-8068  
FX: 518-463-8069  
Project Information:  
Bethlehem Central School

## LEGAL NOTICE

District Gymnasium Floor Replacement The Owner, the School Board of Bethlehem Central School District, will receive sealed bids to furnish materials and labor to complete a High School Gymnasium Floor Replacement Project within the school's district. Each bid shall be on a stipulated sum basis for the following contracts:  
CONTRACT - General Construction  
Two copies of sealed bids will be received until 2:00 p.m. Prevaling Time, on Tuesday, April 25, 2006 at Bethlehem Central School District, Operations and Maintenance, 65 Elm Avenue, Delmar, New York 12054 (phone 518-439-2123). Bids received after this time will not be accepted and returned to Bidder unopened. Bids will be opened publicly and read aloud after specified receipt time. All interested parties are invited to attend. Bidding Document drawings and specifications may be examined on and after April 12, 2006, free of charge at the following locations:  
Bethlehem Central School District  
65 Elm Avenue  
Delmar, New York 12054  
Collins + Scoville Architects, PC  
40 Beaver Street  
Albany, New York 12207  
Sano-Rubin Construction Co., Inc.  
624 Delaware Avenue  
Albany, NY 12209  
Eastern Contractor's Association  
6 Airline Drive  
Albany, New York 12205  
F.W. Dodge Reports  
231 Salina Meadows Pkwy  
North Syracuse, New York 13212  
F.W. Dodge Reports  
6 Wembley Court  
Albany, New York 12205  
Northern New York Builder's Exchange  
22074 Fabco Road  
Watertown, New York 13601  
Syracuse Builders Exchange  
6563 Ridings Road  
Syracuse, New York 13206  
Works in Progress  
20 Farrell Street  
South Burlington, Vermont 05403  
Champlain Valley Builders Exchange  
5436 Peru Street  
Suite 2 P.O. Box 1097  
Plattsburgh, New York 12901  
Complete sets of Bidding Document drawings and specifications may be obtained from:  
W. L. Coughtry's, Inc.  
268 Central Avenue  
Albany, New York 12206  
(518) 463-2192  
Prime bidders may obtain up to two complete sets of Bidding Document drawings and specifications for a refundable deposit of fifty dollars (\$50.00) for each set of documents. Only prime contractors who submit a bid will receive a refund of their deposit. Checks for deposit by prime bidders should be made payable to Bethlehem Central School District.  
In addition, Bidding Document drawings and specifications will be available online at iSqFt. For further information contact David Witzel at Sano-Rubin Construction Co., Inc (518) 462-6471.  
Each Bidder must deposit a Bid Security in the amount and form per the conditions provided in Instructions To Bidders. All Bids will remain subject to acceptance for forty-five (45) days after the Bid Opening. Owner may, in its sole discretion, release any Bid and return Bid Security prior to that date.  
A Pre-Bid Conference is not scheduled for the project. If a site visit is desired, please contact Sano-Rubin Construction Co. at (518) 694-8818. Please direct any questions regarding the bids to Thomas Kenney at Collins + Scoville Architects (518) 463-8068.  
Bids shall not include New York State sales and compensating use taxes on materials and supplies incorporated into the Work, the Owner being exempt therefrom. The Bidders must comply with New York State

## LEGAL NOTICE

Department of Labor Prevailing Wage Rate Schedule and conditions of employment.  
The School Board of Bethlehem Central School District reserves the right to waive any informalities or irregularities in the Bids received, or to reject all Bids without explanation.  
By Order Of: Bethlehem Central School District  
LD-13210 (April 26, 2006)

## LEGAL NOTICE

Notice of Formation of Westwood 46 Realty LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 3/23/06 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 365-367 W 46 ST, NY, NY 10036 Purpose: any lawful activity. LD-13211 (April 26, 2006)

## LEGAL NOTICE

Notice of Formation of Harding Clayton LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 4/5/06 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 95 Delancey St, NY, NY 10002 Purpose: any lawful activity. LD-13212 (April 26, 2006)

## LEGAL NOTICE

Notice of Formation of AA Firebird LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 4/5/06 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 365-367 W 46 ST, NY, NY 10036 Purpose: any lawful activity. LD-13213 (April 26, 2006)

## LEGAL NOTICE

**NOTICE OF PUBLIC HEARING**  
Notice is hereby given that the Board of Appeals of the Town of Bethlehem, Albany County, New York will reopen a public hearing on Wednesday, May 3, 2006, at 7:45 p.m., at the Town Offices, 445 Delaware Avenue, Delmar, New York for the reopening of a public hearing of Nicholas & Cherise Vitello for Variance under Article XIII, Use & Area Schedules, Section 128-100A, Minimum Highway Frontage of the Code of the Town of Bethlehem for construction of a single-family dwelling, which does not meet the highway frontage requirements at premises 207 Maple Avenue, Selkirk, New York.

Michael C. Hodom

Chairman

Board of Appeals

LD-13217 (April 26, 2006)

## LEGAL NOTICE

Notice of Formation of EXCELSIUS GROUP LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 4/4/06. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State St., 3rd Fl., Albany, NY 12207, Attn: USA Corporate Services Inc., registered agent upon whom process may be served. Purpose: all lawful activities. LD-13226 (April 26, 2006)

## LEGAL NOTICE

**FORMATION OF A NEW YORK LIMITED LIABILITY COMPANY PURSUANT TO NEW YORK LIMITED LIABILITY COMPANY LAW SECTION 206(c)**  
1. The name of the limited liability company is ROCK SOLID FILMS LLC



## LEGAL NOTICE

2. The date of filing of the articles of organization with the Department of State was December 30, 2005.

3. The county in New York in which the office of the company is located is Albany County.

4. The Secretary of State has been designated as agent of the company upon whom process may be served, and the Secretary of State shall mail a copy of any process against the company served upon him or her to:

Jeremiah F. Manning, III  
27 Brookman Avenue  
Delmar, NY 12054

5. The business purpose of the company is to engage in any and all business activities permitted under the laws of the State of New York.

LD-13227  
(April 26, 2006)

## LEGAL NOTICE

**FORMATION OF A NEW YORK LIMITED LIABILITY COMPANY PURSUANT TO NEW YORK LIMITED LIABILITY COMPANY LAW SECTION 206(c)**

1. The name of the limited liability company is PEEK ENTERPRISES, LLC

2. The date of filing of the articles of organization with the Department of State was 3/22/06.

3. The county in New York in which the office of the company is located is Albany County.

4. The Secretary of State has been designated as agent of the company upon whom process may be served, and the Secretary of State shall mail a copy of any process against the company served upon him or her to:

Jeremiah F. Manning, III  
27 Brookman Avenue  
Delmar, NY 12054

5. The latest date upon which the company is required to be dissolved is 8/31/69

6. The business purpose of the company is to engage in any and all business activities permitted under the laws of the State of New York.

LD-13228  
(April 26, 2006)

## LEGAL NOTICE

**FORMATION OF A NEW YORK LIMITED LIABILITY COMPANY PURSUANT TO NEW YORK LIMITED LIABILITY COMPANY LAW SECTION 206(c)**

1. The name of the limited liability company is CAPITAL Q, LLC

2. The date of filing of the articles of organization with the Department of State was 2/24/06.

3. The county in New York in which the office of the company is located is Albany County.

4. The Secretary of State has been designated as agent of the company upon whom process may be served, and the Secretary of State shall mail a copy of any process against the company served upon him or her to:

Jeremiah F. Manning, III  
27 Brookman Avenue  
Delmar, NY 12054

5. The latest date upon which the company is required to be dissolved is 8/31/69

6. The business purpose of the company is to engage in any and all business activities permitted under the laws of the State of New York.

LD-13229  
(April 26, 2006)

## LEGAL NOTICE

**FORMATION OF A NEW YORK LIMITED LIABILITY COMPANY PURSUANT TO NEW YORK LIMITED LIABILITY COMPANY LAW SECTION 206(c)**

1. The name of the limited liability company is CUSTER-HAN, LLC

2. The date of filing of the articles of organization with the Department of State was 2/24/06.

3. The county in New York in which the office of the company is located is Albany County.

4. The Secretary of State has been designated as agent of the company upon

## LEGAL NOTICE

whom process may be served, and the Secretary of State shall mail a copy of any process against the company served upon him or her to:

Christopher Custer  
819 Saratoga Road  
Wilton, NY 12831

5. The latest date upon which the company is required to be dissolved is 8/31/69

6. The business purpose of the company is to engage in any and all business activities permitted under the laws of the State of New York.

LD-13230  
(April 26, 2006)

## LEGAL NOTICE

Notice is hereby given that a license, number SLA46683929355637, for liquor and/or wine has been applied for by Spinners III, Inc. to sell liquor and/or wine at retail in a pub under the Alcoholic Beverage Control Law at 869 Madison Avenue, Albany, NY in Albany County for on-premises consumption.

LD-13231  
(April 26, 2006)

## LEGAL NOTICE

Notice of Qualification of TeleGuam Capital Investors, LLC. Authority filed with Secy. of State of NY (SSNY) on 4/10/06. Office location: Albany County. LLC formed in Delaware (DE) on 4/3/06. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207. DE address of LLC: 2711 Centerville Rd., Ste. 400, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Dover, DE 19901. Purpose: any lawful activity.

LD-13232  
(April 26, 2006)

## LEGAL NOTICE

Notice of Formation of Phoenix Pheasantry, LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 4/6/06. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207. Purpose: any lawful activity.

LD-13233  
(April 26, 2006)

## LEGAL NOTICE

Notice of Qualification of AOL LLC. Authority filed with Secy. of State of NY (SSNY) on 4/7/2006. Office location: Albany County. LLC formed in Delaware (DE) on 5/24/1985. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Co. (CSC), 80 State St., Albany, NY 12207. DE address of LLC: c/o CSC, 2711 Centerville Rd., Ste. 400, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Ste. 3, Dover, DE 19901. Purpose: any lawful activity.

LD-13234  
(April 26, 2006)

## LEGAL NOTICE

Notice of Qualification of Alternative Business Credit, LLC. Authority filed with Secy. of State of NY (SSNY) on 4/5/06. Office location: Albany County. LLC formed in Delaware (DE) on 3/23/06. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207, registered agent upon whom process may be served. Principal office of LLC: 111 Presidential Blvd., Ste. 142, Bala Cynwyd, PA 19004. Arts. of Org. filed with DE Secy. of State, Corp. Dept., Townsend Bldg., Dover, DE 19901. Purpose: any lawful activity.

LD-13235  
(April 26, 2006)

## LEGAL NOTICE

**LEGAL NOTICE**

Notice of Formation of Catskill Pheasantry, LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 4/10/06. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Corporation Service Company, 80 State St., Albany, NY 12207. Purpose: any lawful activity.

LD-13257  
(April 26, 2006)

## LEGAL NOTICE

Notice of Formation of 1329 15th Street, LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 12/8/05. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The LLC, 234 Hudson Avenue, #1329, Albany, NY 12210. Purpose: all lawful activities.

LD-13258  
(April 26, 2006)

## LEGAL NOTICE

Notice of Qualification of Wyndham Franchise Systems, LLC. Authority filed with Secy. of State of NY (SSNY) on 4/6/06. Office location: Albany County. LLC formed in Delaware (DE) on 9/13/05. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Co. (CSC), 80 State St., Albany, NY 12207. DE address of LLC: c/o CSC, 2711 Centerville Rd., Ste. 400, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Dover, DE 19901. Purpose: any lawful activity.

LD-13259  
(April 26, 2006)

## LEGAL NOTICE

Notice of Formation of MVR REALTY ASSOCIATES LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 4/4/06. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 805 Cross St., Lakewood, NJ 08701. Purpose: all lawful activities.

LD-13260  
(April 26, 2006)

## LEGAL NOTICE

Notice of Qualification of Hudson Energy Holdings LLC. Authority filed with Secy. of State of NY (SSNY) on 2/28/06. Office location: Albany County. LLC formed in Delaware (DE) on 2/22/06. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The Corporation Trust Company, 111 8th Ave, NY, NY 10011. Principal address of LLC: 1209 Orange St, Wilmington, DE 19801. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Dover, DE 19901. Purpose: any lawful activities.

LD-13261  
(April 26, 2006)

## LEGAL NOTICE

Notice of Qualification of CTK Ventures, LLC. Authority filed with Secy. of State of NY (SSNY) on 3/13/06. Office location: Albany County. LLC formed in California (CA) on 11/1/05. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: P.O. Box 1295, Cutchogue, NY 11935. Principal address of LLC: 6374 Arizona Circle, Los Angeles, CA 90045. Arts. of Org. filed with Secy. of State of CA, 1500 11th St, Sacramento, CA 95814. Purpose: any lawful activities.

LD-13270  
(April 26, 2006)

## LEGAL NOTICE

Notice of Qualification of ELITEVIEW LLC. Authority

## LEGAL NOTICE

filed with Secy. of State of NY (SSNY) on 3/14/05. Office location: Albany County. LLC formed in Massachusetts (MA) on 6/30/00. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o National Registered Agents, Inc., 875 Ave. of the Americas, Ste. 501, NY, NY 10001. Principal address of LLC: 350 Myles Standish Blvd, Taunton, MA 02780. Arts. of Org. filed with Secy. of State of MA, One Ashburton Pl, Boston, MA 02108. Purpose: any lawful activities.

LD-132781  
(April 26, 2006)

## LEGAL NOTICE

Notice of Qualification of Revx-487 LLC. Authority filed with Secy. of State of NY (SSNY) on 4/4/06. Office location: Albany County. LLC formed in Montana (MT) on 2/1/06. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: the LLC, 8 S. Idaho St, Ste C, Dillon, MT 59725. Principal address of LLC: 8 S. Idaho St, Ste C, Dillon, MT 59725. Arts. of Org. filed with Secy. of State of MT, P.O. Box 202801, Helena, MT 59620. Purpose: any lawful activities.

LD-13272  
(April 26, 2006)

## LEGAL NOTICE

Notice of Formation of Special Situation Advisory LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 3/27/06. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: the LLC, 301 E. 79th St, Ste 24-H, NY, NY 10021. Purpose: any lawful activities.

LD-13273  
(April 26, 2006)

## LEGAL NOTICE

Notice of Qualification of Take One! Acquisition, LLC. Authority filed with Secy. of State of NY (SSNY) on 3/30/06. Office location: Albany County. LLC formed in Delaware (DE) on 9/24/04. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o National Registered Agents, Inc. 875 Ave of the Americas, Ste 501, NY, NY 10001. Principal address of LLC: 6850 Versar Center, Ste 400, Springfield, VA 22151. Arts. of Org. filed with Secy. of State of DE, 401 Federal St., Ste 4, Dover, DE 19901. Purpose: any lawful activities.

LD-13274  
(April 26, 2006)

## LEGAL NOTICE

**NOTICE OF COMPLETION OF TENTATIVE ASSESSMENT ROLL**

(Pursuant to Sections 505 and 1526 of the Real Estate Property Tax Law)

**HEARING OF COMPLAINTS**

Notice is hereby given that the Assessor of the Town of Bethlehem, County of Albany, has completed the Tentative Assessment Roll for the current year and that a copy has been left with the Office of the Assessor at 445 Delaware Avenue, Delmar, New York, where it may be seen and examined by any interested person from the 1st of May until May 23rd. YOU MUST FILE A FORMAL WRITTEN GRIEVANCE WITH THE BOARD OF ASSESSMENT REVIEW NO LATER THAN MAY 23, 2006. The Assessor will be in attendance with the Tentative Assessment Roll Monday through Friday between the hours of 8:30 a.m. to 4:30 p.m. - Wednesdays, May 3, 10 & 17, 8:30 a.m. - 8 p.m. and the following Saturdays, May 13 and May 20, from 8:30 a.m. to 12 noon. The Board of Assessment Review will meet on the following dates, as needed: Tuesday, May 23, 2006 8:00 a.m. - 12 Noon 1:00 - 4 p.m. 6:00 - 9 p.m.

## LEGAL NOTICE

Wednesday, May 24, 2006 8:00 a.m. - 12 Noon 1:00 - 4 p.m.

Thursday, May 25, 2006 6:00 - 9 p.m.

Wednesday, May 31, 2006 8:00 a.m. - 12 Noon 1:00 - 4 p.m. 6:00 - 9 p.m.

Friday, June 2, 2006 8:00 a.m. - 12 Noon 1:00 - 4 p.m. 6:00 - 9 p.m.

To hear and examine all complaints in relation to assessments, on the application of any person believing himself to be aggrieved. Dated thus 26th day of April 2006.

M. David Leafer  
Assessor  
Town of Bethlehem  
LD-13279  
(April 26, 2006)

## LEGAL NOTICE

**NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: SANGRE PROPERTIES, LLC.** Articles of Organization were filed with the Secretary of State of New York (SSNY) on 04/07/06. Office location: Schenectady County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Sandra Woods, 10 N. College Street, Schenectady, New York 12305. Purpose: For any lawful purpose.

LD-13280  
(April 26, 2006)

## LEGAL NOTICE

**Public Notice of Hearing**  
The Town of New Scotland Planning Board  
Notice is hereby given that the Planning Board of Town of New Scotland, New York will hold a public hearing pursuant to Article IV, Section 190-41 of the Zoning Law on the following proposition:  
A Public Hearing for Special Use Permit # 476.  
Special Use Permit Application # 476: Application submitted by Clifford and Julie for a Special Use Permit to allow for a parcel of less than five acres, owned by them, to be used for "agricultural uses". The proposal is to utilize an existing shed type structure as a chicken coop for the purpose of allowing up to a maximum of six chickens to be kept at the site. The parcel currently houses the Nooney residence, is situated within the RH district of Feura Bush at 42 Mathias Place, contains .72 acres and is identified as New Scotland tax parcel 107.02-2-34.10. Article XIII, Section 190-99 of the Zoning Law defines "Farming Activity, Personal" as a parcel of land less than five acres used for farming activities including the raising of live stock, poultry or fowl to be allowed by Special Use Permit only. This application is a Special Use of Article III, Section 190-15 (D-14) of the Town of New Scotland Zoning Law.  
Said hearing will take place on May 2, 2006 at the New Scotland Town Hall beginning at 7:00 P.M.

Robert Stapl  
Chairman, Planning Board  
The Town of New Scotland  
is an equal opportunity provider and employer  
LD-13287  
(April 26, 2006)

## LEGAL NOTICE

**NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: ME FASHION BOUTIQUE, LLC.** Articles of Organization were filed with the Secretary of State of New York (SSNY) on 04/07/06. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Lester, Minsky & Berzak, P.C., 325 Merrick Avenue, East Meadow, New York 11554. Purpose: For any lawful purpose.

LD-13295  
(April 26, 2006)

## LEGAL NOTICE

**LEGAL NOTICE**

Notice of Qualification of 747 Titicus Road LLC. Authority filed with Secy. of State of NY (SSNY) on 4/12/06. Office location: Albany County. LLC formed in Delaware (DE) on 7/19/02. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Company (CSC), 80 State St., Albany, NY 12207. DE address of LLC: c/o CSC, 2711 Centerville Road, Ste. 400, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, Townsend Bldg., Dover, DE 19901. Purpose: any lawful activity.

LD-13298  
(April 26, 2006)

## LEGAL NOTICE

Notice of Qualification of ASHFIELD HEALTHCARE, LLC. Authority filed with Secy. of State of NY (SSNY) on 4/10/06. Office location: Albany County. LLC formed in Florida (FL) on 7/2/02. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Capitol Services, Inc., 40 Colvin Ave., Ste. 200, Albany, NY 12206. FL address of LLC: 610 Sycamore St., Ste. 320, Celebration, FL 34747. Arts. of Org. filed with FL Secy. of State, 2661 Executive Center Cir., Tallahassee, FL 32301. Purpose: to provide contract pharmaceutical services, training & development, and recruitment for pharmaceutical companies in the United States

LD-13299  
(April 26, 2006)

## LEGAL NOTICE

Notice of Qualification of Clear Check Payment Solutions, LLC. Authority filed with Secy. of State of NY (SSNY) on 4/13/06. Office location: Albany County. LLC formed in Delaware (DE) on 2/8/06. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Company, 80 State St., Albany, NY 12207. Principal office of LLC: 5251 Westheimer, Houston, TX 77056. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Dover, DE 19901. Purpose: any lawful activity.

LD-13300  
(April 26, 2006)

## LEGAL NOTICE

Notice of Formation of J.H. FENIMORE & ASSOCIATES LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 4/11/06. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 2005 Rosedale Way, Schenectady, NY 12303. Purpose: any lawful activity.

LD-13301  
(April 26, 2006)

## LEGAL NOTICE

Notice of Qualification of World Marathon Majors, LLC. Authority filed with Secy. of State of NY (SSNY) on 4/14/06. Office location: Albany County. LLC formed in Delaware (DE) on 3/29/06. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Company (CSC), 80 State St., Albany, NY 12207. DE address of LLC: c/o CSC, 2711 Centerville Road, Ste. 400, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Dover, DE 19901. Purpose: any lawful activity.

LD-13302  
(April 26, 2006)

## LEGAL NOTICE

Notice of Qualification of Wing and Rotor Transportation Holdings LLC. Authority filed with Secy. of State of NY (SSNY) on 4/12/06. Office location: Albany County. LLC formed in Delaware (DE) on

## LEGAL NOTICE

2/26/01. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Company (CSC), 80 State St., Albany, NY 12207, the registered agent of LLC upon whom process may be served. DE address of LLC: c/o CSC, 2711 Centerville Road, Ste. 400, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, Townsend Bldg., Dover, DE 19901. Purpose: any lawful activity.

LD-13303  
(April 26, 2006)

## LEGAL NOTICE

**LIMITED LIABILITY COMPANY**  
Name: Route 9W Glenmont Associates, L.L.C. (LLC). Articles of organization filed with sec. of state of NY (SOS) on 4/17/06. Office location: Albany County. SOS is designated as agent of LLC for service of process. SOS shall mail copy of process to c/o Whiteman Osterman & Hanna LLP, One Commerce Plaza, Albany, NY 12260. Purpose: Any lawful act or activity.

LD-13304  
(April 26, 2006)

## LEGAL NOTICE

Notice of Formation of Dave's Junkyard, LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 4/13/06. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 2447 3rd Ave., Bronx, NY 10451. Purpose: any lawful activity.

LD-13310  
(April 26, 2006)

## LEGAL NOTICE

Notice of Qualification of Mrs. Henderson Presents SPV, LLC. Authority filed with Secy. of State of NY (SSNY) on 1/13/06. Office location: Albany County. LLC formed in Delaware (DE) on 12/19/2005. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The Company, 375 Greenwich St., NY, NY 10013. Principal address of LLC: 375 Greenwich St., NY, NY 10013. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Dover, DE 19901. Purpose: any lawful activities.

LD-13311  
(April 26, 2006)

## LEGAL NOTICE

**SELKIRK FIRE DISTRICT PERMISSIVE REFERENCE**  
At a meeting of Fire Commissioners of the Selkirk Fire District held on April 17, 2006, a Resolution was adopted permitting and authorizing the expenditures from an existing Capital Reserve Account, established for equipment, for the purchase of thirty sets of new structural firefighting gear. The expenditure shall not exceed Sixty Thousand (\$60,000.00) Dollars. The purchase shall be made solely with existing funds contained in said existing Capital Reserve Account. This Resolution shall not take effect until 30 days after the Board of Fire Commissioners meeting on April 17, 2006. This Resolution is subject to a Permissive Referendum.  
Dated: April 19, 2006  
FRANK WITH, Secretary  
LD-13312  
(April 26, 2006)

## LEGAL NOTICE

Notice of Qualification of DCT Films, LLC. Authority filed with Secy. of State of NY (SSNY) on 11/15/05. Office location: Albany County. LLC formed in Delaware (DE) on 12/19/2005. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The Company, 375 Greenwich St., NY, NY 10013. Princi-

# Sports *in the* Spotlight

## Sports briefs

### UAlbany slates basketball camps

University at Albany men's basketball coach Will Brown announced the schedule for this year's boys basketball camps.

The first session runs July 3-7, and the second session runs July 10-14 at the Recreation and Convocation Center. Each class runs from 9 a.m. to 4 p.m.

The camp is open to boys age 7 to 17. Sessions include individual instruction, drills, lectures and games.

The fee is \$180 per camper, with special team and group rates available.

For information, contact Jeremy Friel at 442-3036.

### Lax club offers summer program

The Capitalland Lacrosse Club is running boys lacrosse camps this summer for children in kindergarten through 10th grade. The dates are July 10-14, July 17-21, July 24-28 and Aug. 1-4.

Camps will include instruction and games for all levels of experience. There will also be a non-contact co-ed program for players in kindergarten through fifth grade.

The fee for each camp is \$120. For information, call 383-3245.

## BC earns split against state champs

By PHIL BLACKWELL

Part of what makes the Bethlehem girls lacrosse team so strong is its willingness to challenge itself outside of Section II.

The Lady Eagles did so again last week, venturing to the Syracuse area for a pair of games against two defending state champions in a span of 24 hours and emerging with a split.

First, Bethlehem faced Fayetteville-Manlius, winners of the last two state Class A titles. F-M was sporting a modest 5-3 record, the result of a brutal early schedule. But that only made the Hornets tougher as they fought off every Bethlehem challenge down the stretch to hand the Lady Eagles a 12-10 loss.

Stymied for most of the first half, the Lady Eagles fell behind 7-4. But they made a late push behind star senior forward Halley Quillinan, who finished with three goals and three assists. Her team-

mate, Theresa Ladouceur, also found the net three times.

To stay ahead, F-M needed a big game from its star senior, Kristen Taylor, who piled up five goals and two assists. Erica Rybinski added three goals and one assist.

Instead of being discouraged by this defeat, Bethlehem used the solid effort as a foundation for an 8-7 victory against defending state Class C champion Skaneateles last Friday.

This time around, it was the Lady Eagles who flew out to the fast start and then hung on for the win. Bethlehem's defense, led by senior Samantha Titus, did a strong job all afternoon containing Skaneateles' scoring duo of Libby Johnson and Stephanie Rice to two goals apiece. Goalie Emily Szelest finished with eight saves.

Meanwhile, Quillinan just about carried Bethlehem to victory. She had a part in all but one

of Bethlehem's goals, scoring five times and adding two assists. Ladouceur got the other three goals, assisting twice on Quillinan's tallies.

The Lady Eagles will challenge themselves again Saturday when they visit Penn Yan, one of the top girls lacrosse teams in Section V

(Rochester). Before that, Bethlehem has a Suburban Council game against the newest team in the league, Ballston Spa, Thursday.

Got sports news?  
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### LEGAL NOTICE

pal address of LLC: 375 Greenwich St., NY, NY 10013. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Dover, DE 19901. Purpose: any lawful activities. LD-13314 (April 26, 2006)

### LEGAL NOTICE

Notice of Qualification of Emergency Sex, LLC. Authority filed with Secy. of State of NY (SSNY) on 1/17/06. Office location: Albany

### LEGAL NOTICE

County. LLC formed in Delaware (DE) on 12/16/2005. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The Company, 375 Greenwich St., NY, NY 10013. Principal address of LLC: 375 Greenwich St., NY, NY 10013. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Dover, DE 19901. Purpose: any lawful activities. LD-13315 (April 26, 2006)

### LEGAL NOTICE

Notice of Registration of Lacey - Convertino Architects, LLP, Cert. of Reg. filed Secy of State (SSNY) 3/29/06. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to 459 State St., Albany, NY 12203. Purpose: to practice the profession of Architecture. LD-13318 (April 26, 2006)

### LEGAL NOTICE

Notice of Qualification of Yorkville Properties LLC. Authority filed with Secy. of State of NY (SSNY) on 4/10/06. Office location: Albany County. LLC formed in Delaware (DE) on 2/8/06. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Company (CSC), 80 State St., Albany, NY 12207, registered agent upon whom process may be served. DE address of LLC:

### LEGAL NOTICE

c/o CSC, 2711 Centerville Road, Ste. 400, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, Townsend Bldg., Dover, DE 19901. Purpose: any lawful activity. LD-13319 (April 26, 2006)

### LEGAL NOTICE

Notice of Formation of S2SENSUAL, LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 4/18/06. Office location: Albany

### LEGAL NOTICE

County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Dennis Rodriguez, 52 Adams Place, Freehold, NJ 07728. Purpose: any lawful activity. LD-13320 (April 26, 2006)

### LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: 2128 2nd AVE LLC. Articles of

### LEGAL NOTICE

Organization were filed with the Secretary of State of New York (SSNY) on 04/10/06. The latest date of dissolution is 12/31/2106. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 2128 Second Avenue, New York, New York. Purpose: For any lawful purpose. LD-13323 (April 26, 2006)



# Blackbirds hope for a better second half to season

By ROB JONAS

The Voorheesville baseball team is hoping that the second half of the Colonial Council season treats it better than the first half.

The defending league champions are sitting in the middle of the pack with a 3-4 record and are dealing with the loss of two starters to injury.

"I'll be relying on some JV players to come and help out," said Voorheesville coach Hank Czerwinski. "Hopefully, we can put a run together."

Voorheesville's thin roster got even thinner over the last two weeks. First, starting second baseman Bryce Gray was lost for the season when he injured his ankle late in a 13-12 victory over Ravena-Coeymans-Selkirk April

12. Then, starting right fielder Matt Henry was injured in a game against Cobleskill-Richmondville.

The two injuries left Czerwinski with 10 players on the varsity roster, but it didn't deplete his pitching staff — a fact that could help the Blackbirds deal with a busy stretch of games to make up for two postponements.

"I'm expecting the veteran players to step up," Czerwinski said. "We're about to start the second half of the season. There are some well-coached teams out there, but the league is still up for grabs."

The Blackbirds return to action Wednesday when they play Watervliet. They then host Schalmont Thursday.

"Things aren't as easy as last year, but we're up to the challenge," Czerwinski said.

## Eagles earn split

The Bethlehem baseball team had mixed results against the town of Colonie's two public school teams.

The Eagles pounded out 12 hits on their way to a 7-4 victory

over Colonie last Thursday. Matt Baboulis and Mike Carroll each doubled and singled, and Paul Loupe added two singles to lead Bethlehem.

The Eagles couldn't maintain their momentum the next day, as

they suffered an 8-6 loss to Shaker.

Bethlehem rallied from a 4-0 deficit with four runs in the top of the fourth inning, but Shaker scored four times in its half of the inning to pull away for good.

## Wilco

(From Page 38)

I have to listen to music while I work to help me focus. There are so many sounds that go through this office that it's easy for me to be distracted. But if I have some music to listen to, I can weed out all the distractions and write a halfway decent column (like I'm trying to do right now).

When I wake up in the morning, it always helps me to have a disc I like in my bedside radio/compact disc player. Greeting the day with some Creedence Clearwater Revival or some Wilco is a lot better than hearing the alarm beep.

When I go out, my destination always has something to do with music. I can't just go to a bar to hang out, and you can't get me near a dance club — not with my

two left feet. I either need to see a live band or be on stage myself.

I can't give you an exact amount of time per day that I listen to or think about music (as a part-time songwriter, I tend to think up songs when I'm not listening to music). The best estimate I could give is at least 60 percent of my waking hours are related to music. I'm not certain that's normal, but then again normalcy is a matter of perception. I'd be disturbed if a day went by where I heard no music because hearing music is part of my normal routine.

Sports is also part of my normal routine. It's the first thing I catch up with every morning when I turn on the TV or when I pick up a newspaper (and for the record, I see that Edmonton and Detroit are tied at one game

apiece in their best-of-seven series as of Monday). Weekends are spent bouncing between baseball, basketball, hockey and NASCAR. I'll even watch professional bowling (which I still consider an oxymoron) if nothing else is holding my interest.

However, sports is not something that's on my mind all the time. I don't spend countless hours memorizing every baseball record or Stanley Cup champion. I haven't locked out every cable channel except ESPN. I don't obsess over the NFL Draft. I'm part of an on-line fantasy baseball league, but I don't get angry if my team underperforms. On the other hand, if you change the radio station in the middle of one of my favorite songs, you won't want to know me at that point.

So if you judge the importance of something in terms of amount of time spent experiencing and thinking about it, music carries more weight in my world than sports.

Just don't think that I'm slacking in the sports world. I still know who's part of the five Super Bowl ring club (San Francisco, Dallas and Pittsburgh). That's straight off the top of my music-infested head.

## Mistakes

(From Page 38)

as Gold Division champs has been hurt," said Rounds.

That doesn't mean it's an impossible task — especially with the level of parity in the Suburban Council this season.

"With the exception of Niskayuna and Guilderland, every team has been beatable. They've been beating each other this season," Rounds said.

Bethlehem returns to action Thursday when it visits Shenendehowa, which has been uncharacteristically struggling this season. The Eagles then host Shaker Saturday night in a non-league game.

## "There's been an accident."



Terence P. O'Connor, Esq.

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# HIGH SCHOOL VARSITY SPORTS RESULTS FOR THE WEEK OF APRIL 17-23

**Tuesday, April 18**
**BASEBALL**
**Lansingburgh 4,**
**Voorheesville 2**

Voorheesville highlight: Pete Lindner double, single.

**Cohoes 12, RCS 11**

RCS highlights: Joe Boomhower 3 hits; Keith Geraldson 2 doubles, 2 RBI.

**SOFTBALL**
**Voorheesville 18,**
**Watervliet 0**

Voorheesville highlights: Sarah Lafave no-hitter, 9 strikeouts; Amanda Dezalia double, single, 4 RBI.

**Wednesday, April 19**
**BOYS LACROSSE**
**Guilderland 13,**
**Bethlehem 6**

Bethlehem scoring: Brian O'Donnell 2-1, Kevin Seymour 2-0, Terry Daley 1-1, Matt Johnson 1-1, Matt Difrancesco 0-3.

Bethlehem saves: Dylan Eder 9, Gregg Winter 3.

**GIRLS LACROSSE**
**Bethlehem 18,**
**Averill Park 5**

Bethlehem scoring: Kayleigh Hynes 5-2, Erica Hill 2-3, Tee Ladouceur 2-2, Megan O'Donnell 2-0, Taylor Teal 2-0, Amanda Muncil 1-1, Halley Qullinan 1-1, Libby LeRoy 1-0, Kira Pannucci 1-0, Lauren Wendth 1-0, Michelle Primomo 0-2, Tricia Primomo 0-1.

Bethlehem saves: Emily Szelest 4, Rae Mahon 1.

**SOFTBALL**
**Shaker 4, Bethlehem 0**

Shaker highlights: Nora Smith 3-hitter; Jillian Vallacorsa 2 doubles, 2 runs; Derrin Minunni 2 singles, 2 RBI.

**Siena schedules sports camps**

The following is a list of sports camps being offered this summer at Siena College:

Girls basketball — Evening camp June 26-30 for players age 9-15; overnight camp July 30 through Aug. 3 for players ages 11-17; team camp Aug. 4-6. Cost \$150 for team camp, \$170 for evening camp and \$390 for overnight camp.

Baseball — July 24-28 for players age 8-17. Cost is \$258.

Boys basketball — team camps June 23-25 and Aug. 11-13 for middle and high school players; day camps June 26-30 and Aug. 14-18 for players age 6-17. Cost is \$140 for team camp and \$258 for day camp.

Boys lacrosse — Aug. 7-11 for players age 9-15. Cost is \$258.

Softball — July 31 through Aug. 4 for players age 8-17. Cost is \$258.

Soccer — July 10-14 and 17-21 for players age 6-17. Cost is \$258.

Volleyball — Day and Court for Intensive Training (CIT) camps July 10-14 and Aug. 7-11. Cost is \$258 for day camp and \$325 for CIT program (ages 15-18).

**Voorheesville 5,**  
**Broadalbin-Perth 3**

Voorheesville highlights: Jenna Massaroni 3 hits, 2 runs; Jill Blair double, single, 2 RBI; Sarah Lafave 15 strikeouts.

**Thursday, April 20**
**BASEBALL**
**Bethlehem 7, Colonie 4**

Bethlehem highlight: Matt Baboulis double, single, RBI.

**SOFTBALL**
**Colonie 18, Bethlehem 4**

Bethlehem highlight: Caitlin Dombrowski triple, 2 singles.

**Friday, April 21**
**BASEBALL**
**Shaker 8, Bethlehem 6**

Bethlehem highlight: Matt Baboulis double.

**BOYS LACROSSE**
**Colonie 12, Bethlehem 8**

Bethlehem scoring: Matt Johnson 4-1, Brian O'Donnell 2-1, Matt Difrancesco 1-3, Chris Johnson 1-0, David Amiri 0-1.

Bethlehem saves: Dylan Eder 12.

**SOFTBALL**
**Herkimer Tournament**
**First round**
**Edison 7, Voorheesville 1**

Voorheesville highlights: Jenna Massaroni 2 singles; Rebekah Coons double.

**Consolation game**
**Voorheesville 5,**
**North Shore 2**

Voorheesville highlights: Sarah LaFave 2-hitter; Jenna Massaroni double, single, 2 RBI.

**Saturday, April 22**
**BOYS LACROSSE**
**Bethlehem 12, LaSalle 8**
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Bethlehem scoring: Matt Johnson 4-2, Brian O'Donnell 3-1, Matt Difrancesco 1-2, Terry Daley 1-1, Carlos Mancilla 1-0, Ryan Wall 1-0, David Amiri 0-1.

Bethlehem saves: Dylan Eder 7.

**BOYS TRACK**
**Albright Invitational**
**at Albany Academy**

Team scores: Queensbury 101, Albany 78.5, LaSalle 50.5, Lansingburgh 50, Colonie 35.5, Bethlehem 31, Glens Falls 26.5, Ichabod Crane 24, Albany Academy 22, Monument Mountain 16, Ravena-Coeymans-

Selkirk 15, Ballston Spa 14, Chatham 12, Scotia-Glenville 11, CBA 4, Cohoes 2.

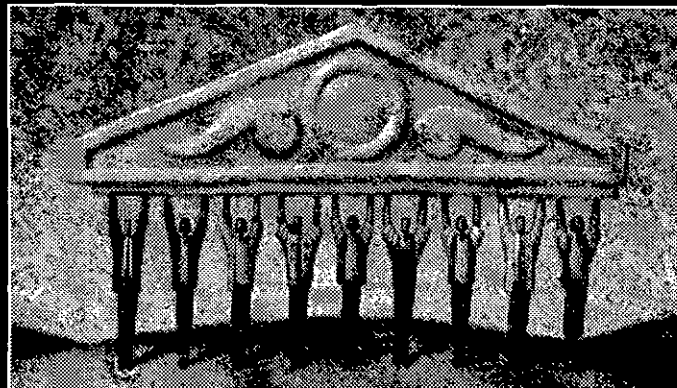
**GIRLS TRACK**
**Bethlehem Invitational**

Team scores: Colonie 90, Shen 82, Shaker 58, Cicero-North Syracuse 53, Academy of Holy Names 52, Ballston Spa 51, Greenwich 41, Bethlehem 40, Guilderland 34, Mohonasen 27, Scotia-Glenville 10, Lansingburgh 8, Queensbury 5, Cohoes 4.

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Tuesday, May 2, 2006 — 2:00 - 4:00 p.m.

Covers employment-at-will; discrimination and harassment; privacy issues; rules and procedures governing wages, benefits, overtime, comp time and pay; discipline; and much more.

**Real Estate Ownership and Rental**

Tuesday, May 9, 2006 — 2:00 - 4:00 p.m.

Includes buying or selling a home; landlord/tenant issues; eminent domain; and challenging a real property tax assessment.

**Contracts and Consumer Law Issues**

Tuesday, May 16, 2006 — 2:00 - 4:00 p.m.

Includes basic banking accounts; loans; predatory (abusive) residential mortgage loans; privacy rights; and identity theft, including what to do if you become a victim.

**Elder Law**

Tuesday, May 23, 2006 — 2:00 - 4:00 p.m.

Includes wills, living wills, health care proxies, powers of attorney; guardianships, trusts, long-term care planning, long-term care insurance, Medicare, and Medicaid.

**An Overview of the Judicial and Legal System**

Tuesday, June 20, 2006 — 2:00 - 4:00 p.m.

Covers the various courts in New York State; sources of law; federal courts; the role of the judiciary; administrative proceedings and regulations.

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# Sports *in the* Spotlight

## Sports schedule

### Wednesday, April 26

#### BASEBALL

Watervliet at Voorheesville, 4 p.m.  
 Mohonasen at Bethlehem, 4:15 p.m.  
 Broadalbin-Perth at RCS, 4:30 p.m.

#### SOFTBALL

Mohonasen at Bethlehem, 4 p.m.  
 Voorheesville at RCS, 4:30 p.m.

#### BOYS TENNIS

Niskayuna at Bethlehem, 4 p.m.  
 RCS at Schoharie, 4 p.m.

### Thursday, April 27

#### BASEBALL

RCS vs. Catskill at Coopers-town, 1 p.m.  
 Schalmont at Voorheesville, 4 p.m.

#### BOYS LACROSSE

Bethlehem at Shen, 4 p.m.

#### GIRLS LACROSSE

Bethlehem at Ballston Spa, 4 p.m.

#### SOFTBALL

Bethlehem at Albany, 4:15 p.m.  
 Voorheesville at Schalmont, 4:30 p.m.

#### BOYS TENNIS

Bethlehem at Guiderland, 4 p.m.  
 RCS at Cobleskill, 4 p.m.

#### BOYS TRACK

Voorheesville at RCS, 4:15 p.m.

#### GIRLS TRACK

Mechanicville, Voorheesville at RCS, 4:15 p.m.

### Friday, April 28

#### BASEBALL

RCS at Lansingburgh, 4 p.m.  
 Colonie at Bethlehem, 4:15 p.m.

#### SOFTBALL

Colonie at Bethlehem, 4 p.m.  
 Cohoes at RCS, 4:30 p.m.

#### BOYS TENNIS

Bethlehem at Shen, 4 p.m.  
 Waterford at RCS, 4 p.m.  
 Voorheesville at Watervliet, 4 p.m.

### Saturday, April 29

#### BASEBALL

Bethlehem at Amsterdam, 6 p.m.

#### BOYS LACROSSE

Shaker at Bethlehem, 7:30 p.m.

#### GIRLS LACROSSE

Bethlehem at Penn Yan, TBA

#### SOFTBALL

Lansingburgh at RCS, 10 a.m.

#### TRACK AND FIELD

RCS at Cohoes Relays, 9 a.m.



Bethlehem's Brian O'Donnell battles Guiderland's Jordan Dubose for a face-off during last Wednesday's Suburban Council game. Rob Jonas

## Mistakes are costly to Eagles

### Bethlehem struggles with turnovers against league foes

By ROB JONAS

The Bethlehem boys lacrosse team has the capability to play with anyone in the Suburban Council. Beating them has been another matter.

Midway through the season, the Eagles own a 4-5 record, but head coach Dave Rounds said that it could be better.

"We're a bit disappointed.

We've had some games that we felt we should have won, but we didn't," he said.

Last Friday's 12-8 loss to Colonie is a prime example of Bethlehem's problems. The Eagles rallied to tie the game at 5 going into the fourth quarter, but Colonie scored seven goals in the final period to pull away.

"We're still trying to get some of the younger kids to learn not to make mistakes," Rounds said. "You can't make mistakes at the varsity level and expect to win."

Turnovers have been haunting Bethlehem at times this season. Against Guiderland last Wednes-

day, the Eagles had 35 turnovers, several of which turned into Dutchmen goals in a 13-6 Guiderland victory.

"Guiderland is a very good team, and we didn't help ourselves at all," said Rounds.

There have been bright spots for Bethlehem along the way. Sophomore Matt DiFrancesco and junior Matt Johnson have been consistent contributors on offense, and sophomore goaltender Dylan Eder has held up well under pressure.

"For the most part, we're having a fairly balanced scoring attack, and our young guys have

been heading up the offense," Rounds said. "Our starting goaltender is a sophomore, and he's going to get better and better as he progresses."

If Bethlehem can get more efforts like the one it had in a 12-8 non-league win against LaSalle last Saturday, it can still climb into the race for the Suburban Council Gold Division title. But with Columbia taking off to a 7-1 start, the Blue Devils may be tough to catch.

"We still have a shot to finish above .500, but our goal to repeat

□ MISTAKES/page 36

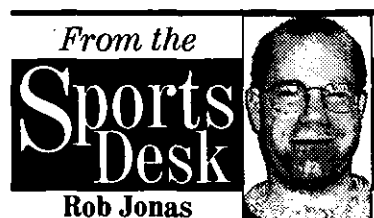
## Wilco nudges Wings in battle for brain

By ROB JONAS

I used to think I couldn't live without sports. Now, I'm finding myself thinking that way about music.

As anyone that works with me can tell you, not a weekday goes by without me sitting at my computer typing away while listening to music on iTunes through my headphones. Most of the time, it's the songs on the library file, which ranges from the roots rock of Blue Rodeo to the modern mishmash of sounds that artists such as Beck and Soul Coughing employ. I'm planning to add more roots rock to the library soon.

I've also increased the frequency of going out to concerts



From the Sports Desk  
Rob Jonas

by local and regional roots rock artists. In the last two weeks, I saw Kamikaze Hearts and Frog Holler at the Ale House in Troy (a venue I wholeheartedly recommend because it's a small room and the food is great). I'm now trying to decide which show to see Sunday — Lucky 57 and Hayseed at the Ale House or the Gibson Brothers at Spa Little Theater in Saratoga Springs. Whichever show I choose, it'll be the

fifth regional concert I've been to since I got back from Florida nearly a month ago.

None of this has affected my diligence with regard to the local sports scene. I'm still following the race for the Suburban Council baseball title as closely as ever (Shenendehowa moved into the lead after Colonie suffered two losses last week). But if you were to ask me who's leading the NHL Western Conference playoff series between Detroit and Edmonton, I wouldn't be able to give you an immediate answer. That wouldn't have happened two years ago (which, ironically, is the last time there was an NHL season).

It's not that I don't have any

interest in the NHL playoffs or any other major league sport. It's just that I'm beginning to realize what role music plays in my life these days.

Whenever I get in the car, I always turn on the radio — no matter how short of a trip I'm taking. Sometimes, I have to hunt through all the preset stations for a decent song, and there are times when I will compromise my high standards if the station happens to be one I like (for instance, I'll stomach REM's "Losing My Religion" for the millionth time if I suspect the next song might be a new one from the Raconteurs). But the radio must be playing while I drive.

□ WILCO/page 36



## Springtime

(From Page 1)

its effects.

"Essentially it is a community consciousness-raising effort about alcoholism and health-related issues and may serve as a trigger to recovery," said a written statement from the NCADD.

According to the National Highway Traffic Safety Administration's National Center for Statistics and Analysis, 5,896 people between the ages of 16 and 20 were killed in the year 2004. Out of these people, 29 percent had a blood alcohol content of .08 percent or higher.

"Alcohol related crashes fell by 2.4 percent in 2004," said Eric Bolton, public spokesman for the NHTSA. "We also have the preliminary data for 2005 which is probable to change. It shows an increase in alcohol involved fatalities."

Driving while intoxicated is a serious problem that does not seem to be going away. According to the NHTSA 2004 report, the age group with the highest percentage of drivers to be involved in fatal crashes where the driver had a blood alcohol level of .08 percent or higher is the 21-24 age group. Since this group follows the 16-20 age group, many programs are implemented in the high school age range as a preventative measure. This is not only to take a proactive approach to drinking and

driving, but also to prevent these young people from putting themselves in the same danger as those just a few years older.

"We certainly don't want teenagers who are inexperienced drivers exacerbating this by drinking and driving," said Bolton. "It's really not a good idea."

Bolton explained that there is a spike in the amount of accidents over holidays and weekends.

Many schools try to battle these odds with their students by having post-dance parties, alcohol and substance-free parties that take place after dances such as prom, events that are sometimes associated with drinking.

Schools also form clubs such as Students Against Drunk Driving, (SADD) and will take part in other activities to raise awareness.

These organizations are just part of the numerous efforts going on across the country to help people realize that it is a problem and to hopefully prevent tragedies.

"Too many people are driving drunk or drugged," said Bolton. "These people need to realize that alcohol and the highway do not mix in any way or form."

While the warmer weather can have its advantages, it can also be conducive to some reckless behavior.

To learn more about impaired driving visit [www.nhtsa.gov](http://www.nhtsa.gov).

## Tragedy

(From Page 1)

old woman with three kids. She admitted to drinking liquor and beer, and was on a beer run when she struck Matthew. For one bad decision, which took the life of Matthew Messina, she served only one-and-a-half years in prison.

Matthew's father, Sam, has always been an active community volunteer. His résumé is several pages long and filled with a variety of community involvements, so perhaps he would have volunteered to work in the fight against drunk driving anyway. But his son's death really brought home the importance of spreading the message not to drink and drive.

"There's a problem out there with alcohol, and we've got to get the word out," said Messina. "My issue is not with legal drinking, it's with drinking and driving."

Messina speaks regularly at DWI impact panels, which are mandatory for those convicted of DWI, and he also works hard to promote the importance of organ donation for the Center for Donation and Transplant in Albany. He's talked about both DWI and organ donation at area schools and churches, and is scheduled to give a talk about drinking and driving at Bethlehem Central High School next Tuesday, May 2.

"I'm told that when people have a chance to listen to a personal account, there's a better chance of the message getting through," said Messina. "I tell people to think about the thing they love most, and then think about losing it to someone who just couldn't avoid getting behind the wheel when they were drinking. It's just heartache all around."

Messina will tell the high school audience about his son, and will also provide data and statistics on DWI. One statistic

and driving are at the dark end of the tunnel. At the lighter end is organ donation. When his son died, Messina said the only thing in the world that made sense was when they were asked to donate Matthew's organs. They did.

"Organ donation can get people to understand that miracles can happen in the worst of times," he said. "We could just hear him saying that he wanted us to do this."

When a family chooses to donate, it's not just organs but tissues, bone, cartilage, almost every part of the body. One body can help up to 50 people. According to Messina's statistics, approximately 90,000 people are on organ waiting lists. Another person is added to that list every 14 minutes, and 17 people will die every day from a lack of organs.

The Messinas allowed Matthew's organs to be donated, and even met two of the women who benefited from them. They keep in touch.

Messina started volunteering at the Center for Donation and Transplant a few months after his son's death. As he became more comfortable with his knowledge, he began speaking out to the community about its importance.

"There is a great need for this," he said. "I have a bumper sticker on my car that says, 'Don't take your organs up to heaven - heaven knows we need them here.'"

**"Organ donation can get people to understand that miracles can happen in the worst of times. We could just hear him saying that he wanted us to do this."**

Sam Messina

shows that in 2004, 25 percent of all automobile crashes were from drunk drivers ages 18 to 29. Another is that one in 10 drivers is drunk on a Saturday night. The drivers are also more likely to be younger, female and more intoxicated. And police departments are getting more and more sophisticated.

"You really can't fool them," said Messina. "But this is not a game of avoidance."

Messina calls the DWI impact panels a blessing, because those people were caught before they kill someone.

"It's good luck," he said. Consequences of drinking

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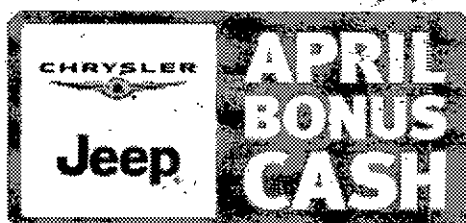


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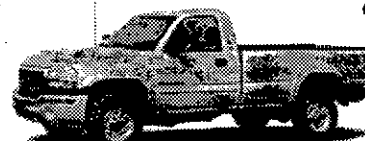


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