

Area News

Women's Health



'Excellence in Equity'

The State Office of Real Property Services reviewed the town of Bethlehem's reassessment performance and honored them with the 'Excellence in Equity Award.'

See story on Page 3.



Back in season

Along with the bright colors of fall, October also brings with it the start of another season for one of the Capital District's oldest and most venerable musical organizations, the Troy Chromatics.

See story on Page 27.



A work in progress

When the Ravena-Coeymans-Selkirk girls soccer team gives a peak performance, few Section II teams can compete with it.

The trouble is, the Lady Indians haven't sustained a high level of play through a whole game recently.

See story on Page 40.

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Spotlight

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VOLUME L NUMBER 40 75¢ OCTOBER 4, 2006

Report Card

Are teachers Making the Grade?

Tenure provides educators with job protection, but some say it goes too far

By ANN MARIE FRENCH

The new school year has gotten under way, and while parents are still learning the names of their children's teachers, discussions abound about which teachers are good and why others are not.

Such conversations often end up focusing on tenure. That one word can evoke very strong feelings in parents who think they know what it really means for a teacher to hold tenure in a school district. But do they?

"Tenure is one of the most misunderstood provisions of New York state's education law," said Carl Korn, spokesman for the New York State United Teachers union (NYSUT). "The biggest myth out there is that it provides teachers with a job for life. That simply is not true."

Korn said teachers without tenure "can be dismissed for virtually any reason as long as it is not a violation of civil rights," but that tenure provides protection for the teachers by mandating a "formal legal proceeding in which an impartial hearing officer weighs evidence on both sides and makes a ruling" before a teacher can be dismissed.

Opponents of tenure say its provisions are excessive.

"The laws of New York state contain multiple layers of protection for people in the public sector," said David Ernst, director of communications and research with the New York State School Board Association (NYSSBA). "The whole rationale for tenure is faulty in our view."

The process of tenure, Ernst said, can be enormously expensive and time-consuming. NYSSBA attempted to reform tenure in the early '90s and was unsuccessful. The group currently supports a five-year probationary period, rather than the existing three, before a teacher can be recommended for tenure.

"You learn a lot on the job that you aren't getting when you graduate," said Ernst of teachers. "With some, it's immediately apparent that they are not

□ Tenure Page 23

Slight increases in '07 budget

Proposed numbers call for additional 2.75 percent in tax levy and a nominal jump in expenditures

Theresa Egan said the new budget holds the line on expenditures because of hard work from all departments.

By JIM CUOZZO

The proposed 2007 Bethlehem town budget calls for a 2.75 percent increase in the tax levy and a nominal increase in expenditures.

"We told department heads they have to tighten expenses and raise revenue," said Egan.

One of the greatest changes to the 2007 budget is a \$200,000

"I think we are providing the best service possible. This budget is a credit to all department heads for recognizing the fiscal challenges the town is facing."

Theresa Egan

The budget was released at the Wednesday, Sept. 27, town board meeting and will be the first fiscal plan property taxpayers will deal with under the town's new reassessments. The budget uses money from the fund balance to close deficits in both the general and highway fund while maintaining a \$3 million surplus for the new year.

"This budget comes one step closer to closing deficits in these funds," said comptroller Judith Kehoe who prepared the budget.

Both Kehoe and Supervisor

□ Budget Page 18

108-year-old Delmar resident dies

By JIM CUOZZO

One of the oldest residents of the Capital District and longtime Delmar resident Agnes Leonard, known to her family and friends as "Nimmie," died Monday, Sept. 25, at 108 years old.

lessons well into her 90s. Hitchcock believes Leonard's passion for music is what sustained her health for well over a century.

"She was a unique person," said her granddaughter Lonna Hitchcock. "She had a passion for learning and reading, and she inspired me as a teacher."



Agnes "Nimmie" Leonard

Leonard was born in 1898, the same year famous composer George Gershwin was born and the year Teddy Roosevelt and his Rough Riders led the charge up San Juan Hill in the Spanish-American War. She was an accomplished musician who played cello for the Albany Symphony Orchestra for many years. She was also an accomplished pianist who took

"I honestly think it was the music," said Hitchcock. "She would play Beethoven pieces, and her task was to transpose them and memorize them."

Leonard's last recital was at the Bethlehem Public Library when she was 96.

"She always had her piano music with her when she traveled," Hitchcock said.

Leonard was known throughout the community for baking her homemade bread and rolls daily until entering the nursing home three years ago.

"Everyone was a beneficiary of

□ Resident Page 18

EXPLANATION OF MARKING SYSTEM

A-Superior	D-Below Average
B-Above Average	F-Failing
C-Average	



Police Blotter

Feura Bush woman charged in death of cyclist

Bethlehem Police have charged Darlene Kawczak with criminally negligent homicide following an investigation into the death of 49-year-old Joel Melnikoff.

Melnikoff, who lived on Blessing Road at the time of the accident, was riding his bike along

the side of State Route 32 in Feura Bush during the morning hours of July 3 when he was struck by a vehicle driven by Kawczak. Kawczak's car went off the road crossing over the white markers, hitting Melnikoff and several guardrails before stopping.

"She failed to control the vehicle, which left the travel lane moving into the pedestrian lane striking the northbound cyclist causing his death," said Lt. Thomas Heffernan. Police initially charged Kawczak with DWI following the accident. Blood tests

have since revealed Kawczak was impaired with drugs when she was driving and has been additionally charged with manslaughter second degree, criminally negligent homicide and operating a motor vehicle impaired with drugs. A warrant for her arrest was

issued last week and under the advice of her lawyer. Kawczak turned herself in. She has since posted bail and has been released. Her license has been suspended. Albany County's district attorney's office assisted in the investigation.



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Selkirk woman charged with forgery at Kmart

A 22-year-old Selkirk woman was charged with criminal possession of a forged instrument, a second-degree felony. Bethlehem Police report that Kristina DiNozza of 226 Bridge Street was charged following an internal investigation by the loss prevention department of the Glenmont Kmart. The incident occurred on Sept. 2 when DiNozza allegedly created fraudulent money orders and cashed them. DiNozza admitted voluntarily to the crime when questioned. She was arraigned before Judge Ryan Donovan and will appear in Town Court Oct. 17 to answer the charge.

Route 9W when police received a call that a vehicle was off the road. Fornango will appear in Town Court to answer the charge.

Correction

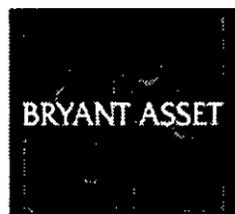
In last week's letter to the editor, "GOP chair takes issue with Gordon letter," *The Spotlight* incorrectly identified town board member Sam Messina. He is a member of the Independence Party.

Bill Kellert's column, "Notes from the Ad Desk" on Sept. 13 incorrectly stated the amount of money that the Capital Communications Cares Foundation donated to the Capital City Rescue Mission. The foundation donated \$5,000 to the mission.

• Jeffrey J. Fornango, 36, of 170 George St., Green Island was charged with DWI by Bethlehem Police on Saturday, Sept. 23. Fornango was driving along



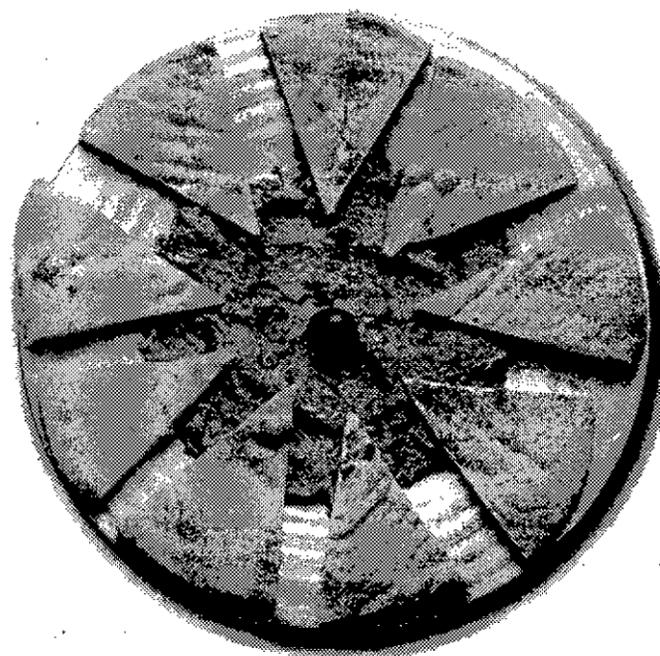
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Bob Aiken, Northeast regional manager for the State office of Real Property Services presents the Excellence in Equity award to Town of Bethlehem Supervisor Theresa Egan and members of the Town Assessor's department for their outstanding work to update the assessment rolls in the Town of Bethlehem. Left of photo is Town Assessor David Leafer. Next to him is Karen Boughton, A. Diane Busick, Karen Granito and Laurie Lamberton.

Jim Cuzzo/Spotlight

Assessors office awarded for fairness

By JIM CUOZZO

Life in the Bethlehem assessor's office this year has had its shares of ups and downs with a reassessment of 13,300 parcels. Many residents grieved their assessments, and some even took their issue to small claims court. In the end, the State Office of Real Property Services reviewed the town's reassessment performance and honored them with the "Excellence in Equity Award."

"This award is for conducting reassessments that meet a high standard," said Robert Aiken, regional director for State Real Property Services.

"The taxpayer is the ultimate beneficiary of reassessments, and the town of Bethlehem has taken the necessary steps to ensure property owners pay their fair share of the tax burden," Aiken said.

The award now qualifies Bethlehem for potential state aid for finishing the review.

"The effort was long, and it was

tedious," said David Leafer, town assessor. "The award is symbolic of the fact we did the job we were mandated to do."

Leafer credited four people in his office for taking on the task and meeting it head on. They are Karen J. Granito, A. Diane Busick, Laurie J. Lambertsen, and Karen Boughton.

"Without their help, we couldn't have gotten it done," said Leafer.

He also acknowledged the efforts of Supervisor Theresa Egan for supporting the assessor's office through the difficulty of reassessment.

"I couldn't have asked for any more support than what I got from Terri Egan," said Leafer. "When it came time to fight the battle, she was right with me."

Bethlehem's is now at full market value with their property, even though some property owners still believe their assessments may be too high. Bethlehem School taxes have just been sent out, and Leafer said there has been a steady stream of calls into the office.

"Oh yes, certainly there have been calls," said Leafer. "But we have no control over the school budget."

The state asks for a reassessment of property every three years for each municipality. Board member Tim Gordon asked if the review of property within the assessor's office might be staggered the next time around. Leafer said there is a fear of being accused of selective assessing if reviews of parcels are staggered.

"It's more work, but I prefer to do it all at once," Leafer said.

An internal review of the assessor's office has been completed by the Interdepartmental Management Advisory committee.

"The thing that impressed me the most through the review process is the sense of equity and fairness of the assessor's office," said board member Sam Messina.

Upgrades in technology are being considered to assist in any potential changes that may occur in State Real Property Tax Law.

School board mulls building costs

By JIM CUOZZO

An estimated \$8 million price tag for a new elementary school in the Bethlehem Central School District has the school board looking at options to reduce costs in an attempt to stay under the overall \$93 million voter-approved construction bond act.

Richard Peckham of Collins/Scoville architects proposed alternate design solutions if bids for the new school come in over budget.

"We are suggesting to include alternates in case bids come in high because of construction material costs," said Peckham.

One suggestion is to reduce the new school building size from 16 to 14 classrooms.

"This reduces future enrollment capability but accommodates the district's current needs," said Peckham.

Other options up for consideration include removing one of two proposed gym stations — saving \$250,000 — and reducing the building size from 16 to 12 classrooms.

"I am surprised you save \$250,000 removing one gym station," said vice president of the school board James Lytle.

Peckham said when you combine roof construction, excavation, foundation work and electrical and duct work for the new gym station, you come up with the savings.

He said he also hopes more contractors will bid on the new school.

"A new building seems to attract tighter prices and more

contractors bidding on them, which is in our favor," said board member Richard Svenson. "I think we should come under bid."

The modifications to the new elementary school design will be included in the overall design document that will be sent to the state Education Department for approval.

"These new amendments will delay the document until mid-October," said Peckham.

"Roughly, there are seven projects we are looking to package."

Rudley Lewis

The state will review the new design before it is sent back to the district. Bids are expected to go out in early 2007, with work

to begin in spring.

Along with the new elementary school, the district will undertake work on several other construction projects, allowing construction manager SanoRubin Associates to package upcoming bids.

"Roughly, there are seven projects we are looking to package," said Rudley Lewis of SanoRubin. "Contractors are looking for work to put on the books at the beginning of a year," he added.

All school district construction needs to be under the \$93 million dollar overall bond price. The board is looking at reallocation of unused contingency dollars in other school construction projects as another way to stay under the bond cap.

"The contingency funds, if there are any, can be applied to offset the cost of new school construction," said Superintendent Les Loomis.

The school board is asking the community to submit name suggestions for the new elementary school. The deadline for submissions is Oct. 18.

Advocacy group joins electronic voting machine debate

By JIM CUOZZO

The executive director of a voting public advocacy group believes the state is spinning out of control trying to meet federal and state deadlines regarding the use of new voting machines.

Bo Lipari of New Yorkers for Verified Votes believes a December deadline to certify new electronic voting machines is too soon to ensure accuracy.

"I think the process is being hurried along too fast," Lipari said. "Orders for new machines

have to be out by Christmas."

There are currently 13 different voting machines that have the potential for state certification from six different manufacturers, including direct recording electronic voting machines and optical scan machines. Lee Daghlin, public information officer for the State Board of Elections said it is possible all 13 new voting machines could be certified.

"I'm sure those folks feel they will be certified," Daghlin said.

Direct recording machines enter votes electronically through a computer touch screen. Optical scan machines allow voters to mark paper ballots by filling in circles with a pen. The ballot is then fed through a scanner that reads and records the vote. In New York state, the machines will all be full face so the voter can see the entire ballot when they go inside the voting booth.

"No one else uses full face voting machines," said Daghlin.

"These machines are made for this market."

Each county Board of Election commissioner will decide the machine their county will use. There was confusion last month over counties possibly choosing machines before certification. That did not sit well with many public interest groups and local officials.

"Jim Clancy (Albany County election commissioner) and I have been unbelievably firm on this issue, and municipalities have to wait until we have certified machines," said John Graziano, Albany County election commissioner.

Daghlin said the confusion was due to information posted on the State Board of Election Web site and has been cleared up. Certification will now take place in December and the counties have until Jan. 5, 2007 to choose the machine they will purchase.

"This appears to be a continuous state of flux, with the state setting up guidelines, but

it's coming to an end hopefully," Graziano said.

Lipari said he is urging counties to choose the optical scan machines over the direct recording electronic machines.

"You would need a lot less machines, and you would have the ability to audit with a handmade paper ballot," said Lipari referring to the optical scan machines.

Most election commissioners however are leaning toward the electronic touch screen machines.

"These machines are more expensive and have security concerns," said Lipari.

Hacking into the machines and malfunctioning machines are two main concerns presented by advocates of optical scan devices.

"This is a big decision with enormous implications," said Lipari.

It is also possible that voting machines will vary from county

to county.

"In other states, machines are failing and breaking down and voters don't know how to use them, and states are paying millions," Lipari said.

Touch screen machines manufactured by Diebold used in the latest Maryland primaries repeatedly broke down in 120 voting precincts because of design flaws, causing a delay of more than a week in the results. Two of 13 voting machines awaiting state certification are from Diebold, including a direct recording electronic machines and an optical scan machine. Those machines however are not the same ones being tested in New York state.

"All machines will go through rigorous testing," said Daghlin.

Testing will include security testing and people actually using the new machines. Testing will be held both inside and outside the state.

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With teens, it's not always easy to find the right words

Editor's note: From Robin's Nest will return next week.



By KATHERINE McCARTHY

It was good to hear Hugo Chavez lampooned on "Saturday Night Live" this weekend. It was outrageous that the Venezuelan president called George W. Bush the devil in front of the United Nations. And perhaps I fell asleep in subsequent days, or kept my media receptors too far from the right wing outlets, but I don't remember seeing it get much prominent play in what's often considered mainstream media, and even fewer protestations from anywhere.

Like him or not, he is the president of our nation. What would the outcry be if our leaders did that to another nation's leader? We'd hit ourselves hardest first, then apologize to the world for our transgression.

We live in an era of harsh words, and I've uttered more than a few myself. As I raged to myself about how hideous Chavez' words were, I wondered putting fingers to keyboard to pound out strong invectives against my least favorite political couple, Bill and Hilary Clinton. I would attempt to draw a thin line between a columnist for a

small-town weekly paper and a leader of the world speaking to his fellow leaders. Since my conscience recognizes nit-picking semantics when it sees them, I will think carefully through any future words that might end up in print—or come out of my mouth.

Thinking about words and their power is something I do a lot of these days, for I am the mother of teenage boys.

I love my sons: they are wonderful, smart, affectionate, intelligent and sometimes kind and generous. But our relationship with words is often a rocky thing. They rarely give up the words that reveal the information I really want: what homework there is, when it is due, whether they witness fights at school, do they see bullying, do they see drug use, are there girls that they like, do their friends have girlfriends, what's the real truth about teenage sex, and a million other questions that leave them shrugging their shoulders or reaching for their

iPods.

The words they willingly say I'd often rather not hear. In spite of a generous allowance, an open door policy as far as friends go, not too many rules around the house, I still hear a lot about all of my faults. I am the parent, I remind myself as I weigh what to let go, what to answer, and what to deem unacceptable.

And at each dentist visit, the dentist tries not to laugh. "Still clenching those teeth, I see," she'll say.

"Not as often as I'd like," is my answer, for in spite of knowing that my own words can throw fuel on the fire, I often feel I must keep talking with/to/at my children.

So I keep trying to strike that balance between letting them figure things out through consequences and verbally teaching them the many wonderful things I know that could make their lives easier.

I also try to keep in mind a wise observation that my father-in-law made when Chris and I were still just dating, and we were discussing the postponement of child-rearing that has taken place in our society.

"It means that kids will be hitting the teen years as their mothers enter menopause," he said. And while that happy event is still a ways off, I notice a recent propensity to tears similar to that of my early teen years.

Couple aging mothers with the modern-day desire to make our children's lives easier, safer, or

perhaps just different than our own childhoods, and that's a lot of insanity out there.

And so I try hard to keep my issues to myself and help my children with their own. And I think a lot about the common wisdom of the day, that today's children are under a lot of stress. I worry that rather than deal with our own stress—and reduce it where we can—we project it on to our children.

I'm watching what I consider the misuse of the word "stress" as Christopher moves into his junior year of high school and he begins to think about where he'll go to college. I am amazed to watch other parents who have gone before or who are facing the prospect roll their eyes, groan, or announce to us how stressful it will be.

How on earth did finding a good college for bright kids become stressful? If kids are finding it stressful, then we parents need a reality check in the way we're handling it. It's like the assessment tests that have been introduced in the past 10 years, causing a furor. Life is full of tests, overt or covert, and if our children understand that and approach them calmly, they'll do a whole lot better than if believe that a No. 2 pencil and a quiet room signify end times.

That's the way it should be with the college search. While I don't mean to downplay the magnitude of the process or the decision that the kids will make, these great moments of privilege should be appreciated, not feared. We should teach our kids that there are many

great things to do in the world at many different places.

A long time ago I started to play "what's the worst that can happen?" and, after having survived some very unpleasant worsts, I'm able to envision some very tolerable worst-case scenarios.

But looking for the right college isn't a worst-case scenario. It means lots of road trips in the spring; it means watching my quieter son closely for clues that a particular place tickles his fancy. It means drawing a deep, heart-wrenching breath and realizing that far too soon, I will be helping Christopher lug a trunk up metal stairs in a cinderblock stairwell to conclude the educational journey that started the day I left a 3-year-old boy at nursery school.

I have resolved that the college hunt will be a happy thing for all of us, and that Christopher will understand that this is going to be the greatest adventure of his life. Sure, he'll have to keep up with school work, too, but learning to keep one eye out for opportunities ahead is a good skill. I also think that if there's disappointment about not getting into his No. 1 choice, there will be a lesson in that, too.

I refuse to be gloom and doom about the future, something that I think is happening way too often in our society, and something that's impeding our national ability to look ahead.

I worried that recent news from Ford—that the company that changed the way the world worked with its assembly line was offering buyouts to thousands of workers—was an example of not keeping our eyes on the prize.

Why isn't Ford or any American company at the forefront of hybrid vehicle development? I know, I know, Big Oil, American dependence on fossil fuels, etc. But come on, some smart engineer or chemist or somebody had to have seen that there could be a lucrative market in alternative fuels.

I worry that the lack of innovation is tied to our infatuation with stress; that it's creating an acceptable amount of mediocrity. What sort of future do we leave our children if that's the goal we set?

March of Dimes SIGNATURE CHEFS AUCTION

Join the March of Dimes for an evening of fantastic food from some of the area's finest chefs! Place your bid on magnificent prizes like airline tickets, weekend getaways, dinner packages and more—all to help the March of Dimes mission to save babies.

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WEEKLY WEATHER

Chief Meteorologist Mike Bono



TIME WARNER CABLE

Albany Almanac

Record high/low/year

Day	AVERAGE HIGH	AVERAGE LOW
Wednesday, October 4	63°	41°
Thursday, October 5	86°/1891	26°/1948
Friday, October 6	91°/1941	26°/1965
Saturday, October 7	90°/1900	24°/1965
Sunday, October 8	89°/1963	27°/1986
Monday, October 9	79°/1993	21°/1964
Tuesday, October 10	83°/1949	27°/2001
Wednesday, October 11	89°/1939	25°/1980

ANNUAL PRECIPITATION

36.48 inches as of Friday, September 29th
7.30 inches above average

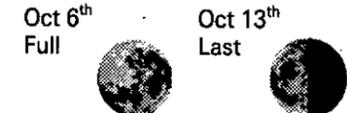
This week in weather

October 9, 1903 New York City received its heaviest rainfall with 11.17 inches at Central park in 24 hours.
October 10, 1979 Boston had its earliest measurable snowfall of .2 inches. Blue Hill Observatory had 7 inches and Worcester, Mass had 7.5 inches.

Sun & Moon

Day	Sunrise	Sunset
Wednesday	6:56am	6:31pm
Thursday	6:57am	6:30pm
Friday	6:58am	6:28pm
Saturday	6:59am	6:26pm
Sunday	7:00am	6:25pm
Monday	7:01am	6:23pm
Tuesday	7:02am	6:21pm

Moon Phases



Planets	When	Where
Venus	Dawn	V. Low, East
Uranus	Evening	Dim, South
Saturn	Morning	East
Jupiter	Dusk	V. Low SW

Rivers & Recreation

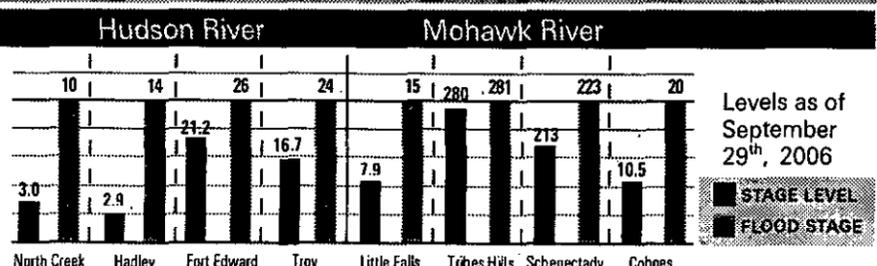
Fall Foliage outlook for October 1, 2

Region	Outlook
Capital Region	Color advancing toward 50 percent many areas.
Adirondacks	Near peak most areas. Just past, higher terrain.
Catskills	50% valleys. Near peak, mountains.
Berkshires	50 percent or more, mountains.
Vermont	Near peak most mountain areas. Over 50% valleys.
New Hampshire	Peak color White Mtns. Just past far north.

Factoid

Folklore claims that caterpillars like the Woolly Bears can be used to forecast the trends of upcoming winters. Legend states that the thicker the middle band, the milder the winter.

River Levels



Bethlehem Soccer Club honors Capt. Moshier

By JIM CUOZZO

A tribute to former Bethlehem Soccer Club member and fallen Army Capt. Timothy Moshier took place Saturday, Sept. 30, on a misty fall morning over the green fields of the Glenmont Soccerplex, with family and friends quietly standing by.

As the Christian Brothers Academy High School Color Guard unfurled a flag to fly high atop a new flagpole overlooking a stone monument and plaque with Moshier's name on it, 8-year-old Anthony Garguila sang a moving rendition of "God Bless America" and the National Anthem for a crowd of more than 100 who came to pay their respects.

"This is our sanctuary, where everyone comes and can be young forever," said Art Scheuermann, president of the Bethlehem Soccer Club, which sponsored the dedication.

The Army captain and former Bethlehem high school and West Point graduate was killed April 1, when the Apache helicopter he was flying went down over Baghdad on a combat mission. Moshier grew up in Bethlehem and enjoyed playing soccer with the local soccer club before moving away with his wife, Katie, also a Bethlehem graduate and their now 16-month-old daughter, Natalie.

Founding member of the Bethlehem Soccer Club and Moshier's former coach Bill

Silverman recalled the young Moshier's inner strength that sparked him and others around him to be better.

"On Saturdays, when the fields were reserved for the players, Timothy would work at it and work at it where his chest was red, thighs were red, and knees were beat up," said Silverman. "He was a fantastically determined individual even at 12 and that's the kind of man he became."

Mary Ellen Moshier, Timothy's mother, told the club how fitting it is for her son to be honored in his hometown with the American flag, a symbol of what he stood for and fought for.

"We can never adequately thank everyone in the Bethlehem community for all that you have done," said Mary Ellen Moshier. "The picnics, the parties and the friendships — it was just a wonderful time of our lives."

Katie Moshier and daughter Natalie recently moved from Texas back to the area to live in Gunderland. She thanked the community for its generosity and support during the past several months.

"This flagpole serves as a reminder that freedom is not free, and Timothy Moshier will be much loved in this community," said Katie Moshier. "Thank you from the bottom of our hearts."

More than 2,700 Americans have been killed in Iraq since the start of the war.

Kids can learn to manage anger at counseling center

Getting angry is a normal part of life, but because it is such a powerful emotion it's often important to learn to make good choices.

Bethlehem Counseling Services offers psycho-educational groups for school age children and adolescents to learn to resolve anger and communicate more respectfully.

Fall offerings include an eight-week "Making Friends with Your Anger" group for special needs boys in first through fourth grade, and groups for older young people.

The special needs boys group starts Wednesday, Oct. 11, at 6 p.m. at BCS's Delmar location at 24 Oakwood Place.

Also offered is a boys and girls

anger resolution group, for children in grades four through eight, as well as a teen group, in Albany starting Thursday, Oct. 5 at 5:15 and 6 p.m.

Through activities that are interactive and fun, students will learn important life skills for dealing with angry feelings safely, and to help them make good choices in times of conflict.

Skill development will focus on identifying angry feelings, recognizing triggers and practicing healthy responses.

The groups are facilitated by Mary Baker, M.A., who has been counseling families and youth for over 15 years.

Her specialty is giving children and adults the tools they need to communicate compassionately.

Death Notices

Spotlight Newspapers will print paid Death Notices for relatives and friends who do not or have not lived in the coverage area for each of our weeklies. The charge for a paid death notice is \$25.

We will continue to print Obituaries of residents and former residents of the coverage area for each of our weeklies at no charge.

In Memoriam, and Cards of Thanks will also be printed for \$25.

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Matters of Opinion *in the* Spotlight

Schools need to send a strong message

It's shocking to think that nearby Albany is struggling to find ways to end violence in the school district.

Last week's debacle started with a stabbing punctuated by fights, disrupting the school day routine at the high school.

Now, city and school leaders are debating what to do to make the school a safer place.

We agree with Mayor Jerry Jennings and others who recommend moving the few perpetrators to another environment. It doesn't make sense to allow them to remain in the mainstream when they have already proven they have no respect for it.

Keeping the kids in the mainstream means there is really no punishment for their actions. It sends the wrong message to the entire student body, which is the kids can and do get away with acts of violence.

In our area, major violence has yet to spill out into the school environment.

In certain areas, violence occurs on a regular basis, with shootings, stabbings and other heinous crimes. Kids see this type of behavior from adults as a way of life, a way to solve problems. So it is not surprising that the behavior that occurs in the neighborhoods is brought to school.

The first thing that should be established is that any violent act on school property will be punished.

Kids found guilty of a violent act should be removed from the environment and not allowed back until they are willing to cooperate and follow the rules. Otherwise these same kids will be more likely to get into trouble again.

Kids must learn that there is zero tolerance for violence, and that they jeopardize their future when they engage in it.

The vast majority of students at Albany High who would never engage in violence deserve to know they will be safe and protected in their school environment. They should not be held hostage by the few who resort to violence in school.

We urge school leaders to enact severe penalties on those students who flagrantly violate disregard the safety of their fellow students, in fact the safety of everyone in the school community.

Editorial

Eye what's cooking doesn't burn

Fire Prevention week
begins Oct. 8

By MARY BRIZZELL

The writer is supervisor of the town of Colonie.

I would like to take this opportunity to remind people that next week, Oct. 8-14 is fire prevention week. This year's message is "Prevent Cooking Fires: Watch What You Heat." This year, Colonie's 12 fire departments will be spreading the word that on average more fires start in the kitchen than in any other part of the home — and teaching families and kids how to keep cooking fires from starting in the first place. I encourage everyone to take a few moments to recognize the importance of fire prevention week and all the wonderful fire service volunteers that make Colonie — like our neighboring towns — a great place to live.

The town of Colonie should be proud of our 12 volunteer fire departments. These dedicated individuals continue to give freely of their time to ensure the safety of our citizens. Fire prevention week is no exception; therefore these men and women will be actively reminding adults and children of the importance of fire prevention, family evacuation planning and smoke detectors.

These days, the town of Colonie's Mobile Safety House and Sparky the famous Dalmatian bring the fire prevention program to a new level. Under the supervision of trained instructors, children will benefit from hands-on experience, including fire safety and escape techniques. The fire prevention mobile safety house has been visiting elementary schools, and will continue to be featured throughout the month at various town and village gatherings.

Fire prevention is not new to the town of Colonie. The town's Department of Fire Prevention and Investigation was established as a town department in 1970.

Point of View

Town volunteers and fire safety officials are available 12 months a year to educate individuals, schools, businesses or first responders interested in fire safety.

Firefighters are busy throughout the town preparing for their open house activities and awaiting the arrival of their visitors; however, they know that the reality is that Fire Prevention Week really occurs every day of the year. Believing in the value of education as the key to prevention, the volunteers go to schools and have their trucks at picnics and other community events, as well as help people develop fire escape plans for their buildings or homes.

This Fire Prevention Week, take an opportunity to visit your local fire department and meet the volunteer firefighters whose efforts and commitment keep us safe every day of the year! And if you are interested in joining your fire department as a volunteer firefighter, be sure to ask for information while you are at the open house.

Tips for staying safe

I hope that you and your family will take advantage of some of the programs. Also, don't forget to change the batteries in your smoke detectors as part of fire prevention week.

For information, call the Town of Colonie Department of Fire Prevention and Investigation Department at 783-2712 or visit the National Fire Protection Association's Web site at www.nfpa.org.

NFPA reports that cooking fires are the No. 1 cause of home fires and home fire injuries. Most cooking equipment fires start with the ignition of common household items, like food, food or grease, cabinets, wall coverings, paper or plastic bags, curtains, etc.

Some NFAP facts and figures from Home Cooking Fire Patterns and Trends:

- Between 1999 and 2002, there were 114,000 reported home fires associated with cooking equipment every year, resulting in an annual 290 deaths and 4,380 injuries.

- Unattended cooking is the leading cause of home cooking fires.

- Three in 10 reported home fires start in the kitchen — more than any other place in the home.

- Two out of three reported home cooking fires start with the range or stove.

- Electric ranges or stoves have a higher risk of fires, injuries and property damage, compared to gas ranges or stoves, but gas ranges or stoves have a higher risk of fire deaths.

Stay safe in your home

NFPA provides the following tips to keep your kitchen — and your family — safe from fire.

- Always use cooking equipment tested and approved by

a recognized testing facility.

- Never leave cooking food on the stovetop unattended, and keep a close eye on food cooking inside the oven.

- Keep cooking areas clean and clear of combustibles like potholders, towels, rags, drapes and food packaging.

- Keep children away from cooking areas by enforcing a "kid-free zone" of 3 feet (1 meter) around the stove. Keep pets from underfoot so you do not trip while cooking. Also, keep pets off cooking surfaces and nearby countertops to prevent them from knocking things onto burner.

- Wear short, close-fitting or tightly rolled sleeves when cooking. Loose clothing can dangle onto stove burners and catch fire.

- Never use a wet oven mitt, as it presents a scald danger if the moisture in the mitt is heated.

- Always keep a potholder, oven mitt and lid handy. If a small fire starts in a pan on the stove, put on an oven mitt and smother the flames by carefully sliding the lid over the pan. Turn off the burner. Don't remove the lid until it is completely cool. Never pour water on a grease fire and never discharge a fire extinguisher onto a pan fire, as it can spray or shoot burning grease around the kitchen, actually spreading the fire.

- If there is an oven fire, turn off the heat and keep the door closed to prevent flames from burning you and your clothing.

- If there is a microwave fire, keep the door closed and unplug the microwave. Call the fire department and make sure to have the oven serviced before you use it again. Food cooked in a microwave can be dangerously hot. Remove the lids or other coverings from microwaved food carefully to prevent steam burns.

Phone numbers and open house dates

- Boght Community Fire District, 785-0339: Saturday, Oct. 7, noon-2 p.m.

- Colonie Fire Company, 869-9306: Saturday, Oct. 14, 1-3 p.m.

- Fuller Road Fire Department, 489-4421: Thursday, Oct. 12, 7-9 p.m.

- Latham Fire Department, 785-7330: Friday, Oct. 13, 6-9 p.m.

- Maplewood Fire Department, 273-1200: Wednesday, Oct. 11, 6-9 p.m.

- Menands Fire Department, 463-9494: Wednesday, Oct. 11, 6:30-8:30 p.m.

- Midway Fire District, 456-1993: Tuesday, Oct. 10, 7-9 p.m.

- Schuyler Heights Fire District, 271-7851: Monday, Oct. 9, 6-9 p.m.

- Shaker Road Fire Department, 458-1352: Friday, Oct. 13, 6-9 p.m.

- Stanford Heights Fire District, 346-7948: Tuesday, Oct. 10, 6-9 p.m. (Station 2 — Morris Road)

- Verdoy Fire District, 785-7291: Tuesday, Oct. 10, 6-9 p.m.

- West Albany Fire District, 438-4750: Monday, Oct. 9, 7 p.m.

- 113 Sand Creek Road (Station 2 — Osborne Road)

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Matters of Opinion *in the* Spotlight

Primary participant throws support to Tim Gordon

Editor, The Spotlight:

I would like to take this opportunity to thank everyone who worked so hard during the campaign and who voted for me on campaign day in my attempt to be the Democratic candidate for the 108th Assembly District.

In retrospect, I wish I had made my intentions known earlier, but I appreciate the opportunity to run in the primary for the Democratic nomination. The leadership of the Rensselaer County Democratic Party is to be commended for providing the

voters a choice in the primary.

What our campaign lacked in time and money, was made up for by the many family members, neighbors and friends who helped make the campaign a success in my mind. We worked hard and we have nothing to be ashamed of. I am especially grateful to members of the Working Families Party who voted for me on that line.

As we look ahead to the election, I believe that Tim Gordon best embodies the principles of the Democratic and

Working Families parties. With his name on the Democratic and Independence lines, and with this being a strong election for Democrats, Tim Gordon has a real chance at winning the seat for a Democrat — for the first time in many years. This is an opportunity we cannot allow to pass.

Therefore, I encourage all of my supporters — regardless of party affiliation — to vote for Tim Gordon. Even though my name appears on November's ballot on the Working Families Party Line, I do not intend to campaign for the seat any longer. The Assembly race cannot be won on that line alone, nor can I personally afford to run a campaign against the well-funded major parties.

Any vote for me on the Working Families Party line, will, in my belief, actually support the Republican Conservative candidate and would not be in the best interests of members of the Working Families Party or the

108th Assembly District.

Again, I thank members of the Working Families Party who supported me in the primary. Now we must elect the best person to represent the 108th

Assembly District — Tim Gordon.

Keith Hammond
Rensselaer County Legislator
Poestenkill

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Tim Barrett



A heartfelt thank you

Editor, The Spotlight:

This summer I had the privilege of managing a Tri-Village Little League baseball team. During a game in June, one of my players, Brayton Morehouse, suffered a terrible leg fracture. This is a heartfelt thank you to the men and women of our town's police and rescue departments who came to our aid.

Bethlehem Police Officer Craig Sleurs, Albany County Sheriff Paramedics Chuck Giglia and Chris Smith, and Delmar Rescue Squad members Lori

Newell and Chris Palmeri all showed excellent skill, superior teamwork and most important, great compassion to a suffering 10-year-old boy. It is comforting to know we are protected by such competent and caring individuals.

Additionally, I would like to thank the umpire, Christian Frese, the parents and other coaches, who offered assistance during the crisis and comfort to the players of both teams.

Coach Barbara Brazis
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Your Opinion *in the* Spotlight

Car repair article was not balanced *Bouncy guy says thanks*

Editor, The Spotlight:

Jim Franco's recent article, "Diagnostic Dilemma," did not present a balanced analysis of what has been labeled the "Right to Repair Act."

The proposed legislation that is supported by the independent garages in *The Spotlight* article, has been promoted under the pretext that automobile manufacturers are not providing the information and diagnostic tools necessary to service and repair vehicles. However, even the Automotive Services Association (ASA), which represents in-

dependent after-market repair shops, opposes this legislation. In 2002, auto manufacturers and ASA signed an industry agreement keeping independent repairers and franchised dealers on a level playing field with regard to access to vehicle service information and tools.

This private sector agreement, along with a task force designed to resolve any information issues that may arise, is working and is preferable to a government mandated and controlled process. The legislation proposes that the Federal Trade Commission, which has no background in

automotive repair, run this new regulatory regime and control the flow of information (running contrary to the trade secrets provisions of the Clean Air Act in regard to auto manufacturer's calibration codes).

Since private industry has already adopted a process to deal fairly and effectively with service information, why should the government takeover?

This is a very complex issue, and the proposed legislation may not be consumer-friendly at all, as it may lead to "generic" aftermarket parts that are not up to standard, and not backed in the same way that an auto manufacturer stands by its parts. There is also an important intellectual property issue, as well as a failure to recognize the investment dealers are required to make in facilities, equipment and training. What may seem a simple issue at first glance is far from it, and what may seem "consumer friendly" on the surface may not be the case.

There is more information available from NADA (National Auto Dealers Association) Legislative Affairs, 800-563-1556, or legislative@nada.org.

Deborah Dorman
President, ENYCAR, Inc.

Editor, The Spotlight:

This letter is written with regret to announce the closing of Action Bounce Inflatable Bounce Rentals. The company will close after the end of the 2006 season.

I would like to thank all of you who helped me to make my dream come true. My hope was to be the best company in the area whose sole responsibility was to make children laugh and have fun in a very safe and clean bouncy environment. I loved watching the children laugh and have fun and the honor of sharing so many important events with you. I will truly miss being known locally as "the Bouncy Guy."

The residents of Bethlehem helped make the dream come alive in 2001. Local businesses, churches, fire departments, the parks department, newspapers, and other publications all helped spread the word. There was a new and exciting party option named Action Bounce for various family and civic celebrations in the Bethlehem area. However, it was the customer base in Bethlehem which made my dream come true—the many family birthday parties and picnics that helped make Action Bounce a strong contender.

This year, insurance premiums and overhead costs skyrocketed and it came down to lowering my standards to become more competitive in the marketplace, or to close the business. Action Bounce was never the cheapest, but I hope we were "the Best

Bounce Company in Bethlehem and the Capital Region." I cannot see myself stepping backward and change my "Lysol Cleaned, Fully Supervised, Fully Insured" standard(s) to reduce costs.

Thanks to all my Action Bounce staff, who for 6 years spent so many hours in the blazing heat (or frigid cold), being vigilant at all times watching the children and keeping them safe. Many of these people were college and high school students who gave me their weekends (and some weekdays), who really bought into the philosophy of the clean, safe and supervised bounce experience. They are the reason we stood above the rest.

Thanks to my former partner, Peter Zdziebloski and his wife, Cathy, who helped make a dream into my reality.

Special thanks to my wife, Kris, for putting up with all the extra chores and behind-the-scenes work, while holding down a full-time job. And to "Granny Rose," who vacuumed many carpets and answered many phone calls—my private "underpaid" secretary. Lastly, thanks to my 12-year-old daughter, Shannon, who rarely saw her father on the weekends from May through October, and only went on one family vacation in 6 years. This girl helped so much behind the scenes and at bounces when she just wanted to be a "normal kid."

Bruce G. McShane
Action Bounce of Delmar

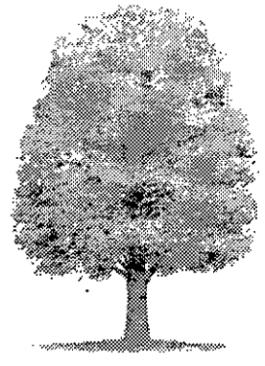
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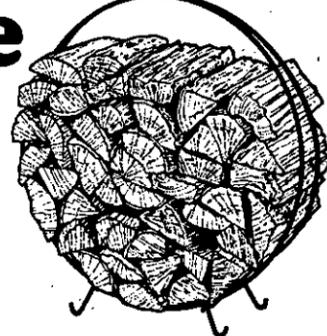
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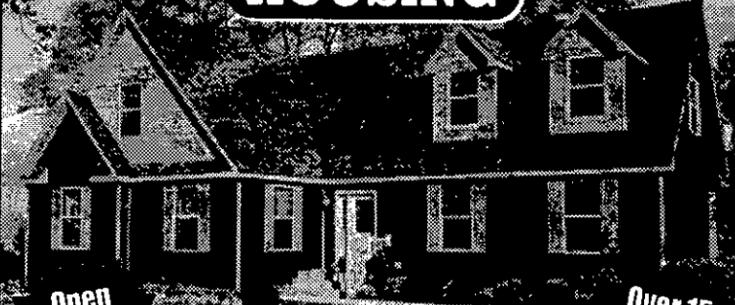
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V'ville board hears residents' request for sewer hookup

By ART STEIN

At the village board meeting on Tuesday, Sept. 26, three Voorheesville residents asked the board if they would be allowed to hook up to a proposed extension of sewer lines that would accommodate a six-lot subdivision off Moss Road, which is still in the early planning stage.

Mike Fluster, Eileen Draves and Tom O'Connor said they wanted approval from the village to hook up to Sewer District No. 1 along with the proposed subdivision, which would be built around the homes of the three residents.

"The board has no objection to additional people hooking up to the sewer lines as long as the village does not have to acquire

any additional expenses," said Mayor Robert Conway, adding that the possibility of the three existing houses accessing the sewer lines is subject to planning board approval of the proposed subdivision.

Conway added that, in the absence of the proposed subdivision, the village has no intention of extending the sewer lines out to the three existing houses.

Several months ago, developer Eric King of Equinox Construction approached the board about hooking the subdivision up to the sewer and was told there was capacity for the six proposed homes, as long as King would be covering the expense of hooking them up.

What is at issue for the board

is assuring that any additional hookups can be adequately handled by the sewer district.

"Somewhere, somebody is going to have to do a study, and somewhere, someone is going to have to pay for a study," said board trustee Bill Hotaling.

The board estimated such a study would cost approximately \$7,500.

Fluster asked if a proposed senior housing development that would be built in the area could assume the costs of the study.

Conway responded that the board is going to respond to each request to hook-up on a first-come-first-served basis.

In other village board news:

• Hotaling reported that bids on a sidewalk that will traverse the railroad right-of-way along the east side of Voorheesville Avenue to Pine Street were due Friday, Sept. 28. The sidewalks on the other side of the railroad track will be done sometime next year.

• Bids on the expansion of the

firehouse will be opened on Thursday, Oct. 26. The project involves renovation and expansion of the existing structure. Previously, voters approved a \$1.2 million bond issue for the project.

• The Voorheesville portion of a joint water interconnect project with the town of Guilderland, along North Main Street has begun. This is expected to take approximately two weeks, according to Director of Public Works Will Smith.

• Joe Tassone of Highpoint Consulting on behalf of Global Signal, formerly Sprint Communications, returned before the board to finalize lease agreements between the village and Sprint Communications/Global Signal for expansion of the cell tower to include both Cingular and Verizon.

Tassone had previously told the board that the cell tower would need to be increased from 90 feet to 120 feet to accommodate the new users, and

the board voiced no objections.

At issue is a request to increase the land surrounding the cell tower to be used for additional equipment.

"Cingular is asking for additional land for its equipment," said Tassone.

"The proposed amendments are for the co-location of Verizon and Cingular and does not include acquiring additional land," said Village Attorney Anne-Jo McTeague.

"The whole point of this exercise is to get the additional land for Cingular," responded Tassone.

"If the elevation of the cell tower needs additional land, then they should pay for the additional land," said board trustee Jack Stevens.

Tassone said that Verizon is willing to pay an additional \$600 per month to put antennas on the tower and keep its equipment with the equipment compound, and Cingular is willing to pay for the additional space needed outside of the existing equipment compound, but is not willing to pay an additional leasing fee as well.

The board unanimously passed an amendment allowing for Verizon to lease the additional space for \$600 per month, but deferred acting on the Cingular amendment until the board reviews its options.

The next board meeting is scheduled for Tuesday, Oct. 24 at 7 p.m.

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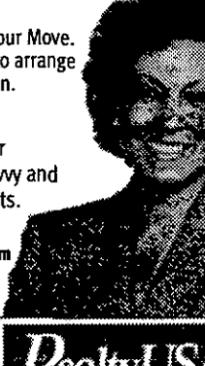
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Letters policy

Spotlight Newspapers welcomes letters from readers on subjects of local and regional interest. Letters are subject to editing for fairness, style and length.

All letters must include the writer's name, address and a daytime telephone number for verification.

Unsigned letters receive no consideration.

Write to Letters to the Editor, *Spotlight Newspapers*, P.O. Box 100, Delmar 12054. Letters can be faxed to 439-0609.

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Property owner upset over tree cutting

By JIM CUOZZO

National Grid is not the favorite name of Selkirk resident Ray Denney these days. Denney, who lives on Beaver Dam Road, called *The Spotlight* recently to express frustration about 10 trees that were cut on his property by National Grid while he was at an appointment for his business, Normanskill Septic.

"I came home from a service call, and these guys are chopping my trees," said Denney, who planted those trees 40 years ago.

The 10 trees were Norway

Spruce, and according to Denney, they were not interfering with any National Grid power lines.

"These trees taper at the top, they don't lean over," Denney said.

National Grid cuts branches and even trees on a semi-annual basis in the spring and fall, when the trees may pose a danger of falling on top of a power line.

Before the company comes out, a letter is usually sent to the property owner before any tree-cutting takes place, indicating the company's intent to come out for fieldwork followed by a time and

date when they will arrive.

Denney said he thought the company was also supposed to place a noticeable tag on his property to indicate they will be around, but none of that was done, he said.

"This is destruction to my property that has now devalued," said Denney.

Foresters from National Grid did come out to inspect the work that was done after receiving an irate call from Denney.

"We are working with Mr. Denney to discuss concerns he had," said Patrick Stella, National Grid regional spokesman.

"He (Mr. Denney) does feel trees cut were on his property, and we are looking at property deeds now to see if they were indeed on his property," Stella said.

Denney also contacted Bethlehem Supervisor Theresa Egan to notify her of the situation.

Egan said she spoke with Denney about his concerns, and she assisted in getting members of National Grid to inspect the situation.

"National Grid is addressing it, and they sent a claims person to speak with the resident," Egan said.

Denney said he urges other

residents to be on the lookout for any National Grid tree-cutting trucks that may be entering their neighborhoods.

"I can't undo what has been done, but other people should be aware of what could happen to their property," said Denney.

Stella said this is the season for workers to go out and remove overhanging trees that could pose a potential problem.

"We have regular routes this time of year where there is growth around power lines," said Stella.

National Grid has earned national recognition from The National Arbor Day Foundation for its tree-pruning program. The main reason trees are pruned or cut is because trees are diseased, weakened or in a poor location that could cause damage to a nearby buildings or cars. Fallen trees are one of the major causes of power outages in the state.

National Grid serves 1.5 million customers throughout the state and own 36,000 miles of electric lines.

If anyone has any questions about National Grid's tree pruning program they can call (800) 642-4272.

IN BRIEF

Church hosts pork roast supper

The Jerusalem Reformed Church, Route 32, Feura Bush, is having a pork roast supper on Saturday, Oct. 7 at 5 p.m. and 6:15 p.m.

The menu includes roast pork, mashed potatoes, corn, coleslaw, applesauce, rolls and butter and apple crisp. The cost is \$9 for adults and \$4 for kids ages 5-10. Kids younger than 5 eat free. Takeout dinners are \$9.50.

Please make reservations by calling 439-2212 or 439-6693. Walk-ins are welcome.

Button Club to meet at Bethlehem library

The Halfmoon Button Club of the Capital District will hold its next meeting on Wednesday, Oct. 11 at 11 a.m. at the Bethlehem Public Library in Delmar.

There will be a brown bag lunch at noon and other refreshments by hostess Phyllis Dunn. A business meeting will follow and a program on "Buying Modern European Buttons" will be presented by Kathy Arbogaste.

The public is invited to attend.

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V2FIOS60063US

Your library as community partner

If you have small children, you may have seen us at last Sunday's Tri-Village Nursery School Fall Family Festival in Bethlehem Town Park. Youth services staff were on hand with information about library programs and services for kids and teens. Look for us at the following events this fall:

• **Thursday, Oct. 12, 10 a.m. to 2 p.m.** at Bethlehem Central High School. We'll be registering students for library cards and helping teachers and students get in touch with library programs, materials and services relevant to them, online and on the shelf.

• **Wednesday, Nov. 8, 10 a.m. to 2 p.m.** Community Health Fair at Bethlehem town hall. We'll be helping seniors and others find the best health and wellness information for themselves and their families.

Help your business: Book a librarian

We can help your Bethlehem business identify and use the best library resources for your needs. Learn how to create customer lists, find up-to-date consumer information, download an audiobook on business strategies, and locate tax and investment information. For customized one-on-one sessions at the library, call 439-9314 and press 2 for the information desk. For group sessions (6 or more) at your place of business, contact Gordon Noble, 439-9314 ext. 3013, noble@uhls.lib.ny.us.

Library hosts Chamber breakfasts

Thursday, Oct. 5, at 7:45 a.m.



is the second session of the three-part breakfast series "Marketing on a Shoestring," sponsored by the Bethlehem Chamber of Commerce and held at Bethlehem Public Library. Experts from chamber member businesses will share marketing tips. This is a useful forum for any size organization and all kinds of employees. The breakfasts are open to the public, but reservations are required: e-mail info@bethlehemchamber.com or call 439-0512.

Cost is \$10 per session. Sessions run from 7:45 until 9 a.m. Tomorrow's session is entitled "The Right Tools for the Job." The final session, "Create your marketing plan," is scheduled for Thursday, Oct. 26.

Extra bus for Friends trip

A second bus has been added for the Saturday, Dec. 2, trip to New York City sponsored by Friends of Bethlehem Public Library. The bus will leave CDTA's Delaware Avenue park-and-ride lot promptly at 7:15 a.m. Bryant Park is the arrival and departure point in New York. The bus will leave the city promptly at 7:30 p.m.

Reservation deadline is Friday, Nov. 17. Your check is your reservation; there are no refunds unless your seat is sold.

The first bus filled up fast, so don't delay! The cost is \$35 for

members and \$40 for non-members. Call Mary Kim Purcell for information: 478-7822.

A registration form is printed on page 8 of the September/October edition of the library newsletter *footnotes*, available in the library and online at www.bethlehempubliclibrary.org. Mail it with your check made out to "Friends of Bethlehem Public Library" to Friends Bus Trip, c/o Bethlehem Public Library, 451 Delaware Ave., Delmar 12054.

Find out more about the Friends and how to contribute to their 2006-07 member appeal at www.bethlehempubliclibrary.org/about-us/friends-of-the-library, or in the September/October *footnotes* on page 7.

Louise Grieco

• All library programming is free and open to the public. The Bethlehem Public Library is located at 451 Delaware Ave., Delmar. For information, call 439-9314.

Holy hound



The Rev. Kevin Mackin, president of Siena College, blesses Donna Mullen's dog, Nakita, during Siena's Blessing of the Animals on Saturday.

Jim Franco/Spotlight

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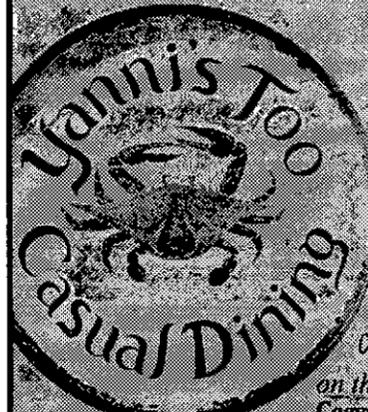
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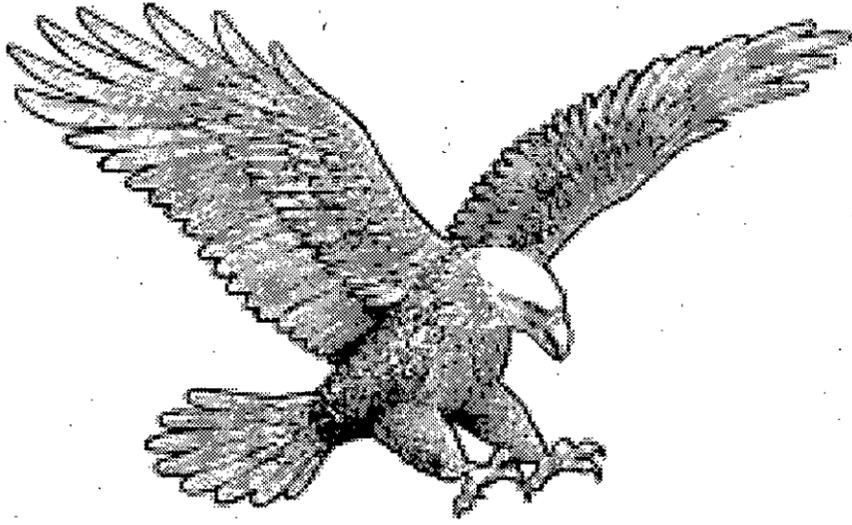
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Eagles Fly!

Get out your walking shoes and walk for Bethlehem Athletics.

Due to the new budget, 3 Bethlehem sports teams and all non-league games for other teams have been cut.

The community is joining forces to show their support for the students of Bethlehem!

It's as easy as 1,2,3!
Sunday, October 8, 2-6 p.m.

We need to raise \$52,000!

- 1) Come to the Bethlehem High School track
- 2) Place a donation in the container
- 3) Walk one lap around the track

**Every student is a winner...
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Can't make it?

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**We will not fail our children!
 See you there ... rain or shine.**

For more information contact: 439-0357 or
<http://bcasd.k12.ny.us/community/bcaa.htm>



New Scotland set for soccer sign-ups

The New Scotland Soccer Club is holding two registration sessions for its 2007 Spring Traveling Soccer Season at the Voorheesville high school. The sessions will be Saturday, Oct. 7 & 14, from 10 a.m. to noon. Players are needed for teams in the under-eight to under-17 age groups. A copy of the player's birth certificate, health insurance information, a photograph that can be mounted on an ID card, together with the registration fee, are needed to register.

For information, call 765-4622 or 765-4538 or refer to the Web site at www.timesunion.com/communities/nscc.

Town of New Scotland plans activities

- The Town of New Scotland Recreation Committee is organizing a trip to New York City to see the Broadway Play "Mary Poppins" on Sunday, Nov. 19 at 3 p.m. Cost for the bus and ticket to the play is \$97 per person. For information, call 475-0385.

- The Classic Theatre Guild is auditioning for the play, "The Best Christmas Pageant Ever." Auditions will be held on Monday and Tuesday, Sept. 25 & 26 at 7 p.m. at the First United Methodist Church, Maple Avenue, Voorheesville. Roles available for all ages. Show dates are Dec. 1 to 3 and 8 to 10. For information, call 356-3197.

Helderview Garden Club plans meeting

The next meeting for the Helderview Garden Club will be held at the Voorheesville Legion Hall on Thursday, Oct. 5, at 6:45 p.m. The public is welcome. For information, call 765-5632.

Sixth annual Fall Classic Road Race and Walk

The sixth annual Fall Classic Road Race and Walk will be held on Saturday, Oct. 21, at 9:30 a.m. Check-in and finish will be at Indian Ladder Farms on Route 156 in Voorheesville. There is plenty of parking of parking on location and the proceeds will benefit the Voorheesville Community and School Foundation. Make checks payable to the VCSF and mail to VCSF Fall Classic, 271 New Scotland South Rd., Slingerlands 12159. For information, call 439-0153. Registration fees for pre-race are due by Monday, Sept. 30, \$14. Late and day of race fee is \$16 and can be paid between 7:30 and 9:15 a.m. Long-sleeve T-shirts are given to the first 150 registrants and awards to the top three male and female school district residents and top three in age groups 12 and under, 13-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 and over.

Friends of Music plan meeting

There will be Friends of Music Meeting on Tuesday, Oct. 10, at 7 p.m. Room 159. All are invited to attend.

Cabaret concert set for Saturday, Nov. 4

The Voorheesville Friends of Music will be hosting its annual Cabaret concert Saturday, Nov. 4, at the high school.

The community is invited for a musical evening of entertainment with many new additions to the show.

The program will begin at 7

NEWS NOTES

Voorheesville.
Betsy Glath
765-4415



p.m. and the doors will be open at 6:15 p.m.

The cost is \$5 for adults and \$4 for seniors and students.

Fire Department sponsors poster contest

The theme of this year's poster contest sponsored by the Voorheesville Fire Department for Voorheesville Elementary School students in grades kindergarten through 5 is Fire Safety. Prizes are awarded to the top three in each grade. You need not be present to win. Bring your drawing to your teacher, who may leave them at the school office where they will be picked up by a member of the fire department. The last pick-up will be Friday, Oct. 13. Drawings will be judged on Saturday, Oct. 14, by votes cast at the open house at the fire house.

The open house for the Fire Prevention week will be at the Voorheesville Fire Department on Saturday, Oct. 14, from 3 to 6 p.m.

Treasure Trunk Theater to entertain children

Treasure Trunk Theater will be held on Saturday, Oct. 7, from 9 a.m. to noon and the cost is \$20. Our theatre trunks all will contain something new for you to discover during our class time together. The multi-sensory objects that you find will inspire different interactive dramatic adventures and every activity will engage your voice, body and imagination. Designed for children in grades kindergarten through 2.

American Legion hosts barbecue

The Voorheesville American Legion chicken barbecue will be held on Sunday, Oct. 8. There will be half chicken, baked potato, sweet corn and the cost is \$8.50. Reservations can be made by

calling 765-4712 and also for any further information.

Dollars for Scholars to sell Entertainment Books

Dollars for Scholars in the Voorheesville School District is selling Entertainment Books for \$30. They are available at the high school guidance office or by calling 765-3314.

Schools in the district to close for holiday

Schools in the Voorheesville School District will be closed on Monday, Oct. 9, to celebrate Columbus Day.

Letters policy

Spotlight Newspapers welcomes letters from readers on subjects of local and regional interest. Letters are subject to editing for fairness, style and length.

All letters must include the writer's name, address and phone number.

Write to Letters to the Editor, Spotlight Newspapers, P.O. Box 100, Delmar 12054. Letters can be faxed to 439-0609.

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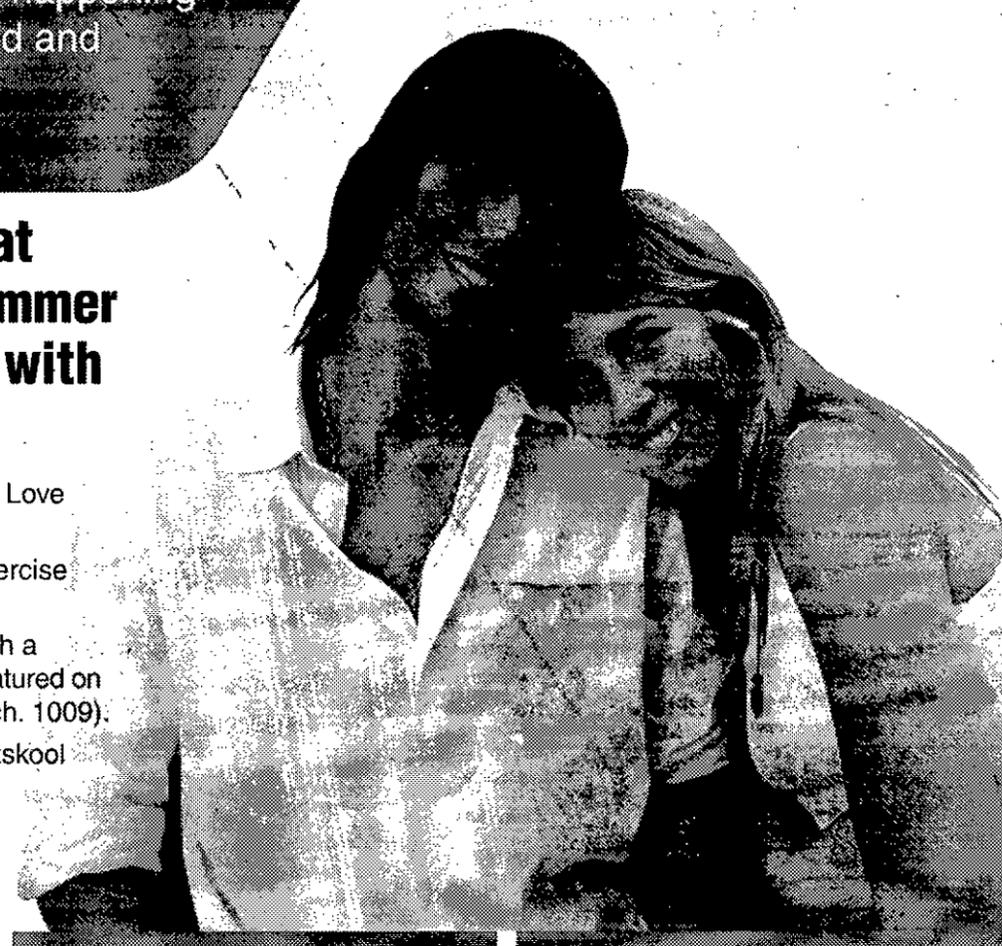
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Fundraiser to help Eagles rebuild nest egg

Money will go to sports programs that suffered in wake of budget cuts

By JIM CUOZZO

Just one lap around the Bethlehem High School track on Sunday, Oct. 8, could mean the difference between restoring \$52,000 worth of funding to three different school sports programs in the district.

The event is called "Eagles Fly," and from 2 to 6 p.m., residents are encouraged to come out and walk one lap around the school track off Van Dyke Road. At the end of the lap, walkers can place a donation in the container with

proceeds going to defray the cost of school athletic programs that suffered a blow in May when the first district budget in more than 20 years was turned down by voters.

"Every student deserves an equal chance in their athletic programs," said Beth Garbo, event organizer.

The Bethlehem school board cut funding to the high school's ice hockey, gymnastics and cheerleading programs after the budget defeat. The funding was never fully restored when the second budget passed in June, continuing the hardship for the many students who participate in these three

sports.

"The Bethlehem community is very proud of its educational

"One of our strengths is the great parents in the district, and I am grateful the parents' organizations have stepped up the way they have."

Les Loomis

programs and truly shocked this had happened," said Garbo. "These students are Bethlehem's pride."

Superintendent Les Loomis said he was sorry for the cuts

and understands the parents' concerns.

"I know that it is painful," said Loomis. "One of our strengths is the great parents in the district, and I am grateful the parents' organizations have stepped up the way they have."

The ice hockey team needs to raise close to \$40,000, and the cheerleading and gymnastics teams need to raise an additional \$10,000 each.

"The only way we can raise this money is by fundraising," said Garbo. The ice hockey team has already raised \$17,000, and Garbo said she believes the entire \$52,000 can be raised at Sunday's event.

A media blitz will include newspaper, radio and TV advertising along with more than 5,000 fliers being distributed to every student in

the district.

The flier reads, "Every student is a champion, and all Eagles will fly together," in recognition of the school name.

"We believe all eagles fly together," Garbo said.

"Dr. Loomis and high school principal Mr. (Chuck) Abba have been very supportive," Garbo said.

Money raised on Oct. 8 will not only support the three sports teams but will also go a long way in restoring a full-time fitness center supervisor at the high school. The position was reduced in the wake of school board cuts made before final budget adoption.

People who can't attend the event, can make donations to the BCAA-EAGLES FLY, attention Jeff Wendth, treasurer, P.O. Box 332, Delmar 12054. The event will be held rain or shine.

Budget

(From Page 1)

"Communities are split," said Egan on the voting charges. "The majority feel we should pay something, but this is way too much being proposed."

Egan has been on a letter-writing and phone campaign to county leaders to try to have the election costs reduced.

Salaries and fringe benefits account for more than half of the town's overall costs at \$19.7 million. That figure is up \$570,000 from the previous year. Total appropriations are \$36.5 million, with a workforce of more than 245 employees.

"I think we are providing the best service possible," said Egan. "This budget is a credit to all department heads for recog-

nizing the fiscal challenges the town is facing."

Highlights of the past year include the formation of a local waterfront development committee and the formation of a citizen advisory committee on conservation along with a townwide reassessment.

Next year, the town is looking forward to the groundbreaking for the Vista Technology Park, along with implementing the Slingerlands hamlet study. The town board will consider potential sources of new revenue, including charging for use of the playing fields and reducing pool hours. Reducing senior programs and changing the fee structure for those programs will also be up for discussion. Egan said there are many capital projects that have to be considered as well.

"We are up to 93 capital projects that we will look at refinancing and prioritizing them," said Egan.

cing and prioritizing them," said Egan.

Kehoe said mandated cost increases in health insurance and retirement are also causing an increase in expenditures. The 2.75 percent proposed tax increase according to Kehoe doesn't give the whole financial picture.

"It's about the overall dollar impact to taxpayers," Kehoe said.

Sales tax revenues held steady in 2006 at \$9.4 million. Estimated projections increase those revenues by \$350,000 next year. Mortgage tax revenues are expected to decline by \$300,000 next year.

Budget workshops are set to begin Oct. 5 and Oct. 11 with a public hearing on the budget scheduled for Oct. 25 and budget adoption tentatively slated for Nov. 8.

Resident

(From Page 1)

her rolls and baked bread," said Hitchcock.

Leonard was active in Bethlehem school community, serving as a substitute teacher for more than 30 years. She was recently acknowledged as the oldest surviving graduate of Syracuse University.

Leonard was married for 67 years to Alfred H. Leonard, and Hitchcock said the two enjoyed taking trips in their Volkswagen camper to Paradox Lake.

"My grandmother loved going to Tanglewood, and my sister and I would picnic on the lawn," said Hitchcock.

One childhood memory Hitchcock has of her grandmother resonates more than any other.

"It was the marionette show with Santa's magic candy canes," said Hitchcock.

Leonard made two marionettes about 80 years ago, and, as the story goes, she and her husband would act out the parts of the marionettes while playing music and singing a holiday story about magic candy canes that helped solve the world's problems.

"When the show ended, Santa's magic candy canes would come around and be passed out

to all the children who enjoyed the puppet show," said Hitchcock. "Many people still remember receiving those candy canes."

Leonard's last few years were spent in peaceful surroundings at the Good Samaritan Nursing Home where she enjoyed her garden and spending time reading books and current events in the newspaper.

"One day she asked, 'So what's this I hear about the Porco case,'" remembered Hitchcock, referring to the murder trial of

"She was a unique person. She had a passion for learning and reading, and she inspired me as a teacher."

Lonna Hitchcock

Bethlehem resident Christopher Porco.

The name "Nimmie" comes from her grandchildren being unable to pronounce the word "grammie" when they were young.

"She would read bedtime stories to me in all the voices," said Hitchcock.

Leonard died peacefully in the early morning hours at the nursing home, but the people who knew her well will always remember 'Nimmie.'

Survivors include her two sons, two granddaughters, five grandchildren and four great-grandchildren.



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Fear of flying keeps some would-be travelers grounded

Airport offers course aimed at helping aviaphobes overcome their fears

By GRAHAM S. PARKER

The fear of flying is not that unusual. It's no Anglophobia, the fear of England or English culture, or zemmiphobia, the fear of the great mole rat.

Regardless of the particular phobia, sufferers often experience the same level of anxiety and panic.

Some may have better fortunes when it comes to living with their fears. Anglophobes can manage their lives to some degree by keeping a safe distance from the English and their culture. As for zemmiphobia, the only time one would come in contact with the overgrown rodent would be in the Afro-alpine communities of Ethiopia.

However, for aviaphobes, those afraid of flying, it is common to hear or see planes overhead at any given time. And many will be forced to confront

their fears head on, as they weigh the convenience of flying against the fear of doing so.

Aviaphobia, or aviophobia in some circles, has had a big impact on some people. Avoiding air travel may seem like an easy solution, but for some, avoiding flying can cut off family ties or stop a career dead in its tracks.

For years, the Albany International Airport has offered courses to those looking to overcome the fear of flying, or at least make a step in that direction.

"They are very, very afraid," said Dr. Shirley McMorris, a psychologist with Karner Psychological Associates, which operates three offices in the Capital District.

McMorris led her first group of "graduates" last weekend on a flight out of Albany to Baltimore, Md., as part of the most recent course offered through the airport.

Of the 10 who joined the airport's Fear of Flying course, seven felt they were ready to

meet their fears head on.

The airport offers the classes to provide people with coping skills and cognitive strategies so that they may overcome their fear of flying, said McMorris.

McMorris has more than 20 years of experience with anxiety and panic disorders.

How they came to fear flight varies, she said. Some had traumatic experiences while flying, such as rough landings. Others have never flown before.

The fear can become so entrenched that some obsess over press accounts of airplane crashes and accidents around the world, she said. The basis for the fear and how to combat it are unique to the individual, said McMorris.

"One out of eight individuals harbors a fear of flying," said David Langdon, chairman of the Albany County Airport Authority in a written statement. "This program will assist our passengers to overcome that fear and help them experience the benefits

of air travel."

The most recent course began Wednesday, Sept. 20. From there, they attended two three-hour seminars with McMorris that addressed safety issues with commercial pilots and even sat onboard a commercial airliner on the airport tarmac. McMorris said many were noticeably stricken by the last exercise.

Typically the response for most was acute anxiety and claustrophobia for some, she said.

Regardless of their fear, many are ready to put it behind them, said McMorris. Some in the class

have avoided family weddings and gatherings, while others avoid doing business outside ranges they cannot drive, just to avoid flying.

Which Spotlight do you read?

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Half Moon replica seeks volunteers, plans special event

Volunteers are needed to work on the replica ship of Henry Hudson's Half moon when it is open to the public. No prior experience is necessary. Various jobs include leading tours, helping direct people, managing safety, helping with the gift shop, providing breaks for tour guides, conducting maintenance, and ship-sitting when the crew is away. We provide training. Reply by e-mail, or call the office at 443-1609, or the ship at 914-433-9747. The Half Moon is located on the Albany waterfront, open for public tours on weekends and Columbus Day.

If you would like to help with group tours on weekdays, call 366-4858. We particularly need help on Mondays and Fridays.

We will have a formal naming of the Half Moon's ship's boat, known to us so far as simply the sloop. This is a beautiful rowing and sailing vessel, in need of a fitting name - which has been selected. More details will follow, but plan to join us on Saturday, Oct. 7, to celebrate the naming of the sloop.

Not only is the sloop going to be named, we will have it in operation, weekends and weekday afternoons, weather permitting. If you would like to sail and row with us, please call 914-433-9747.

We could also use some additional help with rigging the sloop and preparing for sailing.

A few slots remain for school and group tours of the Half Moon. These are mostly in the afternoon. If you would like to schedule a group tour, call the Albany Visitor Center at 434-1217.

The Half Moon will return to its winter berth, departing Albany no later than noon on Friday, Oct. 20, arriving Verplanck on Sunday, Oct. 22.

Some crew slots are available, with priority being given to those who have logged volunteer time. Reply by e-mail, or contact Karen Preston at pkep1483@aol.com.

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We dare you to come to the Lemony Snicket party

Kids in grades 4 and older, run for your lives! Don't go to the Voorheesville Public Library on Friday, Oct. 13 at 7 p.m. Be advised that there will be a party taking place that day at the library to celebrate *The End*, the last Lemony Snicket book in *A Series of Unfortunate Events*. There will be all kinds of horrible activities,

terrible food, and no one will have fun. Come if you dare!

Book sale

You've been waiting since May for the annual Friends of the Library Book and Bake Sale. That means good news on two fronts. First, you won't have to wait much longer as the sale is scheduled for the weekend of



Oct. 20 - 22. Second, the extra months have expanded the book coffers to an unbelievable extent. The storage shed is bursting with books and bargains!

The first order of business is to carry in the boxes on Saturday, Oct. 14 and get the sale arranged in the community room. Volunteers are always needed for this phase of the operation and we are counting on you to help. High school seniors needing to complete community service requirements for graduation can do so by helping out with the book sale. Please call the library to volunteer. There will be no

activities in the community room during the week we are setting up.

Paws for reading

Sammi the golden dog has a lot of fun listening to children read to him! If your child is in first through fourth grade and feeling unsure about his or her reading progress, you can schedule a 15-minute reading appointment with this comfortable canine and his "mom" Gail Brown. Call the reference desk at 765-2791.

Ongoing programs

Instructor Mira Lechowicz will resume her free monthly yoga program on Wednesday, Oct. 11 at 7 p.m. All are welcome. Wear comfortable clothes. Bring a mat or blanket. No sign-up.

Lapsit story time for

caregivers and children under 2 will be held on Thursday, Oct. 5 at 10:15 a.m.

• Grades 2-3 will discuss *Jake Drake: Teacher's Pet* by Andrew Clements on Friday, Oct. 6.

For the latest information on library events, our online catalogue and helpful links to important websites, visit the VPL homepage at www.voorheesvillelibrary.org.

Barbara Vink

• All library programming is free (unless otherwise noted) and open to the public. Voorheesville Public Library is located at 51 School Road, Voorheesville. For information, call 765-2791 or visit www.voorheesvillelibrary.org.

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It's fall: Altamont Orchards hosts Apple Season Weekend

Altamont Orchards will be hosting a series of Apple Season Weekend events to be held on the farm at the Altamont Orchards Farm Market, 6654 Dunnsville Road in Altamont. From Oct. 7-9, there will be an antique show and flea market; live entertainment; Mortimor Blackstone's Haunted Orchard House; The Apple Sling-shot, food tasting and much more. The Ramblin' Jug Stompers perform on Saturday from 2 to 5 p.m., Mid Life Crisis on Sunday from 2 p.m. to 5 p.m. and Moonshine Holler on Monday from 1 p.m. to 4 p.m.

At the Farm Market, there are just-picked apples, fresh-pressed apple cider and apple cider doughnuts. The snack bar will be open for lunch and desserts from the bakery.

The Antique Show and Flea Market hours are 10 a.m. to 6 p.m. Admission and parking are free. For information, contact Altamont Orchards at 861-6515 or visit www.altamontorchards.com.

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Women's Health

A Supplement to Spotlight Newspapers

Wednesday, October 4, 2006

Maternity leave gives moms and babies time to bond

Taking time out to give birth and care for a baby can be a rewarding, once-in-a-lifetime experience for a woman. Make sure you know what you're entitled to and what is covered if you're pregnant and working.

Maternity leave is the time a woman takes off for delivery, typically six to eight weeks. Family leave is the time you care for a child, and everyone, including fathers and adoptive parents, is guaranteed 12 weeks under the federal Family and Medical Leave Act, as long as certain conditions are met.

Companies are not required to offer paid maternity leave, although many do. The Family and Medical Leave Act covers people who work for the federal or state government, or who are employed by a company with at least 50 employees within a radius of 75 miles. In order to qualify for 12 weeks of unpaid leave, you must have worked in that job for at least a year

and worked at least 1,250 hours. If you are covered by the act, your employer must also continue your health insurance coverage and provide you the same or an equivalent position when you return to work. Talk to your company's human resources or personnel department for more information.

Many companies that do not offer paid leave or are not covered by the Family and Medical Leave Act will allow you to combine sick leave, accumulated vacation or personal time, unpaid leave or short-term disability to cover your time off after a birth or adoption. Some states offer short-term disability plans, so see if your state is one of them.

Federal rules state you must have a minimum of 30 days between requesting maternity leave and taking it, but you may want to give your employer more time. You may want to start planning with your employer as soon as the first trimester. Be positive and try to ne-

gotiate a leave plan that is right for both you and your employer. Consider any special circumstances and be flexible.

Finally, in addition to your company's human resources personnel, other sources of information include your state's Department of Labor, Insurance Department and the federal Department of Labor. You can find contact information for them in the phone book or on the Internet.

Having a baby is a time for change. Your job, however, is one thing that shouldn't have to change.



Make time for romance

Between work, family commitments, children's activities and all the things that are a part of your hectic life, it may be difficult to find time alone and awake with your spouse or significant other. It's important to keep the spark alive, but it doesn't take a lot of time or money, just some planning and a little effort and creativity.

Clear your schedule for one night and make it a real date, complete with reservations, tickets or whatever else is needed to get you in the proper romantic frame of mind. Go ahead and schedule a couple more while you're at it. That way, they're on the calendar and you know the tradition will continue.

You should have a chance for conversation and to enjoy each other's company. Events like the theater or a movie are enjoyable but can limit conversation. Plan a nice quiet dinner or go dancing. In your conversation, talk about something other than your jobs and the children.

Just like before you were together, prepare for the evening separately. That way, you can surprise each other with how nice you look and the little touches that make for a night of fun and romance.

A date requires you to leave the house. Watching a rented movie with a bowl of popcorn is fun and lets you spend time together, but it's not a date. A date means you're away from the telephone, the computer, the television and everything else that can come between you and the romantic interest in your life. Getting away for a little while helps relieve the stress and tension, and makes a date night more en-

joyable and less like a regular evening.

Do all the little things for each other you did when you were first together. Exchanging romantic notes, holding hands, opening doors and bringing flowers and gifts are all part of what makes a date night exciting and memorable.

With a little help, fanning the flames of your relationship will help keep things fresh and new for both you and your significant other, and help you remember why you fell in love in the first place.

Knee replacement tailored to women's needs

Dr. J. David Bannon of Bannon Orthopaedics in Queensbury has performed the first Zimmer Gender Specific total knee replacement in the Capital District using the Zimmer Gender Solutions High-Flex Knee. The Gender Solutions High-Flex Knee is the first knee replacement shaped to fit a woman's anatomy.

The Gender Solutions High-Flex Knee was designed based on three distinct and scientifically documented shape differences between women's and men's knees, and a sophisticated and highly detailed map of the joint created using three-dimensional computed tomography (CT) imaging. The

implant's goals include alleviating knee pain and restoring mobility, while offering fit and function that is optimized for the characteristics more commonly seen in female patients.

Nearly two-thirds of the more than 400,000 annual knee replacement patients are women. Research indicates that a woman's knees involve differences in the bones, ligaments and tendons in the joints. The knee joint is composed of three bones: the end of the femur (thighbone), the top of the tibia (shinbone) and the patella (kneecap), which are all held together by tendons and ligaments and cushioned by cartilage.

see **KNEE**, page 3

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Relief from the back pain of motherhood

By KIMBERLY DELVECCHIO

Motherhood and back and neck pain seem to go hand in hand. Ever wonder why? Well, there are structural and hormonal reasons for the pain, and there are remedies for it.

How it begins: During pregnancy, the expanding uterus elongated and essentially rendered the abdominal (stomach) muscles useless. The abdominal muscles are responsible for core stability. When this trunk support is lessened, other body parts then try to compensate and are used improperly or overused. Back muscles and ligaments, for example, too often pay the price for these weakened stomach muscles.

Particularly following a pregnancy, special attention needs to be paid to re-educating and strengthening the abdominals and pelvic floor muscles. Without this attention, the overstretched muscles only partially function, and a

cascade of misalignment, overuse injuries and musculoskeletal problems progress over the years.

However, there is good news. It is never too late! Whether you do it for vanity purposes — the flat or at least flatter belly — or you do it for your health and to be pain free, just do it. This is not a Nike ad however, nor is it about being an athlete. It is about protecting your spine, becoming pain free and allowing mothers to be fully available and capable of caring for their little ones.

In addition to re-training the stomach and pelvic muscles, women (particularly new mothers) can remedy back pain through proper

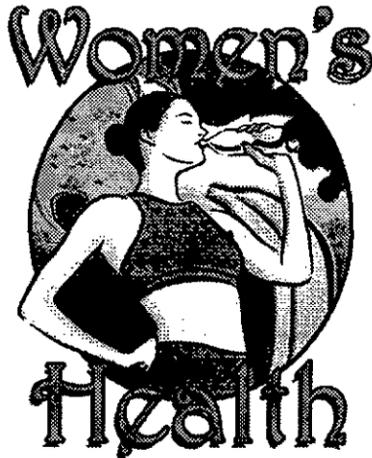
body mechanics and posture. Even up to six months after pregnancy the body is still producing the hormone, Relaxin. This hormone is responsible for creating ligament laxity (soft ligaments) and there-

fore further reduces core stability. This is particularly felt along the sacral ligaments of the low back. In order to protect the spine against this decreased support, it is crucial to lift properly and maintain good posture throughout all

activities of daily living.

Some helpful tips:

- Keep the back as straight as possible when lifting. Bend at the knees and use the legs as the source of power for the action.



- Hold all objects against the body or as close as possible, keeping the arms to your side.
- Avoid twisting, particularly bending and twisting together.
- Push rather than pull.

- Tighten the stomach when lifting or carrying.
- Take small frequent breaks and find time to rest! Take care of yourself.

Pelvic tilts, kegel exercises and walking are the three basic exercises essential to restoring and maintaining a healthy spine. Do not underestimate the healing power of a little exercise. Most mothers find it difficult to find time for themselves. However, everyone can do these basic three things.

- A pelvic tilt can be done when you are lying on your back with knees bent. You then flatten your lower back into the bed or floor by using your stomach muscles and not your legs. Hold this for five seconds and repeat 10 times. Progress to 30 reps, or three sets of 10.

- A basic kegel exercise can be done while going to the bathroom. Simply practice stopping the flow of urine a few times during the stream. This contracts and strengthens the pelvic floor muscles.

- Walking is a good way to get exercise and some fresh air at the same time.

You may also choose to visit a qualified physical therapist for proper training in body mechanics.

Kimberly DelVecchio, Licensed Physical Therapist, is the director of Integrative Physical Therapy in Clifton Park, a comprehensive physical therapy clinic specializing in women's health issues.

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New surgery takes much of the pain out of hysterectomies

It's estimated that each year 600,000 women in the United States undergo hysterectomies, making hysterectomy the second most common surgery for women.

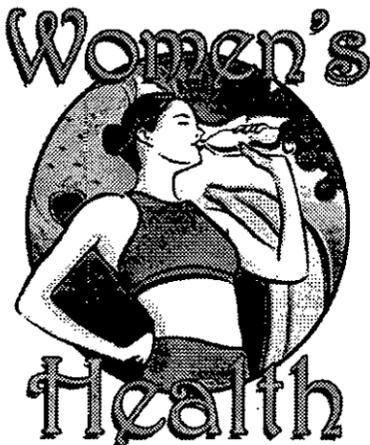
The majority of these surgeries are performed using the traditional open abdominal method, which typically means a painful and long recovery. Fortunately, this is changing with minimally invasive techniques. One such alternative is Laparoscopic Supracervical Hysterectomy (LSH), which can transform the hysterectomy experience for most women.

LSH is less stressful to the body than the traditional open abdominal hysterectomy. It was developed to reduce pain, minimize scarring and shorten recovery time. The procedure can be done on an outpatient basis, which means a

woman can be home resting comfortably within 24 hours and back to her normal activities in less than a week.

Dr. Stephen Cohen at Albany Medical Center is, one of a handful of physicians in the Albany area performing the LSH procedure.

"My patients always comment that having LSH didn't mean having to put their lives on hold," said Cohen. "They always say that they were honestly surprised by how little pain they felt."



The LSH Procedure uses a thin, lighted telescope-like instrument called a laparoscope, which acts like a video camera, along with small surgical instruments that are all inserted through three to four tiny incisions in the navel and abdomen. Using the instruments, the surgeon carefully separates the uterus from the cervix and removes it through one of the openings. The

cervix, which is the bottom part of the uterus, is left intact. Because this type of surgery does not require the surgeon to make a large abdominal incision, a woman will not have the same kind of visible scar that is typical with most traditional, "open" surgeries.

Some research suggests that preserving the cervix may help to reduce the risk of pelvic floor prolapse, urinary incontinence



and other complications associated with total hysterectomies. However, with the cervix in place, it means that following an LSH, a woman must be willing to continue getting annual Pap smears to screen for cervical cancer.

As with all surgery, any type of hysterectomy involves risk, including potential blood loss, infection and damage to other internal or-

gans. That's why every woman should discuss the surgery with her doctor to learn all she can about the procedure.

A hysterectomy is generally an elective procedure, not an emergency, so a woman has the time to explore and thoroughly understand all of her options, including LSH. For more information about LSH visit www.LSHinfo.com.

Take a break from stress

Everyone experiences stress, but sometimes it's harder to handle than at other times. Occasionally, you need to take a break and get away from the little annoyances that plague daily life. Follow these tips to help you manage your stress.

Take a break for a while. Even an hour away from your children, spouse and house can refresh and relax you. Make sure you do something you enjoy. Don't use the time to clean house or run errands. Take in a movie, visit a coffee shop with a good book or just run a hot bath and relax in the tub while your favorite music plays in the background.

If you can't get away, at least change the view. Pack a picnic lunch and take the children to a park, or visit a museum or gallery to break out of the normal routine. Besides getting you away from household tasks, it's a great way to spend quality time with your family.

Treat your children to their favorite movie or video. They will get a good time, and you will get a chance to catch up on all the things you need to do without interfer-

ence. It's a winning combination for both sides.

Call a friend and talk about your day. Listen to any advice offered and let your anger and bad feelings slip away. Who knows — you may pick up some insights that will help you cope with your situation.

Take a time out for yourself. Close the door to your room and let out your feelings. Pound a pillow, throw things into the closet or do some exercises. It's a great way to reduce stress. Make sure your children and family know that your anger isn't directed at them and give yourself permission to cut loose.

Make a point of doing something every day to reduce your stress. Work out at the gym or at home, take a class or participate in some activity or exercise that makes you feel better. Establish a routine and make sure you accomplish something daily. Get the help you need from family members and your spouse or significant other.

It's not easy being a wife, mother and coworker and fulfilling all the roles you must in today's world. You need a break now and then to stay at your best.

KNEE, from page 1

Knees can become painful, due to arthritis, injury and infection, which cause deterioration of the cartilage. When the cartilage is gone, the bones of the knee grind against each other, wearing away and typically causing severe pain. Total knee replacement involves

removing the portion of bone that is damaged and resurfacing the knee with metal and plastic implants. In most cases, a Gender Solutions Knee can be implanted using a minimally invasive approach.

"Until now a Total Knee Replacement prosthetic has been generic, not taking into account the

differences between the male and female anatomy. The shape of this knee is different," said Bannon. "It is made to feel and function naturally for a woman. Every woman in need of a total knee replacement should consider the Zimmer Gender Specific High-Flex knee."



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Staying healthy benefits everyone

By SLOANE DeLUKE EUSEBIO

You have just gotten the news ... Your doctor says that you need to eat less and exercise more to improve your health. As you drive home from the doctor's office, you think to yourself, "Who cares? Doctors are paid well to say that stuff, and I'm not going to buy into it."

After all, you're employed, you're married, you're 50 and you've made it this far. So who cares what the doctor says?

Well, even if you do not care, some of the people in your life do.

Think of your spouse. If you lose your health or worse yet, your life, who will be there for your spouse? Who will be his best friend, companion and more? Who will help him take care of the home? Who will he spend his time with?

Think of your grown children. Who will they call for advice? Who will protect and comfort them? Who will babysit their kids? Who

will let them borrow money? Who will invite them over for Sunday dinner and family holiday celebrations?

Think of your grandchildren. Who will attend their school plays and soccer games? Who will spoil them with toys and sugary treats? Who will tell them stories about

the "good old days?" Who will attend their graduations and weddings? Who will make them feel loved unconditionally?

Think of your friends. Who will they play cards with, shop with, do lunch with, drink beer with and shoot the bull with? Who will they confide in, get advice from and rely on? Who will they call just to

chat with? Who will they laugh with/at?

Think of your little old neighbor ... the elderly person who lives alone and has no family in town. Who will look out for them? Who will drive them to the store, to the doctor, to bingo? Who will mow their lawn and plow their drive?

Who will keep them company on a lazy summer's eve?

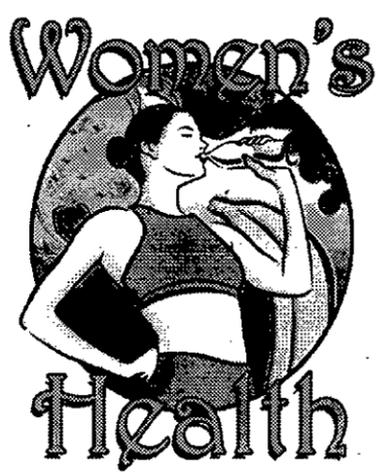
Think of your pets. Who will feed them, bathe them, cuddle with them and love them? Who will take them to the vet and protect them from the dog next door? Will they end up abandoned or in a shelter because no one but you wants them?

Think of all of the people whose lives you have an impact on every day in every way. They care about you and they care about your health. Without your health, time, money and relationships lose their value. It does not even have to be a life or death issue. If you are in poor health and just getting out of bed is an effort, think of all that you are missing out on.



Think of all the people who will miss you because you are sick or are no longer around. There is no time like the present to make some simple changes which can ensure you years of vitality and longevity. A healthy lifestyle does not have to be difficult or costly to attain. I would suggest that the grim alternative is where the difficulty and unbearable cost come into play.

The writer, Dr. Sloane DeLuke Eusebio, is a chiropractor with an office in Clifton Park.



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Check out a local book club

Book clubs have been around for generations, but the latest spark of interest in book clubs is relatively new. Women are joining book clubs and discussion groups in large numbers, looking for both mental and social interaction and stimulation.

Book clubs can expose you to the classics and to new authors and genres outside of your normal reading. If you are used to reading mysteries or romance novels and your club chooses science fiction for its next outing, the result can be a whole new perspective for you.

Joining or starting a book club

can also cut your book-buying costs. Perhaps you can buy in bulk or get a special rate from your local bookstore or Internet dealer. Along with saving money, there's the opportunity to meet new people and form lasting friendships.

With a book club, there's always going to be someone with whom you can discuss the book, regardless of whether you loved or hated it. This forum for ideas and opinions can also spark a love of reading in others, including your children if they become involved in your club and its activities.

Don't be put off of joining an

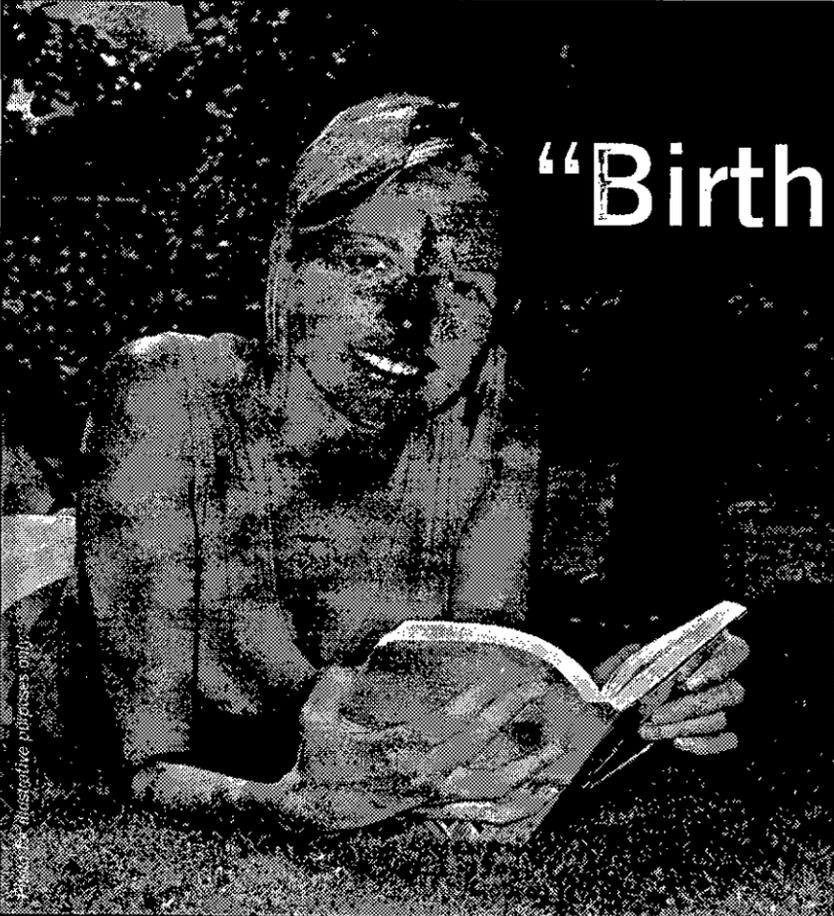
existing club. If you're interested, talk to friends or coworkers to see if they are aware of any clubs that might be seeking new members. Check out your local library or bookstore, or look in the newspaper, especially in the arts or entertainment section, to find meeting notices and other information. Don't forget online sources - some clubs are even set up for online members, with Web sites and discussion boards.

If you choose to start a club, you'll have more control and more responsibilities. Start by inviting friends, family, coworkers, neighbors or anyone you think might be interested. Find out an approximate number who might attend a meeting and see if a particular day or time is best for most people.

Once you've got members, you'll need a place to meet. Consider libraries, bookstores, churches, schools or private homes. Decide if the location will be set or if it will change with each meeting. Select a time and a date for your first meeting and the book you plan to read.

Establish rules for the group at the first meeting. Questions such as how books will be chosen, how often meetings will be held and where, what format discussions will follow and who will provide refreshments all need to be ironed out. Get input from the group and gauge others' feelings when making decisions.

Book clubs can help renew an interest in reading and books for women of all ages, ability levels and interests. Turn a page in your life and get set to read, enjoy and discuss a good book.



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Keep your holiday budget in check

Whether you've been hit by higher fuel and energy prices or you just want a little more control over your money, consider making and sticking to a holiday budget. A few easy steps can limit the financial pain and lead to financial gain during the holiday season.

It's easy to blow your budget around the holidays. Check out last year's spending and take an inventory of what you expect to need this year. Don't overlook the extras, such as gift wrap, cards, and postage and shipping costs.

Along with an inventory from the past year, make a note of any changes that need to be considered, such as births, marriages and divorces. These can have an impact on your gift-giving plans. Examine this area closely and see if cuts can be made. Maybe you can send a nice card and a letter to distant friends or relatives and cut down on your spending.

Once you've made a holiday spending budget, the next step is to make a list and divide your funds to cover your needs. Creativity can mean less spending and more meaningful gifts. Homemade foods

are a thoughtful gift, and a personalized scrapbook can have much more meaning than a commercial present.

Look for sales but stick with your budget. Don't purchase something just because it's on sale or a great deal. It's not saving if it isn't on your list and you can't really use it. Only purchase items on your list and within your budget. Comparison-shop and, if you're computer savvy, check out online sales and auctions. Be sure to factor shipping and postage costs into any online purchases.

If you're having trouble staying within your budget, reduce spending in other holiday areas as a way to compensate. Cutting back on holiday travel, decorating or entertaining can mean more funds to spend on gifts. Substitute less costly decorations, or invite friends and family to visit you instead of traveling.

The holidays are a time to celebrate. With some planning and a little work, you can also make it a time to save money while making sure friends and family have great gifts.

Lymphedema management helps swollen limbs

By HEATHER CARANGELO and MARY RYAN

Inside you is a highway of lymph nodes and vessels, and here's the traffic pattern: lymph vessels carry fluid to the lymph nodes; those nodes filter out waste materials and return the clean fluid to your blood.

If the vessels or nodes are missing or damaged, the fluid cannot move freely and can build up and cause swelling. This is lymphedema. It can occur in the arm, leg, breast, trunk or head.

"This condition can sometimes be found in women after surgery or treatments for breast cancer, uterine cancer or ovarian cancer," said Mary Ryan, PTA, CDT-LANA, St. Peter's Rehabilitation Services.

There are two types of lymphedema.

"Primary" lymphedema can be inherited and appear at birth or later in life.

"Secondary" lymphedema is most common, usually occurring after various cancer treatments. Surgery, lymph node dissection or radiation treatments can change lymph node/vessel function, causing fluid to accumulate. Lymphedema may occur immediately after treatment or several years later.

Areas affected by lymphedema can have visible swelling, or may just feel full or heavy. The skin may also harden. Limbs can lose some movement. It can be a debilitating disease, but managing symptoms can help to restore function and keep the condition from worsening.

Lymphedema patients need to be cautious. Even minor skin inju-

ries (a scratch, insect bite, athlete's foot) can cause an infection. Those with lymphedema should consider using electric shavers instead of blades, wearing gloves and protective clothing during house/yard work, and wearing insect repellent and sunscreen.

St. Peter's was one of the first facilities in the Capital District to offer a lymphedema management program. Their therapists are certified by the Lymphedema Association of North America (LANA).

They use a multi-faceted approach to help reduce limb size, improve function, decrease the chances of recurrence, and most importantly, teach patients about long-term lymphedema management. This approach includes:

- Manual lymph drainage: a gentle massage technique that re-

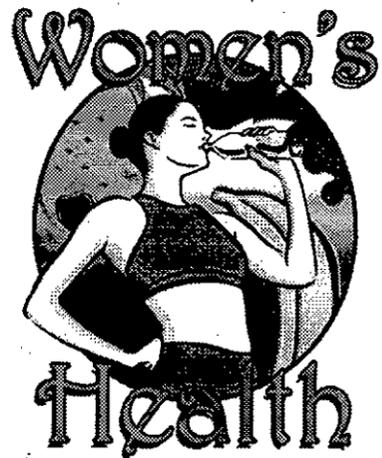
directs lymph fluid to the healthy lymph nodes.

- Compression bandaging: special bandages are used to provide limb support and prevent fluid build-up.

- Education: patients are instructed in skin care, massage, bandaging and gentle exercises to help manage their lymphedema at home.

St. Peter's Rehabilitation Services offers lymphedema services to inpatients at St. Peter's Hospital, and to outpatients at St. Peter's Physical Therapy & Fitness in Slingerlands.

Writers Heather Carangelo and Mary Ryan are part of St. Peter's Rehabilitation Services.



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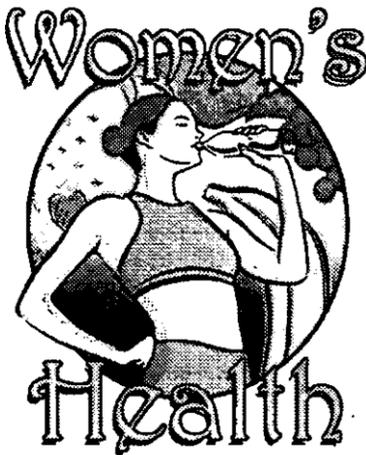
Heat disease is the leading cause of death for women, killing more women over age 65 than all cancers combined. Knowing your risks and taking measures to prevent heart disease and strokes can help you lead a longer and healthier life.

A heart attack happens when an artery in your heart is blocked and the supply of blood and oxygen is halted or reduced. When this happens, heart tissue dies. A stroke occurs when an artery in the brain is clogged or ruptures. That part of the brain is then deprived of blood and oxygen, and brain cells can start to die off within minutes.

This causes a loss of function in the part of the body controlled by these cells. Many people mistake the warning signs of a heart attack with indigestion or illness. Knowing the warning signs can help you seek help at the first sign of distress. Not all people will experience all of these signs, which can range from mild to severe. They also can subside for a while and then return. The warning signs of a heart attack include: pressure, pain or a squeezing sensation in the center of the chest; numbness or tingling in the arms or upper body; pain that spreads to the shoulders, neck, upper back, arms or jaw; sweating, nausea, a lightheaded feeling or fainting; shortness of breath; and fatigue. A stroke's warning signs include some or all of the following: sud-

den weakness or numbness on one side of the body, usually in the face, arm or leg; sudden dimness or change in vision, particularly in one eye; loss of speech, or trouble talking or understanding someone else talking; sudden, severe and unexplained headache; unexplained dizziness; and sudden falls.

Now that you know the warning signs for a heart attack and stroke, these simple steps to a healthier lifestyle can help prevent heart disease and heart attacks:



• Take a multi-vitamin every day.

• Eat a healthy diet high in fiber and omega-3 oils (such as canola oil) and low in sodium, cholesterol and saturated fat.

- Stop smoking.
- Lose excess pounds and maintain a healthy weight.
- Exercise.
- Reduce stress.
- Control high blood pressure, which is a leading cause of heart disease.

• Control your blood sugar level if you are diabetic.

• Have a physical exam and get screened for factors related to heart disease.

• Discuss your health concerns and issues with your doctor.

• Talk to your doctor about medication such as aspirin, which can reduce the chance of blood clots.

Educating yourself about the risk factors and making some small changes in your life may be just what's needed to keep you healthy and happy.



It's never too late to go back to school

Sometimes, the best time to further your education is when you're a little older. It can be a balancing act, but resuming or continuing your education at a later stage of your life can be a rewarding and enriching experience.

More older adults are heading back to school for advanced degrees, specialized training or just because they love learning. Whatever your reasons for heading back to school, there are some things to consider before you enroll.

Your choice of school depends on what type of degree or training

you're seeking, what's available in your area or online, and the level of schedule flexibility you need. You can choose to attend a community college or university during the day when the majority of your fellow students are younger, or at night. Online programs are aimed at working professionals and offer shortened classes and maximum flexibility. You need to remember to make time to read and study on your own in those types of programs. Be sure to do your research and ask questions before making a final decision.

Consider your daily sched-

ule to figure the amount of time you realistically have to devote to school before deciding the number of classes to take. You might want to get done as soon as possible, but you have to have time for study and travel, along with class. Starting slow and figuring out the schedule that works best for you and your family is important.

Have a specific time each day or week set aside for school. Write it down and make sure everyone in the family and your friends stick to it. One way to do this is to get your children involved in a family study time. Doing your homework together is a great way to spend quality time together, and it also reinforces to them the importance of a college education.

Don't be afraid to ask for help when you need it. Going back to school is a major undertaking, and you don't have to do it alone. Get your family involved in fixing meals, cleaning and making sure outside commitments are kept. Friends, coworkers and neighbors can also be great sources of assistance in a pinch.

Continuing your education isn't for the faint-hearted. The payoff, however, in terms of increased earning power and personal satisfaction is more than academic.

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To Life! A source of breast cancer education and support

Ann Krischer, MSW
Director of Support Services

October is Breast Cancer Awareness Month and the perfect time for a breast cancer pop quiz: Are the following statements true or false?

1) I don't have anyone in my family who has ever had breast cancer so I don't need to worry about it at all. 2) I'm too old to get breast cancer.

Both statements are FALSE. The majority of women who are diagnosed with breast cancer have no known history of breast cancer in their families. And the chance of being

diagnosed with breast cancer increases with age. The most common age group for women to receive a diagnosis of breast cancer is 50 years of age and over.

To Life is a nonprofit breast cancer education and support organization located at 410 Kenwood Avenue in Delmar that seeks to dispel these myths. Founded in

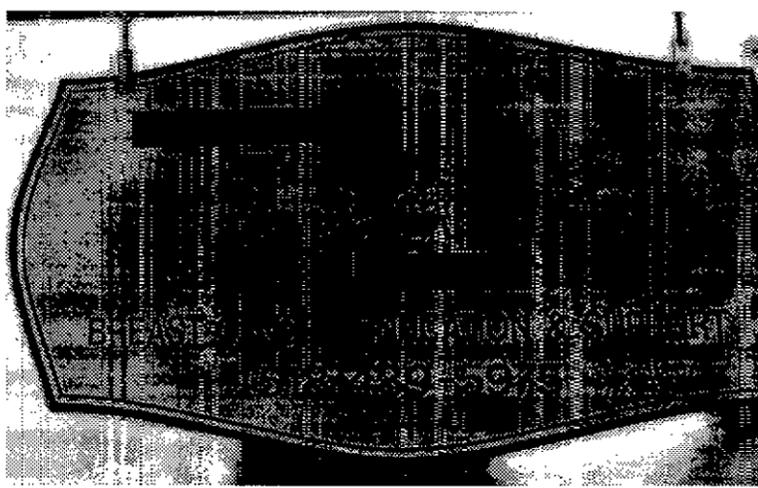
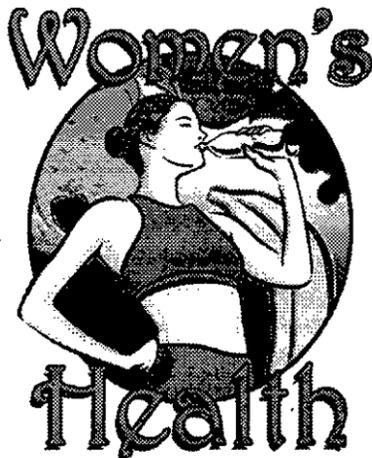
1998 by a survivor who wanted to provide reliable information regarding breast cancer and breast health, To Life offers education and wellness programs, peer monitoring, awareness, connection and education support groups, a library and boutique services including wigs and mastectomy products.

Founder Mara Ginsberg developed a coordinated approach to helping newly-diagnosed women as they assemble treatment terms, deal with family and take care of the practical issues of coping with chemotherapy and hair loss. Peer support is

one component of this approach; women who have recently completed treatment mentor women who have just been diagnosed. 410 Kenwood Avenue is also the home of Abracadabra Boutique. Women in treatment for any cancer can find wigs, scarves and hats and women who need mastectomy products are fitted in private and

comfortable surroundings. To Life also offers a satellite wig boutique at the Mollie Wilmot Radiation Oncology Center at Saratoga Hospital.

Early detection, healthy living and knowledge are powerful tools in the fight against breast cancer. Breast self-examination has been the first line of defense for women who are the most knowledgeable about changes to their own bodies. To Life offers breast self-examination training and information in settings such as the workplace, place of worship or community center. The nine free community education programs offered by local health experts around the Capital District cover topics such as breast cancer basics, hormone replacement therapy, osteoporosis, nutrition, spirituality and health and legal issues. Wellness offerings have included yoga, Reiki, healing touch, Qi Gong, acupuncture,



massage and Pilates.

New for To Life this fall is the telephone support group offered in conjunction with Senior Services of Albany. Intended for women currently in treatment for breast cancer, and their family and friends how are unable to attend in-person meetings, these professionally facilitated groups are free of charge

and require no special equipment to participate. This type of group is valuable for those who are pressed for time, unable to travel, or who live in rural areas. Pre-registration is required and may be done by calling To Life at 439-5975.

Curing the urge to shop

According to studies, millions of Americans, both men and women, can't control the urge to shop. Often this compulsion to buy comes at the expense of other things in life, even jobs, marriages and families. For these people, shopping is a coping mechanism that fills an empty place in their lives.

Several habits or traits may be found in compulsive shoppers. If you have some of these, you may have a shopping problem. These habits or traits include:

- Thinking about shopping often.
- Shopping when upset or depressed or when you really don't need to.
- Denying or lying about the amount you spend.
- Having several credit cards with high balances.
- Continuing to shop even

though you are in debt.

- Possessing many unopened or unused items at home.
- Feeling as though your buying is getting out of control.
- Experiencing problems at home due to shopping.

Professional help is available from therapists and others to deal with compulsive shopping. Financial planners or credit professionals can also help sort out the financial issues involved.

Other ways to help you break the shopping habit include:

- Make a budget and stick to it.
- Shop with cash only. That means no credit or debit cards or checkbook.
- Limit your access to bank or charge accounts.
- Walk away from one item every day.
- Take a friend or family mem-

ber along for support when you go shopping.

- Write down everything you buy so it's in front of you in black and white.
- Avoid watching shopping channels on television or visiting shopping-related Web sites.
- Take back items you've bought but not yet used.
- Get involved in a hobby whenever you feel like shopping.

Getting into trouble with compulsive shopping is easy and getting out from under a shopping problem can be difficult and time-consuming. But once you've broken the habit, you'll be pleasantly surprised by the increase in your bottom line and the decrease in your stress level.



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Get into the loop and learn about lupus

Lupus is a chronic autoimmune disease in which the body's immune system, instead of serving its normal protective function, forms antibodies that attack healthy tissues and organs causing inflammation.

There are several types of lupus. Discoid lupus affects the skin, causing a rash and lesions, usually across the face and upper part of the body. Systemic lupus erythematosus, usually more severe than discoid, can attack any body organ or system, such as joints, kidneys, brain, heart and lungs. If not controlled, systemic lupus can be life threatening. Another form of this disease is drug-induced lupus, caused by reaction to medication. When medication is discontinued, the lupus symptoms usually disappear.

There is no cure for lupus, however, medical treatment can usually control the disease. Symptoms may vary from one individual to another, and treatment approaches are based on specific disease manifestations within each person. Because the characteristics and course of lupus may differ among people, it is important to emphasize that a thorough medical evaluation and ongoing medical supervision (preferably by a rheumatologist or immunologist) in conjunction with a primary care physician, are essential to ensure proper diagnosis and treatment.

Lupus can present itself in various ways. The onset is usually gradual, with the development of vague feelings of disease until some specific symptoms develop. The following symptoms and signs are commonly found in lupus patients. Few patients experience all the symptoms and many experience fewer than half. These symptoms are similar to those of any acute or chronic illness and may simply disappear.

- Achy joints
- Fever of more than 100 degrees
- Arthritis (swollen joints)
- Prolonged or extreme fatigue
- Skin rashes
- Anemia
- Kidney involvement
- Pain in the chest on deep breathing (pleurisy)
- Butterfly-shaped rash across the cheeks and nose
- Sun or light sensitivity (photosensitivity)
- Hair loss
- Abnormal blood clotting problems
- Raynaud's phenomenon (fingers turning white and/or blue in the cold)
- Seizures
- Mouth or nose ulcers

Lupus is usually easy to diagnose when the individual has many of the more characteristic symptoms and signs, but is made more difficult if none or only a

few are present. Laboratory tests are usually conducted to help confirm or reject the diagnosis. These tests may include a blood count, looking for low numbers of white blood cells, red blood cells, and/or platelets. The urine is examined for protein and red/white blood cells and blood tests may be done to measure kidney function. More specific laboratory tests look for antibodies, in particular, antibodies to the nuclei of cells (the ANA, or anti-nuclear antibody test).

Lupus is a disease characterized by periods of remission (few if any symptoms and signs of inflammation) and periods of activity (causing inflammation).

What triggers these flares? It varies from patient to patient. Sunlight and other sources of ultraviolet light can cause a rash and can trigger a systemic flare. An infection, whether viral, bacterial or other may cause a flare; bodily injury or surgery may be the cause; stress, overexertion, exhaustion, nervous tension and emotional upsets can also trigger a flare. In many instances, the triggering factors of a flare are a mystery. Some medications have been implicated in lupus flares, but it may be difficult to tell whether the disease or illness for which the drug is prescribed or the drug itself caused

the flare.

Lupus is not considered to be life-threatening unless there is major organ involvement. In recent years physicians have become much better at the diagnosis and treatment of lupus than ever before. Most people who are diagnosed with lupus can receive effective treatment that will assist them in living a normal life. Because

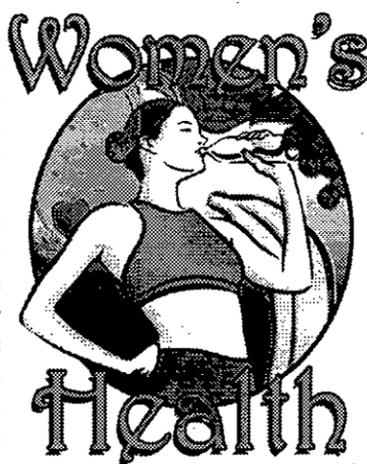
symptoms and disease course can vary so widely in lupus, "tailor-made" treatment programs are essential for each person. Nonsteroidal anti-inflammatory drugs, antimalarial agents, topical corticosteroids (applied to the skin), systemic corticosteroids

(taken in pill or by injection) and various immunosuppressive agents all have their appropriate place in therapy.

Once a person has been diagnosed and is receiving treatment, it is important to continue to see his or her physician on a regular basis to ensure proper monitoring of the disease.

As current research efforts unfold, there is continued hope for new treatments; improvements in quality of life; and ultimately a way to prevent or cure the disease. The research efforts of today may yield the answers of tomorrow.

The Lupus Alliance of America, Upstate New York Affiliate now



serves Central, Northeastern and Western New York. The main office is based in Buffalo, but education and support programs, public awareness campaigns, professional education and fundraising activities will take place in all the areas covered by the Upstate Affiliate.

The organization is volunteer driven, and those who are interested in helping can contact the office at (800) 300-4198. Volunteers are needed to help fulfill the organization's mission to educate and support those affected by lupus, create community awareness and find a cure.

The Lupus Alliance will hold a lupus seminar for patients, their families and health professionals on Saturday, Nov. 4 at the Clarion Hotel on Everett Road in Albany. The registration fee of \$10 includes a continental breakfast and lunch.

Another new program to the area is the "Lupus Connections" meetings, which are designed to assist lupus patients in an informal way to access information and better understand ways to cope with chronic illness. These meetings will seek to connect individuals with the Lupus Alliance, lupus patients, and also help significant others become better educated about this disease.

Honi Kurzeja, Executive Director of the Lupus Alliance of Upstate New York believes these informal quarterly meetings will help people with lupus better understand and cope with their disease.

Kurzeja said, "The Lupus Connections Meetings represent a new informal way people can learn more about lupus and get connected with others in their community affected by lupus."

Everyone who attends will receive a free copy of the Lupus Alliance of America newsletter "Lupus NewsLink." In addition, the agency also offers a Telephone Buddy program for those who want to speak to others who share similar problems in dealing with lupus.

For more information about the Lupus Connection meetings, to register for the seminar, or to find out more about our other programs, please contact the Lupus Alliance of Upstate New York at (800) 300-4198, info@lupusupstateny.org or visit www.lupusupstateny.org.



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Successful job fair matches seniors with employers

By ROB IRWIN

Hundreds of retirees and seniors came to the Italian-American Community Center last week in the hopes of finding a job.

The Albany County Senior Employment and Volunteer Fair took place on Thursday, Sept. 28, and more than 40 vendors sought potential employees 55 and older.

The event allowed the seniors to learn about employment and volunteer opportunities, while giving employers the chance to hire educated, mature, reliable help.

Positions available at the fair were in the fields of hospitality and travel, insurance, health and human services, retail sales and public relations.

The job fair also offered free information programs and seminars presented by area experts. The seminars assisted attendees on employment-related issues such as Medicare, Social Security, resume writing and identity theft.

Jane Schramm, executive director of the Guelderland Chamber of Commerce, said the event was created four years ago after the Guelderland chamber, the fair's lead agency, was contacted by employers complaining about a lack of quality employees.

"They expressed a great deal of interest in hiring mature, older adults," said Schramm. Around the same time, Schramm said she was hearing from older adults that getting back into the work world wasn't always an easy task.

Schramm said she often heard that older people seeking work would meet with employers, and as soon as they saw their gray hair "they could see the prospective employers closing down on them."

"There's a lot of myths about mature workers," said Ed Redfern, associate state director and consultant for AARP.

Myths, he said, include that seniors are averse to change, possess out-of-date job skills, lack knowledge of new technologies and are opposed to answering to younger bosses.

Redfern said studies often

paint a different portrait of the mature workforce.

"In our research, we've found they are very loyal and dedicated to their organizations," said Redfern. Seniors, he said, can draw on solid industry and job experience, have low absenteeism rates, solid performance records and perform well in crisis situations.

People searching for jobs showed up on Thursday for a variety of reasons. Some were looking into performing public service, weren't ready to retire, or were exploring opportunities for volunteer work. Many were looking to live out their retirement with additional financial security.

"I'm looking to supplement my income," said Dennis O'Hare, a retired banker of two years. "It's more of an economic need."

O'Hare said he was looking to work between 15 and 20 hours a week in addition to remodeling and repair work he does on the side.

"Retired people usually fill

their days pretty quickly," said O'Hare.

Laurie Yanni, a representative from Avila, a retirement community, was looking to employ someone for dining room services.

"We did find a receptionist last year, and she's been there a year," said Yanni.

Senior Connection, a senior care organization, was recruiting volunteers, and representative Susannah Ford said they too have been successful in matching people with volunteer positions.

"Most of them want to give back to the community," said Ford.

Redfern said there are steps employers can take to be more attractive to older workers.

Offering flexibility is important, said Redfern. Being able to work part-time, work from home and have time off for care giving are all flexible options that employers can offer.

Training options, benefits programs, a positive work

environment and one that is free from bias are all attributes that seniors reentering the workforce find attractive.

"The overall thing is not to have any prejudice or bias in the practices businesses develop," said Redfern.

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Exhibit examines beauty from a different perspective

By CATHERINE LUKE

When photographer and writer Nancy Bruno traveled to Italy, she sat on the beach, shaded, clothed and covered with sunscreen. She noticed that other women — of various shapes, sizes and age — walked, strode and enjoyed their time beneath the Mediterranean sunshine. Bruno noticed that they wore bikinis and that their nonchalance and confidence gave them a unique kind of beauty.

Bruno set out to learn what they had that she did not at that

moment.

The result of Bruno's observations and self-analysis has become an artistic endeavor entitled The Beautiful Women Project. The Beautiful Women Project is a gallery exhibit highlighting 35 Capital District women who live their lives "quietly and beautifully."

Included in the exhibit are 35 20-by-24-inch mounted photos along with written biographies of each woman in the collection. The Beautiful Women Project will make its premier on Friday, Oct. 13, in the pavilion area of the



Alexis is one of the women in The Beautiful Women Project.

Saratoga Hotel and Conference Center. It will be celebrated in conjunction with *To Life's* Pink Ball.

"We are very happy and very

proud that Nancy has selected us," executive director of *To Life*, Thea Hoeth, said of Bruno's intended donations to the Delmar nonprofit dedicated to serving women and families affected by breast cancer. "She is clearly a very, very talented photographer. She has a beautiful way with words as well."

Earnings will come from the sale of a companion book that features a photo and story of each of the women involved in the project. Editors and others have asked Bruno who in her book are people of significance.

"Everyone in this book is significant," Bruno said. "These are not women searching for their 15 minutes of fame. Their beauty just shines through. It is just who they are."

Bruno's subjects were sought

and found in different locations and walks of life.

"She is the woman in the grocery store, the woman you see at the soccer game," Bruno said. Some are strangers, some she had been told about, some are women who Bruno has just observed during daily life and whose intrigue urged her to approach them.

"One was a hostess in a hotel restaurant," Bruno recalls.

The Beautiful Women Project comes out during a month dedicated to breast cancer awareness. Bruno wished for this not only because of the relation of her project to the Pink Ball, but to remind women that they are so much more than their scars, wrinkles, and imperfections in a society that is increasingly placing high priority on body perfection.

"In October we are told to look at our bodies for an important reason," Bruno said, referring to self-checks for breast cancer, "but then we start to look at our bodies in another way. We begin thinking that maybe our thighs are jiggling a bit too much."

Bruno has written the stories of women between the ages of 3 and 90-something. Each woman comes from a different background, each with her own tale. She tried to follow a common thread in each of their lives. Bruno's photos and biographies shine a light on a source of beauty found in simplicity and the similarity of human experience.

"Beauty is the sum of your experiences and how you carry them; how you use them to help others," Bruno said. The Beautiful Women Project was fueled by Bruno's hope that from her work people might shift or redefine their idea of what a beautiful woman is.

"Also, that they might see themselves in one of these stories; that they won't feel so alone. That they will giggle, laugh, and find comfort," Bruno said. "I see myself in the past, present and future of these women."

"I'm very passionate about this project. It has been a greater learning experience than anything in my life so far," Bruno said of the creative journey. Though The Beautiful Women Project is only one of Bruno's many artistic investigations into the complex details of everyday living. Bruno has delved into a great many ventures including a documentary on the ties of the Saratoga Race Course community and a World War II exhibition.

The Beautiful Women Project has taken Bruno about one year to complete. She began the work with a prestigious artist's grant through the Saratoga County Arts Council. The program is funded by in part by the Decentralization Program.

To learn more about The Beautiful Women Project, visit www.beautifulwomenproject.org.

To honor the women in your life, stop by the exhibit during its premier evening between 5 and 8 p.m. on Friday, Oct. 13, as well as Saturday and Sunday, Oct. 14 and 15, between 11 a.m. and 3 p.m. The Saratoga Hotel and Conference Center is at 534 Broadway in Saratoga Springs.



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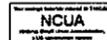
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Tenure

(From Page 1)

sued for teaching. With others, it's not immediately apparent. You're affecting kids' lives, and there ought to be a stronger, tougher standard."

Korn countered that New York's three-year probation is one of the longest among states. He said that many of the prospective candidates for tenure do not measure up and are not recommended.

Interim Superintendent for Ballston Spa Central School District, Ray Colucciello agreed that districts should weed out unqualified staff long before the recommendation for tenure even begins.

"The only people who should go into year three should be those teachers you are sure would be appropriate," said Colucciello. "A lot of districts separate staff after year one or two. Typically, you can tell."

Ernst said that problems can crop up even after weeding out unqualified teachers before tenure recommendations.

"In year three, the person is a good, motivated teacher. It does not mean at year eight or year 28 they are going to be a good, motivated teacher, yet your flexibility is very, very limited," said Ernst, who added that NYSSBA is in favor of abolishing tenure in favor of renewable contracts.

"Renewable tenure is no tenure at all," said Korn, who equates renewable contracts to a permanent probation period. "A system without tenure would be a breeding ground for mediocrity."

Proponents say tenured teachers are more apt to seek new ways to help kids learn by trying various instructional methods. Another benefit, Colucciello said, is that having job security removes teachers from the worry about what unhappy individuals could do to their livelihood.

"There are so many variables in learning," said Colucciello.

He said charges of incompetence are often difficult to trace back to the teacher. The roles of the parent and the student, as well as the available resources, must be taken into account. In such cases, it becomes "hard to extract" a single reason — such as teacher's instructional methods being faulty — for failure.

"Teaching is not an exact science. It is an art," said Colucciello. He said that standards and practices are different between districts, and

teachers who are viewed as average in one area may be considered above average in another.

"Cases in which teachers are accused of incompetence are not as cut and dry," said Korn. He said it is not uncommon for one parent to be unhappy with a teacher while another parent thinks that same teacher is exceptional.

Ernst agreed that those cases involving accusations of incompetence are hardest to

"The biggest myth out there is that [tenure] provides teachers with a job for life. That simply is not true."

Carl Korn

prove, but said "provisions for dismissing a tenured teacher should be less onerous."

Ernst said the tenure dismissal proceeding, known as 1020-A, is especially redundant in criminal cases, when the teacher has been convicted of a crime and cannot be immediately terminated. He said NYSSBA is looking for a more realistic process to be put in place.

"The vast majority of teachers are hard-working, dedicated, responsible people," said Ernst. "At the end of the day there are too many teachers who are not meeting the obligations."

Korn said the lack of support among many school boards for the tenure law stems from their failure to demand accountability from the supervisors who are responsible for reviewing the job performances of teachers.

"The job of the administration is to evaluate the teacher, supervise the teacher, offer help to improve the teacher and then, if he or she doesn't improve, use the law to remove them," said Korn.

Colucciello agreed that administrators have a responsibility to select appropriate candidates for tenure.

"We really must do our job and look carefully," said

Colucciello.

Ernst agreed that administration plays a vital role in the nation's public education system but said budget cuts in recent years have limited their effectiveness.

"It's an important factor that administration in public education is very thin, and there is an enormous amount required of them," he said. Ernst said the United States Bureau of Labor Statistics numbers indicate public education has the lowest manager-to-staff ratio.

Colucciello and Korn cite several improvements in recent years that increase teacher knowledge and performance. Districts receive grant money for providing mentor programs, where a new teacher is paired with an experienced teacher with whom they can compare lessons, collaborate, ask questions, work with and observe.

Colucciello and Korn also point to legislation changes that have made New York one of only seven states to require a master's degree for teachers in elementary and secondary education. In addition to the advanced degree, the state has instituted a requirement for teachers to participate in 175 hours of in-service credits to maintain their certification every five years, amounting to about 35 hours of training each year.

The continuing education legislation is being phased in, and, ultimately, every teacher will have to meet that requirement.

While Korn believes significant changes made in 1994 to the state tenure law has resulted in a fairer and faster process, Ernst disagrees.

"The changes set a series of stated timelines and deadlines," said Ernst. "While there were some initial improvements, they have not been sustained." He said more cases are being settled before reaching the tenure process.

Korn said arbitration occurs in more than 90 percent of the cases.

NYSSBA does not believe that is a positive step.

Said Ernst, "Arbitration requires compromises. An arbitrator views this as a labor dispute and tries to find middle ground." That middle ground is often a "settlement for punishment that is typically less than what the district would prefer," added Ernst, noting that the need of the district usually is for the dismissal of the teacher.

"Teachers certainly are entitled to due process," said Ernst, but added that the tenure grievance process can get expensive. Citing a survey NYSSBA did of cases resolved between 1997 and now, excluding those in New York City, Ernst said the average time to resolve all cases was 520 days, with pedagogical cases lasting 832 days. The average cost for each case was listed as \$128,000, with the pedagogical

cases averaging \$243,000. The average costs for cases that resulted in a decision came in at \$144,000, and the average cost for a pedagogical case resulting in a decision is \$313,000.

"It certainly shouldn't be done lightly, but we think these figures are just excessive," said Ernst.

Korn said that the number of people who actually go through the tenure grievance process may seem small, "but in fact many teachers resign or are counseled out of the profession."

"I've been in this business 47 years," said Colucciello. "I've only seen a handful or less that shouldn't be in the business. You can't give tenure and predict what's going to happen. You've got to get the right people, keep an eye on them, give them the resources and make sure they don't burn out."

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The Capital District's Quality Weeklies

Spotlight

NEWSPAPERS

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 Call our Pick Your Own Hotline 1 (866) 640-PICK to check on picking conditions
 Yellow Rock Cafe: Fresh Produce from Local Farms!
 Live acoustic music weekends 11 to 3



WEEKEND ACTIVITIES

- **Apple tasting,** Saturday, Oct. 7th, 10-4
- **Saturday, Oct. 7th** Vince Walsch demonstrates his use of the A'tatl, a primitive spear throwing device. Adults and children both welcome to try! A discussion on the lifestyles of native woodland people at our new wigwam structure will follow.

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 serving lunch weekdays 11 to 2;
 Serving brunch & Lunch weekends 10 to 4

Letters policy

Spotlight Newspapers welcomes letters from readers on subjects of local and regional interest. Letters are subject to editing for fairness, style and length.

All letters must include the writer's name, address and phone number.

Write to Letters to the Editor, **Spotlight Newspapers**, P.O. Box 100, Delmar 12054. Letters can be faxed to 439-0609.

IN BRIEF

Altamont craft fair seeks vendors

Craft vendors are wanted for the Altamont Elementary School Craft Fair on Sunday, Nov. 5. Call 861-6200 or visit the Web site, www.altamontcraftfair.com for information.

Dance Dimensions partners with Giffy's for fundraiser

Dance Dimensions is holding a hosting a pancake and sausage

breakfast on Saturday, Oct. 21, from 8 a.m. to noon at the Bethlehem Community Church, 201 Elm Ave. in Delmar. The cost is \$6 for adults and \$5 for seniors. Children age 12 and younger are \$3.

Classic Theater Guild accepting festival submissions

Classic Theater Guild is accepting submissions for its third new play festival. The

performance dates are Nov. 17-19 at Old Songs in Voorheesville. The deadline for submission is Friday, Oct. 20. Full length and short plays are accepted. Please send your submissions to: Classic Theater Guild, 349C Madison Ave., Albany 12210, Attn: Artistic Director. For information, call 424-6579.

Danceflurry hosts swing dance at Hibernian Hall

There will be a Capital Swing Dance on Friday, Oct. 6 at the Hibernian Hall, Ontario St. in Albany from 8:30 to 11:30 p.m. Live music is to be announced. Admission is \$12 and includes

7:30 p.m. beginner's lesson. The cost is \$9 for DanceFlurry members and \$6 for students.

For information, visit www.DanceFlurry.org/new/calendar.html.

Saint Rose unveils faculty art and design exhibition

The College of Saint Rose Art Gallery will present an exhibition of varied media by artists and teachers who serve on the Saint Rose art and design faculty.

"The Art and Design Faculty Show" will be on view through Thursday, Oct. 12 at the gallery on 324 State St. in Albany. Gallery hours are Monday through Thursday from 10 a.m. to 4:30 p.m. and 6 to 8 p.m.; Friday from 10 a.m. to 4:30 p.m. and Sunday from noon to 4 p.m. The gallery is closed Saturdays and Monday, Oct. 9.

The exhibit is free and open to the public.

Got news?

Spotlight Newspapers welcomes announcements of programs or events occurring in our coverage area.

All announcements should include the date, time, location and cost (if any) of the event, along with contact information. Announcements are published space and time permitting.

Submissions can be e-mailed to spotnews@nycap.rr.com faxed to 439-0609 or mailed to Spotlight, P.O. Box 100, 125 Adams St., Delmar 12054.

The deadline for all announcements is noon Thursday prior to publication.

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- * **PRE-GAME BLOCK PARTY @ 5:30 PM**
- * **PEPSI MAGNETIC SCHEDULE NIGHT!**
- * **NEW AFFILIATE OF THE STANLEY CUP CHAMPION CAROLINA HURRICANES!**
- * **NEW TEAM...NEW PLAYERS...NEW ROWDY!**



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Obituaries *in the* Spotlight

Georgette Denn

Georgette F. Denn, 78, of Slingerlands, died Tuesday, Sept. 26.

She was a communicant of St. Catherine of Siena Church for more than 50 years. She retired from the State University of New York in Albany in 1985.

Survivors include five sons; William J. Denn Jr. of Voorheesville, Joseph Denn of Rye Brook, James Denn of Guilderland, John Denn of San Antonio, Texas and David Denn of Garland, Texas, four daughters; Joanne Denn-Walker of Ontario, Canada, and Noreen Denn-House of Colonie, Theresa Denn of Albany and Maria Denn of Gloversville, sister Rita Gordon of Whitehall and 17 grandchildren survived. She was the widow of William J. Denn Sr.

Services were from the Frederick Funeral Home in Albany. Contributions may be made to the St. Catherine of Siena Building Fund, 35 Hurst Ave., Albany 12208.

Anna A. Kohler

Anna A. Kohler, 98, of Clarksville, died Monday, Sept. 25.

Born in Mexico, N.Y., she enjoyed reading and especially spending time with her family and friends. She was the widow of Edward E. Kohler.

Survivors include four sons; Edward R. Kohler Jr. of Troy, James Kohler Sr. of Lewis, N.Y., George R. Kohler of Richmond, Va., William Kohler of Wynantskill; a daughter; Peggy Crawford of Westerlo; 40 grandchildren, 22 great-grandchildren and 10 great-great-grandchildren. The family would like to pay a special tribute to Patricia Myers, who was a devoted friend to Anna for many years, and also to a dear and special niece Margaret Tippy Rivers for their care and support.

Services were from the New Comer-Cannon Family Funeral Home of Colonie. Contributions may be made to the Onesquethaw Volunteer Ambulance, P.O. Box E, Clarksville 12041.

Margaret Scharff

Margaret Ann Scharff, 70, of Glenmont, died Monday, Sept. 25. She was the widow of John W. Scharff.

Survivors include two sisters; A. Jane Dunn of Glenmont; Sister Fredrica Dunn D.C of Binghamton and a son; Fred J. Dunn of Delmar.

She was a member of the Hudson Mohawk Chapter G.U.I.L.T. Club, St. Thomas Circle and the Caning Club of Albany. She also enjoyed bowling, gardening and flowers. Services were from the Meyers Funeral Home, Delmar. Contributions can be made to

the Epilepsy Foundation of Northeastern N.Y., 3 Washington Square, Albany 12205.

Mneatha A. Ostrander

Mneatha A. LaRose Ostrander, 98, formerly of Bethlehem died Sept. 23. She was the widow of Charles C. LaRose. She is survived by many nieces and nephews. Services were held under the direction of Meyers Funeral Home.

Leslie J. Wiley

Leslie J. Wiley, 89, of Slingerlands died Sept. 29...

Born in Chazy he graduated from Chazy Central Rural School and was awarded a bachelor's and master's degrees from University at Albany. He began a 35-year career in education as a teacher in

Schenevus. After serving in positions in guidance and high school principal of Cobleskill Central School, he ultimately became superintendent of that school, retiring in 1975.

He was a member of the Cobleskill Rotary Club and the Cobleskill Methodist Church. He served on the church's administrative board and its Music Committee and sang in the choir for 45 years.

Survivors include his wife

Ruth Wiley of Beverwyck, Slingerlands; a daughter, Helen Doane of Harwich, Mass; a son, Stephen Wiley of Glenmont; and four grandchildren.

Services were from the Robert A. Guffin Funeral Home, Cobleskill. Contributions may be made to the Organ Fund of Cobleskill United Methodist Church, 109 Chapel Street, Cobleskill.

Carrie Mahler would like to welcome all her clients to visit her at

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Milestones *in the* Spotlight

Galka, Charest engaged

Kimberly Galka, daughter of Casmir and Anita Galka of Latham, and Andrew Charest, son of Thomas Charest and Cynthia Charest, both of Springfield, Mass., are engaged to be married.

The bride-to-be is a graduate of Shaker High School and SUNY Albany.

She is employed by Premier Education Group in Springfield, Mass.

The future groom is employed by the United Parcel Service in Springfield, Mass.

The couple plans a September 2007 wedding.



Kimberly Galka and Andrew Charest



Cerones celebrate 50 years

Sam and Millie Cerone of Colonie celebrated their 50th wedding anniversary on Sept. 16 at a dinner party with their family at the Italian American Community Center. They were married on Sept. 16, 1956, at St. Frances DeSales Church in West Albany.

Sam worked at Tobin Packing for 31 years and is now employed at the town of Colonie Golf Course.

Millie, the former Millie Leach, retired from the state Department of Taxation and Finance in 1994.



Millie and Sam Cerone

The Cerones are the parents of Michael Cerone of Colonie and Ann Marie (Keith) Keeler of Guilderland. They are the grandparents of Kyle Hussey and Andrew and Benjamin Cerone.

Announcements

Spotlight Newspapers welcomes your engagement, wedding or anniversary announcements.

There is no charge.

Only high-quality printer generated photos are acceptable.

For information or an announcement form, call 439-4949.

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11 am — 12 midnight
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Ordway Research Institute Drug Development Center

INDIVIDUALS NEEDED TO SEE HOW GENES DETERMINE DRUG EFFECTS

Ordway Research Institute Drug Development Center (ORIDDC) will be conducting a brief research study to determine the effect of genes on drug response.

There is no charge for this test. We are looking for participants, age 18 and older, who will earn \$25 for their travel time for this single visit. Participants can either be healthy or have preexisting medical problems.

Please call ORIDDC at 518-429-2000 or email: krubke@ordwayresearch.org for more information.

Wedding Directory for Bridal Services

<p>BALLROOM DANCING</p> <p>Albany Ballroom Social Dance School 6 Winners Circle, Colonie (off Wolf Rd.). AlbanyBallroom.com "Your Wedding Dance...A Memory in the Making" - First Lesson Free! Call 542-5108.</p>	<p>MUSIC</p> <p>Wedding Ceremonies - Traditional & Contemporary music. Deborah Rhatigan 478-9632 • April Zhang 459-4781. Over 20 Years Experience</p>
<p>FLORISTS</p> <p>Floral Garden Specializing in Weddings 339 Delaware Ave., Delmar, 478-7232 www.thefloralgarden.com Catering to all budgets</p>	<p>PHOTOGRAPHY</p> <p>Personal, Professional Photographic Services. - 469-6551.</p>
<p>INVITATIONS</p> <p>Paper Mill Delaware Plaza. 439-8123 Personalized invitations & announcements for weddings, showers, bar mitzvah, new baby, graduation.</p>	<p>TOOTH WHITENING</p> <p>Dr. Kabinoff, 458-1892. 1465 Western Ave., Guilderland. Professional Teeth Whitening.</p>
<p>JEWELRY</p> <p>Harold Finkle, "Your Jeweler" 1585 Central Ave., Colonie. 456-6800. Diamonds - Handcrafted Wedding Rings & Attendant's Gifts.</p>	<p>VIDEO SERVICE</p> <p>Edward Thomas Productions — Digital Multimedia Services. Professional Video Service - Personalized Wedding Video on DVD. Customized for your special day. Call (518)368-6131. E-mail: etprod@juno.com</p>
<p>WEDDING INFORMATION</p> <p>Bridal Show Dates, Articles: 1st Planning Step, Bridal Experts, Pre-marital Stress, Post Relationships. www.PocketWeddingGuide.com</p>	

Entertainment *in the* Spotlight

Tremendous trio

The Troy Chromatic Concerts begin with Trio Solisti

With a slight chill in the air and area trees taking on a beautiful hue, the change of seasons is upon us. Along with the bright colors of fall, October also brings with it the start of another season for one of the Capital District's oldest and most venerable musical organizations, the Troy Chromatics Concerts. Staffed exclusively by local volunteers dedicated to bringing classical music to the Capital District, the group has been successful in bringing classical music artists with worldwide

reputations to the Troy Savings Bank Music Hall so the families through the region can enjoy their rich sounds. Their efforts have put some of the most extraordinary musicians

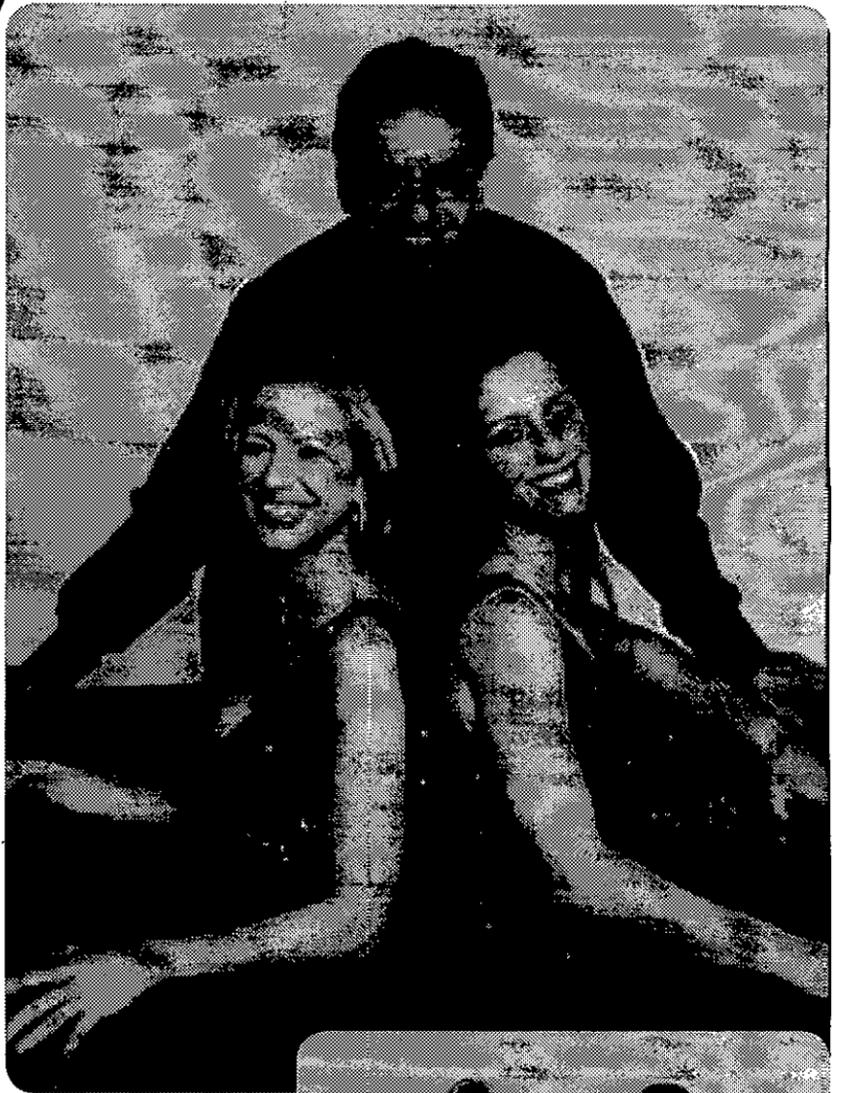
Considered one of the finest chamber ensembles currently playing in the United States, the trio has drawn rave reviews at performances at

Lincoln Center in New York City, the Kennedy Center for the Performing Arts in Washington, D.C. and a series of other high-profile venues. After an appearance in the Big Apple, a critic for *The New York Times* said the trio was "compelling and consistently brilliant." After an impressive debut performance

composers with strong popular appeal: Schubert, Moravec, and Tchaikovsky. Both Schubert and Tchaikovsky are perhaps best known for their larger works including the latter's "1812 Overture" that has been recorded by several of the world's best symphony orchestras with cannons firing as the piece nears its conclusion. But by design chamber music is composed with a more intimate setting in mind, allowing the clarity of each note and melody to be clearly heard.

"The Troy Music Hall setting is ideal for this type of music," Ursula MacAffer, Troy Chromatic Concerts

publicity chairwoman said. Tickets for Saturday's concert can be purchased at the Troy Savings Bank Music Hall's Box Office before the 8 p.m. show. For information on Trio Solisti's appearance or Troy Chromatic Concerts season tickets, call 273-0038 or visit www.troychromatics.org.



in the world within our reach, and this season is no exception, with the well-regarded Trio Solisti taking the stage on Saturday, Oct. 7 at 8 p.m.

at Wolf Trap in the suburbs outside the nation's Capitol, a *Washington Post* reviewer also offered his praises.

"Trio Solisti dove into this music with unrelenting passion and zealous abandon," the reviewer said. "At times zeal gave way to tender lyricism in a transcendent performance."

Along with performing live, Trio Solisti has established itself among listeners nationwide with the appearances on the National Public Radio show "Performance Today" and "St. Paul Sunday" broadcasts as well. Working in a more permanent form, the ensemble has recorded several pieces for the Marquis Classics and Arabesque labels.

This weekend, their performance will highlight the works of three

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Prophetic
Comedy-Drama

Idiot's Delight

By Robert E. Sherwood

Original Music by
Will Severin

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8 PM: Fri, Oct 13
Sat, Oct 7, 14*
10 AM: Weekdays -
Oct 6, 10, 11,
12, 13

*Sign language interpreted

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Arts & Entertainment

Theater

IDIOT'S DELIGHT

Presented by the New York State Theatre Institute, Schacht Fine Arts Center, Russell Sage College, Troy, Oct. 6-14, \$20 adults, \$16 seniors and students, \$10 children 12 and under. Information, 274-3286.

INTIMATE APPAREL

Lynn Nottage drama, presented by Capital Repertory Theatre, 111 N. Pearl St., Albany, through Oct. 14, \$27-\$42. Information, 445-7469.

POWER PLAY

Comedy set in today's corporate world, presented by Lake George Dinner Theatre, Holiday Inn, Route 9, Lake George,

through Oct. 14, \$53 adults, \$45 matinees, \$47 seniors (Thursday shows only). Information, 668-5762, ext. 411.

THOROUGHLY MODERN MILLIE

Broadway musical classic, presented by Cohoes Music Hall, 58 Remsen St., Cohoes, through Oct. 8, \$20-\$30. Information, 237-5858.

Music

AZTEC TWO-STEP

Acoustic folk duo, Oct. 7, 8 p.m., WAMC Performing Arts Studio, Central Avenue, Albany, \$22. Information, 465-5233, ext. 4.

"TRIO SOLISTI"

Performing works by Schubert, Moravec

and Tchaikovsky, part of Troy Chromatics concert series, Oct. 7, 8 p.m., Troy Savings Bank Music Hall, \$20-\$25. Information, 273-0038.

AL DIMEOLA

Jazz guitarist, Oct. 8, 7 p.m., WAMC Performing Arts Studio, Central Avenue, Albany, \$35. Information, 465-5233, ext. 4.

GREAT BIG SEA

Newfoundland-based rock band, Oct. 11, 7:30 p.m., The Egg, Empire State Plaza, Albany, \$24. Information, 473-1845.

MAGPIE

Folk duo, Oct. 14, 8 p.m., Old Songs Theater, 37 South Main St., Voorheesville, \$17. Information, 765-2815.

Comedy

RON WHITE

Blue collar comic, Oct. 5, 8 p.m., Proctor's Theatre, Schenectady, \$39.75. Information, 346-6204.

COLIN MOCHRE & BRAD SHERWOOD

Two improv comedians, Oct. 14, 8 p.m., Proctor's Theatre, Schenectady, \$19.75-\$49.75. Information, 346-6204.

Visual Arts

NEW YORK STATE MUSEUM

"Preserving Family History: the Heritage of an Albany County Family," through

Dec. 31; "Represent: Selections from the Studio Museum in Harlem," through Feb. 25; plus permanent collections on the 9/11 recovery effort, New York state history and geography, Empire State Plaza, Madison Avenue. Information, 474-5877.

THE CLARK

"Delacroix and the Horse," featuring world premiere of Eugene Delacroix work; "Works on Paper: a Selection of Recent Gifts," through Jan. 7; and other ongoing exhibitions. Information, 413-458-0524.

ALBANY INSTITUTE OF ART

"Common Ground: 200 Years of Washington Park," through Dec. 3; "The Autobiography of Bill Sullivan," a retrospective collection, through July 30, 2007; plus exhibits on Hudson River School painting, American sculpture and the history of Albany, 125 Washington Ave. Information, 463-4478.

SCHENECTADY MUSEUM

"Routes: Pathways of Migration," through Oct. 31, plus Spirit of Schenectady, collection highlights and planetarium, Nott Terrace Heights. Information, 382-7890.

ALBANY AIRPORT GALLERY

"Saving Troy," a photographic exhibit coinciding with the book of the same name by William B. Patrick, plus site-specific installations by Larry Kagan and Cara Nigro, plus installations by Anthony Garner, Baris Karayazgan, Paul Katz, Nancy Klepsch and Victoria Palermo. Information, 242-2243.

ALBANY CENTER GALLERIES

"Jan Gulligan Presents: Workspaced-Out — 11/1976-2006, a 30-year Retrospective," through Oct. 28, Albany Public Library, 161 Washington Ave., Albany. Information, 462-4775.

EXPOSED

"Alternatives," an exhibit of images created by using alternative photographic processes, through Nov. 14, Main Square, 318 Delaware Ave., Delmar. Information, 475-1853.

LOCAL COLOR ART GALLERY

"Art of the Harvest Moon," featuring works by 35 members of the Colonie Art League, through Oct. 31, 961 Troy-Schenectady Road, Latham. Information, 786-6557.

NATIONAL MUSEUM OF DANCE

"Dancing Rebels," an exhibit about the New Dance Group, plus ongoing exhibits, 99 South Broadway, Saratoga Springs. Information, 584-2225.

NEW YORK STATE MILITARY MUSEUM

"Battleground for Freedom: New York during the Revolutionary War," and "Lost Ladies: Women of the Civil War," ongoing, 61 Lake Ave., Saratoga Springs. Information, 581-5100.

SARATOGA AUTOMOBILE MUSEUM
Ongoing exhibits including "East of Detroit" and New York racing, 110 Avenue of the Pines, Saratoga Springs. Information, 587-1935, ext. 20.

TANG TEACHING MUSEUM AND GALLERY

"Opener 11: Nina Kalchadourian: All Forms of Attraction," through Dec. 30, Skidmore College, 815 North Broadway, Saratoga Springs. Information, 580-8080.

TERRA NOVA GALLERY

"Three," images by Sara Maria Salamone, Jennifer Grainer and Julia Braccaglia, Oct. 7 through Nov. 19, 409 River St., Troy. Information, 833-0504.

Call for Artists

C-R PRODUCTIONS

Auditions for January production of Disney's "High School Musical," open to all high school students, Oct. 4 and 5, 6 p.m., Cohoes Music Hall, 58 Remsen St., Cohoes, bring CD to sing along to. Information, www.cohoesmusichall.com.

CURTAIN CALL THEATRE

Auditions for winter production of "Funny Money" by Ray Cooney, parts for six men age 30-50 and two women age 40-50, Oct. 7, 10 a.m. to noon, 210 Old Loudon Road, Latham. Information, 877-7529.

DELMAR COMMUNITY ORCHESTRA

Openings in the string, horn and percussion sections. Information, 439-7749.

COLONIE TOWN BAND

Several openings, rehearsals on Mondays at 7:30 p.m. at town hall, Route 9, Newtonville. Information, 783-2760.

COLONIE CENTENNIAL BRASS CHOIR

Openings for brass players, rehearsals on first Thursday and third Tuesday of the month, at 7:15 p.m., town hall, Route 9, Newtonville. Information, 783-2760.

SUBURBAN SOUNDS COMMUNITY CHORUS

Openings in mixed chorus, rehearsals Sundays at 7 p.m. at Lynnwood Reformed Church, Route 146, Gunderland. Information, 861-8000.

FRIENDSHIP SINGERS

Openings in women's singing group, focusing on old favorites and show tunes, rehearsals Tuesday mornings at Community United Methodist Church 1499 New Scotland Road, Slingerlands. Information, 439-2360.

A CAPPÉLLA

New, informal, coed a cappella group in Delmar, for adults and teens 16 and older. Information, 439-0130.

Super Crossword

BUYER'S MARKET

ACROSS

- 1 Lively dance
- 4 Very enthusiastic
- 8 Tomorrow, on Wed.
- 11 Letters on the back of an envelope
- 15 Departed
- 16 Genesis name
- 17 Piece of lingerie
- 19 On the whole, to a shopper?
- 22 Eventually, to a shopper?
- 23 Clodhopper
- 24 Cafeteria item
- 25 Mutineer
- 27 Aides-de-camp: abbr.
- 28 Immature seeds
- 30 Abstract painting
- 33 As well
- 35 Lot on ingredient
- 36 Orally, to a shopper?
- 42 Besides
- 44 Narrow street
- 45 Goey edibles
- 47 Be an accomplice
- 50 Bladed tool
- 52 Bradley & Koch
- 54 Actor Roger
- 55 Washed
- 57 Sappiness
- 60 Essay
- 61 Textbook division
- 62 Refers to
- 63 Sinks
- 65 Decline
- 67 R-V center
- 68 Major surgery, to a shopper?
- 72 Sch. in Pullman
- 75 Dentist's letters
- 76 Calling
- 77 Tulsa residents
- 79 Loads
- 84 Preceding period
- 86 Cream cartons, often: abbr.
- 87 Company
- 88 Europe/Asia boundary
- 89 Youth org.
- 90 Endeavor
- 92 Tush
- 93 Standard

- 95 Take care of
- 100 To __; unanimously
- 102 Shopper's story?
- 105 Deficiency
- 108 Dry __ bone
- 109 __ grating; be ingratiating
- 110 Having lost status
- 112 LBJ's daughter
- Lynda and her husband
- 117 Part of a leg
- 119 Grain processing plant
- 121 Girl in "Little Women"
- 122 Treat surgically
- 124 Shopper's medication?
- 128 Olympic event for shoppers?
- 129 Singer
- Tennille
- 130 Final characters
- 131 Being: Lat.
- 132 Suffix for poet or giant
- 133 Attention-getters
- 134 Slip up

- 1 Beaming
- 2 __ word; succinctly
- 3 Extremely polite
- 4 Celebration
- 5 " __ Legend"; William
- 6 Austria's official lang.
- 7 African country: abbr.
- 8 __ form; behaving as expected
- 9 Barn sections
- 10 Mex.'s neighbor
- 11 Caesar and others
- 12 Items woven
- 13 In __; mired
- 14 Solutions
- 15 Tropical fruit
- 17 3.0 student's card
- 18 Snow, to Robert Burns
- 19 Casper's greeting
- 20 Hosp. personnel
- 21 Late Flynn
- 26 To be in Chartres
- 29 Abhor
- 31 Burmese coin
- 32 Hole maker

- 34 Tumor ending
- 36 Rectangular container
- 37 Colors
- 38 "All __"; 1984 Steve
- 39 Martin movie
- 40 Saucers aloft, for short
- 40 Pedro's relations
- 41 Rescuer
- 43 Melancholy
- 46 Kennedy or Clinton: abbr.
- 47 Fundamentals
- 48 Fisherman's need
- 49 Words to a traitor
- 51 Passes
- 53 Most profound
- 56 NJ's zone
- 58 Maui, for one: abbr.
- 59 Part
- 60 Seize control
- 61 Dieter's concern: abbr.
- 63 Bridge term
- 64 Celtics' org.
- 66 Rail
- 69 Address abbrs.
- 70 Nevertheless
- 71 Old 5-centime coin
- 72 Sacacious
- 73 Bristlelike part
- 74 Old map abbr.

- 78 Bit of an ear
- 79 Mongrel
- 80 __ code
- 81 Prego rival
- 82 Overfill
- 83 City on a fjord
- 85 Spanish glass
- 87 School building
- 89 Capital city
- 91 Charles, for one
- 94 Lawyers' org.
- 96 Richard of film
- 97 Actress Eleniak
- 98 Pompomed item
- 99 __ for; pick
- 101 Study in detail
- 103 Crude people
- 104 Grits
- 106 Type of beetle
- 107 Moore & others
- 110 Viral infection
- 111 Queens' site: abbr.
- 112 Clothe-
- 113 Musical work
- 114 Turkish titles
- 115 Scottish hillside
- 116 Plopped down
- 118 Abby's sis
- 120 Wading bird
- 123 Article
- 125 Ultimate degree
- 126 Digit
- 127 Poet's "above"

DOUBLE TAKE

By Mark Szorady

Find at Least Seven Differences Between Cartoons!

ANSWERS: 1. HAIR DIFFERENT 2. HAND DIFFERENT 3. SHIRT STRIPES DIFFERENT 4. SHIRT COLLAR MISSING 5. RAKE SHORTER 6. MAN SMILING 7. WORD BALLOON DIFFERENT

Calendar of Events *in the* Spotlight

Wednesday, Oct. 4

BETHLEHEM
DELMAR ROTARY
Normanside Country Club, 7:30 a.m., Information, 767-2930.

PLAYGROUP MEETING
First United Methodist Church playgroups will meet from 10:30 to noon in the nursery. Playgroup provides opportunity for childcare takers and pre-nursery school age children to socialize in a relaxed atmosphere. Information, call 439-9976, ext. 228.

MOTHERS OF PRESCHOOLERS (MOPS)
Christian fellowship group for mothers of preschool children, at the Delmar Reformed Church, 386 Delaware Ave., nursery care provided, 9:30 a.m. until 11:30 a.m., Information, call Jennifer at 439-9929 or e-mail, info@drchurch.org.

OPPORTUNITIES UNLIMITED
Board meetings first Wednesday of each month, open to public. Bethlehem Town Hall, 445 Delaware Ave., 4 p.m.

YOUTH EMPLOYMENT SERVICES
Parks and Recreation Office, Elm Avenue Park, 2-5:30 p.m. Information, 439-0503.

BETHLEHEM BUSINESS WOMEN
Normanside Country Club, Salisbury Road, Elsmere, 6 p.m.; dinner 6:30 p.m., program and meeting to follow dinner. Information, 439-7237.

SOLID ROCK CHURCH
evening prayer and Bible study, 1 Kenwood Ave., 7 p.m. Information, 439-4314.

CHENREZIG PRACTICE AND MEDITATION
Meditation on the Bodhisattva of Compassion, at the KTC Buddhist Center, Doane Stuart School, Route 9W, Albany, 7 p.m., Information, 374-1792.

BETHLEHEM LIONS CLUB (NOT IN JULY OR AUGUST)
Normanside Country Club, Delmar, 7 p.m. Information, 439-4857.

BETHLEHEM ELKS LODGE 2233
1016 River Road (Route 144), Cedar Hill, 7 p.m. Information, 767-2886.

HEALING TESTIMONY MEETING
First Church of Christ, Scientist, 555 Delaware Ave., 7:30 p.m. Information, 439-2512.

ZONING BOARD OF APPEALS
Bethlehem Town Hall, 445 Delaware Ave., 7:30 p.m. Information, 439-4955.

BINGO
Blanchard American Legion Post, 16 Poplar Drive, 7:30 p.m. Information, 439-9819.

BOY SCOUT TROOP 58 (WHEN SCHOOL IS IN SESSION)
Elsmere Elementary School, 247 Delaware Ave., 7:30 to 9 p.m.

BC SCHOOL BOARD
district office, 90 Adams Place, 7 p.m. Information, 439-7098.

ORDER OF THE EASTERN STAR
Onesquethaw Chapter, Masonic Temple, 421 Kenwood Ave., 8 p.m. Information, 439-2181.

CLARKSVILLE
Clarksville Historical Society presents "Down with Rent" by Bill Massoth, a forty minute slide show about the Anti-Rent

Wars today at 7p.m. at the Clarksville Church Rt 443 sponsored by the Clarksville Historical Society.

NEW SCOTLAND
V'VILLE ZONING BOARD
Village Hall, 29 Voorheesville Ave., 7 p.m. Information, 765-2692.

NEW SCOTLAND SENIORS
Wyman Osterhout Community Center, New Salem, call for time. Information, 765-2109.

PRAYER MEETING
evening prayer meeting and Bible study, Mountainview Evangelical Free Church, Route 155, 7:30 p.m. Information, 765-3390.

FAITH TEMPLE
Bible study, New Salem, 7:30 p.m. Information, 765-2870.

AA MEETING
First United Methodist Church of Voorheesville, 68 Maple St., 8 p.m.

Thursday, Oct. 5

BETHLEHEM
BETHLEHEM SENIOR CITIZENS
Bethlehem Town Hall, 445 Delaware Ave., 12:30 p.m. Information, 439-4955.

ADULT BIBLE STUDY
First Reformed Church of Bethlehem, 7 p.m., Route 9W, Selkirk. Information, 767-2243.

BETHLEHEM LUTHERAN
children's choir, 6:15 p.m., senior choir, 7 p.m., 85 Elm Ave. Information, 439-4328.

AA MEETINGS
Slingerlands Community Church, 1499 New Scotland Road, noon, and Delmar Reformed Church, 386 Delaware Ave., 8:30 p.m.

NEW SCOTLAND
THE CLOTHING CLOSET
A service supported by area Reformed churches to provide clothing to those in need; volunteers welcome. Clarksville Reformed Church, Route 443, Clarksville, 8:30-11:30 a.m. and 4-7 p.m. Information, 768-2916 or 439-5400.

V'VILLE LIBRARY
Lapsit stories for newborns to age two at 10:15 a.m. Signup required. Call 765-2791.

VOORHEESVILLE PUBLIC LIBRARY
Lapsit story time at Voorheesville Public Library at 10:15 a.m. Signup is necessary

SLINGERLANDS
Slingerlands Community United Methodist Church on 1499 New Scotland Road will hold new contemporary worship including meditation, fellowship, and song Thursday evenings at 6:30 p.m.

Friday, Oct. 6

BETHLEHEM
CHILDREN'S WRITING WORKSHOP (JULY AND AUGUST)
Bethlehem Public Library, 451 Delaware Ave., 9:30 a.m. - 11:30 a.m., Information, 439-9341.

NEW SCOTLAND
AA MEETING
First Reformed Church of Bethlehem, Route 9W, Selkirk, 7:30 p.m.

NEW SCOTLAND
CHABAD CENTER
Friday services, discussion and kiddush at sunset, 109 Elsmere Ave. Information, 439-8280.

NEW SCOTLAND
PIONEER CLUBS
For children grades 1 through junior high; Mountainview Evangelical Free Church, Route 155, 3:45-5 p.m. Information, 765-3390.

NEW SCOTLAND
FRIDAY FISH FRY (LENT ONLY)
Eat-in or take-out, New Salem Volunteer Fire Dept., Route 85A, 4:30-7 p.m. Information 765-2231.

NEW SCOTLAND
YOUTH GROUP MEETINGS
United Pentecostal Church, Route 85, New Salem, 7 p.m. Information, 765-4410.

VOORHEESVILLE PUBLIC LIBRARY
Book discussion at 7p.m. at Voorheesville Public Library for grades 2 and 3.

FIRST UNITED METHODIST CHURCH
The first United Methodist Church of Delmar will be holding an October Double Header event today from noon-8p.m. and Saturday, Oct. 7 from 8a.m.-2p.m. The Childrens Wish List sale in the Church Lounge featuring an array of items along with a book sale in the choir room. The public is welcome. Contact 439-9976 for information.

BETHLEHEM
AA MEETING
First Reformed Church of Bethlehem, 7 p.m., Route 9W, Selkirk. Information, 767-2243.

BETHLEHEM
CHURCH LUNCH (JUNE, JULY, AUGUST)
Sponsored by the South Bethlehem United Methodist Church, Willowbrook Avenue, weekly on Tuesdays, 11:30 a.m. to 1 p.m. Information, 767-9953.

BETHLEHEM
PRAYER MEETING
At Gospel Fellowship, 7 p.m., 10 Rockefeller Rd., Delmar, beneath Normans Kill bridge, Information 482-2132.

AA MEETING
First Reformed Church of Bethlehem, Route 9W, 7:30 p.m.

CHABAD CENTER
Friday services, discussion and kiddush at sunset, 109 Elsmere Ave. Information, 439-8280.

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BETHLEHEM
PRAYER MEETING
At Gospel Fellowship, 7 p.m., 10 Rockefeller Rd., Delmar, beneath Normans Kill bridge, Information 482-2132.

BETHLEHEM
ELSMERE FIRE COMMISSION
firehouse, Poplar Drive, 7:15 p.m. Information, 439-9144.

BETHLEHEM
A.W. BECKER PTA
Becker Elementary School, Route 9W, 7:30 p.m. Information, 767-2511.

BETHLEHEM
BINGO
at the Bethlehem Elks Lodge, Route 144, 7:30 p.m.

BETHLEHEM
SLINGERLANDS FIRE COMMISSION
firehouse, 8 p.m. Information, 439-4734.

NEW SCOTLAND
PRESCHOOL STORY TIME
Weekly at Voorheesville Public Library, 51 School Road, 10:15 a.m. Information, 765-2791.

NEW SCOTLAND
NIMBLEFINGERS/QUILTERS (SEPTEMBER-JUNE ONLY)
Voorheesville Public Library, 51 School Road, 1 to 3 p.m. Information, 765-2791.

NEW SCOTLAND
TOWN COUNCIL
New Scotland Town Hall, Route 85, 7 p.m. Information, 439-4889.

NEW SCOTLAND
PRAYER MEETING
evening prayer meeting and Bible study, Mountainview Evangelical Free Church, Route 155, 7:30 p.m. Information, 765-3390.

NEW SCOTLAND
FAITH TEMPLE
Bible study, New Salem, 7:30 p.m. Information, 765-2870.

NEW SCOTLAND
NEW SCOTLAND SENIORS
Wyman Osterhout Community Center, New Salem, call for time. Information, 765-2109.

NEW SCOTLAND
AA MEETING
Bethlehem Lutheran Church, 85 Elm Ave., 7:30 p.m.

NEW SCOTLAND
FOOD STAMP ASSISTANCE PROGRAM
Bethlehem Senior Services sponsors free program where representative of Legal Aid Society will help with food stamp applications, Appointment required, 10 a.m. to noon, Bethlehem Senior Services office, 445 Delaware Ave., 439-4955 ext. 173 or 174.

NEW SCOTLAND
PEACE VIGIL
Bethlehem Neighbors For Peace, weekly peace vigil, Four Corners intersection, Delmar, 5-6 p.m., Information, 439-1968.

NEW SCOTLAND
PLAYGROUP
First United Methodist Church, 428 Kenwood Ave. Meets 10:30 a.m. to noon in the nursery. The playgroup provides opportunities for child care takers and pre-nursery school age children to socialize in a relaxed atmosphere. Information, call 439-9976 ext. 228

NEW SCOTLAND
YOUTH EMPLOYMENT SERVICES
Parks and Recreation Office, Elm Avenue Park, 2-5:30 p.m. Also Wed. 2-5:30 p.m. Information, 439-0503.

DELMAR KIWANIS
Tool's Family Restaurant, Delaware Avenue, 6:15 p.m. Information, call Chris at 439-3026 or Gary at 439-9629

DELMAR ROTARY
Normanside Country Club, 7:30 a.m. Information, 767-2930.

CLASS IN JEWISH MYSTICISM
Delmar Chabad Center, 109 Elsmere Ave., 7 p.m. Information, 439-8280.

INDOOR PISTOL SHOOTING
Albany County Pistol Club, Winne Place, 7 to 9 p.m. Also Tuesday. Information, 439-0057.

Solid Rock Church, 1 Kenwood Ave., Glenmont, 439-4314.

South Bethlehem United Methodist Church, 65 Willowbrook Ave., 767-9953.

St. Michael's Shrine, Beacon Road at Route 9W, Glenmont, 462-2016.

St. Stephen's Episcopal Church, Poplar Drive and Elsmere Avenue, Delmar, 439-3265;

St. Thomas The Apostle Church, 35 Adams Place, Delmar, 439-4951.

Unity of Faith Christian Fellowship, 436 Krumkill Road, North Bethlehem, 438-7740.

All Nation's Baptist Church, 2558 Western Ave., Guilderland, 475-9086, ESL and Bible classes, 9 a.m.; Worship Services, 10 a.m.

Clarksville Community Church, Route 443, 768-2916.

Family Worship Center, 92 Lower Copeland Hill Road, Feura Bush, 768-2021.

Faith Temple; New Salem, 765-2870.

First United Methodist Church, 68 Maple Ave., Voorheesville, 765-2895.

Jerusalem Reformed Church, Route 32, Feura Bush, 439-0548.

Mountainview Evangelical Free Church, Route 155, Voorheesville, 765-3390.

Onesquethaw Reformed Church, Tarrytown Road, Feura Bush, 768-2133.

New Scotland Presbyterian Church, Route 85, 439-6454.

St. Matthew's Church, "Mountain View Road, Voorheesville, 765-2805.

Unionville Reformed Church, Delaware Turnpike, 439-5001.

United Pentecostal Church, Route 85, New Salem, 765-4410. DAY -

Monday, Oct. 9

BETHLEHEM
ELSMERE FIRE COMMISSION
firehouse, Poplar Drive, 7:15 p.m. Information, 439-9144.

BETHLEHEM
A.W. BECKER PTA
Becker Elementary School, Route 9W, 7:30 p.m. Information, 767-2511.

BETHLEHEM
BINGO
at the Bethlehem Elks Lodge, Route 144, 7:30 p.m.

BETHLEHEM
SLINGERLANDS FIRE COMMISSION
firehouse, 8 p.m. Information, 439-4734.

NEW SCOTLAND
PRESCHOOL STORY TIME
Weekly at Voorheesville Public Library, 51 School Road, 10:15 a.m. Information, 765-2791.

NEW SCOTLAND
NIMBLEFINGERS/QUILTERS (SEPTEMBER-JUNE ONLY)
Voorheesville Public Library, 51 School Road, 1 to 3 p.m. Information, 765-2791.

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New Scotland Town Hall, Route 85, 7 p.m. Information, 439-4889.

NEW SCOTLAND
PRAYER MEETING
evening prayer meeting and Bible study, Mountainview Evangelical Free Church, Route 155, 7:30 p.m. Information, 765-3390.

NEW SCOTLAND
FAITH TEMPLE
Bible study, New Salem, 7:30 p.m. Information, 765-2870.

DELMAR COMMUNITY ORCHESTRA
Rehearsal, Bethlehem Town Hall, 445 Delaware Ave., 7:30 p.m. Information, 439-7749.

ROYAL ARCH MASONS
Temple Chapter No. 5; Masonic Temple, 421 Kenwood Ave.

AA MEETING
Bethlehem Lutheran Church, 85 Elm Ave., 8:30 p.m.

NEW SCOTLAND
QUARTET REHEARSAL
United Pentecostal Church, Route 85, New Salem, 7:15 p.m. Information, 765-4410.

Tuesday, Oct. 10

BETHLEHEM
FARMERS MARKET (SUMMER ONLY)
Market and Chicken Barbeque, 2:30 p.m. to 6 p.m. rain or shine, First United Methodist Church, 428 Kenwood Ave.

BETHLEHEM
TREASURE COVE THRIFT SHOP
First United Methodist Church, 428 Kenwood Ave., 10 a.m. to 6 p.m. Gently used brand name clothing and accessories at very low prices.

BETHLEHEM
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Parks and Recreation Office, Elm Avenue Park, 2-5:30 p.m. Information, 439-0503.

SECOND MILERS (OCTOBER THRU JUNE)
Normanside Country Club, noon, Information, 439-2752.

SOLID ROCK CHURCH
evening prayer and Bible study, 7 p.m., 1 Kenwood Ave. Information, 439-4314.

CHENREZIG PRACTICE AND MEDITATION
Meditation on the Bodhisattva of Compassion, at the KTC Buddhist Center, Doane Stuart School, Route 9W, Albany, 7 p.m., Information, 374-1792.

TOWN BOARD
Bethlehem Town Hall, 445 Delaware Ave., 5:30 p.m. Information, 439-4955.

BETHLEHEM TOASTMASTERS
The Clubhouse, Adams Station Apts., 1 Juniper Drive, Delmar, 7:30 p.m. Information, 439-0871.

EVENINGS ON THE GREEN (JULY)
Bethlehem Public Library's Free Summer Concert Series, 7:30 p.m. Information, 439-9341.

BINGO
Blanchard American Legion Post, 16 Poplar Drive, 7:30 p.m. Information, 439-9819.

BOY SCOUT TROOP 58 (WHEN SCHOOL IS IN SESSION)
Elsmere Elementary School, 247 Delaware Ave., 7:30 to 9 p.m.

DELMAR FIRE COMMISSION
firehouse, Adams Place, 7:30 p.m. Information, 439-3851.

HEALING TESTIMONY MEETING
First Church of Christ, Scientist, 555 Delaware Ave., 7:30 p.m. Information, 439-2512.

Services *in the* Spotlight

a guide to services for your home

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a guide to services for your home **Services in the Spotlight**

Spotlight Classifieds

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Classified Information



Office Hours

Deadline
8:30 AM - 5 PM
Monday-Friday
Deadline: Thursday at 4PM for following week



Mail Address • In Person

Spotlight Newspapers
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In Schenectady County

Niskayuna Spotlight • Scotia-Glenville Spotlight • Rotterdam Spotlight

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Clifton Park/Halfmoon Spotlight • Burnt Hills Spotlight
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Spotlight Classifieds

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DELMAR-722 Feura Bush Road \$295,000. SPECIAL-CUSTOM BUILT-Brick 3-BR, 2BA, Central AC, Ranch, Sunshine Dinette Area, Beautiful Solarium & Kitchen Large 2car Attached Garage W/ Workshop. Bethlehem Schools. Paul; 518-439-1380

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DELMAR: Big, Bright Studio. \$575 mo Includes heat cable, garage. storage. Nanny position also available 475-1086.

DELMAR: Top floor of house 2bedrooms, great light, hardwood floors, freshly painted no smoking no pets \$895.+ month. 518-428-3761

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3076

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DARLING WORK picking and hour Monday thru Friday 8:30am -5:00pm. Accepting applications daily- no appointment needed. Friendly Home Parties, 25 Corporate Circle, (off Rte 155 between Western and Washington Ave Ext) Albany 452-0081

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Part-time clerical help wanted in my Delmar home business. Need someone for billing, invoicing, bookkeeping, filing correspondence. Knowledge of Quickbooks is essential. 2 to 4 hours per week. \$25/hour. Please call 475-7813.

PHYSICAL THERAPIST needed for preschool program for children with special needs. Competitive salary, very flex. schedule in Green County area. Resume to: Circle of Friends, 537 Route 9W, Glenmont, NY 12077, or fax to: 462-9162

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way Department trucks and equipment, welding. CDL license or permit required. Salary commensurate with experience. If interested, please call Pat Deurtze in the Highway Department office at 475-0385

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Notice of Formation of Black-out, LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 9/12/06. Office location: Albany Co. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The LLC, 73 Spring St., Ste 402., NY, NY 10013. Purpose: any lawful activities. LD-14319 (October 4, 2006)

LEGAL NOTICE

Notice of Formation of New Partners 3, LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on Feb 21, 2002 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 99 So Lake Ave, Albany, NY 12208 Box 13. Purpose: any lawful activity. LCD-14292 (October 4, 2006)

LEGAL NOTICE

Notice of Formation of Hamilton Arbor Associates, LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on Dec 24, 2003. Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 99 So. Lake Ave, Albany, NY 12208 Box 13 Purpose: any lawful activity. LCD-14293. (October 4, 2006)

LEGAL NOTICE

Notice of Formation of Ridge Rentals, LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on Jan 6, 2004. Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 99 So Lake Ave, Albany, NY 12208 Box 13. Purpose: any lawful activity. LCD-14294 (October 4, 2006)

LEGAL NOTICE

Notice of Formation of Rose Hill Rentals, LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on Dec 24, 2003. Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 99 So. Lake Ave, Albany, NY 12208 Box 13 Purpose: any lawful activity. LC-14295 (October 4, 2006)

LEGAL NOTICE

Notice of Formation of Middlesex Associates, LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on Oct 24, 2005. Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 99 So. Lake Ave, Albany, NY 12208 Box 13 Purpose: any lawful activity. LCD-14296 (October 4, 2006)

LEGAL NOTICE

Notice of Formation of JANP Properties, LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on Mar 15, 2004. Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 99 So. Lake Ave, Albany, NY 12208 Box 13 Purpose: any lawful activity. LCD-14297 (October 4, 2006)

LEGAL NOTICE

Notice of Formation of Teunis at Third Properties, LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on May 9, 2005. Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 99 So. Lake Ave, Albany, NY 12208 Box 13 Purpose: any lawful activity. LCD-14298 (October 4, 2006)

LEGAL NOTICE

served. SSNY shall mail process to: 99 So. Lake Ave, Albany, NY 12208 Box 13 Purpose: any lawful activity. LCD-14298

LEGAL NOTICE

Notice of Formation of 99 So Lake Avenue Associates, LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on Mar 5, 2004. Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 99 So. Lake Ave, Albany, NY 12208 Box 13 Purpose: any lawful activity. LCD-14299 (October 4, 2006)

LEGAL NOTICE

Notice of Formation of Clinton Alexander Holdings, LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on Oct 31, 2005. Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 99 So. Lake Ave, Albany, NY 12208 Box 13. Purpose: any lawful activity. LCD-14300 (October 4, 2006)

LEGAL NOTICE

Notice of Formation of First at Lark Holdings, LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on Oct 24, 2005. Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 99 So. Lake Ave, Albany, NY 12208 Box 13 Purpose: any lawful activity. LCD-14301 (October 4, 2006)

LEGAL NOTICE

Notice of Formation of Lexington First Holdings, LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on May 9, 2005. Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 99 So. Lake Ave, Albany, NY 12208 Box 13 Purpose: any lawful activity. LCD-14302 (October 4, 2006)

LEGAL NOTICE

Notice of Publication Ree & Associates LLC Arts. of Org. filed with SSNY on 08/18/06. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-14028 (October 4, 2006)

LEGAL NOTICE

Notice of Formation of Brilliant Business Strategies LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 1/4/06. Office location: Albany Co. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: the LLC, 301 E. 79th St, Ste 24-H, NY, NY 10021. Purpose: any lawful activities. LD-14029 (October 4, 2006)

LEGAL NOTICE

Notice of Formation of APN ASSOCIATES LLC. Arts. of Org. filed with Secy. of State of N.Y. (SSNY) on 6/12/06. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Corporation Service Company, 80 State St., Albany, NY 12207, registered agent upon whom process may be served. Term: until 2/29/2056. Purpose: all lawful

LEGAL NOTICE

activities. LC-14031 (October 4, 2006)

LEGAL NOTICE

Notice of Formation of OILCO LLC. Arts. of Org. filed with Secy. of State of N.Y. (SSNY) on 6/16/2006. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Corporation Service Company, 80 State St., Albany, NY 12207, registered agent upon whom process may be served. Term: until 5/31/2056. Purpose: all lawful activities. LD-14032 (October 4, 2006)

LEGAL NOTICE

Notice of Formation of SPYDIG LLC. Arts. of Org. filed with Secy. of State of N.Y. (SSNY) on 6/2/06. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Corporation Service Company, 80 State St., Albany, NY 12207, registered agent upon whom process may be served. Term: until 4/30/2056. Purpose: all lawful activities. LD-14033 (October 4, 2006)

LEGAL NOTICE

Notice of Qualification of SP 77 Worth Street LLC. Authority filed with Secy. of State of N.Y. (SSNY) on 6/21/01. Office location: Albany County. LLC formed in Delaware (DE) on 6/15/01. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o CT Corporation System, 111 8th Ave., NY, NY 10011, registered agent upon whom process may be served. DE address of LLC: c/o Corporation Trust Company, 1209 Orange St., Wilmington, DE 19801. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: all lawful purposes. LD-14038 (October 4, 2006)

LEGAL NOTICE

Notice of Formation of Superior Liability Management, LLC (LLC) Articles of Organization filed with the Secretary of State of New York (SSNY) on May 25, 2006. New York office location: Albany County. SSNY has been designated as agent of LLC upon whom process against it may be served. The post office address to which the SSNY shall mail a copy of any process against the LLC served upon it is 2 Arlene Avenue, Albany, New York 12203. The purpose of the LLC is any purpose for which a limited liability company may be organized under applicable law. LD-14044 (October 4, 2006)

LEGAL NOTICE

Notice of formation of a domestic limited liability company (LLC) The name of the LLC is New Horizon Stables LLC. The Articles of Organization of the LLC were filed with the SSNY on October 13, 2005. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 586 Pearse Road, Schenectady, NY 12309 Purpose: all lawful activities. LD-14046 (October 4, 2006)

LEGAL NOTICE

Notice of Qualification of Hop Energy, LLC. Authority filed with Secy. of State of NY (SSNY) on 8/11/06. Office location: Albany County. LLC formed in Delaware (DE) on 8/4/06. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o CT

LEGAL NOTICE

Notice of Qualification of Hop Energy, LLC. Authority filed with Secy. of State of NY (SSNY) on 8/11/06. Office location: Albany County. LLC formed in Delaware (DE) on 8/4/06. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o CT

LEGAL NOTICE

Corporate System, 111 Eighth Ave, NY, NY 10011, also registered agent. Address required to be maintained in DE: Corporation Trust Center, 1209 Orange St, Wilmington, DE 19801. Arts. of Org. filed with DE Secy. Of State, John G. Townsend Bldg., Dover, DE . Purpose: any lawful activities. LD-14047 (October 4, 2006)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: HARI OM OF SCHENECTADY LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 05/16/05. Office location: Schenectady County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 23 Old Niskayuna Road, Loudonville, New York 12211. Purpose: For any lawful purpose. LD-14048 (October 4, 2006)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: KINGS POINT APARTMENTS LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 02/17/05. Office location: Schenectady County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 23 Old Niskayuna Road, Loudonville, New York 12211. Purpose: For any lawful purpose. LD-14049 (October 4, 2006)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: QUEEN PHILOMENA REALTY LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 05/16/05. Office location: Schenectady County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 23 Old Niskayuna Road, Loudonville, New York 12211. Purpose: For any lawful purpose. LD-14050 (October 4, 2006)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: QUEEN POINT LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 04/04/06. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 1041 Watervliet Shaker Road, Albany, New York 12205. Purpose: For any lawful purpose. LD-14051 (October 4, 2006)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: WAGONER CONSTRUCTION LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 04/04/06. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 1041 Watervliet Shaker Road, Albany, New York 12205. Purpose: For any lawful purpose. LD-14052

LEGAL NOTICE

(October 4, 2006)

LEGAL NOTICE

Notice of Formation of Capital Area Style Homes, LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 7/19/05. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Dennis Bagley, Jr., P.O. Box 111, Albany, NY 12201. Purpose: any lawful activity. LD-14053 (October 4, 2006)

LEGAL NOTICE

Notice of Qualification of Loudon Road I, LLC. Authority filed with NY Dept. of State on 7/28/06. Office location: Albany County. Principal business address: 800 New Loudon Rd., Latham, NY 12110. LLC formed in Delaware (DE) on 7/26/06. Secy. of State designated as agent of LLC upon whom process against it may be served. Secy. of State shall mail process to: c/o CT Corporation System, 111 8th Ave., NY, NY 10011, registered agent upon whom process may be served. DE address of LLC: The Corporation Trust Co., 1209 Orange St., Wilmington, DE 19801. Arts. of Form. filed with DE Secy. of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: any lawful activity. LD-14054 (October 4, 2006)

LEGAL NOTICE

Notice of Qualification of Loudon Road II, LLC. Authority filed with NY Dept. of State on 7/28/06. Office location: Albany County. Principal business address: 800 New Loudon Rd., Latham, NY 12110. LLC formed in Delaware (DE) on 7/26/06. Secy. of State designated as agent of LLC upon whom process against it may be served. Secy. of State shall mail process to: c/o CT Corporation System, 111 8th Ave., NY, NY 10011, registered agent upon whom process may be served. DE address of LLC: The Corporation Trust Co., 1209 Orange St., Wilmington, DE 19801. Arts. of Form. filed with DE Secy. of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: any lawful activity. LD-14055 (October 4, 2006)

LEGAL NOTICE

Notice of Qualification of Prologics LLC. Authority filed with Secy. of State of NY (SSNY) on 8/4/06. Office location: Albany County. LLC formed in Delaware (DE) on 1/6/05. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o National Registered Agents, Inc. 875 Ave of the Americas, Ste 501, NY, NY 10001. Address required to be maintained in DE: 160 Greentree Dr., Ste. 100, Dover, DE 11904. Arts. of Org. filed with DE Secy. Of State, John G. Townsend Bldg., Dover, DE . Purpose: any lawful activities. LD-14056 (October 4, 2006)

LEGAL NOTICE

Notice of Formation of Hazelton Commons LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 8/21/06 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 48 East Old Country Rd., Mineola, NY 11501. Purpose: any lawful activity. LD-14057 (October 4, 2006)

LEGAL NOTICE

Notice of Formation of Daffie Realty Mgmt. LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 8/21/06

LEGAL NOTICE

Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 101 W 69th St., New York, NY 10023. Purpose: any lawful activity. LD-14058 (October 4, 2006)

LEGAL NOTICE

Notice of Formation of 2625-31 LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 8/23/06 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: PO Box 1970- Jaf Station, New York, NY 10116 . Purpose: any lawful activity. LD-14059 (October 4, 2006)

LEGAL NOTICE

Notice of Formation of Super Management Group LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 8/21/06 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 1274 49th St, Ste 323, Brooklyn, NY 11219. Purpose: any lawful activity LD-14060 (October 4, 2006)

LEGAL NOTICE

Notice of Formation of NY Retail Leasing LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 8/22/06 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 333 Jericho Tpke., Jericho, NY 11753. Purpose: any lawful activity. LD-14061 (October 4, 2006)

LEGAL NOTICE

Notice of Formation of Preston Holdings LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 5/26/06 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 777 Kent Ave, Ste 234, Brooklyn, NY 11206. Purpose: any lawful activity. LD-14061 (October 4, 2006)

LEGAL NOTICE

Notice of Formation of Maman Construction Co. LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 8/15/06 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 2954 Mott Ave, Far Rockaway, NY 11691. Purpose: any lawful activity. LD-14062 (October 4, 2006)

LEGAL NOTICE

Notice of Publication Millennium Emerging Markets Fund LLC Arts. of Org. was filed with SSNY on 05/10/99. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-14064 (October 4, 2006)

LEGAL NOTICE

Notice of Publication Puma Fund IV LLC Arts. of Org. was filed with SSNY on 05/02/02. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the

LEGAL NOTICE

same address. Purpose: all lawful activities. LD-14065 (October 4, 2006)

LEGAL NOTICE

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC). The name of the LLC is MARTEX, LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State, under Section 203 of the Limited Liability Law, on August 25, 2006. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 4 Thistledown Court, Loudonville, New York 12211. LD-14067 (October 4, 2006)

LEGAL NOTICE

Notice of Formation of TENTH STREET PROPERTIES LLC. Arts. of Org. filed with Secy. of State of N.Y. (SSNY) on 8/11/06. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Corporation Service Company, 80 State St., Albany, NY 12207, registered agent upon whom process may be served. Purpose: all lawful activities. LD-14077 (October 4, 2006)

LEGAL NOTICE

Notice of Formation of Avenue 1 Realty Group LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 7/21/06 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 1080 McDonald Ave., Room 215, Brooklyn, NY 11230. Purpose: any lawful activity. LD-14085 (October 4, 2006)

LEGAL NOTICE

Notice of Qualification of Novum Structures LLC. Authority filed with Secy. Of State of NY (SSNY) on 8/31/06. Office Location: Albany County. LLC formed in Delaware (DE) on 4/1/06. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the principal business location of the LLC: W126N8585 Westbrook Crossing, Menomonee Falls, WI. Arts. Of Org. filed with DE Secy. Of State, 401 Federal St., Dover, DE 19901. Purpose: any lawful activity. LD-14092 (October 4, 2006)

LEGAL NOTICE

New York State Department of State Division of Corporations, State Records And Uniform Commercial Code Albany, NY 12231 Under Section 1203 of the Limited Liability Company Law Name: Smith Philipp, PLLC. Articles of Organization filed with the Secretary of the State of New York on July 31, 2006. The County is: Albany. The Secretary of State is designated as agent of the limited liability company upon whom process against it may be served. The address within or without this state to which the Secretary of State shall mail a copy of any process against the limited liability company served upon him or her is: 32 Normanside Drive, Albany, NY 12208. The name and street address within this state of the registered agent of the limited liability company upon whom and at which process against the

LEGAL NOTICE

limited liability company may be served is: Helmut S. Philipp, Esq., 32 Normanside Drive, Albany, NY 12208. For any lawful purpose. LD-14094 (October 4, 2006)

LEGAL NOTICE

agent of LLC upon whom process against it may be served. SSNY shall mail process to: 1336 45th St., Brooklyn, NY 11219. Purpose: any lawful activity. LD-14102 (October 4, 2006)

LEGAL NOTICE

State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-14123 (October 4, 2006)

LEGAL NOTICE

County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-14130 (October 4, 2006)

LEGAL NOTICE

Notice of Publication SHAREX INTERNATIONAL LLC Arts. of Org. was filed with SSNY on 9/23/05. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-14138 (October 4, 2006)

LEGAL NOTICE

address of LLC: 515 Fairmount Ave., Towson, MD 21286. Arts. of Org. filed with MD Secy. of State, 301 W. Preston St., Baltimore, MD 21201. Purpose: any lawful activity. LD-14150 (October 4, 2006)

LEGAL NOTICE

the same address. Purpose: all lawful activities. LD-14183 (October 4, 2006)

LEGAL NOTICE

New York State Department of State Division of Corporations, State Records and Uniform Commercial Code Albany, NY 12231 Under Section 203 of the Limited Liability Company Law Name: Great Adirondack Properties, LLC. Articles of Organization filed with the Secretary of the State of New York on July 31, 2006. The County is: Albany. The Secretary of State is designated as agent of the limited liability company upon whom process against it may be served. The address within or without this state to which the Secretary of State shall mail a copy of any process against the limited liability company served upon him or her is: 32 Normanside Drive, Albany, NY 12208. The name and street address within this state of the registered agent of the limited liability company upon whom and at which process against the limited liability company may be served is: Helmut S. Philipp, Esq., 32 Normanside Drive, Albany, NY 12208. For any lawful purpose. LD-14095 (October 4, 2006)

LEGAL NOTICE

Notice of Publication Templar Capital Management LLC Arts. of Org. was filed with SSNY on 03/15/04. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-14105 (October 4, 2006)

LEGAL NOTICE

Notice of Publication WESTBROOKE LLC Arts. of Org. was filed with SSNY on 10/27/04. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-14124 (October 4, 2006)

LEGAL NOTICE

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC). The name of the LLC is ADVANCED INDUSTRIAL SOLUTIONS, LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State, under Section 203 of the Limited Liability Law, on August 2, 2006. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 21 Dunwoodie Road, Glenmont, New York 12207. LD-14131 (October 4, 2006)

LEGAL NOTICE

Notice of Publication VIEWFIELD LLC Arts. of Org. was filed with SSNY on 10/28/04. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-14139 (October 4, 2006)

LEGAL NOTICE

Notice of Qualification of Carrollton Shopping Center Ltd, using the name Carrollton Shopping Center Ltd, L.P. Authority filed with Secy. of State of NY (SSNY) on 08/24/06. Office location: Albany County. LP formed in Texas (TX) on 09/17/04. SSNY designated as agent of LP upon whom process against it may be served. SSNY shall mail process to: c/o National Registered Agents, Inc., 875 Avenue of the Americas., Ste. 501, NY, NY 10001, also registered agent. Principal address of LP: 5851 Ridge Bend Rd, Memphis, TN 38120. Name/ address of genl. ptr. available from SSNY. Cert. of LP filed with TX Secy. of State P.O. Box 13697, Austin, TX 78711-3697 Purpose: any lawful activities. LD-14151 (October 4, 2006)

LEGAL NOTICE

Notice of Publication LEIGHTON LLC Arts. of Org. was filed with SSNY on 2/01/05. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-14184 (October 4, 2006)

LEGAL NOTICE

Notice of Publication Lincombe LLC Arts. of Org. was filed with SSNY on 10/27/04. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-14106 (October 4, 2006)

LEGAL NOTICE

Notice of Publication BAILEX LLC Arts. of Org. was filed with SSNY on 8/02/04. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-14125 (October 4, 2006)

LEGAL NOTICES

Notice of Publication BLANDFORD LLC Arts. of Org. was filed with SSNY on 01/04/06. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-14140 (October 4, 2006)

LEGAL NOTICE

Notice of Qualification of Gramercy License, LLC. Authority filed with Secy. of State of NY (SSNY) on 8/30/06. Principal business location: 9348 Civic Center Drive, Beverly Hills, CA 90210. Office location: Albany County. LLC formed in Delaware (DE) on 7/31/06. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Company (CSC), 80 State St., Albany, NY 12207. DE address of LLC: c/o CSC, 2711 Centerville Road, Ste. 400, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: any lawful activity. LD-14170 (October 4, 2006)

LEGAL NOTICE

Notice of Publication NELGARDE LLC Arts. of Org. was filed with SSNY on 2/16/06. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-14185 (October 4, 2006)

LEGAL NOTICE

Notice of Qualification of CUSA1, LLC. Authority filed with Secy. of State of NY (SSNY) on 8/21/06. Office location: Albany County. LLC formed in Kentucky (KY) on 7/17/06. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Company, 80 State St., Albany, NY 12207. KY address of LLC: 421 West Main St., KY 40601. Arts. of Org. filed with KY Secy. of State, 700 Capital Avenue, Frankfort, KY 40601. Purpose: any lawful activity. LD-14097 (October 4, 2006)

LEGAL NOTICE

Notice of Qualification of AIMCO Harlem Funding, LLC. Authority filed with Secy. of State of NY (SSNY) on 8/21/06. Office location: Albany County. LLC formed in Delaware (DE) on 8/18/06. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207. DE address of LLC: 2711 Centerville Rd., Ste. 400, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Dover, DE 19901. Purpose: any lawful activity. LD-14120 (October 4, 2006)

LEGAL NOTICE

Notice of Publication SHIFTWARE TRADERS LLC Arts. of Org. was filed with SSNY on 4/26/99. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-14126 (October 4, 2006)

LEGAL NOTICE

Notice of Publication HAMBLEDON LLC Arts. of Org. was filed with SSNY on 7/12/05. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-14133 (October 4, 2006)

LEGAL NOTICE

Notice of Publication LEATHWELL LLC Arts. of Org. was filed with SSNY on 9/14/04. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-14141 (October 4, 2006)

LEGAL NOTICE

Notice of Qualification of Transaxie LLC. Authority filed with Secy. of State of NY (SSNY) on 9/6/06. Office location: Albany County. Principal business location: Rte. 73 & O'Donnell Lane, Cinnaminson, NJ 08877. LLC formed in Delaware (DE) on 8/4/06. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207. DE address of LLC: DE Secy. of State, Townsend Bldg., Dover, DE 19901. Purpose: any lawful activity. LD-14172 (October 4, 2006)

LEGAL NOTICE

Notice of Publication PENDERRY LLC Arts. of Org. was filed with SSNY on 4/14/03. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-14186 (October 4, 2006)

LEGAL NOTICE

Notice of Formation of Shandy Gross LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 8/30/06 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 69-31 68th St., Fresh Meadows, NY 11365. Purpose: any lawful activity. LD-14099 (October 4, 2006)

LEGAL NOTICE

Notice of Qualification of Bartech IT Solutions, LLC. Authority filed with Secy. of State of NY (SSNY) on 8/21/06. Office location: Albany County. LLC formed in Michigan (MI) on 2/4/05. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207. Principal business location/address of LLC: 17199 N. Laurel Park Dr., Ste. 224, Livonia, MI 48152. Arts. of Org. filed with MI Dept. of Consumer & Industry Services, PO Box 30054, Lansing MI 48909. Purpose: staffing services, human capital, and related outsourcing services. LD-14121 (October 4, 2006)

LEGAL NOTICE

Notice of Formation of D & V Wang LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 8/17/06. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Corporation Service Co., 80 State St., Albany, NY 12207. Purpose: any lawful activity. LD-14127 (October 4, 2006)

LEGAL NOTICE

Notice of Publication RADDLINGTON LLC Arts. of Org. was filed with SSNY on 7/12/05. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-14134 (October 4, 2006)

LEGAL NOTICE

Notice of Publication ERLANGER LLC Arts. of Org. was filed with SSNY on 1/06/04. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-14142 (October 4, 2006)

LEGAL NOTICE

Notice of formation of limited liability company ("LLC"). Name of LLC: TMT James, LLC. Articles of Organization filed with the Secretary of State of New York ("SSNY") on August 30, 2006. Office location: Albany County. SSNY has been designated as agent of LLC upon whom process against it may be served. SSNY shall mail a copy of any process against the LLC served upon it to TMT James, LLC, 52 James Street, Albany, New York 12207. LLC has been formed to engage in any lawful act or activity. LD-14180 (October 4, 2006)

LEGAL NOTICE

Notice of Publication NEUROMAX INTERNATIONAL LLC Arts. of Org. was filed with SSNY on 6/13/03. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-14187 (October 4, 2006)

LEGAL NOTICE

Notice of Formation of RKR Realty LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 8/30/06 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to 41 Pennington Way, Spring Valley, NY 10977. Purpose: any lawful activity. LD-14100 (October 4, 2006)

LEGAL NOTICE

Notice of Publication LAMBOURNE LLC Arts. of Org. was filed with SSNY on 4/19/05. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-14122 (October 4, 2006)

LEGAL NOTICE

Notice of Publication CLAREVILLE LLC Arts. of Org. was filed with SSNY on 4/05/04. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-14128 (October 4, 2006)

LEGAL NOTICE

Notice of Qualification of Sassy Girl Productions LLC. Authority filed with Secy. of State of NY (SSNY) on 09/01/06. Office location: Albany County. LLC formed in California (CA) on 7/18/06. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 9420 Wilshire Blvd., Ste 250, Beverly Hills, CA 90212. Arts. of Org. filed with CA Secy. Of State, 1500 11th St., Sacramento, CA 95814. Purpose: any lawful activities. LD-14136 (October 4, 2006)

LEGAL NOTICE

Notice of Publication TECHNICAL WELDING FABRICATORS LLC Articles of Organization filed with SSNY on 8/12/06. Office location: Albany County. SSNY is designated as agent of LLC whom process against may be served. SSNY shall mail process to the LLC, 121 Retreat House Rd., Glenmont, NY 12077. Purpose: all lawful activities. LD-14143 (October 4, 2006)

LEGAL NOTICE

Notice of Publication FORTESS LLC Arts. of Org. was filed with SSNY on 2/25/02. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-14189 (October 4, 2006)

LEGAL NOTICE

Notice of Publication KIMPTON LLC Arts. of Org. was filed with SSNY on 2/01/05. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-14188 (October 4, 2006)

LEGAL NOTICE

Notice of Formation of OPPL, LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 8/30/06 Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 158 Beach 113th St., Far Rockaway, NY 11694. Purpose: any lawful activity. LD-14101 (October 4, 2006)

LEGAL NOTICE

Notice of Publication PARKDALE LLC Arts. of Org. was filed with SSNY on 10/27/04. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46

LEGAL NOTICE

Notice of Publication FELBRIDGE LLC Arts. of Org. was filed with SSNY on 5/03/02. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-14129 (October 4, 2006)

LEGAL NOTICE

Notice of Publication ROYMOUNT LLC Arts. of Org. was filed with SSNY on 2/16/06. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-14137 (October 4, 2006)

LEGAL NOTICE

Notice of Qualification of Respiratory Health Services, LLC. Authority filed with NY Dept. of State on 8/23/2006. Office location: Albany County. LLC formed in Maryland (MD) on 10/10/1997. Secy. of State designated as agent of LLC upon whom process against it may be served. Secy. of State shall mail process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207. MD

LEGAL NOTICE

Notice of Publication DOWLAND LLC Arts. of Org. was filed with SSNY on 6/19/02. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-14189 (October 4, 2006)

LEGAL NOTICE

Notice of Formation of Croes Properties LLC Arts. of Org. filed with NY Secy. Of State (SSNY) on 8/31/06 Office location: Albany County. SSNY is designated as

LEGAL NOTICE

Notice of Publication ELDON LLC Arts. of Org. was filed with SSNY on 6/16/03. Office location: Albany

LEGAL NOTICE

LEGAL NOTICE

Notice of Publication CALLONFIELD LLC Arts. of Org. was filed with SSNY on 9/14/04. Office location: Albany County. SSNY designated as agent of LLC whom process against may be

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served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities.
LD-14190
(October 4, 2006)

LEGAL NOTICE

The company name is Noble Equipment Resources, LLC. The foreign qualification was filed on 08/17/2006. The office location is Albany County. The LLC was formed in Delaware on 08/11/2005. The address for service of process is 301 East 79th St., Suite 24-H, New York, New York 10021. Principal Address of the LLC is 8 Railroad Avenue, Second Floor, Suite 8, Essex CT 06426. A copy can be found at the SSDE, 401 Federal St. Dover DE 19901. The purpose is any lawful activities.
LD-14192
(October 4, 2006)

LEGAL NOTICE

The company name is Altura Capital Group, LLC. The foreign qualification was filed on 08/17/2006. The office location is Albany County. The LLC was formed in Delaware on 04/17/2006. The address for service of process is 301 East 79th St., Suite 24-H, New York, New York 10021. Principal Address of the LLC is 17 Battery Place, Suite 602, New York, NY 10004. A copy can be found at the SSDE, 401 Federal St. Dover DE 19901. The purpose is any lawful activities.
LD-14193
(October 4, 2006)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: ROSENBLUM PROPERTIES, L.L.C.. Application for Authority was filed with the Secretary of State of New York (SSNY) on 11/29/01. The LLC was originally filed with the Secretary of State of Delaware on 11/24/1998. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 115 Great Oaks Office Park, Albany, New York 12203. Purpose: For any lawful purpose.
LD-14194
(October 4, 2006)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: GREAT OAKS 300, L.L.C.. Application for Authority was filed with the Secretary of State of New York (SSNY) on 11/29/01. The LLC was originally filed with the Secretary of State of Delaware on 11/24/1998. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 115 Great Oaks Office Park, Albany, New York 12203. Purpose: For any lawful purpose.
LD-14195
(October 4, 2006)

LEGAL NOTICE

Notice of Publication LINDFORD LLC Arts. of Org. was filed with SSNY on 7/06/06. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities.
LD-14203
(October 4, 2006)

LEGAL NOTICE

NOTICE OF FORMATION

LEGAL NOTICE

OF LIMITED LIABILITY COMPANY. NAME: NEST EGG SOLUTIONS, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 09/05/06. Office location: Schenectady County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Lori Hudson, No# Rynex Corners Road, Pattersonville, New York 12137. Purpose: For any lawful purpose.
LD-14204
(October 4, 2006)

LEGAL NOTICE

Notice of Publication PLAFINA PETROCHEMICALS LLC Arts. of Org. was filed with SSNY on 6/16/06. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities.
LD-14219
(October 4, 2006)

LEGAL NOTICE

Notice of Publication CHARTERHOUSE MANAGEMENT SERVICES LLC Arts. of Org. was filed with SSNY on 2/17/05. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities.
LD-14220
(October 4, 2006)

LEGAL NOTICE

Notice of Publication AINWICK PROPERTIES LLC Arts. of Org. was filed with SSNY on 5/05/04. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities.
LD-14221
(October 4, 2006)

LEGAL NOTICE

Notice of Publication VESTA REAL ESTATE DEVELOPMENT LLC Arts. of Org. was filed with SSNY on 11/01/05. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities.
LD-14222
(October 4, 2006)

LEGAL NOTICE

Notice of Publication MELODY MAKER LLC Arts. of Org. was filed with SSNY on 9/15/06. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities.
LD-14223
(October 4, 2006)

LEGAL NOTICE

Notice of Qualification of Managed Alternative Global Investments, LLC. Authority filed with Secy. of State of NY (SSNY) on 9/7/06. Office location: Albany County. Prin-

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principal business location: 19540 Jamboree Rd., Ste. 400, Irvine, CA 92612. LLC formed in Delaware (DE) on 8/10/06. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Co. (CSC), 80 State St., Albany, NY 12207. DE address of LLC: c/o CSC, 2711 Centerville Rd., Ste. 400, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Dover, DE 19901. Purpose: private investment company.
LD-14225
(October 4, 2006)

LEGAL NOTICE

Notice of Qualification of GMR Marketing LLC. Authority filed with Secy. of State of NY (SSNY) on 12/16/03. Office location: Albany County. LLC formed in Wisconsin (WI) on 9/12/83. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o CT Corporation System, 111 8th Ave., NY, NY 10011, registered agent upon whom process may be served. WI address of LLC: 5000 S. Towne Dr., New Berlin, WI 53151. Arts. of Org. filed with WI Corp & Consumer Services, 345 W. Washington Ave., Madison, WI 53707. Purpose: any lawful activity.
LD-14235
(October 4, 2006)

LEGAL NOTICE

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC). The name of the LLC is DRAPER MANAGEMENT GROUP, LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State, under Section 203 of the Limited Liability Law, on September 18, 2006. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 12 Cornell Road, Latham, New York 12110.
LD-14236
(October 4, 2006)

LEGAL NOTICE

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC). The name of the LLC is APPLETINI'S, LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State, under Section 203 of the Limited Liability Law, on September 18, 2006. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 7 Mason Court, Loudonville, New York 12211.
LD-14237
(October 4, 2006)

LEGAL NOTICE

Please take notice that PEKKALA, L.L.C. filed its Articles of Organization with the Department of State on December 31, 2003, pursuant to Limited Liability Company Law Section 203. The office of the company is in Albany County at 83 Dumbarton Drive, Delmar, New York 12054. The Secretary of State is designated agent for service of process. The Secretary of State shall mail service of any process to P.O. Box 480, Delmar, New York 12054-0480. The purpose of the business of the company is any lawful purpose. The Member and

LEGAL NOTICE

Manager is Antoine E. Gerbini. The inclusion of the name of a person in this notice does not necessarily indicate that such person is personally liable for the debts, obligations, or liabilities of the limited liability company and such person's liability, if any, under applicable law is neither increased or decreased by reason of this notice.
LD-14238
(October 4, 2006)

LEGAL NOTICE

Notice of Publication MASHINOSTROYENIE LLC Arts. of Org. was filed with SSNY on 9/20/06. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities.
LD-14247
(October 4, 2006)

LEGAL NOTICE

Notice of Qualification of Evergreen Investment Management Company, LLC. Authority filed with Secy. of State of NY (SSNY) on 5/7/2001. Office location: Albany County. LLC formed in Delaware (DE) on 1/2/2001. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Co., 2711 Centerville Rd., Ste. 400, Wilmington, DE 19808. Principal office of LLC: 200 Berkeley St., Boston, MA 02116. Arts. of Org. filed with DE Secy. of State, P.O. Box 898, Dover, DE 19903. Purpose: any lawful activity.
LD-14248
(October 4, 2006)

LEGAL NOTICE

Notice of Qualification of Wachovia Shared Resources, LLC. Authority filed with Secy. of State of NY (SSNY) on 12/15/1999. Office location: Albany County. LLC formed in Delaware (DE) on 12/6/1999. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207, registered agent upon whom process may be served. Principal office of LLC: 301 S. College St., Charlotte, NC 28288. Arts. of Org. filed with DE Secy. of State, P.O. Box 898, Dover, DE 19903. Purpose: any lawful activity.
LD-14249
(October 4, 2006)

LEGAL NOTICE

Notice of Qualification of Wachovia Securities, LLC. Authority filed with Secy. of State of NY (SSNY) on 6/12/2003. Office location: Albany County. LLC formed in Delaware (DE) on 11/13/1986. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207, registered agent upon whom process may be served. Principal office of LLC: 901 E. Byrd St., Richmond, VA 23219. Arts. of Org. filed with DE Secy. of State, P.O. Box 898, Dover, DE 19903. Purpose: any lawful activity.
LD-14250
(October 4, 2006)

LEGAL NOTICE

Notice of Qualification of Filiberti 8, L.L.C. Authority filed with NY Dept. of State on 9/18/06. Office location: Albany County. LLC formed in New Jersey (NJ) on 4/1/05. Secy. of State designated as agent of LLC upon whom process against it may be served. Secy. of State shall mail process to: c/o Anthony Ciallella, 134 Fairview Rd., Rockaway, NJ 07866, the NJ address and

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principal business address of the LLC. Arts. of Org. filed with NJ Secy. of State, 225 W. State St., Trenton, NJ 08618. Purpose: any lawful activity.
LD-14251
(October 4, 2006)

LEGAL NOTICE

Notice of Qualification of GreenLink LLC. Authority filed with Secy. of State of NY (SSNY) on 2/22/2000. Office location: Albany County. LLC formed in Delaware (DE) on 12/27/1999. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207, registered agent upon whom process may be served. Principal office of LLC: 12854 Kenan Dr., Ste. 201, Jacksonville, FL 32258. Arts. of Org. filed with DE Secy. of State, P.O. Box 898, Dover, DE 19903. Purpose: any lawful activity.
LD-14252
(October 4, 2006)

LEGAL NOTICE

Notice of Publication PEMBER LLC Arts. of Org. was filed with SSNY on 9/21/06. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities.
LD-14257
(October 4, 2006)

LEGAL NOTICE

Notice of Publication APPLETON LLC Arts. of Org. was filed with SSNY on 9/21/06. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities.
LD-14264
(October 4, 2006)

LEGAL NOTICE

Notice of Publication ALSFORD LLC Arts. of Org. was filed with SSNY on 9/21/06. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities.
LD-14259
(October 4, 2006)

LEGAL NOTICE

Notice of Publication PENNENT LLC Arts. of Org. was filed with SSNY on 9/21/06. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities.
LD-14260
(October 4, 2006)

LEGAL NOTICE

Notice of Publication TRULI LLC Arts. of Org. was filed with SSNY on 9/21/06. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities.
LD-14261

LEGAL NOTICE

(October 4, 2006)

LEGAL NOTICE

Notice of Publication FORFAR LLC Arts. of Org. was filed with SSNY on 9/21/06. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities.
LD-14262
(October 4, 2006)

LEGAL NOTICE

Notice of Publication ALMANAC LLC Arts. of Org. was filed with SSNY on 9/21/06. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities.
LD-14263
(October 4, 2006)

LEGAL NOTICE

Notice of Publication BARNSTONE LLC Arts. of Org. was filed with SSNY on 9/21/06. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities.
LD-14264
(October 4, 2006)

LEGAL NOTICE

Notice of Publication HUMBLESHIRE LLC Arts. of Org. was filed with SSNY on 9/21/06. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities.
LD-14265
(October 4, 2006)

LEGAL NOTICE

Notice of Publication SCOTTFIELD LLC Arts. of Org. was filed with SSNY on 9/21/06. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities.
LD-14266
(October 4, 2006)

LEGAL NOTICE

Notice of Formation of A.C. Professional Home Inspections, LLC, Art. of Org. filed Sec'y of State (SSNY) 8/23/06. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to 35 Elm Avenue East, Selkirk, NY 12158. Purpose: any lawful activities.
LD-14279
(October 4, 2006)

LEGAL NOTICE

Notice of Qualification of ECI HOLDINGS, LLC App. For Auth. Filed Sec'y of State (SSNY) 8/16/06. Office location: Albany County. LLC org. in NV 4/4/05. SSNY designated as agent of LLC upon whom process against it may be served. SSNY

LEGAL NOTICE

shall mail copy of process to Brian Morgan, 12 W. Mesquite Blvd., Suite #108, Mesquite, NV 89027, the principal office address of LLC. Art. of Org. on file: SSNV, 206 Carson City, NV 89701-4299. Purpose: any lawful activities.
LD-14280
(October 4, 2006)

LEGAL NOTICE

Notice of Publication ADORETUS LLC Arts. of Org. was filed with SSNY on 11/05/02. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities.
LD-14282
(October 4, 2006)

LEGAL NOTICE

Notice of Publication GEMINIANI LLC Arts. of Org. was filed with SSNY on 5/15/03. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities.
LD-14283
(October 4, 2006)

LEGAL NOTICE

Notice of Publication GLASBROOK LLC Arts. of Org. was filed with SSNY on 9/14/04. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities.
LD-14284
(October 4, 2006)

NOTICE

Notice of Publication LANGFORD LLC Arts. of Org. was filed with SSNY on 2/16/06. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities.
LD-14285
(October 4, 2006)

LEGAL NOTICE

Notice of Publication ASSOCIATED EUROMEDIA INTERNATIONAL LLC Arts. of Org. was filed with SSNY on 4/10/03. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities.
LD-14286
(October 4, 2006)

LEGAL NOTICE

Notice of Publication BYRON BAY ESTATES LLC Arts. of Org. was filed with SSNY on 6/13/03. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities.

Sports *in the* Spotlight

Eagles beat Falcons in gridiron bird battle

By ROB JONAS

After two losses in the town of Colonie, the Bethlehem football team enjoyed some home cooking.

The Eagles built a five-touchdown lead and cruised to a 34-13 victory over Albany last Friday in a class AA cross-divisional game at Bethlehem.

"The whole week, the theme was getting back on track and getting into a rhythm because we hadn't run the ball well the last two weeks," said coach Ron Smith, whose Bethlehem team was coming off back-to-back losses to Shaker and Colonie.

Dan Unright and Brian Pauquette did most of the damage for the Eagles (1-1 division, 3-2 overall). Unright rushed for 180 yards and a touchdown, and Pauquette contributed 100 yards and three scoring runs.

"Every week has been an improvement for him," said Smith of Pauquette, who moved into a starter's role when Joe Whitney broke his leg three weeks ago. "Brian is a kid who worked hard and was disappointed when Whitney got the job, but he's improved every week since he's become the starter."

Meanwhile, Bethlehem's defense kept Albany off balance for much of the game — a welcome sign for a unit that allowed 61 points in its last two games.

"I think in our last two games, I was most disappointed because we had prided ourselves in having a good defense, and we didn't show it," said Smith.

Pauquette got things going for Bethlehem with a 38-yard touchdown run in the first quarter. Ethan Kolodny added the extra point to put the Eagles ahead 7-0.

Unright's touchdown came through the air in the second quarter when he caught a 25-yard scoring pass from Dave Plummer. Plummer then capped Bethlehem's next drive with a 1-yard

against Division II opponent Columbia. The Blue Devils opened the season with three consecutive victories, but have cooled off considerably in losses to Ballston Spa and Colonie the last two weeks.

"I look at Columbia as a very physical team, and we have to find a way to move the ball against them," said Smith.

Indians, 'Birds post impressive wins

Ravena-Coeymans-Selkirk and Voorheesville also bounced back from recent losses with impressive victories over Cohoes and Coxsackie-Athens respectively.

RCS (4-1) got big games from Pat Filkins and Jared Fortier in a 42-0 victory over Cohoes last Friday in Ravena. Filkins gained nearly 190 yards and had a touchdown run and a touchdown catch, while Fortier rushed for 100 yards and two scores for the Indians.

Fortier opened the scoring with a 19-yard touchdown run in the first quarter. Filkins then capped an RCS drive with an eight-yard scoring run to increase the lead to 14-0.

Fortier and quarterback Zack Deering each rushed for touchdowns in the third quarter to

double the Indians' lead to 28 points. Fortier scored from 10 yards out, and Deering scrambled 21 yards into the end zone. Deering then connected with Filkins on a 29-yard touchdown pass in the fourth quarter to give RCS a 35-0 lead.

Jake Latter added a 10-yard touchdown run late in the fourth quarter for the Indians, who host Bishop Maginn in a non-league game Friday.

Voorheesville's defense had a big day against Coxsackie-Athens

last Saturday. The Blackbirds held the Indians to minus-27 yards of total offense in a 61-0 victory.

Offensively, Voorheesville (4-1) did much of its damage on the ground. Pat Jones gained 230 yards and scored three touchdowns, while Adam Duncan and Brendan O'Keefe each contributed two touchdowns for the Blackbirds, who led 34-0 at half-time.

Voorheesville travels to Tamarac Friday night.

BCAA slates fund-raiser for unfunded sports teams

The Bethlehem Central Athletic Association is holding a fund-raiser Sunday, Oct. 8, for three high school teams — hockey, gymnastics and cheerleading — that were cut from this year's school budget and other athletic programs whose services have been re-duded.

Called Eagles Fly, the event is a walk-a-thon at the Bethlehem Central High School track. For a

donation, people can walk a lap around the track.

The event goes from 2 to 6 p.m. rain or shine. There will also be music provided by local bands.

Those who can't attend the event can still make a donation by writing checks made out to BCAA - Eagles Fly and mailing them to BCAA - Eagles Fly, Attn. Jeff Wendth, treasurer, P.O. Box 332, Delmar 12054.

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LEGAL NOTICE

LD-14287 (October 4, 2006)

LEGAL NOTICE

Notice of Publication PARLEY LLC Arts. of Org. was filed with SSNY on 11/29/05. Office location: Albany County, SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-14288 (October 4, 2006)

LEGAL NOTICE

Notice of Publication MAYWOOD LLC Arts. of Org. was filed with SSNY on 6/19/02. Office location: Albany County, SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, AL-

LEGAL NOTICE

bany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-14289 (October 4, 2006)

LEGAL NOTICE

Notice of Publication RINGSLADE LLC Arts. of Org. was filed with SSNY on 6/19/02. Office location: Albany County, SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-14290 (October 4, 2006)

LEGAL NOTICE

NOTICE OF FORMATION OF A PROFESSIONAL LIMITED LIABILITY COMPANY (PLLC). The name of the PLLC is

LEGAL NOTICE

GERALD J. HAUSLER, D.O. PLLC. The Articles of Organization of the PLLC were filed with the NY Secretary of State, under Section 1203 of the Limited Liability Law, on December 23, 1999. The purpose of the PLLC is to engage in any lawful act or activity. The office of the PLLC is to be located in Albany County. The Secretary of State is designated as the agent of the PLLC upon whom process against the PLLC may be served. The address to which the Secretary of State shall mail a copy of any process against the PLLC is 37 Covington Court, Niskayuna, New York 12309. LD-14305 (October 4, 2006)

LEGAL NOTICE

NOTICE OF ORGANIZATION OF LITLBYT LLC On September 20, 2006, LITLBYT LLC (the "LLC") filed Articles of Organization with the New York State Department of State. The office of the LLC is to be located in Albany County. The

LEGAL NOTICE

New York Secretary of State is designated as the agent upon whom process against the LLC may be served. The post office address to which the Secretary of State shall mail a copy of any process against the LLC served upon him or her to the LLC, is c/o James T. Bytner, 304 Grooms Road, Clifton Park, New York 12065. The address of the principal business location of the LLC is 27 Fuller Road, Albany, New York 12205. The LLC is organized for the purpose of a bar and restaurant establishment, as well as any other lawful business. LD-14305 (October 4, 2006)

LEGAL NOTICE

RESOLUTION NO. 39 RESOLUTION AND PUBLIC NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethlehem in the County of Albany, State of New York has on the 27th day of September 2006, duly adopted, subject to a permis-

LEGAL NOTICE

sive referendum, a resolution as follows: WHEREAS, the Town Board of the Town of Bethlehem has determined that it is necessary to fund the purchase of a Planning/Engineering software system, and WHEREAS, it is estimated that the costs of said work will not exceed \$44,500; and WHEREAS, in recognition of these needs, funds for such purpose are in the General Fund Capital Reserve Fund; and, NOW, THEREFORE, BE IT RESOLVED that it is in the public interest to complete the purchase of the software as described above; and BE IT FURTHER RESOLVED, that the Town Board authorizes the expenditure of the reserve moneys to fund this project up to a maximum amount of \$44,500 and, BE IT FURTHER RESOLVED, that the Town Comptroller is authorized to expend from the General Fund Capital Reserve Fund the funds necessary up to \$44,500 in said reserve fund; and

LEGAL NOTICE

This resolution shall be subject to a permissive referendum, as permitted by law. The motion to adopt the resolution was made by Mr. Messina, was seconded by Mr. Kotary and duly adopted by the following vote: AYES: Ms. Egan, Mr. Gordon, Mr. Messina, Mr. Kotary. NOES: None. ABSENT: Mr. Plummer DATED: September 27, 2006 LD-14312 (October 4, 2006)

LEGAL NOTICE

Notice of Qualification of Digo Touring, LLC. Authority filed with NY Dept. of State on 9/8/06. Office location: Albany County. Principal business address: 9348 Civic Center Dr., 4th Fl., Beverly Hills, CA 90210. LLC formed in Delaware (DE) on 7/7/06. Secy. of State designated as agent of LLC upon whom process against it may be served. Secy. of State shall mail process to: c/o Corporation Service Co. (CSC), 80 State St.,

LEGAL NOTICE

Albany, NY 12207. DE address of LLC: c/o CSC, 2711 Centerville Rd., Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Suite 4, Dover, DE 19901. Purpose: promote live theatrical events. LD-14313 (October 4, 2006)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: JTM CONSTRUCTION, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 07/13/06. The latest date of dissolution is 12/31/2105. Office location: Albany County, SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, Post Office Box 11424, Albany, New York 12211. Purpose: For any lawful purpose. LD-14108 (October 4, 2006)

Indians

(From Page 40)

flection by a Voorheesville defender early in the first half. Britany Holcomb stopped 16 shots for the Blackbirds.

"This is a much better team athletically and skill-wise, but the goals we gave up were all preventable," said Santos. "With more experienced players, this wouldn't have happened."

RCS has some hurdles to clear in its regular season, including rematches with Schalmont and Mechanicville. But once it enters the Section II, class A playoffs, RCS must contend with such traditional powers as Scotia-Glenville and defending champion Burnt Hills-Ballston Lake.

Hummel said she likes her team's chances, but only if the Lady Indians play as well as they are capable of playing.

"We can play with anyone. It just depends on what team shows up," she said.

As for Voorheesville, Santos is looking for continued improvement in his players as they try to break into the win column.

"Over the years, we've lost some girls, and now we're working with some girls who are learning the game," he said.

The Blackbirds' next opportunity comes Wednesday night when they travel to Cobleskill-Richmondville to face a Bulldogs squad that owns a 1-5 league mark (3-6 overall).

Lady Eagles extend unbeaten streak

The Bethlehem girls soccer team earned two ties and two wins last week to extend its unbeaten streak to nine games.

The Lady Eagles (5-1-4, 6-1-5)

and played Big 10 leader Amsterdam to a scoreless draw last Wednesday before beating Colonie 5-0 last Thursday and Roy C. Ketcham 2-0 last Saturday.

Pencils

(From Page 40)

8. The Buffalo Sabres recently unveiled:

- A.) A new logo
- B.) A new uniform
- C.) Their newest way to disenfranchise their fans

9. The Carolina Hurricanes will:

- A.) Win the Southeast Division
- B.) Win the Stanley Cup
- C.) Be Albany's newest favorite NHL team

10. Dominik Hasek will:

- A.) Be Detroit's starting goaltender this year
- B.) Lead the Western Conference in goals against average
- C.) Be forced to retire after getting stuck in his butterfly stance

11. The New England Patriots' 38-13 victory over Cincinnati proved:

- A.) Tom Brady can succeed without Deion Branch to throw to
- B.) Lawrence Maroney will be a worthy successor to Corey Dillon

Laura Boucher tallied a goal in each of Bethlehem's two wins last week, and Kiersten Swete recorded three consecutive shut-outs. Kate Halvorsen, Taylor Teal, Julia Cardamone, Tee Ladouceur,

Becca Young and Kaitlyn Martin also scored goals during the four-game stretch.

Bethlehem hosts Guilderland Wednesday in a Suburban Council game.

C.) Bill Belichick is a certified football genius, and all other NFL coaches should bow down to him

12. Before the NFL season is over, Chad Pennington will:

- A.) Lead the New York Jets to the playoffs
- B.) Earn a higher passer rating than Peyton Manning
- C.) Tear his rotator cuff tying his shoelaces

13. The New York Giants used their bye week to:

- A.) Prepare for their home game against Washington
- B.) Nurse any injuries they accumulated in the first three games
- C.) Find a link between

Tom Coughlin and instability in the Middle East

14. The Cleveland Browns and the Oakland Raiders:

- A.) Played each other Sunday
- B.) Will finish last in their respective divisions
- C.) Will move to Los Angeles by 2010

15. Terrell Owens:

- A.) Overcame a broken hand and a drug overdose to catch five passes Sunday in Tennessee
- B.) Denied his overdose was the result of a suicide attempt
- C.) Will cause Bill Parcells to check into a psychiatric ward before Thanksgiving

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BBC accepting registrations

The Bethlehem Basketball Club is accepting registrations for its co-ed recreational programs.

The third- and fourth-grade program (formerly known as the Elsmere Basketball Club) runs from November through February. The fifth- through eighth-grade program also begins in November, and the high school program starts in December.

For information, call Reid Sperber at 439-6635.

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High school sports results for the week of Sept. 25 to Oct. 1

Friday, Sept. 29

FOOTBALL

Bethlehem 34, Albany 13

First quarter

BC — Brian Pauquette 38-yard run (Ethan Kolodny kick)

Second quarter

BC — Dan Unright 25-yard pass from David Plummer (Kolodny kick)

BC — Plummer 1-yard run (Kolodny kick)

Third quarter

BC — Pauquette 6-yard run (kick failed)

Fourth quarter

BC — Pauquette 2-yard run (Kolodny kick)

Alb — Murray 5-yard run (Zach Stellato-White kick)

Alb — Graham 70-yard run (kick failed)

RCS 42, Cohoes 0

First quarter

RCS — Jared Fortier 13-yard run (Justin Tofinchino kick)

RCS — Pat Filkins 8-yard run (Tofinchino kick)

Third quarter

RCS — Fortier 10-yard run (Tofinchino kick)

RCS — Zack Deering 21-yard run (Tofinchino kick)

Fourth quarter

RCS — Filkins 29-yard pass from Deering (Tofinchino kick)

RCS — Jake Latter 10-yard run (Tofinchino kick)

BP — Mike Kinowski 19-yard run (conversion pass failed)

BOYS SOCCER

Columbia 4, Bethlehem 3

Bethlehem scoring: Bill Barrowman 1-1, Darko Knezevic 1-0, Patrick Meany 1-0, Rob Wexler 0-1

Bethlehem saves: Jason Daniels 5

Voorheesville 2, RCS 1

Voorheesville scoring: Dom Venditti 1-1, Kevin Klembezyk 1-0, Matt Miller 0-1

Voorheesville saves: 8

RCS scoring: Henry Ramberg 1-0

RCS saves: Corey David 10

Saturday, Sept. 30

CROSS COUNTRY

Galway Invitational

Boys division

Division I standings: Voorheesville 34, North Warren 88, Berne-Knox-Westerlo 115, Berlin 118, Mayfield 150, Schenectady Christian 162, Maple Hill 174, Corinth 181, Granville 190, Galway 238, Hawthorne Valley 254, Schoharie 356

Top 5 individuals: Macky Lloyd (V'ville) 15:34, Danny Boulson (Berlin) 15:58, Joshua Norman (May) 16:00, Phil Hartshorn (Berlin) 16:03, Ryan Allison (V'ville) 16:21

Division II standings: Averill Park 40, Ballston Spa 51, Albany 118, Amsterdam 127, Fonda 137, Albany Academy 172, South Glens Falls 182, Catskill 204, LaSalle 244, Gloversville 250, Ravena-Coeymans-Selkirk 284, Troy 337, Johnstown 361

Girls division

Division I standings: Voorheesville 33, Berlin 71, Mayfield 81, Berne-Knox-Westerlo 114, Schoharie 126, Maple Hill 143, North Warren 164, Corinth 195, Mechanicville 207

Top 5 individuals: Kelsey Demick

(Berlin) 18:23, Hilary Edmunds (V'ville) 18:38, Kimberly Negrich (May) 19:14, Chantal Little (V'ville) 19:28, Grace Giampaglia (V'ville) 19:37

Division II standings: Amsterdam 39, Ballston Spa 55, Cohoes 84, Averill Park 103, South Glens Falls 108, Albany 145, Catskill 179, Ravena-Coeymans-Selkirk 225

Warwick Invitational

Boys division

Division III standings: Shen 31, Smithtown 58, Guilderland 176, Pawling 195, Westhill 199, Red Hook 205, Newark Valley 243, Mepham 275, Commack 293, Horace Greeley 311, Walt Whitman 324, Sauquoit Valley 348, New Paltz 356, West Islip 357, Elmira Free Academy 435, Levittown 436, Massapequa 437, Goshen 445, Ontario 451, Bethlehem 466, Edgemont 584, Beacon 603, Minisink Valley 692, Sullivan West 706, Chapel Field Christian 743, Hudson Falls 766, West Seneca East 796, Homer 797, Mineola 823

Top Bethlehem runner: Scott Davis (33rd place, 16:58.5)

Girls division

Division III standings: Shen 60, Bay Shore 91, Bethlehem 153, Elmira South Side 199, Sauquoit Valley 221, Massapequa 238, Mepham 263, Levittown 273, Broadalbin-Perth 274, Newark Valley 307, Pawling 320, Duanesburg 336, Pine Bush 339, Sullivan West 353, North Shore 367, Homer 369, West Seneca East 385, West Islip 450, Hudson Falls 482, Ontario 495, Elmira Free Academy 555, W.T. Clarke 556, Monticello 557, Delhi 621, Goshen 656, Minisink Valley 741

FOOTBALL

Voorheesville 61, Coxsackie-Athens 0

First quarter

V'ville — Pat Jones 21-yard run (Matt Miller kick)

V'ville — Adam Duncan 1-yard run (Miller kick)

Second quarter

V'ville — Jay Conde 8-yard run (Miller kick)

V'ville — Jones 40-yard run (kick failed)

V'ville — Brendan O'Keefe 9-yard run (Miller kick)

Third quarter

V'ville — Duncan 1-yard run (Miller kick)

V'ville — Jones 51-yard run (kick failed)

Fourth quarter

V'ville — O'Keefe 6-yard run

(Miller kick)

V'ville — Alex Zvinovsky 51-yard run (Miller kick)

GIRLS SOCCER

RCS 3, Voorheesville 0

RCS scoring: Lauren Howley 2-0 (other goal deflected off Voorheesville player)

RCS saves: Elisha VanKampen 3

Voorheesville saves: Brittany Holcomb 8

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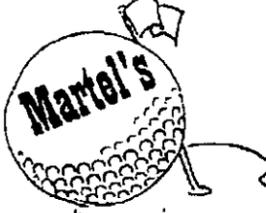
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MAKING SENSE OF INVESTING

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Statement of Ownership, Management, and Circulation

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10. Owner (Do not leave blank. If the publication is owned by a corporation, give the name and address of the corporation immediately followed by the names and addresses of all stockholders owning or holding 1 percent or more of the total amount of stock. If not owned by a corporation, give the names and addresses of the individual owners. If owned by a partnership or other unincorporated firm, give its name and address as well as those of each individual owner. If the publication is published by a nonprofit organization, give its name and address.)		
Full Name Spotlight, LLC	Complete Mailing Address 125 Adams Street, Delmar NY 12054	
11. Known Bondholders, Mortgagees, and Other Security Holders Owning or Holding 1 Percent or More of Total Amount of Bonds, Mortgages, or Other Securities. If none, check box <input type="checkbox"/> None		
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13. Publication Title The Spotlight	14. Issue Date for Circulation Data Below 9/27/06	
15. Extent and Nature of Circulation	Average No. Copies Each Issue During Preceding 12 Months	No. Copies of Single Issue Published Nearest to Filing Date
a. Total Number of Copies (Net press run)	7,068	7,314
(1) Paid (Required Outside-County Mail Subscriptions Stated on Form 3541. (Exclude advertiser's proof and exchange copies)	193	186
(2) Paid In-County Subscriptions Stated on Form 3541 (Exclude advertiser's proof and exchange copies)	4,010	3,833
(3) Sales Through Dealers and Carriers, Street Vendors, Counter Sales, and Other Non-USPS Paid Distribution	2,290	2,512
(4) Other Classes Mailed Through the USPS	0	0
c. Total Paid and/or Requested Circulation (Sum of 15b, (1), (2), (3), and (4))	6,493	6,531
d. Free Distribution by Mail (Carriers or other means)	0	0
(1) Outside-County as Stated on Form 3541	0	0
(2) In-County as Stated on Form 3541	0	0
(3) Other Classes Mailed Through the USPS	0	0
e. Free Distribution Outside the Mail (Carriers or other means)	512	710
f. Total Free Distribution (Sum of 15d, and 15e.)	512	710
g. Total Distribution (Sum of 15c, and 15f.)	7,005	7,241
h. Copies not Distributed	63	73
i. Total (Sum of 15g, and h.)	7,068	7,314
j. Percent Paid and/or Requested Circulation (15c divided by 15g, times 100)	92.69%	90.19%
16. Publication of Statement of Ownership (PS Form 3526) required. Will be printed in the 10/4/06 issue of this publication. <input type="checkbox"/> Publication not required.		
17. Signature and Title of Editor, Publisher, Business Manager, or Owner John McIntyre		Date 9/29/06
I certify that all information furnished on this form is true and complete. I understand that anyone who furnishes false or misleading information on this form or who omits material or information requested on the form may be subject to criminal sanctions (including fines and imprisonment) and/or civil sanctions (including civil penalties).		

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- Complete and file one copy of this form with your postmaster annually on or before October 1. Keep a copy of the completed form for your records.
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- If the publication had Periodicals authorization as a general or regular publication, this Statement of Ownership, Management, and Circulation must be published; it must be printed in any issue in October or, if the publication is not published during October, the first issue printed after October.
- In item 16, indicate the date of the issue in which this Statement of Ownership will be published.
- Item 17 must be signed.

Failure to file or publish a statement of ownership may lead to suspension of Periodicals authorization.

PS Form 3526, October 1999 (Reverse)

Sports *in the* Spotlight

Upcoming schedule

Wednesday, Oct. 4

FIELD HOCKEY

Bethlehem at Guiderland, 4 p.m.

GIRLS SOCCER

Guiderland at Bethlehem, 4 p.m.

RCS at Lansingburgh, 4 p.m.

Voorheesville at Cobleskill, 6:30 p.m.

BOYS VOLLEYBALL

Bethlehem at Guiderland, 4 p.m.

Thursday, Oct. 5

FIELD HOCKEY

Niskayuna at Bethlehem, 7:30 p.m.

GOLF

Bethlehem at Section II Tournament, 8:30 a.m.

BOYS SOCCER

Bethlehem at Shaker, 4 p.m.

Mechanicville at Voorheesville, 4 p.m.

RCS at Cohoes, 4 p.m.

GIRLS SWIMMING

Shen at Bethlehem, 4:30 p.m.

Bethlehem at Colonie, 4 p.m.

Watervliet at RCS, 4 p.m.



Ravena-Coeymans-Selkirk's Lauren Howley (9) battles with Voorheesville's Allie Beligiovine for the ball during Saturday's Colonial Council game at Voorheesville. Howley scored two goals to lead the Lady Indians to a 3-0 victory. *Rob Jonas/Spotlight*

Lady Indians are a work in progress

Young RCS team sits in second place at season's midpoint

By ROB JONAS

When the Ravena-Coeymans-Selkirk girls soccer team gives a peak performance, few Section II teams can compete with it.

The trouble is, the Lady Indians haven't sustained a high level of play through a whole game recently.

Fortunately for RCS, its inconsistent play hasn't cost it many wins. The Lady Indians sit in sec-

ond place in the Colonial Council entering Wednesday's game at Lansingburgh, one game in the loss column behind league-leading Schalmont.

"We have a pretty young team and a pretty inexperienced team, but they're hard workers," said RCS coach Danielle Hummel.

The Lady Indians' lone league loss came last Tuesday at Schalmont, and inconsistency was to blame. RCS (6-1 league, 8-2 overall) jumped out to a 3-0 lead, only to watch as Schalmont (8-0, 9-3) rallied with four unanswered goals to pull out a 4-3 overtime victory.

"We stopped playing," said

Hummel. "We had a three-goal lead, and we got complacent. We didn't take care of business."

Inconsistency reared its head again in RCS's latest win, a 3-0 victory over Voorheesville last Saturday. The Lady Indians scored twice in the first two minutes, but then they didn't score again until late in the second half, even though they held possession for much of the game.

"We were just playing the ball over the top and hoping someone would get to it, and that doesn't work," said Hummel. "We score goals when we want to. We had two goals in the first two minutes of the game, and then we got com-

placent."

Voorheesville's defense had a part in frustrating RCS. Though the Blackbirds (0-6, 0-8) spent much of the game chasing the ball, they had enough energy to prevent the Lady Indians from having a lot of clean looks at the goal.

"I'm dropping people back because we don't have as much skill up front as we've had in the past," said Voorheesville coach Joe Santos.

Senior Lauren Howley scored two goals to lead RCS. The Lady Indians' other goal came off a de-

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Hope you have your No. 2 pencils ready

By ROB JONAS

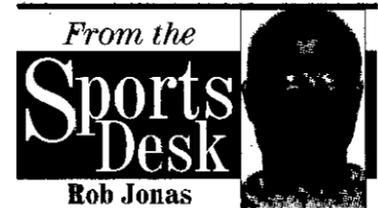
Pop quiz time, boys and girls. Get out your No. 2 pencils and choose the correct statement from the choices listed below. Ready?

1. Pedro Martinez needs rotator cuff surgery and will return:

- A.) After the 2007 All-Star Game
- B.) In time for the New York Mets' September drive
- C.) As the Mets' new mascot

2. Roger Clemens just:

- A.) Got accused of using human growth hormones in Jason Grimsley's testimony
- B.) Pitched his last game as a Houston Astro



C.) Announced he's joining Mark McGwire and Rafael Palmeiro on a new traveling softball team

3. The St. Louis Cardinals narrowly avoided:

- A.) Falling out of first place in the National League Central
- B.) Missing the playoffs
- C.) Being called a bigger bust than "Joey"

4. The Minnesota Twins

won the American League Central division by:

- A.) Beating the Chicago White Sox on the final day of the regular season
- B.) Watching the Detroit Tigers lose to Kansas City on the final day
- C.) Making a deal with the devil to avoid a first-round meeting with the Yankees

5. Boston Red Sox fans are dealing with their team's third-place finish by:

- A.) Lamenting their late-season collapse
- B.) Talking optimistically about all the young talent coming up
- C.) Blaming George Steinbrenner

6. By the start of the next baseball season:

- A.) Joe Girardi will be managing the Chicago Cubs
- B.) Dusty Baker will be managing the Washington Nationals
- C.) Terry Francona will be managing a 7-11

7. The New York Rangers were in Lake George earlier this week:

- A.) For team building exercises
- B.) To prepare for their season opener
- C.) To view the spectacular fall foliage and go antiquing

□ PENCILS/page 38