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# Health

## Health

Supplement inside

### Area News



### "The Boy Friend" hits the stage

Bethlehem's auditorium has been transformed into the French Riviera this week by the Stage 700 acting troupe.

See story on Page 3.



### Fundraising magic

Last summer, Mohonasen Athletic Director Joseph Scalise started looking into ways the district could raise money for a new scoreboard at the football field.

See story on Page 26.



### Boys lacrosse

Could this be the year that the Niskayuna boys lacrosse team is knocked off its perch as the Section II, Class A champions? There are several Suburban Council teams looking to do just that.

See story on Page 40.

**THE**

*Serving the Towns of Bethlehem & New Scotland*

# Spotlight

WWW.SPOTLIGHTNEWS.COM

VOLUME LI      NUMBER 13      75¢      MARCH 26, 2008

# A NEW CHALLENGE

### Schools work to provide challenges for gifted learners



By JENNIFER FARNSWORTH  
news@spotlightnews.com

Over the past decade, there have been revolutionary changes in how our children are taught. Special education now has a major role in schools, providing a curriculum for children with special needs, ranging from attention deficit disorder to Down syndrome. These days, educators are also faced with the challenge of ensuring that children considered academically gifted are getting the opportunity to learn at their level.

State education incentives, district programs and parent advocacy groups are playing a role in providing programs within public schools for advanced learners.

In response to the need

■ *New Page 10*

### Young Scholars and Odyssey of the Mind offer additional learning opportunities

### Programs to exercise the mind

By JENNIFER FARNSWORTH  
news@spotlightnews.com

Parents and teachers involved with courses offered to gifted students are passionate about what these classes can contribute. From fun extra-curricular activities to honors classes, what is being offered to kids has come a long way from the half hour a week of what was once called "TAG," or talented and gifted, student programs.

Bob Hanlon, communications director of the Scotia-Glenville School District, said recent talks about changing the honors program setup for elementary students have brought out some strong opinions from parents who serve on the Young Scholars Committee.

□ *Mind Page 15*

## Public gets say on 'high-end condo' deal

### Traffic, drainage top concerns as builder aims for a start date

By JARRETT CARROLL  
Spotlight Newspapers  
carrollj@spotlightnews.com

The Town Planning Board of Bethlehem meeting turned into a game of musical chairs in be-

tween two public hearings on Tuesday, March 18, as dozens of residents crammed into the hallways of Town Hall to voice their opinions on two major planning proposals.

Hearings on the Mystic Woods development and the 40-condominium proposal on the Verstandig's Florist lot were held back-to-back at the meeting, with crowds overwhelming

the small meeting room across from the Town Hall auditorium.

With as many as 60 residents waiting outside of the planning board meeting room, which was already filled to capacity, the meeting was moved across the hall for the condominium proposal.

Keystone Builders owner Stephen Bolduc revealed his plans

□ *Public Page 18*

## District OKs budget

### Residents to vote on \$87.8 million plan and bus proposal

By JARRETT CARROLL  
Spotlight Newspapers  
carrollj@spotlightnews.com

The Bethlehem Central School District approved the budget it will be putting forth to voters in May. With a slight decrease in the original tentative tax rate impact, school officials say the new budget will result in a rate increase of 4.14 percent in Bethlehem and 5.24 percent in New Scotland.

Voters will also have to separately weigh in on a nearly \$1.36 million bus proposition to purchase 18 new buses. Residents voted down the last bus proposition in 2006.

The adopted budget comes in at \$84,769,533, according to the Board of Education vote at the

□ *District Page 18*

## Pop Culture debut

By TIM MULLIGAN  
Spotlight Newspapers  
mulligant@spotlightnews.com

This week, *Spotlight Newspapers* debuts another new column.

Pop Culture will offer a fresh look at fatherhood from the perspective of *Spotlight Newspapers* Managing Editor William R. DeVoe.

Once a month, he will share personal anecdotes about his family life with wife, Jessica, and two boys, Kevin, 5, and Nathan, 5 months.

The column will appear every fourth week of the month opposite From Robin's Nest by Robin Shrager Suitor to round out *Spotlight Newspapers*' look at the issues of parenting.

DeVoe has been with *Spotlight Newspapers* since July 2006. We look forward to reading his new column and hope you will too.



# Police Blotter

## Two from Brooklyn arrested on theft charges

Bethlehem police arrested Jamel Wilson, 30, and Marie A. Velez, 17, both of Brooklyn, and charged them with stealing nearly \$3,000 worth of merchandise from the Wal-Mart in Glenmont's Towne Center Plaza.

Both were charged Friday, March 14, with fourth-degree grand larceny, a felony, and possession of burglary tools, a misdemeanor.

Police said they responded to a call from Wal-Mart about an investigation into a possible grand larceny. Officers on the scene discovered that Wilson and Velez had allegedly taken \$2,988.81 worth of various goods from the store, according to arrest reports.

According to the report,

investigators also discovered a key in Wilson's possession that "opened every security case in Wal-Mart."

Police said they secured all of the evidence found at the scene and Wilson and Velez were transported to the police station and processed on the charges. They were both arraigned in front of Town Justice Ryan Donovan, who set a \$10,000 bail or bond for Velez and sent Wilson to the Albany County Correctional Facility without bail, according to reports.

Police say Wilson and Velez were scheduled to appear at Bethlehem Town Court on March 18.

### In other arrests

• Elizabeth Leonardo, 46, of

Glenmont, was arrested by Bethlehem police on Tuesday, March 18, for second-degree criminal possession of forged instrument and fourth-degree criminal possession of a controlled substance, both felonies.

Police say Leonardo was taken into custody on an active arrest warrant signed by Bethlehem Town Justice Ryan Donovan on Feb. 29. Leonardo was arraigned by Donovan and is scheduled to reappear in court on May 20.

• Tara Golden, 27, of East Berne, was arrested on a warrant on Tuesday, March 18, for second-degree forgery and first-degree falsifying business records, both felonies, as well as petty larceny, a misdemeanor.

Police say Golden turned herself in on an active arrest warrant signed by Bethlehem Town Justice Ryan Donovan on Feb. 20. She is scheduled to reappear in town court

on April 15, according to the arrest report.

• Danielle L. Valenti, 23, of Delmar, was arrested by Bethlehem police on Monday, March 17, for DWI; operating a motor vehicle with a blood-alcohol content of .08 percent or greater; and disobeying a traffic device.

Police say Valenti was driving west on Delaware Avenue where she was seen approaching the red light at the Delaware Plaza and continuing past the stop line and pedestrian crosswalk. Her vehicle eventually stopped in the intersection, according to the arrest report.

Valenti was stopped without incident, according to police, and produced a Massachusetts driver's license when questioned by officers. During the interview, police said the odor of alcohol emanated from Valenti's vehicle and she exhibited signs of intoxication, according to the arrest report.

Valenti admitted to police "to consuming several drinks while out in Albany," and after failing a field-sobriety test, Valenti tested positive for alcohol on a prescreening device, according to police.

The report says she was taken into custody without incident and was taken to the police station, where she consented to a chemical blood test.

• Steven L. Hanely, 43, of Selkirk, was arrested by Bethlehem police on Friday, Feb. 29, for DWI charges and speeding.

Police say they received a radio call from an officer who stated that Hanely's vehicle had "passed her at a high rate of speed while she was on a motor vehicle stop on [Route 9W]," and was heading east.

Officers caught up with Hanely near Feura Bush and activated their patrol car's emergency lights, but he did not stop, according to the arrest report. Officers then turned off their siren and continued to follow Hanely at a slower speed for a half mile before he stopped.

Officers said they could smell alcohol when interviewing Hanely, and he displayed signs of intoxicated, the arrest report states. He admitted to police that he passed another officer on Route 9W while speeding.

Hanely failed a field-sobriety test and tested positive for alcohol and he was arrested and his vehicle was towed.

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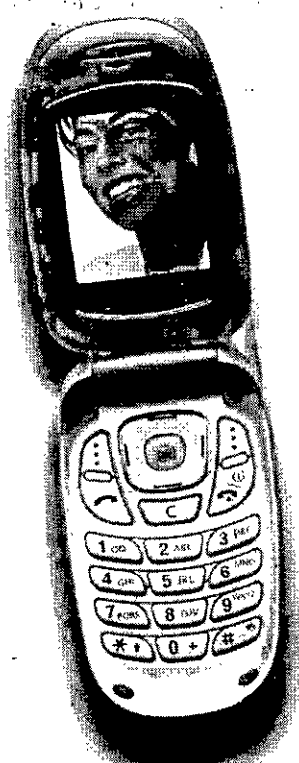
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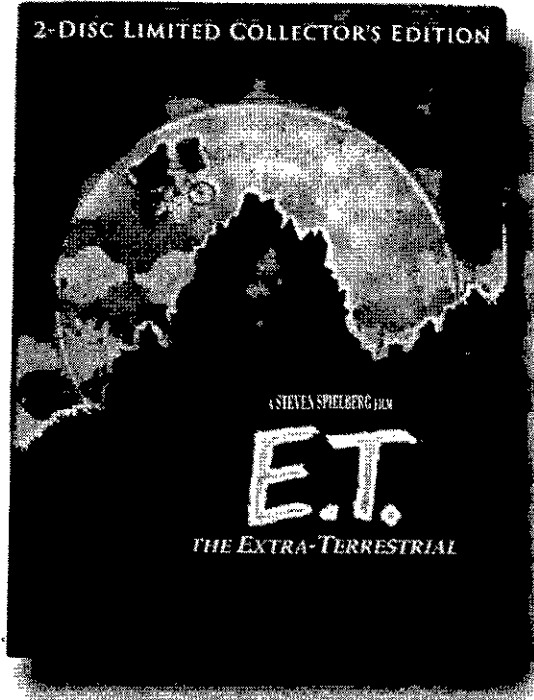
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# 2



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Bethlehem Central's Stage 700 members will be performing this spring's play, "The Boy Friend," at the high school auditorium March 27, 28, 29 and 30. The play is a romantic musical comedy spoof, set on the French Riviera in 1926, and was first performed in London in 1953.

## Stage 700 gears up for play

**'The Boy Friend' heads to Bethlehem stage this week**

By JARRETT CARROLL  
Spotlight Newspapers  
carrollj@spotlightnews.com

Bethlehem's auditorium has been transformed into the French Riviera this week by the Stage 700 acting troupe.

Starting on Thursday, March 27, students will give a four-night performance of Sandy Wilson's 1926 play "The Boy Friend." The romantic musical comedy spoof, set on the French Riviera in 1926, but first performed in London in 1953, is "pure cheesecake," according to Director James Yeara.

"It is not a musical everyone knows," Yeara said. "Because of all the dance involved, it's a very demanding show for the students."

And dancing is exactly what audiences will see at Stage 700's performance — and not only on the stage, but in the crowd. Audience members will be treated to an interactive kind of musical as students dance off the stage and perform various dance numbers in the aisles of the auditorium.

The director's notes describe the play as the story of "the 'Perfect Young Ladies,' their ardent French Beaus, Polly's innocent longing for a boy friend, her love-and-soft-shoe at first sight with Tony, the rekindling of passion between Madame Dubonnet and Percival Browne, the flirtatious flings of Nice's nicest ingénues and their ardent young swains, Hortense's dalliance with the dandy men, and even Lord Brockhurst's never-ending quest to show 'It's never to late to fall in love' tickles the fancy."



Lead performers in "The Boy Friend" include, from left, Aimee Cole, Alex Canovas, Sam Smith, Faolain Barrett and Megan Carpenter.

The student-actors said the dancing aspects of the play, in addition to the singing and acting demands, make it a challenge, but an enjoyable one. It will be performed this week on March 27, 28, and 29 at 7 p.m., with a final matinee performance on Sunday, March 30, at 2 p.m.

All shows will be performed at the high school auditorium.

"I love musicals, and I love to sing," said Faolain Barrett, who plays a lead as Polly Browne. "You really can be yourself out there on the stage, and I love to dance."

Barrett described the auditions for the musical "as more of a dance audition."

"The Boy Friend" was 19-year-old Julie Andrews' first starring role on Broadway.

Students having been preparing for months by listening to both French and upper-class English accents in order to emulate them on stage. Both the students and stage directors agreed that the accents, while challenging, were an integral part of the performance.

"The musical has a presentational theatricality, an almost cartoon-like idealism, a confectionary verisimilitude," according to Yeara.

Yeara said the plays each year at the school are determined with the parents involved and are also dependent on the size and talent of each year's group.

"We gear the show to what kind of talent we have coming up in the middle school," Yeara said. "If it wasn't for all of the parents involved with these plays who help do props, makeup, and costumes ... we wouldn't be able to do it."

The school loans the

group around \$6,000 for the performances, Yeara said, half of which goes to purchasing the rights to the play. The show depends on its ticket sales in order to have enough money for the next play, he added.

"It's not like the football team, where if they tank one year, they know there is money for next year," Yeara said. "We depend on this money for next year's performance."

It was sentiment shared by some of the cast, too.

"We tend to sell out," said Megan Carpenter, who plays Hortense in a banana skirt. "The money goes to the future show next year. If we don't get a lot of people we can't put out a show."

However, selling out has never been too much of a problem, said Aimee Cole, who plays Madame Dubonnet.

"I'm excited to do this play," Cole said. "I think we're really prepared this year and we're all looking forward to do this."

Barrett, Carpenter, and Cole are all seniors at the high school, but the two leading men are a junior and a senior.

Alex Canovas is a junior who plays Percival Browne, and Sam Smith, a senior, plays Tony Brockhurst. Canovas leads with Barrett and Smith leads with Cole as love interests in the witty comedy.

"It took a lot of preparation," said Smith, along with the other actors, as they described learning the accents and remembering their dance routines along with their lines.

All five leading actors are members of the schools chorus.

"It's been fun. It's a sweat, but it's been fun," Yeara said. "We have a very talented cast this year."

Reservations can be made via telephone at 439-5337 or on the Internet at [www.stage700.org](http://www.stage700.org). Tickets can also be purchased at the door and are \$10 for adults and \$6 for students and seniors.

The play's musical director is Jason Dashew; the choreographer is Danielle Vincent; set designs were by Jill Baboulis and William Morrison. A complete cast list also can be found at Stage 700's Web site.

# RCS revises tentative budget

**New numbers reflect textbook needs**

By JARRETT CARROLL  
Spotlight Newspapers  
carrollj@spotlightnews.com

The Ravena-Coeymans-Selkirk Board of Education revised its proposed 2008-09 budget during its Tuesday, March 18, meeting.

The revised budget shows a slight increase in spending over the board's previous tentative 1.9 percent increase, boosting the district's proposed spending to 2.19 percent.

The projected tax levy increase for residents comes in at 3.67 percent, but the school's superintendent said that if new Gov. David Paterson agrees on a different state aid package, it could decrease the tax levy impact of the proposed budget.

The district's communications director, Michael McCagg, said it looks unlikely that former Gov. Eliot Spitzer's state budget proposal will stand.

"We are pleased with the proposal as it moves forward," Superintendent Viki Wright said in a release. "We continue to review the budget line by line as we strive to develop a plan that balances the needs of students and our taxpayers."

Additions to the RCS draft budget proposal included an increase of \$95,000 in the new textbook line; \$11,440 for a part-time claims auditor to meet the state requirements; and \$18,000 for tuition to send an additional

student to Tech Valley High School.

"It was a decision that we needed more textbooks," McCagg said of textbook line increase. He said that new geometry, statistics and foreign language books were needed in the middle and high schools.

The funding would also allow three RCS students to attend the state-of-the-art technology academy, according to administrators.

"We have one going there now, and we will be sending others," McCagg said of Tech Valley High School.

**"We are pleased with the proposal as it moves forward. We continue to review the budget line by line as we strive to develop a plan that balances the needs of students and our taxpayers."**

Viki Wright

"The student gave a report to the Board of Education about his experience there, and said that he is pleased with the program."

McCagg pointed out that RCS would see savings in the revised budget proposal adopted this

week in a number of areas.

The adopted budget includes a \$300,000 reduction in private tuition costs for special education students; \$61,000 saved in BOCES data-processing costs; another \$110,000 saved in bus purchase buyout costs; and \$300,000 in savings by ending payments on a 2003 Teachers Retirement System incentive, according to McCagg.

The next budget workshop meeting will be held Monday, March 31, and McCagg said the school is expected to adopt a finalized budget by April 21. Residents will vote on the adopted budget, as well as the budgets of local libraries and board of education elections, on May 20.

## IN BRIEF

### Fundraiser planned for RCS teacher

A Pasta for Poole fundraiser will be held from 4 to 7 p.m. Saturday, March 29, at the Ravena Knights of Columbus, 95 Main St., for RCS Spanish teacher Colin Poole, who is fighting Burkett's Lymphoma, a rare form of cancer.

The spaghetti dinner, organized by RCS Middle School student Adam McCoy, includes spaghetti with meatballs and sausage, rolls, salad, beverages and dessert. The event also includes entertainment, 50-50 raffles and door prizes.

Cost is \$9 for adults and \$4.50 for children.

For information, call 767-3190.

### Vendors needed for church flea market

The First Reformed Church of Bethlehem, 38 Church Road Selkirk, will host its annual flea market on the lawn on May 17.

Whether your items are new or used, the church is looking for vendors to fill its lawn. As in the past, firearms, pets or food concessions will not be allowed.

The cost for a 20x20 foot space is \$20, if paid by May 1. After May 1, the cost is \$25.

Reservations are necessary. Call 767-9505. The church is located off Route 9W in Selkirk, less than one mile south of the Jericho Drive-In.

### Reformed Church to host benefit

Family and friends of Jamie Mormile are holding a benefit of music and dance on Friday, April 4, at 7 p.m. at The Delmar Reformed Church, 386 Delaware Ave., Delmar, to help raise money for Mormile and her family.

The event will feature The Delmar Reformed Church's Contemporary Praise Band, a performance by the "In His Steps" Dance School and desserts, coffee and tea.

Admission is \$10.

Mormile suffers from cystic fibrosis and received a double lung transplant in 2006 that left her unable to work. Proceeds of the benefit will help defray costs of medication and the multitude of treatments she encounters.

For information, call 439-9929.

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# Fatherhood means finding a happy medium

By WILLIAM R. DEVOE  
devoew@spotlightnews.com

When I was 6 or 7 years old, I asked my father if I was adopted.

He put his hand on my shoulder, made his eyes wide as to almost envelope mine, and said, "Son, do you think that if me and your mother had our pick of all the kids in this world, we would've chosen you?"

My dad's a card. He's got this Bob Dole-like, monotone delivery and the driest sense of humor I've encountered in any human being. Of course this was wasted on me for about the first 25 years of my life, but I've since come to appreciate it.

I came into this parenting thing mid-stride — my (now) son was 14 months old when I began dating my wife. She had had Kevin out of a previous relationship and, I have to admit, even months after we became serious, I didn't know if I was prepared to take on the responsibilities of fatherhood. Frankly, it scared the hell out of me.

Even after we were engaged, I would stay awake at night, worrying about what kind of father I would be, worrying about what kind of future Kevin would have, worrying about what people would think of our non-traditional family and generally just worrying about everything until I was curled up in the corner, biting my nails and rocking back and forth into the wee hours of the morning.

I was never meant to be a parent. I'm lazy, immature, largely selfish and mostly clueless. I spent the majority of my adult life drifting from one dangerous, seedy occupation to the next: first combat arms in the Army, then a deck-hand in the Merchant Marine, then a manager in a department store.

And I procrastinate — I finish only half the things I start, and usually they're the things that I shouldn't have begun in the first place.



Commentary:  
**Pop Culture**

In my mind I had an image of Kevin, clothes in tatters and generally unwashed, wandering around a house strewn with half-built bicycles and dead goldfish, wondering why he couldn't have had a better father.

Then I remembered a phrase I'd heard in the Army: "Fake it 'til you make it." Sure, I had some work to do, and I may make some colossal mistakes, but being catatonic in the corner wasn't exactly being the best dad I could be, either.

So I decided to jump in with both feet. I changed diapers — first with a cologne-soaked T-shirt over my face, then a painter's dust mask, then with no protection whatsoever. I watched the Wiggles (creepy), SpongeBob SquarePants (less creepy) and the Boobahs (even more creepy than Wiggles). I became a pillow, an artist's canvas and a trampoline. I developed into a friend, role model, administrator and supervisor.

I became involved in a life that was greater than my own.

It made me a better person. I became a little less lazy, a bit more mature and somewhat less selfish. My wife still tells me I'm clueless, but I'm getting better.

Now my wife and I have our second son, and so far I haven't succumbed to the waves of catatonia that the prospect of fatherhood initially brought on. Nathan is 5 months old, I'm fairly certain I haven't done anything to him that would result in his being a mass murderer or a birthday-party magician.

I don't always know what's right — the right thing to say, the right thing to do — but I

*I have also come to realize that, above all else, fatherhood means one thing: vomit. Children can vomit up to 11 times their body weight, so it seems, and they begin when they're born and stop long after they've moved out of the house. I've been told that the decorations of a successful father are a sore back, callused hands and spit-up stains on the shoulders.*

can sense what I think is the wrong thing for my sons with a mercurial quickness. I'm finding that it may just be that a large portion of what constitutes wisdom isn't knowing what is right or appropriate or even acceptable, but in knowing how to avoid what is wrong, wrong, wrong.

I think it comes down to this: You just do your best to guide your little ones through an ideal, safe and pleasant life, but prepare them to cope with the adversity that comes when that ideal life goes to pot the second after they're born.

I think you aim for a good compromise between locking your children up until they're 18 and dangling them in front of a live crocodile when they're a year old. (For new fathers — alligators are OK, crocodiles are definitely not.)

I have also come to realize that, above all else, fatherhood means one thing: vomit. Children can vomit up to 11 times their body weight, so it seems, and they begin when they're born and stop long after they've moved out of the house. I've been told that the decorations of a successful father are a sore back, callused hands and spit-up stains on the shoulders.

We had another saying in the Army, that I heard when we made long, bumpy treks, stuffed shoulder-to-shoulder on a C-130 airplane: "If one person pukes in the plane, everybody pukes in the plane."

I'm finding this is also true in households with more than one child.

On Easter morning, my 5-year-old woke up at 4:10 a.m. launching god-knows-what from his insides onto the floor. After he christened most rooms of our small apartment, he made it to the bathroom for one final heave. Before my wife and I could ask him how he was doing, he looked toward the dining room table and saw his Easter basket.

"Can I have some candy?" he said.

Which goes to show that kids are resilient, probably more so than we give them credit for. Love them, look

out for them, and they'll be all right. My boys are delicate creatures, sure, but I can't possibly control everything that would cause adversity in their lives. I can, however, instill in them the character to deal with that adversity and be better people for it. I know that now that I'm a few years into this fatherhood thing. If only I'd known it before...

A couple of years ago, when Kevin was about 3, he, my father and I were in my dad's garden turning over some soil. This proved to be too boring for my son and soon he began chasing one of the neighborhood cats around the yard. We stopped and watched him for a while.

"How do you think I'm doing so far?" I asked my dad.

"You're slow," he said, pointing to the unturned part of the garden.

"No, with Kevin. How do you think I'm doing as a dad?"

My dad put his hand on my shoulder, made his eyes wide as to almost envelope mine, and said, "Hell, Bill, don't ask me. I've been winging it since your older brother was born."

## Got views?

Spotlight Newspapers welcomes letters from readers on subjects of local and regional interest. Letters are subject to editing for fairness, style and length and should be contained to 500 words or less.

All letters must include the writer's name, address and phone number. Spotlight Newspapers reserves the right to limit the number of letters published from a single author.

Submissions can be e-mailed to news@spotlightnews.com, faxed to 439-0609, or mailed to Spotlight, P.O. Box 100, Delmar 12054.

The deadline for all letters is noon Friday prior to publication.

Spotlight Newspapers also welcomes longer opinion pieces for the Point of View section.

For information on submitting a Point of View, e-mail Executive Editor Tim Mulligan at mulligant@spotlightnews.com or call 439-4949.



## WEEKLY WEATHER

Chief Meteorologist Mike Bono



TIME WARNER CABLE

### Albany Almanac

#### Record high/low/year

| Day                 | AVERAGE HIGH 49° |          | AVERAGE LOW 30° |          |
|---------------------|------------------|----------|-----------------|----------|
|                     | High/Year        | Low/Year | High/Year       | Low/Year |
| Wednesday, March 26 | 76°/1986         | 2°/1960  | 78°/1998        | 11°/1975 |
| Thursday, March 27  | 85°/1945         | 3°/1923  | 85°/1946        | 0°/1923  |
| Friday, March 28    | 86°/1986         | 7°/1970  | 89°/1998        | 12°/1923 |
| Saturday, March 29  | 77°/1986         | 9°/1923  |                 |          |

**SEASONAL SNOWFALL TO DATE**  
56.8 inches as of Friday, March 21st  
0.1 inches below average

#### This week in weather

**March 27-29, 1984** A strong low pressure system that generated hot winds and a March U.S. record high of 108° in Texas moved to the Carolinas, producing violent tornadoes with 57 fatalities on the 28<sup>th</sup>. The next day heavy sleet and snow hit NY State with 6" in Albany.

### Sun & Moon

| Day       | Sunrise | Sunset |
|-----------|---------|--------|
| Wednesday | 6:47am  | 7:15pm |
| Thursday  | 6:45am  | 7:16pm |
| Friday    | 6:44am  | 7:17pm |
| Saturday  | 6:42am  | 7:18pm |
| Sunday    | 6:40am  | 7:19pm |
| Monday    | 6:38am  | 7:21pm |
| Tuesday   | 6:37am  | 7:22pm |

#### Moon Phases

|            |           |
|------------|-----------|
| March 29th | April 5th |
| Last       | New       |

| Planets | When    | Where     |
|---------|---------|-----------|
| Mars    | Evening | V High SW |
| Saturn  | Evening | High SE   |
| Jupiter | Dawn    | Low SE    |

### Ski Report

#### Area Ski Conditions

| Resort     | Base Depth | Lifts | Trails |
|------------|------------|-------|--------|
| Gore Mtn.  | 33" - 51"  | 10    | 46     |
| Whiteface  | 37" - 55"  | 9     | 71     |
| Bromley    | 24" - 54"  | 5     | 40     |
| Mt. Snow   | 18" - 64"  | 10    | 63     |
| Okemo      | 48" - 54"  | 15    | 112    |
| Belleayre  | 25" - 65"  | 6     | 37     |
| Stowe      | 42" - 84"  | 11    | 116    |
| Killington | 44" - 56"  | 20    | 154    |

#### Factoid

Easter falls on the Sunday following the first full moon in Spring. This year, Easter was on March 23<sup>rd</sup>, within 1 day of the earliest it can be. Eastern Orthodox Easter, which must follow Passover, falls on April 27<sup>th</sup>.

#### Tides at Albany

| Day       | High             | Low            |
|-----------|------------------|----------------|
| Wednesday | 8:58am, 9:06pm   | 3:11am, 3:50pm |
| Thursday  | 9:42am, 9:50pm   | 3:55am, 4:39pm |
| Friday    | 10:30am, 10:40pm | 4:44am, 5:31pm |
| Saturday  | 11:22am, 11:37pm | 5:36am, 6:24pm |
| Sunday    | -----, 12:18pm   | 6:31am, 7:18pm |
| Monday    | 12:37am, 1:14pm  | 7:27am, 8:10pm |
| Tuesday   | 1:37am, 2:08pm   | 8:22am, 9:00pm |

# V'Ville schools kick butts

## District first in Albany County to pass new tobacco policy

Voorheesville Central School District is dedicated to kicking butts.

Becoming the first school in Albany County to pass a new, more comprehensive tobacco policy, district officials said they take the smoke-free policy very seriously and unveiled student-created public service announcements aimed to get the word out.

Capital Region BOCES has lauded the district as leading the way in preventing a new generation of smokers, said Amanda Hooker, BOCES

Tobacco-Free coordinator.

"This is really great for the district to take on this initiative," Hooker said.

A few months ago, Kyle Turski, a technology teacher, and Sandy Vorse, a health education teacher, came up with the idea that they could work together to create tobacco-related public service announcements, or PSAs.

Their strategy was to take a class of sixth-grade health students and have them do the research on a tobacco-related topic and have a class of high school technology students record the PSAs using the facts compiled by the younger students.

The PSAs were shown to the VCSD Board of Education on Monday, March 10, by three of the students who worked on the development. For now these PSAs will be played regularly in "the commons," a place at Voorheesville's Clayton A. Bouton High School where students frequently gather.

For schools interested in the Tobacco Free initiatives in association with the Capital District BOCES, Hooker can be contacted at 464-5103

There will also be Kick Butts Day events also at Voorheesville on Friday, April 4.

—Jarrett Carroll

# Bethlehem is A-OK

## Town receives top Moody rating

Bethlehem Town Supervisor Jack Cunningham announced last week that the town received an A1 credit rating from Moody's Investor Services.

The A1 rating is a reflection of the town's financial reserves, which Moody's claims will help ease reliance on economically sensitive revenue streams.

"This A1 rating reflects the strength of the town's overall financial management and characterizes our commitment toward its ongoing success," Cunningham said in a release. "I am proud of the work our financial team has done to ensure the ongoing stability of the town, and I believe this rating is further indication our town remains fiscally sound as we prepare to invest in necessary and required

infrastructure improvements."

The Moody's rating measures the town's creditworthiness relative to other municipal or tax-exempt issuers. The rating comes at a time Bethlehem is preparing to issue \$1.9 million in taxable pension obligation bonds later this month.

The report indicates that Bethlehem's direct debt burden is 0.5 percent, which is far below the statutory 7-percent cap for the community. It also states that the median family income in Bethlehem is nearly one-and-a-half times greater than the state average.

"Bethlehem has a significant capacity to finance public works projects because of our low debt ratio, stable tax revenues and sound fiscal management policies," said Town Councilman Kyle Kotary in the release.

—Jarrett Carroll

## IN BRIEF

### Historical group to give \$500 award

The Town of New Scotland Historical Association plans to offer a \$500 award to encourage the study and enjoyment of history in any of its aspects (ex. political science, anthropology, American History, historical literature, historical preservation, museum careers, etc.).

This award is intended for a Town of New Scotland resident who will complete high school studies in June, and who is a serious student planning to further his or her education in some area of history.

Each applicant will be required to submit a completed application

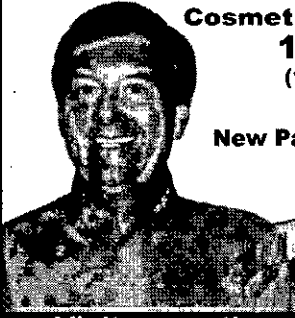

form, along with a copy of the student's resume and high school transcript, and a 250-word essay on a given topic.

Applications are available at New

Scotland Town Hall and in local high schools attended by New Scotland residents.

All applications must be postmarked by Friday, April 11.

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# Matters of Opinion *Spotlight*

## Selling the season

Outside the air is a balmy 70 degrees and a gaggle of attractive, young professionals are gathered around your new stainless-steel grill, laughing and waiting for the perfect hamburger to rest on their plates.

On your lush green lawn, their kids are climbing all over your new wooden backyard play set and waiting politely to take turns on the slide.

You're thinking to yourself that you may need new patio furniture to comfortably seat all of your friends and that if you skip one of your well-cooked burgers, you may fit into that trendy new bathing suit.

Then you put down the Sunday flier from that local big-box retailer, look outside at the frozen rain glossing over your weather-beaten car and remember that it's only March, and those picturesque days of cookouts and beach parties are a long way from coming, if they come at all.

It seems that the retailers have been tripping over themselves this year trying to sell us seasons we are not yet in and holidays that will not come for some time.

Walking down the aisles of a big-box store over the past few weeks, one could experience a sense of being disconnected in time. On one side of an aisle you were likely to see the remains of another over-hyped Valentine's Day: beaten-up heart-shaped boxes missing the most sought-after candies, obscure animal/valentine combinations unpurchased. On the other side of the aisle were the vibrant, not-yet-rejected St. Patrick's Day decorations.

By the time you read this, the leftover Easter candy and decorations will have joined the old shamrocks and candy hearts in some type of holiday nirvana where the Leprechaun can lay down with the Peep.

A few aisles away, the outdoor displays tell you the first day of summer is right around the corner and try to make you forget that the first day of spring — marked by light snow and freezing rain in most parts of the Capital District — is only a few days past.

Rapid-fire holidays aside, this is just the customary process of the retailers selling you something you don't need for a circumstance that may not exist, no doubt exaggerated by the decreased spending that is accompanying this economic slide we're in.

The new grills will be underused, the bathing suits rarely worn, and the play sets too big and complicated for the backyards they're in and the kids they're under. But don't worry, by the time you realize you may have spent too much on a seasonal item you use too little, the stores will unleash a torrent of Back to School/Halloween/Thanksgiving/Christmas marketing to take your mind off it.

## Editorial

## You don't have to wait for history

By JARRETT CARROLL  
carrollj@spotlightnews.com

The author is a reporter for Spotlight Newspapers.

If you don't have the History Channel, don't worry, because all you have to do is open up a newspaper or click on the local station these days.

We are watching history unfold before our very eyes, and it should prove interesting to see how it's dissected in the years ahead. I cannot think of a more pivotal time of such social, cultural and even environmental implications.

For reporters, it makes for pretty interesting work.

In a year that's just beginning, 2008 is already shaping up to be one for the history books. The ending of a presidential administration, two gubernatorial sex scandals within a week, the fifth year of Iraq, the Olympics in Beijing, global warming issues, ever-rising gas and food prices, a shaky economy — the list goes on, and I'm sure it will continue.

As we close in on the better part of the decade, it's natural to look back and evaluate what has happened as we gear up for a new chapter. Change seems to be in the air, but what that change will be, only time will tell.

My first memory of a major world event with substantial implications was watching the fall of the Berlin Wall. I didn't entirely understand what it meant, being only 9 years old, but I definitely knew that it met something.

The memory that always stuck with me was seeing the reactions of my family and watching the scenes of thousands of German citizens climb on top of the cold

## Point of View

concrete wall, chipping chunks of it away. It seemed funny to me as a child watching grown men and women celebrating and crying and uniting.

What I remember most was the silence.

Nobody said anything; they only stared at the television scene almost unbelieving what they were seeing and what Dan Rather was telling them.

I remember my mother telling me I was watching history, even though at the time it looked like the same old CBS broadcast that we always watched.

But it wasn't. She was right. It was history.

I keep that in mind as I watch events unfold today. I wonder how I will look back on what is going on now, especially since there seems to be plenty to choose from in only the first three months of the year.

As the year continues to progress we will witness either the first woman or the first African-American to have a very real shot at becoming president, and making even more history. We may see one of these firsts on a vice presidential ticket as well.

I'm not really sure why this hasn't happened already. The women's suffrage and civil rights movements have long since come to pass, but yet, not a single minority group has been elevated to president.

The first time anything happens tends to make history, and we seem to be seeing a lot of firsts lately. Mitt Romney would have been the nation's first Mormon presidential candidate had he won his party's nomination, and if Sen. John McCain is elected, he would become the oldest president in history.

Last week, we heard about the first government bailout of an investment bank since the Great Depression. It's not technically a first, but it's close enough for us to take notice. And the U.S. Supreme Court heard its first Second Amendment case on gun control since 1939.

In New York we watched a couple of firsts happen in a week.

Although the circumstances may not have ideal, we now have our first black governor and the nation's first legally blind governor. It is an exciting time in political history, but it is also a time that makes us, or me at least, re-evaluate the expectations for elected leaders.

The quick transfer of power between former Gov. Eliot

Spitzer and current Gov. David Paterson has made some look into their own lives to see how they would stack up under the public microscope.

Contrary to popular belief, I am told politicians are human beings.

Unfortunately this means that they are subject to the same human frailties that we all must endure. We judge politicians because we elected them and placed a fundamental trust into their hands both financially and philosophically.

However, I think the way we judge politicians is changing.

I find it very hard to believe that the sex lives of politicians have changed all that radically in the past few decades, but the way it is perceived by the public seems to have. What a person's private life, all legal implications aside, has to do with public life, I don't quite understand, but people seem to be fascinated by it nonetheless.

I was a high school senior when the Bill Clinton sex scandal broke, and I remember how it changed the way we viewed politicians then. The scandal was brought out and thoroughly discussed by nearly every one, even among those who rarely talked politics.

It led to what could be considered another "almost first," being that it was only the second impeachment hearing in American history (Well, Nixon came close).

It was however the first impeachment of a president stemming directly from a sex scandal, which was at the root of the matter and cause of Clinton's legal woes. That was another instance in my life when I realized I was watching history in the making, even if it seemed more like a made-for-TV movie in the making.

Our cultural views and debates on how we view our leaders will continue and inevitably become part of our history.

Later this year we will see the world's athletes travel to Beijing China for the 2008 Summer Olympics. We'll be given a peek into a nation quickly growing into a world power and maybe some insight into a traditionally guarded culture.

It will all be a part of a great year of history.

I'm sure I'll look back on this year and say that I watched it all unfold in front of me, that it was a time of history in the making. But then again, if I play my cards right, I'll hopefully have the History Channel by then.

## THE Spotlight

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# Your Opinion *in the* Spotlight

## Community service part of district's mission **Barbeque coordinator says thanks**

Editor, *The Spotlight*:

Over the past several weeks, our school community has engaged in a spirited discussion about our school athletic program — and about the choices that had to be made by student athletes between participation on a sports team and other commitments they might have during the spring recess.

As a result of this debate, we've asked Charles Abba, the Bethlehem Central High School principal, to convene a committee of coaches, parents and student athletes to re-examine the manner in which we have sought to balance the need to compete in games during vacation weeks and the legitimate desire of students and their families to spend the school recess in some other way. The committee has been asked to make recommendations by May 1.

In a year of challenges — redistricting elementary schools, establishing a school budget, and selecting a new superintendent — this issue has been as challenging as any and I thought a little background might be helpful.

Our athletics department has had a long-standing practice that allows varsity level coaches to set expectations for their players. In some cases, this means that students must choose between participation on the team and engaging in other activities due to team attendance policies. The issue arose when, earlier this year, two students decided not to participate on varsity spring teams, opting instead to participate in a church youth group-sponsored trip during spring recess to Mississippi to rebuild areas destroyed by

Hurricane Katrina. Both athletes had been informed by their coaches at pre-season meetings that those who wished to be part of the team must be available over the April break.

Let me assure you that our district regards service to the community to be very much a part of our mission. We require community service as part of the senior year Participation in Government class and have initiated a student character recognition program to honor students who demonstrate community spirit, character and compassion. For those students who sacrificed their ability to play a sport this spring in order to devote themselves to a charitable mission, we have only the highest regard.

The difficulty arises when, outside of the control of our coaches or the athletic department, games are scheduled during these recess weeks. The fall sports teams actually are required to begin practices and

competition even before the school year begins. Like most of the other districts in the Capital District, Bethlehem has allowed coaches for the affected teams to establish their own policies.

The coaches, as a result, face a series of tough choices: Should they require participation in that week as a condition of team membership? Should they punish players by benching them in post-recess games if they are absent? Should they treat student-athletes who go on vacation differently from those who engage in service activity? Or should they just hope that a sufficient number of players actually appears when the games are scheduled?

The students who attended the board meeting when we had this discussion appreciated the challenges posed by these questions, acknowledged the difficulty of drawing lines and articulated strong arguments on both sides of the question.

Many have observed that making tough choices, even when you are a high school student, is part of the learning experience. Some sentiment was expressed to establish a uniform policy across all sports, rather than have these decisions be made on a coach by coach basis.

We are confident that the educational leadership of the district, with the assistance of involved parents and students, will help us develop a fair and appropriate approach to the issue that balances these concerns — and we welcome the broader community's input in our deliberations.

James W. Lytle  
president  
Bethlehem Central  
Board of Education

Editor, *The Spotlight*:

I am writing to express my appreciation to the community for its support of the very successful barbeque fundraiser for Bethlehem Lab School.

On March 8, we raised more than \$3,500, which will support and enhance the school's programs. All of our students were involved and more than 500 people attended.

I would like to thank all of the local businesses that contributed, and all of the students and families who helped make this fundraiser a success.

Most of all, thank you to the individuals from the community who came and participated.

Doug Erickson  
Bethlehem Lab School barbeque

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# Your Opinion *in the* Spotlight

## 'Big-box' moratorium needed in New Scotland

Editor, *The Spotlight*:

Readers in New Scotland and Bethlehem may be dismayed to learn that the persistent rumors of a proposed "big-box" mall development adjacent to the Route 85 and 85-A intersection in New Scotland (across from Stewarts and behind Stonewall Plaza and Falvos) are real.

Members of the New Scotland Town Board, Building Department, and Zoning and Planning Boards have already met on three separate occasions with a potential purchaser and developer of the former Bender Melon Farm property. The developer

has presented initial plans for a major commercial development — Phase 1 proposes 500,000 square feet of retail space, larger than the sprawling Glenmont Wal-Mart and Lowe's developments, and a full build out of 1.5 million square feet of commercial and office space, slightly less than the size of Crossgates Mall in Guilderland — at this eastern gateway to our rural, scenic community.

While some will welcome the apparent tax receipts from a mega-project such as this, those dollars need to be balanced against the steep cost of services that this

site will demand in terms of police and fire protection, code enforcement, significantly increased vehicular traffic, and other environmental and community character impacts.

Under current New Scotland planning and zoning laws, it appears that the town currently has little ability to prevent, restrict or direct a development proposal of this scale. Despite years of citizen input and a multi-year effort by the town-appointed Residents Planning Advisory Committee (RPAC) that sought to address what commercial development should look like when it occurs in this part of New Scotland,

our town and neighbors in Slingerlands remain at risk.

The Town Board in New Scotland needs to immediately implement a 12-month moratorium on commercial development proposals over 10,000 square feet. This would allow our town boards and community to work together to envision and implement guidelines for more appropriate commercial and mixed use development at this gateway location. We want to encourage commercial development that is in keeping with the character and scale of our community.

The New Scotland Town Board is holding a working

meeting Wednesday, March 26, at 6 p.m. to discuss this development proposal. We urge residents of the Town of New Scotland and the Village of Voorheesville, as well as Bethlehem and the hamlet of Slingerlands, to attend this meeting to hear this first public discussion of the issue.

Make no mistake: this is a community-altering proposal. We are all affected, and we must send the New Scotland Town Board a clear signal regarding the range and magnitude of our concerns as early as possible.

Daniel and Jean Mackay  
Slingerlands

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Tim Barrett



## Cuts would cripple home-care industry

Editor, *The Spotlight*:

I'm writing to express my grave concerns for the health and future of our most vulnerable populations — the frail elderly, disabled, homebound of all ages — those who must rely on in-home health care services to recuperate after an acute illness or those who rely on our services to remain in the community.

The more than \$100 million in cuts proposed in the 2008-09 executive state budget will not only devastate the home-care industry; if passed, these cuts would erode the very foundation of home care and access to services for those in need.

The key issue all home health care providers face today is a workforce shortage — of nurses, home health aides, and physical and occupational therapists. Two years ago, our legislators

worked hard to pass monies for home care, recognizing the need to effectively recruit and retain home care staff. These resources coincided with the state's policy and long-term care reform plans which emphasize community-based care.

It is important to understand two things:

1. The size of the cuts are grossly underestimated and are likely to actually be double or triple the amount projected

2. The cuts will directly impact our ability to effectively recruit and retain staff, which in turn will affect our ability to respond to patients referred from hospitals or physicians, and to help more local residents delay or avoid nursing home placement.

Hundreds of thousands of grateful New Yorkers have witnessed firsthand, or through loved ones, just how home care improves the quality of life for elderly or homebound individuals. Imagine that it's you or your loved one who, with a little assistance, can still manage the activities of daily living and

independence in his/her own home. Now, imagine that your ability to access those services is reduced.

Without in-home health care, patients and clients may be forced into premature nursing home placement; or, they may have to be hospitalized in order to receive the therapies and treatments they need. With home care services, those services are brought directly to the home where patients are most comfortable, and where they can thrive in familiar surroundings with the support of loved ones.

As vice president and director of Eddy Visiting Nurse Association, a nonprofit and innovative provider of home care services in the Capital Region for 100 years, I urge your readers to contact their legislators and the governor to restore these cuts to maintain home care. The next family we care for may be yours.

Michelle Mazzacco  
Vice President/Director  
of the Eddy Visiting Nurse  
Association

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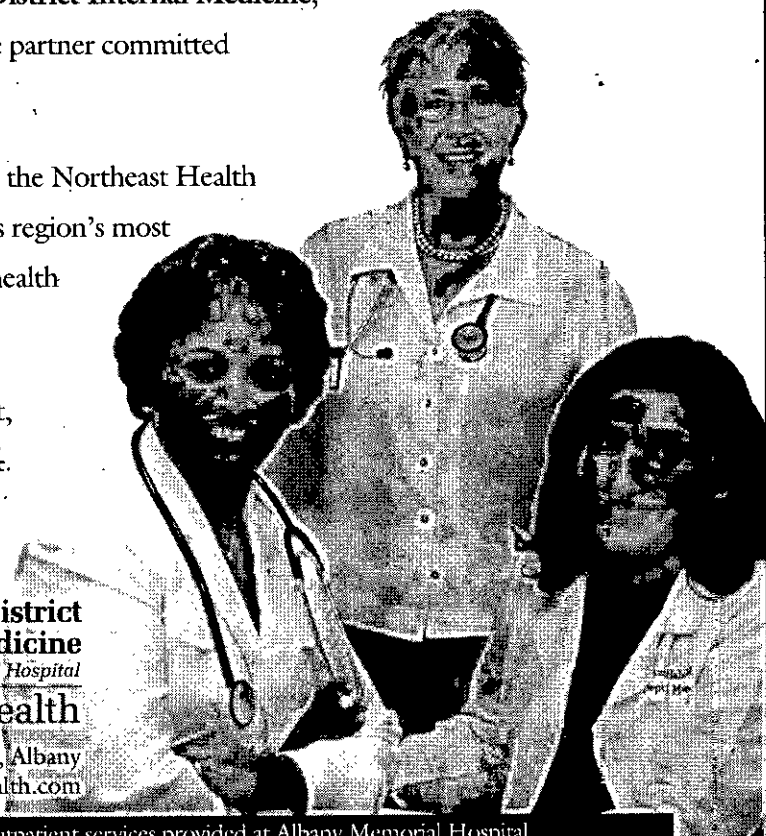
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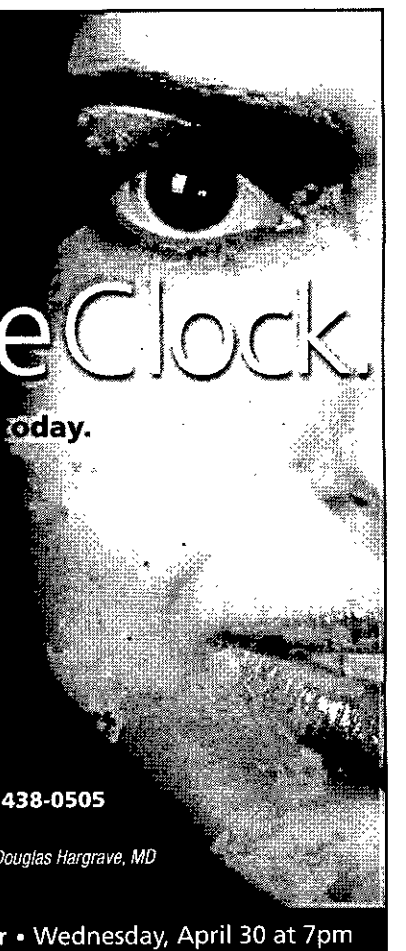
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# Your Opinion *in the* Spotlight

## Simple local products Get a fresh start with your diet this Spring is the way to go

Editor, *The Spotlight*:

On a beautiful late-summer day, my girlfriend and I were having lunch in an outdoor café when for a short time I was at the table by myself. A dairy truck was stopped at the traffic light in front of me. Suddenly, I was almost in tears, knowing the future of quality food would become scarcer than it is now. A large part of the America that I grew up with and that has given me comfort is becoming lost.

I have a special passion for food and an understanding of where the food chain is going. The dairy truck gave me a thought of what once was, a thing of the past, slipping away. A thought that brought this tough man to tears.

As a child growing up in a rural area in Austerlitz, the milk truck was at our home three times a week. I was one of 12 children and we used a lot of dairy products. My father worked away from home most of the week and my mother did not drive. Not only did the milk truck show up, but there also was the bread man, and the doctor would stop by and give the whole family the required shots for vaccinations. There were all kinds of sales reps, too, stopping by to sell wares that helped supply the housewife with good food and nonfood items to keep her family healthy and safe.

All around our neighborhood were dairy farms that supplied all the homes and cities with wholesome, fresh products. Small meat houses were also around where you could buy a whole side of beef or pork.

The other day, in the grocery store, I noticed on the shelf a glass bottle of water labeled artesian water from Norway. Water is a chemical reaction when hydrogen and oxygen combine

naturally and covers seven tenths of the earth. How much energy was produced to get that bottle of water on the shelf and what type of food value do you receive from that bottle of water from 4,000 miles away?

Forty years later, we enter stores and find most of the food is processed with all types of words that we cannot pronounce from the other side of the world. Simple products that could still be produced locally is the way it should be. Because of the lack of understanding of what is really important to people, corporate greed has changed the thinking of many, making them think that money is the key to good health. This is simply not true. Let us see in 40 years the changes and choices in the foods we need to keep us healthy. My prediction is that the infrastructure for farming is gone and it will be too late to build it back.

Try eating a \$20 bill and see how it tastes.

Paul G. Hall  
Delmar

Editor, *The Spotlight*:

The past three months have brought us bad news about rising rates of obesity, diabetes, heart disease, cancer, and global warming — all linked conclusively to consumption of meat and dairy products. This was topped by last month's announcement that USDA was recalling 143 million pounds of beef from potentially sick animals.

Last week brought good news about the advent of Spring (March 20), sunshine, flowers and the Great American Meatout ([www.meatout.org](http://www.meatout.org)). Fashioned after The Great American Smokeout, the Meatout provides a superb excuse to turn over a new leaf, kick the meat habit, and get a fresh start with a wholesome, nonviolent diet of vegetables, fruits, and grains.

It's a diet touted by major health advocacy organizations and leading health authorities; a diet facilitated by the rich selection of delicious meat and dairy alternatives in our local supermarkets; a diet supported by free information from [www.govveg.org](http://www.govveg.org), [www.tryveg.org](http://www.tryveg.org), and [www.chooseveg.org](http://www.chooseveg.org).

Ethan Fletcher  
Delmar

### Letters policy

Spotlight Newspapers welcomes letters from readers on subjects of local and regional interest.

All letters must include the writer's name, address and phone number.

Submissions can be e-mailed to [news@spotlightnews.com](mailto:news@spotlightnews.com) or faxed to 439-0609.



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### 5. Summer Academy

Half-day programs developed for those entering grades 1-2, 3-5, 6-8, as well as high schoolers.

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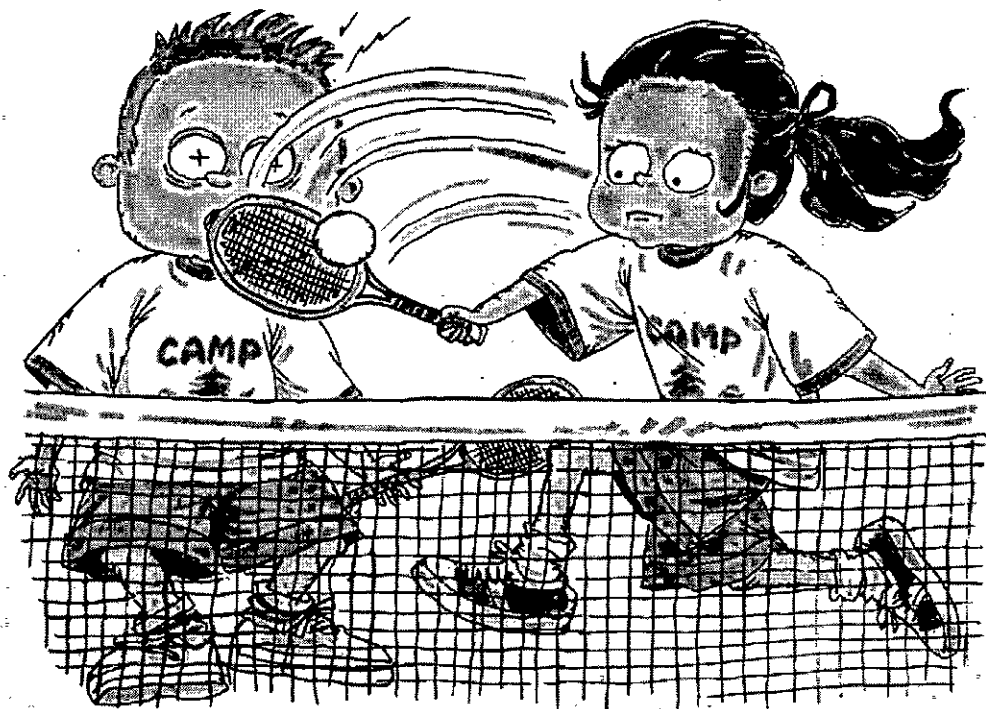
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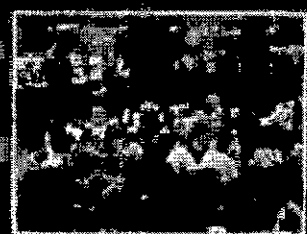
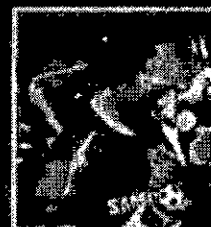
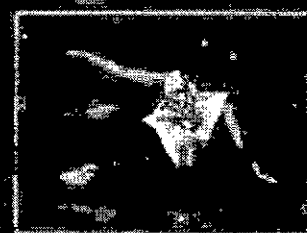
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# Juice, food prices put squeeze on cafeteria budgets

While much has been made of the rising costs of fuel, electricity and other essentials of providing a sound education, food prices are not nearly gaining the same amount of attention.

Yet, as school food service directors will report, food prices are skyrocketing.

Ravena-Coeymans-Selkirk Food Service Director George Dardani said his food bills for

**"Just like a homemaker, I try to shop around and buy the best quality at the lowest price."**

George Dardani

the district's approximately 2,300 students have jumped 5 to 6 percent in the past year, with some individual product prices spiking at a much greater rate.

For example, Dardani said,

cooking oil's cost has increased from \$32.02 for six, 1-gallon jugs to \$41.61 - a 30 percent increase.

Other products experiencing price increases include juice, which has increased 39

percent, from \$6.02 for 72-count packages of 4-ounce containers to \$8.42; and lentils, which have increased 25 percent, up to \$15.10 per 20-pound box.

In addition, the district faces an average delivery surcharge of \$5 for each shipment. The surcharges have been imposed by the suppliers to deal with the rising fuel costs, he said.

"Just like a homemaker, I

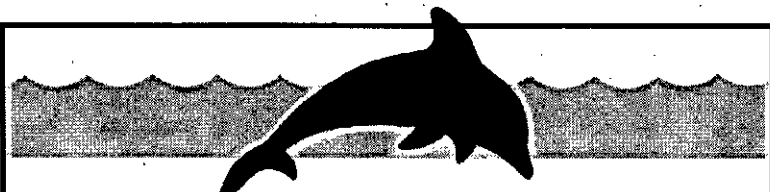
try to shop around and buy the best quality at the lowest price," Dardani said.

However, unlike a homemaker, Dardani and other school food services directors don't have flexibility in their budgets because under state regulations, food services is supposed to be independent of a district's general fund expenditures. In other words, the food services department is supposed to be self-supporting.

Dardani said that at this time, there are no plans to increase the price of student meals - which are \$1.25 for breakfast and \$1.75 for lunch - or reduce the quality of foods.

"I don't plan to stop offering fresh foods or healthy foods or reduce the quality of what we offer," Dardani said.


Rather, he said, his budget will have to "eat the costs" for now.



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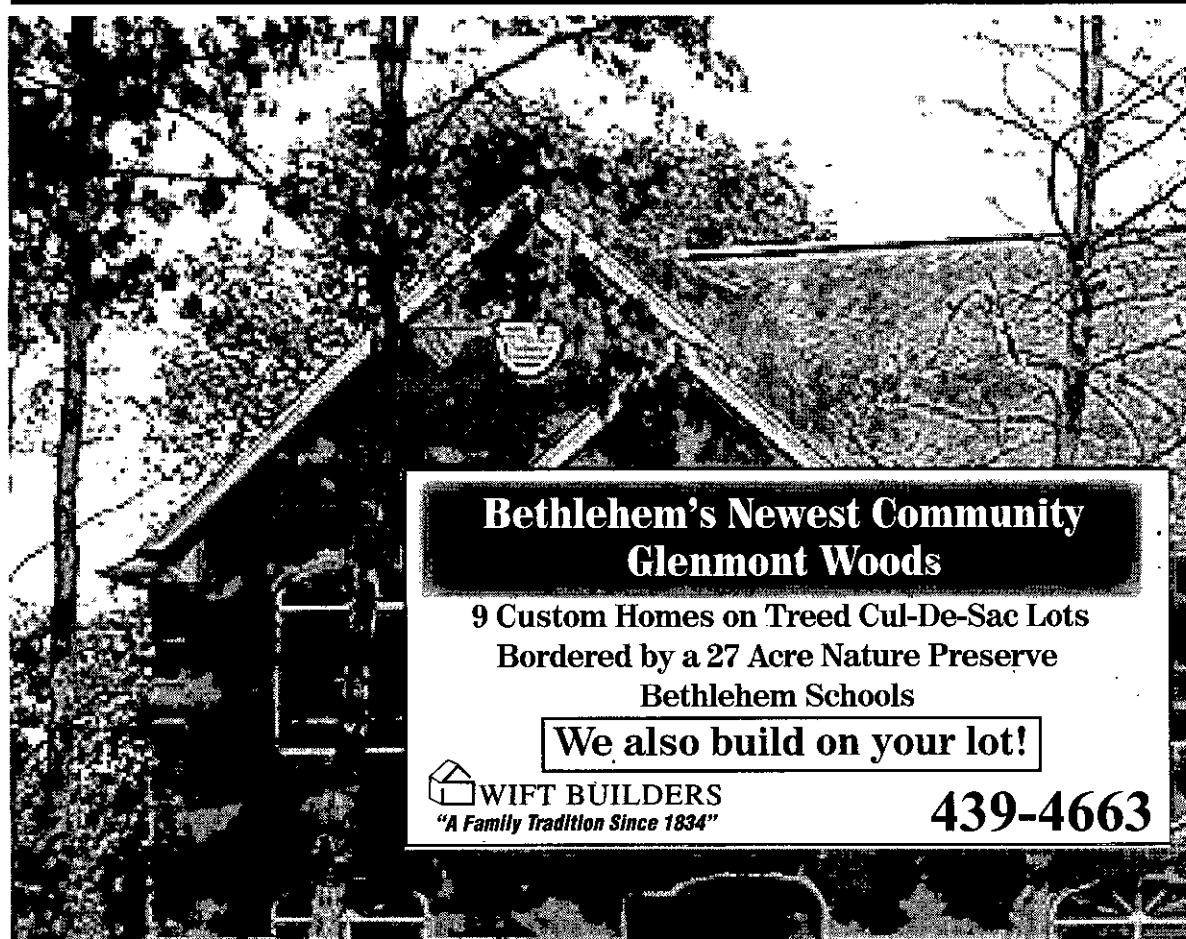
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# Library event mixes potluck with poetry

We're eating again. In celebration of April as National Poetry Month, everyone is invited to join the Every Other Thursday Night Poets for the Pot Luck Poetry Brunch on Saturday, April 12, in the VPL community room.

Bring both food and poetry to share. You're welcome to bring an instrument, as short performances are welcome. A response is requested for brunch attendance but not required. You may bring hot or cold food. The library will provide tea, cocoa, coffee. Eating will start around 11:15 and poetry around noon. Even if you do not want to eat or perform, drop-ins,



friends, relatives and listeners are encouraged.

The Every Other Thursday Night Poets have been meeting at VPL since 1991 and in 2005 published a book of its own work titled "Poetry Don't Pump Gas." For more information about the group and the poets, visit the poetry blog under adult services on the VPL Web site: [www.voorheesvillelibrary.org](http://www.voorheesvillelibrary.org).

**Stamping workshop**  
The art of rubber stamping enables all of us to create our own greeting cards, scrapbook pages and more. Try your hand at creating wonderful works of paper art at a workshop with expert Stacey Roussin on Sunday, April 6, at 2 p.m. No experience is necessary. The program is sponsored by the Library Friends. Call for information and sign up.

**Concert**  
The 10th annual Harbinger of Spring Classical Concert featuring the Musicians of Ma'alwyck is this Sunday,

March 30, at 2 p.m. The Friends will hold its annual meeting during the concert intermission.

**Board of trustees**  
Petitions are for any school district resident older than 18 who is interested in running for the VPL Board of Trustees. Candidates are required to obtain signatures from 25 qualified voters and return the notarized petition to the library by 4 p.m. on Monday, April 21.

**Wii and karaoke fun**  
Tweens and teens are invited

to enjoy a Wii game or belt out some tunes with a karaoke machine on Friday, March 28, from 1:30 to 5 p.m. We will have snacks! No sign-up necessary.

**Signups needed**  
Adult book discussion meets on April 2 at 7 p.m.  
Lapsit stories for under age 2 meet on April 3 at 10:14 a.m.

Barbara Vink  
• All library programming is free (unless otherwise noted) and open to the public. Voorheesville Public Library is located at 51 School Road, Voorheesville. For information, call 765-2791 or visit [www.voorheesvillelibrary.org](http://www.voorheesvillelibrary.org).

## IN BRIEF

### Sidney Albert JCC to hold talk

In honor of Israel's 60th birthday, the Sidney Albert Albany Jewish Community Center has scheduled a talk, "Growing Up in Israel, 1953 to 1986" by Yiddish/Hebrew teacher Rachel Weitz before the Sixty-Plus Dining program on Wednesday, April 2, from 4 to 4:45 p.m. in the Albany JCC's auditorium, 340 Whitehall Road.

Reservations for the presentation and/or the kosher Sixty-Plus Dining program, can be made up until 9:30 a.m. on April 2. The talk is free and open to the community, and the dinner, which is held from 4:45 until 6 p.m., has a \$5 suggested donation. To reserve, contact the Albany JCC's senior adult office, 438-6651 x112, [ClaireS@saajcc.org](mailto:ClaireS@saajcc.org).

### Nominate state's next top teacher

Nominations for the New York 2007-2008 Teacher of the

year are being accepted through April 30.

The award will include \$1,000 to the winning teacher and a \$500 grant to that teacher's school. The New York winner will also be eligible for the national award that includes a special recognition and a \$2,500 travel certificate.

Teachers, students and parents can nominate any of the state's more than 225,000 accredited

teachers. Nomination forms are available online at [www.teachers.com/toty](http://www.teachers.com/toty). To nominate an educator, or yourself, explain in 250 words or less why this teacher should be Teacher of the Year. Winners will be announced at the start of the next school year.

The contest is sponsored by Teachers' Insurance Plan, a car insurance program for members of the educational community.

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**IN BRIEF**

**Nature Center plans upcoming events**

Thacher Nature Center has planned the following events.

• Saturday, March 29, at 10:00 a.m.: Budding Artists Preschool Program at Thacher Nature Center. Bring your preschooler for an art-themed program. Create a nature mural using paints, chalk, markers and more. Other fun and messy activities are planned, so wear old clothes and get ready to be artistic. Program is appropriate for ages 2 to 4. Register by calling 872-0800.

• Saturday, April 5, at 9:30 a.m.: Early spring hike in Thacher Park. Spring fever is in the air! Walk for a couple of hours and get back in time for lunch. Dress in warm layers and bring water. Call 872-0800 for meeting place.

• Sunday, April 6, 1 to 2:30 p.m.: Nature watch workshop at Thacher Nature Center. News about the environment, climate change, and species declines can be depressing. What can one person do to make a difference? Citizen Science activities are simple, fun ways that make it possible. This program will focus on three great examples: Frogwatch, NestWatch, and Project BudBreak. Also learn about some other popular projects, such as Monarch Watch and Lady Bug Spotters. Call 872-0800 to register.

School, will be held Saturday, April 5, at 7 p.m. at St. Thomas School in Delmar. The event will include a silent and live auction, entertainment and a buffet dinner.

Auction items include everything from Red Sox tickets, weekend getaways and golf packages to unique student-made items, antique furniture and spa treatments.

Last year's auction raised \$33,000 for the school, with specific funds earmarked for building a playground. This year's auction will benefit the school, which enrolls 240 students in pre-K through eighth grades.

Tickets for "An Enchanted Evening" are \$35 per person and are being sold at the school, at the parish office and after all weekend Masses at St. Thomas Church. In addition, there are numerous opportunities for various levels of sponsorship.

For more information or to buy tickets, contact Thomas Kane, principal, at 439-5573.

**Medical group honors doctor from Delmar**

Dr. Guthrie S. Birkhead, a Delmar resident of 19 years and deputy commissioner of the Office of Public Health for the state Department of Health, has been named a recipient of the 2008 Dr. Nathan Davis Awards for Outstanding Government Service from the American Medical Association.

These national awards, named for the founder of the AMA, are presented to local, state and federal career and elected government officials upon the recommendation of an independent panel of judges and are awarded to officials in seven categories of public service.

Birkhead's award is in the category of "Career Public Servant at the State or Local Level."

"We congratulate Dr. Birkhead for achieving national recognition with this honor," said state Health Commissioner Richard F. Daines. "His leadership and outstanding work in public health has long been known to his colleagues here and to others in the public health field."

Birkhead is the chief public health physician in the state health department. He oversees the activities of the department's four public health centers and two public health offices: the AIDS Institute, Center for Community Health, Center for Environmental Health, Wadsworth Laboratories, Office of Public Health Practice and the Health Emergency Preparedness Program. In addition to his work at the department, he is also an associate professor of epidemiology at the School of Public Health, University at Albany and the founding director of the Department of

Health's Preventive Medicine Residency Program.

"As a nationally known practitioner, scholar and educator, Dr. Birkhead is at the forefront of applying current scientific knowledge to complex public health problems, ranging from the HIV infection rate among newborns to the low measles vaccination rates among preschool-age children," said Ronald Brookmeyer, chair of the Master of Public Health Program at Johns Hopkins University. "In addition to his own research and academic and clinical achievements, he has devoted himself to training the next generation of public health professionals."

Birkhead joined the state health department in 1988, and served most recently as director of the AIDS Institute and director of the Center for Community Health. He was appointed deputy commissioner in 2007. He is a member and incoming chair of the National Vaccine Advisory Committee of the United States Department of Health and Human Services.

He is a graduate of the federal Centers for Disease Control and Prevention's Epidemic Intelligence Service and Preventive Medicine Residency programs, and is board-certified in internal medicine and preventive medicine. He holds a medical degree from Yale University School of Medicine and a master's degree in public health from the John Hopkins University School of Hygiene and Public Health.

The officers of the AMA will present the award to Birkhead at the AMA's annual recognition dinner on April 1 in Washington, D.C.

**St. Thomas to host third annual auction**

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# New

(From Page 1)

to provide students who are considered accelerated learners with quality education, the state Department of Education now requires any teacher at the primary level to receive an additional 12 graduate study credits. In addition to those 12 credits, teachers at the primary level are also now required to get what is called a Gifted Education Extension Certificate.

Joe Kavanaugh, assistant superintendent of curriculum in the Scotia-Glenville School District, said that a few years ago, there was no such requirement for teachers. Eventually the state required six credits, then 12. Kavanaugh said the change is a clear indication that state schools are responding to the need to provide options for advanced or gifted learners.

"The state does provide schools with some guidelines and requirements for advanced classes and or opportunities for students; however I really believe that each individual dis-

trict responds to it on different levels. The environment in Scotia-Glenville is one that really supports providing programs that challenge our gifted students," said Kavanaugh.

The 12 additional credit hours must cover knowledge of the characteristics of gifted students who learn at a pace and level that is significantly different from their classmates. To earn those credits, the teachers are also taught tools and methods for identifying and assessing gifted students; skills in using such tools and methods; knowledge and understanding of appropriate curriculum design for gifted students; and knowledge and skills for planning, providing, coordinating and evaluating differentiated teaching. They are also taught about environments that challenge and assist gifted students in learning to their highest levels of achievement.

The goal is for teachers to learn about collaborating with school staff, families and the

community to provide appropriate individualized instruction for gifted students

## Expanding opportunities

Kavanaugh said that once a student reaches the middle and high school level, districts are able to accommodate the need for advanced learning through advanced placement, or AP, and honors courses. He said AP

**"We want to reach all out students, and we want them to excel past even their own expectations, no matter what level they may be at."**

Michael Johnson

courses continue to be an important tool at the high school level.

"We always promote AP courses because they give students an opportunity to learn at the college level, which is valuable preparation. We have had students leave with as many as

30 credits," said Kavanaugh.

At Mohonasen, Interim Assistant Principal of Curriculum and Instruction Michael Johnson said that changes in the state assessments has ultimately increased the standards that teachers are being held accountable to.

He said that at Mohonasen they do a lot to support challenging their most advanced learners.

"We offer numerous honors courses at our high school, as well as many advanced placement courses, which students may earn college credit through. We have a large number of our students taking the pre-engineering courses offered,"

said Johnson.

Mohonasen offers a program called Project Lead the Way, which is a series of seven courses available in a sequence that offers the opportunity to earn college credit.

"This curriculum really challenges students," said Johnson.

Over the past couple of years, the problem-solving extracurricular program Odyssey of the Mind has really taken off in local districts, as well as across the country. What makes Odyssey unique is that it is open to all students, not just those considered gifted or advanced.

Programs like Odyssey encourage kids in kindergarten through 12<sup>th</sup> grade to challenge themselves and their peers in a fun, team-based atmosphere.

Shenendehowa is an example of a district that has taken a proactive approach to providing challenging curriculum. Their Policy 4000 requires an academic program that challenges "children to perform at their best, allowing them to reach their full individualized potential," according to Deborah Shea, director of curriculum and standards.

"There are many enrichment opportunities available to students at all levels," said Shea.

The Shenendehowa Board of Education encourages and supports initiatives and program flexibility permitting students to learn at a rate commensurate with their skills, abilities, per-

formance and interests.

## Advocating for kids

Parent advocacy groups also have taken on a major role in making sure that public schools are able to provide educational programs for all levels of students.

The Advocacy for Gifted and Talented Education in New York, or AGATE, is a statewide group with local chapters including SPACE, which stands for Scotia-Glenville Parents Advocating for Challenging Education. SPACE parents work to inform and educate one another on available opportunities for their children. The goal of the parents is to provide a forum to meet and discuss issues pertaining to giftedness, support the Scotia-Glenville School District's ongoing efforts to provide a learning environment that challenges its high-ability learners and ultimately benefits learners of all abilities.

The challenges for today's teachers can sometimes seem overwhelming, with the pressure to reach out fairly to all levels. Fourth grade Howe International Magnet teacher Amy Goyette said teachers rely on specialized programs to fill in the gaps of the traditional programs.

"We want the support of opportunities from accelerated programs as well as ones that may reach out to children in need of extra help," said Goyette.

Johnson said the model throughout Mohonasen is that the elementary students will all read at or above the standard.

"We want to reach all our students, and we want them to excel past even their own expectations, no matter what level they may be at," said Johnson.

For complete information on state standards for gifted children as well current legislation, go to the state Department of Education's Web site at [www.nysed.gov](http://www.nysed.gov).



Students from O'Rourke Middle School in Burnt Hills-Ballston Lake went to the Odyssey of the Mind World Finals last year.

Submitted photo

# Mind

(From Page 1)

He said some parents are happy with the current setup in Scotia-Glenville that has kids leaving classrooms for one day each week to go to Young Scholars. BOCES instructors teach the program, which takes place on Thursdays.

The proposal on the table would have the school district hire a person to work with enrichment specialist Maria Maynard and would offer two half-day programs: one for humanities and one for math and science. The district would then end its contract with BOCES for grades four and five, keeping Young Scholars for sixth graders.

In Mohonasen High School, enrichment teacher and coordinator for Odyssey of the Mind Lori Ranze said programs like Odyssey are so important for a number of reasons.

"I try my best to get the younger students involved at the K-2 building so that it catches on

and they continue throughout the years. Some districts offer Odyssey as their gifted and talented program. In Mohonasen, we offer Odyssey to all students," said Ranze.

Ranze said she feels it's critical for districts to have options for academically advanced students so that these students stay motivated. She said a program like Odyssey is crucial because it combines art, dramatics, hu-

level," said Ranze.

Ranze said she believes that Odyssey has caught on at Mohonasen over the past few years because more people and students are spreading the word.

"I have done more publicity of the program and have seen the teams succeed at a higher rate than in the past. I do believe that the coaches and I have built a strong foundation for the students to learn from and prosper. The enrollment in the Mohonasen Odyssey program has almost doubled in the last three years that I have coordinated. When I am in the community, I am frequently asked, 'What is Odyssey? I have heard of that program before.' It pleases me to hear and see that the program I put my heart and soul into is continuing to grow," said

Ranze.

The teachers who are involved with programs like Young Scholars and Odyssey said they hope they continue to see state funding and community support for the cause to reach all learners, including the advanced.

**"That is what excited me the most - when students ... form a team together with all their different talents. Students can be enriched and spread their gifts to others at their own pace and comfort level."**

Lori Ranze

mor, problem solving and teamwork. "That is what excited me the most - when students come together and form a team together with all their different talents. Students can be enriched and spread their gifts to others at their own pace and comfort

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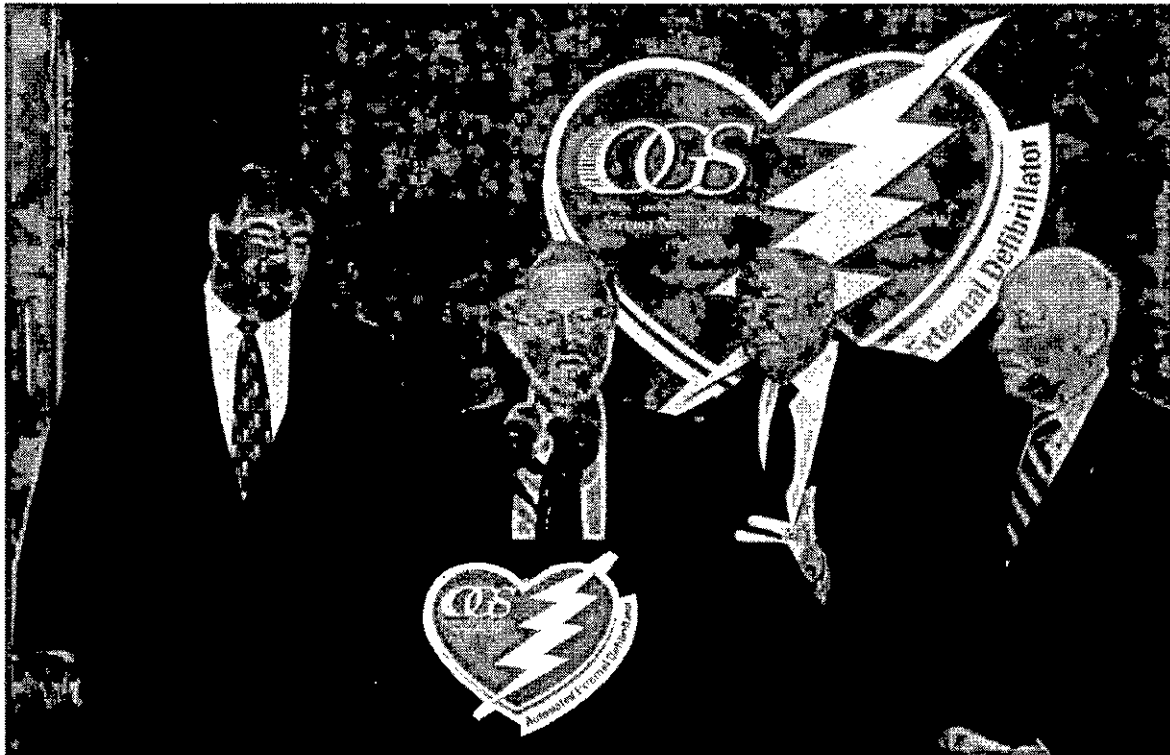
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# Heart health



Delmar resident and American Heart Association spokesman Jim King, far left, joins state officials on Tuesday, March 11, to announce that the state Office of General Services has installed 93 of the planned 120 automatic external defibrillators in state office buildings. King suffered a sudden heart attack in 2004 while playing in his regular men's league basketball game. A South Colonie school district custodian resuscitated him with an AED. With King, the state director of the New York State Small Business Development Council, are, from left, state Assemblyman Richard Gottfried, D-Manhattan; OGS Commissioner John Egan; and state Sen. Ken LaValle, R-Port Jefferson. Gottfried is the Assembly health chairman and LaValle introduced the law requiring AEDs in public buildings.

Submitted photo

# District's schools to be closed Friday

Schools in the district will be closed on Friday, March 28 for staff development day.

### NEWS NOTES

**Voorheesville**  
Betsy Glath  
765-4415



### Methodist church hosts dinner

The First United Methodist Church of Voorheesville will be hosting a dinner on Sunday, March 30, from 4 to 7 p.m. Child care and dinner will be provided by adults to give the parents an opportunity to relax and socialize with their peers. This is a community event and all are welcome. For information, call 765-2895 between 9 a.m. and noon, Monday through Friday.

### Garden club to meet

The Helderview Garden Club will meet at the Albany County Cooperative Extension on Martin Road in Voorheesville on Thursday, April 3, at 7 p.m. Pam Taft, master gardner from Cornell Cooperative Extension, will speak on safe and healthy gardening. For information, call Mary Beth at 765-4544.

volunteer day on Saturday, May 3. Volunteers will gather at the Town Hall before 9 a.m. and go to low-income senior and handicapped homeowners in the community.

The town is looking for individuals of families who might need help with raking, cleaning out flowerbeds, washing windows, making minor house repairs, painting or light housekeeping.

Those who need help or those who would like to volunteer help can call Susan Kidder, senior liaison, at 439-9038 or e-mail her at skidder@townofnewscotland.com.

### Bus trip to Boston

This is your last chance to get on board for the Friends of the Library Boston bus trip on April 5. Sign up now with your paid reservation at the library. For information call 765-2791.

### Town plans trip to see 'Jersey Boys'

The Town of New Scotland recreation committee is sponsoring a trip to New York City to see the Broadway Play "Jersey Boys" on Friday, Oct. 17. Tickets go on sale April 10 at 10 a.m. at town hall. There will be no advance reservations or sales and there is a four-ticket limit per person. The cost of \$165 includes transportation, show and a gratuity for the bus driver. For information, call Pat Geurtze at 475-0385.

Got news?  
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**Volunteer day set for May 3**  
The Town of New Scotland is holding a townwide

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On March 19<sup>th</sup>, the Elsmere School PTA honored its staff with a wonderful luncheon that was well attended and enjoyed by all.

We would like to thank the following local businesses for their kind donations:

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| 333 Cafe  | Joyelle's Jewelers           | Alteri's Restaurant-Glenmont                |
| The Floral Garden                               | Casa Mia Restaurant          | Hannaford-Delaware Plaza                    |
| Cafe Mangia-Slingerlands                        | Angela's Pizza               | Friar Tuck                                  |
| Dunkin Donuts-Price Chopper Plaza, Slingerlands | Quality Foto Finish          | Delmar Florist                              |
| Dunkin Donuts-Delmar                            | Hewitt's Garden Center       | Spectrum 8 Theater                          |
| Emma Cleary's                                   | Delmar Marketplace           | Nicole's Restaurant-Delaware Avenue, Albany |
| Window Box Cafe                                 | Mary Kay Cosmetics           | Delaware Plaza Wine and Liquors             |
| Toll Gate Restaurant                            | Price Chopper-Slingerlands   | South Street Framers                        |
| Panera Bread                                    | CynderElla's                 | New Village Deli & Pizza                    |
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# Stretch, kick and tone with other seniors this spring

Now that spring is here, wouldn't you like to "get up and go" after having spent much of the long, dreary winter indoors? Why not sign up for the beginner "Stretch, kick and tone" class offered through the Town's Parks and Recreation Department? Focus is on proper form, core muscle strength, balance and conditioning.

To participate, you will need a yoga mat and an 8-inch rubber ball. Classes meet at the middle school upper gym on Tuesdays (April 1 to June 10) or Thursdays (April 3 to June 12) from 6 to 7 p.m. Because registration ends this week, please be sure to call 439-4955, option 3, now for more details.

### Upcoming program highlights

• Thursday, March 27  
Seniors grocery shopping for residents of Glenmont, Selkirk and South Bethlehem.

Stretch, kick and tone class (for information about the class and registration, see details above).

• Friday, March 28  
Lunch out and health and wellness program

"Emergency Disaster Preparedness for Seniors," Presenter: Catherine Huber, MS, RN.

Lunch out at the Windowbox Café, 1969 New Scotland Road, Slingerlands, 10:30 a.m. to noon.

The health and wellness program, 1 to 2 p.m. at Bethlehem Town Hall. No charge, although donations are appreciated.

Seniors grocery shopping for residents of Good Samaritan Senior Housing and Van Allen Senior Apartments.

## Senior Action



March 27 - April 4

Seniors in Motion, a low-level aerobic exercise to music class, 9 to 10 a.m., Bethlehem Town Hall Auditorium. \$3 fee per class.

• Sunday, March 30  
Sunday Swim at the Bethlehem Middle School pool, 332 Kenwood Ave., from 1 to 3:30 p.m. \$3 per session. Open to all ages.

• Tuesday, April 1  
AARP income tax counseling program, 9 a.m. to 3 p.m., Bethlehem Town Hall, appointment required

Seniors in Motion, a low-level

aerobic exercise to music class, 9 to 10 a.m., Bethlehem Town Hall auditorium. \$3 fee per class.

Stretch, kick and tone class (for information about the class and registration see details above).

• Wednesday, April 2

Senior discussion group, 10:30 a.m. to noon, Room 107, Bethlehem Town Hall. Led by Jane Sanders, LMSW, Senior Services Outreach staff member. Discussion targets life cycle events, human interest stories and reminiscences of the past.

Seniors grocery shopping for residents of Elsmere, Delmar, Slingerlands, North Bethlehem and Marie Rose Manor.

• Thursday, April 3

Stretch, kick and tone class (for information about the class and registration see details above).

Seniors grocery shopping for residents of Glenmont, Selkirk and South Bethlehem.

• Friday, April 4

Lunch out and health and wellness program

"Low Fat Cooking," Presenter: Sandy Varno, MS, RD, CDN. Learn how to cook and bake delicious and healthy foods without fat. This is a hands-on workshop with samples to taste.

Lunch out at the Windowbox Café, 1969 New Scotland Road, Slingerlands, 10:30 a.m. to

noon.

The health and wellness program at Bethlehem Town Hall, 1 to 2 p.m. No charge, although donations are appreciated.

Seniors in Motion class (see Tuesday's activities for details).

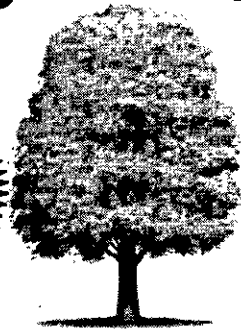
Seniors grocery shopping for residents of Good Samaritan Senior Housing and Van Allen Senior Apartments.

For information on the above or a list of additional activities, call the Bethlehem Senior Services Office at 439-4955, ext. 1176.

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Steve Bolduc talks to a town resident during a public hearing at Town Hall on Tuesday evening, March 18. Residents told the local developer that they were concerned about runoff water and traffic problems that could be associated with the five-acre proposal.

Jarrett Carroll/Spotlight

## Public

(From Page 1)

to build 40 "high-end condos" on the Verstandig's Florist lot off of Delaware Avenue. Bolduc originally brought his plans to the planning board in early February, and the board asked him to return for a public hearing.

The units will sell between the "low \$300,000 and \$400,000 range," according to Bolduc.

"Since then, we've been working on the renderings," Bolduc told residents at the meeting. "We've done a lot of hard work on this. ...We're at a part where we'd like to proceed with the project. That's why you're here tonight: to get us comments."

Well over a dozen residents made statements to the board about Bolduc's project for over an hour.

A handful of residents praised the project and said they were happy with the plans.

Bolduc plans to transform the five-acre lot at 445 Delaware Ave. into nine, two-story buildings with 40 condominiums. A little more than two of the five acres would remain green space. There are greenhouses, a florist shop, and a home currently on the lot, which are slated for demolition in Bolduc's plans.

Saratoga Associates architectural and engineering firm pre-

vironmental impact?"

Resident Alon Dolmnitz agreed, saying, "I've also had some concern with the drainage here."

Dolmnitz said he was in favor of the project in general, but he wanted to know what energy-saving measures would be included.

Bolduc told residents that the project will be "energy conscious," and that Keystone Builders would use the best techniques available, as well as install Energy Star appliances.

"We use a very high-quality product; it is very green and very expensive," Bolduc said of materials he will be building with, including a new spray foam insulation that he said is environmentally sound.

"The foam saves about 20-percent usage in energy consumption ... and we will be using high-efficiency appliances and furnaces," Bolduc said. "Hopefully it will save everyone in the long run."

Planning Board Chairman Parker Mathusa said all of the resident's comments would be taken into consideration as the board looks over the plans.

Bolduc told residents that he would like to begin in May, but Mathusa said it will likely take longer.

"While there's interest to move ahead, I want to make sure that some of the details are worked out," Mathusa said. "Like the old saying goes, 'the devil is in the details.'"

Bolduc does not actually own the property yet, he said, saying that a deal is in place with Robert Verstandig, the florist shop's owner and operator. Bolduc said that the property would be sold to him pending planning board approval.

Verstandig's is currently still open, but a move could be quick, pending approval, said both Bolduc and Verstandig.

Aside from water concerns from a number of neighbors, traffic issues also came up several times.

The plans showed that the project would produce roughly 21 cars per hour, but project engineers said that Verstandig's currently has 33 cars per hour.

resented the plans with Bolduc.

It calls for 64 parking spaces, up from the required 60 spaces, and a circular access road to Delaware Avenue that will allow for two-way traffic. A storm water basin is to be built underground in order to collect runoff and storm water.

Construction plans show gray architectural shingles for all over the buildings with various siding and shutter colors. The overhead doors will be "carriage style doors," according to Bolduc.

**"While there's interest to move ahead, I want to make sure that some of the details are worked out. Like the old saying goes, 'the devil is in the details.'"**

Parker Mathusa

The biggest concerns of the residents who spoke were excessive runoff water, storm water management and traffic. There were also some comments about landscaping, the appearance of the condos, when workers would begin construction, lighting, the environmental impact, and exactly who will be moving into the project.

"I have concern with the drainage... and I would like you to examine it before construction begins," said Steven Bukowski. He also asked, "How can you say there will be no en-

Many residents said they were skeptical of the numbers and asked for a traffic study.

Mathusa said after the meeting that he would like to see more details on traffic, lighting and landscaping plans.

"If you try to back your vehicle out on Delaware Avenue at 7 a.m., you need God's help," said Mary Rodgers. "I think it's deceptive to use that information," she said of the car-per-hour estimates.

She asked for a traffic study, as did other residents.

"I'd also like to request that instead of using the same color styles that they use colors that complement the sidings," said Bob Marriot of Delaware Avenue. "It's going to look like a bunch of college dormitories."

## District

(From Page 1)

Tuesday, March 18, meeting. The school budget and board member election, along with area library budgets and board member elections, will be held on May 20 at the Bethlehem Central High School.

In the past, voters went to the middle school to vote, but the venue was changed this year because it is thought the high school will be more accommodating to residents.

This year's budget comes amidst the addition of a new school, Eagle Elementary, and the departure of the district's longtime Superintendent, Les Loomis, and two longtime board of education members, Robin Storey and Warren Stoker, who chose not to seek re-election.

"After next year, we will have made it through the worst of the increases related to the building project - an initiative that has allowed us to alleviate overcrowding, enhance building safety and provide truly first-class facilities for BC students," Loomis said. "Better days are ahead."

Currently, Bethlehem residents pay \$18.09 per \$1,000 of assessed property value for school tax, and New Scotland residents in the district pay \$17.60 per \$1,000. If the new budget passes as it currently stands, taxpayers in Bethlehem will pay \$18.84 and \$18.52 in New Scotland.

That is a 75-cent and 92-cent increase per \$1,000, respectively. In other words, the owner of a \$200,000 home in Bethlehem will pay \$150, and \$184 in New Scotland, according to the proposed budget that was adopted.

The proposed \$84.8 million budget represents a 7.7 percent spending increase, or \$6 million, over the current year's budget. School administrators say that nearly a third of the spending increase is due to an increase in debt service.

Of the \$730,000 in new spending, 89 percent is attributed to costs related to opening the new Eagle Elementary School. The remainder will go toward strengthening academic programs and improving operations, according to the Board of Education.

During monthlong weekly meetings, the district's Board of Education has gone over line items and individual department budgets after reviewing the recommendations of the Citizens Budget Group.

"The Citizens Budget Group

Aside from water and traffic concerns and a few aesthetic comments, no residents spoke out against the proposal itself at the meeting.

Bolduc said he appreciated the town's input and wants to move forward his project and incorporate what he heard from the residents.

"We're trying to do our best here. ...These are high-end units and we will build these the best that we know how," Bolduc said. "This is the project of my life, and I want to do it right."

Mathusa said the board would now work with the county on the plans, but said he expected that approval would take a few weeks longer than Bolduc's anticipated May starting date.

got us off to a great start, asking important questions and providing valuable insight," Board of Education President James Lytle said. "The end result of this work, done in partnership with the community, is a budget that maintains and strengthens academic programs while, we believe, remaining sensitive to the limitations of taxpayers."

Loomis also extended his thanks to the budget group at the meeting, as well as to the school's staff and the board itself for completing a comprehensive and timely budget "very much due to their early efforts."

Loomis said recommendations by the Citizens Budget Group are voted on by the Board of Education, but he expects the board to continue using the group's input in the future because of its success.

Last week, Loomis said he met with State Sen. Neil Breslin, D-Bethlehem, and that the school is expecting to get around \$225,000 in additional BOCES aid from the state. He also said that there would be a \$210,000 reduction in health insurance costs because the school is collaborating with several other area districts under a plan with CDCHP.

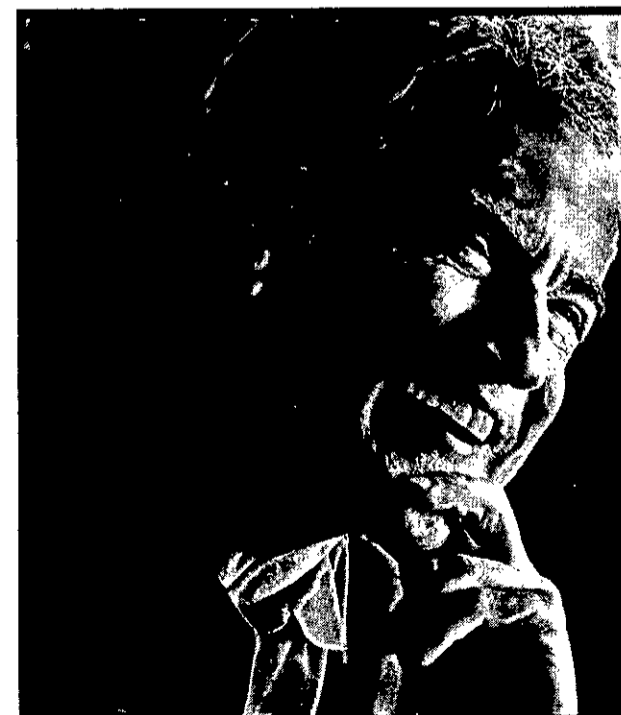
Board members had a lengthy discussion about whether to continue sending students to Tech Valley High School, which costs \$18,000, although the school is reimbursed 63.9 percent of the costs the following year through BOCES aid.

It came up in a previous board meeting that the first-year Tech Valley student did not opt to return to the program and came back to Bethlehem Central. Lytle put forth a motion to put up the \$18,000 this year, but said the school would not replace any returning students unless the board voted on it. The motion carried unanimously after some further discussion.

He also suggested that the board review its Tech Valley program at a later date.

The annual budget vote this year will be held at Bethlehem Central High School, not the middle school. Polls will be open from 7 a.m. to 9 p.m., and, in addition to the budget, there will be three open seats on the Board of Education on the ballot that day. The third seat up for election belongs to James Dering, the board's vice president. He has not yet announced whether he intends to seek re-election.

All library-related voting will also take place at the same time and location.



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**THANK  
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Dan LaChapelle receives a free laptop computer from Bill Marinello, manager of the Delmar Hannaford Supermarket. LaChapelle is heading to Washington D.C. after winning the Capital Region Spelling Bee competition. He was given awards for his accomplishments from the spelling bee's corporate sponsors.

Submitted photo

# Bethlehem student has a way with words

**Spelling Bee champ wins a laptop computer and a trip to national competition**

By JARRETT CARROLL  
Spotlight Newspapers  
carrollj@spotlightnews.com

Eighth-grader Dan LaChapelle may not be an expert in Asian fish, but he sure knows how the spell them.

LaChapelle won the Capital Region Spelling Bee at Proctors in Schenectady on March 10 by spelling the word "gourami" in the sixth round. He next heads to the Scripps National Spelling Bee in Washington, D.C., from May 26-June 1, where students compete in three grade-specific levels.

Hannaford Supermarkets, one of the spelling bee's sponsors, presented LaChapelle with a brand new laptop in front of his class at the Bethlehem Middle School Library in honor of his achievement.

"Here, I'm also giving you the gift receipt with this," said Bill Marinello, the manager of the Delmar Hannaford, as he gave LaChapelle his laptop. "Just in case you don't like it, you can bring it back and get anything you want."

Marinello congratulated

LaChapelle on behalf of Hannaford and wished him well in Washington.

LaChapelle, who had no idea about the gift before receiving it, didn't look like he intended to trade it in as his classmates erupted into applause followed by "oohs" and "ahs" and a couple shouts of "Oh, man!"

"It's pretty cool," LaChapelle said about winning the spelling bee and the new laptop.

LaChapelle, who was automatically entered into this year's competition after tying for second place last year, said he has a system to honing his spelling skills in addition to reading a lot and constantly expanding his vocabulary.

"The first thing is if you have heard the word before, or if there's a word that sounds like it," he said. "That's pretty much my method — if it's something I haven't heard before, I'll ask for the language of origin and the definition."

LaChapelle said he builds unfamiliar words off of words that he knows.

He admitted he was a little nervous about entering the national competition, but this BC student says he is ready for D.C.

"I hope to do well, but there

is no way of knowing how well I do until I go there," said LaChapelle.

Bethlehem Middle School Principal Jody Monroe said the district is very proud of its national contender. "He's a great kid, and we are all very excited for him," Monroe said.

Aside from winning the laptop, LaChapelle won a dictionary, a savings bond, and the paid trip to Washington, D.C., for the national spelling bee. He said he would be studying a little extra in preparation for the national contest by continuing to read books and look at word lists.

Nearly 110 students from 54 schools compete, earning entry into the regional tournament by their performance in spelling bees at their schools. Bethlehem Middle School students Charles Dieterle (eighth grade), Raji Das and Evan Konas (seventh grade), Bethany Caldwell (sixth grade), all participated in the Capital Region Spelling Bee for winning their grade levels at the school on Feb. 11.

The Capital Region Spelling Bee's sponsors include Capital Region BOCES, the Times Union, Albany Public Library, Hannaford Supermarkets, Barnes & Noble, and Proctors.

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# Crowd packs library to listen to author speak

A capacity crowd listened to Susan Cheever at the library on Sunday, March 9, as she read from her latest book, "American Bloomsbury." After the reading, she graciously answered questions, signed books and talked animatedly with attendees. In return, she expressed delight with her Bethlehem audience. Upon her arrival home that evening, Cheever sent an email to Adult Services head Maureen Brown: "I didn't want to go to bed without saying what a lovely afternoon that was. Audiences come and go, but the Bethlehem Library audience was particularly friendly, knowledgeable and enthusiastic. I could have answered questions for another hour!"

This kind of affirmation reinforces our pride in the community we serve.

## Author James Preller coming soon

The author of the popular "Jigsaw Jones" mystery series lives right here in Delmar. James Preller will be at the library next Monday, March 31, at 7 p.m. to talk about his new book, "Six Innings: a Game in the Life," which is about a Little League baseball game, and so much more. Preller will sign books at the end of the talk. This family program is free and open to the public.

In the acknowledgements for



James Preller will be at the library next Monday, March 31, at 7 p.m. to talk about his new book, "Six Innings: a Game in the Life."

"Six Innings," Preller writes: "The first draft of this book was written by hand in a spiral notebook in the Bethlehem Public Library." Another affirmation for our library and our community! Find out more about the author — his life, his love of baseball, his thoughts about writing, and his understanding of what it's like to be a kid-at [www.jamespreller.com](http://www.jamespreller.com).

## Tickets for Donald Westlake

A reminder that tickets for noted mystery writer Donald Westlake will be available to Bethlehem school district



residents on a first-come, first-served basis this Sunday March 30, 1 to 5 p.m. Westlake will read from his latest Dortmund mystery, "What's So Funny," on Sunday April 6 at 2 p.m.

The event is free, but seating is limited; tickets are required for admission to the program. Any tickets remaining after March 30 will be available to anyone the following day until gone; ask at the information desk. Read more about Westlake in the March/April edition of "footnotes," and on our Web site, [www.bethlehempubliclibrary.org](http://www.bethlehempubliclibrary.org).

Westlake is the final guest in our first Writers and Friends series, generously underwritten by our library Friends. Watch for more Writers and Friends events this fall.

## New polling place

The school and library budget vote will take place at Bethlehem Central High School, not the middle school as previously mentioned in this column.

The Board of Education made this change recently in the interests of accessibility and parking. The vote is scheduled for Tuesday May 20, from 7 a.m.

to 9 p.m. in the high school's upper gym. The proposed library budget will be published in the May/June issue of "footnotes," the library newsletter.

## Daybooks

Monday, April 14, 1:30 p.m.

"The Age of Innocence" by Edith Wharton. New adult members welcome. Call 439-9314 for more information. 2008 Big Read Book.

## Brazilian music

Husband-and-wife duo Sonny Daye and Perley Rousseau will be joined by percussionist Brian Melick and a bassist for an afternoon of Brazilian music at the library on Sunday, April 13, at 2 p.m. Cosponsored by

Bethlehem Senior Projects Inc.

## More games

Monday, April 14, 2 to 3:30 p.m.

Everyone's invited for games of all kinds: board games, DDR, Guitar Hero, Wii or bring your own. K-12 and family.

## Earth Day craft

Tuesday, April 15, 2 p.m.

Creative recycling. Bring an old necktie from home and turn it into a bird puppet. School age.

Louise Grieco

All library programming is free and open to the public. The Bethlehem Public Library is located at 451 Delaware Ave., Delmar. For information, call 439-9314.

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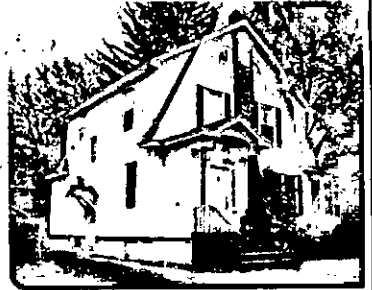
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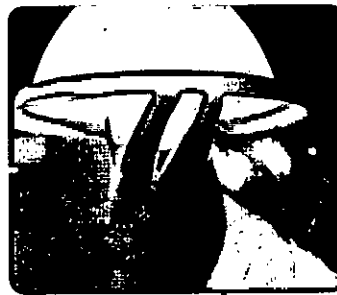
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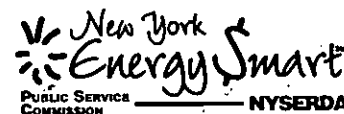
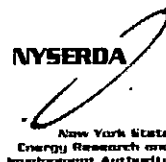


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# Obituaries *in the* Spotlight

## Richard I. Lavery

Richard I. "Dick" Lavery, 93, of Voorheesville, died Wednesday, March 12, at St. Peter's Hospital.

He was born on June 20, 1914 in Delmar, the son of the late Harold and Louise (Abele) Lavery.

Mr. Lavery served in the Coast Guard from 1943-1946. He had worked for the Normanskill Dairy and at the Port of Albany for many years.

He was predeceased by his wife, Alice C. Lavery.

Survivors include three daughters, Kathy Lavery (William) Brayton, Karen Louise Lavery (David) Kisselbrach and Bonnie Jeanne Lavery (David) Manes; two sisters, Margaret Schultz and Virginia Marks; and many grandchildren, great-grandchildren, nieces and nephews.

Arrangements were by the Applebee Funeral Home, 403 Kenwood Ave., Delmar.

Burial will be in Bethlehem Cemetery.

Contributions in his memory may be made to the Voorheesville Ambulance Service, 21 Voorheesville Ave., Voorheesville, 12186.

## Helen M. Okesson

Helen M. Okesson, 82, of Glenmont, died Tuesday, March 11, at St. Peter's Hospital.

Mrs. Okesson was born in Glenmont on Nov. 8, 1925, the daughter of the late Michael and Stephonia (Foote) Montysko. She had worked as clerk for the state Division of Criminal Justice before retiring in 1983.

Mrs. Okesson was the widow of Ernest H. Okesson.

Survivors include her sister, Clara Martin; and several nieces and nephews.

Arrangements were by the Applebee Funeral Home, 403 Kenwood Ave., Delmar. A funeral service was held on Saturday at the

funeral home.

Burial will be in Westerlo Rural Cemetery.

Contributions may be made to the Animal Protective Foundation, 53 Maple Ave., Scotia 12302 or the American Heart Association, 440 New Karner Road, Albany, 12205.

## Anna E. Cacckello

Anna E. Lawson Cacckello, 68, of Ravena, died on Monday, March 17.

Mrs. Cacckello lived in the Ravena area most of her life.

Survivors include a son, Anthony B. Cacckello of Ravena; four brothers, Frances Butler, John Lawson, Robert Lawson, and Pastor Charles Lawson; four sisters, Gertrude Sager, Virginia Coons, Barbara DeChambo, and Marjorie Quigley; and many nieces and nephews.

Mrs. Cacckello was widowed by Anthony C. Cacckello.

Services were at the Alcove Full Gospel Church on Friday, March 21. Burial was in Mt. Pleasant Cemetery, South Bethlehem.

Contributions may be made to the Freedom Chapel North/Alcove Full Gospel Church, 137 Rte. 111, Alcove 12007.

## Linda S. Doroski

Linda S. Doroski, 53, of Delmar, formerly of Grand Gorge, died on March 9, at St. Peter's Hospital.

The daughter of Joseph and Shirley (Dunham) Doroski, Ms. Doroski worked at St. Peter's Hospital for 34 years in the cardiac unit as a registered nurse.

She was a graduate of Grand Gorge Central School and received her LPN training at State University College at Delhi. She received her RN degree from Maria College in Albany. Ms. Doroski was a member of the United Methodist Church in Grand Gorge, and she lived in Delmar the past three years after living in Watervliet for 24 years.

Survivors, besides her parents, include two brothers, David and Chris Doroski; a nephew; and several aunts, uncles and cousins.

A memorial service was held on Saturday, April 5, at the Grand Gorge United Methodist Church.

Committal services were private, and the arrangements were by the Miller-Funeral Home in Roxbury.

Contributions may be made to United Methodist Church, Grand Gorge, Memorial Fund or the Humane Society of Central Delaware County, Route 10, Delhi.

## Sara Ricciardi

Sara Ricciardi, 93, died Wednesday, March 19.

Mrs. Ricciardi was the daughter of the late John and Nancy (Crisafulli) Maimone and lived in Selkirk most of her life.

She was the widow of Joseph Ricciardi.

Survivors include a daughter, Josephine (Frank) Wilhelmi of California, and son, Anthony (Catherine) Ricciardi of Ravena; a sister Grace Sole; a brother, Dominic (Peggy) Maimone; four grandchildren; six great-grandchildren, and many nieces and nephews.

Services were held Tuesday, March 25, at St. Patrick's Church in Ravena, and burial was in Calvary Cemetery in Glenmont.

Arrangements were by the Babcock Funeral Home in Ravena.

Contributions may be made to

the American Heart Association, 440 New Karner Road, Albany, NY 12205

## Lillian C. Dwyer

Lillian C. Dwyer, 86, of Delmar and formerly of Troy, died Wednesday, March 19, at the Good Samaritan Lutheran Health Care Center.

Born in Brooklyn, she was the daughter of the late James and Lillian Dunn Bogue and widow of James G. Dwyer.

Mrs. Dwyer was a homemaker and also worked at the Troy Public Library in the children's room and also had worked at Hunter Mountain.

During World War II, she was a volunteer in London, England, with the American Red Cross.

Lillian loved traveling, cats and good food. She was also an avid reader.

Survivors include two daughters, Denise (Kevin) O'Brien of Haines Falls, and Marilyn (Anthony Cassidy) LaParl of Watervliet; a son, James (Paula) Dwyer of Freehold; a brother James Bogue of Cambridge; seven grandchildren; and two great-grandchildren.

Services were held at the Wm. Leahy Funeral Home in Troy, where a Mass of Christian Burial was celebrated.

Internment was at St. Joseph's Cemetery in Schenectady.

Contributions may be made to the American Kidney Foundation, c/o 6110 Executive Blvd., Rockville, MD.

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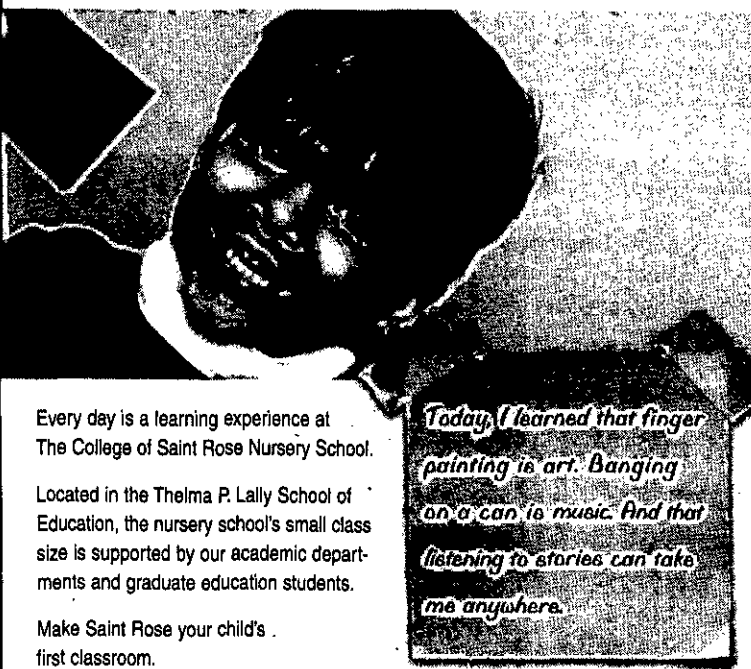
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# Milestones *in the* Spotlight

## Forrest, Laferriere marry



Alaina Katherine and Robert Joseph Laferriere

Alaina Katherine Forrest, daughter of Paul and Mary Forrest of Delmar, and Robert Joseph Laferriere, son of Gerald and Christine Laferriere of Troy, were married Jan. 5.

Deacon Alfred Manzella officiated the ceremony at St. Thomas the Apostle Church in Delmar. A reception followed at the Desmond Hotel and Conference Center in Albany.

Christy Venter was maid of honor. Bridesmaids were Linda Laferriere, Michelle Laferriere, Bridget Hayden, Sara Muhlich and Caitlin Russ.

Keith and Todd Laferriere, brothers of the groom, were the best men. Groomsmen were Daniel Forrest, brother of the bride; Scott York, Patrick O'Keefe; Richard McConnell and Jusaf Hasan.

Jayna Laferriere, niece of the groom, was the flower girl.

The bride is a graduate of Bethlehem Central High School and the University at Albany. She is a second-year student at Albany Law School.

The groom is a graduate of Catholic Central High School and Hudson Valley Community College. He is an Internet sales manager for Nemer Volkswagen.

After a honeymoon trip to Rivera Maya, Mexico, the couple resides in Watervliet.



Maribeth DeTorto and Michael Wallace

## DeTorto, Wallace to wed

Maribeth DeTorto, daughter of Daniel and Deborah DeTorto of Latham, and Michael Wallace, son of Mark and Janice Wallace of Rockville, Md., and Alen and Ellen Joseph of Silver Spring, Md., are engaged to be married.

The bride-to-be is a graduate of Shaker High School and Russell Sage College, where she received a doctorate in physical therapy. She is a senior physical therapist in the pediatric spinal cord injury

unit at the Kennedy Krieger Institute in Baltimore.

The future groom is a graduate of the University of Maryland, Rensselaer Polytechnic Institute and the University of Southern California, where he received a doctor of medicine degree. He is an orthopaedic surgeon at Union Memorial Hospital in Baltimore.

The couple plans a November wedding.

## Splash with the Dash

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- 9:05 a.m. to 9:20 a.m. Mosher Road to Murray Avenue
- 9:10 a.m. to 9:30 a.m. Parkwyn Drive to McGuffey Lane
- 9:15 a.m. to 9:45 a.m. Westchester Drive North, Westchester Drive South to Winne Road
- 9:20 a.m. to 10:00 a.m. Winne Road, Adams Place to Kenwood Avenue

- Delmar Dash for Kids:**
- 10:00 a.m. Boy's one mile
  - 10:02 a.m. Boy's half mile
  - 10:15 a.m. Girl's one mile
  - 10:17 a.m. Girl's half mile
  - 10:25 a.m. Co-ed quarter mile



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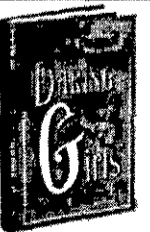
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# Lifestyles *in the* Spotlight

## Diversity good for garden

If you are planning to plant vegetables this spring, you will have the freshest produce for your eating pleasure, and you will know exactly how the vegetables were grown. Eating "local" can mean eating vegetables from your backyard.

For the past several years there has been increased interest in growing heirloom varieties of vegetables and the question of which is better often comes up: the new hybrids or the older, heirloom varieties. It is really a matter of taste — yours!

Saving seeds used to be an integral part of gardening but that is no longer the case. Many people buy transplants each spring or purchase seed for the garden so collecting and saving seed is not often done. Seeds from a hybrid plant are often sterile, or the resulting plants do not resemble the parent plant so saving seeds from hybrids is not recommended.

But why save seed anyway? For many gardeners, saving seeds and growing the older varieties is a way to stay connected to their past; they grow grandpa's favorite tomato that they enjoyed as a child, and now they want to share that heritage with their children. For others it is an economic decision because saving seeds saves money, and for some it is a way to keep the gene pool large.

Gardeners who wish to save seeds from heirloom cultivars need to isolate the plants to prevent unwanted crossings. Most vegetable seeds will remain viable for three to five years when stored correctly. Keep the thoroughly dried seeds in clean, dry glass jars with tight-fitting lids or in zippered plastic bags using silica gel packets to absorb any moisture. Store the seed in a cool, dry location or in the refrigerator to further increase the shelf life. Seeds may be sprouted between sheets of moist paper towel to test for germination.

If you choose to use hybrids, then new seeds or transplants must be purchased each year. Hybrid plants also include perennials, woody plants and small fruits

such as the red raspberry variety Heritage, which has set the standard for raspberries the past 30 years.

So, how "old" does a variety have to be to be considered an heirloom? Most authorities say at least 50 years, but many insist that the variety has to go back to before the early 1950s when modern plant breeding first began to develop hybrids that are resistant to disease, that ripen earlier, or that had a shape that was consistent for shipping. Others look to the Victory Garden era of World War II or even back to the 1920s, but the fact is that experts in the field recognize that heirloom varieties have been in cultivation for hundreds of years.

Biodiversity is not a new idea. Over 75 years ago, Professor Liberty Hyde Bailey from Cornell wrote about the issue of biodiversity and the role of the home gardener, whom he appreciated as the source of preserving variety in domestic fruits, saying that "when we lose the amateur, we lose the ideals." Bailey continues the argument by stating that "...there is merit in variety itself. It provides more contact with life, and leads away from uniformity and monotony."

Since the 1970s, there has been a movement to perpetuate and distribute garden heirloom seeds, first among home gardeners and now to small scale growers. Support for this plant conservation movement has come from networks such as Seed Savers Exchange in Iowa, and Seeds of Diversity in Canada.

Modern production agriculture has embraced the hybrids for their impressive yields, their reliability and shipping qualities, but this large-scale shift to hybrids has reduced the genetic



richness and opened up the possibility of crop losses due to planting genetically uniform plants termed "monocultures."

Modern hybrids have a narrow genetic base making them more genetically vulnerable than the older types that have a broad genetic base thus giving them more immunity and resistance.

But what appeals to the commercial grower may not appeal to the home-grower. For modern gardeners, the appeal of growing heirloom vegetables is mostly the flavor and the nostalgia, so it is important to do some homework to determine the best varieties for your garden. Perhaps growing a combination of both is the answer. If you have questions, call a Master Gardener: Albany County, 765-3500; Saratoga County, 885-8995; and Schenectady County, 372-1622.

You can also check out the following for information:

- L.H. Bailey, "The Apple Tree," New York: Macmillan, 1922, Open Country Books.
- [www.cce.cornell.edu/veg](http://www.cce.cornell.edu/veg)
- [www.gardening.cornell.edu/vegetables/vegvar2005.pdf](http://www.gardening.cornell.edu/vegetables/vegvar2005.pdf)
- [www.gardenguides.com/articles/veggie2000.htm](http://www.gardenguides.com/articles/veggie2000.htm)
- [www.halcyon.com](http://www.halcyon.com)
- Carolyn Jabs, "The Heirloom Gardener," Sierra Club Books, 1984.
- [www.nal.usda.gov](http://www.nal.usda.gov)
- [www.news.cornell.edu/Chronicle/98/2.19.98/fruits.html](http://www.news.cornell.edu/Chronicle/98/2.19.98/fruits.html)
- W. Weaver, "100 Vegetables and Where They Came From," Algonquin Books, 2000.
- Kent Wheatly, "Seeds & Diversity: Edible Plants: Starting From Seed" Brooklyn Botanic Garden, Inc. Handbook #157, 1998.

The author, Sue Pezzolla, is a community educator for Cornell Cooperative Extension of Albany County.

Seeds of Change

Cornell Cooperative Extension



### Sources for seed

- Jung Quality Seeds
- Willhite Seed, Inc.
- R.H. Shumway's
- Johnny's Selected Seeds
- The Victory Seed Company
- Vermont Bean Seed Company
- W. Altee Burpee & Company
- R.H. Shumay's Totally Tomatoes
- Gurney's Seed and Nursery Co.
- Henry Field's Seed and Nursery Company
- The Thomas Jefferson Center for Historic Plants

### Some selected heirloom varieties

- Brandywine, German Red Strawberry, Caspian Pink tomato
- Golden Bantam, Stowell's Evergreen sweet corn
- Hubbard, Blue Hubbard, Warty Hubbard squash
- Kentucky Wonder and Red Valentine green beans
- Chiogga (Bull's Eye) Italian heirloom beet
- Improved Long Green cucumber
- Paris White Cos romaine lettuce
- Early Jersey Wakefield cabbage
- French Breakfast radish
- Early Scarlet Horn carrot
- Jenny Lind musk melon
- Tall Telephone pea
- Quaker Pie pumpkin

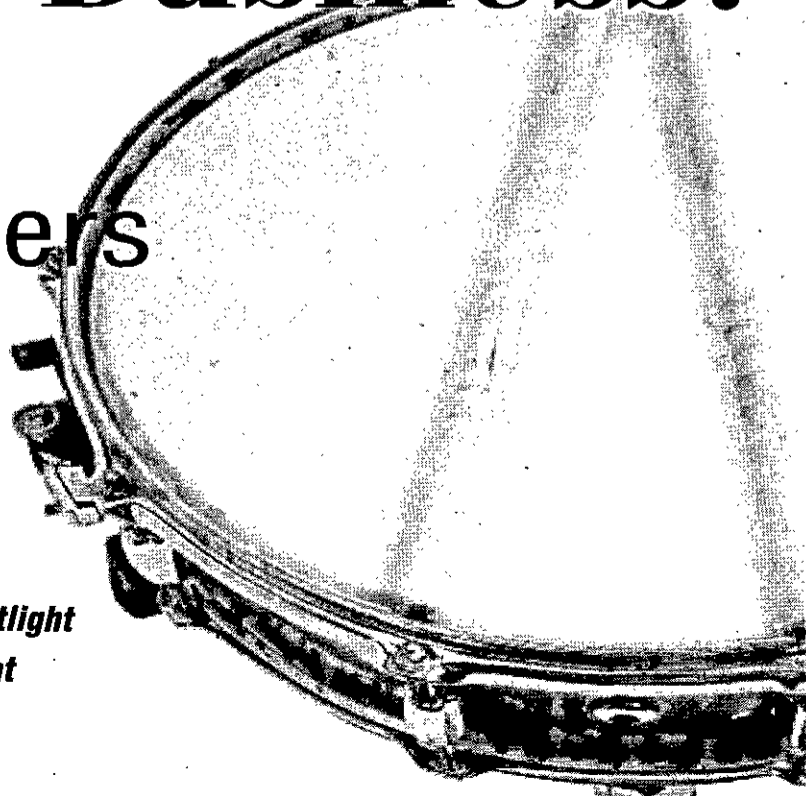
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# Entertainment *in the* Spotlight

The Harlem Wizards will take on the Mohonasen faculty on Friday, March 28, at 7 p.m. at Mohonasen High School.



## Wizards bring magic to Mohon

### Basketball fundraiser to feature some fancy footwork

By JACQUELINE M. DOMIN  
Spotlight Newspapers  
dominj@spotlightnews.com

Last summer, Mohonasen Athletic Director Joseph Scalise started looking into ways the district could raise money for a new scoreboard at the football field.

He decided on a basketball game that would pit the district's faculty against the Harlem Wizards. Like their

crosstown neighbors, the Harlem Globetrotters, the Wizards play a high-flying brand of basketball that features trick shots and fancy dribbling. One major difference between the teams, though, is that the Wizards most often play in charity games, traveling across the country to help schools and organizations raise money.

"We not only unite the community, we give them an exciting night out," said Wizards President Todd Davis.

The show rolls into Rotterdam on Friday, March 28. Tip-off is set

for 7 p.m. in the high school gym. Tickets are general admission and cost \$10.

"Hopefully we'll have a really good turnout," said Rosie Semerad, Scalise's secretary.

Fundraising basketball games aren't a new idea at Mohonasen. Years ago, the district sponsored donkey basketball games, Semerad said. In more recent years, faculty from the district's different schools squared off. But this is the first time an outside team like the Wizards has come in, and Semerad said district officials have been doing some intense recruiting.

"We're trying to get faculty from all four schools," she said. Then, with a laugh, she added, "We're trying to get the tallest and the youngest."

The Wizards' roster, meanwhile, features a mix of veterans, playground stars and former college standouts. Laquan Castro, nicknamed "Jump Man," is a seven-time New York City slam dunk contest champion who played at Elizabeth City State University in North Carolina. Rashaan "Rocket" Barner was a first-team All-American at William Paterson University in New Jersey. Claude Henderson, also known as Tojo, has been with the Wizards since 1967 and says, "This is my chance to communicate with America's youth."

Establishing that bond with people of all ages is key to the Wizards' mission, according to Davis. People don't have to follow sports to enjoy a game: "We're using basketball as a connection," he said. "It's not only exciting



Nicknamed "Broadway," Eric Jones was a star with the Harlem Globetrotters before joining the Wizards.

trick basketball, but a real warm-hearted experience."

To that end, players climb into the stands and mingle with the crowd. Children are invited to take part in contests and games on the court. Virtually anyone wanting an autograph can go home with one.

Davis' father, Howie, created the Wizards and their fan-friendly brand of basketball back in 1962. Davis took over the team when his dad died in 1992, and he's been to the area with the Wizards before. The team played the Albany Patroons, a semi-pro team, in a sell-out game at the Washington Avenue Armory in 2005.

But the Wizards' connection with the Capital District stretches back even further than that. When Davis was growing up, he spent

weekends with the Wizards, traveling to games and practicing tricks with the team. At the time, Schenectady boasted a semi-pro team called the Schaefer Brewers. Davis, a native of Far Rockaway, remembers coming upstate to watch the Wizards take on the Brewers in hugely popular contests.

"People were hanging from the rafters," he said.

While Mohonasen is hoping the Wizards game will again bring out that kind of crowd, Davis said he hopes people won't be disappointed if the faculty fall to the Wizards. After all, they'd be in good company.

"We have about 3,000 wins in a row," he said. "We want to keep the streak going."

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# Arts & Entertainment

## Theater

### 42ND STREET

Broadway classic presented by C-R Productions, Cohoes Music Hall, 58 Remsen St., Cohoes, through March 30, \$23-\$40. Information, 237-5858.

### THE FOREIGNER

Presented by Circle Theatre Players, Sand Lake Center for the Arts, Route 43, Averill Park, through April 6, 8 p.m. Friday and Saturday, 2:30 p.m. Sunday, \$15. Information, 647-2007.

## Music

### BUFFY SAINTE-MARIE

Folk singer-songwriter, March 29, 7:30 p.m., Eighth Step at Proctors, State Street, Schenectady, \$25. Information, 346-6204.

### "SIXTIES SPECTACULAR"

Featuring Peter Noone, Gary Puckett and the Turtles, March 29, 7:30 p.m., Proctors Theatre, State Street, Schenectady, \$32-\$47. Information, 346-6204.

### CATHERINE RUSSELL

Singer specializing in jazz and blues, March 29, 8 p.m., WAMC Performing Arts Studio, 339 Central Ave., Albany, \$20. Information, 465-5233, ext. 4.

### VICTOR WOOTEN

Avant-garde bass player, March 29, 8 p.m., The Egg, Empire State Plaza, Albany, \$24. Information, 473-1845.

### BLOOD, SWEAT & TEARS

Old-time, horn-infused rock band, April 4, 8 p.m., Proctors Theatre, State Street, Schenectady, \$20-\$40. Information, 346-6204.

### GREG BROWN

Gentle singer-songwriter who got his start on "A Prairie Home Companion," April 4, 8 p.m., The Egg, Empire State Plaza, Albany, \$24. Information, 473-1845.

### THE HOLMES BROTHERS

Blues, gospel and soul, April 5, 8 p.m., WAMC Performing Arts Studio, 339 Central Ave., Albany, \$23. Information, 465-5233, ext. 4.

### VOICES OF HOPE

Benefit concert for the Interfaith Partnership for the Homeless, featuring vocalist Molly Spooner, pianist William Jones Jr. and ensembles from five Albany-area congregations, April 6, 4 p.m., First United Methodist Church, 428 Kenwood Ave., Delmar; donations accepted at the door. Information, 434-8021.

### DAVID GRISMAN AND JOHN SEBASTIAN

Veteran mandolin player teams up with veteran singer-songwriter, April 6, 7 p.m., Troy Savings Bank Music Hall, corner of Second Avenue and State Street, Troy,

\$29-\$32. Information, 273-0038.

### THE PETER ROWAN AND TONY RICE QUARTET

Bluegrass artists join forces, April 6, 7 p.m., The Egg, Empire State Plaza, Albany, \$24. Information, 473-1845.

### BRIAN PATNEAU QUARTET

Capital District jazz ensemble, part of Music at Noon concert series, April 8, noon, Troy Savings Bank Music Hall, corner of Second Avenue and State Street, Troy, free. Information, 273-0038.

### EUROPA GALANTE

Featuring conductor/violinist Fabio Biondi, April 9, 8 p.m., Troy Savings Bank Music Hall, corner of Second Avenue and State Street, Troy, \$45-\$50, presented by Troy Chromatic Concerts. Information, 273-0038.

## Visual Arts

### NEW YORK STATE MUSEUM

"Art for the People: Decorated Stoneware from the Weitsman Collection," through fall 2009, plus permanent collections on the 9/11 recovery effort, New York state history and geography, Empire State Plaza, Madison Avenue. Information, 474-5877.

### ALBANY INSTITUTE OF ART

"Cast with Style: 19th Century Cast-Iron Stoves," through May 25; "Venetian Scenes by Walter Launt Palmer," a collection of 15 paintings, sketches, diaries and photographs, through June 1; plus "The Folk Spirit of Albany: Folk Art from the Collection of the Albany Institute of History and Art" and exhibits on Hudson River School painting, American sculpture and the history of Albany, 125 Washington Ave. Information, 463-4478.

### SCHENECTADY MUSEUM

"Cities @ Night," featuring urban images from General Electric's Photographic Collection, through April 4, plus Spirit of Schenectady, collection highlights and planetarium, Nott Terrace Heights. Information, 382-7890.

### ALBANY CENTER GALLERIES

"21st Annual Mohawk Hudson Invitational," featuring works by Ginger Ertz, Naomi Lewis and Gina Occhiogrosso, through April 19, 39 Columbia St., Albany. Information, 462-4775.

### ALBANY AIRPORT GALLERY

"Farsighted," featuring photos, projections, sculptures and other items from around the world, through March 30, plus site-specific installations by Larry Kagan and Cara Nigro, as well as installations by Anthony Garner, Baris Karayazgan, Paul Katz, Nancy Klepsch and Victoria Palermo. Information, 242-2243.

### LOCAL COLOR ART GALLERY

"Tonal Impressions," featuring works by

Colonie Art League members, through April 30, 961 Troy Schenectady Road, Latham. Information, 786-6557.

### NATIONAL MUSEUM OF DANCE

"Dawn of Modern Dance: Music, Myth and Movement," exhibit chronicling the careers of Ruth St. Denis and Isadora Duncan, plus ongoing exhibits, 99 South Broadway, Saratoga Springs. Information, 584-2225.

### NEW YORK STATE MILITARY MUSEUM

"Worth a Thousand Muskets: Civil War Field Artillery," "Battleground for Freedom: New York during the Revolutionary War," and "World War II: United for Victory," ongoing, 61 Lake Ave., Saratoga Springs. Information, 581-5100.

### SARATOGA AUTOMOBILE MUSEUM

"The Syracuse Mile," featuring two of the

central New York's famous stock cars, plus ongoing exhibits including "East of Detroit" and New York racing, 110 Avenue of the Pines, Saratoga Springs. Information, 587-1935, ext. 20.

### THE HYDE COLLECTION

"Art in the Toon Age," through April 13; 161 North Warren St., Glens Falls. Information, 792-1761.

### CLARK ART INSTITUTE

"Claude Lorrain — New Acquisitions," a collection of drawings from famous French landscape artist, through April 6, 225 South St., Williamstown, Mass. Information, (413) 458-9545.

### TANG TEACHING MUSEUM AND GALLERY

"Molecules that Matter," through April 13; "Joseph Grigely: St. Cecilia," through June

8; Skidmore College, 815 North Broadway, Saratoga Springs. Information, 580-8080.

## Call for Artists

### TANGO FUSION DANCE COMPANY

Auditioning professional dancers by appointment at Arthur Murray Dance Studio, 75 Woodlawn Ave., Saratoga Springs. Information, 306-4173.

### DELMAR COMMUNITY ORCHESTRA

Openings in the string, horn and percussion sections. Information, 439-7749.

### COLONIE TOWN BAND

Several openings, rehearsals on Mondays at 7:30 p.m. at town hall, Route 9, Newtonville. Information, 783-2760.

### COLONIE CENTENNIAL BRASS CHOIR

Openings for brass players, rehearsals on first Thursday and third Tuesday of the month, at 7:15 p.m., town hall, Route 9, Newtonville. Information, 783-2760.

### SUBURBAN SOUNDS COMMUNITY CHORUS

Openings in mixed chorus, rehearsals Sundays at 7 p.m. at Lynnwood Reformed Church, Route 146, Guelderland. Information, 861-8000.

### FRIENDSHIP SINGERS

Openings in women's singing group, focusing on old favorites and show tunes, rehearsals Tuesday mornings at Delmar Reformed Church, Delaware Avenue, Delmar. Information, 439-2360.

# Super Crossword

## AUTHOR! AUTHOR!

### ACROSS

- 1 Irish Spring rival
- 5 Exodus mount
- 10 Undergarments
- 14 Tan producer
- 17 Empower
- 19 Tot's bedtime
- 21 Connecting device
- 22 Said "Okay"
- 23 Weapons of old
- 25 Bearded ones
- 26 \_\_\_ off; annoy
- 27 Unwanted part
- 28 Douses
- 30 Spectra maker
- 31 New York \_\_\_
- 32 Dawn deity
- 33 Cronos
- 34 Linear measures
- 35 Show up
- 38 Split
- 40 Corn syrup name
- 41 No longer done
- 42 Cameo shape
- 43 Jerseys
- 44 Jay, for one
- 45 Stumble
- 46 \_\_\_ Griffin
- 47 Pointed tool
- 48 Alight
- 49 Complete, in the literary world?
- 52 Skilled performer
- 54 Bowler
- 55 MMV and others
- 57 1986-90 sitcom
- 58 Mr. Aspin
- 59 Jewels
- 60 Words to Brutus
- 61 Woody's boy
- 62 Base awakener
- 65 Complete failure
- 66 Preceding nights
- 67 Minds
- 68 Square measure
- 69 Eins und zwei
- 70 Certain votes
- 71 Vintage
- 72 Samuel's mentor
- 73 Master
- 74 Eur. language
- 75 See 107 Across
- 79 Lusaka resident
- 81 Tickled
- 83 "Love Story" star
- 84 Nat or Natalie
- 85 Complain
- 86 Floors
- 87 Antony's love
- 88 Decorative painting
- 89 Blooper
- 91 Cry of alarm
- 92 \_\_\_ scriptura; insistence on the bible alone
- 93 \_\_\_ out; supplemented
- 94 Look hard
- 95 Type of rowboat

- 96 Feline utterance
- 97 Ointment
- 100 Type of acct.
- 101 Mrs. Chaplin
- 102 Ginger or gin-seng
- 103 Word with mo or pitch
- 104 "The Racer's Edge"
- 107 With 75 Across, part of a literary world tea set?
- 109 Sailors' patron
- 111 Waistband material
- 113 Candy wafer
- 114 Favorite sandwich among authors?
- 115 Give the \_\_\_ to; berate, in the literary world?
- 116 Map abbrs.
- 117 Thinks ahead
- 118 Anatomical joints

### DOWN

- 1 Fellow
- 2 \_\_\_ instant; suddenly
- 3 Mont Blanc, for

- one
- 4 Starbucks order
- 5 Painters' coatings for porous surfaces
- 6 Depend on, in the literary world?
- 7 Nostrils
- 8 Fortas and Vigoda
- 9 Suffix for text or infant
- 10 Outdoes
- 11 Shreds
- 12 Historical period
- 13 Wag asparagus, in the literary world?
- 14 Uncle to millions
- 15 Sporting event
- 16 Authors' pressure cooker?
- 18 One of the sons of Queen Elizabeth II
- 20 Attempts
- 24 Fill
- 29 Braggart's concern
- 31 Literary town for Gibson?
- 33 Seldom, to authors?

- 34 Weather forecast
- 35 Near-death state
- 36 Surpassing
- 37 Place to shop
- 39 Hooter
- 40 Relations
- 41 Experts
- 43 Hit Broadway musical
- 44 Night fliers
- 45 Up to and including
- 48 Young animal
- 49 Uses a hand shuttle
- 50 Supporter
- 51 Martian vehicles
- 53 Watch
- 54 Authors' manner of taking up a dress?
- 56 Summers abroad
- 59 Word with play or party
- 61 Kidnapped
- 62 Late Joan
- 63 West Coast sch.
- 64 Death personified, in the literary world?
- 65 Muffin variety
- 66 Spotted

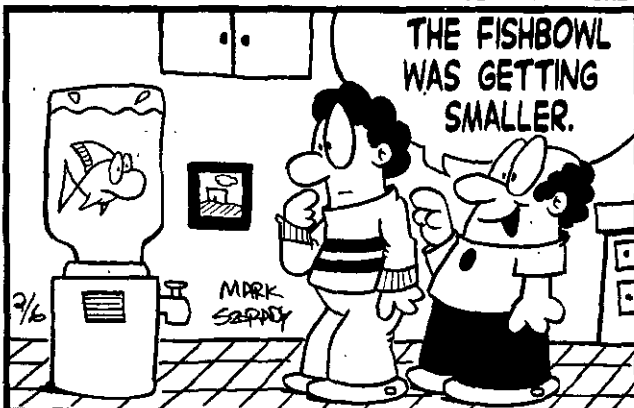
- 67 Wave: Sp.
- 69 Martin or Jones
- 70 Muslim titles
- 71 State
- 73 Dishonest one
- 75 Washed
- 76 Cafe employee
- 77 French woman
- 78 Rex or Donna
- 80 Obnoxious fellow
- 82 Pioneered
- 83 Wisk rival
- 86 Get \_\_\_ on; clench
- 87 Texas athletes
- 89 Long story
- 90 Show again
- 91 Period of time
- 92 Sunday delivery
- 95 Nitwits
- 96 \_\_\_ toast
- 98 "\_\_\_ Know"; 1973 Art Garfunkel hit
- 99 Disgusting insect
- 101 In the past
- 102 Part of the foot
- 104 Ladder piece
- 105 Cheap containers
- 106 Mac alternatives
- 108 Perform
- 110 Lid
- 112 Go downhill fast

## DOUBLE TAKE

By Mark Szorady



Find at Least Seven Differences Between Cartoons!



ANSWERS: 1. SHIRT STRIPES DIFFERENT 2. HAIR DIFFERENT 3. BUTTON MISSING 4. PICTURE LOWER 5. SHIRT SLEEVE SHORTER 6. HIS "S" CHANGED TO "T" 7. BUBBLES MISSING

# Calendar of Events *in the* Spotlight

## Wednesday, Mar. 26

**BETHLEHEM**  
**DELMAR ROTARY**  
Normanside Country Club, 7:30 a.m. Information, 767-2930.

**BLUE DOG ARTS**  
Earring Making Workshop from 4-5:30 p.m. at 333 Delaware Ave. All ages invited to learn beginner earring making techniques and bring home your earring you make. \$10 per person, for more info. call Tracie Killar — 439-3309.

**PLAYGROUP MEETING**  
First United Methodist Church playgroups will meet from 10:30 to noon in the nursery. Playgroup provides opportunity for child caretakers and pre-nursery school age children to socialize in a relaxed atmosphere. Information, call 439-9976, ext. 228.

**MOTHERS OF PRESCHOOLERS (MOPS)**  
Christian fellowship group for mothers of preschool children, at the Delmar Reformed Church, 386 Delaware Ave., nursery care provided, 9:30 a.m. until 11:30 a.m., information, call Jennifer at 439-9929 or e-mail, info@drchurch.org.

**YOUTH EMPLOYMENT SERVICES**  
Parks and Recreation Office, Elm Avenue Park, 2-5:30 p.m. Information, 439-0503.

**BETHLEHEM LIONS CLUB**  
Normanside Country Club, Delmar, 7 p.m. Information, 439-4857.

**ALZHEIMER'S SUPPORT GROUP**  
Northeast NY Alzheimer's Association meetings for families, caregivers, and friends; Delmar Presbyterian Church, 585 Delaware Ave., 7 p.m.

**SOLID ROCK CHURCH**  
1 Kenwood Ave., evening prayer and Bible study, 7 p.m. Information, 439-4314.

**CHENREZIG PRACTICE AND MEDITATION**  
Meditation on the Bodhisattva of Compassion, at the KTC Buddhist Center, Doane Stuart School, Route 9W, Albany, 7 p.m., information, 374-1792.

**ZONING BOARD OF APPEALS**  
Bethlehem Town Hall, 445 Delaware Ave., Delmar, 7:30 p.m. Information, 439-4955.

**BINGO**  
Blanchard American Legion Post, 16 Poplar Drive, 7:30 p.m. Information, 439-9819.

**BOY SCOUT TROOP 58**  
Elsmere Elementary School, 247 Delaware Ave., 7:30 to 9 p.m.

**BC SCHOOL BOARD**  
district office, 90 Adams Place, 7 p.m. Information, 439-7098.

**BETHLEHEM ELKS LODGE 2233**  
1016 River Road (Route 144), Cedar Hill, 8 p.m. Information, 767-2886.

**HEALING TESTIMONY MEETING**  
First Church of Christ, Scientist, 555 Delaware Ave., 7:30 p.m. Information, 439-2512.

**NEW SCOTLAND**

**FAITH TEMPLE**  
Bible study, New Salem, 7:30 p.m. Information, 765-2870.

**PRAYER MEETING**  
evening prayer meeting and Bible study, Mountainview Evangelical Free Church, Route 155, 7:30 p.m. Information, 765-3390.

## Thursday, Mar. 27

**BETHLEHEM**  
**STAGE 700 'THE BOYFRIEND'**  
Stage 700's performance of 'The Boyfriend' begins at 7 p.m. at the Bethlehem Central High School Auditorium. \$10 for adults, \$6 for seniors/students. For reserve seating call 439-5337 or www.stage700.org, or buy at the door.

**SLINGERLANDS**  
**SLINGERLANDS COMMUNITY UNITED METHODIST CHURCH**  
Slingerlands Community United Methodist Church, 1499 New Scotland Road, Slingerlands offers a contemporary worship service, "A Gathering" every Thursday from 6:30 until 7 p.m. Children are most welcome at the Gathering, and child care will be provided.

**BETHLEHEM**  
**BETHLEHEM SENIOR CITIZENS**  
Bethlehem Town Hall, 445 Delaware Ave., 12:30 p.m. Information, 439-4955.

**ADULT BIBLE STUDY**  
First Reformed Church of Bethlehem, 7 p.m., Route 9W, Selkirk. Information, 767-2243.

**BETHLEHEM LUTHERAN (SEPTEMBER THRU MAY)**  
children's choir, 6:15 p.m., senior choir, 7 p.m., 85 Elm Ave. Information, 439-4328.

**BLUE DOG ARTS**  
"Drop In And Draw" every Thursday 4 p.m. - 5 p.m. for grades 4 - 8 at 333 Delaware Ave., Delmar. Join in a community of youth interested in sketching, socializing, and learning and sharing drawing techniques. More info. — call Tracie Killar, 439-3309.

**AA MEETINGS**  
Slingerlands Community Church, 1499 New Scotland Road, noon, and Delmar Reformed Church, 386 Delaware Ave., 8:30 p.m.

**NEW SCOTLAND**

**THE CLOTHING CLOSET**  
A service supported by area Reformed churches to provide clothing to those in need; volunteers welcome. Clarksville Reformed Church, Route 443, Clarksville, 8:30-11:30 a.m. and 4-7 p.m. Information, 768-2916 or 439-5400.

## Friday, Mar. 28

**STAGE 700 'THE BOYFRIEND'**  
Stage 700's performance of 'The Boyfriend' begins at 7 p.m. at the Bethlehem Central High School Auditorium. \$10 for adults, \$6 for seniors/students. For reserve seating call 439-5337 or www.stage700.org, or buy at the door.

**VISUAL SUPPORT GROUP**  
Strategies to cope with visual impairment, led by Dr. Edwin Pesnel. Refreshments. Room 101, Bethlehem Town Hall, 445 Delaware Avenue, Delmar, 1-2 pm. Sponsored by Bethlehem Senior Services. Information, 439-4955, ext. 4.

**AA MEETING**  
First Reformed Church of Bethlehem, Route 9W, 7:30 p.m.

**CHABAD CENTER**  
Friday services, discussion and kiddush at sunset, 109 Elsmere Ave. Information, 439-8280.

**NEW SCOTLAND**  
**PIONEER CLUBS**  
For children grades 1 through junior high, Mountainview Evangelical Free Church, Route 155, 3:45 - 5 p.m. Information, 765-3390.

**YOUTH GROUP MEETINGS**  
United Pentecostal Church, Route 85, New Salem, 7 p.m. Information, 765-4410.

## Saturday, Mar. 29

**DELMAR**  
**STAGE 700 'THE BOYFRIEND'**  
Stage 700's performance of 'The Boyfriend' begins at 7 p.m. at the Bethlehem Central High School Auditorium. \$10 for adults, \$6 for seniors/students. For reserve seating call 439-5337 or www.stage700.org, or buy at the door.

**BLUE DOG ARTS**  
Easter Arts and Crafts from 2-3 p.m. for grades K-5 at 333 Delaware Ave. Make and take home Easter arts and crafts to decorate your home for the holiday. \$5 per child, for more info. call Tracie Killar — 439-3309.

**BETHLEHEM**  
**AA MEETING**  
Bethlehem Lutheran Church, 85 Elm Ave., 7:30 p.m.

**GLENMONT**  
Story Hour at Tea and Tattered Pages Used Books, 329 Glenmont Road, Glenmont, 10:30 a.m.

## Sunday, Mar. 30

**DELMAR**  
**STAGE 700 'THE BOYFRIEND'**  
Stage 700's final matinee performance of 'The Boyfriend' begins at 2 p.m. at the Bethlehem Central High School Auditorium. \$10 for adults, \$6 for seniors/students. For reserve seating call 439-5337 or www.stage700.org, or buy at the door.

**FAMILY DANCE**  
Delmar Reformed Church, 386 Delaware Ave., Delmar. Dance Flurry Organization sponsors Paul Rosenberg with live string band music by Tame Rutabaga. Participatory contra, square and international folk dancing, singing, playparty games. All dances taught. No experience or partner needed. Donation: \$1 to \$5. \*518-482-9255, or dance hotline: 518-292-0133. Web: www.danceflurry.org

**BETHLEHEM**

**WORSHIP INFORMATION**  
Bethlehem Community Church, 201 Elm Ave., 439-3135.  
Bethlehem Congregation of Jehovah's Witnesses, Elm Avenue and Feura Bush Road, 439-0358.  
Bethlehem Lutheran Church, 85 Elm Ave., 439-4328.  
Delmar Full Gospel Church, 292 Elsmere Ave., 439-4407.  
Delmar Presbyterian Church, 585 Delaware Ave., 439-9252.  
Delmar Reformed Church, 386 Delaware Ave., 439-9929.  
Family of God Nazarene Church, Krumkill Road at Blessing Road, North Bethlehem, 453-9953.  
First Church of Christ, Scientist, 555 Delaware Ave., 439-2512.  
First Reformed Church of Bethlehem, Route 9W, Selkirk, 767-2243.  
First United Methodist Church of Delmar, 428 Kenwood Ave., 439-9976.  
Glenmont Community Church, 1 Chapel Lane, Glenmont, 436-7710.

Gospel Fellowship, 10 Rockefeller Road, Delmar, 482-2132.  
King's Chapel, 434 Route 9W, Glenmont, 426-9955.  
KTC Buddhist Center, Doane Stuart School, Route 9W, Albany, 10 a.m. meditation, 11 a.m. tea, 11:30 a.m. study course, 374-1792.  
Mount Moriah Ministries, Route 9W, Glenmont, 426-4510.  
Old Gospel Fellowship Church, 10 Rockefeller Rd., Delmar, 10 a.m.  
Slingerlands Community UMC, 1499 New Scotland Road, 439-1766.  
Solid Rock Church, 1 Kenwood Ave., Glenmont, 439-4314.  
South Bethlehem United Methodist Church, 65 Willowbrook Ave., 767-9953.  
St. Michael's Shrine, Beacon Road at Route 9W, Glenmont, 462-2016.  
St. Stephen's Episcopal Church, Poplar Drive and Elsmere Avenue, Delmar, 439-3265;  
St. Thomas The Apostle Church, 35 Adams Place, Delmar, 439-4951.  
Unity of Faith Christian Fellowship, 436 Krumkill Road, North Bethlehem, 438-7740.

**NEW SCOTLAND**  
**WORSHIP INFORMATION**

All Nation's Baptist Church, 2558 Western Ave., Guilderland, 475-9086. ESL and Bible classes, 9 a.m.; Worship Services, 10 a.m.  
Clarksville Community Church, Route 443, 768-2916.  
Family Worship Center, 92 Lower Copeland Hill Road, Feura Bush, 768-2021.  
Faith Temple, New Salem, 765-2870.  
First United Methodist Church, 68 Maple Ave., Voorheesville, 765-2895.  
Jerusalem Reformed Church, Route 32, Feura Bush, 439-0548.  
Mountainview Evangelical Free Church, Route 155, Voorheesville, 765-3390.  
Onesquethaw Reformed Church, Tarrytown Road, Feura Bush, 768-2133.  
New Scotland Presbyterian Church, Route 85, 439-6454.  
St. Matthew's Church, Mountain View Road, Voorheesville, 765-2805.  
Unionville Reformed Church, Delaware Turnpike, 439-5001.  
United Pentecostal Church, Route 85, New Salem, 765-4410. DAY —

## Monday, Mar. 31

**BETHLEHEM**  
**PEACE VIGIL**  
Bethlehem Neighbors For Peace, weekly peace vigil, Four Corners intersection, Delmar, 5-6 p.m., information, 439-1968.

**DELMAR KIWANIS**  
Normanside Country Club, 150 Sailsbury Rd., Delmar, 6:15 p.m. Information, call Chris at 439-3026 or Gary 439-9629

**PLAYGROUP**  
First United Methodist Church, 428 Kenwood Ave. Meets 10:30 a.m. to noon in the nursery. The playgroup provides opportunities for child care takers and pre-nursery school age children to socialize in a relaxed atmosphere. Information, call 439-9976 ext. 228

**YOUTH EMPLOYMENT SERVICES**  
Parks and Recreation Office, Elm Avenue Park, 2-5:30 p.m. Also Wed. 2-5:30 p.m. Information, 439-0503.

**CLASS IN JEWISH MYSTICISM**  
Delmar Chabad Center, 109 Elsmere Ave., 7 p.m. Information, 439-8280.

**INDOOR PISTOL SHOOTING**  
Albany County Pistol Club, Winne Place, 7 to 9 p.m. Also Tuesday. Information, 439-0057.

**DELMAR COMM. ORCHESTRA**  
rehearsal, Bethlehem Town Hall, 445 Delaware Ave., 7:30 p.m. Information, 439-7749.

**AA MEETING**  
Bethlehem Lutheran Church, 85 Elm Ave., 8:30 p.m.

**NEW SCOTLAND**

**QUARTET REHEARSAL**  
United Pentecostal Church, Route 85, New Salem, 7:15 p.m. Information, 765-4410.

## Tuesday, Apr. 1

**DELMAR**  
Weight Watcher Delmar meetings. The local chapter of Weight Watchers meets today at 12:15 p.m. at St. Stephen's Church, Delmar.

**BETHLEHEM**  
**FARMERS MARKET (SUMMER ONLY)**  
Market and Chicken Barbeque, 2:30 p.m. to 6 p.m. rain or shine, First United Methodist Church, 428 Kenwood Ave.

**TREASURE COVE THRIFT SHOP**  
First United Methodist Church, 428 Kenwood Ave., 10 a.m. to 6 p.m. Gently used brand name clothing and accessories at very low prices.

**ELSMERE FIRE COMMISSIONERS**  
Firehouse, Poplar Drive, 7:15 p.m. Information, 439-9144.

**PRAYER MEETING**  
At Gospel Fellowship, 7 p.m., 10 Rockefeller Rd., Delmar, beneath Normans Kill bridge. Information 482-2132.

**PLANNING BOARD**  
Bethlehem Town Hall, 445 Delaware Ave., 7 p.m. Information, 439-4955.

**BINGO**  
at the Bethlehem Elks Lodge, Route 144, 7:30 p.m.

**A.W. BECKER PTA**  
Becker Elementary School, Route 9W, 7:30 p.m. Information, 767-2511.

**SLINGERLANDS FIRE COMMISSION**  
firehouse, 8 p.m. Information, 439-4734.

**NEW SCOTLAND**  
**PRESCHOOL STORY TIME**  
Weekly at Voorheesville Public Library, 51 School Road, 10:15 a.m. Information, 765-2791.

**NIMBLEFINGERS/QUILTERS (SEPTEMBER-JUNE ONLY)**  
Voorheesville Public Library, 51 School Road, 1 to 3 p.m. Information, 765-2791.

**PLANNING BOARD**  
New Scotland Town Hall, Route 85, 7 p.m. Information, 765-3356.

**V'VILLE PLANNING COMMISSION**  
Village Hall, 29 Voorheesville Ave., 7 p.m. Information, 765-2692.

## Wednesday, Apr. 2

**BETHLEHEM**  
**DELMAR ROTARY**  
Normanside Country Club, 7:30 a.m. Information, 767-2930.

**BLUE DOG ARTS**  
Earring Making Workshop from 4-5:30 p.m.

at 333 Delaware Ave. All ages invited to learn beginner earring making techniques and bring home your earring you make. \$10 per person, for more info. call Tracie Killar — 439-3309.

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**BC SCHOOL BOARD**  
district office, 90 Adams Place, 7 p.m. Information, 439-7098.

**BETHLEHEM ELKS LODGE 2233**  
1016 River Road (Route 144), Cedar Hill, 8 p.m. Information, 767-2886.

**HEALING TESTIMONY MEETING**  
First Church of Christ, Scientist, 555 Delaware Ave., 7:30 p.m. Information, 439-2512.

**NEW SCOTLAND**

**NEW SCOTLAND HISTORICAL ASSOCIATION**  
Historical program to feature a presentation by Stuart Lehman titled "A Civil War Tour of the New York State Capital Building." Wyman Osterhout Community Center in New Salem, starting 7 p.m. For info. call Marie Hornick — 768-2933.

**FAITH TEMPLE**  
Bible study, New Salem, 7:30 p.m. Information, 765-2870.

**PRAYER MEETING**  
evening prayer meeting and Bible study, Mountainview Evangelical Free Church, Route 155, 7:30 p.m. Information, 765-3390.

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Reasonable-Experienced

Don Estey (518) 465-7642 Glenmont

**Mike's Hardwood Floors**

Sanding • Refinishing  
Installations  
Free Estimates  
**439-5283**  
Formerly M&P Floor Sanding

Call to  
place your ad today!

**BUSINESS DIRECTORY**  
**439-4940**

**INTERIOR DESIGN**

Window Treatments  
Slip Covers & Cushions  
Alterations

**Johan Interiors**  
785-1576  
Custom Sewing  
25 yrs experience      100% guaranteed

**LANDSCAPING**

**DREAMSCAPE Inc.**

- Seasonal Clean-up • Brick Paving
- Lawn Mowing / Shrub Trimming
- Planting / Mulching

**Dave 765-9004**

**CRAFTS & GIFTS**

**Mosaics By Christine**  
Gifts, Classes, Parties  
Custom Work Encouraged

[www.csosaic.com](http://www.csosaic.com)  
**423-4802**



a guide to services for your home

# Services *in the* Spotlight

**PAINTING**

**WM H. ROTHER PAINTING**  
 INTERIOR • EXTERIOR  
 Fine Quality Workmanship  
 INSURED • REFERENCES • FREE ESTIMATES  
 381-6618 364-2007

**PAINTING**

**RHATIGAN PAINTING**  
*Residential Specialist*  
 • Plaster Repair • Wallpaper Removal  
 Pressure Washing • Deck Staining  
 Insured • Free Estimates  
 Call Brian 478-9632 or 810-4892

**PET SERVICES**

**DELMAR DOG BUTLER**  
 Poop Scooping Service  
 Weekly Service:  
 \$12/week (one dog)  
 \$18/week (two dogs)  
 Free estimates for one-time clean-ups.  
 Steve Relles, Owner • 229-2320

**PRESSURE WASHING**

**SJM Pressure Washing**  
 Free Estimates - Fully Insured  
 Houses • Decks • Patios • Fences  
 Patio Furniture & Fleet Trucks  
 Gutter Cleaning Available  
 Steve Meyers - Owner  
 (518) 365-9882

**TREE SERVICES**

**TREE SERVICE**  
 • COMPLETE REMOVAL • TRIMMING  
 • BRUSH CLEARING • STUMP GRINDING  
 • GUTTER CLEANING •  
 FREE ESTIMATES FULLY INSURED  
**OUTDOOR PROFESSIONALS**  
 295-8985

**TREE SERVICE**

**Harmony Tree Service**  
 • 19 YEARS EXPERIENCE •  
*Tree Care Specialists*  
 Light pruning to the Heaviest Removals.  
 Hazardous & hard to get to removals.  
 Clean reliable service.  
 100 ft. Crane Service  
 Free Estimates Fully Insured  
 10% winter discount ends 4/15  
 5% senior discount 4/15 - 12/31  
 Located in Coeymans Hollow & Rotterdam  
**Office 518-355-4700**  
**Dave 518-469-7419**  
**Trevor 518-496-4975**

**Michael Mooney**  
 Fine Painting & Restoration  
 • Residential & Commercial  
 • Carpentry & Masonry Repairs  
 • Faux Finishes • Free Estimate  
 • Fully Insured  
 Call 482-8106

**L.M. CURTIN**  
**Painting**  
 Residential & Commercial  
 Interior & Exterior  
 Pressure Washing  
 Deck Staining  
 381-6579  
 Fully Insured • References Available

**PLUMBING**

**WMD Plumbing**  
 Plumbing Michael  
 Repair Dempf  
 Service 475-0475

**REMODELING**

**SRC Building & Remodeling**  
 Licensed & Insured  
 Contact Darren  
 518-221-4177

**STUMP GRINDING**

439-6377  
 Matt Denton

**VOGEL**  
 Painting Contractor  
 Free Estimates  
 • RESIDENTIAL SPECIALIST  
 • WALLPAPER APPLIED  
 Interior - Exterior INSURED  
 439-7922

**3 Teachers (Retired)**  
**Painting & Staining**  
 • Decks •  
 Interior/Exterior  
 Fully Insured 393-2035 Free Estimates

**Your Local Plumber**  
 Call: **Bob McDonald**  
 Licensed Master Plumber • Fully Insured  
 PLUMBING • HEATING  
 HOME REPAIRS • NEW INSTALLATIONS  
 Serving the Community Since 1978  
 756-2738

**SIDING**

**Capital District Siding**  
 Replacement Windows  
 Eliminate Costly Commissions &  
 High Overhead  
 253-1180  
 Deal Direct w/ the Workman  
 Why Pay More

**Mike's**  
**STUMP REMOVAL**  
 Free Estimates/Insured  
 Reliable Service  
 439-8707

Call to place your ad today!  
**BUSINESS DIRECTORY**  
 439-4949

**PAVING**

**QUALITY PAVERS**  
 Selkirk, NY 12158  
 Commercial & Residential  
 Free Estimates/ Fully Insured

**Business Directory Advertising**  
 Call 439-4940

Let Your Business  
**Bloom**

**Picture your Business ad HERE!**  
 It can HAPPEN!  
 Call 439-4940

**LLESHI PAINTING**  
 "No Job Too Small"  
 Dede Lleshi  
 Fully Insured  
 (518) 810-3384  
 Interior & Exterior  
 Power Wash/ Deck  
 Free Estimates

Office: 767-9118  
 767-2488  
 Owner: Hazel Lambert  
**PAVING THE WAY INTO OUR 4TH GENERATION**

**PRESSURE WASHING**

**Bob's Elite Power Wash Service**  
 Don't forget to include your house when Spring Cleaning this year!  
 Treat your house to a detailed brushing & power rinse  
 • Houses • Decks • Concrete  
 Clean cut & personable w/ the lowest prices  
 (Don't be shy - Give it a try)  
 Call for Free Estimates  
 857-4728

Call Spotlight Newspapers at  
 439-4949  
 to place your ad today.

**HASLAM TREE SERVICE INC.**  
 25 YEARS EXPERIENCE  
 • Complete Tree Removal  
 • Pruning • Cabling • Feeding  
 • Land Clearing • Stump Removal  
 • Storm Damage Repair  
 10% SAVINGS ON ANY WORK DONE BEFORE April 15<sup>th</sup>  
 FREE Estimates Fully Insured  
 Jim Haslam Owner  
 439-9702

**Hennessey Painting**  
 Interior/ Exterior  
 Wallpaper/ Drywall  
 Home Improvement  
 Dave: 766-4161  
 Free Estimates Fully Insured  
 25 Years Experience

Look Us Up on the Web:  
 www.spotlightnews.com

**Advertise in the Spotlight Newspapers Service Directory!**  
 Is your ad here?  
 Do you want to advertise with us?  
 Call 439-4940

**WEB DESIGN**

Complete Website \$750  
 Design • Hosting • Domain  
 Small Business Solutions!  
 Call **Janean** for a free consultation  
 (518) 788-8987  
 www.janean.com

# Ring up more Sales!

When you call us and put our Services in the Spotlight ads to work for you!

These little ads can make a BIG difference for your business!

Call 439-4940 to place your ad today.

# a guide to services for your home Services *in the* Spotlight

The Spotlight • Colonie Spotlight • Loudonville Spotlight • Guilderland Spotlight • Niskayuna Spotlight • Rotterdam Spotlight  
 Scotia-Glenville Spotlight • Clifton Park/Halfmoon Spotlight • Burnt Hills Spotlight • Malta Spotlight • Saratoga Spotlight • Milton Spotlight

# Spotlight Classifieds

## ADOPTION

**ADOPTION:** Warm, caring home filled with love, longing to adopt infant. Will provide bright future and lifetime of love and security. Expenses paid. Call Julie 888-239-4809

## ANNOUNCEMENTS

**Fundraise with HGP candles** Immediate 40%+ profit Call 315-363-7184

## AUTOMOTIVE FOR SALE

**\$500 POLICE IMPOUNDS!** Hondas, Chevys, Jeeps, Fords and More! Cars/Trucks from \$500! For Listings Call 1-800-706-1759 x6477

1997 Jetta GL Black. Manual Transmission, New Breaks, Thull roof rack. \$3,000 or Best Offer. Please call 518-965-8283

2001 Nissan Maxima GL 3 liter, automatic, loaded, female owned, maintained, new brakes front/rear, needs nothing, runs super, 4 extra snow tires, asking \$9,200. Call 767-3427, leave message.

## AUTOS WANTED

**\$50 CASH on Spot!!** Donate Car, IRS Deduction, Any Condition, Help Kids, No Papers OK, ESPANOL, 1-888-429-2202

**DONATE VEHICLE RECEIVE FREE VACATION VOUCHER** NOAH'S ARC SUPPORT NO KILL SHELTERS, RESEARCH TO ADVANCE VETERINARY TREATMENTS FREE TOWING, TAX DEDUCTIBLE, NON-RUNNERS ACCEPTED 1-866-912-GIVE

**Cash For Junk Cars, Vans and trucks.** \$125 and up. 24/7 Free Pickup. 365-3368.

## BOATS

Private Residence on Catskill Creek, Family Type setting, taking reservation for boat slip, 24-36FT, serious inquiries only. 518-943-4214.

## BUSINESS FOR SALE

Jukebox and game route. Established over 30 years ago. \$230K or \$530K with building. 424-5462.

## BUSINESS OPPORTUNITIES

**ALL CASH CANDY ROUTE.** Do you earn \$800 in a day? Your own local candy route. Includes 30 machines and candy. All for \$9,995. CALL 888-771-3496

## CHILD CARE NEEDED

Childcare Needed in Delmar home afterschool. Car necessary, great pay! Call 439-4467 after 6pm.

## CLEANING SERVICES

Business or Home. References available. 2 yrs experience. Please call Jactlyn 439-0377

**CORNERSTONE CLEANING:** Professional, reliable. Free estimates. References. Call 439-0121.

**HOUSE PAINTING, HOUSE WINDOW CLEANING & GUTTER CLEANING.** Free estimates, Low prices. Call 452-1551.

## EQUIPMENT FOR SALE

**SAWMILLS FROM ONLY \$2,990.00**—Convert your LOGS TO VALUABLE LUMBER with your own Norwood portable band sawmill. Log skidders also available. www.norwoodsawmills.com/300N -FREE information: 1-800-578-1363-Ext:300-N.

## ESTATE SALES

Slingerlands 83 Iroquois Trail (Indian Hills) Off Krumkill 3/28 & 3/29 8 to 3. House and Garage contents: Furniture, Antiques, Glassware, Comic Book Collection, Hummels, Collectables, Household, W/D, Gas Stove, Fridge, Arcade Machine, Trains, Tools. PJ & PJ.

## FIREWOOD

\$150 cord, free delivery, all hardwoods. Quantity discounts available. Same day service. 763-6971

**2 YR. SEASONED HARDWOOD** Free Delivery, Cut, Split, Dried. 426-9663 anytime.

**MIXED HARDWOODS:** Full cords, \$200. face cords, \$90. Jim Haslam, 439-9702.

## FURNITURE FOR SALE

Upholstered stool mauve \$35. 885-2637.

Ethan Allen Furniture, sofa table with upholstered benches, two end tables, one round tea table, all cherry. Brass and glass oval coffee table. Two wing back chairs, Bracwell Sofa/creme. Like new. Moving, must sell! Call for details 439-4378.

## FOUND

Pair of Womans Glasses found in parking lot, In Blue "Cool" Case. Please call 439-3102 or stop by 90 Adams Place, Delmar.

## GARAGE SALES

Loudonville, Southgate school, 30 Southgate road 3/29 hours:9-3, early bird 8-9, \$2. Clothes, toys, sports equipment, ect.

## HANDYMAN

Experienced and affordable Handyman in CAPITOL DISTRICT. Any work inside or out, licensed and insured. References available. 221-4177.

## HEALTH CARE

Experienced provider, for every age. RN experience. Assistance with health and household. Caring compassionate and spiritual. 438-7687

## LAWN SERVICES

**ALWAYS THE BEST CLEAN UP** - Landscaping. Capital District Northern Greens. 518-320-0260. Albany/Schenectady County.

Spring Cleanup. Downed limbs, pruning and mulching. Free Estimates. Underway Lawncare. 439-4590

## LEGAL ASSISTANCE

**DIVORCE IN ONE DAY** and Marriage by proxy. Guaranteed, fast service. No court appearance. 365 Boston Post Road, #241 Sudbury, MA 01776 WWW.divorcefast.com 978-443-8387

## LOST

**FIND SOMETHING?** Advertise it free. Call 439-4940.

Gold Wedding band lost at Hannaford or Price Chopper in the tri-village area. May have been lost in or out of the store. Please call 482-6622 if found.

## MASONRY

Look for Best Ever Masonry in our Service Directory for your Masonry needs! 518-355-0632

## MEDICAL EQUIPMENT

**GET YOUR NEW POWER WHEELCHAIRS, POWER SCOOTERS AND HOSPITAL BEDS AT ABSOLUTELY NO COST TO YOU!! FASTEST DELIVERY AVAILABLE!! CALL TOLL FREE TO QUALIFY. 1-800-470-7562**

## MISCELLANEOUS FOR SALE

Assorted toys/ videos for toddler- boys to age 6. Call for info 885-2637.

**CHERRY BEDROOM SET.** Solid Wood, never used, brand new in factory boxes. English Dovetail. Original cost \$4500. Sell for \$795. Can deliver. 917-731-0425

**CHERRYWOOD DINING SET- 10 PCS. SOLID WOOD, ORIGINAL BOX, CAN DELIVER.** ORIGINAL COST \$6,500, SELL FOR \$1599. JOHN 212-380-6247

**DISNEY CHARACTER Music Boxes.** Best offer. 885-2637.

Firestone Tires - Winter-tires: P185/70R14. \$50 for the pair. 269-1818.

Various custom HO-scale model railroad locomotives and rolling stock. All are priced to move. Please call Rich at 785-8751 & leave message or email me at rweriksen@verizon.net

## MUSIC LESSONS

**GUITAR LESSONS:** Guitarist available for private lessons. Your home or mine. 20+ years experience. Call Rob, 810-6378.

Trumpet and Trombone lessons, NYS Certified Music Teacher, 25 yrs experience. Reasonable rates, 357-2715.

## PET ADOPTION

AnimalLovers. Cat and Kitten adoptions, at Pet-Styles. Main Square, Delmar. Sat 3/29, 11am-3pm. 448-5468

## PIANO TUNING & REPAIR

Piano Tuning and Repair. Carl A. Treiber. Experienced and insured. 765-4095.

**PROFESSIONAL TUNING and REPAIR,** Michael T. Lamkin, Registered Piano Technician, Piano Technicians Guild. Over 25 years. 427-1903.

## SITUATION WANTED

**AIDES AVAILABLE:** Mature, Reliable, Specializing in Alzheimer's, stroke, rehab & eldercare. Bonded & insured. Over 30 yrs. experience. Clean background checks. 312-7404.

## WANTED

**BUYING:** All Old Costume and Better Jewelry. Call 439-6129.

Wanted/Top Dollar Paid. Gold, Diamonds, Jewelry, Coins, Silver, Watches, Furs, Antiques. Housecalls Available 1-888-722-4585.

**Super Crossword Answers**

|         |        |         |
|---------|--------|---------|
| DIAL    | SINAI  | BRAS    |
| SUNLAMP | ENABLE | EIGHT   |
| ADAPTER | AGREED | SPEARS  |
| MEN     | TEE    | LEES    |
| WETS    | KIA    |         |
| METS    | EOS    | HAGS    |
| FEET    |        |         |
| COME    | TORN   | KARD    |
| PASSE   |        |         |
| OVAL    | COWS   | BIRD    |
| TRIP    |        |         |
| MERY    | AWL    | LAND    |
| THOREAU |        |         |
| ARTISTE | HAT    | YEARS   |
| ALF     |        |         |
| LES     | GEMS   | ETTU    |
| ARLO    |        |         |
| BUGLE   | BOMB   | EYES    |
| OBEYS   |        |         |
| ACRE    | DREI   | AYES    |
| OLD     |        |         |
| ELI     | LEARN  | GER     |
| CHAUCER |        |         |
| ZAMBIAN | GLAD   | ALI     |
| COLE    |        |         |
| MOAN    | AWES   | CLEO    |
| TOLE    |        |         |
| ERROR   | EGAD   | SOLA    |
| EKED    |        |         |
| PEER    | DORY   | MEW     |
| NARD    |        |         |
| IRA     | OONA   | HERB    |
| SLO     | STP    |         |
| CUPAND  | STELMO | ELASTIC |
| NECCO   | POEBOY | DICKENS |
| RTES    | PLANS  | HIPS    |

## Classified Information

**Office Hours**  
Deadline: 8:30 AM - 5 PM  
Monday-Friday  
Deadline: Thursday at 4PM for following week

**Mail Address • In Person**  
Spotlight Newspapers  
P.O. Box 100  
Delmar, NY 12054  
125 Adams St.  
Delmar, NY 12054

**READERSHIP:**  
12 Newspapers;  
113,400 Readers

**Phone • Fax**  
(518) 439-4940  
(518) 439-0609 Fax

**E-MAIL: spotclas@nycap.rr.com**

## Classified Ads Appear In All Twelve Papers

- In Albany County**  
The Spotlight • Colonie Spotlight • Loudonville Spotlight • Guilderland Spotlight
- In Schenectady County**  
Niskayuna Spotlight • Scotia-Glenville Spotlight • Rotterdam Spotlight
- In Saratoga County**  
Clifton Park/Halfmoon Spotlight • Burnt Hills Spotlight  
Malta Spotlight • Saratoga Spotlight • Milton Spotlight

## Classified Rates

**Private Party Classifieds - Line Ads - Twelve paper combo - \$17.50** for 15 words 50 cents for each additional word.

**Commercial Classifieds - Line Ads - Twelve paper combo - \$20.50** for 15 words 50 cents for each additional word. Multiple insertion discounts available. Please call for information.

All line ads must be pre-paid in order for placement.  
Ads will appear in all twelve newspapers, as well as on the internet for the number of weeks requested.

## Order Form

Classified Category: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Amount Enclosed \_\_\_\_\_ Number of Weeks \_\_\_\_\_

MasterCard or Visa# \_\_\_\_\_

Expiration date: \_\_\_\_\_ Signature: \_\_\_\_\_

**Would You Like To Advertise Your Business In Our Papers?**

Give Us A Call At:

# 439-4949

**To Place Your Ad Today!**

*The Spotlight • Colonie Spotlight • Loudonville Spotlight  
Guilderland Spotlight • Niskayuna Spotlight • Rotterdam Spotlight  
Scotia-Glenville Spotlight • Clifton Park/Halfmoon Spotlight  
Burnt Hills Spotlight • Malta Spotlight  
Saratoga Spotlight • Milton Spotlight*

# Real Estate Classifieds

### HOUSE FOR SALE

FORECLOSED HOME AUCTION FLORIDA STATEWIDE 1000+ Homes Must Be Sold! Free Catalog 800-963-4558 USHomeAuction.com

ROTTERDAM RANCH WITH IN-LAW APT. RARE FIND 3BR, 1.5 BA APT. 1BR 1 BA. 59 NISKAYUNA ST. FOR APT. \$ 230,000K CALL 518-858-7325

Bethlehem Horse Farm. W/ charming Cape Cod, country Kitchen, 3 bedrooms, basement, 2 garage, 2 barns, 12 stalls, 8+ acres. \$274,000. Glenmont, Rt 9w, Living Room, Kitchen, 4 bedrooms. \$104,900. Bicentennial Realty. 469-6958

### LAND FOR SALE

5.3 ACRES\* ONLY \$39,900\* Beautiful country property\* Bounded on all 4 sides by old Stonewalls. Perced, surveyed, Low down payment financing. \* New Scotland/Westerlo.\* Call 1-866-789-8074 X.3089

### OUT OF STATE REAL ESTATE

North Carolina gated Lakefront Community 150 miles of Shoreline and great mountain views call now 1-800-709-5253

### REAL ESTATE (SALES)

CONDO for sale. 908 Cambridge Manor, Scotia. 2 BR, 1.5 Bath, FP, First Floor. Open House Sun 3/30 12-3pm or call for appointment:281-4226.

NEW ARIZONA LAND RUSH! 1 OR 2- 1/2 "FOOTBALL FIELD" SIZED LOTS! \$0 DOWN. \$0 INTEREST. \$159-\$208 PER MONTH! MONEY BACK GUARANTEE! 888-611-9940, or www.sun-siteslandrush.com

AUCTION OF CHEMUNG COUNTY REAL PROPERTY TAX FORECLOSURES - 50+ Properties March 31 11AM. Holiday Inn, Elmira, NY. 800-292-7653 HAR, Inc/AAR, Inc Free Brochure www.NYSAUCTIONS.com

### REAL ESTATE FOR RENT

COASTAL CAROLINA LIVING- Grand Opening, April 5th. Patio homes \$199,900, homesites \$79,900. 5 Minutes to beach, 3 neighboring golf courses. Limited Reservations, Call 1-866-212-5653

Delmar, Large 2 bedroom, 1.5 bath apartment. 1st floor, garage, central air, gas heat. Excellent location on busline, no pets. \$895+, 533-2525

DELMAR- 1BD, hardwood floors, Porch, \$695. Heat and hotwater included. Available 4/1. 456-6644

DELMAR- Duplex, newly renovated. 2BD, 1.5 bath \$1050. Private deck with large yard, swimming pool, garage, no pets, Available Now. Now taking applications. 439-2476.

Delmar: Large 1 BR, 1st flr, storage, W/D, no pets, lease, util. incl. \$890 439-9958

### REAL ESTATE FOR SALE

MUST SELL, Fixer Uppers, Bank Foreclosures, Company Owned Properties, Distress Sales, Free List With Pictures, www.FreeHomeInfo4You.com

### VACATION RENTALS

CAPE COD Summer Rental: Harwich, MA. Large 3BR Cottage close to Long Pond, golf courses, bike trail. Short drive to Nantucket Sound beaches. 439-2356.

MADIERA BEACH FLORIDA WATERFRONT HOME. Sleeps Six with Pool and Dock Walk to Gulf Beaches. No Minimum Stay. \$2,800.00 Monthly. \$1,200.00 Weekly. Negotiable. 489-2341. www.floridagulfrental-home.com.

# Employment Classifieds

### HELP WANTED

All employment advertising in this newspaper is subject to section 296 of the human rights law which makes it illegal to advertise any preference, limitation, or discrimination based on race, color, creed, national origin, disability, marital status, sex, age, or arrest conviction record, or an intention to make any such preference, limitation, or discrimination. Title 29, U.S. Code, Chap. 630, excludes the Federal Gov't from the age discrimination provisions. This newspaper will not knowingly accept any advertising for employment which is in violation of the law. Our readers are informed that

employment offerings advertised in this newspaper are available on an equal opportunity basis.

**Courthouse Researchers** Immediate opportunity with national company to earn up to \$12.00 per hour researching real estate records in your area. Make your own hours. For details call 1-800-428-1319!

Drivers: Home Daily! \$2000 sign on! Paid holiday and vacation! Excellent benefits! CDL-A 800-334-1314 ext.178. www.wadhams.com

EARN UP TO \$550 WEEKLY Helping the government PT No Experience. Excellent Opportunity. Call Today!! 1-800-488-2921 Ask for Department D-9

Get Crane Trained! Crane/ Heavy Equip Training. National Certification. Placement Assistance. Financial Assistance. Georgia School of Construction. www.Heavy5.com Use code "NYCNH" 1-888-278-7685

High-Paying Postal Jobs! No Experience Required! DON'T PAY for information about jobs with the Postal Service or Federal Government. Call the Federal Trade Commission toll-free, 1-(877)-FTC-HELP, or visit www.ftc.gov to learn more. A public service message from the SPOTLIGHT Newspapers and the Federal Trade Commission.

NAT'L ORGANIZATION NOW HIRING Avg. Pay \$20/hour or \$57K/yr. including Federal Benefits and OT. Offered by USWA 1-866-920-3181

NOW AVAILABLE! 2008 POST OFFICE JOBS. \$18-\$20/ HR. NO EXPERIENCE, PAID TRAINING, FED BENEFITS, VACATIONS. CALL 1-800-910-9941 TODAY! REF #NY08

Owner/ Operators Needed In Syracuse radius. Run Regional and Midwest, High Pay regular customer freight home time and benefits L/P and Company Welcome 877-945-1800.

PT/Medical office patient assistant. 25-30 hours a week. Medical experience preferred. No clerical duties. Must have relevant references. Resume to PO Box 382, Delmar, 12054 or fax 478-9044

P/T Office Assistant wanted for Comm. R.E. Office. in Colonie. Office Exp./computer skills a must. Flexible hours between 20-25 per week. Please forward resume & cover letter to mpoole@howardgroup.com.

RN's Stat Needs! Psych & Correctional Nursing in NYC & throughout NYS. Full benefits, including company funded 401K. All nursing specialties considered. WILL TRAIN AS NEEDED. Call Terry toll-free at 866-633-3700

TEACHER ASSISTANT. 2FT positions at integrated special needs preschool. Assoc. or CDA helpful but training will be provided. M-F, excellent benefits pkg. and work environment- other substitute hours also available. Resume to Circle of Friends, Attn: Anne, 537 Rt. 9W, Glenmont, 12077, fax 462-9162 or AESCOF@nycap.rr.com

Transfer Drivers Needed 120 CDL A or B to relocate tractors, buses, trucks, motor homes, etc Throughout US "No Freight & No Force Dispatch" Call Stan 888-380-7583

TRUSS DESIGNER WANTED Must have experience with complex roof and floor truss design; reading blueprints and posses excellent sales and communications skills. Knowledge of Mitek or Alpine software desired. Benefit Package. Send resume to: dstep@nycap.rr.com. Situated in Riparius, NY in the heart of the Adirondack Mountains.

## Are you trying to sell your home?



Have you tried advertising in the  
**Spotlight Newspapers?**

One ad allows you to advertise in all of these fine Spotlight publications:

**The Spotlight • Colonie Spotlight • Guilderland Spotlight  
Niskayuna Spotlight • Rotterdam Spotlight • Scotia-Glenville Spotlight  
Clifton Park/Halfmoon Spotlight • Burnt Hills Spotlight • Malta Spotlight  
Saratoga Spotlight • Milton Spotlight**



Contact us at: **439-4949** to advertise!



**LEGAL NOTICE**

**LEGAL NOTICE**

Notice of Formation of Charlton Rose Fine Art, LLC. Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 02/05/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corp. Svcs., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-18154 (March 26, 2008)

**LEGAL NOTICE**

Notice of Formation of My Happy Hour Hero, LLC. Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 01/03/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corp. Svcs., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-18155 (March 26, 2008)

**LEGAL NOTICE**

Notice of Formation of Allison Cheston & Associates, LLC. Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 02/05/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-18163 (March 26, 2008)

**LEGAL NOTICE**

Notice of Formation of Harris Hill Farm, LLC. Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 02/08/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corp. Svcs., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-18157 (March 26, 2008)

**LEGAL NOTICE**

Notice of Formation of Boneville LLC. Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 02/08/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corp. Svcs., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-18158 (March 26, 2008)

**LEGAL NOTICE**

Notice of Formation of 860 Union Street LLC. Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 02/08/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corp. Svcs., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-18159 (March 26, 2008)

**LEGAL NOTICE**

Notice of Formation of 1454 St. Nicholas LLC. Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 02/08/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corp. Svcs., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-18160 (March 26, 2008)

**LEGAL NOTICE**

NOTICE OF FORMATION OF A DOMESTIC LIMIT-

**LEGAL NOTICE**

ED LIABILITY COMPANY (LLC). Name of LLC is EVAN INVESTORS LLC. Articles of Organization filed with NY Secretary of State, February 7, 2008. Purpose is to engage in any lawful act or activity. Office of LLC located in Albany County. Secretary of State is agent for process against LLC. Secretary of State shall mail copy of process to LLC at 41 Hamilton Lane, Glenmont, New York 12077. LD-18161 (March 26, 2008)

**LEGAL NOTICE**

NOTICE OF FORMATION OF A LIMITED PARTNERSHIP (L.P.) Name of L.P. is BEL PARTNERS OF ALBANY, L.P. Certificate of Limited Partnership filed with NY Secretary of State on February 6, 2008. Purpose of L.P. - to engage in any lawful act or activity. Office of L.P. - located in Albany County. Secretary of State designated as agent for service of process against L.P. Secretary of State shall mail copy of process against L.P. to 596 New Loudon Road, Latham, New York 12110. LD-18162 (March 26, 2008)

**LEGAL NOTICE**

Notice of Formation of CLF FACTOR COMPANY LLC. Arts. of Org. was filed with SSNY on 2/06/08. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-18163 (March 26, 2008)

**LEGAL NOTICE**

Notice of Formation of A.O CONCEPT GENERAL TRADING & CONTRACTING USA LLC. Arts. of Org. was filed with SSNY on 1/14/08. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-18164 (March 26, 2008)

**LEGAL NOTICE**

NOTICE OF FORMATION OF LLC Glenmont, LLC, filed Articles of Organization with the New York Secretary of State on January 31, 2008. Its office is located in Albany County. The Secretary of State has been designated as agent upon whom process may be served and shall mail a copy of any process served on him or her to the LLC, at LLC, 105 Mosher Road, Glenmont, NY 12077. The street address of the principal business location is 565 Route 9W, Glenmont, NY 12077. Its business is to engage in any lawful activity for which limited liability companies may be organized under Section 203 of the New York Limited Liability Company Act. LD-18165 (March 26, 2008)

**LEGAL NOTICE**

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: M & R HOME REMODELING, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 01/24/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC,

**LEGAL NOTICE**

c/o Michael M. Phillip, 459 East 49th Street, Brooklyn, New York 11203. Purpose: For any lawful purpose. LD-18168 (March 26, 2008)

**LEGAL NOTICE**

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: 11-15 45TH AVENUE REALTY LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 12/27/07. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Page Realty, 35-20 30th Avenue, Astoria, New York 11105. Purpose: For any lawful purpose. LD-18169 (March 26, 2008)

**LEGAL NOTICE**

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: 118-53 METROPOLITAN AVE. LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 12/27/07. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Page Realty, 35-20 30th Avenue, Astoria, New York 11105. Purpose: For any lawful purpose. LD-18170 (March 26, 2008)

**LEGAL NOTICE**

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: 43-14 & 31-18 34th ST. REALTY LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 12/27/07. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Page Realty, 35-20 30th Avenue, Astoria, New York 11105. Purpose: For any lawful purpose. LD-18171 (March 26, 2008)

**LEGAL NOTICE**

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: AMITA REALTY LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 02/07/08. The latest date of dissolution is 12/31/2060. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 2940 Brighton 5th Street, Unit C, Brooklyn, New York 11235. Purpose: For any lawful purpose. LD-18172 (March 26, 2008)

**LEGAL NOTICE**

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: ENNA ULUL LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 02/08/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 25 Washington Street, Suite 604, Brooklyn, New York 11201. Purpose: For any lawful purpose. LD-18173 (March 26, 2008)

**LEGAL NOTICE**

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: MANHATTAN FALAFEL LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 02/08/08. The latest date of dissolution is 03/01/2090. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Moshe Mizrahi, c/o Moshe Falafel, 442 W. 45th Street, New York, New York 10036. Purpose: For any lawful purpose. LD-18174 (March 26, 2008)

**LEGAL NOTICE**

Notice of Qualification of Sweden Shopping Center LLC. Authority filed with Secy. of State of NY (SSNY) on 1/28/08. Office location: Albany County. LLC formed in Delaware (DE) on 10/10/07. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o National Registered Agents, Inc., 875 Ave of the Americas, Ste 501, NY, NY 10001. Address to be maintained in DE: 160 Greentree Dr., Ste 101, Dover, DE 19904. Arts. of Org. filed with DE Secy. Of State, 401 Federal St., Ste 4., Dover, DE 19901. Purpose: any lawful activities. LD-18180 (March 26, 2008)

**LEGAL NOTICE**

Notice of Formation of Cinetic Management LLC. Arts. of Org. filed with Secy. Of State of NY (SSNY) on 1/29/08. Office location: Albany Co. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The LLC, 555 West 25th St., 5th Fl., NY, NY 10001. Purpose: any lawful activities. LD-18181 (March 26, 2008)

**LEGAL NOTICE**

Notice of Formation of Cinetic Capital I LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 1/29/08. Office location: Albany Co. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The LLC, 555 West 25th St., 5th Fl., NY, NY 10001. Purpose: any lawful activities. LD-18182 (March 26, 2008)

**LEGAL NOTICE**

Notice of Qualification of National Home Auction Company LLC. Authority filed with Secy. of State of NY (SSNY) on 1/29/08. Office location: Albany County. LLC formed in California (CA) on 11/21/07. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Registered Agent Solutions Inc., 1773 Western Ave., Albany, NY 12203. Address to be maintained in CA: 18012 Cowan St. Ste 100, Irvine, CA 92614. Arts. of Org. filed with CA Secy. Of State, 1500 11th St., Sacramento, CA 95814. Purpose: any lawful activities. LD-18183 (March 26, 2008)

**LEGAL NOTICE**

Notice of Formation of Clicktoblu, LLC. Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 02/07/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corp. Svcs., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-18185 (March 26, 2008)

**LEGAL NOTICE**

Notice of Formation of Four-swanslake LLC. Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 02/12/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corp. Svcs., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-18186 (March 26, 2008)

**LEGAL NOTICE**

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: CATES LLC. Application for Authority was filed with the Secretary of State of New York (SSNY) on 01/10/08. The LLC was originally filed with the Secretary of State of Delaware on 01/08/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 122 East 27th Street, 12th Floor, New York, New York 10001. Purpose: For any lawful purpose. LD-18187 (March 26, 2008)

**LEGAL NOTICE**

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: CENTRAL AREA EQUITIES ASSOCIATES, LLC. Certificate of Conversion was filed with the Secretary of State of New York (SSNY) on 12/31/07, with an existence date of 01/01/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Transworld Equities, 500 Fifth Avenue, Suite 2424, New York, New York 10110. Purpose: For any lawful purpose. LD-18188 (March 26, 2008)

**LEGAL NOTICE**

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: JARIMA ASSOCIATES, LLC. Certificate of Conversion was filed with the Secretary of State of New York (SSNY) on 12/31/07, with an existence date of 01/01/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Transworld Equities, 500 Fifth Avenue, Suite 2424, New York, New York 10110. Purpose: For any lawful purpose. LD-18189 (March 26, 2008)

**LEGAL NOTICE**

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: MID CENTER EQUITIES ASSOCIATES, LLC. Certificate of Conversion was filed with the Secretary of State of New York (SSNY) on 01/02/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Transworld Equities, 500 Fifth Avenue, Suite 2424, New York, New York 10110. Purpose: For any lawful purpose. LD-18190 (March 26, 2008)

**LEGAL NOTICE**

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: TRANSWORLD EQUITIES ASSOCIATES, LLC. Certificate of Conversion was filed with the Secretary of

**LEGAL NOTICE**

State of New York (SSNY) on 12/31/07, with an existence date of 01/01/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Transworld Equities, 500 Fifth Avenue, Suite 2424, New York, New York 10110. Purpose: For any lawful purpose. LD-18191 (March 26, 2008)

**LEGAL NOTICE**

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: 100 EQUITIES ASSOCIATES, LLC. Certificate of Conversion was filed with the Secretary of State of New York (SSNY) on 12/31/07, with an existence date of 01/01/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Transworld Equities, 500 Fifth Avenue, Suite 2424, New York, New York 10110. Purpose: For any lawful purpose. LD-18192 (March 26, 2008)

**LEGAL NOTICE**

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: 145 82ND STREET ASSOCIATES, LLC. Certificate of Conversion was filed with the Secretary of State of New York (SSNY) on 12/31/07, with an existence date of 01/01/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Transworld Equities, 500 Fifth Avenue, Suite 2424, New York, New York 10110. Purpose: For any lawful purpose. LD-18193 (March 26, 2008)

**LEGAL NOTICE**

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: 322 EQUITIES ASSOCIATES, LLC. Certificate of Conversion was filed with the Secretary of State of New York (SSNY) on 01/02/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Transworld Equities, 500 Fifth Avenue, Suite 2424, New York, New York 10110. Purpose: For any lawful purpose. LD-18194 (March 26, 2008)

**LEGAL NOTICE**

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: 872 BROADWAY EQUITIES ASSOCIATES, LLC. Certificate of Conversion was filed with the Secretary of State of New York (SSNY) on 01/02/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Transworld Equities, 500 Fifth Avenue, Suite 2424, New York, New York 10110. Purpose: For any lawful purpose. LD-18195 (March 26, 2008)

**LEGAL NOTICE**

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY Name: XTR Business Advisors, LLC (LLC). Articles of Organization filed with NY Dept. of State on February 5, 2008. Office location: Albany County. Address of principal business location is 108 Spy

**LEGAL NOTICE**

Glass Court, Albany, NY. NY Secretary of State (SOS) is designated as agent of LLC for service of process. SOS shall mail copy of process to 108 Spy Glass Court, Albany, NY 12203. Purpose: Any lawful act or activity. LD-18196 (March 26, 2008)

**LEGAL NOTICE**

Notice of Qualification of PC Telecom Group & Associates LLC. Authority filed with Secy. of State of N.Y. (SSNY) on 2/1/08. Office location: Albany County. LLC formed in Kentucky (KY) on 4/30/01. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Company, 80 State St., Albany, NY 12207. KY address of LLC: 1522 Dixie Hwy., Park Hills, KY 41011. Arts. of Org. filed with KY Secy. of State, 700 Capitol Avenue, Ste. 152, Frankfort, KY. Purpose: the sale and marketing of telecommunication and computer information and computer equipment. LD-18197 (March 26, 2008)

**LEGAL NOTICE**

Notice of Qualification of KHM Hudson, LLC. Authority filed with Secy. of State of N.Y. (SSNY) on 2/6/08. Office location: Albany County. Principal business location: c/o The Kor Group, 1212 South Flower St., Ste. 500, Los Angeles, CA 90015. LLC formed in Delaware (DE) on 1/15/08. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Company (CSC), 80 State St., Albany, NY 12207. DE address of LLC: c/o CSC, 2711 Centerville Road, Ste. 400, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Dover, DE 19901. Purpose: any lawful activity. LD-18198 (March 26, 2008)

**LEGAL NOTICE**

Notice of Conversion of PENWINDY ASSOCIATES, L.P., a partnership, to PENWINDY ASSOCIATES LLC. Certificate filed with Secy. of State of NY (SSNY) on 2/5/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Corporation Service Company, 80 State St., Albany, NY 12207. Purpose: any lawful activity. LD-18199 (March 26, 2008)

**LEGAL NOTICE**

Notice of Formation of Hinckel Brewery LLC. Arts. of Org. filed with Secy. of State of N.Y. (SSNY) on 2/5/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Lemery Greister LLC, 60 Railroad Place, Ste. 502, Saratoga Springs, NY 12866. Purpose: any lawful activity. LD-18206 (March 26, 2008)

**LEGAL NOTICE**

Notice of Qualification of KINGSPORT ADVISORS, LLC. Authority filed with Secy. of State of N.Y. (SSNY) on 1/18/08. Office location: Albany County. Principal business location: 22 Lawrence Avenue, Ste. 303, Smithtown, NY 11787. LLC formed in Delaware (DE) on 1/4/08. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Company, 80 State St., Albany, NY 12207. DE address of LLC: 2711 Centerville Road, Ste. 400, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Ste.

LEGAL NOTICE

4, Dover, DE 19901. Purpose: any lawful activity. LD-18207 (March 26, 2008)

LEGAL NOTICE

Notice of Conversion of AUSTIN LEASEHOLD INVESTORS LP, a partnership, to AUSTIN LEASEHOLD INVESTORS LLC. Certificate filed with Secy. of State of NY (SSNY) on 2/5/08. Office location: Albany County, SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Corporation Service Company, 80 State St., Albany, NY 12207. Purpose: any lawful activity. LD-18208 (March 26, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: BRANDS MSG LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 01/30/08. Office location: Albany County, SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 1745 East 2nd Street, Brooklyn, New York 11223. Purpose: For any lawful purpose. LD-18210 (March 26, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: HAVILAND DEVELOPMENT LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 01/09/08. Office location: Albany County, SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Elizabeth Iocovello, 259 Reynolds Avenue, Bronx, New York 10465. Purpose: For any lawful purpose. LD-18211 (March 26, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: GRANT SKY OF NY LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 01/25/08. Office location: Albany County, SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 6 Pine Road, Syosset, New York 11791. Purpose: For any lawful purpose. LD-18212 (March 26, 2008)

LEGAL NOTICE

Notice of Qualification of Ivide of Rochester, LLC. Authority filed with NY Dept. of State on 2/4/08. Office location: Albany County. Principal business address: 200 S. Tryon St., Ste. 10, Charlotte, NC 28202. LLC formed in Delaware (DE) on 1/22/08. NY Secy. of State designated as agent of LLC upon whom process against it may be served and shall mail process to: c/o CT Corporation System, 111 8th Ave., NY, NY 10011, registered agent upon whom process may be served. DE address of LLC: c/o The Corporation Trust Co., 1209 Orange St., Wilmington, DE 19801. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: any lawful activity. LD-18216 (March 26, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LLC 75 Bittersweet SA LLC, filed Articles of Organization with

LEGAL NOTICE

The New York Secretary of State on February 8, 2008. Its office is located in Albany County. The Secretary of State has been designated as agent upon whom process may be served and shall mail a copy of any process served on him or her to the LLC, at LLC, c/o Dawn Homes Management, LLC, 20 Corporate Woods Boulevard, 5th Floor, Albany, New York 12211. The street address of the principal business location is c/o Dawn Homes Management, LLC, 20 Corporate Woods Boulevard, 5th Floor, Albany, New York 12211. Its business is to engage in any lawful activity for which limited liability companies may be organized under Section 203 of the New York Limited Liability Company Act. LD-18218 (March 26, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LLC Hampton Run LLC, filed Articles of Organization with the New York Secretary of State on February 6, 2008. Its office is located in Albany County. The Secretary of State has been designated as agent upon whom process may be served and shall mail a copy of any process served on him or her to the LLC, at LLC, c/o Dawn Homes Management, LLC, 20 Corporate Woods Boulevard, 5th Floor, Albany, New York 12211. The street address of the principal business location is c/o Dawn Homes Management, LLC, 20 Corporate Woods Boulevard, 5th Floor, Albany, New York 12211. Its business is to engage in any lawful activity for which limited liability companies may be organized under Section 203 of the New York Limited Liability Company Act. LD-18219 (March 26, 2008)

LEGAL NOTICE

New York State, Department of State, Division of Corporations, State Records and UCC, Albany, NY 12231, Under Section 203 of the Limited Liability Company Law, Name: GREEN RIDGE FARMSTEAD, LLC. The county is: Albany. The SOS is designated as agent of the LLC upon whom process against it may be served. The address within or without this state to which the SOS shall mail a copy of any process against the LLC served: SMITH PHILIPP, PLLC, 855 Central Avenue, Suite 380, Albany, NY. For any lawful purpose. LD-18220 (March 26, 2008)

LEGAL NOTICE

Notice of Formation of KOM-TEX UK LLC. Arts. of Org. was filed with SSNY on 12/21/07. Office location: Albany County, SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-18221 (March 26, 2008)

LEGAL NOTICE

Notice of Formation of STEEL ROPE CENTRAL LLC. Arts. of Org. was filed with SSNY on 12/21/07. Office location: Albany County, SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-18222 (March 26, 2008)

LEGAL NOTICE

Notice of Formation of DRAKE INSTRUMENTS &

LEGAL NOTICE

PARTS LLC. Arts. of Org. was filed with SSNY on 12/21/07. Office location: Albany County, SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-18223 (March 26, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF PROFESSIONAL SERVICE LIMITED LIABILITY COMPANY. NAME: BSD PHYSICAL THERAPY REHABILITATION SERVICES, PLLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 02/08/08. Office location: Albany County, SSNY has been designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail a copy of process to the PLLC, 836 Hempstead Avenue, West Hempstead, New York 11552. Purpose: For the practice of the profession of Physical Therapy. LD-18225 (March 26, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: FANCY PRODUCTIONS, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 02/06/08. Office location: Albany County, SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 836 Hempstead Avenue, West Hempstead, New York 11552. Purpose: For any lawful purpose. LD-18226 (March 26, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: BROOKVILLE PARTNERS, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 01/30/08. The latest date of dissolution is 12/31/2058. Office location: Albany County, SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 68 Wheatley Road, Brookville, New York 11545. Purpose: For any lawful purpose. LD-18227 (March 26, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: BEADS ON FOURTH LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 01/31/08. Office location: Albany County, SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 5111 4th Avenue, Brooklyn, New York 11220. Purpose: For any lawful purpose. LD-18228 (March 26, 2008)

LEGAL NOTICE

Notice of Qualification of Anacod Real Estate, LLC. Authority filed with Secy. Of State of N.Y. (SSNY) on 12/10/07. LLC Formed in Delaware (DE) on 12/05/07. Office location: Albany County, SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corp. Svcs. Corp., 41 State St., Ste. 415, Albany, NY 12207. DE address of LLC: C/O All-

LEGAL NOTICE

state Corp Svcs., 341 Raven Circle, Wyoming, DE 19934. Arts. Of Org. filed with DE Secy. Of State, 401 Federal St., Dover, DE 19901. Purpose: any lawful activity. LD-18229 (March 26, 2008)

LEGAL NOTICE

Notice of Qualification of Wall Street Real Estate, LLC. Fictitious Name: Wall Street Real Estate NY, LLC. Authority filed with Secy. Of State of N.Y. (SSNY) on 12/11/07. LLC Formed in Delaware (DE) on 11/28/07. Office location: Albany County, SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corp. Svcs. Corp., 41 State St., Ste. 415, Albany, NY 12207. DE address of LLC: C/O Allstate Corp Svcs., 341 Raven Circle, Wyoming, DE 19934. Arts. Of Org. filed with DE Secy. Of State, 401 Federal St., Dover, DE 19901. Purpose: any lawful activity. LD-18230 (March 26, 2008)

LEGAL NOTICE

Notice of Formation of Kiko Cosmetics Retail USA, LLC. Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 09/19/07. Office location: Albany County, SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corp. Svcs., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-18231 (March 26, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: ALI REAL ESTATE LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 02/11/08. Office location: Albany County, SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 424 Third Avenue, Brooklyn, New York 11214. Purpose: For any lawful purpose. LD-18232 (March 26, 2008)

LEGAL NOTICE

Notice of Qualification of American Cellular, LLC. Authority filed with Secy. of State of N.Y. (SSNY) on 2/12/2008. Office location: Albany County, LLC formed in Delaware (DE) on 2/21/1990. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o CSC - New York, 80 State St., Albany, NY 12207. DE address of LLC: 2711 Centerville Road, Ste. 400, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: any lawful activities. LD-18233 (March 26, 2008)

LEGAL NOTICE

Notice of Qualification of Endurant Construction Services, LLC. Authority filed with Secy. of State of N.Y. (SSNY) on 1/30/08. Office location: Albany County, LLC formed in Delaware (DE) on 1/25/08. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Company, 80 State St., Albany, NY 12207. DE address of LLC: 2711 Centerville Road, Ste. 400, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, Townsend Bldg., Dover, DE 19901. Purpose: any lawful activity. LD-18234 (March 26, 2008)

LEGAL NOTICE

Notice of Qualification of

LEGAL NOTICE

Scannell Properties #58, LLC. Authority filed with Secy. of State of N.Y. (SSNY) on 2/8/08. Office location: Albany County, LLC formed in Indiana (IN) on 3/27/06. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Company, 80 State St., Albany, NY 12207. IN address/principal business location of LLC: 800 E. 96th St., Ste. 175, Indianapolis, IN 46240. Arts. of Org. filed with IN Secy. of State, 302 W. Washington St., Room #E018, Indianapolis, IN 46204. Purpose: any lawful activity. LD-18235 (March 26, 2008)

LEGAL NOTICE

Notice of Qualification of Easy Swing Instruction LLC. Authority filed with Secy. of State of N.Y. (SSNY) on 11/29/07. Office location: Albany County, LLC formed in Illinois (IL) on 7/12/07. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Company, 80 State St., Albany, NY 12207. IL address of LLC: 431 Lakeview Ct., Ste. B, Mt. Prospect, IL 60056. Arts. of Org. filed with IL Secy. of State, 501 S. 2nd St., Springfield, IL 62756. Purpose: any lawful activity. LD-18236 (March 26, 2008)

LEGAL NOTICE

Notice of Formation of an LLC: Development at Helderberg Meadows, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on February 12, 2008. Office location is in Albany County. The SSNY has been designated as agent of the LLC, upon whom process against it may be served. SSNY shall mail a copy of Process to the LLC, at 1 Winners Circle Suite 140, Albany, NY 12205. Purpose: for any lawful purpose LD-18237 (March 26, 2008)

LEGAL NOTICE

Notice of Qualification of Dobbs Imports, LLC. Authority filed with Secy. of State of NY (SSNY) on 2/5/08. Office location: Albany County, LLC formed in Delaware (DE) on 1/4/07. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o National Registered Agents, Inc., 875 Ave of the Americas, Ste 501, NY, NY 10001. Address to be maintained in DE: 160 Greentree Dr., Ste 101, Dover, DE 19904. Arts. of Org. filed with DE Secy. Of State, 401 Federal St., Ste 4, Dover, DE 19901. Purpose: any lawful activities. LD-18239 (March 26, 2008)

LEGAL NOTICE

Notice of Formation of Perkins Properties, LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 2/6/08. Office location: Albany Co. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The LLC, 309 Osborne Rd., Loudonville, NY 12211. Purpose: any lawful activities. LD-18240 (March 26, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LLC Signature Custom Pools & Spas LLC, filed Articles of Organization with the New York Secretary of State on February 13, 2008. Its office is located in Albany County. The Secretary of State has been designated as agent upon whom process may be served and shall mail a copy of any process served on him or her to the LLC, at LLC, 38 Shinnecock Hills Drive, Albany, NY 12205.

LEGAL NOTICE

The street address of the principal business location is 38 Shinnecock Hills Drive, Albany, NY 12205. Its business is to engage in any lawful activity for which limited liability companies may be organized under Section 203 of the New York Limited Liability Company Act. LD-18241 (March 26, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LLC YNABLA, LLC, filed Articles of Organization with the New York Secretary of State on February 7, 2008. Its office is located in Albany County. The Secretary of State has been designated as agent upon whom process may be served and shall mail a copy of any process served on him or her to the LLC, at LLC, c/o Bruce Rosenblatt, 14 E. 60th Street, Suite 702, NY, NY 10022. The street address of the principal business location is 90 North Pearl Street, Albany, NY 12207. Its business is to engage in any lawful activity for which limited liability companies may be organized under Section 203 of the New York Limited Liability Company Act. LD-18242 (March 26, 2008)

LEGAL NOTICE

Legal Notice of Formation of a Limited Liability Company (LLC): Name: WATERHOUSE ENTERPRISES LLC, Articles of Organization filed with the Secretary of State of New York (SSNY) on 2/15/2008. Office location: Albany County, SSNY Has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to: C/O WATERHOUSE ENTERPRISES LLC, 13 FOX RUN, LATHAM, N.Y. 12110; Purpose: Any Lawful Purpose. Latest date upon which LLC is to dissolve: No specific date. LD-18243 (March 26, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: HUDSON BAY DEBT ACQUISITIONS LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 02/14/08. Office location: Albany County, SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Lior Avneri, 260 West 39th Street, 12th Floor, New York, New York 10018. Purpose: For any lawful purpose. LD-18246 (March 26, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: JM ZONING LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 01/25/08. Office location: Albany County, SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 1908 Avenue O, Brooklyn, New York 11230. Purpose: For any lawful purpose. LD-18247 (March 26, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: TOWER WEALTH MANAGEMENT, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 02/15/08. Office location: Albany County, SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a

LEGAL NOTICE

copy of process to the LLC, 701 Sackett Street, Brooklyn, New York 11217. Purpose: For any lawful purpose. LD-18248 (March 26, 2008)

LEGAL NOTICE

Notice of Formation of 399 South Pearl Street, LLC, Art. of Org. filed Sec'y of State (SSNY) 1/16/08. Office location: Albany County, SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to c/o Maxwell & Van Ryn, Esq., Two Normanskill Blvd., Delmar, NY 12054. Purpose: any lawful activities. Latest date 12/31/2099. LD-18249 (March 26, 2008)

LEGAL NOTICE

Notice of Formation of The Negotiators, LLC, Art. of Org. filed Sec'y of State (SSNY) 2/12/08. Office location: Albany County, SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to 18 Computer Drive East, Albany, NY 12205. Purpose: any lawful activities. LD-18250 (March 26, 2008)

LEGAL NOTICE

Notice of Qualification of Cisco IronPort Systems LLC. Authority filed with NY Dept. of State on 1/4/08. Office location: Albany County, LLC formed in Delaware (DE) on 12/21/06. NY Secy. of State designated as agent of LLC upon whom process against it may be served and shall mail process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207. DE address of LLC: 2711 Centerville Rd., Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Dover, DE 19901. Purpose: any lawful activity. LD-18254 (March 26, 2008)

LEGAL NOTICE

Notice of Qualification of DMC Marine, LLC. Authority filed with NY Dept. of State on 2/13/08. Office location: Albany County, LLC formed in New Jersey (NJ) on 12/31/07. NY Secy. of State designated as agent of LLC upon whom process against it may be served and shall mail process to the NJ address of the LLC: 1250 Liberty Ave., Hillside, NJ 07205. Arts. of Org. filed with NJ State Treasurer, 225 West State St., Trenton, NJ 08608. Purpose: any lawful activity. LD-18255 (March 26, 2008)

LEGAL NOTICE

Notice of Qualification of Metro Storage LLC. Authority filed with NY Dept. of State on 2/11/08. Office location: Albany County. Principal business address: 13528 Boulton Blvd., Lake Forest, IL 60045. LLC formed in Delaware (DE) on 5/9/00. NY Secy. of State designated as agent of LLC upon whom process against it may be served and shall mail process to: c/o Corporation Service Co. (CSC), 80 State St., Albany, NY 12207. DE address of LLC: CSC, 2711 Centerville Rd., Ste. 400, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: any lawful activity. LD-18256 (March 26, 2008)

LEGAL NOTICE

Notice of Qualification of Scannell Properties #111, LLC. Authority filed with Secy. of State of N.Y. (SSNY) on 2/15/08. Office location: Albany County, LLC formed in Indiana (IN) on 1/23/08. SSNY designated as agent of LLC upon whom process against it may be served.



LEGAL NOTICE

SSNY shall mail process to: c/o Corporation Service Company, 80 State St., Albany, NY 12207. IN address/principal business location of LLC: 800 E. 96th St., Ste. 175, Indianapolis, IN 46240. Arts. of Org. filed with IN Secy. of State, 302 W. Washington St., Rm E018, Indianapolis, IN 46204. Purpose: any lawful activity. LD-18258 (March 26, 2008)

LEGAL NOTICE

Notice of Qualification of Celebrity Service International LLC. Authority filed with Secy. of State of N.Y. (SSNY) on 2/7/08. Office location: Albany County, LLC formed in Delaware (DE) on 1/16/07. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Company, 80 State St., Albany, NY 12207. DE address of LLC: 2711 Centerville Road, Ste. 400, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: any lawful activity. LD-18259 (March 26, 2008)

LEGAL NOTICE

Notice of Formation of Aristocrat Restaurant Partners, LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 2/13/08. Office location: Albany Co. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The LLC, Attn: Jonathan Hettinger, 200 West 15th St., Apt. 17B, NY, NY 10011. Purpose: any lawful activities. LD-18260 (March 26, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY Pursuant to Section 206 of The New York Limited Liability Company Law 1. The name of the limited liability company is ON THE SIDE ROOFING, LLC. 2. The Articles of Organization were filed with the Secretary of State on February 13, 2008. 3. The office of the Limited Liability company is to be located in Albany County at 19 Bauer Drive, Albany, NY 12205. 4. The Secretary of State is designated as agent of the limited liability company upon whom process against it may be served. The post office address within New York to which the Secretary of State shall mail a copy of any process against the limited liability company served upon him or her is: The LLC, 19 Bauer Drive, Albany, NY 12205. 5. The duration of the Limited Liability Company is perpetual. 6. The Limited Liability Company is formed for any legal business purpose or purposes. LD-18264 (March 26, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LLC Notice of Formation of Capital City Boxing and Fitness, LLC, a domestic Limited Liability Company, Articles of Organization filed with the Secretary of State of the State of New York on February 15, 2008. New York office location is Albany. Secretary of State is designated as agent upon whom process against LLC may be served. Secretary of State shall mail a copy of any process against the LLC served upon Gunther Fishgold, 134 Dove Street, Albany, New York 12202. Purpose of this LLC is for any legal purpose. LD-18266 (March 26, 2008)

LEGAL NOTICE

Notice of Qualification of The Market Clipper, LLC. Authority filed with Secy.

LEGAL NOTICE

Notice of Formation of J Media Designs LLC. Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 02/12/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corp. Svcs., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-18272 (March 26, 2008)

LEGAL NOTICE

Notice of Qualification of Launch Collective LLC. Authority filed with Secy. Of State of N.Y. (SSNY) on 02/25/08. LLC Formed in Delaware (DE) on 03/08/06. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corp. Svcs. Corp., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful purposes. LD-18304 (March 26, 2008)

LEGAL NOTICE

of State of NY (SSNY) on 8/8/07. Office location: Albany County. LLC formed in Delaware (DE) on 5/24/06. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Buffalo & Associates LLC, 26 Broadway, 18th FL., NY, NY 10004. Address to be maintained in DE: 16192 Coastal Hwy, Lewes, DE 19958. Arts. of Org. filed with DE Secy. Of State, 401 Federal St., Ste 4., Dover, DE 19901. Purpose: any lawful activities. LD-18267 (March 26, 2008)

LEGAL NOTICE

Notice of Formation of Mobiletron Of NY LLC. Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 02/15/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: C/O Rajat Sobti, 4 Stony Brook Dr., Selkirk, NY 12158. Purpose: any lawful activity. LD-18268 (March 26, 2008)

LEGAL NOTICE

Notice of Formation of 6201 14th Ave LLC. Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 11/09/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corp. Svcs., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-18269 (March 26, 2008)

LEGAL NOTICE

Notice of Formation of 5822 New Utrecht Ave LLC. Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 11/09/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corp. Svcs., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-18270 (March 26, 2008)

LEGAL NOTICE

Notice of Formation of Twin Littles LLC. Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 02/15/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corp. Svcs., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-18271 (March 26, 2008)

LEGAL NOTICE

Notice of Formation of J Media Designs LLC. Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 02/12/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corp. Svcs., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-18272 (March 26, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF 12 COMPUTER DRIVE WEST ASSOCIATES LLC Notice is hereby given of the formation of 12 COMPUTER DRIVE WEST ASSOCIATES, LLC, a limited liability company. The date of filing of the Certificate of Conversion with the Secretary of State was February 27, 2008. Pursuant to §1006 of the Limited Liability Company Law, the Certificate of Conversion converted 12 Computer Drive West Associates, a general partnership, to a limited liability company. The county in which the office of the limited liability

LEGAL NOTICE

company is to be located is Albany. The Secretary of State is designated as the agent of the limited liability company upon whom process against it may be served and the post office address within this state of the limited liability company is 9 Eliot Drive, Slingerlands, New York 12159. The limited liability company has no registered agent or specific date of dissolution. The limited liability company is organized for all purposes permitted under the laws of the State of New York. Filer: The DiFabio Law Firm, P.C., attorneys, 4 Automation Lane, Suite 100, Albany, New York 12205. No solicitations please. LD-18273 (March 26, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: OLIVIA BEVERAGE LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 02/15/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 33 Smith Lane, South Huntington, New York 11746. Purpose: For any lawful purpose. LD-18274 (March 26, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC). Name of LLC is DEDHAM POST SA LLC. Articles of Organization filed with NY Secretary of State, February 19, 2008. Purpose is to engage in any lawful act or activity. Office of LLC located in Albany County. Secretary of State is agent for process against LLC. Secretary of State shall mail copy of process to LLC at 161 Dedham Post Road, Schenectady, NY 12303. LD-18275 (March 26, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC). Name of LLC is OAKWOOD BETHLEHEM, LLC. Articles of Organization filed with NY Secretary of State December 27, 2007. Purpose of LLC - engage in any lawful act or activity. Office of LLC located in Albany County. Secretary of State designated agent for service of process against LLC. Secretary of State shall mail copy of process to 2267 Western Avenue, Guilderland, New York 12084. LD-18276 (March 26, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: 108 1st LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 02/06/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Ludmilla Lozowy, 116 St. Marks Place, Apartment 2, New York, New York 10009. Purpose: For any lawful purpose. LD-18277 (March 26, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: 110 1st LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 02/06/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may

LEGAL NOTICE

be served. SSNY shall mail a copy of process to the LLC, c/o Ludmilla Lozowy, 116 St. Marks Place, Apartment 2, New York, New York 10009. Purpose: For any lawful purpose. LD-18278 (March 26, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: 116 SAINT MARKS PLACE LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 02/06/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Ludmilla Lozowy, 116 St. Marks Place, Apartment 2, New York, New York 10009. Purpose: For any lawful purpose. LD-18279 (March 26, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: 1370 SPRING GLEN LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 02/06/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Ludmilla Lozowy, 116 St. Marks Place, Apartment 2, New York, New York 10009. Purpose: For any lawful purpose. LD-18280 (March 26, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: BUBULA, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 01/14/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Ronald H. Gitter, Esq., 110 East 59th Street, 23rd Floor, New York, New York 10022. Purpose: For any lawful purpose. LD-18281 (March 26, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: CHOPSTICKS PRODUCTIONS LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 02/20/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Cybill Lui, 22 River Terrace, Suite 4N, New York, New York 10282. Purpose: For any lawful purpose. LD-18282 (March 26, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: FERIZAJ, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 02/20/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Ekrem Brahimi, 48-28 41st Street, Long Island City, New York 11104. Purpose: For any lawful purpose. LD-18283 (March 26, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: TEXTILE COLLECTION LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 02/21/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 990 Sixth Avenue, Suite 11F, New York, New York 10018. Purpose: For any lawful purpose. LD-18284 (March 26, 2008)

LEGAL NOTICE

Notice of Formation of SMYTHE & SON INTERNATIONAL LLC. Arts. of Org. was filed with SSNY on 2/13/08. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-18285 (March 26, 2008)

LEGAL NOTICE

Notice of Formation of an LLC: Marque Management, LLC Articles of Organization were filed with the Secretary of State of New York (SSNY) on December 12, 2007. Office location is in Albany County. The SSNY has been designated as agent of the LLC, upon whom process against it may be served. SSNY shall mail a copy of Process to the LLC, at 436 New Scotland Avenue, Albany, NY 12208. Purpose: for any lawful purpose. LD-18287 (March 26, 2008)

LEGAL NOTICE

Notice of Formation of NYC Management II, LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 11/9/05. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served and shall mail process to: 515 1/2 Albany Shaker Rd., Loudonville, NY 12211, Attn: Antonio Boncorde, registered agent upon whom process may be served. Purpose: any lawful activity. LD-18289 (March 26, 2008)

LEGAL NOTICE

Notice of Formation of NYC Management III, LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 11/9/05. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served and shall mail process to: 515 1/2 Albany Shaker Rd., Loudonville, NY 12211, Attn: Antonio Boncorde, registered agent upon whom process may be served. Purpose: any lawful activity. LD-18296 (March 26, 2008)

LEGAL NOTICE

Notice of Formation of NYC Management V, LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 11/8/05. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served and shall mail process to: 515 1/2 Albany Shaker Rd., Loudonville, NY 12211, Attn: Antonio Boncorde, registered agent upon whom process may be served. Purpose: any lawful activity. LD-18298 (March 26, 2008)

LEGAL NOTICE

Notice of Formation of NYC

LEGAL NOTICE

Management VI, LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 11/23/05. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served and shall mail process to: 515 1/2 Albany Shaker Rd., Loudonville, NY 12211, Attn: Antonio Boncorde, registered agent upon whom process may be served. Purpose: any lawful activity. LD-18299 (March 26, 2008)

LEGAL NOTICE

Notice of Formation of Principal Realty Group, LLC. Arts. of Org. filed with NY Dept. of State on 4/6/07. Office location: Albany County. Secy. of State designated as agent of LLC upon whom process against it may be served and shall mail process to: Michael G. Bouchard, 4 Atrium Dr., Albany, NY 12205, registered agent upon whom process may be served. Purpose: any lawful activity. LD-18300 (March 26, 2008)

LEGAL NOTICE

Notice of Formation of Quality Title Services, LLC. Arts. of Org. filed with NY Dept. of State on 4/6/07. Office location: Albany County. Secy. of State designated as agent of LLC upon whom process against it may be served and shall mail process to: Michael G. Bouchard, Esq., 4 Atrium Dr., Albany, NY 12205, registered agent upon whom process may be served. Purpose: any lawful activity. LD-18301 (March 26, 2008)

LEGAL NOTICE

Notice of Formation of The Seminar Institute, LLC. Arts. of Org. filed with NY Dept. of State on 1/19/07. Office location: Albany County. Secy. of State designated as agent of LLC upon whom process against it may be served and shall mail process to: Michael G. Bouchard, Esq., 4 Atrium Dr., Albany, NY 12205, registered agent upon whom process may be served. Purpose: any lawful activity. LD-18302 (March 26, 2008)

LEGAL NOTICE

Notice of Qualification of Verizon Data Services LLC. Authority filed with NY Dept. of State on 1/16/08. Office location: Albany County. LLC formed in Delaware (DE) on 1/1/08. NY Secy. of State designated as agent of LLC upon whom process against it may be served and shall mail process to: c/o CT Corporation System, 111 8th Ave., NY, NY 10011, registered agent upon whom process may be served. Principal business address: One East Telecom Pkwy., B3E, Temple Terrace, FL 33637. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Dover, DE 19901. Purpose: any lawful activity. LD-18303 (March 26, 2008)

LEGAL NOTICE

Notice of Qualification of Kahala Holdings, L.L.C. Authority filed with Secy. of State of N.Y. (SSNY) on 2/20/08. Office location: Albany County. LLC formed in Arizona (AZ) on 10/28/02. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o CT Corporation System, 111 8th Ave., NY, NY 10011, registered agent upon whom process may be served. AZ address of LLC: 9311 E. Via De Ventura, Scottsdale, AZ 85258. Arts. of Org. filed with AZ Corp. Commission, 1300 West Washington, Phoenix, AZ 85007. Purpose: all lawful purposes. LD-18304 (March 26, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: ACCORD MEDIA, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 02/25/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Marta Wohrle, 241 West 36th Street, Apartment PH, New York, New York 10018. Purpose: For any lawful purpose. LD-18305 (March 26, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: QUINCY AVENUE ENTERPRISES, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 02/25/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o David Dabakarov, 184-80 Aberdeen Road, Jamaica, New York 11432. Purpose: For any lawful purpose. LD-18306 (March 26, 2008)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: KIDVILLE PAYROLL, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 02/26/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 163 East 84th Street, New York, New York 10028. Purpose: For any lawful purpose. LD-18307 (March 26, 2008)

LEGAL NOTICE

Notice of Formation of Serenitas, LLC. Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 01/16/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corporate Svcs Corp., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-18308 (March 26, 2008)

LEGAL NOTICE

Notice of Formation of D And T Park, LLC. Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 02/19/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corporate Svcs Corp., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-18309 (March 26, 2008)

LEGAL NOTICE

Notice of Qualification of Launch Collective LLC. Authority filed with Secy. Of State of N.Y. (SSNY) on 02/25/08. LLC Formed in Delaware (DE) on 03/08/06. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corp. Svcs. Corp., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful purposes. LD-18310 (March 26, 2008)



**LEGAL NOTICE****LEGAL NOTICE**

Notice of Qualification of APT191 LLC. Authority filed with Secy. Of State of N.Y. (SSNY) on 02/22/08. LLC Formed in Delaware (DE) on 02/13/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corp. Svcs. Corp., 41 State St., Ste. 415, Albany, NY 12207. DE address of LLC: C/O Allstate Corp Svcs., 341 Raven Circle, Wyoming, DE 19934. Arts. Of Org. filed with DE Secy. Of State, 401 Federal St., Dover, DE 19901. Purpose: any lawful activity. LD-18311 (March 26, 2008)

**LEGAL NOTICE**

Notice of Formation of Humdrum LLC. Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 02/15/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corporate Svcs Corp., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-18312 (March 26, 2008)

**LEGAL NOTICE**

Notice of Formation of DB MANAGEMENT INTL LLC. Arts. of Org. was filed with SSNY on 2/22/08. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-18313 (March 26, 2008)

**LEGAL NOTICE**

Notice of Qualification of Grubb & Ellis Realty Investors, LLC. Authority filed with Secy. of State of NY (SSNY) on 2/21/08. Office location: Albany County. LLC formed in Virginia (VA) on 4/27/98. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o National Registered Agents, Inc., 875 Ave of the Americas, Ste 501, NY, NY 10001. Address of the principal office: 1551 N. Tustin Ave., Ste 200, Santa Ana, CA 92705. Arts. of Org. filed with VA Secy. Of State, 1300 E. Main St., Richmond, VA 23218. Purpose: any lawful activities. LD-18314 (March 26, 2008)

**LEGAL NOTICE**

Notice of Formation of Aristocrat Supper Club, LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 2/21/08. Office location: Albany Co. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The LLC, Attn: Jonathan Hettlinger, 200 West 15th St., Apt 17B, NY, NY 10011. Purpose: any lawful activities. LD-18315 (March 26, 2008)

**LEGAL NOTICE**

Notice of Qualification of Data Management I LLC. Authority filed with Secy. of State of NY (SSNY) on 2/22/08. Office location: Albany County. LLC formed in Delaware (DE) on 2/12/08. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o National Registered Agents, Inc., 875 Ave of the Americas, Ste 501, NY, NY 10001. Address to be maintained in DE: 160 Greentree Dr., Ste 101, Dover, DE 19904. Arts. of Org. filed with DE Secy. Of State, 401 Federal St., Ste 4., Dover, DE 19901. Purpose: any lawful activities. LD-18315 (March 26, 2008)

**LEGAL NOTICE**

LD-18316 (March 26, 2008)

**LEGAL NOTICE**

Notice of Formation of All The Kings Horses, LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 2/25/08. Office location: Albany Co. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The LLC, 100 Vandam St., 5th Fl., NY, NY 10013. Purpose: any lawful activities. LD-18317 (March 26, 2008)

**LEGAL NOTICE**

Notice of Qualification of Worth Media Group, LLC. Authority filed with Secy. of State of NY (SSNY) on 2/26/08. Office location: Albany County. LLC formed in Delaware (DE) on 2/13/08. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Delaney Corporate Services, Ltd., 41 State St., Ste 405, Albany, NY 12207. Address to be maintained in DE: Corporation Trust Center, 1209 Orange St., Wilmington, DE 19801. Arts. of Org. filed with DE Secy. Of State, 401 Federal St., Ste 4., Dover, DE 19901. Purpose: any lawful activities. LD-18318 (March 26, 2008)

**LEGAL NOTICE**

Notice of Qualification of Batavia Shopping Center LLC. Authority filed with Secy. of State of NY (SSNY) on 2/28/08. Office location: Albany County. LLC formed in Delaware (DE) on 6/25/07. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o National Registered Agents, Inc., 875 Ave of the Americas, Ste 501, NY, NY 10001. Address to be maintained in DE: 160 Greentree Dr., Ste 101, Dover, DE 19904. Arts. of Org. filed with DE Secy. Of State, 401 Federal St., Ste 4., Dover, DE 19901. Purpose: any lawful activities. LD-18319 (March 26, 2008)

**LEGAL NOTICE**

Notice of Qualification of Trading & Transportation Management LLC. Authority filed with Secy. of State of NY (SSNY) on 11/7/07. Office location: Albany County. LLC formed in Delaware (DE) on 9/30/07. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The LLC, 101 Ash St., Corporate Law, San Diego, CA 92101. Address to be maintained in DE: 160 Greentree Dr., Ste 101, Dover, DE 19904. Arts. of Org. filed with DE Secy. Of State, 401 Federal St., Ste 4., Dover, DE 19901. Purpose: any lawful activities. LD-18320 (March 26, 2008)

**LEGAL NOTICE**

Notice of Qualification of Sempra Metals & Concentrates LLC. Authority filed with Secy. of State of NY (SSNY) on 11/08/07. Office location: Albany County. LLC formed in Delaware (DE) on 2/26/02. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The LLC, 101 Ash St. HQ 13, San Diego, CA 92101. Address to be maintained in DE: 160 Greentree Dr., Ste 101, Dover, DE 19904. Arts. of Org. filed with DE Secy. Of State, 401 Federal St., Ste 4., Dover, DE 19901. Purpose: any lawful activities. LD-18321 (March 26, 2008)

**LEGAL NOTICE**

Notice of Qualification of Sempra Metals Services

**LEGAL NOTICE**

LLC. Authority filed with Secy. of State of NY (SSNY) on 11/7/07. Office location: Albany County. LLC formed in Delaware (DE) on 2/15/02. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The LLC, 101 Ash St. HQ13, San Diego, CA 92101. Address to be maintained in DE: 160 Greentree Dr., Ste 101, Dover, DE 19904. Arts. of Org. filed with DE Secy. Of State, 401 Federal St., Ste 4., Dover, DE 19901. Purpose: any lawful activities. LD-18322 (March 26, 2008)

**LEGAL NOTICE**

Notice of Qualification of NETS New England, LLC. Authority filed with Secy. of State of NY (SSNY) on 1/17/08. Office location: Schenectady County. LLC formed in New Hampshire (NH) on 8/16/07. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Incorp Services, Inc., 41 State St., Ste. 405, Albany, NY 12207-2827. Address to be maintained in NH: 4 Cote Ave., Unit #10, Goffstown, NH 03045. Arts. of Org. filed with NH Secy. Of State, 107 North Main St., Concord, NH 03301-4989. Purpose: any lawful activities. LD-18324 (March 26, 2008)

**LEGAL NOTICE**

Notice of Formation of Tate LLC. Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 02/27/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corporate Svcs Corp., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-18325 (March 26, 2008)

**LEGAL NOTICE**

Notice of Formation of MorrisAllsop LLC. Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 08/09/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corporate Svcs Corp., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-18326 (March 26, 2008)

**LEGAL NOTICE**

Notice of Formation of Platinum Mobility Leasing, LLC. Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 02/27/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corporate Svcs Corp., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-18327 (March 26, 2008)

**LEGAL NOTICE**

Notice of Formation of NM Capital Group LLC. Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 08/31/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corporate Svcs Corp., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-18328 (March 26, 2008)

**LEGAL NOTICE**

Notice of Formation of MPA Consulting LLC. Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 02/28/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served.

**LEGAL NOTICE**

SSNY shall mail process to: Allstate Corporate Svcs Corp., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-18329 (March 26, 2008)

**LEGAL NOTICE**

Notice of Formation of Capitol City Management Group LLC. Arts. of Org. filed with Secy. of State of N.Y. (SSNY) on 2/22/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Phillips Lytle LLP, 437 Madison Avenue, NY, NY 10022. Purpose: any lawful activity. LD-18330 (March 26, 2008)

**LEGAL NOTICE**

Notice of Formation of State Street Capitol Investors Group LLC. Arts. of Org. filed with Secy. of State of N.Y. (SSNY) on 2/21/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Phillips Lytle LLP, 437 Madison Avenue, NY, NY 10022. Purpose: any lawful activity. LD-18331 (March 26, 2008)

**LEGAL NOTICE**

Notice of Formation of FURIA FARMS, LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 2/21/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to principal business location: c/o Furia Roofing, Inc., 2 Monhegan Street, Clifton, NJ 07013. Purpose: any lawful activity. LD-18332 (March 26, 2008)

**LEGAL NOTICE**

Notice of Formation of FURIA PROPERTIES, LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 2/21/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to principal business location: c/o Furia Roofing, Inc., 2 Monhegan Street, Clifton, NJ 07013. Purpose: any lawful activity. LD-18333 (March 26, 2008)

**LEGAL NOTICE**

Notice of Formation of 319 S. MANNING BLVD. 206 LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 1/10/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to principal business location: c/o Bryan Bilfield, 27 Schuyler Hills Road, Loudonville, NY 12211. Purpose: any lawful activity. LD-18334 (March 26, 2008)

**LEGAL NOTICE**

Notice of Qualification of HARRELLS, LLC. Authority filed with Secy. of State of N.Y. (SSNY) on 2/7/08. Office location: Albany County. LLC formed in Florida (FL) on 12/20/07. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o CT Corporation System, 111 8th Ave., NY, NY 10011, registered agent upon whom process may be served. FL address of LLC: 720 Kraft Rd., Lakeland, FL 33815. Arts. of Org. filed with FL Secy. of State, P.O. Box 6327, Tallahassee, FL 32301. Purpose: all lawful purposes. LD-18335 (March 26, 2008)

**LEGAL NOTICE**

Notice of Formation of TRIPLE MANGOS LLC. Arts. of Org. was filed with SSNY on 2/19/08. Office location: Albany County. SSNY designated as agent of LLC whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State Street, 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services, Inc. at the same address. Purpose: all lawful activities. LD-18341 (March 26, 2008)

**LEGAL NOTICE**

LONGFIELD LLC. Arts. of Org. was filed with SSNY on 2/29/08. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-18336 (March 26, 2008)

**LEGAL NOTICE**

Notice of Formation of MONTAGUE LLC. Arts. of Org. was filed with SSNY on 2/29/08. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-18337 (March 26, 2008)

**LEGAL NOTICE**

Notice of Formation of SHORTLAND LLC. Arts. of Org. was filed with SSNY on 2/29/08. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-18338 (March 26, 2008)

**LEGAL NOTICE**

Notice of Formation of X-PAC LLC. Arts. of Org. was filed with SSNY on 2/29/08. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-18339 (March 26, 2008)

**LEGAL NOTICE**

Notice of Formation of SKY AGENCY LLC. Arts. of Org. was filed with SSNY on 2/29/08. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-18340 (March 26, 2008)

**LEGAL NOTICE**

Notice of Formation of BLUE TIME LLC. Arts. of Org. was filed with SSNY on 2/19/08. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o Ed Rich, c/o Silver Rail Property Management, LLC, 523 Avenue of the Americas, Suite 3, New York, New York 10011. Purpose: For any lawful purpose. LD-18346 (March 26, 2008)

**LEGAL NOTICE**

Notice of Formation of TRIPLE MANGOS LLC. Arts. of Org. was filed with SSNY on 2/19/08. Office location: Albany County. SSNY designated as agent of LLC whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State Street, 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services, Inc. at the same address. Purpose: all lawful activities. LD-18341 (March 26, 2008)

**LEGAL NOTICE**

LD-18342 (March 26, 2008)

**LEGAL NOTICE**

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: BINX LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 01/29/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Elizabeth Hare, c/o Ross Wisdom, CPA, PLLC, 29 Broadway, Suite 1412, New York, New York 10006. Purpose: For any lawful purpose. LD-18343 (March 26, 2008)

**LEGAL NOTICE**

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: MONKEY BEACH MANAGEMENT, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 01/29/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Berlin & Blau, Attorneys at Law, 444 Merrick Road, Suite 102, Lynbrook, New York 11563. Purpose: For any lawful purpose. LD-18344 (March 26, 2008)

**LEGAL NOTICE**

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC). Name of LLC is SARATOGA RESTAURANT HOSPITALITY LLC. Articles of Organization filed with NY Secretary of State, February 19, 2008. Purpose is to engage in any lawful act or activity. Office of LLC located in Albany County. Secretary of State is agent for process against LLC. Secretary of State shall mail copy of process to LLC at 302 Washington Avenue Extension, Albany, NY 12203. LD-18345 (March 26, 2008)

**LEGAL NOTICE**

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: RICH ASSET MANAGEMENT, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 02/13/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Ed Rich, c/o Silver Rail Property Management, LLC, 523 Avenue of the Americas, Suite 3, New York, New York 10011. Purpose: To engage in any lawful activity. LD-18352 (March 26, 2008)

**LEGAL NOTICE**

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: THE STERN GLOBAL GROUP LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 02/20/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Barry Kitaef, c/o Matthews & Co., LLP, 270 Madison Avenue, New York, New York 10016. Purpose: For any lawful purpose. LD-18347 (March 26, 2008)

**LEGAL NOTICE**

NOTICE OF FORMATION OF PROFESSIONAL SERVICE LIMITED LIABILITY COMPANY. NAME: STEVEN L. LYSENKO DMD, PLLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 01/10/08. The latest date of dissolution is 12/31/2108. Office location: Albany County. SSNY has been designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail a copy of process to the PLLC, 17 Maple Road, Voorheesville, New York 12186. Purpose: For the practice of the profession of Dentistry. LD-18348 (March 26, 2008)

**LEGAL NOTICE**

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: ENBEE GIFTS LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 03/03/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Berlin & Blau, Attorneys at Law, 444 Merrick Road, Suite 102, Lynbrook, New York 11563. Purpose: For any lawful purpose. LD-18349 (March 26, 2008)

**LEGAL NOTICE**

Notice of formation of YEKA PROPERTIES, LLC a NYS LLC Formation filed with SSNY on 01/30/08. Off. Loc.: Albany Co. SSNY designated as agt. of LLC, upon whom process may be served. SSNY shall mail copy of process to: The LLC, 203 Ditmas Avenue, Brooklyn, NY 11218. Purpose: Any Lawful purposes. LD-18351 (March 26, 2008)

**LEGAL NOTICE**

Legal Notice BWAY BKLYN LLC Notice of Organization: BWAY BKLYN LLC was filed with SSNY 6/28/06. Office: Albany County. SSNY designated as agent of LLC upon whom process may be served. P.O. address which SSNY shall mail any process against the LLC served upon him: c/o BWAY BKLYN LLC, 61 7th Avenue South, New York, NY 10014 Purpose: To engage in any lawful activity LD-18352 (March 26, 2008)

**LEGAL NOTICE**

Notice of Formation Oswald Associates, LLC art. of org. filed Secy. of State NY (SSNY) 2/2/06. Off. loc. in Albany Co. SSNY designated as agent of LLC upon whom process may be served. SSNY shall mail copy of process to: Dutch Village Apartments, Apt. # 18-2R, Menands, NY 12004. Purpose: All lawful purposes. LD-18365 (March 26, 2008)

**LEGAL NOTICE**

Strategic Response Initiatives, LLC (formerly: S&R Executive Internet Services, LLC) Notice of Formation of Limited Liability Company Articles of Organization of Strategic Response Initiatives, LLC (formerly: S&R Executive Internet Services, LLC) (the "LLC") were filed with the New York State Department of State ("NYS-DOS") on November 10, 2004. Office location: Albany County. The Secretary of State is designated as agent of the LLC upon whom process against it may be served. The Secretary of State shall mail a copy of any process to c/o Robert L.

**LEGAL NOTICE**

Domenici, 38 Ausable Forks, Albany, NY 12205. The LLC does not have a specific date of dissolution. Purpose: all legal purposes.  
Filer: Lavelle & Finn, LLP  
Address: 29 British American Boulevard  
Latham, New York 12110  
LD-18369  
(March 26, 2008)

**LEGAL NOTICE**

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: AQUARIUS PROPERTIES, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 01/17/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Hubell & Associates LLC, 100 Park Avenue, 20th Floor, New York, New York 10017. Purpose: For any lawful purpose.  
LD-18370  
(March 26, 2008)

**LEGAL NOTICE**

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: PENSION ASSET RECOVERY GROUP, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 01/24/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Hubell & Associates LLC, 100 Park Avenue, 20th Floor, New York, New York 10017. Purpose: For any lawful purpose.  
LD-18371  
(March 26, 2008)

**LEGAL NOTICE**

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: RMR APARTMENTS LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 03/04/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 38 West 32nd Street, Suite 1005, New York, New York 10001. Purpose: For any lawful purpose.  
LD-18372  
(March 26, 2008)

**LEGAL NOTICE**

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: NON-FICTION HOLDINGS LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 02/27/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 35 East 35th Street, Apartment 4E, New York, New York 10016. Purpose: For any lawful purpose.  
LD-18373  
(March 26, 2008)

**LEGAL NOTICE**

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: 602 PACIFIC STREET REALTY LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 03/04/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Michael Kauffman, 620 Fifth Avenue, New York, New York 10020. Purpose: For any lawful purpose.

**LEGAL NOTICE**

LD-18374  
(March 26, 2008)

**LEGAL NOTICE**

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: JOHN SPENCER DESIGN LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 03/05/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 138 Fulton Street, Suite 4B, New York, New York 10038. Purpose: For any lawful purpose.  
LD-18375  
(March 26, 2008)

**LEGAL NOTICE**

Notice of Qualification of Nighthawk Radiology Services, LLC. Authority filed with NY Dept. of State on 2/21/08. Office location: Albany County. LLC formed in Idaho (ID) on 5/24/01. NY Secy. of State designated as agent of LLC upon whom process against it may be served and shall mail process to: c/o Corporation Service Co., 80 State St., Albany, NY 12207. ID address of the LLC: 250 Northwest Blvd., #202, Coeur d'Alene, ID 83814. Arts. of Org. filed with ID Secy. of State, PO Box 83720, Boise, ID 83720. Purpose: general radiology and business services.  
LD-18376  
(March 26, 2008)

**LEGAL NOTICE**

Name of LLC: Pine Mobile Home Park, LLC. Arts. of Org. filed with NY Dept. of State on 1/31/08. Office location: Albany County. Secy. of State designated as agent of LLC upon whom process against it may be served and shall mail process to: 1209 Helderberg Trail, Berne, NY 12023. Purpose: any lawful activity.  
LD-18377  
(March 26, 2008)

**LEGAL NOTICE**

Notice of Formation of SO-LARTIUM LLC. Arts. of Org. was filed with SSNY on 3/04/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities.  
LD-18379  
(March 26, 2008)

**LEGAL NOTICE**

Notice of Formation of VINERSFIELD LLC. Arts. of Org. was filed with SSNY on 3/05/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities.  
LD-18380  
(March 26, 2008)

**LEGAL NOTICE**

Notice of Formation of BAN-NAGHTAN LLC. Arts. of Org. was filed with SSNY on 3/05/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities.  
LD-18381  
(March 26, 2008)

**LEGAL NOTICE****LEGAL NOTICE**

Notice of Formation of DOOLISH LLC. Arts. of Org. was filed with SSNY on 3/05/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities.  
LD-18382  
(March 26, 2008)

**LEGAL NOTICE**

Notice of Formation of DEANSGATE LLC. Arts. of Org. was filed with SSNY on 3/05/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities.  
LD-18383  
(March 26, 2008)

**LEGAL NOTICE**

Notice of Formation of PRIMESTONE LLC. Arts. of Org. was filed with SSNY on 3/05/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities.  
LD-18384  
(March 26, 2008)

**LEGAL NOTICE**

Notice of Formation of STARVAZEY LLC. Arts. of Org. was filed with SSNY on 3/05/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities.  
LD-18385  
(March 26, 2008)

**LEGAL NOTICE**

Notice of Formation of ROM-FORD LLC. Arts. of Org. was filed with SSNY on 3/05/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities.  
LD-18386  
(March 26, 2008)

**LEGAL NOTICE**

Notice of Formation of STERNGATE LLC. Arts. of Org. was filed with SSNY on 3/05/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities.  
LD-18387  
(March 26, 2008)

**LEGAL NOTICE**

Notice of Formation of MILDERATE LLC. Arts. of Org. was filed with SSNY on 3/05/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered

**LEGAL NOTICE**

agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities.  
LD-18388  
(March 26, 2008)

**LEGAL NOTICE**

Notice of Formation of STAGESTORM LLC. Arts. of Org. was filed with SSNY on 3/05/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State Street-3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities.  
LD-18389  
(March 26, 2008)

**LEGAL NOTICE**

Notice of Formation of ASKA HOLDINGS LLC. Arts. of Org. was filed with SSNY on 2/25/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o the LLC, 46 State Street, 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services, Inc. at the same address. Purpose: all lawful activities.  
LD-18390  
(March 26, 2008)

**LEGAL NOTICE**

Notice of Formation of KINESIS DESIGN LLC. Arts. of Org. was filed with SSNY on 1/30/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State Street, 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services, Inc. at the same address. Purpose: all lawful activities.  
LD-18391  
(March 26, 2008)

**LEGAL NOTICE**

Notice of Formation of Riposte Solutions Consultancy S. LLC. Arts. of Org. was filed with SSNY on 2/26/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State Street, 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services, Inc. at the same address. Purpose: all lawful activities.  
LD-18392  
(March 26, 2008)

**LEGAL NOTICE**

Notice of Formation of Rumi Realty LLC. Arts. of Org. filed with Secy. Of State of N.Y. (SSNY) on 02/14/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corporate Svcs Corp., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity.  
LD-18394  
(March 26, 2008)

**LEGAL NOTICE**

Notice of Formation of Pinpoint Technologies Too, LLC. Arts. of Org. filed with Secy. Of State of N.Y. (SSNY) on 03/04/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corporate Svcs Corp., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity.  
LD-18395  
(March 26, 2008)

**LEGAL NOTICE**

Notice of Formation of 266 Kingstons Ave. Realty LLC. Arts. of Org. filed with Secy. Of State of N.Y. (SSNY) on 02/13/08. Office loca-

**LEGAL NOTICE**

tion: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corporate Svcs Corp., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity.  
LD-18396  
(March 26, 2008)

**LEGAL NOTICE**

Notice of Formation of Weddingjack LLC. Arts. of Org. filed with Secy. Of State of N.Y. (SSNY) on 03/06/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corporate Svcs Corp., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity.  
LD-18396  
(March 26, 2008)

**LEGAL NOTICE**

Notice of Formation of Jason Shelowitz Design LLC. Arts. of Org. filed with Secy. Of State of N.Y. (SSNY) on 01/15/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corporate Svcs Corp., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity.  
LD-18397  
(March 26, 2008)

**LEGAL NOTICE**

Notice of Formation of Executor Services LLC. Arts. of Org. filed with Secy. Of State of N.Y. (SSNY) on 02/29/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corporate Svcs Corp., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity.  
LD-18398  
(March 26, 2008)

**LEGAL NOTICE**

Notice of Formation of Beekman Development Associates LLC. Arts. of Org. filed with Secy. Of State of N.Y. (SSNY) on 09/07/07. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The LLC, 5 E.17th St., 2nd Fl., New York, NY 10003. Purpose: any lawful activity.  
LD-18399  
(March 26, 2008)

**LEGAL NOTICE**

Notice of Qualification of Authority Contractors, LLC. Authority filed with NY Dept. of State on 2/29/08. Office location: Albany County. Principal business address: 1400 Aviation Way, Bridgeport, WV 26330. LLC formed in Delaware (DE) on 2/7/08. NY Secy. of State designated as agent of LLC upon whom process against it may be served and shall mail process to: c/o CT Corporation System, 111 8th Ave., NY, NY 10011, registered agent upon whom process against it may be served. DE address of LLC: 1209 Orange St., Wilmington, DE 19801. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: any lawful activity.  
LD-18406  
(March 26, 2008)

**LEGAL NOTICE**

NOTICE OF FORMATION OF LLC  
TIPI Enterprises, LLC, filed Articles of Organization with the New York Secretary of State on March 6, 2008. Its office is located in Albany County. The Secretary of State has been designated as agent upon whom process may be served and shall mail a copy of any process served on him or her to the LLC, c/o McNamee, Lochner, Titus & Williams, P.C.,

**LEGAL NOTICE**

677 Broadway, Albany, NY 12207. The street address of the principal business location is 677 Broadway, Albany, NY 12207. Its business is to engage in any lawful activity for which limited liability companies may be organized under Section 203 of the New York Limited Liability Company Act.  
LD-18411  
(March 26, 2008)

**LEGAL NOTICE**

Notice of formation of limited liability company (LLC). Name of LLC: Shelly Belly, LLC. Articles of Organization filed with the Secretary of State of New York (SSNY) on February 26, 2008. Business location: 97 Lisha Kill Road, Albany, New York 12205, Albany County. SSNY has been designated as agent of LLC upon whom process against it may be served. SSNY shall mail a copy of any process against the LLC served upon it to: 97 Lisha Kill Road, Albany, New York 12205. LLC has been formed to engage in any lawful act or activity.  
LD-18412  
(March 26, 2008)

**LEGAL NOTICE**

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: 541 86th REALTY LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 02/22/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 8815 Third Avenue, Brooklyn, New York 11209. Purpose: For any lawful purpose.  
LD-18413  
(March 26, 2008)

**LEGAL NOTICE**

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: LESTER'S NYC REALTY PARTNERS LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 03/05/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Perry Schorr, 2411 Coney Island Avenue, Brooklyn, New York 11223. Purpose: For any lawful purpose.  
LD-18414  
(March 26, 2008)

**LEGAL NOTICE**

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: ALTAMONT CONSULT, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 02/26/08. The latest date of dissolution is 12/31/2107. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 25 Sunset Drive, Altamont, New York 12009. Purpose: For any lawful purpose.  
LD-18415  
(March 26, 2008)

**LEGAL NOTICE**

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: NEW YORK FUND MANAGEMENT, LLC. Application for Authority was filed with the Secretary of State of New York (SSNY) on 02/27/08. The LLC was originally filed with the Secretary of State of Delaware on 02/22/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC,

**LEGAL NOTICE**

c/o George Cacoulidis, 590 Madison Avenue, 21st Floor, New York, New York 10022. Purpose: For any lawful purpose.  
LD-18416  
(March 26, 2008)

**LEGAL NOTICE**

Notice of Qualification of Source Interlink Magazines, LLC. Authority filed with Secy. of State of N.Y. (SSNY) on 2/28/08. Office location: Albany County. Principal business location: 275000 Riverview Center Blvd., Bonita Springs, FL 34134. LLC formed in Delaware (DE) on 4/24/00. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Company, 80 State St., Albany, NY 12207. DE address of LLC: 2711 Centerville Road, Ste. 400, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: magazine publishing.  
LD-18417  
(March 26, 2008)

**LEGAL NOTICE**

Notice of Formation of Stanford Crossing, LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 3/4/08. Office location: Albany County. Principal business location: c/o Harlow, Adams & Friedman, P.C., 300 Bic Drive, Milford, CT 06461. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Corporation Service Company, 80 State St., Albany, NY 12207. Purpose: any lawful activity.  
LD-18418  
(March 26, 2008)

**LEGAL NOTICE**

Notice of Qualification of GIND, LLC. Authority filed with Secy. of State of N.Y. (SSNY) on 3/6/08. Office location: Albany County. LLC formed in Massachusetts (MA) on 4/30/04. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: United Corporate Services, Inc., 10 Bank St., Ste. 560, White Plains, NY 10606, registered agent upon whom process may be served. MA address of LLC: c/o CMI Property Management, Inc., 918 Providence Hwy., Norwood, MA 02062. Arts. of Org. filed with MA Secy. of State, One Ashburton Place, Boston, MA 02108. Purpose: any lawful activity.  
LD-18419  
(March 26, 2008)

**LEGAL NOTICE**

Notice of Formation of Brick City TV, LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 2/29/08. Office location: Albany Co. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC, 601 W. 26th St., Ste. 1776, NY, NY 10001. Purpose: any lawful activities.  
LD-18420  
(March 26, 2008)

**LEGAL NOTICE**

Notice of Formation of Cabana 33 Productions, LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 2/29/08. Office location: Albany Co. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The LLC, 230 West 56th St., Ste. 62D, NY, NY 10019. Purpose: any lawful activities.  
LD-18421  
(March 26, 2008)

**LEGAL NOTICE**

Notice of Formation of BELL-TEX COMMUNICATIONS LLC. Arts. of Org. was filed with SSNY on 3/13/08. Office location: Albany County. SSNY designated as agent of LLC upon whom process against



**LEGAL NOTICE**

may be served. SSNY shall mail process to: c/o The LLC, 46 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-18422 (March 26, 2008)

**LEGAL NOTICE**

**NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: SOURCE BUILDERS & CONSULTANTS, LLC.** Articles of Organization were filed with the Secretary of State of New York (SSNY) on 02/25/08. The latest date of dissolution is 12/31/2058. Office location: Albany County, SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Jack Gold, c/o Siben & Siben, LLP, 90 East Main Street, Bay Shore, New York 11706. Purpose: For any lawful purpose. LD-18423 (March 26, 2008)

**LEGAL NOTICE**

**NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: K & M 38th STREET LLC.** Articles of Organization were filed with the Secretary of State of New York (SSNY) on 03/03/08. Office location: Albany County, SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 34-11 38th Street, Long Island City, New York 11106. Purpose: For any lawful purpose. LD-18424 (March 26, 2008)

**LEGAL NOTICE**

**NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: EIGHT TWELVE PRODUCTIONS, LLC.** Articles of Organization were filed with the Secretary of State of New York (SSNY) on 02/25/08. Office location: Albany County, SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Matthews & Co, LLP, 270 Madison Avenue, 16th Floor, New York, New York 10016. Purpose: For any lawful purpose. LD-18425 (March 26, 2008)

**LEGAL NOTICE**

**NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: E. B. McCABE, LLC.** Articles of Organization were filed with the Secretary of State of New York (SSNY) on 12/21/07. Office location: Albany County, SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Elizabeth B. McCabe, 350 Albany Street, Apartment 4Q, New York, New York 10280. Purpose: For any lawful purpose. LD-18426 (March 26, 2008)

**LEGAL NOTICE**

**NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: 150 WEST END AVE 1E LLC.** Articles of Organization were filed with the Secretary of State of New York (SSNY) on 03/10/08. Office location: Albany County, SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 150 West End Avenue, 1E, New York, New York 10069. Purpose: For any lawful purpose.

**LEGAL NOTICE**

LD-18427 (March 26, 2008)

**LEGAL NOTICE**

**NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: MAPLE-TON PLUMBING SUPPLIES LLC.** Articles of Organization were filed with the Secretary of State of New York (SSNY) on 03/12/08. Office location: Albany County, SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 1611 56th Street, Brooklyn, New York 11204. Purpose: For any lawful purpose. LD-18428 (March 26, 2008)

**LEGAL NOTICE**

**NOTICE OF FORMATION OF PROFESSIONAL SERVICE LIMITED LIABILITY COMPANY. NAME: THE TZANIDES LAW FIRM, PLLC.** Articles of Organization were filed with the Secretary of State of New York (SSNY) on 03/12/08. Office location: Albany County, SSNY has been designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail a copy of process to the PLLC, c/o Kirk P. Tzanides, 118 83rd Street, Brooklyn, New York 11209. Purpose: For the practice of the profession of Law. LD-18429 (March 26, 2008)

**LEGAL NOTICE**

**NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: 1327-1329 BUSHWICK AVENUE, LLC.** Articles of Organization were filed with the Secretary of State of New York (SSNY) on 03/12/08. Office location: Albany County, SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 1327 Bushwick Avenue, Brooklyn, New York. Purpose: For any lawful purpose. LD-18430 (March 26, 2008)

**LEGAL NOTICE**

**NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: 164 DUNE ROAD LLC.** Articles of Organization were filed with the Secretary of State of New York (SSNY) on 03/12/08. Office location: Albany County, SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 164 Dune Road, Quogue, New York 11959. Purpose: For any lawful purpose. LD-18431 (March 26, 2008)

**LEGAL NOTICE**

**NOTICE OF FORMATION OF PROFESSIONAL SERVICE LIMITED LIABILITY COMPANY. NAME: ROTHSTEIN LAW PLLC.** Articles of Organization were filed with the Secretary of State of New York (SSNY) on 03/13/08. Office location: Albany County, SSNY has been designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail a copy of process to the PLLC, 11 Park Place, Suite 1801, New York, New York 10007. Purpose: For the practice of the profession of Law. LD-18432 (March 26, 2008)

**LEGAL NOTICE**

**NEW HUE LLC (the "LLC")** filed Certificate of Conversion with the NY Secretary of

**LEGAL NOTICE**

State ("SOS") on 03/10/2008. LLC office is in Albany County, NY. SOS was designated as agent of the LLC upon whom process against it may be served. SOS shall mail copy of process served to New Hue LLC, 911 Central Avenue, #202, Albany, New York 12206. The purpose is any lawful act or activity. LD-18434 (March 26, 2008)

**LEGAL NOTICE**

**B & H - INTERNATIONAL CONSULTING SERVICES LLC** was filed with the SSNY on 02/14/08. Office: Albany County, SSNY designated as agent of LLC whom process against it may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: c/o Vanguard Corporate Services, Ltd., 307 Hamilton Street, Albany, NY 12210. Purpose: any lawful purpose. LD-18435 (March 26, 2008)

**LEGAL NOTICE**

**Notice of Qualification of TEAMSTERS LOCAL 802, LLC.** Authority filed with Secy. of State of N.Y. (SSNY) on 3/10/08. Office location: Albany County, LLC formed in Delaware (DE) on 2/15/08. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Company, 80 State St., Albany, NY 12207. DE address of LLC: 2711 Centerville Road, Ste. 400, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: real estate. LD-18436 (March 26, 2008)

**LEGAL NOTICE**

**Notice of Qualification of Marcap LLC.** Authority filed with Secy. of State of N.Y. (SSNY) on 2/25/2008. Fictitious name in NY State: Marcap Capital LLC. Office location: Albany County, Principal business location: 71 South Wacker Drive, Ste. 4600, Chicago, IL 60606. LLC formed in Delaware (DE) on 12/3/1969. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Corporation Service Company, 80 State St., Albany, NY 12207. DE address of LLC: 2711 Centerville Road, Ste. 400, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: any lawful activity. LD-18437 (March 26, 2008)

**LEGAL NOTICE**

**Notice of Formation of a Domestic Limited Liability Company (LLC)** Name of LLC is Silver Ocean LLC. Articles of Organization filed with the Secretary of State of New York on December 5, 2007. Purpose of LLC - engage in any lawful act or activity. The principal business location is at 228 Delaware Ave, Delmar, NY. Secretary of State designated agent for service of process against LLC. Secretary of State shall mail copy of process to 87 Crescent Creek Way, Selkirk, New York 12158 LD-18441 (March 26, 2008)

**LEGAL NOTICE**

**Notice of Qualification of Healthways Healthtrends, LLC.** Authority filed with Secy. of State of NY (SSNY) on 2/21/08. Office location: Albany County, LLC formed in Delaware (DE) on 3/28/06. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o National Registered Agents, Inc., 875 Ave of the Americas, Ste 501, NY, NY 10001. Address to be maintained in DE: 160 Greentree Dr., Ste 101, Dover, DE 19904. Arts. of Org. filed

**LEGAL NOTICE**

with DE Secy. Of State, 401 Federal St., Ste 4., Dover, DE 19901. Purpose: any lawful activities. LD-18442 (March 26, 2008)

**LEGAL NOTICE**

**NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: 181 S. 2nd STREET, LLC.** Articles of Organization were filed with the Secretary of State of New York (SSNY) on 03/14/08. The latest date of dissolution is 12/31/2107. Office location: Albany County, SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Nicki Petrone, 1548 Stadium Avenue, Bronx, New York 10465. Purpose: For any lawful purpose. LD-18443 (March 26, 2008)

**LEGAL NOTICE**

**NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: 25 DEVOE REALTY LLC.** Articles of Organization were filed with the Secretary of State of New York (SSNY) on 03/05/08. Office location: Albany County, SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 227 Ainslie Street, Brooklyn, New York 11211. Purpose: For any lawful purpose. LD-18444 (March 26, 2008)

**LEGAL NOTICE**

**NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: SHADINE REALTY GROUP, LLC.** Articles of Organization were filed with the Secretary of State of New York (SSNY) on 02/20/08. Office location: Albany County, SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Law Offices of David C. Berg, 425 Madison Avenue, 11th Floor, New York, New York 10017-1110. Purpose: For any lawful purpose. LD-18445 (March 26, 2008)

**LEGAL NOTICE**

**NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: WEDNESDAY PROPERTIES, LLC.** Articles of Organization were filed with the Secretary of State of New York (SSNY) on 01/29/08. Office location: Albany County, SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Law Offices of David C. Berg, 425 Madison Avenue, 11th Floor, New York, New York 10017-1110. Purpose: For any lawful purpose. LD-18446 (March 26, 2008)

**LEGAL NOTICE**

**NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: KARRDIM, LLC.** Articles of Organization were filed with the Secretary of State of New York (SSNY) on 03/12/08. Office location: Albany County, SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o Law Offices of David C. Berg, 425 Madison Avenue, 11th Floor,

**LEGAL NOTICE**

New York, New York 10017-1110. Purpose: For any lawful purpose. LD-18447 (March 26, 2008)

**LEGAL NOTICE**

**Notice of Formation of Soons Family Enterprises, LLC.** Arts. of Org. filed with Secy. of State of NY (SSNY) on 2/15/08. Office location: Albany Co. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The LLC, 11 Albright Place, Delmar, NY 12054. Purpose: any lawful activities. LD-18448 (March 26, 2008)

**LEGAL NOTICE**

**Notice of Formation of SOUTH EAST EUROPEAN TRADING & CONSULTING LLC.** Arts. of Org. was filed with SSNY on 3/10/08. Office location: Albany County, SSNY designated as agent of LLC whom process against it may be served. SSNY shall mail process to: c/o The LLC, 43 State Street- 3rd Floor, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. LD-18449 (March 26, 2008)

**LEGAL NOTICE**

**Notice of Formation of Demacus, LLC.** Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 03/06/08. Office location: Albany County, SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corporate Svcs Corp., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-18451 (March 26, 2008)

**LEGAL NOTICE**

**Notice of Formation of 469 Maple LLC.** Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 12/26/07. Office location: Albany County, SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corporate Svcs Corp., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-18452 (March 26, 2008)

**LEGAL NOTICE**

**Notice of Formation of LG Sales & Marketing LLC.** Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 03/12/08. Office location: Albany County, SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corporate Svcs Corp., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-18453 (March 26, 2008)

**LEGAL NOTICE**

**Notice of Formation of Living in Digital Times, LLC.** Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 03/06/08. Office location: Albany County, SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate Corporate Svcs Corp., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-18454 (March 26, 2008)

**LEGAL NOTICE**

**Notice of Formation of J & S Schechter Associates LLC.** Arts Of Org. filed with Secy. Of State of N.Y. (SSNY) on 03/12/08. Office location: Albany County, SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Allstate

**LEGAL NOTICE**

Corporate Svcs Corp., 41 State St., Ste. 415, Albany, NY 12207. Purpose: any lawful activity. LD-18455 (March 26, 2008)

**LEGAL NOTICE**

**BETHLEHEM CENTRAL SCHOOL DISTRICT NOTICE TO BIDDERS**  
The Board of Education of the Bethlehem Central School District hereby invites the submission of sealed bids in accordance with Section 103 of the General Municipal Law for the following:  
**ARTS AND CRAFTS SUPPLIES**  
**MAGAZINES AND PERIODICALS**  
**PHYSICAL EDUCATION & ATHLETIC SUPPLIES**  
Sealed bids will be received until 2:00 p.m., prevailing time, on Monday, April 14, 2008, at the office of the Business Administrator at Bethlehem Central School District, 90 Adams Place, Delmar, New York, at which time and place all bids will be publicly opened. Specifications and bid forms may be obtained at the same office. The Board of Education reserves the right to reject any or all bids. Any bids submitted will be binding for 90 days subsequent to the date of bid opening.

Board of Education  
**STEVEN O'SHEA**  
District Clerk  
DATE: 3/24/2008  
LD-18458  
(March 26, 2008)

**LEGAL NOTICE**

**LEGAL NOTICE OF PUBLIC HEARING, BUDGET VOTE AND ELECTION NOTICE IS HEREBY GIVEN,** that a Public Hearing on the proposed 2008-2009 Budget for the Bethlehem Central School District shall be held at the Educational Services Center located at 90 Adams Place, Delmar, Albany County, New York, on Wednesday, May 7, 2008 at 7:00 p.m., Prevailing Time. The budget will be available for review commencing on April 30, 2008 at the Educational Services Center, 90 Adams Place, Delmar, New York, and the offices of each Elementary School, the Middle School and the High School of the District. **AND NOTICE IS FURTHER GIVEN** that the election of candidates to the Bethlehem Central School Board of Education and the budget vote will be held on Tuesday, May 20, 2008 between the hours of 7:00 a.m. and 9:00 p.m., prevailing time, in the upper gymnasium of the Bethlehem Central High School, 700 Delaware Avenue, Delmar, Albany County, New York, at which time the polls will be opened to vote by voting machine on the following items:

1. To adopt the annual budget of the Bethlehem Central School District for the fiscal year 2008-2009 and to authorize the requisite portion therefore to be raised by taxation on the taxable property of the District.
2. To elect three (3) members of the Board of Education to a three (3) year term commencing on July 1, 2008 and expiring on June 30, 2011 to succeed Jim Dering, Robin Storey and Warren Stoker, whose terms expire on June 30, 2008.
3. To adopt the annual amount to be raised by taxation on the taxable property of the District for the Bethlehem Public Library.
4. To elect two (2) trustees to the Board of Trustees of the Bethlehem Public Library, for a five (5) year term commencing on July 1, 2008 and expiring on June 30, 2013.
5. To vote on the following proposition:  
**PROPOSITION #2**  
**RESOLVED,** that the Board of Education of the Bethlehem Central School District, is hereby authorized to (1) acquire school vehicles at a cost not to exceed \$1,356,766 which is estimated to be the maximum cost thereof, (2) expend such sums for such purpose, (3) levy the tax necessary

**LEGAL NOTICE**

therefor, to be levied and collected in annual installments in such years and in such amounts as may be determined by the Board of Education, taking into account state aid received, and (4) in anticipation of the collection of such tax, to issue bonds and notes of the District at one time or from time to time in the principal amount not to exceed \$1,356,766, or enter into a lease-purchase agreement at a principal amount not to exceed \$1,356,766 to acquire such vehicles.  
6. To transact such other business as may properly come before the meeting pursuant to the Education Law of the State of New York.  
The election and budget vote shall be by voting machine or absentee ballot. The hours during which the polls shall be kept open shall be from 7:00 a.m. to 9:00 p.m., prevailing time or for as long thereafter as necessary to enable qualified voters who are in the polling place at 9:00 p.m. to cast their ballots.  
**AND FURTHER NOTICE IS HEREBY GIVEN** that a copy of the statement of the amount of money which will be required to fund the School District's budget for the 2008-2009 school year, exclusive of public monies, may be obtained by any taxpayer in the District during the fourteen days immediately preceding the Annual Meeting except Saturdays, Sundays or holidays, at the Educational Services center, 90 Adams Place, Delmar, New York, and the offices of each Elementary School, the Middle School, and the High School of the District between the hours of 8:30 a.m. and 4:00 p.m., prevailing time and also at said District Election.  
**AND FURTHER NOTICE IS HEREBY GIVEN** THAT petitions nominating candidates for the office of member of the Board of Education and for the office of Trustee of the Bethlehem Public Library shall be filed with the District Clerk at the District Clerk's office at the Educational Services Center, 90 Adams Place, Delmar, New York, not later than April 21, 2008 at 5:00 p.m. Each petition must be directed to the District Clerk, must be signed by at least One Hundred Two (102) qualified voters of the District and must state the name and residence of the candidate. A copy of such petitions may be obtained at the Office of District Clerk in the Bethlehem Central School District during regular school hours.  
**AND FURTHER NOTICE IS HEREBY GIVEN** that applications for absentee ballots will be obtainable between the hours of 8:30 a.m. and 4:00 p.m. Monday through Friday, except holidays, from the District Clerk. Completed applications for absentee ballots must be received by the District Clerk at least seven (7) days prior to the vote if the ballot is to be mailed to the voter, or the day before the election, if the ballot is to be delivered personally to the voter. Absentee ballots must be received by the District Clerk not later than 5:00 p.m. on May 20, 2008.  
A list of all persons to whom absentee ballots shall have been issued will be available in the office of the District Clerk from 8:30 a.m. until 4:00 p.m. prevailing time on each of the five days prior to the day of the election, except Saturday, May 17 and Sunday, May 18, 2008, and on the day set for the election. Any qualified voter may challenge the acceptance of the ballot of any person on such list, by making his/her challenge and reasons therefore known to the Inspector of Election before the close of the polls.  
**AND FURTHER NOTICE IS HEREBY GIVEN** that the qualified voters of the School District shall be entitled to vote in said annual vote and election. A qualified voter is one who is (1) a citizen of the United States of America, (2) eighteen (18) years of age or older, and (3) resident with the School District for a period of thirty (30) days



# Pursuit

(From Page 40)

its second year of varsity lacrosse. "I think we'll be all right because we lost every game in the first year of the program at the junior varsity level, and we nearly finished .500 the second year at the JV level," he said. "I think the pattern will be the same at the varsity level. We have half our team back, but we're still young."

Despite losing every Suburban Council game last year, the Spartans acclimated themselves well to Sectional lacrosse as they reached the class B semifinals. "We'd like to get back to that level this year, and maybe go farther," said Federoff.

## Colonie Garnet Raiders

**Head coach: Mike Joyce**

Key veterans: D.J. O'Connell (midfielder), Brian Sleasman (midfielder), Justin Davis (midfielder), Packy Dollard (attack)

Key newcomers: Cory Brestle (defenseman), Chris Logan (defenseman)

Outlook: Joyce is feeling confident about his team this season, even with a brand new backfield. "This is the best team I've had in my four years and the best defense I've had," he said. "Barring injuries, I think we have a decent shot of doing some good work in Sectionals."

## Columbia Blue Devils

**Head coach: Kyle Randall**

Key veterans: Casey Balder (attack), Miles Kerbein (attack), Rob Law (midfielder), Brett

Sarubbi (midfielder), Chris Gavitt (defenseman), Andrew Carroll (defenseman), Matt Tompkin (defenseman), Jesse Hutchins (goaltender)

Outlook: The Blue Devils graduated 13 players from last year's Gold Division championship squad, but Randall is optimistic his team can compete for the title again. "We're returning three good defensemen, and we have four good offensive players back," he said. "So hopefully, we'll have a good season."

## Guilderland Dutchmen

**Head coach: Sean McConaghy**

Key veterans: Nick Koss (goaltender), Kip Stillman (defenseman), Paul Malamood (defenseman), Rory Nunamacher (midfielder), Aaron Cahill (midfielder), Brian Linehan (midfielder), Quinn Connell (attack)

Key newcomers: Paul Jones (attack), Travis Moore (attack), Kevin Kost (midfielder), Collin Burg (midfielder)

Outlook: Guilderland will have plenty of bodies to help it pursue the class A crown. "We're carrying 30 guys, which we haven't done in the past," said McConaghy. "And as long as they're competing every day (in practice), they can only get better."

## Niskayuna Silver Warriors

**Head coach: Mike Vorgang**

Key veterans: Steve D'Amario (attack), Mark Panneton (attack), Dan McKinney (midfielder), Seth Berggren (midfielder), Zach Frohne (defenseman), Paul Sapia (defenseman), Alex Billen-Calhoun (defenseman), James Manchester

(goaltender) Key newcomers: Jared Franze (midfielder), Will McPartlan (midfielder), Brandon Connors (midfielder), Guy Waltman (defensive midfielder), Brendan Krol (defensive midfielder), Ryan Alden (long stick midfielder), Steve Abba (defenseman), Stefan Sloma (goaltender)

Outlook: With only three returning starters, the Silver Warriors are reloading with youth. There are 12 freshman and sophomores on Vorgang's roster this season.

"We will have to have great senior leadership this season," said Vorgang. "With so many new faces and players who had to wait their turn, the seniors will have to lead by example."

## Saratoga Blue Streaks

**Head coach: Jon Coons**

Key veterans: Chris Adams (attack), Matt Crimmins (attack), Ryan Quinn (midfielder), Dylan Nizolek (midfielder), Ian O'Brien (goaltender), J.C. Morency (defenseman), Zach VanEerden (defenseman)

Key newcomer: Nico Cortese (attack/midfielder)

Outlook: The Blue Streaks have a veteran group of attackers and defenders, but the midfield is a different story. "We have three sophomore midfielders who have to come in and contribute right away

because we graduated so many midfielders last year," said Coons.

## Shaker Blue Bison

**Head coach: Shawn Hennessey**

Key veterans: Ryan Gifford (midfielder), Mike Gifford (midfielder), Sam Cuddleback (midfielder), Stefan Debkowski (attack), Michael Battaglia (defenseman), Brian Ashline (defenseman), Kenny O'Connor (goaltender), Leslie Cohen (defenseman), Luke Walsh (midfielder)

Key newcomers: Christian Weycamp (midfielder), Parker Armesty (attack), Joe Shields (midfielder)

Outlook: This is Hennessey's second year at the helm, and he said that made a difference in his team's preparation for the season. "I really enjoyed having a year under me to have a full off-season of work (with the players)," he said. "I honestly

feel like we're going to compete like we did last year, and with some intensity and some hard work, I think these guys have the ability to do well."

## Shenendehowa Plainsmen

**Head coach: Chuck Holohan**

Key veterans: Jon Olsen (attack), Jesse Elliott (attack), Bob Wardwell (goaltender)

Key newcomers: Andrew Dorsey (defenseman), Sean Sullivan (attack)

Outlook: Holohan, who replaces Mark McQuade on the sidelines, is bringing a free-flowing attack to the Plainsmen - one he's modeling after the University at Albany system, and one he hopes will promote an enjoyable atmosphere for the players.

"I just hope this group goes out and has fun. That's the most important thing," said Holohan.

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| <p><b>LEGAL NOTICE</b></p> <p>preceding the annual vote and election. The School District may require all persons offering to vote at the budget vote and election to provide one form of proof of residency pursuant to Education Law section 2018-c. Such form may include a driver's license, a non-driver identification card, a utility bill, or a voter registration card. Upon offer of proof of residency, the School District may also require all persons offering to vote to provide their signature, printed name and address.</p> <p>AND FURTHER NOTICE IS HEREBY GIVEN, that pursuant to a policy adopted by the Board of Education in accordance with Sections 2035 and 2008 of the Education law, any referenda or propositions to amend the budget, or otherwise to be submitted for voting at said vote and election, must be filed with the Board of Education at the Bethlehem Central School</p> | <p><b>LEGAL NOTICE</b></p> <p>on or before April 21, 2008 at 5:00 p.m., prevailing time; must be typed or printed in the English language; must be directed to the Clerk of the School District; must be signed by at least Two Hundred Fifty-five (255) of the qualified voters of the District; and must state the name and residence of each signer. However, the School Board will not entertain or place before the voters any proposition if its purpose is beyond the power of the voters or is illegal, or any proposition requiring the expenditure of moneys which fails to include specific appropriations for all such expenditures required by the proposition or any proposition which must be included in this notice of the annual meeting and was not received at least 60 days prior to the annual meeting.</p> <p>Date: Delmar, New York<br/>March 12, 2008<br/>Steven O'Shea</p> | <p><b>LEGAL NOTICE</b></p> <p>Bethlehem Central School District<br/>LD-18459<br/>(March 26, 2008)</p> <p><b>LEGAL NOTICE</b></p> <p>Notice of Formation of BRO-SHA CONSTRUCTION SERVICES, LLC. Arts. of Org. was filed with SSNY on 3/18/08. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o the LLC, 995 TROY-SCHENECTADY RD., LATHAM, NEW YORK, 12110. Purpose: all lawful activities.</p> <p>LD-18462<br/>(March 26, 2008)</p> <p><b>LEGAL NOTICE</b></p> <p>NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: elgi De-</p> | <p><b>LEGAL NOTICE</b></p> <p>signs LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 03/11/08. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 1843 Central Avenue, Suite 227, Albany, New York 12205. Purpose: For any lawful purpose.</p> <p>LD-18471<br/>(March 26, 2008)</p> <p><b>LEGAL NOTICE</b></p> <p>The Glenmont Job Corps Academy, located at 822 River Road in Glenmont, New York is soliciting bid proposals for Valves and Pumps for a hot water heating system. Both packages are to be quoted separately. Request for full bid packages may be</p> | <p><b>LEGAL NOTICE</b></p> <p>obtained from Mr. Nick Kdidnasky (Maintenance Dept.) or Victor Hauser (Purchasing Dept.) Please contact Mr. Nick Kdidnasky for any Technical questions or Victor Hauser for Commercial Terms.</p> <p>BID CLOSE DATE: April 14, 2008<br/>Phone: 518-470-2835<br/>e-mail: kidinasky.nicholas@jobcorps.org<br/>Phone: 518-767-2794<br/>e-mail: hauser.victor@jobcorps.org<br/>LD-18475<br/>(March 26, 2008)</p> <p><b>LEGAL NOTICE</b></p> <p>LMH Enterprises, LLC<br/>Notice of Formation of the above Limited Liability Company ("LLC")<br/>Articles of Organization filed with the Secretary of State of NY ("SSNY") on 2/12/08. The LLC will be headquartered in the County of Albany. SSNY</p> | <p><b>LEGAL NOTICE</b></p> <p>has been designated as agent of the LLC upon whom process against it may be served. The mailing address to which the SSNY may mail any process served is: 2 Circle Drive, Voorheesville, NY 12186<br/>Purpose of the business of the LLC is any lawful business.</p> <p>LDC-18263<br/>(March 26, 2008)</p> <p><b>LEGAL NOTICE</b></p> <p>Notice of Filing<br/>Of articles of organization of Serafini Properties LLC<br/>1. The name of the limited liability company is: Serafini Properties LLC<br/>2. The articles of organization of the company were filed with the Secretary of State on October 30, 2006.<br/>3. The county within New York State which the office of the company is to be located</p> | <p><b>LEGAL NOTICE</b></p> <p>is Schenectady.<br/>4. The Secretary of State has been designated as agent of the limited liability company upon whom process against the Company may be served and the post office address within this state to which the Secretary of State shall mail a copy of any process against the Company served upon it is: 125 Gullott Drive, Schenectady, New York 12306<br/>5. The registered agent of the limited liability company upon whom process against the liability company can be served is: The LLC, 125 Gullott Drive, Schenectady, New York, 12306.<br/>The character of the business is to conduct any lawful business activity for profit that is not prohibited by the laws of the State of New York.</p> <p>LJ-18209<br/>(March 26, 2008)</p> |
|---|--|--|--|--|---|---|

Sports *in the* SpotlightNews  
& Notes**Dolphins slate week-long swim clinic**

The Delmar Dolphins are holding a new swimmer clinic April 7-11 at the Albany Academy pool in Albany.

The clinic is open to Capital District children age 7 through 12 and serves as an introduction to competitive swimming. Swimmers must be able to swim the front crawl for 25 yards.

Participants should bring a swimsuit, a towel and goggles.

Parents must pre-register their children for the clinic by contacting Dolphins coach Doug Gross at 369-9733.

**CYO team wins district title**

The St. Thomas the Apostle junior girls CYO team won the Albany district title and reached the semifinals of the Diocesan Championship Tournament March 14 and 15 in Saratoga Springs.

The Delmar-based CYO team – coached by Bethlehem Central High School graduate Meg Dole – compiled a 12-0 regular season record.

**Kavanaugh places third in New York**

Leanna Kavanaugh, daughter of David and Donna Kavanaugh of Glenmont, placed third in her age group at the New York State Elks Hoop Shoot last month.

Kavanaugh won the local, district and regional hoop shoot competitions to advance to the state tournament, which was held in Cortland.



Several Suburban Council teams will try to unseat defending Section II, Class A champion Niskayuna this season.

Rob Jonas/Spotlight

## Let the pursuit begin

**Nisky graduations open the door to rest of league**

By ROB JONAS  
jonasr@spotlightnews.com

Could this be the year that the Niskayuna boys lacrosse team is knocked off its perch as the Section II, Class A champions? There are several Suburban Council teams looking to do just that.

With the Silver Warriors graduating 17 seniors from last year's team, other more veteran-laden squads are looking to take advantage of that including Guilderland, Saratoga Springs, Shaker, Colonie, Columbia and Ballston Spa.

"It's been great to get (to the finals) the past couple of years, but we want to do more than that," said Guilderland coach Sean McConaghy, whose Dutchmen have lost to Niskayuna in the title game the past two years.

Though Ballston Spa failed to make the playoffs last year, Scotties coach Kevin Dayton said his team has the parts in place to go after the Gold Division title and possibly a deep Sectional run.

"This is the year we build tradition in the Suburban Council," said Dayton.

Here is a closer look at the Suburban Council.

**Ballston Spa Scotties  
Head coach: Kevin Dayton**

Key veterans: Cory Nowak (midfielder/attack), Jeff Seager (midfielder), Adam Janis (midfielder/attack), Jason Ohnsman (defenseman), Eric Marciano (defenseman), Camerion Staulters (goaltender), Greg Dunlavey (attack), Derek Croote (midfielder)  
Key newcomers: Kyle Warnt (attack), Matt Clark (defensive midfielder)

Outlook: A veteran-laden Scotties squad is hoping to jump back into the Gold Division championship picture after a sub-.500 finish last year. "We have 12 seniors and six juniors ... so we've got a lot of

talent and a lot of leadership," said Dayton.

This will also be the first Ballston Spa squad to feature players that grew up with the sport. "These kids have played lacrosse together since they were in third and fourth grade," said Dayton. "They're pure lacrosse players."

**Bethlehem Eagles  
Head coach: Dave Rounds**

Key veterans: Matt DiFrancisco (attack), Dylan Eder (midfielder), Chris Riccio (defenseman)

Key newcomers: James Christensen (midfielder), Pat Johnson (midfielder), Steve Russo (midfielder), Taylor Bastow (defenseman), Max Wagner (defenseman), Ed Reilly (goaltender), Theo Ferguson (goaltender), Eddie Bettinger (midfielder), Alex Laurens (midfielder)

Outlook: Unlike Ballston Spa, Bethlehem won't have the luxury of having a lot of veterans around, especially on offense. "My expectations are that early on in the year, the younger players will have a period of adjustment to the speed

and the physical nature of the varsity game," said Rounds. "But this is a talented group of young players, and I expect that as the season goes on, they'll get better."

Rounds plans on using Reilly and Ferguson in goal, which will free Eder up to help Christensen, Johnson and the other young midfielders. "Early on in the season, we'll split time between (Reilly and Ferguson) to see who earns the starting job," said Rounds.

**BH-BL Spartans  
Head coach: Paul Federoff**

Key veterans: Kyle Jones (midfielder/attack), Ian Schwan (midfielder/attack), Justin Waldron (defenseman), Collin Whiteford (goaltender)

Key newcomers: Connor Nash (goaltender), Ryan Kissane (defenseman), Mike Russell (defenseman), Frankie Emmer (midfielder)

Outlook: Federoff is looking for improvement in his team's record as Burnt Hills-Ballston Lake enters

□ Pursuit Page 39

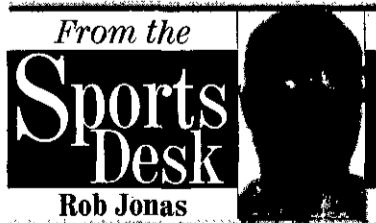
**Siena's NCAA run could be only a beginning**

Is the Siena-Villanova game over yet? I tuned out when it was 19-5 in favor of 'Nova and never bothered to tune back in.

Oh, it's over? 'Nova won 84-72? So, I didn't miss anything then? Good.

Seriously, I knew it was over the moment the Wildcats took a double-digit lead in the first seven minutes. The Saints may have some firepower, but not enough to overcome a double-digit deficit against a team from a major conference like the Big East (which is superior to every other conference except for the Pac-10, if you go by how many of its teams are still alive in the NCAA Tournament).

Of course, the mere fact that the Saints were playing 'Nova on



Easter says something about how far they've come in the last three years. Siena wasn't even dreaming of the NCAA Tournament in 2005 when it finished 6-24 under Rob Lanier. By 2007 (Fran McCaffery's second season in Loudonville), the Saints came within a victory of making the NCAA Tournament. This season, they not only made the tournament, they also made mincemeat out of fourth-seeded Vanderbilt in the first round.

(Little Vandy joke I came up with during Friday's 83-62 victory: the Commodores are playing like Vic 20s. Those of you who remember Commodore Vic 20 computers know what I'm talking about.)

But as far as Siena has come in McCaffery's three seasons as head coach, it hasn't gotten to the point where it can beat major conference teams on a regular basis. For every great performance against a Vanderbilt or a Stanford, there has to be an equally average performance against a Villanova or a Syracuse. And as a mid-major, you can't have an average performance against a good major conference team and expect to win. The talent level of most major conference teams

are superior to most mid-major teams. That's just how it works.

Still, Siena fans have something to look forward to next year. Kenny Hasbrouck will be back. So will Edwin Ubiles and Alex Franklin, as will Ronald Moore and Josh Duell. Basically, anyone not named Tay Fisher will be back to help the Saints get back to the NCAA Tournament.

The only other person who might not be back is McCaffery. One of the dangers of being a successful mid-major is losing a head coach to a bigger program, as Siena fans know all too well (Mike Deane, Paul Hewitt, Louis Orr). And though I haven't heard of any schools pursuing McCaffery at this point, you have to believe that some major conference

program in need of a coach has his name on their list. After all, he's brought three different mid-major programs to the NCAA Tournament and earned victories over two top 25-ranked teams this season – Vanderbilt and Stanford. That will definitely get you aggressively pursued.

But if Siena manages to hold on to McCaffery for another season (I suggest Saints fans start praying that will happen), I see no reason why the Capital District's most famous sports team won't be back in the NCAA Tournament and wrecking havoc on some unsuspecting higher seed.

That is as long as the Saints play like they did against Vanderbilt, not like they did against Villanova.

March 26, 2008

# Health



• **Getting & Staying Healthy** *Page S8*



• **Easing Back Pain** *Page S5*



• **Making Surgeries Safer** *Page S6*

A supplement to

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# Are you ready for swimsuit season?

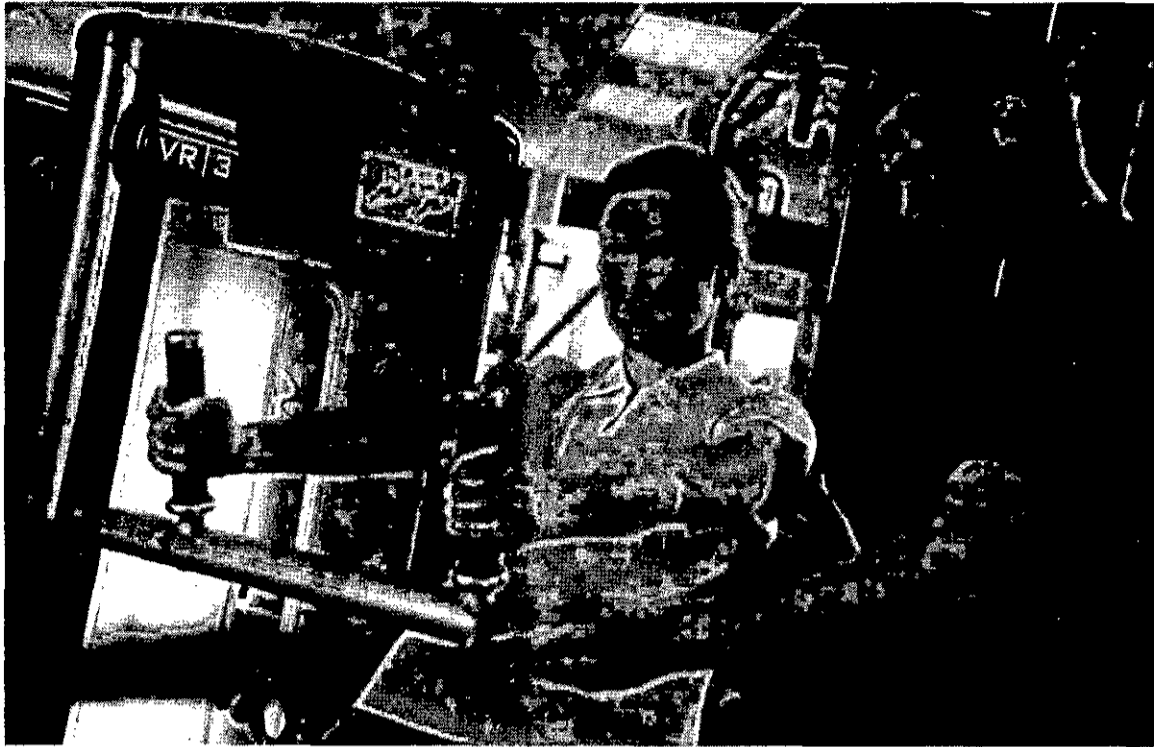
Swimsuit season will be here again before you know it. Are you ready? If you're like most Americans and have spent the winter months indoors and inactive, probably not. You've likely put on a few extra pounds in all the wrong places.

Wondering how to get them off before you have to make that first appearance at the pool? Most doctors would offer this advice: combine a reduced-calorie diet with increased physical activity.

You can start by eliminating all those comfort foods you've been enjoying during the long, winter months. Such foods as fried chicken, casseroles, mashed potatoes with gravy and pumpkin pie are laden with fat and calories, and aren't doing your body much good. Instead, choose healthier dishes like broiled fish, grilled chicken, salads and fruit for dessert.

Improving your diet is only half the equation. You also need to get up off the couch. Most adults should get at least 30 minutes of moderate activity per day, but according to "The Surgeon General's Call To Action To Prevent and Decrease Overweight and Obesity" fewer than one in three U.S. adults gets the recommended amount of physical activity.

"Nothing else you can do for yourself has more benefit than getting up and getting moving,"



Get your fitness back on track after the winter months. Fitness clubs such as Snap Fitness (pictured) have personal trainers to help you get started on a workout plan fast.

says certified trainer Chad Baldwin of Snap Fitness, a fast-growing franchisor of compact, state-of-the-art 24/7 fitness centers in Canada and the United States. "Not only does exercise make you feel better, it has a lot of health benefits."

In addition to helping to control weight, physical activity decreases your risk of dying of coronary heart disease and also reduces your risk of develop-

**"Nothing else you can do for yourself has more benefit than getting up and getting moving."**

Chad Baldwin

ing diabetes, hypertension, and colon cancer. Baldwin points out exercise does not have to be strenuous to be beneficial. "Some studies show that short

sessions of exercise several times a day are just as effective at burning calories and improving health as one long session," he says.

Here are some ideas on how to get more active:

- Take the stairs instead of the elevator or escalator whenever possible. You'll burn a lot more calories. You can even try using restrooms; copy machines, getting supplies, etc. on a different floor just to get more exercise.

- Be less efficient! If you have stairs in your home, take as many trips up and down them as you can every day instead of saving things to go up or down. At the office, take a walk to see your co-workers instead of always using e-mail.

- If your company has a gym, use it during your lunch break. If not, join one that is close to work and home so you're more likely to use it. Many reputable

chains will have locations sprinkled throughout the community, and most have expanded their hours in response to members' demands.

Snap Fitness, for example, has more than 600 clubs, with hundreds more on the way over the next few months. And because they are open 24 hours a day, seven days a week, you can get your workout in whenever it is most convenient for you.

Once you join, be sure to take advantage of your gym's extras. Exercising on state-of-the-art equipment is a start. But nowadays, health clubs offer many value-added services to help you achieve the long-lasting results you want. These include personal training and nutrition counseling, for example. Ask what comes standard with your membership.

Many clubs are striving to give you more for your money. Snap Fitness, for example, allows you to create a Personal Web Page with access to a suite of free services. These include the ability to create a Personal Wellness Plan with specific action steps based on a confidential health risk assessment, plus the ability to develop and track your own workout program online or choose from pre-defined workouts designed by personal trainers. You can even download your daily plan to your PDA and bring it with you to the gym!

Maybe you want to lose 10 pounds by September, or fit into a smaller dress size in time for a friend's summer wedding. No matter what type of plan you have created for yourself, the only way you're going to see results is if you stay consistent, says Baldwin. "Make an effort to visit the gym every day to get some weight lifting and cardio in. On the days when you can't make it to the gym, walk around the office complex where you work a couple of times during the day, or ride bikes with your family in the evening."

## Do you make the grade when it comes to the ABCs of multivitamins?

While the majority of Americans believe they are very or somewhat knowledgeable about multivitamins (67 percent), many do not know which vitamins and minerals are essential for the body or what vitamins and minerals are responsible for specific functions in the body, according to a survey released by the not-for-profit National Women's Health Resource Center (NWHRC).

When asked which vitamin or mineral is essential for calcium absorption in the body (Vitamin D), more than a third of those surveyed said they were not sure. Surprisingly, when asked to identify vitamins and minerals that are not essential, only 44 percent correctly recognized that arsenic - a poison - is not an essential nutri-

**"We want to help (people) choose a multivitamin that fits their needs if they are not getting the right nutrients from their diet."**

Elizabeth Battaglino Cahill

ent.

"When it comes to ensuring people get the vitamins and minerals they need in their daily diet, we were concerned by their lack of knowledge - especially among women, who are more likely to take an active role in promoting their family's health," says Elizabeth Battaglino Cahill, executive vice president of NWHRC. "We want people to have the knowl-

edge and resources to understand what their bodies should have and to help them choose a multivitamin that fits their needs if they are not getting the right nutrients from their diet."

In fact, about a quarter of Americans (24 percent) believe they get the vitamins and minerals they need by diet alone, but this is simply not the case - and although 51 percent of the individuals surveyed said they take a multivitamin, most of them do not know which vitamins and minerals are essential for their bodies.

**Getting what the body needs**

Taking a multivitamin is a sim-

ABCs Page S3



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# Boosting your child's brain power:

## Do you know what you really need to know?

**W**e all want to raise better children, setting our kids' feet on the path to success from the start. Unfortunately, these good intentions can make us easy marks for quick-fix pitches for everything from flashcards to smart-kid videos to electronic teaching gizmos. Do we need these things to give our children an advantage? According to child development researchers: probably not.

There is little-to-no evidence that many of these products help; some may even hurt by stealing time from more important things. But recent research offers insights into simple, low-cost ways to give your child a mental boost.

Dr. Cheryl K. Olson, an internationally known expert in health behavior change and healthy child development on the psychiatry faculty of Harvard Medical School and Massachusetts General Hospital, offer four tips for parents of preschoolers to preteens to start the New Year. Some are things you've probably never heard of, or never thought of as related to brain development. Others are things you think you know, but you may not know the whole story.

1. Read to your child – but encourage backtalk.

Most parents have gotten the word that reading to young children paves the way for school success. But there's more to this story. Studies show that most parents do this wrong: they simply read the text while the child listens. The parent is actively involved in the reading, but the child is passive.

A more effective way to promote your child's literacy by reading aloud is to make it interactive. Draw your child into the story by asking questions: "What's that?" "What do you think happens next?" "What could he do now?" Encourage her to imitate characters' voices, or connect story events to her own life. This is not only great for her reading and speaking skills, it's a lot more fun for both of you.

2. Make smarter use of television.

We all have run across smug parents who claim that they "never" let their kids watch television. There's no doubt that many programs are too sexy or violent for children, or push unhealthy products. But does it make sense



to rule out a whole category of media? Some books are poorly written trash; we don't ban our kids from reading.

You may rely on a favorite TV program or DVD now and then to keep your child occupied, so you can grab a quick shower or catch up on chores. There's nothing wrong with this. The trick is to choose shows that are appropriate for your child's age and that have some educational value. Many studies show benefits from limited amounts of educational TV for preschoolers and elementary-age children.

Also, pay attention to when the television is turned on. In a surprising number of homes, the TV is on almost all of the time, like a kind of background noise. A simple rule: Turn on the TV to watch specific programs, and turn it off when you're done.

3. Look for brain-building foods.

Fat in food is bad, right? We all know that. Actually, some kinds of fat are not only fine, they're essential for your child's developing brain.

These include nutrients called "essential fatty acids." Breast milk is rich in these fats, which is why ingredients such as DHA (an omega-3 fatty acid which is naturally found in breast milk) are now added to baby formula.

DHA appears to be especially important. Eating fish is good for brain development because fatty or oily fish such as tuna, sardines, salmon and mackerel are a good source of omega-3s. Children whose moms got extra DHA (through food or supplements) while pregnant score higher on some tests of mental processing. This is also true for babies and preschoolers who consume more foods with DHA.

Unfortunately, some children don't like the taste of fish. If your child just spits out tuna (or any other healthy food), don't give up; research shows that offering a new food over and over – from 8 to 15 times – often leads to success.

Another concern is that fish may be contaminated with toxins such as methylmercury. This is why pregnant women are encouraged to eat fish, but only within certain limits.

Fortunately, there's a way around both of these problems. A number of companies are starting to fortify child-friendly foods with DHA, using the same vegetarian source

□ Brain Page S4



51 percent of the individuals surveyed said they take a multivitamin, but most of them do not know which vitamins and minerals are essential for their bodies.

### □ ABCs

(From Page S2)

ple step everyone can take to ensure they are getting the vitamins they need, if they are not getting the nutrients they need from their diet alone. And knowing those vitamins is half the challenge.

"People should know what vitamins and minerals their bodies need so they can make informed health decisions," says Dr. Pamela Peeke, an internationally recognized physician, scientist and expert in the field of nutrition. "There are specially formulated multivitamins that have a balance of essential nutrients at recommended levels that work together to help people better customize their nutritional regimen."

Many do not realize that multi-

vitamin use can help promote and maintain good health, fill gaps in the diet and help bodies to function well.

The survey uncovered that 49 percent of Americans are very or somewhat concerned about LDL or bad cholesterol. "The good news is now there is a complete, daily multivitamin with phytosterols that is specifically designed to help lower LDL or bad cholesterol, which is a risk factor for heart disease – the No. 1 killer of American women," says Peeke.

To access information about the survey and multivitamins, visit [www.healthywomen.org](http://www.healthywomen.org) for simple nutrition tips, as well as important information about essential nutrients and multivitamins to help ensure that women and their families can make educated decisions about their nutrition needs.

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# Cooking with kids makes fun,

When the kids are cooped up indoors, you don't have to go stir crazy. Instead, head for the kitchen and stir up something good to eat. Cooking together can be both educational and fun and often results in a tasty treat, too.

During a cooking session, you can teach children about

you might explain that eating a variety of foods is important so that you get all the nutrients your body needs to grow. Different groups of foods provide protein, carbohydrates, fats, vitamins and minerals. Although all foods supply a variety of nutrients, some are better at providing certain nutrients than others.

For example, the foods in the meat and meat alternates group, including eggs, are good sources of high-quality protein for energy and strong muscles. You can go online to MyPyramid.gov to run off for each child - based on age, sex and activity level - a list of the number of servings from each of the food groups that are needed daily.

The fun part is in the preparation and eating. For the best likelihood of success, have the kids do tasks suited to their ages and abilities. Maybe the youngest ones can help stir, older chil-

dren can measure ingredients and teens can slice and dice and do the actual cooking. Simply choose a recipe that includes ingredients with wide appeal and let the children add other ingre-

dients, such as favorite flavorings, if they like. Both Brontosaurus Egg and Wagon Wheel Frittata were designed with kids in mind. In addition to being easy to make,

these recipes are based on all-natural eggs which offer the highest quality protein of any food and are a favorite of most children.



With carbohydrates from the waffle, calcium from the cheese and the highest quality protein of any food from the egg, all you need to round out a satisfying snack or light meal is your choice of fresh fruit, juice or a serving of veggies. Let the kids decide how to top the waffle-egg with anything from mild catsup to hot salsa, or anything else they like.

## Directions:

Let the frozen waffle thaw for about five or six minutes. With a 2- to 3-inch diameter cookie cutter, cut out the center of the waffle. Or, set a drinking glass upside down on the waffle and cut out the center of the waffle by cutting around the glass with a small knife.

In a medium-sized omelet pan or skillet (about 6 to 8 inches) over medium heat, heat the oil or melt the butter. Sprinkle a few drops of water into the pan. If the drops "dance" and sizzle in the pan, it's ready for cooking. Place the waffle and the cutout in the pan. Break the egg and slip it into the hole in the waffle. Immediately turn the heat down to low.

Let the waffle cook until the bottom is lightly browned, about three minutes. With a pancake turner, carefully turn over the cutout and the waffle with the egg inside. Sprinkle the egg with the cheese. Cook until the egg white is completely set and firm and the egg yolk begins to thicken, about three to five minutes more. With a pancake turner, lift the cutout and the waffle with the egg inside onto a plate. Spoon salsa, taco sauce or catsup on top of the egg, if you like.

Nutrition information per serving using waffle and corn oil without optional topping: 233 calories, 14 g total fat, 221 mg cholesterol, 348 mg sodium, 116 mg potassium, 15 g carbohydrate, 11 g protein and 10 percent or more of the RDI for vitamins A and B12, niacin, riboflavin, thiamin, calcium, iron and phosphorus.

## Brontosaurus Egg

(Makes 1 serving.)

Ingredients:  
1 frozen waffle or bread slice  
1 teaspoon cooking oil or butter  
1 egg  
1 tablespoon shredded reduced-fat Cheddar cheese  
Salsa, taco sauce or catsup, if you like

## Health

nutrition, work with them on measurements, particularly fractions, and share your culture through your family's food history. With cooking experiences, kids also can learn how important it is to read carefully and follow directions.

On the subject of nutrition,

## Brain

(From Page S3)

used in baby formula. Check labels on products such as yogurt, nutrition bars, milk, soy-milk, juices and even eggs for "life'sDHA," "algal DHA" or "omega 3 DHA."

4. Go out and play for brain health.

Play is the work of childhood. It's how kids learn everything from physics to social skills. Kids today are enrolled in all sorts of activities and classes meant to give them an edge. Being involved with athletic teams or taking sports

lessons do help keep kids at a healthy weight. But organized sports are not the same thing as play. Often kids learn much more from a simple game of tag or hide-and-seek than from practicing soccer drills or sitting in the dugout waiting for their time at bat!

Go ahead and send the kids outside to play when they have nothing planned. The research is on your side. "Free play" is linked to all kinds of brain benefits. Your kids aren't just exploring the neighborhood and making up games. They're improving their memory, planning, creative thinking and problem solving skills.

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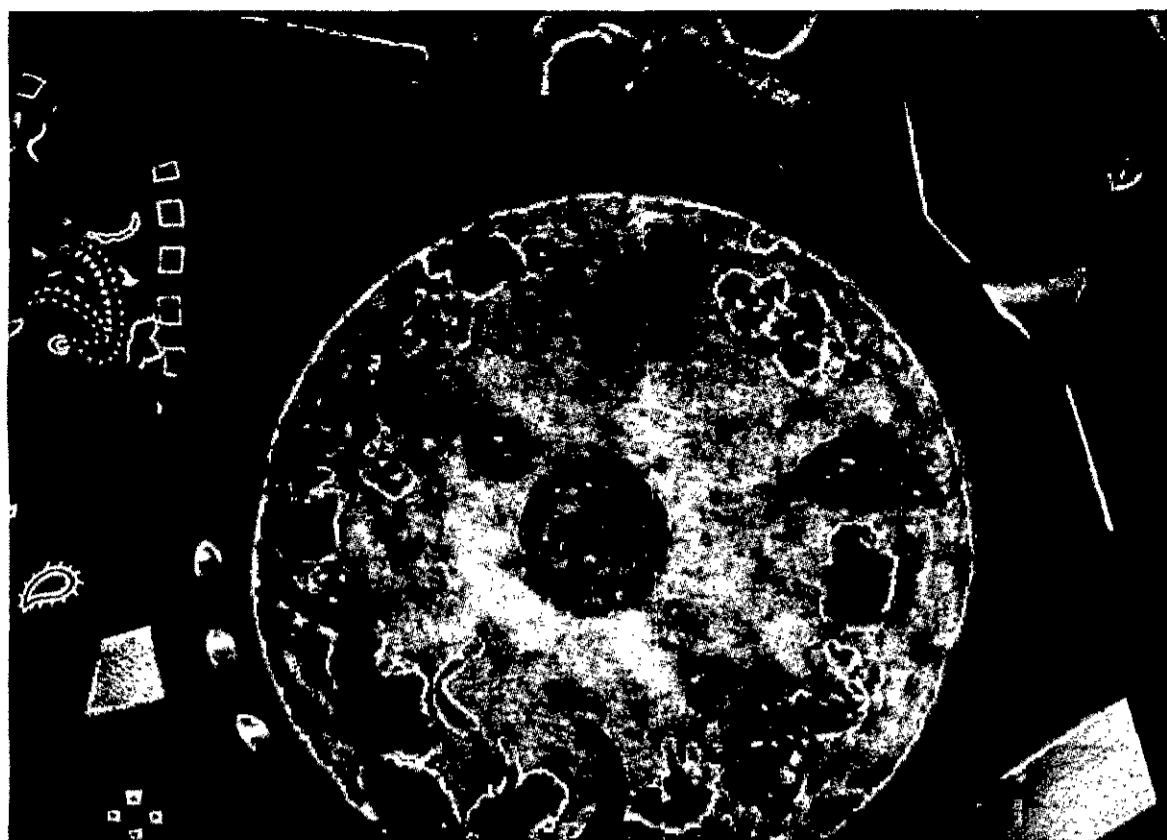


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# nutritious meals



Are veggies a problem food at your house? Kids are more likely to eat foods they helped to prepare. Let your children cook their veggies with something they already like, such as eggs, and you may be surprised. For this Italian-style omelet, though broccoli, mushrooms and tomatoes make an appealing combo, you can use other vegetables. Treat this dish much like pizza. Flavor it with family favorites, new veggies you want the kids to try or whatever you have on hand.

## Directions:

In a 10-inch omelet pan or skillet over medium heat, heat the oil or melt the butter. Add the broccoli and water. Cover and cook just until you can break the broccoli spears apart with a fork, about five minutes. Take the pan off the heat.

Arrange the broccoli spears around the pan so the stems point to the center of the pan. Set the mushrooms, rounded sides up, between the broccoli spears.

In a medium-sized bowl, beat together the eggs, milk and seasoning until they're thoroughly blended. Pour the egg mixture over the broccoli in the pan.

Cook the egg mixture over medium heat until the eggs are almost set on top. Take the pan off the heat. Place the largest tomato slice in the center. Cut the rest of the tomato slices in half and arrange them around the big slice so they look like wagon wheel spokes. Sprinkle the cheese evenly over the top of the frittata.

Cover the pan and let it stand until the eggs are completely set, about five minutes. Cut the frittata into wedges and serve it from the pan.

Nutrition information per serving of 1/6 recipe using corn oil: 133 calories, 8 g total fat, 214 mg cholesterol, 196 mg sodium, 261 mg potassium, 5 g carbohydrate, 10 g protein and 10 percent or more of the RDI for vitamins A, B12 and C, riboflavin, calcium and phosphorus.

For more information about the nutrition value of eggs, and to access more recipes, log on to [www.IncredibleEgg.org](http://www.IncredibleEgg.org).

## Wagon Wheel Frittata

(Makes 6 servings)

Ingredients:

- 1 tablespoon cooking oil or butter
- 1 package (10 ounces.) frozen broccoli spears
- 1 tablespoon water
- 1 can (4 ounces.) button mushrooms, drained
- 6 eggs
- 1/3 cup skim or low-fat milk
- 1 1/2 teaspoons Italian seasoning, crushed
- 6 very thin tomato slices
- 1/4 cup grated Parmesan cheese

# Is back pain slowing you down?

No matter what career field you work in or activities you do, you are susceptible to back injury. According to the U.S. Bureau of Labor Statistics, back injuries are the most frequent reason for missing work besides the common cold. Made up of bone, muscle, nerves and soft tissue, the back functions in almost every movement the body makes.

Sometimes back pain is caused by a specific incident, such as a car accident or problem at work. But often an accumulation of stress and pressure causes this condition over time. "Back injury is one of the biggest problems we have in the industrialized world, a common problem for mankind," says Dr. Glen O'Sullivan, a Stanford trained spine specialist and orthopedic surgeon.

The lower back tends to be a problem area for many people because it bears most of the weight and stress of the entire body. Back conditions affect people on many levels, from causing mild pain during certain activities to keeping them entirely bedridden. Common conditions include herniated discs, sciatica, degenerative disc disease, slipped discs, back sprains, strains and fractures.

For those suffering from back pain, the best thing to do is to speak with a doctor who can determine the problem and course of treatment. Most back pain can be treated without resorting to surgery.

Prescription medication might be suggested as part of a treatment plan, but more natu-

ral options are available that can provide relief and improve the condition. Consider these discussion points when consulting with a physician to help relieve pain quickly and naturally.

## 1) Use a Back Brace

There are a variety of back braces that can help to reduce pain and increase back endurance. They range in price from less than \$10 to more than \$1,000. It's best to talk with a doctor about



options. Some back braces are only available through a prescription. A physician can prescribe the right brace and many insurance companies will reimburse most or part of the cost.

One example is the Bio Skin "Back Jack", which is extremely effective at relieving pain and allowing the wearer to return to activity. It works through a double-cinching mechanism that unloads and supports the spine. The brace has helped patients to achieve pain relief and increased mobility so they can get out of bed and get back to doing the regular activities in their lives.

"Most acute episodes of pain are from muscles going into spasm to protect the spine. Back Jack allows immediate support, compression, and distraction

Back Page S6

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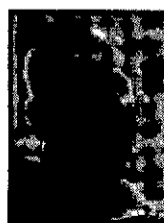
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# What's being done to make surgery safer

The statistics are staggering. According to a recent report from the National Academy of Sciences' Institute of Medicine, medical mistakes are now the eighth leading cause of death in America. Between 44,000 and 98,000 people die each year and hundreds of thousands more are injured as a result of such incidents as misdiagnoses, medical errors, wrong site surgeries and infections caused by instruments left in the body after surgery.

According to the groundbreaking report, "To Err is Human: Building a Safer Health System," more people die in a given year as a result of medical errors than from breast cancer or AIDS. The report is a self-described "call to action" for the healthcare system. "Whether a person is sick or just trying to stay healthy, he or she should not have to worry about being harmed by the health system itself," its authors say.

You'll be happy to know efforts are being made to reverse the trend. Among the steps that have already been taken: patient wrist bands embedded with chips that carry identification and diagnosis information are being scanned before any procedure is performed; doctors are writing electronic prescriptions that pharmacists can easily read; and many medical centers are now using computer programs to double-check the care decisions doctors and nurses make.

But perhaps the most noteworthy innovations are being made in the operating room. Among the high-tech changes that are protecting patients there: Computers are now being installed in operating rooms; image-guided robots that are able to make more precise cuts than surgeons are being used for more complicated procedures; and surgeons now have access to innovative tools designed to protect patients.

Take, for example, the RF Surgical Detection System, a breakthrough in detecting surgical gauze, towels and sponges. Developed by Jeffery Port, MD, a thoracic surgeon and Chairman of RF Surgical Systems Inc. and distributed by Medline Industries, Inc., the system protects patients by accurately alerting the user when the RF-tagged



Medical mistakes are now the eighth leading cause of death in America as a result of incidents such as misdiagnoses, medical errors, wrong site surgeries and infections caused by instruments left in the body after surgery.

surgical disposals remain in the patient before surgical closing procedures. Hospital personnel simply pass a wand that is connected to an easy-to-use self-calibrating counsel over the patient and if any tagged surgical disposals are detected, an alarm goes off.

Retained sponges are one of the leading safety concerns in operating rooms across the country. According to a study in the

medications (both over-the-counter and prescription), vitamins and supplements you are taking. Your doctor will use this information to make sure medications you're given in the hospital won't have any adverse affects with what you're already taking.

- Make a list of all your allergies.

- Don't assume all of the paperwork in your doctor's file will be available to the surgeon. Provide the results of any medical tests you may have taken in advance of the surgery, such as EKGs, a heart stress test, lung function test, echocardiogram, etc.

- Make a list of all of your doctors' names and numbers.

Make sure everyone you come in contact with knows you have this information with you and readily available. In fact, insist that they take the time to review the information. The best way to ensure that you're getting the best care possible is by taking an active role in the process.

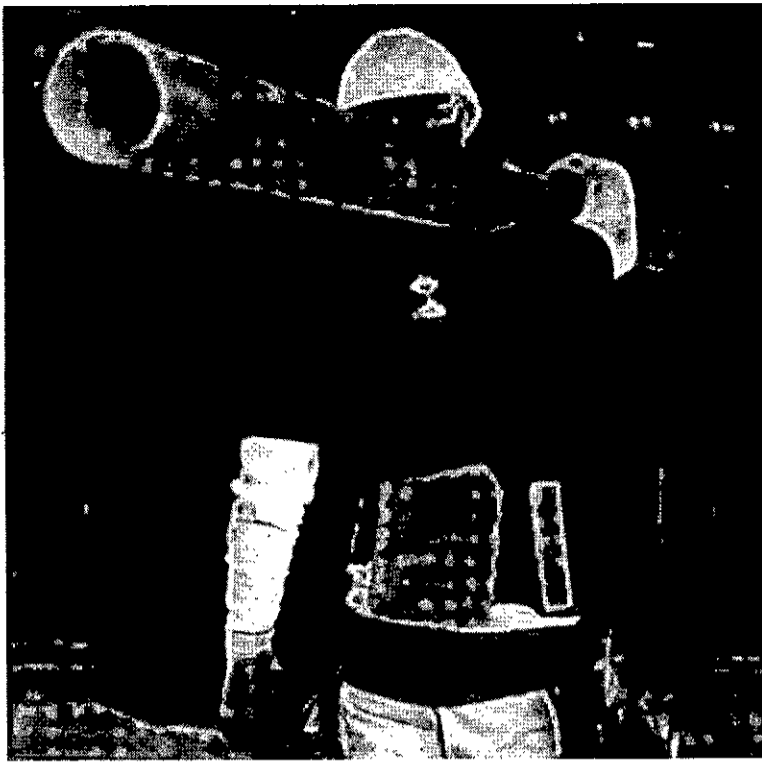
For information about RF-Detect and safety in the operating room, log on to [www.medlineindustries.com](http://www.medlineindustries.com).

- Bring along a list of all the



New England Journal of Medicine, retained sponges occur at an estimated rate of one of every 1,000 to 1,500 intra-abdominal operations. This type of incident can lead to serious complications, including infection, the need for re-operation and even death.

Hospital personnel aren't the only ones with the power to protect patients in the operating room. There are things patients can do to help ensure they'll get the best care possible as well.



The Bio Skin "Back Jack", a back brace which is effective at relieving pain and allowing the wearer to return to activity.

## Back

(From Page S5)

across the lumbar spine. As soon as the brace is put on, the patient feels immediately the support and pain relief. Patients like this brace, and if they like it, then I like it," comments Dr. O'Sullivan.

### 2) Keep Moving

"In the old days, the treatment for back pain was bed rest and sometimes prolonged bed rest. We now know that it is important to keep moving or get moving as quickly as possible. Ninety percent of back problems will go away with proper conservative treatment and time," says Dr. O'Sullivan.

Prolonged bed rest isn't the best course of action and light activity typically helps speed healing and recovery. Activities that are stressful and cause back pain should be avoided, but prolonged bed rest can increase problems by causing muscle atrophy. Continue gentle activities to help strengthen the back and increase endurance, helping the patient to return back to work as soon as possible. Consider wearing a back brace to reduce pain as you return to activity.

When moving, always think of the proper way to conduct these activities. Lifting should

utilize the strength in the legs with straight up and down movements. When sitting or standing always practice good posture.

### 3) Cold and Heat Treatment

Immediately after injury, use a cold compress several times a day for 10 to 20 minutes where there is pain. Make sure to put a barrier between the cold treatment and the skin. After spasms and acute pain subside, heat therapy can be helpful in relieving pain and increasing mobility. This treatment can include a hot compress or hot bath. Alternating hot and cold treatments can soothe sore and inflamed muscles. If you have questions, discuss with your doctor.

### 4) Exercise

Mild to moderate exercise increases back strength and endurance. Exercise also encourages maintenance of a healthy weight, which is very positive for relieving back stress. Walking is a great low-impact choice. Stretching before and after workouts helps to increase back flexibility.

With the astonishing number of people affected by back pain, it's important to take precautions, visit a medical professional, and treat the condition early to avoid additional pain and costs if left untreated. For more information, visit [www.BioSkinBracing.com](http://www.BioSkinBracing.com).

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# Two Tough Traveler packs earn industry awards

Local pack, bag and luggage manufacturer and retailer Tough Traveler Ltd. was recently recognized through the 2008 Gear Awards from Shape You.com.

The Great Gear of the Year Award was given to the Tough Traveler Jiff Bag, and the Seal of Excellence was given to the Tough Traveler Sprite Hip Pack. Both the Tough Traveler Jiff Bag and the Sprite Hip Pack are in the hiking and climbing category of Shape You.com's Sports, Health, and Fitness Gear Award. The Jiff and the Sprite are products for light hikers or exercisers.

About The Jiff Bag, Shape You's review stated, "Our judges loved this bag because it's small and easy to carry, but still tall enough to fit a bottle of water. Looks dif-

ferent enough to stand out too." About the Sprite Hip Pack, Shape You's review stated, "Quick-draw water bottle holder. Great idea and perfect for any hiker." Both products are available world-



wide through [www.toughtraveler.com](http://www.toughtraveler.com) and locally through Tough Traveler's Schenectady retail store at 1012 State St. Local customers may go to the retail store to purchase, or they may purchase through the Internet.

The Tough Traveler Sprite Hip Pack and Jiff Bag are manufactured in the United States

from U.S.-made materials, including U.S.-made textiles, webbing and zippers. Tough Traveler practices sustainable manufacturing in the Empire Economic Zone, and Tough Traveler products are known for durability, comfort, convenience and style.

In addition to the Jiff Bag and the Sprite Hip Pack, Tough Traveler products include many hiking, travel, baby, work, school and other sports bags, packs and luggage. Tough Traveler Ltd. is delighted to have received this laudable attention from Shape You.com and is looking forward to adding satisfied customers worldwide due to this recognition of and appreciation of two Tough Traveler hiking products designed for people of all ages.

# Spice it up

By Tresa Erickson

Whether you spend a lot of time in the kitchen cooking or very little, you are probably familiar with many of the spices available. In fact, you might even use a few of them regularly to flavor your foods. If you don't and you tend to rely more on salt than anything else, then you might want to start. Research has shown that many of the spices available for cooking have disease-fighting properties. Following are five of the most common.

## Black Pepper

This spice contains piperine, which maximizes enzyme activity and blood flow, which in turn, helps the body absorb nutrients and digest foods. Pepper may be used to flavor almost any type of food, including dressings and marinades.

## Cinnamon

This spice contains MHCP, which works like insulin and helps reduce blood sugar, triglycerides and cholesterol. It also has antibacterial properties, which fight the germs that lead to food poisoning, bad breath and cavities. Cinnamon may be used in a variety of drinks, desserts, sauces and other foods.

## Garlic

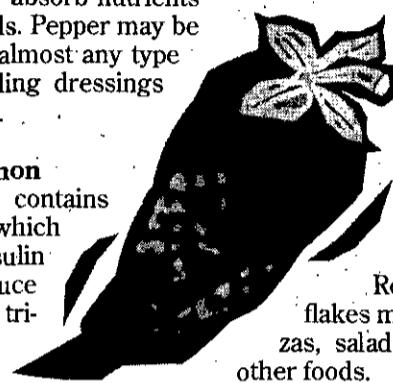
This spice contains allicin, which has mucolytic and antioxidant properties, which may reduce the risk of gastric and colorectal cancers. It also has properties that lower serum cholesterol and glucose levels, prevent blood clots and bowel parasites, speed up the healing of respiratory and other infections, and counter the effects of aging. Garlic may be used in almost any food, including ice cream.

## Ginger

This spice contains gingerol, which reduces substances in the digestive tract that cause nausea. It also has properties that block prostaglandins, which inflame blood vessels in the brain and joints, leading to migraines and arthritis. It may even help fight ovarian cancer by causing the cancer cells to digest themselves. Ginger may be used in a number of foods from stir-fries to cookies to teas.

## Red Chili Pepper Flakes

This spice contains capsaicin, which works as an anti-inflammatory and anticoagulant, preventing clotting and hardening of the arteries and lowering cholesterol and triglycerides. It also contains other phytochemicals that help defuse carcinogens and enhance the immune system. Red chili pepper flakes may be used on pizzas, salads, vegetables and other foods.



## Turmeric

This spice contains curcumin, which reduces the buildup of certain proteins in the brain and may help prevent Alzheimer's disease. It also has properties that diminish the effects of GI bacteria and aid digestion, reducing the risk of gastric and colon cancers. Turmeric may be used in a variety of meat and seafood dishes.

These are just some of the spices with disease-fighting properties. There are many more and most have zero calories to boot. The next time you want to make food more flavorful, consider grabbing a spice from your cabinet.

# Be nice to your feet

By Dr. JOSEPH A. MANZI

The author is a doctor at Bethlehem Foot Care.

Whatever your job, your feet go along with you each day. They may spend much of your work time resting under a desk, or they may play an integral role in your chosen profession. Work-related injuries that affect feet range from fractures caused by dropping a heavy object on the foot, to corns and calluses caused by required, but ill-fitting, safety boots.

Among the dangers waiting for feet in many occupational situations are ankle sprains, foot pain caused by working on hard surfaces, and skin reactions to required footwear. Contusions may result from specific work-related accidents; however, standing in one place for a significant period of time over the years can also cause discomfort in the feet and lower legs.

Being aware of how work affects our feet on a daily basis and over the long term is important if you want to prevent painful foot problems. Foot deformities that are caused or aggravated by occupational conditions might eventually become debilitating.

A consultation with a podiatrist could help alleviate discomfort and prevent foot problems in the future.

Often, the problems that occur in feet develop gradually as feet are neglected during the younger and middle-aged years. Being kind to your feet can mean much less discomfort for you as they age. The shoes you put on your feet can make a very big difference during that time. For women in particular, the right shoes now could mean avoiding foot pain later in life.

Avoid shoes that don't give you any support. Sandals and other slip-on shoes often have no arch support. Women should avoid high heels except for an occasional evening out or when necessary for business events. Inside your home, it should be fine to go barefoot.

Look for shoes that offer you both comfort and arch support. Choose shoes that leave plenty of room for your toes. Don't squeeze them into a toe box that doesn't allow your foot to retain its natural shape. Rubber soles are a good choice because of their flexibility. The shoes should bend easily under the balls of your feet rather than the

middle of the shoes.

If you step on the top of the shoe you're considering with your bare foot, does the shoe surround your whole foot? If not, you may be looking at the wrong shoe. Do you have a finger's-width room between the heel of your foot and the heel of the shoe? If not, this pair may be too tight.

Wearing the right shoes now can mean preventing pain later. Many foot problems, such as bunions, can be related to or aggravated by the wrong shoes. If you're having problems finding shoes that fit you comfortably, talk to a podiatrist about where to find better ones or about other things that can be done to help your feet stay comfortable now and for years to come.

Ask what your health insurance covers for foot care. Most plans cover such foot problems as fungal infections, toenail complaints, warts, bunions, hammertoes, and arch and heel pain. Exceptions to coverage would include non-medical conditions of the foot.

For more information on foot health and treatment options go to: [www.bethlehemfootcare.com](http://www.bethlehemfootcare.com)

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# Getting healthy isn't just a 'day job'



For Tory Klements of Washington, weight loss success happened when she started focusing on improving her health, rather than just losing weight. Klements lost more than 100 pounds. Images courtesy of WeightWatchers.com

Fitting diet and exercise changes into a busy lifestyle can be difficult, even for those who are 100 percent committed to taking control of their weight and health. Good health is a 24/7 endeavor, and many people are looking for weight loss success with flexible plans that can accommodate the hectic pace of modern life.

"While the fundamentals of good health are the same for everyone - eating and exercising well - there are as many paths and schedules for those goals as there are people," says Liz Josefsberg of WeightWatchers.com. "It's possible and essential to find ways to make positive changes that become a natural part of your lifestyle."

For Tory Klements of Washington, weight loss suc-

**"While the fundamentals of good health are the same for everyone - eating and exercising well - there are as many paths and schedules for those goals as there are people."**

Liz Josefsberg

cess happened when she started focusing on improving her health, rather than just losing weight. Tory lost more than 100 pounds\* through lifestyle changes that included altering her eating habits and finding forms of exercise she could enjoy. Now this self-professed "reformed couch potato" lists skydiving and marathon running among her weight-loss related achievements. Her key to success was Weight Watchers Online, a subscription-based plan followed completely on the Internet, which provides interactive tools to help people through the process of losing weight.

"Anyone who's ever tried to lose weight knows that difficult moments can happen at any time of the day or night," says Josefsberg. "Tory's subscription to an online resource made it easy for her to stay on course and maintain important lifestyle changes."

WeightWatchers.com and Tory offer the following five tips that will help you stay motivated and make healthy choices every day:

1. Don't let yourself get too hungry before eating because then you're more likely to overeat when you reach for food. Plan ahead for smart snacks, like a celery stalk with a dab of peanut butter or a cup of lowfat yogurt, and have them handy when hunger strikes. "Eating lots of little meals helps me keep from getting ravenous and out of control," Tory says.

2. A business trip or vacation doesn't mean a vacation from your healthy lifestyle. Tory fights off travel temptations by arriving at her destination and immediately stopping at a grocery store to stock up on healthy foods. Having a supply of good food on hand will help you avoid fast food pitfalls.

3. Start the day with a good breakfast. Avoid starchy, sugary high-calorie breakfast foods like muffins or doughnuts. Instead, opt for healthy, filling and fiber-filled choices, like healthy breakfast cereal with yogurt and fruit.

4. Find a weight loss plan that works for you; the Internet is a great resource for this. Weight Watchers Online is built on the proven approach



to weight loss developed by the experts at Weight Watchers. This convenient plan, with separate customized sites for men and women, makes it easy to stay connected anywhere, anytime.

5. Vary your exercise routine so you don't get bored. Above all, don't be too hard on yourself. Unrealistic expectations can cause you to become discouraged and give up too quickly. Fit exercise into your schedule by walking at lunch, waking up 30 minutes earlier or joining a 24-hour gym; but commit to some form of exercise every day.

For tips and information about a weight loss plan that could be right for you, visit [www.WeightWatchers.com](http://www.WeightWatchers.com).

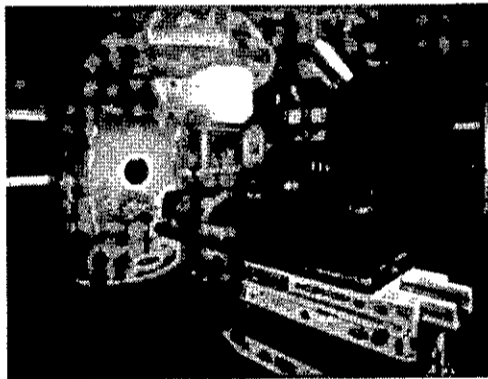
\*Results not typical.

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# Shaped Beam Surgery

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