

Carey, Domenici to face Breslin

Incumbent beats Martland in primary
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Developer eyes Shoe Depot

Columbia Development is pitching to the Town of Bethlehem a plan to level the former Shoe Depot to make way for a Berkshire Bank branch and other commercial space.
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Photos combine old and new

Mary Paul thinks photography has lost something since digital cameras became so popular, so she still uses an old-fashioned technique, which is on display at Sow's Ear in Schenectady.
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Early deficit too much for Eagles

Shaker jumped out to a 28-0 halftime lead and cruised to a 35-14 victory over Bethlehem in last Thursday's Class AA cross-district divisional game in Latham.
See Page 28.

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Spotlight tours water facilities

Much of Bethlehem's water goes through two treatment plants — one new, one aged

By CHARLES WIFF
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The Town of Bethlehem has a choice ahead of it. It's a choice that has been put off for years and will have at least some impact on every residence, business and person in the town. And it needs to be made now.

Town Hall watchers already know this decision has to do with the future of the

town's water system. No matter what is done, the way the people of Bethlehem get their water will change. In an effort to get a complete picture of where the town stands now when it comes to water production, *The Spotlight* recently toured the town's water treatment and supply facilities along with staff from the Department of Public Works and saw firsthand the hydra that is the Water Department.

The town has a diverse portfolio of water supplies. Besides purchasing finished water from the City of Albany, Bethlehem draws its water from three sources: the New Salem Wellfield in New Scotland, the

Water Page 14



Chief Water Treatment Plant Operator Richard Sayward stands over a control panel in the New Salem Water Treatment Plant.

Alyssa Jung/Spotlight



Kids in the Guilderland YMCA's ME Fit program on a shopping trip, where they discovered ways to eat healthier at home. ME Fit is a seven-week course for overweight and obese children and their families that emphasizes the role of exercise and sensible nutritional decisions.

Submitted photo

Bringing the fight home

YMCA program shows overweight and obese children, families, healthier choices for everyday life

By CHARLES WIFF
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All the experts agree: obesity is an epidemic in America, and children are far from removed from the problem.

In New York, 20 percent of elementary school

children are now considered obese, higher than the national average. Nationwide, 30 percent of children are considered either overweight or obese.

But a program at the Guilderland YMCA has for the past two years been aiming to change that and, for the first time, is currently being offered free under a grant from the state Office of Children and Family Services.

The ME Fit program (Motivation and Exercise for Fitness) meets twice a week for seven weeks and aims to not only increase the overall health of

Fight Page 19

Senior housing proposal resurfaces

Glenwood Village plan sees minor revisions

By CHARLES WIFF
wiffc@spotlightnews.com

Several years after being halted by a down economy, a developer with plans to build a 148-unit senior housing project in Glenmont is back before the town.

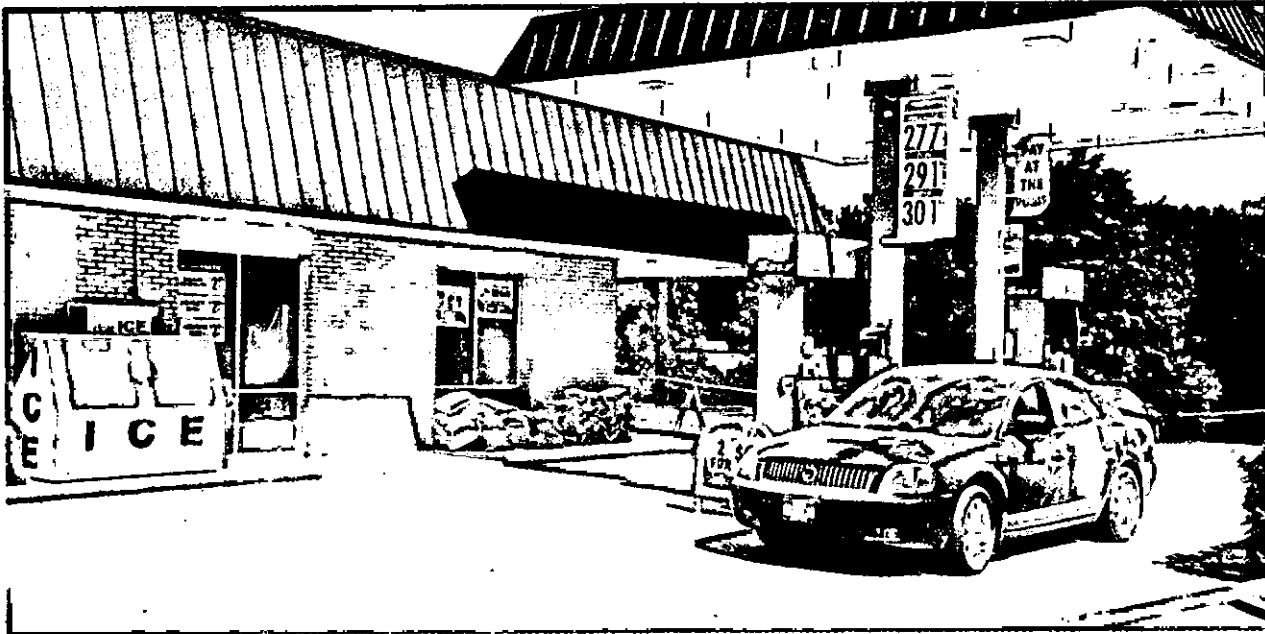
Like many other large housing projects, the building of Glenwood Village was put on hold after time in the planning process due to a bad economy that's put a stranglehold on the housing market.

"We were not able to meet the requirement of starting construction on this project within two years of the zoning approval," said Tim Haskins of United Development Corp.

Since first coming before the town in 2008, the market has improved and the developer has made changes to the plan to hopefully make the project even more attractive. Although similar to the previous plan, the project has been shrunk somewhat, shedding a few living units and square feet. The alterations and the time passed mean the developer will have to head back to the Zoning Board for previously granted variances.

The facility would be an even Senior Page 19

Extinguisher temporarily closes Stewarts



The overhead fire suppression system on the gas pumps of the Stewart's Store on Delaware Avenue was accidentally discharged on Saturday, Sept. 18, sending a chemical powder onto the property. Bethlehem police and Delmar EMS responded to the scene, and a female customer was transported to St. Peter's Hospital. The system was triggered by a store employee, according to police.

Tom Heffernan Sr./Spotlight



Police Blotter

Rensselaer man arrested for DWI, possession

The Bethlehem Police Department on Friday, Sept. 10, arrested Jacob W. Waldren, 23, of 1538 2nd St., Rensselaer, and charged him with DWI and possession of marijuana.

Police pulled Waldren's vehicle over on the Slingerlands Bypass at about 8:24 p.m. for allegedly having no license plate lamp. Police said Waldren had the odor of alcohol on his breath and the vehicle's interior smelled of marijuana, and that Waldren had watery, slightly bloodshot eyes.

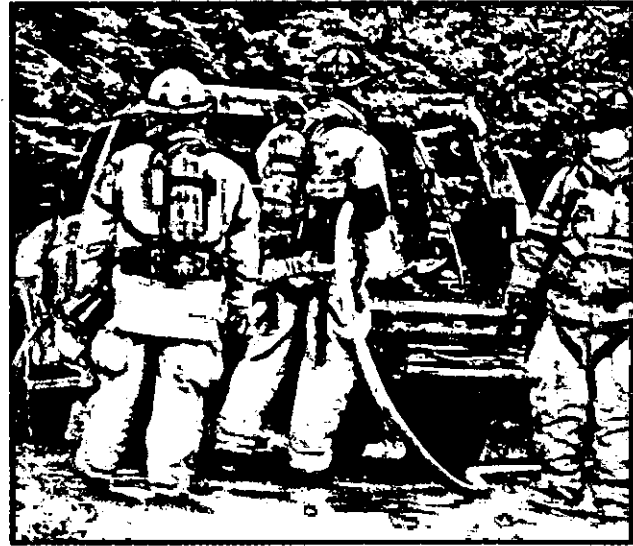
Waldren allegedly admitted to consuming

alcoholic beverages, and said he had five or six beers and had also smoked marijuana before that, according to arrest reports.

Waldren was taken into custody. A search of his vehicle allegedly revealed a plastic bag containing 11.14 grams of marijuana under the driver's seat.

A chemical test at the police station allegedly showed his BAC to be .07 percent. He was released to a friend with tickets returnable to Bethlehem Town Court Tuesday, Sept. 21.

Truck fire on Hurber Ave.



The Elsmere Fire Co. was dispatched to a truck fire at 21 Hurber Ave. around 3:15 p.m. on Tuesday, Sept. 14. Upon arrival they found a fully involved pickup truck parked in the driveway, close to the residence. The fire was extinguished, and the Bethlehem Police are investigating the cause. There were no injuries.

Tom Heffernan Sr./Spotlight

CLARIFICATION

A story in the Sept. 15 edition of The Spotlight ("Water contract costs town"), stated water bought from the City of Albany is "rarely used." In reality, the Town of Bethlehem does receive all the water it is contractually obligated to purchase from the city. It costs the town approximately \$500,000 more to collect this water than to produce it on its own. *The Spotlight* regrets any confusion.



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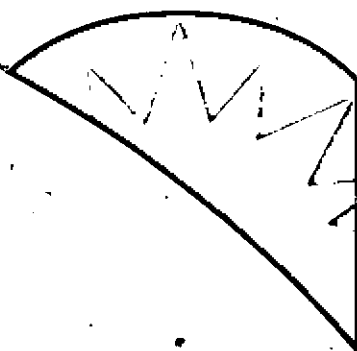


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September is Prostate Cancer Awareness Month



New plans for old Shoe Depot on Delaware Avenue

Developer wants to bring a Berkshire Bank, commercial space, to site of former store

By CHARLES WIFF
wiffc@spotlightnews.com

If all goes well for the developer, the site of the former Shoe Depot in Delmar won't stand vacant forever.

Columbia Development is pitching to the Town of Bethlehem a plan to level the existing Delaware Avenue structure to make way for a Berkshire Bank branch and other commercial space. Their preliminary plans, which were presented to the town at a Thursday, Sept. 16, meeting of the Design Planning Committee, call for a 5,000-square-foot building, half of which would be occupied by the bank with the remainder split by two other businesses.

The project would also feature an expanded parking lot and a series

of drive-through lanes for teller and ATM access. A fence and landscaping would help obscure the site from Delaware Avenue traffic. Vehicle access would be via Groesbeck Place

The Shoe Depot closed in late February, with owner Frank Panza citing a lack of funding to keep his inventory levels up at that location. He's since consolidated to his larger store in Saratoga Springs.

The developer doesn't have any businesses lined up to occupy the rest of the building, and Joe Nicolla of Columbia Development said they probably won't start looking until the design process is further under way.

"This is a good market. We're going to be able to find people to come out here," he said.

The project wouldn't be economically viable with just a bank, he continued, so building a smaller structure without other businesses would not be an option.

The DPC — a largely



Columbia Development wants to put this building housing a Berkshire Bank branch and two undetermined other businesses at the site of the former Shoe Depot store on Delaware Avenue in Delmar. Town planners have asked the applicant to consider moving the building up closer to the curb to keep with the vision set forth in the Delaware Avenue Corridor Study.

Submitted rendering

"We've kind of set a vision for this corridor, and that vision talks about building orientation to the street."

— Senior Planner Rob Leslie

informal group of town officials that review projects in their early stages — was most concerned about the placement of the building itself. The applicant wishes to have the building sit right in the middle of the parking lot, with traffic flowing around it to a set of drive thru lanes on the north side.

Town planners, however, noted the ongoing Delaware Avenue

Corridor Study focuses on the importance of having buildings close to the road, without parking space between the business and Delaware.

"We've kind of set a vision for this corridor, and that vision talks about building orientation to the street," said Senior Planner Rob Leslie. "We've got about seven banks on Delaware Avenue, probably six of the seven

are pushed up [to the curb]."

The applicant argued this would create traffic flow issues in the parking lot itself, as it would make it more difficult for cars to approach the drive thru orientated properly. It would also expose pedestrians walking in to the businesses to more traffic.

Nevertheless, the developer promised to

work on a plan with the building moved further up.

"We're willing to take a look at that, but it might cause too many problems," said project engineer Daniel Hershberg.

The developer said if the plan is approved, the sidewalks on Delaware and Groesbeck Place would likely be replaced.

Cell tower proposal withdrawn

Independent pulls back application citing town's decision in favor of competing company

The battle between two cell tower companies for a space in western Delmar is officially at an end, as Independent Tower Holdings LLC has withdrawn its application to the Town of Bethlehem to build a tower on school district property.

Independent submitted its withdrawal Monday, Sept. 13, said President John Stevens, in recognition of the fact the Planning Board recently made a decision to move forward with a competing application by ESCO Tower to build a tower on farmer Chuck Preska's land, just off of Van Dyke Road.

Since the two sites are so close together, only one can ultimately gain full approval.

"This is America, it's a great place to work, and the process works well," Stevens said. "I'm happy the board made a decision."

The Planning Board made the decision to pursue a monopine design, so ESCO will focus on designing a tower that's disguised to look like a pine tree. Independent also submitted plans for a monopine design.

"There are bad monopines and there are good monopines. ... I'm sure the board will make sure ESCO does a good monopine," Stevens said.

ESCO Vice President Tom Butler said he thinks the affair turned out for the best.

"I've always felt that was a speculative tower," he said. "We've always had Verizon and AT&T as tenants, and as far as the impact to the community, I think our project is going to have a lot less impact."

A key issue now is

that monopines are more expensive than traditional towers, so ESCO must renegotiate with the carriers to make the project financially viable.

ESCO approached the town with its plans long before Independent responded to a BC School District call for proposals to build a tower near its Operations and Maintenance building on Elm Avenue. The district was seeking new revenue sources.

That sparked off a community debate on the possible dangers of cell phone tower radiation and their proximity to schools. Both sites are close to educational institutions.

"While this process ultimately didn't bring any outside revenue to fruition, it should be a clear sign that we are listening to the community and are willing to think outside of the box when it comes to controlling taxes and supporting the educational program," BC Superintendent Michael Tebbano said in a statement.

— Charles Wiff

IN BRIEF

UAlbany to host Fall Festival

SUNY Albany will host its Fall Festival, Book Fair and Homecoming on Saturday, Oct. 9, 10 a.m. to 3 p.m., on the University at Albany main campus, 1400 Washington Ave., Albany

For more information, call 956-8150 or visit www.albany.edu.

More than 20 UAlbany faculty and alumni authors will be on hand to read from and sign their books. The day also includes a 5K race, student performances, a farmers' market, sheepherding demonstrations, and a host of children's activities. Enjoy fun and games at the tailgate party before cheering the Great Danes to victory against St. Francis, Pa., at the homecoming football game at 1 p.m.

HVCC offers software course

Hudson Valley Community College's Workforce Development Institute will offer a 15-hour "Computer Software Basics" course at its 400

Jordan Road facility in the Rensselaer Tech Park, beginning Oct. 5.

The course is designed to teach the basic skills and commands of three of the most popular Microsoft Office computer software programs: Word, Excel and PowerPoint.

This is the first of three software programs offered by the Workforce Development Institute. Students who successfully complete Basic, Intermediate and Advanced-level courses in this program will earn the Workforce Development Institute Computer Software Training Certificate.

The Computer Software Basics course is offered from 6 to 9 p.m. on Tuesday and Thursday evenings and on Saturday from 10 a.m. to 2:30 p.m. and runs through Oct. 16. The cost is \$250.

Students who register for this course should have basic computer knowledge.

To register or for more information about this or any other Workforce Development course, contact the Workforce Development Institute at 629-4325.

Church to host handbell solo

Kathie Fink will present "Legacy," a solo handbell concert and tribute to her father, Larry Fink Sr. and the Fink Family Handbell Ringers at 7 p.m. on Thursday, Sept. 30, at Hamilton Union Presbyterian Church, 2291 Western Ave., in Guilderland.

The free concert will include TV clips from 1963-65 of the Fink family and historical interviews with Larry and his wife, Wilma. Kathie Fink began ringing handbells with her family when she was 9 years old. Today she is a founding member and current ringer of Sonos Handbell Ensemble in the San Francisco Bay Area.

A freewill offering will be taken. For more information about the tour go to www.kathiefink.com.

A handbell workshop will be held from 5:15 to 6:15 p.m. preceding the concert, followed by a light supper. The cost for both will be \$12. Contact Charlotte Palmeri by phone (355-1307) or e-mail (cpalmeri@nycap.rr.com) to register.

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Wishing for clean socks and missing lost treasures

By ROBIN SHRAGER SUITOR
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My daughter walked out of the house and onto the back deck where I was sitting reading the newspaper. I noticed she was wearing socks, but no shoes. The socks were white. Well, the tops were white. I clamped my teeth together, so no words would spill out. I decided to keep my mouth shut and not verbalize what I was feeling, which was: "Put some shoes on, those socks are going to be filthy!"

I didn't say anything, but Rachel already saw me glance at her feet and she knew what I was thinking. Defensively she said, "These socks are already dirty on the bottom." I said, "I didn't say anything."

How many times have I asked her not to walk sock footed outside? Then again, how important is it for sock bottoms to appear clean? Which battles am I supposed to pick and which do I let go by? Whose reputation am I really concerned about, my child's or my own? Am I worried that any sign of imperfect manners, unfashionable dress or bad hygiene will reflect poorly on my child, or am I worried that my parenting skills will be judged as inferior?

I remember seeing photographs of myself as a preschooler wearing flowery

pants and a checkered shirt. And I thought, "Why did my mother dress me like that?" Once I became a parent I realized that I most likely had selected my own outfit and my mom had been wise enough not to pick a battle. Now that I have a teenager, I have lots of questions I would like to ask my mom. For example, I'd like to know what I was like at that age.

Luckily, Dad is still here to fill in the missing pieces. "When you were a teenager, you made a lot of faces," he tells me. This I know, since I have loads of memories of Dad admonishing me to "stop making faces" and "wipe that look off your face."

I get really ramped up when my daughter scowls or pouts. But I don't say, "Stop making faces." I say, "I can't believe you are looking at me like that! What did I do to deserve the venom from your eyes?" Duh, what goes around comes around. I shot dirty looks at my parents and now I'm getting them from my child. Gosh, I didn't know how hurtful those

I remember seeing photographs of myself as a preschooler wearing flowery pants and a checkered shirt. And I thought, "Why did my mother dress me like that?"

looks were. How did my mother cope?

I sometimes say to people, "I lost my mother in 2008." Using the word "lost" sounds odd. It sounds like I was careless and misplaced my mother, like it's no different than when I lost a turquoise earring because I was too lazy to use a backing. I looked high and low for that earring.

"Lost" sounds odd, but "dead" sounds worse. "Lost" leaves open the possibility that my mother and/or my earring could be found. It would be great if I could have both back. I would then put on my earrings (with backings, of course), don my near-matching turquoise necklace and invite the whole family to dinner. All jewelry and both parents would be accounted for.

Of course, I understand that both my mother and my earring are gone for good. I'm pretty sure the earring slipped into the recycling bin at work when I was discarding old papers. And technically I know where

my mother is.

Recently, I called a restaurant to ask about an advertised three-course dinner special. I joked with the gentleman that answered the phone. I told him that I wanted to start with dessert and work my way backwards. He joked back, saying, "Go ahead, I won't tell your mother." My heart skipped a beat, and then I made a reservation for 6 o'clock that evening.

Ugh, we had been having such a joyful conversation. He had told me about the many offerings, including the parmesan-encrusted tilapia and the nectarine-raspberry crisp. My mouth had been watering in anticipation. And then he had to go and throw my mom in the mix.

"I won't tell your mother," he had said, unwittingly unleashing a wave of sadness. I felt a frown forming on my lips and thought, "Well, you can't tell her even if you wanted to because my mother is dead." Luckily, in a split-second I was able to reframe the situation. I knew my mother would have been fine with me eating dessert first. In her later years, she too would have preferred to start with dessert. I turned my frown into a smile, picturing my mom enjoying a piece of chocolate cake at one of Rachel's birthday parties.

This month marks the two-year anniversary of my mother's passing. "Passing" is easier to say than "death." Using the word "passing" makes it sound

like I might see her driving by on the highway. "Look there's mom in the left lane!" I would say. Then I'd signal her to follow me and we'd go to a diner and have a long chat over scrambled eggs and home fries.

I've been doing a lot of thinking about what I'd say to my mother, my level of introspection intensified by the arrival of the Jewish High Holy Days. This period is a time of deep reflection, beginning with the celebration of Rosh Hashanah and ending with the solemn observance of Yom Kippur, the Day of Atonement. It is a time for contemplating how to be a better parent, spouse, child, neighbor, and friend. Lately, I have felt a strong desire to seek my mother's advice.

"I wish I could talk to mom, I tell my father. He says, 'So talk to her.'" I say, "It's not the same. I want her to answer back."

Apparently, Dad has greater success in reaching the "lost" and passed. Dad says he talks frequently to both his own mother and my mother. He claims that my mom is beckoning him to join her, but his mother says it's not time yet. "Mom can wait," I tell him. "We still need you here."

Lost jewelry and dirty socks can be replaced. Parents, no so much. And I don't have to speak to my mother to know that she wouldn't want me to sweat the small stuff. And I'm blessed to still have my father around to tell me "quit letting things bother you" and "don't nag your daughter so much" and "there you go with your faces again!"

At our family holiday gatherings there will likely be eye rolling among the generations, but also a lot of hugs, kisses and wishes for happy and healthy new year.



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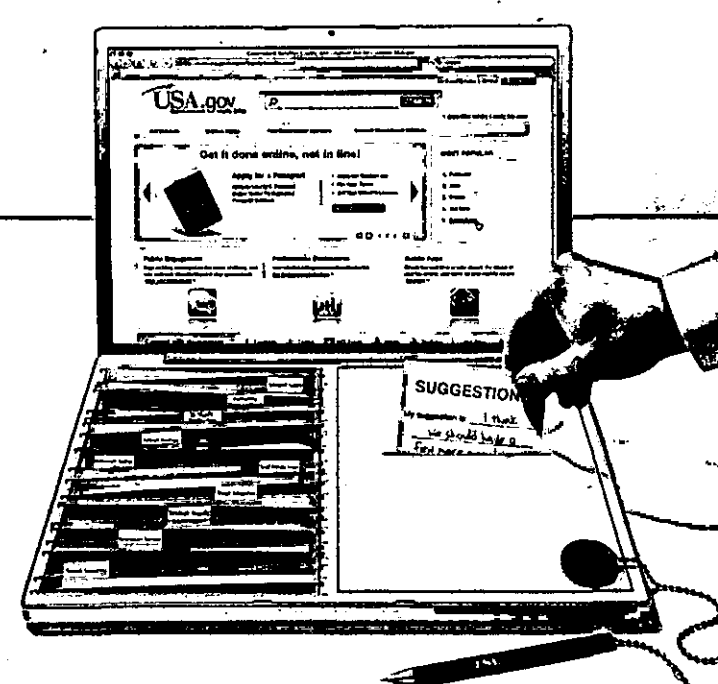
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Breslin bests Martland in primary Justice Donovan secures decisive wins in two primaries

Will face Republican Bob Domenici and Independent Michael Carey on Election Day

By ANDREW BEAM and CHARLES WIFF
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 wiffc@spotlightnews.com

Sen. Neil Breslin will take on Republic challenger Bob Domenici and Independent Michael Carey on Election Day, after Democratic primary challenger Luke Martland conceded late Tuesday night, Sept. 14.

"I'm delighted with the win," said Breslin. "It's a very difficult climate, particularly in and around the Capitol where everyone reads about the legislature on a daily basis."

Breslin touched on the anti-incumbency sentiment that surrounded the primary elections and said the voters showed the state that he is different from the rest.

"Last night, the voters looked at me as an exception," he said. "They looked at me as someone who will make sure we do look to correct corruption."

With all precincts counted, Breslin received 10,627 votes to Martland's 7,686 votes. There were 1,546 votes.

"We respect the decision of the voters," said Martland. "They want to keep him as their senator and that's what I'll respect."

Martland put a substantial amount of his own money into his campaign, and the candidate said that fact alone will likely preclude him from a future go at office.

"I'm broke, I'm unemployed, so I need to get a job," he said. "I'll

go home and I'll sleep, rest up, and tomorrow I'll start rebuilding."

Immediately following Martland's concession, Domenici issued the following statement: "Neil Breslin's primary victory tonight showed Albany County's dissatisfaction with Mr. Breslin's politics-as-usual approach. A full 45 percent of Albany County Democrats rejected the incumbent. Now, the real campaign begins. And, I hope that Mr. Breslin is ready for the campaign of his life."

Domenici went after Breslin for being "anti-business" and said the lack of jobs in the state is driving people out of the state.

"If we continue to lose the population we're losing and the job structure we're losing," he said, "we're going to continue to lose our best and brightest; our youngest citizens and they're not going to come back."

Domenici expressed the fact that he has never been an elected official. He also harped on Breslin's status as an incumbent, for his gaffe on the prior approval bill and for accepting donations from the insurance industry, which he regulates as the senate's insurance committee, as chairman, paralleling much of what Martland had run on.

"We're just going to state his record and we're going to show there's a clear difference," he said. "You can vote for the incumbent and go down the old road and continue to pass, or you can look at the new future and say 'We're going to correct this and we're going to unite the county and work as a team to rebuild our economic capacity.'"

He added that he believes Martland would have beaten Breslin if he had more time and more money. Domenici said he will be appearing all over the district, just like Martland, and even said he would be reaching out to his supporters.

Domenici and Carey point to the fact that 46 percent voted against Breslin as a reason why both believe they have a good shot at ousting the incumbent from his current position.

"I think there's going to be lots of people voting outside of the [Democratic] party," said Carey, adding that the problem with Albany has been going on for years and he the reformer to fix it. "Many democrats would want to vote for me."

Carey said he told Breslin earlier this year that he would not run a negative campaign and added that it is not his intention to go after someone's character.

"We need to talk about the core problems and why they haven't been changed," said Carey. "With the same leadership and the same ideas, we're not going to turn this ship around."

He spoke a lot about the mismanagement of state money and the inability of the state to cut the budget as opposed to making it larger. He also blamed both republicans and democrats for the current fiscal situation the state is in and said he is offering the district a true independent.

"I give people the opportunity to look outside the box," said Carey. "I represent the better parts of both parties."

Incumbent Bethlehem Town Justice Ryan Donovan has secured all but one line on the November ballot, after handily defeating challenger Ralph Ambrosio in two primary races Tuesday, Sept. 14.

With all precincts reporting, unofficial results show Donovan to have won the Independence primary 248 votes to 68 votes, and the Conservative primary 113 votes to 50 votes. Donovan was endorsed by both parties.

Ambrosio said he was not discouraged by the results, and would be focusing on the race in November, when he will appear on the Republican line. He said he expects an entirely different contest as opposed to the primary, where he personally collected nearly

all the signatures needed to appear on the ballot.

"The primary is a lot different because you've got a base, there are very few people," the first-time candidate said. "[The Republican Party's] resources are now going to come into play."

Donovan expressed appreciation to his volunteers and said he is also looking forward to the general election.

"I think we ran a strong campaign, which is reflected in the results," he said. "We're not going to stop now, we're going to run at this pace until November."

For Independence and Conservative party voters in Bethlehem, the town justice race was the only one on the ballot.

-Charles Wiff

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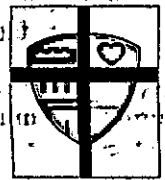
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Matters of Opinion in The Spotlight

Chart a new course for Five Rivers

The Fiver Rivers Environmental Education Center has had its staff cut by two-thirds over the past year (from six paid employees to two) because of cutbacks in the Department of Environmental Conservation.

As of now, there are no plans to restaff the New Scotland facility.

But it's not just manpower the facility is losing, it's institutional knowledge. Senior Educator Anita Sanchez will take 27 years of experience with her when she takes early retirement later this year. Nancy Payne, an environmental educator assistant laid off in March, instructed part-time at Five Rivers for 30 years.

Their departures, as well as their colleagues', will no doubt alter an educational facility that one letter writer this week calls "monumental." The uncertainty that they will be replaced does nothing to encourage patrons that the facility will be anything other than a shell of its former self.

But that doesn't have to be the case. Five Rivers will change, it has to, but it doesn't mean that it can't continue to be the marvelous and educational natural resource it has become for so many people. And a lot of the onus rests on you to ensure it does. As Charles Wiff reported last week, there are 100 to 150 people who volunteer regularly and another 100 that volunteer occasionally. We suggest you add yourself to those ranks.

As for the center itself, maybe it's time they looked at cutting a couple of days out of their seven-day-a-week schedule. We at *The Spotlight* understand that schools throughout the Capital District use the facility for field trips, but perhaps a more stringent appointment system could be used to consolidate trips.

For those who will no doubt still lament the loss of the Five Rivers they knew and loved, remember the words of Heraclitus: "Ever-newer waters flow on those who step into the same rivers."

So, Five Rivers must change its course, but instead of these cutbacks being seen as a dam stemming its flow, or even as a boulder, parsing it — with the help of volunteers and those who would rally around this great institution — this episode may be seen as a thrown pebble, sending minute ripples through something that has grown wider because of this adversity.

While we're here, thank you to the wonderful staff and volunteers that have made Five Rivers the excellent educational center it is.

For information on volunteering or otherwise supporting the facility, visit the Friends of Five Rivers website at www.friendsoffiverivers.org.

Editorial

Caring for young children again

By THERESA ANDERSON

The writer is a Kinship Family Caseworker for Catholic Charities Caregivers Support Services in Schenectady County.

This year, National Grandparents Day fell on Sunday, Sept. 12. With media attention drawn so strongly to the coverage of Patriot Day, the anniversary of Sept. 11, 2001, it seemed to pass by with very little fanfare. While perhaps understandable, it's unfortunate that this special group of people may not have gotten the recognition they certainly deserve. The good news is that one doesn't have to wait for a national holiday to give recognition when it's due, and grandparents are certainly deserving of praise for many things on many levels.

On a personal level, I remember the look on my mom's face as she held my oldest son for the first time. He was her fourth grandchild and since then has had three more. They all have their own unique relationship with her. I am sure they all believe that they are her favorite and on some level, they are all right. Free of the daily responsibilities of raising the child, a grandparent is free to love, laugh and play with a grandchild in a special way that leaves them feeling like the "favorite." My siblings, cousins and I experienced similar feelings about our grandparents as well.

As a Kinship Family Caseworker for Catholic Charities Caregivers Support Services in Schenectady County, my professional experience has expanded my awareness to consider those grandparents whose freedom to "love, laugh and play" has been replaced by the responsibilities of raising their grandchild.

* Mary and her 10-year-old grandson, Liam, live alone in a small apartment. Her daughter, Liam's mother, has been in and out of rehabilitation centers for the last five years. In that time, Mary has gained full custody of Liam. However, having custody doesn't mean her family court days are over. The latest summons is requesting that custody be given back to her daughter. Liam has begun acting out in school since hearing about this latest court date. Mary is raising Liam on her fixed income of

Point of View

Social Security, a small pension and a child only temporary assistance grant. She struggles financially and sometimes has to choose between clothes for her growing grandson and filling her prescription. Mary often struggles in her relationships with other family members who don't understand all of the dynamics of the situation. She feels socially isolated because her peers aren't parenting 24/7 like she is.

Can you imagine the complexity of feelings Mary is experiencing? How frightening it must be to have a daughter struggling with addiction. How does it feel to admit that your own daughter is unable to raise her son? How does it feel to have to explain to your other children why you have taken on this responsibility, especially when they disagree? How would you choose between clothing and meeting your medical needs? What do you think Mary tells Liam when he asks, "Why doesn't my mom want me?"

Mary was dealing with all of this and more when she courageously picked up the phone and called my office. She had gotten the number from United Way. After listening to Mary's story, I assured her that her challenges were common among relative caregivers and invited her to attend our next monthly support group. She has been a regular presence at our meeting for the past year.

* Karen and Bill have been raising their 5-year-old grandson, Cory, since the sudden death of his mother. Their son, Cory's father, stricken with grief felt unable to parent and dropped Cory off with Karen and Bill, temporarily — to get his head together. That was three years ago. They have not heard from their son since. Karen suffers from arthritis and Bill can't hear as well as he used to. They worry that caring for Cory may be physically more difficult as time goes on. They don't know what will happen to Cory if something were to happen to either of them.

Karen and Bill struggled with some similar feelings as Mary,

but when they called my office they were mainly concerned about securing their legal standing. They were confused by the difference between guardianship, kinship foster care and adoption. We were able to clearly explain all of Karen and Bill's options, allowing them to make an informed decision regarding Cory's care. We also helped Karen and Bill take care of their advanced directives so that they could rest easier knowing there was a plan in place for Cory should anything happen to either of them.

According to AARP, there are more than 143,000 grandparents raising grandchildren in New York State and more than 400,000 children living in a household headed by a grandparent or other relative. Nationwide, the census estimates 4.5 million children are being raised by a grandparent. Grandparents become caregivers of their grandchildren for a variety of unfortunate circumstances and often at great personal sacrifice. Retirement dreams and nest eggs are replaced with diapers, school meetings and discipline.

Ironically, by opening their hearts and homes to care for the grandchild, grandparents are also inviting in feelings of stress and isolation. This is what leads many grandparents to seek out help. It's our hope that they will find us.

The Kinship Caregiving Program of Catholic Charities Caregivers Support Services has existed for 15 years. We are here to support not just grandparents raising grandchildren but any relative raising a child. We offer information and assistance, support and care management support groups and other group-based activities. While we often meet families at a difficult point in their lives, it doesn't take long before we hear stories of the happiness and healing felt by being together. It is this strength and dedication that is awe-inspiring and worthy of recognition. Happy (belated) Grandparents Day!

For more information about our program, volunteer opportunities or to make a donation, please call 442-2001 or check us out on the web at www.cccaregivers.org.

* Some information has been changed to protect the identity of our clients.

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Weekly poll

Primary elections were held Tuesday, Sept. 14, and complete coverage is available at spotlightnews.com.

Now that they're over, this week's question is:

Were local primary campaigns too negative?

Log on to www.spotlightnews.com to cast your vote.

Last week's poll results:

Question: "Did you spend more or less on back-to-school items this year?"

- More.: 27%
- Less.: 50%
- About the same.: 22%

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| | www.spotlightnews.com |

Your Opinion in The Spotlight

Keep field trips alive Five Rivers an irreplaceable resource

Editor, *The Spotlight*:
 One of the many budget casualties in Bethlehem has been the district funding of field trips. This understandable given the current economic situation, but how many of us have fond memories of those long ago trips to Thatcher Park, Howe Taverns, or the State Museum?
 Teachers have had to pursue fund raising opportunities and planned trips on their own to the Statue of Liberty and Ellis Island. Unfortunately,

many Bethlehem students did not have the opportunity to participate in these trips.
 Fundraising and planning are the only ways to make those memorable trips happen for your children. Contact your child's teacher this month or ask about their plans for the year during Open House events. Volunteer your time and resources so that all our children can share those wonderful memories.

Sandra Miller
 Bethlehem

Editor, *The Spotlight*:
 Monumental – that is the only way to describe the impact that Five Rivers Educational Center has had on my life. As a little girl, my father and I used to attend the various programs by the center. I remember splashing through the creek, collecting various stream organisms, becoming completely filthy and basking in every moment.

I went on to become a member of Five Rivers' amazing volunteer program run by Nancy Payne. I was finally in a leadership role where I could share my love of nature's hidden treasures with children of all ages and their parents. I will never forget the faces of people who tried maple syrup straight from the tree at the annual Maple Syrup Festival or who caught a huge bug in their nets at the Fall festival.

Over the years I continued to help at programs, work at the parent-child summer camp and attended snow shoe outings for fun... As a senior graduating from Guilderland High School I was sad to leave my Five Rivers family behind – but I never really had to.

I have chosen to pursue a degree in biology with a concentration on ecology at Connecticut College, in New London, Conn.

My experiences at Five Rivers have shaped every aspect of my academic pursuits. Whether it is volunteering at the local Mystic Aquarium and Institute for Exploration or becoming trained as a tour guide for my school's arboretum, environmental conservation and education holds a strong hold on every aspect of my young adult life.

The connection I made with nature during hours spent at Five Rivers is irreplaceable. It would be a shame if the next generation of hikers, campers and conservationists didn't have the opportunities I had to discover all there is outside of the

mall, video games, and face book.

I commend the Friends of Five Rivers volunteer group and urge the Department of Environmental Conservation and the community at large to support their valiant efforts to continue to provide environmental education to school groups, brownie and boy scout troops and all those who love to splash in the creeks, lift large rocks to see what lurks underneath, and listen to the quiet sounds of nature.

To paraphrase Five Rivers Senior Educator Anita Sanchez, for so many people, Five Rivers is the entry point – the place where people discover they love nature.

Anna Holop Kaufman
 Bethlehem

A thank you to voters

Editor, *The Spotlight*:
 I am writing to express my sincere appreciation and heartfelt gratitude to the voters who went to the polls on my behalf on Primary Day. I was overwhelmed and truly humbled by the number of Bethlehem neighbors who supported me, and cannot describe how thankful I am to each and every one of them.

I must also thank more than sixty friends, family members, neighbors, and acquaintances that took me out of their busy lives to volunteer for my campaign. Volunteers stuffed envelopes, went door-to-door, made phone calls, and drove people to the polls. Without their help, my campaign could not have been nearly as successful as it was.

With the General Election on the horizon, we continue to run at the same pace we have since early this summer, and we are proud of the honest and fair campaign to which we have committed. I look forward to talking with even more of my fellow residents, from all across our wonderful Town, over the next several weeks.

I have been fortunate to serve as Bethlehem Town Justice for the past four years, and I would be honored to be re-elected in November.

Ryan Donovan
 Bethlehem
 Town Justice

Letters policy

Spotlight Newspapers welcomes letters from readers on subjects of local and regional interest. Letters are subject to editing and should be contained to 500 words or less. Letters must include the writer's name, address and phone number. Spotlight Newspapers reserves the right to limit the number of letters published from a single author.

Submissions can be e-mailed to news@spotlightnews.com. The deadline for all letters is noon Friday prior to publication.



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Race for Hope



458 runners stepped off for the second Capital Region Special Surgery Race For Hope 5K on Saturday, Sept. 18, in Slingerlands. The event fell short of its fundraising goal this year, but still raised \$51,078 for a patient fund at the St. Peter's Hospital Cancer Care Center and the Ronald McDonald House Charities of the Capital Region. Brian White, age 36, of White Management, finished the race with a best time of 18:27. Full results are posted at www.capitalregionspecialsurgery.com. Organizers intend to run the race again next year.

Susan O'Donnel/Spotlight

Figure skating club to host fundraiser

The Albany Figure Skating Club's Achilles Edge Synchronized Skating Team will be holding its annual Flapjack

Breakfast fundraiser at the Applebee's Restaurant on Route 9W in Glenmont on Saturday, Sept. 25, from 8 to 10 a.m. The breakfast will feature all-you-can-eat pancakes, bacon, juice, and coffee, all served by our friendly synchro team members.

Tickets are only \$5 each and proceeds benefit the synchronized skating program. If you have any questions or would like to purchase tickets, please contact Pat Clancy at 295-8615 or doonbeg@midtel.net.

RCS bus proposition up for re-vote

On Nov. 15, residents of the Ravena-Coeymans-Selkirk Central School District will have an opportunity to vote on a revised proposal to purchase six vehicles at no additional cost to local taxpayers in 2010-11. With state aid covering 68 percent of the total cost to purchase the vehicles, the local share of \$139,011 would be financed over five years.

Voting hours will be 7 a.m. to 9 p.m., in the RCS High School Auditorium.

District officials crafted a second bus proposition to put before voters after residents voted "no" on a previous proposal on May 18. The district is proposing to purchase three new buses and three smaller vehicles to replace older vehicles that are growing more costly to maintain due to higher mileage and wear-and-tear.

Of the 55 buses in RCS's fleet, 10 buses are more than 10 years old; three buses must be taken out of service this year, three buses have 200,000 plus miles, and 16 buses have 150,000 plus miles.

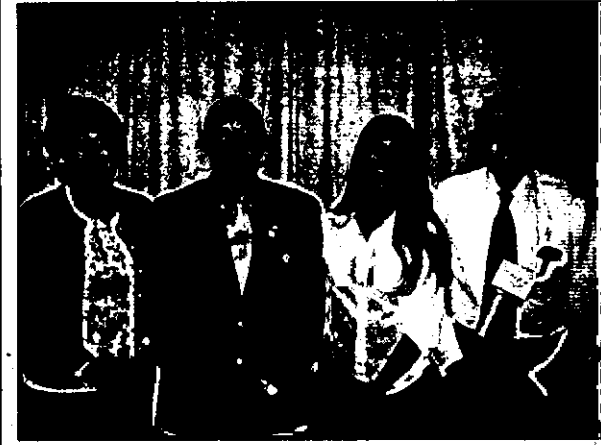
If this bus proposition does not pass, the district will not be able to purchase any new buses for the 2010-11 school year. This means the district will have to spend additional money to repair

the buses that would have been replaced to ensure they meet rigorous safety and efficiency standards during NYS Department of Transportation inspections.

"While our mechanics do

a stellar job to ensure our vehicles are in safe, excellent working order, the cost to maintain that standard of excellence is much more substantial than on a new bus," said Transportation Director Jen Houck.


New Scotland man tapped as Kiwanis Gov.



From left, outgoing Lieutenant Governor Jerry Witkop, Governor Mike Malark, incoming Lieutenant Governor Joe Wiley.

Submitted photo

On Aug. 22, Mike Malark, a longstanding member of the New Scotland Kiwanis Club, was installed as New York District Governor at the 93rd Annual New York District Kiwanis Convention in Binghamton. In this role, Mike and his team of Lieutenant Governors will advise and assist the 28 Kiwanis districts in New York. Joining him at the convention was his son, Mike Malark Jr, and fellow club members Amy Faustel, Melissa Faustel, and Warren Schlickerrieder.

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IN BRIEF

LWV seeks members

The League of Women Voters of Albany County will be starting its fall season for current and prospective members with a potluck supper on Sept. 28 at St. Sophia's Church, 440 Whitehall Rd., Albany, starting at 5:30.

To continue celebrating the 90th anniversary of the passage of the 19th amendment and the founding of the League of Women Voters, the evening will feature Bob Warren and "Only the Message Mattered", a musical exploration of the life of Susan B. Anthony. The text and song cycle for "Only the Message Mattered" was written by Bob Warren, a songwriter and performer for more than thirty-years. He has been on the road bringing his emotionally charged and lyrically astute songs to appreciative audiences throughout North America in venues ranging from coffeehouses, outdoor festivals and house concerts. He is a regular host of Caffè Lena's open mic night.

RSVP by Sept. 22 to Lois at ohgriffin@gmail.com or 765-4733.

Delmar man interns with Northern Forest Canoe Trail

Brendan Jackson of Delmar recently completed a summer internship with the Northern Forest Canoe Trail, Inc. (NFCT) based in Waitsfield, Vt.

Jackson spent the summer as a stewardship intern on the Northern Forest Canoe Trail. Credit: NFCT Delmar resident Brendan Jackson spent the summer as a stewardship intern on the Northern Forest Canoe Trail. Credit: NFCT

As a NFCT Stewardship Intern, Jackson was part of a crew working on a variety of trail projects, and leading Waterway Work Trips in New York, Vermont, New Hampshire and Maine. Projects ranged from erosion prevention to improving waterside campsites, portage trails, and access to launch

sites along the 740-mile recreational waterway.

Jackson has a degree in forestry with a concentration in recreation resource management from Paul Smith's College where he was president of the Outing Club and active in the student chapter of the Society of American Foresters.

Prior to this summer he worked as a Wilderness Instructor for Adirondack Leadership Expeditions in Saranac Lake, an Assistant Forest Ranger with the New York State Department of Environmental Conservation, an Environmental Educator with Georgia 4-H, and a Naturalist Intern at Five Rivers Environmental Education Center in Delmar.

The NFCT is a canoe and kayak trail connecting lakes, ponds, rivers, streams and portage trails between Old Forge and Fort Kent, Maine.

Ohav Shalom Cemetery spruce-up completed

On Sunday, Sept. 12, a hardy group of volunteers gathered at the Ohav Shalom cemetery for the second annual fall grass-

planting/clean-up day during the High Holidays. The event was coordinated by the Cemetery Committee and "Ohav Helping Hands, a community service group staffed by teenage members of Ohav (all with strong backs!)

This year's effort continued the work that began last September. Some congregants tended to the graves of their grandparents and great grandparents, while others concentrated on other areas within the cemetery that required attention. Volunteers included Bill, Danny, Rebecca, Eric, and Phil Golderman, Jon Phillips, Tyler Phillips, Jake Nussbaum, Isabelle Nirenberg and Jeff Cohen.

"We had a wonderful time on a great day doing a wonderful thing for an extremely important component of the Ohav Organization," said President Jeff Cohen.

Phillips Hardware provided the use of its truck and donated grass seed, wheelbarrows, and tools for this effort.

Congregation Ohav Shalom, led by Rabbi Daniel Ornstein and Rabbi Rena Kieval, is a Conservative/Egalitarian Synagogue affiliated with The United Synagogue of Conservative Judaism.

Open house, burning room



The Elsmere Fire Department held its annual open house on Sunday, Sept. 12. The members put on a fire demonstration by lighting a mock room and its contents on fire to show that a fire doubles in size with every passing minute. Around 200 people attended the open house to see the demonstration and meet the fire department members.

Tom Heffernan Sr./Spotlight

RCS voters to fill trustee seat

A board trustee election will also be included with the RCS School District bus proposition on Nov. 15 from 7 a.m. to 9 p.m. Residents will have the opportunity to fill a trustee seat on the RCS Board of Education as a result of Rosemary Puckett's resignation that was effective Aug. 31. This special election will fill the remainder of her term, which expires on June 30.

Petitions are available at the Board of Education Office at 26 Thatcher St., Selkirk, and must be returned no later than Friday, Oct. 15, at 4 p.m.

Each petition must be returned to the Clerk of the Board of Education and include at least 39 signatures of qualified voters of the RCS district. Every signature must include the residence of each signer and the name and residence of the candidates.

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Library readies for fourth annual technology fair

Demonstrations, exhibits, raffles, games and goodies are the order of the day at the Bethlehem Public Library's fourth annual technology fair in the library lobby and meeting rooms on Saturday, Oct. 2, from 11 a.m. to 2 p.m.

Exhibitors include Vicarious Visions, Inc., developers of the popular interactive game Guitar Hero; Adirondack Solar; Barnes and Noble; Capital Region Geocachers; Cornell Cooperative Extension; MicroKnowledge; Staples and Tangora Technologies.

Vicarious Visions will present "Careers in Gaming" at 11:30 a.m. Adrian Earle, the company's design group manager, will talk about how to prepare for a career in this creative, competitive field. Earle has designed and produced over 20 products across several genres and platforms. His expertise extends from interactive video to board games, card games, and gaming rules. He is on advisory committees for the masters program in game design at Guildhall SMU and the associate degree course on game development and animation at Mildred Elley.

Also at the fair you can learn the facts about New York's renewable energy resources. In "Renewable Energy Options" at 1 p.m., Michael Cellini of Adirondack Solar will talk about energy alternatives, installation options, and consumer access to state incentives and tax credits. Cellini is director of marketing and a founding partner of Adirondack Solar. He has given talks about energy conservation, renewables, consumer choices and self-sufficiency in the Capital District and has organized green initiatives at the community and professional levels.

Cornell Cooperative Extension will be offering EcoCrafts for Kids

throughout the event. The library will provide information on Computer Partners, our tutoring program in computer basics for adult learners. Teens can play Wii, Guitar Hero, DDR and other interactive games at the fair, and sign up for the Teen Film Fest at the teen services booth.

Friends of Bethlehem Public Library will provide refreshments. Raffles will be ongoing; you must be present to win, so come and browse, attend the programs, and try your hand at Guitar Hero.

Our tech fair promises to be bigger and better than ever this year; we hope to see you there.

Family playtime

Wednesdays, Oct. 6 to 27, 10 a.m.

Meet other parents and caregivers while your young children play with toys, puzzles, balls and board books. Up to age 6 with adult.

Anime/Manga/Cosplay Club

Thursday, Oct. 7, 3:30 p.m.

All things anime, manga, video games, comics, costumes. Hang out and talk with other teens. Grade 6 and up.

Passport to fun

Thursdays, Oct. 7 to 28, 4 p.m.

Stories and activities for kids on their own. Your "passport" will be stamped every week. Collect stamps and win chances in a raffle on October 28. Grade K-2.

Louise Grieco

All library programming is free and open to the public. The Bethlehem Public Library is located at 451 Delaware Ave., Delmar. For information, call 439-9314.



Community cookbook on sale

The Voorheesville Public Library is selling "Small Town Favorites," the Voorheesville community cookbook. It is a three-ring binder-style book that includes many recipes from the 1999 Centennial Cookbook as well as recent submissions.

The book contains an index by recipe title and one by contributor, and a handy pocket for your own handwritten favorites that may be crammed in your kitchen drawer. Inside the book and included in the \$15 price is a plastic stand that holds the book erect and open to the page you are working from.

The books were going like hotcakes at the Small Town Festival, so buy what you want before we run out.

Free passes

Autumn road trips are high on my list of favorite things. The library maintains a selection of free passes to a growing list of attractions, all less than a two-hour drive from home, which you can incorporate into your weekend plans.

We have passes to the USS Slater Museum



right here at the port in Albany, the Schenectady Planetarium, the new Arkell Museum in Canajoharie, sculptor Daniel French's Chesterwood estate in Stockbridge and the Iroquois Museum in Howe's Cave. Norman Rockwell, Mass MoCa and the Clark Institute are always popular. You can check out these or others for a three-day period and hit the road.

Tickets on sale

"Take A Chance On October" tickets are on sale at the library circulation desk.

Each \$5 ticket enters you in 31 daily prize drawings during the month of October. The prizes are fantastic each day, worth a minimum of \$25 and up to \$100 in cash. Purchasers of four or more \$5 tickets will be entered in a special drawing to win a beautiful strand of black cultured freshwater pearls donated by Refined Designs.

Banned Books Week

Steinbeck, Hemingway,

Mailer and Morrison - it is a curious list of books that have been removed from shelves at one time or another due to "objectionable" content, a practice which, surprisingly, continues even today.

To mark Banned Books Week, Sept. 25 to Oct. 2, we have on display a selection of protested reading material. You are invited to read and judge for yourself.

Still time to vote

There is one week left for you to vote in the People's Choice Art Show. Two prizes will be awarded so vote twice - once for your favorite photograph, once for a painting. Gift certificates will be awarded to the winners. See also the towering sculpture on loan from the artist Matt Ramsey in the main reading room.

All library programming is free (unless otherwise noted) and open to the public. RCS Community Library is located at 15 Mountain Road, Ravena. For information, call 756-2053 or visit www.uhls.org/RCSCL/.

Assemblyman coming to library

Assemblyman Tim Gordon's annual Hometown Tour will stop at the RCS Community Library on Tuesday, Sept. 28, from 10 a.m. until noon.

Community members are encouraged to attend to share their thoughts and concerns.

RCS COMMUNITY LIBRARY

Get your library card

If you don't have a library card yet, what are you waiting for? September is National Library Card Sign-Up Month and you

are invited to get the smartest card of all - a library card. Drop by the library with proof of your current mailing address (driver's license, utility bill delivered to your home, or a lease agreement) and get your free library card today.

Free programs

Library programming is free and fun! Early childhood storytimes are different for each age group - babies, toddlers, and preschoolers. They are weekly and do not require registration. Adult book groups meet monthly - one in the afternoon, one in the evening. New members are welcome. After the library returns to the Village Hall, other events will be announced.

RCS Community Library isn't just your library; it's your center

□ RCS Page 11



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www.capitalregionboces.org/CareerTech

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Safe driving course slated

The A.A.R.P. 55 Alive Safe Driving Course will be held on Thursday and Friday, Oct. 14th and 15th at the Bethlehem Town Hall, room 101. Register in person at the Town Hall by Oct. 1st. The cost is \$12 for AARP members and \$14 for non-members. Make check payable to AARP.

Enjoy Capital Repertory's presentation of "33 Variations", a play about Beethoven's final work featuring drama, music and memory. The show is at 10:00 am. Senior transportation will leave Town hall at 8:45 am. Home pick up is available. We will have lunch at Panera Bread following the show. Theater ticket is \$10, check payable to Town of



Town of Bethlehem

Bethlehem. Lunch is on your own. Suggested van donation: \$5.

Tuesday, Sept. 28

•Farmer's Market at the First United Methodist Church. Senior transportation will leave Town Hall at 2 pm. Home pick up is available. Suggested van donation: \$2. Call 439-5770 to make a reservation.

•Seniors in Motion: A low-level, fun aerobic exercise class to music. Bethlehem Town Hall auditorium, 445 Delaware

Ave., Delmar, 9 to 10 a.m. No registration is necessary. \$3 fee per class.

Wednesday, Sept. 29

Senior grocery shopping for residents of Elsmere, Delmar, Slingerlands, North Bethlehem and Marie Rose Manor at Price Chopper in Slingerlands. For reservations, call 439-5770.

Thursday, Sept. 30

•Senior grocery shopping for residents of Glenmont, Selkirk, and South Bethlehem at Hannaford at Price Chopper in Glenmont. For reservations, call 439-5770.

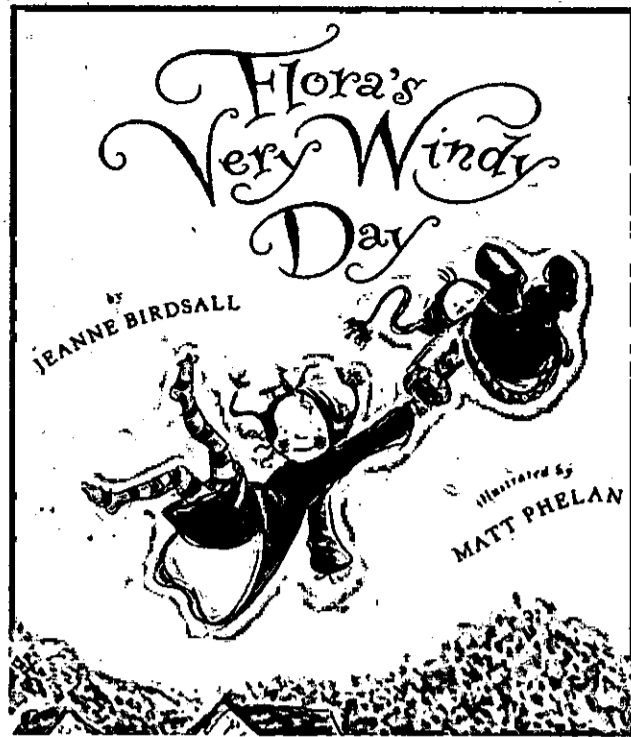
Friday, Oct. 1

•Seniors in Motion A low level fun aerobic exercise class to music. Bethlehem Town Hall auditorium, 445 Delaware Ave., Delmar, 9-10 a.m. No registration is necessary. \$3 fee per class.

•Senior grocery shopping for residents of Good Samaritan Senior Housing and Van Allen Senior Apartments at Price Chopper in Glenmont. For reservations, call 439-5770.

For information on the above or a list of additional activities, call the Bethlehem Senior Services Office at 439-4955, #1176

Wilma DeLucco, Bethlehem Senior Projects, Inc. Board Member



"Flora's Very Windy Day is among the new offerings at the RCS Community Library.

RCS

(From Page 10)

for free access to computers, wi-fi, new and popular DVDs and CDs, and best-selling books. The Library is also the local source for copy and faxing service at an affordable rate. In tough economic times, you can't afford not to use your library.

Renovation news

Solid progress has been made on the Mountain Road library's renovation in the past two weeks. The new concrete floor was poured on Wednesday, September 15th. After the concrete cures for 28 days, new carpet will be laid. Meanwhile, a much needed fresh coat of paint is in the works for this week. If all goes as planned, it looks like we

will be back in our original location by the end of October. In the meantime, visit us in our temporary home in Mayone Plaza.

What's new

- Juvenile fiction
 - "The Inside Story, Book 8 (The Sisters Grimm)" by Michael Buckley
 - "Into the Gauntlet, Book 10 (The 39 Clues)" by Margaret Peterson Haddix
 - "Storm Warning" by Linda Sue Park
 - "Thirteen Plus One" by Lauren Myracle
- Children's picture books
 - "Fancy Nancy: Poet Extraordinaire!" By Jane O'Connor
 - "Flora's Very Windy Day" by Jeanne Birdsall
 - "Rescue Bunnies" by Doreen Cronin
 - "Tell the Truth; B. B. Wolf" by Judy Sierra

Seniors invited to fall luncheon

Town of Guilderland Senior Services will host a fall luncheon Tuesday, Oct. 26, at noon at The Italian-American Community Center on Washington Avenue Extension.

Entree choice is baked scrod or chicken parmesan. Brian Zapel will provide entertainment.

The cost is \$18/person. Tickets are on sale until Oct. 19. Make checks payable to CLUSTER II, c/o Senior Office, P.O. Box 339, Guilderland, NY 12084.

Transportation service is available.

Meals On Wheels driver needed

We are seeking a volunteer to deliver Meals on Wheels to area homebound residents on Tuesdays, from 10 to 11:30 a.m. We also need more substitute drivers for all

Town of Guilderland SENIOR CALENDAR

weekdays. Call 356-1980, ext 1048, for more information.

Monday, Sept. 27

- Scheduled Shopping
- 9 a.m. Aerobics
- 10:30 a.m. Strong Bones +
- 10:30 a.m. Sr Fitness
- 1:30 Strong Bones +

Tuesday, Sept. 28

- 9 a.m. Strong Bones +
- 11:30 a.m. Speech: "Identity Theft"
- 11:30 a.m. Luncheon: Veal Parmesan or Cold Plate
- 12:30p.m. Bingo/Billiards/Games

Wednesday, Sept. 29

- Scheduled Shopping
- No Line Dancing
- No Strong Bones +
- 10:30 a.m. Bridge
- No Sr Fitness
- 1 p.m. Needlecraft
- 1:30 p.m. Strong Bones +

Thursday, Sept. 30

- Scheduled Shopping
- 9 a.m. Strong Bones
- 10:30 a.m. Movie: "Nine" (please call ahead to sign up)
- 1 p.m. Pinochle/Mahjongg

Friday, Oct. 1

- Scheduled Shopping
- 10 a.m. Painting
- 1 p.m. Quilting

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Your Community in The Spotlight

NS Soccer Club hosts spring sign up

The New Scotland Soccer Club will be holding registration signups for the 2011 Spring Travel Soccer season. Registration can be done online at www.newscotlandsoccer.com. Club representatives will be available at the Voorheesville High School main lobby on Monday, Oct. 4, and Tuesday, Oct. 5, from 6:30 - 8 p.m. to collect players photo's and medical release forms needed to complete their registration that is done online. Members of the club will be there to assist and answer any questions. Questions regarding the club, 2011 season or online

registration call Tom Jones 765-4622, or Rod Fortran 765-2837.

Fundraiser to benefit Darfur

A fundraiser concert to Benefit Darfur will be presented by The Social Action Committees of Congregation Gates of Heaven and First Unitarian Society of Schenectady on Sunday, Oct. 17, at 7 p.m.

The concert will feature Lee Shaw, jazz pianist, Doc Scanlon Trio, Riverview Ramblers, Catskill Klezmerim, Marimba Trio from the Empire State Youth Percussion Ensemble.

Darfur is experiencing a massive humanitarian

crisis so all proceeds from the concert will be used to purchase solar cookers, build schools at the camps, backpacks for the Darfuri children and seeds to provide enough produce for a family for a year.

The concert will be held under the Whisperdome of The First Unitarian Society, 1221 Wendell Ave. in Schenectady.

Admission is \$20 for adults, \$10 for students, \$50 for families, children under 5 free. Tickets available at the door and at Congregation Gates of Heaven, The First Unitarian Society of Schenectady, the Schenectady Jewish Community Center, and Friendship Baptist Church.

From Mexico to Delmar



Members of the Pueblo to People Committee met Fr. Fernando de J. Castro-Andrade at the Albany International Airport Wednesday, Sept. 15. The Church of St. Thomas the Apostle in Delmar will be hosting Fr. Castro, who is from its sister Parish of the Divine Child in Merida, Yucatan, Mexico. During his fifty years as a Priest, Fr. Castro has held different positions in the Catholic Diocese of the Peninsula of Yucatan, and he will be celebrating Mass in St. Thomas in Delmar and in St. Mary's in Crescent while also touring around the area. All Parishioners are invited to stop by and meet Fr. Castro after Masses from Sept. 17 through Sept. 27. Pictured from left to right (back): Fr. Tom Hayes, Patricia Sosa-Suarez, Thomas Harman, Alicia M. Harman, Patricia Switzer, Violeta Ramirez de Zapata, Lisa Hancock and Vicenta Cime Cough. Front: Margarita P. Harman and Fr. Fernando de J. Castro-Andrade

Submitted photo

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Lexi Becker, DVM

FROM CRAIG IN ALBANY:

Help...I think my dog has Fleas! What do I look for and what can I do?

Flea infestations are a common cause for itching in dogs and cats this time of year. Adult fleas feed on the blood of your pet. The adult flea can live for weeks and lay hundreds of eggs. The eggs fall off of your pet into your home and hatch into larvae. The next life stage, the pupae, makes flea eradication difficult as they can survive for up to 9 months!

Fleas can be tricky to diagnose as the adults are very fast and good at hiding in your pets hair coat. Using a specially designed comb to check for pepper-like specks of flea feces is a good way to check for the presence of fleas. Other signs of a flea infestation include excessive scratching and chewing, hair loss due to self trauma, scabs and hot spots, anemia and tapeworms.

There are many flea treatments for both your pet and your household. Although dogs and cats are both prone to fleas, it is important not to use products labeled for dogs on cats as this can be fatal. Please be aware that many of the flea treatments are toxic; before using any of these products consult with your veterinarian. Thoroughly clean your home and remember to discard all vacuum bags.

Please ask your veterinarian for more information regarding heartworm, fleas, intestinal parasites and preventative medications.

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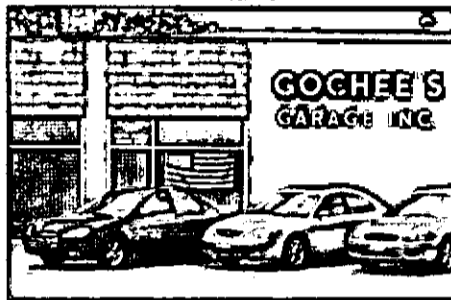
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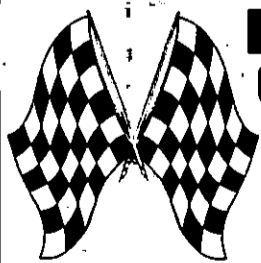
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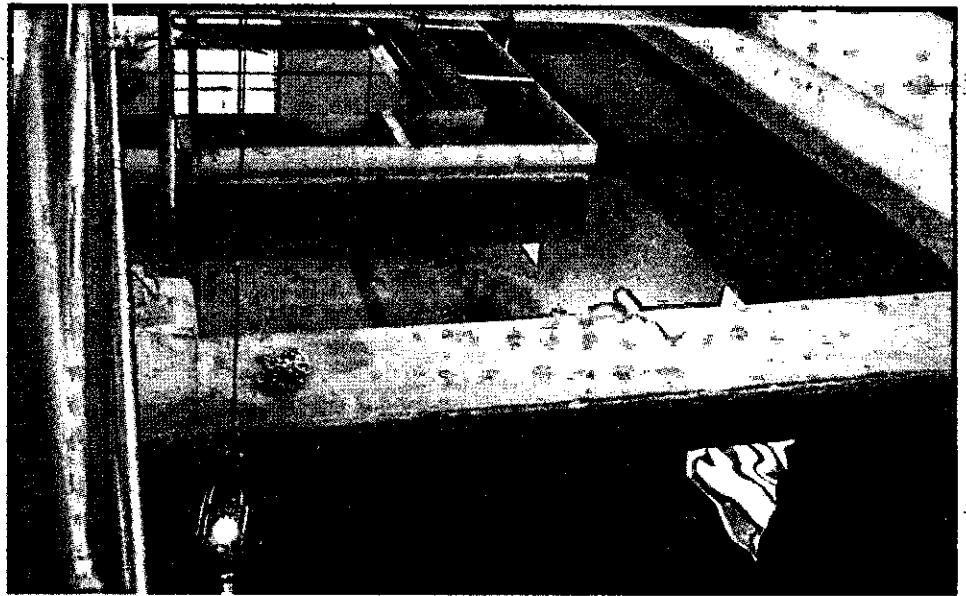
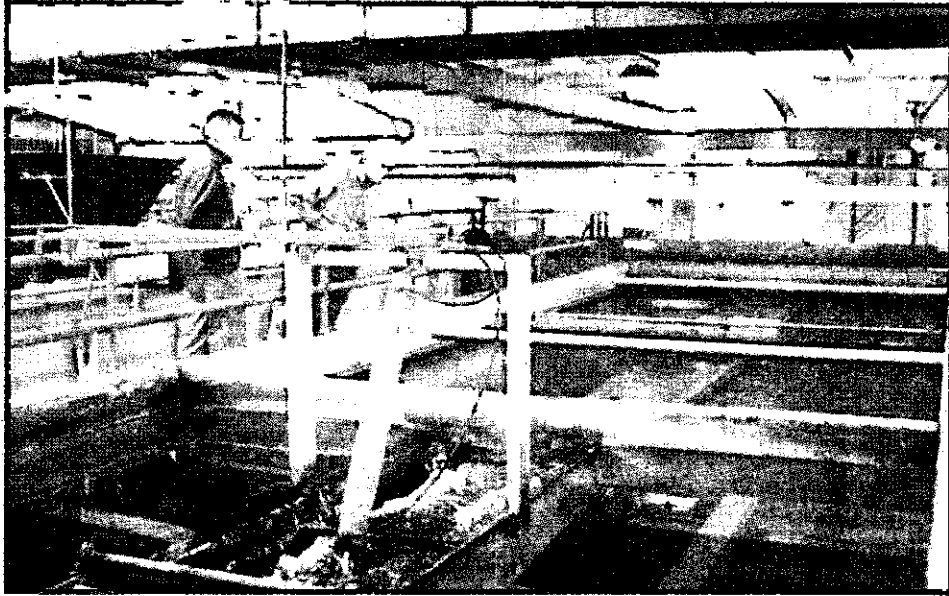


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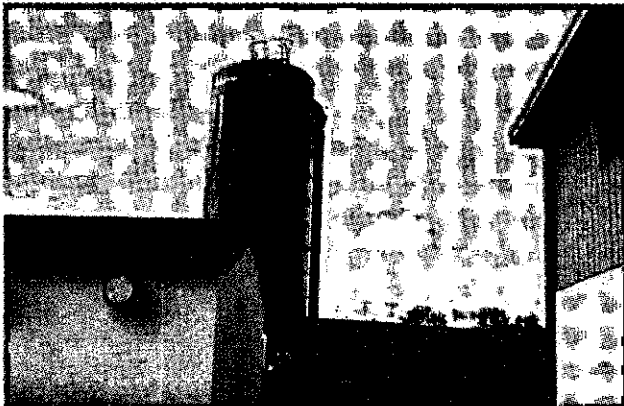
Both of the town's water treatment plants use clarifiers and filters to process water. At New Salem, these two processes involve massive machines that take up entire rooms. At right is one of the plant's clarifiers. At Clapper Road, left, the two steps are combined into a more compact unit. DPW Commissioner Josh Cansler (right) and Deputy Commissioner Erik Deyoe look on as water is processed.

Water

(From Page 1)

Vly Creek Reservoir outside the New Salem Water Treatment Plant and an aquifer that feeds the Clapper Road Water Treatment Plant in Selkirk.

Well water drawn from the New Salem wells does not need treatment. It is chlorinated and sent out to customers, making it by far the cheapest water source for the town. Due to the size of the wells, it's also limited in its output, though, meaning most of the town's drinking water comes through the New



Water towers at the Clapper Road Water Treatment Plant, pictured at left, and the New Salem Water Treatment Plant. Finished water is not held in these towers, but instead in large underground tanks. From New Salem, finished water is gravity fed to users, while the lower lying Clapper Road must pump the water to most users.

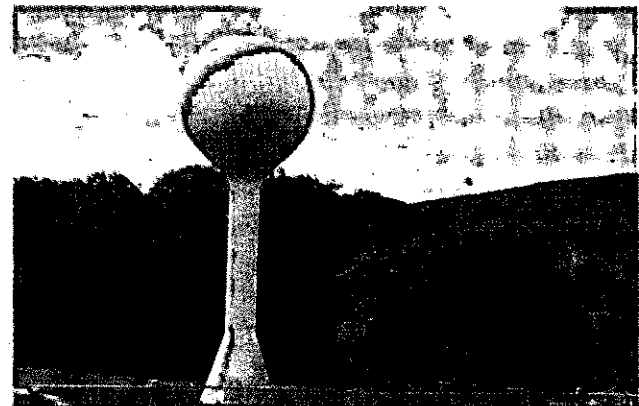
Salem plant.

Conversely, water from the Clapper Road plant goes to industrial users and only a handful of

residences and businesses. It operates well below full capacity because of this.

Despite using similar processes to treat water, the two plants could not be less alike. New Salem was built in 1958 and expanded in the 1972, while Clapper Road was built in 1994. It's a difference that shows.

If the Clapper Road



Water Treatment Plant is like a gleaming new cell phone, New Salem is like a clunky old rotary phone. They'll both accomplish pretty much the same thing, but one is far more versatile and advanced.

Despite enormous differences in equipment and process at the two plants, the basics are

identical. Raw water is run through clarifiers and filters to remove particulate matter, chlorinated and sent out to holding tanks or into the town's pipes.

The product itself is also largely identical. Water from both plants meets the quality requirements for drinking water imposed by state and federal

authorities.

But the machines at Clapper Road are more compact and efficient. New Salem's giant clarifiers and filters that need their own rooms are reduced down to a machine the length of a shuffleboard court that does both.

And if you ask the town employees which system is easier to work with, the answer is unequivocal. Like a classic car, New Salem's systems are temperamental and must be watched with a hawk eye if they are to function properly. The water output must be closely monitored so earlier steps in the process can be tinkered with. Filters working long beyond their common operating lifespan have to be handled gingerly lest they malfunction — just last year, a rusted-out clarifier failed and cost the town more than \$100,000 to repair. Such repair bills are common, and with the age of the equipment, the town sometimes has to bring in specialists and make extensive searches for replacement parts.

Going from zero to 2 million gallons per day of production at New Salem is a process that must be built up gradually over the course of about three weeks. Guessing when the summer peak will hit is a yearly exercise for staff there, an analysis involving graphs, trends and weather reports that is more like playing the stock market than an exact science.

At Clapper Road, increasing output by that

Output Page 15

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Output

(From Page 14)

amount takes about two hours. When the town replaces the New Salem plant (and the question is indeed when, not if) it will construct a facility much like the Clapper Road plant.

The maximum output from both plants is identical, at 6 million gallons per day, a level dictated by the state Department of Environmental Conservation based on the water source's renewal rate. This was not always the case, though.

The Clapper Road facility has a storied history. The original plan was to take water directly from the Hudson River, but that was abandoned after the system to draw the water failed to operate properly and the town sued the engineer for the project. A settlement agreement involved drilling 11 wells that now serve as the water source at the Clapper Road facility.

For those who don't want to see Clapper Road's output pumped into the town at large, the proximity of these wells to the Hudson is a sticking point. But according to the DPW, which conducts about 200 daily analyses on water drawn from all parts of the distribution system, the water in this aquifer is groundwater collected by the natural



The Clapper Road Water Treatment Plant in Selkirk, left, and the New Salem Water Treatment Plant in New Scotland. Built in 1958 and expanded in 1972 with largely the same type of equipment, New Salem provides the bulk of Bethlehem's residential drinking water. Built in 1994, Clapper Road mainly supplies water to industrial users, including Selkirk COGEN.

Photos by Alyssa Jung/Spotlight



watershed and its chemistry is distinctly different from that of the river water.

"The water going into those wells is not the water that's coming in from the Hudson," DPW Commissioner Josh Cansler said.

He said it does not contain the much-publicized PCBs that the state has been moving to dredge from the river. What it does contain is high levels of iron and manganese, which is not unusual for well water. Right now, those metals are removed with a dose of chlorine to the raw water administered before it comes to the plant. Soon, the water will instead enter an aeration tower, where air bubbles will oxidize the metals, removing them from the liquid water.

That should be easier on the pipes that carry the raw water, since the oxidized metals won't collect there anymore.

The extra chlorine is removed from the water during the rest of the production process, and chlorine levels in water coming out of both treatment plants are the same, said town officials. In fact, despite differences in chemicals and treatment processes at the two plants, the end result is chemically just about identical.

"It's a different chemistry that does the same thing in the end," DPW Deputy Commissioner Erik Deyoe said. "We've got no data that indicates we've got any water quality issues with this facility [Clapper Road]."

By opening up Clapper Road's output to more of the town, the replacement of the New Salem plant could be put off for years, even with new federal quality regulations going into effect in 2012. Wedding the two systems would be a technical breeze. The valves and

pipes to do so are already in place, and it would take a DPW employee about 25 minutes to make the change.

Uniting the systems would make it easier for the town to deal with summer usage peaks, as Clapper Road can respond more speedily to these demands.

Despite these apparent advantages, unifying the town's water system and building a new water treatment plant have similar long-term cost impacts. Clapper Road is more costly to operate, so much so that the cost over time of opening the floodgates there would approach the burden of financing a new plant.

Water users, however, would not be dealt an immediate blow in their bills associated with building a new plant, and the town would be able to wait until a more fiscally stable period to make the upgrade. In a time of budget cutbacks and dwindling reserves, bonding roughly \$18 million next year is bound to be a scenario leaders wish to avoid.

The Department of Public Works will give a presentation on alternatives to upgrade the town's water supply at a Town Board meeting Wednesday, Sept. 22, at 6 p.m. at Town Hall. There will be the opportunity for public comment at that meeting. Also that evening, Supervisor Sam Messina will present his preliminary budget for 2011, in which the issue of water supply is to play an important role.

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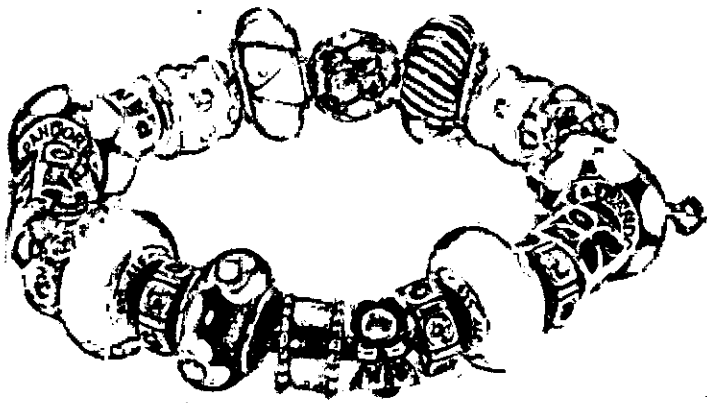
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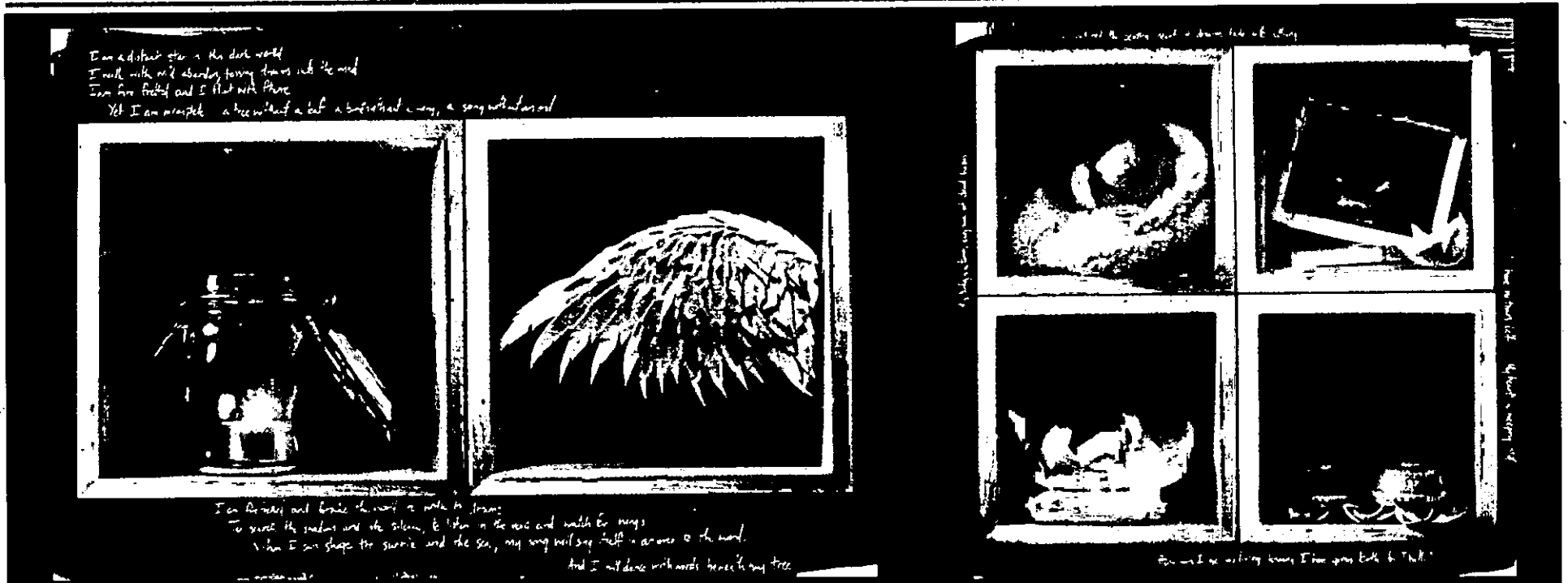
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Entertainment in the Spotlight



These pictures are from Mary Paul's series "Verba," which combines her writing with her photography skills. The pictures were toned with coffee.

Developing a unique perspective

Photographer's 'painterly' technique on display at Sow's Ear Gallery

Mary Paul thinks photography has lost something since digital cameras became so popular.

Instant gratification isn't her style. She likes the suspense that comes with seeing a negative develop right before her eyes.

"There's a certain magic when you get to see the print come up," she said. "Digital can't compare to that."

So Paul continues to create photos the old-fashioned way — the really old-fashioned way. She specializes in a type of photography called cyanotype, which dates to 1842. Examples of her work are on display now at the Sow's Ear Gallery in Union Street in Schenectady, not too far from Paul's Niskayuna home.

Paul actually uses a digital camera, but she doesn't pull her pictures on to the computer and then work on them there. She creates negatives from the images and exposes them — not in a darkroom, but in the sun.

Once her prints are exposed, Paul develops them in a vinegar/water solution, which turns them a traditional cobalt blue, or cyan, color. It's a rare picture that looks good in blue, she said, so she tones her print with tea or coffee.

Paul doesn't have a fancy studio where she develops her prints; "I just stick them out in the sun on my back porch." She has a pretty private backyard, so she doesn't have to deal

with curious neighbors, but a few workers at her house couldn't help but ask what she was doing, she remembered with a laugh.

Before the Sow's Ear show, Paul hadn't shown her photos to too many people. A 2007 graduate of Georgia State University, Paul had a double major in photography and journalism. After moving to the Capital District three years

ago for her husband's job, she decided only recently to try to make a go as a full-time artist. As part of the process, she went down to Sow's Ear to ask about selling some of her stuff in its shop. Owner Rosemary Prock was so taken with Paul's work that she offered to host a show.

"It was very unusual," said Prock, a painter who wasn't familiar with cyanotype. "They have a wonderful look to them."

Beyond that, Prock enjoys the opportunity to give artists a place to show off their work. She has owned Sow's Ear for about 12 years, but she used to use it chiefly as a studio where

she could work on the murals and furniture she painted. Then, about two years ago, her daughter Lauren, a polymer clay artist, joined her at Sow's Ear, and they were able to adopt a regular schedule and develop the studio's shop. Today, their work is displayed with about 20 other artists'.

Of the chance to have her work shown, Paul said, "Of course, I was ecstatic."

She was a little nervous, too. Typically a private person, it's a bit unsettling to put her work on display. The show includes two



Fascinated by details, Mary Paul shot this barred door at a historic local cemetery, then toned the picture with tea.



Mary Paul calls herself a "tourist photographer," meaning she likes to explore new areas and take pictures. "Peace" was taken at a local cemetery.

series, The Doors of the Dead and Verba, and Verba is of particular significance to Paul because it's combined with some of her writing.

"I usually only write when things are bad, so it's kind of depressing," she said with a laugh.

One picture, called "Carminis," features a glass jar with the lid off and a picture of a wing. Paul wrote, "I am a distant star in this dark world. I walk with abandon, tossing dreams into the mid. I am fire fretted out and I flirt with flame. Yet I am incomplete — a tree without a leaf, a bird without a wing, a song without an end."

"I was taken with the technique and subject matter," Prock said. "I was very moved by the substance of it. It was just really very highly personal."

The Doors of the Dead series, meanwhile, was inspired by trips Paul took to area cemeteries. After moving here from Atlanta, she was fascinated with the area's rich history, captured in a number of old cemeteries.

"We don't have as much history in Atlanta," she said, noting that the city was burned down in the Civil War.

Fascinated by detail, Paul was in her glory in the old cemeteries, capturing ornate carvings and statues. Prock said Paul's technique adds something extra to the pictures: "It's very painterly."

"Milestones: Studies in Cyanotype," opened Sept. 10 at Sow's Ear Studio & Gallery, 1597 Union St., Schenectady. The show runs through Oct. 3. For more information, call Sow's Ear at 370-2042 or visit its website at www.sowsearstudio.com.

By JACQUELINE M. DOMIN
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Milestones

Patricia Frances (Bernholz) Therrien

SELKIRK-Patricia Frances (Bernholz) Therrien, 79, passed away Sunday, September 5, 2010 after an extended illness. Born in Pleasant Valley, N.Y., she was the daughter of the late Joseph L. and Mary B. (Roche) Bernholz. She was one of 12 children and grew up on a farm in Guilford, N.Y. where she graduated and was a cheerleader. Patricia then attended secretarial college, graduated and worked as a stenographer for a jewelry company in Philadelphia, PA. She then met her husband, Emile, who was in the Army. They married November 3, 1951. After his discharge from the Army they settled down in the mid 50s at their present address in Selkirk and raised six children.

Patricia was a very loving wife and mother. At their home where they lived the mailbox was 1/2 mile from their home where she walked with her children for the mail. Just

beyond the mailbox was a large ancient spreading maple-tree where she would occasionally take the children for a picnic, tell stories and read to them. They called it the fairy tree.

Patricia loved working in her vegetable, flower and herb gardens. For her 25th Wedding Anniversary she asked for and received an electric chain saw so she could cut wood for her antique cast iron kitchen stove in her kitchen which sat not far from her electric one. On it she made pies, cakes, homemade bread, and stews. In the fall she canned fruits and vegetables to last a full year.

Patricia walked door to door in her neighborhood and collected for the American Heart Association for years. She never had a driver's license.

One of Patricia's most enjoyable times was Christmas Eve when friends and family gathered at her home to exchange gifts. Patricia always had a smile and a good word for everyone. She found good in all.

She was the devoted and loving wife of Emile J. Therrien for 59 years; mother of Kathy (late Steven) Chute of Clinton,

N.Y.; Joseph (Elizabeth) Therrien of Feura Bush, Karen (Richard, Sr.) Weisheit of Selkirk, Dan Therrien of Coeymans Hollow, Chris Therrien of Selkirk and Jim (Kathy) Therrien of Watervliet, N.Y. Patricia is also survived by 10 grandchildren, 5 great-grandchildren and many nieces and nephews.

Funeral services will be held privately at the convenience of the family.

Those who wish may make memorial contributions in memory of Patricia to the American Heart Association, 440 New Karner Rd., Albany, NY 12205-3890.

To sign the online condolence book please visit www.danielkeenfuneralhome.com

Dorothy Lenseth

DELMAR - Dorothy F. Lenseth, 100, of Delmar died Tuesday, September 7, 2010 at St. Peter's Hospice Inn.

Born in Lancashire, England on August 26, 1910, she was the daughter of the late Rachel and

Thomas E. Fuller. She came to America as a child, residing in Albany and Rensselaer. A 1925 graduate of Mildred Elley School, she had a lengthy career as an Administrative Assistant to the New York State Assembly Ways and Means Committee, retiring from there in December of 1960.

Dorothy was the wife of the late F. Raymond Schimpf and Louis M. Lenseth.

Survivors include her son, Rick Schimpf, her two special girls, Chrissi

Osterhout and Nicole Dunn, as well as several grandchildren, great grandchildren, great great grandchildren, nieces and nephews. The family would like to thank the staffs of St. Peter's Home Hospice and the Hospice Inn at St. Peter's Hospital for their loving care and support.

A memorial service will be held 12 noon Saturday, September 18, 2010 at the Applebee Funeral Home, 403 Kenwood Ave., Delmar. There will be no calling hours. Burial will be Memory Gardens, Colonie.

Suzanne R. Herbach

Suzanne R. Herbach, age 80 of Delmar, NY died on Friday morning, September 10, 2010, peacefully in her sleep. Mrs. Herbach was born in the Bronx and was a Capital District resident for more than 50 years. She was a member of Congregation Ohav Shalom in Albany and its sisterhood, where she served as Past President.

Suzanne was the loving wife of David J. Herbach of Delmar, NY. Devoted Mother of Bruce (Cynthia) Herbach of Albany, NY, Richard Herbach of Maitland, Florida, Deborah (Bennett) Liebman of Slingerlands, NY and Nancy (Ronald) Stern of Orange City, Florida. She was the cherished grandmother of Samantha, Joy, Emma, Sonya, Nicholas, Aubrey and Devon. She was predeceased by her grandson, Alix Herbach in March of 2009.

Services were held at the Levine Memorial Chapel, 649 Washington Avenue in Albany, NY on Sunday September 12, 2010 with interment in the Mt. Ararat Cemetery in Farmingdale, Long Island. Those wishing to remember Suzanne in a special way may make a memorial contribution to Community Hospice of Albany, 445 New Karner

Road, Albany, NY 12205 or Congregation Ohav Shalom, 113 New Krunkill Road, Albany, New York 12208.

Arthur W. Gauvreau

Niskayuna- Arthur W. Gauvreau, 85, passed away Saturday, September 11, 2010 at Ellis Hospital after a long illness. Mr. Gauvreau resided in Niskayuna, NY.

Mr. Gauvreau was born in Watervliet, NY, the son of the late Frederick and Stella Hollowick Gauvreau. He graduated from Watervliet High School in 1942. He then served in the U.S. Army during World War II in the European Theater. He was a graduate of Hudson Valley Community College in 1946. Mr. Gauvreau was employed by General Electric Company in the Large Motor and Generator Department as a drafting manager. In 1985 he retired, after 39 years of service.

Mr. Gauvreau is survived by his wife, Paige Stephens Warner, whom he married July 26, 1969; two daughters, Hillary Gauvreau of Waterford, CT and Melinda Stuart (Douglas) of Niskayuna; a step-son, Bradley Warner (Mary Ann) of Charlton; step-daughters Deborah Warner Connelly (Michael) of Niskayuna, Gayle Warner of Sarasota, FL, and Leslie Warner Striebel (Jim) of Corvallis, MT; fourteen grandchildren; Sara Allen Cayce, Rebecca DeGarmo

(Zak), Nicholas, Joseph (Aja) and Elizabeth Filardi, Kaitlin and Tyler Connelly, Adam, Tarah and Braden Keiser, Marley and Elise Striebel, Natalie and Carly Warner and two great-grandchildren, Lily De Garmo and Jonah Filardi; brother, Robert Gauvreau (Helen) of Clifton Park; and sister, Rita Fahey of Largo, FL. He was predeceased by his first wife, Estelle Jeffers and his sister, Mary Ellen Gauvreau.

Arthur's love of the arts is reflected in over 30 years of association with the Schenectady Light Opera Company. He served as president, business manager, producer and Board member. He was involved with the Schenectady Symphony as treasurer and office manager. In 1985 he participated in the revitalization of Proctor's Theater.

He was a member of the Western Gateway Coin Club, the Design Club, the GE Drafting Management Association and the local chapter of Singletons. He volunteered at the Regional Food Bank and was a member of the First Unitarian Society of Schenectady.

A funeral service and calling hours were held at the Jones Funeral Home, 1503 Union St., (at McClellan St.), Schenectady. Burial was at Gerald BH Solomon Saratoga National Cemetery, Schuylerville, NY.

Memorial contributions may be made to the Regional Food Bank or SICM. For directions and online condolences, please visit www.jonesfh.net

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Fight

(From Page 1)

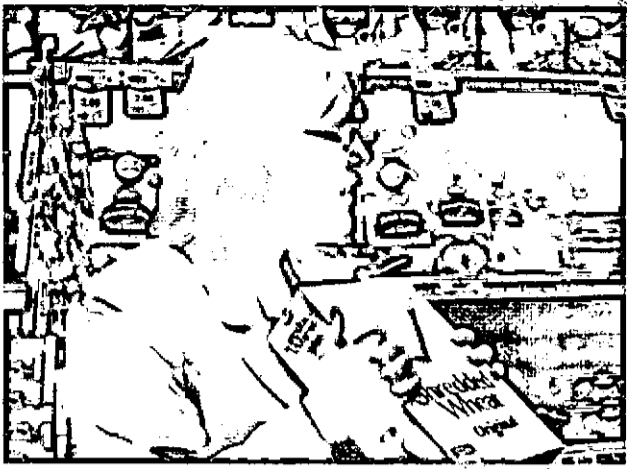
participants, but teach valuable lessons that can be taken home. A session for children in grades two through five recently started, and registration is open for a session for grades six through nine that starts Nov. 1.

The main difference between ME Fit and other healthy crash courses is that both the child and the parents must participate. It's also one of the reasons Linda Crowley, leader of the program and dietician at the Guilderland YMCA, sometimes has difficulty filling the eight slots available. But it's a more effective way to effect changes, she said.

"What it's doing is taking that battleground between you and your child ... and getting the kids to start asking for the different things," Crowley said.

Starting a program like ME Fit was always a goal for Crowley since she started with the YMCA two years ago. A great deal of tackling the problem is educational, she said. Most don't understand how being overweight or obese affects a child's body, which is growing and going through rapid changes. Sometimes participants show up with incorrect ideas of whether their child is technically in either of these two categories.

As adults, we're used to seeing these BMI [body mass index] charts



The Guilderland YMCA's ME Fit program emphasizes the role of exercise and sensible nutritional decisions.

Submitted photo

that categorize them as adults into overweight or obese," said Crowley. "With children, BMIs are not the same. They're not the same risk categories."

Many of the participants hear about the program through physician referrals.

Likewise, although ME Fit involves physical fitness and healthy eating, not all child participants are slated to lose weight during their seven weeks at the program. For their growing bodies, maintaining weight can be just as beneficial as losing it would be to an adult.

Instead of focusing on the weight loss many adults strive for when they begin a health regimen, ME Fit aims to develop the idea that a healthy lifestyle is not such a foreign concept. Ideas like eschewing restaurant trips in favor of at-home meals are encouraged, as is limiting TV viewing time.

That's why the unique element of ME Fit—having parents and children take the class at the same time—is so important to making sure these lessons are implemented in the home. By making a healthy lifestyle a family goal, conflict is inevitably curtailed.

On Mondays, parents meet with a dietician while the children visit an exercise instructor. It's not so much an organized workout as an active play session incorporating games and other fun activities.

"The idea is that we want to look at play as a way to

get moving," Crowley said. "We say to the kids, 'your parents are going to sit here and do homework, and you're going to recess.' They just know they're having a good time."

Participants also take a group trip to the grocery store during the seven-week course, where they learn how they can make better choices when it comes to eating at home.

The difference between the course for teens and elementary-aged children is not dramatic, said Crowley. The exercise portion is more structured and a teen's more social lifestyle is considered.

"It is a different dynamic, there's definitely more emphasis on the eating out, more on trying new foods," Crowley said. "I think the approach is just practicable, healthy tips for cooking, for toning down your portions."

Registration for the teen session of ME Fit is open until Oct. 27. It is free to participants for the first time this year, but there is limited space. For more information or to register, visit <http://www.cdymca.org/sn/locations/guilderland.aspx>.

Senior

(From Page 1)

split between single and two-bedroom units. There would be limited lobby or congregation space in the apartment buildings—social functions would be fulfilled by an on-site clubhouse with a meeting space, game room, media room, lap pool, and even a salon for periodic visits from hairstylists and barbers. The plans also call for a small garden and walking paths outside.

The location of the facility remains unchanged. United Development wants to build on a 14.7-acre plot off of Glenmont Road, behind St. Matthew's Cemetery. A long drive would circumvent the cemetery and lead back to the buildings. A separate pedestrian walkway would also connect with Glenmont, and the developer hopes a CDTA bus shelter will be placed there.

The project would also be located near the many services and businesses in Glenmont's commercial center.

Haskins said many of Glenwood's elements have been lifted from United Development's more successful senior living projects, including Hearthstone Village in Colonie.

"This project has been going a long time, but it's gotten better and more reasonable every time we've gone through it," he said.

The project is being funded under the Department of Housing and Urban Development senior housing program, so there would be a minimum age of 62 for residents. The average age for residents in similar United Development projects is between 78 and 82.

Residents can stay in the facility as long as they are lucid and independent. There will be no on-site services, but staff will be able to connect residents with the local services they might need.

The facility is designed with "active seniors" in mind, Haskins continued.

"They're really active people, and they really take ownership of their communities," he said.

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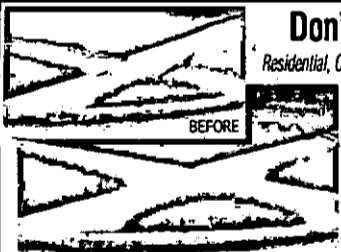


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Your Community in The Spotlight

Girl Scouts programs at Five Rivers

A program for girl scouts on wetlands and water conservation will be conducted at the NYSDEC Five Rivers Environmental Education Center, 56 Game Farm Road, Delmar on Saturday, Oct. 9, at 2 p.m.

This indoor/outdoor study entitled The Ways of Water will explore the environmental, ecological and cultural importance of local waterways, wetlands and water resources. Simple ways to help protect and conserve water resources will be discussed.

This outing complements the Journey Program. Registration for this program is through the Girl Scouts of Northeastern New York at www.gsny.org or call 489-8110. A materials fee applies.

Participants should dress for the weather and wear clothes that can get messy.

Swing dance into fall

Capital Swing Dance will be held Friday, Oct. 1, from 8:30-11:30 p.m., at the Albany Elks Lodge, 25 South Allen St. Music will be by Alan Thomson's Little Big Band. Admission, which includes free 7:30 beginner lesson: general \$15; DFO members \$12; seniors and students \$10. For directions information, visit

www.danceflurry.org/swing.

Ladies Night Out in Guilderland

The Ladies Night Out women's wellness expo kicks off Breast Cancer Awareness Month on Sept. 30 from 5:30-8 p.m. at the Best Western Sovereign on Western Avenue. The event is the second annual, and is coordinated by the Guilderland Chamber of Commerce Women in Business group, Capital Care Physicians, CDPHP, and Guilderland Medical Imaging.

The event features 30 vendors with wellness-related interactive and informational booths, including massage therapy, dentists, make-up demonstrations, travel and shopping. Wellness is defined in the broadest sense of the word to include a variety of fun and entertaining businesses. The event is free to the public and includes a sponsored cocktail and hors d'oeuvres party, live classical guitar music, and gift basket drawings from all of the vendors. Last year, over 250 people attended the event.

Those interested in attending can call and RSVP to the Guilderland Chamber at 456-6611 or go online to www.srcpimaging.com/LadiesNightOut.htm.

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at the Fall Festival and Book Fair 10 a.m.-3 p.m. Saturday, Oct. 9, during Homecoming Weekend. More than 20 UAlbany faculty and alumni authors will be on hand to read from and sign their books. The day also includes a 5k race, student performances, a farmers' market, shepherding demonstrations, and a host of children's activities. Enjoy fun and games at the tailgate party before cheering the Great Danes to victory against St. Francis, Pa., at the homecoming football game at 1 p.m. Call 956-8150 or go to www.albany.edu for information.

Agents join Coldwell Banker Prime Properties

Coldwell Banker Prime Properties is announcing the addition of Terry Weinman, Associate Broker, Robert Crevatas, Associate Broker, Brian J. Ward, Associate Broker & Sandra Evans, Licensed Real Estate Salesperson to the Delmar Office, located at 180 Delaware Ave., Delaware Plaza as new members of the sales force formerly with ReMax Premier.

Weinman resides in Albany has been selling real estate for over 22 years. Crevatas resides in Westerlo has been working in commercial real estate since 2007. Ward resides in Delmar has been helping match families with homes for over two decades. Evans

A fresh start



Business neighbors, customers and supporters gathered recently to officially open the new Subway at Four Corners on Kenwood Avenue in Delmar. Pictured in front from left is: Preeti Larson and Hassan Khan of Key Bank; Assemblyman Tim Gordon; Regional Director of Subway Asmeeta and Habib Ismail, Subway owners; Gina Bulman of the Bethlehem Chamber of Commerce; Town Supervisor Sam Messina; Steve Peterson of LPE Security Systems; Town Board Member Mark Jordan and Alexandra Sautin of Pioneer Bank. The store offered two-for-one subs all day to commemorate the event.

Submitted photo

resides in Delmar had been serving the Capital Region for over 10 years.

Reptile Program at Five Rivers

An indoor program on the ecology of snakes and turtles will be conducted at the NYSDEC Five Rivers Environmental Education Center, 56 Game Farm Road, Delmar on Saturday, October 16 at 2 p.m.

In celebration of Reptile Awareness Day, local herpetologist Dee Strains will provide show-and-tell introductions to common reptiles, with many live specimens for close-up inspection. The natural history, ecological importance and conservation status of various reptile species will be discussed.

This program is open to the public free of charge. In the event of inclement weather, this program may be cancelled. Please call 475-0291 for more information.

Support group for breast cancer patients

To Life! offers a support group for women that have been newly diagnosed or are in early stages of breast cancer. The group

meets on the first Monday of each month at 7 p.m. at To Life! 410 Kenwood Ave., Delmar. To Life! also offers a support group for advanced stage cancer on the third Wednesday of each month at 7:30 p.m. at To Life! 410 Kenwood Ave., Delmar. New members are always welcome to all groups. Participants are welcome to bring along family members, friends, partners, and caregivers.

Contact Leanna Glavin at 439-5975, ext. 22 or lglav@tolife.org for questions about support groups or any other free services offered by To Life!

4-H Friends seeking members

Bethlehem 4-H Friends is looking for new members.

Kids ages 5-11 are welcome to join. We meet on the 2nd and 4th Wednesday of every month from 6:30-8 p.m. in Delmar beginning on Sept. 22.

This year's projects include: a Large Animal Project, sewing, rocketry, woodworking, felting, baking, and 2 community service projects.

Call 729-4146 for more details.

Program on Wild Apples at Five Rivers

A field study of the natural and cultural history of wild apple trees will be conducted at the NYSDEC Five Rivers Environmental Education Center, 56 Game Farm Road, Delmar on Saturday, Oct. 16 at 10 a.m.

As many as 50 species of birds and mammals go bananas over apples. In celebration of Apple Month, Center staff will conduct a naturalist's tour of remnant apple trees along the Old Field Trail, site of the former Ackerman fruit farm.

On this outdoor foray over gentle terrain, participants will monitor the soft mast crop, check for signs of wildlife use, and also perhaps get a taste of the old days. Implications of climate change and honey bee colony collapse disorder will be discussed. This program is open to the public free of charge. In the event of inclement weather, this program may be cancelled. Please call

475-0291 for more information.

Scouts earn Ad Altare Dei medal

Eight Boy Scouts from St. Thomas the Apostle parish in Delmar have earned the Catholic Scouting Ad Altare Dei medal. Bishop Howard J. Hubbard presented the award to the Delmar boys, as well as other recipients from throughout the Albany Diocese, at a Mass at the Shrine of the North American Martyrs in Auriesville on Saturday, Sept. 18, at 7:15 p.m. The Mass is part of an annual weekend Boy Scout retreat sponsored by the Catholic Committee on Scouting. The Scouts earned the medal by participating in an intensive study program focused on the seven sacraments, which lasted throughout the last school year. Seven of the Scouts are from Troop 71 in Delmar. The other is from Troop 75 in Delmar.

The Troop 71 Scouts are:

- Brian Donnelly, South Bethlehem, an eighth-grader at St. Thomas the

Apostle School

- Ben Gochee, Delmar, a seventh-grader at St. Thomas the Apostle School

- Harry Gochee, Delmar, a ninth-grader at Christian Brothers Academy

- Douglas Jira, Delmar, a ninth-grader at Bishop Maginn High School

- Matthew Jira, Delmar, a seventh-grader at St. Thomas the Apostle School

- Noah Poust, Delmar, an eighth-grader at St. Thomas the Apostle School

- Noah Prior, Delmar, an eighth-grader at St. Thomas the Apostle School

The Troop 75 Scout is:

- Will Barnes, Delmar, a ninth-grader at Bethlehem Central High School

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|---|---|---|---|---|---|---|---|---|
| 3 | 7 | 4 | 9 | 6 | 1 | 2 | 5 | 8 |
| 5 | 9 | 2 | 4 | 7 | 8 | 1 | 3 | 6 |
| 1 | 6 | 8 | 5 | 3 | 2 | 9 | 4 | 7 |
| 7 | 8 | 3 | 2 | 1 | 4 | 5 | 6 | 9 |
| 6 | 1 | 5 | 3 | 8 | 9 | 4 | 7 | 2 |
| 4 | 2 | 9 | 7 | 5 | 6 | 8 | 1 | 3 |
| 9 | 3 | 6 | 8 | 4 | 5 | 7 | 2 | 1 |
| 2 | 5 | 7 | 1 | 9 | 3 | 6 | 8 | 4 |
| 8 | 4 | 1 | 6 | 2 | 7 | 3 | 9 | 5 |

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EARN HOLIDAY MONEY OR GIFTS. SWISS FORMULATED HEALTH AND BEAUTY COMPANY NEEDS BUSINESS BUILDERS AND EVENT HOSTS. 364-7061

Food Service Workers -PT \$10.92/hr. HS diploma or equiv. req., Visit www.northcolonie.org for application. Submit application to: North Colonie Central Schools, HR Dept., 91 Fiddlers Lane, Latham, NY 12110 or email: Jobs@ncolonie.org.

Group Exercise Instructors Wanted: Zumba, Yoga, Pilate's, ETC... Must have current minimum AFAA Primary and CPR. Please respond to glenvillehealth@aol.com Or 518-384-0229, Glenville Health & Fitness

Part-time help for local jewelry store. Office skills and knowledge of jewelry helpful. Call 355-7070.

Receptionist/Clerical: Bethlehem Internal Medicine, Dr's Van Woert and Grogan, M, Tue, Fri; 9-4:30, Fax resume: 439-1592 or mail to PO Box 610 Slingerlands 12159 Call 439-1564 for info.

AIRLINES ARE HIRING- Train for high paying Aviation Career. FAA approved program. Financial aid if qualified- Job Placement Assistance. CALL Aviation Institute of Maintenance (866)296-7093

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All employment advertising in this newspaper is subject to section 296 of the human rights law which makes it illegal to advertise any preference, limitation, or discrimination based on race, color, creed, national origin, disability, marital status, sex, age, or arrest conviction record, or an intention to make any such preference, limitation, or discrimination. Title 29, U.S. Code, Chap. 630, excludes the Federal Gov't from the age discrimination provisions. This newspaper will not knowingly accept any advertising for employment which is in violation of the law. Our readers are informed that employment offerings advertised in this newspaper are available on an equal opportunity basis.

\$35- \$45,000 per NNTS grad employers, D.O.L., A.T.A., National Tractor Trailer School, Liverpool, NY www.nnts.edu

Drivers, CDL A local or regional tanker or dry van 888-880-5901 ext 1178 www.wadhams.com @recruiterjim on twitter TRUCK DRIVERS WANTED! More-Downtime! Top Pay! EXCELLENT BENEFITS! NEWER EQUIPMENT! Up to \$.48/mile company drivers! HEARTLAND EXPRESS 1-800-441-4953 www.heartlandexpress.com

POSITION WANTED

Available aide/companion. I can Live-in. I can work Full-Time/Part-Time, 24 Hour Shifts. Errands. Starting at \$12 and up. Call Jean at 518-209-4458 or Stephanie at 506-1206

DRIVERS

Driver Training CDLA: Tractor Trailer Learn to Earn



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Clifton Park/Halfmoon Spotlight • Burnt Hills Spotlight
Malta Spotlight • Saratoga Spotlight • Milton Spotlight



REAL ESTATE CLASSIFIEDS

APARTMENT FOR RENT

2bdm duplex for rent in Colonie, \$950/mo. W/D included, private yard and driveway. Must see! Call 429-8746. No pets/smokers.

Clarksville- 2BR, 1 bath, office, remodeled. 1500 sq ft. W/D hook-up. No pets, no smoking. \$750+/month. 768-2804

Delmar "Olde Delmar" Duplex 3BR, 1BA, H/W Floors. Screened porch, Gas, A/C, W/D Hook-up, Driveway. Non-Smoker \$1150.00/month 439-3479

DELMAR- \$920+ Large, 2BR apt. w/garage. Excellent condition. Gas heat, central air. Porch. Quiet area. No Smoking/No cats 2nd Floor. 533-2525

DELMAR- 1BD, hardwood floors, \$635/\$735. Off-street parking, heat and hot water included. Available 10/1 or 11/1. 456-6644

Delmar- 2 Bedroom, 2nd Floor, Delaware Ave., Heat/HW included. References, Security Deposit, No Pets. 465-0613

Glenmont Duplex, 3 Bedrooms, 1.5 Baths, LR, DR, wood floors, private basement, patio/carport, nice yard, No smokers, No pets, \$1,340 + utilities. 439-3926

HOUSE FOR SALE

HOUSE FOR SALE BY OWNER: 1 HALEY COURT, COLONIE, \$239,500 - OPEN HOUSE Sunday 9/26 11am-4 pm. Call 518-928-2779 for appointment.

Move right in to this well maintained, 3 bedroom-ranch on a quiet residential cul-de-sac neighborhood with easy access to CDTA bus route. Hardwood floors, new furnace, architectural shingle roof, ceiling fans, custom built-in bedroom cabinets, all appliances including washer and dryer, South Colonie Schools.

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BUILDINGS FOR SALE HAS YOUR BUILDING SHIFTED OR SETTLED? Contact Woodford Brothers Inc, for straightening, leveling, foundation and wood frame repairs at 1-800-OLD-BARN. www.woodfordbros.com. "Not applicable in Queens county"

REAL ESTATE

LAND LIQUIDATION SALE. Scenic Mountain Lake in Western North Carolina. Fully Recreational, Fish-

ing, Sailing, Skiing. Low Taxes. Properties Starting at \$39,900. LIMITED AVAILABILITY! CALL 1-800-709-LAKE

STORAGE SPACE

INDOOR STORAGE at the Altamont Fairgrounds will begin October 11 - 30, 2010. For information call 861-6671.


VACATION PROPERTIES

VIRGINIA MTN CABIN- Galax area. Brand new! Great views, private, fishing in stocked trout stream! 2 acres, \$159,500, call owner, 866-275-0442

VACATION RENTALS

BOCA RATON, FL VACATION OWNERSHIP! "Rich" and

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Contact us at: **439-4949** to advertise!

Is your basement, attic, garage or closet overflowing with stuff?



IT'S GARAGE SALE TIME!

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DE-CLUTTER your space and MAKE MONEY doing it!

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15 Words plus a Yard Sale Sign Pack
All for just \$25!

Call us at: **439-4949** to place your ad NOW!



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LEGAL NOTICE

LEGAL NOTICE
Notice of Formation of How Am I Doing, LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 7/21/10. Office location: Albany Co. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Barsky Ventures LLC, 250 West 57th St., Ste. 2514, NY, NY 10107. Purpose: any lawful activities. 64203 (D) (September 22, 2010)

LEGAL NOTICE

LEGAL NOTICE
Notice of formation of limited liability company (LLC). Name of LLC: Wolff's Real Estate, LLC. Articles of Organization filed with the Secretary of State of New York (SSNY) on July 20, 2010. Business location: 258 Lark Street, Albany, New York, Albany County. SSNY has been designated as agent of LLC upon whom process against it may be served. SSNY shall mail a copy of any process against the LLC served upon it to: Wolff's Real Estate, LLC, 258 Lark Street, Albany, New York. LLC has been formed to engage in any lawful act or activity. LLC shall be manager managed. 64405 (D) (September 22, 2010)

LEGAL NOTICE

LEGAL NOTICE
Notice of Qualification of Earle I. Mack LLC. Authority filed with Secy. of State of NY (SSNY) on 7/27/10. Office location: Albany County. LLC formed in Delaware (DE) on 2/20/09. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Capitol Services, Inc., 1218 Central Ave., Ste. 100, Albany, NY 12205. DE address of LLC: c/o Corporation Service Company, 2711 Centerville Rd., Ste. 400, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: any lawful act or activity. 64407 (D) (September 22, 2010)

LEGAL NOTICE

LEGAL NOTICE
NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: BARV'S Catering, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 07/26/10. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, PO Box 242, Slingerlands, NY 12159. Purpose: For any lawful purpose. 64412 (D) (September 22, 2010)

LEGAL NOTICE

LEGAL NOTICE
NOTICE OF FORMATION OF PLLC
Articles of Organization for VILLAGE ANIMAL CLINIC, PLLC were filed with the Secretary of State of New York on August 9, 2010. The office of the company is located in Albany County. The Secretary of State has been designated as agent upon which process may be served and a copy of process shall be mailed by the Secretary of State to the LLC at Lombardi, Walsh, Wakeman, Harrison, Amodeo & Davenport, P.C., III Winners Circle, Albany, New York 12205. Purpose: for any lawful activity for which limited liability companies may be formed under the law. 64416 (D) (September 22, 2010)

LEGAL NOTICE

LEGAL NOTICE
Notice of Formation of 193-195 7TH AVE REALTY LLC. Arts. of Org. was filed with SSNY on 8/16/10. Office location: Albany County.

LEGAL NOTICE

LEGAL NOTICE
SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State St., Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. 64417 (D) (September 22, 2010)

LEGAL NOTICE

LEGAL NOTICE
Notice of Organization of 4-6 Sheridan, LLC
On August 10, 2010, 4-6 Sheridan, LLC (the "LLC") filed Articles of Organization with the New York State Department of State. The principal business location of the LLC is 9 Eliot Drive, Albany County, Slingerlands, New York. The New York Secretary of State is designated as the agent upon whom process against the LLC may be served. The post office address to which the Secretary of State shall mail a copy of any process against the LLC served upon him or her to the LLC, is the LLC c/o Gaetano Alonge, 9 Eliot Drive, Slingerlands, New York 12159. The LLC is organized for the purpose of real estate purchase, sale, lease and development and any other lawful business. 64418 (D) (September 22, 2010)

LEGAL NOTICE

LEGAL NOTICE
Notice of Formation of GMD Holdings NYC LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 6/7/10. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, Seyfarth Shaw LLP, NY Times Bldg., 620 8th Ave., NY, NY 10018. Purpose: any lawful activity. 64420 (D) (September 22, 2010)

LEGAL NOTICE

LEGAL NOTICE
Notice of Formation of MVB MEDIA CONSULTING LLC. Arts. of Org. was filed with SSNY on 8/18/10. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State St., Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. 64424 (D) (September 22, 2010)

LEGAL NOTICE

LEGAL NOTICE
Notice of Formation of DVS RESTAURANT, LLC. Arts. of Org. was filed with SSNY on 8/20/10. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State St., Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. 64426 (D) (September 22, 2010)

LEGAL NOTICE

LEGAL NOTICE
Notice of Qualification of Traditional Golf Management - Monster Golf, LLC. Authority filed with Secy. of State of NY (SSNY) on 8/16/10. Office location: Albany County. LLC formed in Virginia (VA) on 8/12/10. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 9700 Mill Pond Run, Toano, VA 23168. VA address of LLC: 200 South 10th St., Ste. 1600, Richmond, VA 23219. Arts. of Org. filed with VA Secy. of State, 1300 East Main St., 1st Fl., Richmond, VA 23219. Purpose: any lawful act or activity. 64427 (D) (September 22, 2010)

LEGAL NOTICE

LEGAL NOTICE
Notice of Formation of CORE398 LLC. Arts. of Org. was filed with SSNY on 8/24/10. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State St., Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. 64429 (D) (September 22, 2010)

LEGAL NOTICE

LEGAL NOTICE
Notice of Formation of BLUE DIAMOND MEDIA LLC. Arts. of Org. was filed with SSNY on 8/24/10. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State St., Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. 64430 (D) (September 22, 2010)

LEGAL NOTICE

LEGAL NOTICE
Notice of Formation of JACK'S GOURMET LLC. Arts. of Org. was filed with SSNY on 8/24/10. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State St., Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. 64431 (D) (September 22, 2010)

LEGAL NOTICE

LEGAL NOTICE
BETHLEHEM CENTRAL SCHOOL DISTRICT
LEGAL NOTICE
TAX NOTICE Notice is hereby given that I, the undersigned, have received the Tax Rolls and Warrant for the collection of School Taxes for the Town of New Scotland properties in and for the Bethlehem Central School District, and will receive payments as follows: Tax payments are to be mailed to Tax Collector, P.O. Box 181, Delmar, NY 12054. There will be a 2% penalty for payment from October 1 through November 1, 2010. Unpaid school taxes will be turned over to the Albany County Treasurer on November 15, 2010. Michelle Curtis Tax Collector DATED: August 31, 2010 64432 (D) (September 22, 2010)

LEGAL NOTICE

LEGAL NOTICE
Gracechurch Intermediaries LLC. Authority filed with Secy. of State of NY (SSNY) on 8/10/10. Office location: Albany County. LLC formed in Delaware (DE) on 7/12/10. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The LLC, 110 Eddy Glover Blvd., New Britain, CT 06053, also the address of the principal office. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: any lawful activities. 64437 (D) (September 22, 2010)

LEGAL NOTICE

LEGAL NOTICE
Notice of Formation of Detroit Renaissance LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 8/20/10. Office location: Albany Co. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The LLC, 601 West 26th St., Ste. 1776, NY, NY 10001. Purpose: any lawful activities.

LEGAL NOTICE

LEGAL NOTICE
64438 (D) (September 22, 2010)

LEGAL NOTICE

LEGAL NOTICE
Notice of Qualification of Woolpert New York, LLC. Authority filed with Secy. of State of NY (SSNY) on 6/14/10. Office location: Albany County. LLC formed in Ohio (OH) on 3/11/2010. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 4454 Idea Center Blvd., Dayton, OH 45430-1500. Address to be maintained in OH: 41 South High St., Ste. 2800, Columbus, OH 43215. Arts. of Org. filed with OH Secy. of State, 180 East Broad Street Columbus, OH 43215. Purpose: engineering, architecture and any lawful activities. 64439 (D) (September 22, 2010)

LEGAL NOTICE

LEGAL NOTICE
NOTICE OF FORMATION - DOMESTIC LIMITED LIABILITY COMPANY (LLC). Name: COLUMBIA 425 NS LLC. Articles of Organization filed with NY Secretary of State, August 24, 2010. Purpose: to engage in any lawful act or activity. Office: in Albany County. Secretary of State is agent for process against LLC and shall mail copy to 302 Washington Avenue Ext., Albany, NY 12203. 64443 (D) (September 22, 2010)

LEGAL NOTICE

LEGAL NOTICE
NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY PARTNERSHIP (LLP)
The name of the LLP is DRIVER GREENE, LLP. The Certificate of Registration of the LLP was filed with the New York Secretary of State on August 18, 2010. The purpose of the LLP is to engage in the profession and practice of law. The office of the LLP is to be located in Albany County. The Secretary of State is designated as the agent of the LLP upon whom process against the LLP may be served. The address to which the Secretary of State shall mail a copy of any process against the LLP is Driver Greene, LLP, c/o Patrick K. Greens, Esq., 70 Gullane Drive, Slingerlands, New York 12159. 64444 (D) (September 22, 2010)

LEGAL NOTICE

LEGAL NOTICE
NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY
Name: PC Shrewsbury, LLC (LLC). Articles of Organization filed with NY Dept. of State on 8/31/10. Office location: Albany County. NY Secretary of State (SOS) is designated as agent of LLC for service of process. SOS shall mail copy of process to c/o Nigro Companies, 20 Corporate Woods Boulevard, Albany, NY 12211. Purpose: Any lawful act or activity. 64447 (D) (September 22, 2010)

LEGAL NOTICE

LEGAL NOTICE
NOTICE OF APPLICATION FOR AUTHORITY OF FOREIGN LIMITED LIABILITY COMPANY
Name: One Mustang Drive II, LLC (LLC). Application for Authority filed with Dept. of State of NY on 8/25/10. Certificate of Change filed with Dept. of State of NY on 9/1/10. Jurisdiction and date of organization: DE, 7/30/10. Office location: Albany County. Secretary of State of NY (SOS) is designated as agent of LLC for service of process. SOS shall mail copy of process to c/o Teal, Becker & Chiaramonte, CPAs, P.C. Principal Office: 7 Washington Square, Albany, NY 12205. A copy of the Certificate of Formation of the LLC may be obtained from the Dela-

LEGAL NOTICE

LEGAL NOTICE
ware Secretary of State, Division of Corporations, 401 Federal Street, Suite 4, Dover, Delaware 19901. Purpose: Any lawful act or activity. 64451 (D) (September 22, 2010)

LEGAL NOTICE

LEGAL NOTICE
Notice of Formation of CARNESI CONSULTING LLC. Arts. of Org. was filed with SSNY on 8/27/10. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State St., Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. 64453 (D) (September 22, 2010)

LEGAL NOTICE

LEGAL NOTICE
Notice of Formation of CHALLENGE SPORTS WORKS LLC. Arts. of Org. was filed with SSNY on 8/31/10. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State St., Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. 64454 (D) (September 22, 2010)

LEGAL NOTICE

LEGAL NOTICE
SUPREME COURT, CITY OF SCHENECTADY Index No. 2009-2741 (SUMMONS BY ORDER TO SHOW CAUSE) To: Manjeet M. Singh. This summons is served upon you by publication pursuant to an Amended Order of Hon. Kramer dated 9-3-10. Let Manjeet M. Singh show cause on or before October 22, 2010 at 9:30 am why an order should not be made conveying Title to 1064 Garner Ave (SBL 50.22-2-50) to the City of Schenectady and in case you fail to appear, judgment may be taken terminating your right, title and interest in the property. By: Attorney Moses, 105 Jay St, Rm 201, 12305 (518) 382-5073. 64455 (D) (September 22, 2010)

LEGAL NOTICE

LEGAL NOTICE
NOTICE OF FORMATION OF KESAC, LLC, filed Articles of Organization with the New York Secretary of State on August 31, 2010. Its office is located in Albany County. The Secretary of State has been designated as agent upon whom process may be served and shall mail a copy of any process served on him or her to the LLC, at LLC, 790 Watervliet-Shaker Road, Latham, NY 12110. The street address of the principal business location is 790 Watervliet-Shaker Road, Latham, NY 12110. Its business is to engage in any lawful activity for which limited liability companies may be organized under Section 203 of the New York Limited Liability Company Act. 64456 (D) (September 22, 2010)

LEGAL NOTICE

LEGAL NOTICE
NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY
Name: Creative Marketing Concepts of the Capital Region, LLC (LLC). Articles of Organization filed with NY Dept. of State on 9/3/10. Office location: Albany County. NY Secretary of State (SOS) is designated as agent of LLC for service of process. SOS shall mail copy of process to 950 New Loudon Road, Latham, NY 12110. Purpose: Any lawful act or activity. 64687 (D) (September 22, 2010)

LEGAL NOTICE

LEGAL NOTICE
Notice of Formation of BIO-LIFE ENERGY SYSTEMS SOLUTIONS LLC. Arts. of Org. was filed with SSNY on 9/2/10. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State St., Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. 64689 (D) (September 22, 2010)

LEGAL NOTICE

LEGAL NOTICE
CU Factory Built Insurance Agency, LLC
LLC was filed with the SSNY on 8/30/2010. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: Jeffrey Mouat, 2124 Silver Sage Ct, Keller, TX 76248 Purpose: Any lawful purpose. 64860 (D) (September 22, 2010)

LEGAL NOTICE

LEGAL NOTICE
Please be advised that pursuant to Rules of the Bethlehem Republican Committee and the New York State Election Law, notice is hereby given that an organizational meeting of said committee will be held. The meeting will be held on Monday, September 27 at Selkirk #2 Glenmont, Fire House, Glenmont Road, Glenmont, NY on the 27th day of September 2010 at 7:00 PM. The meeting is being called for the following purposes: 1. To elect officers of the Bethlehem Republican Committee. 2. To transact such other business as may properly come before the Committee. If you are unable to attend and would like me to vote a proxy on your behalf please complete the enclosed form and mail it to me at 413 Feura Bush Road, Glenmont, NY 12077. 64863 (D) (September 22, 2010)

LEGAL NOTICE

LEGAL NOTICE
Animal Welfare Organization Insurance Program, LLC. (Fictitious Name: AWOIP Insurance Agency, LLC) LLC was filed with the SSNY on 07/19/2010. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: Brian A. Barrick, 195 Stock Street, Suite 118, Hanover, PA 17331 Purpose: Any lawful purpose. 65641 (D) (September 22, 2010)

LEGAL NOTICE

LEGAL NOTICE
Notice of formation of limited liability company ("LLC"). Name of LLC: Dunston Properties, LLC. Articles of Organization filed with NY Dept. of State on 9/3/10. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail a copy of any process against the LLC served upon it to: Dunston Properties, LLC, 2059 Delaware Turnpike,

LEGAL NOTICE

LEGAL NOTICE
Clarksville, New York 12041. LLC has been formed to engage in any lawful act or activity. 65642 (D) (September 22, 2010)

LEGAL NOTICE

LEGAL NOTICE
Notice of Formation of WIDE VIEW CAPITAL II, LLC. Arts. of Org. was filed with SSNY on 7/23/10. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State St., Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. 65643 (D) (September 22, 2010)

LEGAL NOTICE

LEGAL NOTICE
Notice of formation of 1805 PROVIDENCE AVENUE, LLC Arts. of Org. filed with the Sec'y of State of NY (SSNY) on 9/30/2008. Office location, County of Schenectady. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: c/o Tenzer and Lunin LLP, 1775 Broadway, Suite 608, New York NY 10019. Purpose: any lawful act. 65646 (C) (September 22, 2010)

LEGAL NOTICE

LEGAL NOTICE
Notice of Formation of ELEMENT MUSIC, LLC. Arts. of Org. was filed with SSNY on 7/26/10. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State St., Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. 65650 (D) (September 22, 2010)

LEGAL NOTICE

LEGAL NOTICE
Notice of Formation of RF3 LLC. Arts. of Org. was filed with SSNY on 7/28/10. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State St., Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. 65652 (D) (September 22, 2010)

LEGAL NOTICE

LEGAL NOTICE
Notice of Formation of 3RF LLC. Arts. of Org. was filed with SSNY on 7/27/10. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State St., Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. 65653 (D) (September 22, 2010)

LEGAL NOTICE

LEGAL NOTICE
Articles of Organization of JENNIFCO, LLC were filed with the NY Secretary of State ("SOS") on 6/29/10. LLC's office is located in Albany County. SOS is designated as agent of the LLC for service of process. SOS shall mail a copy of any process against LLC to c/o Stanley L. DiSefano, Jr., 10 Sage Estate, Albany, NY 12204 within or without New York State. LLC to be managed by one or more members. Purpose: any lawful act or activity for which limited liability companies may be organized. 65656 (D) (September 22, 2010)

LEGAL NOTICE
LEGAL NOTICE
NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY
NAME: Frueh Bros., LLC
Articles of Organization under Section 203 of the Limited Liability Company Law were filed with Secretary of State of New York on July 1, 2010. Office Location: Albany County. The Secretary of State of New York has been designated as agent of the LLC upon which process against it may be served. The Secretary of State of New York shall mail a copy of process to the LLC, 16 Orchard Street, Delmar, New York 12054. Purpose: for any lawful purpose. 65657 (D) (September 22, 2010)

LEGAL NOTICE
Notice of Qualification of Luby's Fuddrucker's Restaurants, LLC. Authority filed with Secy. of State of NY (SSNY) on 7/20/10. Office location: Albany County. LLC formed in Texas (TX) on 7/9/10. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o CT Corporation System, 111 8th Ave., NY, NY 10011, registered agent upon whom process may be served. TX address of LLC: 350 N. St. Paul St., Ste. 2900, Dallas, TX 75201. Arts. of Org. filed with TX Secy. of State, 1019 Brazos, Rm 105, Austin, TX 78701. Purpose: to engage in the operation of restaurants, entertainment, and foodservice facilities. 65660 (D) (September 22, 2010)

LEGAL NOTICE
Notice of Qualification of Nationstar Home Equity Loan 2009-A REO LLC. Authority filed with Secy. of State of NY (SSNY) on 7/27/10. Office location: Albany County. LLC formed in Delaware (DE) on 10/21/09. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Capitol Services, Inc., 1218 Central Ave., Ste. 100, Albany, NY 12205. DE address of LLC: c/o Corporation Service Company, 2711 Centerville Rd., Ste. 400, Wilmington, DE 19808. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: any lawful act or activity. 65661 (D) (September 22, 2010)

LEGAL NOTICE
NOTICE OF FORMATION OF LLC
TOTAL QUALITY LANDSCAPING, LLC, filed Articles of Organization with the New York Secretary of State on June 23, 2010. Its principal business location is 35 Hillcrest Avenue, Schenectady, New York. The Secretary of State has been designated as agent upon whom process may be served and shall mail a copy of any process served to the LLC, in care of Paul LaFond, 35 Hillcrest Avenue, Schenectady, New York 12304. Its business is to engage in any lawful activity for which limited liability companies may be organized under the New York Limited Liability Company Law. 65662 (D) (September 22, 2010)

LEGAL NOTICE
Notice of Formation of G&G Entertainment, LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 4/15/10. Office location: Albany Co. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Delaney Corporate Services, Ltd., 99 Washington Ave., Ste. 805A, Albany, NY 12210-2822. Purpose:

LEGAL NOTICE
any lawful activities. 65663 (D) (September 22, 2010)

LEGAL NOTICE
Notice of Formation of EAST 10TH STREET FUNDING LLC. Arts. of Org. was filed with SSNY on 7/30/10. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State St., Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. 65664 (D) (September 22, 2010)

LEGAL NOTICE
Notice of Formation of AT-LIER SFW LLC. Arts. of Org. was filed with SSNY on 8/2/10. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State St., Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. 65665 (D) (September 22, 2010)

LEGAL NOTICE
Notice of Formation of Eight Films LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 7/30/10. Office location: Albany Co. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The LLC, 118 Mercer St., NY, NY 10012. Purpose: any lawful activities. 65666 (D) (September 22, 2010)

LEGAL NOTICE
Notice of Formation of Limited Liability Company (LLC). Name: Coats Technology Associates LLC. Articles of Organization filed by the Department of State of New York on May 14, 2010. Office Location: County of Albany. Purpose: any and all lawful activities. Secretary of State of New York (SSNY) designated as agent of LLC upon whom process against it may be served. SSNY shall mail a copy of process to: 35 Carson Rd, Delmar, NY 12054. 65667 (D) (September 22, 2010)

LEGAL NOTICE
Notice of Qualification of Swift Transportation Services, LLC. Authority filed with Secy. of State of NY (SSNY) on 7/27/10. Office location: Albany County. LLC formed in Delaware (DE) on 4/16/2010. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o National Registered Agents, Inc., 875 Ave. of the Americas, Ste. 501, NY, NY 10001. Principal office address: 2200 South 75th Ave., Phoenix, AZ 85043. Address to be maintained in DE: 160 Greentree Dr., Ste. 101, Dover, DE 19904. Arts. of Org. filed with DE Secy. Of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: any lawful activities. 65669 (D) (September 22, 2010)

LEGAL NOTICE
Notice of Qualification of M.S. Carriers, LLC. Authority filed with Secy. of State of NY (SSNY) on 7/30/10. Office location: Albany County. LLC formed in Delaware (DE) on 4/16/2010. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process

LEGAL NOTICE
to: c/o National Registered Agents, Inc., 875 Ave. of the Americas, Ste. 501, NY, NY 10001. Principal office address: 2200 South 75th Ave., Phoenix, AZ 85043. Address to be maintained in DE: 160 Greentree Dr., Ste. 101, Dover, DE 19904. Arts. of Org. filed with DE Secy. Of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: any lawful activities. 65670 (D) (September 22, 2010)

LEGAL NOTICE
Notice of Qualification of Estrella Distributing, LLC. Authority filed with Secy. of State of NY (SSNY) on 7/28/10. Office location: Albany County. LLC formed in Delaware (DE) on 4/16/2010. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o National Registered Agents, Inc., 875 Ave. of the Americas, Ste. 501, NY, NY 10001. Principal office address: 2200 South 75th Ave., Phoenix, AZ 85043. Address to be maintained in DE: 160 Greentree Dr., Ste. 101, Dover, DE 19904. Arts. of Org. filed with DE Secy. Of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: any lawful activities. 65671 (D) (September 22, 2010)

LEGAL NOTICE
NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY
NAME: Dilorio Booth LLC
Articles of Organization were filed with the Secretary of State of New York (SSNY) on August 2, 2010. Office location: The Street Address of the limited liability company's office is 512 Elm Drive, East Berne, New York 12059, County of Albany. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC at 512 Elm Drive, East Berne, New York 12059. For any lawful purpose. 65674 (D) (September 22, 2010)

LEGAL NOTICE
AKNO TECH LLC Arts. of Org. filed with SSNY on 7/22/2010. Off. Loc.: Albany Cnty. SSNY designated as agent of LLC whom process may be served. SSNY shall mail process to: c/o The LLC, 911 Central Ave., #101, Albany, NY 12206. The reg. agent is: Accumera LLC at same address. Purpose: all lawful activities. 65677 (D) (September 22, 2010)

LEGAL NOTICE
Notice of Formation 1739 WILLIAMSBRIDGE RD LLC Arts. of Org. filed with SSNY 7/22/2010. Off. Loc.: Albany Cnty. SSNY designated as agent of LLC whom process may be served. SSNY shall mail process to: c/o The LLC, 911 Central Ave., #101, Albany, NY 12206. Purpose: all lawful activities. 65678 (D) (September 22, 2010)

LEGAL NOTICE
NOTICE OF QUALIFICATION OF Specialized Title Services LLC. Appl. for Auth. filed w/Secy. of State of NY (SSNY) on 6/21/10. Office location: Albany County. LLC formed in Delaware (DE) on 9/15/09. SSNY designated as agent of LLC for service of process. SSNY shall mail process to: 1218 Central Ave. #100, Albany, NY 12205. DE address of LLC: 615 S. Dupont Hwy., Dover, DE 19901. Cert. of Form. filed with DE Secy. of State, 401 Federal St. Ste. 4,

LEGAL NOTICE
Dover, DE 19901. Purpose: any lawful activity. 65679 (D) (September 22, 2010)

LEGAL NOTICE
Notice of Qualification of Summit Machine Tool Manufacturing L.L.C. Authority filed with Secy. of State of NY (SSNY) on 7/8/2010. Office location: Albany County. LLC formed in Oklahoma (OK) on 10/4/1961. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Capitol Services, Inc., 1218 Central Ave., Ste. 100, Albany, NY 12205. OK address of LLC: 518 North Indiana, Oklahoma City, OK 73106. Arts. of Org. filed with OK Secy. of State, 2300 North Lincoln, Rm. 101, Oklahoma City, OK 73105. Purpose: any lawful act or activity. 65681 (D) (September 22, 2010)

LEGAL NOTICE
NOTICE OF APPLICATION FOR AUTHORITY OF LLC
Greenridge Apartments LLC, filed an Application for Authority with the New York Secretary of State on 05/14/10. The jurisdiction of organization of the LLC is Delaware. Its office is located in Albany County. The Secretary of State has been designated as agent upon whom process may be served and shall mail a copy of any process served on him or her to the LLC, at LLC, c/o Dawn Homes Management, LLC, 20 Corporate Woods Blvd. 5th Floor, Albany, NY 12211. The street address of the principal business location is c/o Dawn Homes Management, LLC, 20 Corporate Woods Blvd., 5th Floor, Albany, NY 12211. 65682 (D) (September 22, 2010)

LEGAL NOTICE
NOTICE OF FORMATION OF IP-OWER INCEPTION LLC. Arts. of Org. was filed with SSNY on 8/4/10. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State St., Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. 65683 (D) (September 22, 2010)

LEGAL NOTICE
Notice of Qualification of Osiris Holdings, LLC. Authority filed with Secy. of State of NY (SSNY) on 7/9/10. Office location: Albany County. LLC formed in Maryland (MD) on 02/11/09. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Robert Probasco, PO Box 4597, Timonium, MD 21094, also the address to be maintained in CA. Address of the principal office: 2400 York Rd., Suite 200, Timonium, MD 21094. Arts. of Org. filed with MD Secy. Of State, 16 Francis St., Annapolis, MD 21401. Purpose: any lawful activities. 65690 (D) (September 22, 2010)

LEGAL NOTICE
Notice of Formation of LEVEL HEADED PROTOOLS LLC. Arts. of Org. was filed with SSNY on 8/4/10. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State St., Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. 65684 (D) (September 22, 2010)

LEGAL NOTICE
Big Boy's BBQ & Catering, LLC
Notice of Formation of the above Limited Liability Company ("LLC"). Articles of Organization (DOM LLC) filed with the Secretary of State of New York ("SSNY") on July 6, 2010. Office location, County of Schenectady. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of any such process served to: Big Boy's BBQ & Catering, LLC, 1405 Balltown Road, Niskayuna, NY 12309. Purpose: Any lawful act. 65685 (D) (September 22, 2010)

LEGAL NOTICE
Notice of Formation of My Decisions LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 8/3/10. Office location: Albany Co. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Insurgent Media, 45 Main St., Ste. 1030, Brooklyn, NY 11201. Purpose: any lawful activities. 65687 (D) (September 22, 2010)

LEGAL NOTICE
Notice of Formation of Triad Studios, LLC. Articles of Organization filed with Secy. of State of NY (SSNY) on 08/09/2010. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC, 2677 Grand Avenue, Bellmore, NY 11710. Purpose: any lawful act or activity. 65688 (D) (September 22, 2010)

LEGAL NOTICE
Notice of Formation of O.W. REALTY CO 513, LLC. Arts. of Org. was filed with SSNY on 8/3/10. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State St., Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. 65689 (D) (September 22, 2010)

LEGAL NOTICE
Name: ALTAMONT PROPERTIES I LLC. Articles of Organization filed with NY Secretary of State, August 9, 2010. Purpose: to engage in any lawful act or activity. Office: in Albany County. Secretary of State is agent for process against LLC and shall mail copy to 302 Washington Avenue Ext., Albany, NY 12203. 65692 (D) (September 22, 2010)

LEGAL NOTICE
Name: JEFFERSON APARTMENTS ASSOCIATES LLC. Articles of Organization filed with NY Secretary of State, August 26, 2010. Purpose: to engage in any lawful act or activity. Office: in Albany County. Secretary of State is agent for process against LLC and shall mail copy to c/o Dawn Homes Management, 20 Corporate Woods Boulevard, Albany, NY 12211. 69167 (D) (September 22, 2010)

LEGAL NOTICE
Notice of Qualification of Workrite Ergonomics, LLC. Authority filed with Secy. of State of NY (SSNY) on 8/5/10. Office location: Albany County. LLC formed in Delaware (DE) on 12/16/1998. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o National Registered Agents, Inc., 875 Ave. of the Americas, Ste. 501, NY, NY 10001. Address of the principal office: 1450 Technology Lane, Petaluma, CA 94954. Address to be maintained in DE: 160 Greentree Dr., Ste. 101, Dover, DE 19904. Arts. of Org. filed with DE Secy. Of State, 401 Federal St.,

LEGAL NOTICE
Ste. 4, Dover, DE 19901. Purpose: any lawful activities. 65693 (D) (September 22, 2010)

LEGAL NOTICE
BETHLEHEM CENTRAL SCHOOL DISTRICT NOTICE TO BIDDERS
The Board of Education of the Bethlehem Central School District hereby invites the submission of sealed bids for hourly rate proposals of the following: SNOW PLOWING AND REMOVAL SERVICES. Specifications and bid forms may be obtained at the Operations and Maintenance Department, 65 Elm Avenue, Delmar, New York. Bids will be received until 1 PM on October 6, 2010 at the Operations and Maintenance Department, 65 Elm Avenue, Delmar, New York, at which time and place all bids will be publicly opened. The Board of Education reserves the right to reject any or all bids.

JUDITH KEHOE
District Clerk
Date: September 14, 2010 69162 (D) (September 22, 2010)

LEGAL NOTICE
NOTICE OF FORMATION OF HOME CHECK INSPECTIONS, LLC
Under Section 206 of the Limited Liability Company Law
First, the name of the limited liability company is Home Check Inspections, LLC Second, the articles of organization were filed with the New York Department of State on June 14, 2010.
Third, the County in which the limited liability company is located is Schenectady, New York.
Fourth, The Secretary of State of the State of New York has been designated as agent of the limited liability company upon whom process against it may be served. The principal address of the limited liability company is 11 Mohawk Avenue, Alplaus, New York 12008.
Fifth, the purpose of the company is to engage in any lawful act or activity for which limited liability companies may be organized under the New York Limited Liability Law. 69163 (D) (September 22, 2010)

LEGAL NOTICE
NOTICE OF FORMATION DOMESTIC LIMITED LIABILITY COMPANY (LLC).
Name: JEFFERSON APARTMENTS ASSOCIATES LLC. Articles of Organization filed with NY Secretary of State, August 26, 2010. Purpose: to engage in any lawful act or activity. Office: in Albany County. Secretary of State is agent for process against LLC and shall mail copy to c/o Dawn Homes Management, 20 Corporate Woods Boulevard, Albany, NY 12211. 69167 (D) (September 22, 2010)

LEGAL NOTICE
Notice of Qualification of FULCRUM RETAIL ENERGY NEW YORK, LLC. Authority filed with Secy. of State of NY (SSNY) on 9/10/10. Office location: Albany County. LLC formed in Delaware (DE) on 9/3/10. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Capitol Services, Inc., 1218 Central Ave., Ste. 100, Albany, NY 12205. DE address of LLC: 615 South DuPont Hwy., Dover, DE 19901. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Dover, DE 19901. Purpose: any lawful

LEGAL NOTICE
act or activity. 69168 (D) (September 22, 2010)

LEGAL NOTICE
Notice of formation of GLF GROUP, LLC a NYS LLC Formation filed with SSNY on 03/19/10. Off. Loc.: Albany Co. SSNY designated as agt. of LLC, upon whom process may be served. SSNY shall mail copy of process to: The LLC, 4720 3rd Avenue, Brooklyn, NY 11220. Purpose: Any Lawful purposes. 69169 (D) (September 22, 2010)

LEGAL NOTICE
Notice of formation of LM REALTY 31B, LLC. Arts. of Org. filed with SSNY on 05/27/10. Off. Loc.: Albany Co. SSNY desig. as agt. upon whom process may be served. SSNY shall mail process to: The LLC, 40 Rector St., Ste 1502, New York, NY 10006. Purpose: Any Lawful purposes. 69170 (D) (September 22, 2010)

LEGAL NOTICE
Notice of formation of LM REALTY 27D, LLC. Arts. of Org. filed with SSNY on 05/27/10. Off. Loc.: Albany Co. SSNY desig. as agt. upon whom process may be served. SSNY shall mail process to: The LLC, 40 Rector St., Ste 1502, New York, NY 10006. Purpose: Any Lawful purposes. 69171 (D) (September 22, 2010)

LEGAL NOTICE
Notice of formation of LM REALTY 24C, LLC. Arts. of Org. filed with SSNY on 05/27/10. Off. Loc.: Albany Co. SSNY desig. as agt. upon whom process may be served. SSNY shall mail process to: The LLC, 40 Rector St., Ste 1502, New York, NY 10006. Purpose: Any Lawful purposes. 69172 (D) (September 22, 2010)

LEGAL NOTICE
NOTICE FOR PUBLICATION PURSUANT TO NY LLC LAW SECTION 206
The name of the limited liability company is Felthousen Family, LLC. The date of the filing of the Articles of Organization was September 9, 2010. The County in which the office of the LLC is to be located is Schenectady. Its principal business location is Schenectady, New York. The agent of the LLC upon whom process against it may be served is the Secretary of State and such shall mail a copy of any process to: Walter T. Burke, Esq., Burke & Casserly, P.C., 255 Washington Ave. Ext., Albany, New York 12205. The term of the LLC shall commence on the date of filing of the Articles of Organization and continue indefinitely. The purpose of the Company is real estate related services and for any other lawful act or activity for which limited liability companies may be formed under the Limited Liability Company Law. 69173 (D) (September 22, 2010)

LEGAL NOTICE
Notice of Formation of The Discoverers Movie, LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 8/5/10. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 100 Wall St., 23rd Fl., NY, NY 10005. Purpose: any lawful activity. 69174 (D) (September 22, 2010)

Shaker

(From Page 28)

newly-minted professional baseball player, I suppose.

At least, I hope the ValleyCats get a chance to invite those players back for next year's home opener so they can be recognized by area fans for their achievement. It could be a logistical nightmare given the possibility that this year's team could be scattered around several different Astros affiliates by next June, but there should be some opportunity for fans to show their appreciation for what they accomplished.

I'm uncertain if the Albany Devils' official 2010-11 slogan is "We're Back" or "Now this is FUN." Either way, it's not as good as the Albany River Rats' slogans of the past. Remember "Hockey with Ratitude?" Or "Hockey with a New Bite?" How about "Our Town, Your Team?" OK, I've lost the point I was trying to make.

Remember when I said that the Chicago White Sox would win the American League Central Division? Forget I said that. I didn't realize that Minnesota was going to be as dominant as it has been over the last three weeks.

That brings me to this point: Start worrying, New York Yankees fans. Not only is your team struggling to maintain its hold on the AL East lead over Tampa Bay, but with the condition of your pitching staff (outside of CC Sabathia) and the way the Twins and Texas Rangers are playing, the Yanks might be the fourth-best team in the American League right now.

Of course, I did pick

the Yankees to win the American League title, too. So, maybe I should be concerned as well. Then again, I do get a small sense of satisfaction when the Yanks lose in the playoffs.

Side note for Mets fans: If the rumors are true, Omar Minaya will be relieved of his general manager duties after this season. Unfortunately, that's two years and three really bad free agent signings (Oliver Perez, Francisco Rodriguez and Jason Bay) too late. And given the ugly state of affairs in Queens, it's going to take the next general manager at least two years to clean out all the trash.

I know I've criticized professional soccer in the past, but I will give Major League Soccer its due. Ever since the league started emphasizing building smaller stadiums for its teams, watching the games on TV and seeing the stands filled with chanting, flag-waving fans (like the ones you see in Europe and South America) makes MLS seem more viable than ever before.

Don't get me wrong. Soccer is still a niche sport in this country, and I don't ever see it losing that status. But if it stays the course, it will be a successful niche sport.

Finally, I've got my blog going again on www.spotlightnews.com. I'm also posting results of games on the Web site, usually within 24 hours of receiving the information from our coaches. So after you read this column, head over to the Web site to see all the latest sports news we have, and don't forget about my blog. That is your public service announcement for the week.

Munson, Joyce win Deer Run

Richard Munson and Tara Joyce won the men's and women's titles at the Brenda Deer Memorial 5-kilometer run Sept. 11 at the Guilderland YMCA.

Munson, a 53-year-old runner from Prattsville, ran the course in a time of 18:23, 26 seconds ahead of runner-up David Wojcik of Troy. Brian Murphy of Albany was third with a time of 18:57.

Joyce, a 21-year-old Altamont resident, claimed

the women's division title with a time of 21:29. Bridget Chorbajja of Schenectady was second with a time of 22:14, and Theresa Smolen of Schenectady placed third with a time of 22:35.

Age group winners include:

9 and under: Male — Bryan Doolin (Slingerlands) 28:45; Female — Maggie Doolin (Slingerlands) 28:46

10-14: Male — Ben Long (Amsterdam) 28:34;

Female — LeeAna Doolin (Slingerlands) 32:59

15-19: Male — Marcus Spinnato (Schenectady) 22:26; Female — Alexandria Schneide (Schenectady) 23:22

20-29: Male — John Deer (Albany) 21:21; Female — Amanda Barone (Ballston Spa) 23:11

30-39: Male — David Shumpert (Clifton Park) 20:03; Female — Tania Gray (Schenectady) 24:47

40-49: Male — Scott

Schaffer (Schenectady) 20:17; Female — Evelyn Deer (Milford) 26:06

50-59: Male — Thomas Locascio (Albany) 20:24; Female — Kathy Dillinger (Schenectady) 27:20

60-69: Male — Albert Aldi (Scotia) 25:44; Female — Nancy Johnston (Ballston Lake) 32:14

70 and over: Male — James Moore (Niskayuna) 25:55; Female — Regina Tumidajewicz (Amsterdam) 49:36.

V'ville girls take Queensbury Invy title

The Voorheesville girls' cross country team turned in its second consecutive first-place finish at an invitational meet this year.

Three Blackbirds placed in the top five to help Voorheesville finish first in the Girls Varsity 2 (small school) division at last Saturday's Queensbury Invitational.

Michelyn Little led Voorheesville with a second-place performance. The junior covered the 5-kilometer course in a time

of 20:04.95. Schuylerville's Samantha Watson won the individual title with a time of 19:05.65.

Senior Jolie Siegel was fourth for Voorheesville with a time of 21:01.22, and junior Sawyer Cresap placed fifth with a time of 21:15.41. Junior Karen Obertubbesing (22nd place, 23:46.86) and sophomore Carla Planz (23rd, 23:48.88) rounded out the Blackbirds' top five.

Voorheesville finished with 50 points to claim the

team title. Peru (Section VII) finished second with 79 points, and Maple Hill placed third with 88 points.

On the boys' side, Voorheesville finished second to Schuylerville in the team standings, but it had the top individual runner in sophomore Joe Becker.

Becker pulled away from the rest of the lead pack to finish first with a time of 17:29.78. Ticonderoga's Jay Berube was second with a time of 17:35.07.

Schuylerville took control of the meet by placing its first four runners between third and sixth place. The Black Horses finished with 38 points, while Voorheesville finished second with 50 points.

David Vandervoort (seventh place, 18:42.99) was the Blackbirds' second runner. Quinn Treadgold (eighth, 18:44.06) and Evan Treadgold (14th, 19:22.69) also placed in the top 20 for Voorheesville.

Gains

(From Page 28)

again. Oskam was the Lady Eagles' top performer in the opening week with 22 kills in two matches, while Rice had a strong second week with 17 kills and 11 service aces in victories over Colonie and Shaker.

"I think having Jaci and Kat in the front court is nice because blockers don't know who's going to

hit the ball," said Kniffen.

Behind Oskam and Rice is a group of talented veterans who have a common goal of getting back to the state playoffs. Kniffen said that won't be easy, though, since there are several talented teams in the Class AA ranks.

"It's hard for me because I don't want them to be disappointed if we didn't make it, but I think — especially for our seniors — that they would be disappointed if we didn't make it at least that far again," said Kniffen.

The Lady Eagles face

some tough competition this week. After playing Saratoga Springs Monday, they meet Niskayuna Wednesday and Suburban Council power Burnt Hills-Ballston Lake Friday. BH-BL will likely still be riding a league winning streak that has stretched over the better part of the last decade.

"It would be nice to be the one [to beat BH-BL], but it's a long shot because they always have a strong program," said Kniffen. "We consider it a victory just to take a game from them."

The Guilderland girls volleyball team is also off to a strong start. The Lady Dutch raised their Suburban Council record to 4-0 (5-0 overall) with last Thursday's 3-1 victory over Saratoga.

Liz Tapler had six kills, six service points and 27 digs to lead Guilderland. Allison VanDoren recorded eight kills and 10 service points, and Quincy Kinzel added six kills and 14 service points.

After hosting Shaker Monday, Guilderland travels to Shenendehowa Wednesday.

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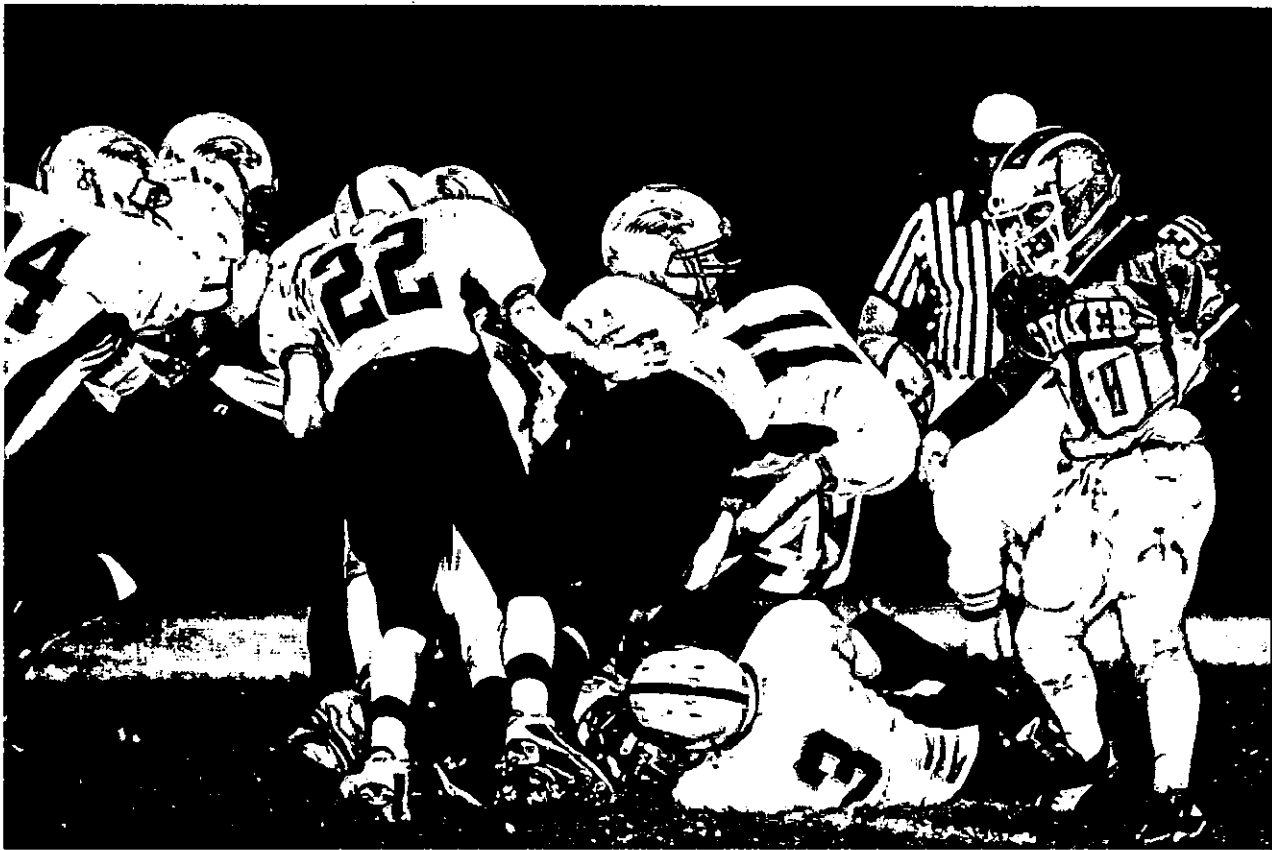
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A flock of Bethlehem defenders stop Shaker running back Ryan Griffin (47) during last Thursday's Class AA cross-divisional game in Latham. *Robert Goo/Spotlight*

Changes

(From Page 28)

their previous three games by identical 5-0 scores – all against South Division opponents (Averill Park, Mohonasen and Colonie).

Rogan said the tests will continue this week as Bethlehem faces Saratoga Springs Tuesday, Niskayuna Thursday and defending Section II Class A champion Burnt Hills-Ballston Lake Saturday.

“All three teams – Niskayuna, Burnt Hills and Saratoga – are going to be good challenges for us,” said Rogan.

If Bethlehem falters this week, Guilderland is hoping to be there to catch the Lady Eagles in the South Division standings. The Lady Dutch (3-1) won their first three games before losing to Saratoga 1-0 last Thursday.

“[I’m] encouraged, but we’ve had these kinds of starts before,” said Guilderland coach Barb Newton. “We have some tough games coming up.”

The Lady Dutch don’t have the explosive one-two punch Bethlehem possesses in Maksuti and Teal. Instead, Guilderland has used a balanced attack to get off to a good start, led by Audra Kowalczyk’s three goals. Five other Lady Dutch players have registered a goal this season.

Still, Newton said her team has to do a better job of converting the scoring chances it’s getting.

“The kids are crossing the ball really well and putting the ball in dangerous situations [for opposing defenses]. We just have to do a better job of finishing those chances,” said Newton.

Guilderland’s defense has been strong through the first two weeks, allowing only two goals in four games.

“We’ve made some mistakes on defense, but [goaltender] Jenna Cubello has done a great job as a sophomore,” said Newtown. “She’s made some really nice saves for us.”

Like Bethlehem, Guilderland has some tough cross-divisional games to get through this week, starting with Tuesday’s game against Shaker. The Lady Dutch then travel to Clifton Park Thursday to face Shenendehowa before hosting Ballston Spa Saturday.

“The kids are positive right now, but we’ll see how they are after this week,” said Newton.

Bison

(From Page 28)

Brothers Academy last Thursday. That game featured five touchdown passes between the two teams.

CBA (2-1) used option passes to its advantage against Guilderland. Wide receiver Elijah Dukes threw a 25-yard scoring strike to Max Weaver in the third quarter to give the Brothers a 19-7 lead. The Dutchmen closed the gap on quarterback Ryan Smith’s 65-yard touchdown pass to Dylan August, but Weaver caught a six-yard touchdown pass from tailback Trey Williams to give CBA some breathing room.

Quarterback Casey Crotty threw for 155 yards to lead CBA’s aerial attack. Weaver was the top receiver with 92 yards on four catches.

Smith had a big game for Guilderland with 302 passing yards and two

touchdowns, but he was also intercepted twice by CBA’s defense.

In Class B, Ravena-Coeymans-Selkirk remained undefeated following a 50-20 Reinfurt Division victory over Cairo-Durham last Friday in Ravena.

The Indians scored five touchdowns in the second quarter to corral the Mustangs. Tailback Cory Watts scored twice in the period, while quarterback Tyler Swart threw touchdown passes of 55 and 24 yards to help R-C-S grab a 47-6 halftime lead.

Tailback Daryl Ford had 97 yards and three touchdowns to lead the Indians, who travel to Cohoes Saturday.

Voorheesville (2-1) needed a last-second touchdown pass by quarterback Ryan Duncan to defeat Coxsackie-Athens 27-24 in last Saturday’s Class C South Division game.

Duncan connected with Nick Brockley on a 45-yard scoring strike to end a game that had four lead changes. Coxsackie-Athens had taken a 24-21 lead on Kyle Humphrey’s 1-yard touchdown run with

less than 15 seconds left in regulation, but a short kick gave Voorheesville good field position.

Duncan threw for nearly 220 yards and two touchdowns, and James Currier added an 82-yard kickoff return for a six points to lead the Blackbirds, who were coming off a 33-14 loss to Fonda-Fultonville one week earlier.

Voorheesville visits undefeated Chatham Friday.

Got sports news?

Spotlight Newspapers welcomes articles on community sports events and updates on athletes in college.

The deadline for print submissions is Friday the week before publication. Web stories will be published on a daily basis.

E-mail Sports Editor Rob Jonas sports@spotlightnews.com or fax information to 439-0609.

Meyers receives weekly honor

Guilderland High School graduate Beth Meyers was named Northeast Conference Co-Rookie of the Week in leading the Siena College women’s field hockey team to its first shutout in three years.

Meyers, a freshman goaltender, stopped all six shots she faced in Siena’s home opener against Holy Cross — a 1-0 victory. For the week ending Sept. 12, Meyers had 15 saves and a .938 save percentage.

Meyers shared the Rookie of the Week honor with Monmouth’s Alex Carroll.

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Sports in the Spotlight

Rolling with the changes

BC girls perfect through first two weeks

By ROB JONAS
jonasr@spotlightnews.com

The names may change, but the results remain the same for the Bethlehem girls soccer team.

The Lady Eagles began the season with four consecutive Suburban Council victories, outscoring their opponents 17-1 in that stretch. All the while, they've been trying to overcome the graduation of several starters from last year's Section II Class AA championship squad.

"This is a big transition year for us with a number of players taking on new roles," said Bethlehem coach Tom Rogan.

The bulk of Bethlehem's offense has come from senior Kristina Maksuti

and sophomore Tara Teal. Maksuti leads the Lady Eagles with six goals and three assists, while Teal has contributed five goals and an assist.

Sophomore goaltender Katie Nickles has also been a key contributor for Bethlehem — that is, when any shots have gotten to her. Nickles has saved 10 of the 11 shots she's faced, with half of those saves coming in last Thursday's 2-1 overtime victory over Shaker.

"I believe she's one of the best goalies in the area," said Rogan of Nickles, who started for Bethlehem as a freshman last year. "She's very good at coming out and stopping one-on-ones, and she does a great job catching the ball."

The Shaker game was the first time Bethlehem had been tested all season. The Lady Eagles had won

□ **Changes Page 27**



Bethlehem tailback Mike McLeer tries to get around Shaker defender Sam Hyatt during last Thursday's Class AA cross-divisional game in Latham. The Blue Bison limited the Eagles to less than 100 yards of total offense in a 35-14 win.

Robert Goo/Spotlight

Experience nets gains

Lady Eagles off to a strong start in league

By ROB JONAS
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Experience matters for the Bethlehem girls volleyball team.

With their starting lineup back for another season, the Lady Eagles are 4-0 in the Suburban Council and taking aim at

a third consecutive Section II Class AA title.

"They're pretty much the reason why we're so successful," said Bethlehem coach Lisa Kniffen. "Having so many kids with two or three years of experience — and, in the case of Jaci Oskam, four years — has really helped us out."

Oskam and senior Kat Rice are the heart of Bethlehem's offense once

□ **Gains Page 26**

Bison ground Eagles

Shaker limits Bethlehem to under 100 yards of offense

The Bethlehem football team couldn't dig itself out of the latest hole it created.

Shaker jumped out to a 28-0 halftime lead and cruised to a 35-14 victory over the Eagles in last Thursday's Class AA cross-divisional game in Latham.

The undefeated Blue Bison (3-0) got on the scoreboard quickly when quarterback Ben Capeless connected with receiver Adrian Valentino on a 68-yard touchdown pass early in the first quarter. Tailback Kyle Bernard then scored

on a five-yard run to put Shaker ahead 14-0.

Bernard contributed an 11-yard touchdown run in the second quarter, and Capeless added a 22-yard scoring strike to Valentino to give Shaker its 28-point halftime advantage. Brandon Souza's 13-yard touchdown run in the third quarter capped the Blue Bison's scoring.

Bethlehem (1-2) got all of its points in the fourth quarter to avoid the shutout. Mike Strohecker and Cody Nolan each had one-yard touchdown runs.

The two touchdowns were the highlights for the Eagles in a game where they were limited to less than 100 total yards of offense. Halfback Mike McLeer rushed for 25 yards,

and Nolan threw for 40 yards against a stingy Shaker defense.

Capeless passed for 153 yards, and Bernard added more than 90 rushing yards for the Blue Bison.

Bethlehem faces another tough road game this week, as the Eagles visit Ballston Spa (2-1) Friday for an Empire Division game. The Scotties are coming off a hard-fought 7-0 loss at undefeated Shenendehowa last Thursday.

In other Class AA football action this weekend, Guilderland (1-2) will try once again to get its first Empire Division win when it visits winless Albany Friday.

The Dutchmen enter the Albany game off a 33-21 loss to Christian

□ **Bison Page 27**

Shaker stampedes to 3-0; BH-BL teams roll on

I'm changing the sports cliché from "there are winners, and there are losers" to "there are winners, and there are the Buffalo Bills." Someone, please give Buffalo a quarterback who can throw downfield? OK, moving on...

I'm not sure when was the last time that Shaker started a football season 3-0. It may have been during the Jimmy Carter administration, for all I know.

But I will say this: the Blue Bison are for real. They have a quarterback (Ben Capeless) who is coming into his own as a thrower. They have a group of talented running backs — a group that can only get stronger once Conor Alund returns to the lineup. And their defense has been good at keeping opponents in check.

There is still a minefield that Shaker must cross to make the list of serious Class AA championship contenders. The Blue Bison have to tangle with Niskayuna and LaSalle — both dangerous teams — before they meet Troy, which is almost certain to stay undefeated, and possibly un-scored upon when it hosts



Shaker in the final regular season game. Depending on how well they negotiate the second half of their schedule, the Blue Bison could have a high seed and a home playoff game, which will help them in their quest for a Sectional win.

Still, that 3-0 record looks very nice beside Shaker's name. It hasn't happened very often in recent years.

Here's one for all you over/under fans: The over/under on the number of Section II fall sport titles Burnt Hills-Ballston Lake High School varsity teams will win is 5.5 (you always want to include a half point to avoid ties).

So far, the list of BH-BL teams I have as favorites to win Sectional titles are football, boys and girls volleyball, boys cross country and girls soccer — all of whom are undefeated. The girls cross country and girls swimming teams also have a good chance at winning championships, and the field hockey, girls tennis and boys soccer teams are also potential title contenders.

For those of you scoring, that would be 10 out of BH-BL's 11 fall-sports teams. That is a ridiculous number, especially since we're talking about the Class A level where the schools are large and there is a broad spectrum of sports offered.

It's not like this hasn't happened before. In fact, it's

become par for the course at BH-BL. Last year, six fall teams took home titles. The year before that, it was seven. The year before that ... well, you get the picture.

This is not to say the rest of Class A will lay down for BH-BL once the playoffs begin. Upsets can and do happen. But the likelihood that some girls volleyball team will upset BH-BL in Sectionals is slim. Same thing goes for the boys volleyball team, the football team, the girls soccer team and the boys cross country team. I just don't see any team that can pull it off.

It's just amazing that one school can turn out so many teams with championship potential in one season.

Hats off to the Tri-City ValleyCats for winning the New York-Penn League title last week by sweeping the Brooklyn Cyclones 2-0 in the best-of-three championship series. It was a great way to cap a fantastic run from mid July (when the ValleyCats were nine games below .500) to the middle of September.

The only sad part was that the ValleyCats never got to enjoy their championship with a parade through Troy. The players had to leave the day after winning the title so they could go to the Houston Astros' instructional league and begin their off-season training. Such is the life of a

□ **Shaker Page 26**