

BC names science and tech supervisor

The Bethlehem Central School District has named Jennifer Gonyea as the new subject supervisor for science and technology.

Gonyea was a science teacher at the middle school from 2001 to 2008, when she was Ms. Jennifer Hahn. She will be replacing Michael Klugman, who recently became the new principal of the middle school. A committee that included BC administrators and teachers oversaw the search process for the supervisor position.

"Bethlehem is an excellent district, and I am very excited to be coming back," Gonyea said in a statement. "I am looking forward to working with teachers and educational

leaders to improve curriculum and instruction for all students."

Gonyea noted that this is an exciting time to be in science and technology education, with so many new and emerging fields of study and career paths concentrated in those areas.

She has spent the past three years as an assistant principal at Howard L. Goff Middle School in East Greenbush.

"Jennifer's administrative experience and background in science make her an excellent fit for our district," said Assistant Superintendent for Educational Programs Jody Monroe in a statement. "Science and technology education continues to evolve, and we are excited to see it grow and strengthen here under her leadership."

Gonyea will formally begin her new position with the district on Sept. 1.



Jennifer Gonyea

A competitive edge



Three area reporters joined the Albany Figure Skating Club's Achilles Edge Synchronized Skating team on July 20 for a practice with the award-winning team. Stephanie Schelkun, the morning anchorperson for FOX23 WXXA news; Justin Mason, a reporter for the Schenectady Daily Gazette; and Nicol Lally, weekend anchor for WTEN took to the ice with the skaters. Pictured in the back row, from left: Grace DiRisio, Emma Briceland, Aislyn DiRisio, Alyssa Hopsicker, Taylor Kennedy, Lukas Sotola, Amie Skoda, Catherine Amodeo, Juliana Drozd and Rachael Gray. Front row, from left: Stephanie Schelkun, Nicol Lally, Justin Mason.

Submitted photo

District sets final tax rates

The Bethlehem Central School District has finalized the tax rates property owners will be charged for the 2011-12 school year.

Property owners in Bethlehem will see their rates rise to \$20.1059 per \$1,000 of assessed property value, an increase of 2.34 percent. In New Scotland, the rate will rise to \$20.3151 per \$1,000 of assessed property value, which is a 0.22 percent increase.

The owner of a \$250,000 house in Bethlehem would pay \$115 more in property taxes, and the owner of the same valued house in New Scotland would pay \$11 more.

The rates are about five cents higher in both towns than the district anticipated at the time of the May budget vote. Schools don't have actual tax rates at the budget vote in May because the state has not yet set its equalization rates, which can have an effect on how different communities are taxed. Assessments can also change during this time, shifting the tax picture.

The tax levy increase of 2 percent approved by voters still stands. Next year's school budget will be \$86.8 million, which is about \$1.5 million less than the 2010-11 budget.

Tax bills are to be mailed on Labor Day, and are due back without penalty by Sept. 30. Homeowners are reminded to look into the state's school tax relief (STAR) program as soon as possible to see if they can have their tax bill adjusted. Visit www.orps.state.ny.us/star for more information.

Slingerlands fire vote rescheduled

A public information session on the Slingerlands Fire District's plans to expand its firehouse has been pushed back.

The new date for the meeting is Nov. 16. The district also plans to hold a public referendum on bonding money for the project on Dec. 13, which would coincide with the annual elections for the fire district.

Officials had previously hoped to hold the referendum in September.

The department has long investigated expanding its aging facilities on New

A study has put the project's cost at \$1.8 million, but factoring in designs costs in other expenses could push the figure higher.

Scotland Road. There's not enough room for storage and operations, officials say, and the project would also include a ventilation system for the vehicle bays where exhaust fumes now

pool when fire engines are started up.

A study has put the project's cost at \$1.8 million, but factoring in designs costs in other expenses could push the figure higher. The district plans to pay for some of the project out of its building improvement fund but there isn't nearly enough there to pay for it outright. A bond amount has not yet been settled on.

The department could still hit a spring groundbreaking, despite the delay.

- Charles Wiff

IN BRIEF

Five Rivers fetes Woodsy Owl

A family-oriented exploration of forest ecology will be conducted at the NYSDEC Five Rivers Environmental Education Center, 56 Game Farm Road, Delmar on Saturday, Sept. 3 at 2 p.m.

On this outdoor study, Center naturalists will lead a search for seasonal signs of squirrels, deer, woodpeckers and, of course, owls. The program, which commemorates the 41st anniversary of Woodsy Owl's "Give A Hoot" campaign, will demonstrate ways in which participants can "Lend A Hand, Care For The Land" right at home. This program is open to the public free of charge, but space is limited. Please call the Center at 475-0291 to register by Wednesday, Aug. 31. In

the event of inclement weather, this program may be cancelled.

Five Rivers Environmental Education Center is a designated New York State Watchable Wildlife site, where wildlife viewing opportunities abound. Learn more by visiting "Watchable Wildlife" at www.dec.ny.gov.

Altamont woman on dean's list

Corrina Goutos of Altamont was named to the dean's list at the Savannah College of Art and Design for spring quarter 2011. Full-time undergraduate students who earn a grade point average of 3.5 or above for the quarter receive recognition on the dean's list. Goutos is seeking a Bachelor of Fine Arts degree in Metals and Jewelry.

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Small school has big goals

Bethlehem Children's School adding pre-K in its 15th year

By CHARLES WIFF
wiff@spotlightnews.com

A small private school nestled in Slingerlands is celebrating its 15th anniversary by growing and adding pre-K programming to its curriculum.

The Bethlehem Children's School, a Montessori school on Fisher Boulevard, is welcoming to its faculty Emmy Cole, who will be teaching the school's youngest learners. It's the latest development for this tight-knit school that's turned a former home into intimate, homey classrooms room by room over the years. Enrollment has never been above 34, but the school's Board of Directors is hoping it will increase with the addition of pre-K and kindergarten classes this fall.

"We want to stop being the hidden secret of Delmar," said Julie Darling, president of the school's Board of Directors and a parent of one of the first children to be enrolled at the school when it opened in 1995.

Cole has been teaching for 13 years, the last six in a Montessori school. She's ecstatic to be broaching

a whole new age group at the Children's School, and has already set up her classroom for an interactive, exploratory approach to learning.

"In this classroom, there will be a lot of hands-on work," Cole said. "It becomes a very busy classroom, with the kids doing what interests them, with my guidance. I observe and I watch, and I even change materials based on what I might see the children doing."

Students will focus on the core categories of education — language skills, math, science, etc. — but Cole plans to put a great focus on sensory experiences. For example, students might work with movable letters in learning the alphabet and simple words, so they can manipulate the objects themselves. Especially for small children, the motor skills to wield a pencil might not be there, but the curiosity is.

"They can start putting letters together for formation of that word, which of course leads to reading," Cole said. "That's another theory, that working with the hands will help the brain retain that information."

This open-ended approach to education is at the core of the Montessori practice, and providing

it to a small community was the reason behind the school's formation. A small group of parents founded the school after their children graduated from the Blossoms Montessori Learning school in Delmar's pre-K program.

"We became friends and our children became friends, and we just wanted that to continue," Darling said.

And continue it has. Darling said many members of the school's first class are still in touch with one another, even as they graduated from college this spring. She said it's clear their education has served them well as they pursue learning at prestigious institutions, and it has stuck with them because school was a fun activity for her kids, not work.

"I think it keeps the kids' minds really involved in what they're going to learn ... nothing is hard because then it's just



Teacher Emmy Cole in the pre-K and kindergarten classroom at the Bethlehem Children's School in Slingerlands. The school is celebrating its 15th year and is adding pre-K care in the fall.

Charles Wiff/
Spotlight

interesting," she said.

The school meets all the state standards when it comes to education, and while being small presents some challenges, there are also opportunities. All the students of the school will be able to take advantage of special projects, for example, including an ongoing one to build a greenhouse out of plastic bottles.

It was designed by Jeff Chaney, an architect with the Malta-based M+W Group, and has been made possible by a grant from General Electric, as well as 2,000 empty

2-liter plastic bottles donated by Hannaford Supermarkets.

The school will be planting foods in the greenhouse and incorporating them into the curriculum for some classes. When it comes to the younger kids, the wonder of taking something directly from earth to table is a powerful lesson on its own, said

Darling.

The Bethlehem Children's School has five full-time and three part-time teachers on staff. The school is enrolling for the fall semester. For more information, call 478-0224 or visit bethlehemchildrens.school.com.

The school will hold an open house on Saturday, Aug. 20, from noon to 4 p.m.

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Questions remain in fatal V'ville accident



An investigation is continuing into the accident that killed three women on the morning of Wednesday, Aug. 10, in front of St. Matthews Roman Catholic Church in Voorheesville.

Luann Burgess, 55, of Voorheesville dropped off her 6-year-old son at Voorheesville Elementary School and had begun to head east on Mountainview Street on her way home. According to Albany County Acting Sheriff Craig D. Apple, her flip-flop sandal fell off near the gas pedal.

"We don't know what happened next," said Apple. "We do know she veered off the roadway, went into the parking lot and struck a group of three women on the sidewalk. It appears all three died instantly." The three women standing outside the church were Carol Lansing, 66, of Green Island, Rosmarie Hume, 79, Waterford, and Frances C. Pallozzi, 89, of Waterford. They were part of the Empire State Volkspotters, a group of nearly 50 hikers



A driver lost control of her vehicle Wednesday, Aug. 10, killing three in Voorheesville.

Top photo: Charles Witt/Spotlight; left photo: Tom Heffernan Sr./Spotlight

in the Capital District who would frequently make excursions in that area on Wednesdays. They were waiting for a friend who had stopped at the church to use the restroom when they were struck. "Literally, as she walked into the bathroom, the vehicle struck her three friends and went into the church," Apple said. "She was able to get into the church, but she's really in a lot of shock." Burgess was taken to the Albany Medical Center Hospital to be treated for non-life-threatening injuries. Apple said there still are a number of questions

that need to be answered regarding the incident. An investigation is continuing and the sheriff's department is checking with Albany County District Attorney David Soare's office to see how it should proceed. "Let's put it this way, the roadway had a bend to the left and she continued straight," Apple said. "There's some driver inattention involved here."

Heather Orth, director for communications with the District Attorney's Office, said that the investigation has yet to be completed and that it will take as long as it needs.

— Andrew Beam

Police blotter

Cops find pot plants while investigating fire complaint

Selkirk man faces felony drug charges

Bethlehem police on Monday, Aug. 8, arrested a Selkirk man on felony drug charges.

Police said they discovered more than 22 ounces of marijuana and growing pot plants at the home of Thomas A. Nagy, 41, of 1122 River Road in Selkirk.

Bethlehem police officers and the Department of Environmental Conservation allegedly discovered the drugs when conducting a followup investigation into an outdoor fire complaint at the address on Sunday night.

Nagy agreed to show the officers his fire ring and during the interview police allegedly noticed the odor of marijuana and a group of potted marijuana plants near the area of the fire. Nagy told the officers he grows marijuana for personal use and proceeded to show them a shed filled with lights, ventilators, potting equipment and fertilizer, as well as plants growing under lights in his basement and plants growing outdoors at four locations in areas near



Bethlehem police discovered more than 22 ounces of marijuana and growing pot plants at the home of Thomas A. Nagy, 41, of 1122 River Road in Selkirk.

Submitted

the home, according to arrest reports.

Nagy was charged with criminal possession of marijuana in the second degree, a felony, and unlawful growing of marijuana, a misdemeanor. Police also seized three rifles, digital scales and other drug paraphernalia. He was also given a ticket for the outdoor fire.

Nagy was arraigned and released on \$10,000 bail. He was scheduled to reappear in Bethlehem Town Court on Tuesday, Sept. 6.

Other arrests

• Bethlehem police say

four juveniles have been arrested for allegedly "tagging" locations around Delmar, especially around the Four Corners.

Police said the youths were involved in 16 acts of marking property with spray paint or permanent markers, and the department's Family Services Unit charged them with criminal mischief and making graffiti, both misdemeanors.

The names of the defendants were not released because of their ages. Police said the arrested persons were 14- and 15-year-old males.

☐ Blotter Page 18

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Taking time to soak up what's left of summer

By CAROLINE BARRETT
news@spotlightnews.com

The author is the food writer for Spotlight Newspapers and the mother of three children: Lucy, age 10, Zoe, age 9, and Elliot, age 6.

My kids are worried that summer is almost over. Worried that they'll be in their squeaky new shoes, backpack full and in the school doors before all the fun is over. Worried that they won't get in enough swimming, movies and friends. All the good summer stuff.

I like to tell them that there are days and weeks left of summer, a good amount of time for swimming holes and day trips, drive-in movies and sleepovers.

Secretly though, I'm worried about it too. Time with my kids has been short this summer. While I've always worked, my hours have been very creative and I was able to get it all done with some help from friends and a few hours with a sitter. Not so this summer. This year I hired a sitter, one who comes every day, morning to afternoon. We are grateful to have her. She shows up every morning, bag of

tricks in hand. It seems like it should be a secret, that bag, one between kids and babysitters, but I've peeked in there. She brings games, lots of them. Games that appeal to all ages. She also carries in teenager magazines, and flips through them with Lucy. For Zoe, she carried in a pair of high-heeled shoes. From what I gathered when I arrived home, Zoe wore those shoes around all day, doing shows. Even Lucy admitted how funny it was. With Elliot, she is willing to spend hours building marble runs and forts.

On one sunny afternoon, my daughters served up a grand luncheon. They stopped being sisters who fight all the time, and turned into two smart chefs and restaurant owners. Looking at the content of the cupboards, they composed a menu for our sitter and Elliot. The girls carefully wrote out a menu for each, detailed with little pictures and decorative swirls. The menus were presented, orders taken and lunch served. They wore clean aprons and served everything on trays. Flowers were cut from the garden and put in little vases, one on each tray.

"They did that...

From a Caterer's Kitchen

Caroline Barrett



together?" I asked, when I got over the shock. They'd been fighting all week, barely wanted to be in the same room together. This playing together, being creative and fun and happy ... this was worth more than whatever I pay my wonderful sitter. Way more.

While I'm happy that they have this new and fun person around, I do miss them. I miss being the one who spends each and every hour of the summer with my kids. I miss the lazy afternoons and the impromptu hikes and summer adventures. So what's a mother to do? For me, it's savor the time we are together. Make plans for small, fun events and carry through with them. They approached me with the idea of having a camp out - with friends. I agreed, on the condition it was done one kid at a time. The idea of six children sleeping in a tent in my backyard made me shudder. So they chose evenings, marked the calendar, made phone calls and even planned what they'd eat. I helped with the tent, the bedrolls and cooking dinner. It all

went off without a hitch - no rain outs, no scared children in the middle of the night or phone calls home. They are already marking it as one of the summer highlights.

Another request made was to go camping. This took more planning, time taken from work and effort on my behalf. I was so excited to spend two days, swimming, catching frogs and playing games by a fire. We packed up and headed out on a Thursday afternoon, with the intent of staying over on Thursday and Friday night. Our destination was Cherry Plain State Park, about 40 minutes east of Albany. Perfect, I thought. Just far enough away that we felt like we were really going away, close enough so we could come home if need be. I never imagined we'd really need to come home. Our second night there, what looked like a passing shower turned into a rainstorm and then a steady, drenching downpour punctuated by cracking thunder and lightening. Within a half hour the entire campsite was ankle-deep in water. The quesadillas I was cooking were abandoned, left to swim in a pan full of water while I ran about frantically, pulling all of our

Tabbouleh Salad

2 cups cooked bulgur wheat (see note)

1 big, ripe, juicy tomato, cored and chopped

1 handful fresh parsley, chopped

1/2 cup feta, chopped

For the dressing:
1/4 cup olive oil, 2 tablespoons fresh lemon juice, 1 tablespoon red wine vinegar, 1 small shallot, chopped, sea salt and pepper to taste. Whisk ingredients together.

In a large glass bowl, combine the cooked and cooled bulgur, tomato, parsley and feta. Pour the dressing over, a bit at a time, until coated to your liking. You may have some leftover if you like lightly dressed salads.

* Bulgur wheat is available in the health food section of most groceries. Cook according to the directions on the package and cool.

belongings under cover. Finally, when I thought all was tucked away safely and we would be alright, we noticed a river. Not a huge river, but still, a river. It was coming down an embankment and running straight into our tent. This, I realized, marked the end of our camping trip.

We zipped up and packed what we could, and left the rest. In our soaking wet clothes, we drove to the closest town and found

a place to have a warm meal. First we stepped into the restroom and changed into dry t-shirts. All of the kids clothes, every item, was soaked. My bag survived, though, so all three kids sat at the table, worn-out, hungry and wearing one of my shirts. We arrived home around eleven, and everyone poured into bed. The next morning we drove back to

□ Kitchen Page 10

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Matters of Opinion in The Spotlight

Your campaign headquarters

It is our goal here, at *The Spotlight*, to keep you as well informed as possible when it comes to local issues in the Capital District.

In keeping with that mission, we're planning a number of events that will allow our readers to head to the polls this election season armed with superior knowledge of their candidates.

Editorial

Right here in Bethlehem, we'll host a debate between Democratic primary opponents John Clarkson and Kyle Kotary on Thursday, Sept. 1, 7 p.m. at Bethlehem Town Hall, located at 445 Delaware Ave., Delmar. This event is of special importance as the primary election may very well decide who will be the town's next supervisor.

As we've done in the past, we're hosting this debate in conjunction with the Albany County League of Women Voters. Spotlight Editor William R. DeVoe will moderate and we strongly encourage our readers to bring questions for the candidates.

Campaign literature and political signs are prohibited during the debate, but candidates and supporters are welcome to stump afterward.

This is only one of the many debates we're doing throughout the Capital District, by the way. Not to blow our own horn or anything, but we've been pretty busy meeting and planning events with our many partners in the communities we serve — most notably the Leagues of Women Voters of Albany, Saratoga and Schenectady counties, as well as the Colonie and Schenectady Chambers of Commerce.

We will admit that coordinating the schedules of candidates and the staffs of large, mostly volunteer-driven, organizations is no small feat, but we feel it is worth the effort to provide you with an opportunity to see candidates discuss ideas in a way that transcends what we can represent here, in print.

We ask only two things of you as we conduct these debates and candidate forums: The first — come with an open mind. We understand you may already support a candidate in a local race, but these events provide a good opportunity to, at the very least, hear out his or her opponent.

The second — come with a question in mind. These debates aren't for the candidates; they're for you. Make the most of them and don't assume someone will ask the question you'd like to.

We have hosted debates in the past and we'll continue to do so. We thank you, our readers, for having the sense of civic duty that makes them successful.

A note on letters to the editor: The Aug. 31 edition of The Spotlight will be the last for letters concerning the Sept. 13 Primary Elections. Letters for that edition must be received by noon on Friday, Aug. 26. The Spotlight will resume publishing campaign letters in the Sept. 14 edition.

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Unfriending Facebook

By MARK GUIDO

The writer is an editorial intern at The Spotlight and will be a junior at Clayton A. Bouton High School in Voorheesville in the fall.

I'm 16 and I hate Facebook.

For the past few years, I've had a Facebook account and used it often, but I never really felt like I got much out of it. If anything, I always felt less connected to my friends. Talking to someone through a computer has a less intimate feel than talking to someone in person, as it fosters an actual understanding of the other person's mood, and the emotions they're trying to convey when they talk. Keep in mind that body language makes up 97 percent of communicating with another person, all of which is lost when you're just typing words on a keyboard. But with over 750 million active users, plenty of people are only expressing the 3 percent of communication that stems from words, and the result is a lot of meaningless banter that can easily get lost in translation. I believe that online communication can't hold a candle to good, old-fashioned conversation, but more and more people, especially my peers, are ignoring that option.

My opinion? Social media is making us less social.

The main reason I say that, besides the above, is that everyone's so darn obsessed with using it. When such a tool is so easily accessible, it can be abused and overused. While I don't like using Facebook, that's only because everyone around me is making it useless. It has its advantages, like being able to arrange large-scale plans and meetings. The thing is, people don't do that nearly as much as they post incomprehensible status updates about their cat.

People seem to act a lot less intelligent and a lot lazier on Facebook (and on the Internet in general). They post trivial

I signed up for Facebook with the hope of being able to connect with my friends more easily, make plans and generally feel up to date on noteworthy events. What I got was a newsfeed full of drivel, mild illiteracy and bad attitude.

things for seemingly no reason — or, at least, no reason that I can see. They spell obvious words wrong (oh, how many times I've cringed at people who spell definitely with an "a") and use neither proper capitalization nor punctuation. All of these things are hallmarks of the English language, so why on Earth are we throwing them out just to make things more convenient?

I said earlier that words are only 3 percent of the picture, but it gets even harder to translate

Point of View

what your friends are saying when everybody sounds like a brain-dead zombie. Of course, I'm biased because I love the English language, but I see no reason to butcher it if you want to sound intelligent.

Some people don't abuse Facebook nearly as much as others, and there are plenty of well-meaning individuals who write out proper and complete sentences. Those are my favorite people, but they definitely aren't the majority. Unfortunately, that implies that the majority is a few years behind in their education.

More than the lack of intelligent conduct online is the moral code that gets dropped when you're behind a computer screen, and I despise that. Unlike the real world, where people call you out if you say something rude or offensive, Facebook lets you say anything without immediate reprimand. Even if someone actually calls you out for it, it won't have

the same effect because it's only words — 3 percent of the picture. The result is that plenty of rude people get their opinion out there loud and proud, and that's not representative of a civil society at all. I saw my fair share of virtual arguments in my time on Facebook, and they were all unintelligent and fairly crass. I doubt any of them would have happened should the opposing parties have met in real life.

What's flustering is that this constitutes pretty much all of the "Facebook experience." I signed up for Facebook with the hope of being able to connect with my friends more easily, make plans and generally feel up to date on noteworthy events. What I got was a newsfeed full of drivel, mild illiteracy and bad attitude. An entire generation is growing up with the freedom to mangle grammar and act like jerks. It doesn't bode well for the world of tomorrow, and certainly not for the newspapers of the future.

I'm not out to condemn Facebook and denounce it as evil. At its heart, it is a good thing, made with good intentions. After all, in its most basic form, Facebook is built simply to help you connect with people in your life. Unfortunately, society has unwittingly mucked it up. It's not possible to fix, because I probably can't convince all of humanity to step up and use Facebook in a more mature manner.

However, I encourage anyone reading this to exercise civil ideals in your Facebook matters. It might just help to make your life a bit better.

Weekly poll

The meet at Saratoga Race Course is halfway over and this year has brought some highs and lows for horse-racing fans — on and off the track. So, this week's question is:

Is the Saratoga Race Course still 'the summer place to be?'

Log on to www.spotlightnews.com to cast your vote

Last week's poll results:

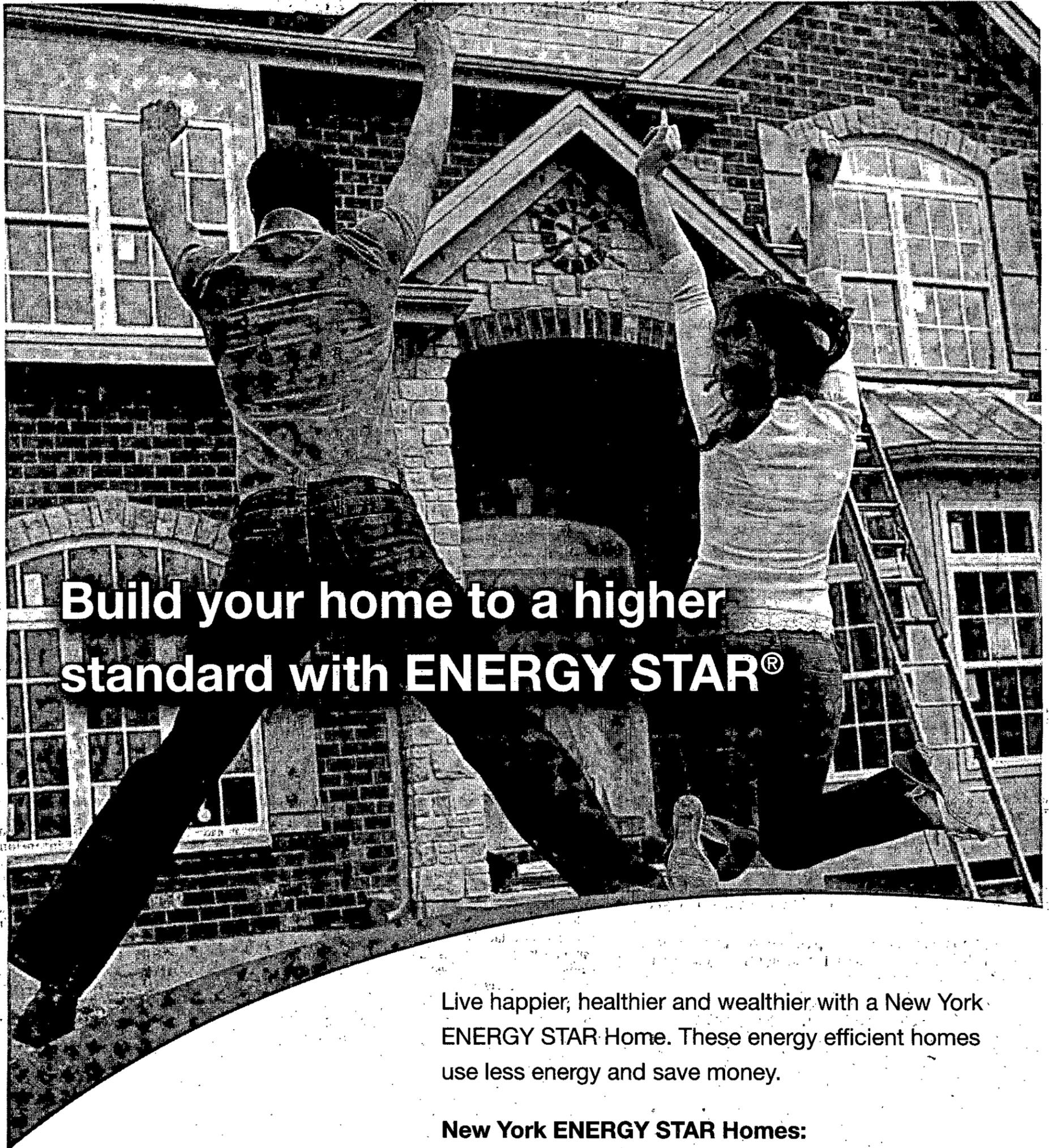
"Do you take measures against frauds and scams?"

- No. I'm a pretty trusting individual.: 5%
- Somewhat. I use some security measures online.: 66%
- I'm so buttoned up, not even the mailman knows where I live.: 27%

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8/11



Your Opinion in The Spotlight

Kotary best man for the job regardless of political affiliation

Editor, *The Spotlight*:

I write to enthusiastically support Kyle Kotary to be the next Supervisor of our town.

Kyle is a neighbor, a friend and someone with whom I have had the pleasure of working with on issues of concern to the residents of Bethlehem.

In his six years serving on the Town Board, Kyle has shown an ability to reach across party lines, put the interests of our citizens above partisan politics, and to get the job done. The fact that Kyle has been endorsed by the committees of three major political parties is a testament to the fact that he is viewed as the best person for the job - regardless of his political

affiliation. At a time when we have seen partisan politics get in the way of progress, this Town needs a leader like Kyle who can work with everyone to move our Town forward.

Unlike his opponent, Kyle has extensive experience working in both the public and private sector. Anyone attending our Town Board meetings or watching them on TV-18 knows that Kyle is thoughtful, respectful and always comes prepared with a grasp of the facts and details on whatever project or issue that is before the board. He has an even-keeled personality and ability to listen to, and consider, all sides prior to making a decision. At a time of

shrinking federal and state aid, Kyle has a proven track record of voting for minimal tax increases - substantially lower than many neighboring municipalities. He has a detailed platform at www.kylekotary.com which supports smart growth for our town while maintaining our quality of life and low taxes.

As Supervisor, Kyle will be a tireless, well-spoken and concerned leader of our community. I urge enrolled Democrats and Conservatives to participate in the upcoming primaries, and to support Kyle Kotary on Primary Day, Sept. 13.

Daniel W. Coffey
Delmar

Clarkson the clear choice for town supervisor

Editor, *The Spotlight*:

Voters are typically faced with candidates that represent a variety of viewpoints, styles and personalities.

John Clarkson gives voters - Democrats in the Primary election, and all voters in the General election - a professional leadership choice, independent of the political machines that have conspired to eliminate the better choice in Bethlehem this year. The Bethlehem Democratic and Republican political committees believe they have already made the choice for you! Do not allow yourself to be disenfranchised.

John Clarkson is the best choice; he is the experienced, capable, civil and dedicated choice for Town Supervisor.

John Clarkson's professional background in budgeting, local government efficiency and modernization stands above the candidate option the bosses have chosen. John helped lead local government reform efforts statewide, for several Governors and State Comptrollers. The party bosses could only put up an unfocused political lobbyist who generates lots of words but offers few ideas.

We are lifelong Democrats and we want a party and candidates that

have the guts to listen to the citizens and exercise their best judgment, without being directed by party bosses or politics. John Clarkson is the candidate that can lead the Town in the professional, civil, and creative ways necessary in today's competitive world.

Observing the Town Board over several years, we have had the pleasure of seeing Terri Egan and now, Sam Messina open up Town government, and improve its performance and efficiency. But for the last two years, we have also seen obstructionism, divisive rhetoric, unnecessary delays and a lack of civility from particular Town board members, including the party bosses choice for Supervisor. Bethlehem is a small town; we're all neighbors and we need to cooperate and work together for the common good.

John Clarkson has been a leader, and team builder, among the distinguished composition of the 20/20 Implementation Advisory Committee. That committee's creativity and forward looking recommendations benefited from his professional background and personal beliefs that government can be better - less costly, higher

performing, more efficient, and transparent.

On Sept. 13, Bethlehem's Democratic voters have an opportunity to reject outdated and inappropriate machine politics dominated by unelected bosses. Bethlehem is too good a town for this, and the voters should demand more than a smile and a handshake delivered with a PR sound bite.

John Clarkson is an independent, professional and substantive candidate dedicated to seeking a better, more efficient town government. Those of you who know us and have seen our commitment to Bethlehem, know that we support who we believe to be the best candidate for supervisor, regardless of party. This year, in the primary and general election, John Clarkson has our wholehearted support.

Consider John's professional background, creativity, and demeanor, and we think you'll agree that we need John Clarkson in the Supervisor's office!

John Smolinsky and
Ellie Prakken
Delmar

(Editor's note: John Smolinsky is currently Bethlehem Deputy Town Supervisor and a member of the Planning Board)

Kotary helps youth sports play ball

Editor, *The Spotlight*:

As a Resident of the Town of Bethlehem, I am writing to express my support of Kyle Kotary for Bethlehem Town Supervisor.

I am involved with the local youth baseball club Bethlehem Mickey Mantle, Inc. and the Bethlehem BRAVES Travel Baseball Club and couldn't be happier with the support and concern that Kyle has extended to us over the past four years.

Kyle is very active in local youth sports and has a vision to

preserve our quality of life and our parks & recreational facilities for our residents.

Everyone should realize that the youth sports programs in our Town, like the Bethlehem Tomboys, the Bethlehem Lacrosse Club, the Bethlehem Soccer Club, and the Bethlehem BRAVES Travel Baseball Club all are not run by the Town of Bethlehem, but we all make use of the Town owned fields and facilities.

Our groups are run by a great bunch of volunteers and we

certainly appreciate the cooperation, help, and understanding of our elected Town officials like Kyle who share the same desire that we do, to preserve our quality of life and our excellent recreational facilities in the Town of Bethlehem.

I urge your support of Kyle in the upcoming primary and election.

Kyle cares and we appreciate his support.

We all need to do the same and support him at the polls.

Steve Peterson
Glenmont

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Kevin Eubanks
An adventurous guitarist, known to millions for his 18 years as bandleader on the Tonight Show with Jay Leno.

The event also features the M & T Bank KidZone and great food & beverages available for purchase. A special 9/11 remembrance ceremony takes place at 3:30pm. Plus a spectacular fireworks show at 8:15pm!

and the Winner of the Downtown Albany Jazz Fest Competition Held on September 9th 6-10 pm.

Visit www.albanyevents.org or listen to The Best Jazz Show in town. "The Crossroads of Jazz" Every Saturday at Noon on 88.3 fm for more info.



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Your Opinion in The Spotlight

Judge right in tossing Clarkson from Conservative line

Editor, *The Spotlight*:

Judge McNamara made the right move when he tossed John Clarkson off the Conservative line for the position of Bethlehem Town Supervisor.

Clarkson's selection as Conservative nominee manipulated and circumvented the normal nomination process and did not reflect the will of registered party members, nor the elected local committee members.

Specifically, he never circulated petitions with his own name on them for rank-and-file members to sign. His failure to do so, lack of conservative credentials and experience in my opinion – made him undeserving of the line.

The only reason he briefly claimed ownership of the nomination was because of a last minute switch that was orchestrated by the Albany County Conservative Party Chairman Richard Stack. Stack was in support of the previous candidate Sam Messina.

Both Messina and Clarkson have strong Working Family Party (Liberal) affiliations which has traditionally been a disqualifier for the Conservative endorsement. This level of duplicitousness only adds up to a dirty deal made by Stack and his handlers.

I will not speculate publicly on what circumstances led Stack

to such questionable dealings. However, completely circumventing the will of local, rank-and-file members for liberal candidates is against everything we Conservatives stand for in a democratic election.

Now, the decision about who will represent Conservatives in Bethlehem will be made by Bethlehem Conservatives.

I look forward to presenting Kyle Kotary's accomplishments while on the Town Board to our community and fellow Conservatives.

Benedict J. Conboy Sr.

Albany County Conservative Party First Vice Chairman

Town of Bethlehem Conservative Party

chairman

Kotary the right type of leader for Bethlehem

Editor, *The Spotlight*:

I am writing to voice my support for Kyle Kotary as the next Supervisor for the Town of Bethlehem. I have known Kyle for several years and can honestly say that he is person of character and integrity and has a true desire to lead Bethlehem in the right direction.

As a member of the Town Board for six years and as a small business owner, he has the experience it takes to get the job done. He has had to balance budgets, manage payroll and when necessary, make tough decisions and budget cuts in both the private and government sectors. During his time on the Board he has made Town Hall more business friendly

and also fostered smart economic development for the Town, while at the same time ensuring fiscal accountability.

As the economy collapsed, town revenue tightened up, and expenses continued to go up, Kyle Kotary was there providing strong leadership, sound judgment and fiscal stability for our town. Kyle has said that we can still have innovative, progressive government while being fiscally responsible and as a taxpayer who loves this Town I couldn't agree more.

The fact is over the last several years nobody in town government has worked harder to hold the line on taxes, eliminate non-budgeted spending, and improve the efficiency of our town government. But perhaps his greatest asset is his ability to work well with others

and be a team player. And isn't it about time we have more team work and cooperation in Town Hall?

Kyle is an experienced and successful leader who can motivate and has worked with all members of the community to achieve Bethlehem's goals. The very fact that three different political party committees comprised of diverse groups of Bethlehem residents already chose him over his opponents is a testament to his willingness and ability to work with people across all party lines for the betterment of the community. I know Kyle personally and it's no surprise to me that Democrats, Republicans and Independents all like him and all agree he is exactly the right type of leader we need right now.

Steven Thomas
Delmar

Kotary the one for supervisor

Editor, *The Spotlight*:

I am writing to express my support of Kyle Kotary for Bethlehem Town Supervisor in the upcoming Democratic Primary on Tuesday, Sept. 13.

As a six-year Bethlehem Town Council member, Kyle Kotary has been a proven public servant in our community, leading the way on balancing the Town Budget, protecting open spaces like Colonial Acres and the recently opened Rail Trail.

I have known Kyle for more than 10 years and I am confident that his dedication, experience and energy will foster the innovative leadership we need to keep our community on strong footing in these challenging economic times, while protecting our quality of life for the future.

Mark LaVigne
Delmar

Reminder: The Aug. 31 edition of The Spotlight will be the last for letters concerning the Sept. 13 Primary Elections. Letters for that edition must be received by noon on Friday, Aug. 26. The Spotlight will resume publishing campaign letters in the Sept. 14 edition.

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Congressman Paul D. Tonko

New York's 21st Congressional District



Altamont Town Hall Meeting

"Hearing Your Concerns, Discussing Solutions"

Who: Congressman Paul Tonko, New York's 21st Congressional District

What: Town Hall Meeting

Where: Village of Altamont Fire Department, 115 Main St., Altamont

When: Wednesday, August 17, 6:00pm-7:30pm

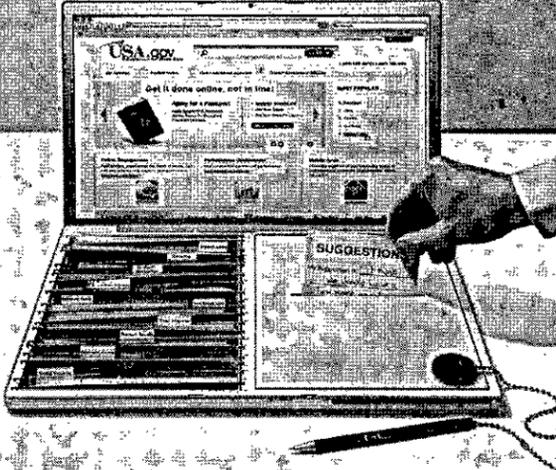
Details: Congressman Paul Tonko will be hosting a town hall meeting, which is free and open to the public. The Congressman will discuss the economy and job creation and take questions on federal issues.

Please join Congressman Tonko on Wednesday, August 17 at 6pm!

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Kitchen Library offering digital photo workshop

(From Page 5)

collect our wet belongings. The pillows, sleeping bags, everything was heavy with water. We threw it all in the back of the truck and laid it out in the sun to dry. Despite the disastrous end, if you ask them, my kids will tell you what an awesome time it was.

They have a few other wishes on their summer to-do list. The drive-in. More friends. A bonfire. All things we can do easily, around my work schedule.

Of course I have my own summer to-do list. I want to pick berries and freeze them. There are fewer things nicer than going down to the freezer on a cold winter's night and pulling out a small bag of berries. The berries we picked will add just a touch of color and sweetness to a pie or an apple crisp. Zoe is always happy to sit and eat them frozen, straight from the bag. There are also the big, red tomatoes sitting on my windowsill, growing riper by the moment and begging to be eaten. Tabbouleh is one of my favorite summertime foods.

Made with bulgur, a form of whole wheat, it's got a nutty, soft texture and is a perfect light dinner and excellent packed in lunch the next day. Thankfully, all three children will eat this cold salad. It's just right with a piece of corn and a simply grilled piece of chicken or fish. All too soon those lovely tomatoes will be gone. So I'll make batch after batch of tabbouleh, until my family is practically begging for something else to eat.

So I do understand how my kids feel when they worry about summer being over too soon. But instead of counting the days, I chop tomatoes and make this wonderful, summer-y salad.

Summer means vacations, family time, sports events and lots of "Kodak moments." The library is offering a digital photo workshop just when you need it. Learn how to organize and edit your photos, along with a few special tricks, the first week. The second week will offer you the tools you need to deal with the videos you have recorded this summer.

Daytime classes will meet on Aug. 17 and 24 at 11 a.m. Evening classes will meet on Aug. 18 and 25 at 6:30 p.m. Space is limited and registration is required. Call (756-2053) or email (info@rcscommunitylibrary.org) to reserve your space. This is a popular class so reserve your spot today!

Storytimes take a break

Library storytimes will take a break Aug. 12 through September 5th. Mark your calendar for the first week of school when library storytimes will resume with a bumper crop of fun stories and activities for kids. Meanwhile, visit the Library for lots of picture books about starting school and concept books about letters, numbers, shapes and colors.

Holiday hours

The Library will be closed

RCS COMMUNITY LIBRARY

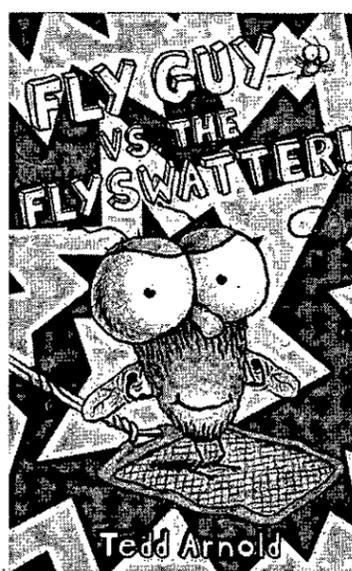
Saturday, Sept. 3, through Monday, Sept. 5, for the Labor Day holiday. Regular hours resume on Tuesday the 6th at 10 a.m.

Beginning on Sept. 10, the library will return to regular Saturday hours; 10 a.m. to 5 p.m.

Reading has its rewards

Kids have been reading up a storm this summer as part of the Summer Reading Club at the Library. While many town recreation programs will be coming to an end, kids can still earn beads and trade them for prizes at the Library, right up to the first day of school.

RCS Community Library's Rewarding Readers program continues to offer teens and adults chances to win weekly prizes for reading during the summer. Joan Pemberton and Jessica Colburn were our adult winners last week. Our teen winners were Halle Zini and Lauren LeClair. Congratulations to all winners! Enter a coupon for every three books you read, and you may be our next winner!



"Fly Guy vs. The Flyswatter!" by Tedd Arnold is one of the new books available at the RCS Community Library.

eBook download class returns

Are you still struggling to download books? Tired of paying for eBook downloads? Nooks, iPads and similar devices are a popular new form of technology for reading and listening to books. You can download eBooks and audio books at no charge with your library card. Also, at no charge, are the library eBook Download classes on Aug. 31 at 11 a.m. or Sept. 1 at 6:30 p.m. Come in and get your questions

answered! Register by phone (756-2053) or by email (info@rcscommunitylibrary.org).

What's new

- Children's picture books
 - "Fuddles" by Frans Vischer
 - "Mine!" By Shutta Crum
 - "Pete the Cat: Rocking in my School Shoes" by Eric Litwin
 - "Trick or Treat, Marley!" By John Grogan
 - "Who's There? By Carole Lexa Schaefer
- Children's early readers
 - "The Berenstain Bears and the Shaggy Little Pony" by Jan & Mike Berenstain
 - "Fly Guy vs. The Flyswatter!" by Tedd Arnold
 - "Pinkalicious: Pinkie Promise" by Victoria Kann
- Adult audio books
 - "Bossypants" by Tina Fey
 - "Burnt Mountain" by Anne Rivers Siddons
 - "Portrait of a Spy" by Daniel Silva
 - "The Silent Girl" by Tess Gerritsen
- All library programming is free (unless otherwise noted) and open to the public. RCS Community Library is located at 15 Mountain Road, Ravena. For information, call 756-2053 or visit www.uhls.org/RCSC/.

Family picnic among end-of-summer events

A family picnic is the first of several end-of-summer events celebrating this year's hugely successful summer reading program. At press time, it looks like we may have set a record with roughly 1,000 summer-reading participants from pre-K to high school, and an average of 227 incentive prizes given each week for reading achievement. In addition, over a hundred books were awarded to those who reached their reading



goals. Our intrepid teen volunteers have logged 574 hours so far, and we're still counting.

Next Tuesday, Aug. 23, at 7 p.m., Tales 'n' Tunes will bring a rollicking multicultural performance to our outdoor stage. Bring a family picnic supper and plan to sing along.

On Wednesday, Aug.

24, at 2:30 and 6 p.m., our Drama-Rama teens present a play and puppet show they've created and produced this summer for kids and families. Don't miss this chance to see our teens in action.

On Thursday Aug. 25 from 2:30-4pm, kids from pre-K to grade 5 and their families "come home" from their world book travels to an all-American party with line-dancing, face-painting, raffles, prizes and more. Winners of our summer

bookmark contest will be announced.

And on Friday Aug. 26, our summer-reading teens and teen volunteers will have a party of their own, featuring food, fun and games for grade 6 and up. Sign up for either 2 to 4 p.m. or 6 to 8 p.m.

Our summer Book Buddies initiative, which paired teen Big Buddies with Little Buddies in grade K-5 in one-on-one read-alouds, will continue this fall. This program is

designed to foster kids' reading skill and self-confidence. We couldn't offer this service without our teen volunteers. Look for details in the September/October library newsletter.

Blood drive reminder

The Red Cross will conduct a blood drive at the library this Saturday, Aug. 20, from 10 a.m. to 3 p.m. No signup is required; walk-ins are welcome.

You are eligible to give blood if you are 18 years old and over, in good health, and weigh 110 pounds or more. Teens age 16 and up can give blood in New York State, as long as they come in with a signed parent consent form, downloadable at www.redcrossblood.org/students/sixteen/nyp. Call 439-9314 for more information.

Louise Grieco

• All library programming is free and open to the public. The Bethlehem Public Library is located at 451 Delaware Ave., Delmar.

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WALK TO END ALZHEIMER'S

alzheimer's association

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Date: Saturday, September 24, 2011

Location: Saratoga Casino and Raceway, Saratoga NY

9am: Registration

10:30am: Ceremonies & Walk Begins

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Grand finale for young readers

Attention young readers: It's time for the capstone event of our "One World, Many Stories" Summer Reading Club, the grand finale!

You have read and listened to many books during the summer, so we'd like to give you the world! deserves many prizes. The SRC Crew has filled out your reading certificate and stuffed your prize bag, so come to library on Aug. 18, between 11 a.m. and 6 p.m., to collect your reward. You might even catch a glimpse of yourself in our special slide show: One Library, Many Readers.

Horton hears a what?

The season's final Family Movie Friday feature showing at 7 p.m. on Aug. 19 is about Horton the Elephant, who, according to the Internet Movie Database (IMDb), one day hears a cry from help coming from a passing speck of dust. Even though Horton can't see anyone on the speck, he decides to help it. As it turns out, the speck of dust is home to the Whos, who live in their city of Whoville. Horton agrees

to help protect the Whos and their home.

We are grateful to KeyBank, who sponsored last week's "Megabrain" movie. It was a blast! Thank you!

Digital photo slam

Learn digital photo collaging at the next Digital Photo Forum on Thursday, Aug. 18, at 7 p.m. Digital photo guru Art Small will show you how to craft a whole new level of photographic creativity without an X-ACTO knife! You're invited to bring a set of 20 to 30 images on a memory card or flash drive, and we'll learn how easy it is to slam 'em together into something new and exciting.

Mark Curiale

For more information on these programs, call the library at 456-2400, or email info@guilpl.org. The Guilderland Public Library is located at 2228 Western Avenue, Guilderland. Visit the Library's website at www.guilpl.org. Become a Facebook Fan of GuilderlandLibrary, follow the library on Twitter (@GuilderlandLib), and get free music downloads on the Library's Freegal page.

Head to the library in your jammies

Get on your "jammies" and come to the library! How often do you get to do that?! Teens will read stories for young children up to grade 2. We'll end the evening with a fun art project. Pajama Stories with Teen Readers will be on Tuesday Aug. 23 at 6:30 p.m. No sign up is necessary for this program.

Win it in a minute

You've seen the show, you've tried the challenges, do have what it takes to win it in just a minute? That's right; we are going to play "Minute-to-Win-it" at the library on Thursday Aug. 18 at 2 p.m. No sign



up is necessary for this program for grades four to six.

Favorite photos

Don't forget to vote for your favorite photo in our Kids & Pets Caught Reading Photo Contest! We've gotten some great pictures of kids and their furry friends reading together. Visit our website, pick your favorite and vote often!

Winners will be announced at the Summer Reading Program finale on Aug. 29.

Grand finale

Our Summer Reading Program comes to an end with a grand finale on Monday Aug. 29 at 6:30 p.m. We'll gather to honor our readers and enjoy the Russian folktale of The Firebird. With the background music of Stravinsky's Firebird Suite see the story of a mythical bird, a princess and a kingdom held under a spell come to life with puppets, marionettes and beautiful sets.

Therapy dog

Make an appointment to read with Duke, VPL's loveable therapy dog on Tuesday Aug. 30. The

"PAWS for Reading" program is intended for children in grades 1-5 who are feeling unsure about their reading progress or who just want to practice reading out loud for fluency. Call the library at 765-2791 to schedule a 15-minute reading appointment with Duke.

Barbara Vink

All library programming is free (unless otherwise noted) and open to the public. Voorheesville Public Library is located at 51 School Road, Voorheesville. For information, call 765-2791 or visit www.voorheesvillelibrary.org.

IN BRIEF

Five Rivers hosts artwork exhibit

The Taiwanese American Cultural Society of New York, Inc., recently opened an exhibition of nature-inspired art works at Five Rivers Environmental Education Center.

Dr. Lawrence K. Wang gave an illustrated lecture entitled "History Review through Collection of Chinese & Taiwanese Coins." Wang has traveled around the world in various professional capacities,

notably as a senior advisor to the UN and the director of the Lenox Institute, and has published 32 books and more than 700 technical papers. His visits to different countries inspired him to approach coins from an historical perspective.

The multi-media art and craft show will feature ink and color brush paintings by May Chen; ceramic pieces by Leigh Li-Yun Wen; watercolor, acrylic, and ink paintings by Caroline Tseng; flower preservation art (dried pressed flowers) by Julia

Chen; and bonsai and orchids by Wen-Ho Chou. The installation will be on exhibit through Friday, Aug. 26, and is open to the public free of charge.

The visitor center is open daily Monday to Saturday, 9 a.m. to 4:40 p.m. Call the center at 475-0291 for more information.

Stained glass workshop set

Thacher Nature Center will hold a stained glass workshop Saturday, Aug. 20, from 10 a.m. to noon.

Participants will create a piece of stained glass artwork with artist/instructor JoElla Casse. They may make either a small or larger piece of stained glass. Appropriate for ages 14 and up. No experience necessary. Tools will be provided for use. Participants should bring safety glass and wheeled glass nippers if possible.

Registration is required. Fees: Small - \$35. Large - \$50. Call Thacher Park at 872-1237 to register and for additional information.

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Check out a farmers market

Farmers market coupons are a one-time benefit of \$20 per person per year in NYS Farmers Market checks. They are available to HEAP income-eligible seniors every summer whose gross monthly income is under \$2,129 for one person, \$2,784 for two people, etc. This nutrition program helps seniors buy locally grown fresh fruits and vegetables at nearby farmers markets. Applicants should contact our office 356-1980, ext. 1094.

Halfway to St. Pat's

Town of Guilderland Senior Services is planning a "Halfway to St. Patrick's Day Party" at Gavin's Irish Country Inn in East Durham on Tuesday, Sept. 20.

There will be jackpot bingo, Irish tunes by Jimmy Walsh, lunch. The cost is \$44, which includes a bus ride from the 20 Mall parking garage at 9 a.m. Return at approx. 4 p.m.

Checks made payable to Town of Guilderland should be sent to P.O.

Town of Guilderland SENIOR CALENDAR

Box 339, Guilderland 12084.

Indicate lunch choice: chicken, parmesan or corned beef and cabbage,

Theater trip

Guilderland seniors are taking a trip to the Mac-Haydn Theatre in Chatham on Thursday, Sept. 15, leaving Town Hall at 11 a.m.

Lunch will precede the show at the White Stone Café.

Cost: \$41 for lunch and show, plus \$5 for transportation on the day of the trip.

Checks may be made payable to Town of Guilderland.

Monday, Aug. 22

Scheduled Shopping
9:00 Aerobics
10:30 OsteoBusters
10:30 Sr Fitness

1:30 OsteoBusters

Tuesday, Aug. 23

9:00 OsteoBuster
11:30 Luncheon: Chicken Teriyaki or Cold Plate
12:00 Special Raffle
12:30 Bingo/Games/Billiards

Wednesday, Aug. 24

Scheduled Shopping
9:00 Line Dancing
10:30 OstoBuster
10:30 Sr. Fitness
1:00 Needlecraft
1:30 OsteoBusters

Thursday, Aug. 25

Scheduled Shopping
9:00 Osteobusters
9:00 Aerobics
10:15 Men's Trip to Saratoga Auto Museum
10:30 Movie: "True Grit"
1:00 Mahjonn
1:15 Pinochle

Friday, Aug. 26

Scheduled Shopping
10:00 Painting
10:30 Bridge
1:00 Quilting

Eat and enjoy a show

Bethlehem Seniors are having lunch at the Pillar's Restaurant, followed by the "The Andrews Brothers" presented by the Theater Barn in New Lebanon on Saturday, Aug. 20. The sit down lunch will include your choice of roast beef with red wine reduction, chicken breast stuffed with spinach and mozzarella cheese, or panko crusted salmon with dill cream sauce. Lunch will include potato, vegetable, dessert and coffee. The "Andrews Brothers" is a swinging tribute to the music of World War II. The cost for lunch and the program is \$42.00, checks payable to Town of Bethlehem. Transportation will leave Town Hall at about noon. Home pick up can be arranged. Call 439-4955, ext. 1176, to be added to the wait list for this program.

The New York State Farmer's Market Nutrition Program helps people with limited income buy locally grown fresh fruits and vegetables at farmers markets. Bethlehem Senior Services may have a limited supply of free Farmer's Market Coupons valued at \$20 in produce. If you are eligible for any of the following: Food Stamps, Medicaid, SSI or if you live in Section 8 housing, you are eligible for the Farmer's Market Nutrition Program. If you are interested in receiving coupons, please call 439-



Town of Bethlehem

4955, extension #1170. In addition, Bethlehem Senior Transportation will be available on selected Tuesdays to the Farmer's Market at the First United Methodist Church, 428 Kenwood Ave., in Delmar. For transportation, call 439-5770. Suggested van donation: \$2. Other summer market opportunities include Wednesday afternoons at the Delmar Presbyterian Church and Saturday mornings at the Bethlehem Middle School.

Tuesday, Aug. 23

Seniors in Motion
A low level fun aerobic exercise class to music. Bethlehem Town Hall auditorium, 445 Delaware Ave., Delmar, 9-10 a.m. No registration is necessary. \$3 fee per class.

Wednesday, Aug. 24

Senior grocery shopping for residents of Elsmere, Delmar, Slingerlands, North Bethlehem and Marie Rose Manor. For reservations, call 439-5770.

Caregivers Support Group for those caring for a loved one who has been diagnosed with

Alzheimer's and other dementias. Join us at 10:30 a.m. at the Town Hall to share successes, concerns, difficulties and experiences with others in similar care giving situations. Jane Sanders, LMSW, facilitates the discussion. Transportation can be arranged by calling 439-4955, ext. 1174.

Thursday, Aug. 25

Senior grocery shopping for residents of Glenmont, Selkirk, and South Bethlehem. For reservations, call 439-5770.

Bethlehem Senior Citizens Club meets weekly on Thursdays for an enjoyable afternoon of games and socializing at the Bethlehem Town Hall auditorium, 445 Delaware Ave., Delmar at 11:30 a.m. to 3:30 p.m. We play bridge, mah jonn, bingo and pinochle. All seniors are welcome. Bring a sandwich and join others for lunch if you wish.

Friday, Aug. 26

Seniors in Motion
A low level fun aerobic exercise class to music. Bethlehem Town Hall auditorium, 445 Delaware Ave., Delmar, 9 to 10 a.m. No registration is necessary. \$3 fee per class.

Senior grocery shopping for residents of Good Samaritan Senior Housing and Van Allen Senior Apartments. For reservations, call 439-5770.

For information on the above or a list of additional activities, call the Bethlehem Senior Services Office at 439-4955, #1176

Wilma DeLucco,
Bethlehem Senior Projects,
Inc. Board Member

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Finance in the Spotlight

Surviving the 'hidden costs' of college

By ANTHONY LANZILLO
Senior Vice President
KeyBank

A recent article posted on coursehero.com, "The Outrageous Hidden Cost of College," claims the nontuition costs of college can average more than \$23,000 a year—greater than the cost of the education itself.

But are the hidden costs of college really so high? Is a college education really in danger of becoming financially out of reach for a large number of students? It depends. Do you consider trips to Cancun for spring break and a weekly meal allowance legitimate education-related expenses?

Identify the hidden costs

The hidden costs of college are a real issue. And the truth is, when the average family estimates costs, they tend to focus on the figures offered on college web sites and school catalogs:

- Tuition and fees
- Room and board
- Books and supplies

What can easily be overlooked are travel, mandatory fees, cell phone service...even laundry, coffee, snacks and entertainment expenses.

Take coffee for example. Two large cups of coffee from a local retailer could cost upwards of \$4 a day. Over two 15-week semesters, that can add up to more than \$800. A modest weekly dinner out with friends can add up to more than \$500 a school year. And then there's computers, which are often mandatory...not to mention software and software updates.

If you're thinking, wow, it really starts to add up fast, it does. Personal-finance writer Liz Pulliam Weston writes in "The hidden cost of college" that incoming freshman can easily spend more than \$1,000 on hidden costs before even stepping foot on campus. Such items include a dorm-room fridge, microwave, carpet, sheets, new-student conference with parents, student orientation, parking pass and season sports pass.

Returning students will tell you that this is nothing compared to the hidden costs of the school year.

Separate needs from wants

Sallie Mae estimates that the average college graduate with at least one credit card carries \$4,138 in debt. The leading cause: the "want" to do more with less.

And while it may be easy to be critical of the Course

Hero infographic on the hidden cost of college—\$6,600 a year for alcohol and entertainment seems slightly exorbitant—the reality is that most of today's college students want and expect more than a place to live, food, tuition and supplies.



Anthony Lanzillo

Socializing—dinners, movies, clubbing, shopping—is the foundation on which many lifelong friendships are made, and these relationships are a large part of the college experience.

The good news is this. There's a little room for it. In

fact, learning to balance needs and wants can actually be one of college's great lessons. Because as the majority of recent college graduates will tell you, managing personal finances doesn't get any easier with graduation and a job. Prioritization of spending is a necessity.

Develop a budget

Here are some factors to consider when putting together a budget:

- Determine income, the amount of money available through jobs, allowances, loans, and so forth.
- Evaluate expenses, which includes the costs of college, social activities, travel and insurance. Don't overlook the "hidden expenses." (See the sidebar.)
- Keep it simple and easy to understand.
- Be realistic.
- Define goals.
- Review your budget and willing to make changes.

Developing a budget can be a time-consuming process, but it is worth it, and if used throughout your life, it is a skill and exercise that can lead you toward financial independence, wealth and a comfortable retirement.

Exercise restraint

Creating a budget is important. But the truly hard work is being disciplined enough to stick with it. For example, a \$20 dinner on a credit card may not seem like much. However, if that money isn't accounted for in the budget, the money to pay it off when the bill comes due isn't going to be there.

Another important thing to remember is that many "hidden costs" are actually choices. Sure, some things like lab fees and supplies are unavoidable, but they don't have to be surprises. Art majors, for example, have many supply related expenses—canvas, paints, brushes, and so on—that a math major will not. But what you do on spring vacation, how much you spend on clothing purchases and entertainment or the amount

you pay for transportation and your cell phone plan are all variables that you can control.

Ultimately, as an individual, you have a lot

of control over the cost of college. A little restraint today will pay huge dividends tomorrow. And remember, tomorrow is what college is really about. After all,

the primary purpose of attending college is to gain an education that will prepare you for a fulfilling career full of great earning potential.

About the author: Anthony Lanzillo is senior vice president of KeyBank and heads the Capital Region's Retail Banking team. He can be reached at either 518-257-8598 or anthony_lanzillo@keybank.com.

Uncovering the budget busters

Tuition, fees, room and board are the easiest college costs to prepare for. The expenses for each are clearly defined by colleges on their web sites and in school catalogs. However, what many families fail to fully prepare for are colleges hidden costs—the budget busters that strain parents' saving accounts and drive students to start accumulating debt on their credit cards. But these hidden costs aren't secrets, and identifying and accounting for them can help make the college experience more enjoyable and affordable. This list can help.

Books and supplies

Schools will provide estimates for this, but the cost of books and supplies can vary greatly from major to major. The best way to account for this expense is to talk to a student or advisor in your field of study. Get the best deals by buying used books from your college bookstore or online through vendors such as Amazon.

Computer and software

Check with the admissions department to determine the required computer and software needs of the college.

Transportation

How often do you plan to travel home? Plan accordingly and check for rates on bus, train or air travel.

Entertainment

This can range from movies and dates to school events. Look at your overall budget to determine what your entertainment spending can be.

Personal

This category includes minor expenses like haircuts and laundry, but can also include childcare or any other personal expense. With a little planning, you can hone in pretty well on what personal expenses will be.

School-related fees

Some school related fees are mandatory, like lab and dorm fees. Others are optional, like sports passes or gym memberships. Review your college's web site or contact the admissions office for a breakdown of these costs.

Cable, Internet and cell phone service plans

Contact local service providers for rates. For the best cell phone service plan, consider a family plan. With most providers, you can add a phone for approximately \$10/month, which can be a savings of up to \$40/month.

Clothing

You should have at least one outfit for interviews and formal events. As for keeping up with the latest trends, know how much clothing allowance your budget can afford and stick to it.

Food

Even if you're on a meal plan, chances are you'll want to go out and grab a bite to eat with your friends. Or you'll want snacks and drinks when you're studying in the student center. Again, know your budget, and plan accordingly. Don't spend more than you can afford, and avoid using credit cards.

ATM fees

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A bit of Broadway in Fort Salem

Washington County theater showcases high-caliber talent in final production of the season

By ALYSSA JUNG
jung@spotlightnews.com

Fort Salem Theater might be in the middle of nowhere in Washington County, but it attracts Broadway actors on a regular basis. That caliber of acting, coupled with the quality productions it produces, is why Artistic Director Jay Kerr isn't happy being "the Best Kept Secret in the Capital Region."

"People don't know we're here. People in Salem don't know we're here and not for our lack of trying," said Kerr. "Our goal is to have people see what we do. We want people to come find us."

Being a hidden gem won't stop Kerr from creating the best plays and musicals he can. The final presentation of summer will be "George M. Cohan Tonight!" starring Broadway actor Jim Raposa.

"Jim was in a show with us last year and we kept saying 'What role would your like to play?' and he said he'd love to do George M. Cohan, so we found this show," said Kerr.

Raposa might not be a household name but he's been part of some of the most famous musicals on Broadway, like "Cats" and "The Lion King."

"Do your gig, do it well and take care of your body ... getting that crowd's

response is just amazing," said Raposa.

Raposa has been teaching in the performing arts department at Burr and Burton Academy in Manchester, Vt., since leaving Broadway, but he still has plenty of memories from his glory days.

"It's really an amazing time because you go to 100 auditions and you may book one job and to then be able to work with some of the heavy hitters and create theater with them and love going to work every night and to entertain an audience and make an audience feel an emotional journey, it's really cathartic," said Raposa. "I miss that."

Raposa covered six roles in "Cats," including Mr. Mistoffelees and Skimbleshanks. In "Lion King" he was Timon and Zazu. He also did stints in TV and film, as well as working in regional theaters and the U.S. premiere of "Ragtime."

"I became very accustomed to the hours. I had days free most of the time and worked at night because I was a swing and I was usually in rehearsals two days a week, so I had a bit of a harder schedule than some of the other cast members," said Raposa.

There's really only one show that Raposa wanted to do, but didn't.

"I would have loved to play Tobias in Sweeney Todd," said Raposa. "I'm pretty relentless. If there's a show that I wanted to do and a character I wanted to do and

□ Bit Page 15



"George M. Cohan Tonight!" is the final presentation of the summer at Fort Salem Theater in Washington County and features Broadway actor Jim Raposa in the one-man show. Raposa was in "Cats" and "The Lion King" on Broadway, among other plays, TV shows and films.

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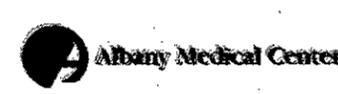
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The statue of Lawrence the Indian serves as the center point of the Stockade Art Show, with the winning artwork displayed around it later in the day.

Submitted photo/ David Giacalone

Let them have art

Schenectady Stockade Art Show celebrating its 60th anniversary

By JOHN PURCELL
purcellj@spotlightnews.com

An outdoor art show might not be a common occurrence, but it has appeared to be a winning formula for the Schenectady Stockade's art show.

The small group of Stockade residents 60 years ago, which took it upon themselves to hold an outdoor art show, probably couldn't picture of much their art show would grow and continue to be held for over half a century. There are no sign the Stockade Outdoor Art show is slowing down or going away, with this year marking the 60th anniversary of the unique event showcasing local artists with all sorts of backgrounds and levels of experience. The art show will be in the historic city area around the statue of Lawrence the Indian on Saturday, Sept. 10, from 10 a.m. to 4 p.m., with a rain date set for the following

day on Sunday.

Event organizers are only thinking sunny thoughts though as the date nears.

"You are at the mercy of the weather," said Connie Colangelo, co-chair of the event, who has been involved with it for over 30 years. "We've had one or two times when we've had to do it on Sunday (the rain date)."

Over the years, one appealing aspect to the event for artists is no crafts are allowed at the event, allowing for a purely art centered focus. The show accepts non-utilitarian art including drawings, paintings, sculptures, graphics, textile wall hangings and photography. The art is also required to be matted or framed.

"The artists like it cause they don't have to compete with crafters," said Colangelo. "It is a wonderful outdoor event and venue for artists that like to exhibit their work and sell their work ... we see many sales each year."

There is a \$30 registration fee for adults

and student registration is \$10 for an individual and \$20 for a school group. Artists are eligible for a total of \$1,500 in prize money and young artists, ages 8 to 18, are judged in their own category. Artists can register up to the start of the show. A \$500 scholarship will also be given to a Schenectady High School art student planning to study art in college.

"It is kind of nice for people, if they are new you don't have to go through a lot of paperwork," said County Legislator Karen Johnson, D-Schenectady, and event organizer.

"Because we are right around the Indian there are five streets that go out, so you can setup and by the time the show starts all the cars have to be gone. People that know the drill know to come early."

In the early years, said Colangelo, the show primarily focused on amateur artists and a small amount of artists. The height of the art show was around 200 exhibitors showing off their work, she said. Even though the number has declined new artists is getting attracted to the show and in addition to many returning artists.

□ Art Page 16

Bit

(From Page 14)

if I didn't have the goods to play the character, I'd go out and learn them. I learned how to flip off walls and was trained as a gymnast."

He said he's excited to portray Cohan, a major entertainer, playwright, composer, lyricist, actor, singer, dancer and producer.

"It's a one-man show and it's 90 minutes from start to finish where we condense the life of George M. Cohan who really broke through the barriers and created the first true triple threat," said Raposa. "It's just a fun show; dancing, singing, acting. You'll laugh a little, cry a little and go out humming songs that everyone knows."

Cohan and Raposa's lives mirror one another's, in a way.

"What I find so compelling about the story is that he was told he wouldn't be able to do it; wouldn't be able to do this; do that ... he took charge of his own career, which is very similar to what we face in this industry," said Raposa. "I find a real connection with him ... I feel very fortunate to be able to portray him."

Raposa said he has

no plans to return to Broadway because teaching has become his passion.

"I feel I get a chance to give back and affect lives like my life was affected by teachers I had in high school and college," said Raposa. "Growing up my parents were like 'You must get a job that is safe, ... I kind of went 'I gotta do what I love to do' and I feel we also offer many students a safe place to be creative."

Kerr said talent like Raposa set Fort Salem Theater apart from other local companies.

"It lets people know consistently they're going to see something that's good. Capital Rep doesn't have Broadway performers much. The shows that come to Proctors are road shows with people who probably have never been on Broadway but you come to Fort Salem and see people who have a resume," said Kerr.

"George M. Cohan Tonight!" runs two weekends from Aug. 12 to 21. Friday and Saturday shows are at 8 p.m. and Sunday shows at 2 p.m. For ticket information visit fortsalemtheater.com or call the box office at 854-9200. Adults are \$27; children 12 and under are \$15 and seniors (62 and older) are \$25.

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Art

(From Page 15)

"We do have a lot of repeat artists, but we are also getting new artists," said Johnson. "We are a kind of place where a person that is beginning to develop their art, if they have enough to exhibit, can come. Everybody is welcome as long as they can provide their art framed or on a rack. Sometimes people have come with just a few pieces."

She added while some artists at the show are full-time professionals; others simply do art as a hobby while keeping their current job or after retirement.

The event, while an art show, tends to be more of a community event and gathering, said Johnson.

"There is a lot of this show that is about relationships ... it's an arts event, but it is also a community building event," she said. "You find an awful lot of people in groups talking to each other ...

there is a big social element of this that people are happy to see each other and happy to be in the Stockade ... and happy to see artists, some they know and some they don't know."

In honor of the 60th anniversary, former Schenectady Mayor Frank Duci has been named the honorary "artist in residence" for the show. Duci, a 90-year-old Stockade native, has previously shown his work one time. Many of his drawings are portraits and caricatures of famous people.

Johnson was excited to get another chance to see Duci's work.

"I have seen his art before, but not for a while," she said. "It is going to be fun to celebrate his hobby."

Artists and volunteers to act as hosts and hostesses and help with setup and take down can contact Colangelo at 374-7355. For information on the show and to download a registration application visit www.StockadeArtShow.com or call 381-6322.



The Stockade Outdoor Art show will be held on Saturday, Sept. 10, from 10 a.m. to 4 p.m., with a rain date set for the following day on Sunday.

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Criminals foot the crime-fighting bill

Bethlehem's asset forfeiture fund allows timely purchases, including new sidearms

By CHARLES WIFF
wiffc@spotlightnews.com

Whether it's cash, cars, guns or dope, it's easy rewards that invariably draw many criminals to their crimes.

But when the law catches up to them, it is often these ill-gotten gains that end up giving law enforcement another tool to use against other wrongdoers. Thanks to a 40-year-old law, police can hit criminals where it really hurts — their wallets.

It's called asset forfeiture, and in the town of Bethlehem's Police Department has paid for two recent crime-fighting purchases. Earlier this year, police bought two bicycles for \$2,200 to start a new two-wheeled patrol, and late last month about \$6,500 was spent to purchase new pistols. In both cases, criminals are footing the bill through money or property used in the commission of or as a profit of a crime.

The town's asset forfeiture funds stand at about \$23,000 right now, a figure that accounts for the recent purchases. Police Chief Louis Corsi said this year is the first time the fund has been tapped during his eight years heading the force, so the account isn't what you'd call a massive pool of money.

But it's a valuable one all the same, Corsi said, because it offers flexibility that isn't always available from the general fund.

"I can't afford to be at 75 percent, either with equipment or with training

or anything, because at 75 percent people get hurt," Corsi said. "I don't have the luxury of waiting until 2012."

The law requires that forfeitures have to be applied to law enforcement activities, so they can't be shifted back into normal town finances. While federal authorities have the power, in certain cases, to conduct civil seizures without going through the courts, for local agencies, asset forfeitures are generally ordered by a court through the prosecution of a crime.

In Bethlehem, such seizures occur on a sporadic basis. Probably the most common instance local police agencies encounter would be drug-related arrests, such as when a suspect is found with a stash of drugs and cash. In such cases, police can attempt to seize the suspect's money, the vehicle the drugs were transported in and any weapons in the person's possession.

This means the forfeiture fund can swell suddenly.

"Just one [traffic] stop changes everything," Corsi said.

During a period between 1989 and 2009, nearly \$11 billion in assets is estimated to have been seized by law enforcement nationwide.

In many instances, a local police department will coordinate on investigations with other agencies,



including federal entities like the DEA, FBI or U.S. Marshals. In these cases, any assets eventually seized are split up between the agencies based on a formula weighted on the degree of the involvement from the various agencies. The district attorney's office oftentimes receives funds under such a mechanism.

"If we work together and develop information and bring it to a federal agency...and there is a seizure through the U.S. Attorney, Bethlehem would be entitled to a percentage of that seizure," Corsi said. He added that with new information sharing technologies and practices, such cases have become more common in recent years.

Bethlehem officers to rearm

When it comes to the new sidearms, the department will also be saving a bundle by trading in its old Glock 22 and 27 models. Those Glockes were purchased 19 years ago and are wearing out. Earlier this year, the department's firearms specialist advised that the weapons were showing signs of metal fatigue. A pistol is a piece of equipment officers need to work the first time, every time, so the decision was made to cycle the equipment as soon as possible.

After about five months of testing and research, the department settled on the Smith & Wesson M&P45, a firearm Corsi said the department's command "absolutely fell in love with." He described the pistol as being at the pinnacle of current craftsmanship and adaptability. The M&P45 can be fitted with "backstraps" right out of the box to customize the grip's fit to individual officers, for example, and Smith & Wesson offers a wide range of customization options for each firearm (police declined to discuss the specifics of how the force's new sidearms will be configured).

The new pistols will fire a .45-caliber round, which is slightly heavier than the .40-caliber cartridge used by the aging Glockes. The department did extensive ballistics testing in selecting the type of ammunition, and Corsi noted that police in Colonie and Guilderland are now carrying the same model pistol. They're about \$400 apiece, and the department is buying 50.

Making the purchase now was important because it takes time for an order of pistols to be prepared and shipped, and the force will have to be trained and practiced in a variety of conditions on the new sidearms before switching over to the M&P45. This training is slated to take place in October.



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Drivers injured in 9W crash



A head-on collision happened around 6:50 p.m. Friday, Aug. 12, on route 9W near route 396, Selkirk, sending both drivers to the hospital. The driver of one vehicle was trapped in her car and members of the Selkirk Fire Department had to use the Jaws of Life to cut the roof off the vehicle and extricate her. Route 9W was closed for about 30 minutes as emergency personnel secured the scene. The cause and conditions of the accident are unknown as of this writing. Check www.spotlightnews.com for updates.

Tom Heffernan Sr./Spotlight

Blotter

(From Page 4)

The case will be handled in Albany County Family Court next month.

• Bethlehem police on Sunday, Aug. 7, arrested Michael Paul Kellogg, 21, of 31 Turner Place, Albany, and charged him with DWI, refusing a breathalyzer test, making an improper U-turn and unlawful possession of marijuana.

Police at about 6 a.m. responded to the scene of a property damage accident near 826 Elm Avenue in Selkirk. Kellogg had apparently made an improper U-turn in his 2002 Honda Accord, according to police, and had the odor of alcohol

on his breath. He failed sobriety tests but refused to take a breathalyzer test at the roadside or later at the police station, police said.

Police allegedly found a glass jar containing 15.4 grams of marijuana and a grinder when they searched Kellogg's car. He was scheduled to appear in court on Aug. 16 and released.

• Bethlehem police on Friday, Aug. 5, arrested Tyrone Alferd John Leis, 34, of Cairo, N.Y., and charged him with DWI, refusing to take a breathalyzer test and failure to use designated lane.

Police pulled Leis' 2004 Jeep Cherokee over in the area of 297 Elsmere Avenue in Delmar at around 1 a.m. after it was observed crossing the fog line and yellow line, according to

arrest reports. Leis allegedly had the odor of alcohol on his breath and initially denied drinking, but then said he had drunk two beers, then said he'd had three. When being interviewed by police out of the car, Leis allegedly was told to take his hands out of his pockets and when he did, he attempted to hand an officer a \$1 bill. This occurred twice, police said.

Leis allegedly failed sobriety tests but refused to take a breathalyzer test at the roadside or later at the police station. A search of his car revealed three empty Budweiser Light 16 oz. cans with condensation sill on the outside, police said.

Leis was scheduled to appear in court on Sept. 6 and a taxi was called to give him a ride.

Ahead

(From Page 1)

carrying about \$1,900 in liabilities as money the candidate has spent out of his own pocket prior to an Aug. 2 fundraiser. Clarkson said he's received more donations after the cutoff for the report and will be holding additional events in the coming weeks.

"I think we're doing pretty well," he said. "I think it's a question of how much we need for a campaign. We're not using robo calls or anything like that. ... We're using a relatively efficient

approach."

Kotary's reports reveal he's spent nearly \$4,400 in the past month. He gave \$2,000 to his own campaign earlier in the summer.

"I'm very pleased by the support that my campaign and my message has received. The positive reception is reflected in both the dozens of volunteers and the financial support that we've received from people in the community from all parts of town and across all spectrums," Kotary said.

Altogether, the information shows

expected costs for candidates in any race. There's postage, law signs and fundraising expenses. Kotary has also made it a point to campaign in the digital world, with money spent on Constant Contact email marketing and on Facebook ads. Digital buys amounted to less than \$100, compared to \$2,000 his campaign spent on law signs.

The candidates are required to file another financial report 11 days before the primary and 15 days after it. Reports will also have to be filed before and after the general election in November.

Limits

(From Page 1)

Councilwoman Joann Dawson, on the other hand, said the government changes recommended by the 20/20 Committee should be considered as a package, not split up.

Councilman Mark Jordan said as a member of the Independence Party he'd like to see term limits attached to such a change, and as such is against the law as written.

Kotary, who is running for supervisor, said he could see valid arguments for both two- and four-year term lengths. He said

he would like to see the debate continue.

"Having a public discourse is critically important," he said. "I'd like to know more."

John Clarkson, who headed up the 20/20 subcommittee that submitted the reform recommendations, said he doesn't feel the ideas were ever given a proper airing because board members were against them from the start. He said he believes the public is supportive of government reform.

"I think the whole process should have taken more time and been given more time," he said.

"There didn't seem to be interest, and that's too bad I think."

Clarkson has since led the 20/20 Committee to run for supervisor, and is priming Kotary on the Democratic line.

The board could conceivably take up the matter again, but there is a deadline looming for getting the referendum on this year's ballot. Since a public hearing has to be scheduled, noticed and held before a local law can be considered, a member of the board would have to have a change of heart and special meetings would have to be scheduled to meet the deadline.

Gas

(From Page 1)

wafted through the area. Maguire said the department did not issue any masks, as there was little if any hazard in that respect.

"The smell that comes with natural gas is actually something that's added in that lets you smell it if there was a leak," he said. "The immediate threat had to do with the volatility of natural gas."

One Rifenburg

employee suffered a cut to his arm and was treated at the scene, but there were no other injuries reported. National Grid shut off and repaired the gas line, and the Thruway was opened again at about 12:50 p.m.

- Charles Wi

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Tennis court fix put on hold

Board members won't tap parkland fund to pay for repairs

By CHARLES WIFF
wiff@spotlightnews.com

The Bethlehem Town Board on Wednesday, Aug. 10, shelved a plan to make repairs to tennis courts at the Elm Avenue Park, chiefly over objections to the proposed funding source.

The pavement at several of the tennis courts has cracked to the point that one court, No. 7, has been closed over safety concerns.

It had been proposed the \$35,000 project be paid for out of the town's parkland set aside fund, which is an account funded by fees levied on new development. In a previous Town Board meeting, there had been discussion about the purpose of this money, and whether it could even legally be used for repair projects.

"Whether it meets the legal criteria is one thing, but I think it's a moral violation of the purpose of that money."

Councilwoman Joann Dawson

Although legal opinions came back supporting repair work, board members said it's a different matter philosophically. Several said the money should be used to acquire new parkland and facilities, not for upkeep.

"Whether it meets the legal criteria is one thing, but I think it's a moral violation of the purpose of that money," said Councilwoman Joann Dawson.

Other members expressed concern about spending money before the upcoming budgeting process, which is expected to be a difficult one.

All four board members voted against the expenditure, with supervisor Sam Messina alone supporting it. He said the fund has been tapped six times in the last five years for reasons as diverse as a shoreline stabilization study for Henry Hudson Park and building an equipment shed at Elm Avenue Park.

"We have a problem, it's got to be fixed. It really

needs to be moved forward so it can be done in the early fall," Messina said.

The board agreed the issue would be revisited in the future. The parkland set aside fund stands at \$157,000.

The Town Board passed several other notable items at its Wednesday meeting.

- The board accepted a report from the 20/20 Economic Development Subcommittee focusing on commercial district adaptive reuse and also had a brief conversation about commercial vacancies in town.

The report on adaptive reuse and how other communities have approached the issue was compiled mostly at the request of Councilman Mark Hennessey. He thanked the committee for its work but also said the results might not help Bethlehem.

"The first bullet says there is not a large body of literature devoted to suburban adaptive reuse," he said. "I'd love it to be a plan that says, 'This is exactly what we need,' but I don't think it is."

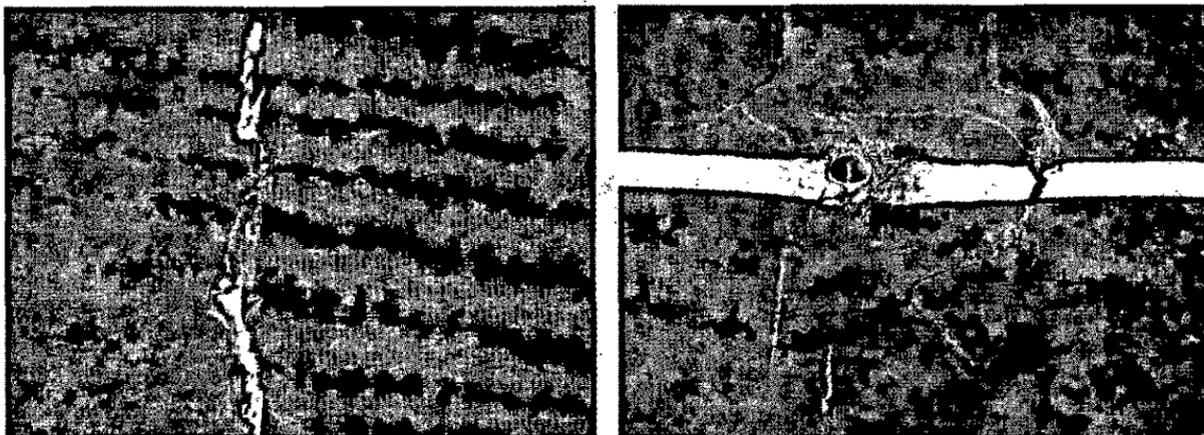
Messina argued part of the issue is that Bethlehem does not have a significant vacancy problem. While there are notable examples of empty buildings, it's not on the scale of some communities that have been harder hit by the recession and thus have had to take extreme measures.

"We don't have, at least how I see it, not much unused capacity here in town," he said.

Councilman Kyle Kotary said the issue could possibly be wrapped into the town's comprehensive plan. He said a more detailed look at the town's own policies and their results might also be in order.

- The town will be applying for a \$30,000 grant from the state's Justice Court Assistance Program to install bulletproof glass in the court offices. There haven't been any incidents prompting this request but it's a common measure for courts to take, Messina said. The town made a similar grant application last year but no money was awarded.

- The board passed an amendment to the town's noise ordinance. The law now exempts businesses that were already in operation when the law was passed in 2009. New businesses will still have noise levels taken into consideration when they appear before the Planning Board.



Nan Lanahan, administrator of the Town of Bethlehem Parks and Recreation Department, provided these photos of the tennis courts at Elm Avenue Park to members of the Town board on July 21. Lanahan says in a memorandum to the Town Board that the courts have suffered "substantial cracks and wear" and that one court has been closed for safety reasons. The board recently tabled a motion to take \$35,000 out of the town's parkland set aside fund to pay for repairs.

Photos courtesy the Town of Bethlehem

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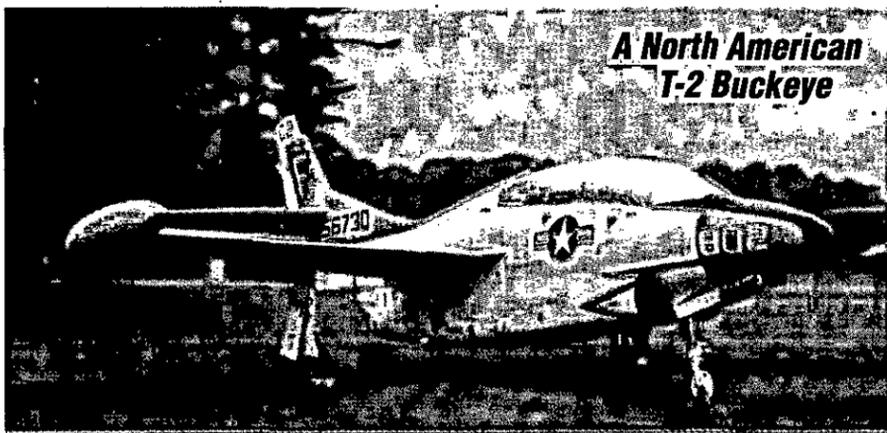
The Empire State Aerosciences Museum in Glenville has a number of aircraft on display in its airpark, including:



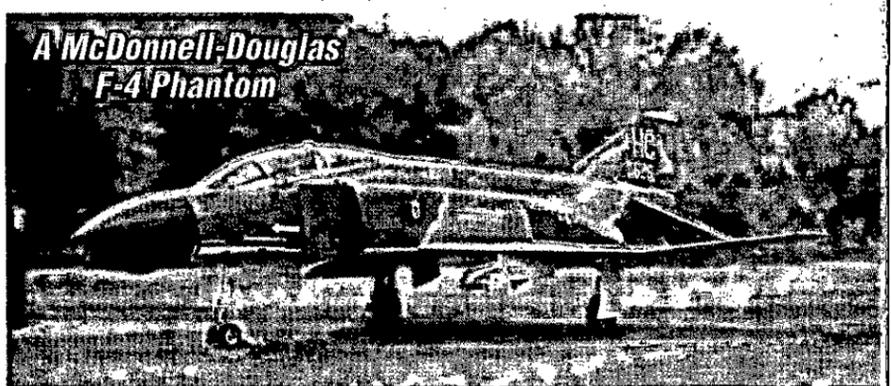
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Flights of fancy

Glenville museum celebrates National Aviation Day

The Empire State Aerosciences Museum in Glenville will celebrate National Aviation Day on Saturday, Aug. 20, with a variety of events and attractions open to the public.

President Franklin D. Roosevelt established National Aviation Day in 1939, tying it to Orville Wright's birthday on Aug. 19. Wright and his brother, Orville, of course, are credited with building and inventing the world's first successful airplane, and, appropriately enough, the museum's festivities will

include guided tours of its Wright Brothers exhibit.

The event, which kicks off at 10 a.m., will also give a sneak peek of the upcoming Nieuport exhibit. Visitors can check out open cockpits and flight simulators as well as enjoy discounted rides in the museum's virtual reality ride.

Stick rocket classes will be taught, and membership specials will be available. Local historian Don Rittner will give a "cloud seeding" demonstration, during which substances are dispersed in the air in an attempt to modify the

weather.

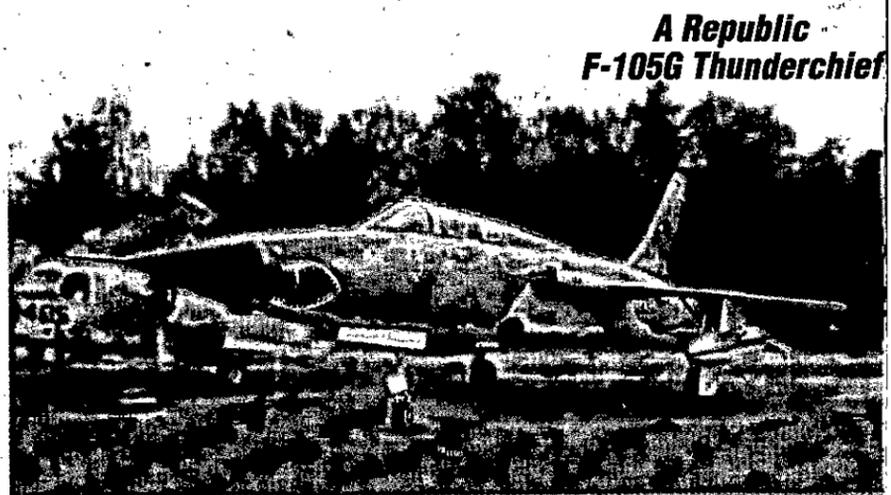
The museum's parade plane will give rides on the front lawn, and special impersonators will be on hand.

Food and beverage will be sold, with Dinosaur Barbecue setting up a stand on site.

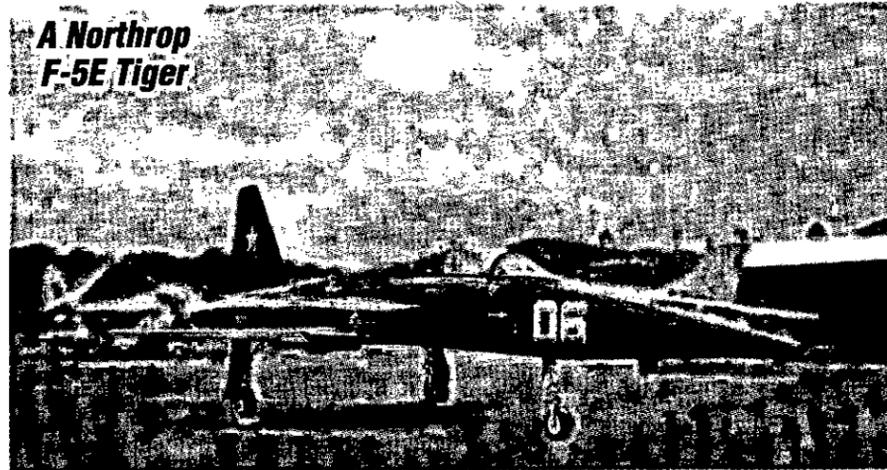
Admission to the museum is \$8 for adults, \$6 for seniors and military, \$5 for children 6 to 16 and free for museum members and those younger than 6. The museum is at 250 Rudy Chase Drive in Glenville. For more information, visit www.esam.org or call 377-2191.



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Original songs and a variety of covers, Aug. 18, 8 p.m., Moon and River Cafe, 115 South Ferry St., Schenectady, free. Information, 382-1938.

GARY BERNARDINI

Acoustic singer-songwriter, Aug. 19, 7 p.m., Emack and Bolio's, 366 Delaware Ave., Albany, free. Information, 512-5100.

BRIAN PATNEAUDE TRIO

Jazz group, Aug. 19, 7 p.m., The Stockade Inn, 1 North Church St., Schenectady, free. Information, 346-3400.

BILL STAINES

Insightful, inspirational singer-songwriter, Aug. 19, 8 p.m., Caffe Lena, 47 Phila St., Saratoga Springs, advance tickets \$16, door price \$18. Information, 583-0022.

BRAD BYRD

Boston songwriter whose music has been heard on TV and movies, with Katy Farrell

and George Saide, Aug. 19, 8 p.m., Moon and River Cafe, 115 South Ferry St., Schenectady, free. Information, 382-1938.

SKIP PARSONS RIVERBOAT JAZZ BAND

Presenting a New Orleans Jubilee with food and décor, Aug. 20, noon, Best Western/Sovereign Hotel, 1229 Western Ave., Albany, \$35 including buffet, \$10 for music only. Information, 618-1125.

2 LATE

Folk duo, Aug. 20, 7 p.m., Emack and Bolio's, 366 Delaware Ave., Albany, free. Information, 512-5100.

DEAN HOWARD

Performing old songs and originals, Aug. 20, 8 p.m., Moon and River Cafe, 115 South Ferry St., Schenectady, free. Information, 382-1938.

MARY FAHL

October Project member performs solo, with opening act Gregory Douglass, Aug. 20, 8 p.m., Caffe Lena, 47 Phila St., Saratoga Springs, advance tickets \$18, door price \$20. Information, 583-0022.

RUSTIC OVERTONES

Horn-fueled rock/funk band, with opening act the Folkadelics, Aug. 20, 8:30 p.m., Putnam Den, 63A Putnam St., Saratoga Springs, ages 21+ \$10, ages 18-20 \$15. Information, 584-8066.

POPULATION 2

Acoustic rock duo, Aug. 21, 6:30 p.m., Emack and Bolio's, 366 Delaware Ave., Albany, free. Information, 512-5100.

JEANNE O'CONNOR & THE NEW STANDARD

Jazz singer and her band perform songs from the great songwriters of the 1960s and 1970s, plus newer originals by Bob Warren, Aug. 21, 7 p.m., Caffe Lena, 47 Phila St., Saratoga Springs, advance tickets \$16, door price \$18. Information, 583-0022.

JAZZ ON JAY

Dylan Canterbury Quartet performs as part of weekly series, Aug. 25, noon, The Circle at Proctors, State Street, Schenectady, free. Information, 382-3884, ext. 14.

Comedy

MOP AND BUCKET COMPANY

Weekly show of improvised comedy and music, Aug. 19, 8 p.m., Proctors Underground, 432 State St., Schenectady, adults \$14, students/seniors \$6. Information, 346-6204.

Dance

ELLEN SINOPOLI DANCE COMPANY

Capital District's premier dance troupe, Aug. 21, 7 p.m., Freedom Park bandshell, Scotia, free. Information, 370-0662.

Visual Arts

NEW YORK STATE MUSEUM

"The Landscape of Memory: Prints by Frank C. Eckmair," through Sept. 18; plus "Beneath the City: An Archeological Perspective of Albany," permanent collection on the 9/11 recovery effort, New York state history and geography, Empire State Plaza, Madison Avenue. Information, 474-5877.

ALBANY INSTITUTE OF ART

"2011 Exhibition by Artists of the Mohawk-Hudson Region," through Sept. 4; plus "The Folk Spirit of Albany: Folk Art from the Collection of the Albany Institute of History and Art" and exhibits on Hudson River School painting, American sculpture and the history of Albany, 125 Washington Ave. Information, 463-4478.

ALBANY AIRPORT GALLERY

"Keeping Time," through Sept. 5; plus installations by Paul Katz, Harry Leigh, Harold Lohner, Lillian Mulero, Ken Ragsdale, Nancy Shaver and Joy Taylor. Information, 242-2243.

BROADWAY ART CENTER

"Photographs of Bradford Smith," through Aug. 31, 488 Broadway, Albany. Information, 489-0866.

FIRST UNITARIAN UNIVERSALIST SOCIETY OF ALBANY

"Woodcuts and Wood Engravings," from the permanent collection of the Print Club of Albany, through Sept. 2, 4405 Washington Ave., Albany. Information, 463-7135.

MARKETPLACE GALLERY

"Jordan Betten: Color Outside the Lines," through Aug. 27, 40 Broadway, Suite 23, Albany. Information, (971) 207-8937.

VISIONS GALLERY

"Remembrance," through Aug. 31, 40 North Main Ave., Albany. Information, 453-6600.

NATIONAL MUSEUM OF DANCE

"Postage Paid: Dance Around the World," through fall 2012; plus a Michael Jackson tribute, a "Dancing with the Stars" exhibit and the C.V. Whitney Hall of Fame, 99 South Broadway, Saratoga Springs. Information, 584-2225.

RIVERFRONT STUDIOS

"Summer Show," featuring new works by Kate Edwards, Jean Haines, Rita Dee, Gary Zack, Lloyd Kelly, Chloe Kettlewell, Karen Rosasco and Dahl Taylor, through Aug. 27, 96 Broad St., Schuylerville. Information, 695-5354.

SARATOGA AUTOMOBILE MUSEUM

"Forza Italia!" through Sept. 30; "The Syracuse Mile," featuring two of the central New York's famous stock cars; plus ongoing exhibits including "East of Detroit" and New York racing, 110 Avenue of the

Pines, Saratoga Springs. Information, 587-1935, ext. 20.

SCHENECTADY MUSEUM AND PLANETARIUM

"FETCH! Lab" and "Fueling the Future," ongoing; Nott Terrace Heights, Schenectady. Information, 382-7890.

SPA FINE ART

Featuring new works by Ken Orton, 376 Broadway, Saratoga Springs. Information, 587-2411.

TANG TEACHING MUSEUM AND GALLERY

"Elevator Music 18: Michael Prime: L-Fields," through Aug. 28; "Melt," through Sept. 18; Skidmore College, 815 North Broadway, Saratoga Springs. Information, 580-8080.

CLARK ART INSTITUTE

"Spaces: Photographs by Candida Hofer and Thomas Struth," through Sept. 5; "Romantic Nature: British and French Landscapes," through Sept. 30; "Pissarro's People," through Oct. 2; "El Anatsui" through Oct. 16; 225 South St., Williamstown, Mass. Information, (413) 458-9545.

MASS MOCA

"I am Searching for Field Character," through Sept. 30; "one floor up more highly," an installation by Katharina Grosse, through October; "Ruse," through Dec. 31; "Sub Mirage Lignum," through Dec. 31; "The Workers," through March 15, 2012; "Sol LeWitt: A Wall Drawing Retrospective," ongoing; 87 Marshall St., North Adams, Mass. Information, (413) 664-4481.

ARKELL MUSEUM

"Drawn to the Same Place: The Drawings of Rufus Grider and Fritz Vogt 1885-1900," through Aug. 14; plus "Arkell's Inspiration: the Marketing of Beech-Nut and Art for the People," ongoing; Canajoharie. Information, 673-2314.

THE HYDE COLLECTION

"New York, New York! The 20th Century," through Sept. 17, 161 Warren St., Glens Falls. Information, 792-1761.

Call for Artists

SPOTLIGHTER'S THEATRE TROUPE

Holding auditions for its Halloween production of "The Creepy Creeps of Pilgrim Road," Aug. 20, appointment necessary. Information, Elyse Young 899-4411, ext. 305 or theater@malta-town.org.

SCHENECTADY LIGHT OPERA COMPANY

Holding auditions for "Aida," Sept. 12 and 13, Schenectady Light Opera House, 427 Franklin St. Schenectady, seeking large multi-racial cast for Elton John musical. Information, 477-2256.

CHRISTIAN ARTS INTERNATIONAL

Seeking singers for a performance of Handel's "Messiah" Dec. 4 at St. Pius X Church in Loudonville featuring Metropolitan Opera baritone Louis Otey, rehearsal Sept. 16 from 7 to 9 p.m. Information, 459-3152.

MOHAWK HUDSON HUMANE SOCIETY

Seeking artists to participate in its "Art Saves Animals" benefit Oct. 6, The Arts Center of the Capital Region, River Street, Troy, deadline for submissions is Sept. 22. Information, Nancy Larabee 434-8128, ext. 206 or nlarabee@mohawkhumane.org.

THE CHORALIERS

Musical group looking for singers of all abilities, performs concerts at Christmas and in the spring, pieces are familiar and fun to sing, no auditions are necessary, practices are 6:30 p.m. Wednesdays at Saint Clares' Chapel, McClellan Street, Schenectady.

ETUDE CLUB

Looking for women interested in vocal and instrumental performance; meetings held the first Thursday of every month. Information, 374-5536.

SARATOGA ARTS

Seeking local artists for Aug. 23 outdoor exhibition called "Art in the Park" in Congress Park, space is limited and registration by Aug. 12 is required. Information, 584-4132.

CLIFTON PARK COMMUNITY CHORUS

Ongoing rehearsals for its winter concert, Shenendehowa Adult Community Center, Clifton Common, Clifton Park, no auditions required to join. Information, 371-6681.

CAPITLAND CHORUS

Openings for all voice parts for women who love to sing and perform, rehearsals are at 7 p.m. Thursdays at New Covenant Presbyterian Church, corner of Orleans and Western avenues, Albany. Information, 785-3567.

TANGO FUSION DANCE COMPANY

Auditioning professional dancers by appointment at Arthur Murray Dance Studio, 75 Woodlawn Ave., Saratoga Springs. Information, 306-4173.

ADIRONDACK PASTEL SOCIETY

Seeking new artists that work in pastels, meetings are the first Tuesday of every month at the Dave Francis Gallery, the Shirt Factory, Glens Falls. Programs, artist demonstrations and exhibitions are planned throughout the year. Information, 793-9309 or

SUDOKU

9		6	7						
	2				9	8		6	
		1				6	9		
3		5		9					
		8	1				3	2	
			5	3		1			
			8						4
5				2		7			

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Weekly Crossword

Bird Lore

1	2	3	4	5		6	7	8	9		10	11	12	13
14						15					16			
17						18					19			
			20							21	22			
	23	24							25					
26						27		28				29	30	31
32								33				34		
35						36	37					38		
39					40							41		
42			43						44	45		46		
				47					48	49				
50	51	52						53						
54						55	56					57	58	59
60						61						62		
63						64						65		

ACROSS

- 1 Wool lovers
- 6 One kind of corner
- 10 Lectern
- 14 Regional
- 15 Monetary unit of the Maldives
- 16 Siamese comment
- 17 Motorists' anathema
- 19 Thorn in the flesh
- 20 Manipulate dough
- 21 Carted
- 23 Rib related
- 25 Energy units: abbr.
- 26 Sultan of Swat
- 27 Compartmentalize
- 32 Bride of Lohengrin
- 33 Meas. of an element
- 34 Robot play
- 35 Squandered
- 36 German philosopher
- 38 Spanish surrealist
- 39 Hosp. procedure
- 40 Small Chinese dog
- 41 Western coll.
- 42 Lofty lookouts
- 46 Genus of snow geese
- 47 Tears
- 48 Acutely distressed

DOWN

- 50 1979 Peace Nobelist
- 53 Carvey and Andrews
- 54 Auricular
- 55 Circular mail
- 60 Cut short, as a tail
- 61 Soft mineral
- 62 Feminine accessory
- 63 Folding money
- 64 Christmas
- 65 Sudden heavy storm
- 24 Town near Kalamazoo, Michigan
- 25 ___ noire
- 26 Pear-shaped instrument
- 28 Green plums
- 29 Goosefoot plant
- 30 Soothed
- 31 Of a geologic time division
- 36 Baby shower, e.g.
- 37 Supplements, with out
- 38 Easy as pie
- 40 Greek letters
- 43 Destroys
- 44 Dazed state
- 45 Golfer's trap
- 49 Complains
- 50 Fuss
- 51 School on the Thames
- 52 American playwright
- 53 Tedious
- 56 African assn.
- 57 Swimsuit top
- 58 Art or novel add-on
- 59 Born
- 1 Mil. officer
- 2 ___ pro nobis
- 3 The Franchise Affair author
- 4 Detective
- 5 Viewpoint
- 6 Soluble mineral salt
- 7 Hotel employee
- 8 Beach bird
- 9 Midnight oil burner?
- 10 Hidden attack position
- 11 Ground seeds
- 12 Treat for Fido
- 13 Was indebted
- 18 Spring
- 22 Eller or Em
- 23 Collector

Milestones

Hugh J. Tuohey, Jr.

DELMAR- Hugh J. Tuohey, Jr., a lifelong resident of the Capital District, whose professional life in journalism and university media relations spanned 44 years, died Tuesday, August 9, 2011, in the Hospice Inn at St. Peter's



Hospital at the age of 83. He retired as Senior Communications Officer of the staff of the Central Administration of the 64-campus State University of New York in 1989. He had joined SUNY in 1962 as its Public Relations Officer, following a 17 year career as a reporter and editor of the Albany Times-Union.

Over the 27 years he served the University, he acted as spokesperson for the University, its Chancellor and Board of Trustees for all media-print, radio and television at local, state and national levels. In addition to media relations, he coordinated development of a monthly, University-wide tabloid newspaper which attained a circulation of 48,000, various University-wide general informational pamphlets, catalogs, and a newspaper for Central Administration employees. Soon after joining the University, he utilized his experience in production to help establish a procedure for on-time delivery of the university catalogs, which were often months late. In cooperation with the State Office of General Services and Department of Audit and Control, a program was developed which established contract printers in each of the State's four major geographic areas, greatly facilitating timely production the guidelines for the establishment of a University-wide Confederation of Alumni

Associations.

Over the years, he was cited for "distinguished service" by the State University Public Relations Council and received a special citation of "deep appreciation" from the Confederation of Alumni Associations. Both organizations later amalgamated as the SUNY Council For University Affairs and Development, which, in June 2003, formally inducted Tuohey into its Hall of Fame.

Mr. Tuohey began his career with the Times Union in 1945 as a copy boy following graduation from the former Vincentian Institute. After a brief stint as a sports writer, he transferred to the City Desk, where he was a general reporter, feature writer and assistant city editor before spending six years as a specialist in covering State Government. He wrote a weekly series of news and feature articles framed in a special page called "statewide" and covered the Executive and Legislative branches as an accredited Legislative Correspondent. He left "The Hill" to assume the post of Business Editor, responsible for expanding the paper's coverage of the area's business, commercial, home building and financial enterprises. He was Sunday Editor when he left to join SUNY. Upon retirement from SUNY, Mr. Tuohey served as Executive Director of the Upper Hudson Valley Chapter of the National Hemophilia Foundation through July of 1995. He continued his affiliation with the organization as a member of its governing board over the next four years and participated in the reorganization of the Chapter fund raiser for the former and redesigned organizations and was cited variously as Volunteer of the Year and recipient of the Raymond J. Zwack Memorial Award.

Mr. Tuohey was active

in his community as a volunteer van driver for the Town of Bethlehem Senior Services Department for 18 years and as a school crossing guard for six years. He was a long-time member and former officer of Albany Council 173, Knights of Columbus and was an enthusiastic participant in its golf league for almost a quarter century. He was a communicant of St. James Church where he served, was a member of the Parish Council, Eucharistic Minister and usher.

During the Korean War, he served with the Public Information Office of today's 27th Armored (then Infantry) Division, NYNG, rising to the rank of Sergeant First Class. He is survived by his beloved wife, the former Laurie Luther; two sons, Daniel of Delmar and Dennis of NYC, a daughter, Mary Margaret (Craig) Reopell of Manlius, NY; his brother Joseph of Clifton Park, his grandchildren, Kristin, Michael and Margaret Mary Reopell and his sister-in-law, Maryanne of Chevy Chase, MD. He was predeceased by his parents, Hugh and Sarah (Martin) Tuohey, his son David and his brother John.

Funeral services were held at 8:45 am Saturday, August 13, 2011 from the Daniel Keenan Funeral Home, Inc., 490 Delaware Ave. thence to St. Francis of Assisi Parish (formerly St. James Church) where a Mass of Christian Burial was celebrated at 9:30 am. Relatives and friends were invited and called at the funeral home Friday, August 12, 2011 from 4 to 8 pm. Interment followed at the Mass at Our Lady of Angels Cemetery, Colonie, NY. Those who wish may send memorial contributions to St. Francis of Assisi Parish, 391 Delaware Ave., Albany, NY 12209. Online condolences may be offered at www.danielkeenanfuneralhome.com.



Kimberly Kay Shultz and Patrick Lee Denno

Schultz, Denno to marry

Dr. J. Gregory and Barbara M. Schultz, of Horseheads, NY, are pleased to announce the engagement of their daughter, Kimberly Kay Shultz, to Patrick Lee Denno, son of Richard and Theresa Denno, of Charlton, NY.

Kimberly is a 2003 graduate of Horseheads

High School, and a 2007 graduate of Rochester Institute of Technology, where she received her Bachelor's degree in Diagnostic Medical Sonography. She is a Sonographer for Emerson Hospital in Concord, MA.

Patrick is a 2001 graduate of Burnt Hills-Ballston Lake High School,

and a 2006 graduate of Rochester Institute of Technology, where he received his Bachelor's degree in Chemistry. He is a QC Scientist for Bristol-Myers Squibb in Devens, MA.

The couple is planning a June 2012 wedding at Ventosa Vineyards in Geneva, NY.

A PRAYER

To the Blessed Virgin
(Never known to fail)

Oh most beautiful flower of
Mt. Carmel, fruitful vine,
Splendor of Heaven, Blessed
Mother of the Son of God,
Immaculate Virgin; assist me in
My necessity. Oh Star of the Sea,
Help me and shelter me, herein you
Are my Mother. Oh, Holy Mary,
Mother of God, Queen of Heaven
And Earth! I humbly beseech you
From the bottom of my heart to
Succor me in my necessity.
(Make request). There are none
That can withstand you power.
O Mary, conceived without sin,
Pray for us who have recourse to
Thee (3 times). Holy Mary, I place
This cause in your hands.
(3 times). Say this prayer for
3 consecutive days, then you
Must publish it and it will be
Granted to you. B.S.

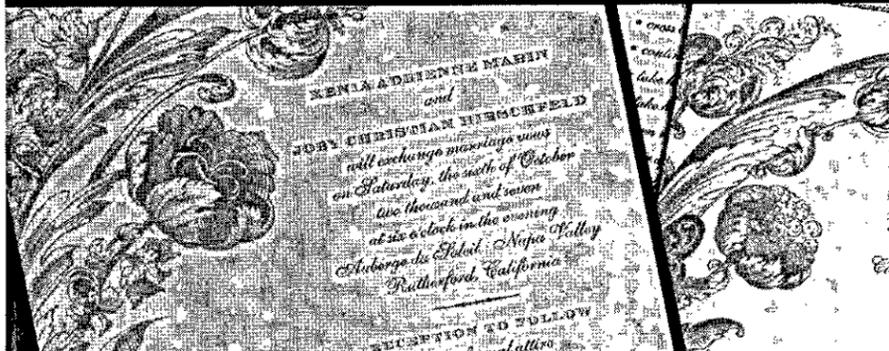
Fuller, David

San Antonio - David Fuller, 55, passed away peacefully at his home on July 25, 2011. David was the son of William and Betty Fuller; stepson of Velma Fuller and stepbrother of Neil, Chris and Karen Jacobsen. Also survived by grandmother, Lula Carter, 103 and Mr. & Mrs. Edward Osborne, aunt and uncle. Graveside service will be at Bethlehem Cemetery on August 19, 2011 at 11 a.m. for family and friends. See website (www.meyersfuneralhome.com)

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Your Community in The Spotlight

Ayers joins New Visions

New Visions, a not-for-profit organization working on behalf of people with developmental disabilities, is pleased to announce the hiring of Sandy Ayers as Director for Human Resources.



Sandy Ayers

Ms. Ayers recently joined New Visions as the Director of Human Resources. Ms. Ayers will be responsible for developing and implementing policies, programs and services for New Visions. Ms. Ayers will also focus on employee training, development, and interpersonal relationships for the organization.

Ms. Ayers was previously employed with Schenectady ARC. Ms. Ayers holds a Bachelor of Science Degree in Business Administration with a concentration in Human Resources Management from Empire State College. Ms. Ayers earned her certification for Professional in Human Resources. Ms. Ayers is a graduate of the Tech Valley Leadership group and the Capital Region Human Resource Association (CRHRA). Ms. Ayers resides in Scotia, New York.

New Visions is a not-for-profit organization working on behalf of people with developmental disabilities and their families in the Capital Region since 1951. New Visions provides educational, habilitational, rehabilitational, residential and vocational programs, supports and services to over 600 people with

developmental disabilities in our community. For more information, visit www.newvisionsofalbany.org

Time change for varsity golf tryouts

Bethlehem Central Schools varsity golf tryouts will be held on Monday, Aug. 22, at Normanside Country Club. The team's first tee time will now be at 9:00 am. This is a change from the originally scheduled time. The driving range will be open at 8 a.m. and will be available for candidates to practice and get ready for competition.

Button club to meet at library

The Half Moon Button Club will meet on Wednesday, Sept. 14 at 11 a.m. at the Bethlehem Public Library. Bring a brown bag lunch. A workshop on making button bracelets will be held and a business meeting will follow. For more information and a materials list for the workshop, call Kathy at 393-3156.

Albany Elks host swing dance

The September Capital Swing Dance will be held on Friday, Sept. 2, 8:30-11:30 p.m., at the Albany Elks Lodge, 25 South Allen St. Music by Theresa Broadwell & Thrivin' on a Riff. Admission, including 7:30 PM beginner lesson: General \$15; DFO members \$12; seniors / students \$10. For directions / information, go to www.danceflurry.org/swing.

Pruyn House to host Old Fashioned Sunday

The Friends of Pruyn House will celebrate the 28th annual "Old Fashioned Sunday" at the Pruyn House, 207 Old Niskayuna Rd., Latham, on Sunday Sept. 11 from noon to 4 p.m. The public is invited to this FREE event which will be held rain or shine.

Old Fashioned Sunday is a festive fun-filled day in the lovely park-like setting at this 5 1/2 acre site. The historic House built in 1830 will be open for touring as well as the carriage house, one-room schoolhouse, tool museum, Buhrmaster Barn and gardens. There will be music throughout the afternoon featuring three different bands from the Town of Colonie. A number of attractions are

planned including old time craft demonstrations, exhibits, and vendors. For children, there will be pony rides, face painting, a storyteller, a magician, and live animals. There will be homemade baked goods as well as vendors selling hamburgers, hot dogs, soda, ice cream and popcorn.

In addition, during the Town of Colonie's Centennial Celebration in 1995, ten babies born to Town residents around the centennial date were chosen to be the 2095 Bicentennial Committee. The last time the group gathered together was Old Fashioned Sunday 2005. They indicated they would like their next meeting to take place when they turn

16 yrs. old and can drive to the event. This special group of sixteen year olds will be recognized during the Old Fashioned Sunday celebration this year.

Old Fashioned Sunday is hosted by the Friends of Pruyn House. The mission of the Friends of Pruyn House, a not-for-profit community organization in partnership with the Town of Colonie, serving as the educational, historical and cultural center of the Town, is to restore, conserve and preserve the Pruyn House Complex. It is the site for a wide variety of public, private, civic and corporate events throughout the year.

For further information, call the Pruyn House at (518) 783-1435.

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Your Community in The Spotlight

'What Ails Your Pet Bird?'

Find out on Saturday, Sept 10, 2 p.m. at the Guilderland Library on 2228 Western Ave.

Megan Skeffington, DVM, from Banfield in Latham will discuss specific diseases and dietary needs. All are welcome to attend this free event. For more information, visit <http://birdclub.bravehost.com>.

Area residents named to Dean's List

SUNY Oswego has announced its Dean's List for the Spring 2011 semester. Among the announced are area residents: Samson M. Dikeman Jr. of Altamont, a senior majoring in English; Benjamin M. Noonan of Schenectady, a senior majoring in global and international studies; Brendon M. Phillips of Schenectady; a sophomore majoring in journalism; Gregory R. Reinhart of Schenectady, a sophomore majoring in business administration; Joseph G. Smith of Schenectady, a junior majoring in psychology; Joseph R. Bradley of

Schenectady, a senior majoring in adolescence education; Marissa C. Leonard of Schenectady, a junior majoring in human resource management; Megan E. Ran of Schenectady, a junior majoring in public relations; and Taylor M. Pangman of Schenectady, a sophomore majoring in adolescence education. In addition, Megan L. Bassler of Altamont, a sophomore majoring in psychology; and Sara M. Cooper of Schenectady, a sophomore majoring in communication, was named to the President's List for the spring 2011 semester.

SUNY Potsdam names area students to Dean's List

The State University of New York at Potsdam recently honored students who excelled academically in the Spring 2011 semester, by naming nearly 400 students to the Dean's List.

The students included: Sam McCaffrey, a Politics major from Delmar; and Ian Taggart, a Music Education major from Delmar.

To achieve the honor of being on the Dean's List, each student must have satisfactorily completed 12 numerically-graded semester hours that semester with a grade point average of between 3.25 and 3.49.

SUNY Potsdam has a strong focus on academics, with its long history of excellence in the liberal arts and sciences. To learn more about what makes the campus community so unique, visit www.virtualtour.potsdam.edu.

Area students named to Hartwick Dean's List

The following area students have been named to the spring term Dean's List at Hartwick:

Hartwick College senior Seth Canetto, of Altamont, son of Lisa Cowan-Canetto and Jude Canetto is majoring in Business Administration.

Hartwick College senior Andrew Parisi, of Schenectady, NY, son of Adam and Christine Parisi. Parisi is majoring in Geology.

Hartwick College first-year student Steven Grzeskowiak, of

Schenectady, NY, son of Lisa Grzeskowiak and Michael Grzeskowiak. Grzeskowiak is majoring in Physics.

Hartwick College first-year student Aaron Parisi, of Schenectady, NY, son of Adam and Christine Parisi. Parisi is majoring in Undeclared.

Hartwick College first-year student Derek Rexford, of Schenectady, NY, son of Lloyd Race and Kim Rexford. Rexford is majoring in Undeclared.

Inclusion on Hartwick's Dean List is an indication of excellent academic work, including the completion of a full course load with at least a 3.5 grade point average based on a 4.0 scale.

Hartwick College is a private liberal arts and sciences college of 1,500 students, located in Oneonta, NY, in the northern foothills of the Catskill Mountains. Hartwick's expansive curriculum emphasizes a uniquely experiential approach to the liberal arts. Through personalized teaching, collaborative research, a unique January Term, a wide range of internships, and vast study-abroad opportunities, Hartwick ensures that students are prepared for the world ahead. A Three Year Bachelor's Degree Program and strong financial aid and scholarship offerings keep a Hartwick education affordable.

Ecology program at Five Rivers

A family-oriented exploration of the ecology of late summer meadows will be conducted at the NYSDEC Five Rivers Environmental Education Center, 56 Game Farm Road, Delmar on Saturday, Sept. 3 at 10 a.m.

This outdoor study will visit the broad fields of the Center's Old Field Trail, home to bluebirds, rabbit, fox, and deer. Areas managed as "forever field" will be compared to areas left wild to transition into brushland. The conservation values of both habitats will be considered.

This program is open to the public free of charge, but space is limited. Parent(s) and child(ren) must accompany each other. Please call the center at 518-475-0291 to register by Wednesday, August 31.

A family tradition



Patricia Primomo received her white coat from her uncle Dr. William Primomo (UB class of '82) at the University of Buffalo School of Dental Medicine Friday, Aug. 12. The white coat ceremony is tradition in which the school welcomes first-year students as colleagues dedicated to patient care. Tricia will be the third generation of Primomos in the practice of dentistry following her great uncle Peter, and late grandfather Gene V. Primomo. The class of 2015 at Buffalo has 90 dental students, 47 percent of which are female. Tricia was a 2006 graduate of Bethlehem Central High School.

Submitted photo

The program will traverse approximately one mile over a gentle terrain of grass and wood chips. In the event of inclement weather, the program may be cancelled.

Capital District Youth Chorale conducting auditions

The Capital District Youth Chorale, now in its 29th season, is accepting appointments for new member auditions. This talented group of singers meets weekly at SUNY Albany's Performing Arts Center and performs at least six local concerts per year. CDYC has earned 10 Superior ratings in music festivals in New York, New Jersey, Maryland, Virginia, Massachusetts, South Carolina, Florida, Pennsylvania and in Canada. They have also performed in Carnegie Hall, twice at Disney World by audition, as well as the Shrewsbury International Festival in England.

During the 11-12 season these dedicated singers will perform for the 6th consecutive year with the Albany Symphony at the Palace Theater in

December. Fall plans also include October performances with Albany Pro Musica and other community choirs for a program at Proctor's Theater called, the Capital District Sings.

The 110 singers rehearse on Saturdays between 9:30 a.m. and noon in the Performing Arts Center, room B-73. The group is divided into 3 ensembles, choristers (grades 4-6), junior chamber choir (grades 6-8) and senior chamber choir (grade 9-12). The Senior Chamber Choir includes changed voices. Auditions will take place on Saturday, August 27th. The first rehearsal is September 3rd. A limited number of scholarships are available. Please contact the parent coordinator Doreen Wright at cdyc123@gmail.com for more information or schedule an audition.

Pancreatic Cancer Research Walk at Elm Avenue Town Park

On Sept. 11, at the Elm Avenue Town Park in Delmar, Neil and Shari Piper and a dedicated committee will host the Seventh Annual Capital District Pancreatic Cancer Research Walk to benefit The Lustgarten Foundation. The goal of this annual walk is to raise awareness and to help fund Lustgarten Foundation supported research. Last year over 400 walkers and supporters raised a bit over \$100,000. With the support of corporate sponsors, including our platinum sponsor, Rensselaer Honda, the event is on track to be even more successful this year.

This year's walk will include a visit by the Albany Devil Dawg, music by Code Blue, face painting, a silent auction, a 50/50 raffle, and much more. The Coccadotts Cake Shop van will be there to satisfy everyone's sweet tooth, with a portion of proceeds donated to the cause. We will dedicate moment of silence in memory of those lost on 9/11, as well as a moment in memory of those lost to pancreatic cancer. It is our hope that this day honors the memory of those lost while celebrating both their lives and our hope for a future that includes early detection and a cure for pancreatic cancer.

Pancreatic cancer is the fourth leading cause of cancer deaths in men and women in the United States. There are no screening tools, there are no effective treatments, and there is no cure. The average survival time from diagnosis is just six to nine months. PC claimed the life of Neil's mother, brother, sister and uncle. Unfortunately his situation is becoming less unusual: far too many have lost a loved one to Pancreatic Cancer! A lack of early detection methods is one reason why the disease kills nearly all who are diagnosed. According to the National Cancer Institute, the overall 5-year relative survival rate for pancreatic cancer is just 5 percent, compared to 89 percent for breast cancer and 64 percent for colon cancer. Despite these numbers, pancreatic cancer receives the least amount of federal research dollars among all leading cancers. All of the proceeds to go to The Lustgarten Foundation for Pancreatic Cancer Research, the nation's largest private supporter of pancreatic cancer research.

For more information on the foundation, visit www.lustgarten.org. For information on the local walk, visit www.albanypcrwalk.org. You can contact the Pipers at info@albanypcrwalk.org.

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IN BRIEF

Brockport students make Dean's List

The College at Brockport, State University of New York, recently named local students to the Dean's List for the spring 2011 semester.

Jillian Smitka of Delmar was named to the Dean's List.

Catherine Jira of Delmar was named to the Dean's List with Honors.

Brett Cox of Glenmont was named to the Dean's List.

Andrew Barr of Slingerlands was named to the Dean's List with Honors.

Michael Goldstein of Slingerlands was named to the Dean's List with Honors.

Nathaniel Wood of Voorheesville was named to the President's List.

Anna Rosenberger of Guilderland was named to the

Dean's List.

Chelsea McCann of Guilderland was named to the Dean's List with Honors.

To achieve the honor of being on the President's List, a student must earn a GPA of 4.0. Students who earn a GPA of 3.70-3.99 are named to the Dean's List with Honors, while students who achieve a 3.40-3.69 are named to the Dean's List.

Ricciardi named to Dean's List

Jillian Ricciardi of Delmar was named to the dean's list at the Savannah College of Art and Design for spring quarter 2011. Full-time undergraduate students who earn a grade point average of 3.5 or above for the quarter receive recognition on the dean's list. Ricciardi is seeking a Bachelor of Fine Arts degree in Fashion Marketing

and Management.

Brockport students earn scholarships

The College at Brockport, State University of New York, has awarded scholarships to members of its incoming freshman class who have demonstrated academic excellence.

Amy Cookfair of Delmar was awarded the Presidential Scholarship.

Matthew Rockefeller of Delmar was awarded the Dean's Scholarship.

Brockport awards three different types of scholarships to its incoming freshman. Freshman must live on-campus in order to be considered for the awards.

Its Presidential Scholarship is awarded to freshmen who

have a high school average of 93 or higher, rank in the top 20 percent of their class and scored either a 1,200 or higher on their SAT exam or 26 or higher on their ACT exam.

Brockport's Dean's Scholarship goes to freshmen who are in the top 25 percent of their class, have a 90 or higher average and scored either an 1,100 or higher on their SAT exam or 24 or higher on their ACT exam.

JCC to offer writing workshops

The Sidney Albert Albany Jewish Community Center offers "What is Your Story?" a series of 8 writing workshops on memories and reflections for adults, led by Marea Gordett, to be held in the Albany JCC's Massry Senior Center, 340 Whitehall Road on Wednesdays,

1 to 3 p.m.: Sept. 21; Oct. 5, 12, 19, 26; Nov. 9, 16 and Dec. 7. Cost of the series is \$44 and prepaid registration is required; space is limited.

This writing series is open to all who wish to pursue a personal narrative, regardless of writing experience. Workshop leader Marea Gordett, taught English and Creative Writing at Tufts University and Boston University and is director of Big Mind Learning, an educational firm serving students in Albany's Capital District. Her writing has won the Pushcart Prize and the "Discovery"/The Nation award.

This series is funded in part by Poets & Writers, Inc. with public funds from New York State Council on the Arts, a state agency. To register, contact the Albany JCC's senior adult office: 438-6651 x112, ClaireS@saajcc.org.

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3	6	5	2	9	8	4	1	7
4	9	8	1	6	7	5	3	2
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 Notice of Formation of SAY SOMETHING NICE, LLC. Arts of Org. filed with the Sec'y of State of NY (SSNY) on 06.22.11. Office location, County of Albany. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: c/o Couch White, LLP, PO Box 22222, Albany, NY 12201-2222. Purpose: any lawful act. 74720 (D) (August 17, 2011)

LEGAL NOTICE
 Notice of Formation of LINIUM GLOBAL STAFFING, LLC. Arts of Org. filed with the Sec'y of State of NY (SSNY) on 06.28.11. Office location, County of Albany. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: c/o Couch White, LLP, PO Box 22222, Albany, NY 12201-2222. Purpose: any lawful act. 74721 (D) (August 17, 2011)

LEGAL NOTICE
 Notice of Formation of LINIUM HOLDINGS, LLC. Arts of Org. filed with the Sec'y of State of NY (SSNY) on 06.28.11. Office location, County of Albany. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: c/o Couch White, LLP, PO Box 22222, Albany, NY 12201-2222. Purpose: any lawful act. 74722 (D) (August 17, 2011)

LEGAL NOTICE
 Notice of Formation The Sweetest Things of New York LLC Arts. of Org. filed with SSNY 7/13/2011. Off. Loc.: Albany Cnty. SSNY designated as agent of LLC whom process may be served. SSNY shall mail process to: c/o The LLC, 911 Central Ave., #101, Albany, NY 12206. Purpose: all lawful activities. 74858 (D) (August 17, 2011)

LEGAL NOTICE
 NOTICE OF FORMATION DOMESTIC LIMITED LIABILITY COMPANY (LLC). Name: T LEE GREEN ENERGY GROUP LLC. Articles of Organization filed with NY Secretary of State, July 14, 2011. Purpose: to engage in any lawful act or activity. Office: in Albany County. Secretary of State is agent for process against LLC and shall mail copy to 808 14th Street, Watervliet, NY 12189. 74859 (D) (August 17, 2011)

LEGAL NOTICE
 Notice of Formation of 59-04 STEPHEN STREET LLC. Arts. of Org. was filed with SSNY on 7/12/11. Office location: Albany County. SSNY designated as agent of LLC whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State St., Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. 74860 (D) (August 17, 2011)

LEGAL NOTICE
 Notice of Formation of 70-11 66TH STREET LLC. Arts. of Org. was filed with SSNY on 7/12/11. Office location: Albany County. SSNY designated as agent of LLC whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46

LEGAL NOTICE
 State St., Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. 74861 (D) (August 17, 2011)

LEGAL NOTICE
 Notice of Formation of LLC. JDM Resources, LLC. Articles of Organization of this Limited Liability Company (LLC) were filed with the Secretary of State of New York (SSNY) under Section 1203 of the Limited Liability Company Law on 4/28/2011. The LLC maintains its office in Albany County. The SSNY is designated as agent of the LLC upon whom processes against it may be served. SSNY shall mail a copy of any processes served to the LLC at: 1612 Beryl Way, Watervliet, NY 12189. PURPOSE: marketing, research and consulting services and any lawful purpose. 74862 (D/C) (August 17, 2011)

LEGAL NOTICE
 Notice of Qualification of National Worksite Benefits, LLC. App. for Auth. filed with Secy. of State of NY (SSNY) on 6/22/11. Office location: Albany County. LLC formed in Wisconsin (WI) on 5/17/94. Princ. bus. loc.: 400 Field Drive, Lake Forest, IL 60045. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o CT Corporation System, 111 8th Ave., NY, NY 10011, registered agent upon whom process may be served. WI address of LLC: 1025 West Glen Oaks Lane, Mequon, WI 53092. Arts. of Org. filed with DE Secy. of State, 345 W. Washington Ave., 3rd Fl., Madison, WI 53707. Purpose: all lawful purposes including acting as an insurance agency and brokerage company. 74863 (D) (August 17, 2011)

LEGAL NOTICE
 Notice of Formation of limited liability company (LLC). Name: MR. HANDY-HANDS CONTRACTING, LLC. Articles of Organization filed with Secretary of State of New York (SSNY) on 6/10/11. Office location: Schenectady County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to Abdelhak E. Ghazaoui, 13 Drywall Lane B, Voorheesville, NY 12186. Purpose: any lawful purpose. 74869 (D) (August 17, 2011)

LEGAL NOTICE
 Notice of Formation of 10 SOUTH FIFTH LLC. Arts. of Org. was filed with SSNY on 7/15/11. Office location: Albany County. SSNY designated as agent of LLC whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State St., Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. 74870 (D) (August 17, 2011)

LEGAL NOTICE
 Notice of Qualification of Gamers Virtex, LLC. Authority filed with Secy. of State of NY (SSNY) on 7/8/11. Office location: Albany County. LLC formed in Delaware (DE) on 6/22/11. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The LLC, 1 Commerce Plaza, 99 Washington Ave., Ste. 805A, Albany, NY 12260. Address to be maintained in DE: 3500 South DuPont Hwy, Dover, DE 19901. Arts of Org. filed with the DE Secretary of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: any

LEGAL NOTICE
 lawful activities. 74871 (D) (August 17, 2011)

LEGAL NOTICE
 Notice of Qualification of Two Left Feet Brands, LLC. App. for Auth. filed with Secy. of State of NY (SSNY) on 7/13/11. Office location: Albany County. LLC formed in Delaware (DE) on 1/7/11. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 31 Union Square West, Ste. 7E, NY, NY 10003. DE address of LLC: c/o National Registered Agents, Inc., 160 Greentree Drive, Ste. 101, Dover, DE 19904. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: any lawful activity. 74872 (D) (August 17, 2011)

LEGAL NOTICE
 Lenz Motor Express, LLC, a domestic limited liability company (LLC), filed articles of organization with the Secretary of State of NY on 6/24/2011. NY Office location: Albany County. SSNY is designated as agent upon whom process against the LLC may be served. SSNY shall mail a copy of any process against the LLC served upon him/her to The LLC, 7 Dumbarton Dr., Delmar, NY 12054. Purpose: trucking, as well as any other lawful activity. 74884 (D) (August 17, 2011)

LEGAL NOTICE
 PHARMACELS LLC. Arts. of Org. filed with SSNY on 07/15/11. Off. Loc.: Albany Co. SSNY desig. as agt. upon whom process may be served. SSNY shall mail process to: The LLC, 8 Barstow Rd., Apt 7D, Great Neck, NY 11021. Purpose: Any Lawful purposes. 74892 (D) (August 17, 2011)

LEGAL NOTICE
 Notice of Formation of B. SKILLMAN PROPERTIES II LLC. Arts. of Org. was filed with SSNY on 7/21/11. Office location: Albany County. SSNY designated as agent of LLC whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State St., Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. 74758 (D) (August 17, 2011)

LEGAL NOTICE
 NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY (LLC) The name of the LLC is HAWKEYE ROOFING SERVICE, LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State on 5/20/11. The purpose of the LLC is to own, operate and manage a roof investigation service company, and also to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is PO Box 51, Glenmont, NY 12077. 74759 (D) (August 17, 2011)

LEGAL NOTICE
 Notice of Formation of Oreo 54 Realty, LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 7/13/11. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Krishna K. Mehta, CPA,

LEGAL NOTICE
 42 Bristol Drive, North Hills, NY 11030. Purpose: any lawful activity. 74932 (D) (August 17, 2011)

LEGAL NOTICE
 Notice of Qualification of Jessica's Factory Outlet, LLC. Authority filed with Secy. of State of NY (SSNY) on 7/25/11. Office location: Albany County. LLC formed in Delaware (DE) on 7/21/11. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Registered Agent Solutions, Inc., 99 Washington Ave., Ste. 1008, Albany, NY 12260. Principal office address: 5500 Soto St., Vernon, CA 90058. Address to be maintained in DE: 1679 S. DuPont Hwy, Ste. 100, Dover, DE 19901. Arts of Org. filed with the DE Secretary of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: any lawful activities. 74936 (D) (August 17, 2011)

LEGAL NOTICE
 Notice of Formation Organiworks LLC Arts. of Org. filed with SSNY 7/20/2011. Off. Loc.: Schenectady Cnty. SSNY designated as agent of LLC whom process may be served. SSNY shall mail process to: c/o The LLC, P.O. Box 9553, Niskayuna, NY 12309. Purpose: all lawful activities. 74937 (D) (August 17, 2011)

LEGAL NOTICE
 Notice of Formation Gakos Trans LLC. Arts. of Org. filed with SSNY 7/25/2011. Off. Loc.: Albany Cnty. SSNY designated as agent of LLC whom process may be served. SSNY shall mail process to: c/o The LLC, 911 Central Ave., #101, Albany, NY 12206. Purpose: all lawful activities. 74938 (D) (August 17, 2011)

LEGAL NOTICE
 Notice of Formation Zoltan Trans LLC Arts. of Org. filed with SSNY 7/25/2011. Off. Loc.: Albany Cnty. SSNY designated as agent of LLC whom process may be served. SSNY shall mail process to: c/o The LLC, 911 Central Ave., #101, Albany, NY 12206. Purpose: all lawful activities. 74939 (D) (August 17, 2011)

LEGAL NOTICE
 Notice of Formation of FIT Partners, LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 5/27/11. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Keith Jacques, Esq., Sheehan Greene Golderman & Jacques LLP, 54 State St., Ste. 1001, Albany, NY 12207. Purpose: any lawful activity. 74940 (D) (August 17, 2011)

LEGAL NOTICE
 Notice for publication, formation of Dan F Puckett Consulting, LLC Arts of Org. filed with Secy of State of NY (SSNY) on June 20, 2011. Office located in Albany County. The SSNY designated agent of LLC upon whom process may be served. SSNY shall mail process to the LLC's principal bus. location at Dan F Puckett Consulting, LLC, c/o Dan Puckett, 5 Dewberry Court, Gunderland, NY 12203. The purpose of LLC is any lawful activities. 74757 (D) (August 17, 2011)

LEGAL NOTICE
 Notice of Qualification of Whitehall Capital Markets LLC. Authority filed with Secy. of State of NY (SSNY) on 6/2/11. Office location: Albany County. LLC formed in Delaware (DE) on 5/12/11. SSNY designated as agent of

LEGAL NOTICE
LEGAL NOTICE
 STATE OF NEW YORK SUPREME COURT SCHE-NECTADY COUNTY AMERICAN TAX FUNDING, LLC, SUMMONS AND NOTICE Plaintiff, Index No. 2009-2360 VS. GEORGE HARRISON; JAMES L. BILLINGS, if living, or if he be dead, his wife, heirs-at-law, next of kin, distributees, executors, administrators, assignees, lienors, creditors, successors-in-interest and generally all persons having or claiming under, by or through JAMES L. BILLINGS, by purchase, inheritance, lien or otherwise of any right, title or interest in and to the premises described in the complaint herein, and all creditors thereof, and the respective wives, or widows of his, if any, all of whose names and addresses are unknown to plaintiff; ARROW FINANCIAL SERVICES, L.L.C.; NEW YORK STATE DEPARTMENT OF TAXATION AND FINANCE; UNITED STATES OF AMERICA and "JOHN DOE #1" THROUGH "JOHN DOE #100", Defendants. TO THE ABOVE NAMED DEFENDANTS: YOU ARE HEREBY SUMMONED to answer the Complaint in the above-entitled foreclosure action, and to serve a copy of your answer on the plaintiff's attorney within thirty (30) days after the service of this Summons, exclusive of the day of service or within thirty (30) days after completion of service where service is made in any other manner than by personal service within the State. The United States of America, if designated as a defendant in this action, may answer or appear within sixty (60) days of service hereof. In case of your failure to appear or answer, judgment will be taken against you by default for the relief demanded in the Complaint. Schenectady County is designated as the place of trial. The basis of venue is the location of the mortgaged premises. Dated: May 11, 2011 TO THE ABOVE NAMED DEFENDANTS: The foregoing summons is served upon you by publication, pursuant to an Order of Honorable Barry D. Kramer, a Justice of the Supreme Court, dated July 8, 2011, and filed with supporting papers in the Schenectady County Clerk's Office. This is an action to foreclose a tax lien covering the property known as 341 Hulett Street, City of Schenectady, New York and being a parcel of land designated as Tax Account No. 49.33-2-7. The relief sought is the sale of the subject property at public auction in satisfaction of the tax lien. In case of your failure to appear, judgment may be taken against you in the sum of \$7,410.09, together with interest, costs, disbursements and attorneys fees of this action, and directing the public sale of the property. Richard J. Evans, Jr. PHILLIPS LYTTLE LLP Attorneys for Plaintiff American Post Funding, LLC Office and Post Office Address 1400 First Federal Plaza Rochester, New York 14614 Tel. No. (585) 238-2000 74934 (D) (August 17, 2011)

LEGAL NOTICE
 Notice of Formation of DBD SOCIAL LLC. Arts. of Org. was filed with SSNY on 2/23/11. Office location: Albany County. SSNY designated as agent of LLC whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State St., Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. 74949 (D) (August 17, 2011)

LEGAL NOTICE
 Bette-Cring-Tug-Hill JV, LLC articles of organization filed with the Secretary of State of NY (SSNY) on 8/6/10. Office located in Albany County at 22 Century Hill Dr. #201, Latham, NY 12110. The SSNY has been designated as agent of the LLC upon whom service may be made and SSNY shall mail a copy of service to the office location. The character of the LLC is any lawful activity. 74950 (D) (August 17, 2011)

LEGAL NOTICE
 Olsen Medical Sales, LLC articles of organization filed with the Secretary of State of NY (SSNY) on 1/25/11. Office located in Albany County at 44 Mallard Rd, Glenmont, NY 12077. The SSNY has been designated as agent of the LLC upon whom service may be made and SSNY shall mail a copy of service to the office location. The character of the LLC is any lawful activity. 74951 (D) (August 17, 2011)

LEGAL NOTICE
 7 Lower Hudson Avenue, LLC articles of organization filed with the Secretary of State of NY (SSNY) on 4/8/11. Office located in Albany County at 65 Albany Ave, Green Island NY 12183. The SSNY has been designated as agent of the LLC upon whom service may be made and SSNY shall mail a copy of service to the office location. The character of the LLC is any lawful activity. 74952 (D) (August 17, 2011)

LEGAL NOTICE
 9 Hudson Avenue, LLC articles of organization filed with the Secretary of State of NY (SSNY) on 3/19/11. Office located in Albany County at 65 Albany Ave, Green Island NY 12183. The SSNY has been designated as agent of the LLC upon whom service may be made and SSNY shall mail a copy of service to the office location. The character of the LLC is any lawful activity. 74953 (D)

LEGAL NOTICE
 Notice of Qualification of Brickman Fund II RYE LLC. App. for Auth. filed with Secy. of State of NY (SSNY) on 7/26/11. Office location: Albany County. LLC formed in Delaware (DE) on 7/25/11. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Capitol Services, Inc., 1218 Central Ave., Ste. 100, Albany, NY 12205. DE

LEGAL NOTICE
 LLC upon whom process against it may be served. SSNY shall mail process to: Whitehall & Company LLC, 33 Lowell Terrace, Bloomfield, NJ 07003. Address to be maintained in DE: Harvard Business Services, Inc., 16192 Coastal Hwy, Lewes, DE 19958. Arts of Org. filed with the DE Secretary of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: any lawful activities. 74947 (D) (August 17, 2011)

LEGAL NOTICE
 Notice of Formation of DBD SOCIAL LLC. Arts. of Org. was filed with SSNY on 2/23/11. Office location: Albany County. SSNY designated as agent of LLC whom process against it may be served. SSNY shall mail process to: c/o The LLC, 46 State St., Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. 74949 (D) (August 17, 2011)

LEGAL NOTICE
 Bette-Cring-Tug-Hill JV, LLC articles of organization filed with the Secretary of State of NY (SSNY) on 8/6/10. Office located in Albany County at 22 Century Hill Dr. #201, Latham, NY 12110. The SSNY has been designated as agent of the LLC upon whom service may be made and SSNY shall mail a copy of service to the office location. The character of the LLC is any lawful activity. 74950 (D) (August 17, 2011)

LEGAL NOTICE
 Olsen Medical Sales, LLC articles of organization filed with the Secretary of State of NY (SSNY) on 1/25/11. Office located in Albany County at 44 Mallard Rd, Glenmont, NY 12077. The SSNY has been designated as agent of the LLC upon whom service may be made and SSNY shall mail a copy of service to the office location. The character of the LLC is any lawful activity. 74951 (D) (August 17, 2011)

LEGAL NOTICE
 7 Lower Hudson Avenue, LLC articles of organization filed with the Secretary of State of NY (SSNY) on 4/8/11. Office located in Albany County at 65 Albany Ave, Green Island NY 12183. The SSNY has been designated as agent of the LLC upon whom service may be made and SSNY shall mail a copy of service to the office location. The character of the LLC is any lawful activity. 74952 (D) (August 17, 2011)

LEGAL NOTICE
 9 Hudson Avenue, LLC articles of organization filed with the Secretary of State of NY (SSNY) on 3/19/11. Office located in Albany County at 65 Albany Ave, Green Island NY 12183. The SSNY has been designated as agent of the LLC upon whom service may be made and SSNY shall mail a copy of service to the office location. The character of the LLC is any lawful activity. 74953 (D)

LEGAL NOTICE
 (August 17, 2011)
LEGAL NOTICE
 63-65 James Street, LLC articles of organization filed with the Secretary of State of NY (SSNY) on 1/28/11. Office located in Albany County at 65 Albany Ave, Green Island NY 12183. The SSNY has been designated as agent of the LLC upon whom service may be made and SSNY shall mail a copy of service to the office location. The character of the LLC is any lawful activity. 74954 (D) (August 17, 2011)

LEGAL NOTICE
 37 Albany Avenue, LLC articles of organization filed with the Secretary of State of NY (SSNY) on 1/25/11. Office located in Albany County at 65 Albany Ave, Green Island NY 12183. The SSNY has been designated as agent of the LLC upon whom service may be made and SSNY shall mail a copy of service to the office location. The character of the LLC is any lawful activity. 74955 (D) (August 17, 2011)

LEGAL NOTICE
 15 Lower Hudson Avenue, LLC articles of organization filed with the Secretary of State of NY (SSNY) on 1/25/11. Office located in Albany County at 65 Albany Ave, Green Island NY 12183. The SSNY has been designated as agent of the LLC upon whom service may be made and SSNY shall mail a copy of service to the office location. The character of the LLC is any lawful activity. 74956 (D) (August 17, 2011)

LEGAL NOTICE
 35 Arch Street, LLC articles of organization filed with the Secretary of State of NY (SSNY) on 1/28/11. Office located in Albany County at 65 Albany Ave, Green Island NY 12183. The SSNY has been designated as agent of the LLC upon whom service may be made and SSNY shall mail a copy of service to the office location. The character of the LLC is any lawful activity. 74957 (D) (August 17, 2011)

LEGAL NOTICE
 7-9 Cannon Street, LLC articles of organization filed with the Secretary of State of NY (SSNY) on 4/8/11. Office located in Albany County at 65 Albany Ave, Green Island NY 12183. The SSNY has been designated as agent of the LLC upon whom service may be made and SSNY shall mail a copy of service to the office location. The character of the LLC is any lawful activity. 74958 (D) (August 17, 2011)

LEGAL NOTICE
 Notice of Qualification of BRICKMAN FUND II RYE LLC. App. for Auth. filed with Secy. of State of NY (SSNY) on 7/26/11. Office location: Albany County. LLC formed in Delaware (DE) on 7/25/11. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Capitol Services, Inc., 1218 Central Ave., Ste. 100, Albany, NY 12205. DE

Fall

(From Page 32)

dominated by the likes of Shen, Bethlehem and BH-BL over the last several seasons. Does that continue in 2011, or will teams such as Saratoga, Schalmont and Scotia-Glenville put an end to that dominance?

Speaking of dominance, no Section II girls volleyball team has come close to beating BH-BL in a long time. Still, one has to wonder when the Lady Spartans' undefeated streak ends and who could end it. Shen and Bethlehem both have very good programs in their own right.

On the boys' volleyball front, Bethlehem and BH-BL are ready to do battle

for Suburban Council and Sectional supremacy. The two teams split their regular season matches before Bethlehem bested BH-BL for the Class A championship. This year could offer more of the same between the two teams.

The cross country scene will look very much like last season. The Shaker boys and Saratoga Springs girls teams both return the bulk of their varsity runners, which will likely make them the favorites to repeat as Sectional champions in Class AA. The BH-BL boys and girls teams will be top contenders in Class A once again, while Voorheesville will look to regain its status as a Class C power.

One other intriguing storyline to follow is in girls

swimming where Shen and Niskayuna should battle each other for the Sectional title in Class A. Niskayuna edged Shen by one point for the team title in last year's Sectional meet – the closest margin ever. Will Niskayuna repeat as champions, or will Shen bounce back to reclaim the crown?

I'm sure there are numerous storylines that I haven't mentioned in this column. Those will appear as the fall season rolls along to its conclusion in November.

I could use your help in the search for those storylines, though. If you know of an area team that deserves a mention in our sports pages, drop me a line at jonasr@spotlightnews.com. I will do my best to

get their stories into the paper or online at www.spotlightnews.com.

Speaking of our Web site, I would like to make this offer to our area coaches, athletes and parents. We're looking for people to write blogs about their specific teams this fall. All we ask is that you keep your blogs respectful of other teams, since it's likely that your blogs will be read by people outside of your schools. If you're interested, e-mail me.

Finally as I've stated previously, I'm on Twitter, and I'll be sending regular tweets from every game that I'm covering. Follow me @jonas_spotlight for the latest news from Section II and beyond. I want to have 100 followers by the end of the fall season.

Guilderland begins pool play Friday

The Guilderland Babe Ruth 13-year-old division team will represent the Eastern New York region at the Babe Ruth World Series, which begins Friday at Clifton Common.

Guilderland begins the pool play portion of the tournament Friday at 4 p.m. against Jasper, Ind. Guilderland then plays Glen Allen, Va., Saturday and Atlantic Shore, N.J., Sunday. Both of those games begin at 8 p.m.

Guilderland concludes pool play next Tuesday, Aug. 23, against Tri-Valley, Cal., at 7:30 p.m.

The top three teams from each pool advance to the quarterfinal round next Wednesday, Aug. 24. The tournament concludes with the championship game Friday, Aug. 26.

Guilderland advanced to the Babe Ruth World Series by beating Niskayuna in the Eastern New York finals last month. Guilderland earned an automatic berth to the World Series since Eastern New York is the host region for the tournament.

Clifton Park also earned an automatic berth as the tournament's host.



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LEGAL NOTICE
address of LLC: 615 South DuPont Hwy., Dover, DE 19901. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: any lawful act or activity. 74959 (D) (August 17, 2011)

LEGAL NOTICE
Notice of Qualification of Cantina Laredo Syracuse L.P. App. for Auth. filed with Secy. of State of NY (SSNY) on 7/19/11. Office location: Albany County, LP formed in Delaware (DE) on 6/6/11. SSNY designated as agent of LP upon whom process against it may be served. SSNY shall mail process to: c/o Capitol Services, Inc. (CSI), 1218 Central Ave., Ste. 100, Albany, NY 12205. DE address of LP: CSI, 1218 Central Ave., Ste. 100, Albany, NY 12205. Name/address of each genl. ptr. available from SSNY. Cert. of LP filed with DE Secy. of State, 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: any lawful act or activity. 74960 (D) (August 17, 2011)

LEGAL NOTICE
Notice is hereby given that a license, number 2172121 for beer, liquor, and wine has been applied for by the undersigned* to sell beer, liquor, and wine at retail in a Tavern/Bar under the Alcoholic Beverage Control Law at (The Barrel Saloon LLC) 942 Broadway Albany, NY 12207 for on premise consumption The Barrel Saloon LLC 74961 (D) (August 17, 2011)

LEGAL NOTICE
SUMMONS WITH NOTICE ACTION FOR A DIVORCE CARMEN FRASER (Plaintiff) v. CLAUD P. BENNETT (Defendant)
Plaintiff resides at City of Rochester, County of Monroe
To the above named Defendant:
YOU ARE HEREBY SUMMONED to serve a notice of appearance, on the Plaintiff's Attorney(s) within 20 days after the service of this summons, exclusive of the day of service (or within 30 days after the service is complete if this summons is not personally delivered to you within the State of New York); and in case of your failure to appear, judgment will be taken against you by default of the relief demanded in the notice set forth below.
Signed: Attorney James McCann 9 Genesee Street Avon, NY 14414 585-226-2040
NOTICE: The nature of this action is to obtain a judgment of divorce dissolving the marriage between the parties on the grounds the relationship between husband and wife has broken down irretrievably for a period of at least six months.
The relief sought is: A judgement of absolute divorce in favor of the plaintiff dissolving forever the bonds of matrimony between the parties in this action. Custody of Zhane Bennett, Zackrie Bennett and Marquise Bennett Support for Zhane Bennett, Zackrie Bennett and Marquise Bennett Equitable distribution of marital property.
NOTICE OF AUTOMATIC ORDERS (D.R.L. 236) PURSUANT TO DOMES-

LEGAL NOTICE
TIC RELATIONS LAW 236 Part B, Section 2, as added by Chapter 72 of the Laws of 2009, both you and your spouse (the parties) are bound by the following **AUTOMATIC ORDERS**, which shall remain in full force and effect during the pendency of the action unless terminated, modified or amended by further order of the court or upon written agreement between the parties.
(1) Neither party shall sell, transfer, encumber, conceal, assign, remove or in any way dispose of, without the consent of the other party in writing, or by order of the court, any property (including, but not limited to, real estate, personal property, cash accounts, stocks, mutual funds, bank accounts, cars and boats) individually or jointly held by the parties, except in the usual course of business, for customary and usual household expenses or for reasonable attorney's fees in connection with this action.
(2) Neither party shall transfer, encumber, assign, remove, withdraw or in any way dispose of any tax deferred funds, stocks, or other assets held in any individual retirement accounts, 401k accounts, profit sharing plans, Keogh accounts, or any other pension or retirement account, and the parties shall further refrain from applying for or requesting the payment of retirement benefits of any kind, without the consent of the other party in writing, or upon further order of the court.
(3) Neither party shall incur unreasonable debts hereafter, including, but not limited to further borrowing against any credit line secured by the family residence, further encumbering any assets,

LEGAL NOTICE
or unreasonably using credit cards or cash advances against credit cards, except in the usual course of business or for customary or usual household expenses, or for reasonable attorney's fees in connection with this action.
(4) Neither party shall cause the other party or the children of the marriage to be removed from any existing medical, hospital and dental insurance coverage, and each party shall maintain the existing medical, hospital and dental insurance coverage in full force and effect.
(5) Neither party shall change the beneficiaries of any existing life insurance policies, and each party shall maintain the existing life insurance, automobile insurance, homeowners and renters insurance policies in full force and effect. 75088 (D) (August 17, 2011)

LEGAL NOTICE
Notice is hereby given that a license for beer, liquor and wine has been applied for by the undersigned to sell beer, liquor and wine at retail in a restaurant under the Alcoholic Beverage Control Law at 9 Prontage Road, Glenmont, Albany County, New York for on premises consumption. The 9W Milestone Corporation d/b/a Milestone Restaurant 75089 (D) (August 17, 2011)

LEGAL NOTICE
NOTICE OF FORMATION OF DOMESTIC LIMITED LIABILITY COMPANY. Name: Browntown, LLC. Articles of Organization filed with the Secretary of State

LEGAL NOTICE
of New York (SSNY) 07-22-2011. Purpose: to engage in any lawful act or activity. Office location: Albany County. SSNY is agent for process against the LLC and shall mail copy to Matthew P. Hoff, 68 Cambridge Drive, Glenmont, NY 12077. 75091 (D) (August 17, 2011)

LEGAL NOTICE
Notice of Formation of DELANEY VERO, PLLC. Arts. of Org. filed with the Secty of State of NY (SSNY) on 07.22.11. Office location, County of Albany. SSNY has been designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail process to: The PLLC, 73 Crescent Drive, Albany, NY 12208. Purpose: any lawful act. 75242 (D) (August 17, 2011)

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Notice of Formation Psychiatry Now PLLC Arts. of Org. filed with SSNY 8/3/2011. Off. Loc.: Albany Cnty. SSNY designated as agent of LLC whom process may be served. SSNY shall mail process to: c/o The LLC, 911 Central Ave., #101, Albany, NY 12206. Purpose: all lawful activities. 75243 (D) (August 17, 2011)

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LEGAL NOTICE
VOORHEESVILLE CENTRAL SCHOOL DISTRICT NOTICE TO TAXPAYERS FROM THE VOORHEESVILLE BOARD OF EDUCATION
For those taxpayers who are having their school taxes paid through an escrow account, the district recommends contacting your bank to ensure proper payment. However, if you receive the tax bill and you have an escrow account, it is your obligation to contact your bank. If you do not receive a tax bill and do not have an escrow account, please contact me. Deborah Baron School Tax Collector Voorheesville Central School 765-3313 ext. 103 75084 (D) (August 17, 2011)

LEGAL NOTICE
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LEGAL NOTICE
TRAL SCHOOL DISTRICT SCHOOL TAX COLLECTOR'S NOTICE
Notice is hereby given that I have received the tax list and warrant for the collection of school taxes in the Voorheesville Central School District. I will receive all taxes for a period of 61 days beginning September 1, 2011 at the place listed below. During the 30 day period from September 1, 2011 through September 30, 2011 inclusive, there will be no penalty charge for the collection of the tax. From October 1, 2011 through October 31, 2011, in accordance with Section 2130 of the Education Law and Section 1328 of the Real Property Tax Law, penalty will be charged at a rate of 2%. No collections will be accepted after October 31, 2011. Postmarks of October 31, 2011 will be accepted. Paying in Person: Paying by Mail: Make checks payable to: Voorheesville Central School District 432 New Salem Road, Voorheesville, NY Monday-Friday, 9 a.m. - 4 p.m. Voorheesville Central School District Tax Collector P.O. Box 201 Voorheesville, NY 12186 Voorheesville Central School District Deborah Baron SCHOOL TAX COLLECTOR Voorheesville, NY 12186 75085 (D) (August 17, 2011)

2011 football schedule

Bethlehem Eagles

- Week 1 — at Shenendehowa
- Week 2 — at Saratoga Springs
- Week 3 — at Christian Brothers Academy
- Week 4 — Ballston Spa
- Week 5 — Albany
- Week 6 — Columbia
- Week 7 — Guilderland

Guilderland Dutchmen

- Week 1 — at Ballston Spa
- Week 2 — Shenendehowa
- Week 3 — Saratoga Springs
- Week 4 — at Christian Brothers Academy
- Week 5 — at Colonie
- Week 6 — Albany
- Week 7 — at Bethlehem

Ravena-Coeymans-Selkirk Indians

- Week 1 — vs. Watertown (Carrier Dome)
- Week 2 — Johnstown
- Week 3 — at Ichabod Crane
- Week 4 — Cohoes
- Week 5 — at Hudson
- Week 6 — Highland
- Week 7 — at Albany Academy

Voorheesville Blackbirds

- Week 1 — Taconic Hills
- Week 2 — at Chatham
- Week 3 — at Watervliet
- Week 4 — Canajoharie
- Week 5 — Coxsackie-Athens
- Week 6 — at Fonda-Fultonville
- Week 7 — at Cairo-Durham

Mark

(From Page 32)

That performance capped a 2010 season that began with Stauffer making the Padres' opening day roster for the first time in his professional baseball career, but as a reliever instead of as a starter. Then, an appendectomy in May shelved Stauffer for more than a month.

"It was just unfortunate about the timing of [the appendectomy], but I got it fixed up and taken care of," said Stauffer.

Once he was fully healed, Stauffer returned to the bullpen where he re-settled into his role as a middle reliever. That lasted until Sept. 6 when he got to start against the Los Angeles Dodgers in San Diego. Stauffer pitched the first four innings and allowed one run on four hits in a 4-2 Padres' victory.

"It was a change for him," Rick said of his son's bullpen stint. "I think it was sort of a blessing in disguise because that was the first time he started the season with the [Padres]. Coming in from the bullpen helped him get over the mentality of dwelling over a loss because he knew he could come back in the next day. I think it really helped him to round into a major league player."

Stauffer's ascension to

the top of San Diego's rotation continued when he was named the opening day starter this season. He responded with a solid six-inning performance against the St. Louis Cardinals where he allowed only two runs in the Padres' 5-3 victory.

Stauffer's collection of pitches — including an effective slider — kept National League batters guessing through the next three months. By the middle of July, Stauffer had an ERA of 2.83 and a strikeout-to-walk ratio of 3:1.

Stauffer worked on his arsenal of pitches as early as high school, according to Saratoga Central Catholic coach Phonsej Lambert.

"He had a slider in high school, and he was developing a change-up," said Lambert. "A lot of the credit has to go to his father [Rick]. He and his father experimented a lot with his pitches."

"I was just playing around with some pitches and tried some different things [back then]," said Stauffer.

Stauffer was still in command of opposing hitters until he stepped on the mound in New York last Monday. He gave up lead-off home runs to Angel Pagan and Jason Bay in the first two innings, and then he allowed a two-run shot to David Wright as

San Diego fell behind 4-1 to the Mets.

Stauffer recovered from those early missteps, though. He retired 15 of the last 17 batters he faced, and he was in line for the victory when the Padres rallied for three runs in the seventh inning and four runs in the top of the eighth to take an 8-4 lead.

"I executed a little better," said Stauffer. "The mistakes I made early on, they took advantage of."

"He really settled down and made some nice adjustments, which was good because he could have given up after those early innings," said Lambert, who attended the game with Stauffer's family and several members of Saratoga Catholic's baseball family.

Unfortunately for Stauffer, the Padres' bullpen couldn't hold the lead. Set-up man Chad Qualls gave up two runs in the bottom of the eighth inning, and closer Heath Bell allowed three runs in the ninth — the last two coming on Lucas Duda's

game-winning single.

"Most of the time, the bullpen gets the job done," said Rick Stauffer. "It just didn't work out that way this time."

Stauffer's next chance to regain his form is Thursday, Aug. 18, when he is scheduled to pitch against the Florida Marlins. And knowing his son, Rick said Tim should have shrugged off his tough start against Cincinnati by then.

"One of the things that I see differently in Tim that I didn't see a couple of years ago is that he doesn't hang on a loss," said Rick. "He feels that he really belongs there and that he can compete at that level."

One thing is for certain: Tim Stauffer's days of being bounced between the majors and minors are over. He is now a Major League Baseball pitcher.

"He literally has learned how to pitch. So I think knowing the pitches that he has and knowing his confidence level, I think he can have a long career," said Rick.

Got sports news?

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E-mail Sports Editor Rob Jonas sports@spotlightnews.com or fax information to 439-0609.

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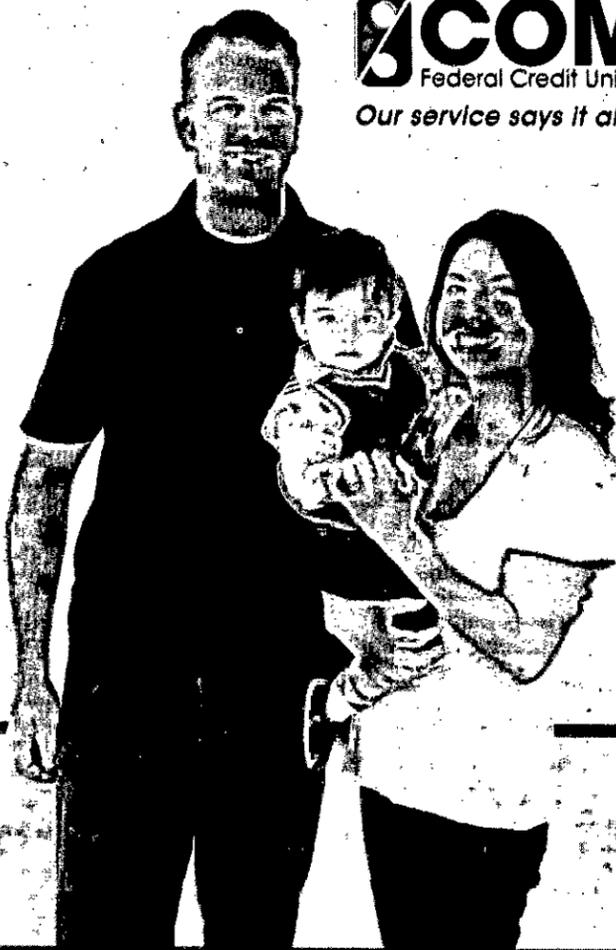
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Sports in the Spotlight



Saratoga Central Catholic graduate Tim Stauffer pitches during a San Diego Padres' home game against Arizona earlier this season. Stauffer owns a 7-9 record in his first full season as a starting pitcher, but his earned run average had been as low as 2.83 before a bad start Aug. 13 against Cincinnati raised it to over 3.50. *Scott Wachter/San Diego Padres*

Making his mark

Stauffer leads Padres' staff this season

By ROB JONAS
jonasr@spotlightnews.com

Saturday, Aug. 13, was not a good day for Tim Stauffer.

The San Diego Padres pitcher gave up five home runs in three innings of work in a 13-1 loss to the Cincinnati Reds at Great American Ballpark in Cincinnati.

In previous years, that performance might have earned the Saratoga Central Catholic graduate a ticket to Triple A. But this year, it's only an aberration.

Stauffer has turned out to be one of San Diego's top pitchers this season. Entering Saturday's game, Stauffer had a 7-8 record with a 3.06 earned run average. He went through a two-month stretch where his ERA was 1.97 — one of the best in the National League over that time span. At one point this season, he was tied with Cliff Lee for the seventh-best ERA in the league.

"I think it's being more aggressive in getting strikes this season," Stauffer said in a phone interview last Friday, one day before his start in Cincinnati.

Stauffer's record might have been better entering Saturday's game had his team given him better support. Stauffer had nine no decisions in his previous 24 starts, including two games where he left with the game scoreless after seven innings. His most recent no decision came

last Monday in New York when the Padres blew a four-run lead in the last two innings in a 9-8 loss. It was Stauffer's first start in New York City.

Stauffer's father, Rick, said that the win-loss record isn't as big of a concern to his son as all of his other statistics.

"I'm sure he'd like five or six of those losses or no decisions be wins, but I think some of those other stats [ERA, opponents' batting average, walks and hits per nine innings pitched] are more important to him," said Rick.

Stauffer's emergence as one of San Diego's top starting pitchers came during last year's pennant chase. From the beginning of September, Stauffer compiled a 3-2 record in seven starts including two key victories over eventual World Series champion San Francisco.

"It was a lot of fun," said Stauffer. "We were in the thick of [the National League West race], and every game was fun."

Stauffer's final start of 2010 was his most challenging. Pitching in front of a raucous San Francisco crowd anticipating their team's NL West championship-clinching victory, Stauffer limited the Giants to one run on three hits in 6.1 innings of work as San Diego pulled out a 4-2 victory.

"That atmosphere was as close as you can get to the playoffs," said Stauffer. "It was a lot of fun to go out there and pitch well to get the win."

□ Mark Page 31

Here comes fall — the fall sports season, that is

Did you feel that slight chill in the air Monday? It wasn't just the rain causing it.

Monday was the first day of practice for the fall varsity sports teams across Section II.

That's right. I said FALL varsity sports teams.

The images that phrase conjures are both exciting and sad. The excitement comes from watching a new crop of teenage athletes competing to the best of their abilities every game. The sadness comes from watching the summer fade away, leading to the inevitable cold and snow that winter brings to the Northeast.

In between, we get eight weeks of changing weather:

- At the start, there are late summer days that are warm and sunny and nights that are pleasant, if a bit cool

- As we get deeper into September, the warmth fades as the leaves begin to change color

From the **Sports Desk**



Rob Jonas

- By early October, the trees are full of color, but the days are noticeably shorter and the air is getting cooler

- Once the playoffs begin in late October, we're lucky if we see three days in a row of temperatures in the 60s, the leaves start falling from the trees and we start hearing the word "snow" being mentioned in national weather forecasts.

In the middle of that transformation, we watch our area's high school teams battle each other for the right to be called Section II champions in football, soccer, field hockey, golf, girls tennis, girls swimming, cross country and volleyball.

The Section II football season will be especially intriguing.

Defending Class AA champion Troy drops down to Class A this year, where it will have to battle three-time champion Burnt Hills-Ballston Lake for a Sectional crown.

Albany charter school Green Tech makes the leap to the varsity level as a Class A school, while Saratoga Central Catholic returns to the varsity level in Class D after not having enough players to field a team last season.

An odd number of teams in Class AA and Class A means crossovers between the two divisions this season. BH-BL has two such crossovers — Week 3 against Schenectady, and Week 4 against Shaker.

An odd number of Class B teams means crossovers with teams from outside of Section II. Ravena-Coeymans-Selkirk has two out-of-area teams on its schedule: Watertown (Week 1) and Highland (Week 6).

The Indians do get the honor — along with Cobleskill-Richmondville — of opening their season at Syracuse University's Carrier Dome, the site for the state football finals in late November.

The boys soccer season has its share of interesting storylines, too.

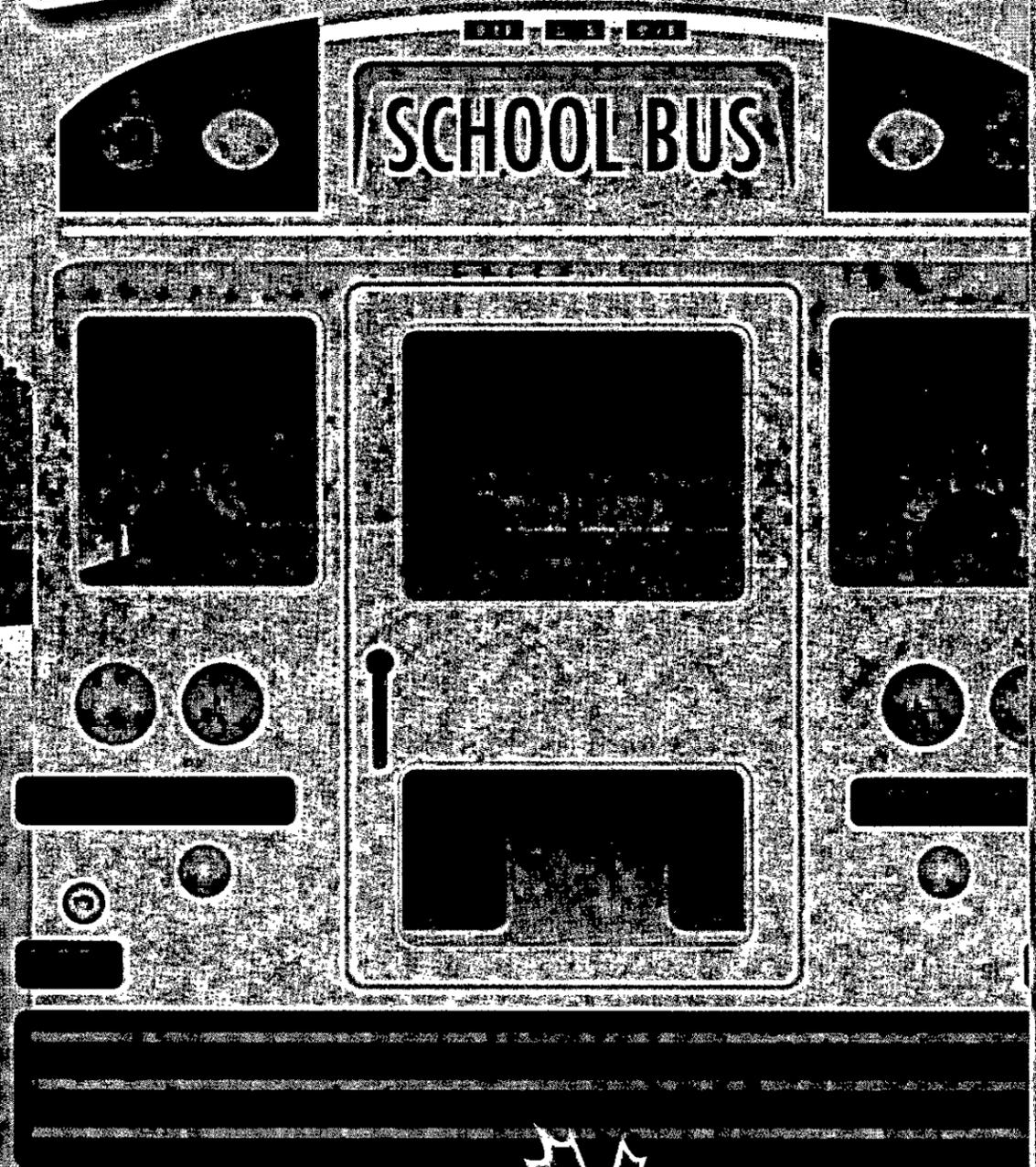
Following last year's rise to the top of the Class AA world, can the Saratoga Springs boys soccer team repeat as Section II champions, or will a traditional power such as Shenendehowa or Bethlehem claim the throne? Will Scotia-Glenville repeat in Class A, or will Mohonasen make a run at its third Sectional title in the last four years? And who will survive the crowded Class C field to win the championship?

The large school girls soccer world has been

□ Fall Page 30

August 17, 2011

Back-to-SCHOOL



Inside:

- Smart school shopping — page 5
- Pack a perfect lunch — page 7

A supplement to

The Capital District's Quality Weeklies
Spotlight
NEWSPAPERS
www.spotlightnews.com

POP SHOTS

School clothes shopping can really wear you out

I used to have anxiety dreams where I'm back in high school, dressed only in boxers and clown makeup and taking a Spanish test. This is absurd, because I took Italian in high school.

Now the school-related anxiety dreams I have are focused solely on my children and center on shopping for school clothes.

School shopping is a blood curdling endeavor, not only for the money it takes to get my 7-year-old son to a point where he can decently go out in public, but also for my son's questionable fashion sense.

Everything Kevin wants to wear to school has to have a skull on it. The jeans, the shirts, the hats and the sneakers have to be emblazoned with some skeletal visage. Now, I should note that Kevin is a pretty cheerful kid, relatively upbeat and enthusiastic.

What I'm saying is, the skulls just don't match his



by William R. DeVoe

personality. But he loves them just the same, and if I told him he needed to get a suit and tie for school, I bet he could lead me to the brightly lighted aisle in Target where skull-patterned business wear is displayed.

I have to commend my wife, though, for finding a particular brand of jeans that has a respectably sized skull inconspicuously placed on the back pocket.

Shoes are an entirely different set of troubles. My son grows out of shoes so rapidly you could mark time by them.

"What day this week did we have meatloaf?" I asked my wife, Jess, the other day.

"I think it was Tuesday," she said.

"Are you sure it wasn't Wednesday?" I ask.

"What day was Kevin a size 3?"

"Tuesday."

"Then it was Tuesday."

The bad thing about shoe shopping with Kevin is that he believes all of his previous shoes to be obsolete once we buy him new ones for school. This has led to a few arguments about his wanting to put on new sneakers to go out and play with the dog as soon as the shoes have come out of the box.

"No, Kev, use your old sneakers for that," I'll say.

"But my old sneakers won't work," he'll say.

"What do you mean,

they 'won't work?'"

"Well, if they worked, you wouldn't have gotten me new ones."

My younger son, Nathan, is easier to outfit. He'll be 3 years old about a month after Kevin starts second grade, and will wear at his birthday party most likely what Kevin wore at his.

Being second born is a raw deal when it comes

far, and second, you get a pair of parents who have just about used up their desire to have a picture-perfect looking little boy scampering about the house all the time.

An example: When Kevin was growing up, we did everything we could to ensure he always looked like he just stepped out of a J.C. Penny catalog. It was exhausting.

The novelty wears off with the second child. Nathan looks, at best, as though he stepped out of a Tractor Supply Co. catalogue. The other day I couldn't find a shirt to put on the poor kid, so I cut the crotch out of a pair of his gym shorts and pulled them over his head.

It doesn't help that the young ones are so cute you feel you can dress them in anything and they'll look fine.

Why is it I can put a burlap sack on my 3-year-

old son and it'll evoke the imagery of the lovable waif from "Annie" or "Oliver Twist," but if I do the same they throw me out of the supermarket?

At least with Nathan we have the solace of knowing that he's at the point in his life where he's going to have a blast playing regardless of how well he's dressed.

Kevin, on the other hand, will undoubtedly come to us about two weeks into the school year and say, "I need new clothes. Skulls are so stupid now."

And after we tell him in no uncertain terms to wear his jeans and like it, he'll walk away and mutter, "And my shoes are tight, too."

The writer is the managing editor of Spotlight Newspapers. This column originally appeared in Capital District Parent Pages. You can e-mail him at devoew@spotlightnews.com and read more of his columns on his blog at spotlightnews.com.



to clothing. First off, you get whatever hand-me-downs survived your older sibling's slovenly and vomitous life thus

Tips to help prepare your children for the school year

Summer vacation will end soon, which means the school bell will soon ring. Your kids probably have mixed feelings about going back to school - excitement to see friends and participate in fun school activities again, and dread that the lazy hours of summer are almost over.

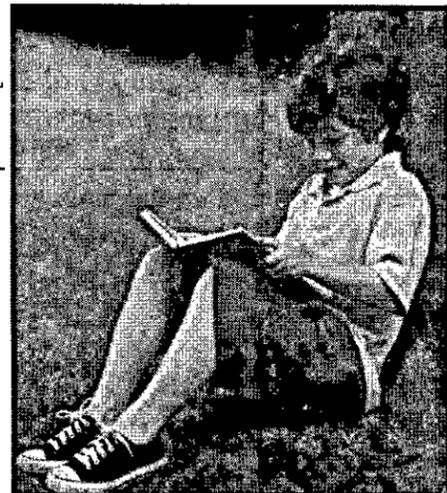
Whether they're ready for it or not, getting kids prepared for the school year doesn't have to be a lot of work. Here are some tips to help find the best deals on supplies and prepare them for the first day back:

- Tackle the school supply list early. Review everything you already have on hand, and then create a list of the materials your children need for the entire year. Take advantage of back-to-school sales and coupons, and don't be afraid to shop online. A site like CouponHeaven.com consolidates thousands of online coupons and discounts in one easy-to-use place. You can find coupon codes for everything from kids clothing to the pencils and folders they'll need for classes.
- Exercise their brains.

Studies have shown brain drain frequently happens during the summer months, causing kids to have to relearn material when they return to school in the fall. If you haven't encouraged your children to keep their brains active with reading, mind puzzles and other fun mental exercises this summer, start now to help them get a jumpstart before classes begin.

- Plan social activities. It's been a long summer, and your children have plenty of stories to share with their friends. Help ease kids into the school

Before you know it, you'll be packing lunch boxes and backpacks and kissing your children goodbye as they board the bus or enter the school building.



Whether they're ready for it or not, getting kids prepared for the school year doesn't have to be a lot of work.

year in by organizing social activities with your children's fellow classmates. Make sure you take them to meet the teacher before the first day of class.

- Set a school day schedule. Start waking the family up earlier in the mornings - especially if you

have older children who like to sleep in. Establishing a school day schedule before the year starts will help everyone manage the first day rush and chaos with less stress and anxiety.

Before you know it, you'll be packing lunch

boxes and backpacks and kissing your children goodbye as they board the bus or enter the school building. But you'll know that you've done everything you can to prepare them well for the first day back at school.

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Taking time to be together will improve communication and create more meaningful family time.

Create and preserve back-to-school memories

It's back-to-school time again, which means new teachers, new classrooms and new routines. As the long summer days are coming to an end, fall schedules start and families get back into the swing of the school year. To help kids make the transition, it's important to create a healthy balance of school duties and family time, while maintaining the summer energy and fun.

Here are some tips to help your family create and preserve cherished memories during this back-to-school season.

Digitally preserve school memories

School artwork, important documents and first day photos are special reminders of your child's time spent in school. Keeping physical copies of these items can be cumbersome, with fragile pieces of artwork often ending up damaged or lost.

- Skip storing items in a dusty basement box and create a digital scrapbook the whole family can enjoy.
- Preserve special memories by taking photos of your kids' artwork and uploading the images to a CD or flash drive with other important documents and photos.
- Create digital scrapbooks or online photo albums, a fun activity that makes these items easily accessible for out-of-town family.
- Involve the whole family to inspire imagination and create lasting memories.

School artwork, important documents and first day photos are special reminders of your child's time spent in school. Keeping physical copies of these items can be cumbersome, with fragile pieces of artwork often ending up damaged or lost.

Create musical moments

Master morning chores, homework assignments and after-school errands with the help of family-friendly playlists.

- Create an upbeat playlist to help get kids through the morning routine of brushing teeth, eating breakfast and getting out the door.
- Lullabies and classical music have been known to help people absorb more information and de-stress.
- Use music to support after-school study sessions and keep kids on task.
- Make car time fun by letting your kids pick the playlist.
- Let them include some favorite sing-along tunes to help travel time fly by.

Schedule time for family

It's easy for family moments to get lost in the shuffle of everyday routines. Just as you would schedule a practice or work meeting, consider scheduling regular family time.

- Choose any type of game (video, board, sports) that is team-oriented to bring the family together.
- Turn daily chores into

preserve lasting memories. The Memorex Signature Audio Series offers six stylish iPod and iPhone



compatible audio products to help families groove together. The Memorex line of video game accessories will reinvent your family game night.

Five time-saving tips to get ready for school

Summer trips are wrapping up and kids are counting down the days until they have to go back to school. With many parents weighed down by worries about escalating back-to-school costs, brushing up on tips and tricks for making the summer-to-school transition smoother will be helpful for the entire family.

In fact, a recent survey by Bing and Impulse found that 52 percent of parents are the most concerned with the price of school supplies. To save time, money, and lighten up the mood, try implementing these tips from Lisa Gurry, a past recipient of Working Mother Magazine's Mom of the Year award.

"These simple tricks can make the back-to-school transition go from stressful to stress-free," Gurry says.

- **Shop early:** Schools often provide a long and daunting list of required school supplies. Don't try to buy everything in one day. Rather, be open to grabbing items you see on sale while out and about throughout the summer. Use local coupon-finding tools, like Bing for Mobile

organized: Reduce the amount of time you spend running around the house looking for the keys, backpack, and lunch boxes by picking a location for each item. Try leaving your keys in the fridge with your lunchbox so you'll never forget the lunch again.

- **Pack a healthy lunch and freeze a few dinners:** Make sure to pack healthy lunches for your children that will help protect their immune systems and energy levels during the new transition. Great lunch options include chicken wraps and strawberry and cream cheese sandwiches. Another great idea is to prepare a few healthy dinners in advance and freeze them so you'll have one less thing to worry about. Check out Bing.com for healthy dinner recipes like chicken noodle soup.

- **Get advice:** Don't forget to use your network of friends to find the best deals. Share your shopping list with your friends using Bing Shopping and get advice from your trusted friends about what they think are the best purchases.

- **Routines rule:** Nothing causes more stress or confusion than an inconsistent schedule. Create a schedule early on and make sure you stick to it. Try to re-establish the bedtime and mealtime routines at least one week before school starts to prepare your children in advance.

Going back to school doesn't have to be a stressful experience. With a few simple tips, you can make back-to-school transition more efficient, less of a hassle and even easier on your wallet.

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Creative projects to avoid the back-to-school blues

Transitioning from sunny afternoons at the pool to long days in a classroom isn't easy for some children, especially when it's still nice outside. But if you involve your kids in a few simple projects that stimulate learning and creativity, you can get them excited about the new school year.

"Most kids love to express their creativity, and what better way than to get them involved in projects that make learning fun," says Angie Stinner, Rust-Oleum design expert and blogger. "There are lots of easy, inexpensive projects parents and children can do together that can prepare them for the routine of homework and make them look forward to going back to school."

Here are three fun project ideas that can

help ease your child into the new school year.

All around the world

Create a blank chalkboard globe to challenge their geography knowledge. Purchase a used globe at your local thrift store, from an online retailer like Amazon or



eBay, or use one you already have in your home. Paint the surface using chalkboard paint, which comes in a variety of colors - like traditional black, purple and periwinkle.

Double the fun by letting your kids select the color. After it's dry, give them some chalk and ask them to draw the continents. You can alter the difficulty level for younger children by drawing in a continent or two as a starting point. They'll love showing you how much they already know and will actually look forward to learning more.

Create a homework hot spot

If it's a daily struggle to get your kids to sit down and focus on homework, why not upcycle an old desk or table to create a designated homework hot spot? They'll love creating their very own "office" to get their schoolwork done.

Rejuvenate an old wood desk or table with an easy-to-use wood stain. Finish their "new" wood desk or



Make your child's space homework ready by using some chalkboard paint to spruce up a dull wall.

table with a durable finish for a homework hotspot that will last for years.

If the old desk or table is metal, wicker or plastic, you can make it look brand new with spray paint.

Help keep them organized

To keep schoolwork organized, put a file

cabinet in your kids' room to file their A-plus work and other important papers. Instead of using stickers to label what's in each drawer, paint the cabinet with a chalkboard paint or dry erase paint. You can write directly on the surface so the file cabinet can also serve

as a calendar, message board or to-do list. It also gives your kids a place to write down homework assignments so they can easily keep track of when they are due.

Visit Facebook.com/Paintideas for additional inspiring and creative "back to school" projects.

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HESC: Helping New York students pay for college

As high school seniors prepare to explore colleges this fall, they, along with their parents, may be wondering: How do I pay for college?

The New York State Higher Education Services Corporation (HESC), the state's student financial aid agency, is the place for college financing information.

At HESC.org you'll find resources for:

- College and Career Planning, such as a High School Calendar; Resources for Exploring NY's Colleges; Help in Choosing a College; and Support in Choosing a Career and Course of Study (College Board and Mapping Your Future).

- Paying For College, such as Grants, Scholarships and Awards; New York's Tuition Assistance Program; Federal Loans, Private Loans, and Smart Borrowing Strategies; Calculators to Illustrate the Cost of College; and Guidelines for Applying for Financial Aid.

- Student Financial Aid Portals, such as FAFSA; TAP Application; and NYHELPS Application.

HESC's programs and services help hundreds of thousands of New York State students and their families plan for college and careers, learn about available financial aid, apply for aid, determine eligibility for federal and state grants, scholarships and loans, and more.

HESC's flagship, need-based college grant program, the Tuition Assistance Program (TAP), helps eligible New York residents pay tuition at approved colleges throughout New York State, with annual awards of up to \$5,000 depending on the academic year in which you begin study. Because TAP is a grant, it does not have to be paid back. Last year, TAP provided \$901 million in grants to more than 3398,000 New York



State students.

New York's new State-sponsored loan program, the New York Higher Education Loan Program (NYHELPS), makes fixed-rate education loans available to eligible New York State students and families to help fill the gap between college costs and financial aid.

Before college, while in school and even after graduation, HESC.org has the tools and information you need to achieve your dream of a college degree.

S.M.A.R.T. back-to-school shopping

Family Features

School supply lists seem to get longer each year, and when you have more than one child to shop for, it can really add up. So it's no surprise that just about everyone is looking for ways to shop smarter.

In the most recent Back-to-School Shopping Forecast survey from PriceGrabber, 95 percent of shoppers will be using money-saving techniques to get school supplies this year. The survey also found that:

- 69 percent will shop online or use comparison shopping websites.
- 52 percent plan to spend as much as they did last year, while 35 percent say they'll spend less.

• 55 percent will spread the cost of purchases over a longer period of time.

When you're ready to stock up on backpacks, notebooks and an endless supply of pens, use these tips to help you be a smart back-to-school shopper:

S - Streamline your shopping

- Instead of driving all over town to get what you need, get as much as you can at one-stop-shops such as Office Depot. Picking up school supplies and classroom supplies - such as tissues, disinfectant wipes, etc. - saves you time and hassle. And it keeps you out of frustrating traffic.

- Check the store's website before you go - make sure it will have the supplies you need so you don't waste time looking for something that's not there. If what you need isn't in-store, consider ordering online.

M - Make a list

- Work with your child to craft your shopping list before hitting



Taking a little time to do your homework now will help you save time and money on school supplies when you're ready to start shopping.

Photo courtesy of Getty Images

the stores.

- Many retailers work with local PTAs and school districts to secure back-to-school shopping lists, making it easy to find exactly what your child needs.

- Take an extra pen with you and have your child check off supplies as you get them.

A - Ads and alerts

- To help you save money, pay attention to the weekly ad inserts in your local newspaper. Combining sale prices with coupons saves you even more. Keep an eye out for super savings, such as Office Depot's Penny Savers, when you can find many core supplies on sale for just a penny.

- You can also sign up for special deal alerts through retailers' websites and Facebook pages, giving you the scoop on extra savings.

- If you want to avoid overfilling your email inbox, set up a separate email account just for retail alerts.

R - Rewards and rebates

- Many retailers have rewards programs that let you

in on extra savings.

- Some retailers also have programs that help you earn school supplies for your school. For example, during the back to school season, parents and teachers can give back to communities through Office Depot's "5% Back to Schools" program, in which 5 percent of purchases goes, in the form of a credit, to a designated school to use towards supplies.

- To take advantage of rebates, check manufacturer websites as well as retailer websites for the latest ways to get money back.

T - Technology tips

- Keep your computers up to date with the latest virus and malware protection.

- If your child will be doing online research for homework, you can put some parental controls in place to protect your child - check out Google SafeSearch, AOL Parent Controls or ATT Smart Controls, or with your current Internet provider.

- You can see user and professional reviews of parental control software at www.consumersearch.com.

Fund your college dream.

New York State-sponsored, fixed-rate student loans

New York State resident college students and their parents now have access to NYHELPS, a fixed-rate higher education loan program.

If, after you have maximized all State, federal and institutional aid for which you are eligible, you need additional funds to fill the gap between college costs and available student aid, NYHELPS may be a solution for you.

Compared to variable-rate private education loans, NYHELPS can save you money over the life of your loan.

■ Rates are 7.55%, 8.25% and 8.75%, depending on the repayment plan.*

*APR ranges from 8.78% to 11.19%, depending on repayment plan and default fee.



HESC.org/nyhelps



Turning trash into treasure

Local students learn about the benefits of recycling through TerraCycle program

By Diana Lee

For TerraCycle, non-recyclable trash presents a wealth of opportunities. The New Jersey-based business turns waste that is difficult to recycle — such as Capri Sun pouches, Lay's potato chip bags and Starburst wrappers — into functional products that can be bought at stores across the country. And Capital District children are playing a part in the company's success.

TerraCycle is the brainchild of Tom Szaky, who originally started the business in his Princeton dorm room as an organic fertilizer company. He noticed that his friends had plants that were growing really well with worm-casting-based fertilizer.

"He started thinking about it," said company

spokeswoman Lauren Taylor, "and sort of made the connection that these worms eat garbage, and that's how they produce waste, which is so beneficial to plants. ... He just kind of ran with it."

After launching his fertilizer, Szaky began selling other products as he sought to widen his impact on

two cents to donate to the charity or school of their choice.

TerraCycle is now spreading its influence to the Capital District.

Last September, Parent-Teacher Association Vice President Kristin Smeltzer introduced the Drink Pouch Brigade to Watervliet Elementary after reading about it online. Students collected thousands of Minute Maid, Kool-Aid, and Capri Sun juice pouches, which were then packaged and shipped at no cost to the school to TerraCycle. Watervliet Elementary has so far raised \$271.88, which translates into 13,594 juice pouches collected.

Mohonasen Central School District's Bratt Primary School also began the Drink Pouch Brigade in the fall of 2009. Danielle Audette, a member of Bratt Primary School's Parent-Teacher Organization, suggested the program to the organization's president



Student "brigades" collect certain types of waste, such as bottles or potato chip bags, and send them back to TerraCycle to be turned into usable products. For every item collected, people receive two cents to donate to the charity or school of their choice.

after seeing some of TerraCycle's products and researching it online. The PTO sent fliers home about the program in October. Soon, pouches were being collected in classrooms by teachers and students, and then emptied into a main bin for Audette to pick up.

"It's been a joint effort," she said.

Bratt Primary School has collected 11,353 juice pouches for a total of \$227.06 raised.

At Watervliet Elementary, students from kindergarten to sixth grade participated in the Brigade. Each week, Smeltzer's husband would collect the juice pouches from the cafeteria and classrooms. Smeltzer would then go through them, removing the straws, cleaning off any residual glue, reattaching the plastic straw wrapper onto the pouch, and removing as much of the juice as possible.

Parents would often stop to tell her about the environmental lessons

"I think the kids were excited about it. On average, 3,000 pouches were collected every three weeks. There was a lot of involvement."

their kids were learning from TerraCycle.

"People would tell me that if their kids saw [juice pouches] thrown away, they would take them out of the garbage," Smeltzer laughed.

Audette agrees that there are benefits to the program.

"I think the kids were excited about it. On average, 3,000 pouches were collected every three weeks. There was a lot of involvement," she said.

TerraCycle tries to make the Brigades easy to implement by paying for shipping and providing labels that the schools can print out.

"Submission was

a piece of cake," said Smeltzer. "We didn't have to pay for anything."

Last September, Watervliet Elementary's Environmental Club took over the Brigade.

"I'm not sure whether to be happy or sad," Smeltzer laughed.

TerraCycle's products can be found major retailers such as The Home Depot, Wal-Mart, Kmart, Target, OfficeMax and Petco, as well as at independent stores across the country. For more information on how to get involved, visit www.terracycle.net.

This story originally ran in Capital District Parent Pages.



the environment. He came up with the idea of "brigades," in which people collect certain types of waste, such as bottles or potato chip bags, and send them back to TerraCycle to be turned into usable products. For every item collected, people receive

Feed your kids the Arts. Involvement in the arts helps kids increase test scores and get better grades. For 10 Simple Ways to get more art into your child's life, visit AmericansForTheArts.org.

Local schools with TerraCycle Brigades

The following schools are signed on to "upcycle" through the TerraCycle program.

In Albany County

- Westmere Elementary
- Delaware Community School
- The Spotted Zebra Learning Center
- Eagle Point Elementary
- Knox Nursery School
- Watervliet Elementary

• Robert C Parker School

In Saratoga County

- Dorothy Nolan School
- St. Mary's School
- Mechanicville Public Schools

In Schenectady County

- Van Antwerp Middle School
- Iroquois Middle School
- NRC Nursery School
- Central Park Magnet School
- Paige Elementary
- Jefferson Elementary
- Bratt Primary School
- Pinewood Intermediate School

In Rensselaer County

- Troy
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- Sacred Heart School
- St. Augustine School
- Turnpike Elementary
- Poestenkill Elementary School
- West Sand Lake Elementary

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Beyond the brown bag

Local parents think outside the lunchbox to come up with healthy and fun meal ideas

By Jennifer Farnsworth

It seems parents are always looking for new ways to make bag lunches more exciting for their little scholars because, next to gym class, lunchtime is often their favorite part of the school day.

Whether it's Mom, Dad or Grandma making the meal, the options for a successful brown-bag lunch have increased dramatically since the days of Wonder bread and peanut butter and jelly.

Sometimes, it's as simple as the packaging. There are now specialized containers, wraps, character water bottles and even designer sandwich bags that can give that plain old PB&J some pizzazz.

Savvy parents know that you don't have to spend a lot to pack a healthy but cool lunch.

One area mom said she has switched from bread to tortilla wraps to make a simple sandwich a standout.

Kim Liguori, a Rexford mom of three, said taking a healthy whole-wheat wrap and filling it with her daughters' favorite fixings is always a winner.

Liguori recommends the Cedars brand whole-wheat version "with anything on them - peanut butter and jelly, turkey, and lettuce and tomato."

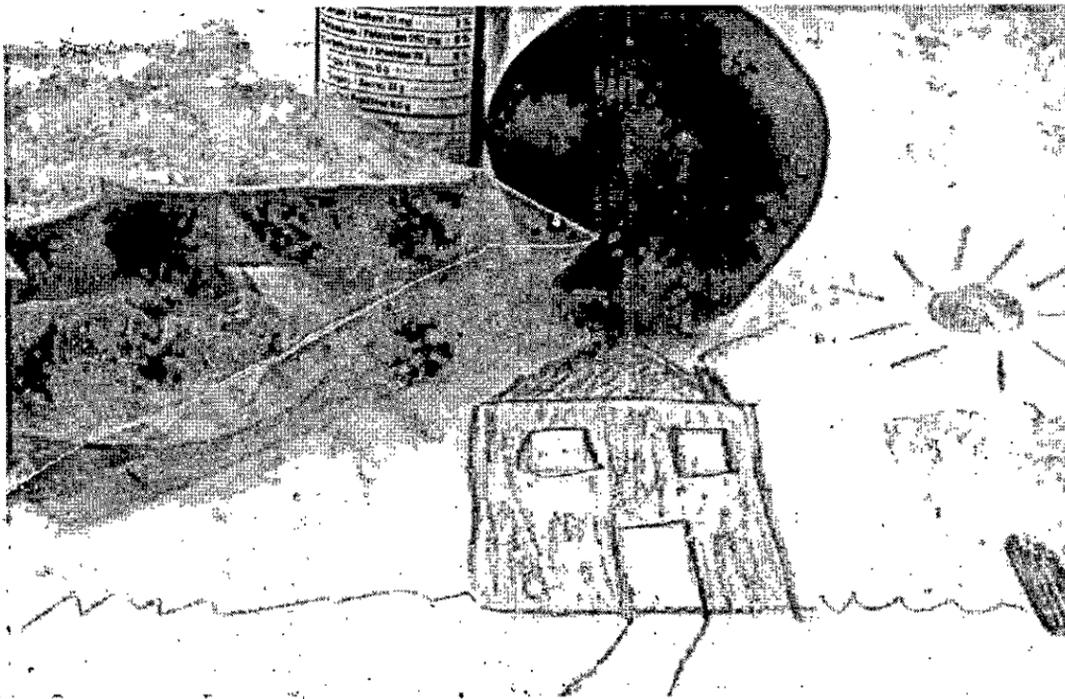
But, Liguori said, the simple standbys work just as well.

"Lots of days, our girls just yell at me, 'Cheese wrap!'" she said.

Another area mom likes to pack peanut butter crackers, keeping some of the crackers plain and in a separate container. Heather Tice of Schodack said that trick gives her boys the opportunity to put their food together before eating it.

This is a useful technique when packing for picky eaters who like to know exactly what they are eating. It also can be used to help avoid the "soggy sandwich syndrome" that happens when busy parents put together a packed lunch the night before.

Tice said she also likes to use a round cookie cutter in the middle of the sandwich.



One way to make sure kids actually give those dips, wraps, yogurts and cheese a second look is through artful presentation - a key component.

Tice said that dips like ranch and hummus are also a huge hit with her boys. She said tossing an ice pack into the lunchbox along with dip and fresh veggies such as baby carrots is good way to get kids to eat something healthy. She also said adding variety

keeps lunches from getting boring, and her boys actually look forward to seeing what she has packed that day.

"My Jared only eats a jelly sandwich, which gets boring, so I try yogurt, carrots with dip or hummus, a cheese stick, fruit, applesauce, fruit, pretzels and soup," said Tice.

One way to

make sure kids actually give those dips, wraps, yogurts and cheese a second look is through artful presentation - a key component.

This part of the packed lunch has come a long way from the metal lunch boxes

For the more dexterous set, something warm on a cold winter day can be comforting, and parents can find kid-sized thermoses in the camping section of sporting goods stores like Dick's.

of generations past. Now there are reusable bags, containers, bacteria-free bags, snack bags, mini-water bottles and, of course, juice boxes. A great online source for lunch bag items is happy-sacks.com. Check the dollar bin sections of stores such as Target and Wal-mart for a variety of lunch items, including ones that can be thrown in the dishwasher.

Lisa Jordan of Rotterdam said a tactic she uses to encourage her boys to eat their lunches is to allow them to buy a meal at school one day a week.

"It works as an incentive and gives them the freedom to pick that one day a week that they want to buy lunch in school," said Jordan, adding that the quality of what they are buying has improved over the years.

Soup and macaroni and

cheese in a thermos may be popular but are perhaps best-suited for older kids. Keep in mind all the helping hands that would be needed to make that meal a success for kindergarteners still learning their way around a lunchroom.

For the more dexterous set, something warm on a cold winter day can be comforting, and parents can find kid-sized thermoses in the camping section of sporting goods stores like Dick's.

One last idea: Tuck a day-brightening note in your child's lunch bag. School days can sometimes be long and tough for kids, so make their lunches a bright spot in their day, and some day, they will thank you for it.

This article originally appeared in Capital District Parent Pages.



She said it is a quick trick for taking of the crusts, creating a kid-sized portion, and making the sandwich more fun. She said the Web site www.pbslices.com is an excellent resource for bagged lunch ideas.

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Ten dorm room must-haves

As teens get ready to head off to college, chances are you'll hear more discussion about what to pack than what courses to take. Striking a balance between bringing the essentials for living on one's own and fitting it all into a dorm room not much bigger than a walk-in closet, can be daunting.

"The best strategy is to travel with the necessities, and then order additional items once you've checked out the lay of the land," says Ginny Bean, founder of Ginny's catalog and Ginnys.com. "In many dorms, for instance, students have access to a communal microwave and television, so these popular items may not be necessities. Incoming students may also want to wait and see what their roommates have."

The top 10 dorm room must-haves, according to Bean, who has two college-aged sons of her own, are:

- Coffee maker: Long nights of studying have turned many incoming freshman into coffee drinkers. For any student who doesn't want to walk to the corner coffee shop whenever she gets tired, a coffee maker is pretty much an essential.
- Alarm-clock radio/CD player: What coffee can't accomplish, an alarm clock must. With space at a premium, combo items are wonderfully practical. And since most dorm policies

prohibit playing a large stereo at full volume, a smaller unit is perfect.

• Laundry hamper: Wheeled hampers are great for lugging heavy clothes back and forth from the laundry room. In addition to storing dirty clothes, a hamper can double as a storage space or an impromptu end table.

• Shelves or closet organizer: Few students have ever found enough room in their dorm dresser to hold all their sweaters, jeans and other bulky items. Shelving units and shoe racks can provide a lot of extra storage space and help curb the urge to use the dorm room floor as a second closet. Another nice invention is the door-mounted jewelry organizer which takes up less space than a jewelry box, and has lots of hooks for keeping necklaces, bracelets, scarves and other accessories handy and tangle-free.

• Rolling storage cart: A cart with drawers is great for holding all those awkward-to-store items: sheets, hair styling tools, hats and gloves, even food. And, since it has wheels, it can easily be moved out of the way or positioned to use as a temporary writing surface or nightstand.

• Fan: Even if a dorm room has air-conditioning, it may not be reliable. A free-standing or window fan is a good backup.

• Stocked toolbox:



Striking a balance between bringing the essentials for living on one's own and fitting it all into a dorm room not much bigger than a walk-in closet, can be daunting.

There's no more borrowing dad's tool kit when you're away from home. At minimum, a college toolbox should contain the dorm life survival essentials: a regular and Phillips-head screwdriver, hammer, nails, screws and wrench. Having some putty or spackle to repair walls at the end of the year can be key to saving deposit money.

• Dishes for two: Even if a student has a meal plan, he'll want dishes in his dorm room for snacks, take-out and eating on the run. Remember forks, knives, spoons, plates, bowls, cups and mugs. And don't forget the can opener.

• Sheets and towels: Check with the college

housing office for the correct sheet size to buy for the mattress, and always include a pillow.



• Sandals - Anybody who's ever shared a public bathroom will understand how important these are.

-ARA content

Back to school with CAP COM

By Paula A. Stopera

The writer is president and CEO of CAP COM.

CAP COM Federal Credit Union Member Eva Sweet recently told to me, "CAP COM gives back. Their programs support families and schools. As a parent, I believe that's important."

It was great feedback from a local mom with a daughter in college. The comment confirmed that CAP COM is more. With unique programs such as School Banking and College Bound, we are helping Capital Region families make smart choices, from grade school through college.

CAP COM today features 11 convenient branch locations, from Albany to Clifton Park to Glens Falls. CAP COM offers a range of personal banking tools and financial services

including Checking Accounts, Mortgages and great Youth Programs. Our new School Banking Program teaches kids to save by making deposits at school. School Banking includes just under 60 partner schools in the Capital Region. And, we're making it easy to get your young School Banker started with a new Youth Account. Call us at 458-2195 or send an e-mail to schoolbanking@capcomfcu.org to learn more about the program and our school partners.

After you set up a new Youth Account, your child can start earning up to \$70 per year with our Great Grades and Reading Programs, two of our most popular programs. Kids can earn \$3 deposits for book summaries and drawings, as well as \$10 deposits for each of

The benefits of our Youth Accounts only get better after high school. Our VISA Debit Card and Young Adult Checking Accounts provide free access to cash from any ATM on campus or around the world.

four report cards in a school year. I've seen the programs inspire kids from age 4 to 17 to read and get good grades.

The benefits of our Youth Accounts only get better after high school. Our VISA Debit Card and Young Adult Checking Accounts provide free access to cash from any ATM on campus or around the world. Teens 15 and older can get a CAP COM VISA Debit Card. And, they can use their smartphones with our Mobile Banking Apps to manage their account.

College student and CAP COM Member Hailey Steed recently told us, "CAP COM is more affordable. With my Young Adult Checking Account, I don't pay ATM fees - even when I'm away at college."

Yet, navigating your college journey requires more than just free ATMs. That's why we created a College Bound Program to help parents and teens plan for college. From choosing the right college to completing FAFSA financial aid forms to building a smart financing plan, our College Specialists will be with you every step of the way. CAP COM will reimburse members with a Young Adult Checking Account (ages 15-22) for any ATM surcharge or foreign transaction fee. Members ages 15-17 must have a parent or guardian as a joint owner.

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