

Woman indicted in fatal crash

Three women were killed in front of Voorheesville church

Page 4



Putting her own twist on things

Christine Ramundo of Guilderland couldn't pass up the opportunity to own her own ice cream ship when Highbridge Twist in Rotterdam was for sale. See Page 16.



Plane fun

The Empire State Aerosciences Museum will celebrate National Aviation Day with a number of activities and exhibits on Saturday, Aug. 18.

See Page 20.



Club catches on

Less than nine months after it started, the Bethlehem Tri Club has approximately 150 members and continues to grow.

See Page 32.

INDEX

Editorial Pages 6-7
Sports 30-32
Entertainment 20-21
Classifieds 26-27
Crossword 21
Legals 28-29

The Spotlight (USPS 396-630) is published each Wednesday by Community Media Group LLC, 125 Adams St., Delmar, N.Y. 12054. Postage paid at Delmar, N.Y., and at additional mailing offices. Postmaster: send address changes to The Spotlight, P.O. Box 100, Delmar, N.Y. 12054. Subscription rates: Albany County, one year \$30, two years \$55. Out-of-County, one year \$40, two years \$73. Subscriptions are not refundable.



THE SPOTLIGHT \$1.00

Woman indicted in fatal crash

Three women were killed in front of Voorheesville church

Page 4

THE

Spotlight

VOLUME LV NUMBER 33

www.spotlightnews.com

Serving Bethlehem, New Scotland & Guilderland

\$1.00 AUGUST 15, 2012



Speed thrills

Altamont Fair to mark ride's upstate NY debut

By MARCY VELTE
veltem@spotlightnews.com

Last year, thrill seekers got their rush from the rotating, pendulum ride "The Stinger" at the Altamont Fair. This year, Rick Reithoffer will provide another exclusive experience.

Called "Speed" and classified as an ultimate thrill ride, two giant arms on a pendulum take riders 140 feet into the air as four riders on each arm rotate 360 degrees. The machine's 13 revolutions per minute then accelerates the G-force on riders, making them feel as if they're in a free fall.

"If you liked The Stinger, you will like Speed," said Reithoffer. "My son says it is the baddest ride we have in our arsenal."

The ride is produced by a Dutch company and is very popular overseas, but in North America the only way to experience Speed is through Reithoffer's 116-year-old family business.

□ Speed Page 27



A new ride called "Speed," above, is expected to be a hit at the Altamont Fair this year, along with a petting zoo featuring giraffes and other animals.

Submitted photos

Town talks cuts

Attrition said to be key to balancing budget while keeping services

By CHARLES WIFF
wiffc@spotlightnews.com

If there's one thing Bethlehem leaders agree on, it is the town's staffing levels won't be going up anytime soon.

That was the takeaway from a Wednesday, Aug. 8, meeting of the Town Board at which a long list of potential cuts were discussed, though no specific decisions were made. Also included in the list were breakdowns of the average salaries and benefits costs of town employees.

"Most of the major savings here tie in to personnel," said Supervisor John Clarkson, who is scheduled to present his tentative budget next month. "Most of the money I think we will save going forward ... is taking advantage of staff attrition."

That could include recent retirements in the police department, where the average officer collects a \$90,000 annual salary (including overtime) and costs the town an additional \$34,000 in benefits and payroll taxes. Two line officers, a sergeant and two detectives have recently retired.

One way a detective slot could be left open would be to end the DARE program at Bethlehem Central — that officer could then be reassigned from the schools. Clarkson said he's already approached BC Superintendent

□ Town Page 29

BCSD seeks feedback on borrowing

District needs money to upgrade facilities

By MARCY VELTE
veltem@spotlightnews.com

The Bethlehem Central school board is asking the public to weigh in on borrowing the needed funds for district-wide facilities upgrades.

According to a five-year plan developed by the district in 2011, about \$9.1 million of upgrades are suggested over 10 years to fix the infrastructure of buildings, upgrade water and lighting fixtures and replace aging equipment. About another \$4 million would

be needed to make expansive athletic facilities improvements and I.T. system upgrades.

"We have educational needs and infrastructure needs that have been deferred for far too long," said Superintendent Thomas Douglas. "Even with the previous bond issues (in 2003), it still wasn't covering the constant deferment of repairs."

BC Operations and Maintenance Director Gregg Nolte said the main concern is protecting the structural integrity of each of the district's 11 facilities and 22 out-buildings and ensuring the health and safety of students and staff.

The department has identified repairs needed to the roofs at Slingerlands and

Glenmont Elementary Schools, as well as the high school, with façade and masonry repairs needed at the middle school. Nolte estimates \$20,000 a year is spent on patching the roofs.

"If we don't ever want to come to another \$93 million bond again, we need to have some type of plan so that when equipment begins to fail or infrastructure starts to exceed its expected life, we can go in and replace and not do it on an emergency basis," said Nolte.

District officials said the previous bond has been paid off and all of the money was used to upgrade the district's facilities to allow for growing enrollment numbers. With the expansions completed, other upgrade projects

□ Seeks Page 27

The forest for the trees

Kids can take ownership of the outdoors with Adopt-a-Forest program

By MARCY VELTE
veltem@spotlightnews.com

In today's expanding digital world, children are finding it less interesting to spend time in the great outdoors.

In an effort to instill an appreciation of nature in youths of the new millennium, the Mohawk Hudson Land Conservancy has developed a program to allow children their own space out in the woods.

"There's evidence that nature does kids a lot of good in multiple aspects of their lives," said Jill Knapp, executive director of MHLC. "We've found many kids, especially from urban areas, aren't growing up with these experiences in the outdoors, and we want to change that."

The program is called Adopt-a-Forest Lot, and it works by lending children and their families a parcel of land within the MHLC preserves. The children can clean up the space and use it to plant a garden or build a fort. They could also leave it be and use the parcel to interact with nature and the environment.

"The point is for them to play, and work and enjoy the small parcel as if it was their own," Knapp said. "So much now children are forced to look but not touch. This will be a totally different experience for many of them."

The Conservancy received a \$6,500 grant through the Land Trust Alliance in partnership with the Department of Environmental Conservation earlier in the year. The group then reached out to local schools, mostly in the Albany and Troy area, hoping to drum up interest. So far, few have asked about the program.

This seems funny to Knapp, since the program would be a unique learning experience for students. The group also has the means to pay for busing students, so it would be a good opportunity for schools to use as a field trip when many district have tight budget concerns.

Few parents have contacted the group about the program.

"A lot of parents are scared to let children out in woods and it's a shame," Knapp said.

The parcels would be within the Normans Kill and Schiffendecker preserves in Bethlehem. Knapp said she knows last year there were concerns about poison ivy and

the increase in ticks within the area, but the group hired people to safely control the invasive plants and pests.

The hope is to eventually use some of the funds to place cameras in certain areas of the preserve so students can see what kinds of creatures visit their parcel when no one is there.

The program is open to youth groups, community organization, schools, families and adults. All children must be accompanied by an adult, and an adult from each group must attend a short orientation. Campfires, hunting and trapping, and overnight camping are not permitted.

The hope is groups will



A group of youths clean up parcels of land at the Mohawk Hudson Land Conservancy's Schiffendecker Preserve in Bethlehem through the group's Adopt-a-Forest Lot program.

Submitted photos

"contribute to creating a healthy environment in their local community" and increase awareness and vigilance of invasive species, while developing new skills and "exploring career options in the natural resources."

"We want children to learn to explore the world around them," said Knapp.

Any group or family from throughout the Capital District is welcome to join. To learn more, visit www.mohawkhudson.org or call 436-6346.

ATM: Cleveland, OH




Even this one!

We'll refund any bank's ATM fees anywhere in the U.S.!

All 425,000 ATMs in the U.S. are free with Pinnacle Checking.

Imagine the convenience of being able to use any ATM anywhere in the country for free. And that's just one of the benefits of our Pinnacle Checking. Even when other banks charge you ATM fees, we'll refund them automatically. So go ahead. Use any ATM for free. From the most convenient...to the most unusual.

To learn more, visit any First Niagara branch or EveryATMFree.com.



FIRST NIAGARA

First Niagara Bank, N.A. MEMBER FDIC

*Includes unlimited free transactions at domestic (U.S. & Canada) non-First Niagara ATMs and unlimited rebates of domestic non-First Niagara ATM surcharges. Rebates are credited at end of each statement cycle.

TICKETS ON SALE SATURDAY, AUGUST 18 AT 10AM

"A SUPER HIT!" —NY Post

"DAZZLING!" —Associated Press

Disney and CAMERON MACKINTOSH present

MARY POPPINS

THE HIT BROADWAY MUSICAL

OCT 2-7 at PROCTORS

518.346.6204 proctors.org 432 State St Schenectady, NY

Key Private Bank BROADWAY SERIES MVP STEWART'S SHOPS STS STEEL, INC.



Fun at the farmers market

The Capital District Farmers Market in Menands was bustling at *The Spotlight's* fourth annual Family Day Saturday, Aug. 11. In addition to ample fresh local produce and baked goods, Family Day featured tractor wagon rides, pedal cars for kids to race on, pet adoptions with Mohawk & Hudson River Humane Society, coloring stations, as well as some great raffle giveaways. New this year was music by acoustic duo Cass & Emma.

Submitted photos



www.Spotlightnews.com



Little Eagles Child Care
the right start will let Little Eagles soar

"Miss Robin" Austin-Conrow
Director/Provider

Located in the BC School District
30 Bellevue Street
Selkirk, NY 12158

littleeagleschildcare@yahoo.com 518-915-1141

LICENSED AND ENROLLING! AGES 6 WEEKS – 12 YEARS



Concerned About Energy Costs?

The Icynene Insulation System by **North East Spray Foam.**
INSIST ON IT!

1.888.472.2774
4A Vatrano Drive • Albany, NY
7 Rocky Ridge • Warrensburg, NY
www.northeastsprayfoam.com

CLEARANCE SALE!

Now up to **50% off** Select Items

Quality for Less! **PURPLE ROSE CONSIGNMENT**

New & Used Women's Clothing and Accessories

BUY \$25.....SAVE \$5
BUY \$50.....SAVE \$10
MUST BRING THIS AD FOR DISCOUNT

2557 Hamburg Street, Schenectady, 982-0237
Hours: Tues.-Fri. 10-6; Sat. 11-5



Sterling silver charms from \$25

PANDORA™ STORE
Crossgates Mall • Albany
518.452.9170

PANDORA®
UNFORGETTABLE MOMENTS

U.S. Pat. No. 7,007,507 • © 2012 Pandora Jewelry, LLC • All rights reserved • PANDORA.NET

Police Blotter

Driver in V’ville triple fatality indicted

Case called one of the most ‘tragic and complex’ of county’s history

By MARCY VELTE
veltem@spotlightnews.com

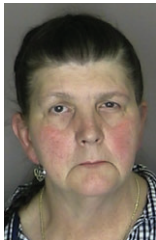
The driver in last year’s car crash outside a Voorheesville church that killed three was indicted by an Albany County Grand Jury on Wednesday, Aug. 8.

The Albany County District Attorney’s Office said LuAnn Burgess, 55, was charged with felony aggravated vehicular homicide, vehicular manslaughter and three counts of criminally negligent homicide. The charges were leveled nearly one year after the crash took place. She will also be charged with misdemeanor counts of reckless driving and driving while ability impaired by the combined influence of drugs, along with other traffic violations.

“The Grand Jury’s decision was the final piece to the nearly yearlong investigation by this office into one of the most tragic and complex motor vehicle crashes in this county’s history,” said Albany County District Attorney David Soares in a statement. “The investigation leading up to this presentation required the cooperation and coordination of multiple agencies, both local and out of state.”

On Aug. 10, 2011, Burgess

was dropping off her 6-year-old son at Voorheesville Elementary School and began to head east on Mountainview Street towards home, according to then Albany County Acting Sheriff Craig Apple. According to police, her flip-flop sandal fell off near the gas pedal, leading her to lose control of the SUV and strike three elderly women standing in front of St. Matthews Roman Catholic Church.



LuAnn Burgess

It was later discovered through a round of toxicology reports that Burgess allegedly had several medications in her system at the time of the crash that were being used to treat an illness. The District Attorney’s Office

did not go into detail about how the presence of those drugs will play into the case against Burgess.

“As this is an open case, our office is not legally able to discuss the specific results of any testing that contributed to the charges in the indictment,” said Albany County DA spokeswoman Cecilia Lounge.

The three women standing outside the church were Carol Lansing, 66, of Green Island, Rosmarie Hume, 79, of Waterford and Frances C. Pallozzi, 89, of Waterford. They were a part of

the Empire State Volkspotters, a group of nearly 50 hikers in the Capital District who Apple had said would normally walk in that area on Wednesdays. They were waiting for a friend who had stopped into the church to go to the bathroom when the car careened across the church lawn and struck them.

Attorneys Larry Rosen and Cheryl Coleman, who are both representing Burgess, released a statement on the indictment and said they do not feel Burgess will be convicted.

“We do not believe that Ms. Burgess committed any crimes. A tragic accident occurred a year ago and it was an accident, not a crime,” it read in part.

The District Attorney’s Office called the investigation “exhaustive” and said the charges are the result of “countless man hours dedicated to witness interviews, collision investigation and reconstruction analysis, toxicology inquiry and exploration, and a thorough assessment of potential legal matters associated with the presentation of this case to a Grand Jury.”

“This Office appreciates the families’ understanding during what can only be considered an extremely trying process and hopes that the Grand Jury’s decision today brings them some sense of closure,” said Soares in a statement.

Burgess was released on her own recognizance.

Delmar man guilty in sex chat case

A Delmar man pleaded guilty to making hundreds of phone calls to a sex chat line while as his state job, according to the Albany County District Attorney’s Office.

Edward Reilly, 52, pleaded guilty in Albany City Court on Friday, Aug. 10, to one count of petit larceny, a misdemeanor. Reilly is said to have made several



Edward Reilly

hundred calls to a sex chat line while on duty at the state Department of Environmental Conservation between 2005 and 2010. It is estimated the calls cost the state more than \$20,000.

Reilly presented the court with a check to compensate for the calls. He then received a conditional discharge from his position after pleading guilty to the crime.

“Ensuring that the State was made whole and securing a resignation of

this defendant from a state position was a priority in this case,” said DA David Soares.

Other arrests

• A Delmar woman was arrested on welfare fraud charges following an investigation by the Albany County Sheriff’s Office.

Police said Gladys VanDyke, 29, of 278 Hudson Ave. was charged for allegedly collecting \$2,315 in benefits from the Department of Social Security illegally after she didn’t report the correct household income.

VanDyke was charge with grand larceny in the fourth degree, welfare fraud in the fourth degree, and offering a false instrument in the first degree, all felonies.

Gladys VanDyke

A Cohoes woman, ☐ Blotter Page 29

Who Gave Arthur His Jump Shot Back?

The Answer is Albany Med.

Every day, our expert pediatric heart care team helps children lead fuller, happier lives.

From simple heart care to the most advanced,

THE ANSWER IS ALBANY MED.

Albany Medical Center

KNOWN FOR OUR EXPERTISE.
CHOSEN FOR OUR CARE.

www.amc.edu/heart

A healthy dose of ocean therapy

By CAROLINE BARRETT

As I write this, my family is packed snugly in our car, and we are heading home, driving over the bridge that separates Cape Cod from the rest of Massachusetts. All are quiet and tired. The sun and the ocean have worn us out.

Every year, right around March, I start to feel it. I long to see the ocean. I just need to see it once, each year. I need to stand on the beach of Cape Cod bay at low tide and look out over the expanse of beach, smell the ocean air and feel the sand between my toes. I love that feeling.

So just to satisfy my need to see the ocean, we packed it up and headed out to the Cape. This year, we planned on camping out for three nights, spending two glorious days on the beach. I planned it all out, considering which beaches we would hit, what we'd eat for dinner and even what book I'd read once there.

I planned for us to spend the first day on the bay. As very young people, my children spent many happy hours at the bay. They built elaborate sand castles and filled every space with hermit crabs. Bucket in hand, we walk out as far as we can go, what feels like miles, until we find the edge of the ocean. They love to hear the story of Elliot, just over a year old, big hat strapped around his chin, had something in his mouth. I used a

finger to try to scoop it out, but he wouldn't budge. Finally, he spit out a terrified hermit crab.

After the exploring and the sandcastles were done, it was time to do what I most love to do on the beach: read. The book I brought was perfect, I thought: Geraldine Brooks's new novel, "Caleb's Crossing." It the story of a young Puritan girl living on Martha's Vineyard in the 1600s. She befriends a Wampanoag boy who becomes the first Native American to graduate from Harvard College. I couldn't wait to dig into this rich historical story.

Flopping down on my towel, I dug in my bag for the book. Funny, I didn't feel it. I pulled out Elliot's goggles, Lucy's magazine and Zoe's bag of chips. Paul's New York Post was there. It seemed I remembered something for everyone. Except I had forgotten my book. I was so sad. Paul offered to get it, to walk the 2 mile distance back to the campsite. No, I thanked him. I could survive. For awhile I watched the clouds. Then I swam in the warm water with my kids. I thought about my book but tried not to pout. Elliot walked down the beach with me, stopping every foot or so to pick up a rock. The afternoon was lovely. Just without a book.

That night, we cooked up a big piece of fresh cod in our cast iron skillet. It was simply prepared with a bit of lemon and

Our Daily Plate

Caroline Barrett



a shake of salt. I warmed tortillas over the fire to wrap the fish in, and we chopped tomatoes to put on top. I declared it the best meal I've ever had and everyone smiled. Yeah, I say that a lot.

After dinner I thought about crawling into the tent with my book and flashlight. Instead I sat with my family, idly talking by the fire. I'm so glad I did. We played word games and told stories. Elliot did an imitation of our cat acting like our dog that made me snort with laughter.

The next morning, Zoe and I made coffee and pancakes topped with fresh peaches. My kids happily ate that and what they had begged for: Strawberry Pop-Tarts. Then, we packed it up headed to the ocean side of the Cape.

We arrived, set up our umbrella, laid out towels and I tried to cover all exposed skin with sunscreen. Impatiently, they let me. Coated with 50, they raced to the ocean, boogie boards under arms. I settled in my chair. My book was waiting.

You can probably guess how it turned out. In the bag was all the stuff I'd packed for everyone else. And no book. It was on the other side of the Cape, still tucked in next to my pillow and sleeping bag. Right where I left it. I took it better that day, sighing

When it was time to go, I didn't want to. I was reminded of how it felt to be a little girl, one who didn't want to leave the water on the last day of vacation. I knew I'd have to say goodbye and wouldn't see the ocean again for a year. A year always seems so long.

and pulling myself up from the sand. There would be no 17th century story of people who lived so close to where I sat. Instead there were popsicles, horseshoe crabs and a current to ride. Elliot watched for sharks while we played, endlessly, in the sand and waves. He kept a keen eye but didn't spot a shark, not even one.

When it was time to go, I didn't want to. I was reminded of how it felt to be a little girl, one who didn't want to leave the water on the last day of vacation. I knew I'd have to say goodbye and wouldn't see the ocean

Fresh ocean cod with tomatoes and lemon

serves 5 generously

- 1 ½ lb. fresh cod
- 1 large ripe tomato, cored and chopped
- olive oil
- juice of 1 lemon
- sea salt
- black pepper
- 1 handful chives, chopped fine

Light a grill to medium heat. Rinse fillets and pat dry with a paper towel. Season generously with salt and pepper. Place on the foil and bring the edges up so any liquid doesn't run off. Cover the fish with the tomato, a drizzle of olive oil, the lemon juice and the chives. Place another piece of foil over top and seal all around. Place the aluminum foil packet directly on the grill and cook for 7 minutes. Peek into the fish, using a fork to test for doneness. When the fish flakes in the center, it is done. Serve hot, scooping the juices over each serving. Excellent with sweet summer corn and a green salad.

again for a year. A year always seems so long.

Next morning we were in the car, Paul taking us back to Albany. I was satisfied, calm and riding my post-ocean-holiday-high. Though the miles stretched between me and the ocean waves, I could hear them in my head, over and over.

I miss the ocean while I'm away from it. Next year, we'll go back. It will be there waiting as it always is; the waves, the crabs and all the soft,

warm sand. We'll bring our cooler and our toys and boogie boards. The book? Maybe I'll bring my book. The truth is, I really didn't miss it, anyway.

Caroline Barrett is the mother of three food loving children and the wife of one grateful husband. They live together with their menagerie of pets in the Hudson Valley. Follow their adventures on her blog, www.ourdailyplate.com.

3.10%*

Net Annualized Yield

* Subject to change

Are you getting this on *your* investments?

Our families who've set up *pre-need burial trusts* are...

AND also enjoying the peace of mind that their final arrangements are complete and fully guaranteed *with...*

DeMarco-Stone Funeral Home

1605 Helderberg Ave. • Schenectady 355-5770

5216 Western Turnpike, Rt. 20 • Guilderland 356-5925

Call for details, or to set up a no pressure, no obligation consultation at our home or yours.

Put your life back together...
WIN YOUR CASE

Terence P. O'Connor, Esq.

Dennis A. First, Esq.

O'CONNOR • O'CONNOR
BRESEE • FIRST PC

ATTORNEYS AND COUNSELORS AT LAW
20 CORPORATE WOODS BLVD., ALBANY
(518) 465-0400
www.personalinjuryalbany.com

Auto Accidents • Construction Accidents • Catastrophic Injuries
Wrongful Deaths • Workplace Injuries
There are no fees unless we win your case or reach settlement.

A more energy-efficient home or apartment

Free. (really, free.)

What are you waiting for?

For income-eligible residents, EmPower New York offers improved insulation, reduced drafts, and upgraded lighting and appliances—for free.

55,000 of your neighbors have already done it. Now it's your turn to lower your energy bills and keep more money in your pocket.

It's a no-brainer.

EmPower New York

A better life begins at home.

» Learn more: 1-800-263-0960
visit: nyserdera.ny.gov/empower

* You may be eligible for EmPower if you are eligible for HEAP benefits, participate in a utility payment assistance program, or have household income below 60% of the state median income.

Energy. Innovation. Solutions.

Matters of Opinion in The Spotlight

What’s on your plate?

For years, parents have generally had two options when it comes to lunch for their school-going children: pack it every morning day in and day out, or let junior eat whatever the federal government deemed adequate to provide nourishment.

Some schools got it right, but quite often meals were either unpalatable messes of Grade F frozen mash or something so greasy and unhealthy the kids were bound to love it.

Parents with the brown bag blues might want to reassess school lunch this year, because this season a new set of federal school meal guidelines go into effect.

The new regulations change the codes from 15 years ago, and amazingly look a lot like something a common sense-minded person might come up with. They establish limits on sodium and trans fats and require schools to serve more fresh fruits and vegetables. Some schools will be cutting in half the number of chicken nuggets in a meal, for example, and replacing those calories with fresh fruits (canned stuff is either limited or banned). We’re lovin’ it™.

These new rules could hardly be more needed. It is undeniable at this point obesity is a major threat to this nation, with two out of every three Americans either overweight or obese. Today, the average American adult male weighs 195 lbs, an increase of about 25 lbs compared to 1960. Heart disease, which is often brought about by unhealthy lifestyle, has surpassed cancer as the No. 1 cause of death for people in this country.

It turns out our kids take after us. In 2008, 20 percent of children ages 6 to 11 were considered obese, double the percentage from two decades ago. A full third of adolescents are either overweight or obese. For the first time in our history, it is looking less likely our children will live longer than we do. Many leading health experts, including the surgeon general, have called childhood obesity an epidemic — a decade ago.

So the new nutritional guidelines are not only welcome, they’re like a lifeline thrown to a drowning swimmer. But that lifeline is thin and tenuous. It could break if we do not meet it with our own actions.

From what schools have told us and information collected anecdotally, the caveat in these new regulations is most students don’t have to buy into the meals. In many districts, students in middle school or high school are offered a whole host of a la carte options. In these age groups, students may well skip the apple and go for French fries. And for younger students, food from home might be healthy, or it might not.

This is the dirty truth when it comes to any effort to control the obesity problem: it rests on personal choice. It might very well take an entire generation lost to sloth and bad diet to shake us of it.

One healthy meal a day is a wonderful thing, but it will not cancel out an unhealthy lifestyle lived the rest of the day. Parents could do well to take a page from the menus at these schools and assess what lessons are being taught at home when it comes to nutrition and exercise.

Never has the old saying “An apple a day...” rang so true.

Editorial

Stay connected through stories

This article originally appeared in the August issue of Capital District Pages.

An old Norwegian saying wisely tells us, “It is the duty of the present to convey the voices of the past to the ears of the future.”

Once upon a summer night, a mother putting her children to bed suddenly changed course and declared there would be no bedtime book read. The mother, whisking a blanket off the bed, ordered the children to follow her. The children lined up like ducklings behind their mother, and together through the house and out the door they marched. Outside in the summer night air, the mother flung the blanket on the ground and the children instinctively sat down wondering what would come next. Without even a hint of whining, they had successfully escaped their beds and that annoying stream of light that always came through the window at summer bedtimes. As their mother began to tell them a story from a familiar fairytale, they could hardly believe their good fortune. There they were, outside at night, on a comfy blanket, listening to a story and staring at the sky as they invented illustrations in their heads to match their mother’s voice.

After that, once a week throughout the summer, the children were treated to outdoor storytelling at bedtime. The stories changed each time, sometimes made up, sometimes retellings from favorite books, and sometimes true stories about the children themselves when they were babies. On one particular summer night, with the whole family assembled on the storytelling blanket, the parents shared some awesome true stories of their naughty misdeeds when they were young. The children liked those stories best of all. With the parents as the model storytellers, the children learned the art of storytelling and grew up to

Point of View

pass on the same stories to a future generation.

Storytelling is the art of conveying a tale through voice and gestures. It is not the same experience as reading a story, reciting from memory or acting out a play. The more you tell stories, the better you will become.

Try different techniques to enhance your stories. Alliteration uses several words in a row starting with the same letter such as “Sammy the snake slithered.” Repeating the same key phrase or chant will give your story a sense of rhythm. Creatively using your facial expressions accompanied with other body language will convey the mood. Change it up and use a variety in word choices and fluctuate the tone of your voice to match what you are saying. Eventually you will develop your own style of colorful language that paints pictures in the listeners’ minds, and the storytelling experience will be emotional and meaningful for you, as well as for your listeners.

As we have become more dependent on technology to share our thoughts and ideas, telling a story forces us to reflect on what we want to say and to rely on our own verbal skills to articulate those reflections. There are so many reasons why this practice is as educational as it is entertaining. Storytelling exposes children to language beyond their reading ability, gets them excited about learning something new, helps them to remember important details, teaches them the value of oral history, reinforces the skill of making mental pictures and encourages reading while it enriches writing.

Its value doesn’t stop

What’s your point?

The Spotlight welcomes longer opinion pieces for the Point of View section.

Do you have a hobby or cause you feel passionate about? We’d love to share it with our readers.

Do you have information you think others would benefit from hearing about? Let us know.

Point of View submissions should be around 700 words and can be submitted via email to news@spotlightnews.com with “POV” in the subject line.



there. Parents can wisely use storytelling to teach valuable lessons. For example, tell a cautionary tale to help your child predict natural consequences to inappropriate behaviors. Another twist on how to teach character through storytelling is to use an actual event of misbehavior. Have your child tell the story of what happened up to the point where the misstep occurred and allow your child to change the ending to create a happy and more satisfying conclusion.

A famous author once said, “After nourishment, shelter and companionship, stories are the thing we need most in the world.”

Felicia Bordick and her colleagues, Carol Smith and Joyce Thomas, are authors of “Kitchen Table Time: Recipes for School Success.” Please feel free to contact Felicia Bordick with comments, questions, or suggestions at kitchentabletime@gmail.com.

For the latest news on your community, visit

www.Spotlightnews.com

Publisher — John A. McIntyre Jr.



Editorial Paginator — Jackie Domin

Sports Editor — Rob Jonas

Reporters — John Purcell, Julie Cushine-Rigg, Marcy Velte

Editor — Charles Wiff

Design/Niche Editor – Kristen Roberts

Art Director — David Abbott

National Sales Manager — Cyndi Robinson

Legals/Classifieds/Business Directory — Jennifer Deforge, Dee Basemore

Advertising Representatives — Nancy Dvorscak, Susan O'Donnell, Carol Sheldon, Rob Tallman

Graphic Design — Martha Eriksen, Kevin Whitney

Distribution Manager — Evelyn Necroto

PHONE: (518) 439-4949 • FAX: (518) 439-0609

P.O. Box 100, 125 Adams St., Delmar 12054

OFFICE HOURS: 8:30 a.m. to 5 p.m., Monday to Friday

NEWS: news@spotlightnews.com

SPORTS: sports@spotlightnews.com

NOTICES: milestones@spotlightnews.com

ADVERTISING: advertise@spotlightnews.com

CLASSIFIEDS: classified@spotlightnews.com

SUBSCRIPTIONS: circulation@spotlightnews.com



ONLINE AT WWW.SPOTLIGHTNEWS.COM



Weekly poll

Will new school lunch guidelines change how kids eat?

Log on to www.spotlightnews.com to cast your vote.

Last week’s poll results:

“Trader Joe’s: foodie paradise or overhyped supermarket?”

- Foodies paradise 32%
- Overhyped supermarket 68%

The mission of Community Media Group LLC is to be a vibrant, trustworthy and indispensable source of news connecting and strengthening our readers in the unique communities we serve. We adhere to a philosophy that high-quality community newspapers, specialty publications and online products will build value for our readers, clients, shareholders and employees.

The Spotlight
(Bethlehem, New Scotland, Guilderland)
Colonie Spotlight
Loudonville Spotlight
Capital District Parent Pages
Senior Spotlight

Niskayuna Spotlight
Rotterdam Spotlight
Scotia-Glenville Spotlight
Clifton Park-Halfmoon Spotlight
Saratoga Springs, Milton, Burnt Hills, Malta Spotlight
www.spotlightnews.com

Your Opinion in The Spotlight

Reinhardt represents changing tides

Editor, *The Spotlight*:
On Primary Day, Thursday, September 13th, Bethlehem's Democratic voters will have a choice to continue the change that is happening in their Party, or step back to old style politics. Bill Reinhardt is the Town Board candidate who will continue the process of positive change.

For Bethlehem to be the best local government anywhere we need leaders that will put excellence in public service first and foremost. That means to set and follow a clear course for professionalism, openness, the willingness to do what is best for our Town in key areas such as fiscal sustainability, investment in our infrastructure, land use planning and modern and efficient government that will save taxpayer dollars. Bill Reinhardt will bring his lifelong professional experience in Green Energy initiatives, government administration and leadership to keep us on the best course for our Town.

In Bethlehem there is a changing tide in government and politics that is causing those in public office and those seeking it to put public service first. Voters have been demanding that elected officials back off on control for political purposes, work with and serve all people regardless of party affiliation, reach "across the aisle" in governing for the betterment of the greater good, and most importantly, understand that being an elected representative of the people is a high privilege, not a right. Bill is the candidate who believes in and will deliver this positive change.

Bill's opponent, former Town Supervisor Jack Cunningham, represents a big step backwards to the "politics as usual" that Bethlehem voters rejected once, and do not want to return to again.

I also share concerns recently raised about possible conflicts of interest with Jack sitting in a Bethlehem Town Board seat at the same time as he holds the full time position of Public Works Commissioner for the Town of Colonie.

When considering competitive grant applications, water supply decisions, state or federal funding for infrastructure and confidential Town executive session matters like labor management negotiations, just to name a few areas where these conflicts could arise, it would be difficult for anyone to avoid the perception of conflict, let alone the reality. I hope that Jack would not want to put Bethlehem or Colonie in a potentially difficult position by sitting

Last day for letters

The Spotlight reminds our readers the Sept. 5 edition will be the last edition in which letters pertaining to the upcoming Sept. 13 primary will appear in print. No political letters will be run in the Sept. 12 edition.

in both seats? The many volunteer opportunities our Town offers afford Jack many ways to give back to our Town without putting his service in a potential conflict with his job in Colonie.

On Primary Day, September 13, please make sure to vote, and I urge you to cast your ballot for Bill Reinhardt, Bethlehem's Democratic Town Board candidate for the future.

Sam Messina,
Delmar

Cunningham shows character in his commitment to community

Editor, *The Spotlight*:
On Thursday, September 13th, in the Primary Election, Bethlehem Democrats will choose our candidate to run on the November ballot for the Town Board. In this primary race Jack Cunningham is running with the endorsement of the Bethlehem Democratic

with the elderly as a volunteer with the "Meals on Wheels" program and I am sure that many younger residents recall that he coached in the Bethlehem Tomboy's softball league. As Bethlehem Town Supervisor he had many accomplishments but I appreciate most the things that helped to make our town a community. He worked, for example, to institute our annual Holiday Parade where kids get to see Santa come right down Delaware Avenue. He also built sidewalks for the children and residents of Glenmont so that they could enjoy a safe means of pedestrian travel in their neighborhoods and to the center of town.


These simple accomplishments speak to the character of the man we should choose to serve on our Town Board. And while Jack has proven himself many times over to be a competent administrator and a prudent caretaker of our tax dollars, I feel that these often-overlooked, human qualities are just as important.

I hope that on September 13th the residents of our town will look not only to his accomplishments but also consider these demonstrations of character when they cast their ballot. Jack is a decent man who cares about the future of Bethlehem and we deserve that type of representation in our town government.

Patricia Parsons
Delmar

Got a gripe?
See something you like?
E-mail us at
news@spotlightnews.com

Attention, Middle and High School Science Teachers: End Your Summer with Laboratory Excitement!



Attend one or both of our FREE hands-on Biotechnology and Biomanufacturing Workshops before you go back to school

Biotechnology Workshops

*Advanced PCR Techniques Used In Biology And Forensics

Qualify To Borrow Biotech Equipment From Hudson Valley

Aug. 20 – 21, 8:30 a.m. - 3:30 p.m.

Biomanufacturing Workshops

*Applied Biology And Chemistry Concepts


New Topics This Year!

Aug. 22 – 24, 8:30 a.m. - 4:30 p.m.

Register today so you won't be left out! Register online at: www.hvcc.edu/biotech-workshop

For more information, contact Nancy Bush 629-7681 or n.bush@hvcc.edu

An equal opportunity program supported by a DOL/ETA grant



Acoustic Heartland to play

Next Wednesday, Aug. 22, from 6:30 to 8 p.m., the Friends of the Library will introduce Acoustic Hartland.

Acoustic Hartland has an extensive repertoire ranging from ballads to bluesy rockers that will get you out of your seat and moving your feet. The group includes Dave Hart on vocals, guitar and mandolin; Jim Mortensen on vocals and 12-string guitar; Dave Pallas on electric bass and Aimee Harrell and Becca Kiegle filling out the vocals with four-part harmony. This is the last of the 2012 Together at Twilight Concerts.

The Friends of the Library will be selling snacks and drinks, as well as raffle tickets for a 63" x 63" quilt donated by The Village Quilters. The quilt drawing will be held in February.

- Let's Drum: Club 1-2-3
Wednesday, Aug. 22
10:15 a.m.



Let's Drum is a hands-on approach to learning rhythm, history and culture with a myriad of percussion instruments. Jonathan Duda is our guide to this interactive program. No registration necessary.

- Tom Knight Puppets
Monday, Aug. 27
6:30 p.m.

Tom Knight Puppets is a collection of songs and skits for children of all ages - about animals, the environment, food and books. Favorites include "Alligator Jump", "the Garbage Monster", and "Henry the Magician", plus songs from Tom's most recent CD "The Classroom Boogie!"

**Friends of the Library
Annual Book Sale**
Sept. 14 to 16

September is around the corner, which means it is time for the FOL's annual Fall Book Sale. You must be a member of the Friends of the Library to enjoy the sneak preview sale on Friday, Sept. 14, from 5 to 9 p.m. If you are not a member, you can join at the door for only \$10. For the rest of the community, our doors will be open from 10 a.m. to 4 p.m. on Saturday, Sept. 15, and again on Sunday, Sept. 16, from 1 to 4 p.m.

We have a great selection of books this year, donated by our generous friends and neighbors.

This is one of the Friends' biggest fundraising events and one that the whole community looks forward to. There is no better way to stock up on children's books, movies, reference manuals, romance novels ... we're sure to have something for everyone!

Volunteers to help with book sorting are always needed. If you would like

to assist with the sale in some way, call the library at 765-2791 or email jstrauss@nycap.rr.com.

VPL August Artist Susie Flansburg

Only two weeks left to visit the hall gallery and admire the works of local artist Susie Flansburg,

VPL's August Artist of the Month. Her oil paintings will be on display until Aug. 31.

Nook eReaders

Have you tried one of our Nook eReaders yet? Each eReader has a theme and comes pre-loaded with eBooks selected by our librarians. Call or stop by the library to learn how you can check out a Nook.

Barbara Vink

- All library programming is free (unless otherwise noted) and open to the public. Voorheesville Public Library is located at 51 School Road, Voorheesville.

Kids can try NookColors

New NookColor e-readers for children and teens are now in our catalog, available for two-week loan. They come preloaded with multiple age-appropriate ebooks popular among young readers. You'll find them on our kids' and teens' Popular Now shelves. Children's Nooks are subdivided into "Young Kids" and "Upper Elementary" collections.

For borrowing information and titles lists, go to our website, www.bethlehempubliclibrary.org, and click on the "e-readers" quick link in the left column of the home page. If you need coaching on how to operate an e-reader, you can get one-on-one help at the information desk.

At last estimate, the library now holds about 800 individual titles in ebook format; multiple copies of some bring



the total up to about 1,300. This number will undoubtedly grow.

Candyland extra-large

Step into a life-sized version of the venerable children's board game Candyland this Friday, Aug. 17, at 2 p.m. Explore Candyland Country—but beware of Lord Licorice! Dress as your favorite candy or gingerbread person. We'll show the Candyland movie while we play. Kids of all ages—and adults who fondly remember this childhood pastime—are welcome.

Louise Grieco

- All library programming is free and open to the public. The Bethlehem Public Library is located at 451 Delaware Ave., Delmar.

Now Offering Manicure & Pedicure Services

Shear Simplicity

Welcomes VANESSA

Salon Services for the Whole Family

\$5.00 OFF

Any Salon Service

New Clients Only

412 Kenwood Ave., Delmar • 439-6066

Sell Your Own Home & Save!

Packages starting at only \$59.00

Proven marketing system since 1988!

www.518forsalebyowner.com

518 ForSale ByOwner.com

Call Today 518-452-6330

Personal Injury? Your Lawyer.

Brendan F. Baynes

518-756-6000

Take your case to: bayneslawfirm.com

Gutterland Ballet

OUR 45th YEAR

Fall Semester Begins Sept. 11

PREBALLET, BALLET, JAZZ, PILATES & YOGA

For Registration, Call 452-0637

Mill Hill Studio, Rt. 155, 1.4 Miles South of Rt. 20 Slingerlands, NY 12159

SUMMER SPECIALS

Pressure Washing

- Vinyl & Aluminum Siding Cleaned
- Decks Cleaned
- Decks Sealed
- Roof Cleaned
- Painting & Staining

Call by August 31st And Receive
FREE WINDOW SQUEEGE or FREE GUTTER WASH

Cannot be combined with other offers.

SERVICE SOLUTIONS

YOUR EXTERIOR HOME CARE COMPANY

- Work Guaranteed
- 24 Years in Business
- Local Company
- FREE ESTIMATES

439-0522

Call 371-3207

MasterCard

VISA

Driveways Sealcoated

- Top Grade Sealer
- Cracks Filled / Edging
- Unique Double-Coat Process
- Brush or Spray

Call by August 31st And Receive
\$25 OFF OUR PREMIUM NON-SLIP SEALER

Minimum Job \$149
Cannot be combined with other offers.

CONTACT US ON THE WEB AT: WWW.SERVICESOLUTIONSINC.COM

FREE Granite or Quartz Vanity Top

\$1,000 Value

With any Bath Renovation of \$10,000 or more.

- Visit our beautiful Design Center for inspiration.
- Our installation teams are EMPLOYEES not subs

KITCHEN & BATH WORLD

1980 Central Avenue Albany, New York 12205

(518) 464-0660

OPEN SUNDAY Mon.-Fri. 10-5:30, Thurs. (till 7:30), Sat. 10-4, Sun. 12-4

This promotion is valid the outright purchase of products or the purchase and installation of same. Total of individual ticket must be equal to or exceed \$10,000. One promotion per client. Not valid on prior sales or quotes of more than 30 days old. Stone purchases that exceed \$1000. will be credited for the amount of the promotion, requiring only that the difference be paid.

Library storytimes taking a break

It's been a fun summer in the library annex for library storytime programs. Themes of funny monsters, nighttime animals, phases of the moon and more kept all the kids entertained and their imaginations busy.

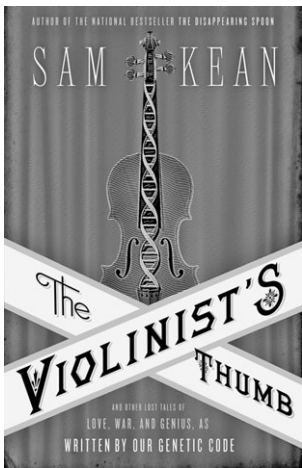
After this week, library storytimes take a break. Storytime programming will resume on Thursday, Sept. 6, with Positively Preschool returning to its regular time of 10:30 a.m. at the library. On Fridays, the library will host Library Babies at 9:30 a.m. and Romp & Read at 10:30. Romp & Read will return to the Selkirk firehouse on Maple Avenue at 10 a.m., Tuesday, Sept. 11.

Don't forget to visit the library between now and Sept. 6 for a fresh selection of books, movies and music. Check out our display of back-to-school picture books, too!

Summer Reading Program continues

This summer, the library visited local park programs each week for the Summer Reading Program. Children kept track of their reading and earned beads that could be traded in for prizes.

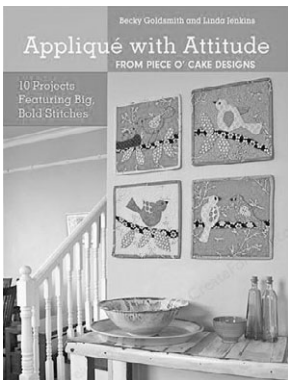
Kids who participated



in park programs can continue the Summer Reading Program at the library through the end of the first week of school. Kids can bring their log books to library staff for bead tabulation and exchange beads for prizes in our Prize Box. Keep reading, kids!

Celebration of young artists on Aug. 16

The annual reception for young writers and producers, their families, and their friends is on Thursday, Aug. 16, at 7 p.m. Participants in the Young Writers Workshop will present their hardcover books to the library. My Media Project youngsters will screen their videos at 8 p.m. A photo display will feature



"The Violinist's Thumb" and "Appliqué with Attitude" are among the new offerings at the RCS Public Library.

the work of the members of My Writing Project.

Brush up on basic computer skills

Whether you are new to the computer or need to refresh your skills, the Library has a class just for you. This summer all computer classes are reviewing the fundamental skills needed for computer users.

BEGINNING INTERNET: Learn how to navigate the web in this beginner's class. Understand what the address bar is, how to type in a url, and add a page to your favorites. Mouse skills required.

Tues, Aug 21, 6:30 p.m.,



Summer reading salute

and Wednesday, Aug 22, 11 a.m.

BEGINNING MICROSOFT WORD: Learn to create quality documents like letters, business cards, agendas and more with tips and templates. You will become more comfortable with editing and sharing your written thoughts at home or at work.

Wednesday, Aug. 28, 6:30 p.m., and Wednesday, Aug. 29, 11 a.m.

Registration is required. Call 756-2053 or email from info@rcscommunitylibrary.org to register.

What's new

- Adult non-fiction

"Appliqué with Attitude" by Becky Goldsmith

"Do It Yourself Kitchens" by John Wiley & Sons

"The Violinist's Thumb" by Sam Kean

"Tiny Beautiful Things" by Cheryl Strayed

"Trucker Ghost Stories" by Annie Wilder

- RCS Community Library is located at 15 Mountain Road, Ravena. For information, call 756-2053.

The grand finale of the 2012 Summer Reading Club is upon us. On Thursday, Aug. 16, from 11 a.m. to 7 p.m., come back to the library's Helderberg Room to collect your prize coupons, free books, and reading certificates. You'll have a chance to enter your ticket for the grand prize of your choice. The winner will be drawn after 7 p.m.

Stay and watch the Dream Big: READ! Slide show to see highlights from all the fun things we did ... and see if you're one of the stars

DVD lending policy change

The library has changed its policy related to loaning DVDs outside the Guildlerland community. Two reasons are behind this change:

- The dramatic increase in the number of DVD requests from non-Guildlerland patrons;

- A rise in the number of damaged DVDs bring returned by non-Guildlerland patrons.

You can still request new DVDs online, but not older DVDs. Unfortunately, the shared library system is

unable to limit requests to Guildlerland patrons. But, as has always been the case, Guildlerland Library card holders can call the library and ask a staff member to pull materials that are on the shelves for later pickup.

One benefit of this change is that there will be more DVDs on the shelves available for you to borrow.

Snap!

When you bought your new high-speed/low-drag digital camera, just how far did you get into the owner's manual? Do you know what all the buttons do, or are you satisfied with a simple point-and-shoot? Come to the Digital Photo Forum on Thursday, Aug. 16, at 7 p.m., and learn about the ins-and-outs of digital photography.

This is an open forum. All are invited to bring their work to share and also their questions. Bring work on memory cards, USB drives, CDs.

Mark Curiale

For more information on these programs, please call the Library at 456-2400, or email info@guilpl.org.

Looking for Dr. Alexander Filipp?

He's looking for you too! Come see him at:

Ophthalmic Consultants of the Capital Region

Experience counts! After serving the local community for over 35 years, Dr. Filipp joins Drs. Allen Zieker, Robert Sax and the rest of the Ophthalmic Consultants' doctors to offer comprehensive and dry eye care. By joining Ophthalmic Consultants, Dr. Filipp has access to specialty ophthalmology care such as retina, glaucoma & neuro-ophthalmology all in the same practice for you.

Call today for an appointment!

Albany | 438-5273 Clifton Park | 383-8589 Troy | 274-3123 Schodack | 477-2391

and your family's

Dr. Filipp cares about your eye care!

THE TIRE WAREHOUSE INC.

\$22.95

Lube, Oil, Filter

(Most Cars) Expires 8/31/12

GUARANTEED LOWEST INSTALLED PRICE OR YOUR TIRE IS FREE

At Time Of Sale

GOODYEAR • UNIROYAL • FIRESTONE • GENERAL TIRE
DUNLOP • MICHELIN • BRIDGESTONE • B.F. GOODRICH • PIRELLI

 1430 Halfmoon Pkwy Rt. 9 • Clifton Park 383-0400	 631 River St. Troy 271-0234	 274 Quaker Rd. Queensbury 798-1056
---	--	---

www.TheTireWarehouseInc.com

Northeast Orthopaedics is on the move.

Starting August 16, you can find Northeast Orthopaedics' Delmar office at 250 Delaware Avenue, Suite 200.

New location, new building, same mission – saving lifestyles®.

Albany ♦ Clifton Park ♦ Delmar ♦ East Greenbush ♦ Latham

Northeast Orthopaedics, LLP

♦ saving lifestyles® ♦

518-489-BONE | www.northeastortho.com

Shaker Shed FARM MARKET

WELCOME SUMMER HOME GROWN CORN

- Hand Melons
- Seasonal Produce
- Fresh Baked Pies
- Gifts & Crafts
- Plant Sale
- Cut Flowers
- Hanging Baskets
- Perennials
- Local Produce
- Fresh Baked Goods

Store Open 7 days ~ Café open Monday - Saturday

945 WATERVLIE-TSHAKER ROAD
at the intersection of Sand Creek Road

869-3662
www.shakershedfarm.com



10% OFF
SUMMER SALE

SUBURBAN

Construction Corp.

ROOFING • SIDING • WINDOWS

Call Today for a FREE Estimate!

518-213-3394

82572



PARK PLAYHOUSE

DON'T MISS THE FINAL
WEEK OF A GREAT SHOW!



hairspray

August 4 - 19, 2012
Tuesday - Sunday at 8:00pm


Amphitheatre Lawn Seating is Free
&
Premium, Reserved Seating Available

ORDER YOUR TICKETS TODAY!
(518) 434-0776
WWW.PARKPLAYHOUSE.COM

83041

We've got issues.

Don't miss ANY of them!



Subscribe today
to the area's
best source
for your
local news!

YES! I would like to subscribe to The Spotlight!

(Please check one):
☐ The Spotlight ☐ Colonie Spotlight

(Please check one):
In Albany County Subscription: ☐ 1 Year-\$30 ☐ 2 Years-\$55
Outside Albany County Subscription: ☐ 1 Year-\$40 ☐ 2 Years-\$73

name _____

address _____

city _____ state _____ zip _____

phone (____) _____

☐ MasterCard ☐ Visa

name _____

card# _____

exp. date _____ phone _____

Mail to: Spotlight Newspapers
Attn: Circulation Dept.
P.O. Box 100
Delmar, NY 12054-0100

OR order online at: spotlightnews.com

The Capital District's Quality Weeklies

Spotlight

NEWSPAPERS

www.spotlightnews.com

78599


Come dine on lobster and steak

You will not want to miss the Down East Lobster Bake or Steak Dinner at the East Greenbush Masonic Temple on Saturday, Aug. 18, at 4:30 pm. Dinner will cost \$25 and will include baked potato, corn, coleslaw, and dessert. Call 439-4955, ext. 1176, to reserve your seat. Senior transportation will leave Town Hall at about 3:30 p.m. Home pick up can be arranged. Suggested van donation: \$5.

Duplicate bridge will be held on Friday, Aug. 24, at St. Stephen's Church at 7:15. Call Wilma DeLucco at 439-6164 if you are interested.

Farmers markets are open in Delmar! You can get fresh vegetables and fruits at the First United Methodist Church, 428 Kenwood Ave., on Tuesday afternoons, the Delmar

Senior
Action



Town of Bethlehem

Presbyterian Church on Delaware Avenue on Wednesday afternoons, and at the Bethlehem Middle School on Kenwood Avenue on Saturday mornings. Transportation will be available on selected Tuesdays. Call 439-4955, 1176.

Tuesday, Aug. 21
Join us for a trip to the Farmer's Market at the First United Methodist church on Kenwood Ave. Senior transportation will leave Town Hall at about 2:00 pm. Home pick up can be arranged. Call 439-5770. Suggested van donation: \$2.

Wednesday, Aug. 22
•Caregivers Support Group, a discussion for those caring for a loved one diagnosed with Alzheimer's or another dementia will be held at the Town Hall from 10:30 to noon.

•Senior grocery shopping for residents of Elsmere, Delmar, Slingerlands, North Bethlehem and Marie Rose Manor. For reservations, call 439-5770.

Thursday, Aug. 23
•Bethlehem Senior Citizens Club meets weekly on Thursdays for an enjoyable afternoon of games and socializing at the Bethlehem Town Hall auditorium, 445 Delaware Ave., Delmar at 11:30 am - 3:30 pm. We play mah jongg, bridge, bingo and pinochle. All seniors

are welcome. Bring a sandwich and join others for lunch if you wish. Call 439-4955, ext. 1176 for more information.

•Senior grocery shopping for residents of Glenmont, Selkirk, and South Bethlehem. For reservations, call 439-5770.

Friday, Aug. 25
•Senior grocery shopping for residents of Good Samaritan Senior Housing and Van Allen Senior Apartments. For reservations, call 439-5770.

For information on the above or a list of additional activities, call the Bethlehem Senior Services Office at 439-4955, #1176.

Wilma DeLucco, Bethlehem Senior Projects, Inc. Board Member

Catch the movie of the month on Aug. 30

Guilderland seniors are invited to the movie of the month Thursday, Aug. 30, at 10:30 a.m. in the Town Hall Courtroom.

"The Lincoln Lawyer" stars Matthew McConaughey, Marisa Tomei and Ryan Phillippe. It tells the story of a sleazy defense attorney who has

a crisis of conscience when he represents a wealthy client who has a foolproof plan to beat the system. Rated R


Farmers market coupons
Farmers market

Town of Guilderland
SENIOR CALENDAR

coupons are a one-time benefit of \$20 per household per year in NYS Farmers Market checks. They are available

to HEAP income eligible seniors every summer whose gross monthly income is under \$ 2146 for

☐ Senior Page 12




HAND THERAPY

AT GUILDERLAND

Sheryl R. Sturn
Occupational Therapist • Certified Hand Therapist, PLLC.

Over 20 years experience specializing in rehabilitation of the upper extremity and hand. Providing therapy to people of all ages with problems due to fractures, traumatic injuries, sports injuries, postsurgical repairs, Dupuytren's contracture, digital amputations, congenital deformities, nerve injuries, cumulative trauma injuries, sprains and strains, joint replacements, arthritis and more...



3434 Carman Road • Schenectady, NY • (518) 630-6167 • handtherapyguilderland@yahoo.com

LATHAM
9 COBEE ROAD
JUST NORTH OF THE CIRCLE
SUPER CTR. LATHAM
785-7480

Roma
Foods

AUGUST SPECIALS

PARTY HEADQUARTERS!
COLD CUTS • LONG SUBS
COMPLETE CATERING MENU
(HOT & COLD)

ALL NATURAL BUTCHER SHOP
COMPLETE SELECTION BEEF • POULTRY • PORK • VEAL
NO STEROIDS, ANTIBIOTICS OR HORMONES
EXOTIC GAME • KOBE BEEF • BUFFALO • MURRAY'S CHICKEN


OSCAR'S
SMOKEHOUSE
PRODUCTS

FRESH,
LOCAL
PRODUCE

SUMMER SPECIAL!
FRESH LITTLE NECK CLAMS

\$64⁹⁵
1/2 BUSHEL
(200 CT)

SARATOGA
222 WASHINGTON ST.
587-6004



SCCC unveils lavish living

Student housing aimed to increase enrollment, facility tailored to program offerings

By JOHN PURCELL
purcellj@spotlightnews.com

Student housing and upscale, modern living rarely coincide, but one local college hopes to find success with this unlikely combination.

Schenectady County Community College and The United Group of Companies on Tuesday, Aug. 7, offered the media a tour of nearly completed student housing, College Suites at Washington Square, which is on target for students to move in on Aug. 31. The \$13 million project places student housing adjacent to SCCC's main campus on Washington Avenue.

SCCC President Quintin Bullock stood inside a nearly completed suite several years in the making as construction

workers continued final preparations outside the door.

"It is very exciting to see this come to fruition and know that it will open on Aug. 31 for students moving in," Bullock said. "The Board of Trustees, faculty and staff are looking forward to watching this new initiative and allowing it to really become a part of the college's fabric."

Bullock said more community colleges are looking to student housing to expand outside of the typical recruitment area. He said SCCC has "very unique programs," such as air traffic control, culinary arts, nanoscale materials technology and alternative energy technology that appeal to students from across the state.

There are students signed up for housing next semester from Oneida County, Warren County and even New York City. Out-of-state interest has also been spurred, with two baseball players

coming up from North Carolina.

College officials estimate enrollment will increase 1.5 percent for the 2012-13 school year. Current enrollment stands at 7,340 students.

Bullock said housing offers the complete college experience to SCCC students.

"It really allows students to get that sense of independence, a chance to get a true experience of college life, a chance to really begin to live on their own and explore opportunities," Bullock said.

The 112,000-square-foot facility has 69 rooms with 264 beds, with a mixture of four bedroom, two bathroom and two bedroom, one bathroom suites. Each room includes full-size appliances, such as a refrigerator, microwave and stove.

Joe Uccellini, social media manager for United Group, said he worked with students to identify what they wanted for



SCCC's new student housing suites, unveiled Tuesday, Aug. 7, will feature a host of modern amenities.

John Purcell/Spotlight

rooms and the building. Full-size beds were placed in rooms after the company heard a lot of feedback on the issue, he said, and closet space was identified as a priority.

David Lee, sales and leasing manager for College Suites, said he's toured the facility to around 150 people so far, with several tours happening each day. In the last two days, he has

received around 40 phone calls and 25 to 30 emails from students looking for housing.

College officials said around half of the rooms are already rented out, with little worry the remaining rooms won't be filled.

"I believe we will be filled by the move in date without a problem," Lee said. "People have been blown away. We are not a

dorm, we are off campus luxury housing ... most dorms don't have half of this."

A fully furnished four-bedroom suite rents for \$635 monthly per person, which includes cable, fiber optic Internet and Wi-Fi, central air and heating and utilities. The all-inclusive cost goes up \$30 per month for a two-bedroom suite.

□ SCCC Page 12

**PREGNANT?
NEED HELP?**

Forever Families Through Adoption
NEW YORK ADOPTION PLACEMENT AGENCY AND RESOURCE CENTER

We offer FREE supportive counseling / financial assistance.
You get to choose the loving family for your baby.

CONTACT JOY AT **1-866-922-3678**
adopt@foreverfamiliesthroughadoption.org
www.foreverfamiliesthroughadoption.org

82993

**Metal Hip
Replacement**

Call 855-8-BADHIP

Lawsuit FREE CONSULTATION
HipReplacementSettlement.com

ZECCOLA & SELINGER, LLC
45 Webster ave. Goshen, New York

82995

WE BUY HOMES FOR CASH!

NEED TO SELL YOUR HOME FAST?

**Call Us Today
for a Free and
Confidential Consultation**

(Absolutely No Obligation)

CASH IN AS LITTLE AS 5 DAYS

518-380-6555

82823

Albany Family Medicine Group Comes to Delmar

Albany Family Medicine Group is pleased to announce the opening of a satellite location in the new Delaware Avenue Health Park located at 250 Delaware Avenue.

Everyone deserves the highest quality of care from practitioners they trust. We look forward to serving the Bethlehem community with professionalism and compassion.



Family medicine board certified physicians Dr. Kimberly Kilby, Dr. Mary Johnston, Dr. KrisEmily McCrory and Dr. Rebecca Stetzer offer comprehensive medical care and services, including:

- Pediatric (including newborns), adolescent, adult, and geriatric medical care
- Preventative care and wellness services
- Diagnosis and treatment of acute and chronic medical conditions
- Gynecological care, including all methods of family planning and pap tests
- "Family centered" obstetric care
- Minor surgical procedures

Office Hours: Monday–Friday 8am to 5pm
Office Opening Monday September 10, 2012

Compassionate Care from Providers you Trust

Call (518) 439-8077 to schedule an appointment.
New Patients Welcome. Most Major Insurances Accepted.

**COMMUNITY
CARE**
PHYSICIANS, P.C.

Albany Family Medicine Group - Delmar
Delaware Avenue Health Park
250 Delaware Avenue • Delmar, NY 12054

SCCC

(From Page 11)

SCCC Board of Trustees Chairwoman Denise Murphy McGraw said the college surveyed students to reach the design and price point. Michael Kliman, property manager for United Group, said it was “very important” to offer an affordable price for students.

Outside of the rooms there are several amenities that compliment programs offered at the college. There is a flight simulator offered for aviation students to practice outside of the classroom. Music students will also be able to hone their skills in a music rehearsal room. The student lounge also holds a demonstration and community kitchen, allowing for culinary students to practice and share their craft.

“Everything we have in the common area space is designed to work with



Officials say the new housing SCCC is offering has drawn interest from out-of-state students.

the programming over at the college,” Kliman said. “It is very important for us to be able to provide them with things that help them with their schooling and to make their schooling experience more convenient.”

Also, there will be a business center with

study rooms for students hitting the books the more conventional way. Residents will have access to a fitness room and an area for students to store bicycles. A game room will also provide some additional entertainment.

“I myself would like to live here,” Kliman said.

Senior

(From Page 10)

for one person, \$ 2805 for two people, etc. This nutrition program helps senior’s buy locally grown fresh fruits and vegetables at nearby farmers markets. Bus transportation will be provided two to three times during the summer to a market in the surrounding area. Applicants should call 356-1980, ext. 1094.

Meals On Wheels drivers needed

We are seeking volunteers to deliver Meals on Wheels to area homebound residents weekdays from 10 to 11:30 a.m. Please call Cindy at at 356-1980, ext. 1048, for more information.

Tuesday, Aug. 14
Exercise Class
Registration
9 a.m. OsteoBusters
11:30 a.m. Luncheon: Ham & Cheese Sandwich or Cold Plate
Noon Food Pantry Raffle

12:30 p.m. Bingo/
Games/Billiards

Wednesday, Aug. 15
Exercise Class
Registration
Scheduled Shopping
10:30 a.m. OsteoBusters
10:30 a.m. Sr Fitness
1 p.m. Needlecraft
1:30 p.m. OsteoBusters

Thursday, Aug. 16
Exercise Class
Registration
Scheduled Shopping
9 a.m. OsteoBusters
9:30 a.m.-11:30 a.m. Blood Pressure, & Scheduled Medicaid & Legal Appts
10 a.m. to noon Food Stamp Appts
12:30 p.m. Mahjongg
1 p.m. Pinochle

Friday, Aug. 17
Exercise Class
Registration
Scheduled Shopping
10 a.m. Painting
10:30 a.m. Bridge
1 p.m. Quilting

The Travers: Saratoga’s Signature Moment



Colonel John, on the inside, noses out Mambo in Seattle to win the 2008 Travers Stakes.

There’s nothing quite like the final furlong of a major thoroughbred race. Full grandstand, fans packed to the rail, horses charging down the homestretch as the buzz of anticipation from a crowd of thousands becomes a frenzied, full-blown roar.

Even those with crumpled betting slips at race’s end can’t deny the excitement. It’s part of the allure of the sport and the reason why casual and hardcore fans alike will once again converge at Saratoga Race Course for the Grade 1, \$1 million Travers on Saturday, August 25.

From Man o’ War to Jim Dandy and Alydar to Birdstone, the Travers regularly showcases must-see thoroughbreds facing off in the most anticipated race of the summer.

Known as the “Mid-Summer Derby,” the Travers is the oldest major stakes race in the country for 3-year-olds, run at the track *Sports Illustrated* ranked one of the top 10 sporting venues in America.

The result is a once-a-year-event that epitomizes the oft-used phrase “the magic of Saratoga.”

Gates open early at 7 a.m. on Travers Day and the card is packed with top stakes races including the Grade 1 Foxwoods King’s Bishop, Grade 1 Test and Grade 2 Ballston Spa presented by Jose Cuervo.

Fans can kick off Travers Week by indulging in the third annual Travers 1864 Restaurant Week from Sunday, August 19 through Thursday, August 23. During the five-day event, diners have the opportunity to enjoy a three-course meal at participating restaurants for the prix-fixe cost of \$18.64, the year of the inaugural running of the Travers. For a list of participating restaurants and menu offerings, visit nyra.com.

The Travers festivities continue on Friday, August 24 as Saratoga Race Course hosts the 15th annual Battle of the Brews. The “pint” sized competition brings a wide selection of brewers to the backyard for sampling to benefit the American Red Cross Adirondack Chapter.

Anticipation continues to build Friday evening at the Travers Eve Party in downtown Saratoga Springs. The all-ages event allows fans to meet their favorite jockeys, dance to live music, enjoy family entertainment and pick up Travers-themed mardis gras beads at downtown businesses.

Travers Weekend truly is a time when memories are made – both on and off the track.

For more information about Saratoga Race Course, call (518) 584-6200 or visit www.nyra.com. To learn more about events at Saratoga Race Course, visit www.nyra.com/saratogaevents.

Stanton’s SWEET CORN

TOMATOES and strawberries

at OUR FAMILY’S HARVEST farm market

Rte. 85 ~ New Scotland (next to Town Hall)

Mon.-Sat. 10-6
Sundays 12-4
478-0416

homegrown goodness from our family’s farm to your family’s table

82977

Summer Lobster & Clam Bake

JAKE MOON

RESTAURANT CAFE

Route 443, Clarksville

Wed. 7am-3pm • Thurs., Fri., Sat. 7am-9pm
Sun. 8am-3pm • CLOSED Mon. & Tues.

768-2570
www.jakemoon.net

Like us on Facebook

82957

The One, the Only, the Travers!

TRIVERS

AUGUST 25, 2012

SARATOGA

RACE COURSE 2012

82941

A backpack filled with hope

Women in Business Committee supports those affected by domestic violence

By JULIE CUSHINE-RIGG
riggj@spotlightnews.com

One in four women have been a victim of domestic violence, and those impacts can extend to affect an entire family.

In a few weeks, children will be heading back to classrooms, including those whose lives are in turmoil because of domestic violence. One local group is looking to make sure they at least have the tools they need to succeed.

Helping children to be ready with everything from pencils to calculators is the Women in Business Committee of the Southern Saratoga County's

Chamber of Commerce. For the last half-decade, they've worked with the Domestic Violence and Rape Crisis Services of Saratoga County (DVRC) through Backpacks of Hope to fill the need.

"It is the committee's hope that recipients of the backpacks and baskets will take comfort in knowing there are people in their own community who care and want to help in a very practical way," said Liz Roggenbuck, member services manager at the chamber, in a statement.

Loretta Rigney, the chamber's vice president and director of marketing and communication, said the program is a spinoff of the Baskets of Hope initiative, which supplies personal care items to women at DVRC year round.

"It's a way for the members of our Women in Business Committee to let victims of domestic violence know that people in their own community care about them," said Rigney.

The Domestic Violence and Rape Crisis Services of Saratoga County provides shelter, counseling, legal advocacy and housing programs to women and children in crisis. They receive 2,000 calls every year from women in need of support.

"The program is tremendous," said Nagar Hale, the chamber's director of membership development. "What's extraordinary about DVRC is that it does cross so many socio-economic lines of every type."

Around 100 backpacks are filled every year with

school supplies collected at dozens of businesses, including H&R Block and Envisions Beauty Salon, as well as the chamber's office in Clifton Park.

The committee is made up of 70 area businesswomen and aims to give children items that may otherwise not be in their family's budget.

"The Women in Business Committee has really adopted this issue ... and in supporting other women in achieving stability," said Maggie Fronk, executive director of DVRC.

She added families in crisis might struggle just to get food on the table, and when the school year rolls around school supplies might simply be out of the question.

As word gets out about Backpacks of Hope, Fronk



Members of Southern Saratoga Chamber of Commerce, through their Women in Business Committee, coordinate with local organizations every year, including Backpacks of Hope.

Submitted photo

said that the response has been great and that the DVRC is grateful to the chamber for its efforts. She added all types of school supplies are needed.


"If you're shopping for your kids just think of what they need, that's what these kids need too. We always need calculators and notebooks," said Fronk.

Roggenbuck that the program is a point of pride for the chamber and one of

the most important things it does all year.

"It struck a chord with the committee... each (committee member) has her heart in it for various reasons," said Roggenbuck.

Backpacks will be assembled at the chamber's office on Aug. 22. For more information on where to donate supplies for Backpacks of Hope, call the Southern Saratoga County Chamber of Commerce at 371-7748.



Did you know?

Rotary and its partners are on the brink of making history by eradicating the crippling disease polio.

www.CapitalRegionRotary.org

Outer Banks, NC Vacation Homes!



Now Discounting for the Fall!
Over 500 Vacation Homes,
from Duck to Corolla,
Oceanfront to Soundfront,
Private Pools, Hot Tubs,
Pets and More...

Book Online at www.brindleybeach.com
1-877-642-3224
"SERVICE FIRST... FUN ALWAYS!"

Delmar Carpet Care

QUALITY CARPET CLEANING

- WALL TO WALL
- UPHOLSTERY
- ORIENTALS AND AREA RUGS

439-0409



Tim Barrett

CAR ACCIDENT?

Call 1800LAW1010

MARTIN, HARDING & MAZZOTTI, LLP®




1222 Troy-Schenectady Road, Niskayuna, NY 12309
www.1800LAW1010.com


YOUR MORTGAGE MADE EASY

Whether you're building, buying, or refinancing, our experienced mortgage specialists will guide you through the process, making it seem effortless.

CALL BILL TODAY



Bill Powell
Mortgage Loan Officer
NMLS ID# 415914
cell: 1-518-330-7412
william.powell@td.com
www.tdbank.com/billpowell



TD Bank
America's Most Convenient Bank®

Loans subject to credit approval. Equal Housing Lender. Member FDIC TD Bank, N.A.



Discover: Your Future

- Preschool
- Pre-Kindergarten (full day)
- Kindergarten (full day)
- Elementary School (K-5)
- Middle School (6-8)
- Extended-Day Program

Discover Mater Christi School.



35 Hurst Avenue, Albany, N.Y. 12208 | (518) 489-3111 | materchristischool.org

A school of the ROMAN CATHOLIC DIOCESE of ALBANY



FREE ESTIMATES

HELPMATES

A Home Improvement Service


WE DO IT ALL!

Additions	Stairs	Doors
Dormers	Kitchens	Decks
Garages	Bathrooms	Electric
Roofing	Finishes	Plumbing
Siding	Windows	HVAC

We'll Help You Make The Right Choices!

Fully Insured

331-8410 or 512-3585



Spotlightnews.com

SUNMOUNT IS HIRING



Work in the pristine New York State Adirondack Park with the nationally recognized Sunmount Program. We provide active treatment to individuals with Forensic and Behavioral concerns in a therapeutic environment.

Excellent Benefits Package

PHYSICIAN

REQUIREMENTS:

- New York State License to Practice
- M.D., M.B.B.S or D.O.
- Minimum One Year Postgraduate Training and One Year medical Experience

NURSE PRACTITIONER

REQUIREMENTS:

- Certificate and Current NYS Nurse Practitioner Registration

PHYSICIAN'S ASSISTANT

REQUIREMENTS:

- Current NYS Education Department Registration or limited permit to practice in New York State

For more information or to apply call Arlene T. Mace (518) 359-4155 or email: arlene.mace@opwdd.ny.gov
Sunmount DDSO 2445 State Route 30, Tupper Lake, NY. 12986
Sunmount is proud to be an Affirmative Action/Equal Opportunity Employer

82981



A new beginning

The newly constructed State Police Troop G headquarters on Troy-Schenectady Road in Latham officially opened on Wednesday, Aug. 8, at 7 a.m. A brief ceremony marked the beginning of operations at the facility. The headquarter flags were raised and an “n-service” radio call was made by communications officers to dispatch the first patrols. Troop G Commander Major William Sprague spoke briefly to open the ceremony. The entire project took two years to complete and cost about \$28 million.

Tom Heffernan Sr./Spotlight



CATERINA ARCHINO

hairstylist

Invites her clientele to
FINISHING TOUCH
HAIR & BODY, INC.
266 Delaware Ave., Delmar

Cat is a former salon manager with 20 years experience as a stylist
*Certified in Keratin Smoothing Treatments



FOR FUTURE APPOINTMENTS
PLEASE CALL 439-9309

82956



Hilltown Farm & Garden
SUMMER VALUES

Garden Supplies
Garden Tools
Lawn Seed & Fertilizer
Farm Supplies
Farm Tools
Hardware
Propane



Pet Food
Bird Seed

COUPON



Coupon Expires August 31, 2012
Dormansville/Westerlo
6 miles north of Bryant's
ROUTE 32
797-3697

\$5.00 OFF
Any purchase of \$50 or more!

\$2.50 OFF
Any purchase of \$30 or more!

\$1.00 OFF
Any purchase of \$15 or more!

Not valid on Feed or Shavings.

Offers not combinable. Not valid on Sale items.

Coupon Expires August 31, 2012

Use This Coupon Instead!

\$1.00 OFF Per 50 lb. Bag of FEED!
and/or
\$1.00 OFF Per Bale of WOOD SHAVINGS!

Mon. thru Fri. 8:30 to 5:00/ Sat. 8:30 to 3:00/ Sun. 9:00 to 1:00

82976

lickity
split.

get \$30 and the perfect
tumbler for summer
when you open a new Pioneer Checking account*





pioneersb.com | 274-4800

*Available on new personal Better Checking or NOW accounts opened with a minimum of \$300.00 of new money, which is money not currently deposited with Pioneer Bank. \$30 deposit bonus will be credited to the new Better checking or NOW account at opening. For accounts closed within 180 days of opening, \$30 will be deducted from the close-out amount. \$30 incentive may be subject to 1099 reporting. One incentive per primary account holder. Offer expires August 31st, 2012. One tumbler per new primary checking account holder. Tumblers and tumbler colors available while supplies last. This offer may be withdrawn at any time without notice. May not be combined with any other offers. Pioneer Bank employees and immediate family members are not eligible.

82687

Submitted photo

82859

8283



ABOVE: The Grandstand drive-in restaurant offers up 24 different syrups to flavor soft serve ice cream.
RIGHT: Christine Ramundo twists a chocolate soft serve ice cream cone on Tuesday, Aug. 7. Ramundo recently purchased the former Highbridge Twist in Rotterdam.

Photos by John Purcell/Spotlight



A new twist

G'land woman with soft serving past opens ice cream shop

By JOHN PURCELL
purcellj@spotlightnews.com

Serving up a picturesque soft serve ice cream cone isn't as easy as it looks, according to one new ice cream shop owner.

"It's all in the wrist," Christine Ramundo said with a laugh. "Everybody thinks it is easy, but it isn't easy to twist a cone."

Some people, Ramundo

said, clearly have the twisting skills hardwired, but others take months of practice to, well, continue to reach less than desirable results.

"My mother started in May and by the end of June she still couldn't twist it," Ramundo said.

Ramundo was 15 years old when she started working at Kurver Kreme on Central Avenue in Albany and continued working at the ice cream shop until she was 24, when motherhood took her focus. Then, she took

a call from friend who owns Kurver asking her to come back and twist some more cones.

"I've done ice cream almost my whole entire life," she said. "I like seeing the people's reaction when they get the ice cream and the little kids' faces when you hand them a cone."

For the past six years she worked at Kurver, but when the ice cream drive-in Highbridge Twist in Rotterdam was up for sale, she couldn't pass up the opportunity to run her own shop. Even as a

15-year-old, she could see herself in soft serve for many years to come.

"I didn't think I would be owning my own store, but I liked it," she said. "I really enjoyed what I did."

Since the transition was quick, there haven't been many changes at Highbridge Twist yet — other than the name. Along with her family, Ramundo settled on The Grandstand, playing off the batting cages that are on site along with the ice cream stand.

Next season, Ramundo is looking to add frozen yogurt to the store and host birthday parties in the store's indoor room.

The soft serve ice cream comes from a Crowley's mixture and then one of 24 different syrups is added to the mix to provide a bevy of flavors. The shop's hard ice cream is supplied by Perry's Ice Cream.

Owning her own store presents a different challenge to tackle every day, but

Ramundo's family is very supportive and works at the shop with her. So far, the mixture of family and business has been enjoyable.

"It is a lot of work, but it is worth it," she said.

She is hoping her family takes an interest in the business and will carry on running it. Her 14-year-old son already enjoys working at the shop. Also, he is a natural at twisting cones.

"I told him it is in his blood," Ramundo said.

Phase II Beginning...
Call today for new pricing on the last few units in Phase 1!

Shaker Pointe
AT CARONDELET
Spirit of Innovation. Senior Community. Tradition of Trust.
Founded by the Sisters of St. Joseph of Carondelet

July construction on the Carriage Residence

SHAKER POINTE RESIDENT SPOTLIGHT

Future resident, Michele made the decision to come to Shaker Pointe and will be moving into the Carriage Residence.

What does your family think about your decision to move to Shaker Pointe?

"My children are thrilled, they couldn't be happier... Every chance I get I remind them about how lucky they are that I'm taking this step now and they won't have to worry about me being alone in an isolated house, and they're thrilled!"

*See Michele's full interview on our Resident Spotlight page at www.shakerpointe.org

Independent Senior Living

Information Center • 14B Gurry Circle, Watervliet, NY 12189
(518) 250-4890 x2 • www.shakerpointe.org

Complete terms are in an offering plan available from Sponsor. File No: CR08-0004

SILVER RESTORATION EVENT

Are you proud to use & display your family silver... or do you hide it away because it's old or broken?

For one day only, silver restoration expert DaNeen Bryan will be at our store to provide free recommendations & estimates on the repairing and refinishing of your sterling and silverplated heirlooms, letting you know if they can be (or should be) restored. Missing parts replaced. Broken pieces repaired.

You'll love entertaining again with your family silver or just having it restored to pass along to the next generation. You'll also love saving 20% on silverplating & polishing during this 1-day event! So gather up your old silver today!

Sat, Aug 18 ONLY • 10:00 - 4:00
Colonie • 1585 Central Ave
518-456-6800 • www.yourjeweler.com

Before

After

SAVE 20%
1 Day Only!
No appointment necessary

25-YEAR WARRANTY ON SILVERPLATING

TIRED OF LOOKING AT THAT PROBLEM DRIVEWAY?

NOW IS THE TIME TO CLEAN IT UP!

Trade potholes, cracks, sunken areas, loose stones and dirt for a smooth, solid drive... You'll be happy you did!

WE MAKE IT EASY:

- Free detailed, written quotes
- References with driving directions
- Better Business Bureau A+ Rating
- MC/Visa accepted

ASK AROUND We've probably paved in your neighborhood!

L. BROWE
ASPHALT SERVICES

Residential & Commercial
518.479.1400
WWW.BROWEASPHALT.COM
Fully Insured - All Guaranteed - MC/VISA

Finance in the Spotlight

Financial planning for women: Still more room for growth

By FRAN O'ROURKE,
Senior Vice President,
Key Private Bank

Regardless of whether you have had the opportunity to watch the acclaimed PBS series *Downton Abbey*, the show that is celebrated for its intriguing plotlines and early twentieth century period costumes has gained recognition for something far more profound—shining the spotlight on the financial status of women just under a century ago. And it wasn't very pretty.

Today, it's easy to take for granted how far women have come. Once subjected to institutionalized financial illiteracy, the modern woman is as adept at running a major corporation as she is at managing the day-to-day finances of her household. She knows the importance of an emergency savings fund, invests in her 401(k) and actively builds and reviews her financial plan for the future. So why, then, all this fuss about women and money?

The answer is simple: organizations care about the relationship between women and money because they know women still face some unique financial challenges.

Women and their financial status

Here are some interesting

statistics about women and money.

Women control 33 percent of North America's wealth; IRS statistics show that women (not couples) represent 39 percent of all "top wealth holders" in the U.S.

Forty-three percent of investors with more than \$500,000 in investable assets are women.



Fran O'Rourke

Seventy-three percent of full-time working women said they are the financial head of their household, responsible for spending, budgeting and their families' financial planning and investing.

Women leave the work force for an average of 11.5 years versus 16 months for men.

Statistically, women are more in control of their financial lives than ever before. However, one statistic remains glaring—that women spend nearly 10 years less than men in the workplace. Combined with lower pay, this translates into women earning 30 percent less income than men over the course of their careers.

Women also live longer than men and have to spread that money out over a longer period of time. In fact, 50 percent of women older than age 65 outlive their husbands by 15 years. So despite the fact that women tend to save their earnings at a higher rate than men, at the end of the

day women have lower bank balances because of their lower overall take home income.

This information is important because it creates a situation where women have less saving and investing power than men and are not as well prepared for retirement or sudden financial responsibility—whether through death or a divorce—as men.

Strategies for making a better, more financially stable woman

Women need to think about investing differently because the trajectory of their lives is different—longer time in retirement due to higher life expectancy rates than men. And this is why it is so important to start planning now. Every day spent putting off what can be done today is a lost opportunity for investing in tomorrow. Here are a few ways to start the process and begin investing in your financial future.

Look at your financial situation and spending. Review your earnings and expenses and find places to save.

Find a money buddy—someone to confide in about your financial savings strategy. This way you will have someone to hold yourself accountable to. The more you can start saving today, the more you will have for your future. Your buddy can help you stick to your budget and savings goals. Reward yourself along the way when you reach milestones.

Take less time off of work. Swap out a day with your husband or partner and get paid for more working days. Because not only are you losing money from taking the day off you may be putting yourself at risk for losing out on career advancements and retirement benefits.

Value yourself. Don't be afraid to ask for a raise or promotion. Schedule a meeting with your supervisor. Do your homework and go in prepared. Demonstrate what you have done for the company and how you have contributed to the bottom line.

Invest in yourself. Regularly review and maximize retirement options and consider things like buying a house instead of renting.

Schedule a meeting with a financial advisor. Women emphasize relationship building and fact gathering and are more likely to consult with experts when it comes to financial planning. Leverage this, and schedule a meeting with an experienced professional to chat about finances. Knowledge is power.

More so than ever before, women have a seat and a voice at the table. But we still have work to do. Look to videos, books, websites and groups geared toward helping women plan for their future to become even more financially empowered. More often than not, these resources are free. And don't forget you can always call your financial advisor. He or she can steer you in the right direction towards a better financial future.

About the author: Fran O'Rourke is senior vice president of Key Private Bank in the Capital Region. She can be reached at either 518-257-8733 or frances_orourke@keybank.com.

Facts and planning tips about and for women

While it is true that women are gaining more financial knowledge than ever before and are using it to build a better future for themselves, the statistics show there is still room for more improvement.

Take a look at the following statistics to see where you might fit in. Are you doing everything you can to make sure you have a financially secure future?

Fewer than 16 percent of high net worth women use a financial advisor; nearly one in four do not have a financial plan.

Women (82 percent) are more likely than men (76 percent) to be concerned that they aren't saving or investing enough money to meet their retirement objectives.

Women are the key decision makers for 83 percent of all goods and services that enter their household.

The average woman spends 15 percent of her career out of the paid workforce caring for children and parents.

Women open 89 percent of all bank accounts.

Life insurance is the most commonly owned financial device, with 74 percent of women owning a policy.

The current life expectancy of a female at birth is almost 81 years; for a male it is 75 years.

Do you have a financial plan? If not, start by working to eliminate debt by creating a realistic budget. For most women eliminating debt means

paying off credit cards and parting ways with plastic spending power. It's hard to invest in your future when you are paying upwards of 20 percent in interest on your purchases.

Consider developing a spending plan—for both today and tomorrow. This will help you more effectively stretch the dollars you earn and allow you to assume more responsibility for your financial well-being. Here are a few tips:

Take full advantage of retirement vehicles such as 401(k) plans and IRAs, which have tax advantages.

Make early, regular contributions to your savings and investment accounts. For example, a 20-year-old who invests \$2,000 a year for eight years will earn more off that investment by age 65 than a 30-year-old who invests \$2,000 a year for 30 years.

Assess your risk tolerance and define investment objectives that encompass short-term, midterm and long-term goals.

Build a balanced, diversified portfolio. Women tend to invest significantly in low-yield, safe investment vehicles as opposed to higher-growth potential stocks.

As always, consulting with your financial advisor will ensure that you are on the right path.

© KeyCorp 2012. KeyBank member FDIC.

to understand your mission, we must understand your passion

Unlock a different approach to business banking. At KeyBank, we ask questions. We listen. We get to know you and your business. Then, we make everything work together, from managing cash and financing your future to safeguarding your business. We even address the financial needs of you and your employees.

It's an integrated approach to helping your business thrive.

Start a conversation. And unlock your possibilities.

go to key.com/business
call Oliver Kardos
at 518-257-8562

KeyBank 
Unlock your possibilities

Credit products are subject to credit approval.
©2011 KeyCorp. KeyBank is Member FDIC. ADL2662/20



A winning recipe

BOCES and food bank combine resources to help provide meals for hungry kids

By BRADLEY MORRIS
news@spotlightnews.com

There's a new tag team in the Capital District taking on the challenge of childhood hunger.

The Capital Region BOCES Career & Technical School and Regional Food Bank of Northeastern New York have combined forces in order to both promote good health among hungry, inner-city children and give jobs to those willing to assist. The program is called the Summer Food Service Program, and it is funded and coordinated by the Regional Food Bank. The main goal is to get healthy breakfasts and lunches to children involved in youth programs that provide free meals in Albany, Amsterdam and Gloversville.

The food bank has done similar projects in the past, but the partnership with BOCES is a new twist.

"This is the first time BOCES has worked with the food bank [in this type of program]. They have done a lot of activities with us over the

"Our group includes refugees from Burma, Iraq, and other countries. The language barrier has been difficult, but not impossible because food is an international language."

— Chef Paul Dolan

years." Kim Brizzell, Capital Region BOCES president of adult education, said. "The food bank was looking to expand on what they've been doing ... and make it better for the kids."

The main goal of the program is the get kids to eat healthier while providing them with a USDA-approved meal.

According to Chef Paul Dolan, who prepares the meals, the food bank provides all food, and all meals prepared are fresh. Dolan said he likes to prepare different specials as well that promote good health, such as fruit salad using the numerous fruit options donated by the food bank.

Sometimes, though, it can be a challenge to get the

healthy options to appeal to the children, Dolan said.

"Unfortunately, kids want bologna sandwiches more than they want the [healthier] roast turkey sandwiches," he said.

Brizzell said BOCES also views this partnership as an opportunity for those involved in their adult education and English as a second language classes. Those students have an opportunity to help out with the program, allowing them to develop skills useful in a team environment and the workplace.

"We decided to make it a learning project," Brizzell said.

Instead of hiring more workers, BOCES reached out to its own students since skills useful for the working force are important and hands-on experience is one of the best ways to obtain them.

"We recruited a lot from our current [classes]. We reached out with the network of our community. That's our main population [of workers]," said Brizzell.

Dolan said, despite their varied backgrounds, the volunteers share a common language.

"Our group includes refugees from Burma, Iraq, and other countries. The language barrier has been difficult, but not impossible



Chef Paul Dolan and his crew prepare around 185 breakfasts and up to 350 lunches per day as part of the Summer Food Service Program.

Submitted photo

because food is an international language," Dolan said, adding that the participants are very willing to work, which helps make it a productive learning experience.

The crew prepares around 185 breakfasts per day and 275

to 350 lunches per day.

"It's a pretty amazing opportunity to serve the community and the food bank [and] provide to such a great cause," said Brizzell.

The program will continue to serve meals until Aug. 24.

ATM: Cleveland, OH

We'll refund any bank's ATM fees anywhere in the U.S.!

All 425,000 ATMs in the U.S. are free with Pinnacle Checking.

Imagine the convenience of being able to use any ATM anywhere in the country for free. And that's just one of the benefits of our Pinnacle Checking. Even when other banks charge you ATM fees, we'll refund them automatically. So go ahead. Use any ATM for free. From the most convenient...to the most unusual.

To learn more, visit any First Niagara branch or EveryATMFree.com.

FIRST NIAGARA

First Niagara Bank, N.A. MEMBER FDIC

*Includes unlimited free transactions at domestic (U.S. & Canada) non-First Niagara ATMs and unlimited rebates of domestic non-First Niagara ATM surcharges. Rebates are credited at end of each statement cycle.

M & T Helping Hands

Caregiver Services
Home Helper Services

What M&T Can Do For You

- Companionship & Conversation
- Prepare Daily & Weekly Meals
- Awareness Given to Eating Habits
- Arrange & Bring to Appointments
- Go Grocery Shopping
- Organize Mail & Personal Papers
- Maintain Schedule & Calendar
- Drive to Religious Services or Events
- Assist with Walking
- Organize & Clean Closets
- Pick-up Prescriptions
- Light Handy Work & Cleaning
- Help out with normal daily tasks that have become harder to do

We become part of your family, and turn your golden years into a worry free vacation

Local & Family-Owned by Michelle Kavanaugh & Terri Fish

Bonded & Insured for Your Protection

1 Hour Free Consultation

380-9788

Email: MandTHelpingHands@gmail.com
Website: www.MandTHelpingHands.com

HIRING CAREGIVERS FOR PART-TIME & WEEKEND HELP



**Send them to
SCHOOL
in something
COOL from**

CROSSROADS FORD

Safe • Dependable

Certified Pre-Owned Inventory



ford.com/certified-used

2006 Ford Escape XLT



U7325T, 4x4,
V-6, 60,053 miles.

\$13,295

2007 Chevy Impala LT



U7271C, V-6,
only 42,135 miles.

\$14,495

2008 Ford F-150 XLT



U7272T, 4x4,
SuperCab,
25,159 miles.

\$23,995

2007 Ford F-150 Lariat



U7276T, 4x4, leather,
sunroof, loaded,
42,587 miles.

\$23,495

2009 Mercury Mariner Premier



U7253PC, leather,
only 29,084 miles.

\$16,995

2010 Ford F-150 XLT CrewCab



U7317T, 4x4, V-8, only
16,489 miles.

\$29,995

2010 Lincoln MKZ



U7323PC, AWD, leather,
sunroof, loaded,
only 8,935 miles.

\$27,495

2010 Mercury Milan Premier



U7327C, leather, heated
seats, premium wheels,
backup camera,
only 17,436 miles.

\$17,995

2011 Honda CRV EX-L



U7273T, AWD,
fully loaded,
32,143 miles

\$24,795

2011 Mazda CX-7



U7316T, AWD,
leather, heated seats,
only 6,854 miles

\$26,495

2012 Ford Flex SEL



U7322PT, AWD,
only 19,028 miles.

\$28,795

2005 Chevy Equinox LT



U7331T, AWD, sunroof,
only 59,173 miles.

\$12,995

All Ford Certified Pre-Owned vehicles come with:

- 172-point inspection*
- 7 year/100,000-mile fully transferable powertrain warranty coverage*
- 12-month/12,000-mile comprehensive warranty *
- 24/7 Roadside Assistance

- Service Loaners
- \$500 Trip Interruption Coverage
- Oil & Filter Change, Windshield Wipers, Full Tank of Gas



0.9% Financing Available

518-756-4000 • 2351 Rt. 9W • Ravena, NY
Check out our inventory online at www.crossroadsfordravena.com

Entertainment in the Spotlight



There are a number of aircraft inside the hangar at the Empire State Aerosciences Museum, including a Folland Gnat F.Mk 1, the red plane.

ESAM aims high for National Aviation Day

By JACQUELINE M. DOMIN dominj@spotlightnews.com

Glenville museum plans daylong celebration

The Empire State Aerosciences Museum in Glenville will take part in national Aviation Day on Saturday, Aug. 18. People of all ages are invited to enjoy guided tours, flight simulators, rides around the front lawn in ESAM's parade plane, open cockpits and stick rocket classes. There will be a tent with displays and activities geared to kids, and there will be discounted rides on the simulated reality vehicle. The 109th Airlift Wing C-130 cargo plane will make a special appearance. The celebration kicks off at 10 a.m. and runs until 4 p.m. It is included with regular admission,

which is \$8 for adults, \$6 for seniors/military, \$5 for children 6 to 16 and free for members and children younger than 6. Founded in 1984, the museum aims to stimulate interest in aviation, particularly as it relates to New York State. It is home to a number of aircraft, including an A-10 Warthog, UH-1 helicopter and F-84F Thunderstreak. Earlier this year, the museum acquired three planes from the Intrepid Sea, Air & Space Museum in New York City: a Supermarine Scimitar, F-3D-2 Douglas Skynight and a MIG-15. The Scimitar is a twin-engine, single-seat strike fighter used by Great Britain and is the only one in the United States. Inside the museum, there are a number of

aviation-related exhibits, including a section on Amelia Earhart and women in flight, a hot-air balloon display and a model of a Japanese aircraft carrier. Exhibits are housed in two buildings. Most of the aircraft are outside, although some of the more fragile aircraft are located inside the museum's expansive hangar. The museum is open during the summer on Tuesdays from noon to 4 p.m., Wednesday to Saturday from 10 a.m. to 4 p.m. and Sundays from noon to 4 p.m. As part of the Blue Star Initiative, all active duty military personnel and their families can enjoy free admission from Memorial Day to Labor Day. For more information, visit www.esam.org.



Top: Visitors can have a seat in the cockpit of a U.S. Marine helicopter.
Bottom: A model of the Japanese aircraft carrier "Akagi" has its own room at the Empire State Aerosciences Museum.



Photos by Jacqueline M. Domin/Spotlight

**Quality live music
for your next occasion**

BAND OF GOLD
www.bogmusic.us

(518) 859-5439
great music, personal service, priced affordably

82953

Arts and Entertainment

Theater

COPACABANA

Musical featuring Barry Manilow's songs, presented by Mac-Haydn Theatre, 1925 Route 203, Chatham, Aug. 15-19, call for show times, adults \$28-\$30, children under 12 \$12. Information, 392-9292.

HAIRSPRAY

Musical based on cult movie classic, presented by Park Playhouse, Washington Park Lakehouse, Albany, Aug. 4-19, shows 8 p.m. Tuesday through Sunday, center section seating \$15, side section seating \$13, lawn seating free. Information, 434-0776.

THE LOVE LIST

Norm Foster comedy, presented by Lake George Dinner Theatre, Holiday Inn Resort, Lake George, through Oct. 20, evening shows Wednesdays through Saturdays, matinees Tuesdays through Thursdays, call for prices. Information, 668-5762, ext. 411.

Music

RUNNING THE RIVER

Fun band, Aug. 16, 8 p.m., Moon and

River Cafe, 115 South Ferry St., Schenectady, free. Information, 382-1938.

BRIAN DANIELS

Country, folk and blues singer, Aug. 17, 7 p.m., Emack and Bolio's, 366 Delaware Ave., Albany, free. Information, 512-5100.

JOHN GORKA

New Folk Movement singer-songwriter, Aug. 17, 7 p.m., Caffè Lena, 47 Phila St., Saratoga Springs, advance tickets \$22, day of show \$24. Information, 583-0022.

ANNA FRENCH & HORACE MICHAEL

Piano-playing musicians, Aug. 17, 8 p.m., Moon and River Cafe, 115 South Ferry St., Schenectady, free. Information, 382-1938.

THIRTEEN FOR LIFE

Original music, Aug. 18, 7 p.m., Emack and Bolio's, 366 Delaware Ave., Albany, free. Information, 512-5100.

BEAUCOUP BLUE

Father and son duo, Aug. 18, 8 p.m., Caffè Lena, 47 Phila St., Saratoga Springs, advance tickets \$16, day of show \$18. Information, 583-0022.

JOHN BIRCHLER

Folk musician, Aug. 18, 8 p.m., Moon and River Cafe, 115 South Ferry St., Schenectady, free. Information, 382-1938.

KATSURA WITH RICK SACCHETTI

Rock, pop and folk, Aug. 19, 6:30 p.m., Emack and Bolio's, 366 Delaware Ave., Albany, free. Information, 512-5100.

ELECTRIC CITY CHORUS

Barbershop and a capella music, Aug. 19, 7 p.m., Freedom Park, Schonowee Avenue, Scotia, free. Information, 374-8611.

DAVID MASSENGILL

Appalachian dulcimer master, with opening act Greg Klyma, Aug. 19, 7 p.m., Caffè Lena, 47 Phila St., Saratoga Springs, advance tickets \$18, day of show \$20. Information, 583-0022.

Comedy

MOP AND BUCKET COMPANY

Weekly show of improvised comedy and music, Aug. 17, 8 p.m., Proctors Underground, 432 State St., Schenectady, adults \$14, students/seniors \$6. Information, 346-6204.

Family

THE PUPPET PEOPLE

Children's show, Aug. 18, 7 p.m., Freedom Park, Schonowee Avenue, Scotia, free. Information, 374-8611.

Visual Arts

NEW YORK STATE MUSEUM

"Best of SUNY Student Art Exhibition," through Sept. 3; "Focus on Nature XII," through Dec. 31; "Beneath the City: An Archeological Perspective of Albany," permanent collections on the 9/11 recovery effort, New York state history and geography, Empire State Plaza, Madison Avenue. Information, 474-5877.

ALBANY INSTITUTE OF ART

"Great, Strange, and Rarely Seen: Objects from the Vault," through Aug. 26; "Recent Acquisitions," through Sept. 23; plus "The Folk Spirit of Albany: Folk Art from the Colletcion of the Albany Institute of History and Art" and exhibits on Hudson River School painting, American sculpture and the history of Albany, 125 Washington Ave. Information, 463-4478.

ALBANY AIRPORT GALLERY

Installations by Paul Katz, Harry Leigh, Harold Lohner, Lillian Mulero, Ken Ragsdale, Nancy Shaver and Joy Taylor. Information, 463-3726.

ARTS CENTER OF THE CAPITAL REGION

"Fence Select," featuring works selected by Opalka Gallery director Jim Richard Wilson, through Aug. 31, 265 River St., Troy. Information, 273-0552.

BOTTLE MUSEUM

"Fli-N-Shu," featuring the art of miChelle M. Vara, Jan Rutland Memorial Artists' Space, through through Sept. 17; 76 Milton Ave., Ballston Spa. Information, 885-7589.

BROOKSIDE MUSEUM

"The Threads of Time," through Jan. 31; 6 Charlton St., Ballston Spa.

NATIONAL MUSEUM OF DANCE

"Tails & Terpischore" through Nov. 24, 2013; "En Pointel" through Nov. 18; "Eleo Pomare: The Man, The Artist, The Maker of Artists," through Nov. 18; "American Ballet Theatre: Then & Now," through Nov. 18; 99 South Broadway, Saratoga Springs. Information, 584-2225.

SARATOGA AUTOMOBILE MUSEUM

"The Syracuse Mile," featuring two of the central New York's famous stock cars; plus ongoing exhibits including "East of Detroit" and New York racing, 110 Avenue of the Pines, Saratoga Springs. Information, 587-1935, ext. 20.

SCHENECTADY MUSEUM AND PLANETARIUM

"FETCH! Lab" and "Fueling the Future," ongoing; Nott Terrace Heights, Schenectady. Information, 382-7890.

TANG TEACHING MUSEUM & GALLERY

"Dance/Draw" and "Terry Adkins Recital," through Dec. 2, Skidmore College, Saratoga Springs. Information, 580-8080.

UNIVERSITY ART MUSEUM

"Artists of the Mohawk Hudson Region," a juried exhibition, through Sept. 8; University at Albany, Washington Avenue Extension, Albany. Information, 442-4035.

HYDE COLLECTION

"Stephen Knapp: New Light" and "Tiffany Glass: Painting with Color and Light," through Sept. 16; 161 Warren St., Glens Falls. Information, 792-1761.

CLARK ART INSTITUTE

"Through Shen-kan: Sterling Clark in China" and "Then & Now: Photographs of Northern China," through Sept. 16; "Unearthed: Recent Archaeological Discoveries from Northern China," through Oct. 21; "Clark Remix," through Jan. 1, 2014; 225 South St., Williamstown, Mass. Information, (413) 458-9545.

MASS MOCA

"Sanford Biggers: The Cartogrtapher's Conumdrum," through Oct. 30; "Michael Oatman: All Utopias Fell," through Nov. 4; "Anna Betbeze: New Work," through Nov. 5; "Making Room: The Space Between Two & Three Dimensions," Through Jan. 2; "Invisible Cities," through Feb. 4; "Sol LeWitt: A Wall Drawing Retrospective," ongoing; 87 Marshall St., North Adams, Mass. Information, (413) 664-4481.

ARKELL MUSEUM

"American Impressionsim: Masterworks in Watercolor and Pastel," through Oct. 21; "Pastoral and Parkland: American Landscape Paintings," through Oct. 26; plus "Arkell's Inspiration: the Marketing of Beech-Nut and Art for the People," ongoing; Canajoharie. Information, 673-2314.

Call for Artists

SARATOGA ARTISANS AND CRAFTERS' MARKET

Accepting applications for local artists and crafters to be vendors at new market at High Rock Pavillions, 10 a.m. to 4 p.m. Thursdays through Sept. 27, must have state tax ID and general liability insurance. Information, 461-4893.

BALLSTON SPA COMMUNITY BAND

Openings in several sections, especially percussion, rehearsals Wednesdays at 7 p.m. at Ballston Spa High School. Information, 580-1037.

THURSDAY MUSICAL CLUB

Women's singing group entering its 99th year, practices held Wednesdays from 9:30 to 11:30 a.m. Information, 765-4536.

THE CHORALIERS

Musical group looking for singers of all abilities, performs concerts at Christmas and in the spring, pieces are familiar and fun to sing, no auditions are necessary, practices are 6:30 p.m. Wednesdays at Saint Clares' Chapel, McClellan Street, Schenectady.

ETUDE CLUB

Looking for women interested in vocal and instrumental performance, meetings held the first Thursday of every month. Information, 374-5536.

CLIFTON PARK COMMUNITY CHORUS

Ongoing rehearsals for its winter concert, Shenendehowa Adult Community Center, Clifton Common, Clifton Park, no auditions required to join. Information, 371-6681.

CAPITALLAND CHORUS

Openings for all voice parts for women who love to sing and perform, rehearsals are at 7 p.m. Thursdays at New Covenant Presbyterian Church, corner of Orlanso and Western avenues, Albany. Information, 785-3567.

TANGO FUSION DANCE COMPANY

Auditioning professional dancers by appointment at Arthur Murray Dance Studio, 75 Woodlawn Ave., Saratoga Springs. Information, 306-4173.

ADIRONDACK PASTEL SOCIETY

Group meets four times a year and holds an annual show, promotes and encour-

ages the medium of pastel through exhibitions, education and comradery in the medium. Information, 793-9350.

DELMAR COMMUNITY ORCHESTRA

Openings in the string, horn and percussion sections. Information, 813-4299 or e-mail delmarcommunityorchestra@gmail.com.

COLONIE TOWN BAND

Several openings, rehearsals on Mondays at 7:30 p.m. at town hall, Route 9, Newtonville. Information, 783-2760.

COLONIE CENTENNIAL BRASS CHOIR

Openings for brass players, rehearsals on first Thursday and third Tuesday of the month, at 7:15 p.m., town hall, Route 9, Newtonville. Information, 783-2760.

SUBURBAN SOUNDS COMMUNITY CHORUS

Openings in mixed chorus, rehearsals Sundays at 7 p.m. at Lynnwood Reformed Church, Route 146, Guilderland. Information, 861-8000.

FRIENDSHIP SINGERS

Openings in women's singing group, focusing on old favorites and show tunes, rehearsals Tuesday mornings at Delmar Reformed Church, Delaware Avenue, Delmar. Information, 439-2360.

SIENA CHAMBER ORCHESTRA

Rehearsals Thursdays at 7:30 p.m., Siena College, Route 9, Loudonville. Information, 783-2325.

THE ORCHESTRA ON THE COMMON

Openings in the string section, also need French horn, trombone, flute and bass drum players, rehearsals Friday at 9 a.m., Shenendehowa Senior Center, Clifton Common, Clifton Park. Information, 372-5146.

ELECTRIC CITY CHORUS

Male singing group, training provided, rehearsals at Faith United Methodist Church, Brandywine Avenue and Eastern Parkway, Schenectady, Tuesdays, 7:30 p.m. Information, 399-1846.

RIVER VALLEY CHORUS

Sweet Adelines group based in Niskayuna is looking for women to join group. Information, 346-5349.

MONDAY MUSICAL CLUB WOMEN'S CHORUS

Invitation for new members to join in singing classical and popular songs, Third Reformed Church, 20 Ten Eyck Ave., Albany, Tuesdays, 7:30 p.m. Information, 477-4454.

ARTISTS WANTED

Exhibit space available for original paintings at Local Color Art Gallery, 1138 Troy-Schenectady Road, Latham. Information, 220-9027.

Weekly Crossword

Team Players

1	2	3	4		5	6	7	8	9		10	11	12	13
14					15						16			
17					18						19			
20							21				22			
			23		24			25		26				
27	28	29				30	31		32				33	34
35					36			37		38				
39					40				41			42		
43			44			45					46			
47					48		49			50				
		51				52			53					
54	55				56		57	58		59		60	61	62
63					64				65					
66					67						68			
69					70						71			

ACROSS

- 1 Weaponry
5 Hollywood prize
10 Government agent
14 Florentine farewell
15 Wine valley in France
16 Put on the payroll
17 Arkansas U.
19 Ferber or Millay
20 Actress Fiore
21 Bulldogs' school
22 Hebrew instrument
23 Termination
25 Planetary body
27 Marquette U.
32 Enticing
35 Stone and Iron
36 Whit
38 Himalayan country
39 Current craze
40 Shoe parts
42 Actress Farrow
43 All in
45 Mud deposit
46 Stirs up, briefly
47 Entrapped
49 Iowa State U.
51 Sluggish
53 Ad ____
54 Created

- 56 Verdi opus
59 Authoritarian edict
63 Greek war god
64 Washington and Jefferson Coll.
66 Spanish painter
67 Red dye
68 Nautical chains
69 Soviet news agency, formerly
70 Move sinuously
71 Compos mentis

DOWN

- 1 Land measure
2 Iranian currency
3 Labyrinth
4 Oklahoma U.
5 Ball
6 One-horse carriage
7 Comedienne
8 Talus site
9 Prepare to mail back
10 Action area, in Britain
11 US Naval Acad.
12 Cartoonist
13 In proximity
18 Hindu queen
24 Murder

- 26 Part of RBI
27 Floats
28 More than once
29 Texas Tech
30 Sea in Antarctica
31 Unflinching
33 Ingenuous
34 ____ snake: kind of lizard
37 Partner
40 ____ fixé
41 Engrave
44 Hemingway, and others
46 Toledo U.
48 Curtains
50 Stentorian
52 Austrian alps
54 Spar
55 Locale
57 Arnaz
58 Hindu month
60 Author Seton
61 Machine gun
62 NC motto word
65 Cuttlefish ejection

Shaker Heritage Society is seeking new voices

Group to focus on preservation in the coming years

The Shaker Heritage Society, an interpretive center that dedicates itself to informing and educating the community about the many contributions of the Shakers, is recruiting new board members to help further its mission. The Society is also recruiting a new treasurer.

"This is an opportunity to help preserve a significant historic site that also is a wonderful rural oasis adjacent to Albany International Airport. In this small organization, every Board Member can have an impact," Executive Director Starlyn D'Angelo said in a press release announcing the positions.

The new board members would assist in providing financial, historic preservation and fundraising expertise. The Shaker Heritage Society, located at the site of America's first Shaker settlement, 25 Meeting House Road, Albany, is nationally renowned for its informative history. Also, the center puts on an array of events that celebrate both the community and history.

D'Angelo said that the preservation of old buildings and their surrounding landscapes are a big part of the organization's master plan.

"We need people who are willing to tackle the challenge," she said.

The skills, experience and interest essential for the position include: nonprofit

board leadership, finance, government relations, historic preservation, fundraising/public relations, nonprofit and real estate law, community activism and technology/IT.

This call for new blood is a routine change for the organization.

"Every year one-third of our board rotates," said D'Angelo. "This is standard for any nonprofit."

However, she added, the organization is going about the process a little differently by "broadening its net" and making more of an effort to get individuals involved since the preservation process is such an extensive one.

Board members are expected to regularly attend board meetings and Society events, fundraising events and make commitments to actively participate in board activities.

Although the preservation is the main focus, there are a number of other important plans in the Society's future. The Society has plans to improve education about the significance of the historical sites, along with developing education programs for senior citizens and attempting to increase heritage tourism in the Albany area.

"We have this gem of a historic site. It should be a gateway to the cultural attraction [and] be a nationally recognized historical site," said D'Angelo.

For more information or to apply for the job, contact Starlyn D'Angelo at 456-7890 or email Shakerdirector@gmail.org.

— Bradley Morris

Books on screen, and on wheels

Digital Bookmobile visits area libraries

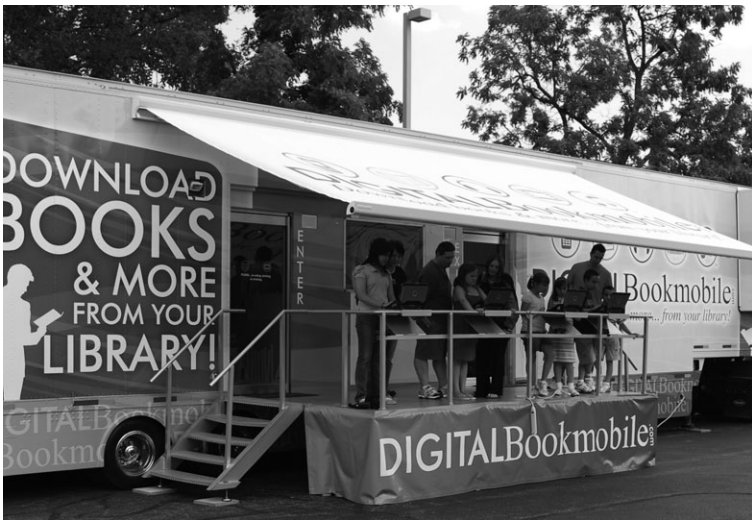
By ALYSSA JUNG
junga@spotlightnews.com

Did you know there are 13,000 books, music and movies available to download from public libraries across the Capital District? Recently, the Overdrive Digital Bookmobile made stops in the area to let people know more about the libraries' e-book offerings.

The Bookmobile on Wednesday and Thursday, Aug. 8 and 9, made local stops to show patrons exactly what e-materials their libraries have to offer and how to access them.

"Library patrons are always asking us about our e-book collection. This event is a fun way to let people try out various devices and learn how to download digital materials for free from the library," said Richard Naylor, director of Colonie's William K. Sanford Library. "The digital bookmobile is an amazing display of available library technology and devices and we are excited to be able to host it."

The bookmobile is a 30-by 75-foot tractor trailer that tours the nation showing readers how to make the most of their library cards. The interior is outfitted with the various devices that can be used to download materials, like computers, tablets, e-book readers and portable media players. There's also a room with demonstrations on how to download movies and sample e-book and audio books for patrons to test out their new



The Overdrive Digital Bookmobile made two stops at Capital District libraries on Wednesday and Thursday, Aug. 8 and 9. The interactive vehicle teaches library patrons how to access digital materials.

Submitted photo

digital borrowing skills.

"We (are) absolutely thrilled because many people are just not aware that they can download books for their e-readers and mp3 players in the library," said Jo-Ann Benedetti, manager of outreach and information services for the Upper Hudson Library System.

Benedetti said area libraries have been offering books in a digital format since 2006, about three years before the Kindle was first released. The problem is many people don't realize they have the option to borrow e-books or audio books from the library, or how simple it is.

As long as patrons have their library card handy, the process is quick and easy.

"It's very similar to shopping for anything online. You add a book to a little cart and check it out," said Benedetti.

First, cardholders find the

book, album or movie they want in a digital catalogue. Then, they add it to a cart and can choose to have it available for one, two or three weeks. After the borrowing time expires, the item automatically is deleted from the account.

"You don't have any late fees and don't have to remember to return a book," said Benedetti.

Patrons can access the digital library 24/7, even outside library hours. Materials can be downloaded to Kindles, iPods, iTouch devices, Android tablets, the NOOK, Sony Reader, Blackberry, Windows Phone and other portable devices that are compatible with the library's download service.

For more information about UHLS digital download services, visit digitalcollection.uhls.org. To learn more about the Overdrive Digital Bookmobile, visit digitalbookmobile.com.

Spotlight on REAL ESTATE



George W. Frueh

Discount Home Heating Oil
Kerosene – Diesel Fuel

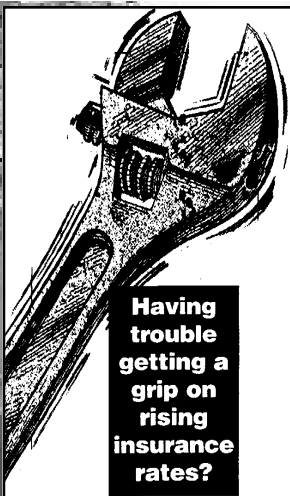
**SUMMER FILL UP
SPECIAL**

**\$3.50 a gallon
Fuel Oil**

CASH ONLY

Service... Any Day, Any Time

**436-1050
Call For Today's Prices**



Having trouble getting a grip on rising insurance rates?

We offer quality home owners insurance at competitive rates.

Call for a quote today!

**Greg Turner
Owner**



**FOR INSURANCE
439-9958**

Congratulations to our July Agents of the Month



*Ro Mosmen/
Ann Manning*



Judi Henrikson



Joan Wennstrom



Dave Schrepper



**Buyer/Broker
Agent of the Month**

Gary Pollard



Cathy Cooley



**439-2888
www.realtyusa.com**

Milestones

Moskowitz, Hoerz to marry

Steven and Paula Moskowitz (Glenmont) proudly announce the engagement of their daughter, Lisa Angelina Moskowitz, to Tyler Hoerz, son of Joyce Hoerz (Middleburgh) and Robert Hoerz. The bride to be attended Bethlehem Central High School and SUNY Oswego. She received her Master's of Social Work at SUNY Albany, and recently passed the SW licensing exam. She is currently a foster care social worker at Parson's Child and Family Center. The groom attended Middleburgh High School and received his bachelor's degree at SUNY Oswego. He is currently employed by the State of New York Dept. of Tax and Finance.

A spring 2013 wedding is planned. The couple will reside in Albany with their dog Laker.



Angelina Moskowitz and Tyler Hoerz

O'Donnell, Kochersberger wed

Amy Elizabeth O'Donnell, daughter of Patrick M. and Jean O'Donnell of Delmar, New York exchanged wedding vows in a September 30, 2011 ceremony at Colgate Divinity School of Rochester, New York with Gregory George Kochersberger, son of David and Patricia Kochersberger of Rochester, New York. Deacon Thomas Driscoll performed the ceremony.

The bride graduated from Bethlehem Central High School, Nazareth College, and New York Chiropractic College and is a Chiropractor practicing in Webster, New York. The groom graduated from Brighton High School and SUNY Cortland, and is owner of Twelve Corners Landscaping in Rochester, New York.

The couple resides in Rochester, New York.



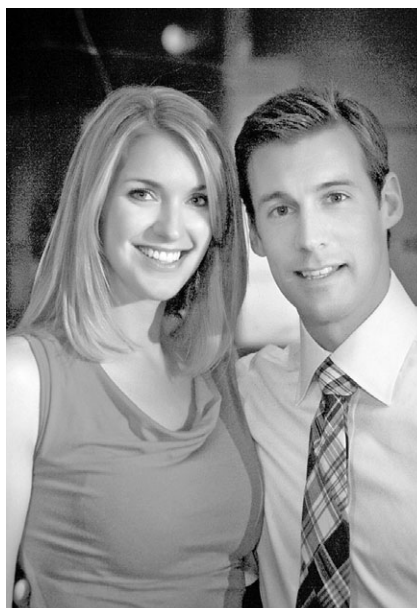
Amy Elizabeth and Gregory George Kochersberger

Webb, Taffe to wed

Brian Patrick Taffe, son of Mary Ann and Jack Taffe of Slingerlands and Mara Elizabeth Webb, daughter of Dr. and Mrs. Thomas Webb of New Hartford, NY, will exchange vows on Saturday, August 25th at the church of Saint Thomas the Apostle in Brigantine, NJ.

Brian is a 1997 graduate of Bethlehem Central High School and a 2001 graduate of Boston College. He is an Anchor with ABC News 6 in Philadelphia. His fiancée is a 1999 graduate of New Hartford High School and a 2003 graduate of Villanova University. She is a Executive Producer, also with ABC News 6 in Philadelphia.

The ceremony will be officiated by the Rev. James Walsh. A reception will follow the ceremony at the Seaview Resort in Galloway, NJ.



Mara Webb and Brian Taffe

Thomas Michael Roberts

Thomas Michael Roberts, 44, died peacefully at his home in Takoma Park, Md., the morning of July 23,



2012. Tom often joked, "Under-promise and over-deliver." Living 13 years after his brain tumor diagnosis, he did just that.

Tom was born in Albany to Donald and Emily Roberts and raised in Delmar. He attended Bethlehem Central Schools, where he wrestled, played baseball and read an enormous number of books. During his college years, he developed a deep commitment to human rights. Most notably he participated in the National Campaign to Abolish the Death Penalty's "Pilgrimage for Life" march from Florida to Atlanta, walking with Sister Helen Prejean. Tom expressed his love of, and dedication to, the arts through his work at the Old Songs Festival in Altamont, the Hudson Valley Writer's Guild and the Albany League of Arts.

After moving to

Washington, D.C., in 1990, Tom worked with the National Assembly of Local Arts and played shortstop for the National Endowment of the Arts softball team. Tom was hired by the National Academy of Engineering in 1997 and later moved within the National Academy of Sciences to the Office of News and Public Information.

Tom and Patti Mallin married August 17, 1997.

While training for the AIDS Marathon in 1999, Tom had a grand mal seizure. After his brain tumor diagnosis and an initial recovery phase, Tom and Patti's daughter, Camden, was born in February of 2001.

Although Tom was able to continue working and volunteering for several years after his diagnosis, the deficits in mobility and speech eventually led him to retire early. He continued as a stay-at-home dad, attending every school and extra-curricular event possible.

In 2008, Tom and Takoma Park artist Amy Kincaid co-curated an art exhibit called "Cranial Vault: One Man's Journey from a Middle-of-the-Night Grand Mal Seizure through Cancer Treatment and Brain Surgery to a Survivor's

New Normal." The exhibit brought together work by more than a dozen local artists.

Integral to Tom's care were Dr. Stuart Grossman and Dr. Jaishri Blakeley of the Johns Hopkins Brain Cancer program, whose medical and emotional support sustained Tom and his family for 13 years.

Tom and his family remained deeply indebted to their near and far-reaching community of friends and family -- nicknamed "The It Takes a Village People" -- who were always on hand to visit and help out in every way imaginable.

Tom is survived by his wife, Patti Mallin, and daughter, Camden Roberts, of Takoma Park, Md.; parents Donald and Emily (Ottwell) Roberts, of Delmar; and brothers Daniel (Kristen) Roberts, of Guilderland, and Patrick (Megan) Roberts, of Brooklyn.

A memorial service will be held in Takoma Park in September. Contributions in his memory may be made to The Blakeley Neuro-Oncology Research Fund, c/o Martina Grunwald, Neurology and Brain Sciences Fund for Johns Hopkins Medicine, 100 North Charles Street, Suite 401, Baltimore, MD 21201.

OHAV SHOLOM APARTMENTS INDEPENDENT SENIOR LIVING


One Bedroom and Studio Apartments at Affordable Rates!
115 Krumkill Road, Albany, New York 12208



- Rent includes all utilities
- Individual thermostat
- Weekly shopping buses
- City bus transportation at door
- Convenient store on premises
- Social activities
- Private, on-site parking
- Some rental subsidy available

info@OhavSholomApts.org

www.OhavSholomApts.org

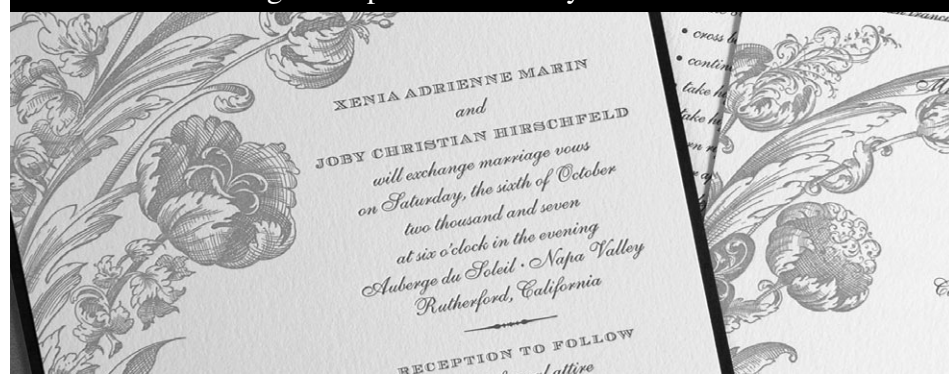
 Equal Housing Opportunity

489-5531

82638

pearl grant richmans

featuring Letterpress Couture by DAUPHINE PRESS



Find your Paper Trousseau from Dauphine, Vera Wang, Kate Spade, Crane & Co., Martha Stewart and many more exciting collections of Wedding Invitations.

STUYVESANT PLAZA, ALBANY, NEW YORK
518.438.8409

WWW.PEARLGRANT.COM

81645

Your Community in The Spotlight

New Baltimore farmers market

On Saturday, Aug. 18, the New Baltimore farmers market at Cecil Hallock, District 2, Park on Route 54 will feature the following vendors: The Heavenly Bakers of the New Baltimore Reformed Church with freshly made granola as well as multigrain and challah loaf, a specialty bread and gluten free loaves as well; Susie’s Climax Creations will have fresh mushrooms and garlic as well as a variety of pickled items including garlic scapes, dilled zucchini, bread and butter chips, spicy dill pickles and more. Eck’s Farms will have a variety of fresh vegetables including tomatoes, squash, and corn. Good Day Honey features honey, beeswax candles, soap, lip balm as well as maple syrup and Becky’s Herbs will have a several herbs and greens.

Performing on Saturday, Aug. 18, will be the Instant String Band. There is an ongoing 50/50 raffle to support the music program. Tickets are \$1 or 6 tickets for \$5. The proceeds from the raffle have helped to present a variety of performances to date with more scheduled throughout the summer.

The New Baltimore Farmers’ Market runs from 9 a.m. until noon and features easy access, parking and free organic coffee.

CDPHP fair

CDPHP has teamed up with Colonie Senior Service Centers, Inc. to provide a free document fair to help guide seniors through the process of completing advance directives. These legal documents serve as written instructions regarding preferred medical care, in the event that a senior is unable to communicate their wishes. Several area attorneys will be on-hand to walk through the process of completing a living will or a health care proxy. Attendees will also have the opportunity to hear attorneys speak on topics such as Medicaid planning and the difference between a trust and a will. The event will take place on Thursday, Aug. 23, from 9:30 a.m. to noon at the Beltrone Living Center, 6 Winners Circle, Albany.

For more information, go to www.cdphp.com.

NYS Museum programs

The New York State Museum periodically hosts several family-friendly events each month. Family Fun Day is a free event that takes place the third Saturday of each month from 1-4 p.m. Offered at the program are games, crafts and other theme-based activities. Saturday, Aug. 18, families are welcome to Sea Shells, where children may bring in a favorite seashell and share their story of how it was discovered.

The off-site program Reading the Rocks: Seeing and Interpreting the Geology of Thacher State Park will be held on Saturday, Aug. 18. The event includes a geology walk with Dr. Chuck Ver Straeten. The event is free and for ages 12 and above. Those who wish to attend may meet at Thacher Nature Center at 9 a.m. Participants should wear hiking gear for trail, bush, rock outcrops and streamside walking. To register, call 872-0800.

Music Jam will be held every Thursday from noon to 2 p.m. at the Adirondack Hall. All are welcome to attend o join the musicians as they play acoustic music inspired by the Celtic tradition of jigs, eels, waltzes, hornpipes and marches, as well as occasional popular songs, jazz standards and early music. All levels of skill on any acoustic instruments are welcome, but participants must bring several copies of sheet music for those who do not play by ear, or for tunes that are not commonly known. For more information, email pkernan@mail.nysed.gov, or call 486-2024.

Legal clinics

Free legal clinics for military veterans return to the campus of Albany Law School this fall, with the school’s Veterans’ Rights Pro Bono Project hosting its first free session of the fall semester on Sept. 15. From 10 a.m. until 3 p.m. at Albany Law School, 80 New Scotland Ave., veterans will have the opportunity to meet with attorneys to discuss personal legal concerns and receive individualized

Fiver Rivers honors employee



Family, friends and co-workers gathered at DEC’s Five Rivers Environmental Education Center in Delmar on Friday, Aug. 3, to dedicate a memorial bench honoring Ed Gervais for 50 years of service to the facility. Ed came to the then-Delmar Experimental Game Farm in 1962 as a general mechanic, working for the Division of Conservation Education. In addition to performing maintenance and groundskeeping duties for what was then known as The Delmar Zoo, Ed was involved in everything from exhibit construction to wildlife rehabilitation. With the closing of the Delmar Game Farm and Zoo in 1970, Ed played a key role in converting the facility to environmental education. Ed retired from Delmar operations in 2009, but has stayed on in a Green Thumb laborer capacity since, still going strong.

Submitted photo

legal advice. Veterans can receive advice and assistance in a variety of legal areas, including drafting and executing wills, powers of attorney, and health care proxies; personal bankruptcy matters; VA benefits; tax law; matrimonial and family law; landlord/tenant and property law issues; social security concerns; and lost or incorrect military documents. In addition, representatives from regional and national organizations will be present to speak with veterans about benefits and services.

Reservations are strongly encouraged, as the individual appointments with attorneys fill up quickly. Call the following numbers to reserve: 916-524-3549 for those with a last name beginning with A-G; 929-6098 for those with a last name beginning with H-M; 607-846-8047 for those with a last name beginning with N-T; and 405-922-2098 for those with a last name beginning with

U-Z. Alternatively, email bpomerance@albanylaw.edu.

YMCA after school programs

The Guilderland YMCA will be providing after school programs for the upcoming school year. The programs are located in Guilderland Elementary, Pine Bush Elementary, Westmere Elementary, on-site at Guilderland YMCA, and also Berne Knox Westerlo. There are only a few spots available at each location, so parents must enroll their children now. For questions or to enroll, contact Jenna Jura at 456-3634, ext. 1120.

Five Rivers programs

A family-oriented celebration of the birthday of Woodsy Owl’s Give a Hoot and Lend a Hand campaigns will be conducted at the New

York State Department of Environmental Conservation’s Five Rivers Environmental Education Center, 56 Game Farm Road, Delmar on Saturday, Sept. 8, at 10 a.m. On this indoor and outdoor study, Center naturalists will present interactive activities that will teach young children how to properly treat the environment. Afterwards, center staff will lead an outdoor search along Five Rivers’ trails for seasonal signs of squirrels, deer, woodpeckers and owls. Ways to “Lend a Hand, Care for the Land” at home will be discussed. Parents and children must accompany each other. This program is free of charge, but space is limited. Call Five Rivers at 475-0291 to register by Wednesday, Sept. 5.

As well, on Saturday, Sept. 8, a program on how to compost with worms will be conducted. At this clinic, center naturalists will provide a thorough demonstration of Five Rivers’ worm composting bin, and show how to turn household food waste, yard clippings and more into nutrient-rich compost. Tips to help build and maintain a healthy and productive compost bin will be provided. Afterwards, participants will be led through the center’s wildlife garden to discover the benefits of worm composting first hand. Participants will be able to make a starter worm farm, worms included, to take home. One worm farm per family. Samples of compost and worm tea to use on individual plants will also be provided. This program is open to the public free of charge, but space is limited. Call Five Rivers at 475-0291 to register by Wednesday, Sept. 5.

Hudson River Valley Ramble

The 2012 Hudson River Valley Ramble will begin in September. On the weekends of Sept. 8-9, 15-16, 22-23, and 29-30, more than 165 events will be held from the Capital District to New York City. The Ramble aims to bring people outside to enjoy cultural heritage and the natural resources of the Hudson River Valley. It also serves as an economic boost for regional economy. Nearly 150 environmental, land conservancy, trail and historic preservation organizations, New York

State historic sites and parks, as well as the National Park Service participate by offering events, and many are free of charge and family friendly. Guided hikes, cycling and kayaking tours, historic site walks, festivals and river explorations are examples of some of the types of events that will be available for every ability level. More information is available on the Ramble website at www.hudsonrivervalleyramble.com.

Nations festival

The Capital District Armenian Cultural Organization will represent Armenia in the anniversary of the Festival of Nations to be held on Sunday, Oct. 28, 11:30 a.m. to 5 p.m., at The Egg Convention Center in Albany. The Festival of Nations has been celebrating art and culture in the Capital District since 1972. All are welcome to attend the celebration of cultural diversity, including the Parade of Nations at 11:45 a.m., the crowning of Miss Festival of Nations, native dances and music, ethnic foods, crafts and entertainment from around the world. For more information on the event, visit www.festivalofnations.net. Advance admission tickets and information on placing an ad in the program book can be found by contacting Rafi Topalian at 272-2000 or rafitop@aol.com. Contact Rafi to also volunteer to help with the craft booth or food booth as well as to assist with selling raffle and admission tickets and with set-up and clean-up.

Dancing on the Hudson

Dancing on the Hudson: Dinner / Dance Cruise will take place on Sunday, Aug. 19. Boarding will be at 5:30 p.m. and the cruise will be from 6-9 p.m. The cruise will launch from the Captain JP Cruise Line dock located at the intersection of State and Front Streets in downtown Troy. USA Dance and Kevin McNamara will provide music and a free dance lesson. Admission is \$45 and includes the buffet dinner, dessert and cash bar. To register, call Jim Deforge at 233-0957.

Your Community News is sponsored by ...

SABIC
Innovative
Plastics

سابك
sabic

and

SELKIRK



COGEN

“Corporate neighbors committed to serving the community.”

Your Community in The Spotlight

Iroquois Indian Festival

The Iroquois Indian Festival will take place on Saturday, Sept. 1, and Sunday, Sept. 2, at the Iroquois Indian Museum, 324 Caverns Road. For two days, from 10 a.m. to 6 p.m., the Festival will feature traditional Iroquois music, dance, Native foods and much more. Admission is \$10 for adults and \$5 for children.

This year, Dr. Darryl Tonemah, an award-winning singer/songwriter, will be the featured performer on both days. Additionally, the Sky Dancers of Six Nations will present traditional

Iroquois social dances, the smoke dance and will be inviting audience members to join them on the dance floor. Perry Ground, a Turtle Clan member of the Onondaga Nation, will tell people of the history, culture and beliefs of the Iroquois. An all-Iroquois Native Art Market will allow people to meet with artists and learn firsthand about Iroquois creations. There will be an archeology and flint knapping station as well as a wildlife rehabilitation with Kelly Martin. Attendees are also welcome to take self-guided nature park tours using trail maps.

Currently on display

at the Museum is the exhibition Birds and Beasts in Beads: 150 Years of Iroquois Beadwork. The exhibit features more than 200 beaded objects, largely from the collection of retired archeologist and Museum trustee, Dolores Elliott.

The Museum is open from 10 a.m. to 5 p.m., Tuesday through Saturday and from noon to 5 p.m. on Sunday. It is closed Monday. Regular admission is \$8 for adults, \$6.50 for seniors/students and \$5 for children ages 5-12. Children under five years are free when accompanied by an adult. Special group rates and more information are

available by calling the Museum at 296-8949, info@iroquoismuseum.org, or www.iroquoismuseum.org.

Honored La Salle members

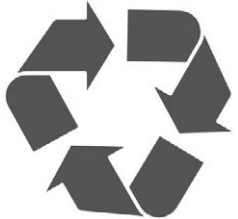
La Salle Institute Director of Admissions Mr. Gerald Washington and rising senior DeVar Jones, 13, were honored at the ninth Capital District YMCA Black and Latino Achievers Award Dinner on June 7 at the Holiday Inn Albany.

The Black and Latino Achievers program encourages professionals to share their time

and talent with young people through a variety of community-based activities. This year, the Black and Latino Achievers program has brought hundreds of young people together with professionals in programs, which build self-esteem, support school performance, and offer exposure to higher education and career opportunities.

Washington, of Chatham, whose two sons graduated from La Salle has been going around the Capital District to each YMCA to speak to young people in development workshops where his goal is to motivate kids to work hard and do the right

thing. Jones, of Albany, is entering his senior year at LSI. He is a member of several teams and clubs, namely football where he is one of the standout players returning for the Cadets.



Recycle this paper

Services in the Spotlight

AIR CONDITIONING

Insulation
Heating & A/C
Windows & Doors

ZERODRAFT
Home Energy Specialists

Did you know...
You can get a FREE Energy Audit through the Green Jobs - Green NY Program. Call to schedule today!

518-456-9376
www.getzerodraft.com

BATHROOMS

**Tile - Repair
Regrouting - Caulk**
Services starting at \$49.

Sparklin' Johns
598-8848
100% Satisfaction Guaranteed

BUILDING/REMODELING

KLERSY BUILDING CORP.

Since 1951

New Homes
Your Lot or Ours
Additions
Sun Rooms, Master Bedrooms, Family Rooms
Remodeling
Kitchens, Baths, Custom Built-Ins

In-House Design Services

413 Kenwood Avenue
Delmar, NY 12054
(518) 439-4606
www.klersybuilding.com

CONTRACTORS

D.P. ESTEY CONSTRUCTION & REMODELING

All types of Interior & Exterior Carpentry, Home Improvements & General Contracting
Insured-Professional
Reasonable-Experienced

Don 465-7642 • 852-1468 Glenmont

FENCES

AMERICAN FENCE
Best Price - Best Quality
Insured - Free Estimates
References
231-9084

HANDYMAN

BETHLEHEM HOME MAINTENANCE
Your Local **HANDYMAN**

Prompt, Safe, Reliable
All Repairs Large or Small
All Calls Returned
Free Estimates • Fully Insured
488-0595
Kenwood Avenue • Delmar

HOME REPAIR & MAINTENANCE, LTD.

- Minor Repairs • Painting
- Wall Repairs • Masonry • Carpentry
- Gutter Cleaning • Electrical

No Job Too Small 439-6863
FREE ESTIMATES • FULLY INSURED

RECYCLE

HOME IMPROVEMENT

- Basement Finishing
- Bathroom/Kitchens
- Sheetrock/Trimwork
- Windows/Doors • Licensed/Insured

T. Mullaney Contracting
Delmar, NY
439-2833

Stephen E. Cofels

Carpentry
Remodeling
Kitchens & Bathrooms
Painting
Masonry
Ceramic Tile

No Job Too Small
Fully Insured
469-1973

Torres Contracting
Free Estimates • Fully Insured
• All types of Roofing

- Siding
- Painting
- Decks
- Masonry
- Windows
- Additions

631-0572 (c)229-4720
"We will beat any competitors estimate"

LANDSCAPING

**FREE ESTIMATES
LANDSCAPE DESIGN
AND
INSTALLATION**

- Trees & Shrubs
- Walkways & Patios
- Retaining Walls
- Trimming & Mulching
- Small Jobs OK

—29 Years Experience—
CRYSTAL GREENS LANDSCAPING
587-5150
crystalgreenslandscaping.net

LAWN & GARDEN

Lawn & Landscaping

- Lawn Mowing • Spring Clean-Ups
- Flower Gardens • Shrubs
- Trees • Pruning & More

Free Estimates ~ Fully Insured
Reliable & Courteous Service
MARION MOWERS 331-2191 • Delmar

MASONRY

BOURQUE CONSTRUCTION
Foundations, Brick, Fireplaces, Chimneys, Stonework, Wet Basements

BRUCE BOURQUE OWNER
1 MILTON STREET (518) 489-2402
SLINGERLANDS, NY 12159

CHIMNEYS FIREPLACES
Cultured/Natural Stones
Concrete/Pavers
General Masonry/Repairs
Call Johnny 878-0624
Senior Discounts
http://JDMasonry.webs.com

Silvano Attura
Quality Masonry • Old/New Repair/Rebuild

Stonework, Patios, Chimneys, Fireplaces, Slate, Limestone, Brick, Block
Waterproofing Foundations & Basements, Chimney/Stone Work, Steps

50 Years Exp.
465-3102
Small Jobs Ok

PAINTING

Michael Mooney
Fine Painting & Restoration

- Residential & Commercial
- Carpentry & Masonry Repairs
- Faux Finishes • Free Estimate
- Fully Insured

Call **482-8106**

PAINTING

*3 Teachers (Retired)
Painting & Staining*
• Decks •
Interior/Exterior
Insured 393-2035 Free Estimates

RHATIGAN PAINTING
Residential Specialist

- Plaster Repair • Wallpaper Removal
- Pressure Washing • Deck Staining

Insured • Free Estimates
Call Brian 478-9632 or 810-4892

Do you want to advertise with us?
CALL 439-4940

PAVING

Quality
Pavers

Blacktop Parking Lots
Penetration Seal Coat
Driveways Repairs

Free Estimates
Fully Insured

Selkirk, N.Y. 12158
756-7500 Fax# 767-2488
767-9118

SAUL'S PAVING

**Blacktop & Seal Coating
Stone Driveways
Tar & Stone
Excavating**
All Work Guaranteed!

Call Today for Your FREE Estimate

**518-756-3059
877-934-6864**

PET CARE

Cornell's Cat
Boarding

767-9095

Heated • Air Conditioned
Your choice of food
Route 9W, Glenmont
Reservations required
Heidi Cornell

ROOFING

**LEAKY ROOF?
Chimney & Masonry Work!**

Call **John Relyea**
258-6324 Free Estimates

TREE SERVICE

AAA ENTERPRISING TREE SERVICE
TREE & STUMP REMOVAL

Serving The Capital District & Surrounding Areas Since 1980

Removals Tree Maintenance
Lot Clearing Crane Service
Brush Chipping Brush Hogging
Trimming

Prompt Reliable Service At An Affordable Price
Free Estimates • Fully Insured
24 Hour Emergency Service
518-872-2966
518-365-0878 VISA MasterCard Discover
www.AAAEnterprisingTreeService.com

Mike's
STUMP REMOVAL

Free Estimates/Insured
Reliable Service
439-8707

Haslam TREE SERVICE INC.
29 YEARS EXPERIENCE

- Complete Tree Removal
- Pruning
- Cabling
- Feeding
- Land Clearing
- Stump Removal
- Storm Damage Repair
- 100ft Crane Service
- 60ft Bucket Truck Service

FREE Estimates Fully Insured
Jim Haslam Owner
439-9702

TREE SERVICES

Pridemark Tree Services LLC
Professional. Reliable. Affordable.

Tree Removal / Trimming
Stump Grinding
Spring Clean-Up
Gutter Cleaning
125ft. Crane Service

Fully Insured/Free Estimates
www.pridemarktree.com
253-1789

GET THE WORD OUT!
Call 439.4940

WINDOWS

Insulation
Heating & A/C
Windows & Doors

ZERODRAFT
Home Energy Specialists

Did you know...
You can get a FREE Energy Audit through the Green Jobs - Green NY Program. Call to schedule today!

518-456-9376
www.getzerodraft.com



theclassifiedsuperstore.com

APPLIANCE

BLOWN HEAD GASKET? ANY vehicle repair yourself. State of the art 2-Component chemical process. Specializing in Cadillac Northstar Overheating. 100% guaranteed. 1-866-780-9041 www.RXHP.com

CONTRACTOR

HAS YOUR BUILDING SHIFTED OR SETTLED? Contact Woodford Brothers Inc, for straightening, leveling, foundation and wood frame repairs at 1-800-OLD-BARN. www.woodfordbros.com. "Not applicable in Queens county"

HOME IMPROVEMENT

HANDYMAN-PLUS NO job too small, over 25 years experience, free estimates, senior discount, fully insured, calls returned promptly (518) 522-4464

HAS YOUR BUILDING SHIFTED Contact Woodford Bros. Inc. for straightening, leveling and foundation repairs at 1-800-OLD-BARN / www.woodfordbros.com

NEAL ESTANO'S HOME IMPROVEMENT Power Washing/Siding, Decks Windows Cleaned Painting, Yard Work Fast Service at a Fair Price (518)847-8353 nealestano@yahoo.com "A FACE YOU MAY KNOW... and A NAME YOU CAN TRUST"

REPLACEMENT WINDOWS \$179 Installed. Double Hung Tilt-ins, Lifetime Warranty,Energy Star tax credit available. Call Now! 1-866-272-7533www.usacustomwindow s.com

INSURANCE

PERMANENT LIFE INSURANCE. Qualify to age 86. Fast. Easy. Few Questions. No Exam! 1-800-938-3439, x24;

APARTMENT

DELMAR \$920+ Lg light 2br apt w/garage. Excel cond & loc, on busline. Addt'l storage rm & w/d in bsmnt. Porch for patio furn. 1yr lease. Credit ck req'd. No pets/smk. 533-2525

NEW SCOTLAND \$600+ 1bdm, totally renovated, no pets/smk, lease/sec dep/ref's. 872-9671 NO CALLS after 9pm.

ROUND LAKE, EXIT 11 1 BDRM. \$150-200/wk. Util/Cable/Phone/Laundry. Wini (413) 335-6690

VACATION PROPERTY

BEAUTIFUL CONDO - MYRTLE BEACH 2Bdrm/2Ba, Ocean front. \$700 wk. Sept availability. Website photos avail. 732-2603

OCEAN CITY, MARYLAND Best selection of affordable rentals. Full/partial weeks. Call for FREE brochure. Open daily. Holiday Real Estate. 1-800-638-2102. Online reservations: www.holidayoc.com

COMMUNITY SALE

257 WASHINGTON AVE EXT, ALBANY FARMERS MARKET EVERY SUNDAY 9AM to1PM Fishmonger, Fresh produce, meats, poultry, baked goods, Prepared Med. food, Maple products, goat milk & cheeses & much, much more. Info call (518) 966-8664 www.iahfi.org

Advertise

Call 439-4940



WHITEFACE RANGE HALL, GARAGE SALE 5794 NYS Rt. 86, WILMINGTON NEW YORK, Saturday August 18, 7:00 AM - 6:00 PM. WILMINGTON TOWN WIDE YARD SALE Aug. 18th. INSIDE TABLES AVAILABLE @ WHITEFACE RANGE HALL only \$25.00 Contact Roy @ the Little Super Market at 946-2274 Rain or Shine.

ESTATE SALE

CAZENOVIA, ESTATE SALE RIPPLETON CROSS ROAD, CAZENOVIA, Friday August 17, 8:00 AM - 3:00 PM. ENTIRE HOUSE ESTATE SALE FRIDAY AUGUST 17TH AND SATURDAY AUGUST 18TH 8AM-3PM RIPPLETON CROSS ROAD CAZENOVIA Rain or Shine.

GARAGE SALE/BARN SALE

ALBANY - TEMPLE ISRAEL 600 New Scotland Ave, (Next to St. Peter's Hospital)

Huge Indoor Sale!
Free Admission - Cash Only!
Toys, Housewares, Clothing, Collectibles, and much more!
Something for EVERYONE!
Come early for best selection

DELMAR, RUMMAGE SALE Bethlehem Lutheran Church, 85 Elm Avenue. Saturday, August 18th, 9:00am - 3:00pm. Rain or Shine. Come support our Youth Group!

SELKIRK 101 Marsdale Court "Elmestates". Lawn Sale on August 18th and 19th - 8:00am to 4:00pm.

Items featured include Avon cosmetics, handmade jewelry, work-out equipment, living room and dining room furniture, office furnishings, kitchen appliances, DVD's, video games, electronics and much much more!!

BUSINESS OPPORTUNITY

MEDICAL CAREERS BEGIN HERE Train ONLINE for Allied Health and Medical Management. Job placement assistance. Computer available. Financial Aid if qualified.SCHEV certified. Call 1-800-494-2785 www.CenturaOnline.com

CAREER TRAINING

MEDICAL OFFICE TRAINEES NEEDED! TRAIN TO become a Medical Office Assistant! No Experience Needed! Career Training & Job Placement Assistance at CTI! HS Diploma/ GED & Computer/ Internet to qualify. 1-888-528-7110

AIRLINES ARE HIRING Train for hands on Aviation Career. FAA approved program. Financial aid if qualified- Job Placement Assistance. CALL Aviation Institute of Maintenance (866)296-7093

THE OCEAN CORP. 10840 Rockley Road, Houston, Texas 77099. Train for a New Career. *Underwater Welder. Commercial Diver. *NDT/Weld Inspector. Job Placement Assistance. Financial Aid available for those who qualify. 1-800-321-0298.

HELP WANTED

****2012 POSTAL JOBS!** \$14 TO \$59 hour + Full Federal Benefits.** No Experience Required. NOW HIRING! Green Card OK. 1-866-593-2664, Ext 107.

ACTORS/MOVIE EXTRAS needed immediately! \$150-\$300/day depending on job. No experience, all looks needed. 1-800-561-1762

AIRLINES ARE HIRING -TRAIN FOR hands on Aviation Career. FAA approved program.Financial aid if qualified - Job placement assistance. CALL Aviation Institute of Maintenance 1-877-202-0386.

AIRLINES ARE HIRING -TRAIN FOR hands on Aviation Career. FAA approved program.Financial aid if qualified - Job placement assistance. CALL Aviation Institute of Maintenance 1-877-202-0386.

CLASS A DRIVERS: SIGN ON BONUS Paid Holidays, Vacation, & More. Weekly Pay. Direct Deposit. REGIONAL with Home Time. 2 Years T/T EXP. 800-524-5051 www.gomcilvaine.com

DRIVERS- ANNUAL Salary \$45K to \$60k. \$0.01 increase per mile after 6 months. Quarterly Bonuses. CDL-A, 3 months current OTR experience. 800-414-9569 www.driveknight.com

DRIVERS: DEDICATED Runs with Consistent Freight, Top Pay, Weekly Home-Time & More! Werner Enterprises: 1-800-397-2645

HELP WANTED!! EARN EXTRA income mailing our brochures from home! FREE Supplies!Genuine Opportunity! Start Immediately! www.theworkhub.net

MYSTERY SHOPPERS Needed Earn up to \$150 per day Undercover Shoppers Needed to Judge Retail & Dining Establishments Experience Not Required Call Now 888-380-3513

PART-TIME FRONT OFFICE HELP Primary Care in Bethlehem. Phones, clerical, computer. Mon, Tues, Thurs 8:30-4:30. Send resume to: jwv2@verizon.net or fax to (518)439-0689. Call 439-1564 for more info.

TOP PAY FOR RN'S, LPN'S/ LVN'S, CNA's, Med Aides. \$2,000 Bonus - Free Gas.AACO Nursing Agency. Call 1-800-656-4414 Ext. 103

ADOPTIONS

A HAPPY, DEVOTED married couple (stay-at-home-mom) will give your baby endless love, warmth, bright future. Expenses paid. Call Christine/ John 1-855-320-3840

A LOVING PROFESSIONAL educated energetic couple seeks bundle of joy to love unconditionally, cherish forever and complete our family. Expenses Paid: Lisa/Brian 1-888-939-8399 www.Lbadopt.info

A WONDERFUL LIFE AWAITS your baby! We'll provide warmth, security, devoted extended family, opportunities and endless love. Expenses Paid. Anne & Marc 1-877-977-5411. www.anneandmarcadopt.com.

PREGNANT? CONSIDERING ADOPTION? You choose family. LIVING EXPENSES PAID. Abby's One True Gift Adoptions. 1-866-459-3369

PREGNANT? CONSIDERING ADOPTION? Talk with caring adoption expert. You choose from families nationwide. LIVING EXPENSES PAID. Call 24/7 Abby's One True Gift Adoptions 866-413-6296 Florida Agency #100021542

ANNOUNCEMENTS

AT&T U-VERSE JUST \$29.99/MO! Bundle Internet+Phone+TV & SAVE. Up to \$300BACK! (Select plans). Limited Time CALL 1-800-283-6371

CALL FOR RETAIL VENDORS AND PUGS..... Halloween PUG Party & Parade Sunday, October 14, 2012 Registration Begins at 10... Judging at 12 Noon Parade around 2 pm Free Admission, Registration and Parking 15 Categories with Awards and Certificates 518-494-2722



CLASSIFIED AD NOTICE Please note; ALL Classified ads must be PRE-PAID. No Exceptions!

You may pay by credit card over the phone. If you mail in a payment, your ad will start AFTER the payment is received.

We are weekly, and all ads must be in Thursday by 4pm of the week prior.

Thank you

DIVORCE \$450* NO FAULT OR R-egular Divorce. Covers Children, Property, etc. Only One Signature Required! *Excludes govt. fees. Locally Owned!1-800-522-6000 Ext. 100. Baylor & Associates, Inc. Est. 1977

HUGE FESTIVAL OF CRAFTS: Hammondsport, NY on beautiful Keuka Lake.August 18th - 19th. 125+ Artisans. 1-607-569-2242

ROTARY INTERNATIONAL BUILDS peace and understanding through education. For more information visit www.rotary.org. This message provided by PaperChain and yourlocal community paper.

SOCIAL SECURITY DISABILITY BENEFITS. You WIN or Pay Us Nothing. Contact Disability Group, Inc. Today! BBB Accredited. Call For Your FREE Book & Consultation.1-888-587-9203

WELCOME DR. EMMET BROWN We are so pleased to announce the hiring of Dr. Emmet Brown. He is a distinguished doctor and inventor. His talents reach from now to the future. Please join us in welcoming him. The McFly family will have a dinner at their home Saturday. It will be a 1955 themed party. Look for Dr. Brown's DeLorean parked out front!

ELECTRONICS

BUNDLE & SAVE on your CABLE, INTERNET PHONE, AND MORE. High Speed Internet starting at less than \$20/ mo. CALL NOW! 800-291-4159

FINANCIAL SERVICES

CREDIT CARD DEBT? LEGALLY HAVE IT REMOVED! Minimum \$7,000 in debt to qualify. Utilize Consumer Protection Attorneys. Call now! 1-888-237-0388

EARN MORE \$\$\$ with your Investments! Unique funds provide higher returns. Investment guaranteed. Get Started Now! 877-200-1411 www.loyalfinancial.com

FIREWOOD

SIMPSON'S FIREWOOD: Good qual hardwood. No dirt, scrap or mess. Green \$220 p/c, Seasoned \$280 p/c. Stacking avail. 231-0175

FOR SALE

CLARINET, VIOLIN, FLUTE, TRUMPET, Amplifier, Fender Guitar \$75 each. Upright Bass, Cello, Saxophone, French Horn, Drums \$189 each. Others 4-sale 1-516-377-7907

KILN FIRED STAIN GLASS DECORATIONS & JEWELRY! Over 1700 pieces, many extras \$2800 765-2734 No calls after 8pm

MASON & HAMLIN BABY GRAND PIANO FOR SALE By the 2nd owner. Asking \$8,000. In very good condition & also looks new. For more information call 315-635-3819.

WINDSURFER Mistrall Equipe II, Fiberspur graphite mast & boom, Rushwind sail w/ batons. Barely used - great for Finger Lakes! \$695 o.b.o. 315-685-3744

Sudoku Answers

5	2	8	4	1	6	9	7	3
9	7	4	8	3	2	5	1	6
6	3	1	9	5	7	4	2	8
8	1	6	2	7	5	3	4	9
2	4	9	3	8	1	6	5	7
3	5	7	6	9	4	2	8	1
7	6	5	1	4	3	8	9	2
4	9	3	7	2	8	1	6	5
1	8	2	5	6	9	7	3	4

Super Crossword Answers

A	R	M	S		O	S	C	A	R		T	M	A	N
C	I	A	O		R	H	O	N	E		H	I	R	E
R	A	Z	O	R	B	A	C	K	S		E	D	N	A
E	L	E	N	A		Y	A	L	E		A	S	O	R
			E	N	D			E	A	R	T	H		
W	A	R	R	I	O	R	S		L	U	R	I	N	G
A	G	E	S		I	O	T	A		N	E	P	A	L
F	A	D		I	N	S	O	L	E	S		M	I	A
T	I	R	E	D		S	I	L	T		R	E	V	S
S	N	A	R	E	D		C	Y	C	L	O	N	E	S
			I	N	E	R	T		H	O	C			
M	A	D	E		A	I	D	A		U	K	A	S	E
A	R	E	S		P	R	E	S	I	D	E	N	T	S
S	E	R	T		E	O	S	I	N		T	Y	E	S
T	A	S	S		S	L	I	N	K		S	A	N	E

Classified Information

Office Hours Deadline
8:30 AM - 5 PM
Monday-Friday
Deadline: Thursday at 4PM
for following week

Mail Address • In Person
Spotlight Newspapers
P.O. Box 100
Delmar, NY 12054
125 Adams St.
Delmar, NY 12054

READERSHIP:
All Newspapers;
113,400 Readers

Phone • Fax
(518) 439-4940
(518) 439-0609 Fax
(518) 439-5198 Fax

E-MAIL: classified@spotlightnews.com

Order Form

Classified Category: _____

Name: _____

Address: _____

City: _____ State _____ Zip _____

Home Phone _____ Work Phone _____

ALL ADS MUST BE PRE-PAID!

CALL 439-4949 x442 for package details or visit the classified superstore online! theclassifiedsuperstore.com

Speed

(From Page 1)

The ride can reach more than 70 MPH and those on board will feel the exhilaration of stopping about 12 inches above the ground before being shot back up into the air. Although the Reithoffers have owned the ride for several years, the 119th running of the fair will be its debut in Upstate New York.

Reithoffer's is also providing the giant swing ride "Vertigo," which is new to the fair and takes riders 80 feet into the air. "It isn't as extreme," said Reithoffer. "Parents can go on this with their children and they won't be scared to death, provided they meet the height requirements."

The rides are checked each week by inspectors and by the state Department of Labor, according to Reithoffer. They are also ridden each day by employees before opening to make sure each

is working properly. Some favorite attractions will be returning to the fair, such as the Disc-Connected K9's World Famous Frisbee Dogs show, owned by former Frisbee champion Lawrence Fredrick. New this year is the Hollywood Circus in the Big Top with a large petting zoo featuring giraffes, the Hollywood Racing Pigs, Sylvia's Magic Truck ventriloquist show and the musical program Vic and Sticks, which teaches children about the environment.

Fair officials have added an additional night of fireworks the closing night of the fair on Sunday, Aug. 19. The newest in fried foods will also be available. These types of exclusive attractions have kept locals returning to the fair, even after prices were raised in 2010. The new system meant all rides and attractions were included in the ticket price. Fair officials said the

change was meant to help struggling families keep the costs of attending the fair lower. "Now it's all inclusive," said Marie McMillian, the fair's manager. "We have done our best to speak to all the age groups who attend the fair. There's always a few who fall between the cracks, but every year the attendance has gone up a few thousand." McMillian estimates about 75,000 people attended the fair last year. Admission is \$15 for adults and children 36 inches and taller. All shorter children are free. Admission is also free for seniors before 4:30 p.m. on Wednesday, Aug. 15, and for those in the armed services on Thursday, Aug. 16. Fair Marketing Director Pat Canaday said the selection and simple reminders of yester-year are what keep people returning. "They want to see what's new and we want to provide that for them," she said.

Seeks

(From Page 1)

that have been put off for years need to be addressed. Douglas said the growing number of facilities deferments across the state due to budget constraints led the Education Department several years ago to institute condition surveys for districts. "It is one of the mandates the state put into place that is a very good educational mandate for planning purposes," he said. Other projects include replacing old staircases, removing asbestos tiles and retrofitting old bathrooms, lighting fixtures and windows that are decades old to become more energy efficient. Many buildings also need upgrades to the mechanical, electrical and plumbing systems, such as replacing generators, boilers and insulation. Another \$700,000

would be needed to provide technology upgrades. As more state-required testing begins to move online, the district said server upgrades are needed, the middle school is still not working on a wireless system and a larger storage and backup network is needed in case of emergencies. "One of the things we also have to recognize is even before we got into the last budget cycle, there was a grassroots community initiative developing in regards to the athletic situation here at Bethlehem," said Douglas. "They're just as much a part of the community as anyone else." In the fall, parents Jim Giacone, Scott Bonanno and Chuck Clas asked the board to consider a bond to upgrade the district's sports facilities after many games had to be canceled because of drainage issues and senior night had to be held at a different school. Athletic Director John DeMeo had

already identified needed upgrades to the turf, track, lighting and sound systems and the bleachers. The costs could run between \$2 million and \$3.2 million. "Due to the change of superintendents and the budget restraints, we kind of took a back seat with the hope of voting a bond," said Giacone at the Wednesday, Aug. 8 school board meeting. The district is holding a community forum to discuss the possibility of a bond, the amount that residents would be comfortable borrowing and what should be included in the bond for upgrades. It will be held on Monday, Sept. 10, at 7 p.m. in the middle school library. "The one thing that is very common and I think the general person knows is the more you put off repairs and the more you put off improving your infrastructure, the more it's going to cost down the road," said Douglas. "Nothing is getting cheaper."

The Capital District's Quality Weeklies

Spotlight

NEWSPAPERS

the classified superstore.com

FURNITURE

NEW QUEEN MATTRESS SET
Still in Factory plastic! \$150.00.
Can help with delivery.
Call 518-260-6653 \$150

GENERAL

****OLD GUITARS WANTED!****
Fender, Gibson, Martin,Gretsch, Prairie State, Euphonon, Larson, D'Angelico,Stromberg,Rickenbacker, and Mosrite. GibsonMandolins/Banjoes. 1930's thru 1970's TOP CASH PAID! 1-800-401-0440

AIRLINE CAREERS
begin here - Become an Aviation Maintenance Tech. FAA approved training. Financial aid if qualified - Housing available. Job placement assistance. Call AIM (888)686-1704

ATTEND COLLEGE ONLINE
from Home. *Medical,*Business, *Criminal Justice. Job placement assistance. Computer available. Call 800-510-0784
www.CenturaOnline.com

CASH PAID-UP
TO \$27/BOX for unexpired, sealed DIABETIC TEST STRIPS! 1 DAY PAYMENT & PREPAID shipping. SE HABLA ESPANOL. Emma 1-888-776-7771.
www.Cash4DiabeticSupplies.com

CANADA DRUG CENTER.
Safe and affordable medications. Save up to 90% on your medication needs. Call 1-877-743-0508 (\$25.00 off your first prescription and free shipping.)

CASH FOR CARS:
All Cars/Trucks Wanted. Running or Not! Top Dollar Paid. We Come To You! Any Make/Model. Call For Instant Offer: 1-800-864-5960

HOT-TUB/SPA...
DELUXE 2012 Model Neckjets, Therapyseat, Never Used, Warranty, Can Deliver. Worth \$5950. Sell \$1950. (800) 960-7727

MAKE UP
to a 90% return on your Investments! Clientowned company offering above-average return rates. Investment guaranteed.
www.loyalfinancial.com

MEDICAL CAREERS
begin here - Online training for Allied Health and Medical Management. Job placement assistance. Computer available. Financial Aid if qualified. SCHEV certified. Call 800-510-0784
www.CenturaOnline.com

MEET SINGLES
right now! No paid operators, just real people like you. Browse greetings, exchange messages and connect live. Try it free. Call now 1-877-737-9447

REACH OVER 20
million homes nationwide with one easy buy! Only \$2,395 per week for a 25 word classified! For more information go to
www.naninetwork.com

REVERSE MORTGAGES -NO
mortgage payments FOREVER! Seniors 62+! Government insured. No credit/income requirements. Free 28 pg. catalog. 1-888-660 -3033 All Island Mortgage

WORK ON JET ENGINES
- Train for hands on Aviation Maintenance Career. FAA approved program. Financial aid if qualified - Job placement assistance. Call AIM (866) 854-6156.

HEALTH

CANADA DRUG CENTER Safe and affordable medications. Save up to 90% on your medication needs. Call 1-888-432-1479 (\$25.00 off your first prescription and free shipping)

HYPNOSIS CAN HELP YOU
quit smoking, control appetite or phobia. Harmony Hypnosis 810-5362

OVER 30 MILLION WOMEN
SUFFER FROM HAIR LOSS! Do you? If so, we have asolution! CALL KERANIQUE TO FIND OUT MORE 1-877-218-1590

VIAGRA 100MG AND CIALIS
20MG! 40 Pills + 4 FREE \$99. #1 Male Enhancement,Save \$500! 1-888-796-8870

VIAGRA 100MG,
CIALIS 20mg. 40 Pills +4 FREE only \$99. #1 MALE ENHANCEMENT! Discreet Shipping. Save \$500! Blue Pill now! 1-888-796-8870

WEIGHTLOSS MEDICATIONS
Phentermine, Phendimetrazine, etc. Office visit, one-month supply for \$80! 1-631-462-6161; 1-516-754-6001; www.MDthin.com

MUSIC

DJ SERVICES! Affordable and Professional! book your event as low as \$150 now! Call CazZ at 518-542-6599

WANTED TO BUY

ALL OLD COSTUME AND BETTER JEWELRY. CALL 439-6129.

BUYING/SELLING: GOLD, gold-filled, sterling silver, silver plate, diamonds, fine watches (Rolex, Cartier, Patek Philippe)coins, paintings, furs, estates. Call for appointment 917-696-2024 JAY

CASH FOR JUNK CARS \$100-\$500 CASH. Free Pick-up. 365-3368

RETIRED PHYSICIAN (TOO MUCH TIME ON HIS HANDS), IN LOVE WITH WATCHES, POCKET AND WRIST. ESPECIALLY RAILROAD AND COMPLICATIONS. ONE OR ONE THOUSAND. ALSO BUY MOVEMENTS, CASES, PARTS, TOOLS. WANT TO PRESERVE THEM FOR FUTURE GENERATIONS. BEST PRICES PAID. ROGER MALEBRANCHE, MD. 518-882-1507. LEAVE MESSAGE IF NO ONE HOME.

WANTS TO PURCHASE
minerals and other oil & gas interests. Send details P.O. Box 13557, Denver, Co 80201



WE BUY JUNK CARS \$200 & Up. Prompt, Courteous. No Title Needed. 24/7 FREE Towing. R.C.'s 683-9285

DOGS

THE DOG LADY 518-586-6292
www.thedogladylady-nyc.com Walking, Training, Behavior Rehabilitation, Overnight Sitting, & Much More!

CONDO

WOODGATE RANCH MODEL - CONDO 2bed/1.1 baths maintenance free incl. pool. Call Pat Hoffman 518-526-8722

LAND

20 ACRES FREE!
60 acres for 40 acre price. \$0-Down, \$168/mo. Money Back Guarantee NO CREDIT CHECKS. West Texas. 1-800-843-7537
www.SunsetRanches.com

KNOX 3 acres w/well. Ready and waiting for you! Pretty, private setting on dead-end road. Cleared building site, driveway, well, approved septic design. Minutes from Altamont. Low taxes. \$32, 500. Call 518-366-5909.

LENDER SELLING SHORT! 40 acres - \$69,900. 3 properties for the price of one! Near Cooperstown, NY. LOW taxes, incredible views, trophy deer! Call NOW! 1-888-775-8114
www.NewYorkLandandLakes.com

NEW LAND BARGAIN'S HIGHEST QUALITY TIMBER LANDS, WATERFRONT & CABINS. 6 Acres - along snow trails - \$12,995. 73 Acres - gorgeous, pine forest - \$69,995. 5 Acres - "Hemlock lodge" cabin - \$25,995. 6 Acres - trout stream - \$19,995.Call 1-800-229-7843 Or visit
www.landandcamps.com

SPRINGFIELD VT
4 acres on the CT River, 743 ft River Frontage, All State and Local Permits for Well and Septic have been filed and approved. Access to River Possible for Great Fishing and Boating \$150,000 call 802-885-1725 or email
robertsnorth@vermontel.com

REAL ESTATE AUCTION

BUILDING, 211 N. Franklin Street,Watkins Glen, NY 14891. One block from lakefront. \$209,000. Call Ken Wilson at Keller Williams Realty Southern Tier & Finger Lakes. 1-607-738-8483

REAL ESTATE WANTED

HOUSES WANTED! We Will Buy Your Home for CASH! Call us NOW and receive your cash in as little as 5 days. CALL: 518-380-6555

SINGLE-FAMILY HOME

CHAZY LAKE, NY 2 BR/2 BA, Single Family Home, 1,279 square feet, built in 2000, Located on Wilfred King Road on the east side of Chazy Lake, this custom two bedroom, two bath log home features a wood interior, cathedral ceiling, custom cabinetry, stone fireplace and a two-car garage, on a private wooded lot.210 feet of lakefront and sandy swimming area. Asking \$419,000. Contact LaPoint Realty at (518) 492-2455.

VACATION PROPERTY

EXTENSIVE LISTINGS IN CENTRAL
New York, including Delaware, Schoharie, Otsego,Chenango and Madison counties...go to
www.townandcountryny.com

AUTO DONATION

A-1 DONATE
YOUR CAR! Breast Cancer Research Foundation! Most highly rated breast cancer charity in America! Tax Deductible/Fast Free Pick Up. 1-800-771-9551
www.carsforbreastcancer.org

CARS/TRUCKS WANTED!
Top \$\$\$\$\$ PAID! Running or Not, All Years, Makes, Models. Free Towing! We're Local! 7 Days/Week. Call Toll Free: 1-888-416-2330

DONATE YOUR CAR
to CHILDREN'S CANCER FUND of AMERICA and help end CHILDHOOD CANCER. Tax Deductible. Next Day Towing. Receive Vacation Voucher. 7 Days 1-800-469-8593

AUTO WANTED

CASH FOR CARS AND TRUCKS.
Get A Top Dollar INSTANT Offer! Running or Not! 1-888-416-2208 (888) 416-2208

DONATE A CAR-HELP HOMELESS PETS!
Free Next-Day Towing. Tax Deductible. Non-Runners OK. Receive \$1,000 Grocery Coupons. Call National Animal Welfare Foundation 1-888-333-3848

GET CASH
for your Junk, Damaged, or Salvaged Car! FREE car removal + TOP DOLLAR for your unused and unwanted vehicles. Call Now!! 800-341-0939

SELL YOUR
Car For CASH RIGHT NOW! We pay Top Dollar for your junk and salvaged cars. For an instant quote CALL NOW! 800-419-3454

THE BUSINESS DIRECTORY
ADS FOR WORK YOU

BOATS



24 FT. SEASPRITE
CUDDY CABIN BOAT, 260 Mer-Cruiser I/O with power trim. Completely equipped with all accessories. Low hours - very good condition. Asking \$5500 Call 592-9386. (315) 592-9386

CARS

2007 PORSCHE BOXSTER
Burgundy/Beige Excellent condition. 5,6000 Miles, 6 cylinder, 5 speed automatic w/ Tiptronic Transmission, loaded w/many options, in show room condition. 315-447-0888 \$35,500 OBO.



2010 FORD FUSION HYBRID
Dark Forest Green exterior, Black interior, 29,500mi, SYNC, Auto Sun/Moon Roof, Power Driver Seat/Windows/Locks, CD Changer/MP3/USB/XM Stereo, Tinted Windows, 17" Alloy Wheels. \$23,000 Call: (561) 699-4670

MOTORCYCLES

WANTED JAPANESE
MOTORCYCLE KAWASAKI 1967-1980 Z1-900, KZ900, KZ1000, ZIR, KZ1000MKII, W1-650, H1-500, H2-750, S1-250, S2-350, S3-400 Suzuki GS400, GT380, CB750 CASH PAID. FREE NATIONAL PICKUP. 1-800-772-1142, 1-310-721-0726
usa@classicrunners.com

Pick it up...or Click it up...
Your News in Print and Online at...
Spotlightnews.com

LEGAL NOTICE

LEGAL NOTICE

Notice of Formation of 55 Nassau LLC. Articles of Organization filed with Secy. of State of NY (SSNY) on 04/18/12. Office location: Albany Co. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the LLC, 185 Great Neck Road, Great Neck, NY 11021. Purpose: any lawful act or activity. 82416 (D) (August 15, 2012)

LEGAL NOTICE

Notice of formation of SOUTHEND ASSOCIATES III L.P. Arts. of Org. filed with NY Secy. of State(SSNY) on 6/27/2012. Office location: Albany County. SSNY is designated as agent of the L.P. upon whom process against it may be served. SSNY shall mail process to: OHD-Southend III, LLC, c/o Omni Housing Development LLC, 40 Beaver St.,5th Fl., Albany NY 12207. Purpose: For any lawful purpose. 82417 (D) (August 15, 2012)

LEGAL NOTICE

NOTICE OF FORMATION of Telemedus At Safe Supporting Services, LLC. Art. of Org. filed w/Secy. of State of NY (SSNY) on 5/11/12. Office location: Albany County. SSNY designated as agent for service of process. SSNY shall mail process to 305 Broadway #1400, NY, NY 10007. Purpose: Any lawful activity. 82418 (D) (August 15, 2012)

LEGAL NOTICE

NOTICE OF FORMATION of STATE ST. MANAGEMENT LLC. Art. of Org. filed w/Secy. of State of NY (SSNY) on 5/18/12. Office location: Schenectady County. SSNY designated as agent for service of process. SSNY shall mail process to 922 State St., Schenectady, NY 12307 . Purpose: Any lawful activity. 82419 (D) (August 15, 2012)

LEGAL NOTICE

NOTICE OF FORMATION of HASHLEIM LLC. Art. of Org. filed w/Secy. of State of NY (SSNY) on 6/8/12. Office location: Albany County. SSNY designated as agent for service of process. SSNY shall mail process to 20 Hayes Ct. #104, Monroe, NY 10950 . Purpose: Any lawful activity. 82420 (D) (August 15, 2012)

LEGAL NOTICE

Notice of Formation V P S Medical PLLC Arts. of Org. filed with SSNY 6/26/2012. Off. Loc.: Albany Cnty. SSNY designated as agent of LLC whom process may be served. SSNY shall mail process to: c/o The LLC, 911 Central Ave., #101, Albany, NY 12206. Purpose: all lawful activities. 82421 (D) (August 15, 2012)

LEGAL NOTICE

Notice of Qualification of Out Front Marketing, LLC. App. for Auth. filed with Secy. of State of NY (SSNY) on 6/28/12. Office location: Albany County. LLC formed in Delaware (DE) on 6/30/11. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 5100 Legacy Drive, Plano, TX 75024. DE address of LLC: 1675 South State St., Ste. B, Dover, DE 19901. Arts. of Org. filed with DE Secy. of State, 401 Federal St., Ste.4, Dover, DE 19901. Purpose: any lawful act or

LEGAL NOTICE

activity. 82423 (D) (August 15, 2012)

LEGAL NOTICE

NOTICE OF QUALIFICATION of Central Financial Services, a foreign LLC (FLLC) on filed with the Secretary of State of New York (SSNY) on 6/25/2012. formed in Benton County, AR on 1/10/2012. SSNY has been designated as an agent upon whom process may be served. The Post Office address to which the SSNY shall mail a copy of any process against the FLLC is to, Incorp Services, Inc., Once Commerce Plaza, 99 Washington Ave, Suite 805 A, Albany, NY 12260. The Principal Office is located at 506 Enterprise Dr., Suite 200, Lowell, AR 72745. Certificate of LLC is filed with the AR Secretary of State located at: State Capitol, RM 256 Little Rock, AR 72201. Dissolution date is perpetual the purpose of business is debt collection. 82424 (D) (August 15, 2012)

LEGAL NOTICE

Notice of Formation of PRO-DUCTING PEOPLE LLC. Arts. of Org. was filed with SSNY on 6/29/12. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State St., Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. 82425 (D) (August 15, 2012)

LEGAL NOTICE

On June 8, 2012, AMERIL-OOP, LLC , a limited liability company, filed articles of organization with the New York Secretary of State for the purpose of engaging in the creation and carrying on of internet, web-based and network marketing platforms for commercial services and sales; and any other lawful business. The office of AMERILLOOP, LLC is located in Albany County. The specified date of dissolution is December 31, 2063. The Secretary of State is designated as agent of the limited liability company upon whom process against it may be served, with any such process received by the Secretary of State to be mailed to AMERILLOOP, LLC , 254 Bridge Street, Selkirk, New York 12158. A registered agent upon whom process against the limited liability company may be served is Jude B. Watkins., mailed to 254 Bridge Street, Selkirk, New York 12158. 82437 (D) (August 15, 2012)

LEGAL NOTICE

Notice of Formation of SES-TOS LLC. Arts. of Org. was filed with SSNY on 7/5/12. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State St., Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. 82439 (D) (August 15, 2012)

LEGAL NOTICE

Notice of Formation of GDUD, LLC. Arts. of Org. was filed with SSNY on 7/5/12. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State St., Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address.

LEGAL NOTICE

Purpose: all lawful activities. 82441 (D) (August 15, 2012)

LEGAL NOTICE

Notice of Formation of Dukhtar Productions, LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 7/5/12. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Thea J. Kerman, Esq., 10 Roxbury Road, Port Washington, NY 11050. Purpose: any lawful activity. 82442 (D) (August 15, 2012)

LEGAL NOTICE

Notice of Formation of 20 West 47 Street Associates LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 5/5/11. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The LLC, 55 W. 47th St., Ste. 370, NY, NY 10036. Purpose: any lawful activity. 82443 (D) (August 15, 2012)

LEGAL NOTICE

Notice of Formation of LINCOLN STATION, LLC. Arts. of Org. was filed with SSNY on 7/6/12. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State St., Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. 82444 (D) (August 15, 2012)

LEGAL NOTICE

Notice of Formation Andrew Bohmart MD PLLC Arts. of Org. filed with SSNY 7/9/2012. Off. Loc.: Albany Cnty. SSNY designated as agent of LLC whom process may be served. SSNY shall mail process to: c/o The LLC, 911 Central Ave., #101, Albany, NY 12206. Purpose: all lawful activities. 82447 (D) (August 15, 2012)

LEGAL NOTICE

Notice of Formation Longships Capital Partners LLC Arts. of Org. filed with SSNY 7/9/2012. Off. Loc.: Albany Cnty. SSNY designated as agent of LLC whom process may be served. SSNY shall mail process to: c/o The LLC, 911 Central Ave., #101, Albany, NY 12206. Purpose: all lawful activities. 82448 (D) (August 15, 2012)

LEGAL NOTICE

Notice of Formation Argus Publishing Group, LLC Arts. of Org. filed with SSNY 7/10/2012. Off. Loc.: Albany Cnty. SSNY designated as agent of LLC whom process may be served. SSNY shall mail process to: c/o The LLC, 911 Central Ave., #101, Albany, NY 12206. Purpose: all lawful activities. 82450 (D) (August 15, 2012)

LEGAL NOTICE

Notice of Formation Color Q Personality Profiles LLC Arts. of Org. filed with SSNY 7/9/2012. Off. Loc.: Albany Cnty. SSNY designated as agent of LLC whom process may be served. SSNY shall mail process to: c/o The LLC, 911 Central Ave., #101, Albany, NY 12206. Purpose: all lawful activities. 82451 (D) (August 15, 2012)

LEGAL NOTICE

Notice of Formation of LAW OFFICE OF JOHN A. SCOLA, PLLC. Arts. of Org. was

LEGAL NOTICE

filed with SSNY on 7/10/12. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State St., Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: to engage in the practice of Law. 82577 (C) (August 15, 2012)

LEGAL NOTICE

Notice of Qualification of Harvey Global, LLC. App. for Auth. filed with Secy. of State of NY (SSNY) on 6/13/12. Office location: Schenectady County. LLC formed in New Jersey (NJ) on 8/10/11. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Richard G. Della Ratta, 147 Barrett St., Schenectady, NY 12305. NJ address of LLC: 72 Eagle Rock Ave., Ste. 302, East Hanover, NJ 07936. Arts. of Org. filed with NJ Div. of Rev., 33 West State St., 5th Fl., Trenton, NJ 08608. Purpose: any lawful act or activity. 82578 (D) (August 15, 2012)

LEGAL NOTICE

Notice of Formation NDNY Architecture + Design PLLC Arts. of Org. filed with SSNY 7/13/2012. Off. Loc.: Albany Cnty. SSNY designated as agent of LLC whom process may be served. SSNY shall mail process to: c/o The LLC, 911 Central Ave. #101, Albany, NY 12206. Purpose: all lawful activities. 82579 (D) (August 15, 2012)

LEGAL NOTICE

Notice of Formation Don-Glo Towing Equipment LLC Arts. of Org. filed with SSNY 7/13/2012. Off. Loc.: Albany Cnty. SSNY designated as agent of LLC whom process may be served. SSNY shall mail process to: c/o The LLC, 911 Central Ave., #101, Albany, NY 12206. Purpose: all lawful activities. 82581 (D) (August 15, 2012)

LEGAL NOTICE

Notice of Formation My Performance Brand LLC Arts. of Org. filed with SSNY 7/13/2012. Off. Loc.: Albany Cnty. SSNY designated as agent of LLC whom process may be served. SSNY shall mail process to: c/o The LLC, 911 Central Ave., #101, Albany, NY 12206. Purpose: all lawful activities. 82582 (D) (August 15, 2012)

LEGAL NOTICE

Notice of Formation Robert Nachtrieb LLC Arts. of Org. filed with SSNY 7/13/2012. Off. Loc.: Albany Cnty. SSNY designated as agent of LLC whom process may be served. SSNY shall mail process to: c/o The LLC, 513 Eagle Drive, Emmaus, PA 18049. Purpose: all lawful activities. 82583 (D) (August 15, 2012)

LEGAL NOTICE

Notice of Formation of COMMUNICATION CLUBHOUSE, LLC. Arts. of Org. was filed with SSNY on 7/11/12. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State St., Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. 82584 (D) (August 15, 2012)

LEGAL NOTICE

Notice of Formation of SCHOEN AND SCHLEI-

LEGAL NOTICE

ER LLP. Arts. of Org. filed with SSNY on 7/16/12. Office location: Suffolk County. SSNY designated as agent of LLP whom process against may be served. SSNY shall mail process to: c/o The LLP, 52 Elm St., Huntington, NY 11743. Purpose: all lawful activities. 82586 (D) (August 15, 2012)

LEGAL NOTICE

Notice of Formation of GRAND LISTS LLC. Arts. of Org. was filed with SSNY on 7/13/12. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State St., Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. 82587 (D) (August 15, 2012)

LEGAL NOTICE

Notice of Formation of Qualified Plans Group LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 7/16/12. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o Lemery Greisler LLC, 50 Beaver St., Albany, NY 12207. Purpose: any lawful activity. 82619 (D) (August 15, 2012)

LEGAL NOTICE

Notice of formation of 2390 Western Avenue LLC. Arts. of Org. filed with Secy of State of NY (SSNY) on 5/12/12. Office in Albany County. SSNY designated agent of LLC upon whom process against it may be served. SSNY shall mail process to 2390 Western Ave, Guilderland NY 12084. Purpose is any lawful purpose. 82621 (D) (August 15, 2012)

LEGAL NOTICE

Notice of Formation of COS-MOP LLC. Arts. of Org. was filed with SSNY on 7/17/12. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State St., Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. 82628 (D) (August 15, 2012)

LEGAL NOTICE

Notice of Qualification of WATERVIEW HOUSE LLC. Authority filed with Secy. Of State of N.Y. (SSNY) on 7/10/12. Office location: Albany County. LLC formed in Delaware (DE) on 7/9/12. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC , 46 State St., Albany, NY 12207. DE address of LLC: c/o USA Corporate Services Inc., 3500 South Dupont Hwy, Dover, DE 19901. Arts. Of Org. filed with the DE Secy. Of State, 401 Federal St., Ste 4, Dover, DE 19901. Purpose: any lawful activity. 82629 (D) (August 15, 2012)

LEGAL NOTICE

Notice of Formation of M5OCEAN LLC. Arts. of Org. was filed with SSNY on 7/20/12. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State St., Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities.

LEGAL NOTICE

82630 (D) (August 15, 2012)

LEGAL NOTICE

Notice of Formation of ON A RISE PRODUCTIONS LLC. Arts. of Org. was filed with SSNY on 7/20/12. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State St., Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. 82631 (D) (August 15, 2012)

LEGAL NOTICE

Notice of formation of OHD-ROME II LLC. Arts. of Org. filed with NY Secy. of State(SSNY) on 7/16/2012. Office location: Albany County. SSNY is designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: l. David Swawite, 40 Beaver St., Albany NY 12207. Purpose: For any lawful purpose. 82632 (D) (August 15, 2012)

LEGAL NOTICE

Bee Deals LLC. Arts. of Org. filed with SSNY on 06/15/12. Off. Loc.: Albany Co. SSNY desig. as agt. upon whom process may be served. SSNY shall mail process to: The LLC, 40 Exchange Pl., Ste 401, NY, NY 10005. General Purposes. 82635 (D) (August 15, 2012)

LEGAL NOTICE

1468 Management LLC. Arts. of Org. filed with SSNY on 06/29/12. Off. Loc.: Albany Co. SSNY desig. as agt. upon whom process may be served. SSNY shall mail process to: The LLC, P.O. Box 110439, Brooklyn, NY 11211. General Purposes. 82636 (D) (August 15, 2012)

LEGAL NOTICE

EFM Group, LLC. Arts. of Org. filed with SSNY on 07/18/12. Off. Loc.: Albany Co. SSNY desig. as agt. upon whom process may be served. SSNY shall mail process to: The LLC, 4720 3rd Ave., Brooklyn, NY 11220. General Purposes. 82637 (D) (August 15, 2012)

LEGAL NOTICE

Notice of Qualification of Run E2E, LLC. App. for Auth. filed with Secy. of State of NY (SSNY) on 7/18/12. Office location: Albany County. LLC formed in Georgia (GA) on 6/25/08. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Capitol Services, Inc., 1218 Central Ave., Ste. 100, Albany, NY 12205. GA address of LLC: 925 North Point Pkwy, Ste. 160, Alpharetta, GA 30005. Arts. of Org. filed with GA Secy. of State, 313 West Tower, 2 Martin Luther King Jr. Drive, Atlanta, GA 30334. Purpose: any lawful act or activity. 82728 (D) (August 15, 2012)

LEGAL NOTICE

Notice of Formation of AFS REAL PROPERTY LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 7/6/12. Office location: Schenectady County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Richard G. Della Ratta, 147 Barrett St., Schenectady, NY 12305. Purpose: any lawful act or activity. 82729 (D) (August 15, 2012)

The Spotlight

LEGAL NOTICE

NOTICE OF FILING OF ARTICLES OF ORGANIZATION IN NEW YORK BY A LIMITED LIABILITY COMPANY Name: Inviting Designs, LLC. Articles of Organization filed with sec. of state of NY(SOS) on 6/8/12. Office location: Albany County. SOS is designated as agent of LLC for service of process. SOS shall mail copy of process to 21 Winslow Drive, Schenectady, NY 12309. Purpose: Any lawful act or activity. 82730 (D) (August 15, 2012)

LEGAL NOTICE

Designs In Life Insurance Marketing, LLC dba: Designs In Life Insurance Marketing Agency, LLC LLC was filed with the SSNY on 7-20-2012 Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: Shawn C. Jeanes, Member 5865 Traffic Way Atascadero, CA 93422. Purpose: Any lawful purpose. 82744 (D) (August 15, 2012)

LEGAL NOTICE

NOTICE OF FORMATION of SENSE INTERNATONAL LLC. Art. of Org. filed w/ Secy. of State of NY (SSNY) on 12/19/11. Office location: Albany County. SSNY designated as agent for service of process. SSNY shall mail process to 2622 Debolt Rd., Utica, OH 43080. Purpose: Any lawful activity. 82745 (D) (August 15, 2012)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: AD-IRONDACK IMPROVEMENTS L.L.C. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 07/30/12. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, PO Box 275, Glenmont, New York 12077. Purpose: For any lawful purpose. 82746 (D) (August 15, 2012)

LEGAL NOTICE

Notice of Formation of West 39 EAT L.L.C. Arts. of Org. filed with Secy. of State of NY (SSNY) on 7/20/12. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o CT Corporation System, 111 8th Ave., NY, NY 10011, registered agent upon whom process may be served. Purpose: all lawful purposes. 82749 (D) (August 15, 2012)

LEGAL NOTICE

Notice of Formation of 598 MANHATTAN AVE LLC. Arts. of Org. was filed with SSNY on 7/27/12. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State St., Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. 82750 (D) (August 15, 2012)

LEGAL NOTICE

Notice of Formation of ONE PAW PRODUCTIONS, LLC. Arts. of Org. was filed with SSNY on 7/26/12. Office location: Albany County.

Town

(From Page 1)

Thomas Douglas about the possibility but hasn't heard back yet.

Other options were put on the table. They include making cutbacks in the Parks Department (such as shutting off night lights at Elm Avenue Park, trimming the pool season, reducing playing field maintenance or closing the Colonial Acres Golf Course), the Highway Department (closing or reducing hours at the transfer and compost facilities or ending leaf pickup), the Department of Public Works and the Police Department.

On the whole, the board tacitly settled on increasing the suggested donation for senior transportation trips to Colonie and Albany from \$10 to \$15 (the in-town suggested donation would remain at \$5) for an estimated \$22,000 revenue bump. There was also support for increasing the fee at the transfer station from \$1 per trash bag to \$1.50. Support for the latter

was founded upon a survey of the approximately 500 people who use the station in a week that found 98 percent would still use the station with the increase, which would net the town about \$40,000. That survey can be viewed on the town's website.

Town leaders were wary about ending leaf pickup or cutting back too far on recreational programs, especially when it comes to the pool.

"I'd like to see us continue doing a lot of the little things and see them add up instead of cutting something that people enjoy," said Councilman Kyle Kotary.

Things were less certain when the Colonial Acres Golf Course came up. Though no decision was made, several on the board were quick to note the course operates well below break-even and the number of rounds played there have fallen by half since the town took it over. It is rented from the Open Space Conservancy for \$1 per year, leading Kotary to wonder if its operation

could be outsourced for a considerable profit.

Adding to the uncertainty is the fact \$100,000 in improvements are slated for Colonial Acres. Councilman Jeffrey Kuhn, like others on the board, noted many of the proposed cuts spur philosophical debates about the role of government.

"Whether we need to operate a money losing par-3 golf course adds another dimension to it," he said.

The town's lease on the golf course expires at the end of August, but the conservancy will continue to rent it on a month-to-month basis until a decision is made. Town officials figure shuttering the course would save \$50,000 in 2013.

Even if the board adopted all of the immediate cuts on the list for 2013, the savings would add up to under \$800,000. Some estimates have put the town's budget gap at \$3.5 million.

Debate codified

One resolution the board did pass Wednesday was a formal policy to guide

what membership dues the town will pay for its employees.

The Town Board for the past few years has trimmed the list of dues paid to professional organizations and the like for employees or the town as a whole. In 2010 the town paid \$16,413 toward dues; this year it expended \$13,135. Under a new dues structure approved with the policy, it would pay \$11,235 next year.

The policy should make the process less hands on in the future by setting criteria for any new memberships. The board spent weeks in 2011 batting cuts to the list back and forth.

"There has never been a policy of how to address this. It's simply been at the board's discretion," Clarkson said.

Department heads identified the most recent round of subtractions

while the policy was being researched. Notable among them was the town's membership in the Bethlehem Chamber of Commerce and numerous judicial or law enforcement-related organizations.

"Sixteen or 18 years ago this was still a topic, and this is the most complete list of memberships I've ever seen," remarked Councilman George Lenhardt.

Blotter

(From Page 4)

Aileen Luu, 48, of 1 Wallbook Court, was also arrested under the same charges. She is alleged to have have \$13,234 illegally from the Department of Social Security for not reporting the correct household income.

- Guilderland Police

arrested Destiny Sy, 40, on Wednesday, Aug. 8 on felony charges of criminal mischief in the third degree for allegedly stealing more the \$250 in property and criminal contempt in the first degree for violation an order of protection. He was also charged with criminal contempt in the second degree, a misdemeanor.

- Guilderland Police

arrested Daniel Rudolph Berger, 19, on Wednesday, Aug. 8 on charges of felony possession of a controlled substance and possession of marijuana in public, a misdemeanor.

- Guilderland police arrested Jennifer Marie Bombard, 24, on Thursday, Aug. 9 on felony charges of grand larceny for allegedly stealing property valued at more than \$1,000.

Spring clean the right way.....
Have a yard sale!

Advertise now and cash in on a
Spotlight Special.

One flat package rate! \$35.00.

Includes:
2 yd. sale signs
4 pricing sticker sheets
1 sales tracking sheet
1 week run in paper & online
6 zones of coverage
(While supplies last)

Pick up your package at
Spotlight Newspapers
125 Adams St., Delmar
(\$3 charge will be added for mailing)

MUST BE PRE-PAID - NO EXCEPTIONS

Deadline is Thursdays by 4 p.m.

80742

LEGAL NOTICE

SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State St., Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. 82751 (D) (August 15, 2012)

LEGAL NOTICE

Notice of Formation of SOLAR & SMARTER SOLUTIONS LLC. Arts. of Org. was filed with SSNY on 7/30/12. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State St., Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. 82752 (D) (August 15, 2012)

LEGAL NOTICE

Notice of Formation Shirt-faced LLC Arts. of Org. filed with SSNY 7/25/2012. Off. Loc.: Albany Cnty. SSNY designated as agent of LLC whom process may be served. SSNY shall mail process to: c/o The LLC, 911 Central Ave., #101, Albany, NY 12206. Purpose: all lawful activities. 82753 (D) (August 15, 2012)

LEGAL NOTICE

Notice of Formation Hipsilver LLC Arts. of Org. filed with SSNY 7/19/2012. Off. Loc.: Albany Cnty. SSNY designated as agent of LLC whom process may be served. SSNY shall mail

LEGAL NOTICE

process to: c/o The LLC, 911 Central Ave., #101, Albany, NY 12206. Purpose: all lawful activities. 82754 (D) (August 15, 2012)

LEGAL NOTICE

NOTICE OF FORMATION OF Professional LIMITED LIABILITY COMPANY. NAME: New Paradigm Psychological Services, PLLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on July 26, 2012. Office Location: Albany County. SSNY has been designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail a copy of process to the PLLC: P.O. Box 348, Delmar, New York 12054. Purpose: For any lawful purpose. 82755 (D) (August 15, 2012)

LEGAL NOTICE

Notice of Formation of 609 MARCY DEVELOPMENT LLC. Arts. of Org. was filed with SSNY on 7/27/12. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State St., Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. 82900 (D) (August 15, 2012)

LEGAL NOTICE

Notice of Formation of 74 NASSAU AVE LLC. Arts. of Org. was filed with SSNY on 7/27/12. Office location: Albany County. SSNY

LEGAL NOTICE

designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State St., Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. 82901 (D) (August 15, 2012)

LEGAL NOTICE

Notice of Formation of 1099 BROADWAY LLC. Arts. of Org. was filed with SSNY on 7/27/12. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State St., Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. 82904 (D) (August 15, 2012)

LEGAL NOTICE

Notice of Formation of ONE WAY DRIVING LLC. Arts. of Org. was filed with SSNY on 8/3/12. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State St., Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. 82906 (D) (August 15, 2012)

LEGAL NOTICE

iSimulate, LLC (the "LLC") filed Articles of Organization with the NY Secretary of State ("SOS") on 8/2/12. LLC office is in Albany County. SOS was

LEGAL NOTICE

designated as agent of the LLC upon whom process against it may be served. SOS shall mail copy of any process served to 249 Westchester Drive South, Delmar, NY 12054. The purpose of the LLC is any lawful act or activity. 82907 (D) (August 15, 2012)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: Jubilant Hollisterstier LLC. Articles of Organization were filed with the Secretary of State of York (SSNY) on 07/19/2012. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to c/o Corporation Service Company, 80 State Street, Albany, NY 12207-2543 Purpose: For any lawful purpose. 82909 (D) (August 15, 2012)

LEGAL NOTICE

NOTICE OF APPLICATION FOR AUTHORITY OF KHUONG AND LE INVESTMENT TRADING COMPANY LIMITED LLC. Application for Authority was filed with the Secretary of State of New York (SSNY) on 07/24/2012. The LLC was formed in Hanoi, Vietnam on 03/02/2006. SSNY designated as agent of LLC upon whom process against it may be served. Office location: Albany County. SSNY shall mail process to: 1392 Delaware Tpke., Delmar, NY 12054. Purpose: any lawful activity. 82910 (D) (August 15, 2012)

LEGAL NOTICE

LEGAL NOTICE
Notice of Formation William J. Byrne, M.D. PLLC Arts. of Org. filed with SSNY 8/2/2012. Off. Loc.: Albany Cnty. SSNY designated as agent of LLC whom process may be served. SSNY shall mail process to: c/o The LLC, 911 Central Ave. #101, Albany, NY 12206. Purpose: all lawful activities. 82911 (D) (August 15, 2012)

LEGAL NOTICE

Notice of Formation Arch Dental Oral Care Products LLC Arts. of Org. filed with SSNY 8/6/2012. Off. Loc.: Albany Cnty. SSNY designated as agent of LLC whom process may be served. SSNY shall mail process to: c/o The LLC, 911 Central Ave., #101, Albany, NY 12206. Purpose: all lawful activities. 82912 (D) (August 15, 2012)

LEGAL NOTICE

Notice of Formation Alithia Transport LLC Arts. of Org. filed with SSNY 8/1/2012. Off. Loc.: Albany Cnty. SSNY designated as agent of LLC whom process may be served. SSNY shall mail process to: c/o The LLC, 911 Central Ave., #101, Albany, NY 12206. Purpose: all lawful activities. 82913 (D) (August 15, 2012)

LEGAL NOTICE

Notice of Formation W+W Construction Services LLC Arts. of Org. filed with SSNY 8/7/2012. Off. Loc.: Albany Cnty. SSNY designated as agent of LLC whom process may be served. SSNY

LEGAL NOTICE

shall mail process to: c/o The LLC, 911 Central Ave., #101, Albany, NY 12206. Purpose: all lawful activities. 82914 (D) (August 15, 2012)

LEGAL NOTICE

Notice of Formation Scenic Media LLC Arts. of Org. filed with SSNY 8/8/2012. Off. Loc.: Albany Cnty. SSNY designated as agent of LLC whom process may be served. SSNY shall mail process to: c/o The LLC, 911 Central Ave., #101, Albany, NY 12206. Purpose: all lawful activities. 82915 (D) (August 15, 2012)

LEGAL NOTICE

Inner Film Productions, LLC. Arts. of Org. filed with SSNY on 08/01/12. Off. Loc.: Albany Co. SSNY design. as agt. upon whom process may be served. SSNY shall mail process to: The LLC, 228 16th St., Ste 3, Brooklyn, NY 11215. General Purposes. 82917 (D) (August 15, 2012)

LEGAL NOTICE

Notice of Formation of RACE CHAMP LLC. Arts. of Org. was filed with SSNY on 8/3/12. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State St., Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. 82920 (D) (August 15, 2012)

LEGAL NOTICE

LEGAL NOTICE
BETHLEHEM CENTRAL SCHOOL DISTRICT NOTICE TO BIDDERS
The Board of Education of the Bethlehem Central School District herby invites the submission of sealed bids in accordance with Section 103 of the General Municipal Law for the following. COFFEE PRODUCTS AND EQUIPMENT. Sealed bids will be received until 1:00 p.m., prevailing time, on Tuesday August 28, 2012, at Bethlehem High School Kitchen, 700 Delaware Avenue, Delmar, New York, at which time and place all bids will be publicly opened. Specifications and bid forms may be obtained at the same location. The Board of Education reserves the right to reject any or all bids. Any bids submitted will be binding for 90 days subsequent to the date of bid opening.
Board of Education
Judith E. Kehoe
District Clerk
82921 (D)
(August 15, 2012)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. Name of LLC: GB GENERAL CONSTRUCTION, LLC. The Articles of Organization were filed with the NY Secretary of State (SSNY) 07/02/12. The office of the LLC is located in Albany CO. SSNY is designated as the agent of the LLC at: c/o PERSING & O'LEARY, LLP, 10 Century Hill Dr., Ste 3, Latham, NY 12110 Purpose: Any lawful activity. 82916 (D) (August 15, 2012)

Young jockey making strides in Saratoga

Napravnik is making a name for herself in first full racing season in Spa City

By ROB JONAS
jonasr@spotlightnews.com

Rosie Napravnik has taken a liking to Saratoga, and the feeling is mutual. The 24-year-old New Jersey native is one of this summer's most popular jockeys at Saratoga Race Course. Young fans line wait for her behind the grandstand and in front of the jockeys club so they can get an autograph or a picture.

Nappravnik is also popular with some of Saratoga's top trainers. On any given day, she can be seen riding for such luminaries of the sport as Nick Zito and William Mott, as well as with some lesser-known trainers.

"I think she's terrific," said Zito. "She's got great hands (on the reins), and I think she's going to be very good for New York racing in general."

Nappravnik began her first full summer season at Saratoga in style. She won the first race of the meet aboard long-shot Nine O Wonderful on July 20, and she added a victory aboard Kauai Katie in the fifth race.

"Winning the first race of the meet was great," said Nappravnik. "One of the things I looked

"Winning the first race of the meet was great. One of the things I looked forward to was running the two-turn grass course because that's my specialty. It just made me feel confident out there."

— Rosie Napravnik

forward to was running the two-turn grass course because that's my specialty. It just made me feel confident out there."

Nappravnik's season hit a snag when she broke a toe in a gate incident July 25. Her horse, Magical Season, bumped the gate as it left, slamming Nappravnik's left foot into the iron in the process.

Nappravnik didn't allow the incident to slow her down. She accumulated four more victories over a nine-day span.

"The toe was very painful the first two days after it happened, but I don't notice it anymore," said Nappravnik. "The only time I notice it is when I have high heels on."

Nappravnik has gotten some mileage out of her high heels this summer, too. She's



ABOVE: Rosie Napravnik rides Page McKenny (No. 8) during the fifth race Aug. 4 at Saratoga Race Course.

LEFT: Rosie Napravnik, left, is in the midst of her first full season riding at Saratoga Race Course.

Photos by Rob Jonas/Spotlight

participated in several jockey events away from the track as she becomes accustomed to the social life that revolves around the Saratoga racing season.

"It's been very busy," said Nappravnik. "There is a lot of work in the morning (with the horses), and then there are a lot of functions in the evening."

Nappravnik has quickly moved up the national jockey ranks in her seven years on the job. She recorded 300 wins in 2006 when she was 18 years old. And in 2010, she posted 209 victories

□ Jockey Page 31





Freedom Park Scotia Summer Concert Series

All shows start at 7:00pm

This Week's Entertainment...

Saturday, August 18th
The Puppet People
~ Children's

Sunday, August 19th
The Electric City Chorus
~ Barbershop/ a capella

Wednesday, August 22nd
Grand Central Station
~ Party rock

Saturday, August 25th
Captain Squeeze & Zydeco Moshers

Sunday, August 26th
Ellen Sinopoli Dance Company

Free Concerts every Wednesday, Saturday & Sunday Night Next to Jumpin' Jacks & across from Collins Park, Scotia
For a complete schedule, visit www.FreedomParkScotia.org.

Sponsored By...

SCOTIA GLENVILLE
DENTAL CENTER

Season Sponsor

Media Sponsors



The Capital District's Quality News

Spotlight

NEWSPAPERS

Join us as we grow again!

Advertising Consultants

Are you creative, outgoing, hardworking and able to coordinate your own work schedule? Then *Spotlight Newspapers* may be just what you are looking for.

Spotlight is currently interviewing for full-time sales people for various areas of the Capital District.

WE HAVE AN IMMEDIATE OPENING FOR A SCHENECTADY AREA SALES REP

You will sell print and internet advertising programs to local companies in the Award-winning *Spotlight Newspapers* and spotlightnews.com.

Advertising sales experience preferred, but not required.

For consideration, please fax your cover letter and resume to:
518.439.5198 ATTN: John McIntyre
or e-mail to: mcintyrej@spotlightnews.com
No phone calls, please.



The Bethlehem Tri Club's famous truck sits in the parking area across the road from Warners Lake during a recent Thursday night training session. The triathlon club is in its first year of existence.

Rob Jonas/Spotlight

Tri

(From Page 32)

which Guastella said the club gladly does.

"If it wasn't for him (Osterhout), we wouldn't have the Bethlehem Tri Club," said Guastella. "He wanted the lake to be used."

Once the Bethlehem Tri Club had its center of operations, word quickly spread through the triathlete community about the new training site. Soon, people from all over the Capital District started flocking to Warners Lake.

Member Tony Felitte said being able to use Warners Lake for open water swim training is a key to the club's rapid growth.

"It's not easy for triathletes to get into lakes

(to train)," said Felitte, a Delmar resident. "To have this is awesome. You have lifeguards stationed out there, you can swim all you want and you can swim with friends."

East Berne's rural roads have also been a plus for Bethlehem Tri Club members. They can bike and run the road courses laid out by the club with little interference from traffic.

Having the option of training in one, two or all three triathlon disciplines gives Bethlehem Tri Club members variety in their training regimens, which they appreciate.

"I like endurance sports," said Middleburgh resident Sarah Strock, who started triathlon training this year. "I did one marathon in my life, so I wanted to do more endurance sports. That's

when I found this."

"I started running two years ago," said Delmar resident Marty Gordinier. "I was over 200 pounds at the time I started running. I wasn't winning any races. So, I thought I'd try something different."

Ultimately, what keeps people coming back every Thursday night to train with the Bethlehem Tri Club is the atmosphere.

"The people are really nice," said Decarr. "They're not super competitive. They're welcoming to everyone."

Guastella has been so encouraged by the positive response that he said he's looking to expand its role in the local triathlon community.

"Our goal next year is to put on our own triathlon up here," said Guastella.

Jockey

(From Page 30)

and posted earnings of nearly \$6.6 million.

Napravnik has come into her own this year, though. She became the first female jockey to win the Kentucky Oaks, the second-most prestigious stakes race at Louisville's Churchill Downs behind the Kentucky Derby, and she finished fourth in the jockey standings at Belmont during the spring meet. The three ahead of her at Belmont

were Ramon Dominguez, Javier Castellano and Jose Lezcano, three of New York's top jockeys.

"Her record is prestigious," said Zito.

Still, Napravnik said she knows winning races at Saratoga is a tough prospect when riding against the top jockeys in the United States, especially when this is her first full summer at the Spa.

"I just want to come out of this with good business," said Napravnik. "It's extremely hard winning races here, but

if I can keep winning a few races here and there, hopefully I can use that to get better mounts."

With a solid start to her first Saratoga season, it seems that Rosie Napravnik is on her way to that goal.

Desk

(From Page 32)

replica uniform or the unaltered version of Belichick's signature gray hooded sweatshirt (you can cut the sleeves off yourself). They even have a Patriots billiards table.

The only thing I didn't see at Patriots Place was ... well, the New England Patriots. They weren't practicing Saturday, so all we did was tour The Hall and have lunch at Davio's, an upscale Italian restaurant. Try the "Tagliatelle Bolognese," which is Italian for curvy fettuccini with meat sauce. It might change your outlook on life. Failing that, it might change your outlook on Patriot Place. Oops! I'm starting to drift again.

We also took in a Cape Cod Baseball League playoff game Saturday between Wareham and Falmouth. It was the first Cape League game I've seen in four years, and it was monumentally one-sided. Wareham belted six home runs on its way to a 20-5 victory. We only stayed for four of the six home runs. After Wareham took an 11-1 lead, it didn't seem like Falmouth was going to mount a comeback.

By making the road trip to the Cape, we wound up missing much of NBC's tape-delayed prime time coverage of the Olympics Saturday night. Luckily, the internet caught me up on everything. It's so cool knowing what happens before you see it happen on TV. It takes out all the suspense, but at least you know in advance whether it's worth watching the

track and field coverage. Thank you, Al Gore.

Wait. Did Al Gore invent the internet? Or was that some internet rumor? Crud! I need to focus.

Speaking of the Olympics, it was great that American women won all of those gold medals across a diverse array of sports. From basketball and soccer to gymnastics and water polo (just to name a few sports), U.S. women's teams dominated in London. And knowing that they dominated before seeing them dominate was also helpful.

I know there was one other thing I wanted to mention to wrap up this week's column, but my brain just can't come up with it. I think it's back on vacation. Therefore, I am back on vacation. See you next week.

Spotlightnews
We're just a click away

How To Advertise Your Business On A Budget?



**INSERT
HERE!**

Call today and ask about our...

HOT
summer
INSERT SAVINGS

• NOW through Labor Day! •

Inserts are a
cost effective way
to advertise in
the *Spotlight*.

Call 439-4940

The Bethlehem BRAVES announce:

2012 Fall Ball Registration and Try-Outs for the 2013 Summer Travel Teams

**2012
FALL BALL
SEASON**

Braves

**For Players League Ages
12U through 19U**

(age as of next year April 30, 2013)

**Deadline to register is
August 18th**

Fall Baseball in Sept. & Oct.

Try-Outs for our **2013 BRAVES Travel Teams** are being conducted individually for the few open roster spots. Registrations are now being accepted for try-outs to be conducted in September. Register on-line before Aug. 15th. Contact the BRAVES Coaches at (518) 469-8772 for info.

Bethlehem BRAVES Travel Baseball Club
159 Delaware Ave # 208
Delmar, NY 12054
E-mail: BethlehemBraves@hotmail.com
Web site: www.BethlehemBraves.com

Register on-line at www.bethlehembraves.com

Spotlightnews
Your source for
up-to-the-minute
local coverage.



www.spotlightnews.com

Spotlight on Sports

Sports Editor Rob Jonas
439-4949, ext 422
jonasr@spotlightnews.com



Horsing around

Jockey Rosie Napravnik is making waves in her first full season at Saratoga Race Course. The 24-year-old won two races on the first day of the meet July 20, and she is in the top 10 among all jockeys at the track.

Story on Page 30.



Follow us on Twitter

Hear about local sports as they happen with Rob Jonas — @jonas_spotlight.



2012 Sports Survey

You can now fill out our annual sports survey online. Just go to spotlightnews.com/news/sports/ to vote on questions about the local sports scene. Voting takes place Aug. 1-20. Results will be posted in the Aug. 22 issue.



Interest exceeds founder's expectations

By ROB JONAS
jonasr@spotlightnews.com

When John Guastella decided to start his own triathlon club at the beginning of 2012, he thought he might get 50 people to join in the first year.

Less than nine months later, Guastella's Bethlehem Tri Club has approximately 150 members, and it continues to grow.

"It's unbelievable how quickly it's growing," said Guastella. "There's a lot of new people getting into the sport. And it's not just our club – all of the area tri clubs are growing."

Three newcomers visited the club's Warners Lake training site Aug. 2, including Dave Lancaster, who recently moved from Atlanta to Glenmont for work. Lancaster previously trained and competed with the Peach Tree Triathlon Club.

"I'd always biked and swam, and I was turning 30," said Lancaster of his decision to become a triathlete. "So, I thought I'd get in shape."

Guilderland resident Sylvia Decarr, another recent Bethlehem Tri Club addition, had a similar reason for joining the club.

"I love to bike and run," said Decarr. "I had ACL surgery, so in my attempts at running marathons or half marathons, my knees couldn't take the training for that. This (triathlons) allows me to stay active without putting too much impact on my knees."

Guastella said the Bethlehem Tri Club is geared toward all athletes, whether they are using the sport to get in shape or to compete at the highest level.

"We nurture everyone from the beginners to the people who have done the Ironman in Lake Placid like me," said Guastella.



Bethlehem Tri Club president John Guastella, center, gives instructions to his members prior to the start of an Aug. 2 training session at Warners Lake in East Berne.

Photos by Rob Jonas/Spotlight

"We nurture everyone from the beginners to the people who have done the Ironman in Lake Placid like me."

— John Guastella



Bethlehem Tri Club members take to Warners Lake in East Berne for a half-mile training swim Thursday, Aug. 2. The club uses the lake and its surrounding roads to train during the warmer months.

Guastella had been training with the Capital District Tri Club when he decided he wanted to form his own club.

"There was a bunch of us (from around Bethlehem) who had trained with the Capital District Tri Club, which trains at Crystal Lake (in Averill Park)," said Guastella. "We spent so much time with each other, we said to each other, 'We have to travel so far. Why don't we try to

find somewhere closer?'"

Guastella found the location he wanted at Warners Lake, a small lake in East Berne approximately 14 miles from Bethlehem Central High School. The only issue was trying to find a place on the private lake where he and his fellow triathletes could have access to the water for swimming, one of the sport's three elements along with biking

and running.

That's when Guastella met with Will Osterhout, who lives on Warners Lake. Osterhout agreed to let Guastella use his property to gain the lake access he needed as long as the Bethlehem Tri Club donated money to the Warners Lake Improvement Association,

□ Tri Page 31

Vacation never wanders far from sports

Trying to write a column while technically being on vacation isn't easy. My mind has a hard time concentrating on a topic while it's seeking distractions from ... wait, what was I trying to do again? Oh, right. This week's column. OK.

I traveled to the Boston area last weekend to visit my friends, and we wound up at Patriots Place, the mall built next to the New England Patriots' home stadium in suburban Foxboro. Actually, Foxboro is closer to Providence than Boston. So, would that make the New England Patriots' Providence's team? Whoops! I'm losing focus again.

Inside the complex of buildings is The Hall at Patriots Place, which is – as you might imagine – the New England Patriots' hall of fame and museum. Two stories' worth of interactive displays celebrating the Patriots and New England football. It's great if



you're a Patriots fan or a New Englander. It might be a bit much if you're not part of one of those two groups, though.

What puts The Hall over the top is a 15-minute movie celebrating the history of the Patriots. It sounds like it's narrated by James Earl Jones, it contains quotes from Ralph Waldo Emerson and it swiftly takes you from the early days of the club through its three Super Bowl wins.

The movie also tells you about the time the Patriots finished the 2007 NFL

season with a 16-0 record, but it fails to mention what happened after that. Perhaps something about a loss to some team from New York in some insignificant playoff game called the Super Bowl. Not important, right?

There is also an interactive display where Patriots coach Bill Belichick describes and diagrams some of his team's plays. I was tempted to take notes and send them on to Cleveland Browns coach Pat Shurmur, but something tells me if the Browns tried to replicate those plays, something would go horribly wrong. It's the Cleveland Way, as opposed the Patriots Way I kept hearing about in that film.

Conveniently, The Hall at Patriots Place is located above the official New England Patriots' team store. So after you get done hearing about how great the Patriots are, you can stop in the gift shop and buy a

□ Desk Page 31