

Becoming 'bully-proof'

Talk to give kids the tools they need.

Page 2



Head's up

V'ville fourth-grader Rorie Champion's cabbage, which was grown as part of the Voorheesville Garden Project, has earned her a \$1,000 scholarship.

See Page 3.



Fun with the Force

Canadian-born actor Charlie Ross reenacts the original Star Wars trilogy in a high-energy, 60-minute comedy performance at Proctors.

See Page 12.



A second chance

Justin Finkle is competing this weekend in Florida for a Skip Barber Racing School scholarship that would pay his way to drive in a series — one which could propel him into a professional race car career.

See Page 20.

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A picture of health

Glenmont woman takes new approach with dieting app

By MARCY VELTE
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It's been only a few weeks since the ball dropped, but already many — if not most — people have given up on their New Year's resolution to shed the extra holiday pounds and get in shape.

Keeping up with a diet can be tough, but Christy Venter of Glenmont has created what she believes to be a new approach to eating healthy. Her new iPhone app, HealthyME Living, helps

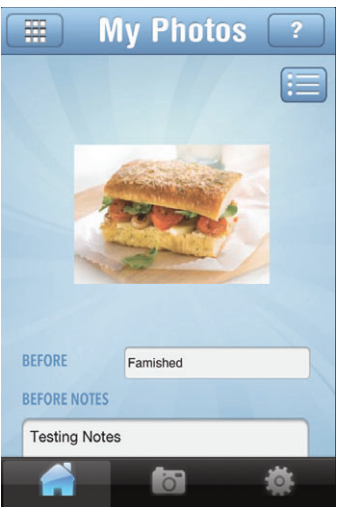
people keep track of what they eat and works to modify their behavior to achieve a healthier diet.

"This helps people to make the connection between what they've eaten and how they feel afterward," she said.

Venter graduated from Siena College with a degree in psychology. After having a full-time career for eight years, she is now a stay-at-home mom, but she also recently attended the Institute of Integrative Nutrition in New York City to become a certified holistic health coach.

Venter integrated her knowledge of

□ App Page 14



Christy Venter, above, created an iPhone app that aims to keep people on track with their diet goals.

Submitted photos

Glenmont Winter Carnival



Hannah Steil, left, and Hayley Cerza enjoy a cotton candy and a snow cone at the Glenmont Winter Carnival Saturday, Jan. 12, at Glenmont Elementary. More than 150 families attended the event which featured three bouncy bounces, carnival games and prizes, karaoke and refreshments. Money raised at the event supports the Glenmont PTA.

Submitted photo

EMS merger is final

Delmar-Bethlehem ambulance service expected to save money

By MARCY VELTE
veltem@spotlightnews.com

As of the beginning of the year, Bethlehem's two volunteer ambulance agencies have become one.

Delmar EMS and Bethlehem EMS have combined into Delmar-Bethlehem EMS, following a September report from the town's District Board of Ambulance Commissioners that concluded money could be saved if the two agencies joined forces. Originally, leaders of the two groups felt Jan. 1 was an unrealistic target date to complete the restructuring. But after several months of working together, many now feel the project went smoothly.

"The people involved are impressed with how the process is going today," said Steve Kroll, the new agency's chief operation officer. "There have been no issues and I think we are all very pleased that the members of both organizations have been able to

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Public mixed about field

BC school board prepares to vote on capital improvements

By MARCY VELTE
veltem@spotlightnews.com

While the majority of residents at a recent public hearing expressed support for a facilities bond to upgrade and repair buildings throughout Bethlehem Central School District, there were mixed feelings about borrowing money for a new turf athletic field.

On Wednesday, Jan. 16, residents stood before district officials to give their opinions

about the projects. The school board had previously opted to split the facilities upgrades and turf field into two bond propositions. However, the propositions are linked in that the bond for a turf field will only go forward if the public passes the facilities bond as well.

Should the larger facilities bond fail, no money will be borrowed and the district would need to put repairs in the budget, likely by making cuts to programs and staffing. Officials said the effects could be profound.

"With technology alone, that's \$1.3 million," said Superintendent Thomas Douglas. "Let's say

proposition one is voted down and we know the state is going to go through with online testing because that's the major reform initiative. By 2014, we would have to take that \$1.3 million and place it in the budget and reduce the budget in order to pay for that. We already know that \$1.3 million would be above our tax levy limit and we would have to challenge just for that increase, not to mention any others."

As presented, the main facility bond totals \$20.7 million, including soft costs. The bond includes major repairs to building roofs,

□ Field Page 14

□ EMS Page 14

Bully-proof armor

Program takes alternative approach to stopping bullying

By MARCY VELTE
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Finding exactly how to stop bullying has always been a question asked in schools. Today, the age-old problem is only getting more attention.

Mark Shepard thinks he has the answers to help kids become “bully-proof,” and he’ll be teaching them during an hourlong program at the Bethlehem Public Library on Thursday, Jan. 24. His approach to bullying is nontraditional, focusing on reducing harm and helping victims and tormenters to establish a relationship.

“I think today we’re criminalizing kids who are actually playing out fundamental dominance roles. My goal is to focus on the target, and help them understand how to stop being a target and turn the person coming at you into a friend,” he said.

Shepard has a personal viewpoint on the subject after being bullied throughout his childhood. He developed a show with music and fun themes to bring his recommendations to audiences of all ages, and it starts out with a story from Shepard’s youth, when he stood up to one of his tormenters.

“Usually, bullies are hurting in some way and are just looking for a way to make themselves feel better.”

— Mark Shepard, bullying prevention speaker

He uses the story to show the audience what he did right and what he did wrong in handling the situation. He then gives them different options that can help in their own lives.

“I often use the audience to role play and demonstrate what is happening psychologically when someone is targeting someone else, and how the target actually has a lot of control to stop what is happening in the situation,” he said.

Shepard feels the key to stopping bullying is to empower kids to carry themselves more confidently and to train them to not give bullies the reaction they are looking for. A certain body language can help aggressors to no longer view people as targets.

“Every bully thinks of themselves as a victim,” he said. “There is a pecking order. Usually, bullies are hurting in some way and are just looking for a way to make themselves

feel better.” Shepard said if victims can change their attitude and reach out to the aggressor, establishing a friendship is a healthier situation for all involved. He said bullies are not usually bad kids, but today’s culture is trying to solve the problem by punishing the aggressor and protecting the kid perceived to be weaker. This builds on the aggressor’s negative emotions, while allowing the victim to continue to feel like a target because they are told their behavior does not need to change.

“You have to change how you move your body, so you don’t immediately go into fight or flight,” Shepard said. “States and schools are just making more rules, and all walking away does is make the target even less likely to find friends and the aggressor will find a time when adults aren’t looking.”

He also argues kids need to be taught to not take insults so seriously. The same rules apply for social media and online harassment, both topics of increased concern lately.

“We’ve all been mean, so why are we taking this so seriously?” Shepard said. “We are being trained in our culture to take what people say personally, and being taught that you should have hurt feelings if someone says something bad. It shouldn’t be that way.”



Mark Shepard’s program mixes music and storytelling to help young people learn how to deal with bullies in a healthy way.

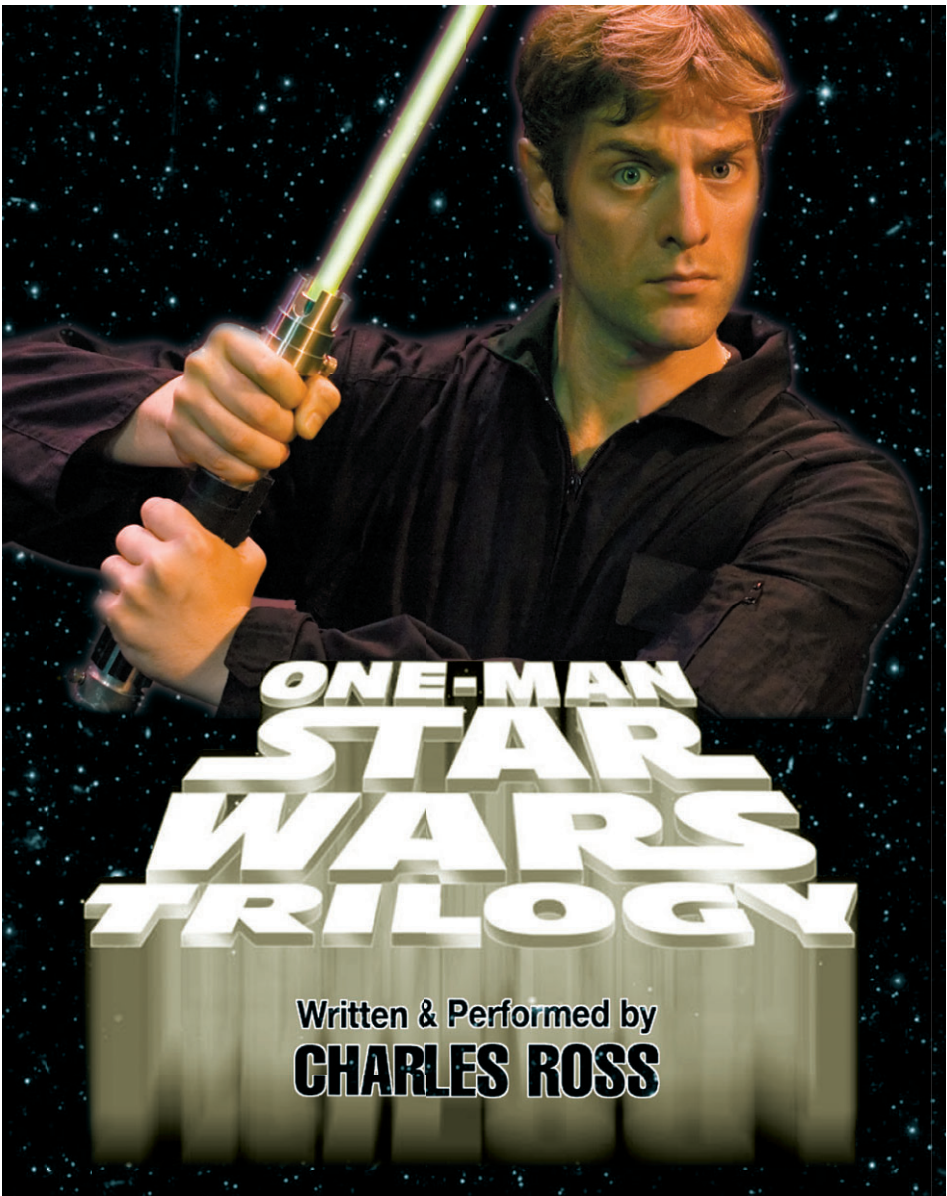
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Shepard uses repetitive songs that he wrote himself to help kids remember the lessons that are taught during the program. One of his most popular is “Turn it into Something You Can Use,” which tells kids to take negativity and shrink it down to size.

“We are trained to feel bad if someone isn’t nice to us, but who is training kids to let it roll

off their back and wear out their opponent in a way that harms no one? That’s where I’m coming from,” he said.

The program begins at 7 p.m. on Thursday, Jan. 24, at the Bethlehem Public Library. It is free to the public. To learn more about Shepard’s program, visit www.bullyingpreventionnow.com.



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Milestones

Altamont man faces DWI charges following brief pursuit

An Altamont man has pleaded guilty to driving while intoxicated after being witnessed speeding through the Town of Guilderland, according to the Albany County District Attorney's Office.

Elijah Turner, 29, was charged with one felony count of driving while intoxicated. He was witnessed in December speeding on Western Avenue. According to police, Turner fled to a local golf course after an officer attempted to stop his vehicle, then ran from the car into the nearby woods. He was caught a short time later.

Police said Turner refused a breath test and was already on probation at the time of the arrest from a 2008 DWI offense. He now faces up to four years in prison.

Phone tech fired for stealing pics

A Verizon employee was arrested by Colonie police on Wednesday, Jan. 2, and charged with sending a compromising

photo to himself from a customer's phone.

Police said on Dec. 20, 2012, a 19-year-old Colonie man left a Verizon store at 650 Troy-Schenectady Road in Latham after receiving service on his iPhone and noticed a text was sent to a number he did not recognize. The man opened the text to see a topless photo of his girlfriend that was stored on his phone was sent to the unrecognized number. He called the number and got the voicemail identifying the phone owner as "Dominic." The man went back into the Verizon store and learned that the person that fixed his phone was Dominic M. Pirozzi, 33, of 5118 Lazy K Trail in Ballston Spa, police said. The man quickly contacted the police and the store's management about the incident.

Following an investigation, Pirozzi was arrested and fired, and turned himself in to be charged on Jan. 2. Pirozzi was released on his own recognizance and issued an appearance

to ticket to return to the Colonie Justice Court on Wednesday, Jan. 9. He is charged with the unauthorized use of a computer, a misdemeanor.

Pirozzi's phone is being examined to see if there are any other victims, police said.

Teen charged with DWI after crash

Colonie police charged a Troy teen with DWI after he allegedly crashed into another car, sending the driver to the hospital.

Police said on Sunday, Dec. 23, just after 9 p.m., Zachary R. Donnelly, 18, was driving his 1996 Chevrolet Camaro on Troy-Schenectady Road when he crossed into the oncoming lane and struck a 2005 Chevrolet Cavalier being driven by David C. Prince, 22, of Colonie. Prince suffered hip and head trauma and was taken to Albany Medical Center, according to police.

Donnelly had to be extricated from his vehicle

and was also taken to Albany Medical Center.

Witnesses said Donnelly had been driving at a high speed, according to police. An investigation is continuing.

Other arrests

- Colonie police arrested Kyle M. Boehmer, 25, of 8 Pine St. in Latham, on Wednesday, Jan. 9, and charged him with criminal possession of a controlled substance in the first degree, criminal possession of a controlled substance/narcotic in the third degree, criminal possession of a narcotic drug in the fourth degree, conspiracy in the second degree, identity theft in the first degree and grand larceny in the fourth degree.
- Colonie police arrested Andrew J. Scheer, 30, of 611 Vermont View Drive in Watervliet, on Wednesday, Jan. 9, and charged him with criminal possession of a controlled substance in the first degree, criminal possession of a controlled substance/narcotic in the third degree, criminal possession of a narcotic drug in the fourth degree, conspiracy in the second degree, identity theft in the first degree and grand larceny in the fourth degree.
- Colonie police arrested Chad M. Fogarty, 28, whose last known address was 59 Cohoes Road 1st Floor in Watervliet, on Monday, Jan. 14, and charged him with robbery in the third degree.
- Colonie police arrested Brendon J. Ryder, 18, of 534 2nd St. 1st Floor in Troy, on Monday, Dec. 24, and charged him with burglary with criminal intent in the second degree, grand larceny in the third degree and

third degree, criminal possession of a narcotic drug in the fourth degree, conspiracy in the second degree, identity theft in the first degree and grand larceny in the fourth degree.

- Colonie police arrested Christopher R. Scanlon, 20, of 66 Grip Road in Albany, on Wednesday, Jan. 9, and charged him with criminal possession of a controlled substance in the first degree, criminal possession of a controlled substance/narcotic in the third degree, criminal possession of a narcotic drug in the fourth degree, conspiracy in the second degree, identity theft in the first degree and grand larceny in the fourth degree.
- Colonie police arrested Carlos M. Arroyo, 41, of Massachusetts, and charged him with criminal mischief in the third degree.
- Colonie police arrested Robert C. Nunamacher, 25, homeless, on Thursday, Dec. 27, and charged him with robbery in the third degree.
- Colonie police arrested Jon T. Clark, 49, of Berne, N.Y., on Friday, Dec. 28, and charged him with grand larceny in the fourth degree.
- Colonie police arrested Kyle M. Boehmer, 25, of 8 Pine St. in Latham, on Friday, Dec. 28, and charged him with criminal possession of hydrocodone pills in the fourth degree.
- Colonie police arrested Andrew J. Scheer, 30, of 611 Vermont View Dr. in Watervliet, on Friday, Dec. 28, and charged him with criminal possession of hydrocodone pills in the fourth degree.

criminal mischief in the third degree.

- Colonie police arrested Christopher A. Hornauer, 42, of Connecticut, on Tuesday, Dec. 25, and charged him with criminal mischief in the third degree.
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New trails to travel in this new year

Judging from the light, it was maybe 7:30 by the time I finally steeled myself enough to unzip my sleeping bag and start the arduous and uncomfortable process of putting my layers on.

I'd been awake for at least 15 minutes though, staring out of the tiny hole I'd left for my face in the sleeping bag and watching my breath travel to the top of the tent, where it was forming into a layer of hoar frost. It looked cold out there. Really, really cold.

The thing is, it wasn't all that cold, at least not by Adirondack standards. Maybe a few degrees below zero. But the wind whistling around the tent reminded me how hard of a day it was going to be. A short, dark, hard day.

The great thing about having the proper outdoor gear and know-how is you can get out of town and into the backcountry without a lot of notice. Once you've figured out what works best for different situations, it's a simple matter to round everything up and get packed, confident you're prepared.

That's the state of zen I'd finally reached with



ON THE TRAIL
Charles Wiff

backpacking. But living here in the Northeast, I was only taking advantage of a bit more than half of the months in the year when it came to truly getting away and spending the night outdoors. It was time to tackle winter backpacking.

A few years back, I picked up a book called "At the Mercy of the Mountains: True Stories of Survival and Tragedy in New York's Adirondacks." As the title suggests, its author, Peter Bronski, detailed some mostly recent examples of disaster that have befallen hikers in the High Peaks area of the Adirondacks — some of them with fatal results. It's a fantastic read, and a good reminder of exactly how serious striking out into the wilderness can be.

A great deal of the more extreme stories came from hikers who had delved into the Adirondacks in the winter months. There were campers who had to climb on top of a lean to to escape a sudden raging river when an ice jam gave away. Others were caught in sudden, harrowing blizzards that buried tents and made simple survival a true challenge.

"Laura, listen to this!" I called as I read. "These halfwits sleep outside in the winter! Can you believe it? What kind of mental disease would compel you to do that?"

Not two years later, there I was, shivering in my inadequate sleeping bag on the floor of a lean to as the snow fell outside. If I was going to be an idiot, I was clearly going to have to go all the way.

So this year we decided to get serious. We sought out big, fluffy down sleeping bags, a nifty tent



The summit of Algonquin Peak provides incredible views any time of year, but braving winter weather pays off with solitude, clear air and an unforgettable experience.

made for snow conditions, a new stove that will burn at any temperature and a bunch of other odds and ends. After researching, comparing, reading and researching some more, I finally felt prepared. We spread out all our nifty, cold weather gear and started to pack.

Halfway though, the seams of my pack were bulging. "No more," it seemed to whimper. "Why are you doing this? Think of my poor suspension!" But I would not be deterred, grabbing carabiners to hook my crampon bag, water bottles and odds and ends onto the outside of the pack. Then I decided to put it on and see how the weight was.

The pain was immediate and searing. My knees quaked. My vision went dark around the edges as a faint quake of breath escaped my lips.

"Help. Help!" I managed to stammer as my wobbly legs sent me careening around the room.

"H m ?" came a disinterested voice from the adjoining room.

"Call 911, I think my lungs have a hernia!"

"Oh, that reminds me. I put some of the food in the fridge, so don't forget to pack that, too."

After regaining consciousness, I unpacked, resorted, repacked, unpacked and repacked again to get something resembling a workable configuration. It was still an absolute mess. But we had everything we needed, so we'd be happy and warm, right?

That was only the tip of the iceberg of ineptitude that was to follow us around that trip. We discovered the tent stakes we had were worthless for snow. So we dug rocks and branches out of the snow to anchor the tent's guy lines—but not well enough to keep the tent fly from sagging under the falling snow, which got the tent wet overnight.

It only took us the majority of this geological age to set the tent up, so I was exceedingly proud when I got the stove lit in no more than seven tries (I didn't even set fire to

hardly any nature). That's when I discovered snow in the woods, which you imagine as pure and clean, is actually filled with all manner of pine needles and birch bark. We drank our tea through our teeth.

But that was nothing compared to dinner. I got the stove running (saving half a mitten! Outdoors expert over here!) and whipped up some chicken-less chicken noodle soup. It was stone cold by the time we refilled our bowls again, turning a hot slice of heaven into a gruel that resembled excellent English cooking—in other words, inedible. Then it was into our sleeping bags at 6:30, two hours after the sun had set, for a rousing game of "stare at your partner," because your eyeballs are the only part of your body you might risk uncovering.

Sounds like a blast,

huh? You might think I would have applied the finicky stove to the tent and kissed the winter hardships goodbye then and there. Well, I must have acquired that brain wasting illness all those folks in the disaster book suffered from because the trip was still a blast. And the next, with the lessons we'd already learned, was even better.

That's the thing that's so invigorating about the outdoors: new experiences. There's always a new peak to summit somewhere or a new skill to learn. And even when things are tough, well, that just serves as a reminder of how well you have it otherwise.

So if you haven't already, take the opportunity this 2013 to do just that and try something you never thought you'd ever do. Even if it's a hardship, at least it will be yours.



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Matters of Opinion in The Spotlight

Going off half cocked

The State of New York’s gun laws, already some of the most restrictive in the nation, are now a little tougher. The toughest, even.

State lawmakers rushed to pass the Secure Ammunition and Firearms Enforcement Act (SAFE Act) last week, which puts new restrictions on what sorts of firearms may be sold and how. Banned under the new law are assault weapons. The definition of that class of gun is tightened down as well, making the class encompass guns with one “military-style” feature instead of two. Magazines will now only be allowed to hold seven bullets, down from 10. Stores and private sellers will also be forced to run background checks on buyers in more circumstances and it’s now illegal for New Yorkers to buy guns over the Internet.

Gov. Andrew Cuomo is right about at least one thing: the law is nothing if not comprehensive.

The passage of the law touched off a firestorm of debate, which is really saying something when one considers the popular topics of conversation in the weeks following the Newtown, Conn., school shooting. But sadly, all this discussion is something like yelling into the empty barn the horse just left. Despite a general debate over gun control in the past weeks, there was barely enough time for the general public to read this bill before it was passed into law, never mind provide their representatives with comment on it.

The measure passed overwhelmingly, meaning there was likely enough support for a tough gun control law to make any opposition futile. But when the path of a major piece of legislation can be tracked in hours instead of days, it raises major concerns about governmental transparency and introduces the danger of long-term negative consequences from a knee-jerk reaction.

No matter where you fall on the issue of gun control, this law should have been vetted — especially considering President Barack Obama was set to deliver a set of federal actions in mere days.

And Second Amendment advocates are right to criticize the law for paying only lip service to the issue of mental health. The SAFE Act addresses the issue by extending a law that allows judges to send someone to psychiatric treatment and makes it easier to seize the firearms owned by a person deemed to be mentally unsound. Not bad ideas, mind you, but also not doing a lot to address the root of the problem and make more effective mental health care available to more people.

What is perhaps the easiest part of the SAFE Act to get behind is the “Webster provision,” which mandates a life sentence with no chance of parole to those convicted of killing a first responder. Named after the town in which two firefighters were gunned down on Christmas Eve, it is perhaps one area in which most, if not all, can agree more regulation is undoubtedly a good thing.

Editorial

True sportsmanship in ugly times

By FELICIA BORDICK

This article originally appeared in Capital District Parent Pages.

American society has come a long way, making huge leaps in technology, medicine and education in the past 50 years.

We can communicate easily and instantly with just about anyone in the world; we are finding cures for diseases that once were fatal; and we have improved educational opportunities for all. And yet, we are still rendered almost defenseless against flood waters, raging fires and prejudice.

We are working on controlling the devastation of water and fire as we add to our knowledge after each catastrophe, but our ability to learn from past experiences in regard to prejudice eludes us. We continue to struggle with “man’s inhumanity to man.”

Prejudice rears its ugly head everywhere both subtly and blatantly. When it is blatant, we should be grateful because it is then that we are not be able to walk around the monster.

To bring this philosophical reflection into focus in current times, let us look at a school environment probably no more than 20 miles from where you are reading this. I would like to share a true story of the good and the bad of a sporting event involving two school districts, two boys’ soccer teams and two coaches. Names are purposely left out because this is not a unique story; it is instead a universal tale repeated often in different places with different players.

It was an end-of-the-season game with much at stake. Both teams were highly skilled and well prepared to face this big game. Each team had worked hard toward the same goal and had played well. It was right that they both ended up as contenders in this important matchup. The players on both teams were as psyched as they were confident, and they looked forward to the match

Point of View

that would make one team the winner. Their attitude toward preparation for the big game exalted everything good about sportsmanship and athletics.

A member of one of the soccer teams by chance learned of the courageous battle a student from the other team’s school was waging against cancer. A young woman, also an athlete, had been sidelined by her illness. The young man from the competitive school was moved into action when he learned of the young woman’s situation. He wanted to do something to help.

His team would be hosting her school’s boys soccer team in a few days. He contacted people and set up a vehicle for collecting donations to aid the student in need. Before lunch on that particular school day, the specifics of the good deed were in place and ready to go on game day.

If only the story ended here, it would have been a simple and reassuring testament to our student athletes. Sadly, the story continues, and after lunch on that same school day, a prejudicial rant filled with slurs against a few players of one team had been posted on Facebook by the other soccer team’s coach. The coach’s post on Facebook was in the form of a list, one disgusting insult after another. The young man who had spearheaded the donation collection was on that list.

Now if you were asked to project what happened next, you would probably suspect that there would be tension and trouble ahead in both school districts. Well, the best part of sharing this story is that those same conscientious, sportsmanlike athletes, as well as the school leaders from both schools, decided they would

What’s your point?

The Spotlight welcomes longer opinion pieces for the Point of View section.

Do you have a hobby or cause you feel passionate about? We’d love to share it with our readers.

Do you have information you think others would benefit from hearing about? Let us know.

Point of View submissions should be around 700 words and can be submitted via email to news@spotlightnews.com with “POV” in the subject line.



not be defined by one ignorant adult. The school district leaders came together and in a common bond of doing right, acted immediately in a manner affirming the values of their respective school communities. The offending coach was fired, there was a heartfelt apology extended, and the game was played on schedule.

The match was played with impeccable sportsmanlike conduct; the good deed to aid a student in need was carried out as planned; and in the end, there was one soccer team who scored more goals. However, it was every student and citizen of both school communities who won a battle, not the war, against prejudice that night.

The story could end here, but it doesn’t. As serendipity would have it, the team and its coach who had demonstrated extraordinary grace under pressure, went on to win the New York State Championship a month later. Congratulations to them; they know who they are!

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Weekly poll

What do you think about New York’s new gun laws?

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Last week’s poll results:

“Will 2013 be a better or worse year than 2012?”

- Absolutely. Peace and prosperity 13%
- No way. Doom and gloom this year 38%
- It will be about the same 50%

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Your Opinion in The Spotlight

Safety of synthetic turf unclear

Editor, *The Spotlight*:

I attended the public hearing on Wednesday, Jan. 16, at BCHS. I heard all the arguments pro and con regarding the \$3,800,000 synthetic turf portion of the bond act.

I came away with some questions that were not raised at the hearing.

Many people at the meeting talked about the positive health effects of sports on their children. As a runner and someone who tries to keep fit I totally agree with them.

But with data coming to light about indoor air pollution, hazards from BPAs and plasticizers, particulates in children's fireproofed sleep garments, toxic glues and binders found in new furniture, rugs and certain solvents, why do we want to put a plastic carpet on our high school playing field?

In the hectic and productive environment that our children are being raised in they have precious little time for outdoor play and sports.

As parents we try to get them outdoors a few times a day, and if we're lucky we succeed.

When our kids are involved in school sports or simply go outside for P.E. class, why do we want them to breathe the fumes out gassing from 2 acres of plastic turf?

And what about the environmental effects from the manufacture and disposal of several tons of plastic carpeting? What about the CO2 produced in both the manufacture and eventual recycling of

the product? (Even if we recycle the synthetic turf after 10 years it still has to be re-heated for re-use or eventually disposed of in some way.)

Do we want to replace God-given 2 acres of grass and organic loam, complete with all microorganisms, worms, nutrients and natural drainage with astro-turf?

I urge everyone to say "no" to Part 2 of the Facilities Bond Act,

*Terry Rooney
Delmar*

Taxpayer tired of footing the BC bill

Editor, *The Spotlight*:

I did not speak up on Wednesday night because, believe it or not, I am tired of hearing myself. It should have been evident from the commenters that lots of them are against Astroturf except for the hard core that brought it up in the first place.

The numbers keep changing with the wind. Repairs need to be made for the safety of the students and faculty and the protection of the district's assets. Leave aside for the moment why this disintegration was allowed to happen and what was done with all the money from the 2003 Bond. The Astroturf is the straw that broke the camel's back! The district taxpayers are not an unrestricted ATM machine! The Astroturf bond issue is a poison pill and an indication of the board's contempt for the taxpayers. To propose it in the current economic climate is a slap in the face to the majority of us who have no stake in the school system except for the mythical old saw

about property values.

The 2003 bond still leaves a bad taste in taxpayers' mouths and at some point there needs to be a detailed accounting about how that money was spent. Did it all go towards building a school we did not need? Any new bond should have an ongoing accounting of proposed items and completed items as the money is spent.

NY is not one of the 19 or so states that allow recall of school boards so the taxpayer's only way of expressing anger is to reject every budget proposal until the board gets the point. Realistically that will never happen because the electorate is too apathetic. A guy can try however.

We need two entirely new candidates this year and it would be very helpful if a couple of the long serving board members took responsibility for their actions and resigned.

*Philip W. Carter
Slingerlands*

Examine other options with track

Editor, *The Spotlight*:

Concerning the Bethlehem School bond issue, Proposition 1 includes a provision for improving the Van Dyke Field (football field) drainage and resurfacing

the 6-lane running track. Proposition 2 includes the proposal for the synthetic turf, rebuilding the track into an "8-lane" track, and moving the bleachers to accommodate both an increased field width (200 feet to 225 feet under Proposition 2) and the 8-lane track.

The current track already has 8 lanes for sprints (100m and 110m hurdles), and only 3 events (200m, 400m, and long hurdles) would be

affected by expanding the track. For a three-team meet, with 3 competitors per team, an 8-lane track would still require "heats," which with FAT (electronic timing and "photo-finish") is not a significant problem. (An 8-lane track also introduces more inequity between lanes 1 and 8 for a 200m race than between lanes 1 and 6 for the current 6-lane track.)

It would be more logical if the field were

rebuilt with the synthetic turf, but its width retained at 200 feet; the track could still be resurfaced and not rebuilt, and the bleachers would not have to be moved to accommodate the increased field and track width, likely at a savings of \$1,000,000 in borrowing costs. Additional savings would be realized in not having to stage and clean up after state-level competitions.

*Ed Taft
Bethlehem*

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85531

Kick the winter blues with library storytimes

Winter months often mean endless days indoors with the little ones. Take advantage of the library’s storytimes to give yourself and your child a weekly date to meet with new and old friends alike. It’s free and there is no need to register.

Positively Preschool meets Monday afternoons at 4:30 p.m. or Thursday mornings at 10:30 a.m. with Kathy Domery. Bring your preschoolers for a story and related craft, lots of

RCS COMMUNITY LIBRARY

smiles and a chance to meet new friends.

Romp and Read offers stories, songs and games for the toddler set. On Tuesdays, meet Kathy Meyer in Selkirk at 10 a.m. at the Selkirk Firehouse on Route 396, east of Route 9W. On Friday mornings, Romp and Read meets at the Congregational Christian Church at 10:30 a.m.

Library Babies invites babies age 6 months to 2 years and their caregivers to join Kathy Meyer on Friday mornings at 9:30 a.m. Songs and finger plays as well as lots of giggles are a great way to start the morning with your baby.

Unless otherwise noted, programs currently meet at the Congregational Christian Church, across the street from the library. Use the Fellowship Hall entrance from their parking lot.

Winter Computer Classes

Free classes are offered weekly with a new topic each week. Both day and evening classes are available. Class size is small, allowing for individualized attention. Registration is required. call today to reserve your place.

•**My Computer: Move the Mouse and More**

Learn the basics. Using a computer can help you keep track of letters, recipes, or a household budget and feel more confident in learning about a new hobby or job.

Tues, Jan. 29, at 6:30 p.m. or Wednesday, Jan. 30, at 11 a.m.

•**iPods and iPads and Bears, Oh My?**

Have fun exploring the features and possibilities of tablet computers like the iPad or iPod. Bring your own or experiment with one at the library.

Tues, Feb. 5 at 6:30 p.m. or Wednesday, Feb. 6, at 11 a.m.

•**Beginning Internet**

Learn how to navigate the web in this beginner’s class. Understand what the address bar is, how to type in a url (web address) and add a page to your favorites. Mouse skills required.

Tues, Feb. 12, at 6:30 p.m. or Wednesday, Feb. 13, at 11 a.m.

•**More Internet: What Makes Clouds?**

Learn about different web browsers, search tips and storing your pictures and documents online “in the cloud.”

Tues, Feb. 19, at 6:30 p.m. or Wednesday, Feb. 20, at 11 a.m.

Registration is required. Call 756-2053 or email from info@rcscommunitylibrary.org to register.

Learn strategies for bullying prevention

Find out how to stop bullying before it starts at Bethlehem Public Library on Thursday Jan. 24, at 7 p.m. Learn useful and powerful “Ninja-Jedi mind mastery tools” to disarm potential bullies while maintaining self-esteem and self-respect.

Presenter Mark Shepard is a certified master practitioner and trainer of neuro-linguistic programming and a certified master trainer



in Time Line Therapy™ techniques. He is also a professional storyteller, musician, author and speaker who uses all his talents to educate and entertain young audiences.

Shepard explains that in order for a bully to exist in the first place, he or she must have a victim.

If we learn to stand up for ourselves in ways that do not invite aggression, we can stop bullying before it starts.

In addition, by understanding why a bully is a bully, we can use that knowledge to neutralize an attack.

This program is appropriate for school-age children, teens and adults. Snow date is Wednesday, Jan. 30, at 7 p.m.

Teen Time

Friday, Feb. 8, 3 to 4:30 p.m.
Gaming, crafts, food and friends.
Grades 6 to 12.

Paws to Read

Saturday, Feb. 9, 3, 3:20 and 3:40 p.m.
Bring your favorite stories and read them aloud to a gentle dog. Call 439-9314 to sign up. Grades 1 to 5.

Baby Wearing 101

Monday, Feb. 11, 10:30 a.m.
Learn the benefits and techniques of baby wearing. Suzanne Cardinal of Sling Babies of the Capital District will demonstrate four types of carriers. The program is for parents, grandparents and caregivers.

Daybooks

Monday, Feb. 11, 1:30 p.m.
The Snow Child by Eowyn Ivey. New members welcome. Copies available at the information desk. Audio copies may also be available.

Anti-Valentine’s Day Party

Monday, Feb. 11, 6:30 to 8 p.m.
Decorate cookies, make anti-Valentine’s Day cards. No romance required! Grade 6 to 12.

Bethlehem Public Library Board

Monday, Feb. 11, 6:30 p.m.
Open to the public.

-Louise Grieco

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85533

Family math fair at library

Enjoy games, picture books and art activities that reveal the concepts of math.

For kids from preschool through the early elementary grades, the Family Math Fair will be held Friday, Jan. 25 from 6 to 7:30 p.m. Call the reference desk at 765-2791 to sign up.

Thursday Afternoon at the Movies

On Jan. 24, watch the classic Western High Noon. On Jan. 31, watch the musical comedy Singing in the Rain with Gene Kelly, from 1:30 to 4 p.m.

Nimblefingers

The library's textile arts group will host its annual Open House Tuesday, Feb. 12, from 1 to 3 p.m. The event will feature homemade refreshments, quilting and needlework discussions, demonstrations and free patterns. The Nimblefingers Quilt and Craft show will be exhibited from Feb. 1 to March 5.

Quilt Raffle

The Friends of the Library are selling raffle tickets for a beautiful multi-colored quilt donated by The Village Quilters. The quilt is on display at the circulation desk where tickets may be purchased for \$1 each or six tickets for \$5. The winning ticket will be drawn at the Nimblefingers open house on Feb. 12.



Preschool Storytime

Preschool Storytime starts at 10:15 a.m. on Tuesday, Jan. 29 and Feb. 5.

Book Discussions

The kids book discussion for grades second through third on Daisy Dawson and the Big Freeze starts at 7 p.m., Friday, Feb. 1. The fiction book discussion for adults on The Garden of Evening Mists by Tan Twan Eng, starts at 7 p.m., Feb. 6.

Winter Reading Club

The Winter Reading Club is now in progress, and this year it's for all ages. Check out any book, CD or DVD. Tell us what you think about it on the library website (or by filling out a comment card at the library). Win gift

certificates for local stores and restaurants. Winners are drawn every Friday.

To learn more, visit www.voorheesvillelibrary.org and click on Winter Reading Club.

Writing Your Personal History

For folks who want to record their life stories for their children, grandchildren and friends, these workshops will be held from 6:30 to 8:30 p.m., Jan. 29, Feb. 12 and 26, and March 12.

Registration is required. Contact Suzanne Fisher at the library.

Art on Display

The landscapes of Rae Lee Robinson, inspired by local places, are now on exhibit through January. The Embroiderers Guild of America's superb traveling exhibit is featured in the display case.

Legos 'unplugged'

Twins in grades two through sixth are invited to come have a Lego blast at "Lego Club: Unplugged" at the Guilderland Public Library on Friday, Jan. 25, at 6:30 p.m.

Twins can bring their own bricks or create with the library's laughably large load of Legos.

As always, creations created with tween-owned bricks will be kept separate from the library's bricks. This will be an "unplugged play" event, so there will not be any Wii LEGO games played at this meeting. No registration necessary, just bring your creativity and have fun.

If this is January, this must be Europe

Young readers in grades two through four are invited to bring a parent or guardian



on a Journey Around the World in Pictures, a special parent/child book discussion centered upon Caldecott-award winning picture books.

This month's exploration of foreign cultures stops in Europe. The tour begins on Thursday, Jan. 31, at 6:30 p.m.. Registration is required. Call 456-2400, ext. 4 to register.

Participants should pick up a copy of The Fool of the World and the Flying Ship, retold by Arthur Ransome and illustrated by Uri Shulevitz, at the Youth desk.

Future tours focus on Asia (Thursday, Feb. 28) and Africa (Thursday, March 21). Not only are these book-based tours educational and fun, they are also a time

for parent/child sharing. For more information on these programs, please call the library at 456-2400 or email info@guilpl.org.

The Guilderland Public Library is located at 2228 Western Avenue, Guilderland.

Visit the library's website at www.guilpl.org. Check out the "unofficial" library stuff at facebook.com/GuilderlandLibrary, follow the library on Twitter (@GuilderlandLib), and get music information and downloads on the library's Freegal page. It all starts at guilpl.org.



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Karaoke: 8:00 p.m.

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Caring for caregivers

Alzheimer support groups provide empathy and encouragement

By JOHN PURCELL
purcellj@spotlightnews.com

Caring for a loved one with Alzheimer's isn't an easy responsibility, but there are others ready to provide compassion and encouragement through sharing experiences.

The Alzheimer's Association of Northeastern New York offers support groups at more than 30 locations across 12 counties to help care-giving partners and individuals with early stage Alzheimer's or others forms of dementia. The support groups are designed to provide emotional, educational and social support for caregivers through

regularly scheduled meetings. Groups typically meet monthly, with some meeting twice and month, and trained staff or volunteers facilitate discussions.

Jason Lee, community service representative at Home Instead Senior Care, facilitated his first group Tuesday, Jan. 15, at Kingsway Community's Village Apartments in Schenectady. The group meets monthly every third Tuesday at 7 p.m.

"You can just talk about personal conflicts, concerns and problems with your loved ones dealing with early stage dementia and Alzheimer's," Lee said. "I just kind of move the conversation, and then people share stories."

Lee said the groups often discuss how to better care for loved ones with dementia and Alzheimer's. The learning experience often provides insight not found in textbooks or through browsing online.

Talking about frustrations and challenges might seem wrong to people at first, but Lee said it is important to share experiences.

"What people wind up telling me is, 'Man, I didn't

realize I could do this,'" Lee said. "I think people don't realize they can actually get that weight off their shoulders about discussing their trials and tribulations of the stressors they have."

His mother, Eileen, has come up with her own techniques to solve issues dealing with her husband's Alzheimer's disease.

For instance, Eileen will lock one of her arms around her husband at night so she would awaken if he was going to get up in the middle of the night. Sometimes Lee's father would be downstairs and have no recollection of how he got there or what he was doing.

"I never would have thought of that," Lee said, "because she always fears about him getting up in the middle of the night."

During the discussion group, Lee would often refer back to his personal experiences to help ease others into talking about their loved ones.

"I think my wife was going downhill before we really realized what was happening," John Strizzi said. "All of a sudden about a year ago, I got laid up and couldn't get out of bed ...

and it became perfectly clear real quick that she could not cope."

Strizzi said his wife wasn't able to take care of herself without him helping, and doctors said she needed to get memory care. Recently, his wife fractured her ankle, but nobody knows how it happened.

"They say, 'I don't think she knows where she is or why,'" Strizzi said, "but life goes on."

Strizzi's daughter-in-law, Cathy, joined him at the meeting and has been helping him care for his wife. Cathy Strizzi's mother has severe dementia, so she's familiar with the challenges he is facing.

"It is scary because as the kid, you don't always know what the best thing is to do," Cathy Strizzi said.

For information on the Alzheimer's Association of Northeastern New York visit www.alz.org/northeasternny, which has a link to a calendar of all upcoming meetings. You can also call Karen Brit, western region program manager of the Alzheimer's Association, at (518) 867-4999, ext. 303, for meeting information, too. The 24-hour helpline is (800) 272-3900.

Town of Guilderland SENIOR CALENDAR

AARP tax aide program

Beginning Monday, Feb. 4, through Monday, April 15, free tax preparation and e-mail filing will be provided Mondays and Saturdays at the Guilderland Library by the all-volunteer AARP Tax Aide Program.

Appointments are necessary. A separate appointment is required for each taxpayer. Bring a copy of last year's return, all 2012 W-2's, 1099 statements, sold investments' purchase dates and cost basis with supporting documents if itemizing deductions.

Tax Aide volunteers can't do returns with rental incomes or returns requiring Schedule C (business returns with a net loss, inventory, employees, or expenses over \$5000.) Both taxpayers must be present if filing a joint return, except in case of illness or infirmity. For appointments, please call 456-2400, ext. 2, starting Monday, Jan. 7.

GHS spring musical

The Guilderland Players' next musical will be "South Pacific."

Senior Citizen Night will be Thursday, March 14, at 7 p.m., and tickets will be

available at a cost of \$5 each (cash only), in the Senior Office in early February.

Transportation service will be provided to this event.

Monday, Jan. 28

Scheduled Shopping
9 a.m. Aerobics
10:30 a.m. OsteoBusters
10:30 a.m. Senior Fitness
1:30 p.m. OsteoBusters

Tuesday, Jan. 29

9 a.m. OsteoBusters
11:30 a.m. Luncheon: Pork Roast or Cold Plate
12:30 p.m. Bingo, games and billiards

Wednesday, Jan. 30

Scheduled Shopping
9 a.m. Cardio Circuit
10:30 a.m. OsteoBusters
10:30 a.m. Senior Fitness
1 p.m. Needlecraft
1:30 p.m. OsetoBusters

Thursday, Jan. 31

Scheduled Shopping
9 a.m. OsteoBusters
10:30 a.m. Movie: "Bernie"
(sign-up by Jan. 24)
12:30 p.m. Mahjongg
1 p.m. Pinochle

Friday, Feb. 1

Scheduled Shopping
10 a.m. Painting
10 a.m. Bridge
1 p.m. Quilting


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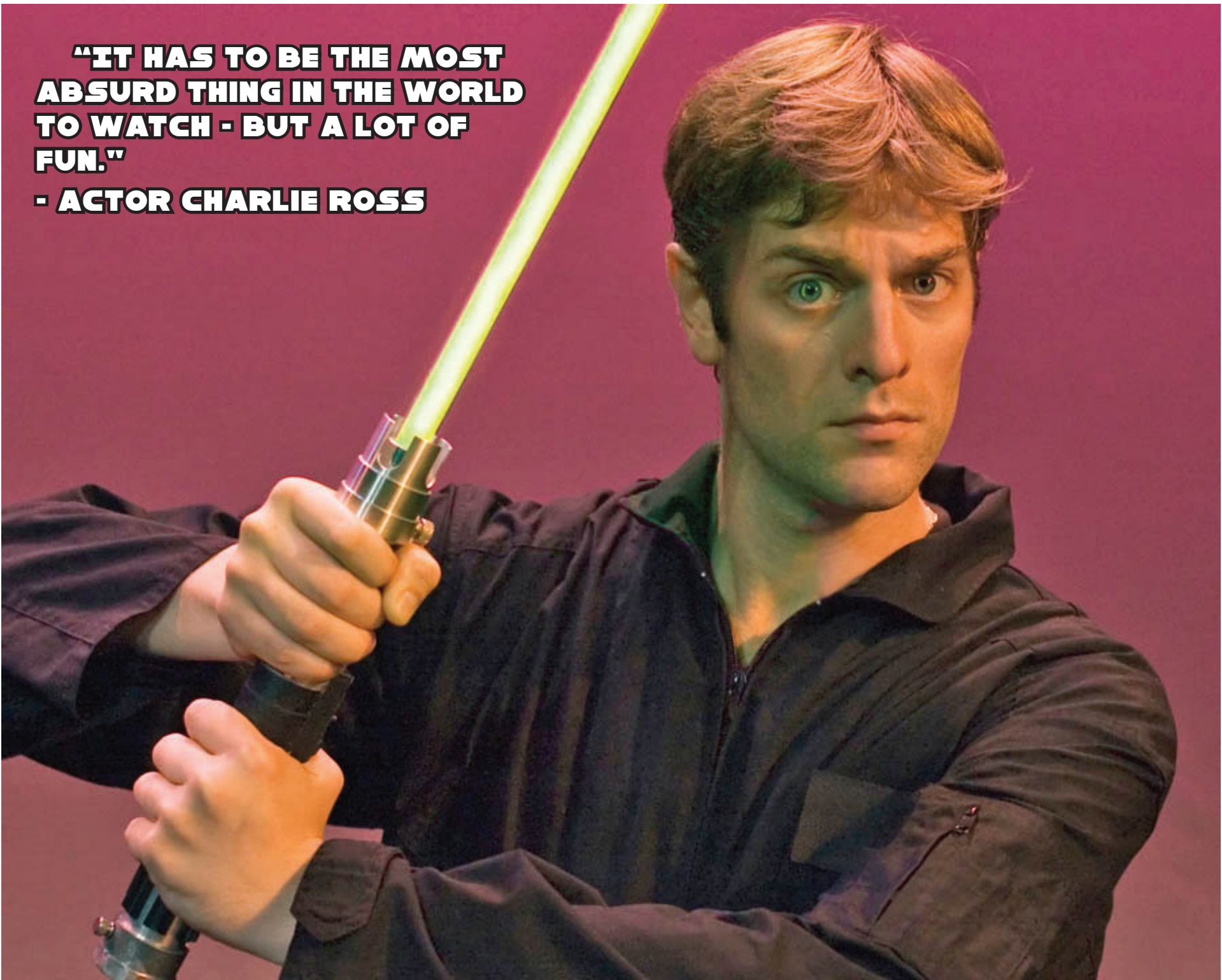
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Entertainment in the Spotlight



**"IT HAS TO BE THE MOST
ABSURD THING IN THE WORLD
TO WATCH - BUT A LOT OF
FUN."
- ACTOR CHARLIE ROSS**

THE FORCE IS STRONG
WITH THIS ONE

By DANIA BIANCHI
bianchid@spotlightnews.com

One man, three films; Star Wars reenactment hits Proctors

Charlie Ross wasn't the typical Star Wars guru as a kid, but he did see the movies more times than he can count. Having grown up in an area without television reception, he was lucky enough to own a VCR and three videotapes. "One of the films on tape was Star Wars," he said. Ross might be living a much different life today if that hadn't been the case. Watching the movies as many times as he did gave him a unique perspective, which came in handy after he graduated from theater school and was hit with the desire to do something "a bit more of my own," said Ross. The Canadian-born actor's creation was a

condensed 60-minute version of the three Star Wars movies into a one-man comedy stage show called, "One Man Star Wars Trilogy." In the show that hits Proctors Friday, Jan. 25, Ross reenacts the Star Wars trilogy without props, costumes or special effects, miming his way through three movies. "It's really is just me up there," Ross said. "A 38-year-old man running around acting like an 8-year-old kid pretending to be all of the characters from Star Wars - flying ships and all the romance and battles and stuff. It has to be the most absurd thing in the world to watch - but a lot of fun." To him, the show may seem like child's play, but to audiences all over the world the show is entertainment at its best. In the past

12 years, Ross has performed his one-man show more than 1,200 times in more than 180 cities across four continents. "Every time I think it is coming to an end, it just keeps on going," Ross said. "It's a fun show and I still genuinely enjoy doing it." What keeps the show fresh for him is the audience. "There are certain characters that always get a good laugh," he

said. "It tends to be the non-speaking ones like R2-D2 or Chewbacca." Ross said he also likes to add a little improv to the show when the moment strikes. "If someone's phone goes off, we are all going to know about it," he says. "Or if someone gets up to go to the bathroom in the middle of the show - if it happens at the right moment - I will definitely stop the show and sort of highlight the whole experience." Ross said audience

members don't have to be avid Star Wars fans to enjoy the show. "I definitely have people who have never seen a moment of the movies and enjoy it," he said. "Knowing there are people who have never seen the movies who come to see it, it

has tasked me to make the show more of a show for everybody." "One Man Star Wars" opens at Proctors on Friday, Jan. 25 and runs through Jan. 27. Ticket price is \$25. For more information about show times or to purchase tickets, visit proctors.org.





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Arts and Entertainment

Theater

THE BEAST

Marty Egan's original play about a French banker who must house a German officer during World War II, presented by Not So Common Players, Jan. 25-27, Clifton Park-Halfmoon Library, Moe Road, Clifton Park, shows 7:30 p.m. Friday and Saturday, 2 p.m. Sunday, free. Information, notsocommonplayers.org.

DRACULA

Stage adaptation of classic thriller, presented by Curtain Call Theater, 210 Old Loudon Road, Latham, through Feb. 9, shows 7:30 p.m. Thursday, 8 p.m. Friday and Saturday, and 3 p.m. Sunday, \$23. Information, 877-7529.

THE PILLOWMAN

Martin McDonagh's dark comedy about a writer who is interrogates about the content of his short stories and their similarities to a series of child murders in his town, presented by Channel Z Productions, Caffe Lena, 47 Phila St., Saratoga Springs, Jan. 28 and 29, 7:30 p.m., general admission \$15, students/seniors \$12. Information, 583-0022.

RACE

Regional premiere of David Mamet play,

presented by Capital Repertory Theatre, 111 N. Pearl St., Albany, through Feb. 10, \$20-\$60, call for show times. Information, 445-7469.

THREE TALL WOMEN

Edward Albee's Pulitzer Prize-winning play, presented by Schenectady Civic Players, Schenectady Civic Playhouse, 12 South Church St., Schenectady, Jan. 25-27 and Jan. 30 through Feb. 3, shows 7:30 p.m. Wednesday and Thursday, 8 p.m. Friday and Saturday, 2:30 p.m. Sunday, \$15. Information, 382-2081.

Music

LOOSE CHANGE

Mike, Peter and Elizabeth perform a variety of oldies and originals, Jan. 24, 8 p.m., Moon and River Cafe, 115 South Ferry St., Schenectady, free. Information, 382-1938.

DAVID RUBIN

Traditional folk musician, Jan. 25, 7 p.m., Emack and Bolio's, 366 Delaware Ave., Albany, free. Information, 512-5100.

LOUDON WAINWRIGHT III

Veteran folk artist, Jan. 25, 8 p.m., Swyer Theater, The Egg, Empire State Plaza, Albany, \$29.50. Information, 473-1845.

BILL STAINES

New England folk troubadour, Jan. 25, 8 p.m., Caffe Lena, 47 Phila St., Saratoga Springs, members \$16, general admission \$18, children under 13 \$9. Information, 583-0022.

ZAN STRUMFELD AND DANNY WHITECOTTON

Two talented singer-songwriters, Jan. 25, 8 p.m., Moon and River Cafe, 115 South Ferry St., Schenectady, free. Information, 382-1938.

CHILDREN'S OPEN MIC

Hosted by Saratoga Children's Theatre and open to performers age 8-17, keyboard and CD player available, Jan. 26, 6:30 p.m., Lillian's Restaurant, Broadway, Saratoga Springs, free. Information, saratogachildrenstheatre.org.

ALAN GOLDBERG

Singer-songwriter, Jan. 26, 7 p.m., Emack and Bolio's, 366 Delaware Ave., Albany, free. Information, 512-5100.

MANHATTAN TRANSFER

Popular jazz vocal group, Jan. 26, 8 p.m., Swyer Theater, The Egg, Empire State Plaza, Albany, \$39.50. Information, 473-1845.

OLD SONGS SAMPLER CONCERT

Benefit show for Old Songs Festival with performances by Annie & Jonny Rosen, Jeff Gonzales, Addi & Olin Unleashed and the Wheelbarrow Boys, Jan. 26, 8 p.m., Old Songs Inc., 37 South Main St., Voorheesville, \$20. Information, 765-2815.

RYAN, MATT AND FRIENDS

Schenectady County Community College jazz group, Jan. 26, 8 p.m., Moon and River Cafe, 115 South Ferry St., Schenectady, free. Information, 382-1938.

SPUYTEN DUYVIL

Eight-piece acoustic Americana band, with special guests Loves It, Jan. 26, 8 p.m., Caffe Lena, 47 Phila St., Saratoga Springs, members \$12, general admission \$15, children under 13 \$7.50. Information, 583-0022.

RICK ROURKE CD RELEASE PARTY

Capital District musician brings his three bands — Rick Rourke & The Lost Wages, Bluz House Rockers and Out of Control Rhythm and Blues Band — together for one show, Jan. 27, 2 p.m., Swyer Theater, The Egg, Empire State Plaza, Albany, \$20-\$35. Information, 473-1845.

ALFIE BOE

Gifted British tenor, Jan. 27, 3 p.m., Hart Theater, The Egg, Empire State Plaza, Albany, \$34. Information, 473-1845.

MAGPIE

Activist folk duo, Jan. 27, 7 p.m., Caffe Lena, 47 Phila St., Saratoga Springs, members \$12, general admission \$15, children under 13 \$7.50. Information, 583-0022.

Comedy

MOP AND BUCKET COMPANY

"Spontaneous Broadway," a weekly show of improvised comedy and music, Jan. 25, 8 p.m., Proctors Underground, 432 State St., Schenectady, adults \$14, students/seniors \$6. Information, 346-6204. Also, weekly improv skit show, Jan. 26, 8 p.m., Comedy Works, 500 Northern Blvd., Albany, advance tickets \$15, day of show \$20, dinner packages \$33.95 in advance, \$44.95 day of show. Information, 275-6897.

COMEDY WORKS (ALBANY COUNTY)

Kevin Meaney with special guest Carole Montgomery, Jan. 25 and 26, 7:30 and 9:30 p.m., 500 Northern Blvd., Albany, advance tickets \$15, day of show \$20, dinner packages \$39.95 in advance, \$44.95 day of show. Information, 275-6897.

COMEDY WORKS (SARATOGA COUNTY)

Kevin Meaney with special guest Carole Montgomery, Jan. 26, 6 p.m., City Sports Grille, 1668 U.S. 9, Clifton Park, advance tickets \$15, day of show \$20. Information, 275-6897.

GOD HAS A SENSE OF HUMOR TOO!

Comedian Cuzin Mann brings together the area's best comedians, gospel singers, poets and more for one show, Jan. 26, 6:30 p.m., WAMC Performing Arts Studio, 339 Central Ave., Albany, advance tickets \$15, day of show \$20. Information, 528-8701 or 590-9707.

Family

MICHAEL COOPER'S "MASKED MARVELS AND WONDERTALES"

Virtuoso puppeteer and mime, Jan. 26, 2 p.m., Troy Savings Bank Music Hall, 30 Second St., Troy, \$10-\$18. Information, 273-0038.

Visual Arts

NEW YORK STATE MUSEUM

"An Irrepressible Conflict: The Empire State in the Civil War," through Sept. 22; "Seneca Ray Stoddard: Capturing the Adirondacks," through Feb. 24; "1934: A New Deal for Artists," through Jan. 20; "Beneath the City: An Archeological Perspective of Albany," permanent collections on the 9/11 recovery effort, New York state history and geography, Empire State Plaza, Madison Avenue. Information, 474-5877.

ALBANY INSTITUTE OF ART

"The Eternal Return: Stephanie Rose Portraits," through Jan. 27; plus "The Folk Spirit of Albany: Folk Art from the Collection of the Albany Institute of History and Art" and exhibits on Hudson River

School painting, American sculpture and the history of Albany, 125 Washington Ave. Information, 463-4478.

ALBANY AIRPORT GALLERY

Installations by Paul Katz, Harry Leigh, Harold Lohner, Lillian Mulero, Ken Ragsdale, Nancy Shaver and Joy Taylor. Information, 463-3726.

ALBANY CENTER GALLERY

"The Eighth Annual Members Show," through Jan. 26; 30 Columbia St., Albany. Information, 462-4775.

BROOKSIDE MUSEUM

"The Threads of Time," through Jan. 31; 6 Charlton St., Ballston Spa.

CLEMENT ART GALLERY

"Group Show V," through Jan. 29; 210 Broadway, Troy. Information, 272-6811.

MISCI

"Seeing," through June 2; plus "FETCH! Lab" and "Fueling the Future," ongoing; Nott Terrace Heights, Schenectady. Information, 382-7890.

SARATOGA AUTOMOBILE MUSEUM

"The Syracuse Mile," featuring two of the central New York's famous stock cars; plus ongoing exhibits including "East of Detroit" and New York racing, 110 Avenue of the Pines, Saratoga Springs. Information, 587-1935, ext. 20.

TANG TEACHING MUSEUM & GALLERY

"We the People," through April 7; Skidmore College, Saratoga Springs. Information, 580-8080.

UPSTATE ARTISTS GUILD

"In Art We Trust," through Jan. 25; 47 Lark St., Albany. Information, 426-3501.

CLARK ART INSTITUTE

"Lions and Tigers and Museums, Oh My!" through March 31; "Clark Remix," through Jan. 1, 2014; 225 South St., Williamstown, Mass. Information, (413) 458-9545.

MASS MOCA

"Invisible Cities," through Feb. 4; "Oh Canada," through April 1; "Sol LeWitt: A Wall Drawing Retrospective," ongoing; plus more; 87 Marshall St., North Adams, Mass. Information, (413) 664-4481.

ARKELL MUSEUM

"From Giverny to the Brooklyn Bridge," through Feb. 2; "Pastoral and Parkland: American Landscape Paintings," through March 31; plus "Arkell's Inspiration: the Marketing of Beech-Nut and Art for the People," ongoing; Canajoharie. Information, 673-2314.

Call for Artists

HILLTOWN PLAYERS

Holding auditions for spring production of "Deadly Deal" by Bill St. John, Feb. 6 and 7, 7:30 p.m., Berne Reformed

Church, Route 443, Berne, parts for four men and five women. Information, 506-5834.

SCHENECTADY CIVIC PLAYERS

Holding open auditions for May production of "Sunday in the Park with George." Feb. 5 and 7, 7:30 p.m., Schenectady Civic Playhouse, 12 South Church St., Schenectady, roles for at least 17 men and women age 20-79, plus one girl age 10-12. Information, 469-2269 or email morrisonduncan@yahoo.com.

AJKUN BALLET THEATRE

Seeking dancers from pre-Kindergarten to young teens for its summer residency production of "La Bayadere" at The Egg in Albany, rehearsals begin July 29, 2013 for the Aug. 10 performance date, dancers will have the option to join the full company for its performances the following week in New York City. Information, www.ajkunbt.org or email Ajkun@aol.com.

BALLSTON SPA COMMUNITY BAND

Openings in several sections, especially percussion, rehearsals Wednesdays from 7 p.m. at Ballston Spa High School. Information, 580-1037.

THURSDAY MUSICAL CLUB

Women's singing group entering its 99th year, practices held Wednesdays from 9:30 to 11:30 a.m. Information, 765-4536.

THE CHORALIERS

Musical group looking for singers of all abilities, performs concerts at Christmas and in the spring, pieces are familiar and fun to sing, no auditions are necessary, practices are 6:30 p.m. Wednesdays at Saint Clares' Chapel, McClellan Street, Schenectady.

ETUDE CLUB

Looking for women interested in vocal and instrumental performance, meetings held the first Thursday of every month. Information, 374-5536.

CLIFTON PARK COMMUNITY CHORUS

Ongoing rehearsals for its winter concert, Shenendehowa Adult Community Center, Clifton Common, Clifton Park, no auditions required to join. Information, 371-6681.

CAPITALAND CHORUS

Openings for all voice parts for women who love to sing and perform, rehearsals are at 7 p.m. Thursdays at New Covenant Presbyterian Church, corner of Orlanso and Western avenues, Albany. Information, 785-3567.

TANGO FUSION DANCE COMPANY

Auditioning professional dancers by appointment at Arthur Murray Dance Studio, 75 Woodlawn Ave., Saratoga Springs. Information, 306-4173.

Weekly Crossword

Growing Pains

1	2	3	4		5	6	7	8	9		10	11	12	13
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ACROSS

- 1 Deficiency
- 5 SA rodents
- 10 Passing item
- 14 Jewish month
- 15 NASA waiver
- 16 Diminish
- 17 Scrutinize
- 18 ___ del Rio, Cuba
- 19 Splitting tool
- 20 Sidewalk grate?
- 23 Dutch airline
- 24 Boldly goes, e.g.
- 25 South African fox
- 27 Lip-___
- 28 Remedied
- 31 Save
- 33 ___ arms: provoked
- 36 Wine region of Italy
- 37 Egg: L.
- 39 Heart___: beloved
- 41 Clarified butter
- 42 Vocalist McEntire
- 43 This ___ joke
- 44 Follower: suffix
- 45 Divine trumpeter
- 48 Ancient Chinese capital
- 51 Israeli airline
- 52 Council of ___

- 54 Last word
- 56 Shop class miss?
- 61 Science's partner
- 63 Dial
- 64 Organic compound
- 65 Lens type
- 66 Ana or Rosa lead-in
- 67 Goddess of victory
- 68 Cote mamas
- 69 Mystery writers award
- 70 Stash

DOWN

- 1 Cards
- 2 Aleutian island
- 3 Brown Shirt
- 4 Avant-garde
- 5 Steno's work hazard
- 6 Endure
- 7 ___ out: naps
- 8 Island group of Ireland
- 9 Main or slip ender
- 10 Lopsided
- 11 Errant soccer kick?
- 12 Headliner
- 13 Abound
- 21 Ms. Fabray, to friends
- 22 Compass dir.

- 26 Glitch
- 27 Barefoot encounter?
- 28 Soon
- 29 Lille summers
- 30 Regimen
- 31 1976-80 Wimbledon champ
- 32 Iris layer
- 34 Harris or Donahue
- 35 April addressee, initially
- 38 Crumbly soil
- 40 School-marm's lesson?
- 46 ___ a Camera
- 47 Slip away
- 49 Abbreviated gain?
- 50 Sparta's rival
- 52 Sandal strap
- 53 Designer De la ___
- 54 Disconcert
- 55 Front rank
- 57 Food fish
- 58 Troop group
- 59 Pepe le ___: Boyer role
- 60 Honked
- 62 Abbreviated sizes

□

App

(From Page 1)

both fields of study to create her new app. She said after studying nutrition, she was looking for an app that would not just count calories, but show her what she'd eaten throughout the day. After not finding one, she decided to take matters into her own hands.

The HealthyME Living app asks the user to take a picture of everything they eat throughout the day. When the picture is taken, it asks why the user is eating. The hope is the user will then be able to identify if they are just eating because they are bored, out in a social setting or if they are actually hungry. An hour later, the app will pop back up with the picture and ask how the user feels after eating the meal or snack.

"If you're eating fast food, an hour is about the time when the happy feeling starts to wear off," said Venter. "It's important to note how you feel after you've eaten something, so hopefully you will be able to recognize that feeling next time and make smarter food choices."

The app also has a calorie counter and can keep track of weight loss.

Venter worked closely with developers to create the app. Because of the

cost, she wasn't able to include everything she wanted, but she hopes it can eventually be developed further to link with Facebook in order to create virtual support groups.

Venter said HealthyME Living will have different effects of different people, but the hope is it will help people to recognize their unhealthy behaviors and modify them. Anyone can use the app, but Venter said it is especially helpful for busy moms.

Venter's friend, Alaina Laferriere of Watervliet, said she has been using it to help lose the extra baby weight she gained during her pregnancy after developing poor eating habits.

"I have to be accountable for what I'm eating now because I took a picture of it," she said. "I now notice myself making sure I eat appropriate amounts and I'm choosing better snacks than the pattern I was using before."

The app is \$1.99 and is now only available on the iPhone. Venter hopes to eventually make it available on other smartphone platforms.

"I have a lot of ideas about how to make it more useful but anything added is more time and money for the developers," she said. "Hopefully for now, this can be used to inspire people to change."

□

Field

(From Page 1)

ventilation systems, drainage improvements for fields, masonry and bathroom upgrades, among other improvements. Additional items would also be eligible for energy performance contracting funds. The bond for a new turf athletic field weighs in at \$3.1 million. The plan includes modifications to the bleachers, press box, walkways, scoreboard and track.

If both proposals were passed by the public, annual taxes would raise by \$20.17 for a home valued at \$100,000. That is assuming 70 percent of the project is funded by the state and the district is able to get the current interest rate of 4 percent. The life of the bond would be 20 years and construction would begin in 2014.

Residents speaking at Wednesday's meeting were concerned about how safe a turf field is compared to a grass surface. Ewan McNay, a district resident and faculty member at the University at Albany's Center for Neuroscience Research Center, said the increased risk of using a synthetic field is "clearly

established" in his line of work. He said studies show the risk of ACL tears go up 40 percent and the risk of concussion greatly increases on a turf field.

"It looks to me that we are thinking of spending \$3 million to increase dramatically the risks to our children," he said.

Peter Osborne of Appel Osborne Landscape Architecture in Syracuse, the engineer working on the athletic field project, said there are hundreds of studies about the safety of turf fields that draw different conclusions. Most conclude more research is needed to verify any concerns and he said many coaches and school districts they've worked with report injuries have decreased because the playing field is more even and consistent than grass.

Other residents questioned why the district would borrow so much money during an economic slump in which dozens of positions and programs have been cut and a school closed. Others were afraid some projects would not be completed, as with a \$93 million bond approved in 2003.

Still, there was support for the field. Community members, along with



Bethlehem Central parent Judy Abbott asked school board President Diane Giaccone-Stever to recuse herself from the upcoming vote to establish a pair of facilities bonds.

Marcy Vette/Spotlight

parents and coaches of track, soccer and football athletes, spoke up to say the repairs were desperately needed.

"Capital bonding is a method to address capital improvements, especially major ones, and that's why we're here tonight," said parent Bill Davis. "It's clear to me the fields are terrible. I'm a runner and I can't even run in the fields a week after it rains. I'm a track athlete and I don't run on it because there are holes and I don't think it's safe to run on."

Chuck Clas, a member of the group who originally brought the athletic bond proposal to the school board last September, said the time for action is now.

"We could stand here for the next 18 months and debate all this," he said. "We all bring up great

points. There's arguments on both sides of the table, but it's time to put it to a vote."

Parent Judy Abbott asked school board President Diane Giaccone-Stever to recuse herself from the vote since her brother, Jim Giaccone, is a member of the group that originally brought the athletic bond proposal forward.

"I know that a couple of years ago your husband was also promoting this idea of a synthetic field, and I think that if there's even the perception of a conflict of interest, you should recuse yourself," she said.

The board will officially vote to establish the propositions on Wednesday, Jan. 23, with the community vote scheduled for March.

□

EMS

(From Page 1)

take the best of what each does and impose it quickly."

The District Board of Ambulance Commissioners was created under former Supervisor Sam Messina in July of 2011 to look

into the rising costs of emergency medical services. The group's report found a "great variation" exists between services provided in the southern and northern parts of the town.

To the public, the restructuring will bring little change.

The agency is keeping staffing numbers the same and the same building will continue to be used. Kroll said the town will save money by only having to pay for things like insurance and vendor contracts once, instead of twice. It is estimated the tax levy will be reduced by about \$100,000 next year because of the merger.

"There have been challenges, but we've been

extremely successful in going forward with our plans," said Kroll. "I think we're really starting to be looked at as a model of EMS sustainability in other communities."

Kroll said work is being done to make sure practices and procedures are now the same throughout the agency and all volunteers are familiar with those measures. All ambulances are also being set up exactly the same so every one is equipped at the same standard.

The report concluded the consolidation of the town's transporting agencies would "decrease redundancy, allow improvement in operational efficiency and improve patient care by

reducing response times."

"We now have the same standards for our volunteers and our professionals," Kroll said. "The key to our success is tremendous enthusiasm."

The ambulance districts have yet to be officially merged and are working under a temporary Certificate of Need so the agency can service the whole town. The legal processes for the agencies to officially merge should be complete within a few months.

"This is about delivering the highest quality of service to the community and insuring the safety of our workers," said Kroll. "There is no turning back for our organizations."

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Your Community in The Spotlight

Choir comes to town

New York Tour Choir will wrap up its 2013 winter concert tour on Friday, March 8, at 7 p.m. at Bethlehem Lutheran Church, 85 Elm Ave., Delmar. The free concert is under the direction of Dr. Jason Thoms. Thoms stated that the choir will “perform beautiful and challenging music with a strong message of faith and hope.” Among the music pieces are Paul Manz’s “E’en So Lord Jesus, Quickly Come,” William Billings’s “Easter Anthem” and Larry Fleming’s “Every Time I Think About Jesus.”

In the past 50 years, the Concordia Choir has appeared at nearly all major venues in New York City including Carnegie Hall. A free-will offering will be taken. For more information, go to the Bethlehem Lutheran Church website, www.blcdelmar.com.

School holds fundraiser

Ring in 2013 with big band sounds of “The Georgie Wonders Orchestra,” Friday, Jan.25 from 6:30 to 9 p.m. at the A.W. Becker Elementary School, 1146 Route 9W, Selkirk. Admission is \$5 for adults and \$3 for students. All proceeds will be used to fund future A.W. Becker field trips.

State of the town

Bethlehem Town Supervisor John Clarkson will deliver the State of the Town address Thursday, Jan.24, at 8 a.m. in the auditorium of the Bethlehem Town Hall, 445 Delaware Avenue, Delmar. Continental breakfast will be offered starting at 7:45 a.m. The public is encouraged to attend and no reservation is required. Supervisor Clarkson will outline the challenges Bethlehem faces and identify his priorities for the coming year.

Underground Railroad talk

The New Scotland Historical Association is hosting a talk on the Underground Railroad in the Capital District by Paul



Chambers welcome Hunt Real Estate

The Albany-Colonie Regional Chamber of Commerce and the Bethlehem Chamber of Commerce welcomed Hunt Real Estate to Slingerlands on Jan. 10. This is the fifth office that Hunt Real Estate has opened in the area since 2011. The office is located at 1365 New Scotland Road in Slingerlands.

Submitted Photo

and Mary Liz Stewart, Tuesday, Feb. 5, at 7:30 p.m. The program is free and open to the public and will be held at the Wyman Osterhout Community Center in New Salem.

Stewart has an MA in Pastoral Studies and his wife has an MS in Education. They have been working on this project for 14 years. They will tell the story of the Underground Railroad with an emphasis on the African-American people who worked as conductors and stationmasters. Many of these people were not recognized in the past.

They will also talk about some of the passengers on the Underground Railroad and identify specific people by name and tell where they came from and where they settled. If you have any questions or would like further information, call 765-4212.

Friendship club to hold meeting

The Friendship Club of the First United Methodist Church, 428 Kenwood Ave., will hold its first meeting of the new year on Friday, Jan. 25. We gather at 6 p.m. with a covered dish supper at 6:30 p.m. The speaker will be George Supan whose topic is “Brainwashing.” Bring a smile, a dish to share and your place

setting. Call reservations to Marilyn Peterson at 439-8012. For more information contact Mark Baumbach at 765-4419.

GCSO seeks facilities input

The Guilderland Central School District is presently seeking interested community representatives to serve on a district Facilities Committee. The Facilities Committee will be comprised of Board of Education members, district staff and administrators in addition to community representatives and will be assisted by the architectural firm of CSArch.

The Facilities Committee will meet for the purpose of presenting to the Board of Education a report with recommendations to address short and long-term facilities improvements. Discussions will emphasize but not be limited to the infrastructure needs of the seven school buildings, instructional technology, and health safety and security.

The Committee is expected to meet two to three times a month from March through June, from 4 to 5:30

p.m. We are seeking two parent/community representatives who would be willing to commit to serve on the committee through the creation and issuance of the final report.

Interested community members should send a letter of interest by Tuesday, Jan. 29, to Colleen O’Connell, Board of Education President, Guilderland Central School District, 8 School Road, P.O. Box 18, Guilderland Center, NY 12085. Interested community members may also submit a letter of interest electronically by emailing: superintendent@guilderlandschools.org, or by visiting the district website at www.guilderlandschools.org.

Contribute to recipe book

The Bethlehem Children’s School is producing a recipe book with recipes from current and former families, friends, alumni and others who have been associated in some way with the school. The cookbook will be professionally printed and bound in time for spring sales at the school and other community venues.

The school would be delighted to receive

contributions from anyone connected with the school either now or in the past. Recipes can be sent to Ralph Fahnestock, the school’s director at dpodbc@hotmail.com, or they can be mailed to the school at 12 Fisher Blvd, Slingerlands, NY 12159. If you have any questions, call the school at 478-0224.

School Choice Week at school

In conjunction with National School Choice Week, Jan. 27 through Feb. 2, The Bethlehem Children’s School is hosting tours of its Slingerlands facility and the opportunity to speak with director Ralph Fahnestock about the advantages of an independent school education. National School Choice Week is supported by over 200 schools in the United States with the goal of “shining a spotlight on effective education options for everyone.”

The Bethlehem Children’s School enrolls children in grades third through eighth grade in a vibrant and nurturing child-centered, low-stress and test-free environment. BCS encourages children to have a positive relationship with the environment, and offers a strong science curriculum-enhanced by the recent completion of a

greenhouse on the school’s grounds. The school currently serves children from eight different public school districts in the Capital Region. The school offers rolling admissions for those seeking an immediate change in their child’s schooling, and is actively encouraging applications for Fall 2013 admission. Part-time admission is available for home-schooled children. Assistance is available to families who qualify.

If you are interested in visiting the school, contact Ralph Fahnestock at dpodbc@hotmail.com or call the school at 478-0224 to set up an appointment.

RCS Soccer Club registration

Spring recreation soccer season signups will run until Jan. 31. There will be a late registration period from Feb. 1 through Feb. 15, with a late fee of \$20 per child. Uniform orders will be placed on Feb. 15. No uniforms will be ordered after that time period. Registrations can be completed online at www.rcssoccerclub.com.

Churches to celebrate prayer service

Several Bethlehem area congregations will be participating in a prayer service to mark the week of prayer for Christian Unity 2013. The Bethlehem Area Christian Churches (BACC) has been meeting for the past three years on a monthly basis. This incarnation of the ecumenical group has focused on gathering together several times per year to praise God as a united body of Christian believers. The local congregations are represented at the annual Thanksgiving Choral Service held at St. Thomas Roman Catholic Church, a Good Friday service at St. Thomas and this new yearly service to mark the Week of Prayer for Christian Unity.

The service of prayer and praise will be celebrated on Thursday, Jan. 24, at 7 p.m. at St. Stephen’s Episcopal Church, 16 Elsmere Ave, Delmar. The offering will be given to the Bethlehem Food Pantry and light refreshments and fellowship will follow the service.

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9	5	3	2	6	7	4	8	1
2	1	7	3	8	4	6	9	5
8	4	6	9	1	5	2	3	7
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OVUM	THROB	GHEE
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Eagles take control of South Division

Win over Niskayuna gives Bethlehem a two-game lead

By SPORTS STAFF
jonasr@spotlightnews.com

The Bethlehem boys basketball team has opened some breathing room between itself and the rest of the Suburban Council South Division.

The Eagles (9-1 league, 11-1 overall) defeated Niskayuna 76-49 last Friday in Delmar. Their win plus Saratoga's 61-55 win at Guilderland put them two games ahead of the second-place Dutchmen (7-3, 8-4) in the standings.

Bethlehem had little trouble with Niskayuna (1-8, 1-8). The Eagles jumped out to a 19-9 lead in the first quarter, and they never looked back.

John Sica poured in 16 points, while Nate Kane, Jason Clas and Matt McKenna each added 13 points for Bethlehem. Brandon Fine's 21 points paced Niskayuna.

Bethlehem's victory also gave it the best record in the Suburban Council, as Colonie (5-5, 6-6) defeated

Shaker (8-2, 10-2) 58-49 in another league game last Friday. The Eagles visit Shaker Friday.

Guilderland rallied from a slow start to take a 27-25 halftime lead against Saratoga (4-6, 6-6), but the visiting Blue Streaks out-scored the Dutchmen 19-12 in the third quarter to regain control.

Chris Byno had 18 points, and Noah Arciero added 17 points for Saratoga. Andrew Platek netted 21 points for Guilderland.

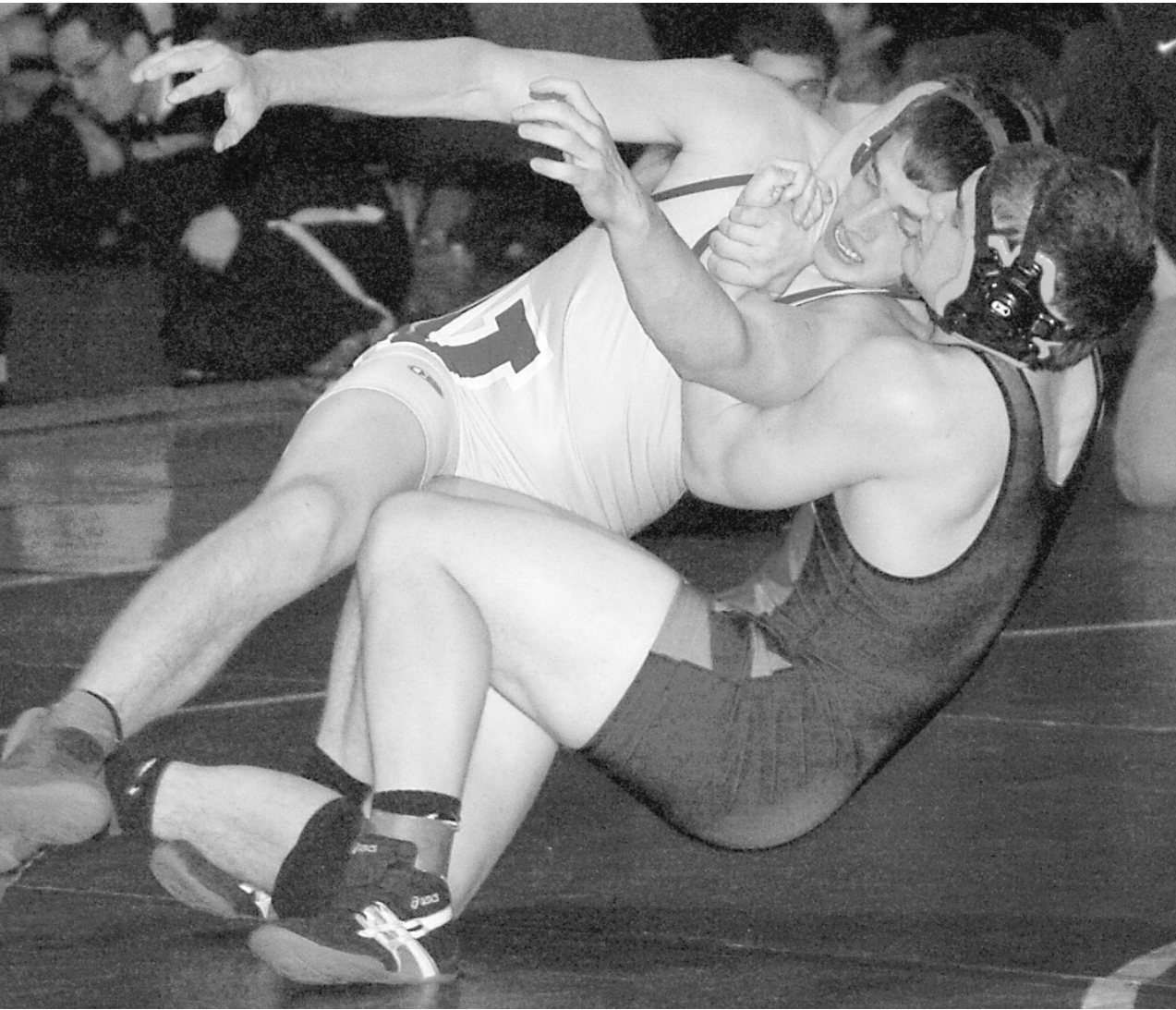
The Dutchmen visit Burnt Hills-Ballston Lake Friday.

In other boys basketball action, Voorheesville (5-3, 6-6) followed up last Friday's 64-61 Colonial Council win against Ravena-Coeymans-Selkirk with losses to Berne-Knox-Westerlo and Cornwall during the Blackbirds' home tournament Saturday and Sunday.

Garrett Pitcher netted 31 points for BKW in Saturday's 89-85 overtime win against Voorheesville. Dylan Hensel had 24 points for the Blackbirds.

Cornwall defeated Voorheesville 58-46 Sunday.

Tangora takes down Giordano



Bethlehem's Chris Tangora, right, pulls Warwick Valley's Chris Giordano to the mat during Saturday's Shenendehowa Invitational in Clifton Park. Tangora took the early lead in his 195-pound quarterfinal round bout, but Giordano rallied to defeat Tangora 15-10 in overtime.

Rob Jonas/Spotlight

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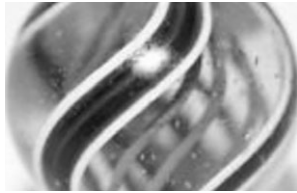
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LEGAL NOTICE

LEGAL NOTICE

Notice of Formation of VIVA BLUE LLC. Arts. of Org. was filed with SSNY on 12/4/12. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State St., Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. 85066 (D) (January 23, 2013)

LEGAL NOTICE

Notice of formation of limited liability company ("LLC"). Name of LLC: AMS Management Group, LLC. Articles of Organization filed with the Secretary of State of New York ("SSNY") on December 5, 2012. LLC office location: Albany County. SSNY has been designated as agent of LLC upon whom process against it may be served. SSNY shall mail a copy of any process against the LLC served upon it to: 4 Walter Way, Albany, New York 12211. LLC has been formed to engage in any lawful act or activity. LLC shall be member-managed. 85067 (D) (January 23, 2013)

LEGAL NOTICE

Notice of Formation of ORBIT LANE HOLDINGS, LLC. Arts. of Org. was filed with SSNY on 12/4/12. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State St., Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. 85069 (D) (January 23, 2013)

LEGAL NOTICE

Notice of Formation of Pro Tem Holdings, LLC. Arts. of Org. filed Secy. of State of NY (SSNY) on 11/1/12. Off. loc.: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Michael Staff, 18 Corporate Woods Blvd., Albany, NY 12211. Purpose: any lawful activity. 85070 (D) (January 23, 2013)

LEGAL NOTICE

DiMatteo Group - Insurance, LLC (DBA: DiMatteo Group - Insurance Services, LLC) was filed with the SSNY on December 03, 2012. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: Lorretta Lesko, 79 Bridgeport Avenue, Shelton, CT 06484. Purpose: Any lawful purpose. 85072 (D) (January 23, 2013)

LEGAL NOTICE

Notice of Formation of Georgia Law Firm, PLLC, Arts of Org. filed with NY Secy of State (SSNY) on 12/06/12. Office location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to 15 Rugby Road, Slingerlands, NY 12159. Purpose: any lawful activity. 85074 (D) (January 23, 2013)

LEGAL NOTICE

Notice of Formation of Christine A. Marra, Psychologist, PLLC. Articles of Organization filed with Secretary of State of New York on 11/07/2012. Office location: Albany

LEGAL NOTICE

County. SSNY has been designated for service of process. SSNY shall mail copy of any process served against the LLC to: 33 Traditional Lane, Loudonville, NY 12211. Purpose: To practice the profession of Psychology. 85075 (D) (January 23, 2013)

LEGAL NOTICE

Notice of Formation of OBJECT EDITION LLC. Arts. of Org. was filed with SSNY on 12/7/12. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State St., Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. 85076 (D) (January 23, 2013)

LEGAL NOTICE

Notice of Organization: Acorn Marketing Group, LLC was filed with SSNY on December 6, 2012. Office: Albany County. SSNY designated as agent of LLC upon whom process may be served. PO address which SSNY shall mail any process against the LLC served upon it: 37 Devon Road, Delmar, NY 12054. Purpose is to engage in any lawful activity. 85077 (D) (January 23, 2013)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: PROWESS TEST PREP LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 10/23/12. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, c/o James Addeo, 1 North Main Ave., Albany, NY 12203. Purpose: SAT prep for high school students and for any lawful purpose. 85078 (D) (January 23, 2013)

LEGAL NOTICE

Notice of Formation of CAPCO HOME IMPROVEMENT, LLC. Arts. of Org. was filed with SSNY on 12/10/12. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State St., Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. 85080 (D) (January 23, 2013)

LEGAL NOTICE

Notice of Formation of B. MANGREEN DEVELOPMENT LLC. Arts. of Org. was filed with SSNY on 12/10/12. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State St., Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. 85081 (D) (January 23, 2013)

LEGAL NOTICE

Notice of Formation of KE 20 Clinton Street, LLC. Art. of Org. filed Sec'y of State (SSNY) 11/30/12. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to Delaney Corp. Services, 99 Washington Ave., Albany, NY 12210, the Reg. Agt. upon whom proc. may be served. Purpose: any lawful activities.

LEGAL NOTICE

85129 (D) (January 23, 2013)

LEGAL NOTICE

Notice of Formation of DALONG LLC, Art. of Org. filed Sec'y of State (SSNY) 10/22/12. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to Peter Dudley, 6 Breslin Ave., Cohoes, NY 12047. Purpose: any lawful activities. 85130 (D) (January 23, 2013)

LEGAL NOTICE

Notice of Formation of KE 20 Clinton Street Management LLC, Art. of Org. filed Sec'y of State (SSNY) 12/7/12. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to Delaney Corp. Services, 99 Washington Ave., Albany, NY 12210, the Reg. Agt. upon whom proc. may be served. Purpose: any lawful activities. 85131 (D) (January 23, 2013)

LEGAL NOTICE

Notice of Qual. of DVJ Brothers, LLC, Auth. filed Sec'y of State (SSNY) 11/29/12. Office loc.: Albany County. LLC org. in FL 9/18/12. SSNY desig. as agent of LLC upon whom process against it may be served. SSNY shall mail copy of proc. to Josephine Joyce Bianco, Managing Member, DVJ Brothers, 318 Tradewinds Ave., Naples, FL 34108, the principal office addr. in FL. Art. of Org. on file: SSFL, 2661 Executive Center Circle, Tallahassee, FL 32301. Purp.: any lawful activities. 85132 (D) (January 23, 2013)

LEGAL NOTICE

Notice of Qual. of Commonwealth Wall Systems, LLC, Auth. filed Sec'y of State (SSNY) 12/4/12. Office loc.: Albany County. LLC org. in DE 5/26/11. SSNY desig. as agent of LLC upon whom process against it may be served. SSNY shall mail copy of proc. to c/o CSC, 80 State St., Albany, NY 12207. DE off. addr.: CSC, 2711 Centerville Rd., Wilmington, DE 19808. Cert. of Form. on file: SSDE, Townsend Bldg., Dover, DE 19901. Purp.: any lawful activities. 85133 (D) (January 23, 2013)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY Articles of Organization of Tech Valley Premier Properties, LLC ("LLC") filed with the Secretary of State of New York ("SSNY") on December 13, 2012, effective on January 1, 2013. Office Location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY may mail a copy of any process to the LLC at 83 Springfield Drive, Voorheesville, New York 12186, which is the principal business location. The purpose for which the LLC is formed is to engage in any lawful act or activity for which limited liability companies may be organized under the NYS Limited Liability Company Law. 85135 (D) (January 23, 2013)

LEGAL NOTICE

Notice of Formation of TDB REAL ESTATE LLC. Arts. of Org. was filed with SSNY on 12/12/12. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC,

LEGAL NOTICE

46 State St., Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. 85136 (D) (January 23, 2013)

LEGAL NOTICE

Notice of Formation of ROKKUS LLC. Arts. of Org. was filed with SSNY on 12/12/12. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State St., Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. 85137 (D) (January 23, 2013)

LEGAL NOTICE

NOTICE OF FORMATION of HELLBOUND MEDIA LLC. Art. of Org. filed w/ Secy. of State of NY (SSNY) on 7/9/12. Office location: Albany County. SSNY designated as agent for service of process. SSNY shall mail process to 1843 Central Ave. #127, Albany, NY 12205. Purpose: Any lawful activity. 85140 (D) (January 23, 2013)

LEGAL NOTICE

NOTICE OF FORMATION of OMOGA MANAGEMENT, LLC. Art. of Org. filed w/Secy. of State of NY (SSNY) on 12/7/12. Office location: Albany County. SSNY designated as agent for service of process. SSNY shall mail process to 150 4 Ave. #12E, Bklyn, NY 11214. Purpose: Any lawful activity. 85141 (D) (January 23, 2013)

LEGAL NOTICE

Notice of Formation of PH-4F PROPERTIES, LLC. Arts. of Org. filed Secy. of State of NY (SSNY) on 12/11/12. Off. loc.: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Capitol Services, Inc., 1218 Central Ave., Ste. 100, Albany, NY 12205. Purpose: any lawful act or activity. 85142 (D) (January 23, 2013)

LEGAL NOTICE

NOTICE OF FORMATION of NTC SYSTEMS LLC. Art. of Org. filed w/Secy. of State of NY (SSNY) on 10/2/12. Office location: Albany County. SSNY designated as agent for service of process. SSNY shall mail process to 1670 65 St., Bklyn, NY 11204. Purpose: Any lawful activity. 85143 (D) (January 23, 2013)

LEGAL NOTICE

Notice of Formation of 696 Dune Road, LLC. Arts. of Org. filed Secy. of State of NY (SSNY) on 12/10/12. Off. loc.: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o CT Corporation System, 111 8th Ave., NY, NY 10011, the registered agent upon whom process may be served. Purpose: any lawful activity. 85144 (D) (January 23, 2013)

LEGAL NOTICE

ARTICLES OF ORGANIZATION OF LIMITED LIABILITY COMPANY SOLVEIT BUSINESS SOLUTIONS LLC

Notice of formation of Limited Liability Company ("LLC"). Articles of Organization filed with the Secretary of State of New York ("SSNY") on September

LEGAL NOTICE

26, 2012. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of any process to the LLC to David Stutsrim, 58 Egmont Court, Delmar, New York 12054. Purpose: To engage in any lawful activity. 85147 (D) (January 23, 2013)

LEGAL NOTICE

Notice of Registration of Horne LLP. App. for Auth. filed Secy. of State of NY (SSNY) on 12/12/12. Off. loc.: Albany County. LLP registered in Delaware (DE) on 12/21/04. SSNY designated as agent of LLP upon whom process against it may be served. SSNY shall mail process to the principal office address of LLP: 1218 Central Ave., Ste. 100, Albany, NY 12205. Purpose: practice the profession of certified public accountants. 85223 (D) (January 23, 2013)

LEGAL NOTICE
NOTICE OF FORMATION

Professional Group Assets LLC Arts. of Org. filed with SSNY on 12/19/2012 Off. Loc.: Albany Cnty. SSNY designated as agent of LLC whom process may be served. SSNY shall mail process to: c/o Accumera LLC, 911 Central Ave., #101, Albany, NY 12206. The reg. agent is: Accumera LLC at same address. Purpose: all lawful activities. 85224 (D) (January 23, 2013)

LEGAL NOTICE

Notice of Formation of LI SPECIALTY FOODS, LLC. Arts. of Org. was filed with SSNY on 12/18/12. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State St., Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. 85226 (D) (January 23, 2013)

LEGAL NOTICE

IRENE MACK LLC Articles of Org. filed NY Sec. of State (SSNY) 11/29/12. Office in Albany Co. SSNY desig. agent of LLC upon whom process may be served. SSNY shall mail copy of process to 2 Old English Rd., Slingerlands, NY 12159. Purpose: Any lawful purpose. 85229 (D) (January 23, 2013)

LEGAL NOTICE

Notice of Registration of CUSHJEN, LLC Articles of Org. filed with Secy. of State of NY (SSNY) on 12/19/12. Office loc.: Albany Co. SSNY designated as agent of partnership upon whom process against it may be served. SSNY shall mail process c/o The LLC, 157 Horseshoe Road, Mill Neck, NY 11765. Profession to be practiced by LLC: Law.

85230 (D) (January 23, 2013)

LEGAL NOTICE

Notice of Formation Reeves Associates, LLC Arts. of Org. filed with SSNY 12/10/2012. Off. Loc.: Albany Cnty. SSNY designated as agent of LLC whom process may be served. SSNY shall mail process to: c/o The LLC, 1525 Western Ave, Albany, NY 12203. Purpose: all lawful activities. 85231 (D) (January 23, 2013)

LEGAL NOTICE

Notice of Formation 24 Amity Street, LLC Arts. of Org.

LEGAL NOTICE

filed with SSNY 12/10/2012. Off. Loc.: Albany Cnty. SSNY designated as agent of LLC whom process may be served. SSNY shall mail process to: c/o The LLC, 24 Amity Street, Cohoes, NY 12047. Purpose: all lawful activities. 85232 (D) (January 23, 2013)

LEGAL NOTICE

Notice of Formation of OLA BEAUTY CARE LLC. Arts. of Org. was filed with SSNY on 12/19/12. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State St., Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. 85235 (D) (January 23, 2013)

LEGAL NOTICE

Notice of formation of Hogan Health Solutions LLC. Arts. Of Org. filed with SSNY on 11/26/12. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to the LLC, 88 McGuffey La., Delmar NY 12054. Purpose: All lawful activities. 85236 (D) (January 23, 2013)

LEGAL NOTICE

Notice of Qualification of MRS BPO, L.L.C. App. for Auth. filed Secy. of State of NY (SSNY) on 4/8/08. Off. loc.: Albany County. LLC formed in New Jersey (NJ) on 12/7/07. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: National Corporate Research, Ltd., 10 E. 40th St., 10th Fl., NY, NY 10016, the registered agent upon whom process may be served. NJ address of LLC: 3 Executive Campus, Ste. 400, Cherry Hill, NJ 08002. Arts. of Org. filed NJ Dept. of Treasury, 225 West State St., 3rd Fl., Trenton, NJ 08608. Purpose: any lawful activity. 85237 (D) (January 23, 2013)

LEGAL NOTICE

Notice of Formation Antana Linings System, LLC Arts. of Org. filed with SSNY on 12/12/2012 Off. Loc.: Albany Cnty. SSNY designated as agent of LLC whom process may be served. SSNY shall mail process to: c/o the LLC, 1 School Street, Latham, NY 12110. Purpose: all lawful activities. 85238 (D) (January 23, 2013)

LEGAL NOTICE

Notice of Registration of 42 Prospect, LLC Articles of Org. filed with Secy. of State of NY (SSNY) on 12/24/12. Office loc.: Albany Co. SSNY designated as agent of partnership upon whom process against it may be served. SSNY shall mail process c/o The LLC, 42 Prospect Street, Sea Cliff, NY 11579. Profession to be practiced by LLC: Law. 85359 (D) (January 23, 2013)

LEGAL NOTICE

NOTICE OF FORMATION OF CRUX 5.0+ LLC NOTICE IS HEREBY GIVEN that Articles of Organization for a limited liability company to be known as CRUX 5.0+ LLC (the "Company") were filed with the Secretary of State of the State of New York on December 6, 2012. The Company is being formed to engage in any lawful act or activity for which limited liability companies may be organized under the Limited Liability

The Spotlight

LEGAL NOTICE

Company Law of the State of New York. The principal office of the Company is to be located in the County of Albany, New York. The Secretary of State has been designated as the agent of the Company upon whom process against the Company may be served. The post office address to which the Secretary of State may mail a copy of any process against the Company served upon such Secretary of State is 518 Townwood Drive, Albany, New York 12203. 85360 (D) (January 23, 2013)

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: LOLA ACCESSORY BOUTIQUE, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 12/10/2012. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 5 Dauphin Drive, Albany, NY 12205. Purpose: For any lawful purpose. 85362 (D) (January 23, 2013)

LEGAL NOTICE

Notice of Formation of SHAPIRO REALTY, LLC. Arts. of Org. was filed with SSNY on 12/27/12. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State St., Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. 85364 (D) (January 23, 2013)

LEGAL NOTICE

Notice of Formation of GAVAZI & SONS CONSTRUCTION CO., LLC. Arts. of Org. was filed with SSNY on 12/21/12. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State St., Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. 85365 (D) (January 23, 2013)

LEGAL NOTICE

Notice of Formation of 608 MP LLC. Arts. of Org. was filed with SSNY on 12/21/12. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State St., Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. 85366 (D) (January 23, 2013)

LEGAL NOTICE

Notice of Formation of NITO CAPITAL LLC. Arts. of Org. was filed with SSNY on 1/2/13. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State St., Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. 85375 (D) (January 23, 2013)

LEGAL NOTICE

Notice of Formation of SENTA SEWER SERVICE LLC. Arts. of Org. was filed with SSNY on 1/2/13. Office location: Albany County. SSNY designated as agent of LLC whom process

Second

(From Page 20)

decade except for a couple of autocross events with a local Porsche club.

“I tossed myself into the family business and really didn’t have much time to do anything else,” said Finkle.

Finkle changed his mind last summer when he saw an ad for Barber’s IndyCar Academy. With encouragement from his fiancée, Rachael Shatsoff, he went to Limerock Raceway in Connecticut in November to attend a three-day class.

“I’m the one who persuaded him to do it because this is the time when he can do it,” said Shatsoff.

Finkle said it didn’t take him long to regain the form he had when he gained the invite to join the Barber racing series from his instructors 10 years earlier.

“Within a couple of laps, I was back to normal,” said Finkle.

Finkle impressed his new instructors and was selected as one of 84 racers nationwide to earn consideration for the IndyCar Academy. From that list, Finkle was chosen by a national committee of Barber Racing School instructors to be one of the 33 finalists.

Many of the other drivers going to Florida for Barber’s IndyCar Academy are in their 20s, including Olympic swimmer Tyler Clary.

“Hopefully, he doesn’t drive as fast as he swims,” Finkle said of Clary.

Fortunately for Finkle, the winner of the IndyCar Academy will be decided on the track and not by the age of the driver. The drivers will be divided into three groups of 11, and their times on the track and how cleanly they race will determine where they start on the final day of the Academy, when everyone will race for the sponsored ride.

“From what I know, this is going to be a points-based system,” said Finkle. “If I do something like spin out on the track, they’ll deduct points for that.”

Finkle got into racing cars through his father, who started when he was 12 years old.

“There was a little store on the corner of Lexington Avenue and Central Avenue called Lexington Go-Kart,” said Marty

Finkle. “I got to meet a fellow by the name of Benny Rosenburg, and next thing you know I started go-kart racing.”

Marty Finkle graduated from go-kart racing to driving in three series – the Sports Vintage Racing Association, the Historic Sportscar Association and the local Porsche Club. He also became a national instructor at the Porsche Club’s driver education events at tracks across the Northeast including Limerock and Watkins Glen.

When he was old enough to drive, Justin Finkle began tagging along with his father to the Porsche Club events and fell in love with racing. Marty said he could tell right away that his son had a natural ability to drive race cars.

“What you have to do is know your limits and the limits of your car, and Justin knows both,” said Marty.

Justin’s mother, Paula Finkle, said watching him drive go-karts in his teens was a lot like watching her husband on the track, which made it easier for her to let Justin pursue his dream.

“I’ve seen Justin out there before, and I wasn’t nervous because I’d seen my husband out there before,” said Paula, who has also driven in Porsche Club autocrosses.

Justin eventually took his talents to the Skip Barber Racing School, where he did so well that he earned an invitation to a two-day advanced class. It was there he was encouraged to join the regional racing series, but he said he wasn’t going to ask his parents for the money to do it.

“I was only going to do it if I paid my own way, and there was no way I could do that,” said Finkle.

Now, Justin Finkle has a second chance to pursue his racing dreams, and his family is hoping he can take the next step toward being a professional driver such as Skip Barber graduates Michael and Marco Andretti, Jeff Gordon and Tony Kanaan.

“I’m not nervous,” said Shatsoff. “Not a lot makes me nervous. I know he’s a talented driver, and I have 100 percent confidence he can do it.”

“A lot of the guys that make it this far, it’s because they paid their way through,” said Marty Finkle. “It’s very rare when raw talent makes it to that level, and Justin has the raw talent to do it.”

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<div><div>LEGAL NOTICE</div><div>against may be served. SSNY shall mail process to: c/o The LLC, 46 State St., Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. 85376 (D) (January 23, 2013)</div><div>LEGAL NOTICE</div><div>NOTICE OF FORMATION OF JURE SUO LLC. Art. of Org. filed w/ Secy. of State of NY (SSNY) on 12/14/12. Office location: Albany County. SSNY designated as agent of LLC for service of process. SSNY shall mail process to: 63 Roebling St. #6C, Bklyn, NY 11211. Purpose: Any lawful activity. 85377 (D) (January 23, 2013)</div><div>LEGAL NOTICE</div><div>NOTICE OF FORMATION OF LIMITED LIABILITY (LLC) Name: NorthEast Network Solutions, LLC. Articles of Organization filed with the Secretary of State of New York (SSNY) on January 2, 2013. Office location Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to 108 Patron Drive #9, Guilderland, New York 12084. Purpose: to engage in any lawful act or activity for which a limited liability company may be formed under section 201 of the Limited Liability Company Law.</div></div>	<div><div>LEGAL NOTICE</div><div>85378 (D) (January 23, 2013)</div><div>LEGAL NOTICE</div><div>Notice of Formation of 137 NEWELL STREET LLC. Arts. of Org. was filed with SSNY on 1/4/13. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State St., Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. 85460 (D) (January 23, 2013)</div><div>LEGAL NOTICE</div><div>Notice of Formation of Morse Hill, LLC. Art. of Org. filed Sec'y of State (SSNY) 12/19/12. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to John Aldrich, Esq., Bond, Schoeneck & King, 111 Washington Ave., Albany, NY 12210. Purpose: any lawful activities. 85383 (D) (January 23, 2013)</div><div>LEGAL NOTICE</div><div>Notice of Formation of Wards Forest Media, LLC, Art. of Org. filed Sec'y of State (SSNY) 1/2/13. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served.</div></div>	<div><div>LEGAL NOTICE</div><div>SSNY shall mail copy of process to PO Box 2267, Albany, NY 12220. Purpose: any lawful activities. 85461 (D) (January 23, 2013)</div><div>LEGAL NOTICE</div><div>Notice of Qual. of Paul Davis National, LLC, Auth. filed Sec'y of State (SSNY) 12/3/12. Office loc.: Albany County. LLC org. in WI 7/14/11. SSNY desig. as agent of LLC upon whom process against it may be served. SSNY shall mail copy of proc. to 2010 S. 4th St., Milwaukee, WI 53204, the principal office addr. in WI. Art. of Org. on file: Dept. of Financial Institutions, 201 W. Washington Ave., Madison, WI 53703. Purp.: any lawful activities. 85462 (D) (January 23, 2013)</div><div>LEGAL NOTICE</div><div>Notice of formation of AVALNET SOLUTIONS LLC. Articles of Org. filed with NY Secretary of State (NS) on September 20, 2012, office location: Albany County, NS is designated as agent upon whom process may be served, NS shall mail service of process (SOP) to NW Registered Agent LLC @ 90 State St STE 700 Office 40, NW Registered Agent LLC is designated as agent for SOP at 90 State St STE 700 Office 40, purpose is any lawful purpose. 85463 (D) (January 23, 2013)</div></div>	<div><div>LEGAL NOTICE</div><div>LEGAL NOTICE</div><div>NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: Montgomery Tree Service, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 12/31/2012. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 8 Schoolcraft Street, Guilderland, NY 12084. Purpose: Any lawful activities. 85464 (D) (January 23, 2013)</div><div>LEGAL NOTICE</div><div>Notice of Formation Tribeca Sailing NYC, LLC Arts. of Org. filed with SSNY 1/10/2013. Off. Loc.: Albany Cnty. SSNY designated as agent of LLC whom process may be served. SSNY shall mail process to: c/o The LLC, 911 Central Ave., #101, Albany, NY 12206. Purpose: all lawful activities. 85499 (D) (January 23, 2013)</div><div>LEGAL NOTICE</div><div>Notice of Formation Made With Love, LLC Arts. of Org. filed with SSNY 1/9/2013. Off. Loc.: Albany Cnty. SSNY designated as agent of LLC whom process may be served. SSNY shall mail process to: c/o The LLC, 911 Central Ave., #101, Albany, NY 12206. Purpose: all lawful activities. 85500 (D)</div></div>	<div><div>LEGAL NOTICE</div><div>(January 23, 2013)</div><div>LEGAL NOTICE</div><div>212 ELM STREET LLC Notice of formation of 212 ELM STREET LLC, a limited liability company (the "LLC"). Articles of Organization filed with the Secretary of State of NY (the "SSNY") on January 3, 2013. Office location: Albany County. The SSNY has been designated as agent of the LLC, upon whom process against it may be served. The SSNY shall mail a copy of any process to the LLC, at 20 Fairlawn Drive, Selkirk, New York 12158. The purposes of the LLC are to engage in any lawful purposes; to incur indebtedness, secured and unsecured; to enter into and perform contracts and agreements of any kind necessary to, in connection with or incidental to the business of the LLC; and to carry on any other activities necessary to, in connection with or incidental to the foregoing, as the Members in their discretion may deem desirable. 85501 (D) (January 23, 2013)</div><div>LEGAL NOTICE</div><div>Notice of Formation of 135 HAVEMEYER STREET LLC. Arts. of Org. was filed with SSNY on 1/9/13. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 46 State St., Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at</div></div>	<div><div>LEGAL NOTICE</div><div>the same address. Purpose: all lawful activities. 85502 (D) (January 23, 2013)</div><div>LEGAL NOTICE</div><div>Notice of Formation of RicRiccioCo, LLC. Arts. of Org. filed with SSNY 1/4/2013. Office in Albany Co. SSNY designated as agent upon whom process may be served. SSNY shall mail process to: c/o the LLC, 60 Wakefield Ct. Delmar, NY 12054. Purpose: all lawful activity. 85503 (D) (January 23, 2013)</div><div>LEGAL NOTICE</div><div>Notice of Formation Adelina Ademaj Realty LLC Arts. of Org. filed with SSNY on 1/14/2013 Off. Loc.: Albany Cnty. SSNY designated as agent of LLC whom process may be served. SSNY shall mail process to: c/o the LLC, 911 Central Ave., #101, Albany, NY 12206. Purpose: all lawful activities. 85507 (D) (January 23, 2013)</div><div>LEGAL NOTICE</div><div>NOTICE OF FORMATION OF CRAFTED CANVAS LLC. Art. of Org. filed w/Secy. of State of NY (SSNY) on 7/24/12. Office location: Albany County. SSNY designated as agent for service of process. SSNY shall mail process to 63 E.9 St. #4C, NY, NY 10003. Purpose: Any lawful activity.</div></div>	<div><div>LEGAL NOTICE</div><div>85508 (D) (January 23, 2013)</div><div>LEGAL NOTICE</div><div>Notice of Qualification of Nuage Group, LLC. App. for Auth. filed Secy. of State of NY (SSNY) on 12/19/12. Off. loc.: Albany County. LLC formed in Texas (TX) on 4/29/11. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Capitol Services Inc., 1218 Central Ave., Ste. 100, Albany, NY 12205. TX address of LLC: 800 Brazos, Ste. 400, Austin, TX 78701. Arts. of Org. filed TX Secy. of State, 1019 Brazos, Austin, TX 78701. Purpose: any lawful act or activity. 85518 (D) (January 23, 2013)</div><div>LEGAL NOTICE</div><div>Notice of Qualification of Surety Bond Associates, LLC. Fictitious name in NY State: SBA Surety Bonds & Insurance Services LLC. App. for Auth. filed Secy. of State of NY (SSNY) on 9/13/12. Off. loc.: Albany County. LLC formed in Pennsylvania (PA) on 7/22/02. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to the PA address of LLC: 45 E City Ave., #493, Bala Cynwyd, PA 19004. Arts. of Org. filed PA Dept. of State, North Office Bldg., Harrisburg, PA 17120. Purpose: any lawful activity. 85519 (D) (January 23, 2013)</div></div>
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www.spotlightnews.com

Spotlight on Sports

Sports Editor Rob Jonas
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Eagles compete at Shen Invy

The Bethlehem wrestling team went to last weekend's Shenendehowa Invitational Tournament as it continued to prepare for the Section II Class AA championships in two weeks. The Eagles tied for 13th place.

See Page 17.



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Weekly poll

What is the toughest high school gym to play in?

- Bethlehem
- Christian Brothers Academy
- Loudonville Christian
- Scotia-Glenville
- Shenendehowa

Go to spotlightnews.com and click on "Sports" to cast your vote.

Last week's poll results:

What is the best rivalry in Section II hockey?

- Saratoga vs. Shen 60%
- Bethlehem vs. Shen 13%
- CBA vs. Shaker/Colonie 13%
- BC vs. Shaker/Colonie 7%
- Shaker/Colonie vs. Shen 7%



Justin Finkle, far right, has the support of his family — (from left) his parents, Marty and Paula Finkle, and fiancée Rachael Shatsoff — as he heads to Florida this weekend to compete in the Skip Barber Racing School IndyCar Academy. The winner earns a sponsored ride in Barber's regional racing series. Rob Jonas/Spotlight

A second chance

Finkle is one of 33 finalists participating in competition for sponsored ride

By ROB JONAS
jonasr@spotlightnews.com

Justin Finkle has a second chance to fulfill his race car driver dreams.

The 30-year-old Delmar resident is one of 33 finalists for a sponsored ride in the Skip Barber Regional Racing Series. All he has to do is be the top driver at the Skip Barber Racing School IndyCar Academy Jan. 25-27 at

Sebring International Raceway in Florida.

"This is considered to be one of the premier racing series in America," said Finkle. "If you do well there, you can be picked up to race in a bigger series."

Finkle had the opportunity to join the Barber racing series 10 years ago when he participated in a pair of schools, but he passed on it because he had to pay his way — an expense that he said could have been as much as \$5,000 per weekend.

"I was in college, and it basically

wasn't going to happen because it was something where I'd have to pay to race each week, and you shouldn't have to pay to race," said Finkle. "My whole thing is I wanted to be picked because of my ability, not because of my wallet."

Instead or continuing on a track which could have led to racing in IndyCar or NASCAR, Finkle graduated college and went into his father Marty's business working at Harold Finkle Jewelers on Central Avenue in Colonie. He didn't race any cars over the past

□ Second Page 19

Lady Eagles cruise past Niskayuna

Another strong game from Giaccone helps BC remain undefeated

By SPORTS STAFF
jonasr@spotlightnews.com

The Bethlehem girls basketball team maintained its perfect record by beating Niskayuna 53-25 in last Friday's Suburban Council game.

FINAL SCORE

• Bethlehem Lady Eagles, 53
• Niskayuna Warriors, 25

The Lady Eagles (10-0 league, 12-0 overall) scored the first 10 points of the game and built a 31-10 halftime lead before cruising through the second half.

Gabby Giaccone scored 19 points, and Bridget Murphy contributed 10 points for Bethlehem. Jackie Bodmer paced Niskayuna (1-8, 1-9) with 10 points.

The Lady Eagles' next game could decide the top seed out of the Suburban Council for the Section II Class AA playoffs, as

they host undefeated Shaker (10-0, 12-0) Friday. Shaker defeated crosstown rival Colonie (7-3, 9-3) 70-56 last Friday behind Madison Rowland's 18 points.

In other Suburban Council girls basketball action last Friday, Guilderland pulled out a 41-39 victory over Saratoga Springs.

Trailing 23-16 at halftime, the Lady Dutch (5-5, 6-6) out-scored the Blue Streaks (4-6, 5-7) 15-7 in the third quarter to take the lead. Guilderland hung on through a back-and-forth fourth quarter to earn the victory.

Caitlin Corbett netted 14 points, and Zibby Eckhardt added 10 points for the Lady Dutch. Emily Aube, Madeline Klotz and Ann Mahoney each scored seven points for Saratoga.

Visit spotlightnews.com to view a photo gallery from the Guilderland-Saratoga game.

Guilderland has a chance to move above the .500 mark when it hosts Burnt Hills-Ballston Lake (2-8, 2-10) Friday in a cross-divisional game.



Bethlehem's Gabby Giaccone avoids Niskayuna's Jackie Bodmer as she goes in for a layup during last Friday's game. Rob Jonas/Spotlight

Scoring binge for Shen

Plainsmen score seven straight goals against Bethlehem

By SPORTS STAFF
jonasr@spotlightnews.com

Bethlehem scored the first goal, but Shenendehowa got the next seven to pull away for a 7-2 victory over the Eagles in Saturday's Capital District High School Hockey League game at the Bethlehem Area YMCA.

Andrew Carroll tallied 5:23 into the first period to put Bethlehem (4-3-2 league, 6-6-2 overall) in front before Shen (7-1-1, 9-5-1) took control. Ryan Mortka and Kevin Miles scored to give the Plainsmen a 2-1 lead after the first 15 minutes, and Nick Quigley and Max Papele added second-period goals.

Peter Russo, Peter Sacks and Nick Hansen tallied in the third period to extend Shen's lead to 7-1 before Adam Liebold scored for Bethlehem.

Goaltender Kevin Cooley made 25 saves for Bethlehem, while Brian Walter stopped 16 shots for Shen.

Bethlehem hosts Plattsburgh Friday in a non-league game.