

## NEWS

### Trump-ed up charges

BCHS-grad, now Fox News personality, Megyn Kelly locked horns with Republican presidential candidate Donald Trump on a national stage. Read what local folks have to say.

Story on Page 4

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### No fears

The local cemetery that was in danger of being abandoned has a new board of directors.

Story on Page 2

## TOP STORY



# Once upon a time

Local couple's storybook romance involves fight to fix son's heart

By **TRICIA CREMO**  
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**BETHLEHEM** — Two-and-a-half-year-old Emmett doesn't completely understand that he needs open heart surgery, but he does know what going to the doctor's office means. "He does not like the hospitals," said Jessica Hotaling, 23, Emmett's mother. "The doctors just scare him, especially when he was younger, he would cry a lot." Now that the family has been seeing a cardiologist regularly since Emmett was five months old, doctors have the routine down, and now enter his room carrying a toy or ball.

Continues on page 16



## ENTERTAINMENT



### Better burger trending

Florida-based BurgerFi opened a restaurant in Latham last week, introducing themselves to a local scene already saturated with better burger establishments. What fuels the trend?

Story on Page B1

## SPORTS



### Twilight wrap-up

The Albany Twilight League finished up the regular season with a familiar face at the top of the standings.

Story on Page 9



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COMMUNITY

# Cemetery to remain nonprofit

Bethlehem Cemetery Association announces new board members

By MARCY VELTE  
veltem@spotlightnews.com

**BETHLEHEM** — The Bethlehem Cemetery Association is under new leadership after new board members were found to help operate the site.

It was announced last week former town Supervisor Jack Cunningham has been elected president of the new board. The state asked the non-profit in charge of Bethlehem Cemetery to seek-out new board members earlier this summer, instead of abandoning the burial ground to be cared for by the town.

"We're very positive about the change," said

Valerie Newell, who helped her husband, Tom Newell, operate the cemetery for the last 12 years. "Both my husband and I continue to support the board as they move forward with our expertise and provide assistance. We're excited the cemetery has such wonderful, competent leadership."

The Newells announced in the spring they wished to retire and step down from the board. Tom Newell has been on the cemetery board for nearly 30 years. The original vote was to disband the non-profit and abandon the cemetery to be cared for by the town. The state asked for this not to happen, and the town was involved in helping find new board members.

Valerie Newell thanked Supervisor John Clarkson in his role of actively spreading the word about the cemetery's needs. "He worked with us and tried

to help where he could," she said.

"I think it's great that the cemetery will be staying a non-profit," said Clarkson. "We will work with them on any issue we can help with. Right now, we are providing storage space at Town Hall."

Bethlehem Cemetery has been in operation since 1865 and is the main cemetery in the center of town. It is still financially viable as there are still some lots left to be sold, though not many. The cemetery has no employees, but uses contractors for maintenance and grave digging.

Cunningham said he knew he wanted to become a new board member as soon as he read about it in *The Spotlight*. He'd also worked in the past in cooperation with the cemetery association and town's Water Department to help protect the site from damage.

"It was of interest to me because I'm a plot owner, and so is my mother," said Cunningham. "I grew up in the neighborhood. It's a beautiful spot, and I want to see it continue on. There will be no major changes. We just want to maintain operation."

The new board took over operation on July 1. Valerie Newell called the change a "best-case scenario."

"We're very happy with everything," she said, while encouraging those who have the time to still volunteer at the cemetery. Those on the board must own a cemetery plot, but any can volunteer to help garden or keep the site clean.



A new board was named last week for the Bethlehem Cemetery Association staving off fears of abandonment.

Spotlight file photo

In his announcement, Cunningham thanked the Newells for their service to the community.

"Now as we carry on the tradition of excellence established by the previous board, we also want to thank outgoing members, especially Val and Tom Newell, for their years of selfless dedication. They have paved the way for our

work going forward," said Cunningham.

**New board members:**

- Jack Cunningham,
- Richard Barnes
- Regina Boyle
- Kathleen Trowbridge
- Mark Bryant
- Adam Groesbeck
- Dan Cunningham
- Steve Reidel

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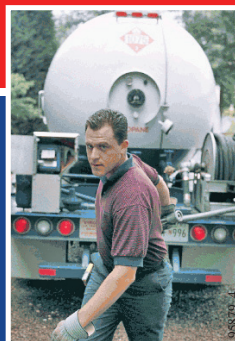
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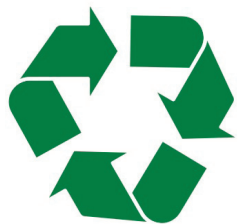


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## ■ COPS, COURTS AND EMERGENCY CALLS

# Selkirk man indicted for drugs

A Selkirk man was arrested Thursday on federal drug trafficking and money laundering charges, according to the United States Attorney Office and the U.S. Postal Inspection Service, Boston Division.

Jeremy VanWormer, 28, is charged by indictment with one count of participating in a conspiracy to distribute more than 100 kilograms of marijuana and four counts of participating in a conspiracy to launder drug trafficking proceeds. VanWormer was arraigned Thursday, Aug. 13 in Albany before United States Magistrate Judge Randolph F. Treece and released under pretrial supervision and secured bond pending a trial scheduled for Oct. 13 before United States District Court Judge Mae DiAgostino.

On the drug trafficking conspiracy charge, VanWormer faces at least 10 years of imprisonment and up to life, a maximum fine of \$8 million and a term of supervised release of eight years to life.

On each of the money laundering conspiracy charges, VanWormer faces a maximum imprisonment term of 20 years, a maximum fine of \$500,000, and a maximum term of supervised release of three years.

According to the indictment, VanWormer allegedly participated in a marijuana trafficking conspiracy from about Jan. 1, 2013 to Nov. 14, 2014. He also allegedly participated in four separate money laundering conspiracies during that time. The indictment seeks forfeiture of assets, including real properties in Troy and Watervliet.

According to Police Commander Adam Hornick, the Bethlehem Police Department assisted the U.S. Postal Inspector, Department of Homeland Security and Drug Enforcement Agency in

the execution of federal search and arrest warrants at two residences in Selkirk. This is the result of a long term investigation that was conducted jointly between the Bethlehem police and these agencies. It is being prosecuted by Assistant U.S. Attorney Michael Barnett.

### Eight prosecuted for retail-related crimes

District Attorney David Soares announced Monday, Aug. 10, that more people have been prosecuted in connection with retail crime groups in Albany County.

Eight people have been prosecuted, two being sentenced and six pleading guilty in connection to two separate crimes in the towns of Colonie and Guilderland. According to the district attorney's office, the Capital District is a prime location for organized retail criminals.

Four people "did utter and possess" counterfeit bills on Nov. 22, 2014 between 7 p.m. and 11 p.m. at multiple locations in the Town of Colonie, said the district attorney's office.

The four allegedly made small purchases at several businesses in order to get change from fraudulent \$100 bills. Additional fraudulent \$100 bills were allegedly found in their vehicle.

Ephraim Jackson, 31, and Feliz Diaz, 21, both of New York City, Jende Akinleye, 21, of Cortland, and Wilbert Lajara, 24, of Bronx, all pleaded guilty to felony criminal possession in the first degree.

Jackson was sentenced to three to 11 years in state prison July 14, 2015. Diaz and Lajara face three to nine years in state prison when sentenced Sept. 9, and Akinleye faces three to nine years when sentenced Oct. 8.

Colonie police and the United States Secret Service conducted the investigation for the above four people.

One man was sentenced and three more pleaded guilty for their roles in a credit card scam involving 30 fraudulent cards, said the district attorney's office.

State Police stopped Lanique Valentine, 33, of Norfolk, Va., Kahlil Ramsey, 20, Diondra Garriss, 21, and Anthony Recico, 21, all of Brooklyn, for speeding on I-90 in the Town of Guilderland Nov. 17, 2014.

The four allegedly all possessed fraudulent credit and debit cards. Authorities said 30 different fraudulent cards were recovered in all. State Police recovered several iPads, iPods and other electronics from the vehicle, which were purchased by members of the group using the fraudulent cards from different Best Buy stores.

All four pleaded guilty to criminal possession of a forged instrument in the second degree, a felony, and misdemeanor conspiracy.

Valentine was sentenced to face two to four years in state prison for the criminal possession charge May 20. Ramsey faces about two to five years when sentenced Sept. 23. Garriss faces one to three years when sentenced Aug. 17, and Reico faces one to three years when sentenced Aug. 12. They will all face a concurrent one year for their conspiracy charges as well.

Garriss was also charged with one to three years in state prison on bail jumping charges Thursday morning, Aug. 13. According to the district attorney, Garriss failed to attend her own court appearance Feb. 13, 2015. The sentence will be served concurrently with the fraudulent credit card sentencing.

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## POLITICS

# Trumped-up charges for local star

Mom talks national attention for Fox News host, growing up in Bethlehem

By **TRICIA CREMO**  
cremot@spotlightnews.com

## BETHLEHEM

— After Fox newscaster Megyn Kelly called out real-estate mogul and Republican front-runner Donald Trump for his past derogatory comments about women, the ensuing scandal became the biggest topic to come out of the debate.

“I just about jumped out of my seat when Trump went off into that narcissistic rant,” said Linda Kelly, a Delmar resident for over 30 years and mother of Megyn Kelly, in reference to Trump’s controversial comments after the

question.

Post-debate Trump told television news crews that the question was “unfair” saying, among other comments, that Kelly had “behaved very badly” during the debate.

Later that night, Trump produced a total of over 30 tweets and retweets, sent between 2:30 and 4:30 a.m., proclaiming his and others’ negative opinions of Kelly’s performance during the debate and the Fox News network, which aired the debate.

Kelly, however, has largely declined to comment on Trump’s reaction.

“I didn’t raise my daughter to be a victim,” said Linda Kelly. “Her boss calls her about every day, but she’s been handling it all very well. She takes nothing. She learned that from her mother.”

The Republican debate has indeed turned Megyn

Kelly into a topic of conversation across the nation. Whether you are one of the 423,000 views of her nightly news show or not, everyone, it seems, has an opinion of Megyn Kelly.

The fact that such a buzzed-about figure is from Delmar is something that some residents may be surprised to hear. Others, however, may remember Kelly’s presence in Bethlehem schools, on the Pop Warner cheer team or at Saint Thomas Church, which the Kellys attended regularly.

According to Linda Kelly, Megyn still considers Delmar home. “She loves coming home to Delmar. It really is home for her,” said Linda of her daughter.

Linda said that her daughter still comes to visit her occasionally. But more often, it is Linda who goes to visit Megyn in Manhattan, where she, her husband and three children live in close vicinity to the

Fox News studio where her show is filmed.

Linda, Megyn and the rest of the Kelly family moved to Delmar in 1979, when Megyn was just nine years old. Linda Kelly has now lived in Delmar for more than 30 years, and Megyn’s older sister Suzanne Crossly still lives in Delmar as well, while their older brother Peter has moved to Richmond Virginia.

“We taught our children to go fly your wings, follow your dreams, and they did,” said Linda.

Linda was head nurse of psychiatry at the VA Hospital in Albany, while her late husband Edward Kelly taught education at the State University of New York at Albany. He died of a heart attack right before Christmas, when Megyn Kelly was 15 years old.

Linda remembered the night of her late husband’s death very clearly. “We all got in a circle, Megyn, Peter, Suzanne and me, and I said ‘You have to remember we are the Kelly’s. We know our values. We will go on.’”

It was Megyn, said Linda, that took the experience the worst, because she was the youngest at the time.

After the death of



**Fox News host and Delmar native Megyn Kelly.** Photo provided by Fox News

Edward, Linda spoke to Meghan about breaking her curfew, “I had to tell her, ‘I don’t want to worry about you on top of everything else,’” said Linda.

“She wasn’t an angel, but she was a perfect teenager,” she said, proud of her famous daughter.

Megyn Kelly later went to Syracuse University, then to Albany Law School. She practiced law in the Chicago area for nine years before switching career paths to journalism and eventually moving up the chain at Fox News.

The network is famously right leaning, yet Kelly has said in interviews that she considers herself an Independent politically, with some conservative leanings.

Though a conservative-leaning person is no longer the norm in Delmar nowadays, as recent local elections have consistently

elected Democratic officials, one must remember that it was not long ago that the town was primarily Republican.

Only since 2013 has the Democratic Party had the majority on the Town Board. For the 120 years before that, it was the Republican Party. Thus, when Megyn was growing up here, the town certainly had more Republicans than Democrats.

Melissa Kermani, chair of the Bethlehem Republican Party said she is in favor of the newscaster. “It’s so exciting that she’s from this area. She’s really an up and comer. It’s wonderful that she’s on Fox News,” she said.

Kermani also thought the Fox News moderators asked fair questions at the Thursday, Aug. 6, Republican Debate.

Though the narrative since the debate has surrounded how fair the questions asked by the three moderators were, viewers should not be surprised that Kelly asked Trump to clarify his opinion on women.

Kelly once lectured Kentucky senator and 2016 Republican candidate Rand Paul for his reputation of arguing with female reporters and asked former Alaska governor Mike Huckabee to clarify why he thought it was trashy for women to swear in public.

Though the question

**Continued on 16**

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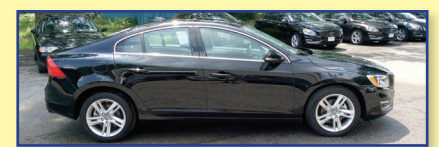
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## BUSINESS

# Milestone announces closure

Restaurant owners blame recent decision on town officials

By **TRICIA CREMO**  
cremot@spotlightnews.com

**GLENMONT** — Town officials are being put to blame after the closing of Milestone Restaurant in Glenmont.

The doors of Milestone Restaurant will soon close, due to what the business owners account to financially difficulties caused by last year's tax increase, a bad winter and the denial of a proposed plan to replace the restaurant with a dog kennel. The plan fell through when the town's Zoning Board decided not to give the kennel a variance to allow construction.

The decision to close was announced on the Milestone Facebook page two weeks ago on Wednesday, Aug. 5. It was met with shock and sadness from its many fans.

The only reason the Zoning Board gave for its decision, said Lou and Mike Mastrantuono, owners of Milestone Restaurant, was because the air quality would not be good enough for the dogs.

"How can you OK humans to eat food here, if you're going to say that the dust isn't safe for dogs? How can you do that?" said Lou Mastrantuono, clearly confused by the Zoning Board's decision. "People are eating and drinking here, and you're worried about dust on a dog?"

"I was shocked," said Lou Mastrantuono, who said he still does not understand the board's decision. "I don't feel like it was explained at all. It was a dismissal," he said emphatically about the decision.

Dan Coffey, president of the Zoning Board, said the variance was denied for a number of reasons. The board received a number of complaints

about potential noise from the dogs from nearby Days Inn and Johnny B's Diner. The project also did not have the amount of acreage required for a dog kennel. The board felt the project would significantly change the character of the neighborhood, so it was unanimously denied.

"There's been a lot of turnover in that location and it's unfortunate," said Coffey. "There's been difficulty keeping a restaurant there. Hopefully a use can be found that's more consistent with the neighborhood."

Zoning in Bethlehem requires that kennels have at least five acres on either side of any neighboring business. The variance would have allowed for an exception.

The hotel complained for fear of the noise disturbance that the kennel would create so close to guest rooms. The hotel, however, advertises itself as dog-friendly and allows guests to have up to two dogs stay in each room, and windows to the rooms facing the Milestone Restaurant do not open.

The Milestone building also has walls which are built out of two foot thick stone, that look like they could be the walls of a cave.

"We've had bands play into the wee hours of the night and never had complaints," said Lou Mastrantuono, who also noted that they have loud surround sound speakers. The restaurant also sits right on a very loud and busy highway. Noise would also not be an issue to the nearby Johnny B's Diner, as that restaurant closes at 2 p.m.

Matt Sames, who would have owned the dog kennel, also owns several Pet Lodges dog kennel businesses in Glenville, Albany, Clifton Park, Williston and Plattsburgh. When the Zoning Board asked Sames for neighbor recommendations to make sure that the noise would not be overbearing, he came up with glowing recommendations from neighboring businesses

that are closer to his kennels than the hotel is to Milestone.

When the decision became well known around town, and less and less people started coming to the restaurant once they heard that the restaurant was looking to sell. Lou estimates business dropped to half after the Zoning Board's decision.

Now, the restaurant is set to close permanently on Thursday, Aug. 27, and sit as a dormant, boarded building. Also, the first building that drivers see when they come to town.

The Mastrantuonos felt all of the reasons for the Zoning Board's decision - such as the building's proximity to the road and the Days Inn and Suites next door - were facts the Board had known long before the process of asking for a zoning variance even began, facts that a person would know just by looking at the building.

"They made us jump through hoops, for seven, eight months. We had all of their problems addressed. Why take the good part of eight months, and let someone spend tens of thousands of dollars on surveys and architects if it's not going to work out, said Lou Mastrantuono. "We really believed it was going to work."

The brothers said the final decision by the Zoning Board blind-sided them, and the man that planned to build a dog kennel at the restaurant, Matt Sames. Because the listing for the property was off the market during the eight months that they went through the Zoning Board process, and the market for real estate was slow this summer, the final decision was devastating enough that the restaurant had to close.

"More governmental infringement on the businesses of America... You will be missed," said Randy Flavin, in response to the same post.

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Other, similarly disappointed responses followed.

The pair said the recent increase in taxes due to the reassessment didn't help the situation either. Though the Mastrantuono said they approached

the Town Board with their problem and made adjustments like changing all the lighting in the restaurant to energy-efficient bulbs, in order to receive the tax rebate, they said the board still did not do anything to help bring down their taxes.

"You go to these meetings and it's like a sounding post. That's all it is. They're just there to listen to your problems," said Lou Mastrantuono. "When you have a business, it's almost like a child. When you're home you're thinking about the business, so when you lose it, it really is a loss."

The Mastrantuono said that they have not had any contact with Sames since they saw him at the final Zoning Board meeting where the plan was dismissed. According to Lou Mastrantuono, Sames picked up his briefcase in a huff, "hightailed" his way out of the room, and was not heard from again.

Now that their restaurant is gone, few local family owned places remain, especially in Glenmont. Their failure, however, is not due to lack of effort, not to lack of experience, as the two have 40-50 years of combined restaurant experience between them.

The Mastrantuono previously owned Sophia's Family Restaurant in Greenville for 15 years - a great feat in the restaurant industry- but say they opened Milestone to get closer to Albany. Before the restaurant was Milestone, the location

became famous for birthing celebrity chef Dale Miller, when the restaurant was under different management. Milestone's space formerly operated as Stone Ends Restaurant, then as Bella Bistro, before being sold to the Mastrantuono family.

The flipping of restaurants and its location on Frontage Road didn't help business, but the restaurant was consistently well-reviewed for its medium-priced Italian/American dishes. And just like Johnny B's Diner two doors down, Milestone enjoyed a relatively small, yet devoted following, willing to make the trek to the end of the Delmar Bypass.

"We had a great group of dedicated customers. They would bring their friends and say, 'I found this diamond in Glenmont' and literally bring people

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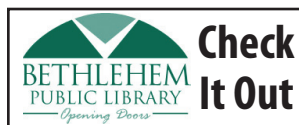
## COMMUNITY

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## Summer reading reminders

We're a little past the halfway point in our summer reading program, but it's never too late to be a super reader. The themes this year are Every Hero Has a Story for kids and

Unmask! for teens. So far, the kids signed up for our program have read a heroic number of books and are on track to easily beat last year's record! There are great prizes and raffle items for reaching reading milestones, and we'll be accepting entries to our hero-themed bookmark contest through Monday, Aug. 31.

We'll be celebrating a successful summer of reading on Thursday, Aug. 27, at our End of Summer Party for kids and families. Come dressed as your favorite hero and get ready for a super time with games, crafts and a balloon sculpturist. A fun photobooth feature will let you document your superhero status on camera. We'll see you there.

## Upcoming events

Friday, Aug. 21

### Summer Cinema

Bring a blanket or pillow; popcorn provided. Call 439-9314 for details. Kids and families. 2:30 p.m.

Monday, Aug. 24

### Tiny Tots Summer Storytime

Stories, songs and



Norina Zhang pays close attention to her embroidery during the Creative Stitches program at Bethlehem Public Library. The weeklong program, which wrapped up Friday, Aug. 7, with a public display of the students' work, was facilitated by local members of the Embroiderers' Guild of America. The Guild has been hosting the program for more than 20 years, and this fall will be launching monthly mentorship sessions at the library for young stitchers.

Kristen Roberts/submitted photo

fingerplays for children up to age 35 months with caregiver. 9:30 a.m.

Monday, Aug. 24

### On My Own Summer Storytime

Stories, songs and fun

for children age 3-6 while parents wait at our café tables. 10:30 a.m.

Monday, Aug. 24

### Book Buddies

Children are matched with a teen volunteer to

practice reading skills and build confidence. Bring a book or choose one from the library. Call 439-9314, option 4 to sign up. For grade K-5. 3 p.m.

— Kristen Roberts

## NEIGHBORHOOD NEWS

### Home Town Heroes nominations

**CAPITAL DISTRICT** — Nominations are being accepted for Trustco Bank's Home Town Heroes Hall of Fame.

The bank created the Hall of Fame to honor individuals who demonstrate strong community involvement and work hard to make a positive change in the community.

The public can make nominations through Aug. 30 by visiting any Trustco branch or online at [TrustcoBank.com](http://TrustcoBank.com). A committee will review all nominations and announce the winners. Up to five individuals and/or groups are selected each year. Winners will be invited to

a special luncheon and receive a plaque to be displayed at Trustco Bank's headquarters in Glenville.

### Citizen Science recap at Five Rivers

**BETHLEHEM** — Five Rivers Environmental Education Center has long been involved in citizen science. This public participation in scientific research has contributed to conservation success stories at Five Rivers and beyond.

Visitors can learn about some of these successes during a program on Saturday, Aug. 22, at 10 a.m., at Five Rivers, 56 Game Farm Road. The program begins with an indoor presentation about past and current citizen science projects and conservation

efforts. Afterwards, the group will move outdoors to visit the study sites.

Then at 2 p.m., visitors can join a Five Rivers educator to explore portions of the Wild Turkey and Old Field trails. Possible wildlife sightings include grassland birds such as tree swallows and bluebirds, as well as dragonflies.

For more information, call Five Rivers at 475-0291.

### Grange seeks rummage sale items

**BETHLEHEM** — The Bethlehem Grange No. 137 is seeking donations for its annual giant rummage sale, which takes

place Sept. 11, 12, 18 and 19 at the Grange Hall, 24 Bridge St., Selkirk.

Furniture, holiday items, crafts, tools, books, music, decorations, household items. Jewelry, glassware, china, computers, linens and toys are among the items the Grange is looking for. Televisions and tires are not accepted.

To arrange for delivery or pick-up, call Mary Starr at 767-9672, Jo Downey at 767-2985, Caroline Wirth at 424-4953 or Carol Carpenter at 421-1384. Donations are accepted after Aug. 30.

### Fashion Night Out for Alzheimer's

**ALBANY** — Tickets are on sale for Family Friends Future

Inc.'s annual Fashion Night Out fundraiser on Sept. 10, from 7 to 10 p.m., at 90 State Events in Albany.

General admission tickets are \$40 and include hors d'oeuvres and dessert, as well as music and the fashion show. VIP tickets are \$65 and include reserved runway seating and a designer "swag bag" filled with products. There will also be drawings, a silent auction, a photo booth and a cash bar. All proceeds benefit Alzheimer's disease research.

For more information, visit [www.fashionnightoutalbany.com](http://www.fashionnightoutalbany.com) and [www.familyfriendsfuture.org](http://www.familyfriendsfuture.org).

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# Budgeting is a powerful tool in controlling college student spending

By RUTH MAHONEY,  
President,  
Capital Region, KeyBank

**C**ollege tuition begets angst, and for good reason. According to Sallie Mae, the average family spent nearly \$25,000 on college related expenses in school year 2014–2015, which includes tuition, room and board, transportation and all other college-related expenses.<sup>1</sup>

That college is expensive is not breaking news. Annual tuition increases are well documented, as is the sticker shock most parents experience. However, many parents have been thinking about and planning for their child's education for years. They have saved, budgeted and borrowed to provide their child with the opportunity to boost his or her lifelong earning potential. Unfortunately, what many families find is that it is not the big ticket items that strain their finances but rather the accumulation of often overlooked miscellaneous expenses that become a regular financial drain.

The truth is, the hidden costs of college are a real issue. When the average family estimates costs, they tend to focus on the figures offered on college web sites and school catalogs: Tuition and fees, room and board, and books and supplies.

What they often overlook is travel, mandatory fees, cell phone service . . . even laundry, coffee, snacks and entertainment expenses.

Take coffee for example. Two large cups of coffee from a local retailer could cost upwards

of \$4 a day. Over two 15-week semesters, that can add up to more than \$800. A modest weekly dinner out with friends can add up to more than \$500 a school year. And then there's computers, which are often mandatory . . . not to mention software and software updates.

If you're thinking, wow, it really starts to add up fast, it does. According to the College Board, the average student will spend nearly \$5,000 on these "hidden" expenses.<sup>2</sup> In fact, before the average college student even steps foot on campus this year, the National Retail Federation says parents will have already spent \$899 on back-to-school shopping.<sup>3</sup>

## Identify where the money is going

The most effective way to manage spending for the upcoming college calendar year is to make a list of potential expenses. And account for everything, because the reality is that most of today's college students want and expect more than a place to live, food, tuition and supplies. Socializing—dinners, movies, clubbing, shopping—is the foundation on which many lifelong friendships are made, and these relationships are a large part of the college experience.

The following are some of the hidden but not-so-secret costs of college.

- Books and supplies – Schools will provide estimates for this,

but the cost of books and supplies can vary greatly from major to major. The best way to account for this expense is to talk to a student or advisor in your field of study.



Ruth Mahoney

- Computer and software – Check with the admissions department to determine the required computer and software needs of the college.

- Transportation and car expenses – How often will your child travel home? Plan accordingly and check for rates on bus, train or air travel. If your child will be taking the car to school or commuting to campus, don't overlook the cost of insurance, gas and parking fees.

- Entertainment – This can range from movies and dates to school events.

- Personal – This includes minor expenses like haircuts and laundry but can also include childcare or any other personal expense.

- Fees – Some school-related fees are mandatory, like lab and dorm fees; others are optional, like sports passes or gym memberships. Review your college's website or contact the admissions office for a breakdown of these costs.

- Internet, cable and cell phone service plans – Contact local service providers for rates. For the best cell phone service plan, consider a family plan.

- Clothing – Your child should have at least one outfit for interviews and formal events.

- Food – Even if your child is on a meal plan, chances are he or she will want to go out and grab a bite to eat with friends or will want snacks and drinks when studying in the student center.

- Abroad programs – Because technology is making our world figuratively smaller, many colleges encourage—and potential employers value—study abroad programs that provide students with enriching cross-cultural experiences. However, it is usually more expensive than a semester at your child's home university. Review how tuition can be applied to study abroad, and don't forget to look at exchange rates, immunizations, passport and visa fees and additional health insurance expenses.

Once you can account for anticipated expenses, you can

begin to develop a realistic budget. Will your child face a lot of pressure to spend money? Yes, without doubt, but it is important that they begin to take an active role in managing finances responsibly.

## Develop a budget

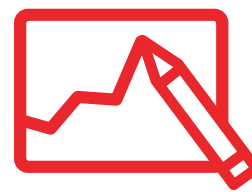
The key to a successful budget, especially for a college student, is to keep it simple, realistic and goal oriented. First, look at your list of expenses. What items are required, which are luxuries? Then determine income. Will your student be receiving any money, either through jobs, allowances, loans or any other means? Once you know income and expenses, you can develop an easy to understand budget, which should include some incentives. It's important that students learn restraint—that what they save

today will have more value tomorrow. A gift card, extra trip home or a senior year vacation is a great way to do this.

Remember, the primary purpose of college is to help students gain an education that will prepare them for a fulfilling career full of great earning potential. By helping your child make strong financial decisions throughout their college experience, you are not only saving yourself from becoming a parental ATM, but more important, you are giving your child something even more valuable—a financial head start.

**Ruth Mahoney is president of KeyBank's Capital Region. She can be reached at either 518-257-8619 or ruth\_mahoney@keybank.com.**

<sup>1</sup>"How America Pays for College 2015," SallieMae. <sup>2</sup>"Average Estimated Undergraduate Budgets, 2014-2015," The College Board. <sup>3</sup>"Top 10 Trends for Back-to-School and College 2015," National Retail Federation. <sup>4</sup>"College Students and Credit Cards—Some Statistics," College Parents of America.



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## 5 things parents should teach their kids about credit cards

**A**ccording to College Parents of America, an organization comprised of current and future college parents, 84 percent of college undergraduates have at least one credit card and 50 percent have four or more. The average balance: \$3,173.<sup>4</sup>

This isn't to say credit cards are evil. For many students they are a valuable tool for flexibly managing expenses. They are also a means of establishing positive credit, which can be extremely helpful as college graduates transition into their professional lives. The following are five tips parents can share with their college students to help them responsibly manage credit.

**1. Start with a secured credit card.** A secured credit card requires a deposit to provide assurance that incurred debt will be paid. Your child's credit limit will be equivalent to the amount that is put down as a deposit. Unlike debit cards, however, creditors report secured credit card activity to the credit bureaus.

**2. Stick with one credit card.** Students who have multiple credit cards are more apt to use each one. Help your child pick one credit card with a low interest rate and encourage him or

her to stick with it. Borrowing power will grow as your child shows more creditworthiness.

**3. Charge only what you can afford.** Having good credit means consistently demonstrating you can pay back what you've borrowed. This is the most important lesson you can teach your child, because of the need to demonstrate to lenders that he or she is responsible. So work with your child to establish a smart, realistic budget and then have your child charge only what is allowed for in the spending plan or for emergencies.

**4. Pay on time and in full every month.** Your child needs to understand that the key to building credit is to pay bills on time each month, without carrying a monthly balance. Encourage him or her to limit credit card use to small purchases and to routinely check the balance. Paying the bill in full each month is better than paying just a portion of what is owed. Missing or late payments will severely hurt his or her credit score.

**5. Check your credit score.** Contrary to popular belief, checking your credit score does not lower it. Get your child in the habit of checking theirs once a year just to ensure credit is properly building. It is also good to check for any mistakes or fraudulent activity.



## EDUCATION

# GCSD shifts tax service to BOCES

BCSD made similar cost-saving move

By **MARCY VELTE**  
veltem@spotlightnews.com

### GUILDERLAND —

Guilderland Central Schools will now be contracting out its tax collection, following several other school districts in the area.

Bethlehem Central and Ravena-Coeymans-Selkirk Central School District both made the switch last year, after the Town of Bethlehem announced it would no longer be collecting taxes on behalf of the districts. This is following the decision to consolidate the departments of town clerk and receiver of taxes.

Guilderland will now contract with BOCES to collect taxes, like the other school districts.

The district's Assistant Superintendent for Business Neil Sanders said using BOCES is cheaper than if the district were to contract it out with a private company. The change will be cost neutral.

"From our perspective, there was no detriment," said Sanders. "BOCES (has) a tax collection service, and this has been successful for the town last year."

Those who wish to make payments in person at a local bank can still do so. Residents can use Capital Bank in Price Chopper Plaza in Slingerlands. Another alternative is to mail payments into Capital Region BOCES.

Sanders said he felt the change has been a transparent process. "It's been as seamless as possible for a transition like this," he continued.

Supervisor John

Clarkson said he felt the process is more efficient. "Schools won't have to deal with multiple towns, and for us we consolidated, which was much better to keep down costs."

When the change was made last year, Bethlehem Central was set to see a savings of about \$32,000 because the district would no longer have to pay the town for the service. It was to see more savings this year because the state will provide some reimbursement for using BOCES services.

The town will see savings because they will not have to pay overtime to employees who previously did the billing or transfer personnel from other departments. The town will also be able to better use the time of employees. With reduction of one employee, the town expects a continued annual savings of \$90,000.

## OBITUARY

### Kathryn T. Lenseth Simpson

**DELMAR** — Kathryn T. Lenseth Simpson, age 87, entered into eternal peace on August 5, 2015, surrounded by her loved ones. Kathryn was born August 13, 1927 in Staten Island to the late William and Margaret Lane.

She graduated valedictorian from Notre Dame Academy in Staten Island in 1945. Following high school she attended Rosemont College in Penn. Kathryn worked at Town & Tweed, Little Folks and The Canteen at Bethlehem Central Junior High School. She was a member of St. Stephen's Episcopal Church.

Kathryn was a longtime resident of Slingerlands and Delmar where she raised her six children. She was not only a devoted mother, but also a loving and caring grandmother, known for making the best "Grandma/ Great-Grandma Cakes." Kathryn was also a loyal New York Mets fan.

Kathryn was married to the late George Simpson. She will be forever missed by her loving children: Patricia Siciliano, Nancy Siciliano (Peter), Richard L. Lenseth (Kerry), Kathleen Gutman (Paul), Steven Lenseth (Patricia) and Barbara Burkart (Eric). She is also survived by her former husband Richard C. Lenseth, 20 grandchildren, 22 great-grandchildren and 3 great-great-grandchildren.

A special thank you goes out to the caring staff at Good Samaritan Health Care Center and St. Peter's Hospice.

A memorial service will be held Saturday, August 29 at 10:00 a.m. at St. Stephen's Episcopal Church, 16 Elsmere Ave in Delmar. Burial will be immediately following at Bethlehem Cemetery off of Kenwood Avenue.

In lieu of flowers, donations may be made in memory of Kathryn T. Simpson, to Crohns and Colitis Foundation of America, 103 Patroon Dr, Guilderland, NY 12084 or The Marfan Foundation, (www.marfan.org), 22 Manhasset Ave, Port Washington, NY 11050.



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**PICK OF  
THE WEEK**



**B4 summer ends**

WGNA and Proctors is rounding up a slew of area vendors to give summer one last send off with a barbecue, Thursday, Aug. 20 at 5:30 p.m. in Schenectady. Call 346-6204 or visit [www.proctors.org](http://www.proctors.org) for more details

**INSIDE**



**Arts calendar**

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**ONLINE**

Check out our expanded calendar of events at [www.spotlightnews.com/events](http://www.spotlightnews.com/events).



**CULINARY ARTS**



# Better burger trending

There's no quit in the decade-old gourmet burger trend

By **MICHAEL HALLISEY**

[halliseym@spotlightnews.com](mailto:halliseym@spotlightnews.com)

The gourmet concept to hamburgers is no longer new, not since French chef Daniel Boulud introduced a \$27 burger back in 2001. But, the business model has been followed, tweaked and survived the Great Recession of a few years ago. Now, in 2015, it continues to trend stronger than what one business magazine prognosticated four years ago.

The better-burger movement is beyond a decade old, with pioneers such as Shake Shack and Elevation Burger first opening in metropolitan areas. The revolution, however, has waged on here in the Capital District for nearly as long. Red Robin being one of the first of the

**Continues on page B16**



Florida-based BurgerFi joins the growing list of better-burger restaurants in the Capital District with a new location in Latham.

Photos by Michael Hallisey/Spotlight



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## ■ COMMUNITY

# Raising champions

NYS Baseball Hall of Fame will induct La Salle, Bethlehem coach Jesse Braverman this fall

By **MICHAEL HALLISEY**  
halliseym@spotlightnews.com

Class began every summer afternoon on the ballfield at Bethlehem Central Middle School. The crunch of gravel underneath Jesse Braverman's beat-up Ford Escort could be heard as he promptly rolled in at noon. He'd step out of the car with as many as 50 to 70 neighborhood kids already waiting for him. Instead of a syllabus, Braverman would pull out bags of helmets, bats and baseballs. It was the School of Baseball and class was now in session. In time, kids would simply call it "Jesse Ball."

Adam Hornick was a school kid living in Clarksville, several miles away outside the center of town, "but I was there pretty regularly," he said. "Jess was very dedicated to the sport, but even more so to the community. He was there literally every day in the summer. ... It really helped in the development of the kids, because it wasn't about playing in a league structure, it was more about having fun."

Kids ranging from Little League age to approaching college would attend. Two captains would be picked out of the lot, each choosing players for his or her team. Each side had to accommodate the number of players. A batter's line-up looked more like a classroom attendance sheet, and the ballfield could have three shortstops, and five times as many outfielders on defense.

"I have kidded with my wife, Debbie, that my love of baseball began in the womb," said Braverman. Braverman, a special education teacher by profession, started teaching at the middle school in 1974, and immediately inquired about opportunities to coach baseball. "[The athletic director] said there were none available but he

would keep me in mind," he said.

Braverman learned to play ball in the sandlots of Queens. But, when the Baseball Gods bestowed the gifts of athleticism to the few, they blessed him with the body of an educator. He developed into a left-handed pitcher like Sandy Koufax, only several inches shorter. When he played his first organized baseball game at 11, he went up against kids five years his senior. His only goal was to make sure his advisories didn't mistake him for a batboy.

"As much as I am indebted to Jesse Braverman for giving me a shot when no other coach would, I am more grateful for the copious amounts of time and energy he donated, often without any

compensation, to shaping so many young men's lives positively," said Delmar native Seth Friedman.

"I finally got my shot in baseball with the freshman team in 1985," said Braverman. "That is when I really started ... going to the field each day at noon and organizing pick-up games for the local kids."

"Jesse Ball" was emulated from Braverman's days growing up in Queens. About thirty years before he made the habit of driving his Escort to the local baseball field, Braverman was one of many kids waiting anxiously for Joe Austin to arrive.

Outside the baseball diamond, Austin was a regular Joe who worked the nightshift at a local brewery. During the day, however, you'd find him surrounded by 50 to 70 neighborhood kids on the baseball field,

hitting fungos and pitching against both sides in two, sometimes, three games. Jerseys, hats, equipment – all purchased and provided to the kids. Didn't matter where the kid was from, religion or ethnicity, each kid got a shot to play.


"[Braverman] was such a great mentor to young ballplayers," said Glenmont native Matt Bechard. "He didn't care who your parents were, where you played before or what your skill level was. All he asked was that you loved the game and played as hard as you could. That always brought the best out in his players. I use a lot of

**Continues on B21**



Jesse Braverman stepped down as head coach of La Salle Institute's varsity baseball team prior to the start of this year's season. He is now assistant coach.

Photo courtesy of La Salle Institute



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## COMEDY

# Joke man delivers

Kevin James coming to the Palace in October

**ALBANY** — The Albany Palace Theatre recently announced the scheduled appearance of comedian Kevin James for Friday, October 2.

Tickets are on sale now.

James began his career as a stand-up on the Long Island comedy scene. After being discovered at the 1996 Montreal Comedy Festival, he signed a network development deal to create his own sitcom. "The King of Queens," which premiered in 1998, ran for nine seasons on CBS with James starring and executive producing, and it garnered him an Emmy nomination in 2006 for Outstanding Lead Actor in a Comedy Series. The show concluded its run in 2007 but continues to air daily in syndication across the country and around the world.

In 2001, James brought his stand-up act to TV with "Sweat the Small Stuff," a one-hour special for Comedy Central. In 2005, James and Ray Romano executive produced and starred in the HBO Sports Special "Making the Cut: The Road to Pebble Beach"; a documentary about the Pebble Beach Pro Am Golf Tournament that was nominated for a Sports Emmy.

James made his feature film debut in 2005 in Columbia Pictures' "Hitch" starring opposite Will Smith. Since then, James has headlined "Here Comes The Boom," and starred alongside Adam Sandler in "Grown Ups," "Grown Ups 2," "I Now Pronounce You Chuck and Larry" and the ensemble sci-fi comedy "Pixels." Kevin also produced, co-wrote and starred in the hit comedies "Paul Blart: Mall Cop," "Zookeeper" and the recently released "Paul

Blart: Mall Cop 2."

In addition to his on-camera work, James's voice has been featured in the animated films "Barney" for Nick Movies, as well as "Monster House," "Hotel Transylvania," and its upcoming sequel for Sony Pictures Animation.

Tickets are \$75, \$55, \$45 and \$25 and can be purchased at the Palace Theatre Box Office (located at 19 Clinton Ave). Summer Box Office hours are Monday – Friday 10 a.m. to 5 p.m. as well as select hours for events and On Sales.

Tickets are also available through Ticketmaster Charge-by-Phone at 800-745-3000, all Ticketmaster outlets, local Wal-Mart Ticketmaster Centers or online at ticketmaster.com.

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Comedian Kevin James to appear at The Palace Theatre in October.

Photo by Tom Caltabiano

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Schenectady Mayor Gary McCarthy helps kick off the Miles of Smiles precession down State Street on Wednesday, Aug. 12.

Photo by Michael Hallisey/Spotlight

## ■ COMMUNITY

# Miles of smiles

#MilesOfSmiles challenge kicks off worldwide initiative to support Habitat for Humanity cause

**SCHENECTADY** — More than a thousand people lined the streets of downtown Schenectady to show community pride and to support Habitat for Humanity of Schenectady County, Wednesday, Aug. 12.

Dignitaries included city Mayor Gary McCarthy and New York Assemblyman Angelo Santabarbara.

"There's a lot to smile about here in Schenectady," said Santabarbara, referencing how downtown has been revitalized over the past several year with an influx of new business, and the anticipated opening of the Rivers Casino and Resort. "The world is watching us."

Showing off smiley faces, signs and banners, the community came together to show pride in the city and to encourage others to donate to Habitat for Humanity.

A precession down Main Street kicked off the first mile in the Miles of Smiles campaign, a global initiative to spread smiles around the world. Miles of Smiles is challenging communities across the globe to show their smiles in a photo or video through posts on social media using

#MilesOfSmiles and #SchenectadySmiles.

"Schenectady is a city rich in history and Miles of Smiles is shining a positive light on all of its accomplishments," said McCarthy. "We are so fortunate to have residents and businesses who are creative and passionate."

Madelyn Thorne, interim executive director of Habitat for Humanity of Schenectady County was also on hand to take a crisp \$10 bill donation from the Schenectady mayor.

"It's all about community pride," said Jeff Goronkin of Buzz Media Solutions. "In Schenectady, we lined up for a mile buy anyone or any group, in any community can show off their pride with a simple smile and by posting it to social media with the hashtag. We want to encourage people to use their creativity to show the world their smile and support their local Habitat for Humanity chapter."

Many groups and volunteers were involved in the planning and execution of the day, including Buzz Media Solutions, Downtown Schenectady Improvement Corp., The Capital Region Chamber, City Hall, The Millennial Council, Proctors, MVP Health Care, Schenectady County Community College, the police and fire departments, and many others.

—Michael Hallisey

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# #spotlightliving



## To the animals

For some, The Altamont Fair ushers in some good old-fashioned fun involving carnival rides and midway games of chance. But, there are many who still appreciate the agricultural roots fair organizers work hard to maintain year after year. For a lot of these kids, nothing else could be more fun than meeting some new four-legged friends.

Photos by Emily Drew/Spotlight

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## FITNESS

# Take it slow

Reality weight loss shows are misguided and dangerous

By **DAN ROMAND**  
news@spotlightnews.com

While working with people, I try to have them focus not on short-term goals. Notice, I didn't say to neglect having a long-term goal.

Take for example a 45-year-old man who is looking to lose 100 pounds. Men this age have to worry about a slowing metabolism, especially if he's not exercising. You can't maintain the same diet you once did as a 20-year-old and expect to keep a healthy weight. In such a scenario, weight gain can happen quickly. Let's call this man Jim.

Jim is motivated. His doctor has advised him to lose the weight, and his marriage just recently ended, so he's looking to get himself back into the market. Often times, a client like Jim expects he can lose the weight in one month.

Um. No.

Unfortunately, fitness trainers hear this all the time. Promise. And it stems from these extreme home workouts often advertised on television. You'll hear things like, "follow our program and we guarantee you'll lose the weight in two months." First off, losing 100 pounds in two

months is not healthy, nor is it a sustainable long term. Sorry, but the "The Biggest Loser" and other reality shows have done a disservice to the mentality of the severely obese.

On "The Biggest Loser," they workout an average of eight to ten hours a day, and the contestants' caloric intake is extremely low; too low, in my opinion. Contestants also have the benefit of being insulated from the real world, so they don't deal with real life scheduled and temptations. And, television time does not translate into real time. A week at the ranch is sometimes two weeks or more.

The extreme measures by which contestants exercise in these shows is also dangerous. For normal exercise routines, we recommend you consult your doctor first. On these



Remembering to give yourself smaller goals along the way keeps you focused and on-task to reach the larger, long-term goals in your life.

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Continues on B23

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## CULTURE

# Better than diamond rings

The widow-making, production-killing, Dungeons & Dragons-eske imaginary pastime of Fantasy Football is here

By **MICHAEL HALLISEY**  
halliseym@spotlightnews.com

In 2006, the Pew Research Center out of Washington D.C. estimated that 5 percent of all adults play fantasy sports, two-thirds of whom played fantasy football. Fantasy sports may lend credit to baseball for its origins, but football reigns as the Mack Daddy of them all.

These imaginary leagues spring to life every August as NFL training camps open. For most, the official start to the regular season traditionally commences on the Sunday after Labor Day. For those who own a fantasy team, or a half dozen, the season starts

once the trash talking begins; that's on Draft Day.

You know the joke: Fantasy Football is just Dungeons & Dragons for jocks. It's cosmic karma for all the times popular athletes mocked and ridiculed the geeks huddled in the back corner of the high school cafeteria. How the tables turn as balding fat men past their athletic primes gather in bars conjuring 5-star quarterbacks to lead a team they named after off-color jokes that would land them in human resources.

Focus! You need to prepare yourself for the trash talking that will inevitably ensue. To arm yourself, don't turn to a

thesaurus. You'll only hurt yourself. Instead, you need to concentrate on building your team.

#### Setting:

The average fantasy baller plays in a single season draft. No dynasty, or carrying players over from previous seasons. It's a one-shot deal where you don't need to concern yourself with how many years a player may have left in the tank. (However, in my opinion, dynasty leagues add layers of enjoyment, expanding the experience from a few months to an entire year.)

#### Approach:

There are your Tier



One, Tier Two, Tier Three and Tier Four players. For the sake of this conversation Tier One represents the elite. Opinions and home team affiliation aside, there are only three players worth being called "elite" in any given year.

Consider your standard bell curve. Of all the players to choose from, 16 percent are out of consideration. These

are the players most magazines won't bother to list. Another 68 percent are average players, half of whom you will choose from towards the very end of the draft. With that said, we've just eliminated 1,425 players you will not consider drafting.

Your average bell curve states 16 percent of your data field as high performers, that's 271 players for you to choose

from. In a 16-team league, that's fodder for the first 16 rounds in the draft. The elite player represents the top one-tenth of one percent. In years past, Tom Brady, Drew Brees and Aaron Rodgers were the elite players whose ability to garner points was head and shoulders above their peers.

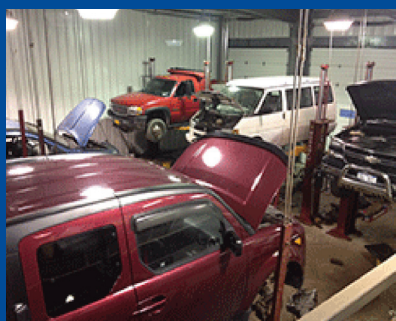
#### Respect Tier Two:

We talked about four different tiers of players. Tier Two consists of roughly 33 players, representing the Top 2 percent of the field. Unless you have one of the first three picks of the draft, you should be landing two Tier Two players. Not bad, when you consider you're likely to be picking two of the best players from any given team here: Jamaal Charles, Adrian Pedersen, Calvin Johnson, Odell Beckham, Jr – they will give you something to cheer about during Sunday night highlight reels.

#### Watch for Pitfalls:

Tier One: 3 players  
Tier Two: 33 players  
Tier Three: 237 players  
Tier Four: 577 players

There is a fine line between a Tier Three and Tier Four ballplayer. A touchdown a week may be the difference between the two calibers, but that's nearly 100 points over the course of the year. Most leagues reward a point for every reception, making those obscure third-down backs valuable towards the end. A starting tight end may catch three balls



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balls for 60-yards and give you nine points. A third-down back back who runs for 50-yards and catches five balls for 40-yards gives you 14. An accurate assessment of a player within this group can serve to make a difference between a losing season and making a playoff run.

Most leagues have you choose a team for defense and special teams. By default, roughly half of your teams fall under Tier Three. That's a conservative approach. Truly, more than half of the teams to choose from fall under Tier Four. Many of the more successful fantasy GMs out there will draft two, Tier Three defenses, leaving their competition out in the cold.

#### Draft Room Strategy:

And, that's just one strategy that will reveal itself on Draft Day. Controlling supply in a "supply and demand" environment is a business approach well suited for fantasy football. Get the best players off the board. If that means you come out looking like Matt Millen picking six wideouts before you choose a quarterback, so be it. That's six very good wide receivers the rest of the league doesn't have, creating trade leverage for you.

#### Game on:

Championships are not won on Draft Day alone. You have to be willing to trade, and trade effectively. Don't be that guy who only offers up players you don't like. Let's put it this way; you know that player you nearly cut? He stinks. And, the rest of your league knows it.

You also need to pay attention to the waiver wire. Victor Cruz, T.Y. Hilton, and Julian Edlemane are names from past years that emerged only after the season started, and wound up being huge assets for teams down the line. Remember, those last few picks from Draft Day will only pan out to be Tier Four performers. Dropping them for a potential star is absolutely worth the risk.

At the very least, pick a player or two you like. If you can at least root for a ballplayer from your favorite team, it gives you something to look forward to each Sunday.

## LIVE MUSIC



### Keeping the blues alive

Guitarist Joe Bonamassa performed in front of a SPAC audience Monday, Aug. 10, as part of his Three Kings Tour. He is a blues rock musician, singer and songwriter. He opened for B.B. King in 1989 when he was only 12 years old. He's been performing music for more than a quarter century, releasing 15 albums over the past 13 years.

Photo by Jim "JT" Gilbert/JTGPHOTO.com

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ARTS CALENDAR

THEATER

The Producers

Mel Brooks' musical comedy about two people striving to present the worst play in the world. Presented by Mac-Haydn Theatre, 1925 New York Route 203, Chatham, Aug. 13-23 Shows: 8 p.m. Thursdays, Fridays and Saturdays; 2 p.m. Wednesdays, Thursdays and Sundays; 4 p.m. Saturdays; and 7 p.m. Sundays. Tickets: adults \$33-\$34 evenings, \$31 matinees; children under 12 \$14. Information: 392-9292 or www.machaydntheatre.org.

A Midsummer Night's Dream

One of Shakespeare's most well-known comedies, presented by Steamer No. 10 Theatre, Aug. 14-22, Lincoln Park, Albany. Shows: 7 p.m. Friday and Saturday, 3 p.m. Sunday. Free. Information: www.steamer10theater.org.

The Pajama Game

Classic Broadway comedy musical, presented by Park Playhouse, Washington Park Playhouse, Albany. Aug. 4-22. Shows: 7:30 p.m. Tuesday through Sunday. Tickets: reserved \$16-\$18, lawn seating



Keigwin and Company

Contemporary dance troupe performs five original works by Larry Keigwin. See Page 11 for details

Photo submitted

free. Information: www.parkplayhouse.com.

Schenectady. Free.

Information: 456-2136.

MUSIC

Jim Wilson Quartet

Performing as part of the Jazz on Jay concert series. Aug. 20, noon, Jay Street Arcade,

Nick Coluccio

Performing the hits of Frank Sinatra as part of the Vellano Corporation Summer Concert Series, Aug. 20, 6:30 p.m., The Crossings, 580 Albany-Shaker Road, Colonie. Free.

BeauSoleilavec Michael Doucet

First Cajun group to win a Grammy Award comes to town. Aug. 20, 8 p.m., Club Helsinki, 405 Columbia St., Hudson. Information: 828-4800 or

helsinkihudson.com.

Bob Schneider

Highly-regarded Texas singer-songwriter. Aug. 20, 8 p.m., The Linda — WAMC's Performing Arts Studio, 339 Central Ave., Albany. Tickets: \$20. Information: 465-4233 or thelinda.org.

Bear Grass

Melodic, captivating and subtly dark band performs as part of the UpBeat on the Roof concert series. Aug. 21, 7 p.m, Tang Teaching Museum, Skidmore College, North Broadway, Saratoga Springs. Free. Information: 580-8080 or skidmore.edu/tang.

Brown Shuggie and the Shuggie Daddies

Blues group. Aug. 21, 7 p.m., Emack and Bolio's, 366 Delaware Ave., Albany. Information: 512-5100 or www.ebalbany.com.

Bossa Nova

A Brazilian and American celebration of timeless music to benefit animalkind. Aug. 21, 8 p.m., Club Helsinki, 405 Columbia St., Hudson. Information: 828-4800 or helsinkihudson.com.

MORE ONLINE

To submit an event to run in our online calendar, simply go to www.spotlightnews.com/events/submit/, become a registered user and fill out your event's information in the provided form. Submissions are subject to moderation and may take up to 24 hours to be approved.

Body Language

1	2	3	4		5	6	7	8	9		10	11	12	13
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60						61						62		
63						64						65		

ACROSS

- 1 Italian treats
- 5 Babble
- 10 Drying oven
- 14 Ball film role
- 15 Miller's salesman
- 16 Entreaty
- 17 Hearken
- 20 Decorative ribbon
- 21 ". . . so \_\_\_ a day in June?"
- 22 Scott of history
- 23 Give the eye
- 24 Abrogate legislation
- 27 Elusive needle locale
- 31 Adam and Eve \_\_\_ raft: greasy-spoon slang
- 32 Principle
- 34 Perfume oil
- 35 Hubbubs
- 37 Exhausts
- 39 Environmental prefix
- 40 Conductor Georg
- 42 Biological subdivision
- 44 "\_\_\_ got the whole world . . ."
- 45 Victories
- 47 Doughnut cousins
- 49 Separate

- 50 Bitty predecessor

- 51 Dark dye
- 54 Stand
- 58 Surrender
- 60 List-ending abbreviation
- 61 The Real McCoy
- 62 Overtime causes
- 63 Broadway award
- 64 Actor Keach
- 65 Author Ferber

DOWN

- 1 Rascals
- 2 Shopper's aid
- 3 Moslem bigwig
- 4 Withdraw
- 5 Small tuft
- 6 Lassoed
- 7 Love god
- 8 *The Joy Luck Club* author
- 9 Vigor
- 10 *Sweethearts*, e.g.
- 11 Wings
- 12 Evening in Enna
- 13 USSR news agency
- 18 Gold weight unit
- 19 Latin music style
- 23 Like many cereals
- 24 Swelter

- 25 Biblical witch's hor
- 26 Indiana town
- 27 "\_\_\_ to ladies who lunch . . ."
- 28 \_\_\_ drop of a hat
- 29 Bedouin transport
- 30 Kris \_\_\_: pint-size rappers
- 33 Evening
- 36 In a dumb (and duer) way
- 38 Finesse
- 41 Insect stage
- 43 Cloys
- 46 Sneaks around
- 48 Whirl
- 50 Architectural style
- 51 "\_\_\_ a song go ou my heart"
- 52 Western acronym
- 53 Actress Cannon
- 54 Sari's Roman relat
- 55 Like the dust bowl
- 56 Some Feds
- 57 US weather agenc
- 59 Jersey pro



■ ARTS CALENDAR

**Jocelyn Arndt**  
Indie rock group. Aug. 22, 7 p.m., Freedom Park, Schonowee Avenue (next to Jumpin' Jacks Drive-In), Scotia. Free. Information: www.FreedomParkScotia.org.

**The Big Takeover**  
NeeNee Rushie leads diverse reggae band, with opening act Mad Satta. Aug. 22, 9 p.m., Club Helsinki, 405 Columbia St., Hudson. Information: 828-4800 or

helsinkihudson.com.  
**The Taryn Jessen Band**  
Americana group from Utica. Aug. 23, 7 p.m., Emack and Bolio's, 366 Delaware Ave., Albany. Information: 512-5100 or www.ebalbany.com.

**Dana Park Summer Concert Series**  
The Lucky Jukebox

Brigade performs, along with Christopher Banach. Aug. 24, 5:30 p.m., Dana Park, intersection of Lark Street and Madison Avenue, Albany. Free.

**Will Hayes and Rick Rowley**  
Viola and cello duo. Part of the Pine Hills Summer Concert Series. Aug. 24, 7 p.m., Albany Elks Lodge 49, 25 South Allen St., Albany. Free. Information: www.uppermadison.org.

**Lustre Kings**  
Rockabilly band. Aug. 26, 7 p.m., Freedom Park, Schonowee Avenue (next to Jumpin' Jacks Drive-In), Scotia. Free. Information: www.FreedomParkScotia.org.

**DANCE**  
**Single Squares of Albany**  
Modern western square dancing featuring caller

Todd Fellegly and cuer Dennis Viscanti. Aug. 19, 7:30 p.m., Colonie Elks Club, Watervliet-Shaker Road, Latham. Cost: \$7. Information: 674-2076.

**Keigwin and Company**  
Contemporary dance troupe performs five original works by Larry Keigwin. Aug. 21 and 22, 8 p.m., Performance Spaces for the 21st Century, 2980 Route 66, Chatham.

Tickets: general admission \$30, PS21 members \$25, students \$18. Information: 392-6121 or www.ps21chatham.org.

**Albany DanceSport Club**  
Monthly dance featuring free lesson and mid-event showcase. Aug. 23, 6:15 p.m., Polish Community Center, 225 Washington Ave. Extension, Albany. Cost: adults \$10, students \$5. Information: 456-3995.



**Jocelyn Arndt**  
Featured in last week's edition of SpotlightNews Living, Jocelyn Arndt takes their act to Freedom Park (next to Jumpin' Jacks Drive-In) for a free concert in Scotia on Saturday, Aug. 22 at 7 p.m.

Photo submitted

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SUDOKU

	2				3			6
1		5						4
			4		9			8
	3			6		9		2
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Level: Intermediate

**Here's How It Works:**  
Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Answers on Pg. 23



## ARTS CALENDAR

### Ellen Sinopoli Dance Company

Capital District-based modern dance group. Aug. 23, 7 p.m., Freedom Park, Schonowee Avenue (next to Jumpin' Jacks Drive-In), Scotia. Free. Information: [www.FreedomParkScotia.org](http://www.FreedomParkScotia.org).

### FAMILY

#### The Puppet People

Performing "The Wizard of Oz." Aug. 19, 7 p.m., Clifton

Common, Vischer Ferry Road, Clifton Park. Free. Information: 371-6667 or [www.cliftonpark.org](http://www.cliftonpark.org).

### Jack and the Giant

Retelling of classic children's tale, presented by Mac-Haydn Children's Theatre, 1925 New York Route 203, Chatham, Aug. 7-22. Shows: Friday and Saturday, 10:30 a.m. Tickets: \$10. Information: 392-9292 or [www.machaydntheatre.org](http://www.machaydntheatre.org).

## EXHIBITS

### Albany Institute of History and Art

"Seeing Double: the Anaglyphs of Eric Egas," Aug. 15 through Oct. 25; plus "Ancient Egyptian Galleries" and "The Hudson River School and the Nineteenth-Century Landscape." 125 Washington Ave., Albany. Information: 463-4478 or [albanyinstitute.org](http://albanyinstitute.org).

### The Arts Center of the

### Capital Region

"Fence Show 50," featuring more than 40 works by member artists, through Aug. 29. River Street, Troy. Information: 273-0552 or [www.artscenteronline.org](http://www.artscenteronline.org).

### Esther Massry Gallery

"Two Painters + One Sculptor: The Karene Faul Alumni Art Exhibition," featuring works by College of Saint Rose alumni Ginny Casey, Steve Pearson and Patrick Cuffe. Sept. 4-20, Massry Center for the Arts, 1002 Madison Ave., Albany. Information: 485-3902.

### Mabee Farm Historic Site

"Visualizing the Lexicon of a Loving Hand," featuring works by Brennan Goodwin and Jackie Zysk. 1100 Main St., Rotterdam Junction. Information: 887-5073 or [schenectadyhistorical.org](http://schenectadyhistorical.org).

### miSci

"Earth Exposed: Discover Our Planet's Hidden Secrets." Nott Terrace Heights, Schenectady. Information: 382-7890 or [www.miSci.org](http://www.miSci.org).



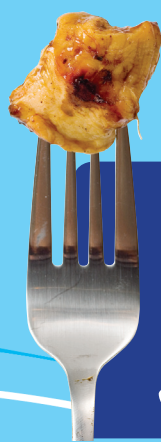
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## ARTS CALENDAR

### National Museum of Dance

"125 Years of Tango — A Walk through the History of the Dance," featuring costumes, music, artifacts, rare film footage and historical materials of the origins of this famous dance. Through March 2016. 99 South Broadway, Saratoga Springs. Information: 584-2225 or www.dancemuseum.org.

### New York State Museum

"Empire State Plaza at

50," a look back at the history of downtown Albany's most recognizable feature, through Jan. 17; plus "Binghamton University Paleobotany Collection" and "The Passenger Pigeon: From Billions to Zero." Empire State Plaza, 222 Madison Ave., Albany. Information: 474-5877 or www.nysm.nysed.gov.

### Saratoga Springs History Museum

"Mapping A City: Saratoga Springs as Seen Through 250 Years of Maps," through Dec.

31. Canfield Casino, Congress Park, Saratoga Springs. Information: 584-6920 or www.saratogahistory.org.

### Spring Street Gallery

"Saratoga Springs: Magic and Loss," featuring photographs by journalist Thomas Dimopoulos. 112 Spring St., Saratoga Springs. Information: www.springstreetgalleriesaratoga.org.

### University Art Museum

"2015 Artists of the Mohawk Hudson Region," July 9

through Sept. 5. University at Albany uptown campus, 1400 Washington Ave., Albany. Information: 442-4035 or www.albany.edu/museum.

### Waterford Historical Museum

"The Best of the Waterford Museum," a recap of exhibits from the past 10 years. 2 Museum Lane, Waterford. Information: 238-0809 or www.waterfordmuseum.com.

## CALL FOR ARTISTS

### Saratoga Arts

Seeking artists for its Art in the Park show Sept. 19. Information: Elizabeth Dubben, 584-4132 or edubben@saratoga-arts.org.

### Albany Center Gallery

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the spring, pieces are familiar and fun to sing, no auditions are necessary, practices are 6:30 p.m. Weds. at St. Clares' Chapel, McClellan St, Schenectady.

Lynnwood Reformed Church, Route 146, Guilderland. Information, 861-8000.

Arthur Murray Dance Studio, 75 Woodlawn Ave., Saratoga Springs. Information, 306-4173.

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■ COMMUNITY

Huyck Preserve Celebrates 84 years

ALBANY COUNTY—Contra for Conservation will be an evening of dancing and dining overlooking Lincoln Pond at the Huyck Preserve in Rensselaerville.

The preserve is celebrating its 84th year as an independently owned, non-profit 2000-acre nature preserve and biological research station, and this event will serve as the annual fundraiser to ensure the preservation of this vital regional resource.

In addition to beautiful public hiking trails that include unrivaled views of the Rensselaerville waterfalls, the preserve is dedicated to environmental education and research.

The preserve offers a field-based Nature Study program for elementary students; a Natural History Day Program, for middle school and junior high students and a Wildlife Ecology Research residential program for grades 11 and 12.

This summer the Huyck Preserve hosted 11 students from the Gwangju Science Academy in South Korea for three weeks of hands-on research in Wildlife Ecology culminating in a final paper and poster session.

For adults, the preserve offers a Thursday night lecture series at the Eldridge Research Center through Aug. 20, with 6:30 p.m. coffee and dessert followed by a one-hour lecture at 7:00 p.m. (check the website for a detailed list of topics – www.huyckpreserve.org).

The preserve also offers nature walks led by experts in the diverse flora and fauna that abounds within its acreage.

To celebrate all of its accomplishments as well as to continue the commitment of environmental conservation, education, recreation and research, the Huyck Preserve invites all to a night of dining and dancing - Contra for Conservation - on Saturday, August 22nd at the beautiful shore of Lincoln Pond.

The evening will begin with a cocktail hour at 5:30 p.m. where guests can relish

in the beauty of the preserve at sunset while perusing the diverse auction items available during the live and silent auctions.

Children's activities will also be available for the enjoyment of the younger guests. An assortment of seasonal farm-fare from Heather Ridge Farm will be available with the purchase of a meal ticket (reservations required). Closing out the night will be traditional folk dance music by local six-piece band, Set Americain, including live Contra dance demonstration and instruction.

Dr. Dawn O'Neal, Huyck Preserve Executive Director says, "The Preserve is a unique and special gem of the Helderbergs that offers both the scientist and the lay person the resources to enjoy nature."

For ticket information, call the Huyck Preserve office at 518-797-3440, or visitwww.huyckpreserve.org.

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Food service marketing firm Technomic released a report stating 61% of better-burger customers seek out customization options like the “Build Your Better” counter at BurgerFi in Latham. Unique side orders, like below, also lead to return customers, said the firm.

Photos by Michael Hallisey/Spotlight

## From page B1 ... Better burger trending

chains coming into town several years ago, now the list of names include Juicy Burgers, Smash Burger, Burger 21, Shake Shack, and Five Guys. That list is already expected to grow with the anticipated openings of Elevation Burger and Crave later this year, but not any sooner than the newest kid in town: BurgerFi.

Opening its doors in Latham last week, BurgerFi falls into the better-burger niche by promising beef that is chemical-free and a menu uniquely creative.

Since opening its first storefront in February 2011, the franchise has

opened 72 locations, making it among the fastest growing restaurant chains in the country. The chain plans to have 100 locations operating before April of next year. Earlier this year, the corporation announced plans to open locations internationally, with 40 stores in and around Mexico City and additional locations in Panama and England.

These figures defy a June 2011 Fortune article announcing the “The end of the ‘better burger’ bubble.” Couple BurgerFi’s successes with the fact shares of ownership in both The Habit Burger and Shake Shack have publically exchanged in the

stock market since last year, the bubble keeps growing.

Albany Jane, of the popular local food blog AlbanyEats.net, admitted she was skeptical over the prospects of yet another burger place in town. But, she said the trend is a welcomed one.

“I don’t know what’s fueling it, but I really hope we can keep doing it,” said Jane. “Hopefully it’s more from the consciousness of the public to have a better understanding of the ingredients that they eat. People have seen the pink slime and the McNugget videos. I hope that’s where it’s coming from.”

Pink slime made headlines in 2012 when ABC News ran a segment on low-cost meat products. Former USDA scientist Gerald Zirnstein described





the product produced from processing meat scraps as “pink slime.” Future reports included the notorious image of a pink substance akin to a squeezed out tube of toothpaste.

[Albany Jane keeps her identity a secret to keep her reader's attention on the reviews.]

“I think the trend is transparency,” said Daniel Berman, a community ambassador for Yelp.com and amateur food blogger at FUSSYlittleBLOG.com.

“People are starting to be aware of where their food is coming from, and they want to know what's going on and what's going into their food.”

According to a food service research and consulting firm, it's the spice of life influencing the popularity of the better burger trend.

Technomic said the increase of availability and variety of gourmet burger restaurants that promise customization and high-quality products is continuing the popularity of the better burger industry. Last week, the firm released results from its Burger Consumer Trend Report, compiling information from approximately 1,500 consumers, of which 57 percent reportedly consume a hamburger on a weekly basis.

“Utilizing value beef cuts and incorporating non-beef proteins can help lower costs and broaden the range of need states burgers can satisfy,” state Sara Monnette, Technomic vice president. “Specialty ingredients like pretzel buns can enhance the value perception, and unique toppings and sauces, stuffed patties and premium sides can add to crave-ability and brand differentiation.”

BurgerFi boasts of providing products coming “from the farm” and “not the lab” in its marketing material. The beef comes from Meyer Natural Angus in Montana, a roam-free ranch where the cattle are grass fed (for the majority of their lives, explained one representative. The cattle are later fed grain to create the desired marbling of the meat.) The ranch promises no hormones or antibiotics, and the humane treatment of the animals is audited through a USDA-FSIS approved third-party

certified process.

The restaurant offers a chef-inspired menu with sandwiches like the “Breakfast All Day Burger,” that dresses the patty with fried egg, hash brown, grilled onions, bacon and dressed with maple syrup. There are several different burgers to choose from, including a 28-day dry-aged brisket burger, aptly named “The Twenty-Eight.” But, if none of the combos fit your fancy, there is a customization bar at the counter.

“It's an exciting time, knowing that we're introducing our customers to healthier and higher quality alternatives to some of the food they may be used to,” said Bill Lia, Jr., partner of Burger Ventures, LLC. “We've got great food and a great atmosphere, and we're keeping sustainability in mind at the same time.”

Each franchise location is said to be built to reduce its carbon footprint on the environment, speaking to another conscious movement, the Green movement. At the Latham location, tables are constructed with compressed wood, and each

chair is made from 111 recycled Coke bottles.

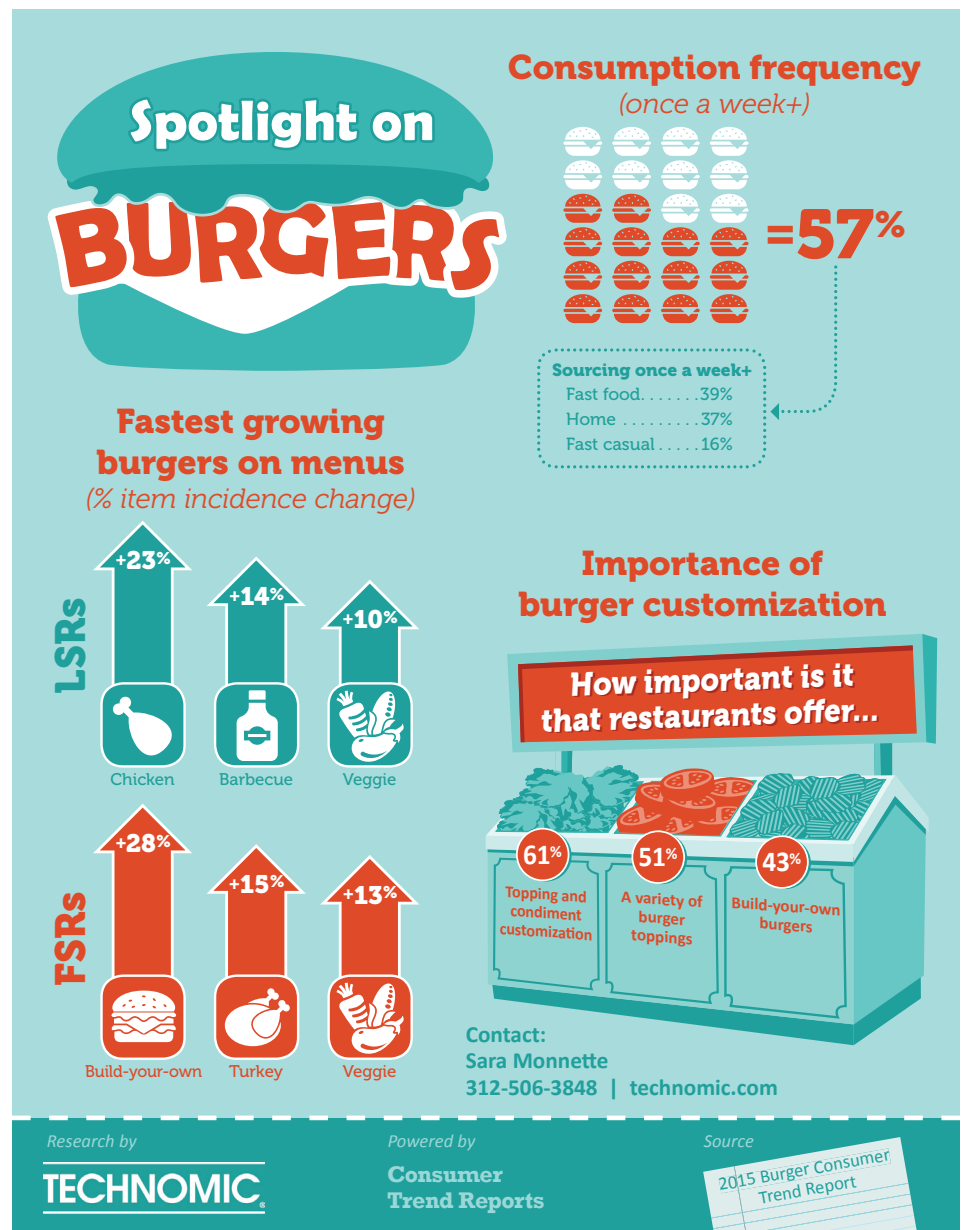
“I think it's a good addition to have fast food where the product is well raised – it's grass-fed, no hormones or antibiotics,” said Jane. “It's really nice to walk into a place that's competing with Five Guys and Red Robin, in those price markets, and bring a superior product in the quality of beef they have.”

For Berman, who went into the food blogging world eight years ago to help educate consumers on local restaurants, he hopes BurgerFi will establish a new benchmark in service.

“Hopefully, what it will do is serve to elevate the standard of burgers,” said Berman. “Not just in fast food places, but also from the other restaurants around town.”

Since Technomic's last study two years ago, there have been increased demands on Full Service (FSRs) and Limited Service or fast food (LSRs) restaurants for certain menu items.

Graphic provided by Technomic





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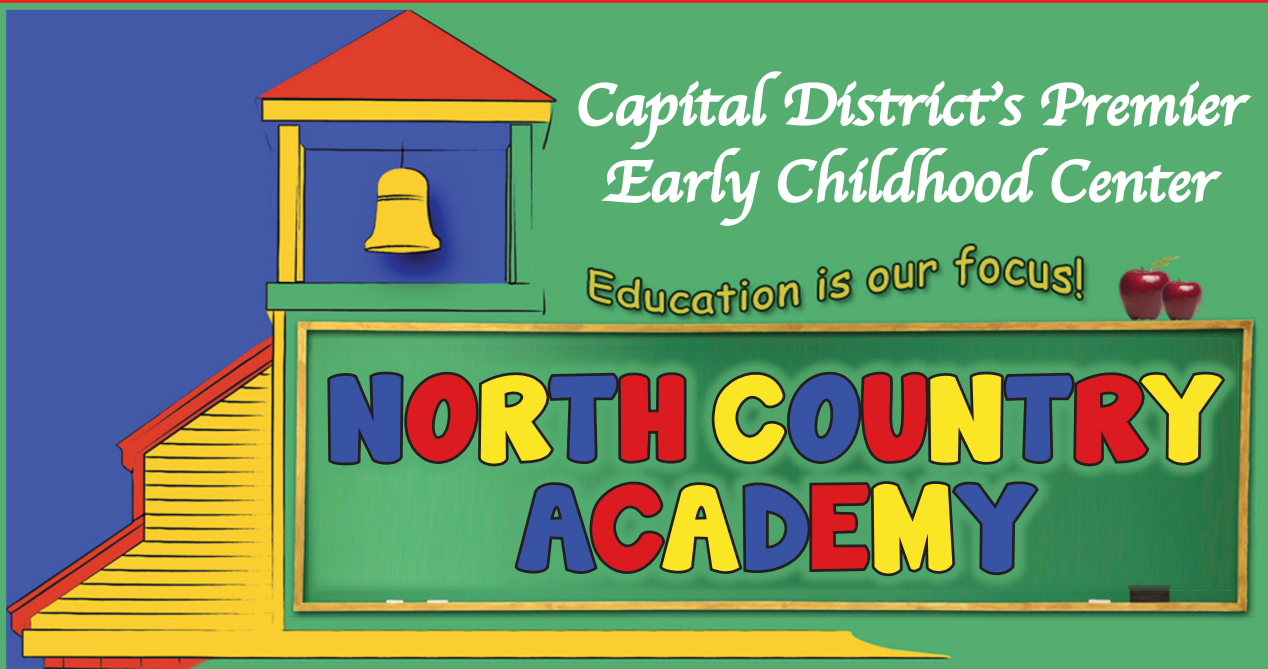


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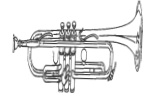
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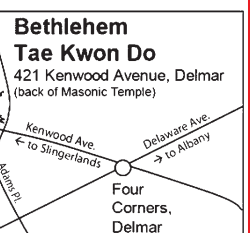
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## From page B3 ... Raising champions

what Jesse brought as a coach to the kids I coach, regardless of the sport."

Braverman started coaching organized baseball in 1985, with Bethlehem Central's freshmen level team. For more than 25 years, Braverman was an asset to Bethlehem's sports community, walking the sidelines as a high school coach in soccer, basketball, softball and baseball. In addition to scholastic sports, he started the town's Mickey Mantle baseball team in 1987, to which he coached for nearly 20 years. It served as a needed outlet for local 15- and 16-year-old kids looking to continue playing baseball beyond the Babe Ruth levels where children could only play up to age 15.

In 18 years of competition, the Mickey Mantle team he founded would accumulate six league championships, one state championship, one regional championship and a berth in the Mickey Mantle World Series.

In 1994, Braverman was tapped to coach the Adirondack team in the now-defunct Olympic-style New York state competition. In his tenure, he helped the team earn six bronze, three silver, and three consecutive gold medals.

When Ken Hodge stepped down as Bethlehem Central's head coach in 1995,

Braverman was named his replacement. Four seasons later, the school won a sectional title. But, the summer team would ultimately serve as a lynchpin in a decision that would cause him to leave Bethlehem Central.

"No career, and no life, is without challenges, and in 2000 I faced a big one, perhaps my darkest time," stated Braverman in his memoirs. "In a bizarre bureaucratic struggle involving my Mickey Mantle summer team, I lost my school team at Bethlehem." Through the urging of a friend, Braverman wrote a memoir. Every day, he woke up at 5 a.m. to write down his thoughts for an hour. He did so each day, and after four months he had written 360 pages. In a private meeting with then-Bethlehem Central Superintendent Leslie Loomis, Braverman said he could have remained as the head coach of the varsity baseball team, if he quit his post on the summer team. "I called in a sick day after they fired me from coaching," said Braverman. "It was the first sick day in my 19 years."

Adam Hornick and his older brother Daniel loved baseball. The two were born to debate against each other – Adam a devoted Mets fan, while the other was a die-hard Yankees fan. Daniel didn't make Braverman's freshmen team when he was old

enough to tryout. But, he stayed, traveling with the team to keep score.

In 2003, Daniel Hornick and his father were working at La Salle Institute in Troy, as the private school was looking for a new head coach for their baseball team. Braverman's name came up. "Naturally," the Hornicks vouched for him, said Adam. Braverman sat before a panel of staffers at La Salle, interviewing him for the job. "It's a Catholic military school," said Braverman, as he recalled the day. "I'm a Jewish kid from Queens. How did I get here?" Someone on the other side of the table asked him what happened at Bethlehem Central. For a reason still unbeknownst to the old coach, he retains something ex-presidential candidate George McGovern said when he lost to Richard Nixon in 1972 – "I'd rather lose the right way than to win the wrong way," he said.

He got the job.

Braverman recently stepped down as head coach of La Salle's baseball team. He is now the assistant varsity coach, no longer left with the weighty obligation of filling out the starting

line-up. Prior to his self-demotion, he built the private school into a baseball powerhouse in the Big 10 – leading the school to two Class AA sectional championships.

Since starting his baseball coaching career thirty years ago, Braverman helped many of his teams achieve high accolades. In doing so, he helped develop the careers of kids who went on to play professionally, like Matt Quatraro, Cameron Smith, Dan Conway, Matt Eldeldt, Avi Rasowsky, Will Remillard, JP Sportman and David Roseboom.

"The man who taught me said it best a long time ago," said Braverman. "Joe Austin was once asked if he produced any major leaguers. He replied, 'I've produced a lot of cops and firefighters and businessmen. They're all major leaguers in my

**Coach Braverman instilled the lessons he learned from playing sandlot ball with Joe Austin, left, to the kids he coached at Bethlehem Central and La Salle Institute.**

Photo courtesy of J. Braverman

book."

That list also includes Seth Friedman, educator and author; Matt Bechard, journalist; and Adam Hornick, police commander.

"I hate to say it with my job, but we need more people like Jesse to keep kids clean," said Adam Hornick. "It's programs like Jesse as an individual we don't see of enough. ...

With the kind of time and dedication he put in I'm not sure we will again. It's a different world today."

Braverman and Austin will be inducted into the New York State Baseball Hall of Fame in November. The induction ceremony is scheduled for Nov. 1 in Troy. To purchase tickets contact the hall of fame at 518-877-5170.



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## From page B7 ... Take it slowly

reality television shows, a medical staff monitors contestants regularly.

So, getting back to Jim.

After explaining to him the realities of proper weight loss, we discussed targeting his goal to lose one to two pounds per week. This means it will take Jim a year, without set backs, to reach his target weight.

Weight loss is gradual, not quick. Most of the time people understand this when you explain they didn't gain all the weight in just a month. But, when it reality doesn't click back in it's because

we are bombarded with instantaneous solutions on a daily basis — promises from the magic pill, the weight-loss shake, or the newest machine. (Seriously. Anyone who bought the shake weight to lose weight, I have to ask, what the hell were you thinking?) It's all a sham. Several studies show that people who take this kind of gradual weight loss approach are more successful in maintaining a healthier weight. It's a grind, but it also establishes a habit, and a healthier lifestyle. It's tough to stay dedicated to anything for a month let alone a year,

especially when it comes to fitness.

So I tell the Jim's of the world, your long-term goal is to lose 100 pounds. Now, put it in the back of your mind. Don't forget it, but just bury it. Instead, focus on a series of little goals. Instead, let's just shoot for 10 pounds. When you get that 10, set another goal.

This kind of approach doesn't apply to weight loss or fitness alone. You can use this at work, school or life in general. No matter what your big or long-term goal is, break it down to a series of smaller goals. Give yourself little rewards along the way, so that it fuels your motivation to keep reaching towards the big reward.

*Dan Romand is a*

*regular contributor to SpotlightLiving, where you can find articles based on his research and experience as a certified personal trainer.*

*You can find more of Romand's articles on fitness by searching our database of articles on our website, Spotlightnews.com.*

*In addition to being our fitness columnist, Romand is also co-owner and operator of Full Circle Fitness NY in Colonie.*

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5	3	7	8	6	4	9	1	2
4	6	2	9	7	1	3	8	5
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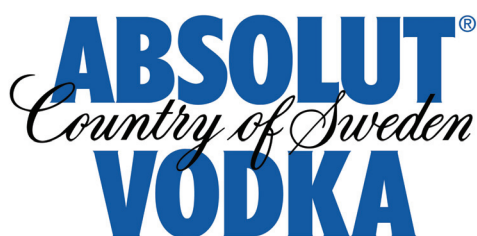
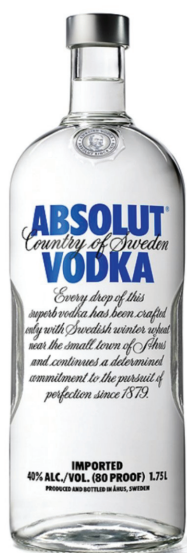
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# Spotlight on Sports

www.spotlightnews.com PAGE 9

## Weekly poll

What's the best part  
about the beginning of  
fall sports practices?



Go to [spotlightnews.com](http://spotlightnews.com) and click on  
"Sports" to cast your vote, as well as see  
results of previous poll questions.

## ■ PLAYER OF THE WEEK



### ZACH REMILLARD

Latham native Zach Remillard is the Spotlight Player of the Week for the period ending Sunday, Aug. 16. Remillard received first team All-PGCBL honors after racking up 35 hits for the Albany Dutchmen this season, including three home runs, 14 extra-base hits and 20 runs batted in.

• • •

*If you have a high school athlete you'd like to nominate for our Player of the Week, please e-mail Sports Editor Rob Jonas at [jonasr@spotlightnews.com](mailto:jonasr@spotlightnews.com).*

## ■ INSIDE



### Four-peat

Delmar Presbyterian Church won the Cooper-Varney Ecumenical Church Softball League A division title for the fourth consecutive year.

Page 10

## ■ AMATEUR BASEBALL

# Roster flip

Rookies lead the Albany Athletics  
to the Stan Musial World Series

**ALBANY COUNTY** — The Albany Athletics completed another successful season, as they won the Albany Twilight League's regular season title and placed third in the AABC Stan Musial World Series.

The Athletics qualified for the Stan Musial regionals by posting a 21-3 record during the Twilight League season. Albany won the regional title to advance to its fourth Stan Musial World Series appearance, where it went 2-2 to finish third. The Athletics lost the opener to eventual champion Westchase Express from Texas, but bounced back to beat Steel City (Pittsburgh) and the Northwest Wildcats before losing to the runners up from Long Island in the semifinals.

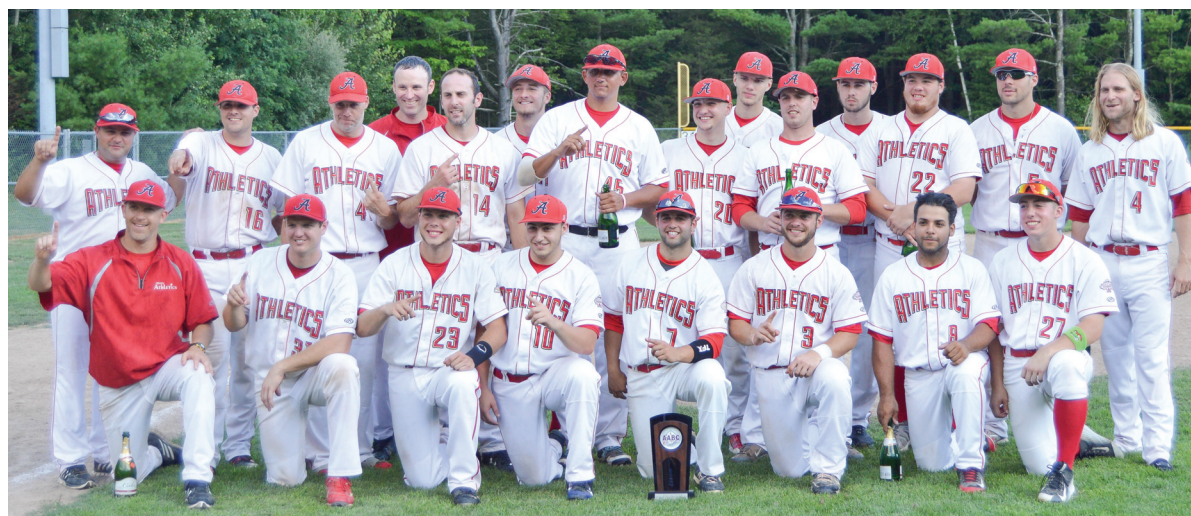
The Athletics began the year by welcoming 14 new players to their roster, including five pitchers.

"In Stan Musial baseball, it's very difficult to bring in 14 new players on a 25-man roster and immediately be successful," said 20th year head coach and general manager Joe Altieri. "Players don't know each other, they don't know the league and they are playing for a new coach. However, this team proved the theory wrong and gelled early in the season and peaked at the right time late. It made for one of the most enjoyable seasons in our history."

The revamped pitching staff led the Twilight League in earned run average, strikeouts, saves and wins. The staff's 1.39 ERA shattered the team record.

Shaker High School graduate and current Barton standout Zach Breen was one of the rookies on the pitching staff. Breen delivered a 4-2 record with two saves, a 1.45 ERA and

Continues on page 10



▲ Kevin Connolly was part of a talented group of rookies for the Albany Athletics this season. The Voorheesville graduate had a 9-2 record and a no-hitter.

Submitted photo





The Delmar Presbyterian Church team won the Cooper-Varney Ecumenical Church Softball League title for the fourth straight year. The team is, from left, (front row) Dwight Partridge, Wes Wellington, Greg Turner, manager Jim Morrow and scorekeeper Bob Lynk; and (top row) Matt Young, Brian Geurstze, Jeff Turner, Nate Turner, Sean Manning, John Cameron. Not pictured: Nate Cady and Jeff Young. Submitted photo

## Four-peat for DPC

**BETHLEHEM** — The Delmar Presbyterian Church softball team rallied to win its fourth straight Cooper-Varney Ecumenical Church Softball League title.

After dropping the first game of the A Division championship tournament to the Delmar Fire Department, Delmar Presbyterian won the

second game 8-5. Then, Jeffrey Young tossed the first no-hitter in the 45-year history of the league to help the Presbyterians win the title in a 7-0 victory.

St. Thomas the Apostle won the regular season title before being edged out in the semifinals.

Bethlehem Community Church won the B

division title over Bethany Reformed Church. Bethlehem dropped the first game 21-8, but came back to win the next two games by scores of 27-16 and 15-8.

Nine teams played in the Cooper-Vadney Ecumenical Church Softball League this season.

— Rob Jonas



◀ **Rookie Ryan Henchey** was named the Albany Athletics' most valuable player after leading the team in batting average. Submitted photo

## From page 9 ... Roster flip

71 strikeouts. He also combined with Ryan Harper on a no-hitter early in the Twilight League season.

Harper — the top pitcher at The College of Saint Rose — had a strong season, as well. Harper posted a 5-1 record, a pair of saves, a 0.94 ERA and 54 strikeouts.

Voorheesville High School graduate Kevin

Connolly — another rookie — was Albany's top pitcher, though. The Central Connecticut State righthander had a 9-2 record with 68 strikeouts. Connolly was especially tough against Twilight League foes, as he won all seven of his starts and posted a miniscule 0.17 ERA. He also tossed a complete-game no-hitter.

Ed Lewicki, the top

pitcher for Siena College last this past season, was another key newcomer for the Athletics. He went 2-1 in his starts with a 0.64 ERA and 24 strikeouts. Bill Lawton had a 5-1 record and a 1.52 ERA, and he combined with Columbia High School graduate Travis Sowards on a no-hitter. JJ Pearsall of Burnt Hills went 4-1 with a 1.87 ERA and 56 strikeouts, while Chris Salamida of Watervliet acted as the team's closer with four saves, to go along with two complete-game postseason wins.

"There's no question our pitching was the key to the season," said Altieri, a Guilderland High School graduate. "Every one of our pitchers was a shutdown guy and kept opponents off the bases, and rarely allowed teams to build rallies."

Newcomer Ryan Henchey was Albany's top hitter. The Columbia grad led the Athletics with a .391 average and 39 runs batted in, and he was named the team's most valuable player. Cameron Overbaugh batted .325, scored 47 runs and stole 26 bases, while Dan Barbero hit .320 with 41 RBI and six home runs. Rookie Derick Horn was second on the team in batting average (.351) and drove in 22 runs.

"This team was the perfect blend of experienced players and hard-working young players," said Altieri. "Guys believed in the goals of our program early on, developed a great chemistry and realized their full potential this summer. It was a really special group."

— Rob Jonas



# The Spotlight

## Football Challenge

## Pro Football Contest

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## LEGALS

## LEGAL NOTICE

SUPREME COURT OF THE STATE OF NEW YORK COUNTY OF ALBANY INDEX #7038/12 FILED: 7/31/2015 SUPPLEMENTAL SUMMONS AND NOTICE. Plaintiff designates Albany County as the place of trial. Venue is based upon the County in which the mortgage premise is situated. HSBC BANK USA, N.A., AS TRUSTEE FOR THE REGISTERED HOLDERS OF RENAISSANCE EQUITY LOAN ASSET-BACKED CERTIFICATES, SERIES 2007-3 Plaintiff(s), against, JOHN J. McDONALD, JEFF McDONALD, unknown heirs at law of ROBERT J. McDONALD, and if they be dead, any and all persons unknown to plaintiff, claiming, or who may claim to have an interest in, or generally or specifically lien upon the real property described in this action; such unknown persons being herein generally described and intended to be included in the following designation, namely: the wife, widow, husband, widower, heirs at law, next of kin, descendants, executors, administrators, devisees, legatees, creditors, trustees, committees, lienors, and assignees of such deceased, any and all persons deriving interest in or lien upon, or title to said real property by, through or under them, or either of them, and their respective wives, widows, husbands, widowers, heirs at law, next of kin, descendants, executors, administrators, devisees, legatees, creditors, trustees, committees, lienors and assigns, all of who and whose names, except as stated, are unknown to plaintiff; BLAKE GROUP HOLDINGS INC.; BENEFICIAL NEW YORK INC; NEW YORK STATE DEPARTMENT OF TAXATION AND FINANCE JOHN DOE #1" through "JOHN DOE #12", the last twelve names being fictitious and unknown to plaintiff, the persons or parties intended being the tenants, occupants, persons or corporations, if any, having or claiming an interest in or lien upon the premises, described in the complaint, Defendant(s). TO THE ABOVE NAMED DEFENDANTS: NOTICE YOU ARE IN DANGER OF LOSING YOUR HOME IF YOU DO NOT RESPOND TO THIS SUMMONS AND COMPLAINT BY SERVING A COPY OF THE ANSWER ON THE ATTORNEYS FOR THE MORTGAGE COMPANY WHO FILED THIS FORECLOSURE PROCEEDING AGAINST YOU AND FILING THE ANSWER WITH THE COURT, A DEFAULT JUDGMENT MAY BE ENTERED AND YOU CAN LOSE YOUR HOME. SPEAK TO AN ATTORNEY OR GO TO THE COURT WHERE YOUR CASE IS PENDING FOR FURTHER INFORMATION ON HOW TO ANSWER THE SUMMONS AND PROTECT YOUR PROPERTY. SENDING A PAYMENT TO YOUR MORTGAGE COMPANY WILL NOT STOP THIS FORECLOSURE ACTION. YOU MUST RESPOND BY SERVING A COPY OF THE ANSWER ON THE ATTORNEY FOR THE PLAINTIFF HSBC BANK USA, N.A., AS TRUSTEE FOR THE REGISTERED HOLDERS OF RENAISSANCE EQUITY LOAN ASSET-BACKED CERTIFICATES, SERIES 2007-3 AND FILING THE ANSWER WITHIN THE COURT. YOU ARE HEREBY SUMMONED to answer the complaint in this action and to serve a copy of your answer, or, if the complaint is not serviced with this summons, to serve a notice of appearance on the Plaintiff's attorney within 20 days after the service of this summons, exclusive of the day of service or within 30 days after the service is complete if this summons is not personally delivered to you within the State of New York; The United States of America, if designated as a Defendant in this action, may appear within (60) days of service thereof and in case of your failure to appear or answer, judgment will be taken against you by default for the relief demanded in the complaint. NOTICE OF NATURE OF ACTION AND RELIEF SOUGHT: THE OBJECT of the above captioned action is to foreclose on a mortgage which was recorded on the office of the Clerk of the County of Albany where the property is located on July 23, 2007 recorded in Liber 5516 of Mortgages at page 358, in the office of the Clerk of the County of Albany. Said mortgage was then assigned to HSBC BANK USA, N.A., AS TRUSTEE FOR THE REGISTERED HOLDERS OF RENAISSANCE EQUITY LOAN ASSET-BACKED CERTIFICATES, SERIES 2007-3, by assignment of mortgage which was dated November 14, 2012 and the assignment of which was recorded on December 28, 2012 at the Clerk's office where the property is located covering premises known as 1737 River Road, Selkirk, NY 12158 (Section: 144 Block: 2 Lot: 17). The relief sought in the within action is a final judgment directing the sale of the premises described above to satisfy the debt described above to the above named Defendants: The foregoing summons is served upon you by publication pursuant to an order of the Hon. Gerald W. Connolly, an Acting Justice of the Supreme Court of the State of New York dated 7/16/2015 and filed along with the supporting papers in the office of the Clerk of the County of Albany. This is an action to foreclose on a mortgage. ALL that certain plot, piece or parcel of land with the buildings and improvements thereon erected, situate, lying and being in the County of Albany and State of New York. SECTION: 144 BLOCK: 2 LOT: 17 said premises known as 1737 River Road, Selkirk, NY 12158. YOU ARE HEREBY PUT ON NOTICE THAT WE ARE ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. By reason of the default in the payment of the monthly installment of principal and interest, among other things, as hereinafter set forth, Plaintiff, the holder and owner of the aforementioned note and mortgage, or their agents have elected and hereby accelerate the mortgage and declare the entire mortgage indebtedness immediately due and payable. The following amounts are now due and owing on said mortgage, no part of any of which has

## LEGALS

## LEGALS

been paid although duly demanded. Entire principal Balance in the amount of \$125,838.39 with interest from February 1, 2011. UNLESS YOU DISPUTE THE VALIDITY OF THE DEBT, OR ANY PORTION THEREOF, WITHIN THIRTY (30) DAYS AFTER YOUR RECEIPT HEREOF THAT THE DEBT, OR ANY PORTION THEREOF, IS DISPUTED, THE DEBT OR JUDGMENT AGAINST YOU AND A COPY OF SUCH VERIFICATION OR JUDGMENT WILL BE MAILED TO YOU BY THE HEREIN DEBT COLLECTOR. IF APPLICABLE, UPON YOUR WRITTEN REQUEST, WITHIN SAID THIRTY (30) DAY PERIOD, THE HEREIN DEBT COLLECTOR WILL PROVIDE YOU WITH THE NAME, ADDRESS OF THE ORIGINAL CREDITOR. IF YOU HAVE RECEIVED A DISCHARGE FROM THE UNITED STATES BANKRUPTCY COURT, YOU ARE NOT PERSONALLY LIABLE FOR THE UNDERLYING INDEBTEDNESS OWED TO PLAINTIFF/CREDITOR AND THIS NOTICE/DISCLOSURE IS FOR COMPLIANCE AND INFORMATIONAL PURPOSES ONLY. HELP FOR HOMEOWNERS IN FORECLOSURE New York State requires that we send you this notice about the foreclosure process. Please read it carefully. SUMMONS AND COMPLAINT You are in danger of losing your home. If you fail to respond to the summons and complaint in this foreclosure action, you may lose your home. Please read the summons and complaint carefully. You should immediately contact an attorney or your local legal aid office to obtain advice on how to protect yourself. SOURCES OF INFORMATION AND ASSISTANCE. The State encourages you to become informed about your options in foreclosure. In addition to seeking assistance from an attorney or legal aid, there are government agencies, and non-profit organizations that you may contact for information about possible options, including trying to work with our lender during this process. To locate an entity near you, you may call the toll-free helpline maintained by New York State Banking Department at 1-877-Bank-NYS or visit the Department's website at www.banking.state.ny.us FORECLOSURE RESCUE SCAMS Be careful of people who approach you with offers to "save" your home. There are individuals who watch for notices of foreclosure actions in order to unfairly profit from a homeowner's distress. You should be extremely careful about any such promises and any suggestions that you pay them a fee or sign over your deed. State law requires anyone offering such services for profit to enter into a contract which fully describes the services they will perform and fees they will charge, and which prohibits them from taking any money from you until they have completed all such promised services. Section 1303 NOTICE YOU ARE IN DANGER OF LOSING YOUR HOME If you do not respond to this summons and complaint by serving the copy of the answer on the attorney for the mortgage company who filed this foreclosure proceeding against you and filing the answer with the court, a default judgment may be entered and you may lose your home. Speak to an attorney or go to the court where your case is pending for further information on how to answer the summons and protect your property. Sending a payment to your mortgage company will not stop this foreclosure action. YOU MUST RESPOND BY SERVING A COPY OF THE ANSWER ON THE ATTORNEY FOR THE PLAINTIFF MORTGAGE COMPANY AND FILING AN ANSWER WITH THE COURT. Leopold & Associates, PLLC, 80 Business Park Drive, Suite 110, Armonk, NY 10504. Our file #McDonald Ad#90867

## LEGAL NOTICE

LEGAL NOTICE OF SALE BY PUBLIC AUCTION SUPREME COURT OF THE STATE OF NEW YORK COUNTY OF ALBANY TD BANK, N.A. successor by merger to COMMERCE BANK, N.A., Plaintiff, against LAXMI LLC d/b/a GOVERNORS INN & SUITES, MAYUR PATEL, NILKANTH PATEL, BHARAT PATEL, Defendants Index No. 2364/2011 Pursuant to a Judgment of Foreclosure and Sale dated March 19, 2013 and entered in the office of the Albany County Clerk on March 26, 2013, I, Yorden Huban, Esq., the Referee named in said Judgment of Foreclosure and Sale, will sell in one parcel at public auction to the highest bidder at the steps of the Court-house of the Supreme Court of Albany County located at 16 Eagle Street, Albany, New York, on the 10th day of September, 2015, at 11:30 a.m., ALL that certain plot piece or parcel of land, situate, lying and being in the Town of Guilderland, County of Albany, State of New York, bounded and described as follows; BEGINNING at a point on the northeasterly side of the state right of way of the Great Western Turnpike, Route 20, said point also being South 25 degrees 38 minutes 33 seconds East 199.52 feet from the southeast corner of Okara Drive with Route 20; RUNNING THENCE North 45 degrees 21 minutes 15 seconds East 338.11 feet along the east line of James A. Scaccia to a point; THENCE along the lands of John H. Gade South 26 degrees 34 minutes 45 seconds East 150.21 feet to a point; THENCE North 45 degrees 24 minutes 15 seconds East 60.17 feet to a point; THENCE South 26 degrees 16 minutes 23 seconds East 71.50 feet to a point; THENCE South 44 degrees 35 minutes 45 seconds East 80.00 feet to a point; THENCE South 45 degrees 24 minutes 15 seconds West 200.00 feet to a point; THENCE South 31 degrees 28 minutes 01 seconds West 129.77 feet to an iron pipe found; THENCE South 65 degrees 49 minutes 37 seconds West 117.00 feet to a point on the state right of way on the

## LEGALS

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northeasterly side of Route 20; THENCE along said state right of way the following five bearing and distances: 1) North 26 degrees 49 minutes 52 seconds West 76.27 feet; 2) North 31 degrees 36 minutes 09 seconds West 49.38 feet; 3) North 26 degrees 16 minutes 12 seconds West 135.06 feet; 4) North 37 degrees 00 minutes 41 seconds East 10.49 feet; 5) North 12 degrees 37 minutes 45 seconds West 36.14 feet to a point and place of BEGINNING. Said premises being known and designated as Section: 39.12 Block: 2 Lots: 18 & 19, County of Albany; said premises more commonly known as 2505 Western Avenue, Guilderland, New York. Approximate amount of judgment \$573,148.20, said amount so reported due as aforesaid together with interest thereon from October 19, 2012, in the amount of \$69.67, to the date of entry of the Judgment of Foreclosure and Sale, plus advances made for real estate taxes, costs, attorneys' fees, allowance and expenses of sale as awarded by the Court in said Judgment of Foreclosure and Sale. Premises will be sold subject to the provisions of the filed Judgment of Foreclosure and Sale, and terms of sale. Dated: August 17, 2015 Yorden Huban, Referee Platzer, Swergold, Levine, Goldberg, Katz & Jaslow, LLP Attorneys for Plaintiff 475 Park Avenue South, 18th Floor New York, NY 10016 (212) 593-3000 Attn: Robert J. Mastrogiacomio, Esq. Ad#90911

## LEGAL NOTICE

Notice of Formation of 1992 MADISON REALTY LLC. Arts. of Org. filed with SSNY on 6/8/15. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 54 State St., #103, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. Ad#89328

## LEGAL NOTICE

1. The name of the Limited Liability Company is 22-24 4th Street, LLC.
2. The Articles of organization of the Limited Liability Company were filed on June 23, 2015 with the New York Secretary of State.
3. The office of the Limited Liability Company is located in Albany County.
4. The Secretary of State is designated as agent of the Limited Liability Company upon whom process against it may be served
5. The Secretary of State shall mail a copy of process served to the Limited Liability Company to 31 Upper Loudon Road, Loudonville, NY 12211.
6. The latest date to dissolve is indefinite.
7. The purpose of the Limited Liability Company is to conduct all lawful activity. Ad#90107

## LEGAL NOTICE

23-25 Swan Street LLC articles of organization filed with the Secretary of State of NY [SSNY] on 7/16/15. Office located in Albany County at 65 Albany Avenue, Green Island, NY 12183. SSNY has been designated as agent of the LLC upon whom service may be made and SSNY shall mail a copy of service to the office location. The character of the LLC is any lawful activity. Ad#89565

## LEGALS

Notice of Formation of 456 HUDSON AVENUE, LLC. Arts. of Org. filed on 07/08/15 with the Secy. Of State of NY (SSNY). Office Location: Albany County, SSNY designated as agent of LLC upon whom against it may be served. SSNY shall mail process to Jerusalem Management, LLC, PO Box 6632, Albany, NY, 12206. Purpose: Any lawful activity. Ad#88322

## LEGAL NOTICE

Notice of Formation of 460 80TH STREET LLC. Arts. of Org. filed with SSNY on 7/16/15. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 54 State St., #103, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. Ad#90040

## LEGAL NOTICE

NOTICE OF FORMATION DOMESTIC LIMITED LIABILITY COMPANY (LLC). Name: 512 MADISON AVENUE LLC. Articles of Organization filed with NY Secretary of State, July 17, 2015. Purpose: to engage in any lawful act or activity. Office: in Albany County. Secretary of State is agent for process against LLC and shall mail copy to 1072 Troy-Schenectady Road, Latham, NY 12110. Ad#89623

## LEGAL NOTICE

Notice of Formation of 6120 FOURTH AVENUE LLC. Arts. of Org. filed with SSNY on 6/19/15. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 54 State St., #103, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. Ad#89356

## LEGAL NOTICE

Notice of Formation of BLD 323 20TH ST LLC. Arts. of Org. filed with SSNY on 6/24/15. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 54 State St., #103, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. Ad#90036

**To place your Legal Notice: Call 439-4949**

## LEGALS

## LEGAL NOTICE

Notice of Formation of 74-26 PARK LANE SOUTH LLC. Arts. of Org. filed with SSNY on 7/1/15. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 54 State St., #103, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. Ad#89355

## LEGAL NOTICE

76 Paine Street LLC articles of organization filed with the Secretary of State of NY [SSNY] on 7/7/15. Office located in Albany County at 65 Albany Avenue, Green Island, NY 12183. SSNY has been designated as agent of the LLC upon whom service may be made and SSNY shall mail a copy of service to the office location. The character of the LLC is any lawful activity. Ad#89562

## LEGAL NOTICE

Notice of Formation of ART HAUS 31, LLC. Arts. of Org. filed with SSNY on 6/12/15. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 54 State St., #103, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. Ad#89333

## LEGAL NOTICE

Notice of Formation of B AND P REALTY GROUP LLC. Arts. of Org. filed with SSNY on 7/1/15. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 54 State St., #103, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. Ad#89338

## LEGAL NOTICE

Notice of Formation of BATTERY.COM, LLC. Arts. of Org. filed with SSNY on 7/14/15. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 54 State St., #103, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. Ad#90036

## LEGAL NOTICE

Notice of Formation of BLD 323 20TH ST LLC. Arts. of Org. filed with SSNY on 6/24/15. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 54 State St., #103, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. Ad#90039

## LEGALS

registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. Ad#89345

## LEGAL NOTICE

Notice of Formation of BLD MANAGEMENT GROUP LLC. Arts. of Org. filed with SSNY on 6/24/15. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 54 State St., #103, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. Ad#89341

## LEGAL NOTICE

Legal Notice of formation of Brightway Cleaning Service LLC originally filed with the secretary of state (SSNY) on May 21, 2015. Office location in Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to 15 John Street, P.O. Box 963, Coeymans NY, 12045. Purpose: any lawful purpose. Ad#90103

## LEGAL NOTICE

Notice of Formation of BROOKLYN NATURE DAYS, LLC. Arts. of Org. filed with SSNY on 7/20/15. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 54 State St., #103, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. Ad#90037

## LEGAL NOTICE

NOTICE OF FILING OF ARTICLES OF ORGANIZATION IN NEW YORK BY A LIMITED LIABILITY COMPANY Name: Brunswick Center Associates, L.L.C.. Articles of Organization filed with sec. of state of NY(SOS) on 7/21/15. Office location: Albany County. SOS is designated as agent of LLC for service of process. SOS shall mail copy of process to c/o Nigro Companies, 20 Corporate Woods Blvd, Albany, NY 12211. Purpose: Any lawful act or activity. Ad#89294

## LEGAL NOTICE

Notice of Formation of BURGER HEIGHTS 79 LLC. Arts. of Org. filed with SSNY on 7/16/15. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 54 State St., #103, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. Ad#90039



**LEGALS**

## LEGAL NOTICE

## NOTICE OF FORMATION DOMESTIC LIMITED LIABILITY COMPANY (LLC)

The name of the LLC is Campus Associates IX LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State on July 16, 2015. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 302 Washington Avenue Extension, Albany, New York 12203. Ad#89254

## LEGAL NOTICE

Notice of Formation of Limited Liability Company (LLC). Name: COBALT NEW YORK LLC - Articles of Organization filed with Secretary of State of New York (SSNY) on July 30, 2015. Office location: Albany County. SSNY Designated as agent of LLC upon whom process against it may be served. SSNY shall mail a copy of process to: The LLC, 186 Main Street, Ravena, New York, 12143. Purpose: any lawful purpose. Ad#91330

## LEGAL NOTICE

CRAZY MIKE'S BEEF JERKY COMPANY, LLC Notice of Formation of Limited Liability Company Articles of Organization filed with the Department of State of New York on May 19, 2015. Office location, Albany County. Secretary of State of New York State is designated as agent of LLC upon whom process against it may be served. Secretary of State may mail a copy of any process to CRAZY MIKE'S BEEF JERKY COMPANY, LLC, 128 Lincoln Avenue, Altamont, New York 12009. No reported agent. Latest date of dissolution of LLC: None. Purpose: All legal purposes. Ad#88598

## LEGAL NOTICE

Notice of Formation of DELAFIELD AVE ASSOCIATES, LLC. Arts. of Org. filed with SSNY on 3/27/15. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 54 State St., #103, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. Ad#89360

## LEGAL NOTICE

Derhossan Capital LLC, Arts of Org filed with SSNY on 07/01/15. Office Loc.: Albany County, SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail a copy of pro-

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cess to: The LLC, 5033 Coon Rd., Schenectady, NY 12303. Purpose: to engage in any lawful act. Ad#91357

## LEGAL NOTICE

Notice of Formation of an LLC: DJD RACING, LLC. Art. of Org. filed with the SSNY on 03/31/15. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o InCorp Services, Inc. One Commerce Plaza 99 Washington Ave., Suite 805A Albany, NY 12210. Purpose: any lawful purpose. Ad#88602

## LEGAL NOTICE

Notice of Formation of DRRK LLC. Arts. of Org. filed with SSNY on 7/1/15. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 54 State St., #103, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. Ad#89361

## LEGAL NOTICE

Notice of Formation of Limited Liability Company Pursuant to Section 206 of the New York Limited Liability Law a. The name of the Limited Liability Company is DSLeadership, LLC. b. The Articles of Organization were filed with the Secretary of State on June 1, 2015. c. The Office of the Limited Liability Company will be located in Albany County. d. The Secretary of State is designated as agent of the Limited Liability Company upon whom process against it may be served. The address to which the Secretary of State shall mail a copy of any process against the Limited Liability Company served upon him or her is: DSLeadership, LLC c/o David S. Liebschutz 76 Devon Road, Delmar NY 12054 e. The Limited Liability Company is formed for any lawful business purpose or purposes. Ad#89252

## LEGAL NOTICE

NOTICE OF FORMATION DOMESTIC LIMITED LIABILITY COMPANY (LLC). Name: FAIRWOOD MM LLC. Articles of Organization filed with NY Secretary of State, July 13, 2015. Purpose: to engage in any lawful act or activity. Office: Albany County. Secretary of State is agent for process against LLC and shall mail copy to Tri City Rentals LLC, 255 Washington Avenue Ext., Albany, NY 12205. Ad#91329

## LEGAL NOTICE

NOTICE OF FORMATION DOMESTIC LIMITED LIABILITY COMPANY (LLC). Name: FAIRWOOD NM LLC. Articles of Organization filed with NY Sec-

**LEGALS**

retary of State, July 13, 2015. Purpose: to engage in any lawful act or activity. Office: Albany County. Secretary of State is agent for process against LLC and shall mail copy to Tri City Rentals LLC, 255 Washington Avenue Ext., Albany, NY 12205. Ad#91328

## LEGAL NOTICE

Notice of Formation of Limited Liability Company: Company Name: Foundation Management LLC. Articles of Organization were filed with the New York Department of State on July 7, 2015. Office location: 28 Harding Street, Albany, NY 12208 (Albany County). SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC at 28 Harding Street, Albany, NY 12208 for any lawful purpose. Ad#89643

## LEGAL NOTICE

GavCarCorp LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 07/28/15. Off. loc.: Albany Co. SSNY des. as agent of LLC upon whom process may be served. SSNY shall mail process to the LLC, 556 Delaware Ave., Albany, NY 12209. Purpose: General. Ad#91334

## LEGAL NOTICE

GLD Public Relations, LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 07/09/15. Off. loc.: Albany Co. SSNY des. as agent of LLC upon whom process may be served. SSNY shall mail process to the LLC, P.O. Box 228, Mill Neck, NY 11765. Purpose: General. Ad#88595

## LEGAL NOTICE

GRAYDIN LLC App. for Auth. filed NY Sec. of State (SSNY) 7/13/2015. LLC was organized in DE on 7/9/2015. Office in Albany Co. SSNY desig. as agent of LLC upon whom process may be served. SSNY to mail copy of process to c/o Citrin Cooperman & Co., LLP, Attn: Jeff Slavet, 529 5th Ave., 9thFl., NY, NY 10017. Required office at 28 Old Rudnick Ln., Dover, DE 19901. Cert. of Org. filed with SSDE, 401 Federal St., Dover, DE 19901. Purpose: Any lawful purpose. Ad#88830

## LEGAL NOTICE

Notice of formation of H AND N SALON LLC. Originally filed with SSNY on 5/20/15. Location is Albany County. SSNY designated as agent of LLC whom process may be served. SSNY shall mail process to: H AND N SALON LLC, 1814 Central Ave, Ste 10, Albany, NY, 12205. Purpose: All Lawful activities. Ad#87635

**LEGALS**

## LEGAL NOTICE

Notice of formation ICPD Technologies, LLC. Articles of Organization filed with Secretary of State of NY (SSNY) on 2/11/15. Office location: Albany County. Principal office address: 43 British American Blvd., Latham, NY. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 43 British American Blvd., Latham, NY 12110. Purpose: All legal purposes Ad#90115

## LEGAL NOTICE

NOTICE OF FILING OF THE ARTICLES OF ORGANIZATION OF J & D EASTCHESTER AUTO DETAILING, LLC UNDER LIMITED LIABILITY COMPANY LAW SECTION 206 The name of the limited liability company (LLC) is: J & D EASTCHESTER AUTO DETAILING, LLC. Articles of Organization were filed on March 17, 2015 with the Secretary of State (SS). The office of the LLC is in Albany County, NY. The LLC shall dissolve on December 31, 2065. The SS of NY is designated as agent of the LLC upon whom process against it may be served. The address to which the SS shall mail a copy of any process against it served upon him is the LLC, 20 Collins Avenue, Albany, New York 12208. The purpose of the LLC is to engage in any lawful act or activity for which limited liability companies may be formed, both within and without NY State. Ad#88056

## LEGAL NOTICE

Notice of Formation of JESSICA ROSE LLC. Arts. of Org. filed with SSNY on 6/12/15. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 54 State St., #103, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. Ad#89331

## LEGAL NOTICE

Notice of Formation of an LLC: Lever1, LLC. Art. of Org. filed with the SSNY on 6/23/2015. Office: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of processes to: C/O Lever1, LLC 510 W 5th Street Kansas City, MO 64105. Purpose: Any Lawful Purpose. Ad#88926

## LEGAL NOTICE

Notice of Formation of LIMOSO, LLC. Arts. of Org. filed with SSNY on 7/2/15. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 54 State

**LEGALS**

St., #103, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. Ad#89359

## LEGAL NOTICE

NOTICE OF PUBLIC HEARING TOWN OF BETHLEHEM, ALBANY COUNTY NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethlehem, Albany County, New York will hold a public hearing on Tuesday September 9, 2015 at 6:00pm, at Town Hall, 445 Delaware Avenue, Delmar, NY to solicit comment on the Local Law Amending the Code of the Town Bethlehem Chapter 26, Department of Public Works, Section 26-4 and Section 26-5. All parties in interest and citizens will have an opportunity to be heard at the said hearing. BY ORDER OF THE TOWN BOARD TOWN OF BETHLEHEM Nanci Moquin TOWN CLERK Date: 08/13/2015 Ad#92121

## LEGAL NOTICE

Notice of Formation of LOE BAR & GRILL LLC. Arts. of Org. filed with SSNY on 4/9/15. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 54 State St., #103, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. Ad#89327

## LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: Love It or Cut It, LLC. Articles of Organization were filed with the Secretary of the State of New York (SSNY) on 5/21/15. Office Location: Albany County. SSNY has been designated as agent to the LLC upon whom process against it may be served. SSNY shall mail a copy of the process to the LLC, 821 Rt. 9W, Glenmont NY 12077. For any lawful purpose. Ad#88607

## LEGAL NOTICE

Notice of Formation of MOBILE CENTER USA LLC. Arts. of Org. filed with SSNY on 6/2/15. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 54 State St., #103, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. Ad#89330

## LEGAL NOTICE

Notice of Formation of a Limited Liability Company (LLC): Name: N7396W, LLC. Articles of Organization filed with the Secretary of State of New

**LEGALS**

York (SSNY) on 6/26/2015. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to: C/O N7396W, LLC, 34 Axbridge Ln, Delmar, 12054. Purpose: Any Lawful Purpose. Latest Date upon which LLC is to dissolve: No specific date. Ad#88324

## LEGAL NOTICE

Notice of Formation of PHJ, LLC. Arts. of Org. filed with the Sectly of State of NY (SSNY) on 06.15.04. Office location, County of Albany. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 1 Noble Path, Albany, NY 12205. Purpose: any lawful act. Ad#88593

## LEGAL NOTICE

Notice of Formation of PI HOUSE LLC. Arts. of Org. filed with SSNY on 6/29/15. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 54 State St., #103, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities. Ad#89336

## LEGAL NOTICE

Name of LLC: PixiBit Studios LLC Date of Filing the Articles of Organization with the NY Dept of State: August 4, 2015 Office of the LLC: Albany County The NY Secretary of State has been designated as the agent upon whom process may be served. NYSS may mail a copy of any process to the LLC at: 73 Daniel Street, Slingerlands Purpose of LLC: To create and publish video games Ad#91809

## LEGAL NOTICE

Resolution # 2015-25 TOWN BOARD TOWN OF BETHLEHEM RESOLUTION TO AMEND ROW AND EASEMENT NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethlehem in the County of Albany, State of New York has on the 12 day of August 2015, duly adopted, subject to a permissive referendum, a resolution as follows: WHEREAS, the Town Board of the Town of Bethlehem has determined that it is necessary to amend the Right of Way and Easement with Tennessee Gas Pipeline Company, LLC on the Town owned parcel located at 1132 Feura Bush Road; and, NOW, THEREFORE, BE IT RESOLVED, That the Town Board hereby authorizes the amendment of the Right of Way and Easement at 1132 Feura Bush Road. BE IT FURTHER RESOLVED, That the amendment of

**LEGALS**

said Right of Way and easement is subject to permissive referendum. BE IT FURTHER RESOLVED, That the Supervisor is hereby authorized to execute the amendment to the Right of Way and Easement on behalf of the Town of Bethlehem. The motion to adopt the resolution was made by Councilwoman Dawson, was seconded by Councilman Kuhn and duly adopted by the following vote: AYES: Supervisor Clarkson, Councilwoman Dawson, Councilman Kuhn NOES: Councilman Reinhardt ABSENT: Councilwoman Sasso DATED: August 12, 2015 Ad#92128

## LEGAL NOTICE

RESOLUTION # 2015-28 RESOLUTION AND PUBLIC NOTICE NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethlehem in the County of Albany, State of New York has on the 12 day of August 2015, duly adopted, subject to a permissive referendum, a resolution as follows: WHEREAS, the Town Board of the Town of Bethlehem has determined that it is necessary to fund the Maple Avenue Sidewalk Project. WHEREAS, it is estimated that the costs of said work will not exceed \$100,000; and WHEREAS, in recognition of these needs, funds for such purpose are in the General Fund Capital Reserve Fund; and, NOW, THEREFORE, BE IT RESOLVED that it is in the public interest to complete the Maple Avenue Sidewalk Project, as described above; and BE IT FURTHER RESOLVED, that the Town Board authorizes the expenditure of the reserve moneys to fund this project up to a maximum amount of \$100,000 and, BE IT FURTHER RESOLVED, that the Town Comptroller is authorized to expend from the General Fund Capital Reserve Fund the funds necessary up to \$100,000 in said reserve fund; and This resolution shall be subject to a permissive referendum, as permitted by law. The foregoing resolution was presented for adoption by Councilman Reinhardt, seconded by Councilman Kuhn and approved with the following vote: Ayes - Supervisor Clarkson, Councilwoman Dawson, Councilman Kuhn, Councilman Reinhardt Nays - none Absent - Councilwoman Sasso Ad#92133

## LEGAL NOTICE

Notice of Formation of SAMSON'S PROPERTIES, LLC. Arts. of Org. filed on 07/01/15 with the Secy. Of State of NY (SSNY). Office Location: Albany County, SSNY designated as agent of LLC upon whom against it may be served. SSNY shall mail process to Jerusalem Management, LLC, PO Box 6632, Albany, NY, 12206. Purpose: Any lawful activity. Ad#88323

## LEGAL NOTICE

Resolution No. 2015- 29 RESOLUTION AND PUBLIC NOTICE NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethle-

**LEGALS**

hem in the County of Albany, State of New York has on the 12th day of August 2015, duly adopted, subject to a permissive referendum, a resolution as follows: WHEREAS, the Town Board of the Town of Bethlehem has determined to conduct an annual Paving Program as agreed to in the Section 284 Agreement with the Superintendent of Highways, and WHEREAS, the Town purchases asphalt to conduct the annual Paving Program, and WHEREAS, the Town currently intends to bond a portion of the purchase of said asphalt for the annual Paving Program, and WHEREAS, the Town will eliminate the need to bond a portion of the purchase of said asphalt in 2015 by using funds from the Highway Fund Capital Reserve Fund; and, WHEREAS, it is estimated that the costs of said asphalt will not exceed \$255,000; and WHEREAS, in recognition of these needs, funds for such purpose are in the Highway Fund Capital Reserve Fund; and, NOW, THEREFORE, BE IT RESOLVED that it is in the public interest to complete the purchase of said asphalt for the annual Paving Program as described above; and BE IT FURTHER RESOLVED, that the Town Board authorizes the expenditure of the reserve moneys to fund this project up to a maximum amount of \$255,000 and, BE IT FURTHER RESOLVED, that the Town Comptroller is authorized to expend from the Highway Fund Capital Reserve Fund the funds necessary up to \$255,000 in said reserve fund; and This resolution shall be subject to a permissive referendum, as permitted by law. The foregoing resolution was presented for adoption by Councilman Reinhardt, seconded by Councilman Kuhn and approved with the following vote: Ayes - Supervisor Clarkson, Councilwoman Dawson, Councilman Kuhn, Councilman Reinhardt Nays - none Absent - Councilwoman Sasso Ad#92133

## LEGAL NOTICE

ARTICLES OF ORGANIZATION OF TECH VALLEY RV & AUTO LLC The name of the limited



## COMMUNITY

# Jester Jim at GPL

Combining juggling, beatbox and comedy, Jester Jim — who's working his magic at GPL on Tuesday, Aug. 25, at 7 p.m. — will offer a variety show that is sure to delight young and old alike.

As Jester Jim himself puts it, "This is not your ordinary juggling show." With a trunk full of props and a looping machine, he takes the stage and starts his show. You'll be glued to his every sound as he performs his amazing beatbox intro, and you'll be talking about his wild antics for weeks.

## Kindergarten Boot Camp

Get your youngster set for kindergarten with GPL's Kindergarten

GUILDERLAND PUBLIC LIBRARY  
www.guilpl.org

Boot Camp that starts Wednesday, Aug. 26, at 10:30 a.m.

Join us for a fun-filled, 90-minute program where soon-to-be kindergarteners can hone their kindergarten-readiness skills and celebrate this important milestone. There are multiple sessions (two on Aug. 26, and one on Aug. 27), so you can pick a time that meets your schedule.

Starting kindergarten is a special and exciting time for children ... and their parents and caregivers. This program is for children starting kindergarten this September.

To register — for one session only, please — call 456-2400, ext. 4,

or go to the Events and Registration Calendar on [guilpl.org](http://guilpl.org), and click on Aug. 26 or 27.

## Adventures in Energy

On Saturday, Aug. 29, at 1 p.m., the CNSE Children's Museum of Science and Technology will present a hands-on program about energy for tweens entering grades 5 through 8. You'll investigate how energy transfers from one type to another, check out different existing energy sources and learn about cool new alternative energy sources of the future.

— Mark Curiale



Jester Jim's antics at GPL on Tuesday will be a treat for all.

Submitted photo

# Broadway trip Oct. 18

Sign up now for our Broadway trip to see "An American in Paris" on Sunday, Oct. 18. We will have dinner after the show at the Crow's Nest in Hackensack, N.J. The show is a Tony Award winner and will be sure to entertain. The cost is \$225, including show ticket, bus, dinner and donation to Bethlehem Senior Projects. Your check, payable to Bethlehem Senior Projects, Inc., is your reservation.

Outreach workers are available to assist with

**Senior Action**  
Town of Bethlehem

counseling on health insurance, housing issues, food stamps, health and income related programs or heating costs support, make an appointment by calling 439-4955, ext. 1176.

Attendance is limited, and the roster is filling for our wonderful summer day camp experience at "Elise's

Place" in Selkirk on Friday, Sept. 18, from 9 a.m. to 5:30 p.m., and Saturday, Sept. 19, from noon to 7 p.m. Camp will include nature studies, crafts, music, hikes and a closing campfire with s'mores. The cost is \$30, payable to Bethlehem Senior Projects, Inc., and includes lunch on Friday and dinner on Saturday. Call 439-4955, ext. 1176, to register.

Exercise to music at Bethlehem Town Hall each Tuesday and Friday at 9 a.m. Cost is \$3 per session.

— Wilma DeLucco

# Book sale and concert

The annual Fall Book Sale will be held on Sept. 18-20, and the library is now accepting donations. Please use the blue book-drop, next to The Book Nook shed, to donate your gently used books, DVDs and audiobooks.

And don't forget to join us on the lawn Sunday, Sept. 20, at 12:30 p.m., for a free afternoon concert with Sonny and Pearley. Bring your lawn chairs or blankets, or use our limited chairs, available first come first served.

**Voorheesville Public Library**

Pack a picnic basket, pick up a pizza or just grab some drinks and relax to the music of composers such as Gershwin, Porter and Ellington. What a perfect way to wind down after a busy book sale weekend.

## SRP drawings and Jester Jim

On Tuesday, Aug. 25, at 7 p.m., Jester Jim

will bring his fast-paced juggling show filled with balancing, beatboxing and tons of laugh-out-loud antics as our thanks for all of your reading efforts this summer. Summer Reading Program top readers and grand prize winners will be announced, and prizes will be given to all of this summer's participants. All ages are welcome.

— Lynn Kohler

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### LEGALS

liability company is Tech Valley RV & Auto LLC. The Articles of Organization were filed with the New York State Department of State on June 17, 2015. Office location of the LLC is Albany County. The Secretary of State is designated as agent of the LLC upon whom process against it may be served and the Secretary of State shall mail a copy of any process against the LLC to the LLC at 81 James Street, Green Island, NY 12183. Purpose: for any lawful activities  
Ad#89559  
LEGAL NOTICE

Articles of Organization for TUS-ALB, LLC was filed with the New York Secretary of State on Jun 15, 2015. The Principal Office of the Company is located in Albany

### LEGALS

County. The Secretary of State has been designated as agent upon whom process may be served and a copy of process shall be mailed to Tim Doherty, 488 Elk St., Albany, NY 12206. Purpose: Any lawful purpose. The latest date upon which the Company is required to be dissolved is 1/1/2099.  
Ad#87937  
LEGAL NOTICE

Notice of Formation of WELLNS LLC. Arts. of Org. filed with SSNY on 7/6/15. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 54 State St., #103, Albany, NY 12207. The registered

### LEGALS

agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities.  
Ad#90038  
LEGAL NOTICE

Notice of Formation of WESTSIDE DONUT 35TH STREET VENTURES LLC. Arts. of Org. filed with SSNY on 7/7/15. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 54 State St., #103, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities.  
Ad#89346  
RECYCLE

### LEGALS

LEGAL NOTICE  
Notice of Formation of WESTSIDE DONUT GLEN COVE VENTURES LLC. Arts. of Org. filed with SSNY on 6/11/15. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 54 State St., #103, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities.  
Ad#89347  
LEGAL NOTICE

Notice of Formation of WESTSIDE DONUT GLEN HEAD VENTURES LLC. Arts. of Org. filed with SSNY on 6/11/15. Office location: Albany County. SSNY designat-

### LEGALS

ed as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 54 State St., #103, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities.  
Ad#89352  
LEGAL NOTICE

Notice of Formation of WESTSIDE DONUT SEA CLIFF VENTURES LLC. Arts. of Org. filed with SSNY on 6/11/15. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 54 State St., #103, Albany, NY 12207. The registered agent is: USA

### LEGALS

Corporate Services Inc. at the same address. Purpose: all lawful activities.  
Ad#89349  
LEGAL NOTICE

WHC Advisors, LLC App. For Auth. filed NY Dept of State on 7/23/15. Juris and date of org: NH 9/9/14. County of loc: Albany Cty. Princ. bus. loc. 32 Amsterdam Ave., Glenmont, NY 12077. Sec. of State designated as agent of foreign LLC upon whom process against it may be served. The Sec. of State shall mail a copy of process to the LLC, 32 Amsterdam Ave., Glenmont, NY 12077. Addr. of Foreign LLC in NH is 63 Pleasant St., Concord, NH 03301. Auth. Officer in NH where Cert of Form. filed: William H. Gardner, Sec. of State of the

### LEGALS

State of NH, 25 Capitol St., State House Annex, 3rd Fl., Concord NH 03301. Purpose: All legal purposes. Filer: Lavelle & Finn, LLP, 29 British American Bl., Latham, NY 12110  
Ad#90057  
LEGAL NOTICE

Notice of Formation of WRIGHT RISK MANAGEMENT CONSULTING, LLC. Arts. of Org. filed with SSNY on 3/16/15. Office location: Albany County. SSNY designated as agent of LLC whom process against may be served. SSNY shall mail process to: c/o The LLC, 54 State St., #103, Albany, NY 12207. The registered agent is: USA Corporate Services Inc. at the same address. Purpose: all lawful activities.  
Ad#89324

### LEGALS

LEGAL NOTICE  
NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY  
NAME: Zabinski Holdings, LLC Articles of Organization filed with the Secretary of State's Office on July 28, 2015. Office location: Albany County. The Secretary of State has been designated a agent of the Limited Liability company upon whom process against it may be served. The Secretary of State shall mail a copy of the process to the Limited Liability Company at 962 Broadway, Albany, New York 12204. PURPOSE: for any lawful purpose.  
Ad#91303

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**August 19, 2015**

# Spotlight on Opinion

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## ■ FROM THE EDITOR'S DESK

# The curse of the old Stone Ends

**M**ilestone is closing its doors next week, the restaurant at the crook of the Thruway overpass and Route 9W. Despite the ownership's best efforts, it serves as the end to another chapter to the struggling store front.

Twenty years ago we wrote about the closing of a restaurant at the same location, then called Stone Ends. In between, it received a few facelifts and gone by different names. First there was Bella Bistro, before taking on the name Milestone once the Mastrantuono family took ownership.

Fact of the matter is that stretch of 9W has held few prospects for business owners, unless that business involves pumping gas for the throngs of motorists that drive to and from work on that stretch of road.

It's unfortunate, when considering the history attached to the unique building with the stone facade.

Liberace, the flamboyant pianist was said to have stroked the ivory keys of the

piano there many years ago. Area Master Chef Dale Miller was owner and chef de cuisine of the Stone Ends before moving on the Jack's Oyster House and beyond.

Nevertheless, the thoroughfare that is the corridor joined by both routes 9W and 32 is not a friendly one to business owners who cater to patrons of the culinary arts or entertainment. It's neither in downtown Albany, where people can park and walk to a number of competing establishments, each with their own unique flare. Nor is it in the middle of Delmar, where a short walk or drive from home takes you to a more quaint setting for intimate entertainment. It's the stretch of road most residents speed through while their mind is on auto-pilot, decompressing from work stress before coming home, or plotting out plans for Netflix and a glass of wine.

The renovations to the neighboring hotel lent to some promise to future restaurant business. It seemed a perfect pairing to have hotel patrons stay and be able to eat a nice, Italian dinner next door.

If we were speaking of Colonie's Wolf Road, this would be the business model that would give Milestone a fighting chance to succeed. But, this is not Wolf Road.

The request for a zoning variance to allow for a dog kennel concedes to all these factors, and with the hotel next door, it wasn't likely the town would allow for it. The old investment mantra, "Location. Location. Location," certainly rings true here more than any place else in town. Despite the hundreds of cars that drive by each day, no one is paying attention. At least, not enough to keep a successful restaurant there.

*The thoroughfare that is the corridor joined by both routes 9W and 32 is not a friendly one to business owners who cater to patrons of the culinary arts or entertainment. It's neither in downtown Albany, where people can park and walk to a number of competing establishments, each with their own unique flare. Nor is it in the middle of Delmar, where a short walk or drive from home takes you to a more quaint setting for intimate entertainment. It's the stretch of road most residents speed through while their mind is on auto-pilot, decompressing from work stress before coming home, or plotting out plans for Netflix and a glass of wine.*

### TALK BACK

The Spotlight welcomes feedback on this editorial or any other hot topics in the news. Email us at [news@spotlightnews.com](mailto:news@spotlightnews.com).

## ■ GET TO KNOW ...



**Ariana Wilson**  
**Media Specialist,**  
**Colonie Senior**  
**Services Center**

Town: Albany  
Hometown: Poughkeepsie

### What are you listening to these days?

I really am just into everything. I like a wide range. Sometimes you're in that country mood, sometimes you want something maybe a little harder.

### What have you been reading?

"Yes Please," by Amy Poehler. I was actually going to go to the bookstore after work to pick it up. I am a HUGE fan of hers and have wanted to read the book since it came out!

### What are you watching on TV?

I actually like "America's Got Talent." I think it's super interesting to see what everybody can do.

### What was the last movie you saw?

I actually went with my sisters to see "The Penguins of Madagascar." They're a

little young, under the age of 12, so I take them to the movies.

### One person living or dead you would like to meet and why?

There's one person who I actually got close to meeting Kerri Walsh, she's a volleyball player. I've been playing volleyball my whole life, so I really look up to her.

### Describe your dream vacation.

Somewhere on a beach with a lot of sand, and maybe music's going in the background. And, being able to watch a nice sunset go down over the ocean.

### What is your favorite hobby?

Well, I play volleyball almost every night and every weekend. I've been playing since I was 12 years old. I just graduated from Saint Rose, where I played

volleyball for four years and was captain my senior year.

### Describe what your last meal would be.

Probably breakfast. I love having breakfast. Pancakes, waffles, tons of bacon. Maybe some eggs and toast with jam.

### What is something most people don't know about you?

I'm a Harry Potter nerd.

*"Get to Know" is a weekly feature where community members are asked questions that aren't necessarily related to their jobs. If you know of someone you think should be highlighted, e-mail [news@spotlightnews.com](mailto:news@spotlightnews.com).*

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## LETTERS TO THE EDITOR



*The Spotlight* welcomes letters of local and regional interest. Letters are subject to editing and are limited to 500 words.

All letters must include the writer's name, address and phone number. *The Spotlight* reserves the right to limit the number of letters published from a single author.

Submissions can be emailed to [news@spotlightnews.com](mailto:news@spotlightnews.com). The deadline for all letters is noon Friday prior to publication.

*The Spotlight* also welcomes longer opinion pieces for the Point of View section.

For information on submitting a Point of View, email [news@spotlightnews.com](mailto:news@spotlightnews.com) or call 439-4949.

Our full letter policy can be viewed online at [www.spotlightnews.com](http://www.spotlightnews.com).

# It's your legislature

Editor, *The Spotlight*,

When I first ran for the county legislature, I promised to thoughtfully speak my mind for our town. That includes speaking out and voting against wrong-headed proposals advanced by my own party, as I recently did when a sham county charter "reform" proposal was put before us that cut the heart out of true charter reform.

But speaking my mind also includes speaking out for what I think is right. More than a year ago, and several times since, I have stood on the floor of the legislature to support true charter reform, as was proposed by the blue ribbon Charter Revision Commission. These citizen volunteers -- legal and governmental experts -- worked hard for over a year to overhaul our county's charter. Their recommendations were roundly supported by the League of Women Voters. The Commission got it right, including reducing the size of the county legislature. But the legislature's city-dominated leadership and their political cronies warped and twisted the reform commission's proposal to fit their own self-dealing

culture.

If we don't defeat the insider's new county charter in this November's referendum, we will be forever deprived of our right to decide the county legislature's size, because that decision will be taken out of the hands of the voters and put solely in the hands of county legislators!

This same charter "reform" would also leave the drawing of future county legislative district lines, including the legislative districts drawn for Bethlehem, in the hands of partisan puppet masters instead of in the hands of a new independent redistricting commission, as recommended by the Charter Review Commission. This "same old, same old", politics as usual, sham reform will just result in future expensive lawsuits which will be paid for with our tax dollars. And Bethlehem will continue to be short-changed and underrepresented in the county legislature.

We need real change that's fair. I need your support to continue my fight to overhaul the Albany County Legislature and to protect your say in how our legislature is run.

I know the county seems remote from our town, but what it does is critical and affects the taxes we pay for our public safety and the quality of our community. Without the millions shared by the county from its sales tax collections and other revenues with our town, our town's property taxes would skyrocket. I am proud that our county has spear-headed ongoing projects like the Rail Trail, Vista, and Advanced Life Support services.

But I only have one vote. So while I ask for your support for my own re-election, I also ask for your help in reforming our county legislature by electing highly qualified newcomers Joanne Cunningham (34<sup>th</sup>), Matt Miller (36<sup>th</sup>), and sitting town board member Bill Reinhardt (33<sup>rd</sup>). Thank you.

*Charles Dawson*  
Albany County Legislator  
(35<sup>th</sup>)  
Glenmont and Delmar



## Serving up the food

Every Tuesday you can find Geurtze Bar-B-Q at the First United Methodist Church where the Capital District Farmers' Market Assoc. organizes the Tuesday Delmar Farmers' Market. Hours for the farmers market run from 2:30 to 6 p.m. For more information you can follow them on Facebook by going to [facebook.com/TuesdayDelmarFarmersMarket](https://facebook.com/TuesdayDelmarFarmersMarket).

Photo by Michael Hallisey/Spotlight



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## From page 1 ...

### Once upon a time

Emmett was born with a heart condition that has already required one surgery. He has a second, more serious surgery scheduled for September. The operation will include closing off two chambers of his heart and relocating the bottom functioning chamber to the top.

"He doesn't understand quite yet, but he does notice his scar from first surgery, and I show that I don't have one, and his dad doesn't have one, but he doesn't really understand quite yet," said Hotaling.

As the cost of medical and travel expenses would be enormous for any parents to take on, let alone young parents, the pair has created a gofundme.com account, called "Emmett's Boston Trip."

Hotaling and her husband Wesley Jr. were 21 and 22, respectively, when they found out at a routine doctor's visit their future son or daughter had a heart condition.

"Went for gender review, not even a regular doctor's visit. Finding out at such an exciting moment was scary. It was definitely scary," said

Hotaling. She was only five months pregnant when she found out.

"It was hard because it's our first baby," said Hotaling about being told of her baby's heart condition. "But you adjust to it. I couldn't love him any different."

The couple has been together since they met at a Friday night bowling event when she was 15. "When we decided to have a baby I thought it would be like out of storybook. Once we found out about his heart, it stopped everything," she said.

The couple held a family-centered fundraiser with a bounce house and games on Saturday, Aug. 8, at the American Legion in Delmar. There, Bethlehem Police Officer Mike Bourbon presented them with two checks, one from the police department and one from the police officer's union.

"Just raising a child at a young age can be extremely stressful and difficult," said Bethlehem Police Sergeant Steve Kraz, who said there were some people on their own staff who had similarly young families.

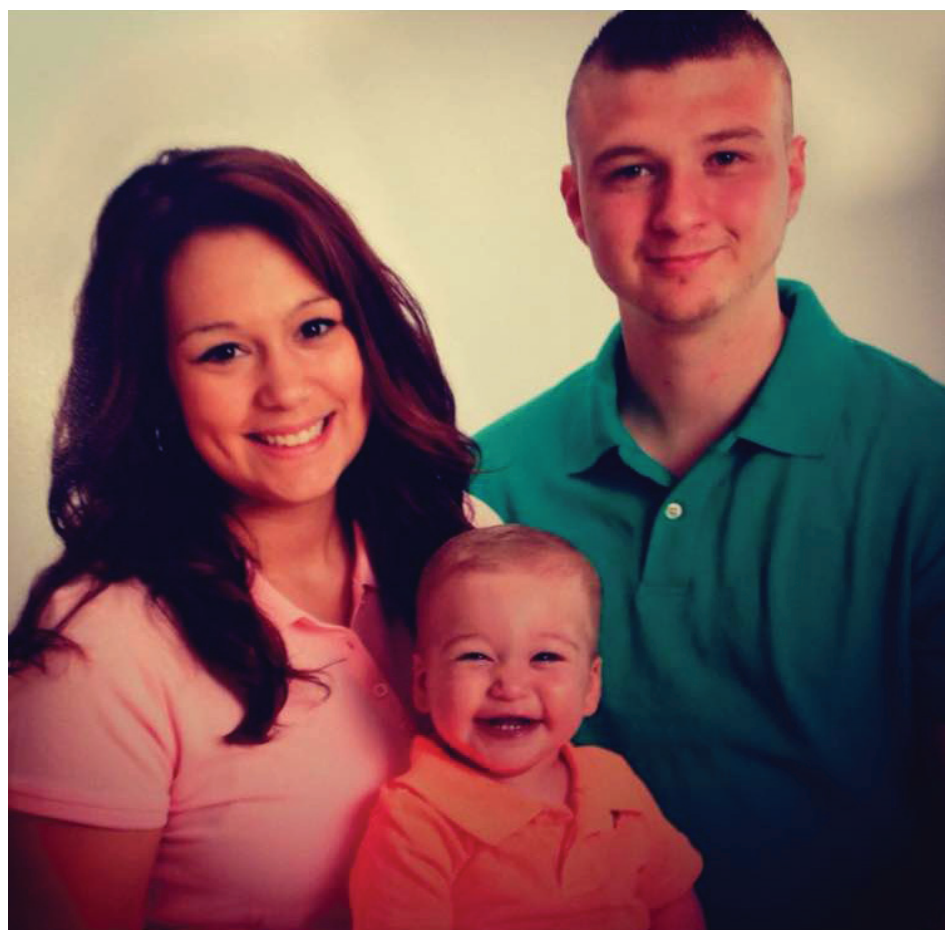
"We understand that expenses can get out of hand and we wanted to help out in any way we could to make sure he gets the best care in the best hospital possible," said Kraz. The Bethlehem Police were alerted to the situation by one of their employees in the records department who has ties to the family.

The family lives in Ravena, with Jessica working as a waitress and Wes working for a construction company. Both parents try to go to all of Emmett's many doctor's appointments, and Jessica has taken time off at work to be with Emmett before his surgery.

Wes Hotaling's extended family, however, lives primarily in Delmar. Jessica said even though many of the adults helping them weren't sure how to handle Emmett's illness at first, his family has been extremely supportive.

As the Hotalings have known about Emmett's heart condition since before he was born, a large surgery such as this has been in the works for a while now.

Such a serious surgery could not be undertaken at Albany Medical Center, where Emmett's first surgery took place and



The Hotalings — Jessica, Wes and Emmett.

Photo submitted

where there cardiologist operates. Emmett also had to be at least two and a half to be able to handle the surgery.

The four ventricles in his heart are backward, and one ventricle is not active. He also has a large hole in his heart — a ventricular septal defect — which

causes leaking into his lungs.

These problems cause Emmett to lose breath quickly, so his activity is limited. His past surgery lowered his oxygen levels to reduce strain on his heart. It took Emmett a month and a half in the hospital to recover from

this surgery, but the Hotalings are hoping that because he is a little older now, the recovery won't take as long.

"I just want Emmett to be comfortable. I just want him to be able what three year olds do and run and play," said Jessica. Along with fixing some of Emmett's heart problems doctors will raise his oxygen levels back to normal levels, so hopefully, he will be able to be more active.

His recovery will be based largely on how he takes to the new breathing technique and how he deals with the pain of surgery.

Jessica and Wes will be staying at a lodge by Emmett's Boston Hospital until the time comes they can stay in the hospital room with Emmett during his recovery. She said this surgery will not be Emmett's last surgery, but the next step is something that doctors will look into once they see the results.

"We're both nervous but ready for bigger step for Emmett," said Jessica.

The help the Hotalings with their travel and medical expenses for Emmett's Boston surgery, donate at <http://www.gofundme.com/ybht3k8>.

## From page 5 ...

### Milestone closing

to them to the restaurant," said Lou Mastrantuono.

Winter this year was particularly difficult on the business.

"Everyone remembers that this was the worst winter in decades," said Lou Mastrantuono. "We're fighting all these battles, trying to pay for oil and electric in the winter, and trying to not cut back on everyone's hours too much," said Mastrantuono of difficulty of the winter.

Somewhat ironically, the restaurant also hosted several political fundraisers and mixers. Many traveling public officials, who are known to stay at hotels nearby, frequented the restaurant as well. "All the who's who, all the brass, so to speak, were here," said Lou Mastrantuono.

At one particular Democratic fundraiser held at Milestone, 50 people appeared outside in protest

of the increase in taxes coming to Bethlehem.

They said the fact the restaurant was such a popular place for politicians was not something they expected to work in their favor while they went through the process of applying for zoning variance approval.

"No one expected differential treatment at all," said the Mastrantuono's friend Judy Seamon, "But it is just very ironic."

"I want my client base to know that we've made a lot of good friends, and we've enjoyed being a part of their lives," said Mike Mastrantuono.

The pair is unsure yet whether they will reopen Milestone, whether they will open another local restaurant, or whether they want to move to a new state entirely.

"I love the area. It's a great area," said Mike Mastrantuono. He and Mike chose Glenmont as the location of their next restaurant when Lou Mastrantuono's twin boys were born because of the area's great school reputation.

Mike Mastrantuono called being part of the community "something you have to do" when you are in the restaurant business. As such, he shopped weekly at the Delmar Farmer's Market, donated the Bethlehem Police Union, among other places, and offered discounts to local teams. They employed 12 people at one point before recently downsizing to only four employees.

Mike Mastrantuono said their final week will be "business as usual," but he's glad to have the opportunity to say goodbye and have some closure.

## From page 4 ...

### Megyn Kelly

itself, "How will you answer the charge from Hillary Clinton, likely to be the Democratic nominee, that you are part of the war on women?"

has been drowned out by the ensuing media frenzy, supporters of Kelly say that asking the question shows her journalistic prowess.

When asked if she was proud of her daughter for asking Trump the question, Linda Kelly said, "You're damn right." She added that some have even compared Megyn Kelly to journalist Barbara Walters, for her similar tendency to ask hard-hitting questions.

The GOP debate is only the most recent time Kelly has been in the news. Kelly was the first to interview the Duggar family after the child molestation scandal involving oldest son Josh Duggar went public in June.

Kelly also attracted controversy for her comments she made on-air that Santa Clause is "just white," and that people who argue that there should be a black Santa as well are wrong because "Santa is what he is." In that same show, she also stated that Jesus was white as well. She later said the comments had been "tongue and cheek" and Jesus' skin color is "far from settled."

Thus, whether Kelly's most recent actions add to or detract from your opinion of her, the fact is, there is a lot to talk about when it comes to this Delmar native.

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