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NEWS BC going solar

Nearly 80 percent of district's energy could come from the sun.

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Budgets

Bethlehem passes its town budget, New Scotland is going over its own.

Starts on Page 4



TOP STORY

12

Bethlehem Town Supervisor John Clarkson earns a third term at the helm, by a slim margin

By **MARCY VELTE**
veltem@spotlightnews.com

BETHLEHEM — John Clarkson has won a third term as Bethlehem town supervisor following a close election that came down to absentee ballots.

Clarkson beat Republican candidate Jim Foster by just 12 votes once counting finished on Thursday, Nov. 12. There were a total of 427 absentee ballots and affidavits to be counted, which first began last Tuesday. The results remain unofficial until they are released by the Albany County Board of Elections.

Both candidates said they knew the race would be close.

"This race was difficult and I'm sure it was for my opponent, as well," said Clarkson. "I knew it was going to be close. I didn't know it was going to be this close."

Continues on page 20



"This race was difficult and I'm sure it was for my opponent, as well. I knew it was going to be close. I didn't know it was going to be this close."

— John Clarkson,
Bethlehem Town
Supervisor



"As we've seen, 49.99 percent of the voters wanted change and think that we can do better. I want to make sure we continue to explore ways to make our community a better place."

— Jim Foster,
Republican Bethlehem
Town Supervisor
candidate

ENTERTAINMENT



A Good Run

Marty Wendell reflects on a fruitful, musical career

Story on Page B1

SPORTS



A first

Caitlin Cucchiella guides Great Danes to their first NCAA Division I Tournament

Story on Page 11

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EDUCATION

BCSD opts solar panel purchase

About 80 percent of the district's energy could come from solar power

By TRICIA CREMO
cremot@spotlightnews.com

BETHLEHEM — The school district could soon be running about 80 percent of its energy using solar panels. But, as New York tax credit benefits for installing solar panels end at the start of 2016, the district will have to move quickly.

If the plan goes through, the district will receive a 30 percent tax credit. An additional New York State Energy Research and Development Authority incentive program would save the district \$6.5 million over 25 years.

A solar provider has been chosen in SunEdison, yet a location for the solar panels remains to be chosen. The solar panels can be placed at any location that lies within the school district and does not have to be on school property. About 12 to 15 acres of land is needed for the solar panels and coordinating building.

Zoning for the placement of solar panels would need to be approved by the town, all in the next month, before Dec. 31 for the district to receive the full incentive. The system itself must be in operation by the end of 2016.

At the Thursday, Nov. 5 School Board meeting, Director of Operations of Bethlehem Central School District Gregg Nolte and Jon Hammer of Four Corners Energy, the consultant on the project, presented the districts solar plans thus far. Nolte

is co-chair of the district's Green Team and chair of the energy component.

No startup costs are associated with the project, as part of the Power Purchase Agreement (PPA) with the developer. The PPA is a legal agreement with the district for an agreed upon 25 years.

According to Nolte, it is to the benefit of the developer to take part in this arrangement, as they stand to receive greater payment in the future for large amount of energy the solar panels are set to produce.

"You do have to watch when you make contracts with these guys because they are going to try to get every penny they can out of you, but we should be able to create a contract that's pretty much a win," said Hammer.

While the plan to move to solar seemed an obvious

choice for board members, a potential obstacle lies in creating a Purchase Power Agreement with the developer, as the developer will aim to reap as much benefit from this agreement as possible. According to School Board President Matt Downey, the district's litigators will aim to make sure the agreement is favorable to the district.

In August, Nolte chose Four Corners Energy as a consultant and in August, Four Corners helped Nolte review bids of nine developers. Four Corners has worked with other school districts and municipalities in the past.

The district already has a small solar panel display at the Bethlehem Middle School through a NYSERDA grant given in 2002.

The project will continue to be discussed at future board meetings



Bethlehem Central Schools are looking to purchase and install solar panels to help with energy costs before the end of the year.
Spotlight file photo

as well as at Bethlehem Zoning Board meetings, once a location is chosen.

There was no mention of opting with Monolith Solar for the panels, which plans to build its new headquarters at the Slingerlands Vista Technology Park.

This fall, the town installed solar panels at the former town clay mine site.

The panels were installed at no initial cost from the town through a partnership with the New York State Energy Research and Development Agency. The panels will provide 4.6 million kWh of solar power generation. There's an estimated first-year savings of \$150,000 with a total savings of \$5 million to \$7 million over 20 years.

Thank You Bethlehem Voters

Thank you Bethlehem Voters — for participating in this year's election, for considering my candidacy, and for taking part in the democratic process. I also want to thank my opponent Jim Foster and his supporters for running a strong race, as well as all the other candidates who participated in this year's election.

I'm grateful for the opportunity to serve as Town Supervisor for another term, to see to fruition efforts already underway to make our town safer, more attractive and prosperous, and to work with town staff to address whatever other issues may arise. It was a close race, but whether you voted for me or not, I will work hard on your behalf, and will always be open to your ideas and input. My hope is that everyone will remain civically involved, because consideration of diverse viewpoints only strengthens us as a community. Let's move forward by focusing on issues, civic debate and community enhancements. With your help, Bethlehem will remain the wonderful town it has always been, and can become even better.

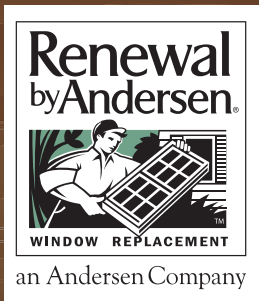
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GOVERNMENT

Town Board passes stable budget

Few changes from preliminary budget

By **MARCY VELTE**
veltem@spotlightnews.com

BETHLEHEM — Following little feedback from residents, the Bethlehem Town Board passed its annual budget last week with few changes to the draft presented in September.

The budget was unanimously passed by the Town Board on Tuesday, Nov. 10. However, Councilman Bill Reinhardt was absent from the meeting.

“There wasn’t a lot of impudence anywhere in the community for change, and you don’t really get that in a calm year,” said Supervisor John Clarkson in a later interview. “We haven’t had years like that since 2012, and that’s OK. If people aren’t excited over

the budget, maybe that’s good news.”

For the third year in a row, a budget was released showing the town to be in a financially stable condition.

The 2016 budget calls for an increase of approximately 71 cents per \$250,000 of assessed property value.

Similar to last year, the town’s proposed budget is \$40 million. There is a spending increase of less than 1 percent, or about \$337,000 over 2015. This is mostly to help pay for the rising cost of employee benefits and to allow for a 2 percent cost-of-living raise. As the largest part of the budget, wage costs will rise to a total of \$15.8 million.

The budget proposes a tax rate increase of .07 percent. This is due to an increase in property values and the phase-out of several Payment in lieu of Taxes agreements. The tax

levy is .05 percent.

Sandra Shedpard, a member of the town’s Budget Advisory Committee spoke to the Town Board at the public hearing for the budget to talk about the work members do on a yearly basis, and praised the current fiscal condition of the town.

“I want to report on behalf of the committee that we find the budget you find before you to be a strong budget,” said Shepard. “I think probably the strongest of the four budgets that we have reviewed and I’m giving you the credit for that because the supervisor, Town Board and staff in year one faced a lot of problems and made some tough decisions.”

The budget included no cuts, but did consider investments in the town as the Capital Plan calls for water and sewer upgrades to be made by 2020. There

will also be additional community improvements, like the installation of new sidewalks and the implementation of the Delaware Avenue Enhancement Study.

Also outlined were the investment plans for the town through funds received through the state Local Government and Efficiency Award. Money received from that award will continue to fund grants for technology upgrades, sustainability efforts, tax relief and various community enhancement projects. However, \$30,000 will now go toward a study and implementation measures for needed security upgrades at the town court and police department.

The proposed budget includes the anticipated \$673,000 increase in sales tax revenue but a \$150,000 drop in mortgage tax revenue.

Clarkson also previously

lauded the instillation of solar panels at the former town clay mine site. The panels were installed at no initial cost from the town through a partnership with the New York State Energy Research and Development Agency. There’s an estimated first-year savings of \$150,000.

“I think because of the year’s of hard decision making and planning, that made this year’s budget much simpler in that we didn’t really have any hard decisions to make,” said Councilwoman Joanne Dawson. “We know it was important to keep any increases to a bare minimum, which we succeeded at. I think it also reminds us how important it is to continue to be vigilant.”

Last year’s \$39.7 million budget held a tax levy increase of 1.8 percent, below the state tax cap for the town. However, many homeowners saw a reduction in their tax bills

following the town-wide reassessment completed in early 2014. The savings will continue for many during the 2016 budget season. About 6,000 homeowners, or 62 percent, saw their tax bills lowered.

Councilman Jeffrey Kuhn said he is proud of the work he’s contributed to the town over the last four years, and the town is in much better shape.

“I think there have been many objective measures that show Bethlehem is one of the best run municipalities in the entire Capital District,” said Kuhn, in reference to upgrades to the town’s credit score and various grants the town’s received. “By those measures, we are in a robust financial and budgetary condition. We also have a deep bench of very bright and skilled people. I’m confident and optimistic about the direction the town is going as I leave the board.”

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GOVERNMENT

New Scotland board presents budget

Town Board touts budget under tax cap; wage increase for employees

By **TRICIA CREMO**
cremot@spotlightnews.com

NEW SCOTLAND
— Residents will see a \$5 increase per \$250,000 home after a cost increase over last year's budget, which officials project will remain under the tax cap.

This year's budget increased by roughly \$600,000 after budgets

from the last five years did not see an increase of more than \$30,000. However, this year's increase is still modest when compared to the over \$1,300,00 increase seen in 2011.

The \$600,000 budget increase is largely a result of costs incurred from the newly created 155-parcel New Salem water district on New Scotland South Road.

The town was able to stay under the state mandated tax cap amidst the increase. This is despite the fact, as Councilman and soon-to-be Supervisor Douglas LaGrange revealed, the board did not expect the cost of the project to be subject to the tax cap.

"It was surprising and a bit unfair," said LaGrange. "It's one of those things a

"All of the board members are on top of everything, asking every question about a better way to pay for (town services.)"

— Douglas LaGrange
Town Councilman

new thing that should be capital expenditure rather than subject to (the) tax cap."

The project will cost over \$1 million, and be paid for through a bond over the next 30 years. Reserve funds will not be used.

The proposed tax levy remained the same at less than one percent. The tax rate is \$1.33 per valued

\$1,000, with this year seeing homes in town increase in assessed value.

Officials said the town's 2016 budget is under the state-mandated two percent cap, which is instituted to keep taxes below the inflation rate. No issues came up at the two public budget forums on Nov. 7.

While the budget was able to appropriate all of the necessary funds for this year under the cap, LaGrange said staying under made it difficult to find funding for future projects.

Town employees will receive a one percent wage increase and the paving budget was also increased for future road maintenance expenses. No cuts were made to any departments.

The budget as it

currently stands is set to pass at the next town board meeting on Wednesday, Nov. 18.

Reserved funds remain "very healthy" at an estimated unreserved fund balance of \$2,324,630, said LaGrange. "We're not concerned with the level it's at right now, but can't keep dipping into it," he said, in order to get through the lean years.

The overall budget accounts for the fire protection districts, special light districts, special emergency medical technician districts and the five water districts.

Salaries for town employees include \$58,844.18 for the supervisor; \$8,739.53 for each of four town board members; \$55,024.66 for the town clerk; \$69,847 for the highway

superintendent; and \$26,556 for each of two judges.

"All our board members are on top of everything, asking every question about a better way to pay for (town services)," said the councilman. "We're here to pick up the garbage, pick up the leaves and plow the snow. For most people, if they see that that's done, they're happy."

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■ COPS, COURTS AND EMERGENCY CALLS

Corinth man flees police during stop

Bethlehem police arrested Brett C. Ferrell, 30, of Corinth, on Tuesday, Nov. 10, after Ferrell allegedly fled police on Sunday, Nov. 8 around 12:30 a.m.

Police reportedly stopped Ferrell on Route 9W in the area of Bender Lane for multiple vehicle and traffic violations and discovered he had been driving with a revoked license.

Ferrell reportedly made a U-turn and sped onto I-787, Alternate Route 7 and Interstate 87. Despite assistance from other law enforcement agencies, the attempt to stop Ferrell was terminated for the safety of the officers and the public due to high speeds, according to police.

Ferrell was later arrested on active warrant by the Saratoga County Sheriff's Department, turned over to Bethlehem police and arraigned in Bethlehem Town Court.

Ferrell was charged with misdemeanor counts of reckless endangerment, unlawfully fleeing a police officer, resisting arrest, reckless driving, aggravated unlicensed operation of a motor vehicle and multiple vehicle and traffic violations.

Ferrell was remanded to Albany County Jail in Lieu of \$4,500 bail and is scheduled to reappear in Town of Bethlehem Court on Dec. 1.

Selkirk man hits multiple cars, while fleeing police

Bethlehem police arrested William Patrick Fennell, 43, of 10 Trinity Place in Selkirk, around 6:20 p.m. on Thursday, Nov. 5, and charged him with DWI, failing to keep right, unsafe lane moving, failing to stop at a stop sign, failing to comply, leaving the scene of an incident without reporting and violating open container laws.

Police stopped Fennell after he allegedly weaved across a double yellow line on State Route 9W

in Selkirk. According to police, Fennell ignored police sirens and ran through a stop sign on Maple Avenue, knocking it down.

He then reportedly pulled into a parking lot, struck a concrete barrier, drove through the parking lot, struck the rear end of a vehicle on Route 9W and struck another road sign coming to a stop on top of it.

Police again approached the vehicle and Fennell again reportedly attempted to flee police, but was struck by another vehicle. Fennell reportedly ignored verbal instructions from officers to turn the vehicle off and exit the vehicle.

After attempting to open the door and finding it to be locked, the arresting officer broke the passenger side window and unlocked the car. Police said a strong odor of alcoholic beverage was

observed coming from Fennell and a bottle of Jack Daniels was observed on the driver's floorboard.

Fennell had impaired motor coordination, glassy and bloodshot eyes and impaired speech, according to police. He was reportedly unable to perform field sobriety tests due to his level of intoxication.

Fennell was transported to Albany Medical Center for evaluation. There, he submitted a BAC test and a positive presence of alcohol reading on a prescreening device. Fennell has been discharged from Albany Medical Center and is scheduled to appear in Bethlehem Town Court on Dec. 1.

Traffic stop leads to drug arrest

State police in Guilderland arrested Jack

C. Murray, 28, of Auburn, Ala., on Wednesday, Nov. 11, around 3:30 a.m. after he was found to be in possession of 109 grams of MDMA, 1.2 grams of Ketamine, three capsules of concentrated cannabis, 114 grams of marijuana and two scales during a traffic stop.

Police stopped Murray on I-87 for an alleged traffic violation. He was charged with the felonies counts of criminal possession of a controlled substance in the second degree and fifth degree, criminal possession of a controlled substance in the third degree with intent to sell, and misdemeanors criminal possession of a controlled substance in the seventh degree, criminal possession of marijuana in the fourth degree and criminally using drug paraphernalia in the second degree.

Murray was arraigned at

the Town of Guilderland Court and remanded to Albany County Jail without bail.

License check leads to arrest

Guilderland police conducted 16 checks of liquor license, one of which resulted in an arrest.

Michael Oliver Jr. of Altamont was arrested after allegedly selling alcohol to a 19-year-old female at the Altamont Sunoco at 200 Main Street in Altamont. Oliver reportedly sold a six-pack of beer to the minor. According to police, no identification was shown or requested. Oliver is due in Guilderland Town Court on Dec. 3.

Other arrests:

• Bethlehem police arrested Lauren Silverman, 31, of 24 Cole Ave. in Albany on Saturday,

Nov. 7 around 2 a.m. and charged her with aggravated DWI and violating open container laws. Police reportedly observed Silverman's vehicle stuck in mud in the area of 1355 New Scotland Road. According to police, Silverman had an odor of alcoholic beverage on her breath, glassy and bloodshot eyes and slurred speech. She reportedly failed three field sobriety tests and presented a positive breath presence of alcohol reading on a prescreening device. Silverman had a BAC of 0.23 percent, according to police. Two beer cans were reportedly found empty on the passenger seat floor of her vehicle.

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COMMUNITY

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The Listening Parties music appreciation series continues with a special program on Thursday, Nov. 19, called “Renditions,” where participants will explore the fluid boundaries between jazz and other musical genres. The discussion, which begins at 7 p.m., will close out the series for 2015. More Listening Parties return in 2016, kicking off with Antônio Carlos Jobim, primary creator of bossa nova, on Thursday, Jan. 21, at 7 p.m.

Listening Parties at the library are a great way to meet up with fellow music lovers and share your personal impressions and memories, rediscover milestones in music history, and talk about the artists that have shaped the musical landscape. Bethlehem librarian Michael Farley facilitates the discussions.

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bethlehempubliclibrary.org or call 439-9314.

Game on!

Swing by the library on Saturday, Nov. 21, between 10 a.m. and 4:30 p.m. and bring your game face. BPL is joining other libraries across the globe for a celebration of gaming during International Games Day @ Your Library. Board games and more will be available for use in the library, and all ages are encouraged to participate.

In recognition of the library's changing and dynamic role and the increasing value of gaming to literacy improvement, the American Library Association founded International Games Day in 2009. The event continues to grow, with more than 1,000 libraries around the world joining

ours to showcase gaming programs and services. Gaming of all types at the library encourages young patrons to interact with a diverse group of peers, share their expertise with others (including adults), and develop new strategies for learning.

Register for programs online

Don't forget, you can now sign up online for library programs that require registration. To get started, simply click on the “events” tab on the library's home page at www.bethlehempubliclibrary.org. Browse the calendar and locate the event you would like to attend. Programs that require registration will be underlined. When registration is complete, a screen will pop up letting you know your information has been received. If the program is full, you may be added to a waiting list.

We still accept registration by phone or in person at the Information



On Monday, Nov. 9, a battle of wits took place at Bethlehem Public Library for the “Are You Smarter than a Librarian?” challenge, and this year, it appears these challengers were, indeed, smarter. Library staff

Desk or the Children's Place desk. Give us a call at 439-9314 if you have any questions.

Holiday hours

Thanksgiving is almost here. Just a reminder that the library will close at 5 p.m. Wednesday, Nov. 25, and remain closed Thursday, Nov. 26, for the Thanksgiving

holiday. The library will be open 9 a.m. to 5 p.m. on Friday, Nov. 27. Of course, we're open all the time online at www.bethlehempubliclibrary.org.

Upcoming events

Saturday, Nov. 21
Time Out for Tales

Stories and fun for children up to age 6 and families. 11 a.m.

Monday, Nov. 23

Stories and Play

Stories and songs in the community room, followed by free play. Up to age 6 with family and friends. 9:30 a.m.

— Kristen Roberts

NEIGHBORHOOD NEWS

Sportsmart returns Nov. 21 to BCHS

BETHLEHEM — Boy Scout Troop 75 of Delmar is holding its annual Sportsmart fundraiser Saturday, Nov. 21, at the Bethlehem Central High School Cafeteria.

Sportsmart is an annual sale of all types of sporting goods, with a focus on winter sporting goods and equipment such as skis, ski boots, snowboards, skates, snowshoes and hockey equipment. There are also plenty of other goods for sale, such as soccer cleats, golf clubs and bags, clothing, bikes, lacrosse and baseball gear.

People may also bring in sporting goods to sell, and they will receive 2/3 of the sales price. Sporting goods may be brought between 8:30 and 11 a.m., and

the sale takes place from 1 to 4 p.m. Those who delivered items for the sale can return between 5 and 6 p.m. to pick up unsold items and checks for sold items.

There will also be a silent auction and raffle for several items and packages, and the troop asks everyone who comes to make a minimum donation of \$1 to the Regional Food Bank.

For more information, e-mail Sportsmart's co-chair Peter Lauricella at peter.lauricella@wilsonelser.com.

Blacksmithing lecture at BHA

BETHLEHEM — Blacksmith Jim Moran presents “Blacksmithing: Yesterday and Today” at the Bethlehem Historical Association's monthly meeting Thursday, Nov. 19,

at 7 p.m., at the Cedar Hill Schoolhouse, 1003 River Road.

Moran has been blacksmithing for more than 40 years. He can be found at the forge at the Norman's Kill Farm Park most weekends working and shaping iron and steel into useful objects. Moran is an active member of the Capital District Blacksmiths Association.

The program is free and open to the public. Refreshments and conversation follow the talk.

For more information, call 767-9432 or visit BethlehemHistorical.org.

Nature center hosts beaver program

VOORHEESVILLE — Thacher Nature Center presents the Busy Beaver Program

Saturday, Nov. 21, at 3:30 p.m.

Late fall is the season when beavers get active with building their lodges and storing food for the icy winter ahead. Beavers are already at work on the north end of Thompson's Lake, after years of no activity. Dusk is when beavers are at their busiest, so that's when participants will go to look for them.

For more information or to register, call 872-0800.

Lost Radio Rounders at Onesquethaw

FEURA BUSH — Acoustic duo Lost Radio Rounders will perform a concert Sunday, Nov. 22, from 1 to 3 p.m., at the Onesquethaw Reformed Church, 11 Groesbeck Road.

Lost Radio Rounders perform

a mix of early American gospel, spirituals and folk music. The concert is free and open to the public.

For more information, visit www.lostradiorounders.com.

Methodist church Mission Bazaar

VOORHEESVILLE — The Mission Bazaar takes place Saturday, Nov. 21, from 9 a.m. to 2 p.m., at the Voorheesville Methodist Church on Maple Avenue.

The annual event features handmade items created by the Crafty Christians. The booth has kitchen items, baby items, knit hats, shawls and mittens, pillows, wall hangings, and hand-painted items donated by local artists. Catnip mice and Christmas ornaments will also be on sale.

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■ COMMUNITY

The Y does so much more

Bicycle safety. Fingerprint IDs for kids. Breast cancer awareness. Christmas presents for families that need a hand. Help for children with life-threatening illnesses. Entrepreneurship training for teens to learn cooking and business skills, while fighting for worthy causes.

None of these things has anything to do with running on a treadmill, taking a yoga or spin class, shooting baskets, lifting weights or swimming laps. Yet, the Bethlehem YMCA is involved with all of the community efforts I just listed, and many more. These are some of the reasons that we can say that the YMCA is much more than a gym.

The Bethlehem YMCA is very proud to partner with other groups and organizations to meet the important needs of families in our town. For example, the Y works with the Bethlehem Police Department to provide services to help keep kids safe.

The Y partners with the Bethlehem Central School District to provide Christmas presents and supermarket gift cards to families in need. We also work with Bethlehem



Central High School to help promote Sydney's Cycling Sauces — a special homemade pasta sauce, made and marketed by high school students to raise money for the Saratoga Tour de Cure, which benefits the American Diabetes Association.

The Y also helps the Bethlehem Food Pantry to feed hungry families. Also, Hannaford Supermarkets is a very strong supporter of the Bethlehem YMCA, providing food and snacks for Y events, Helping Hands Food Boxes to fight hunger and ingredients for Sydney's Cycling Sauces.

The Y works with the Town of Bethlehem to put on our annual Delmar Duathlon bike and running race in the spring. Our Togetherhood committee worked with the town's Senior Services to clean up their fleet of vans, used to help provide transportation to area seniors.

The Y partners with To Life! — the Bethlehem-based Breast Cancer

organization — to provide support through a program where breast cancer survivors walk together on the Y's track to exercise, recover, socialize and support each other.

Families with children fighting life-threatening illnesses find support through the YMCA's Circle of Champs program that works very closely with the Myles of Smyles Foundation and Maddies Mark. These two groups provide services and support for families and put much-needed brightness into their lives.

And that's just the tip of the iceberg. You may not see them during your day-to-time comings and goings, but our community needs in Bethlehem are many. The volunteers and staff at the Bethlehem YMCA work tirelessly to address as many as possible — all while operating our wellness facilities, workout classes, aquatics, ice rink, educational programs, etc.

The Y realizes we can't do it alone. So, partnering with other community organizations, we work together — like spokes inside a wheel — to make a significant and positive impact on people's lives. And we do it every day.

— Mark Hansen

See Jane Monheit

Do you like jazz singing? Join us as Jane Monheit pays tribute to Ella Fitzgerald at The Egg on Friday, Nov. 20 at 8 p.m. The program cost is \$34. Call 439-4955, ext. 1176, to make your reservation.

It's that time of year. We will tour Capital Lights in Washington Park on Tuesday, Dec. 1, at 3:30 p.m. We will have supper at Ted's Fish Fry, cost on your own. Your suggested van donation will benefit the Albany Police Athletic League. Call 439-4955, ext. 1176, to make your reservation.

The Caregiver's Support Group will meet on Wednesday, Nov. 25, from 10:30 a.m. to noon, at the Bethlehem Town Hall. Join others who are caring for a loved one who has been diagnosed with Alzheimer's or another dementia. Call Jane Sanders at 439-4955, ext. 1174.

Senior transportation will not be available during the Thanksgiving recess, Nov. 23-27. Town

Senior Action



Town of Bethlehem

Hall is closed on Nov. 26 and 27.

Medicare open enrolment is available now through Dec. 7. Call 439-4955, ext. 1176, to schedule a counseling appointment with a Senior Services Outreach Worker.

Need something to read? Senior transportation will be available to take you to the Bethlehem Public Library on Nov. 20 and Dec. 11 at 12:30 p.m. Call 439-5770 to make arrangements. Books can be delivered to you if you are permanently or temporarily unable to visit the library. Call the Library at 439-9314 and ask about the Books to People delivery service.

The Equinox Thanksgiving Day Community Dinner will be held on Thursday, Nov. 26, from 1 to 4 p.m., at the

First Presbyterian Church, 362 State St., Albany.

The Annual Turkey Trot will take place on Thanksgiving Day, Nov. 26, at the Bethlehem Middle School. Fireworks and advance registration will take place on Wednesday evening at 7 p.m. Donations for the Bethlehem Food Pantry will be taken. The pantry is in need of coffee, tea, juice, shampoo, conditioner, deodorant, toilet paper and toothpaste.

Outreach workers are available to assist with counseling on health insurance, housing issues, food stamps, health and income related programs or heating costs support. Make an appointment by calling 439-4955, ext. 1176.

Bethlehem Senior Transportation Service provides rides to medical, dental, therapy and clinic appointments, grocery stores and a variety of social and recreational programs.

— Wilma DeLucco



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COMMUNITY

See us in a whole new light

Thanks in large part to a \$75,000 grant obtained by Assemblymember Pat Fahy, and further financial support from National Grid, you're seeing the Guilderland Public Library in a whole new light! All incandescent and fluorescent bulbs are being replaced with LEDs that are brighter, energy efficient and long-lasting.

Within the library, the improvement is immediately apparent: The whole building is brighter, and those areas in the Main Reading Room that were dark even on the sunniest days are now amply lit. Reading titles in the stacks is markedly easier thanks to the clear illumination provided by the new fixtures, and — if you're here at night — you'll really appreciate the vastly improved parking lot lighting.

This project means long-term cost savings on two counts: First, LEDs consume much

GUILDERLAND PUBLIC LIBRARY
www.guilpl.org

less electricity — yet yield more light — so we shall shortly realize a much-reduced electric bill. And secondly, since LEDs last so long, bulb-replacement expenses will drop dramatically. (Some of the legacy lighting elements lasted only six months or so.)

Work is proceeding rapidly, but there are so many fixtures to replace that the work will extend to early December. You may notice that some areas are unavailable for an hour or two, but we are ensuring that the inconvenience is minimal.

We're sure you'll notice the difference. These new, brighter lights are making make your library a better place to read, work or just relax.

Take and Bake

Just in time for the

holidays, we're adding some new and unique items to our library collections — bake ware and folding tables.

If you have a Guilderland Library card, you can check out cookie cutters or take home a table, just as you would a book or DVD. Our "Take and Bake" collection has a few dozen items, and we have nine tables (six 6-footers and three 4-footers) you can check out — just right for Thanksgiving and holiday parties, and for your upcoming spring garage sales.

Have some unique bake ware you'd like to donate? We're accepting items in good condition such as specialty character or shaped cake pans and holiday cookie cutters. Help our collection grow.



"Greufus," the cow from Greulich's Market in Guilderland, is resting at the Guilderland Public Library's Community Literary Garden after being transported to the library Friday, Nov. 6. The cow had been a fixture atop Greulich's for decades before the Carman Road market closed earlier this year.

Mark Curiale

Please donate

The Red Cross is holding a blood drive at GPL on Monday, Nov. 23, from 1 to 6 p.m., and the need for donations is urgent.

Donating blood is a simple thing to do, but it can make a big difference in the lives of others. In fact, according to the American Red Cross, one pint of blood can save as many as three lives. And donating is simple: the actual blood donation typically takes less than 10-12 minutes. The entire process, from the time you arrive to the time you leave, takes about an hour and 15 minutes.

You can just drop in, or you can make an appointment at www.redcrossblood.org, or by calling (800) RED-CROSS (733-2767).

GPL Sprouts: Sinking & Floating

Join us for a fun-filled STEM (Science, Technology, Engineering & Math) program for kids ages 4-7 on Tuesday, Nov. 24, at 3:30 p.m. You'll explore "Sinking & Floating" through literature, experiments, activities and crafts. Lots of hands-on learning for everyone. Please call 456-2400, ext. 4 to register.

Li'L Lego Club

Our Lego Club for children in grades K-2 meets in the Storyhour Room on Tuesday, Nov. 24, at 3:30 p.m. Use your imagination for some creative play with friends, and create things of Lego wonder. Bring your own bricks or create with ours.

As usual, creations that you bring to show off will be kept separate from the library supplies.

Yo, Nipper!

Don't miss hearing Times Union reporter Paul Grondahl and editor Teresa Buckley as they discuss their book "Great Dogs of Albany and Beyond" at GPL on Saturday, Nov. 21, at 2 p.m.

This is part of GPL's ongoing "Read Local" series, which celebrates the many accomplished authors and book illustrators among us in the Capital District.

Thanksgiving hours

GPL closes at 2 p.m. on Wednesday, Nov. 25, and is closed all day on Thanksgiving Thursday, Nov. 26.

— Mark Curiale

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World War I lecture

Dr. Clifford Brown and Professor Stephen Berk from Union College will present an informative talk on the human toll of WWI, the Great War, on Thursday, Nov. 19, at 7 p.m.

There will be an opportunity for questions and follow-up discussion after the lecture. This lecture is part of "The Great War Remembrance Series" of educational programs.

Voorheesville
Public Library

Morning Coffee with Fahy

Assemblymember Patricia Fahy of the 109th District will be hosting a morning coffee hour for interested residents to discuss current affairs. Please join us at 11 a.m. on Saturday, Nov. 21. Light refreshments will be served.

NYC Bus Trip

On Saturday, Dec. 5, you can enjoy a day at one of New York's most exciting holiday destinations and support the library at the same time. The cost of the bus is \$40 for Friends of the Library members and \$45 for non-members. Paid reservations are accepted at the circulation desk. Payment in advance is required; no seat is reserved until payment has been received. For more details, visit the library web site.

— Lynn Kohler

www.Spotlightnews.com

■ **PICK OF THE WEEK**



Carry Your Heart

Written and directed by Michael Kennedy, a performance intended to raise social awareness on the topic of suicide. Performed at the Arts Center of the Capital Region Saturday, Nov. 21.

Pages B7

■ **INSIDE**



Arts calendar

Pages B7-B9

■ **ONLINE**

Check out our expanded calendar of events at www.spotlightnews.com/events.

■ **MUSIC**



A good run

Marty Wendell reflects on a fruitful, musical career

By **ROB JONAS**

jonasr@spotlightnews.com

Some musicians rest on their laurels once they reach 70 years old. Not Marty Wendell.

The Rockabilly Hall of Fame member recently released a new album of original songs called "A Real Good Run." And as the name suggests, the 13 songs on the album find Wendell looking back upon his life and coming to terms with his age.

"There's some reflections on the aging process itself, and I don't think there are too many albums out there that are dealing with those issues and emotions," said Wendell, who lives in northern Rensselaer County.

The song that started Wendell down his road of reflection is "Windin' Down," which he wrote in 2011.



Marty Wendell's latest album consists of 13 songs reflecting upon a Hall of Fame career.

Photo by Andre Pilarczyk
Album art submitted

Continues on page B12

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In the Gloaming

Poem by Meta Orred (1874)
Photo by dannyymaggs/Instagram

In the gloaming, oh, my darling!
When the lights are dim and low,
And the quiet shadows falling,
Softly come and softly go;

When the winds are sobbing faintly
With a gentle unknown woe,
Will you think of me, and love me,
As you did once long ago?

In the gloaming, oh, my darling!
Think not bitterly of me!
Tho' I passed away in silence
Left you lonely, set you free;

For my heart was crush'd with longing,
What had been could never be;
It was best to leave you thus, dear,
Best for you, and best for me.

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■ FASHION

Fashion rut

Journey out of your comfort zone to break out of a habit

By **DENISE BENNETT**
news@spotlightnews.com

Ruts. We all get in them. If it isn't a rut in your dietary choices, where you find yourself eating the same dish over and over, it is a fashion rut and your signature item is becoming tired and worn.

So, how do you break this rut and travel down the road of freshly pressed style? Wear something that is not typically your style.

Recently, I have made the switch from a large, carry my life in one place handbag to a cross body style. Why would I do such a thing? Especially since this large bag has been my style since I can remember? For that very reason. I needed to reinvent myself and finding a hands free accessory seemed brilliant. Switching my handbag has been an eye opener.

For one, when you down grade your bag, you have to declutter yourself. I got rid of the four plus lip glosses, travel size lotions and sprays and a makeup bag that held items that needed to be trashed. Double check your current bag... do you really need all that in there? My best guess is not. My new bag is roomy for a cross body style and only holds my essentials. I love this new hands free style and I can be stylish and rut free simultaneously. It is a complete win.

If you don't want to give up your bag (and I can't fault you!) try out a new color for some clothing. Do you always like black, gray and neutrals? Add a pop of Marsala, cobalt or spruce green. You can start small, one sweater or an acrylic scarf. But break out of your normal color scheme and you'll be amazed how refreshed you feel. You may even receive

So how can you go about finding some inspiration? The Internet, of course. I suggest checking out Pinterest, Instagram, fashion and lifestyle blogs. Street style is really where you can see designer's ideas translated into practical means. So, checking out a blogger's styling technique can be inspirational.

compliments from your cohorts or colleagues.

Changing up your shoe style is also a way to freshen your look. I am a high heeled maven and most Monday through Friday outfits revolve around a bootie or wedge.



But lately, I have been enjoying flat riding boots with leggings or jeans tucked in. It has been a solid adjustment going from towering over people to having to look up at them, but I am making it work. It is a more relaxed style than my glamour girl usual, but it has been a needed change of pace. I can also walk faster so that's a plus when I am multi-tasking.

So how can you go about finding some inspiration? The Internet,

of course. I suggest checking out Pinterest, Instagram, fashion and lifestyle blogs. Street style is really where you can see designer's ideas translated into practical means. So, checking out a blogger's styling technique can be inspirational. Whenever I have a question or want inspiration for something, I go to these references. If you're not a scarf wearer and decide you want to be, you'll need to know how to knot it. Go to Pinterest, search and *viola*. Your new

fashion item can now be worn in 20 different ways, about 19 more ways than you anticipated when you first purchased it.

So, go out on a whim and if the item strikes you, throw caution to the wind and buy it. You don't have to ignore something just because it isn't your style. Your style can include breaking the tried and true once in a while.

Denise Bennett maintains a fashion and lifestyle blog on perfect20.co.

Got views?

The Spotlight welcomes letters of local and regional interest. Letters are subject to editing and are limited to 500 words.

All letters must include the writer's name, address and phone number. *The Spotlight* reserves the right to limit the number of letters published from a single author.

Submissions can be emailed to news@spotlightnews.com. The deadline for all letters is noon Friday prior to publication.

The Spotlight also welcomes longer opinion pieces for the Point of View section.

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Our full letter policy can be viewed online at www.spotlightnews.com.

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BUSINESS BRIEFS

Local bank beautifying area parks

GLENVILLE — TrustCo Bank Corp NY recently announced it is continuing a project to renovate local public parks. The current project is Woodlawn Park in Schenectady.

Trustco employees and volunteers have been working to clean the park, put new sand on the volleyball court and make a number of other enhancements. New trash cans and park benches have been installed to allow visitors to better enjoy their visit to the park. A new sign was also installed to help promote usage by local residents.

Trustco Bank will held an unveiling at Woodlawn Park on Tuesday, Nov. 10, after a group of bank employees raked and added the finishing touches to the park.

TrustCo Bank Corp NY is a \$4.7 billion savings and loan holding company and through its subsidiary, Trustco Bank, operated 146 offices in New York, New Jersey, Vermont, Massachusetts, and Florida at September 30, 2015. In addition, the Bank's Financial Services Department offers a full range of investment services, retirement planning and trust and estate administration services. The common shares of TrustCo are traded on the NASDAQ Global Select Market under the symbol TRST. — *TrustCo Bank Corp*

New shop with old bricks

Wine shop with ties to Troy's storied past

TROY — A boutique wine shop is now open in Troy featuring small production and natural wines with great stories to tell.

"Twenty-Two Second Street Wine Co." is the latest in a series of new downtown businesses established by husband-and-wife team Vic Christopher and Heather LaVine. On Monday the couple celebrated the three-year anniversary of their first business, the popular Lucas Confectionery wine bar, located at 12 Second St.

"Our focus is on small production and natural wines that cannot be found at most other retail wine shops in the area. Some wines will only be at our shop," said LaVine. "One of the best things about working with small production wines is they come with great stories about their producers and the land they come from."

LaVine did a lot of traveling and reading to determine the shop's wine list. She says she wants to draw in customers who are intrigued by the boutique's focus -- whether they are casual wine drinkers or wine aficionados.

The store will offer an evolving selection of between 125 and 150 wines from the United States, France and Italy.

Prices per bottle will be \$7 and up, including wines for all occasions -- dinner



Twenty-Two Second Street Wine Co. is yet another example of Troy's Monument Square neighborhood has turned into a popular real estate investment. Submitted photo

at home, parties, gifts and even for collectors.

Additionally, the shop carries fortified wines and cider.

The building that houses the wine shop at 22 Second St. dates back to the late 18th century and is one of oldest still standing in the city's Monument Square neighborhood. During the past decade the residential building sat unused and suffered from water damage.

While rehabbing the structure over the past year, Christopher came across a historic tidbit linking the building to Troy's most famous resident, "Uncle Sam." According to historic researcher John Wolcott, the bricks used to construct the building were made at a Troy brickyard owned by brothers

Ebenezer and Samuel Wilson. Samuel Wilson is better known as "Uncle Sam," the personification of the United States.

Wolcott said he re-discovered the building's connection to Uncle Sam about 20 years ago when he noticed the bricks appeared thinner and flatter than the bricks in neighboring buildings. They are also laid in a distinct pattern, known as "English Garden bond," that places the building's construction in the 1790s when the Wilson brothers' brickyard was active. Finally, Wolcott confirmed the Uncle Sam connection when he located an early Daily Whig newspaper article mentioning that the house at 22 Second St. was constructed with bricks from the Wilsons' brickyard.

"I hope the story of this

building will encourage people in general to take a closer look," said Wolcott while visiting the Twenty-Two Second Street Wine Co. on Tuesday. "Sometimes you don't always get what you see... you get more!"

Christopher said he's honored to reopen the historic structure to the public and to write another chapter its long story.

"Everything at Twenty-Two Second Street Wine Co. has an interesting story, from the wines to the bricks in the walls," Christopher said. "All three of our Downtown Troy businesses are located in buildings with great histories. We love to celebrate that history, while adding our own spirit and style to these spaces."

— *Duncan Crary*

Cheers!

THIS WEEK'S FEATURED COCKTAIL:

Brazen Hussey

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FITNESS

No miracles in dieting

Pills and shakes no substitute for exercise and healthy eating

By **DAN ROMAND**
news@spotlightnews.com

There isn't a week that goes by that someone tries to pitch to me their amazing "new" nutrition program, or product to help people lose weight. Their goal is to get my endorsement and sell it to my clients.

I've had it all pitched to me from "magic pills" that guarantee weight loss to programs based on the latest diet based on "extensive research."

Cabbage soup diet, anyone?

This week's pitch was a diet program that says: "Any foods grown underground are bad for you and should be cut out of your diet." That would include things like sweet potatoes, beans/legumes,

garlic, peanuts and more.

The reasoning? Carbohydrates are bad for you, sugar will make you fat and anything that grows underground is primarily sugar.

Now, to be fair, there is some truth to this. Many foods that grow in the ground have sugar in them, and some more than others; beets, for example. But, that doesn't mean they are necessarily bad for you.

There is also some truth, in that many people eat far too many carbs than they should. But, to cut them out of one's diet completely would not be wise.

When someone comes to me and pitches a "magic pill" or program that advocates cutting out a particular food group or groups I cast a wary eye (or should I say ear?) They'll usually talk about a particular study that backs their product, or go on the offensive and attempt to discredit research in opposition.

Now, I've read hundreds if not thousands of these studies and found two commonalities: 1.) What's in them isn't really what the person is saying. And, 2.) A study is often funded by the company producing the product itself.

So, what should you believe? Is there a magic formula to weight loss?

The truth is that there is, and every registered dietician and nutritionist I've ever worked with has ascribed to it. It's called, eating right and exercising.

Not too sexy to hear, is it? But, the fact remains, there's decades of research to support that it works.

It's not about eliminating a particular food or food group. It's about enjoying food, even the so-called bad for you ones, but in moderation. Then, get up and move.

Put another way, having a piece of cake isn't going to make you fat. Eating the entire cake, will. Having a glass of soda from time to

time isn't going to kill you. Having one, two or three a day, is not the best idea.

People know all this, and I'm sure you do, too. The problem is, doing what we have to do is not fun. We've all been conditioned to find the easy way out, and in doing so, we fall into the trap of trying that miracle weight loss program or taking that magic pill to lose fat.

This is what pharmaceutical companies are counting on; that you'll jump into the latest fad or for the hottest trending weight loss product. The formula works for them, at the tune of about \$20 billion a year, it's a lucrative business venture.

Think about that for a second. Hundreds of billions of dollars over decades, yet we're at an all-time high obesity rate in this country. If any of these products actually worked, why are we still here?

So, if you're one of



There's been a market for dietary pills for decades, but, if they truly worked, why are they continued to be pushed?

the 70 percent of those in this country who are overweight, don't look for the magic pill. Do what works. Eat better food, in the right quantity and

exercise. Do this, and miracles will happen.

Dan Romand is co-owner and operator of Full Circle Fitness-NY, where he is a certified personal trainer.

PLEASE TAKE NOTE of our earlier...

**Thanksgiving week
EARLY Deadlines**

Issue of 12/2/15

Proof Advertising

Living section: **Tues., Nov. 24 at Noon**

Regular section: **Wed., Nov. 25 at Noon**

Classified & Services Directory Advertising
Wed., Nov. 25 at 1 p.m.

Legal Advertising
Wed., Nov. 25 at 10 a.m.

Display Advertising
SN Living section: **Wed., Nov. 25 at Noon**
Regular section: **Fri., Nov. 27 at Noon**

Please plan accordingly.

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■ CULINARY ARTS

Holiday special: Food & Vino

By ANN LINDA CIOTOLI

news@spotlightnews.com

Last week, I provided a recipe for turkey breast. With Thanksgiving Thursday on the horizon, you likely have the main course already planned out. The side dishes, on the other hand, may still up in the air.

This week, I've prepared not one, but three recipes to compliment the main course. It's your potential supporting cast for the star of the show. And, at the end, we have a surprise cocktail to mix things up.

Editor's Note: The following recipes all take into account a serving size of six to eight people.

Sweet Potato Casserole with Bacon Crumble

Ingredients:

3 lbs. medium sweet potatoes
4 Tbs. unsalted butter
1 sprig rosemary, broken in half
1 large egg, beaten
1 cup heavy cream
2 Tbs. light brown sugar
1/4 tsp. ground cinnamon
Kosher salt and freshly ground black pepper
2 slices thick-cut bacon, chopped into 1/4 inch pieces
2/3 cup unbleached flour
1/4 cup chopped pecans
3 Tbs. light brown sugar

2 Tbs. unsalted butter, at room temperature, cut into small pieces
Kosher salt

Instructions:

Preheat the oven to 375 degrees for you sweet potatoes. Prick the sweet potatoes with a fork. Place them on a baking sheet and roast them in the oven until soft (1 hour, to 1 hour 15 minutes). Once you're done roasting them, you will let them cool slightly. As you do, warm some butter and rosemary in a small saucepan over medium heat until the butter starts to brown. You will discard the rosemary.

Next, scoop the sweet potato flesh into a food processor, add infused butter, egg, cream, sugar, cinnamon, 1 tsp. salt and 1/4 tsp. pepper; and puree until smooth. Butter a baking dish and spread potato mixture in dish.

For crumble - Cook bacon in a medium skillet over medium heat until crisp (drain on a paper towel) but reserve the fat. Combine flour, pecans, sugar, butter, a pinch of salt, and 2 Tbs. bacon fat in a bowl. Using your fingers, rub butter into flour mixture until coarse crumbs form. Sprinkle crumble over sweet potato mixture. Bake the casserole in the oven at 375 degrees until lightly browned and the potatoes are hot (about 30 minutes).

Roasted Broccoli with Garlic and Parmesan

Ingredients:

3 heads broccoli, split into long florets
2 Tbs. olive oil

Garlic slices
Kosher salt
Freshly cracked black pepper to taste
1 tsp. red pepper flakes
1 lemon, halved
2-3 Tbs. Asiago cheese, grated

Instructions:

Preheat oven to 475 degrees. Spread the broccoli on a baking sheet and drizzle with olive oil and toss. Chop cloves of garlic and toss them. Sprinkle in red pepper flakes. Roast in the oven for 20-25 minutes until slightly crisp - garlic will cook faster, so you may want to toss garlic in half way through. Remove from oven and top with freshly squeezed lemon juice. Top with grated Asiago cheese before plating.

Classic Fresh Cranberry Sauce

Ingredients:

1 lb. cranberries (about 4 cups) if you are using frozen, thaw
2 medium oranges
1 1/4 cups sugar
1 tsp. cinnamon
1 tsp. ground cloves
1 tsp. nutmeg
Kosher salt

Instructions:

Put all but one cup of cranberries in a saucepan. Remove wide strips of zest from half an orange with a peeler and add to the saucepan with the juice of both oranges (about 1/2 cup). You can add pieces of orange if you like. Add the sugar, a pinch of salt, and one cup of water. Bring to a simmer over medium heat. Let it cook with and stir, until the berries burst and the sauce thickens (15-20 minutes). Remove from the heat, and remove the orange zest. Let cool and add cinnamon, ground cloves, and nutmeg. Transfer to a serving dish and refrigerate for at least 3 hours.

Cranberry Champagne Cocktail

Ingredients:

8 Tbs. Cointreau, chilled (Cointreau is a colorless orange flavored liqueur)
12 tsp. frozen Cranberry juice cocktail concentrate, thawed
1 750- ml bottle Champagne chilled (use sweet or dry, I like dry so I use Korbel, Brut, or Freixenet, Brut)
8 fresh or frozen cranberries

Instructions:

Place 1 Tbs. of Cointreau and 1 1/2 tsp. cranberry juice in each of eight chilled flutes. Top each with Champagne, and drop one cranberry into each cocktail before serving.

Ann Linda Ciotoli owns a catering business called Good Enough to Eat. For questions and information, e-mail Ciotoli at sodeliciousalc@yahoo.com.



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SUNDAY
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ARTS CALENDAR

THEATER

Chasing Charles

A play about the life and death of Charles Elsen — native of Schenectady, a renowned wig and make up designer for opera, Broadway, television and many celebrity clients. The playwright, a local resident of Saratoga, will be available for comment upon request. Saratoga Arts Center, 320 Broadway, Saratoga Springs. Shows: Nov. 14, 15, 21, and 22. Saturday at 2 and 8 p.m., and Sunday at 7:30 p.m. Tickets: \$20 general admission. Information: 393-3496.

American Idiot

This two-time TONY Award-winning rock opera by the band Green Day centers on three boyhood friends struggling to find meaning in a post-911 world. Directed by Tony Rivera and Peter Darling, the musical is being produced C-R Kids and will feature students from around the Capital District. Universal Preservation Hall, 25 Washington St., Saratoga Springs. Nov. 20 -21, 7:30 p.m.; Nov. 22, 5:30 p.m. Information: 269-8146.

A Midsummer Night's Dream

Written around 1594, this popular Shakespeare comedy



A tale of love and rivalry

Steamer No. 10 Theatre's C.A.S.T program presents its production of "Two Noble Kinsmen" Nov. 20-22 at its theater at 500 Western Ave., Albany. Tickets are \$13 in advance and \$15 at the door.

Submitted photo

portrays the adventures of four young lovers and a group of amateur actors, their interactions with woodland fairies and a duke and soon-to-be duchess. Taking

place in a mythical Athens and an enchanted forest, there is a handsome fairy king, a misguided parent, star-crossed lovers, wood sprites and elves. Saint

Rose Campus Theatre, 996A Madison Ave., Albany. Nov. 19 – 21, 7 p.m.; Nov. 22, 2 p.m. Tickets: \$10, \$5 with student ID. Information: 446-4951.

The Drowsy Chaperone

Winner of 5 TONY Awards and hailed by New York Magazine as, "The Perfect Broadway Musical" this "loving send-up of the Jazz age musical" pokes fun at all the tropes that characterize the musical theatre genre. Beaudoin Theater, Siena College, 515 Loudon Rd., Albany. Nov. 19 – 21, 8 p.m. Tickets: \$10 adults, \$5 seniors and students, \$2 Siena students and faculty. Information: 783-2527.

Carry Your Heart

Written and directed by Michael Kennedy, the first act of this performance intended to raise social awareness is a script based on the lives of six Capital District residents whose lives have been impacted by suicide; the second act involves a structured form of improvisational theatre in which audience members can share their own stories and see them played back immediately as theater. Arts Center of the Capital Region, 265 River St., Troy. Shows: Nov. 21, 3 and 7 p.m. Tickets: \$12 general admission, \$10 students. Information: 763-3975.

The Noble Kinsmen

A tragicomedy about love, betrayal, forgiveness and war — or, what happens when two

Continues on B8

In the Stars

1	2	3	4		5	6	7	8		9	10	11	12	13
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61						62				63				64
65						66				67				
68						69				70				

ACROSS

- 1 Flits about
5 ___ end: over
9 Daniel or Pat
14 Joie de vivre
15 Misplace
16 Let out, as stock
17 Da Vinci's Mona
18 Journey
19 Eating regimens
20 Bad luck?
23 Goof
24 Indy measure
25 Thermometer indica-
tion
30 One-hoss shay's
owner
35 Feliz ___ nuevo
36 Derision object
38 Michener opus
39 Ram, bull, and lion
43 Grape pits, e.g.
44 Type of blue
45 Corrode
46 Quit
48 Traditional western
gear
51 Ut's opposite
53 OSS follower
54 Superstitions

- 61 Place to spend obols
62 Soviet range
63 Assert
65 Compensate
66 Missile housing
67 Ancient Persian
68 Convenes
69 Harold, of the comics
70 Today's home for 67
Across

DOWN

- 1 Thicken
2 Landed
3 See 14 Across
4 Caught
5 Second self
6 Corrida adversary
7 A ___ apple
8 Kathmandu's land
9 Hungary's capital
10 Words with step or
sleep
11 Cartel in the news
12 ___ Antilles: Carib.
islands
13 USNA grad
21 Long-winged sea
eagle
22 Like Anthony Wayne
25 Honduran houses

- 26 In reserve
27 Syllogistic reasoning
28 Type of computer
ware
29 Fills up
31 Pertaining to bees:
prefix
32 Small role for a big
star
33 Indian, for one
34 Table groupings
37 The Mouse ___
Roared
40 New Orleans to New
York dir.
41 Askance
42 November event
47 Boola-Boola student
49 Aunt, Spanish
50 Deli meat
52 Stop, at sea
54 Pointed arch
55 Canter's cousin
56 Mild euphemism
57 Nobelism Wiesel
58 Shopper's delight
59 At any time
60 Pop
61 The law has a long
one
64 Skin problem
Answers on Pg. B19

ARTS CALENDAR (cont.)

young men fall in love with the same woman. Presented by Steamer No. 10 Theatre's C.A.S.T. program for young actors, Nov. 20-22, 500 Western Ave., Albany. Shows: Friday and Saturday 7 p.m., Sunday 3 p.m. Tickets: advance \$13, at the door \$15. Information: 438-5503 or www.steamer10theatre.org.

Charley's Aunt

In this beloved farce by Brandon Thomas, two Oxford undergrads persuade a classmate to

impersonate a millionaire aunt to act as chaperone for their visiting girlfriends, instigating a comically confusing series of events in which not even they know who is really who. After its 1892 debut, the play broke every historic record with a London run of 1,466 performances. Curtain Call Theatre, 210 Old Loudon Rd., Latham. Shows: Nov. 20 through Dec. 19; Thursdays at 7:30 p.m., Fridays and Saturdays at 8 p.m., Sundays at 3 p.m.; Saturday matinee

performance on Nov. 28 at 3 p.m. Tickets: \$24. Information: 877-7529.

MUSIC

Karla Bonoff

Singer-songwriter of such hits as "Isn't Always Love," "someone to Lay Down Beside Me" and more. Nov. 19, 7:30 p.m., The Egg, Empire State Plaza, Albany. Tickets: \$29.50. Information: 473-1845 or www.theegg.org.

Ciaran Sheehan

Irish-born Broadway star performs traditional Celtic tunes, Broadway songs and a little holiday music. Nov. 20, 7:30 p.m., Troy Savings Bank Music Hall, 30 Second St., Troy. Tickets: \$25-\$75. Information: 273-0038 or troymusichall.org.

Jane Monheit

Captivating jazz singer performs the classics of Ella Fitzgerald. Nov. 20, 8 p.m., The Egg, Empire State Plaza, Albany. Tickets: \$34. Information: 473-1845 or www.theegg.org.

David Jacobs-Strain

Slide-blues guitar wizard plays his distinctive brand of roots blues. With special guest Abbie Gardner. Nov. 20, 9 p.m., Club Helsinki, 405 Columbia St., Hudson. Information: 828-4800 or helsinkihudson.com.

Danilo Perez, John Patitucci and Brian Blade

Jazz trio celebrates the music of Wayne Shorter in this show. Nov. 21, 8 p.m., The Egg, Empire State Plaza, Albany. Tickets: \$29.50. Information: 473-1845 or www.theegg.org.

Back to Broadway

Classical, Broadway and pop favorites presented by SUNY Albany voice majors. SUNY Performing Arts Center, 1400 Washington Ave., Albany, Nov. 21, 7:30 p.m. Information: 442-3997.

Brother Sun

Three-part male harmonies fused with jazz, pop, blues, Americana and more. Nov. 21, 7:30 p.m. The Eighth Step at Proctors, 432 State St., Schenectady. Information: 527-3730 or eighthstep@aol.com.

The Klezmatics

American klezmer group with modern flair. The Egg, Empire State

Plaza, Albany. Nov. 22, 2 p.m. Tickets: \$40, \$18 students and children under 13. Information: 473-1845 or www.theegg.org.

Rusticator

Acoustic four-piece Americana band inspired by the sounds of Wilco and The Avett Brothers play originals and favorite covers. Part of Schenectady Historical Society's monthly full moon "Howlin' at the Moon" series. Mabee Farm, 1100 Main St., Rotterdam Junction. Nov. 24, 7 p.m. Information: 887-5073.

Friday Night is Killing Me

Guns n' Roses and The Replacements bassist Tommy Stinson's new project. Nov. 25, 8 p.m., Club Helsinki, 405 Columbia St., Hudson. Information: 828-4800 or helsinkihudson.com.

COMEDY

Tracy Morgan

"30 Rock" star makes his comeback. Nov. 19-22, Funny Bone, Crossgates Mall, Western Avenue, Guilderland. Shows: 7:30 p.m. Thursday through Sunday, plus 10 p.m. performances Friday and Saturday. Information: 313-7484 or www.funnybone.com.

MopCo

"Electric City Improv," an evening of improvised comedy featuring "Am I Right," all-female improv, and "Alf Pacino," Nov. 20, 8 p.m. Underground at Proctors, 432 State St., Schenectady. Information: 346-6204 or proctors.org.

Sandra Bernhard

Comedian and actress performs her blend of stand-up comedy and rock in a benefit for the Pride Center of the Capital Region. Nov. 21, 8 p.m.,

DANCE

Kate Weare Company

Performing as part of The Egg's Dance New York series and the University at Albany's In the Raw series. Nov. 19, 7:30 p.m., University at Albany Performing Arts Center, 1400 Washington Ave., Albany. Tickets: \$15. Information: 473-1845, 442-3995 or www.theegg.org.

National Museum of Dance

"Master Class!" An "unembarrassed, involving meditation" on the life of opera diva Maria Callas. Nov. 19-21 at 7 p.m. and Nov. 22 at 2 p.m., 99 South Broadway, Saratoga Springs, 584-7780.

USA Dance

Monthly ballroom dance featuring dance lesson and house DJ. Nov. 22, 6:15 p.m., Polish Community Center, 225 Washington Ave. Extension, Albany. Tickets: USA Dance members \$10, non members \$13, students \$5, children 18 and under free. Information: 339-7835.

FILM

Things to Come

Screening of the 1936 movie adapted from H.G. Wells' novel. Nov. 20, 7:30 p.m., Page Hall, University at Albany downtown campus, 135 Western Ave., Albany. Free. Information: 442-5620 or www.albany.edu/writers-inst.

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From page B1 ...

A good run

"We were actually unloading the bus after a concert, and you know, I had that sobering thought that the road doesn't go on and that all things end," said Wendell. "I started writing down the words to this ... song, and it seemed once I did that, the other songs started coming rather quickly."

Though the subject matter is heavy, the album is not loaded with ballads. Tracks such as "Roar Again" and "When It's Time to Say Goodbye" offer some old-school country swagger, while "Pushin' the Envelope" brings back some early rock and roll style. Still, the arrangements are sparse with plenty of acoustic guitar, dobro and piano.

Three people influenced the direction of Wendell's new album — multi-instrumentalist Jefferson Thomas, who worked with Wendell on several earlier albums; creative consultant Kelly Bird, who added her backing vocals on several

songs; and Wendell's son Sean, who co-produced the album with Thomas and created the arrangements.

"I often tell people he keeps me going because he always challenges me both in the studio, in writing and in concerts," Marty said of Sean, who is also his bandleader in live shows. "And he's always trying to help me adapt to the new technology, which is always a challenge. He's really a great blessing in my life."

Steel guitarist Robby Turner is also featured prominently on Wendell's album. Turner — who's played with country music legend Waylon Jennings and the supergroup The Highwaymen with Jennings, Johnny Cash, Kris Kristofferson and Willie Nelson — also wrote some of the liner notes on the CD.

"It was a privilege to work with Marty and Sean Wendell on this record and I look forward to future sessions with them," Turner wrote.



Music fans young and old watch Marty Wendell and his band play an outdoor show. Wendell said he likes to tour during the summer months, when they can play municipal stages.

Submitted photo

"These songs are real and reality seems harder to find in today's modern music."

Turner is one of a myriad of classic country musicians Wendell has met and played with during his 50-year career. Along his path, Wendell has met and toured with

Cash, the Statler Brothers and the Carter Family.

"It was just a wonderful thing, and they treated you like you were no different," said Wendell. "It wasn't like, 'You're kind of a very minor artist, so we don't give you any time.' You're just one of the gang, and that's how

they always treated me."

Cash was a big influence in Wendell's career. Wendell said he learned to play the guitar by listening and playing along to Cash's first album. Then, when Wendell got to meet "The Man in Black" backstage at a 1963 concert, the two of them hit it off so well that Cash missed his cue to take the stage three times while they were playing music together.

Wendell continues to tour — though these days, it's usually during the summer months, when he and his band can play community stages and organization halls such as the Elks Club around the Northeast. Wendell also recently performed a solo acoustic show at legendary folk coffeehouse Caffe Lena in Saratoga Springs, and he celebrated his 50th anniversary as a performer at WAMC's Linda Norris Auditorium in Albany.

Though Wendell concentrates his touring efforts close to home, his music is being

discovered worldwide, thanks to digital outlets such as iTunes and Spotify. And while he may not be a devotee of digital downloading himself, Wendell said he appreciates what it has done for him.

"It's certainly a way to reach people that we never had before," said Wendell. "The big advantage is that around the world, people can access that. I've had albums that have sold as far away as Norway and China."

And as long as people continue discovering his music, Marty Wendell will continue to write and perform it.

"I've really kept with it," said Wendell. "Through it all, it's something I've never let go of, and as long as I'm blessed with the good health to be able to keep doing it, we don't have any retirement plans at present."



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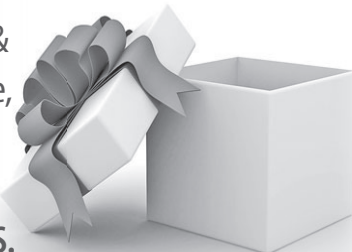
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ARTS

Alton Brown coming to Proctors

Star television chef is coming to Electric City

SCHENECTADY—Television personality, author and Food Network star Alton Brown, who created a new form of live entertainment with his first live culinary variety show—recently announced details for the all new “Alton Brown Live: Eat Your Science” tour.

Beginning in April 2016, the new live show will visit 40 U.S. cities including Proctors in Schenectady, 8 p.m. Saturday, April 30. Brown’s first North American tour, “Edible Inevitable,” was a huge success over two years and

100 cities with more than 150,000 fans in attendance. With “Eat Your Science,” fans can expect more comedy, talk show antics, multimedia presentations and music (yes, he sings) but Brown is adding a slew of fresh ingredients including new puppets, songs, bigger and potentially more dangerous experiments and what every cook needs in his kitchen: FIRE.

Tickets, \$20-\$125, are on sale now and available at the box office at Proctors in Schenectady; by phone at 346-6204; and online at proctors.org.

Critics and fans have raved about the interactive component where Brown invites audience members on stage to serve as his assistant. “There will be plenty of new therapy inducing opportunities during our audience participation segments. I don’t want to give too much away, but we’re also going to play a little game with the audience,” says Brown.

Brown has a knack for mixing together a perfect base of science, music and food into two hours of pure entertainment.

Brown, author of the James Beard award winning “I’m Just Here for the Food” and New York Times

bestselling sequence “Good Eats,” is releasing the first of two new cookbooks through Ballantine Books (an imprint of Random House) in the Fall of 2016.

“Alton Brown Every Day Cook,” or “EDC” as Brown calls it, is a collection of more than 100 personal recipes as well as a pinch of science and history. He has hosted numerous series including “Cutthroat Kitchen,” “Camp Cutthroat” and “Iron Chef America” and created, produced and hosted the Peabody award winning series “Good Eats” for 13 years on Food Network; Good Eats can still be seen on the Cooking Channel and Netflix.

Information about Alton Brown or the Eat Your Science tour can be found on Facebook: /altonbrown; Twitter: @altonbrown; Instagram: @altonbrown; or use the tour hashtag #AltonBrownLive.

Those with an appetite for more Alton Brown can find additional show and ticketing information at www.altonbrownlive.com.

Although Brown spent plenty of time in his mom’s kitchen growing up, his real interest in food sparked in college when he discovered that girls who said “no” to dates sometimes said “yes” if he offered to cook for them. His social life may have not ignited, but the food spark

did, and after spending a decade behind the camera in the commercial industry, he headed to culinary school in hopes of one day creating a new kind of cooking show. “Good Eats,” the show that Brown would go on to write, produce, and host ran for 13 straight years on Food Network before making the jump to Cooking Channel where it airs today. Combining food science, pop culture, skit humor, innovative cooking, and the occasional belching puppet, “Good Eats” has millions of fans and garnered a coveted Peabody award for broadcast excellence.

— Proctors Theatre

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SCHENECTADY—Proctors Theatre recently announced it will host a special 30th Anniversary viewing of “The Breakfast Club,” followed by an interactive Q&A session with Molly Ringwald, Saturday, Feb. 6.

Tickets (\$20-\$150 plus applicable service fees) go on sale at 10 a.m. Monday, Nov. 2, at the box office at Proctors, by phone at 346-6204, or online at proctors.org. A limited number of VIP tickets will be available that include a meet and greet with Ringwald.

Whether you’re a brain,



athlete, basket case, criminal or princess, longtime fans and new audiences alike can celebrate the return of this iconic film to the big screen.

Detention has never been more fun, especially when one is getting the inside scoop from Molly Ringwald!

Molly Ringwald’s diverse career has included movies (Pretty in Pink, Sixteen Candles), Broadway (Enchanted April, Cabaret), music (jazz recording Except Sometimes), & writing (When It Happens To You, Getting The Pretty Back). The Breakfast Club is known as the “quintessential 1980s film” and is considered as one of the best films of the decade. The film was ranked #1 on Entertainment Weekly’s list of the 50 Best

High School Movies (2010). Molly Ringwald was ranked #1 on VH-1’s 100 Greatest Teen Stars (2011).

Molly Ringwald Revisits the Club is presented by FanFair which celebrates the passion we have for cinema, bringing audiences together in-person with some of their favorite stars to celebrate and re-discover classic films in a whole new way. Moderated discussions; stories from the filming; meet-and-greets; & much more, FanFair brings the backlots of Hollywood to your city.

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3	4	1	9	7	2	6	8	5
4	6	9	1	2	5	8	7	3
1	3	5	7	8	4	9	2	6
8	2	7	3	6	9	4	5	1
2	7	3	4	1	8	5	6	9
6	1	8	5	9	7	3	4	2
9	5	4	2	3	6	7	1	8

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E	L	A	N	L	O	S	E	U	N	P	E	N
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T	H	R	E	E	O	N	A	M	A	T	C	H
E	R	R						L	A	P		
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A	C	I	N	I				T	E	A	L	
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O	L	D	W	I	V	E	S	T	A	L	E	S
A	G	O	R	A				A	L	A	I	
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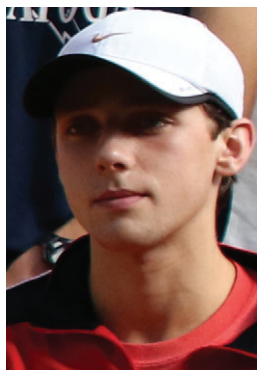
November 18, 2015

Spotlight on Sports

www.spotlightnews.com PAGE 11

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■ PLAYER OF THE WEEK



NOAH CAREY

Guiderland's Noah Carey is the MarGas Spotlight Player of the Week for the period ending Sunday, Nov. 15. Carey placed fourth in the Class A boys race at the New York State Public High School Athletic Association Cross Country Championships Saturday, Nov. 14.

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■ IN BRIEF



Signing day

Bethlehem basketball standout Jenna Giaccone was one of three Eagles to sign National Letters of Intent Monday, Nov. 16. Giaccone will play for the University of Dayton.

■ COLLEGE SOCCER



The University at Albany women's soccer team celebrates the go-ahead goal in its 2-1 victory over the University of Hartford in the America East Tournament championship game Nov. 8. The victory sent the Great Danes to their first NCAA Tournament, where they lost to Penn State 5-0.

Steve McLaughlin for
America East



A first for UAlbany

Caitlin Cucchiella guides Great Danes
to their first NCAA Division I Tournament

By **ROB JONAS**

jonasr@spotlightnews.com

ALBANY — The last few months have been a whirlwind for Caitlin Cucchiella.

In late August, Cucchiella — known to her Colonie Central High School alumni as Caitlin Colfer — gave birth to her first child. Nearly three months later, she coached the University at Albany women's soccer team to its first America East Tournament title, as the Great Danes rallied for a 2-1 victory over Hartford in the final Nov. 8.

"It's an incredible feeling," said Cucchiella, who played her high school career at Colonie and collegiately at Ohio State. "I think the girls were a huge part of this. Even with nine minutes left (in the game) and down 1-0, they never gave up."

The victory propelled UAlbany (11-9-1) into the NCAA Division I Tournament, where the Great Danes lost to Penn State 5-0 Friday, Nov. 13.

"The 2015 season was incredible," said Cucchiella.

Continues on page 12



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From page 11 ...

A first for UAlbany

"Not only did we win the America East Championship, but we also made program history."

For Cucchiella, it marked a full circle moment.

"I played my last collegiate game at Penn State. Now, I get to coach my first NCAA Tournament game at Penn State," she said prior to the game.

Going to the NCAA Tournament was a pipe dream for UAlbany when Cucchiella joined the program in the summer of 2013. Coaching a roster she only had a short time to get to know, her first season ended with a 2-14-1 record.

But Cucchiella — who previously coached at Sage College — turned things around in her second season. With a full off-season of recruiting under her belt and a better sense of the talent

already at UAlbany, Cucchiella led the Great Danes to a 7-9-5 record and an appearance in the America East Tournament semifinals, where they lost to Hartford 1-0.

"I think first and foremost it's believing in the process," said Cucchiella. "They (the players) had to buy into what we were doing."

Cucchiella told her team during the preseason this year that the goal was to get to the league championship game — a feat the Great Danes accomplished with a 2-1 overtime victory over Vermont in the semifinals Nov. 1. Standing in their way was Hartford, which owned a 14-1-2 record over them since they joined America East in 2001.

Aaliyah Ingram gave Hartford a 1-0 lead six minutes into the game, and it appeared as if it would be the winning goal until senior Allison Carhart tallied off Caitlyn Paltsios' free kick with less than nine minutes

left in the second half. Kelly Kempf then scored in the 88th minute to put UAlbany ahead for good.

"It's tough to go down 1-0 in the first half," said Cucchiella. "Pretty much, the girls decided to take a breath (at halftime) and make a couple of adjustments."

Then, the Great Danes faced a Penn State team that entered the NCAA Tournament as the No. 1 seed in the East Regional after winning the Big 10 regular season and tournament championships. Despite UAlbany's best efforts to keep Penn State bottled up, the Nittany Lions scored three times in the first 20 minutes on their way to the 5-0 win.

"All in all, the team was pretty positive after the game," said Cucchiella. "They knew they were going against one of the top teams in the country."

Cucchiella said the windy weather in Pennsylvania played a factor in the way the game started.

"There was a 30 m.p.h. wind blowing out there, and we didn't have the wind advantage in the

first half," said Cucchiella. "I felt that once we had the wind advantage in the second half, we were able to press Penn State a bit and got a couple of quality shots on net."

Despite the way the season ended, Cucchiella said the season will be defined by what the Great Danes achieved.

"This team will always be remembered as the group that won the program's first championship, and the seniors got to leave behind their legacy," said Cucchiella. "I feel honored and grateful to have worked with such amazing young women."

Going to the NCAA Tournament may become a regular thing for UAlbany in the near future. More than half of this year's starting lineup were underclassmen, and Cucchiella is bringing in her third recruiting class next fall.

"I'm real excited about the kids who are coming in next year," said Cucchiella. "And we have a significant number of young players who started for us this year coming back. So, I'm really excited about our future."

CROSS COUNTRY

Carey takes fourth place

Guilderland junior helps Section 2 team finish second at state meet

By **ROB JONAS**

jonasr@spotlightnews.com

ALBANY COUNTY

— Guilderland's Noah Carey had a top-five finish in the Class A boys race at the New York State Public High School Athletic Association Cross Country Championships Saturday, Nov. 14, at Monroe Woodbury High School.

Carey placed fourth with a time of 16:10.8, nine seconds behind third-place runner Donny Glavin of McQuaid Jesuit of Rochester. Liverpool's Ben Petrella won the individual title with a time of 15:43.0, and Saratoga's Aidan Tooker was second with a time of 15:59.3.

Carey's effort helped

the Section 2 team place second in the Class A boys team standings with 364 points. Led by Liverpool's team victory, Section 3 claimed the intersectional team title with 334 points.

Bethlehem's Dawson Homer finished 40th out of 106 runners in the Class A boys race with a time of 17:04.5.

On the girls' side, Section 2 placed second to Section 3 in the team standings. Section 2 had 275 points, while Section 3 had 189 points.

Guilderland's Emily Bini was the second Section 2 runner to cross the finish line. Bini placed 17th with a time of 18:52.5. Saratoga's Kelsey Chmiel was third with a time of 18:09.5.

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NEWS

■ COMMUNITY

Holiday luncheon

The annual Town of Guilderland Senior Citizens Holiday Luncheon takes place Tuesday, Dec. 10, at noon, at the Cider House Restaurant, 6700 Dunnsville Road, Altamont.

The menu features the entrée choice of pan-seared salmon over butter leeks or grilled chicken and roasted vegetable stack. Soup, a roll, dessert and coffee or tea are included.

The cost is \$22 per person. Tickets are available from Nov. 9 through Dec. 2. Please make checks payable to Town of Guilderland. Transportation service is available for Guilderland Seniors.

HEAP program

Cold months approach. Heating costs increase. People with monthly incomes under \$2,244 for one person, or \$2,935 for two people, etc., are eligible for the Heating Assistance Program called HEAP. This grant can be received each heating season and goes directly to the

Town of Guilderland SENIOR CALENDAR

heating company. The amount of the payment to each person is determined by income, living expenses and type of fuel used. Applications to the program should be available Nov. 16 in the Senior Office, and if you need assistance, please call to set up an appointment.

Needlecraft, quilting and painting groups

Everyone is welcome to join these informal, social groups. There is no cost, and you would be free to attend as your schedule permits. Participants bring in their own materials and supplies. To join any one of the groups, please contact the Senior Office.

Needlecraft meets Wednesdays at 1 p.m. Most of the participants in this group crochet or knit. They

share patterns and offer help to each other. Others take donated yarn and make blankets, mittens, hats and scarves for those in need.

Quilting meets on Fridays at 1 p.m. Participants work on individual projects, share patterns and offer assistance to one another.

Painting meets on Fridays at 10 a.m. The artists work on individual projects in various mediums, including oils, watercolors, and chalks. This class has an instructor who offers individual assistance as requested. Each year, there is an art show in June at the Guilderland Public Library for those who wish to exhibit their work.

Donations accepted

We accept donations of wheelchairs and walkers for the purpose of lending them out to those in need of them on a temporary basis. The walkers we give away to those who need

them. The needlecraft group accepts donations of yarn and keeps busy making blankets, hats, mittens and baby items for donations to Christ Child, Bellevue Hospital and shelters.

Trip suggestions

We did not fill-up on all our summer trips, and one trip was cancelled due to lack of participation. We would love to hear from you your day trip suggestions. We will be planning them in February.

Schedule

Thursday, Nov. 19

Scheduled shopping
Scheduled legal appointments
9 a.m. Strong Bones+
12:30 p.m. Mahjongg
1 p.m. Pinochle

Friday, Nov. 20

Scheduled shopping
No 10 a.m. Painting
No 10 a.m. Bridge
No 1 p.m. Quilting
No 1 p.m. Advanced bridge

Wrap it up teen event

Teens are invited to help put together dental hygiene packs for local Food Pantries on Thursday, Nov. 19, at 4 p.m. It's a day off from school and a chance to do something in keeping with the Thanksgiving spirit. Need community service hours for church or school? We will be happy to provide documentation.

Inside Out

What would it be like if you could peek inside the mind of a girl who's guided her by emotions ... emotions that happen to live in an imaginary place called "Headquarters?" Find out on Thursday, Nov. 19, at 2 p.m. (no school for RCS students), when the library screens newly released "Inside Out."

RCS COMMUNITY LIBRARY

Cookie forensics

Remember the song "Who Stole the Cookie From the Cookie Jar?" Kids will solve the mystery of the missing cookie at the library on Monday, Nov. 23, beginning at 3 p.m. (It's an early dismissal day for RCS kids.) There will be cookie eating involved, so bring an appetite.

— Carol Melewska

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■ COMMUNITY

Helping the homeless through faith

A program sponsored by local congregations will help feed and house homeless

By TRICIA CREMO
cremot@spotlightnews.com

BETHLEHEM — A program to house and feed the homeless has brought together a church and a synagogue.

B'Nai Sholom Reform Congregation in Albany and Delmar Presbyterian Church pooled their resources to take part in the Promise Program. Using the church's facilities and volunteers from both congregations three to four families with minor children are housed, fed and given the tools necessary to recuperate after being dealt a difficult hand.

Known as Interfaith Hospitality nationally,

the Promise Program of the Capital Region is a coalition of 13 organizations of various faiths. For four weeks out of the year each of the 13 churches houses the six to fifteen individual members of the program, while volunteers assist members at the programs day care center at 738 New Scotland Ave in Albany and volunteer to cook meals and keep members company at night.

"Our volunteers are learning that the homeless population looks a lot like them," said Rebecca Marvin, co-chair of the social action committee at B'Nai Sholom Reform Congregation. "Sometimes the volunteers bring their children and once they all start playing, you couldn't tell a difference between them."

The program opened locally in April, and has been going on for nine months thus far. Two years have been spent in

planning. Because both Delmar Presbyterian and B'Nai Sholom had small congregations, each knew they didn't have the resources to do the program themselves. But together, the church and synagogue have been able to provide 30 to 40 volunteers to the program and plenty of food. Donations are accepted at the day center for laundry detergent, paper towels, tissue paper, body wash and other necessities.

Participants are transported each morning to the day center, where resources for career development are offered. The day center is owned by Bethany Reform Church.

Most other resources such as the beds, rooms and kitchen were already held at the church, so costs thus far have been minimal, yet the organization is still looking for corporate sponsors and donations of toiletries, as the program is entirely funded by individuals.

Nationally, the program has helped over 50,000 people in its 20 years, according to, Director of Capital Region Promise Program Mary Giordano. For the volunteers and local directors, the results have been evident.

"They're eating better and getting home-cooked meals so their health is better, they have access to laundry, showers, a permanent mailing address, all the things they need to get off their feet," said Karen Pollan, pastor of Delmar Presbyterian Church. "There are a lot of hard working parents, a couple that have just hit some hard knocks. With a little bit of support they can get back on their feet again."

A family that recently moved to the states from South Africa and a mother and son pair who recently moved into a new home after the mother was hired are a few examples of individuals who have gone

through the program.

Whereas other programs might place participants in motels or separate families so that mother and children are far from fathers and teens, the Promise Program keeps families together, all without using government funds.

Meals as well are provided by the church, which offers a breakfast bar assortment and providing large dinner meals and dessert. The leftovers usually carry over into next day's lunch.

Three groups of volunteers stay with the program members each night, one group volunteers with the kids after school, one group volunteers for the dinner meal and one group volunteers for an overnight stay.

Although the program is tied to multiple religious congregations, none of the volunteers are "preachy" about their faiths. And, the

program may not always be the best option for every family.

"They are welcomed and invited to participate, but no one is forcing them to go to services," said Sam Messina, primary coordinator at Delmar Presbyterian Church.

"To run a successful program for the homeless, you have to work with existing government agencies," said Giordano. This means that program members are also often a part of the SNAP (supplemental nutrition assistance program) formerly known as food stamps, and other programs.

The next fundraiser will be an acoustic gospel concert on Friday, Nov. 20 at 7 p.m. at the Hamilton Union Presbyterian Church at 2291 Western Ave in Guilderland.

To contact Family Promise, call (518) 650-8895.



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I.B. program would be a level above advanced placement; concerns about stress

By **TRICIA CREMO**
cremot@spotlightnews.com

BETHLEHEM — A proposed program for the districts' smartest students has brought up questions over whether the district has left behind lower-level and alternative learners, and placed an unnecessary burden of stress on students in BCSD's efforts to be on the cutting edge of education.

The International Baccalaureate, or I.B. Program, is for students who want a rigorous level of education that surpasses even the Advanced Placement (A.P.) courses the high school already has in place.

The focus of I.B. is on depth of knowledge, rather than breadth. Strong emphasis is placed on writing and discussion. Completing the entire I.B. program takes two years and requires a large extended research project, but students may also take individual I.B. classes instead.

Bethlehem High School Principal Scott Landry, the man proposing the idea, estimates 24 students initially will choose to pursue the program, while twice that number will seek to take individual I.B. classes. In order to have any I.B. classes offered at a school, the entire I.B. diploma program must be offered.

At the Wednesday, Nov. 4 School Board meeting, Landry presented his proposal. He has spent the last year touring schools whose programs include the I.B. program and attending I.B. conferences, in order for the district to even be considered as an I.B. candidate.

Instituting I.B. will cost an estimated \$96,000 yearly, plus an initial application fee of \$4,000

for a grand total of \$100,000. Testing fees to students sit in the \$100 to \$200 range, which as School Board Member Joanne Cunningham pointed out, could be a disincentive for students from low-income families.

"The professional development of teachers is unbelievable," and "the people that are in the program and believe in it believe in it to the nth degree," but it all comes at a cost, said Landry.

Whether the district chooses to adopt I.B. or not could boil down to a matter of budget. The district's 2015/2016 budget will be completed by January and will be voted on in May. If the district wants to pursue its proposed start date of September 2017, the board would need to decide before the budget is completed.

This would also give the district enough time to find teachers for the I.B. program, send them to training conferences and inform students of their future options.

This year's budget already included funds for Landry and others to explore the option of adopting I.B. He and other school board members have made several visits to I.B. schools locally, across the state to Western New York and to New York City and New Jersey, where some schools institute I.B. across all age levels for all learning levels.

Landry began exploring the program after three BCSD teachers became enthused with the program two years ago.

Many BCSD teachers have mixed opinions on the proposal. In a survey conducted by Landry, 30 percent thought the programming would negatively impact the school, while a majority, 52 percent, thought I.B. would be a worthwhile addition to BCHS programming,

In a year that has already seen the Lab School come to its lowest amount of funding since

its inception while finally being able to add teaching positions cut from the budget in 2008, the mixed reception of teachers is not unfounded.

In the past year the Lab School coordinator position was cut from a .6 to a .2. The I.B. program would need at least the addition of a .6 coordinator and possibly another .4 service coordinator position. Most districts begin the program with a full-time coordinator position, due to the large amount of paperwork associated with the initial application process.

Board Member Christine Beck pointed out that the Lab School already offers some I.B. program aspects, such as the I.B.'s extended research project, as seniors in the Lab School already complete a similar project. Only, where the I.B. program offers these features to the school's top learners, Lab School offers them to the entire student body, said Beck.

As well, the high school's S.T.E.M. (science, technology, math and engineering) program has struggled to meet student demand. The start of

this school year saw four new teaching positions created in the high school's S.T.E.M. department after last year's offerings had an overwhelming interest from students. Beck argued that perhaps this is where the district should be appropriating its funds.

In a failed move ten years ago, the district created the Mandarin Language program in an effort to be a leader in language education. The program was cancelled some years later due to lack of student interest and funding. "The last thing we want is to put all of this money into [I.B.] only to have it fail five years down the line," said Board Member Diane Stevers, fearing the I.B. program would fall to a similar fate.

"... I think we're kind of crazy to look at this now with all the budget cuts we've had over the past several years and the fact that we're only now able to go back in and try to put funds back into our programs... I haven't heard anything yet to tell me that I.B. is so much better than A.P.," said Stevers.

For those 30 percent of teachers surveyed who believed the I.B. program

would have a negative impact, their main concern was that the classes would take away staffing and resources from the A.P. program. The district offers a combined 42 A.P., accelerated, enriched and honors courses. Many of the classes offered by these programs are the same as those offered by the I.B.

In the event of two competing courses under A.P. and I.B., both classes would have to be offered if one of the students in the I.B. course needed the class to finish their I.B. degree, which adds another layer of concern.

These high-level classes already require a high degree of knowledge and large time commitment from its students. Landry noted the sometimes-overwhelming stress of these classes, and the fact that the program would be yet another addition amid their laundry list of commitments as one of the drawbacks of the program.

Most college recruiters do not see a difference in applicants who complete I.B. versus A.P. programs. Some more liberal institutions, however, see the I.B. program as superior.

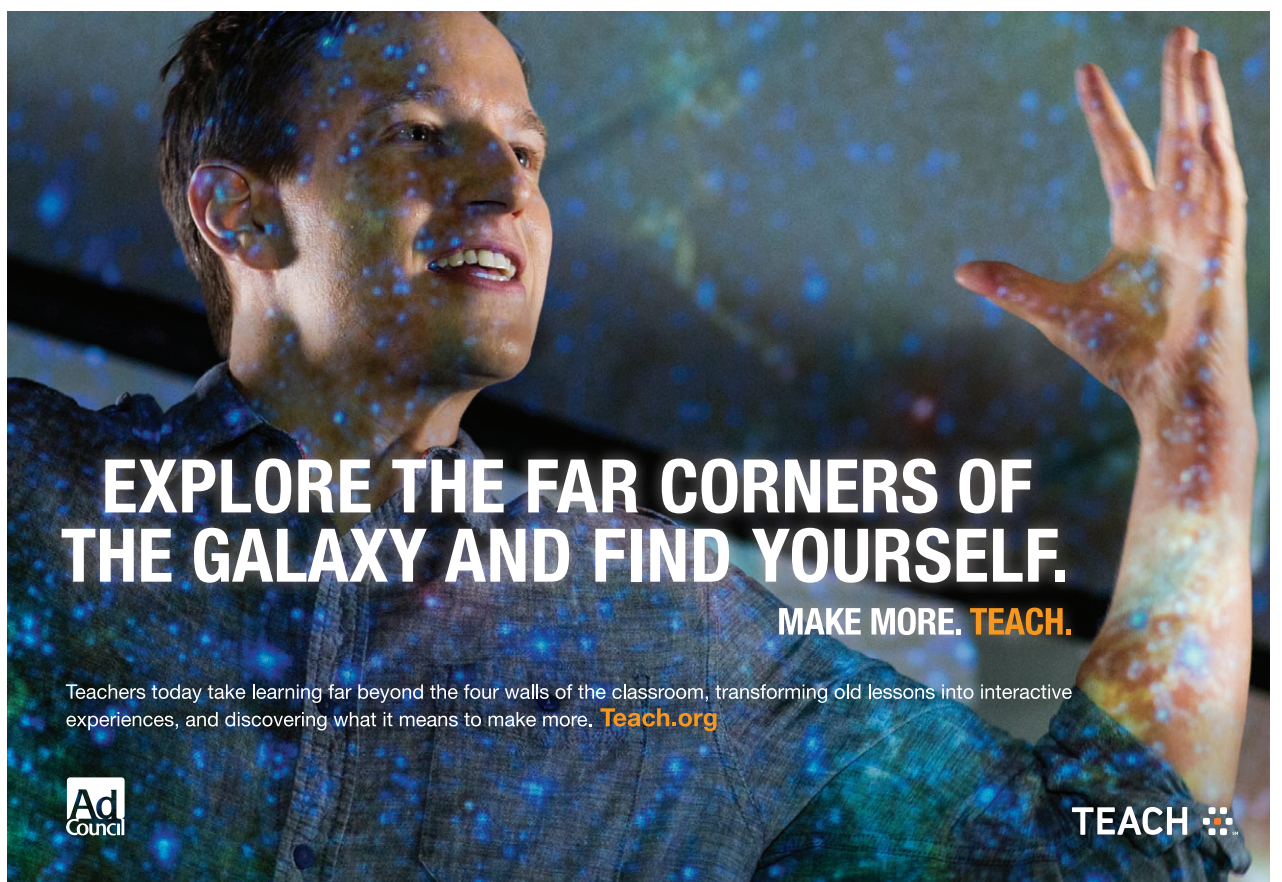
While most board members agreed the I.B. is the direction that most districts will be headed in the next few years, the timing of the move remains in question.

BCSD considered adopting the program about 15 years ago, but decided against it because they believed enough classes were already offered to the high school's top learners.

Three suburban council schools have already introduced the I.B. program to their districts: Albany, Schenectady and Ballston Spa. "Locally [the programs] are not doing really, really well," said Landry. Albany and Ballston High Schools have reportedly experienced problems sustaining student interest in the program, despite large early investments.

"Bethlehem is a high-achieving district and we do need to think about not only how to stay there, but how to continue to grow," said Cunningham.

Whether BCSD will choose to grow in the direction of the I.B. program is a topic that will continue to be discussed at future board meetings.



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LEGALS**LEGAL NOTICE**

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: 102 GRAND STREET LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 10/27/2015. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 65 Columbia Street, Apt 2, Albany, New York 12210. Purpose: For holding real estate. Ad#101115

LEGAL NOTICE

NOTICE OF FILING OF ARTICLES OF ORGANIZATION IN NEW YORK BY A LIMITED LIABILITY COMPANY Name: 1229 Western Ave LLC. Articles of Organization filed with sec. of state of NY(SOS) on 11/4/15. Office location: Albany County. SOS is designated as agent of LLC for service of process. SOS shall mail copy of process to 1258 Central Avenue, Albany, NY 12205. Purpose: Any lawful act or activity. Ad#100472

LEGAL NOTICE

136 ALLEN BLVD, LLC. Arts. Of Org. Filed w/SSNY on 10/9/15. Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St., #103, Albany, NY 12207. Reg. Agent: USA Corporate Services Inc. @ same address. Purpose: all lawful. Ad#99264

LEGAL NOTICE

155 Washington Ave., LLC, a domestic LLC, filed with the SSNY on 9/11/15. Office location: Albany County. SSNY is designated as agent upon whom process against the LLC may be served. SSNY shall mail process to Towne, Ryan & Partners, P.C., 450 New Karner Rd., PO Box 15072, Albany, NY 12212. General purpose. Ad#101144

LEGAL NOTICE

2071 EAST 57TH STREET LLC. Arts. Of Org. Filed w/SSNY on 9/22/15. Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St., #103, Albany, NY 12207. Reg. Agent: USA Corporate Services Inc. @ same address. Purpose: all lawful. Ad#99261

LEGAL NOTICE

278 Halsted LLC, a domestic LLC, filed with the SSNY on 10/27/15. Office location: Albany County. SSNY is designated as agent upon whom process against the LLC may be served. SSNY shall mail process to The LLC, 313 Butler St., Brooklyn, NY 11217. General purpose. Ad#100141

LEGAL NOTICE

3405 CHURCH AVENUE REALTY LLC Articles of Org. filed NY Sec. of

LEGALS

State (SSNY) 10/6/2015. Office in Albany Co. SSNY desig. agent of LLC upon whom process may be served. SSNY shall mail copy of process to 338 Orange St., Albany, NY 12206. Purpose: Any lawful purpose. Ad#97793

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY 1. The name of the Limited Liability Company is 471 Ontario Street, LLC 2. The Articles of organization of the Limited Liability Company were filed on June 23, 2015 with the New York Secretary of State. 3. The office of the Limited Liability Company is located in Albany County. 4. The Secretary of State is designated as agent of the Limited Liability Company upon whom process against it may be served. 5. The Secretary of State shall mail a copy of process served to the Limited Liability Company to 7 Fairfield Drive, Voorheesville, NY 12186. 6. the latest date to dissolve is indefinite. 7. The purpose of the Limited Liability Company is to conduct all lawful activity. Ad#97378

LEGAL NOTICE

632 LLC. Arts. Of Org. Filed w/SSNY on 10/20/15. Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St., #103, Albany, NY 12207. Reg. Agent: USA Corporate Services Inc. @ same address. Purpose: all lawful. Ad#99743

LEGAL NOTICE

725 E. BROADWAY LLC. Arts. Of Org. Filed w/SSNY on 10/26/15. Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St., #103, Albany, NY 12207. Reg. Agent: USA Corporate Services Inc. @ same address. Purpose: all lawful. Ad#100005

LEGAL NOTICE

97-15 64TH RD LLC. Arts. Of Org. Filed w/SSNY on 10/14/15. Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St., #103, Albany, NY 12207. Reg. Agent: USA Corporate Services Inc. @ same address. Purpose: all lawful. Ad#99263

LEGAL NOTICE

97-24 63RD DR LLC. Arts. Of Org. Filed w/SSNY on 10/14/15. Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St., #103, Albany, NY 12207. Reg. Agent: USA Corporate Services Inc. @ same address. Purpose: all lawful. Ad#99262

LEGALS**LEGAL NOTICE**

ACCESS DISABILITY ADVOCATES, LLC Articles of Organization filed: Office of the Company located in Albany County Access Disability Advocates, LLC has designated the Secretary of State as its agent upon whom process against it may be served. The Secretary of State shall mail a copy of any process served against the company to: Access Disability Advocates, LLC 159 Delaware Avenue #218 Delmar, NY 12054 The Limited Liability Company has no registered agent. The duration of the Limited Liability Company is perpetual. The character of the business in which the ACCESS DISABILITY ADVOCATES, LLC will engage is Consulting Services. Ad#98513

LEGAL NOTICE

NOTICE OF ANNUAL ELECTION SLINGERLANDS FIRE DISTRICT PLEASE TAKE NOTICE, that the Annual Election of the Slingerlands Fire District will take place on December 8, 2015, between the hours of 6:00 p.m. and 9:00 p.m. at the firehouse located at 1520 New Scotland Road, Slingerlands, New York for the purpose of Electing one Commissioner for a 5-year term commencing on January 1, 2016 and ending on December 31, 2020 and one Commissioner for a 1-year term commencing on January 1, 2016 and ending on December 31, 2016. All duly registered residents of the Slingerlands Fire District shall be eligible to vote. All individuals who wish to be candidates must file a petition with the Fire District Secretary at 628 Kenwood Avenue, Delmar, New York, with 25 signatures of resident electors of the district by November 25th, 2015. Gayle A. Griffiths Fire District Secretary Slingerlands Fire District Ad#101480

BDIRECT USA LLC. Arts. Of Org. Filed w/SSNY on 10/21/15. Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St., #103, Albany, NY 12207. Reg. Agent: USA Corporate Services Inc. @ same address. Purpose: all lawful. Ad#100006

LEGAL NOTICE

NOTICE OF PUBLIC HEARING TOWN OF BETHLEHEM, ALBANY COUNTY NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethlehem, Albany County, New York will hold a public hearing on Tuesday November 24, 2015 at 6:00pm, at Town Hall, 445 Delaware Avenue, Delmar, NY to solicit comment on the Local Law Amending the Code of the Town Bethlehem, Purchasing. All parties in interest and citizens will have an opportunity to be heard at the said hearing.

NOTICE OF PUBLIC HEARING TOWN OF BETHLEHEM, ALBANY COUNTY NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethlehem, Albany County, New York will hold a public hearing on Tuesday November 24, 2015 at 6:00pm, at Town Hall, 445 Delaware Avenue, Delmar, NY to solicit comment on the Local Law Amending the Code of the Town Bethlehem, Purchasing. All parties in interest and citizens will have an opportunity to be heard at the said hearing.

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LEGALS

BY ORDER OF THE TOWN BOARD TOWN OF BETHLEHEM Nanci Moquin TOWN CLERK Date: 11/12/2015 Ad#101476

LEGAL NOTICE

Blue Flower Thai Restaurant LLC, Arts. of Org. filed with SSNY on 09/21/15. Off. Loc.: Albany County, SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail a copy of process to: The LLC, 144 Washington Ave, Albany, NY 12210. Purpose: to engage in any lawful act. Ad#97570

LEGAL NOTICE

CAVAGNARO CONTRACTING LLC. Arts. Of Org. Filed w/SSNY on 10/2/15. Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St., #103, Albany, NY 12207. Reg. Agent: USA Corporate Services Inc. @ same address. Purpose: all lawful. Ad#99265

LEGAL NOTICE

NOTICE OF FORMATION OF CEAS PROPERTY MANAGEMENT, LLC a domestic Limited Liability Company organized under the laws of New York whose Articles of Organization were filed on September 30, 2015 with the New York Secretary of State. The Secretary of State has been designated as agent upon whom process may be served and shall mail a copy of any process served on him or her to 11 Marshall Street, Albany, NY 12209. New York Office Location: Albany County. Purpose: All lawful activities. Ad#97291

LEGAL NOTICE

Notice of Formation of Limited Liability Company: City-Nation LLC Articles of Organization were filed with the Secretary of State of New York (SSNY) on 11/9/2015. Office Location: 127 9th Street, Troy, NY 12180 SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 127 9th Street, Troy, NY 12180. For any lawful purpose. Ad#100943

LEGAL NOTICE

Collabrix, LLC Notice of Qualification - LLC was filed with the SSNY on 10/22/2015. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: Dominic Cursio, Collabrix, LLC, 19520 W. Catawba Avenue, #200, Cornelius, NC 28031. Purpose: Any lawful purpose. Ad#100135

To place your Legal Notice: Call 439-4949

LEGALS**LEGAL NOTICE**

DFL INTERIORS GROUP, LLC. Arts. Of Org. Filed w/SSNY on 10/14/15. Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St., #103, Albany, NY 12207. Reg. Agent: USA Corporate Services Inc. @ same address. Purpose: all lawful. Ad#99746

LEGAL NOTICE

DISHI 6 EQUITIES LLC. Arts. Of Org. Filed w/SSNY on 10/21/15. Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St., #103, Albany, NY 12207. Reg. Agent: USA Corporate Services Inc. @ same address. Purpose: all lawful. Ad#99744

LEGAL NOTICE

PUBLICATION NOTICE OF LIMITED LIABILITY COMPANY 1. The name of the limited liability company is E&S Sofia LLC (the "Company"). 2. The Articles of Organization of the Company were filed on September 9, 2015. 3. The County within New York State in which the office of the Company is to be located is Albany. 4. The Secretary of State has been designated as agent upon whom process against the Company may be served. The post office address to which the Secretary of State shall mail a copy of any process against the Company is E&S Sofia LLC, P.O. Box 11327, Albany, NY 12211. 5. The purpose of the business of the Company is to engage in any lawful act or activity for which limited liability companies may be organized under the Limited Liability Company Law of the State of New York. Ad#97283

LEGAL NOTICE

EC AND HH, LLC. Arts. Of Org. Filed w/SSNY on 12/9/04. Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St., #103, Albany, NY 12207. Reg. Agent: USA Corporate Services Inc. @ same address. Purpose: all lawful. Ad#99268

LEGAL NOTICE

Notice of Formation of Limited Liability Co. Name: Empire Dynamics Machinery LLC filed with the New York State Department of State on October 8th, 2015. Office location: Albany County. New York Secretary of State (SSNY) designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Jeff Moss, 7 Maryland Ave., Albany, NY, 12205. Purpose of LLC: any lawful activity. Ad#100136

LEGALS**LEGAL NOTICE**

PUBLICATION NOTICE OF LIMITED LIABILITY COMPANY 1. The name of the limited liability company is Enzo Construction LLC (the "Company"). 2. The Articles of Organization of the Company were filed on June 30, 2014. 3. The County within New York State in which the office of the Company is to be located is Albany. 4. The Secretary of State has been designated as agent upon whom process against the Company may be served. The post office address to which the Secretary of State shall mail a copy of any process against the Company is Nia C. Cholakis, Esq., 1202 Troy-Schenectady Road, Bldg. #3, Latham, New York 12110. 5. The purpose of the business of the Company is to engage in any lawful act or activity for which limited liability companies may be organized under the Limited Liability Company Law of the State of New York. Ad#97279

LEGAL NOTICE

FAB Property Remodeling, LLC. Arts. Of Org. filed with Secy. of State of NY (SSNY) on 09/17/15. Off. loc.: Albany Co. SSNY des. as agent of LLC upon whom process may be served. SSNY shall mail process to the LLC, 11 Danton Lane, Locust Valley, NY 11560. The registered agent of the LLC is Frank Berritto of the same address. Purpose: General. Ad#97831

LEGAL NOTICE

FAMA CONSULTANCY LLC. Arts. Of Org. Filed w/SSNY on 9/30/15. Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St., #103, Albany, NY 12207. Reg. Agent: USA Corporate Services Inc. @ same address. Purpose: all lawful. Ad#99267

LEGAL NOTICE

NOTICE OF FORMATION DOMESTIC LIMITED LIABILITY COMPANY (LLC). Name: FINEGAN'S ALE HOUSE, LLC. Articles of Organization filed with NY Secretary of State, October 5, 2015. Purpose: to engage in any lawful act or activity. Office: in Albany County. Secretary of State is agent for process against LLC and shall mail copy to Kevin Efaw, 1 Gregg Road, Altamont, NY 12009. Ad#97806

LEGAL NOTICE

NOTICE OF FILING OF ARTICLES OF ORGANIZATION IN NEW YORK BY A LIMITED LIABILITY COMPANY Name: Food Bank Ventures, LLC. Articles of Organization filed with sec. of state of NY(SOS) on 9/30/15. Office location: Albany County. SOS is designated as

LEGALS

agent of LLC for service of process. SOS shall mail copy of process to Regional Foodbank of Northeastern New York, Inc., 965 Albany-Shaker Rd, Latham, NY 12110. Purpose: Any lawful act or activity. Ad#97258

LEGAL NOTICE

NOTICE OF FORMATION OF FREDDY COMPANIES OF NY, LLC On 10/21/2015, Articles of Organization of Freddy Companies of NY, LLC were filed with the Secretary of State of the State of New York. The office of the NY limited liability company is located in Albany County. The SSNY is designated as the agent of the limited liability company upon whom process against it may be served and the post office address within New York State to which the SSNY shall mail a copy of any process against it served upon him or her is Freddy Companies of NY, LLC, 112 Christopher Ln, Altamont, NY 12009. The purpose of the limited liability company is for any lawful business purpose or purposes. Ad#99271

LEGAL NOTICE

NOTICE OF FORMATION OF HELPING HANDS @ HOME, LLC On 10/15/2015, Articles of Organization of Helping Hands @ Home, LLC were filed with the Secretary of State of the State of New York. The office of the NY limited liability company is located in Albany County. The SSNY is designated as the agent of the limited liability company upon whom process against it may be served and the post office address within New York State to which the SSNY shall mail a copy of any process against it served upon him or her is Helping Hands @ Home, LLC, 21B Delaware Avenue, Delmar, NY 12054. The purpose of the limited liability company is for any lawful business purpose or purposes. Ad#99272

LEGAL NOTICE

Notice of Formation of an LLC: Highlander Properties LLC Articles of Organization were filed with the Secretary of State of New York (SSNY) on 09/24/15. Office Location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Highlander Properties LLC c/o Robert Nowak, 19 Highland Ave., Albany, NY 12203. Purpose: Any lawful purpose. Ad#100700

LEGAL NOTICE

Isenlance, LLC, a domestic LLC, filed with the SSNY on 10/16/15. Office location: Albany County. SSNY is designated as agent upon whom process against the LLC may be served. SSNY shall mail process

LEGALS

to Carrie Ann Isensee, 36 Providence St., Albany, NY 12203. General purpose. Ad#101143

LEGAL NOTICE

KIWIWINE, LLC. Arts. Of Org. Filed w/SSNY on 8/28/15. Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St., #103, Albany, NY 12207. Reg. Agent: USA Corporate Services Inc. @ same address. Purpose: all lawful. Ad#99749

LEGAL NOTICE

Levine Gipp Realty Associates, LLC Notice of formation of Levine Gipp Realty Associates, LLC, a limited liability company (the "LLC"). Articles of Organization filed with the Secretary of State of NY (the "SSNY") on 8/11/15. Office location: Albany County. The SSNY has been designated as agent of the LLC, upon whom process against it may be served. The SSNY shall mail a copy of any process to the LLC, 298 Albany Shaker Road, Albany, New York 12211. Purposes: any lawful activity. Ad#97822

LEGAL NOTICE

LIBERTY 647 LLC. Arts. Of Org. Filed w/SSNY on 10/15/15. Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St., #103, Albany, NY 12207. Reg. Agent: USA Corporate Services Inc. @ same address. Purpose: all lawful. Ad#99748

LEGAL NOTICE

LIBERTY 651 LLC. Arts. Of Org. Filed w/SSNY on 10/15/15. Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St., #103, Albany, NY 12207. Reg. Agent: USA Corporate Services Inc. @ same address. Purpose: all lawful. Ad#99747

LEGAL NOTICE

Notice of formation of Lisa Mariconti, Sign Language Interpreter, LLC. Articles of Organization were filed with the Secretary of State of NY (SSNY) on 9/22/2015. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process served to: The LLC at 42 Brookman Ave Delmar, NY 12054 Purpose: any lawful act. EV WE INSERT 6 DATES HERE Ad#98552

LEGAL NOTICE

Lola 504 Realty, LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 09/28/15. Off. loc.: Albany Co. SSNY des. as agent of LLC upon whom process may be served. SSNY shall mail process to the LLC, 115 Cove Neck Road, Cove Neck, NY 11771. Purpose: General. Ad#97828

■ GOVERNMENT

Microbeads ban passes county leg

Most wastewater management systems unable to remove beads; ban helps

By ALI HIBBS
hibbsa@spotlightnews.com

ALBANY COUNTY — As many as 19 tons of toxic microbeads may be washing into New York state’s wastewater every year. The tiny plastic beads, used in facial cleansers and other beauty products as exfoliants, are too small to be caught by most wastewater management systems and, according to a report released by New York Attorney General Eric Schneiderman last summer, can cause a range of environmental and public health issues once they’ve washed down

bathroom drains. After legislation banning the manufacture and sale of microbeads statewide stalled in the Senate Environmental Committee last summer (the bill overwhelmingly passed the state Assembly, 139-1), local legislators have taken action to ban them closer to home, and hope that the state will eventually follow their example. Since last July, a total of 11 municipalities have introduced similar legislation. On Nov. 9, Albany County became the fifth county in the state to legally ban the sale of all products containing the harmful little pellets. “Microbeads are hard to detect, basically impossible to get out of the water and virtually indestructible,” said Bryan Clenehan, D-Guilderland, the county legislator who sponsored

the bill, which passed the legislature unanimously. “They don’t biodegrade, and that’s bad enough. But, once they get into the waters, they soak up PCBs, pesticides and other toxins. Then, when fish, birds and other wildlife mistake them for food, which they often do, those toxins wind up in the food chain.” According to the New York Department of Environmental Conservation, only one-third of wastewater treatment plants in the state have the potential to be able to remove microbeads from the water supply via advanced methods such as micro-filtration, advanced screen technologies or a combination of both. The study notes that it would be necessary to look at each of those plants individually to determine how effective

they are and whether modifications are needed. Treatment plants in Albany County, however, would require what Clenehan characterized as “some serious upgrades,” before they would be able to adequately capture the elusive little beads. “That really left us with three choices,” he said. “We could have done nothing, which is not acceptable. We could have upgraded our sewage treatment plants, which would have cost taxpayers millions of dollars and is also not acceptable. Or, we could do what we did, go to the source and ban the products from Albany County.” “I think that, on a lot of different issues, there is an opportunity for local governments to take action where the state government, or even the federal government, have

failed or have not acted yet,” he added. “We did the same thing with toxic toys last year. And, going way back, we did the same thing with BPAs. The counties did it and then the state took action. So that’s kind of the playbook.” In 2010, the state passed legislation prohibiting certain child-care items containing bisphenol-A—a harmful endocrine disruptor found in plastic products—just six months after similar legislation was enacted in Albany County. And, while the state Senate has yet to pass a proposed toxic toys bill that would regulate harmful chemicals in children’s products, Clenehan is confident that it will be reintroduced during the 2016 legislative session. Schneiderman called the action in Albany County “the latest in

a growing movement of county governments affirming their commitment to protecting our state’s waters—and the fish, wildlife and people who depend on them—from the threat of microbead pollution. I applaud the county governments that have acted to prohibit the sale of personal care products containing microbeads and look forward to continuing to work with a broad coalition of partners to remove these products from shelves statewide.” Locally, the law will be enforced by the Albany County Department of Weights and Measures, with consultation from the Department of Health. Clenehan says he also expects that there will be a considerable amount of citizen enforcement.

LEGALS	LEGALS	LEGALS	LEGALS	LEGALS	LEGALS	LEGALS	LEGALS
LEGAL NOTICE NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: MICHAEL JAMES RU-ANE LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 10/27/2015. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 65 Columbia Street, Apt 2, Albany, New York 12210. Purpose: For holding real estate. Ad#101117	LEGAL NOTICE NOTICE OF PUBLIC HEARING TOWN OF BETHLEHEM, ALBANY COUNTY NOTICE IS HEREBY GIVEN that the Town Board of the Town of Bethlehem, Albany County, New York will hold a public hearing on Tuesday November 24, 2015 at 6:00pm, at Town Hall, 445 Delaware Avenue, Delmar, NY to consider the 2016 Sewer Tax Rolls. All parties in interest and citizens will have an opportunity to be heard at the said hearing. BY ORDER OF THE TOWN BOARD TOWN OF BETHLEHEM Nanci Moquin TOWN CLERK Date: 11/12/2015 Ad#101477	LLC, 11 Computer Dr. W. #111, Albany, NY 12205. Purpose: all lawful. Ad#99259 LEGAL NOTICE RiskPoint Insurance Advisors, LLC filed its Application of Authority with the Secretary State of New York (SSNY) on May 20, 2015. Office location: Albany county. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to In-corp Services, INC. One Commerce Plaza, 99 Washington Ave., Ste. 805-A, Albany, NY 12210-2822. Purpose: General. Ad#100473	business in which the Rutherford Law Group, PLLC will engage is Legal Services. Ad#98222 LEGAL NOTICE PUBLICATION NOTICE OF LIMITED LIABILITY COMPANY 1. The name of the limited liability company is Shaker Ridge LLC (the "Company"). 2. The Articles of Organization of the Company were filed on September 4, 2015. 3. The County within New York State in which the office of the Company is to be located is Albany. 4. The Secretary of State has been designated as agent upon whom process against the Company may be served. The post office address to which the Secretary of State shall mail a copy of any process against the Company is E&S Sofia LLC, P.O. Box 11327, Albany, NY 12211. 5. The purpose of the business of the Company is to engage in any lawful act or activity for which limited liability companies may be organized under the Limited Liability Company Law of the State of New York. Ad#97286	Office of the Company located in Albany County Steadfast Risk Advisors, LLC has designated the Secretary of State as its agent upon whom process against it may be served. The Secretary of State shall mail a copy of any process served against the company to: Steadfast Risk Advisors, LLC 8 South Woods Blvd., Suite 200 Albany, NY 12211 The Limited Liability Company has no registered agent. The duration of the Limited Liability Company is perpetual. The character of the business in which the Steadfast Risk Advisors, LLC will engage is Financial Planning. Ad#98510	LEGAL NOTICE ARTICLES OF ORGANIZATION OF TECH VALLEY TILE LLC The name of the limited liability company is Tech Valley Tile LLC. The Articles of Organization were filed with the New York State Department of State on July 30, 2015. Office location of the LLC is Albany County. The Secretary of State is designated as agent of the LLC upon whom process against it may be served and the Secretary of State shall mail a copy of any process against the LLC to the LLC at 81 James Street, Green Island, NY 12183. Purpose: for any lawful activities Ad#97617	ment of State. The principal business location of the LLC is 268 Manning Blvd., Albany County, Albany, New York 12206. The New York Secretary of State is designated as the agent upon whom process against the LLC may be served. The post office address to which the Secretary of State shall mail a copy of any process against the LLC served upon him or her to the LLC, is c/o John Slattery 268 Manning Blvd., Albany NY, 12206. The LLC is organized for the purpose of any and all lawful business. Ad#99202	LEGAL NOTICE VA COMMODITIES LLC. Arts. Of Org. Filed w/SSNY on 10/14/15. Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St., #103, Albany, NY 12207. Reg. Agent: USA Corporate Services Inc. @ same address. Purpose: all lawful. Ad#99745
LEGAL NOTICE MM Scarla Enterprises LLC has been filed with the New York Department of State on September 14, 2015 with principal office located in Albany County at 21 Moore Street, Albany, NY 12202. The Secretary of State has been designated as agent of the limited liability company upon whom process against it may be served and the post office address to which the secretary of state shall mail a copy of any process against it served upon him or her is 21 Moore Street, Albany, NY 12202. The purpose of the LLC is to conduct any and all lawful business. Ad#97569	LEGAL NOTICE Post Street Remodeling, LLC. Arts. of Org. filed with Secy. of State of NY (SSNY) on 10/06/15. Off. loc.: Albany Co. SSNY des. as agent of LLC upon whom process may be served. SSNY shall mail process to the LLC, 11 Danton Lane, Lattingtown, NY 11560. Purpose: General. Ad#97837	LEGAL NOTICE Rutherford Law Group, PLLC Articles of Organization filed: Office of the Company located in Albany County Rutherford Law Group, PLLC has designated the Secretary of State as its agent upon whom process against it may be served. The Secretary of State shall mail a copy of any process served against the company to: Justin M. Rutherford, Esq. Post Office Box 844 Albany, New York 12207 The Limited Liability Company has no registered agent. The duration of the Limited Liability Company is perpetual. The character of the	LEGAL NOTICE Steadfast Risk Advisors LLC Articles of Organization filed: 9.2.2014	LEGAL NOTICE Notice of formation [domestic]/qualification [foreign] of __STYLEM BOUTIQUE Articles of Org. filed with NY Secretary of State (NS) on 06/03/2015, office location: Albany County, NS is designated as agent upon whom process may be served, NS shall mail service of process (SOP) to Veil Corporate, LLC @ 911 Central Ave # 188 Albany, NY 12206. Veil Corporate, LLC is designated as agent for SOP at 911 Central Ave # 188, purpose is any lawful purpose. Ad#97587	LEGAL NOTICE TRIA CONSTRUCTION LLC. Arts. Of Org. Filed w/SSNY on 9/2/15. Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St., #103, Albany, NY 12207. Reg. Agent: USA Corporate Services Inc. @ same address. Purpose: all lawful. Ad#99269	LEGAL NOTICE WINSTON DENTAL, LLC. Arts. Of Org. Filed w/SSNY on 10/15/15. Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St., #103, Albany, NY 12207. Reg. Agent: USA Corporate Services Inc. @ same address. Purpose: Dentistry. Ad#99742	LEGAL NOTICE Notice of formation of __MY REF, LLC . Articles of Org. filed with Secretary of State of NY (SSNY) on 09/23/2015. Office location: Albany County, SSNY is designated as agent upon whom process may be served, SSNY shall mail service of process (SOP) to Veil Corporate, LLC @ 911 Central Ave # 188 Albany, NY 12206. Veil Corporate, LLC is designated as agent for SOP at 911 Central Ave # 188, purpose is any lawful purpose. Ad#99317



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November 18, 2015

Spotlight on Opinion

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FROM THE EDITOR'S DESK

Hugs

This past week was a tough one to stomach for parents.

Drugs have had an ever-present existence here in the Capital District. Those of us raised here in the suburbs can identify the substance of choice during our days of attending public schools. Some of us even catch ourselves reflecting upon the days of sneaking a beer in the woods.

The mistake is thinking the problem ends there.

By the grace of all that is holy, many of us stopped ourselves short of experimenting with a can of beer or a cigarette. Many of us had the presence of mind that there's a darker path beyond innocent experiments. Many of us had the circle of friends who, together, were not going to go down that path.

Nevertheless, comparing our days to the present world is akin to listening to Top 40 radio and turning the knob in disgust. You're tuning yourself out from what our children are going through.

This past week rocked our communities. It started on Tuesday afternoon, when

Colonie Police announced it apprehended two individuals they say were involved with the August murder of Colonie hairdresser, Jacquelyn Porreca.

The man said to have stabbed Porreca, Michael Chmielewski, was a model student at Colonie Central High School. Before graduating in 2010, he represented the Garnet Raiders on the wrestling mat and earned the President's Award for Outstanding Academic Excellence to top several more scholastic accolades. He went on to college. He had an apparent path for a bright future.

Five years later, according to police, that path was eclipsed by a violent event involving a knife, money and an alleged need for heroin.

Two days later, Bethlehem Central High School hosted a Bethlehem Opportunities Unlimited-sponsored seminar to help parents talk to kids about the evil of drugs. This school district received a wake-up call of its own a month ago when 17-year old Nathan Sunderhaft was arrested with what police said were prescription drugs,

MDMA, a fake license and more than \$1,700 cash. All reportedly found in his car, parked outside the school. The drugs are concerning enough. Parents look to the amount of money and quickly associate other dangers that usually surround that amount of money. The white noise of a Gary Coleman and Nancy Reagan dialogue led by a "Just Say 'No' to Drugs" campaign has lifted. Approximately 200 parents and townspeople packed the school cafeteria to listen that night.

The following day, Chmielewski and Sean Moreland were both indicted by an Albany County grand jury. With the charges brought against them, Moreland is looking at 25 years to life, Chmielewski is looking at life without parole.

It's important to point out, if Chmielewski and Moreland are found guilty, the 23- and 32-year old men each made his own choice. It wasn't the fault of his parents. But, it sure speaks to how difficult a parent's job is today.

Start out by giving your kids a hug and an ear.

The man said to have stabbed Jacquelyn Porreca, Michael Chmielewski, was a model student at Colonie Central High School. Before graduating in 2010, he represented the Garnet Raiders on the wrestling mat and earned the President's Award for Outstanding Academic Excellence to top several more scholastic accolades. He went on to college. He had an apparent path for a bright future.

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GET TO KNOW ...



Mike Klugman
Bethlehem Central
Middle School Principal

Hometown: Delmar

What have you been listening to lately?

I love listening to the Car Talk NPR radio podcasts. Most people are not aware that the brothers (Ray and the now late Tom Magliozzi) who are the hosts of the show (nicknamed Click and Clack) are MIT graduates in engineering. I also love the "Cello Wars" station on Pandora.

What have you been reading?

"The Talent Code" by Daniel Coyle, and even though I initially read it after its 2006 publishing date I often go back to Carol Dweck's "Mindset; The New Psychology of Success." Both have huge implications for teaching and learning.

What is your favorite show on TV?

Nothing marks my calendar now that the Yankees and Mets seasons are over.

What was the last movie you saw?

The most memorable of what I've seen recently is "Dead Poet's Society" (saw on cable). My son and I also like watching movies with a strong central hero(ine) and we really liked "Tomorrowland."

Could you describe what your dream vacation would be?

Taking infield and batting practice at Fenway Park. My family are Yankees fans but there is no thrill like hitting a home run over the Green Monster. A strong second would be going on a safari with my family in Africa.

What are some of your hobbies?

I love coaching baseball and basketball, I am on the board at the Pine Hollow Arboretum, and I run the Chess Club in

Bethlehem.

What would your last meal be?

Fresh picked raspberries and ice cold lemonade on a 95 degree day.

Who is the one person (dead or alive) that you would most like to meet?

Albert Einstein. He has been identified as having one of the most developed brains science has ever examined and while he was an unquestioned genius, I understand he never lost touch with his humility.

What is your favorite local moment?

The births of my three kids. Nothing else comes close ... and my wife agrees!

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SUBSCRIPTIONS: circulation@spotlightnews.com

Managing Editor — Michael Hallisey

Associate Editor/Sports Editor — Rob Jonas

Reporters — Tricia Cremo, Ali Hibbs, Marcy Velte

Circulation/ Legals — Shekia Gandy

Classifieds/ Services Directory — Corinne Blackman

VP of Advertising — Bo Berezansky

Advertising Representatives — Bill Decker, Dave Decker

Art Director — David Abbott

Graphic Designer — Martha Eriksen

PHONE: (518) 439-4949 • FAX: (518) 439-5198

P.O. Box 100, 341 Delaware Ave., Delmar 12054

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The Spotlight welcomes letters of local and regional interest. Letters are subject to editing and are limited to 500 words.

All letters must include the writer's name, address and phone number. *The Spotlight* reserves the right to limit the number of letters published from a single author.

Submissions can be emailed to news@spotlightnews.com. The deadline for all letters is noon Friday prior to publication.

The Spotlight also welcomes longer opinion pieces for the Point of View section.

For information on submitting a Point of View, email news@spotlightnews.com or call 439-4949.

Our full letter policy can be viewed online at www.spotlightnews.com.

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■ IN BRIEF

Red Cross blood drives

ALBANY COUNTY — The American Red cross encourages eligible donors to give blood to help ensure a sufficient blood supply throughout the holiday season.

A seasonal decline in donations often occurs from Thanksgiving to New Year's Day, when donors get busy with family gatherings and travel. However, patients don't get a holiday from needing lifesaving transfusions. In fact, every two seconds, someone in the United States needs blood.

There will be a blood drive Monday, Nov. 23, from 1 to 6 p.m., at the Guilderland Public Library, 2228 Western Ave. in Guilderland. People may also donate blood at the Everett Road Blood Donation Center in Colonie from 7:45 a.m. to 2:15 p.m. Fridays through Mondays, and from 12:15 to 6:45 p.m. Tuesday through Thursday. The blood donation center is also open on Thanksgiving,

Nov. 26, from 7:45 to 11:45 a.m.

For more information, call (800) RED CROSS (733-2767) or visit redcrossblood.org.

Holiday gift bazaar at nature center

VOORHEESVILLE — The annual Thacher Holiday Gift Bazaar takes place Saturday, Dec. 5, from 10 a.m. to 4 p.m., and Sunday, Dec. 6, from 10 a.m. to 2 p.m., at the Thacher Nature Center.

Among the items being sold by local artisans and artists are:

- Jewelry
- Jams, jellies and honey products
- Homespun wool and knitted items
- Original artwork
- Wildlife and nature photography
- Pine needle and bark baskets
- Stained glass and painted glass works
- Hand-painted gourds
- Folk art items

Carved wooden bowls
Sweets and treats

There is also live music by Tunefolk, and a 50/50 raffle sponsored by Friends of Thacher Park. Fifty percent of the proceeds will be donated to local charities.

For more information, call 872-1237 or www.nysparks.com.

Singers wanted for Christmas festival

VOORHEESVILLE — The annual Voorheesville Community Christmas Festival takes place Sunday, Dec. 20, at 7 p.m., at the First United Methodist Church of Voorheesville, 68 Maple Ave.

Singers are invited to join the Community Choir for this performance. Practice sessions are at the church on Thursdays at 7:30 p.m. on Dec. 3, 10 and 17.

For more information, call Ken George at 765-4442.

■ LETTERS TO THE EDITOR

GOP Chair proud of candidates

Editor, *The Spotlight*;

We are incredibly proud of our candidates and the campaigns they ran. Each worked hard to gain the support of our residents, and they prevailed. The number of people who voted for our team indicates many Bethlehem residents are ready for change, and we promise to continue to work hard on their behalf. Thank you to our supporters, both throughout this election cycle and at the polls. 2017 is around the corner, and we encourage those people who want more from their town government to get involved in the Bethlehem Republican Committee. With your help, we will have an even better outcome in the next election.

We also encourage our current leaders to acknowledge the democratic process our town just took part in and appoint a registered Republican to the Town Board position vacated by Bill Reinhardt. It is the responsibility of Supervisor Clarkson and the Town Board to look past personal or party preference and listen to the clear message our voters sent on November 3.

Melissa Kermani

Chairwoman of the Bethlehem Republican Committee

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Got news?

The Spotlight welcomes announcements of events occurring in our coverage area.

All events must be open to the public and announcements should contain the date, time, location and cost, along with contact information. Announcements are published space and time permitting.

Submissions can be emailed to news@spotlightnews.com with "community news" in the subject line.

The deadline for all announcements is noon Friday prior to publication.

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From page 1 ...

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Clarkson said going forward he and the Town Board are going to work to make sure Bethlehem has the best suburban police force in the region, but they are going to continue to make sure they do so "within a reasonable amount of resources."

"We value the officers and their services very much, and we're going to try to find ways for wins in the bargaining agreement, so we can also have a better relationship. That's important, and that's my goal," said the supervisor.

Clarkson said he was happy for the win because he does not feel the goals of his administration are complete. He still wishes to see the Delaware Avenue enhancement project, the waterfront plan, park enhancements and traffic safety go forward.

"I'm very happy for the chance to do so, although narrowly," said Clarkson.

Foster said he was disappointed in the loss, but felt the next steps were to see how the town

can better support the community.

"That's something I plan to continue to do," said Foster. "As we've seen, 49.99 percent of the voters wanted change and think that we can do better. I want to make sure we continue to explore ways to make our community a better place."

Clarkson and the town's other Democrats faced criticism over the last year after the Town Board made changes to police scheduling procedures in an effort to reduce overtime, which some officers have said led to a worsening work environment. The town has also not been able to renegotiate police contracts, with these matters becoming major parts of the campaign. The town's police unions endorsed Republican candidates, with former police officer David Harrington running for Town Board.

"Over the last several months, we were amazed at the positive feedback

our members received from the Bethlehem residents, their families, and all the supporters who worked so hard," said the town's two police unions in a joint statement. "Jim Foster ran a great campaign, and while we are disappointed with the results, the margin clearly shows our message resonated. Moving forward, we will continue to do what we have always done. We will work with every local elected official in good faith to make our town the kind of place you want to live and raise your family."

Foster said he plans to stay in town, and will be looking for a job locally now that the election is over. He also will continue on as a volunteer firefighter within the Elsmere Fire Department and remain active in the town's Republican party.

"I certainly would encourage more folks to become involved in the process," said Foster. "If anything from all this we've seen how every vote counts. This was a tight race that came down to a dozen votes. I would emphasize to the people become involved, become informed, get to know the



As the race finally drew to a close last week, it was nothing but smiles between the two town supervisor candidates.

Photo by Marcy Velte/Spotlight

candidates and you can certainly be part of the change."

Moving forward the Bethlehem Republican party has called on those newly elected to appoint a Republican to the Town Board to replace the upcoming vacancy as Bill Reinhardt goes to the

county legislature.

Democratic Chairman Jeffrey Kuhn, who decided not to seek reelection to the Town Board this year, said he would not be putting his name forward for the position.

"It's inappropriate for me to insert myself into that process because I'm

not a member of the Town Board anymore. I think those who were recently elected are more than capable of making that decision."

The Democratic board did appoint a Republican to a vacancy in 2012 in former councilman George Lenhardt.

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A reminder from:

