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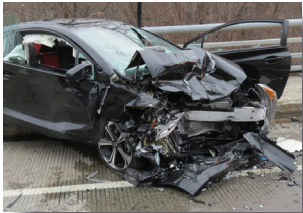
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NEWS Crash

A two-car accident on Delaware Avenue resulted in serious injuries.

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Turkey, turkey

Everyone got into the spirit of Thanksgiving, or at least, had a lot of fun doing it.

Story on Page 13

TOP STORY



Miles Keefe, Hannah Thien and the players at Bethlehem Central High School take on "The Scottish Play" this week at the high school.

Photos submitted

The Bard's 'Scottish Play'

Bethlehem Central students tackle William Shakespeare's "Macbeth"

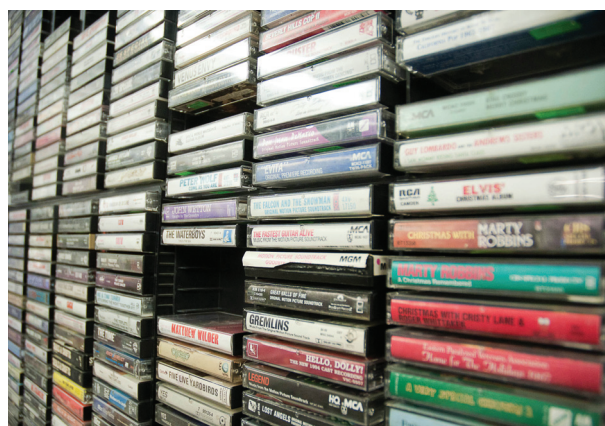
By **TRICIA CREMO**
cremot@spotlightnews.com

BETHLEHEM — Swords will fly, witches will brew, and bags of fake blood will be shed onto flowy white shirts when Bethlehem Central High School premieres "Macbeth" this weekend.

Three performances will be held Friday, Dec. 11 at 7 p.m., Saturday, Dec. 12, at 7 p.m., and on Sunday, Dec. 13, at 2 p.m. Three more performances are set for the following weekend, Friday Dec. 18, Saturday, Dec. 19 and Sunday, Dec. 20, at the same times.

Continues on page 16

ENTERTAINMENT



Life's soundtrack

Tape cassettes are making a comeback (for some they never left), and to pay homage to the beloved "mix tape" we've compiled the Top Five songs to our life soundtracks.

Story on Page B1

SPORTS



Nail biter

Bethlehem had a whale of a time against Christian Brothers, with the final decided by one point.

Story on Page 9



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A two-car collision on the Normans kill viaduct resulted in serious injuries for the two drivers involved. A dash cam on the Advantage Transit minivan allegedly showed the driver of other car failed to stay within his lane.

Photos by Tom Heffernan, Sr.

■ COPS, COURTS AND EMERGENCIES

Head-on collision over Normans kill viaduct

ELSMERE — Elsmere Fire Department responded to a serious head-on crash on the Normanskill Bridge on Delaware Avenue around 10 a.m. on Thursday, Dec. 3.

Both drivers were transported to Albany Medical Center by Bethlehem Ambulance Service after suffering serious injuries. Police said a dash-cam on the Advantage Transit Group minivan later showed the black car crossing over the double-yellow line, into its path.

The driver of the minivan had to be extricated from

the van and was treated on the scene for a seriously broken leg, a broken ankle and other injuries. The driver of the car suffered serious injuries to one arm and other injuries. There were no other passengers in either vehicle at the time of the crash.

Upon arrival police found two vehicles with very heavy front end damage.

Bethlehem Police stated that the driver of the black car will be issued tickets.

G'land eateries caught serving minors

GUILDERLAND — On Friday, Dec. 4, Guilderland Police arrested two food servers at two restaurants during a check of liquor license conducted at 17 establishments.

Natasha Barcael, of Albany, an employee of Casa Real Restaurant, 1228 Western Ave. in Guilderland; and Katherine Duvernoy, of Albany, an employee of Tailgate Tavern, 2563 Western Ave., Guilderland were each charged with unlawfully dealing with a child in the first degree and prohibited sale of alcohol to a minor.

Police said no identification was shown at either establishment, and both sold alcohol to a 19 year-old. Barcael and Duvernoy are due back in Guilderland Town Court on Dec. 17.

Other arrests

State police in Guilderland arrested Jennifer A. Bradshaw, 29, of Schenectady,

Wednesday, Nov. 25, around 12:50 a.m. and charged her with felony DWI, due to a prior DWI conviction in the past ten years. Police stopped Bradshaw on I-90 for multiple alleged traffic violations. She had a BAC of 0.17 percent, according to police. Bradshaw is scheduled to appear in Guilderland Town Court on Dec. 10.

Bethlehem Police arrested James E. Lorang, 32, of 76 McCormack Road in Slingerlands, on Saturday, Nov. 28, and charged him with aggravated DWI and multiple vehicle and traffic violations. Police stopped Lorang for allegedly speeding on Delaware Avenue in Delmar. Upon interview, Lorang reportedly displayed signs of intoxication. Police said he failed sobriety test. A marijuana smoking device that contained both un-burnt and burnt marijuana was reportedly located in his front pocket.

Lorang had a BAC of 0.18 percent, according to police. He was arraigned in Bethlehem Town Court, a bond was set at \$5,000 and his license was suspended pending prosecution. Lorang is scheduled to reappear in court on Dec. 15.

Bethlehem Police arrested Wendell E. Mickles, 52, of 1 Lexington Ave. in Albany, on Thursday, Nov. 26, and charged him with aggravated DWI, unlawful possession of marijuana and drinking alcohol in a motor vehicle. Police reportedly observed Mickles pull into Johnny B's Diner at 21 Frontage Road in Glenmont and turn off his headlights. The business was closed, so the officer initiated a vehicle stop. Police reportedly smelled an odor of marijuana emanating from the vehicle, and detected a strong odor of alcoholic beverage emanating from Mickles' breath. Mickles admitted

to consuming a glass of brandy before leaving his house and was found to have a small amount of marijuana in one pocket and a flask filled with brandy in the other, said police. He reportedly failed all three field sobriety tests and tested positive for presence of alcohol on a pre screening device. Police said he had a BAC of 0.18 percent. Mickles is scheduled to appear in Bethlehem Town Court on Dec. 15.

Bethlehem Police arrested Victor R. Vargas Vega, 18, of Amsterdam, on Saturday, Oct. 24, and charged him with felony grand larceny and misdemeanor conspiracy in the fifth. According to reports, a tip advised police that Vargas Vega and another suspect, who received the same charges, were found to be in possession of a large amount of property with no real explanation of how they obtained it. This reportedly included several items that belonged to Glenmont Job Corps, Vargas Vega's employer. Police said Vargas Vega did not have permission from Job Corps to possess these items. A Lenovo Think Pad and battery, a Sony CD/DVD player and a Duracell flashlight that belonged to Job Corps, along with several other items, were recovered, said police.

Both suspects admitted to the thefts, said police and were arraigned in Bethlehem Town Court and remanded to Albany County Jail in lieu of \$1,000 bail.

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LOCAL GOVERNMENT

Struggling condos seek to expand

Next phase to include retail space, bring in more income

By **TRICIA CREMO**
cremot@spotlightnews.com

BETHLEHEM — Despite initial difficulties finding renters, the Kendall Homes apartment complex is looking to expand to include retail spaces.

Now that the first stage of construction is over, the 110-apartment complex at the corner of Elsmere Avenue and Feura Bush Road in Glenmont is now hungry for retail expansion in its second phase.

"Retail tenants are easier tenants, and frankly make more money," said Jim Giacone, the developer on the project with business partner Lee Rosen. Giacone is also the owner of My Place & Co. in Delmar.

On Tuesday, Dec. 1, the planning board was updated on the project's second phase progress, giving it near approval.

Second phase plans call for construction of two mixed use residential/commercial buildings placed within the development. One, a 5,600 square foot building with four retail units on the first floor and one retail unit

and five apartments on the second floor; and the second, a roughly 4,500 square foot unit of entirely retail space.

Should the team from Kendall Homes come back to the board with provisions for handicap accessibility, the plans should be approved at the next planning board meeting, Tuesday, Dec. 15. Neither commercial building has been constructed thus far.

The retail offerings capitalize on nearby growing plazas, like Glenmont Plaza on Feura Bush Road, where a Moe's Southwest Grill and Jersey Mike's Subs are under construction, and a Starbucks is rumored. Giacone, however, said that his buildings will be limited to office spaces.

While planning board Chairman John Smolinsky questioned this, as he thought eateries could be ideal in a residential atmosphere, Giacone felt living above office spaces, rather than eateries, was more desirable.

In 2010, residents nearby the Kendall Homes development in Western Glenmont attained over 400 signatures against the development's creation, citing increased traffic as their main objection, and arguing that eliminating

the former green space there would disrupt the landscape of the town. First phase apartment plans were approved in July of 2010.

In May of 2014, plans for the second phase were approved for the commercial space, then amended in May of 2015 to include expanded retail space and reduced apartment space in the buildings.

"We wanted to get the project going, and this was a way to get it going, so we limited it to the five apartments," said Peter Barber, the lawyer representing the developers. Barber is also supervisor of the Town of Guilderland.

According to Giacone's real estate agent, Michael S. Davis of Realty USA, there have been many calls from businesses seeking to use the space. Over 30 leads were reportedly followed, none of which have resulted in rentals thus far.

In particular, a counseling center and a real estate firm have shown strong interest, while less serious inquiries include a bank, wine bar franchise and a "cake boss style" bakery.

Expansion comes despite reported



Phase Two of the Kendall Homes project on the corner of Elsmere Avenue and Feura Bush Road in Glenmont, focuses on establishing retail space.

Submitted photos

omissions from developer Jim Giacone that the apartments have not attracted as many renters as he would have hoped for thus far.

"They're in a good location, but it takes time," he has said.

Rates begin at \$1,260 per month for one-bedroom apartments, with prices escalating to over \$2,000 for two to three

bedroom townhomes, wifi and cable costs included. These rents, however, seem to be at market value, as similar apartments, such as those at Adams Place in Delmar and The Spinney in Delmar, are priced only slightly lower. Only, Giacone's apartments would have the added advantage of the nearby retail spaces.

Kendall Square is one of several mixed-use

apartment/retails approved in town. The Hamlet of Slingerlands complex on New Scotland Road, like Kendall Square, has also completed apartment construction and plans to move onto retail space construction.

Giacone plans to begin construction of the Kendall Homes very shortly after receiving approval from the town to "get the project off the ground."



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COUNTY LEGISLATURE

Charles Dawson seeks Leg Chair

Glenmont/Delmar legislator is going after Chairman Shawn Morse's seat

By ALI HIBBS
hibbsa@spotlightnews.com

ALBANY — An Albany County legislator from Delmar has joined the race to replace outgoing Chairman Shawn Morse—pitting himself against three other potential democrats for the position. The chair's vacancy comes at a tumultuous time for the Legislature, which has been widely criticized over the last four years for dubious redistricting practices, overstepping authority, opaque leadership and ongoing dissension within the ranks of its majority party.

Legislator Charles Dawson, a Democrat from the 35th District (Glenmont and Delmar),

is a member of the newly formed Democratic Reform Coalition, a group of county legislators who have pledged to support specific reforms intended to increase accountability and transparency in county government. He will run for the seat against Green Island Democrat Sean Ward, who has the support of long-time Majority Leader Frank Commisso (D, 11th District), and, possibly, two legislators who are also on the coalition for reform. Gary Domalewicz (D, 10th District) of Albany has been more outspoken regarding his intentions to seek support, but Bryan Clenehan (D, 30th District) of Guiderland, who said he was considering running just weeks ago, has withheld public comment. Clenehan is said to have the support of Joe O'Brien (D, 25th District), the only democrat to challenge Commisso, who has led

the democratic caucus since 1993. Growing dissatisfaction with that leadership is what led to the formation of the reform coalition and new field of challengers who feel that the status quo has become increasingly dysfunctional.

"The legislature's way of conducting its business on behalf of the people, who but temporarily give us the privilege to serve and represent them in our legislative seats, must change," said Dawson, who was the sole Democrat to vote against the charter changes that were rejected by almost 60 percent of voters on Nov. 3—changes which would have ignored recommendations made by an independent Charter Review Commission to downsize the legislative body and implement an independent redistricting process to address accusations of political gerrymandering and minority disenfranchisement that have been plaguing the legislature for decades.

In his mid-November announcement, Dawson lambasted his colleagues for maneuvering to keep control of the redistricting process and for voting against downsizing, an issue he intends to make a priority if elected chairman. He also called them out for an embarrassing moment in late 2014 when the legislature sought to settle a three-year legal battle over district lines drawn in 2011 that were deemed to be in violation of the

federal Civil Rights Act. The settlement proposed by the legislature, and promptly decried by County Executive Dan McCoy, would have given legislators an extra unelected year in their seats—ostensibly to give them enough time to draw up lines that would meet with federal approval. (Once a federal judge froze all county electoral processes until acceptable lines had been submitted and approved, they were completed in three weeks.) The finally-agreed-upon district lines, submitted by a redistricting committee headed by Ward, angered Bethlehem legislators—Dawson included—who claimed that party leadership used the federal order to gerrymander at least one challenger out of an incumbent district.

"This is not a responsibility that I sought," wrote Dawson, "but it has become abundantly clear that no current candidate shares my conviction to give voters the opportunity to decide the county legislature's size. It is my top priority to put the independent blue ribbon Charter Revision Commission's recommendation to downsize the county legislature on the November 2016 ballot. The resounding defeat of the sham charter reform proposition this past November could not make the voters' will on this matter any clearer. Let the voters decide the merits or drawbacks of

reducing the size of the county legislature; it is their legislature. Let the voters vote." (Note: Domalewicz did vote in favor of allowing voters to decide whether the legislature should shrink, along with seven other democrats including O'Brien, last May, when the proposal to put it on the ballot in November failed by 21-18.)

Among the reasons given by the commission for recommending downsizing of the legislature are a potential savings of \$400,000 annually, more competitive elections and better representation. They also suggested that this be done in concert with an independent districting body. While independent redistricting is popular among coalition members, the issue of downsizing has been met with considerably less enthusiasm: In suburban areas, larger districts would have the effect of increasing the competitiveness of conservative candidates; concerns were raised about minority representation (particularly in the wake of the 2011 lawsuit which, incidentally, was the third consecutive discrimination lawsuit to be brought against Albany County following redistricting); potentially diluting representation in urban districts with a higher need for county-provided human services; and worry that legislators could become over-burdened in larger districts.

Clenehan, who admittedly voted against sending the decision to voters in May, told *Spotlight News* in early November that he believes the decision should ultimately go to the voters. "It's a tricky issue," he said. "I think that there are very good arguments both ways. I think to do it right now, just after we've finally settled the federal lawsuit for the violation of the Civil Rights Act and have just created a fifth minority-majority district, it might not have been the best time. I think it's something we can

"This is not a responsibility that I sought, but it has become abundantly clear that no current candidate shares my conviction to give voters the opportunity to decide the county legislature's size. It is my top priority to put the independent blue ribbon Charter Revision Commission's recommendation to downsize the county legislature on the November 2016 ballot."

— Charles Dawson
Albany County
Legislator
(D, 35th District)

revisit later and, in any case, it's something that should go to the people." Clenehan added that, in many counties with larger districts that he has visited around the state, legislators have considerably more support staff than they do here in Albany County. "They have their own staff—a press person, a policy person, and assistant. We pretty much run our own shows."

The internal election is expected to take place before the end of December—the 14th has been floated as a likely date, but that remains to be seen. "This is going to be an interesting year," said County Legislator Chris Higgins of Albany, a founding member of the reform coalition. "No one has challenged the majority leader in 21 years. And the chairmanship is anyone's guess."

Candidates are currently soliciting support from their fellow legislators. As the chair is selected by the full legislature (unlike majority leader), any candidate would need to turn to the GOP minority for support if he is unable to secure at least 19 of the 29 democratic votes.

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Seven financial resolutions for people in their 50s

By RUTH MAHONEY,
President,
Capital Region, KeyBank

For most people, the 50s are your power earning years. You are an expert in your field and valued at work, and your paycheck reflects it. Also, according to a 2014 study conducted by the *Today* show, you are more likely to be happier and less stressed than you have been in decades.



Ruth Mahoney

So what can you do to avoid this fate? It may sound like an oversimplification, but to become among the one in four who retire and live off of their savings is a matter of resolving to take charge of your finances. And no, it's not too late... even at your age.

Take stock of your current financial situation

The ability to achieve financial goals always comes down to developing and executing a plan. To do that, you need to have an understanding of your complete financial profile. What are your current income, expenses, assets and liabilities? What is your cash flow? Do you have an existing financial plan? If so, how well are you executing on it, and does it still meet your financial needs and goals?

Sounds great, right? It is, but being in your 50s isn't a panacea. Life is as hard as it's ever been—maybe even harder—you're just better equipped to deal with it. Unfortunately, the cost of dealing with it can be very real. Helping to finance your children's college education, care for aging parents and/or provide a lift for your adult children can eat into your retirement savings. To compound matters, many professionals in their 50s have lost salary increases due to the economic recession. That's why only 26 percent of Americans plan on a traditional retirement. The rest plan to continue working, even after their formal separation from service, which isn't really retirement.

Several online tools can help you assess your financial health, including the National Foundation for Credit Counseling's free MyMoneyCheckUp website. You can also work with your personal bank or financial planner. The areas you will want to review are budgeting and credit management, savings and investing, retirement planning and managing home equity.

Determine your retirement goals

According to Boston College sociologist David Karp, the 50s mark a turning point in the way people think about aging. Instead of evaluating how much time has passed, people start considering how much time is left. By extension, they start thinking about how they want to live their remaining years.

Establishing goals is how you take charge of your financial future. Do you want to retire early, at 62, or retire at 66? Do you want to be a snowbird? RV around the country? Help your grandchildren finance their education? Leave a legacy and support a nonprofit?

It is important to assess how achievable your goals are when measured against your current financial situation. Ask yourself if the life you envision is realistic. Then prioritize your goals and define what you need to do now, what needs to be done in the next two to five years and what can wait until after.

Resolve to contribute to realizing your dream

You can achieve your retirement goals in several ways. Here are eight financial resolutions that can make it happen.

1. Maximize your savings opportunities. In 2015, in-

dividuals age 50 and older can contribute \$24,000 per year into a company 401(k). Employer matches can increase this amount. In addition, at age 50 the 2015 Individual IRA and Roth IRA contribution maximum is \$6,500.

2. Invest in a health savings account (HSA). The 2015 maximum contribution is \$3,350 for individual coverage and \$6,650 for family coverage. Participants who are age 55 or older can make a maximum catch-up contribution of \$1,000. If this type of option is available to you, it is a great way to start planning and saving for future out-of-pocket medical expenses.
3. Avoid new debt. More important, avoid significant debt. If you do take on debt, factor this debt obligation into your financial outlook.

4. Reexamine the asset allocation in your investment and retirement portfolio. Is it compatible with your financial goals? Risk tolerance? Time horizon?

5. Consider long-term care insurance and other risk management strategies. Protecting your retirement and other assets against potential risks can help you overcome obstacles that may otherwise keep you from achieving your retirement goals.

6. Create sustainable income. Start making investments that will create income that will last throughout the rest of your life.

7. Account for curveballs. The road we travel in life is rarely the road we map. Evaluate how your vacation home or helping your daughter finance graduate school will impact your overall plan. Then adjust.

The important thing is to never give up. Even if you're behind schedule, you still have time to build a better retirement. In fact, you still have almost a third of your working career ahead of you. So be disciplined, set aside assets a little bit at a time consistently over time and hire a team of professionals—attorney, accountant, financial planner and investment team. The future you want for yourself may be more attainable than you realize.

Ruth Mahoney is president of KeyBank's Capital Region. She may be reached at either 518-257-8619 or ruth.mahoney@keybank.com. This material is presented for informational purposes only and should not be construed as individual tax or financial advice. Please consult with legal, tax and/or financial advisors. KeyBank does not provide legal advice. © KeyCorp 2015. KeyBank is Member FDIC.

Estate planning should be part of your retirement plan

Regardless of career and earning power, the reason most of us work is the same. We want to provide for ourselves and those we love. A well-prepared estate plan helps ensure this happens—even if something happens to you, and even if you are not rich.

Estate planning can be an all-inclusive, tax-saving financial plan for the preservation of your assets when combined with savings, investments and retirement; the protection and continued operation of a business; the support and care of your children; and much more.

To develop an estate plan that is best aligned to your interests, you should work with a reputable lawyer, skilled fiduciary specialist and other professionals who have experience and expertise in wealth transfer planning, custom trust solutions, trust administration, estate tax minimization, power of attorney/living will, document review, beneficiary designation, titling of assets and real estate management services.

Here are some basics that should be covered in your estate plan:

- Beneficiary designations. If you have not named a beneficiary of your estate, a court is empowered to manage your possessions.
 - A letter of intent, which specifies to the beneficiary how you want your affairs carried out after your death or incapacitation.
 - A healthcare proxy that authorizes another person to make medical decisions on your behalf.
 - Guardianship designations. As is the case with the distribution of your assets, you do not want the court making decisions about whom your children will live with after your death.
- When reviewing this list, it becomes very clear that estate planning is not just for the wealthy. In fact, a child with a savings account technically has an estate, because an estate is nothing more than possessions of value that can be transferred to another individual or entity upon death. So essentially everything you own—property, bank accounts, investments, business interests, retirement benefits, IRAs, insurance policies, fine art, collections, jewelry, clothing and other personal belongings—comprises your estate. An estate plan determines to whom and when the proceeds of your estate will be distributed in a way that maximizes the value of the estate by minimizing and reducing taxes, liability and other expenses.
- A will. This is a written document that provides for the transfer of your property upon death.
 - Assignment of power of attorney, which gives the person you name the authority to manage your financial affairs if you are unable to do so.



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COMMUNITY

Memorial donation benefits BCN-TV

Bethlehem library would like to thank the family of James Carusone for their recent donation in his memory. Their generosity has allowed us to replace the aging drapes in the BCN-TV Studio, a much-needed improvement that benefits all studio patrons. James was a former contributor to the BCN-TV lineup as director and star of the public access show "Wooble." The Delmar resident passed away in January 2014 at the age of 29. A plaque commemorating the Carusone family's gift will hang inside the BCN-TV studio located off the lobby of the library.

The library is pleased to receive monetary donations for the purchase of memorial items. Every effort is made to select an appropriate purchase in a subject area designated by the donor. For more information about our policy on gifts, memorials and bequests, visit our website at www.bethlehempubliclibrary.org.



bethlehempubliclibrary.org and click on the Board of Trustees link, or call the library at 439-9314.

Holiday Hours

The library will be closed on Thursday and Friday, Dec. 24-25, for the Christmas holiday. We'll close at 3 p.m. Thursday, Dec. 31, and remain closed until 10 a.m. on Saturday, Jan. 2. We're always open online at www.bethlehempubliclibrary.org.

Storm Warning

Please remember that in the event of inclement weather, the library's telephone system will provide information on a closing or delayed opening. Call ahead.

Sew much fun

There are still openings

left in our Teen SEWcial: Pajama Pants program on Friday Dec. 11, at 3:30 p.m. Boys and girls in grades 6-12 are invited to bring 3 yards of their favorite fabric to make a one-of-a-kind pair of pajama pants. Sign up online or give us a call at 439-9314.

Tech help at BPL

If you want to raise your comfort level with one or all of the electronic devices and media out there, you can get one-on-one coaching at the library by scheduling a half-hour appointment. A librarian or volunteer can help you with your smart phone, tablet, or e-reader. You can also learn how to set up and manage an email account, get started on Microsoft Word, or navigate Facebook and Twitter.

Make an appointment at least a week in advance by visiting the information desk or calling the library at 439-9314 ext. 3009.

We'd also like to remind you that the library has a number of tech tools available for the public to use, including the Makerbot Replicator 3D printer, a VHS-to-DVD conversion deck and a flatbed scanner that will scan photos, slides and negatives. There's also a large-format scanner and color printer, as well as Adobe Photoshop programs for photo and video editing. Visit www.bethlehempubliclibrary.org and click on "tech tools" or talk to a librarian at the information desk to learn more.

Upcoming events

Friday, Dec. 11

Babies & Self-Soothing

Learn how to soothe an infant and encourage self-soothing to promote good sleeping habits. Snow date is Monday February 8 at 10:30am. Presented by the Capital District Child Care Council. For caregivers and infants. 10



Young sewers participating in the Friday, Dec. 11, Teen SEWcial at Bethlehem library will make a pair of custom pajama pants from 3 yards of fabric.

Kristen Roberts

a.m.

Saturday, Dec. 12

Origami Club

Bring your own project or fold something with us. This month we'll create an evergreen. 3 to 4:15 p.m.

Sunday, Dec. 13

Outside In: Decorating with Greenery

Learn how to use natural materials to create stunning centerpieces and decorative items

for the home with Master Gardener Denise Maurer. 2:30 to 3:30 p.m.

Monday, Dec. 14

DayBooks

Discuss "The Vacationers" by Emma Straub. Copies are available at the information desk. Audio and downloadable copies may be available. 1:30 p.m.

— Kristen Roberts

NEIGHBORHOOD NEWS

Silver Tea and Open House

BETHLEHEM — Sunday, Dec. 6 at The Cedar Hill Schoolhouse 1003 River Road in Selkirk 1p.m.-4p.m. The Cedar Hill Schoolhouse will be all dressed up for the holiday season with a theme of Cozy Plaids and Sparkling Lights. Enjoy the decorations, and all are welcome.

V'ville Christmas festival

VOORHEESVILLE — Voorheesville Community Christmas Festival Sunday, Dec. 20 at First United Methodist Church of Voorheesville

68 Maple Avenue Voorheesville, NY 12186 at 7p.m. Come enjoy a traditional holiday program of Christmas music and a story presented by our own community singers and players.

Tai Chi for Health

COLONIE — Wednesday, Dec. 2 at William K. Sanford Town Library 629 Albany Shaker Road, Loudonville, NY 12211 at 10:30a.m. Join in to learn an introductory Tai Chi form called Tai Chi for Arthritis from the Tai Chi for Health Institute over the course of 8 weeks. Please wear comfortable clothes and smooth soled shoes. No prior experience is

necessary. The course will continue on Wednesdays, December 9, 16, 23, 30 and January 6, 13, 20. Please plan on attending all sessions. Reservations are required; call the Information Desk at 810-0314.

Hearing Aid "Unbundling"

COLONIE — Friday, Dec. 11 at William K. Sanford Town Library 629 Albany Shaker Road, Loudonville, NY 12211 at 12:15p.m. This Noon Talk will be on hearing aid "unbundling."

Dr. Erin Walborn will be coming in to discuss the pros and cons of unbundling from a patient

perspective and also to educate the public on what to ask for when they purchase their hearing aids.

Mystery Book Discussion Group

COLONIE — Monday, Dec. 14 at William K. Sanford Town Library 629 Albany Shaker Road, Loudonville, NY 12211 at 1:30p.m. This month's discussion will be on Suspicion by Joseph Finder. Copies of the book are available ahead of time at the Circulation Desk.

Chinese Film Discussion Series

Tuesday, Dec. 15 at William K. Sanford Town

Library 629 Albany Shaker Road, Loudonville, NY 12211. Movies begin at 5:30p.m. This week, we will watch Wedding Banquet.

Noon Book Review

Thursday, Dec. 17 at William K. Sanford Town Library 629 Albany Shaker Road, Loudonville, NY 12211. at 12:15p.m. Michael Eck will review the book The Song Machine: Inside The Hit Factory by the New Yorker's John Seabrook. The Song Machine explores what the new style of music genre may be doing to our brains and listening habits.

Colonie Art League

Holiday Show Opening Reception Tuesday, Dec. 1 @ William K. Sanford Town Library 629 Albany Shaker Road, Loudonville, NY 12211 at 6p.m. The grand opening of the Holiday Show will feature the presentation of the show awards. Also, be sure to pick out your favorite hand-painted note cards from the annual card tree. The Art League donates the proceeds from the sale of these cards (\$5.00 each) to the library. The tree will remain on display throughout the show, but the best selection will be had early! The show will be on display December 1-27.

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■ COMMUNITY

Celebrating Xmas at the Bethlehem Y

The Christmas Tree in Rockefeller Center is a world-wide symbol of the holidays in New York. It is seven stories tall; it's decorated with more than 30,000 lights; and more than half a million people pass by it every day. And, if you visit, it's only six blocks from the local YMCA. While the location refers to one of the wealthiest families in American history, the tree tradition had very humble beginnings.

The first Christmas tree in Rockefeller Center went up in 1931. The Depression-era workers building the center were so grateful to have jobs that they decorated a spruce tree with strings of cranberries, paper garlands, and a few tin cans. On December 24, they lined up beneath the tree and received a small Christmas miracle: paychecks.

The spirit continues after Christmas. The tree branches are mulched for use on nature trails and the wood is used by Habitat for Humanity to build door frames for houses for low income families.

Inspired by the tradition of the Rockefeller Center Christmas Tree, the Bethlehem YMCA is pleased to continue our own holiday tradition – the annual Rockefeller at the Y Skate.



On Saturday, December 19th from 4:45 p.m. to 6:45 p.m., the Y ice rink will be magically turned into Rockefeller Center for a special event, with Santa Claus, hot chocolate, and snacks, and even a favorite Christmas movie afterwards – The Polar Express. It's a terrific family event to celebrate the holiday season, so please join us.

While you're at the YMCA, help us celebrate the joy of giving by taking an ornament from the Y's "Giving Tree," located in the lobby. It is decorated with paper ornaments noting gifts that can be purchased and donated for families facing tough times who may not otherwise have a Christmas. This year the ornaments are particularly focused on supermarket gift cards to help hungry families and individuals. Our generosity will help make their Christmas merrier.

You can also do some Christmas shopping at the Bethlehem YMCA. This year give the gift of good health. If you purchase 10 personal training sessions you'll get another one free.

In addition, if you are

not a YMCA member, we will be waiving the \$100 joiner fee for new members that sign up between January 1st and the 15th. Please drop by and tour our building and see the tremendous value you get for your membership.

The YMCA has dozens of special exercise classes available at all times of the day; clean, state-of-the-art equipment and facilities; experienced, rock star instructors and personal trainers that make working out fun; excellent child care; the skating rink, the aquatic center and so much more.

By joining the Bethlehem YMCA you get an excellent value for your membership and you become part of the Y community that – as a non-profit charitable organization – is a leader in helping and caring for our friends and neighbors in need through our Annual Campaign scholarships.

So during the holidays, please make it a point to come to the Bethlehem YMCA to celebrate the joy of good health and the joy of giving and be the star on top of our Christmas tree!

— Mark Hansen

Spotlight Newspapers
Not just local
Really local

Jane Austen's tea

Learn about the role of tea in Jane Austen's time and in her novels. "Jane Austen Tea" will take place at the Bethlehem Public Library on Friday, December 18, at 1:00 pm. We will also have lunch before the program at the Delmar Bistro, cost on your own. Call 439-4955, ext. 1176, to make your reservation.

Join us for candy shopping on Tuesday, December 15, at Krause's Homemade Candies, followed by lunch at Smokey Bones Restaurant, cost on your own. Call 439-4955, ext. 1176, to make your reservation.

Socialize and enjoy breakfast with other seniors at Tool's Restaurant on Delaware Ave. in Delmar on Wednesday, December 16, at 10:00 am.

The Community Christmas Day Dinner will take place on Friday, December 25, at the First United Methodist Church in Delmar. Turkey and ham dinners will be served. Hospitality begins at 1:30 pm and dinner is served at 2:00 pm. It is open to all residents of the Town of Bethlehem. There is no cost. A good will offering



will be accepted. Home delivered meals on that day can be arranged. Call 439-4955, ext. 1176, for meal and transportation reservations.

Outreach Workers are available to assist with counseling on health insurance, housing issues, food stamps, health and income related programs or heating costs support. Make an appointment by calling 439-4955, ext. 1176.

Bethlehem Senior Transportation Service provides rides to medical, dental, therapy, and clinic appointments, grocery stores, and a variety of social and recreational programs. Come to the Senior Office in Town Hall for a copy of our newsletter or visit the Senior Services website at townofbethlehem.org.

The Bethlehem Food Pantry offers assistance to those in need and accepts donations of non-perishable food, as well as paper and household products.

The Bethlehem Senior Citizens Club meets weekly on Thursdays for an enjoyable afternoon of games and socializing at the Bethlehem Town Hall auditorium, 445 Delaware Ave., Delmar from 11:00 am - 4:00 pm. Bring a lunch and play pinocle, bingo, or mah jongg. Or just come for a chat with friends. Call Yvonne Mendleson at 472-0202 for more information.

Bethlehem Senior Projects, Inc.'s website is bethlehemsenioproject.org.

— Wilma DeLucco,
President,
Bethlehem Senior
Projects, Inc.

Post your events to our online calendar

To submit an event to run in our online calendar, simply go to www.spotlightnews.com/events/submit/, become a registered user and fill out your event's information in the provided form.

Submissions are subject to approval and may take up to 24 hours to be approved.

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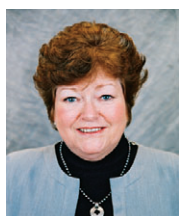
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COMMUNITY

Taste-Treat Samples & Author Talk

Troy-based author Amy Halloran and her book, "The New Bread Basket," are featured at GPL's next "Read Local" event on Saturday, Dec. 19, at 2 p.m. Not only will Amy share her thoughts on her book, she'll also give out samples of her signature pancakes.

It was her love of pancakes that led Amy to write about regional grain production. The full title of her book is "The New Bread Basket: How the New Crop of Grain Growers, Plant Breeders, Millers, Maltsters, Bakers, Brewers, and Local Food Activists Are Redefining Our Daily Loaf." In it, she tells the stories of a new band of people working to reinvent local grain systems, and reveals the village that stands behind every loaf and every pint. Amy will have copies of her book for sale and autographing; this book is an excellent gift.

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www.guilpl.org

Sunday Crafternoons

If right in the middle of the run-up to the holiday madness, you'd like a calming afternoon activity that can also produce a meaningful gift for that person who's hard to shop for, then you need to come to GPL's "Sunday Crafternoon: Cork Coasters" on Dec. 13 at 2 p.m.

In this session, you'll create a set of four cork coasters. In just a few easy steps, you'll have a unique handmade gift anyone on your list will appreciate. All materials will be provided. There is no cost for this program, but space is limited, so please register now by calling 456-2400, ext. 2.

Relax

Learn new and empowering ways to relax and deal with stress in your life – techniques that can be key to handling the busy holiday season – by coming to GPL for "Relaxation Techniques: A CDPHP Program" on Wednesday, Dec. 16, at 6 p.m.

You'll leave this program armed with new skills and ideas to turn your life around. Please register for this program by calling 456-2400, ext. 2.

Herbal Teas v. Tisanes

Steeping an herb in boiling water makes tisanes, not tea, and you'll learn facts such as that when you come to GPL for "Tea Talks: Herbal Teas and Tisanes" on Thursday,

Dec. 17, at 7 p.m.

In this session, Matthew from Short and Stout Tea in Guilderland will discuss topics regarding flavorful, easy-to-make and healthy tisanes. Of course, the talk wouldn't be complete without a tasting. Please register by calling 456-2400, ext. 2.

"Chicka Chicka Boom Boom"

WMHT Family Literacy programs at GPL continue on Saturday, Dec. 12, at 10:30 a.m., when WMHT's Barbara Lukas will share the kids' favorite (and giggle-generating) book "Chicka Chicka Book Boom." We will sing along with the story, make a coconut tree hat and get a copy of the book to take home and keep. Open to children ages 3 through 6. To register, please call 456-2400, ext. 4.

Wednesday Kids Crafternoons

Children in grades 2 through 5 are encouraged

to come to GPL on the first and third Wednesdays of every month for crafts for school-aged children. The next session is on Wednesday, Dec. 16, at 3:30 p.m. Please register by calling 456-2400, ext. 4.

Sinatra's Century

Frank would've celebrated his 100th birthday on Dec. 12, so it's fitting that we continue the Sinatra Sundays Cinema the day after (Dec. 13) with a 2 p.m. showing of "High Society."

In this 1965 classic, jazzman Bing Crosby's ex-wife, Grace Kelly, is on the cusp of marrying dull Sidney Blackmer, when reporter Sinatra and Crosby both fall for her. Featuring Celeste Holm and Louis Armstrong and his band.

Little Ones: Little Lego Club

The Little Lego Club for children in grades Kindergarten through grade 2 meets on Tuesday, Dec. 15, at 3:30 p.m.,

for an hour's worth of fun and creative play in the Storyhour Room. Bring your own bricks, or create with ours. As usual, creations that you bring to show off will be kept separate from the library supplies. Please register by calling 456-2400, ext. 4.

Missed a Stitch?

If you could not make it to "Sewing 101: Basic Buttons & Simple Stitches" because it was in the middle of the week, come to the weekend edition on Saturday, Dec. 19, at 11 a.m.

You'll learn some useful, life-long sewing skills such as sewing on a button, sewing a hem, the blanket stitch, overcast stitching and more. Presenter Su Tanner will also show some fun, fashion makeovers on dresses and coats. All ages are welcome: adults, tweens, teens and parents. Come and enjoy this fun, crafty experience. Please register by calling 456-2400, ext. 2.

— Mark Curiale

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Star Wars trivia

Show off your knowledge of Star Wars Trivia on Thursday, December 17th, beginning at 6:30 pm. Questions will cover characters, planets, spaceships and more. The winner will receive two Regal movie tickets. No need to register.

Explore Apple iPads

RCS COMMUNITY LIBRARY

and iPhones: Have fun exploring the features and possibilities of these Apple devices. Bring your own in, or experiment with an iPod or iPad at the library. Wednesday, Dec. 9, at 11

a.m. or Thursday, Dec. 10, at 6:30 p.m.

Try Video Chat with Facebook or Skype: Now you can have face-to-face conversations with your friends and the people you care about at no cost. Wednesday, Dec. 16, at 11 a.m.

— Carol Melewski

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PICK OF THE WEEK



A Christmas Story

The Capital Repertory Theatre hosts the production of "A Christmas Story, the Musical," based on the hit film of the same title. Currently playing now until Sunday, Dec. 27.

INSIDE



Arts calendar

Pages B7-B11

ONLINE

Check out our expanded calendar of events at www.spotlightnews.com/events.

POP CULTURE

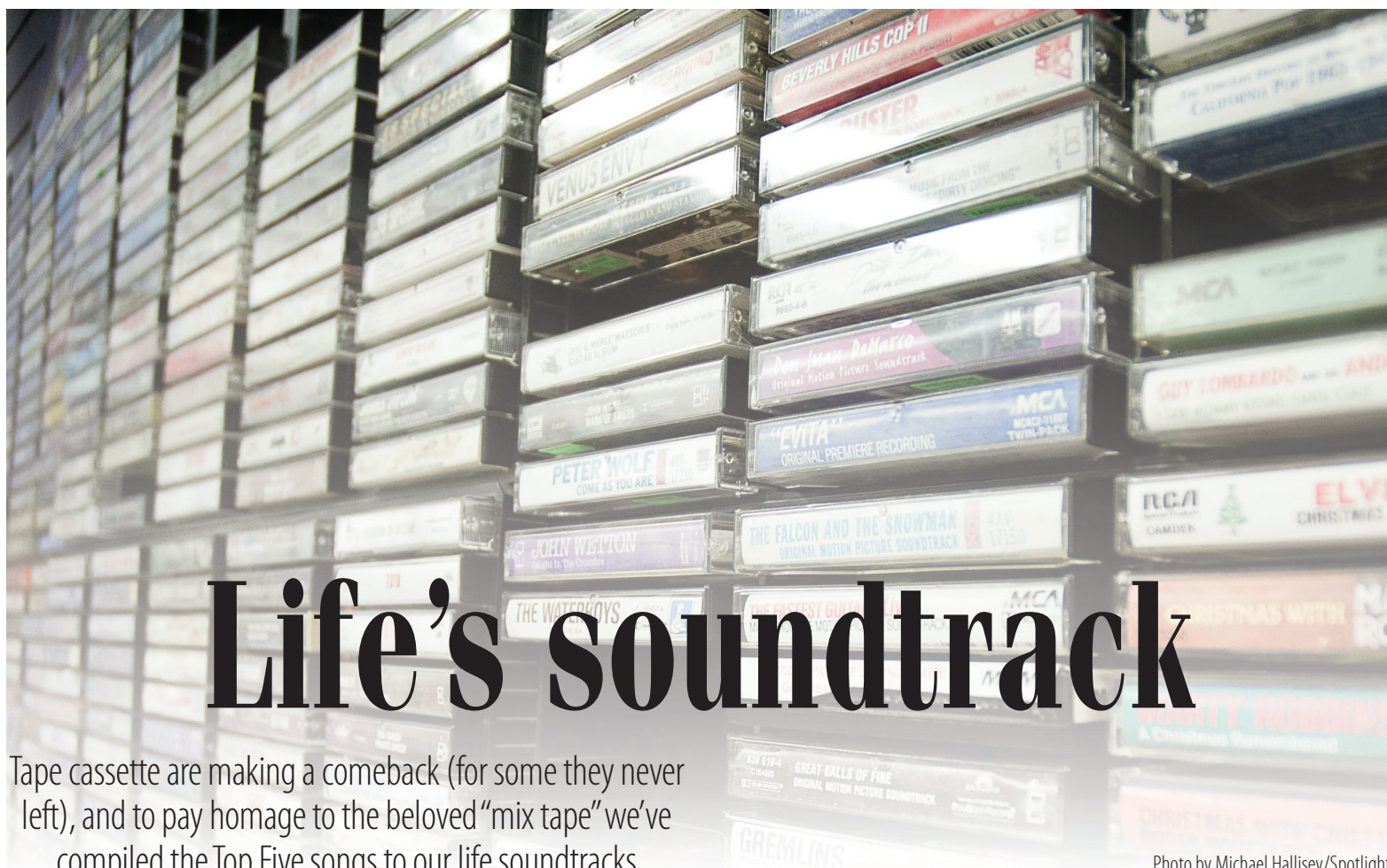


Photo by Michael Hallisey/Spotlight

Life's soundtrack

Tape cassette are making a comeback (for some they never left), and to pay homage to the beloved "mix tape" we've compiled the Top Five songs to our life soundtracks

By **MICHAEL HALLISEY**

halliseym@spotlightnews.com

You know a trend has reached its pinnacle when Mom starts asking you about something she saw on the home shopping channel. So goes the phenomenon of vinyl records and the record players you find on QVC that will play them. However, following behind this trend is the re-emergence of the tape cassette.

It was the portable answer to vinyl, and more compact than the 8-track tape. Even when the compact disc was introduced in the mid-80s, the majority of music consumers were still drawn towards the convenience of the cassette. Boom Boxes and SONY Walkmans helped keep the medium's relevance well through the 90s before interest waned going into the new century.

"It's something that never really stopped with underground bands, punk and metal," said Luke Finkle, from Last Vestige Music Shop in Albany. Underground artists find the cheaper costs of producing tape cassettes more appealing over those associated with making CDs and records. "Different genres that aren't really at the top of the cultural conscience. They never really stopped. They're just dubbing them at home, and sending them out."

It's for this reason music collectors often seek tapes from these genres, said Charles Monroe of Last Vestige. Heavy metal bands from the late 80s, who appear exclusively on tape cassette, are popular items.

► **SpotlightNews staff members choose the songs that would make it on their life soundtrack's mix tape. Starts on Page 14.**

"There's a lot of things that might have been cassette only. Never saw the light of day on CD. Might not have seen it on vinyl. Certainly didn't see it on all three," said Monroe. "There's scarce things out there, people are willing to pay good money for."

Record buyers often speak of a truer quality to the sound. But, Finkle said, he finds those who are buying cassettes are kids with older cars that still have tape decks in them. "There really isn't an audio benefit to them," said Finkle.

Conversations surrounding this by-gone vehicle of mobile music will turn to the "mix tape." In 2007, Rob Sheffield penned a "Love Is a Mix Tape: Life and Loss, One Song at a Time" with the protagonists going through the remnants of a failed relationship. Sheffield deftly tells the story between the songs of his ex's mix tape. *We made a lot of mix tapes while we were together. Tapes for making out, tapes for dancing, tapes for falling asleep. Tapes for doing the dishes, for walking the dog. I kept them all.* On the extent these personal compilations were engrained in our everyday lives, for us old enough to appreciate it. John Cusack's character in the 2000 film "High Fidelity" goes one step further, speaking of the art of subtlety involved with pairing songs. Indeed, anyone with a blank tape and a tape recorder soon developed his or her own artistic form.

Continues on page B14



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The falls in fall

The Cohoes Falls once rivaled Niagara Falls as a big tourist attraction. Before that, it served as an important meeting place for the Iroquois Confederacy. In the image captured by Dannyymaggs, one can see why the Cohoes Falls was such a sacred place. For some, it still is.

Photo by dannyymaggs/Instagram

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■ EVENT

Let's celebrate with Mickey

Latest Disney on Ice showcases cultures from around the world

By **MICHAEL HALLISEY**
halliseym@spotlightnews.com

ALBANY — Disney on Ice returns to the Times Union Center with a global view on the holidays.

"Let's Celebrate!" presented by YoKids, is all about experiencing the holidays through the eyes of the Disney characters," stated director Patty Vincent. "With Mickey's Digital Global Destinator, we are able to travel to far-off places like China for the Chinese New Year and to Brazil for Carnival."

The Feld Entertainment production is in the midst of a 35-city tour, and stops at Albany from Thursday, Dec. 17 to Sunday, Dec. 20, at the Times Union Center.

Audiences will experience celebrations of different cultures as they join Mickey Mouse and friends on a tour around the world. The production's creative team created a show with an abundance of colors, warmth and spirit to evoke the pleasant memories of the holidays.

"The show takes on a

contemporary perspective with new music, choreography, costumes and video technology that pumps incredible energy into every moment of the show," stated writer Jerry Bilik. "Mickey even causes a few mix-ups with his Digital Global Destinator, but in the end everything wraps up in one of the happiest celebrations ever."

One of the 40 performers on the ice will have a different sort of celebration, personally.

Johan Lundqvist, who turns 29 on the 19th, has performed with Feld Entertainment for 10 years, skating exclusively for Disney on Ice.

"It's funny. The last time I was in Albany, it was for Disney on Ice, and I celebrated my 19th birthday," he said.

Upon starting his career with Disney on Ice, Lundqvist had to transition from a competitive figure skater, a career that took him to the Swedish junior national championships.

"When you compete and go through the national championships, you're so focused on your skating technique. Whereas, what I do now, when I am in character, it's a performance to act."

This year's production promises visits from more than 50 classic and

contemporary Disney characters in a compilation of favorite holidays and celebrations from different cultures.

Sets include a variety of different scenes, from fire-twirling Hawaiian luau dancers to zombie-like movements of the ghoulish groupies in Halloween. Audiences will also visit more domestic locations like New Orleans to meet Tiana in a Mardi Gras performance. Tiana is one of the seven Disney Princesses cast for a production that also includes a Valentine's Day Royal Ball with Princess Tiana; a Very Merry UnBirthday Party with Alice and the Mad Hatter; Jack Skellington's frightfully festive Halloween party with the Disney Villains; and a Hawaiian luau with Lilo and Stitch.

Celebrations include Mardi Gras, Carnival, St. Valentine's Day, Chinese New Year and more, showing that, it is indeed, a small world, after all.

Growing up in Stockholm, Lundqvist recalls his earliest Disney memories from attending the same Disney on Ice performances as a kid.

"I think it's definitely more fun," he said. "What I do now - creating moments for the audience and memories."

From Mickey and Minnie to the famed Disney Princesses, audiences are guaranteed to recognize someone in this year's cast of characters. Submitted photos





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Sure, Clint Eastwood made ponchos look good back in the '60s, but today's fashion takes this garment out of spaghetti westerns and makes it a versatile must-have in your closet.

United Artists

FASHION

What you find on the bandwagon

Sometimes finding the next hot fashion item calls for you to look behind you

By DENISE BENNETT
news@spotlightnews.com

Everything in fashion is cyclical.

Doesn't matter what it is, be it platforms, neon colors or the poncho. It all comes back around in due time. And boy, can I tell you I am thrilled the poncho is having another time in the spotlight.

This was my favorite trend roughly ten years ago and I am again hopping on the bandwagon. So how is this trend working this time? The poncho has been updated with fringe, with shorter sleeves and sometimes even an open front. So how do you sparkle during the Holiday season with this trendy garment? With one sequin at a time of course.

I love to wear a poncho over a button down shirt. This may be my current go to look for work. I take a denim shirt, a hound's-tooth shirt or a crisp white button down and add a variety of ponchos that I have over it. I currently love my black and white hound's tooth button down with my cocoon wrap poncho sweater. This is a very chunky knit that has fringe and a cocoon style that I can just wrap around myself and feel comfortable and chic concomitantly. I own it in a color I think a lot of people

would shy away from, but shouldn't. It's called truffle and it is a grayish brown. It is a universally flattering shade that allows whatever is underneath it to take center stage. You can either wear your collar up and out of the poncho or you can let the poncho lay over it. With either style, you can wear a chunky necklace or scarf. The blanket scarf is another hot trend for fall/winter and this will be a dramatic statement. Pair this button down and poncho with jeggings or leggings, a riding boot and a satchel and people will think you stepped out of the latest magazine.

Now, the poncho is not just for nine to five or weekend casual. It can also be used out and about at Holiday soirees. In fact, I can distinctly remember a holiday party I attended when I wore a beautiful ribbed pink poncho, black dress pants and a patent black heel. On the poncho, I wore a sizeable broach with lavender and pink crystals. Needless to say I got plenty of compliments.

In this instance, the poncho kept me stylish and warm! The key to wearing a poncho for dressed up events is to use it as the back drop for dramatic jewelry.

What I would do now, is take a black poncho with fringe, layer it over heather gray wide legs pants, a high red patent heel and a gray bib statement necklace. Layering necklaces is also huge right now, so instead of a gray bib, layer five or more chains or pendants that have a similar theme.

Finally, don't be afraid to use your poncho as an outer wear layering piece. The extra layer this piece can lend you will let you take your moto jacket deeper into the winter months. The moto on its own can only take you so far, but adding that layer of knit can extend its wear. I have already worn it this way for this season and I loved the look. I wore my

Now, the poncho is not just for nine to five or weekend casual. It can also be used out and about at Holiday soirees. In fact, I can distinctly remember a holiday party I attended when I wore a beautiful ribbed pink poncho, black dress pants and a patent black heel. On the poncho, I wore a sizeable broach with lavender and pink crystals. Needless to say I got plenty of compliments.

black moto and my gray button-down poncho on top of it. The gray poncho has shorter sleeves and since it buttons, I can affect how it will layer. Either closer to the body with all buttons fastened or only the top buttons closed so the body can swing freely open. I paired it with a midi skirt and ankle boots; instant chic and warmth. With the multitude of fashion items on the market, you never have to sacrifice fashion for function. If you do, come talk to me!

So have I swayed you to enjoy the poncho yet in all of its versatile glory? I hope so. It is one piece that has earned its place in your closet if you allow it to be a work horse for you.

Denise Bennett maintains a fashion and lifestyle blog on Perfect20.co. She also a frequent contributor to SpotlightNews Living as our fashion and lifestyle columnist.

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■ FITNESS

Thanksgiving remorse

You've feasted on Thanksgiving leftovers for a week, and now you have to face the piper

By **DAN ROMAND**
news@spotlightnews.com

If you're like millions of others this week, you stepped upon the scale following Thanksgiving and were shocked to see the number.

All the fat and carbs eaten during the Thanksgiving meal... the pies, cookies, cakes and other desserts that grandma made.... The gallons (yes for some it is gallons) of beer, wine and other adult beverages that we all partake in. And I didn't even mention the leftovers....

Today is the day they all come back to haunt you.

Today is the day it's time to pay the piper.

For many today becomes a day of reckoning. While we'd like to say people will wake up and get back on track the sad truth is today becomes the start of a downward spiral... A spiral which leads many to gain 5, 10 even 15 pounds by the end of the year.

The thought process which should be "it's time to get back on track" instead becomes... "I failed yet again so might as well keep failing". Which leads to giving up. In fact this is the time of year most people fall off track when it comes to living healthy.

But it doesn't have to be that way. You can get back on track if you set your mind to it. Here are some

tips to help you get back on track.

► Accept that what's done is done. You can't turn back the clock and "uneat" all those extra calories. What you can do is get back on track starting right now. The most important thing you can do is stop beating yourself up and move on from it. Instead of dwelling on what you can't change focus on what you CAN change.

► Get rid of the crap lying around the kitchen. Either throw away those cookies, candies or whatever or bring them to someone else (no not your best friend who is trying to eat healthy!) Many years ago at a place I worked at we used to hold "leftover feast" on the Monday after thanksgiving. Everyone would bring in their leftovers and we'd have them for lunch that day. Not only did it get rid of all the food lying around it gave us a chance to sample other holiday dishes we might never have tried. Heck, to this day we make a vegetable medley that one of my co-workers brought in. The trick for you is to sample these in very small portions. Remember the key is to get rid of the stuff, not eat it all.

► Get back to working out. Yes it's a busy time of year and the truth is the gyms tend to empty out during the weeks between Thanksgiving and Christmas. Then the New



Thanksgiving Day turkey: One of the many culprits responsible for your dietary downfall.

Open domain

Year Rush happens and the gyms get packed like cans of sardines. Stay on your workout schedule and, if you don't have one, make one!

Put it on your calendar and commit to using that time for yourself. Not only will you help fight off the holiday weight gain, you'll feel better about yourself and beat some of the stress of the holidays.

► If you gained don't try and lose it all in one day. We see this all the time. People go on "detox" or starve themselves in hopes of losing all the weight they just gained.

It doesn't work. In fact, it usually backfires as you get so hungry you go on another splurge. Instead cut back on what you're eating throughout the day. Focus on smaller meals packed with lean protein, fruits and veggies.

► Track your food. We often see our clients stop logging their food during

the holidays. I guess the feeling is that if we don't write down what we ate, the calories won't count (not to mention they think we won't figure out they overindulged, lol)!

Wrong! Just the opposite. Not keeping track of what we consume usually leads to eating a lot more calories than we think we are eating. If you've kept a food diary in the past starting logging it again. If you've never kept one, now is a great time to start.

► Finally, the best thing you can do is throw the scale away. Instead of focusing on some silly number that really has no relation whatsoever to your overall fitness and health, focus on eating the right foods in the right portions and exercising 30-60

minutes a day.

Do that and not only will you get rid of the holiday weight gain, you'll set yourself up for long term success and health.

Dan Romand is co-owner

and operator of Full Circle Fitness-NY in Colonie, where he is also a certified personal trainer. He is a frequent contributor to SpotlightNews Living as our fitness columnist.

Holiday Hours

November				THURSDAY	FRIDAY	SATURDAY
				26	27	28
				8pm-1am	7am-10pm	9am-10pm
December						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29 11am-6pm	30 10am-9:30pm	1 10am-9:30pm	2 10am-9:30pm	3 10am-9:30pm	4 10am-9:30pm	5 10am-9:30pm
6 10am-7pm	7 9am-10pm	8 9am-10pm	9 9am-10pm	10 9am-10pm	11 9am-10pm	12 9am-10pm
13 10am-8pm	14 8am-10pm	15 8am-10pm	16 8am-10pm	17 8am-10pm	18 8am-11pm	19 8am-11pm
20 8am-11pm	21 8am-11pm	22 8am-11pm	23 8am-11pm	24 8am-5pm	CLOSED	26 8am-10pm
27 10am-6pm	28 10am-9:30pm	29 10am-9:30pm	30 10am-9:30pm	31 10am-5pm	January 1 10am-5pm	

VISIT SANTA
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Fri - Sat 10am-9pm
Sun 11am-6pm

Regular Mall Hours Resume on January 2, 2016

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CULINARY ARTS

Food & Vino

Pear and Apple Crumble Pie

By ANN LINDA CIOTOLI

news@spotlightnews.com

This week's recipe and pairing is still Holiday related. It's a Pear and Apple Crumble Pie, and this recipe serves somewhere in the ballpark of eight to ten people, depending on your appetite. I did not get a dessert recipe in on time for Thanksgiving, so I thought I would start with one, and work my way through some holiday recipes leading up to Christmas.

Ingredients: FOR THE CRUST AND FILLING

1 sheet refrigerated pie dough - (half of a 14 ounce box) - Wholly Wholesome Organic Pie Dough Sheets) or from scratch

3 Tbs. unbleached flour, plus more for dusting

1 1/2 pounds assorted pears (such as Bosc or Bartlett)

1 1/2 pounds assorted apples (such as Gala, Honeycrisp or Golden Delicious)

1/2 cup chopped assorted dried fruit (such as cranberries, apricots and cherries)

1/2 cup honey

1/4 cup granulated sugar

Finely grated zest and juice of 1 lemon

1 tsp. pure vanilla extract

1 tsp. ground cinnamon

1/2 tsp. salt

Ingredients: FOR THE TOPPING

1/4 cup rolled oats

1/2 cup unbleached flour

1/2 cup packed light brown sugar

1/2 tsp. salt

1/4 tsp. ground cinnamon

6 Tbs. cold unsalted butter, cut into small pieces

Instructions:

Prepare the crust by rolling out the dough into 12-inch round on a lightly floured surface. Ease into a 9-inch pie plate. Fold the overhanging dough under itself and crimp the edge with a fork or your fingers. Refrigerate until firm, about 30 minutes.

Meanwhile, make the filling: Peel and thinly slice the pears and apples and transfer to a large microwave-safe bowl; add the dried fruit, honey, granulated sugar, flour, lemon zest and juice, vanilla, cinnamon and salt and toss to coat. Cover with plastic wrap and microwave until the apples and pears are tender and juicy, 5 to 7 minutes. (You may also do this in the oven on 300 until the same.) Refrigerate until cold, 10 to 15 minutes.

Preheat the oven to 375. Make the topping: Whisk the oats, flour, brown sugar, salt, and cinnamon in a medium bowl. Using your fingers, work the butter into the oat mixture until small clumps form. Refrigerate until ready to use.

Place the pie crust on a baking sheet. Add the filling, slightly mounding it in the center. Press the crumble topping evenly over the filling. Bake until the topping is browned and the filling is bubbling, about 1 1/2 hours. (Tent with foil if the topping browns too quickly). Transfer to a rack and let cool completely.

Pairing:

Cabernet Ice Wine - Two Sisters Vineyards - Niagara-on-the-Lake, Ontario, Canada - This wine, although pricey, is so delicious that it is definitely worth buying at least one time. It is ruby red in color, and has intense flavors of strawberries, with hints of rhubarb. It finishes with a balance between sweetness and acidity.

Ann Linda Ciotoli owns a catering business called Good Enough to Eat. She is also a frequent contributor to SpotlightNews Living where she is one of our culinary arts columnist. For questions and information, e-mail Ciotoli at sodeliciousalc@yahoo.com.



The Albany County Historical Association's HOLIDAY HOUSE 2015 AT TEN BROECK MANSION "A CHILDREN'S WINTER WONDERLAND"



The Holiday Shop Local crafts & goods for sale

Gift Certificates to the shop are
available for purchase as well.

Scrooge Lecture: Wednesday December 9th, 1:00 pm

Carl Devito will give a talk on his book, "Inventing Scrooged." Light refreshments served. \$5/Free for ACHA members. Reservations encouraged.

Musicians of Malwyk: Friday, December 11th, 6:00 pm

Enjoy refreshments while listening to this talented duo play a variety of Christmas tunes of different nationalities and early music.

\$25/\$20 for ACHA members. Reservations encouraged.

Open House: Saturday, December 12th, 12:00 pm-3:00 pm

Begin the Albany holiday season with a visit to Holiday House at Ten Broeck Mansion's Open House. Let the children enjoy holiday crafts and a visit from Sinterklaas (12 to 2pm). \$5 per adult \$1 for children under 12.

Jazz up the Holidays with Aria: Sunday, December 13th, 2:00 pm

Back by popular demand! Enjoy delectable desserts while listening to this festive group present classical, jazz, and contemporary music in our beautifully decorated parlors.

\$25/\$20 for ACHA members. Reservations encouraged.

Candlelit Tour: Thursday & Friday, December 17th & 18th, 7:00pm-8:00pm

Take a candlelit tour through the beautiful Ten Broeck and journey through the history of American Christmas. \$15/\$10 for members. Reservations encouraged

Children's Story Hour: Saturday, December 19th, 10:30am-12:00pm

Bring your children to hear Holiday stories read by Sinterklaas, take photos with Sinterklaas, and decorate cookies. (Recommended ages 3 to 10). Free admission.

Madrigals: Saturday, December 19th, 2pm-4pm

Enjoy afternoon coffee & desserts and holiday songs performed by the full ensemble of the Helderberg Madrigal Singers. Stroll through the beautifully decorated Mansion rooms and hallways. \$25/\$20 for ACHA members. Reservations encouraged.



Tickets may be purchased on our website at www.tenbroeckmansion.org or by calling 436-9826

AMPLE STREET PARKING AT THE MANSION

The Mansion Holiday Gift Shop is open during all scheduled events.

All funds raised go to benefit the educational programming of the Albany County Historical Association and towards the preservation of the historic Ten Broeck Mansion.

For more information or to arrange your holiday party at the Mansion

Albany County Historical Association, Ten Broeck Mansion ~ 9 Ten Broeck Place, Albany ~ Phone 436-9826 ~ www.tenbroeckmansion.org

CLUB LISTINGS

December 9-15

9 Maple Avenue
9 Maple Ave., Saratoga Springs. www.9mapleave.com
Fri: **Tim Olsen Quartet** | 9 p.m.
Sat: **Nelson Esposito Quintana** | 9 p.m.

Athos
1814 Western Ave., Albany. 608-6400
Fri: **Jeanne O’Conner & ‘Azzaam Hameed** | 7 p.m.

Carney’s Tavern
17 Main Street, Ballston Lake. 518 280-7959 or www.carneystavernny.com
Thur: **Matty Finn** | 6 p.m.
Fri: **Black Abbey** | 8 p.m.
Sat: **Don Hoffman** | 7 :30 p.m.

Club Helsinki
405 Columbia St., Hudson. 828-4800 or helsinkihudson.com
Thur: **Elvis Perkins** | 8 p.m. | \$15
Fri & Sat: **Holidelic Holiday Funk-tacular** | 9 p.m. | \$25

Crown Grill
390 Broadway, Saratoga Springs. 583-1105
Fri: **Jeanine Marie Jazz Trio** | 7 p.m.

Emack & Bolio’s
366 Delaware Ave., Albany. 512-5100
Fri: **James Hearne** | 7 p.m. | Free
Sat: **Alan Goldberg** | 7 p.m. | Free

The Fountain Restaurant
283 New Scotland Ave., Albany. 482-9898
Fri & Sat: **Skip Parsons’ Riverboat Jazz Band** | 10 p.m.

Fuze Box
12 Central Ave., Albany. 703-8937
Fri & Sat: **Stigmata** | 7 p.m. | \$20

Grappa ’72

ARTS

CALENDAR



Punch Brothers return

Innovative bluegrass band — featuring mandolinist Chris Thile (center) and banjo player Noam Pikelny (second from left) — performs Thursday, Dec. 10, at the Troy Savings Bank Music Hall. See Page 8 for details.

Submitted photo

818 Central Ave., Albany. 482-7200
Wed & Thur: **Hamilton Street Jazz Company** | 6:30 p.m.

Fri: **Pat Andreoli Trio** | 6:30 p.m.

The Half Moon
48 S. Front St., Hudson. thehalfmoon-hudson.com
Sat: **Delicate Steve; Luke Tem-**

ple; Alexander Turnquist | 8 p.m.
The Hollow Bar + Kitchen
79 N. Pearl St., Albany. 426-8550

Fri: **Eastbound Jesus** | 9:30 p.m. | \$12 adv./ \$15 door

Sat: **Let’s Be Leonard** | 8 p.m. | \$8

Hudson River Music Hall
10 Maple St., Hudson Falls. 832-3484

Sat: **The Bluebillies’ Old-Time Christmas Revue!** | 7 p.m. | \$12, \$10 seniors, \$5 students

The Linda
339 Central Ave., Albany. 465-5233

Sat: **Professor Louie & the Crow-matix** | 8 p.m. | \$12

The Low Beat

335 Central Ave., 432-6572
Wed: **The Deadbeats** | 10 p.m. | \$5
Thur: **Loveport, Barabbas, Seymour** | 8 p.m.

Fri: **Message From Vega** | 6 p.m.

Society High; Nine Votes Short; Shi-va the Love Skeleton | 8 p.m.

Sat: **The Figgs; Charlie Watts Riots** | 8 p.m.

Mouzon House
1 York St., Saratoga Springs. 226-0014
Wed: **Joe Gitto & Dan Wancyk** | 6:30 p.m.
Sun: **Hot Club of Saratoga Trio** | 7 p.m.

One Caroline Street
1 Caroline St., Saratoga Springs. 587-2026

Wed: **The Masters of Nostalgia** | 8:30 p.m.

Thur: **Chris Carey and Mike O’Donnell** | 8 p.m.

Fri: **The Guys** | 9 p.m.

Sat: **Genna & Jesse** | 9 p.m.

Sun: **Olivia Quillio** | 6 p.m.

Mon: **Tim Wechgelaer** | 7:30 p.m.

Platinum Pub
795 3rd Ave., Watervliet. 270-9907
Every Tue: **Open Mic**

Provence
Stuyvesant Plaza, 1475 Western Ave., Albany. 689-7777

Sat: **Jeanne O’Conner and Peg Delaney** | 7 p.m.

Prime at Saratoga National
458 Union Ave., Saratoga Springs. 583-4653

Sun: **Joe Sorrentino Trio** | 10 a.m. jazz brunch

Putnam Den
63a Putnam St., Saratoga Springs. 584-8066.

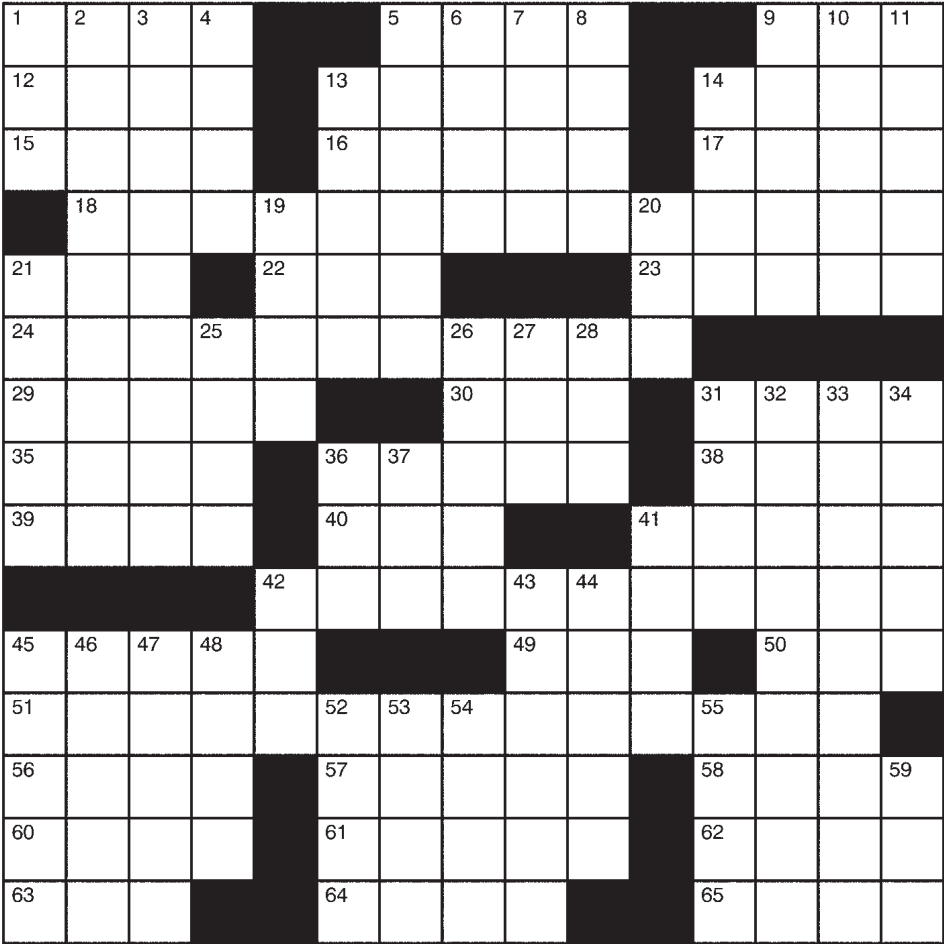
Thur: **The John Kadlecik Band; Half Step Duo** | 9 p.m. | \$18 adv./ \$22 door

Fri: **Driftwood; Black Mountain Symphony; Acoustic Trauma** | 9 p.m. | \$10 adv./ \$12 door

Rustic Barn Pub
150 Speigletown Rd., Troy. 235-5858
Thur: **Open Mic** | 8 p.m.

Continues on B8

Giddyap!



ACROSS

- 1 Grime
5 Sharp tooth
9 Morning hrs.
12 Unique thing
13 ____ Wrap
14 Insipid
15 Regarding
16 Tropical vine
17 Femme’s pronoun
18 Wife of Bath’s story, for one
21 Mogul Onassis
22 Shaq’s shoe width
23 Poly ending
24 Torturous track exercises
29 Heeds
30 Me: Fr.
31 Sincere
35 Composer Jerome
36 Shred Locatelli
38 Dull pain
39 To be: L.
40 Haul
41 Computer company in the chips
42 Slugger’s triumphant gait
45 Mr. T’s group

- 49 Ltd. kin
50 Curved letter
51 Grange’s moniker, after The
56 Charleses’ dog
57 ____ orange
58 Mil. branch
60 Load cargo
61 Prevent
62 Greek letter
63 Sty
64 Kernel
65 Greek peak

DOWN

- 1 Edmond O’Brien film
2 Writes in a yearbook
3 Fees paid to lawyers
4 Disney sci-fi film
5 More just
6 Saudi native
7 Half of Mork’s farewell
8 Growl
9 ____ once: suddenly
10 Director Louis
11 Transparent
13 Visit dreamland
14 Plays the lottery
19 Mrs. Dick Tracy
20 Acceptance word

- 21 Responded to the alarm
25 Physics force measure
26 Counterpart
27 Negator’s word
28 Business apparel
31 Desire
32 Cinemadonnas
33 Dimming devices
34 Defrosts
36 ‘60s sports car
37 Pirate’s drink
41 Ruler part
42 Dr. payment plan
43 Fixed, as an election
44 He maddened Madison
45 Breathless
46 Flavor
47 Singer ____ John
48 There oughta be ____!
52 Herds of whales
53 Clairvoyant’s words
54 Jean d’Tub
55 Greek liqueur
59 Air-traffic agcy.

Answers on Pg. B17

ARTS CALENDAR

Fri: **Snook Bros. Band** | 8 p.m.

Sat: **Dead Ahead NY** | 8 p.m.

Speakeasy 518

42 Howard St., Albany. 449-2332

Wed: **Chris Carballeira** | 8 p.m.

Thur: **Bryan Brundige Duo** | 9 p.m.

Fri: **Steve Lambert Trio** | 9 p.m.

Sat: **David Fisk Trio** | 9 p.m.

Mon: **Joe Finn** | 8 p.m.

Tue: **Justin Henricks** | 8 p.m.

Stockade Inn

1 North Church St., Schenectady. 346-3400 or www.stockadeinn.com

Fri: **Dino Cimino** | 7 p.m.

Yono's

25 Chapel St., Albany. 436-7747

Fri: **Hamilton Street Jazz Duo** | 6:30 p.m.

Sat: **Frank Mastan Jazz Duo** | 6:30 p.m.

CONCERTS

Double Reed Choir, Woodwind Quintet and Chamber Winds

Dec. 9, 7:30 p.m. Free. Kathleen McManus Recital Hall, Massry Center for the Arts, 1002 Madison Ave., Albany. Information: 454-5178.

Skidmore String Ensemble

Dec. 9, 8 p.m. Free. Arthur Zankel Music Center at Skidmore College, 815 N. Broadway, Saratoga Springs. Information: 580-5321 or www.skidmore.edu/zankel/.

Small Jazz Ensembles

Dec. 9, 7 p.m. Free. Brooks-Rogers Recital Hall at Williams College, 54 Chapin

Hall Drive, Williamstown, Mass. Information: 413-597-2736.

Punch Brothers

Dec. 10, 8 p.m. \$39, \$49. Troy Savings Bank Music Hall, 30 2nd St., Troy. Information: 273-8945.

Skidmore Guitar Ensemble

Dec. 10, 8p.m. Free. Arthur Zankel Music Center at Skidmore College, 815 N. Broadway, Saratoga Springs. Information: 580-5321 or www.skidmore.edu/zankel/.

Williams Jazz

Repertory Ensemble

Dec. 10, 7 p.m. Free. Brooks-Rogers Recital Hall at Williams College, 54 Chapin Hall Drive, Williamstown, Mass. Information: 413-597-2736.

Mendelssohn Club of Albany

"Winter Wonderland," the Mendelssohn Club's 107th annual holiday concert, will feature a range of traditional, classical and modern holiday music. Dec. 11, 7:30 p.m. \$20. The Egg, Empire State Plaza, Albany. Information: 473-1845 or www.theegg.org.

Memorial for Lee Shaw

In honor of the memory of the late, great internationally renowned pianist, composer and bandleader Dr. Lee Shaw, who passed away at age 89 on October 25. Music will feature seven bands showcasing the following local musicians: Joe Barna, Bill Delaney, Peg Delaney, Mike Demicco, John Esposito, Matt Finck, Otto Gardner, Gene Garone, Nick Hetko, Pete Levin, John Medeski, Rob Lindquist, Patti Melita, Lou Pappas, Chris Pasin, Brian Patneau, Sarah Pedinotti, Jason Rogers, Adam Siegel, Jeff "Siege" Siegel & Rich Syracuse. Dec. 11, 7 p.m. Free. Unitarian Universal Society, (Great Hall,



Coming to the Eighth Step

Story-song and guitar sensation Joe Crookston will perform at the 8th Step at Proctors Underground, 432 State St. in Schenectady, Saturday, Dec. 12, at 7:30 p.m. For tickets, call 346-6204, 434-1703 or visit 8thstep.org.

Dan Tappan

Whisperdome), 1221 Wendell Avenue, Schenectady. 914-466-9782.

Skidmore College Orchestra

Dec. 11, 8p.m. \$8 adults, \$5 seniors/staff, free for students and young children. Arthur Zankel Music Center at Skidmore College, 815 N. Broadway, Saratoga Springs. Information: 580-5321 or www.skidmore.edu/zankel/.

The Cadets of LaSalle Institute

Annual Christmas concert, featuring performances from the Middle School Band, the Symphonic Band and the award-winning Cadet Blues Jazz Ensemble. Dec. 11, 7:30 p.m. \$12 adults, \$5 children under twelve. Troy Savings Bank Music Hall, 30 2nd St., Troy. Information: 273-8945.

Saint Rose Wind Ensemble

Dec. 11, 8 p.m. Free. Kathleen McManus

Recital Hall, Massry Center for the Arts, 1002 Madison Ave., Albany. Information: 454-5178.

Williams Student Symphony

Excerpts from Antonin Dvorak's cycle of pieces titled, "Legends," op. 59, B.122. Also a piece for orchestra by Adrianus Valerius and arranged by Hans Kindler titled, "17th Century Dutch Tunes," and the work by Joe Hisaishi and arranged by Ben Kaufman with "A Town with an Ocean View" from "Kiki's Delivery Service." Dec. 12, 8 p.m. Free. Chapin Hall at Williams College, 54 Chapin Hall Drive, Williamstown, Mass. Information: 413-597-3146.

The Many Moods of Christmas

Presented by Albany Pro Musica. Dec. 12, 7:30 p.m. \$25, \$35, \$15 students. Troy Savings Bank Music Hall, 30 2nd St., Troy. Information: 273-8945.

Joe Crookston

with Peter Glanville

Story-song & guitar sensation Crookston loses himself in his original music and performance, creating pure magic with cohort and stellar musician Peter Glanville on 6-string & tenor guitars & vocals. Dec. 12, 7:30 p.m. \$24 adv., \$26 door, \$35 Gold Circle. The Eighth Step, Proctors (Underground), 432 State St., Schenectady. Information: 434-1703 or 8thstep.org.

Saint Rose Masterworks

Chorale

Dec. 12, 8 p.m. Free. Kathleen McManus Recital Hall, Massry Center for the Arts, 1002 Madison Ave., Albany. Information: 454-5178.

Mountain Snow & Mistletoe

The 25th anniversary and final year of Chris Shaw and Bridget Ball's down home holiday show of seasonal songs and tall tales featuring the Mountain Snow Orchestra. Dec. 12, 7:30 p.m. & Dec. 13, 2 p.m. \$25. The Egg, Empire State Plaza, Albany. Information: 473-1845 or www.theegg.org.

Handel's Messiah

Performed by the Sage Singers of Russell Sage College. Dec. 13, 7:30 p.m. \$5 suggested donation. St. Augustine's Church, 25 115th St., Troy.

The World Famous Glenn

Miller Orchestra

Dec. 13, 3 p.m. \$28, \$34. Troy Savings Bank Music Hall, 30 2nd St., Troy. Information: 273-8945.

Berkshire Concert Choir

"Voices of Christmas." Followed by Victorian tea. Dec. 13, 2 p.m. \$22 adv., \$27 day of event. Ventfort Hall Mansion and Gilded Age Museum, 104 Walker St, Lenox, MA. Information: 413-637-3206.

THEATER

It's a Wonderful Life: A Live Radio Play

The beloved American holiday classic

comes to captivating life as a live 1940s radio broadcast. With the help of a five-actor ensemble that brings dozens of characters to the stage, the story of idealistic George Bailey unfolds one fateful Christmas Eve. Dec. 9-13; Wednesday and Thursday, 7:30 p.m., Friday and Saturday, 8 p.m., Sunday, 2:30 p.m. \$17. Schenectady Civic Players Playhouse, 12 South Church Street, Schenectady. Information: 382-2081 or civicplayers.org.

A Christmas Story: The Musical

A holiday tradition . . . with a twist. The leg lamp, the Chinese food, the Red Ryder BB gun—it's all there in this TONY-nominated musical, but so are songs like "Counting Down to Christmas," "Ralphie to the Rescue" and "Before the Old Man Comes Home." Regular performances through Dec. 27, Tuesday-Thursday, 7:30 p.m.; Friday & Saturday, 3 p.m. & 8 p.m.; Sunday, 2 p.m. Capital Repertory Theatre, 111 N. Pearl St., Albany. \$20 - \$50. Information: 445-7469 or capitalrep.org.

Snow White: House of Dwarves

The classic fairy tale with some zany touches. Written by The Pantaloons and directed by Cathy Lee-Visscher. Nov. 27 through Dec. 13; Fridays and Saturdays, 8 p.m.; Sundays, 2 p.m. The Ghent Playhouse, 6 Town Hall Place, Ghent. \$10 - \$20. Information: 800-838-3006 or ghentplayhouse.org

Last of the Red Hot Lovers

Neil Simon's comedy centers around a 47 year old married, faithful, Barney Cashman, as he tries to keep the 1960s sexual revolution from passing him by. The laughs abound as Barney embarks on his bumbling journey in search of casual sex. Dec. 11-12, 8 p.m.; Dec. 13, 2 p.m.; Dec. 17-19, 8 p.m. \$18 adults, \$10 under age 18. Sand Lake Center for the Arts, 2880 NY Route 43, Averill Park. Information: 674-2007.

Snow White

The Brothers Grimm wove a compelling tale that is filled with mirrors that talk, mystery, magic, intrigue and dwarfs aplenty. Adapted and directed by Ric Chesser. Dec. 12, 13, 19 & 20, 3 p.m.; Dec. 29 & 30, 10 a.m. & 1 p.m. \$15. Steamer No. 10 Theatre, 500 Western Ave., Albany. Information: 435-5503 or www.steamer-10theatre.org.

Good Night Moon & the Runaway Bunny

Adapted from Margaret Wise Brown's sixty-year-old classic, "Good Night Moon" is a celebration of familiar nighttime rituals, while "The Runaway Bunny" is a pretend tale of leaving home that evokes reassuring responses from his loving mum. Dec. 13, 3 p.m. \$15 (Adults free with child.) The Egg, Empire State Plaza, Albany. Information: 473-1845 or www.theegg.org.

Miracle on 34th Street

Sometimes we all need a reminder of how wonderful it is to believe! Just when a weary world needs it most, a white-whiskered, kindly old man calling himself Kris Kringle appears to remind a little girl and her skeptical mother that the holidays are still a magical time of humor, generosity, and faith in the goodness of others. Dec. 11 & 18, 7:30 p.m.; Dec. 12, 13 & 20, 1 p.m.; Dec. 19, 1 & 4:30 p.m. \$18 adults, \$12 ages 12 and under. Home Made Theater, 19 Roosevelt Dr., Saratoga Springs. Information: 587-4427.

Roses in December

In this play of letters, a young official in a college alumni office invites a celebrated but reclusive author to the thirty-fifth reunion of his class. When

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ARTS CALENDAR

he declines, she charmingly prods him, and thereby begins a witty and revelatory correspondence that becomes part mystery, part memory, and part romance. Dec. 13-15, 7:30 p.m. Free, reservations required. Curtain Call Theatre, 210 Old Loudon Rd., Latham. Information: 877-7529.

FILM

Rocky Horror Picture Show

Dec. 11, 8 p.m. & midnight. Madison Theater, 1036 Madison Ave., Albany. Information: 438-2094.

A Christmas Story

Dec. 14, 7 p.m. \$5. Palace Theatre, 19 Clinton Ave., Albany. Information: 465-3334 or palacealbany.com.

DANCE

Greg Nazarian's Dance Band

Second Saturday of every month. Shenendehowa Adult Community Center, 6 Clifton Commons Court, Clifton Park. \$5 members, \$10 non-members.

Ellen Sinopoli Dance Company

Known for their collaborative integration of dance with talented artists from varied genres the evening will include the projected works of fiber artist Linda O'Connor, photographs by Thom O'Connor and the layered music of jazz trumpeter and composer Dave Douglas. Dec. 11, 8 p.m. \$17. The Linda, 339 Central Ave., Albany. 465-5233.

LITERARY

Will Hermes Interview by Thomas Dimopoulos

The new speaker series, Yaddo Presents, kicks off with a conversation between Yaddo writer Will Hermes, senior critic at *Rolling Stone*, and journalist Thomas Dimopoulos, whose book, *Saratoga Stories: Magic and Loss*, came out this summer. Hermes will talk about his life in music writing, and take us into his research on the musician everyone's been talking about—Lou Reed. Hermes's biography of Reed, who died in 2013, is forthcoming from Farrar, Straus and Giroux. Northshire Bookstore, 424 Broadway, Saratoga Springs. Information: 682-4200 or www.northshire.com.

David Pietrusza

Noted historian will sign *1932: The Rise of Hitler & FDR—Two Tales of Politics, Betrayal, and Unlikely Destiny*, which has been nominated for The American Library Association's Notable Books of 2015. Dec. 12, 1 p.m. Open Door Bookstore, 128 Jay St., Schenectady. Information: 346-2719.

FAMILY/YOUTH

Children's Story Time

Thursdays at 10:30 a.m. and Saturdays at 11 a.m., Brunswick Community Library, 4118 Route 2, Troy. Information: 279-4023.

Family Storytime

Stories, songs and activities. Up to age 6 with family. Dec. 9 & 10, 9:30 a.m. Bethlehem Public Library, 451 Delaware Ave., Delmar. Information: 439-9314.

Family Playtime

Free play and socialization with toys, blocks, balls and more. Up to age 6 with family. Dec. 9, 10 a.m. Bethlehem Public Library, 451 Delaware Ave., Delmar. Information: 439-9314.

Lego Technic Workshop

Families work together to explore the

Lego Technic series. For kids and families; one adult must be present. Sign up online or call. Dec. 9, 6 p.m. Bethlehem Public Library, 451 Delaware Ave., Delmar. Information: 439-9314.

On My Own

Stories, songs and fun for children age 3-6 while parents wait at our café tables. Dec. 10, 10:15 a.m. Bethlehem Public Library, 451 Delaware Ave., Delmar. Information: 439-9314.

Paws to Read

Bring a book and read to a gentle dog who loves stories. For grade 1-5. Dec. 10, 3:45 p.m. Bethlehem Public Library, 451 Delaware Ave., Delmar. Information: 439-9314.

Tween Ugly Christmas Sweater Party

Make cookies, play games, watch a movie—prizes for ugliest sweater! Registration required. Grades 5-8. Dec. 11, 3:45 to 6 p.m. Brunswick Community Library, 4118 Route 2, Troy. Information: 279-4023.

Little Learner Walk

For children ages 1-4 and their parents/guardians. Discover different themes of nature with free play and a walk in the park. Rain boots or appropriate shoes are recommended. Dec. 11, 10 a.m. Please register 24 hours in advance. Moreau Lake State Park, 605 Old Saratoga Road, Gansevoort. Information: 793-0551.

Kids Craft

Bring the kids and enjoy a craft you don't have to clean up after. The Friends of Moreau Lake will be hosting the crafts and providing all supplies! Call to register. Dec. 12, 10 a.m. Moreau Lake State Park, 605 Old Saratoga Road, Gansevoort. Information: 793-0551.

Charlie Brown Open House

Snoopy and the gang will greet customers, the Charlie Brown Christmas movie will be shown and refreshments will be served. Dec. 12, 1 to 4 p.m. Schenectady Central Library, 99 Clinton St., Schenectady. Information: 377-5643.

Family Saturdays

Suitable for children ages 5 and up with their adult companions. Programs include a brief tour of a current Tang exhibition followed by a hands-on art activity. Dec. 12, 2:30. Free. Reservations suggested. Tang Teaching Museum, Skidmore College, 815 North Broadway, Saratoga Springs. Information: tang.skidmore.edu.

Art for All

Bring your family to the museum and spend the day being creative with activities inspired by current museum exhibitions using different media. Free with admission. Dec. 12, 10 a.m. to 4:30 p.m. Albany Institute of History and Art, 125 Washington Ave., Albany. Information: 463-4478 or membership@albany-institute.org.

Start with Art Preschool Series

Movement. This two-hour themed program, designed for ages 3-6 and parents, includes talks, gallery guides, and art-making activities. Dec. 12, 10 a.m. Free. The Clark Art Institute, 225 South St., Williamstown, Mass. Information: 413-458-2303.

Ornament Decorating

Come to the library to decorate an ornament to hang on your tree! Registration required. Dec. 14, 4:30 p.m. Brunswick Community Library, 4118 Route 2, Troy. Information: 279-4023.

Pine Bush Pups: Hoot Like an Owl

Explore the special ways that owls live their lives. Join us to listen to owl calls, make an owl finger puppet and take a short walk. Ages 2-6. Dec. 15, 10 a.m. \$3 person/ \$5 family. Register children please. Albany Pine Bush Discovery Center, 195 New Karner Rd., Albany. Information: 456-0655 or www.AlbanyPineBush.org.

EVENTS

Color Between Wines

Every Wednesday. Art materials supplied, bring your own wine. Nov. 25, 5 p.m., Brunswick Community Library, 4118 Route 2, Troy. Information: 279-4023.

1791 Club: It's All in the Cards

Come see America's first commercially printed Christmas card (on view in Capital Region in 50 Objects exhibit) and create your own personal holiday cards, then celebrate to creativity with food and drink specials at a local restaurant. The 1791 Club is aimed at 21-40-something adults interested in engaging with local art and history. Dec. 9, 5:30 p.m. \$10 (food and drink not included). Albany Institute of History and Art, 125 Washington Ave., Albany. Information: 463-4478 or membership@albanyinstitute.org.

Candlelight Night 2015

Now in its twentieth year, Candlelight Night is an annual holiday celebration in the historic Village of Kinderhook. Stroll the village streets using candle-lit luminaries to events taking place both indoors and outdoors throughout the village. Historic architecture, decoration competitions, local food and libations, musical performances, Mr. & Mrs. Claus, horse-drawn wagon rides and more. Dec. 11, 5:30 - 8:30 p.m. All events are free. Village Square at Route 9 (Broad Street) and Hudson Street and throughout the Village of Kinderhook. Information: www.villageofkinderhook.org.

Albany Postcard and Paper Ephemera Show

Dec. 12, 9:30 a.m. to 3:30 p.m. Polish Community Center, 225 Washington Ave. Ext., Albany. Information: 410-939-0999.

Annual Yule Log Celebration

The story of the Yule Log and the Winter Solstice will be shared, followed by a search for the hidden Yule Log. Gil Payette, Storyteller of Native American myths and legends will share stories of the season around an outdoor campfire. Holiday crafts and greens will be available to make. Don't forget to bring your sleds! Hot chocolate and light snacks will be provided. Dec. 13, 1 - 4 p.m. Free. Dyken Pond Environmental Education Center, 475 Dyken Pond Road, Croseyville. 658-2055.

Environmental Education Center, 475 Dyken Pond Road, Croseyville. 658-2055.

Altamont Victorian Holidays

Celebration and Wintermarket
Celebrating its 125th birthday, the Village of Altamont will host a Festival of Trees, Wreath Auction, Holiday House Tours, Living Nativity, pet costume contest (including pet photos with Santa), indoor and outdoor activities for kids in multiple locations throughout the village, storytelling, games, a treasure hunt, and music. The market, now in six indoor village locations, will feature artisan crafts, local brews, and festive food. Dec. 13, Noon to 6 p.m. For a full list of participating locations, visit the Village of Altamont website or call 861-6392.

Century of Progress Quilt Raffle

This beautiful quilt, hand made by our seniors, won first place and Best of Fair at the 2015 Saratoga County Fair and is appraised at over \$2,600! Raffle tickets are on sale now at the Center; you do not need to be present to win. Second and third place prizes are also available. Dec. 14, 1 p.m. Shenendehowa Adult Community Center, 6 Clifton Commons Court, Clifton Park. Information: 383-1343.

EDUCATION

Gallery Talks

Enjoy a docent-led tour of the museum's exhibitions. Saturdays and Sundays, 1 p.m. (Schedule subject to change, please call to confirm.) Albany Institute

of History and Art, 125 Washington Ave., Albany. Information: 463-4478 or membership@albanyinstitute.org.

Broadway Master Class

Audition technique: Matilda the Musical. Working artists, with teaching experience and affiliated with the individual shows, provide deep, professional training, creating an exclusive opportunity for advanced students and professionals aged 14-21. Limited space, registration required. Dec. 9, 4:30 to 6 p.m. \$40. Proctors, 432 State St., Schenectady. Information: 382-3884 ext. 150 or proctors.org.

Troy in the Civil War

Slide-illustrated lecture by the Executive Director of the Hudson Mohawk Indus-

Continues on B10

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SPECIAL NIGHTS:
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2nd Annual
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November 24 (5-8pm)
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January 3 (5-8 pm)
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MORE ONLINE
To submit an event to run in our online calendar, simply go to www.spotlightnews.com/events/submit/, become a registered user and fill out your event's information in the provided form. Submissions are subject to moderation and may take up to 24 hours to be approved.

For more information, call the Albany Police Athletic League at (518) 435-0392 or visit www.albanycapitalholidaylights.com

ARTS CALENDAR

trial Gateway. Dec. 16, 6:15 p.m. Troy Public Library, 100 2nd St., Troy. Information: 274-7071.

Winter Preparation

The first day of winter is approaching and animals are getting ready for the cold months ahead. Learn how they prepare for winter using different strategies including migration, hibernation and staying active, then venture outside for a mile hike over rolling terrain. Snowshoes will be provided to program participants in the event of snow. Ages 10 and up. Dec. 12, 11 a.m. \$3 person/ \$5 family. Registration required. Albany Pine Bush Discovery Center, 195 New Karner Road, Albany. Information: 456-0655 or www.AlbanyPineBush.org.

Albany Museum of Political Corruption

Several years ago, College of Saint Rose Professor Bruce Roter proposed the creation of a museum that would combine humor and history to teach children and

adults some of the sordid tales of corruption from New York's past. This would be the first of its kind in the United States. In the past two years, Roter has secured a charter for his museum from the state, and is now in the process of filing paperwork registering as a nonprofit. Dec. 13, 12:30 p.m. Room 224, Campus Center, Sage Colleges Albany Campus, New Scotland Ave. at Academy Road, Albany. Information: 533-2666.

Disaster Preparedness Session

The American Red Cross and New York State will host this training to give a comprehensive overview on how to prepare for, respond to, and recover from any natural, man-made and technological disasters that could occur. Participants who attend this session can receive either a magnetic flashlight or a first aid kit. Dec. 15, 1 p.m. Shenendehowa Adult Community Center, 6 Clifton Commons Court, Clifton Park. 383-1343.

MISCELLANEOUS

Holiday Gift Shop

By nonprofit Underground Railroad History Project of the Capital Region. Sundays through Dec. 27, noon to 6 p.m.; Mondays through Dec. 28, 4 to 8 p.m. Stephen and Harriet Myers Residence Historic Site, 194 Livingston Ave., Albany. Information: 432-4432.

Baker Trail Hike

Dec. 9, 1 p.m. Moreau Lake State Park, 605 Old Saratoga Road, Gansevoort. Information: 793-0551.

Lake Ann Hike

A lesser-known, challenging trail weaving through thick forest to the top of the Palmertown Mountains; 4+ miles. Please bring snacks and plenty of water. Reservations 24 hours in advance. Dec. 10, 10 a.m. to 1 p.m. Moreau Lake State Park, 605 Old Saratoga Road, Gansevoort. Information: 793-0551.

Eagle Watch

Join park staff on their weekly Bald Eagle survey and help them monitor the population and health of the indigenous birds. Dec. 11, 9:30 a.m. to 12:30 p.m. Moreau Lake State Park, 605 Old Saratoga Road, Gansevoort. Information: 793-0551.

Baker Trail Hike

Summit the Palmertown Mountain Range at a comfortable pace and spend some time turning the trail into a loop. Please bring a snack and water; register 24 hours in advance. Dec. 14, 10 a.m. to 12:30 p.m. Moreau Lake State Park, 605 Old Saratoga Road, Gansevoort. Information: 793-0551.

EXHIBITS

Toys and Trains Holiday Show

An elaborate 19- by 27-foot layout constructed by the Upstate Train Asso-

ciates displays running O Gauge model trains—the trains most people know and love as the Lionel trains—and a display including an amusement park with Santa riding a roller coaster and a pair of children ice skating on a pond, a farm scene with horses and cows, and much more. Nov. 2 - Jan. 18, miSci, 15 Nott Terrace Heights, Schenectady. Information: 382-7890.

Albany Institute of History and Art

"The Capital Region in 50 Objects," through April 2016; plus "A Gather of Glass: Selections from the Museum's Collection," "Ancient Egypt" and more. 125 Washington Ave., Albany. Information: 463-4478 or www.albanyinstitute.org.

Albany Public Library

"Through the Looking Glass," featuring whimsical and imaginative works by Zach Austin, JoAnne Carson, Emily Dorr and Ingrid Ludt, through March 26. Pine

Hills Branch, 517 Western Ave., Albany.

Arts Center of the Capital Region

"Monica Bill Hughes: Artist in Residence," "Here + Away: Still Lifes + Landscapes," "Traces: Mary Pat Wager and Rachel Baxter" and "Centered: Our Journeys." 265 River St., Troy. Information: artscenteronline.org.

Mabee Farm Historic Site

"Local Eats! What Does Your Food Say About You?" Featuring original artwork, artifacts and documents from the Schenectady County Historical Society, as well as pieces from the Iroquois Indian Museum, the USS Slater, Hanford Mills Museum, miSci and the City Mission, through April 8. 1100 Main St., Rotterdam Junction. Information: 887-5073 or schenectadyhistorical.org.

MIK Gallery

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CALL FOR RESERVATIONS!

ARTS CALENDAR

Dec. 31. The Tailored Tea, 1010 Troy Schenectady Road, Latham. Information: 608-5137.

miSci

"Earth Exposed: Discover Our Planet's Hidden Secrets." 15 Nott Terrace Heights, Schenectady. Information: 382-7890 or www.miSci.org.

National Museum of Dance

"125 Years of Tango — A Walk through the History of the Dance," featuring costumes, music, artifacts, rare film footage and historical materials of the origins of this famous dance. Through March 2016. 99 South Broadway, Saratoga Springs. Information: 584-2225 or www.dance-museum.org.

New York State Museum

"Empire State Plaza at 50," a look back at the history of downtown Albany's most recognizable feature, through Jan. 17; "The Coast and the Sea: Marine and Maritime Art in America," through Feb. 21; plus "Binghamton University Paleobotany Collection," "The Passenger Pigeon: From Billions to Zero" and "Habit-able Sculpture." Empire State Plaza, 222 Madison Ave., Albany. Information: 474-5877 or www.nysm.nysed.gov.

Opalka Gallery at Sage College

"From Concept to Console: Art and Aesthetics in Video Game Design," through Dec. 13. 140 New Scotland Ave., Albany. Information: 292-7742 or www.sage.edu/opalka.

Saratoga County Historical Society at Brookside

"An Artist's Way." Colorful landscapes and still-life oil paintings by local artist Pat McEvoy. Nov. 6 – Dec. 23, 6 Charlton St., Ballston Spa. Information: 885-4000 or brooksidemuseum.org.

Saratoga Springs History Museum

"Mapping A City: Saratoga Springs as Seen Through 250 Years of Maps," through Dec. 31. Canfield Casino, Congress Park, Saratoga Springs. Information: 584-6920 or www.saratogahistory.org.

Tang Teaching Museum

"No Place to Hide," a collection of works about the impact of surveillance. Through Feb. 21, Skidmore College, 815 North Broadway, Saratoga Springs. Information: tang.skidmore.edu.

University Art Museum

"Bordering Utopia: Sculptures by Brian Tolle" and "Oded Hirsch: Three Videos," Oct. 6 through Dec. 12. University at Albany uptown campus, 1400 Washington Ave., Albany. Information: www.albany.edu.

Waterford Historical Museum

"The Best of the Waterford Museum," a recap of exhibits from the past 10 years. 2 Museum Lane, Waterford. Information: 238-0809 or www.waterfordmuseum.com.

CALL FOR ARTISTS

5th Annual MOVE Music Festival

Seeking bands, singer-songwriters and artists to perform in local indie rock music festival known for its Interactive Round Table discussions where Musicians get to sit face to face with Music Industry VIP's and learn hands on how to improve their careers. The festival will take place in April 2016; Regional artists wanting to submit to the festival can do so by emailing links to their website or FB page to MoveMusicFestivalSubmissions@gmail.com. More information can be found at www.movemusicfest.com or by calling 779-3511.



New exhibit at JCC

"Shared Moments" — a new exhibit of photography by Nancy Thornton — is on display through Jan. 31 at the Jewish Community Center of Schenectady, 2565 Balltown Road, Niskayuna. An artist reception takes place Monday, Dec. 14, at 7 p.m. Submitted photo

Little Women Auditions

Share this timeless and enduring classic about the March sisters' journey from childhood to maturity during the American Civil War. Actors needed: Seven girls aged 14-18; four women aged 35-60; one teen boy; one male in his early 20s; and one male aged 35-45. Dec. 11 at 7 p.m. & Dec. 13 at 2 p.m. Center Brunswick Methodist Church, 990 Hoosick St., Troy. Information: 237-6936.

Dancers Needed for Giselle

Ajkun Ballet Theatre is looking for enthusiastic young dancers, (pre-K to young teens) for its summer production of Giselle, staged and performed in the month of August 2016 at The Egg (Albany, NY). Dance Students, aged 14 and above, of Intermediate-Advanced thru Professional level may audition by DVD or in person to join the Company's New York State summer performance tour. Information about the Company may be found at www.ajkunbt.org, www.facebook.com/AjkunBT or by emailing ajkun@aol.com.

Schenectady Civic Players

Holding open auditions for William Shakespeare's "Measure for Measure."

Roles for nine men and four women. Jan. 5 and 7, 7:30 p.m., Schenectady Civic Playhouse, 12 South Church St., Schenectady. Information: 382-2081 or www.civicplayers.org.

Capital Community Voices

A non-audition choral group seeks singers in all voice parts for its December concert, "Heaven and Nature Sing." Rehearsals: Tuesday, 7 p.m., in East Greenbush. Information: 370-5434.

Thursday Musical Club

All women's chorus seeks new members. Rehearsals are 9:30 to 11:30 a.m. at First United Methodist Church in Schenectady. Information: Juli Panke, 370-5434.

Delmar Community Orchestra

Openings in the string, horn and percussion sections. Information: 813-4299 or e-mail delmarcommunityorchestra@gmail.com.

The Choraliers

Musical group looking for singers of all abilities, performs concerts at Christmas and in the spring, pieces are familiar and fun to sing, no auditions are necessary, practices are 6:30 p.m. Wednesdays at

Saint Clares' Chapel, McClellan Street, Schenectady.

Community Chorus

Openings in mixed chorus, rehearsals Sundays at 7 p.m. at Lynnwood Reformed Church, Route 146, Guiderland. Information: 861-8000.

Tango Fusion Dance Company

Auditioning professional dancers by appointment at Arthur Murray Dance Studio, 75 Woodlawn Ave., Saratoga Springs. Information: 306-4173.

Colonie Town Band

Several openings, rehearsals on Mondays at 7:30 p.m. at Town Hall, Route 9, Newtonville. Information: 783-2760.

Shenendehowa Adult

Community Center Senior Chorus In need of all voices: soprano, alto, tenor, and bass. Every Thursday, 10 to 11 a.m., performances in December and May. Information: 383-1343.

Adirondack Pastel Society

Group meets four times a year and holds an annual show, promotes and encourages the medium of pastel through exhibitions, education and camaraderie in the medium. Information: 793-9350.

SUDOKU

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Answers on Pg. B17

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Cargill Feed & Nutrition at 200 Kean Street, Albany, NY is seeking a **2ND SHIFT WAREHOUSE TECHNICIAN.**

Pay range starts at \$18/hour or higher based on experience. Cargill offers excellent benefits including medical, dental, 401K, vacation days and holidays.

Apply online, and for a complete job description visit: www.ichoosecargill.com > Select "Browse Cargill Jobs" (center right of page) then "Find by Job" (enter job # **ALB00875**). Or call 518-860-1486 to schedule an appointment to apply in person. Plant tours are also available.

Cargill Feed & Nutrition at 200 Kean Street, Albany, NY is seeking a **3RD SHIFT LEAD PROCESS TECHNICIAN (PACKER, PELLET MILL OPERATOR, MIXER).**

Pay range from \$18 to \$25/hour based on experience. Cargill offers excellent benefits including medical, dental, 401K, vacation days and holidays.

Apply online, and for a complete job description visit: www.ichoosecargill.com > Select "Browse Cargill Jobs" (center right of page) then "Find by Job" (enter job # **ALB00879**). Or call 518-860-1486 to schedule an appointment to apply in person. Plant tours are also available.

Cargill Feed & Nutrition at 200 Kean Street, Albany, NY is seeking an experienced **MAINTENANCE TECHNICIAN.**

Pay range from \$40K-60K/year based on experience. Cargill offers excellent benefits including medical, dental, 401K, vacation days and holidays.

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Criminal background check, physical exam, drug/alcohol screen required. Cargill is an EEO. No relocation assistance provided. Apply Now!

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From page B1 ... Life's soundtrack

Allison Kurdziolek, Spotlight Intern

"Catch Fire" by 5 Seconds of Summer; "Sounds Good, Feels Good" album released October 26, 2015.

Ever since the album came out, Catch Fire has been one of my top favorite songs by 5 Seconds of Summer. It's upbeat and catchy. *Oh say, can you see?/This is not who I'm supposed to be/Without you I'm nobody, killing time.* I usually listen to it while I'm studying or doing chores around the house or even just walking home from school. It helps to brighten my mood whenever I start to feel down. The song touches upon the idea of waiting for that moment to come when you can finally break free from your skin and show who you really are.

"If I Could Fly" by One Direction: "Made in the A.M." album released November 13, 2015.

If I Could Fly has a mellow feel to it. I would consider myself a hopeless romantic and this song touches upon that. It talks about how you can feel like yourself with that one person and they can't help you forget everything bad about past relationships because you know they will be there for you all the time. *For your eyes only/I show you my heart/For when you're lonely and forget who you are/I'm missing half of me when we're apart/Now you know me, for your eyes only.* It's like a fairy tale relationship, one that we all want, one only a few actually get. I end up imagining my fairy tale relationship whenever I listen to this song.

"Invisible" by 5 Seconds of Summer: "Sounds Good, Feels Good" album released October 26, 2015.

Most of my life, I've felt invisible, as if I didn't have any friends. In my first school when we moved out here, that was true. I had three friends. Moving to my current



school has helped me a lot more. But I still feel invisible. I still feel lonely. I still feel like no one is here to help me, even though people are. This is why I can relate to the song Invisible a lot. *I was already missing before the night I left/Just me and my shadow and all of my regrets/Who am I?/Who am I when I don't know myself?/Who am I?/Who am I?/Invisible.* That's one reason why it's one of my favorites. When the song comes on, I usually just look out the window or close my eyes and focus on the lyrics.

"Drown" by Bring Me The Horizon: "That's The Spirit" released September 11, 2015.

Drown is another song that I can relate to. In the past, I've had people who I thought were my best friends suddenly turn on me. It broke me. I felt like there was no one there to help me get through that. I didn't know how to get through it on my own. It left me feeling alone and questioning every friendship I had then and have had since then. *Who will fix me now?/Dive in when I'm down?/Save me from myself, don't let me drown.* It's starting to get better. I'm starting to believe people when they say they are my friend, but I still keep stuff from them. I don't trust any of them enough to open myself up completely to them.

"Dancing With a Wolf" by All Time Low: "Future Hearts" album released April 3, 2015.

I look back on the 'friend' that decided to turn on me and just laugh now. She still wants to make it known that she hates me. I still don't know what I did to make her hate me so much, but I laugh every time her or one of her friends tells me that she hates me. I've decided to move on with my life and not hold onto something from the past. That's where the song Dancing With A Wolf comes into play. It's a kind of aggressive song talking about how you shouldn't come around here and that I'm not your friend anymore. *So don't you call my name/I will take you down/Should've known that you've been dancing with a wolf.* It basically explains moving on from a heartbreak, something that I have learned to do. I usually 'dance' around to this song or sometimes I will air guitar or sing along because it has a good upbeat to it.

Michael Hallisey, Managing Editor



"Night Moves" by Bob Seger: "Night Moves" album released October 22, 1976

My love for music is based off an introduction to Neil Young, Bruce Springsteen, Bob Seger and Kenny Rogers; each of whom is as much a storyteller as musician. My father would play this on our old Zenith television/stereo console while I rolled my Matchbox cars on the living room carpet. The song has stuck with me since. *I woke last night to the sound of thunder/How far off I sat and wondered/Started humming a song from 1962/Ain't it funny how the night moves/... With autumn closing in.* The visuals conjured by this last verse may have shaped my retrospective ways more than anything else.

"Thunder Road" by Bruce Springsteen: "Born to Run" album released August 25, 1975

There was a time I could recite every word to every song on Springsteen's "Born in the U.S.A." Being born in Jersey, and having a fan of The Boss for a father, my fandom was as predisposed as my love for the New York Yankees. *The screen door slams/Mary's dress waves/Like a vision she dances across the porch/As the radio plays.* Owning a Springsteen cassette with the lyrics on the dust cover helped me discern the words he was singing. The subjects in his songs are often at the cusp of lost innocence, or recalling more whimsical times. I'd be older before I learned to understand the weight behind many of those words.

"Hysteria" by Def Leppard: "Hysteria" album released August 3, 1987

Summertime, when you're a 14-year-old boy, consists only of playing baseball, hanging out with friends and wishing for the prospect to flirt with (and back at) girls. *Out of touch, out of reach, yeah/You could try to get closer to me/I'm in luck, I'm in deep, yeah/Hypnotized, I'm shakin' to*

Continues on B15

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to my knees. This song reminds me of summer. One benign memory is of waiting with friends by the phone booth outside the old Grand Union, after hours spent at the Glenmont Firemen's Fair. As we waited for a ride, two girls from a grade above us approached. One said, "excuse me," to which I sheepishly backed away and apologized, eliciting a few chuckles. One asked how old I was. I said, 14. They smiled, and walked to a car back in the parking lot. My friends chided me. *Dude, you should have said you were 16.*

"Take Me Home Tonight" by Eddie Money: "Can't Hold Back" album released August 16, 1986

My wife and I dance. It's what we do. You can often catch us dancing in the living room with no music. We started dancing together on the Fuze Box dance floor one Saturday night. Stepping. Laughing. Holding. Twirling. We found out how crazy we were about one another. *Take me home tonight/I don't want to let you go 'til you see the light.* We didn't leave until the sun started to crest above the horizon. Whenever this song comes on the radio, if we're not together, we let the other know. It's something else we do.

"The Show Must Go On" by Queen: "Innuendo" album released February 5, 1991

In 1993, file sharing meant raiding your college roommate's music collection and dubbing onto a blank

cassette. One February, I completed a mix tape. Ballads abound from Guns 'n' Roses to Duran Duran. One worthy to give to a girl, but no such girl was in my life. *My soul is painted like the wings of butterflies/Fairy tales of yesterday will grow but never die/I can fly, my friends.* An advantageous friend found my masterpiece, dubbed it, passed it to his now-wife, whose sister then stole it. Before graduation, I learned about a dozen of my friends, from Plattsburgh to Potsdam, "stole" my compilation.

Caitlyn Fronk, Spotlight Intern



"Question!" by System of a Down: "Mezmerize" album released May 17, 2005

"Question!" is oddly unlike the chaotic frenzy present in System of a Down's music. I find it hard to decipher between my favorite System of a Down songs, yet Question! has remained one of my favorite songs because I feel as though I'm there with the band every time I listen to the song. I love the emotion, and passion behind Serj's words.

"Dirt" by Alice in Chains: "Dirt" album released on September 29, 1992

This song is one of my favorite songs because of the context and meaning of what Layne Staley is saying. I actually find the entire song to be somewhat plain, yet the breakdown of his depression and passion is what fuels this song. His words are able to be the main focus. Although I love this song, I can't casually listen to it because of the heavy topic. I only listen to Dirt when I'm committed to listening to music, not busy doing something.

"Holy Wars... The Punishment Due" by Megadeth: "Rust in Peace" album released on September 23, 1990

This is my favorite heavy metal song because of the guitar. The guitar solo is the fastest riff I have heard that still maintains a bass-like quality, and withholds a perfect rhythm. I love how the song builds in intensity, creating

more of an experience rather than simply hearing music playing. I usually only choose this song when I already have an exorbitant amount of energy, or if I'm doing some mundane task that could use more energy.

"Aenema" by Tool: "AEnima" album released on October 1, 1996

I already have a love for Tool, but this song stands out because Maynard James Keenan seems to really enjoy what he's singing. The listener can hear the bite that his voice carries because he is so passionate about the topic. This song is so good that it's almost startling because Maynard's voice is beautiful on top of his passion. I listen to this song practically every time I listen to music because I never get tired of something when it seems so genuine.

"One of My Turns" by Pink Floyd: "The Wall" album released on November 30, 1979

One of My Turns has made it to my list of favorite songs because of the simple, yet poetic writing in the song. It deals with depression, and the lyrics succinctly describe that. My all-time favorite lyric is the opening line to the song: "Day after day love turns gray, like the skin on a dying man." That is such a vivid image that perfectly captures depression. I can only listen to this song when I'm in a relatively unhappy mood because of this topic, but it still deserves a place on my favorite list of songs because I respect the writing so dearly.

What's on your Top 5?

Some of us shared with you what we would have on our respective life soundtrack, now we're curious to hear from you as to what songs you'd choose to have on yours.

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■ BUSINESS

HVCC & Greycastle kick-off security course

School to offer unique cybersecurity certificate course

TROY — Hudson Valley Community College gives prospective students a first look at its new cybersecurity certificate program with a grand opening event on campus. Cybersecurity 101 comes from a partnership between the college's Workforce Development Institute and GreyCastle Security, a leading cybersecurity consulting firm based in Troy. Rensselaer County executive Kathleen Jimino and Troy mayor Lou Rosamilia joined college officials Tuesday night to introduce the program.

Statistics demonstrate a shortage of qualified professionals entering

the field of cybersecurity, even as it has become the world's fastest growing industry. Forbes Magazine even goes as far as calling the shortage a "labor epidemic." This new program is working to address this problem by developing a program for students and professionals to become cybersecurity experts and fill that gap.

Cybersecurity 101 will explain the fundamental concepts of cybersecurity principles by providing hands-on experience and instruction from industry experts. The 50-hour, non-credit course begins January 20, 2016. Students will meet one evening each week in class and two sessions each week online.

"This is a great opportunity to increase awareness in several key areas of cybersecurity," said

Reg Harnish, founder & CEO, GreyCastle Security. "Cybercrime has risen exponentially, becoming an increasing concern within every industry. We need professionals who can help businesses understand and identify these threats. This program will introduce cybersecurity basics and hopefully set students on that career path."

"The Corporate Programs and Workforce Development Institute of Hudson Valley Community College is committed to providing career training that is influenced by input from businesses within our community," said Richard Bennett, associate dean of continuing education, Hudson Valley Community College. "That input might reflect the training needs of current and prospective employees,

or it might be based on a well-reputed business's expertise within a certain industry. In the field of cybersecurity, GreyCastle is certainly that business, and we are very proud to be partnering with them in this initial joint venture to bring state-of-the-art training in this fast-growing field, both to our business clients and to those individuals who recognize the 'need to know', when it comes to ensuring the security of their many electronic devices."

The class begins January 20, 2016. For more information, visit www.hvcc.edu/wdi

— Hudson Valley Community College

CTG helps improve foster care in NY

ALBANY — The Center for Technology in Government at the University at Albany (CTG) and its partners have completed a data-gathering project for the New York State Office of Children and Family Services (OCFS) that will lead the technological development for implementing the National Youth in Transition Database (NYTD). The federally-mandated NYTD is designed to collect information nationally on youth preparing to leave the foster care system so that the system can be improved.

New York State OCFS partnered with CTG to implement the first five years of the NYTD outcomes survey, including conducting data collection for the first full cohort of the NYTD youth. This partnership enabled OCFS to leverage CTG's more than 20 years of applied research and technology innovation experience within government agencies.

The NYTD was established by the federal Administration for Children and Families (ACF) in 2010 in response to more than 35,000 youth leaving foster care each year with little to no information regarding their outcomes once they exit care. To address this need, ACF and the Children's Bureau requested that all states track and report on the independent living services offered to youth ages 14-21 who are transitioning from foster care.

When the data collection from the first complete cohort closed, CTG partnered with OCFS to identify a new project lead to build upon the technological infrastructure, liaisons network, and NYTD brand that CTG had constructed over the past five years.

— Center for Technology in Government

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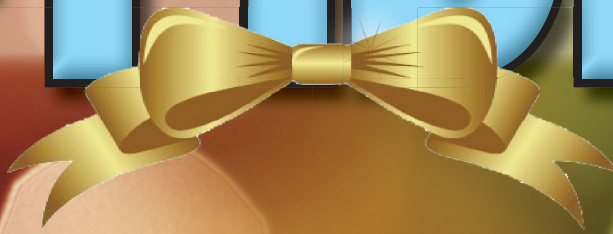
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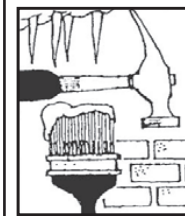
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■ EVENT

Criss Angel coming to Palace

Band of nine magicians in Supernaturalist show

ALBANY — The Supernaturalists — described by the Las Vegas Sun as “The Most Mind Blowing Magic Spectacle Out There!” — will star Criss Angel LIVE for this limited run, and will kick off January 12 at the Auditorium Theatre in Rochester, and conclude January 16 in Easton, PA at the State Theatre including a stop in Albany at the Palace Theatre on January 13. These will

be the only 2016 shows starring Criss, following which the tour heads to Europe and Mexico.

Criss Angel's The Supernaturalists features nine magicians that destroy reality and revolutionize the live magic ensemble experience. Performers include two veterans of NBC's America's Got Talent, illusionist Landon Swank and escape artist Spencer Horsman; and members of Angel's ensemble who have been featured in both his live shows and television projects including mentalist Banachek, up-and-coming female

magician Krystyn Lambert, The Great Maestro, and his assistant FiFi. They will be joined by French card master Stefan; the street magician Adrian Vega; and dog conjuror Johnny Dominquez.

Explaining his motivation for The Supernaturalists, Criss Angel says: “While there are other ensemble shows out there, performing many of the same illusions that have been around for years, my goal is to redefine magic touring like Cirque du Soleil did for the circus. I've scoured the globe for the very best performers, each in their

respected disciplines, and our lineup is truly historic. Our illusions are not only original, but revolutionary.”

Tickets are on sale now for \$69.50, \$49.50 and \$39.50 at the Palace Theatre Box Office (located at 19 Clinton Ave). Box Office hours are Monday to Friday 10 a.m. to 5 p.m. and Saturday 10 a.m. to 2 p.m. Tickets are also available for purchase via Ticketmaster Charge-by-Phone at 800-745-3000, all Ticketmaster outlets, local Wal-Mart Ticketmaster Centers or online at ticketmaster.com.

— Albany Palace Theatre



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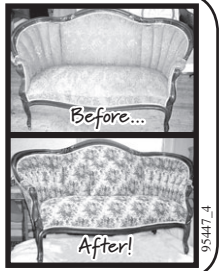
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■ EVENT

The Boss returns in February

Bruce Springsteen to play TU Center

ALBANY — Bruce Springsteen and the E Street Band launch The River Tour 2016, a nine-week US trek, on Jan. 16 in Pittsburgh.

Springsteen is

scheduled to play in Albany, Monday, Feb. 8.

The announcement of the tour coincides with today's release of "The Ties That Bind: The River Collection," a comprehensive look at the era of the 1980 "The River" album that "Rolling Stone" calls "Springsteen's best archival release yet." The

box set is now available at Amazon (4CD/3DVDs or 4CD/2Blu-ray) and iTunes.

Each night of the tour will be mixed for release on Live.BruceSpringsteen.net as high-quality downloads and CDs. Recordings will be available within days of each performance.

Columbia Records

released Bruce Springsteen's 'The Ties That Bind: The River Collection' on December 4th, 2015. A comprehensive look at 'The River' era, the set contains 52 tracks on 4 CDs with a wealth of unreleased material, and 4 hours of never-before-seen video on 3 DVDs. It is comprised of the original 'The River' double album; the first official release of 'The River: Single Album,' a CD of 1979/80 studio outtakes; a two-DVD film of never-released, newly edited multi-camera footage from Springsteen's famed 1980 show in Tempe, AZ, long rumored but never-before-seen; rare tour rehearsal footage; a brand new documentary "The Ties That Bind" about 'The River,' and a coffee table book of 200 rare or previously unseen photos and memorabilia with a new essay by Mikal Gilmore.

'The River,' Springsteen's fifth album, was released on October 17, 1980 as a double album and reached #1 on the U.S. Billboard 200 chart. In his notes, Gilmore calls "The River" Springsteen's "pivotal album—[the] hinge between the ambitious commotions that had preceded it and the more succinct musical riots, and sometimes terrifying storytelling, that followed."

'The River: Single Album' is the 10-track album that Springsteen recorded in 1979 as a follow up to 1978's

'Darkness On The Edge Of Town' but never released. "The songs lacked the kind of unity and conceptual intensity I liked my music to have. So we went back in the studio," he wrote in the lyrics/photo book "Songs." The early sessions marked the beginning of a prolific 18-month long journey of writing and recording. Seven of the 10 titles on 'The River: Single Album' eventually appeared on 'The River,' some with alternate lyrics and arrangements, with outtakes like "Cindy" and a rockabilly version of "You Can Look (But You Better Not Touch)" never released. Now for the first time 'The River: Single Album' will be officially available.

The fourth CD on the box set is 'The River: Outtakes,' which spans the entire 'The River' sessions in 1979 and 1980 and illustrate the depth and variety of Springsteen's work during this period. Eleven songs are rarities that have never been released before, and for the most part are completely unheard and unknown even to fans, who have long considered Springsteen's outtakes to be treasured secrets.

"The Ties That Bind" is a brand new 60-minute documentary produced and directed by Grammy and Emmy-winning filmmaker Thom Zimny that features an intimate interview with Springsteen as he reflects on the tumultuous, extended period writing and

recording 'The River.' The film transitions between Springsteen telling the stories behind the music — and illustrating them with solo acoustic guitar performances — interspersed with period concert footage and rare photos of Bruce and the band in and out of the studio.

'The Ties That Bind: The River Collection' is packaged in a 10" x 12" box with a hardcover 148-page coffee table book containing 200 studio and live photographs — most of which have never been seen before — plus pages from Springsteen's notebooks, single covers, images and outtakes from the original album package, and other memorabilia documenting the album.

'The Ties That Bind: The River Collection' is now available at Amazon (4CD/3DVDs or 4CD/2Blu-ray) and iTunes.

The original The River Tour began Oct. 3, 1980, two weeks before the release of Springsteen's fifth album, and continued through Sept. 4, 1981. With sets that regularly approached the four-hour range, the 140-date international tour firmly established a reputation for Bruce Springsteen and the E Street Band as marathon performers.

Tickets to The River Tour go on sale Dec. 11.

— BruceSpringsteen.net

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~ 9:30 AM ~
4th Sunday of Advent

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~ 5 PM ~
EVENING WORSHIP

CHRISTMAS EVE

5:45 PM ~ BIRTHDAY PARTY FOR JESUS

Worship for those five and under
Accompanied by a parent/guardian

6:30 PM ~ LIVE NATIVITY

7 PM ~ FAMILY CANDLELIGHT SERVICE

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10 PM ~ CANDLELIGHT SERVICE

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Dec. 27th	10am	Christmas Service

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December 9, 2015

Spotlight on Sports

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■ PLAYER OF THE WEEK



Jenna Giacone

Bethlehem's Jenna Giacone is the MarGas Spotlight Player of the Week for the period ending Sunday, Dec. 6. Giacone started the girls basketball season in style, as she scored 61 total points in the Lady Eagles' two wins.

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■ INSIDE



Comeback

Guiderland Boys Basketball team played inspired ball after the half against Schenectady.

Page 10

■ BASKETBALL



Within reach

Bethlehem falls just short
with a 98-67 loss to Christian Brothers

By **ROB JONAS**
jonasr@spotlightnews.com

BETHLEHEM — Christian Brothers Academy pulled out a 68-67 victory over Bethlehem in a Suburban Council boys basketball game Friday, Dec. 4, in Colonie.

Mike Wynn scored 26 points for CBA (1-1), including the game-winning shot. Sloan Seymour added 19 points for the Brothers.

Hayden Thompson had 19 points, and Michael Ortale contributed 13 points for Bethlehem (0-2).

Continues on page 10



▲ Bethlehem's Aaron Carrk (33) drives past two Christian Brothers Academy defenders during a Suburban Council game Friday, Dec. 4, in Colonie.

Robert Goo/goosphotos.com

◀ Bethlehem's Sean Flynn drives to the hoop during a Dec. 4 Suburban Council game at Christian Brothers Academy in Colonie.

Robert Goo/goosphotos.com



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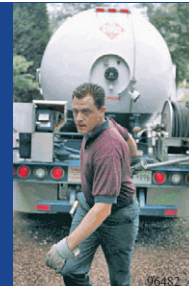
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BASKETBALL

G'land comeback leads to win

A 22-9 run in third quarter turned the tide

By **ROB JONAS**

jonasr@spotlightnews.com

GUILDERLAND — Andrew Sischo scored 30 points to lead Guilderland past Schenectady 72-62 in a Suburban Council boys basketball game Friday, Dec. 4.

Trailing 42-39 at halftime, the Dutchmen (2-0) outscored the Patriots 22-9 in the third quarter to pull ahead for good.

Justin Monin contributed 22 points for Guilderland, while Tobias Holmes netted 16 points for Schenectady (1-1).

The Dutchmen began the season with a 61-31 victory over Christian Brothers Academy Tuesday, Dec. 1. Guilderland used a 24-3 run in the first quarter to pull away from CBA (1-1).

Sischo scored 17 points, and Monin contributed 14 points for the Dutchmen. Sloan Seymour netted 15 points to pace CBA (1-1) in its Suburban Council debut.

Girls basketball

The Guilderland girls basketball team slipped to 1-1 on the season with a 56-27 non-league loss to visiting Victor Saturday, Dec. 5.

Victor outscored Guilderland 37-2 in the first half on its way to the 29-point victory. Christine Simmons led a balanced attack with 13 points, and Francesca Valenti added 12 points for Victor.

Olivia Bauman had 13 points, and Skye Lindsay netted 12 points for Guilderland.

Guilderland defeated Schenectady 74-23 in its Suburban Council opener Friday, Dec. 4.

V'ville boys win

VOORHEESVILLE — Voorheesville defeated Cobleskill-Richmondville 59-42 on the road in a Colonial Council boys basketball game Friday, Dec. 4.

Scott Glasheen recorded 17 points for the

Blackbirds (2-0), while Keenan Loder had 24 points for the Bulldogs.

Voorheesville began the season with a 57-54 victory at Fonda-Fultonville Tuesday, Dec. 1. The Blackbirds led 40-28 after three quarters, but had to

hold on at the end to pull out the win.

Sean Nolan netted 14 points for the Blackbirds, while Glasheen and Trevor Reide each added nine.

— Rob Jonas

From page 9 ...

Within reach

Bethlehem began the season with a 78-72 loss to Schenectady Tuesday, Dec. 1, in Delmar.

Tyrone Jenkins had 25 points, and Cameron Coles chipped in with 13 points for the Patriots (1-1). Luke Dole poured in 20 points for the Eagles, while Ortale contributed 19 points and Andrew Wollner added 17 points.

Girls basketball

Jenna Giacone had a big game for the Bethlehem girls basketball team.

The senior scored 31 points to lead the Lady Eagles (2-0) to an 86-45 non-league victory over Kingston Friday, Dec. 4, in Delmar.

Emily Wander contributed 25 points for Bethlehem, which used a 24-10 second quarter to pull away from the Tigers.

Giacone poured in 30 points for the Lady Eagles in their 91-27 Suburban Council victory over Schenectady Tuesday, Dec. 1.

Wander netted 13 points for Bethlehem, while Yastinie Tirado had nine points for Schenectady (0-2),

Hockey

Bethlehem was swept by a pair of Section 5 schools in its first two home hockey games of the season.

The Eagles (1-3-0) lost to Penfield 4-2 Friday, Dec. 4, and were shut out by Victor 4-0 Saturday, Dec. 5, at the Bethlehem Area YMCA.

Thomas Liebold and Michael Lemieux scored the Eagles' goals against Penfield, and Alex Breiner stopped 20 shots. Andrew Ebersol tallied twice and added an assist for Penfield.

Sam Lambert, Patrick Manning, Andrew Crean and Brendan Manning tallied for Victor in its win against Bethlehem. Goaltender Chayse Lerlon made 16 saves in the shutout, while Breiner stopped 26 shots for the Eagles.

Bowling

The Bethlehem boys bowling team lost to Christian Brothers Academy 28.5-3.5 Thursday, Dec. 3, in a Suburban Council match.

Chris Radliff rolled a 279 high game as part

of a 718 series for the Brothers, who are the defending Section 2 Class A champions. Bryce Haller led Bethlehem with a 199 high game and a 545 series.

Bethlehem posted a 21-11 victory over Schenectady Tuesday, Dec. 1. Robert Bardin had a 257 high game as part of a 662 series for the Eagles, while Shalmeek Lobo led the Patriots with a 215 game and a 614 series.

Track and field

The Bethlehem boys indoor track and field team won its first league meet Saturday, Dec. 5, at Union College.

The Eagles finished with 155 points, while Scotia-Glenville took second place with 118 points.

Malick Diamonde (300-meter dash, high jump), Nate Brands (600), Chris Davitt (1,000) and Ethan Alan Stone (shot put) won individual events for Bethlehem. The 3,200-meter relay team of James Gifford, Brian Wissing, Jack Huber and Hani Ahmed also earned a victory.

The Bethlehem girls team placed second at the meet. The Lady Eagles finished with 91 points, while Fonda-Fultonville won with 105.5 points.

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NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: 102 GRAND STREET LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 10/27/2015. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 65 Columbia Street, Apt 2, Albany, New York 12210. Purpose: For holding real estate. Ad#101115

LEGAL NOTICE

NOTICE OF FILING OF ARTICLES OF ORGANIZATION IN NEW YORK BY A LIMITED LIABILITY COMPANY Name: 1229 Western Ave LLC. Articles of Organization filed with sec. of state of NY(SOS) on 11/4/15. Office location: Albany County. SOS is designated as agent of LLC for service of process. SOS shall mail copy of process to 1258 Central Avenue, Albany, NY 12205. Purpose: Any lawful act or activity. Ad#100472

LEGAL NOTICE

155 Washington Ave., LLC, a domestic LLC, filed with the SSNY on 9/11/15. Office location: Albany County. SSNY is designated as agent upon whom process against the LLC may be served. SSNY shall mail process to Towne, Ryan & Partners, P.C., 450 New Karner Rd., PO Box 15072, Albany, NY 12212. General purpose. Ad#101144

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY (LLC) The name of the LLC is 230 ROUTE 43 LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State on December 2, 2015. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 205 Delaware Avenue, Delmar, New York 12054. Ad#103408

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY NAME: 24 ANCHORAGE ROAD HOLDINGS LLC Articles of Organization were filed with the Secretary of State of New York (SSNY) on November 18, 2015. Office location: C/O Capital Intermediary LLC, 50 Chapel Street, City of Albany, County of Albany, New York. SSNY has been designated as agent of the LLC upon whom process against it may

LEGALS

be served. SSNY shall mail a copy of process to the LLC, C/O Capital Intermediary LLC, 50 Chapel Street, Albany, New York 12207. For any lawful purpose. Ad#102142

LEGAL NOTICE

278 Halsted LLC, a domestic LLC, filed with the SSNY on 10/27/15. Office location: Albany County. SSNY is designated as agent upon whom process against the LLC may be served. SSNY shall mail process to The LLC, 313 Butler St., Brooklyn, NY 11217. General purpose. Ad#100141

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY NAME: FC 466 RIVER STREET, LLC Articles of Organization were filed with the Secretary of State of New York (SSNY) on November 18, 2015. Office location: 22 Century Hill Drive, Suite 301, Town of Latham, County of Albany, New York. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 22 Century Hill Drive, Suite 301 Latham, New York 12110. For any lawful purpose. Ad#102309

LEGAL NOTICE

632 LLC. Arts. Of Org. Filed w/SSNY on 10/20/15. Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St., #103, Albany, NY 12207. Reg. Agent: USA Corporate Services Inc. @ same address. Purpose: all lawful. Ad#99743

LEGAL NOTICE

725 E. BROADWAY LLC. Arts. Of Org. Filed w/SSNY on 10/26/15. Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St., #103, Albany, NY 12207. Reg. Agent: USA Corporate Services Inc. @ same address. Purpose: all lawful. Ad#100005

LEGAL NOTICE

NOTICE OF ARTICLES OF ORGANIZATION OF ALL SEASON REMODELING, LLC Under Section 203 of the Limited Liability Company Law (1) The name of the limited liability company is ALL SEASON REMODELING, LLC. (2) The articles of organization of the said limited liability company were filed with the New York State Secretary of State on August 24, 2015.

(3) The principal business location of the limited liability company will be at 8 Leach Avenue, Albany, NY 12205 in Albany County. (4) The Secretary of State is designated as agent of the limited liability company upon whom process against it may be served. The post office address within or without this state

LEGALS

to which the Secretary of State shall mail a copy of any process against the limited liability company served upon him or her is: 8 Leach Avenue, Albany, NY 12205.

(5) The name and street address within this state of the registered agent of the limited liability company upon whom and at which process against the limited liability company may be served is: Charles Barnes, 8 Leach Avenue, Albany, NY 12205.

(6) The effective date of the Articles of Organization shall be the date of filing, to wit: August 24, 2015.

(7) The limited liability company is to be managed by one or more members.

(8) The character or purpose of the business of the limited liability company is to engage in the business of residential and commercial remodeling, renovation and construction of all types and description.

Michael T. Horan, Esq. Attorney for Limited Liability Company 670 Franklin Street Schenectady, NY 12305 Ad#103517

LEGAL NOTICE

BDIRECT USA LLC. Arts. Of Org. Filed w/SSNY on 10/21/15. Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St., #103, Albany, NY 12207. Reg. Agent: USA Corporate Services Inc. @ same address. Purpose: all lawful. Ad#100006

LEGAL NOTICE

BENNETT CONTRACTING II, LLC Articles of Organization were filed on the 9th day of November, 2015. The office is to be located in the County of Albany with a street address of 693 South Pearl Street, Albany, New York 12202. The Secretary of State has been designated as agent for service of process and shall mail such process to Bennett Contracting II, LLC, c/o Couch Dale Marshall, 1187 Troy Schenectady Road, Latham, New York 12110. This LLC is formed for every legal purpose. Ad#101866

LEGAL NOTICE

PUBLIC HEARING NOTICE, TOWN OF BETHLEHEM, ALBANY COUNTY, NY. Notice is hereby given that the Planning Board will conduct a Public Hearing as part of its regularly scheduled Board Meeting on Tuesday, 12/15/2015 at 6:00 p.m., at the Town Offices, 445 Delaware Ave., Delmar, NY regarding a Subdivision Application, submitted by Quadrini LLC, as shown on drawing entitled "Preliminary Plat, Brookhill - Section 2 Proposed Subdivision, Blessing Road, Tax Map 63.00-3.39, Town of Bethlehem, Albany County, New York", dated 08/12/2011, last revised 12/15/2014, pre-

LEGALS

pared by Hershberg & Hershberg, Albany, NY. Documentation related to the application can be viewed in the Planning Dept. at Town Hall, M-F, 8:30 a.m.- 4:30 p.m. Notice of Public Hearing will be mailed to property owners within 200' of the subject property. Said notice will also be published in the 12/09/2015 issue of the Spotlight Newspaper. All interested persons are invited to attend and be heard. Ad#103234

LEGAL NOTICE

C-LynneArities, LLC, Articles of Org. filed with SSNY on 05/05/2014. Office loc: Albany. SSNY has been designated as agent upon whom process against the LLC may be served. SSNY shall mail process to c/o Jozef Szadvari, 80 State St, Albany, NY 12207. Purpose: Any lawful purpose. Ad#102739

LEGAL NOTICE

Notice of Formation of Limited Liability Company: City-Nation LLC Articles of Organization were filed with the Secretary of State of New York (SSNY) on 11/9/2015. Office Location: 127 9th Street, Troy, NY 12180 SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 127 9th Street, Troy, NY 12180. For any lawful purpose. Ad#100943

LEGAL NOTICE

Collabrix, LLC Notice of Qualification - LLC was filed with the SSNY on 10/22/2015. Office: Albany County. SSNY designated as agent of LLC whom process against may be served. The P.O. address which SSNY shall mail any process against the LLC served upon him: Dominic Cursio, Collabrix, LLC, 19520 W. Catawba Avenue, #200, Cornelius, NC 28031. Purpose: Any lawful purpose. Ad#100135

LEGAL NOTICE

NOTICE OF FORMATION DOMESTIC LIMITED LIABILITY COMPANY (LLC) Name: DAT-ALYZE, LLC. Articles of Organization filed with NY Secretary of State, August 21, 2015. Purpose: to engage in any lawful act or activity. Office: in Albany County. Secretary of State is agent for process against LLC and shall mail copy to 58 Egmont Court, Delmar, NY 12054. Ad#102334

LEGAL NOTICE

DFL INTERIORS GROUP, LLC. Arts. Of Org. Filed w/SSNY on 10/14/15. Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St., #103, Albany, NY 12207. Reg.

LEGAL NOTICE

Agent: USA Corporate Services Inc. @ same address. Purpose: all lawful. Ad#99746

LEGALS

Agent: USA Corporate Services Inc. @ same address. Purpose: all lawful. Ad#99746

LEGAL NOTICE

DISHI 6 EQUITIES LLC. Arts. Of Org. Filed w/SSNY on 10/21/15. Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St., #103, Albany, NY 12207. Reg. Agent: USA Corporate Services Inc. @ same address. Purpose: all lawful. Ad#99744

LEGAL NOTICE

Notice of Formation of Limited Liability Co. Name: Empire Dynamics Machinery LLC filed with the New York State Department of State on October 8th, 2015. Office location: Albany County. New York Secretary of State (SSNY) designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Jeff Moss, 7 Maryland Ave., Albany, NY, 12205. Purpose of LLC: any lawful activity. Ad#100136

LEGAL NOTICE

Notice of formation of Everin, LLC. Articles of Organization filed with the Secretary of State of NY (SSNY) on 9/16/2015. Office location: Albany County. SSNY has been designated as agent upon whom process against it may be served. The address to which the SSNY shall mail a copy of any process against the LLC served upon him/her is: Northwest Registered Agent, LLC with the address 90 State Street STE 700 Office 40, Albany, New York, 12207. Principal business address of the LLC is: 90 State Street STE 700 Office 40, Albany, New York, 12207. No dissolution date. Purpose: any lawful act or activity. Ad#102740

LEGAL NOTICE

NOTICE OF FILING OF THE ARTICLES OF ORGANIZATION OF FULL SERVICE RESTORATION & CONSTRUCTION, LLC UNDER LIMITED LIABILITY COMPANY LAW SECTION 206 The name of the limited liability company (LLC) is: FULL SERVICE RESTORATION & CONSTRUCTION, LLC. Articles of Organization were filed on October 23, 2015 with the Secretary of State (SS). The office of the LLC is in Albany County, NY. The LLC shall dissolve on December 31, 2065. The SS of NY is designated as agent of the LLC upon whom process against it may be served. The address to which the SS shall mail a copy of any process against it served upon him is the LLC, 21 Brookview Avenue, Delmar, New York 12054. The purpose of the LLC is to engage in any lawful act or activity for

LEGAL NOTICE

LIBERTY 647 LLC. Arts. Of Org. Filed w/SSNY on 10/15/15. Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St., #103, Albany, NY 12207. Reg. Agent: USA Corporate Services Inc. @ same address. Purpose: all lawful. Ad#99748

LEGAL NOTICE

LIBERTY 651 LLC. Arts. Of Org. Filed w/SSNY on 10/15/15. Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St., #103, Albany, NY 12207. Reg. Agent: USA Corporate Services Inc. @ same address. Purpose: all lawful. Ad#99747

LEGALS

which limited liability companies may be formed, both within and without NY State. Ad#102744

LEGAL NOTICE

Garden Road Capital Advisors, LLC, a domestic LLC, filed with the SSNY on 9/25/15. Office location: Albany County. SSNY is designated as agent upon whom process against the LLC may be served. SSNY shall mail process to The LLC, 60 W. 23rd St., Ste. 1001, NY, NY 10010. General purpose. Ad#103164

LEGAL NOTICE

Notice of Formation of an LLC: Highlander Properties LLC Articles of Organization were filed with the Secretary of State of New York (SSNY) on 09/24/15. Office Location: Albany County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: Highlander Properties LLC c/o Robert Nowak, 19 Highland Ave., Albany, NY 12203. Purpose: Any lawful purpose. Ad#100700

LEGAL NOTICE

Isenlance, LLC, a domestic LLC, filed with the SSNY on 10/16/15. Office location: Albany County. SSNY is designated as agent upon whom process against the LLC may be served. SSNY shall mail process to Carrie Ann Isensee, 36 Providence St., Albany, NY 12203. General purpose. Ad#101143

LEGAL NOTICE

KIDDANCE, LLC. Art of Org filed with SSNY on 10/28/2015. Office: Albany County. SSNY designated as agent for process shall mail to the LLC, 441 Loudon Rd, Loudonville, NY 12211. Purpose: Any lawful. Ad#103520

LEGAL NOTICE

KIWIVINE, LLC. Arts. Of Org. Filed w/SSNY on 8/28/15. Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St., #103, Albany, NY 12207. Reg. Agent: USA Corporate Services Inc. @ same address. Purpose: all lawful. Ad#99749

LEGAL NOTICE

LIBERTY 647 LLC. Arts. Of Org. Filed w/SSNY on 10/15/15. Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St., #103, Albany, NY 12207. Reg. Agent: USA Corporate Services Inc. @ same address. Purpose: all lawful. Ad#99748

LEGAL NOTICE

LIBERTY 651 LLC. Arts. Of Org. Filed w/SSNY on 10/15/15. Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St., #103, Albany, NY 12207. Reg. Agent: USA Corporate Services Inc. @ same address. Purpose: all lawful. Ad#99747

LEGALS**LEGAL NOTICE**

NOTICE OF CONVERSION TO A DOMESTIC LIMITED LIABILITY COMPANY (LLC) MALM REALY, a NY partnership converted to MALM GLENMONT LLC, a NY LLC. Certificate of Conversion filed with NY Secretary of State November 12, 2015. Purpose: to engage in any lawful act or activity. LLC managed by one or more members. Office: in Albany County. SOS agent for service of process and shall mail copy to 41 Hamilton Lane, Glenmont, NY 12077. Ad#101879

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY. NAME: MICHAEL JAMES RUANE LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 10/27/2015. Office location: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 65 Columbia Street, Apt 2, Albany, New York 12210. Purpose: For holding real estate. Ad#101117

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY (LLC) The name of the LLC is NAQI REALTY, LLC. The Articles of Organization of the LLC were filed with the NY Secretary of State on December 1, 2015. The purpose of the LLC is to engage in any lawful act or activity. The office of the LLC is to be located in Albany County. The Secretary of State is designated as the agent of the LLC upon whom process against the LLC may be served. The address to which the Secretary of State shall mail a copy of any process against the LLC is 90 Hackett Blvd, Albany, New York 12209. Ad#103411

LEGAL NOTICE

Notice of formation of OHD-CONGDON HALL LLC. Arts. of Org. filed with NY Secy. of State (SSNY) on 11/10/2015. Office location: Albany County. SSNY is designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: C/O: I. David Swawite, 40 Beaver St., Albany NY 12207. Purpose: For any lawful purpose. Ad#101881

LEGAL NOTICE

PRESTIGE CAR SERVICE L.L.C. Authority filed with secy of state of ny (SSNY) On 08/18/2015 office location Albany county Designed as agent of L.L.C. upon whom process Against it may be served, SSNY shall mail copy Of process to The

LEGALS

L.L.C. 57 Morris st - suite -A-Albany, NY 12208. Purpose: any lawful purpose. Ad#102325

LEGAL NOTICE

RiskPoint Insurance Advisors, LLC filed its Application of Authority with the Secretary State of New York (SSNY) on May 20, 2015. Office location: Albany county. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to In-corp Services, INC. One Commerce Plaza, 99 Washington Ave., Ste. 805-A, Albany, NY 12210-2822. Purpose: General. Ad#100473

LEGAL NOTICE

RUMBLE, LLC. Art. of Org. filed with the SSNY on 10/16/15. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o United States Corporation Agents, Inc., 7014 13th Avenue, Suite 202, Brooklyn, NY 11228. Purpose: Any lawful purpose. Ad#103398

LEGAL NOTICE

NOTICE OF FORMATION DOMESTIC LIMITED LIABILITY COMPANY (LLC). Name: SO MANY OF ROADS BOUTIQUE LLC. Articles of Organization filed with NY Secretary of State, October 29, 2015. Purpose: to engage in any lawful act or activity. Office: in Albany County. Secretary of State is agent for process against LLC and shall mail copy to 7 Chestnut Hill North, Loudonville, NY 12211. Ad#102375

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY (LLC). Name: THV, LLC. Articles of Organization filed with Secretary of State of New York (SSNY) on 11/18/2015. Office location: Albany County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: 792 Watervliet Shaker Road, Latham, New York 12110. Purpose: to engage in any lawful act or activity for which a limited liability company may be formed under section 201 of the Limited Liability Company Law. Ad#102333

LEGAL NOTICE

VA COMMODITIES LLC. Arts. Of Org. Filed w/SSNY on 10/14/15. Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St., #103, Albany, NY 12207. Reg. Agent: USA Corporate Services Inc. @ same address. Purpose: all lawful. Ad#99745

LEGAL NOTICE

NOTICE IS HEREBY GIVEN that the Town of Bethlehem hereby in-



Bethlehem Turkey Trot

Approximately 1,000 local runners (and walkers) met at the Bethlehem Central Middle School to participate in this year's Bethlehem Turkey Trot on Thursday, Nov. 26. The weather was a little brisk, but those who were there were quickly on their ways for the 5K run.

Photos by Michael Hallisey/Spotlight



<div>LEGALS</div> <p>vites sealed bids for the supply of Bray Valve Controllers and Butterfly Valves to the Town of Bethlehem for use in the Town's Water Treatment Plants. Work shall consist of providing valves and controllers to the Town of Bethlehem. The valves and controllers will be required and ordered on an as needed basis throughout the term of the contract. Bids will be received up</p>	<div>LEGALS</div> <p>to 10:00 a.m. on the 18th day of December 2015 at which time such bids will be publicly opened and read aloud at the Town Hall, 445 Delaware Avenue, Delmar, New York. Bids shall be addressed to the Town Clerk, Town of Bethlehem 445 Delaware Avenue, Delmar, New York 12054. Bids shall be delivered in sealed envelopes, and bear on the face thereof, the NAME AND ADDRESS</p>	<div>LEGALS</div> <p>OF THE BIDDER AND SUBJECT OF THE BID. ORIGINAL AND ONE COPY of each bid shall be submitted. Bid documents may be obtained at the Bethlehem Town Clerk's Office, 445 Delaware Avenue, Delmar, NY 12054. Bid documents may also be available for download from the Capital Region Purchasing Group through the Town of Bethlehem Website at</p>	<div>LEGALS</div> <p>www.townofbethlehem.org Purchasing Division. The Town Board reserves the right to waive any informality in the bid and/or to reject any or all bids. BY ORDER OF THE TOWN BOARD OF THE TOWN OF BETHLEHEM Nanci Moquin TOWN CLERK Ad#103509</p> <div>RECYCLE</div>	<div>LEGALS</div> <p>LEGAL NOTICE NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY NAME: WHITNEY ROAD ASSOCIATES LLC Articles of Organization were filed with the Secretary of State of New York (SSNY) on November 10, 2015. Office location: C/O Platform Realty, 14 Corporate Woods Blvd, City of Albany, County of Albany, New York.</p>	<div>LEGALS</div> <p>SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, C/O Platform Realty, 14 Corporate Woods Blvd, Albany, New York 12211. For any lawful purpose. Ad#102125</p> <div>LEGAL NOTICE</div> <p>WINSTON DENTAL, LLC. Arts. Of Org. Filed w/SSNY on 10/15/15.</p>	<div>LEGALS</div> <p>Office: Albany Co. SSNY designated as agent for process & shall mail to: 54 State St., #103, Albany, NY 12207. Reg. Agent: USA Corporate Services Inc. @ same address. Purpose: Dentistry. Ad#99742</p> <div>LEGAL NOTICE</div> <p>Wolfe House Movers, LLC. App. for Auth. filed with the SSNY on 04/24/15. Originally filed with Pennsylvania Sec-</p>	<div>LEGALS</div> <p>retary of State on 01/01/2006. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 10 Birch Lane, Bernville, PA 19506. Purpose: Any lawful purpose. Ad#101887</p> <div>To place your Legal Notice: Call 439-4949</div>
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December 9, 2015

Spotlight on **Opinion**

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■ FROM THE EDITOR'S DESK

Co-op is a labor of love, not a job

On Nov. 30, member workers and shareholders at the Honest Weight Food Co-op in Albany gathered at St. Sophia's Greek Orthodox Church for the biggest membership meeting in the history of the store. More than 620 eligible voters and 65 non-voting stakeholders wanted to weigh in on the recent decision to end the member worker program on the first of next year.

The decision was a resoundingly unpopular one. Co-op members convened the special membership meeting to recall the Board of Directors on the grounds that the board failed to "protect the assets" of HWFC when they spent money on lawyers and consultants to determine whether the member worker program complies with Department of Labor minimum wage laws, claiming that there was no legal justification for assuming that it does not. They also charged the board with unilaterally cutting back worker hours and withholding important information from stockholders.

People are mad. And no wonder. Coconut oil is expensive, and that 24 percent off means that I can buy the good cheese and happy bacon. Not to mention that the way the issue of possibly ending member labor was raised lacked finesse. But fear not. The question of a member worker program is far from settled.

Those who are angry are largely laboring under the assumption that the board, desiring to end the member program for whatever reason, initiated a series of events to force the conversation—beginning with a comment by recently-ousted board member Bill Frye to the *Times-Union* in which he expressed concern that

the program may not be in compliance with DOL minimum wage laws. Those comments apparently raised concerns with the Co-op's lawyers, according to the board, who were concerned that the exposure would elicit a complaint, which DOL would then be required to investigate.

Considering the freezing of 24 percent discounts for new members and attempts to cut back on hours worked by older members, there may be some truth that compliance wasn't the only concern regarding the program. But it's doubtful that working members have been unaware of the tenuous financial situation the Co-op has been in since it moved to its new beautiful-yet-costly location. In addition to the debt incurred by that move, it has also faced competition from Whole Foods and Trader Joe's just up Central Avenue. While Co-op officials have not characterized the decision as a money-saving one, chances are that the possibility has not entirely escaped their attention.

But on Monday, Nov. 30, a full 87 percent of the voting membership in attendance at St. Sophia's voted against the determination to end the member labor program and more than 65 percent voted to consider a new management structure and re-evaluate the current leadership team. On the following Wednesday, an HWFC representative Ursula Abrams, along with Co-op attorneys Joanmarie Dowling and John Standards, met with DOL to determine whether the worker program is in compliance with state law and to discuss options.

It seems that, at this point, to immediately re-instate the member labor program would be ill-advised, especially now that the question of compliance has been raised. In a

report on the meeting with DOL, Abrams raised the possibility of a complaint being filed by Whole Foods or another competitor. But HWFC has acknowledged the overwhelming desire of its membership to reinstate the program and appears to be taking steps to figure out how to do that in a way that will protect the for-profit cooperative legally.

I'm no big fan of Whole Foods or Trader Joe's—I like to shop local. I like to know that my veggies and cheeses and yummy bacon all come from local farms and didn't travel long distances or spend time in warehouses. I like the classes they offer and going to get my knives sharpened on Wednesdays for free. Mostly, I like the community. I like the passion and enthusiasm of the member workers and of the paid staff. I like the sort of people who choose to shop there.

So, member workers or no, I will continue to shop there and to support all of those things. And I will advise others to weather the storm, even though emotions are clearly high—especially among those who have dedicated much more time than I. The Co-op is still one of my favorite local resources and, I feel, has earned my loyalty while they figure out how to move forward. One issue they will need to face is whether to keep the process as transparent as possible for members, or to try to maintain some confidentiality as a business. I vote for transparency—I would prefer more cooperation than corporation from HWFC, but that may continue to become more difficult if the store continues to grow. And I hope that it does. I suppose that there may come a day when I decide to buy my apple cider vinegar elsewhere, but that day is not today.

People are mad. And no wonder. Coconut oil is expensive, and that 24 percent off means that I can buy the good cheese and happy bacon. Not to mention that the way the issue of possibly ending member labor was raised lacked finesse. But fear not. The question of a member worker program is far from settled. Those who are angry are largely laboring under the assumption that the board, desiring to end the member program for whatever reason, initiated a series of events to force the conversation—beginning with a comment by recently-ousted board member Bill Frye to the Times-Union in which he expressed concern that the program may not be in compliance with DOL minimum wage laws. Those comments apparently raised concerns with the Co-op's lawyers, according to the board, who were concerned that the exposure would elicit a complaint, which DOL would then be required to investigate.

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■ LETTER TO THE EDITOR

Thanks for participating

Dear Editor, *The Spotlight*;
Thank you!!

I wanted to thank all the groups that participated in the Holiday Parade, especially the Highway Department for putting up the tree and lights, the police for directing traffic and keeping us all safe, the fire departments for their constant involvement in Town events and Santa for putting a smile on faces of all the children. An extra special THANK YOU to the Geurtze and Henion Families for donating the beautiful tree at the Four Corners. These events make our Town a wonderful place to live, but clearly it is our residents that make it home!

Nanci Moquin,
Bethlehem Town Clerk



Happy Chanukah

Bethlehem Town Supervisor John Clarkson and Albany County Executive Dan McCoy were both on hand for the traditional lighting of the Menorah at Delmar's Four Corners Sunday, Dec. 6. A healthy crowd gathered at the Menorah, near the base of the town clock, to witness the lighting of the first candle and to usher in the first night of Chanukah. Rabbi Nachman Simon of Chabad House of Delmar shared words with the crowd before Clarkson was privileged with the lighting of the first candle.

Photos by Michael Hallisey/Spotlight

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A reminder from:

From page 1 ... The Bard's 'Scottish Play'

With striking scenes like Lady Macbeth's crazed, repeated hand washing post-killing, numerous battle scenes, murders and deceptions, Shakespeare's arguably darkest play is also one of his most memorable.

"Everyone remembers that scene, like 'hey, look at that crazy lady,'" laughed Hannah Thien, of the aforementioned scene, which she is set to perform as Lady Macbeth, the female lead. A conversation about the character with the actress, and it is clear she understands her character's degrading sanity comes as a result of her increasingly dark deeds.

The scene is draining, hard to perform and "uses everything I learned in my four years of acting here," said Thien.

Fellow senior Miles Keefe plays the titular role, cradling the burden of having the most lines of any character, many of them from long monologues. "I kind of play

him as a wimp. He's very easily manipulated. There is a big progression in the characters, though. In the end he goes from being the hero to being very insane," said Keefe

Thirty-one performers, almost half of them playing witches, comprise the ensemble. In homage to the Greek choir of old, Shakespeare's witches narrate and watch over the scenes.

Their presence brings eeriness to the atmosphere, out of which arises one of the play's themes: fate versus free will. Effectively, the audience is left to question who it is that is leading the play's actions: the characters themselves or the witches.

"In a way, they are the puppet masters behind everything," said Thien, of the witches. "We think we're in control of our lives, but in the end it's a question of, 'are we really in control?'"

The play is near ubiquitous with high

school theater, and a standby for Yeara, who has directed it at the high school three times previously. Because as all good English teachers know, there can never really be too much of the Bard.

Each production, a new set of actors fills the classic roles, breathing

ensemble.

Macbeth's popularity was clear, as the students chose it by vote at the end of last year. As well, the tragedy, Shakespeare's briefest by far, is required reading for tenth graders, so many teachers enjoy taking their classes to see it.

This year's production is



After nearly 31 years, teacher James Yeara continues to have fun directing and interacting with his students

Submitted photo

new life into them; each production new sets are made. Even the music, which was not included in Shakespeare's original version, will be unique to the production, thanks to senior Noelle Marcotullio, who approached Yeara to perform with her

driven by a core group of seniors, but the ensemble-nature of the play allowed for even the younger students to get their first go in front of a crowd.

"If you can do Shakespeare, you can do anything," said director

James Yeara, sharing his preference for BC's plays, which he called "the banquet" when compared to the "dessert" that is BC's musicals.

With smaller roles, such as the many witches in Macbeth, next year's batch of thespians can learn – both from their experience on stage and from Yeara's bizarre timidity-shattering warm-up methods. These include a series of gargling, bellowing vocal warm-ups and comical improv scenarios, which often become self-referential.

"I told you Mom; I told you Mr. Yeara would laugh at me if I cut my hair!" improvises Keefe, while crying on his "mother's" shoulders in warm-ups, after some gentle teasing from Yeara. Yeara would have preferred Keefe to leave his long hair, rather than wear a wig to play his character.

"It's really all about the kids. The grade is when they're up there and performing. They put in a lot of time and effort and that's still fun for me," said Yeara.

As both Thien and Keefe graduate this year,

both plan to pursue acting in college. While Thien is applying for acceptance into theater degree programs, Keefe plans to perform in plays in his extracurricular activities.

And, despite rumors that have become near perpetual in recent years, this play will not be Yeara's last.

"It's like they're trying to push me out. I think the administration starts them," said Yeara, almost too dryly to merit sarcasm when asked whether the rumors were, after many years, finally true. Yeara does admit, however, that he is past retirement age, and was planning on retiring three years ago before reconsidering.

Play-goers can look forward to more productions from Yeara and the students of BCHS, with two more productions this year. This spring's musical will be "Grease" – not "Mary Poppins" as had been originally planned – with a second play, possibly "Much Ado About Nothing," to follow.

To purchase tickets for Macbeth, visit theaterwithoutanet.org.

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