

THE Spotlight

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February 1 - February 7, 2023

INSIDE THIS EDITION:

CAPITAL DISTRICT
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118642-4



NEWS EMS calls BCSD for assistance

Volunteers need recruits and tax exemption would help.

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Who was in Washington?

Bethlehem was represented at safe drinking water summit.

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TOP STORY

State of the Town

Entering his sixth year as town supervisor, David VanLuven shares how social media paints the town in a negative, misleading light - and provides examples as to why he feels Bethlehem is a 'wonderful community' in which to work and live.

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LIFESTYLE



The past The present The future

Piecing together the Myers Residence's place on the Underground Railroad.

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SPORTS



Micro spirit

Bethlehem team rocks at cheer competition at Saratoga.

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Weekly Volunteer FIREFIGHTER CALLS

Friday, Jan.20			
1:49 p.m.	Structure Fire Vulnerable LC	ROUTE 9W	Selkirk, Elsmere VFD
3:24 p.m.	Fire Call	KINGS RD, COLONIE	Selkirk VFD
Sunday, Jan.22			
1:20 a.m.	Fire Call	NEW SCOTLAND RD	Slingerlands VFD
1:53 a.m.	Assist EMS	NEWELL LN	Elsmere VFD
2:49 p.m.	Structure Fire Alarm	BROOKVIEW AVE	Elsmere VFD
Monday, Jan.23			
6:21 a.m.	Hazardous Condition	KEITH RD	Delmar, Slingerlands VFD
8:33 a.m.	Hazardous Condition	RETREAT HOUSE RD	Selkirk, Elsmere VFD
8:46 a.m.	Bravo	RIVER RD	Selkirk VFD
9:42 a.m.	Crash PI	RD / IROQUOIS TRL	North Bethlehem VFD
10:07 a.m.	Hazardous Condition	ALDEN CT	Elsmere VFD
10:31 a.m.	Hazardous Condition	SMULTZ RD	Selkirk VFD
10:33 a.m.	Hazardous Condition	MAPLE TER	Slingerlands VFD
11:03 a.m.	Hazardous Condition	RD / LINDA CT	Elsmere VFD
4:39 p.m.	Hazardous Condition	SCHOOLHOUSE RD	North Bethlehem VFD
Tuesday, Jan.24			
1:08 p.m.	Hazardous Condition	NIVER AVE	Elsmere VFD
Wednesday, Jan.25			
1:03 p.m.	Structure Fire Alarm	GLENMONT RD	Elsmere VFD
8:54 p.m.	EMS Call	AUTUMN DR, 274	North Bethlehem VFD
Thursday, Jan.26			
6:51 a.m.	Structure Fire Alarm	FEURA BUSH RD, 200	Elsmere VFD
10:32 a.m.	EMS Call	AUTUMN DR, 216	North Bethlehem VFD
12:26 p.m.	Haz Mat	COLUMBINE DR	Elsmere VFD
1:40 p.m.	Structure Fire Vulnerable LC	ROUTE 9W	Elsmere VFD

Each week, Spotlight News lists calls from Delmar, Elsmere, North Bethlehem, Slingerlands and Selkirk fire companies. These department are comprised of local volunteers. Please consider serving your neighbors as a volunteer firefighter.

■ POLICE, FIRE and EMERGENCY CALLS

Man kicks out patrol car window as he's arrested

DELMAR — A man who stole \$16 worth of body wash from Hannaford on Delaware Avenue and was wanted by multiple jurisdictions took his anger out on a Bethlehem police unit, a manager of the store and an Assistant District Attorney in Colonie.

Bethlehem police were parked behind the Hannaford when the officer observed Justin Malavez, 27, who is homeless, running past the patrol vehicle while attempting to conceal items in a sweatshirt. Malavez ran behind the pet store and the Exxon gas station and hid behind a tree, but was taken into custody.

According to reports, he told the officer, "here take this," and dropped containers of body wash which were later determined to be stolen from the store.

Malavez stated to

officers and a store manager, who followed Malavez to the scene, "I am not going to jail for this. I'll be out in an hour and come right back to Hannaford."

As Malavez was being walked to the Bethlehem patrol unit, he spit in the face of the manager and, when placed in the back seat, proceeded to kick the side windows and slam his head against the seat divider. He eventually kicked the back window out of the Police car.

The officer called for backup and requested an Bethlehem EMS. Malavez was taken to Albany Medical Center Hospital for an evaluation.

Malavez refused to identify himself or cooperate during the evaluation. He was cleared by medical staff and not deemed a mental health patient.

Upon returning to the

Bethlehem police station, officers were able to identify Malavez with the help of the Capital Region Crime Analysis Center. Malavez did confirm his name at that point with a sergeant.

He was charged with criminal mischief, a felony, and petit larceny, a misdemeanor, and harassment - physical contact, a violation. Malavez was arraigned by Bethlehem Judge Andrew Kirby, but the charge was not one that was bail eligible, so he was released on his own recognizance. Kirby did issue a stay away order for the Hannaford manager.

Malavez, however, did have two outstanding warrants from Colonie and Niskayuna and was transported to Colonie where he caused more trouble.

Malavez was wanted in Colonie for failing to appear for two prior arrests, One for petit larceny and obstructing governmental administration.

"He is a frequent shoplifter at various businesses throughout Colonie, and other areas," Colonie police Lt Dan Belles said. "The Judge (Andrew Sommers) remanded him on bail for our arrest."

While exiting the Colonie courtroom, Malavez spit in the face of the prosecutor, an Albany County Assistant District Attorney, and is facing new charges of criminal contempt, a misdemeanor, and harassment - physical contact, a violation. Belles said he will most likely be formally charged at his next court date.

He was sent to the Albany County jail where Niskayuna could pick him up on its warrant, Belles said.



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■ EDUCATION

EMS calls for help

Local volunteers encourage BCSD to pursue partial tax exemption, will help recruiting numbers

By **MICHAEL HALLISEY**
halliseym@spotlightnews.com

DELMAR — Should Bethlehem Central decide to provide partial property tax exemptions to volunteer emergency responders, policymakers have just one month to take action before the March 1 deadline approaches.

Gov. Kathy Hochul signed legislation last December, allowing local governments an opt-in for all to provide a partial property tax exemption to volunteer firefighters and volunteer ambulance workers. The measure provides an exemption of up to 10 percent of the assessed value of the primary residence of volunteer firefighters and ambulance workers.

If approved by the Board of Education, qualified volunteer firefighters and volunteer ambulance workers in the district would be required to apply for the exemption by March 1. Within that window of time, board members would have to adopt a resolution. That allows volunteer entities to submit lists of eligible emergency responders to the assessor's office, and for those individuals to complete exemption applications.

BC Chief Business & Financial Officer John McPhillips estimates more than 200 volunteers would apply for the exemption. Prior to last month's public hearing on the matter, he calculated how future tax bills would appear if those volunteers

■ TAKEAWAY

Impact to Non-Volunteer Community

For a residential property assessed at \$250,000, the change in total BCSD tax bill would be approximately \$0.04 per \$1,000.

Town of Bethlehem - Increase of \$9.20
Town of New Scotland - Increase of \$10.38

Increases would be absorbed with anticipated year to year increases in assessed value.

John McPhillips
BCSD Chief Business & Financial Officer

opted to reduce their home property's assessed value.

"So, you know, do a little bit of math here. The actual impact in terms of assessed value that would be exempt, which is roughly \$5.6 million, and you sort of see what the property tax savings would be for volunteers in the Town of Bethlehem and the Town of New Scotland," McPhillips said.

Based on current tax rates and assuming a property assessed at \$250,000, McPhillips estimated a tax savings of \$531.67 for a Bethlehem volunteer and \$564.47 for the same in New Scotland.

For residents who are not volunteer firefighters or ambulance workers, they could see about \$0.04 more for every \$1,000. Under the same assumptions, a Bethlehem resident would see a \$9.20 increase in his or her annual bill, while a New Scotland resident would see a \$10.38 increase.

The measure was signed into law to help communities attract and retain volunteer firefighters and ambulance workers. Elsmere Fire Commissioner Joe Catalano was one of several volunteers who spoke in favor of it, following

McPhillips' presentation in January. The commissioner said a tax break would attract new members and alleviate a "May Day" staffing scenario.

According to the Firemen's Association of the State of New York, fewer residents are volunteering to join fire companies. In 2021, it reported approximately 80,000 volunteers across the state. In the early 2000s, there were around 120,000.

"The world has changed today. We don't have people. [They] just don't have the discretionary time that they used to," Catalano said. "So anytime we get a tool like this, this is a true blessing to us and we're again asking for your support. We hope you're the first school district in the area to adopt and pass this resolution and we really believe that this would be a great benefit to the residents of the Town of Bethlehem."

The district is expected to discuss the matter when it meets again tonight, Wednesday, Feb. 1.

BC: Be the Change

Nov-Dec 2022 Recipients

DELMAR — At Bethlehem Central High School, there are many students who are making a difference at school and at home.

Each month, some of these students are recognized for acts of kindness or displaying character strengths that make them role models among their peers.

At the high school, these students are a big part of the school's "Be the Change" mantra, where they make setting high standards for their peers look easy.

Congratulations to the group of students recognized as the school's "Be the Change" recipients for November and December! They are:

Xavier Aiezza	Sarah Guyette	Reesa McGowan
Marwa Al Essa	Alexis Hartson	Nora McLaughlin
Marni Alhart	Alexis Haynes-Matuszek	Kayleigh Michalow
Armen Amirbekian	Morgan Iglar	Cameron Oakley
Zakir Bakar	Nora Ikasalo	Sierra Obernesser
Kate Bannigan	Sophia Imbriaco	Sule Omeroglu
Aster (Chloe) Bardin	Jay (Jill) Reynolds	Liz Ramsey
Kieran Barnes	Jaide Joseph	Mason Raylinsky
Rayne Beiter	Anika Kalam	Lily Reagan
Finnigan Belcher	Grace Kapczynski	Jamuel Robinson
Jacob Bloom	Marty Kelly	Sophia Rounds
Andrew Bradt	Krossaphino King	Maya Sciandra
Stellan Calnero-Jackson	Lena King	Sean Black
Sean Carter	Isabella Kita	Damese Shook
Cay Dellenbaugh	Tabatha Klink	Julia Siegel
Nolan Devejian	Sophie Kobayashi	Cam Smith
Haley Donohue	Abigail Koennecke	Kellen Stewart
Camella Douglas	Spike Koonce	Racine Thiam
Emilie Dubin	Chloe Kosoc	Logan Toth
Avery Eick	Evan Kosoc	Andrew Trowel
Skye Eldridge	Daniil Kriuchkov	Owen Turner
CC Follo	Amelia Kuhn	Angie Van Royen
Nick Forezzi	Hannah Lauenstein	Ciara Wade
Nick Frost	Sophie Lauenstein	Harper Wallace
Maddie Gallagher	Ariana Losee	Maddy Ward
Greta Graf	Jan Lyakh	Mateo Winans
	Audrey Manley	Alexis Wright
		Logan Yohe

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■ HIGH SCHOOL SPORTS

Bethlehem rocks at cheer competition

SARATOGA - Cheerleaders from all over the Capital District headed to Saratoga High School to compete at the Fear the Storm Competition on Saturday, Jan. 28.

Bethlehem Cheerleading Club brought three teams, one in each of the 6U, 8U, and 12U divisions. The 6U and 8U teams took home first place and the 12U team took second place.

The Capital District Angels closed out the competition with an outstanding performance that had everyone on their feet cheering. The Capital District Angels is a special needs cheer team.

To see all the photos visit spotlightnews.com.

Photos by Rachel Dottino.



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cakes

cookies

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COMMUNITY

Bethlehem represented at White House summit

Town Board's Maureen Cunningham at White House Safe Drinking Water Summit

WASHINGTON, D.C. — Town Board member Maureen Cunningham represented the Town of Bethlehem in the White House last week at the inaugural meeting of the Biden-Harris Get the Lead Out Partnership. The goal of the partnership is to accelerate the replacement of lead service lines and pipes while creating good paying jobs and prioritizing lead remediation efforts nationwide.

The Town of Bethlehem has already started working towards its goal of replacing 100 percent of their lead service lines in the next decade. The Town began an inventory of its 12,000 water service lines in 2021 to determine where lead pipes are still present. So far, they have identified the types of pipes on approximately 6,800 of the public-side lines and 3,600 of the private side lines. Determining where lead pipes are present is a vital first step towards getting state and federal funds to help replace them.

“Getting lead out of water systems



Bethlehem Town Board member Maureen Cunningham was joined at the White House by City of Albany Mayor Kathy Sheehan. *Provided photo*

is a public health priority that I have been leading nationwide,” said Maureen Cunningham, Town Board member and Chief Strategy Officer and Director of Water at the Environmental Policy Innovation Center. “I’m proud that the Town of Bethlehem is taking proactive action on this vital initiative to make our excellent public water system even better.”

Romo's World Record for Largest Pizza Party

GLENMONT — The owner of Romo's Pizza traveled to Tulsa to join World Pizza Champions in partnership with The University of Tulsa and set a new world record for World's Largest Pizza Party to benefit Make-A-Wish Oklahoma.

The group set the record with a total of 3,357 participants on Saturday, Jan. 21.

The attempt is a charitable initiative of World Pizza Champions, as many members from around the country and world were in Tulsa to together author a cookbook.

World Pizza Champions team is a U.S.-based non-profit made up of multinational elite pizza professionals. Through international competition, educational outreach, public demonstrations and community-based service, the team is dedicated to promoting pizza making as a respected craft and viable career choice. Members of the World Pizza Champions are carefully selected among world champion competitors and acclaimed industry leaders. Inclusion on the team is through invitation only and based on skill, character, compatibility and selfless effort on behalf of the industry.

“This record attempt was logistically a

challenge that took dozens if not hundreds of people to pull off,” said Anthony Berghela, owner of Romo's Pizza. “We are so proud of the way multiple entities came together for the sake of raising money for a well-deserving organization and in doing so put some serious funds in their corner and accomplished a huge title of World Record Holder of World's Largest Pizza Party.”

The event raised a total of \$42,090 for Make-A-Wish Oklahoma. The non-profit is confident this will allow wishes to be granted for kids and their families facing critical illnesses.

The attempt was part of the pregame festivities for the TU men's basketball game against Tulane.

“We are so thankful the World Pizza Champions stepped up to this enormous challenge to put on what was not only an incredibly fun event, but also a largely successful one,” said Jane Rohweder, Senior Director of Development, Make-A-Wish Oklahoma. “Events like these help us grant wishes to such deserving individuals and we are so excited to make some calls in the coming weeks to let our wish kids who have waited so patiently know that their wish will be granted with the money raised from this event.”

For more information visit, www.largestpizzaparty.com.

LEGALS

partment, 65 Elm Avenue, Delmar, NY 12054, at which time all bids will be opened and read aloud. Bid packages must be clearly marked with the prime contract being bid. Deadline for Bid RFIs is 5:00PM Thursday, February 23, 2023. RFIs received after this date will not be answered. The Bidding Documents shall be available beginning Monday, February 6, 2023 and may also be examined at the following locations: Associated Building Contractors of the Triple Cities, Inc., 15 Belden Street Binghamton, NY 13903 www.abcof-thetricities.com Builders Exchange of Rochester, Inc., 180 Linden Oaks, Suite 100 Rochester, NY 14625 www.robex.com Construction Exchange of Buffalo & Western New York, Inc., 2660 William Street Cheektowaga, NY 14227 www.conexbuff.com Eastern Contractors Association, Inc., 6 Airline Drive Albany, NY 12205 www.ecainc.org Mohawk Valley Builders Exchange, Inc., 728 Court Street Utica, NY 13502 www.mvbe.com Northern New York Builders Exchange, Inc., 22074 Fabco Road Watertown, NY 13601 www.nnybe.com Syracuse Builders Exchange, Inc., 6563 Ridings Road Syracuse, NY 13206 www.syrabex.com Reed Construction Data 30 Technology Pkwy South, #100 Norcross, GA 30092 www.reedconstruction-data.com McGraw Hill / Dodge Reports Online www.construction.com Works in Progress 20 Farrell Street South Burlington, VT 05403 www.worksinprogress.com Drawings, Specifications, and Bid Forms (Contract Documents) may be obtained from the Plan Holder, Plan & Print Systems, Inc., (315-437-5111) 6160 Eastern Avenue, Syracuse, New York 13211, as follows: A deposit of \$100.00 is required for each complete PAPER set. A separate, non-refundable check in the amount of \$75.00 per PAPER set is required for shipping and handling. In lieu of (or in addition to) a PAPER set of Construction Documents, bidders may request from the Plan Holder an electronic download from the Plan & Print website for a non-refundable cost of \$25 or a CD with PDF files of all drawings and specifications, at a non-refundable cost (including shipping and handling) of \$25.00. Checks for deposit for Contract Documents shall be made payable to the Bethlehem CSD (but delivered to Plan

LEGALS

Holder). Checks for shipping and handling costs shall be made payable to the Plan Holder, or bidders may pick up documents in person. Cash is not acceptable as a deposit for Contract Documents. Partial sets requested, shall be obtained by interested parties, at their cost, with no money returned. Documents may also be viewed free of charge at the Plan Holder's website. CHECKS RECEIVED WITHOUT TELEPHONE NUMBER, FAX NUMBER, AND SHIPPING ADDRESS SHALL BE RETURNED. PLANS AND SPECS WILL NOT BE SHIPPED TO POST OFFICE BOXES. Contractors who have paid aforesaid deposit for an entire set of Bidding and Contract Documents and return such sets to Plan Holder in good condition within thirty (30) calendar days after opening of bids, shall receive refund of such deposit for each set, not exceeding three (3), so returned to Plan Holder. As bid security, each proposal shall be accompanied by Certified Check or Bid Bond made out to Owner, in accordance with amounts and terms described in INSTRUCTIONS TO BIDDERS. The Owner reserves the right to waive any informalities in, or to reject, any and all bids. No bidder may withdraw his proposal within thirty (30) calendar days of actual date of opening thereof. Pre-Bid Conference: Bethlehem CSD has scheduled a Pre-Bid Conference in order to review specific requirements of these contracts. All prospective bidders are strongly encouraged to attend. The Pre-Bid Conference is scheduled for Tuesday, February 21, 2023 at 10:00AM at the Bethlehem Middle School, 332 Kenwood Avenue, Delmar, NY 12054. D-305026

NOTICE OF LLC FORMATION

ALLIED NYC AFFORDABLE LLC. Arts. of Org. filed with the SSNY on 01/20/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 9322 Third Avenue, Suite 502, Brooklyn, NY 11209. Purpose: Any lawful purpose. D-304808

NOTICE OF LLC FORMATION

ANISKA31 REALTY, LLC. Arts. of Org. filed with the SSNY on 12/27/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Karabelas & Papanopoulos LLP, 31-10

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37th Avenue, Suite 301, Long Island City, NY 11101. Purpose: Any lawful purpose. D-303996

NOTICE OF LLC FORMATION

ANITA DRIVE HOLDINGS, LLC. App. for Auth. filed with the SSNY on 01/19/23. Originally filed with Secretary of State of California 07/07/2015. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 45 Christopher Street, Apartment 7G, New York, NY 10014. Purpose: Any lawful purpose. D-304807

NOTICE OF LLC FORMATION

AQ GLOBAL LLC. Arts. of Org. filed with the SSNY on 01/20/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Dean Street, Apartment #24, Brooklyn, NY 11238. Purpose: Any lawful purpose. D-304809

NOTICE OF LLC FORMATION

Arc24 LLC. Arts. of Org. filed with the SSNY on 01/06/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Philip E. Klein, Esq., 324 East 48th Street, Suite 1, New York, NY 10017. Purpose: Any lawful purpose. D-304112

NOTICE OF LLC FORMATION

ARLEN CORNERSTONE LLC. Arts. of Org. filed with the SSNY on 12/19/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Wilfredo S. Paguio, 7905 Saddletree Court, Eastvale, CA 92880. Purpose: Any lawful purpose. D-303715

NOTICE OF LLC FORMATION

B&E MANAGEMENT GROUP LLC. App. for Auth. filed with the SSNY on 12/29/22. Originally filed with Secretary of State of New Jersey 11/07/2017. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 513 Williamstown Road, Sicklerville, NJ 08081. Purpose: Any lawful purpose. D-304015

NOTICE OF LLC FORMATION

BJK MONOPOLY, LLC. Arts. of Org. filed with the SSNY on 02/09/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-

LEGALS

cess to the LLC, PO Box 127, Lake Grove, NY 11755. Purpose: Any lawful purpose. D-303568

NOTICE OF LLC FORMATION

BROWNSVILLE BLUE SEA LLC. Arts. of Org. filed with the SSNY on 12/20/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 60 East 42nd Street, Suite 1010, New York, NY 10165. Purpose: Any lawful purpose. D-303738

NOTICE OF LLC FORMATION

BUILDING BAMBINO LLC. Arts. of Org. filed with the SSNY on 01/19/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Tesser, Ryan & Rochman, LLP, 15 Fisher Lane, Suite 200, White Plains, NY 10603. Purpose: Any lawful purpose. D-304780

NOTICE OF LLC FORMATION

CAL 3 HOLDINGS LLC. Arts. of Org. filed with the SSNY on 01/19/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 200 Madison Avenue, 24th Floor, New York, NY 10016. Purpose: Any lawful purpose. D-304773

NOTICE OF LLC FORMATION

CASA OHLAND LLC. Arts. of Org. filed with the SSNY on 12/05/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 450 Warren Street, Apartment 4E, Brooklyn, NY 11217. Purpose: Any lawful purpose. D-303577

NOTICE OF LLC FORMATION

CASA WARREN LLC. Arts. of Org. filed with the SSNY on 12/05/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 450 Warren Street, Apartment 4E, Brooklyn, NY 11217. Purpose: Any lawful purpose. D-303578

NOTICE OF LLC FORMATION

CHERRY BAY LLC. Arts. of Org. filed with the SSNY on 12/30/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 555

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West 59th Street, Unit 17A, New York, NY 10019. Purpose: Any lawful purpose. D-304012

NOTICE OF LLC FORMATION

CLARIDGE HOUSE GARAGE LLC. Arts. of Org. filed with the SSNY on 01/18/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 10 E 33rd Street, 11th Floor, New York, NY 10016. Purpose: Any lawful purpose. D-304658

NOTICE OF LLC FORMATION

COMMERCIAL COACHING, LLC. Arts. of Org. filed with the SSNY on 01/09/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Steven Ebert, Esq., c/o Cassin & Cassin, LLP, 2900 Westchester Avenue, Suite 402, Purchase, NY 10577. Purpose: Any lawful purpose. D-304565

NOTICE OF LLC FORMATION

CREATIVITY BY BASH, LLC. Arts. of Org. filed with the SSNY on 02/17/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 5 Beach Place, Brooklyn, NY 11236. Purpose: Any lawful purpose. D-303570

NOTICE OF LLC FORMATION

DMA NEW YORK PROPERTY LLC. Arts. of Org. filed with the SSNY on 01/09/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Steven Ebert, Esq., c/o Cassin & Cassin, LLP, 2900 Westchester Avenue, Suite 402, Purchase, NY 10577. Purpose: Any lawful purpose. D-304924

NOTICE OF LLC FORMATION

DOLLOP LLC. Arts. of Org. filed with the SSNY on 01/18/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1607 East 31st Street, Brooklyn, NY 11234. Purpose: For the practice of the profession of Mental Health Counseling. D-303624

NOTICE OF LLC FORMATION

ELDI CAPITAL LLC. Arts. of Org. filed with the SSNY on 12/19/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 488

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Madison Avenue, Suite 1230, New York, NY 10022. Purpose: Any lawful purpose. D-304812

NOTICE OF LLC FORMATION

E&T CONSTRUCTION 3 LLC. Arts. of Org. filed with the SSNY on 01/20/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 488 Madison Avenue, Suite 1230, New York, NY 10022. Purpose: Any lawful purpose. D-304813

NOTICE OF LLC FORMATION

E&T CONSTRUCTION 4 LLC. Arts. of Org. filed with the SSNY on 01/20/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 488 Madison Avenue, Suite 1230, New York, NY 10022. Purpose: Any lawful purpose. D-304814

NOTICE OF LLC FORMATION

E&T CONSTRUCTION 5 LLC. Arts. of Org. filed with the SSNY on 01/20/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 488 Madison Avenue, Suite 1230, New York, NY 10022. Purpose: Any lawful purpose. D-304816

NOTICE OF LLC FORMATION

EAST 82ND STREET HOLDINGS LLC. Arts. of Org. filed with the SSNY on 01/03/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 215-54 Jamaica Avenue, Queens Village, NY 11428. Purpose: Any lawful purpose. D-304211

NOTICE OF PLLC FORMATION

EFRAAT TURK LICENSED MENTAL HEALTH COUNSELOR PLLC. Arts. of Org. filed with the SSNY on 12/15/22. Office: Albany County. SSNY designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail copy of process to the PLLC, 1607 East 31st Street, Brooklyn, NY 11234. Purpose: For the practice of the profession of Mental Health Counseling. D-303624

NOTICE OF LLC FORMATION

GRANACE CAPITAL LLC. Arts. of Org. filed with the SSNY on 01/03/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 320 East 58th Street, PH-C, New York, NY 10022. Purpose: Any lawful purpose. D-304037

NOTICE OF LLC FORMATION

HDRG 02 LLC. Arts. of Org. filed with the SSNY on 01/05/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 18-28 21st Drive, Astoria, NY 11105. Purpose: Any lawful purpose. D-304938

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NOTICE OF LLC FORMATION
FIELDS OF BLUE LLC. Arts. of Org. filed with the SSNY on 01/10/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 314 Beach 69th Street, Apartment 2, Arverne, NY 11692. Purpose: Any lawful purpose. D-304173

NOTICE OF LLC FORMATION

FOUR SEASONS EQUITY LLC. Arts. of Org. filed with the SSNY on 01/20/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 25 Corporate Circle, Albany, NY 12203. Purpose: Any lawful purpose. D-304817

NOTICE OF LLC FORMATION

GEMA PRODUCTS LLC. Arts. of Org. filed with the SSNY on 01/06/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1407 Broadway, Suite 2116, New York, NY 10018. Purpose: Any lawful purpose. D-304121

NOTICE OF LLC FORMATION

GN MANAGEMENT REALTY LLC. Arts. of Org. filed with the SSNY on 01/11/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 215-54 Jamaica Avenue, Queens Village, NY 11428. Purpose: Any lawful purpose. D-304211

NOTICE OF PLLC FORMATION

GRAFFAM, PLLC. Arts. of Org. filed with the SSNY on 01/09/23. Office: Albany County. SSNY designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail copy of process to the PLLC, 305 Broadway, 7th Floor, New York, NY 10007. Purpose: For the practice of the profession of Law. D-304171

NOTICE OF LLC FORMATION

GRANACE CAPITAL LLC. Arts. of Org. filed with the SSNY on 01/03/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 16 Summit Avenue, Latham, NY 12110. Purpose: Any lawful purpose. D-304084

NOTICE OF LLC FORMATION

LISA SAKKAS LLC. Arts. of Org. filed with the SSNY on 01/23/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 18-28 21st Drive, Astoria, NY 11105. Purpose: Any lawful purpose. D-304938

LEGALS

be served. SSNY shall mail copy of process to the LLC, 35 Pinelawn Road, Suite 214E, Melville, NY 11747. Purpose: Any lawful purpose. D-304083

NOTICE OF LLC FORMATION

HOFFMAN SELF STORAGE LLC. Arts. of Org. filed with the SSNY on 01/24/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 25 Corporate Circle, Albany, NY 12203. Purpose: Any lawful purpose. D-304964

NOTICE OF LLC FORMATION

HYPHEN CONSULTING LLC. Arts. of Org. filed with the SSNY on 01/12/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Alice-Anne Parish, 42 Fort Greene Pl., Apartment 2, Brooklyn, NY 11217. Purpose: Any lawful purpose. D-304458

NOTICE OF LLC FORMATION

KC DALEY LLC. Arts. of Org. filed with the SSNY on 12/28/22, with an existence date of 01/01/2023. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1460 Carroll Street, Apartment 4G, Brooklyn, NY 11213. Purpose: Any lawful purpose. D-304005

NOTICE OF LLC FORMATION

KEL ENTERPRISES LLC. Arts. of Org. filed with the SSNY on 01/11/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Georgoulis PLLC, 120 Wall Street, Suite 1803, New York, NY 10005. Purpose: Any lawful purpose. D-304923

NOTICE OF LLC FORMATION

LENGTH AND LOSS LLC. Arts. of Org. filed with the SSNY on 01/05/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 16 Summit Avenue, Latham, NY 12110. Purpose: Any lawful purpose. D-304084

NOTICE OF LLC FORMATION

LISA SAKKAS LLC. Arts. of Org. filed with the SSNY on 01/23/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 18-28 21st Drive, Astoria, NY 11105. Purpose: Any lawful purpose. D-304938

BUSINESS BRIEFS

UAlbany's School of Ed Ranks No. 4

ALBANY — The University at Albany and its School of Education have placed No. 4 in U.S. News & World Report's annual ranking of best online master's in education programs, moving up four spots from last year.

This is the seventh year in a row that the school has landed in the top 10 programs nationwide, and it continues to be the top-ranked program in New York state.

"The UAlbany School of Education's upward movement in the U.S. News rankings is a true testament to the dedicated efforts of our expert faculty, staff and collaborative community partners involved in our online graduate programs," said Virginia Goatley, interim dean of the School of

Education. "With almost 25 years invested in online learning and teaching, we are proud to provide our students near and far with the high-quality online education they seek."

U.S. News measured 338 regionally accredited institutions offering degree programs primarily online, and assessed schools based on five categories: engagement, faculty credentials and training, peer assessment, services and technologies, and student excellence.

Engagement was given the greatest weight at 30 percent, with programs considered quality if they provide experiences and opportunities that are rewarding enough to keep students enrolled and working toward degree completion in a reasonable amount of time.

Overall, UAlbany's School of Education offers bachelor's,

master's and doctoral degrees as well as graduate certificates in a wide range of education and mental health fields.

At the graduate level, programs range from mental health counseling and educational and school psychology, to global education, educational policy and instructional design. Many of these are fully online, allowing for flexibility and an individualized learning experience.

CSX Corp. announces 4Q, 2022 results

JACKSONVILLE, Fla. — CSX Corp. (NASDAQ: CSX) announced fourth-quarter 2022 operating income of \$1.46 billion compared to \$1.37 billion in fourth quarter 2021. Net earnings of \$1.02 billion,

or \$0.49 per share, compared to \$934 million, or \$0.42 per share, in the same period last year.

For the full year 2022, CSX operating income of \$6.0 billion was up 8% from the previous year and included \$144 million in gains from property sales recognized from the 2021 agreement with the Commonwealth of Virginia. Full year 2021 operating income included \$349 million in gains from this same transaction. Net earnings for the year of \$4.17 billion, or \$1.95 per share, compared to \$3.78 billion, or \$1.68 per share, in 2021.

Owens Corning's 4Q, 2022 results expected

TOLEDO, Ohio — Owens Corning is scheduled to announce its fourth-quarter and full-year 2022 financial results

on Wednesday, Feb. 15, before the New York Stock Exchange opens.

The company will host a call to discuss its financial results at 9 a.m. ET the same day.

HOLCIM US expands

DENVER — Holcim US is strengthening its presence in the Mountain Region with a second acquisition in as many months. Today, Holcim announced the acquisition of the sand and aggregate operations of Pioneer Landscape Centers ("Pioneer").

With the growing rate of construction in the Denver, Colorado Springs and Phoenix markets, this transaction strengthens Holcim's position by adding to local reserves, alleviating supply constraints and expanding existing quarry production.

LEGALS	LEGALS	LEGALS	LEGALS	LEGALS	LEGALS	LEGALS	LEGALS	LEGALS
<p>NOTICE OF LLC FORMATION MANORTH REAL ESTATE LLC. Arts. of Org. filed with the SSNY on 12/07/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 333 East 82nd Street, 3A, New York, NY 10028. Purpose: Any lawful purpose. D-303583</p>	<p>54 Regent Drive, Lido Beach, NY 11561. Purpose: Any lawful purpose. D-304126</p> <p>NOTICE OF LLC FORMATION MINAKO REALTY LLC. Arts. of Org. filed with the SSNY on 12/12/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 42 West 48th Street, 2nd Floor, New York, NY 10036. Purpose: Any lawful purpose. D-303606</p>	<p>cess to the LLC, 200 East 61st Street, Apartment 18BC, New York, NY 10065. Purpose: Any lawful purpose. D-304477</p> <p>NOTICE OF LLC FORMATION NFM SMITH LLC. Arts. of Org. filed with the SSNY on 12/19/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 200 East 61st Street, Apartment 18BC, New York, NY 10065. Purpose: Any lawful purpose. D-303717</p>	<p>shall mail copy of process to the LLC, 1373 71st Street, Brooklyn, NY 11228. Purpose: Any lawful purpose. D-304660</p> <p>NOTICE OF LLC FORMATION POPP03636 LLC. Arts. of Org. filed with the SSNY on 12/27/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Mitchell Nelson, 215 East 80th Street, Unit 2L, New York, NY 10075. Purpose: Any lawful purpose. D-303997</p>	<p>shall mail copy of process to the LLC, 101 West End Avenue, Apartment 12P, New York, NY 10023. Purpose: Any lawful purpose. D-303991</p> <p>Notice of formation of Sean P. McGarry, Certified Registered Nurse Anesthetist, PLLC Arts. of Org. filed w/ Secy. of State of NY (SSNY) on 01/05/2023. Off. loc.: Albany Cnty. SSNY designated as agent upon whom process may be served. SSNY shall mail process to: 659 Western Ave., Albany, NY 12203. Purpose: Any lawful activity. C-304666</p>	<p>whom process against it may be served. SSNY shall mail copy of process to the LLC, 1159 51st Street, Brooklyn, NY 11219. Purpose: Any lawful purpose. D-304153</p> <p>NOTICE OF LLC FORMATION STANHOPE MANAGEMENT REALTY LLC. Arts. of Org. filed with the SSNY on 01/11/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 215-54 Jamaica Avenue, Queens Village, NY 11428. Purpose: Any lawful purpose. D-304212</p>	<p>tial tax exemption for enrolled members of an incorporated fire company, fire department or incorporated voluntary ambulance service as determined by the authority having jurisdiction in the amount of 10% of the assessed value of a primary residence and upon a minimum service requirement of two years based upon the Fire District's determination as the governing body, subject to all other statutory requirements. The Resolution setting the Public Hearing may be viewed in its entirety and the Fire District's office during normal business hours. Dated January 26, 2023 Emilie Moss, Secretary D-305073</p>	<p>County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 304 E. 65th Street, #25C, New York, NY 10065. Purpose: Any lawful purpose. D-304239</p> <p>NOTICE OF LLC FORMATION VAUDEVISUALS PRESS LLC. Arts. of Org. filed with the SSNY on 01/23/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 52 Windsor Place, Brooklyn, NY 11215. Purpose: Any lawful purpose. D-304949</p>	<p>WARWICK RENTAL NYC LLC. Arts. of Org. filed with the SSNY on 12/23/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 432 Warwick Street, Brooklyn, NY 11207. Purpose: Any lawful purpose. D-303992</p>
<p>NOTICE OF LLC FORMATION MARSH LAKE ENTERPRISE LLC. Arts. of Org. filed with the SSNY on 12/05/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 26 Poospatuck Lane, Mastic, NY 11950. Purpose: Any lawful purpose. D-303579</p>	<p>NOTICE OF LLC FORMATION MIZ ISRAEL EXPERIENCE LLC. Arts. of Org. filed with the SSNY on 01/04/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1435 E. 7th Street, Brooklyn, NY 11230. Purpose: Any lawful purpose. D-304050</p>	<p>NYC LEGENDS LLC. Arts. of Org. filed with the SSNY on 01/06/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 117-28 225th Street, Cambria Heights, NY 11411. Purpose: Any lawful purpose. D-304122</p>	<p>QUINCY QUINCY, LLC. Arts. of Org. filed with the SSNY on 01/19/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 888 Quincy Street, Brooklyn, NY 11221. Purpose: Any lawful purpose. D-304731</p>	<p>SH 354 LLC. Arts. of Org. filed with the SSNY on 01/17/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Sidewalk Holdings LLC, 408 Eighth Avenue, Suite 206, New York, NY 10001. Purpose: Any lawful purpose. D-304522</p>	<p>SLINGERLANDS FIRE DISTRICT NOTICE OF PUBLIC HEARING CONCERNING PARTIAL PROPERTY TAX EXEMPTION FOR VOLUNTEER FIREFIGHTERS AND VOLUNTEER AMBULANCE WORKERS NOTICE IS HEREBY GIVEN, that a Public Hearing on the proposed adoption of a resolution granting a partial real property tax exemption pursuant to Real Property Tax Law §466-a for the primary residence of volunteer firefighters and volunteer ambulance workers will be held in and for the Slingerlands Fire District on February 14, 2023, at 6:30PM at the Slingerlands Fire District offices located at 1520 New Scotland Road, Slingerlands New York 12159. The proposed Resolution for consideration is abstracted as follows: RESOLVED, that the Board of Fire Commissioners of the Slingerlands District, hereby authorizes the Fire District to adopt RPTL §466-a volunteer firefighter and volunteer ambulance worker par-</p>	<p>TRAVEL NERD LLC. Arts. of Org. filed with the SSNY on 12/09/22, with an existence date of 01/01/2023. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 99 Tulip Avenue, Suite 308, Floral Park, NY 11001. Purpose: Any lawful purpose. D-302422</p>	<p>WARWICK RENTAL NYC LLC. Arts. of Org. filed with the SSNY on 12/23/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 432 Warwick Street, Brooklyn, NY 11207. Purpose: Any lawful purpose. D-303992</p>	
<p>NOTICE OF LLC FORMATION MERAHI BISTRO BROOKLYN, LLC. Arts. of Org. filed with the SSNY on 12/19/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 40 Wall Street, 49th Floor, New York, NY 10005. Purpose: Any lawful purpose. D-303778</p>	<p>NOTICE OF LLC FORMATION NAN HOLDINGS, LLC. Arts. of Org. filed with the SSNY on 12/06/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Nicolas Nitti, 803 Hawley Court, Slingerlands, NY 12159. Purpose: Any lawful purpose. D-304110</p>	<p>PE 1730 WALT WHITMAN LLC. Arts. of Org. filed with the SSNY on 01/06/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 35 Pinelawn Road, Suite 214E, Melville, NY 11747. Purpose: Any lawful purpose. D-304169</p>	<p>SD & D REALTY LLC. Arts. of Org. filed with the SSNY on 01/01/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Danye Yang, 90 Hege-mans Ln, Glen Head, NY 11545. Purpose: Any lawful purpose. D-304108</p>	<p>SHELL'S LOFT RED HOOK LLC. Arts. of Org. filed with the SSNY on 01/10/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 120 Hamilton Avenue, Brooklyn, NY 11231. Purpose: Any lawful purpose. D-304178</p>	<p>SHELL'S LOFT RED HOOK LLC. Arts. of Org. filed with the SSNY on 01/10/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 120 Hamilton Avenue, Brooklyn, NY 11231. Purpose: Any lawful purpose. D-304178</p>	<p>TT MARINE USA LLC. Arts. of Org. filed with the SSNY on 01/03/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 517 Purchase Street, Rye, NY 10580. Purpose: Any lawful purpose. D-304040</p>	<p>WORME HOLDINGS, LLC. Arts. of Org. filed with the SSNY on 01/12/23. Latest date to dissolve: 12/31/2123. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 954 Lexington Avenue, #2066, New York, NY 10021. Purpose: Any lawful purpose. D-304358</p>	
<p>NOTICE OF LLC FORMATION MILL AVENUE DEVELOPMENT, LLC. Arts. of Org. filed with the SSNY on 12/29/11. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Paul Grosman,</p>	<p>NOTICE OF LLC FORMATION NFM BLEECKER LLC. Arts. of Org. filed with the SSNY on 01/13/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-</p>	<p>PLORI FILMS LLC. Arts. of Org. filed with the SSNY on 01/18/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY</p>	<p>SDS COMMERCE LLC. Arts. of Org. filed with the SSNY on 12/23/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY</p>	<p>SHINE & SILVER LLC. Arts. of Org. filed with the SSNY on 01/09/23. Office: Albany County. SSNY designated as agent of the LLC upon</p>	<p>UPPER EAST CAPITAL LLC. Arts. of Org. filed with the SSNY on 01/11/23. Office: Albany</p>	<p>UPPER EAST CAPITAL LLC. Arts. of Org. filed with the SSNY on 01/11/23. Office: Albany</p>	<p>UPPER EAST CAPITAL LLC. Arts. of Org. filed with the SSNY on 01/11/23. Office: Albany</p>	

To place your Legal Notice: Call 439-4949

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STATE OF THE TOWN

Drop social media and go outside

Supervisor VanLuven says social media does not capture what's really happening in town in his State of the Town address

By **MICHAEL HALLISEY**
halliseym@spotlightnews.com

DELMAR — Bethlehem Town Supervisor had an underlying message to his 35,000 residents in his State of the Town address: Go outside.

It was far from the only point he wished to share on Wednesday, Jan. 25, but it was the one he chose to use to close his annual address, tying up a year that witnessed substantial efforts in farmland protection, park improvements and business development.

"Bethlehem is a wonderful community with great businesses and good neighbors," VanLuven said. He noted that the new year is his sixth as Town Supervisor. He intends to run for another two-year term, expected to receive the nomination from the local

Democratic Party. "I encourage all of you, as regularly as possible, to step away from social media chatter and get out to gatherings like this for real interactions with real neighbors. And to be reminded, again and again, how lucky we are to live here."

The "vitriolic national discourse" is what's often captured on social media channels. Posts on Facebook and NextDoor repeat national party agendas that don't translate to the local landscape, nor shape what's happening in town, VanLuven said.

"Today's perpetual election cycles are seemingly addicted to negative posturing," he said. "When in reality, we have so much more to be positive about. Because, life is real interactions between real people," he listed off the community gatherings — First Night, Summer Concert Series, Memorial Day parade — which resurfaced after the COVID pandemic. "And those real interactions strengthen our community and make our lives better."

The head administrator has often equated town services with people throughout his

administration. As in past addresses, he continued to remind voters that staffing numbers have gone down while more people move in. According to the U.S. Census, the town population has increased 4 percent from 2010 to 2020. Within the same window of time, the amount of town employees has decreased by 7 percent.

"Fortunately, Bethlehem has incredible town employees who have adapted their work and shown great resiliency as they have continued to deliver services that are essential to our quality of life," he said.

An 18-month moratorium on residential development was lifted last year, in conjunction with the Town's revised comprehensive plan. As the three-year effort to reshape the community's master plan, affordable housing became a discussion point.

Gov. Kathy Hochul identified affordable housing as a pressing issue in her State of the State address last month. In it, she proposed 800,000 new housing units over the next decade in her New York Housing Compact.

"One of the reasons rent is

so high is because there are not enough rental units out there," she said. "Why housing prices are so high? There are not enough houses out there on the market because they have not been built."

The housing market was red hot in 2021, where sales climbed up but so did prices. The number of homes were just not there compared to past years. New construction was halted throughout the nation due to supply chain issues and skyrocketing prices for materials. Realtors now see the market cooling off in general. Town's like Bethlehem, however, could continue to see asking prices climb. In Bethlehem, the median sales price stood at \$375,000 at the end of the year.

"First, in response to calls from the community and Governor Hochul's new statewide housing vision, we will need to assess ways we can incentivize housing construction that provides a wider range of housing choices, including affordability," VanLuven said. "Bethlehem needs to be open to people of all incomes, whether they are laborers, teachers, nonprofit workers, professors, attorneys, or doctors."

As zoning regulations change to fit the new comprehensive plan, the town supervisor said there will be efforts to provide incentives for affordable housing. Other efforts traffic safety through complete street plans, protecting natural resources, and protecting open space.

VanLuven identified last November's Proposition 2, enabling the Town to purchase 300 acres of Glenmont farmland, as "our biggest open space victory." The properties, including the historic 150+acre Heath Dairy Farm, is visible on three corners of Wemple Road/Rte 9W. There is another 122-acre farm off Clapper Rd and 31 acres on Weisheit Road. The town anticipates closing on the properties later this year, starting an assessment process to keep the land in

agriculture.

"I'm incredibly proud of this effort for two reasons. First, these wonderful properties, which have been growing crops since at least the Revolutionary War, will be able to continue growing crops, not subdivisions, for another 250 years. And second, it shows that we in Bethlehem don't just talk about the importance of open space, we're willing to work with interested landowners, and pay for it.

Wednesday's Town Board meeting was the first in recent memory that did not host protests over the Town's approval of the \$350 million wind-turbine manufacturing plant at the Port of Albany. The plant stretches across the town line onto Beacon Island where a 50-year coal ash dumping site has resided. The Town has been under suit for allegedly failing to notify neighboring residents under state review regulations. The state Department of Environmental Conservation has refuted that claim. VanLuven said he was excited to see the plant progress.

The wind-turbine plant was one of two major projects erected or promised in town, the other of which was the \$125 million Plug Power manufacturing facility opened last month in Slingerlands. The battery-manufacturing plant served as a capstone for business development within the town, promising as many as 1,600 jobs to the surrounding community.

"Businesses large and small are vital parts of the Bethlehem community and critical drivers of our strong local economy," VanLuven said. "We are working hard as a town government to support these businesses, and we are fortunate to have strong partners in the Bethlehem Chamber of Commerce and the Bethlehem Industrial Development Agency to advance these efforts."

COMMUNITY

Port of Albany project updates

ALBANY — The Port of Albany is launching an e-newsletter to provide regular updates about site activity and construction of its offshore wind tower manufacturing facility on Beacon Island.

The online newsletter will provide regular updates about work being performed during the current week and look ahead to work scheduled for the following week.

For more information about the project, visit the Port's project website at <https://www.portofalbany.us/apdc-expansion-project-for-town-of-bethlehem-planning-board-geis-fseis/>.

Microenterprise grant funds available

DELMAR — If you are considering starting a business or expanding your business in the new year, you may be eligible to apply for a Town of Bethlehem Microenterprise Grant.

Grants can range from \$5,000 to \$35,000 to support the purchase of capital goods, including machinery, furniture, fixtures, equipment; and/or to provide working capital to support business operations. The Town has approximately \$75,000 in remaining funds. Applications will be accepted and reviewed on a rolling basis until program funds are exhausted.

Contact John Taylor, Senior Economic Developer, at 518-439-4955 x1189 or jtaylor@townofbethlehem.org with any questions.

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LIBRARIES

History in the headstones

Incorporated April 2, 1841, Albany Rural Cemetery is listed on the National Register of Historic Places and represents one of the earliest and grandest examples of the rural cemetery movement in America.

A 467-acre parkland with 35 miles of pathways, it is a nature preserve, open-air art museum, architectural primer, history classroom, and genealogy archive. Join us at the library Wednesday, Feb. 8, at 7 p.m. as UAlbany Professor Emeritus John S. Pipkin discusses its cultural and historical importance. Doors open at 6:30 p.m.

Pipkin's research interests include urban design, urban planning, architectural symbolism, social geography, landscape history and public space. He is a member of Washington Park Conservancy and is on the Board of Albany Rural Cemetery.

This series of historical talks is presented through a partnership with the Town of Bethlehem Historical Association, a not-for-profit organization that brings



in distinguished local speakers on a variety of topics designed to stimulate an appreciation of our historic heritage.

Registration is not required, but is advised due to limited seating. Visit our online calendar at bethlehem.librarycalendar.com/sign-up.

Still some story time kits left

The library still has some early literacy kits available for families with children up to age 5. These kits include special story time goodies like a book, egg shaker, scarf, bubbles, snack containers and more and are co-sponsored by the Friends of Bethlehem Public Library.

Enjoy some fun-filled learning time when you pair these kits with our Storytime

Online collection here: www.bethlehempubliclibrary.org/storytime-online-activities.

Story time kits are available to families in the Bethlehem Central School District. One kit per family. Sign up at bethlehempubliclibrary.org/take-home-activity-kits.

Hoopla's Best of 2022

Looking for even more Best of 2022 collections? Hoopla, our all-in-one digital service that allows you to instantly borrow audiobooks, eBooks, comics, music, movies and TV, has released its list of most downloaded items. Check it out at www.hoopladigital.com/collection/17338.

Haven't heard of Hoopla? There are a couple of things that make it stand out. First, there are no wait times – even on popular new releases. Second, the Hoopla catalog greatly expands the library's selection of graphic novels and comics – a genre that continues to grow in popularity.

— Kristen Roberts

Stretch, Walk, Recover

Do you have any kind of warm-up or cool-down routine for your daily walk?



If your answer is no, then this is a great program for you. You can join fitness professional Nancy Hallock as she leads participants through a routine of safe stretching, strengthening, and mobility exercises designed to enhance your daily walk.

The class also includes a short walk and recovery session. Designed for adults of all ages and abilities, this program will help you prepare your muscles for exercise, and help them to recover afterwards.

There are three opportunities to register and attend: 3:00 p.m., Wednesday, Feb. 1; 3 p.m. Wednesday, Feb. 8; and/or 10 a.m., Friday, Feb. 10.

Nancy will be conducting the same class at each session, so you need only attend once, although you are more than welcome to register for all three, should you want to. Made possible through the Northeast Wellness and Fitness Initiative.

Magic & More: Collectible Card Games

Players age 12 up to adult are invited to join us at 1:30 p.m., Sunday, Feb. 5 for an afternoon of combat at the library. Pack up your Magic the Gathering, Pokemon, and Yu-Gi-Oh! cards and start planning your strategy.

Bring your own card decks to challenge other players, compare collections, and make some trades. If you don't know how to play Magic the Gathering, there will be instruction available from 1:30-2 p.m.

Please register, so we know how many snacks we'll need.

— Lynn Kohler

Take Your Child to the Library Day

The first Saturday of February is officially "Take Your Child to the Library Day" (though we think every day fits this category!)

We're marking the occasion on Sat. Feb. 4 at 2:00 p.m. by showing the 1994 family film "The Pagemaster," featuring Macaulay Culkin and Christopher Lloyd. Both live action and animated is incorporated in this fantasy story. A young boy (Culkin) is transported into the world's most notable novels as he tries to navigate through the enchanted library. Rated G; no registration required.

Teen Tech Help Desk

Drop in anytime on Thurs. Feb. 2, 9 or 16, 4:00-6:00 p.m., for tech help from Guilderland Central School District National Honor Society students. The teens can help with smartphone applications, downloading books to devices, email set-up, internet searches, and more.

Teen Advisory Groups

Teens: earn volunteer credit by participating in our new



Advisory Groups. Give us your input on programs, books, and the Foundry Teen Space. We'll have after-dinner treats for you. Teen Advisory Group for grades 9-12 is scheduled for Thurs. Feb. 2 at 6:30 p.m. For grades 6-8, we'll meet during winter break on Thurs. Feb. 16 at 6:30 p.m. Please register on the Events Calendar at guilderlandlibrary.org, indicating any food allergies in the Notes field.

Info Surge! Groundhog Day

Grab a bag of popcorn and watch the perennial comedy favorite "Groundhog Day" with us on Thurs. Feb. 2 at 6:30 p.m. Bill Murray and Andie MacDowell star, along with Punxsutawney Phil, of course! Along with the scenes and dialogue, we've surged this movie with fun factoids. Join us for a fun night! Rated PG; adult

themes. No registration required.

Movie Night

We're screening the 2022 romantic comedy "Bros" on Mon. Feb. 6 at 6 pm on the big screen in our Helderberg Room. The plot involves two men in Manhattan who avoid commitment, but are drawn to each other. No registration required.

Genealogy Assistance

Professional Genealogist Lisa Dougherty offers 1:1 family history consultations on the 2nd Wednesday of the month at GPL. The next drop-in session is planned for Wed. Feb. 8, 6:00-8:00 p.m; no need to make an appointment. For more general information, visit Lisa's website: <http://www.upstatenygenealogy.com>.

— Luanne Nicholson

Fiber Arts Meetup

Do you love fiber arts? Knitting, crocheting, weaving, or anything with yarn? Come hang out with fellow fiber art crafters on Saturday, Feb. 4, at 11 am and meet new people and work on your own projects.



Wednesday Movie

Join us for our Wednesday Movie feature as we present Respect on Wednesday, Feb. 8, at 2 0.m.

Following the rise of Aretha Franklin's career -- from a child singing in her father's church choir to her international superstardom -- it's the remarkable true story of the music icon's journey to find her voice.

Feel free to bring a friend, a comfortable chair, and a snack! Register today to reserve your spot.

DIY Snacks

Join us for Pizza and S'mores, our take on National Pizza Day, on Saturday, Feb. 11, at 2 p.m.

The actual day is February 9th, but that's not stopping us. Come try some new, less traditional pizza snacks. And since we've still got plenty of winter ahead of us, we've got Snowman S'mores to keep us warm. Registration is required - sign up today!

Lunchtime Books

Join us as we discuss William Finnegan's "Barbarian Days" as part of our Lunchtime Books event on Thursday, Feb. 16 at noon.

— Carol Melewski

■ POLICE, FIRE and EMERGENCY CALLS

Teen arrested for credit card fraud

LATHAM — A 17-year-old Cohoes teen was arrested by State Police on Friday, Jan. 20 after an investigation into credit card fraud in Bethlehem and Guilderland. The teen faces multiple charges in both towns.

On February 22 at about 12:38 p.m. State Police BCI in Latham received a complaint originating from State Police Troop F concerning a victim who had multiple unauthorized charges totaling over \$2,500 on a missing credit card.

The investigation determined a 17-year-old used the credit card to make multiple purchases in Albany County. They were also in possession of items purchased with the credit card without the authorization of the cardholder.

They were charged and processed at the Latham barracks for four counts of criminal possession of stolen property-credit card, a felony, and petit larceny, a misdemeanor, for the Bethlehem purchases as well as grand larceny and criminal possession of stolen property-credit card, both felonies, for the Guilderland purchases.

They were issued an

appearance ticket returnable to the Albany Family Court on a later date.

Suspect in Tractor Supply theft not who she said she was

GLENMONT — An Albany woman involved in multiple larcenies at Tractor Supply on Route 9W in October was back in Bethlehem on Sunday, Jan. 22 facing new charges of two counts of criminal impersonation, misdemeanors, and forgery of a public record, a felony.

Shawnte Pringle, 48, of Albany originally identified herself as Winsome Smith on October 6 and provided Bethlehem police an EBT card with that name. She was arrested under the original name at the time along with John Dominy, of Albany, for petit larceny and conspiracy, both misdemeanors, for the theft of two power inverters from the store. Pringle and Dominy were also arrested for attempting the larceny two other times in the week before.

On December 2 a warrant was issued for Pringle after an investigation by Bethlehem detectives found her finger prints

did not match the original name she gave police.

Pringle was arrested by Guilderland police and transported to Bethlehem. She was arraigned by Bethlehem Town Judge Andrew Kirby and released to the supervision of probation. Pringle is scheduled back in court on Thursday, Feb. 2.

Brooklyn man arrested for check fraud at two banks

SLINGERLANDS — A 32-year-old Brooklyn man was arrested at the Citizens branch on Tuesday, Jan. 17 for check fraud after he tried to cash a fraudulent check with fake identification. Isaiah Walker also tried to cash the same check earlier at the Delmar Citizens branch.

He presented the teller a check for \$3,498.75 and used Penn. driver's license which was not his. The bank flagged the transaction because the staff in Delmar refused to honor the check earlier in the day there.

Walker was charged with possession of a forged instrument-second degree, grand larceny and identity theft, all felonies, and possession of a

forged instrument-third degree and criminal impersonation, both misdemeanors.

Walker was arraigned by Bethlehem Town Judge Andrew Kirby and sent to the Albany County Jail without bail due to multiple prior felony convictions.

Delmar man arrested on out of state warrant

DELMAR — A Delmar man was arrested on Wednesday, Jan. 25 on an out-of-state felony warrant from Calif.

The Santa Clara County District Attorney's office contacted Bethlehem police and provided the active arrest warrant to make the arrest of Christopher Thornton, 51, of Delmar.

He was arraigned by Town Judge Andrew Kirby and sent to Albany County Jail to await extradition.

Crash leads to list of charges for driver

SLINGERLAND — Bethlehem police responded to an unknown motor vehicle crash on New Scotland Road on Sunday, Jan. 22 at approximately 1:20 a.m. and found the driver

impaired and injured.

When police arrived they found Zachary Nicholson, 38, of Voorheesville, walking around the crashed Chevy truck. According to reports, witnesses said that Nicholson sped past them on the two-lane road, lost control, hit a tree on one side of the road and the car bounced back to the other side. He was ejected and was laying face down in the street, they said.

He was up and walking when officers interviewed him and they observed a strong odor of an alcoholic beverage emanating from his breath. Nicholson had droopy eyelids, was stumbling and unsteady on his feet. He was unable to do field sobriety tests and refused further attempts.

Nicholson was unable to stay focused on producing his drivers license, but did produce a North Carolina license.

Due to potential injuries from the crash, he was treated and transported to the hospital by Bethlehem EMS, but was unable to provide a breath sample. He submitted to a blood draw to Bethlehem police while in the ambulance, but one could not be done until he was evaluated by medical staff at the hospital two hours later.



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It's a vibe
Madison Theatre went Two Buttons Deep last week.

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INSIDE



Ice Castles

The popular winter exhibit returns to Lake George.

Page B3



Bundt cake

Bring a little sunshine to the table with this lemon cake.

Page B10



BLACK HISTORY MONTH

**The past
The present
The future**

Piecing together the Myers Residence's place on the Underground Railroad

By **AMARIS FORD**
news@spotlightnews.com

ALBANY — At 194 Livingston Avenue, Albany, there is a valuable piece of history, full of mystery, perseverance, freedom, and prosperity. Now serving the community as the Underground Railroad Education Center, the tall brick house stands as a monument to the past, present and future.

Continues on page B4



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quote of the week

"This is a generation poised to be leaders in the future of STEM in the United States. We are eager to share the energy and excitement that fills our campus."

— Martin A. Schmidt, Rensselaer President

CHEERS!

Albany was a buzz with the three-day Albany Wine & Dine Festival this past weekend.

Michael Hallisey / The Spot 518



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Answers on Pg. B13



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■ WHAT'S HAPPENING



Ice Castles to return

Ice Castles New York set for Monday, Feb. 6

LAKE GEORGE — The wait will soon be over for the return of one of Upstate New York's most popular winter attractions.

Ice Castles in Lake George will open to the public at 4 p.m. on Monday, Feb. 6. The attraction originally anticipated an open date of January 27, but a warm start to January pushed back the event's plans.

Ice artisans are working around the clock to get the attraction in the Adirondack

Mountains ready for the grand opening. The interactive experience will feature ice-carved tunnels, fountains, slides, frozen thrones, and cascading towers of ice embedded with color-changing LED lights. This season, the icy fortress is also adding a winter light walk and an ice bar. The Polar Pub will offer a variety of winter-themed alcoholic drinks. Although Ice Castles will not be open in time for the weekend, the attraction's ice bar and light walk will be free to visit on Friday and Saturday night, February 3-4.

"We're excited to finally announce our opening day in

New York," said Ice Castles CEO Kyle Standifird, "Mother Nature has thrown us a few challenges this season, which delayed our opening. While winter doesn't always come on our schedule, we're thankful that it does come eventually."

The Lake George attraction should remain open through late February or early March, weather permitting. Tickets are available on the company's website, www.icecastles.com/new-york/

Ice Castles has four other locations in Wisconsin, Minnesota, New Hampshire, and Utah.

An intro to STEM

RPI To Host 24th Annual Black Families Technology Awareness Day on Feb 4

TROY — Rensselaer Polytechnic Institute (RPI) will hold its 24th annual Black Families Technology Awareness Day on Saturday, February 4

The event, free and open to the public, is designed to introduce historically underrepresented students in grades K-12, their families, and educators to educational and career opportunities in science, technology, engineering, and mathematics (STEM).

In late 2022, the \$52.7 billion CHIPS and Science Act, designed to spur a historic recovery in domestic manufacturing, was passed highlighting the critical importance of STEM education to creating talent for careers in the United States. The Act authorizes new and expanded investments in STEM education and training from K-12 to community college, undergraduate, and graduate education.

"With the passage of the CHIPS and Science Act, it is more important than ever that we, as a leading research university, invest in the STEM education of the next generation," said Rensselaer President Martin A. Schmidt '81, Ph.D. "It takes one moment or experience to ignite a passion and curiosity in a student. One of the pillars of Black Families Technology Awareness Day is to expose young students to future career options in science, technology, engineering, and mathematics. This is a generation poised to be leaders in the future of STEM in the United States. We are eager to share the energy and excitement that fills our campus."

"This is such a unique opportunity to show students the power of STEM," said Lee McElroy, associate vice president and director of athletics and co-chair of the event. "Bringing kids to campus to hear about science and technology, see the labs where groundbreaking research happens, and walk around in an environment focused on learning is the next step in fulfilling the vision of the CHIPS and Science Act."

"Black Families Technology Awareness Day will offer immersive sessions focused on topics such as astrobotany, coding, energy conservation, space exploration, nuclear engineering, and more," said Jonathan Wexler, vice president of enrollment management and co-chair of the event.

This year, grade-appropriate workshop topics include "Saving the Turtles," presented by the Engineering Ambassadors; "How Strong Is Your Bridge," by the Society of Hispanic Professional Engineers; and "Nuclear Engineering for Beginners," from the Department of Mechanical, Aerospace, and Nuclear Engineering. Attendees will also have the opportunity to learn more about the lives of scientists and engineers, college preparation, and STEM careers.



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From page B1... Underground Railroad

Mary Liz and Paul Stewart founded the Underground Railroad History Project in 2003, after incorporating under the state education department. "Our belief was that the voices of the people we were engaging with, which had been written out of the history of the Underground Railroad, belonged to the community by right; their voices, their stories," said

Mary Liz Stewart. As the Underground Railroad History Project travelled to various locations in the Capital Region to tell the stories of the Underground Railroad, they made a surprising discovery about their work. "This information was new to people...stories that reflected places and spaces in the local community," Mary Liz Stewart explained. "It became a

progressively expanding story."

The history and stories they would share would reflect the towns they were visiting, with the goal of making local history as tangible as possible for everyone. It was this sense of history within the community that first motivated them.

"It was originally a project that became an entity that grew out of Mary Liz and my attempts to make sense of the Underground Railroad's story locally," said Paul Stewart.

Mary Liz Stewart, an educator, and Paul Stewart, a writer, were both interested in the local history of the Underground Railroad, but initial research found "almost nothing on people who were in our local community," said Paul Stewart.

It was the absence of immediate information that sparked their interest in uncovering the past in Albany. They began at libraries, where with more intensive research they began to explore historical documents from the 1800s and put pieces into place.

"Albany's history is such that a lot has been done to remove its older buildings instead of rehabilitating and restoring," Mary Liz Stewart remarked. "And what are we interested in? The older buildings. This shifted our focus to the stories of people."

At the end of 2003, a friend of theirs conducting their own research at the American Antiquarian Society in Massachusetts contacted them with a clue for a building address in Albany; it was a copy of an original document held at the American Antiquarian Society, which said at the top: **VIGILANCE COMMITTEE OFFICE: 198 LUMBER STREET, ALBANY, NY.**

"The first question was, *where is Lumber Street?*" Mary Liz Stewart recalled.

They discovered that the current address of 194 Livingston Ave was originally 198 Lumber Street after a thorough examination of the streets and maps of historic Albany.

"We were able as an organization to purchase the building and have begun restoration," she added. "While restoring it, we are also keeping the building open for public usage so that we can continue to have a very tangible artifact through which we can share this empowering history."

At the Myers Residence, visitors are encouraged to take part in the tour

Harriet was unafraid to continue their work on her own... Harriet would welcome the freedom seekers into her home without the supervision of a man, which was against protocol for women.

More than gender protocols were being broken; Harriet and Stephen Myers, along with their colleagues, were breaking state and federal laws by assisting freedom seekers. "It was a strong commitment that needed to be done to oppose this unjust institution and set of laws that held a grip on the country, but also working to not only oppose those laws but to do what needed to be done to change those laws," Mary Liz Stewart observed.

"As we get into the 1850s, we don't know a lot more about what happened with John Johnson. But we do know that he let his sister and his brother-in-law stay at his home... Stephen and Harriet Myers lived at 198 Lumber Street in the mid-1850s," said Paul Stewart. "While they were there, they did what they had been doing at every other address that they had lived at since 1830 which was to help people in connection with the Underground Railroad."

Steven Meyers was born enslaved in New York State and was given his legal freedom in 1818. Until it was legally abolished in 1827, New York State still allowed slavery; however, there was a significant amount of state-wide support for enslavement.

"The economic connections were strong for New York to not rock the boat too much," said Mary Liz Stewart. "There were a number of laws on the books that still supported the institutions of enslavement in various ways and supported the sustaining of prejudicial notions toward people of color."

Harriet Myers née Johnson, was born free into a family that had amassed wealth as boat captains on the Hudson. Her brother John Johnson followed in the footsteps of their father. "Nonetheless, they were impacted by the pro-slavery sentiment," she added.

"Harriet could see these things going on. As was written in her obituary, she was a woman who was 'well posted on state and national policy, a reader of books, and a reader of men,'" explained Paul Stewart. "She was certainly an astute observer of things that were happening in the world around her."

"One of the things that was operative for Steven Meyers was that he probably had within

Continues on B14

COMING UP

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SECRET HOUR
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Is a lie always a lie? Can it be a defense against hurting another person? This winner of the 2021 *Next Act! New Play Summit* is a delicious adult puzzle about sex, lies and the games we play to keep life moving along on cruise control. What happens when the forces of the universe—or at least human nature—make sure we take the wheel and keep our eyes on the very bumpy road ahead!



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DOKTOR KABOOM! AND THE WHEEL OF SCIENCE
Proctors • Feb. 8

So much science, so little time... Doktor Kaboom is having trouble picking his favorite science demonstrations, so he's bringing them all! Unfortunately, there are way too many. The solution: The Wheel of Science!



THE MUSIC OF SAM COOKE - STARRING BRADD MARQUIS
UPH • Feb. 17

Bradd Marquis performs Sam Cooke's music to curate and narrate a fitting tribute.



JESSICA VOSK
UPH • Feb. 18

Broadway superstar & singer Jessica Vosk performs an unforgettable night of music one night only at Universal Preservation Hall.

at PROCTORS

2/2 • Mandy Patinkin in Concert: Being Alive w/ Adam Ben-David

2/2 • Black History Month Movie: Selma

2/3-2/5 • The Book of Mormon

2/5 • Word Plays: Aged to Perfection

2/8 • Doktor Kaboom! and the Wheel of Science

2/9 • Black History Month Movie: Malcom X

2/10 • Carol King Home Again: Live In Central Park

at theREP

Through 2/19 • Secret Hour

at UPH

2/3-2/5 • Kunstler

2/17 • The Music of Sam Cooke Starring Bradd Marquis

2/18 • Jessica Vosk

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EDITOR'S NOTE: The following calendar is to benefit our readers looking for events to attend around the Capital District. Though some of these venues pay for additional advertising, none of these submissions represent paid content. The information below is curated and edited by our Customer Engagement Coordinator Frank Gillen. You can contact him by phone at 518-439-4949 or email at gillenf@spotlightnews.com.

HOT SPOTS EVENTS CALENDAR

MUSIC

- 9 Maple Avenue**
9 Maple Ave., Saratoga Springs.
518-583-CLUB
Fri: **Katalyst** | 8 p.m.
Sat: **Keith Pray Quartet** | 8 p.m.
- Albany Capital Center**
55 Eagle St., Albany.
518-487-2155
Fri: **Empire State Winter Warmup 2023** | 8:30 p.m.
Sat: **The Capital Region Spring Home Show** | 10 a.m.
- Across The Street Pub**
1238 Western Ave., Albany.
518-438-1718
Thurs: **Trivia** | 6:30-8:30 p.m.
- The Avalon Lounge**
29 Church St, Catskill
518-719-1640
Fri: **Jak Lizard / Sam Lisabeth & Friends / Sound For** | 8 p.m.
Sat: **Lex Grey / Ryder Cooley** | 8 p.m.
Sun: **Sunday Night Swim** | 7:30 p.m.
- Bard & Baker**
Board Game Cafe Troy
501 Broadway, Suite 105, Troy
518-948-6693
Wed: **Looking for Group Night** | 6 p.m.
Thurs: **Pathfinder Society Organized Play** | 6 p.m.
Sun: **Trivia** | 6 p.m.
- Brown's Troy**
Taproom & Brewery
417 River Street, Troy
518-273-2337
- Black Bear Inn**
310 19th St., Watervliet
518-272-9486
- Caffè Lena**
47 Phila St., Saratoga Springs
518-583-0022
Wed: **Folk Club Kids** | 10:30 a.m.
Thurs: **Columba** | 7 p.m.
Fri: **Kris Delmhorst** | 7 p.m.
Sat: **Nite Train** | 8 p.m.
Sun: **Bella's Bartok** | 7 p.m.
- Carson's Woodside Tavern**
57 NY-9P, Malta
518-584-9791
Thurs: **Jay Yager & Chris Dollard** | 8 p.m.
Fri: **Dan Sherwin** | 8 p.m.
Sat: **The Early Birds** | 8 p.m.
- Centre Street Pub**
308 Union St., Schenectady



The Disco Biscuits at Palace Theatre

The Disco Biscuits continue to orchestra marathon dance parties since breaking out in the mid 90s. They are to perform at the Palace Theatre on Friday, Feb. 3.

Albany Palace Theatre

- 518-393-2337
Sat: **Rhythm Pilots** | 5 p.m.
- Cohoes Music Hall**
58 Remsen St., Cohoes
518-434-0776
Thurs: **Title of Show** | 8 p.m.
- The Comedy Works**
388 Broadway, Saratoga Springs
877-565-3849
Fri: **Andy Fiori** | 8 p.m.
Sat: **Andy Fiori** | 8 p.m.
- Curtain Call Theatre**
1 Jeanne Jugan Lane
Latham, NY
Tel: 518 - 877 PLAY (7529)
- Druthers Brewing Company**
1053 Broadway, Albany
(518) 650-7996
- Eden Cafe**
269 Osborne Road #3, Albany
518-977-3771
Thurs: **Who's Line is it?** | 7 p.m.
Fri: **Open mic** | 8 p.m.
- The Egg**
Empire State Plaza., Albany
518-473-1845
Sat: **John Pizzarelli & Jessica Molaskey** | 7:30 p.m.
- Emack & Bolio's**
366 Delaware Ave., Albany
518-512-5100
- Empire Live/Underground**
93 North Pearl St., Albany
- 866-468-3399
Sun: **Mac Saturn** | 7 p.m.
- Empire State Plaza**
Empire State Plaza., Albany
518-474-2418
- Fort Orange Brewing**
450 North Pearl St, Albany
518-992-3103
- Frog Alley Brewing Co.**
108 State Street Schenectady
518-631-4800
Fri: **Artimus Pyle** | 8 p.m.
Sat: **Comedy Night** | 7 p.m.
Sat: **Aquanett** | 8:30 p.m.
- Fuze Box**
12 Central Avenue Albany
518-992-6434
- Funny Bone**
1 Crossgates Mall Rd #K-206, Albany
518-313-7484.
Fri: **Pat McGann** | 7 p.m.
Sat: **Pat McGann** | 7 p.m.
- Grappa '72**
818 Central Ave., Albany
518-482-7200
Thurs: **The Hamilton Street Jazz Trio** | 5:30-8:30 p.m.
Fri: **Earl Davis with Peg & Bill Delaney** | 5:30-8:30 p.m.
- The Hangar on the Hudson**
675 River St., Troy
518-272-9740.
- The Hollow Bar + Kitchen**
79 North Pearl St., Albany
- 518-426-8550
- Lark Hall**
351 Hudson Ave, Albany
518-599-5804
Thurs: **Hayley Jane** | 8 p.m.
- The Linda**
339 Central Ave, Albany
518-465-5233
Sat: **Takin' it to the Streets** | 8 p.m.
Sun: **Richiman and Groove Nice** | 3 p.m.
- McGeary's Irish Pub**
4 Clinton Square, Albany
518-463-1455
Tues: **Trivia Night** | 7 p.m.
- Nashville Of Saratoga**
39 Phila Street, Saratoga Springs
518-909-6274
Thurs: **Karaoke** | 8 p.m.
Fri: **DJ Eric C Dance Party** | 8 p.m.
- Nanola**
2639 Rt 9, Malta
518-587-1300
- No Fun**
275 River Street Troy Ny
Thurs: **E.R.I.E. / Under the Den / May-heaven** | 8 p.m.
Fri: **Timbo King (Wu-Tang Killa Beez) / El da Sensei (Artifacts) / Shystic / Mista Pigz / Xkwisit / 100 Psychic Dreams / DJ Trumastr** | 8 p.m.
Sat: **Gay Tastee Zed / Oof / Black Belt Jones** | 8 p.m.
Sat: **Mystic Disco** | 8 p.m.
- Olde English Pub**
683 Broadway, Albany.
518-434-6533
- The Palace Theatre**
19 Clinton Ave., Albany
518-465-4663
Fri: **The Disco Biscuits** | 7:30 p.m.
- Panza's**
129 So. Broadway, Saratoga Springs
518-584-6882
Sat: **Jeanne O'Connor Duo feat. Peg Delaney** | 6:30 p.m.
Sun: **Sinatra & Friends** | 5:30 p.m.
- Parish Public House**
388 Broadway, Albany
518-465-0444
- The Parting Glass**
40-42 Lake Ave., Saratoga Springs
518-583-1916
- Paulys Hotel**
337 Central Ave., Albany
518-426-0828
Sat: **Man Must Explore, Blue Envy, C.P.S and Property of Jim** | 8 p.m.
- Proctors**
432 State Street., Schenectady
518-346-6204
Thurs: **Mandy Patinkin** | 7:30 p.m.
Fri: **The Book of Mormon** | 8 p.m.
- Putnam Place**
63a Putnam St., Saratoga Springs
518-584-8066
Sat: **Neon Avenue** | 9 p.m.
- Rare Form Brewing Company**
90 Congress Street Troy
(518) 326-4303
- Ravenswood Grill & Tavern**
1021 NY 146, Clifton Park.
518-371-8771
Tues: **Trivia Night** | 6:30 p.m.
- The Ruck**
104 3rd St., Troy
(518) 273-1872
- Rustic Barn Pub**
150 Speoigletown Rd, Troy
518-235-5858
Thurs: **Open Mic Night** | 5 p.m.
Fri: **Chris Sanders and Jenna Sue** | 8 p.m.
Sat: **Dead Man's Waltz** | 8 p.m.
- The Saratoga Winery**
462 NY-29, Saratoga Springs
- Saratoga National**
458 Union Avenue Saratoga Springs
518.583.4653
- Saratoga City Tavern**
19-21 Caroline St., Saratoga Springs
518-581-3230
Thurs: **Karaoke** | 9 p.m.
Mon: **Bingo** | 8 p.m.
Tues: **Trivia** | 8 p.m.
- Sand Lake Center for the Arts**
2880 NY 43 Averill Park
518-674-2007
- SPAC**
Avenue of the Pines, Saratoga Springs
518-584-9330
- Troy Savings Bank Music Hall**
30 Second St., Troy
518-273-0038
Sat: **2023 ICHSA Northeast Quarterfinal** | 7:30 p.m.
Sun: **Fred Hersch & Esperanza Spalding** | 7 p.m.
- UPH**
25 Washington Street, Saratoga Springs
(518) 346-6204
Fri: **Kunstler** | 8 p.m.
Sat: **Kunstler** | 8 p.m.
Sun: **Kunstler** | 2 p.m.
- Vapor**
342 Jefferson St, Saratoga Springs
(518) 584-2110
Fri: **Soul Session** | 8 p.m.
Sat: **DJ NPG** | 8 p.m.
- Van Slyck's**
Rivers Casino & Resort
1 Rush St., Schenectady
518-579-8800
Fri: **DJ Kevin Richards** | 8 p.m.
Sat: **Martin And Kelly** | 8 p.m.
- Waterworks Pub**
76 Central Ave., Albany
518-465-9079
Fri: **Friday Night Dancing & Karaoke** | 10 p.m.-4 a.m.
Sat: **Saturday Night Dancing & Drag** | 10 p.m.-4 a.m.
- Wicked**
1602 Route 9, Clifton Park
518-467-8900
- Wishing Well Restaurant**
745 Saratoga Rd., Wilton
518-584-7640

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EXHIBITS

Albany Institute

of History and Art
Nineteenth Century American Sculpture: Erastus Dow Palmer and His Protégés Lant Thompson, Charles Calverley, and Richard Park-
 Designed to showcase the museum's nationally known collection of mid- to late-nineteenth-century sculpture, this exhibit is currently ongoing.

Ancient Egypt- Egyptologist and Guest Curator Dr. Peter Lacovara has incorporated the research and scientific discoveries revealed in the GE Presents: The Mystery of the Albany Mummies exhibition into a new exhibition about Ancient Egypt. This exhibit is currently ongoing.

Traders & Culture: Colonial Albany and the Formation of American Identity- This exhibition looks at those diverse peoples who shaped colonial Albany and the objects that reflect their interests, values, commercial, and social interactions. This exhibit is currently ongoing. The Albany Institute of History and Art, 125 Washington Ave. Albany, 518.463.4478.

Albany International Airport Lumen

Each artist harnesses light and color through complex, and somewhat mysterious processes. The geometric edges of cast resin, bent and painted acrylic, and creased film are the unlikely sources of glowing projections and prismatic reflections. Shifts in the dimension and character of the works may be observed, as sunlight and weather change over the course of a day or a season. Ongoing until February 27th 2023 Location: 3rd Floor, Main Terminal, 737 Albany Shaker Rd, Albany, NY. 518-242-2241 or www.albanyairport.com/arts

Arts Center of the Capital Region

Abide With Me

Local artist Fern Apfel will present work from 7 series within her prolific body of work. Apfel was awarded Best in Show in the Arts Center's Fence Show in 2020. Abide With Me opens to the public on January 19th; the opening reception will be held on January 27th during Troy Night out. Apfel finds beauty in old papers and old things. Layers of paint and hand-written details present an intimate view of archived moments that are recurring in time and memory. Follow her artistic journey where space, color and words intersect. In this solo exhibition, Apfel delves into remnants of the past in acrylic still-life paintings of old stamps, pages of diaries, and pages from well-thumbed books. Her minimalist approach to transcribing the ephemera onto wood panels breathes a preciousness and curiosity into each work. Playing cards, stamped letters, illuminated manuscripts, and articles of clothing activate open fields of color of Apfel's numerous collections. Layers of paint and hand-printed archival ink capture every subtle detail to give reverence to each subject. More often than not, these subjects reference ephemeral relics of human connection. By painting them in this light, Apfel draws attention to these forgotten moments, capturing them in enduring compositions.

The Troy. Gallery hours: Daily, Monday-Thursday, 9 a.m. to 7:30 p.m., Friday, 9 a.m. to 4 p.m., Saturday, 9 a.m. to 5 p.m. and Sunday, noon to 4 p.m. 265 River St., Troy. Free admission. 518-273-0552 or artscenteronline.org

The Clark Art Institute On the Horizon

On the Horizon: Art and Atmosphere in the Nineteenth Century examines how artists and image makers incorporated new scientific and technological understandings of the atmosphere into their works and creative practices. Ideas about the airspace, both as a realm and as a physical frontier, signaled novel

artistic possibilities. Suddenly, the atmosphere had a visual role to play in artworks—the aerial dimension came to be recognized as an essential and active pictorial element. To nineteenth-century artists, air offered a major representational challenge: How is it possible to portray something typically characterized by its transparency? This exhibit goes from ongoing through February 12th.

Promenades on Paper

In eighteenth-century France, people produced and collected drawings at a startling new pace. Speaking to members of the Royal Academy of Painting and Sculpture in 1732, the comte de Caylus (1692–1765), an antiquarian and art patron, lamented that artists were drawing too much and too often. A vast trove of drawings housed at the Bibliothèque nationale de France (BnF) in Paris suggests that this diagnosis of drawing's popularity was well founded. Highlights from the library's encyclopedic holdings, many of which are being exhibited for the first time, reveal the extent to which drawing had become an all-consuming pursuit. No longer limited to the painter's studio, drawing emerged as an autonomous mode of creation. This is ongoing until March 12th 2023.

Museum hours: Daily, from 10 a.m. to 5 p.m., Tuesday through Saturday. Admission: Adults, \$20; children 18 and younger, free. 225 South St., Williamstown, Mass. 413-458-2303 or www.clarkart.edu

The Jan Rutland Memorial Artists' Space

Gallery hours Thursday, Friday, and Saturday from 10 a.m. to 4 p.m. Free. Second Floor, National Bottle Museum, 76 Milton Ave., Ballston Spa. 518-885-7589 or nationalbottlemuseum.org

miSci

Be the Astronaut - Be the Astronaut is a fun, interactive adventure where you are

in control as you launch a rocket, pilot a spaceship, and drive a rover in space!

The exhibit guides you as you discover the solar system first hand with the help of virtual astronauts as you land on multiple worlds, including the Moon, Mars, and Jupiter. Designed with the help of NASA experts, the exhibition is fun for the whole family and takes STEM learning into outer space.

Throughout each stage of the exhibit, you have your own crew of virtual content experts. These digital characters help you learn what's needed to fly a spaceship, pilot a lander, and drive a surface rover. Then they are with you as you climb into the simulators to actually perform these feats, in a thrilling narrative adventure spanning the solar system.

In each space capsule, a massive 70" monitor serves as the 'windshield,' giving you a first-person view of your adventures. Touch-screens and an industrial-quality joystick put you in command. During missions, the entire cockpit comes alive with animated lighting effects, game visuals, and sounds that make you believe you ARE an astronaut. Museum hours: Tuesday–Saturday, 10 a.m. to 5 p.m. (observatory open until 8 p.m. on Thursday); Sunday, noon to 5 p.m. 15 Nott Terrace Heights, Schenectady. Admission: Adults (13+), \$12; seniors (65+), \$10; children (3-12) \$8. Additional \$6/person for planetarium show. 518-382-7890 or www.miSci.org

New York State Museum

Unveiled: Wedding Wear in 19th-century New York

Captured: Recent Photography Acquisitions

The New York State Museum is pleased to present a selection of recent acquisitions by four photographers: Irving Browning (1895–1961), Diana Mara Henry (b. 1948), Joel Meyerowitz (b. 1938), and Joseph Squillante (b. 1949). Browning captured New York City in the 1920s and 1930s; Henry is best known as a photojournalist

documenting social and political activism; Meyerowitz has pioneered and promoted color photography; and Squillante is passionately devoted to the Hudson River. Ongoing until February 27th 2023

Berenice Abbott: Changing New York

In 1929, after eight years in Europe, photographer Berenice Abbott (1898–1991) returned to New York City. She was inspired by its dramatic transformation. New construction was everywhere; hundreds of 19th-century buildings had been torn down to make way for dozens of skyscrapers. She was determined to capture this momentous change in photographs. Ongoing through July 2nd 2023.

Thomas Hart Benton

In 1956 Thomas Hart Benton was commissioned by Robert Moses, chairman of the New York Power Authority, to create two murals for the powerhouse building of the state's first hydropower facility in Massena. They feature Jacques Cartier's explorations of the St. Lawrence River and the Gulf of St. Lawrence. Alternately titled The Seneca Discover the French and Jacques Cartier Discovers the Indians, the murals depict the 16th-century encounters from two points of view. Benton took liberties with the timing of two actual events in his representation, however, combining them into a single scene for, he noted, "the sake of historical meaning." In spite of the inaccuracy, Benton had thoroughly researched the subject, studying Cartier's accounts and working with prints made shortly thereafter, as well as a model of the ship. In addition, Benton noted, the "Indian costumes, war clubs, head dresses etc. are for the most part based upon exhibits of Iroquois [sic] life in the State Museum at Albany, N.Y." These life groups were on view at the Museum when it was at the State Education Building. Ongoing until July 2nd 2023. Museum hours: Tuesday–Sun, 9 a.m. to 5 p.m.; 222 Madison Ave., Albany. Free admission; suggested donation of \$5/ person or \$10/family. 518-474-5877 or

www.nysm.nysed.gov

Opalka Gallery

Gallery Hours Tuesday through Saturday 12pm to 5pm open late Thursday 12pm to 8pm. Monday by appointment. Gallery is located at Russell Sage College 140 New Scotland Ave. Albany, NY 12208.

Saratoga Arts

320 Broadway, Saratoga Springs. Free admission. Gallery hours: weekdays, 9 a.m. to 5 p.m.; Saturday, 11 a.m. to 5 p.m. 518-584-4132 or saratoga-arts.org

Schenectady County Historical Society

Ongoing: "Mapping Schenectady" Some of SCHS' most prominent and interesting maps are now on permanent display in the Map Gallery. Also, **"Beyond the Pines: Early Schenectady,"** an exhibit focused entirely on early Schenectady: its founding, its people, and what life was like for the city's earliest residents. Plus permanent exhibits. Museum hours: weekdays, 9 a.m. to 5 p.m.; Saturday, 10 a.m. to 2 p.m. Library and Museum, 32 Washington Ave., Schenectady. Admission: \$5. 518-374-0263 or schenectadyhistorical.org

Dan Sekellic Visual Arts Gallery

Gallery hours: Wednesday, 11 a.m. to 1 p.m. Sand Lake Center for the Arts, 2880 NY Rte. 43, Averill Park. Free admission. 518-674-2007 or slca-ctp.org

Tang Teaching Museum

Lauren Kelley Location Scouting- Conceived and designed for conversation, dialogue, study, and contemplation, Location Scouting is the fourth exhibition in a series that invites an artist to re-imagine what a community space in the museum can be. Artist and curator Lauren Kelley reshapes the Tang Teaching Museum's mezzanine by combining meditations on travel with snapshots of everyday life in her drawings, sculpture, and

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CLUES ACROSS

- Functions
- Records electric currents associated with contractions of the heart
- Trigonometric function (abbr.)
- Secret political clique
- Type of gibbon
- Nocturnal S. American rodent
- Famed American playwright
- Mesopotamian goddess
- Abba __, Israeli politician
- Long ridge of gravel and sediment
- A place to stay
- Actor Idris
- One who behaves in a rebellious way
- A way to measure movement
- Distinguish oneself
- Type of drug (abbr.)
- Basketball great Baylor
- Masses of salivary matter
- Calls balls and strikes
- Plant that grows along the ground
- A recreational activity in the air
- Consumes too much
- Island nation
- Pistol
- Mixtures of soul and calypso
- Ancient Greek City
- Similar
- Roughly trimmed tree trunk used in a Scottish game
- Semitic fertility god
- Born of
- Frogs, toads, tree toads
- School in the northeast (abbr.)
- Soviet Socialist Republic
- "__ the Man" Musical, baseball player

- Ethnic group of Laos
- Beloved "Seinfeld" character
- Book of tickets
- The last name of "Hermione"
- Type of TV package
- Helps to heal a cut
- Town in Galilee
- Actor Horsley
- "Hocus Pocus 2" actor Ed
- Bird-loving group (abbr.)
- They respond when someone is sick
- Emerged
- Midway between south and southeast
- Monetary unit of Afghanistan
- Unit of work or energy
- Indicates near
- Famed river
- For each
- News organization
- CNN's founder
- They __
- Areas off to the side
- Satisfies
- A spare bed
- Legendary singer Diana
- Frothy mass of bubbles
- A kind of sorcery
- River in South Africa
- Philippine Island
- County in China
- S. American plant
- Beverage containers
- Edge
- Protein-rich liquids
- Moved quickly on foot

CLUES DOWN

- Fiddler crabs
- Discount
- Partner to "flows"

Answers on Pg. B13

stop-motion animation videos. Using plasticine, toys, and souvenirs, Kelley's videos conjure worlds that are malleable and unfixed, inhabited by robust protagonists whose quirks stem from efforts to correct the asymmetrical relationships they encounter. Accentuating the off-kilter, Location Scouting speaks to the shifts and rifts inherent in navigating today's post-pandemic landscape. Skidmore College, 815 North Broadway, Saratoga Springs. Museum hours: Tuesday - Sunday, noon to 5 p.m.; Thursday until 9 p.m. Free admission; suggested donations of \$5/ adult; \$3/child 13+; seniors, \$2. 518-580-8080 or tang.skidmore.edu

Union College Galleries Permanent Collection

The artworks in this exhibition were thoughtfully considered and purchased for inclusion in Union College's Permanent Collection over the past decade. These recent acquisitions have broadened the Collection's scope by incorporating contemporary African, African American, Asian, Indigenous Alaskan, and Native American artists. They include paintings, photographs, prints, digital media, mixed media, and works on paper. Exhibit is on going until June 12th 2023. Union College, Mandeville Gallery, Nott Memorial, 807 Union St. Schenectady, NY 12308

University Art Museum Near & Far: Six Photography Portfolios From The University At Albany Fine Art Collections

Photographers Tom Baril, Andreas Feininger, Larry Fink, Mary Ellen Mark, Edward Steichen, and Andy Warhol from the University at Albany Fine Art Collections offer nuanced views of social class, power, desire, and beauty. Mark's

intimate American portraits make strangers feel familiar. Fink's candid shots of socialites oscillate between satire and seduction. Warhol's close-up Polaroids of celebrities and photos of empty New York City streets contrast with Feininger's towering telephoto images of New York from a distance. And Steichen's pictorialist sensitivity continues to resonate in Baril's tactile botanical studies and cityscapes. January 23rd through April 5, 2023 University Art Museum is located at 1400 Washington Avenue, Albany.

THEATRE

The Book of Mormon

The New York Times calls it "the best musical of this century." The Washington Post says, "It is the kind of evening that restores your faith in musicals." And Entertainment Weekly says, "Grade A: the funniest musical of all time." Jimmy Fallon of The Tonight Show calls it "Genius. Brilliant. Phenomenal." It's THE BOOK OF MORMON, the nine-time Tony Award® winning Best Musical. This outrageous musical comedy follows the adventures of a mismatched pair of missionaries, sent halfway across the world to spread the Good Word. With standing-room-only productions in London, on Broadway, and across North America, THE BOOK OF MORMON has truly become an international sensation. Contains explicit language. Catch this show starting February 3rd at 8 p.m. with shows until February 6th. Only at Proctors 432 State Street Schenectady.

Title of Show

Jeff and Hunter, two struggling writers, hear about a new musical theatre festival. However, the deadline for submissions is a mere three weeks away. With

nothing to lose, the pair decides to try to create something new with the help of their friends Susan, Heidi and pianist Larry on the keys. With the cast in place, Jeff and Hunter begin a conversation about what to write about. Eventually, Jeff suggests they write about what to write about. [title of show] -- taken from the space on the festival's application form which asks for the "[title of show]" -- follows Hunter and Jeff and their friends on their journey through the gauntlet of creative self-expression. In the span of 90 minutes they write and perform their show at the festival and learn lessons about themselves as people, friends and artists. [title of show] is, above all, a love letter to the musical theatre -- a uniquely American art form -- and to the joy of collaboration. Catch the show Thursday, January 26th at 8 p.m. with ongoing shows until February 12th only at Cohoes Music Hall, 58 Remsen Street, Cohoes.

Kunstler

Theatre Saratoga/AND Theatre company's acclaimed production stars Broadway veteran Jeff McCarthy as the legendary Kunstler—a self-described "radical lawyer" and civil rights activist. Famous for defending the Chicago Seven and his involvement at Attica and Wounded Knee, attorney William Kunstler had an outsize personality and a tremendous appetite for life. In this two-character drama, tensions flare when he arrives on a college campus to give a seminar. The brilliant young law student assigned to introduce him objects to his appearance and is determined to confront him. Has Kunstler finally met his match? Show starts February 3rd at 8 p.m. on going until Sunday the 5th. Only at The UPH, 25 Washington Street, Saratoga Springs.

COMEDY

Andy Fiori

Andy Fiori is a nationally touring Stand Up Comedian and Radio Personality based in New York City. He is regarded as one of the most dedicated and likable comedians working today. Time Out NY described his act by saying his "clever style is always enhanced by his affable onstage manner." He has performed at the Montreal Just For Laughs Festival, JFL 42 in Toronto and the New York Comedy Festival where he was a finalist in New York's Funniest. He was one of the stars of the hit documentary "The Word's Most Dangerous Amusement Park," has made numerous appearances on Comedy Central and in 2016 he was honored to travel abroad to perform for the Troops in the Middle East. Andy is also an accomplished radio personality and producer. He is the host of The Raw Report on SiriusXM and is also a regular on The Bonfire, Bennington, and is the Executive Producer of Come to Papa with Tom Papa and The Kelly Carlin Show. His debut album, Plan B, was released in 2016 through Comedy Records and named one of the Best Albums of the Year by SiriusXM. This can be seen February 3rd with a second show on the 4th at 8 p.m. only at The Comedy Works, 388 Broadway, Saratoga Springs.

Pat McGann

Pat McGann is quickly rising as one of the sharpest stand-ups in the comedy world. A relative latecomer to the scene, Pat began stand up at the age of 31 after realizing he was not very good at selling packaging. He hustled his way to become the house emcee at Zanies Chicago, where he distinguished himself as especially adept at working the crowd. A husband and father of 3 young children,

Pat's appeal stems from his quick wit & relatable take on family life & marriage. In 2017, McGann began touring as the opening act for Sebastian Maniscalco, moving with him from clubs, to theater, and to arenas, including 4 sold out shows at Madison Square Garden. McGann's relatively short, but impressive resume, includes performances on The Late Show with David Letterman, The Late Show with Stephen Colbert, Montreal's famed Just For Laughs Festival, Gilda's LaughFest, The Great American Comedy Festival and the Nashville Comedy Fest. McGann still calls Chicago home. Catch this show February 3rd at 7:30 p.m. with a second show on Saturday only at 1 Crossgates Mall Rd #K-206, Albany.

Illusions Of Auteur

"Comedy and magic share the stage at this fundraiser for 'Anomaly': a new locally-made short film from writer/director Rahn, and produced by Spencer Sherry (The Monkey). The story revolves around a famous magician's final performance of an inexplicable illusion, and a government agent hell-bent on uncovering its method. After finding out the magician in the script was based on him, world-class illusionist and writer Eric Mead offered to play the role, suddenly launching the project into development. The film will be shot over three days in March at the Cohoes Music Hall, and a generous portion of tonight's ticket sales will go towards funding this Capital Region-based project. Given the mystical and spectacular themes of the film, we could think of no better headliner for this event than Matt Richards. Matt Richards is an actor, comedian, and writer that has performed on several thousands of shows all across the country and currently hosts the popular

game show app HQ Trivia. You can see Matt on Flatbush Misdemeanors for Showtime, both seasons of That Damn Michael Che for HBO Max, CBS' 2 Broke Girls, Nickelodeon's School of Rock, as well as KC Undercover and Bizaardvark for Disney. Matt was selected as a NEW FACE Character 2018 for the prestigious Just For Laughs Festival in Montreal and was a standout in the 2017 CBS diversity Showcase. As a writer, Matt is staffed on the WGA award nominated series That Damn Michael Che for HBO Max and he has written and produced for Snoop Dogg on various programming for VH1, TBS, Peacock and Animal Planet. Matt also wrote and performed his original sketches for Complex's new web-series, Group Therapy sponsored by Old Spice and has appeared on The Funny Dance Show for E!, MTV's World Star TV, and The Steve Harvey show. Catch this show February 5th at 1 p.m. only at 1 Crossgates Mall Rd #K-206, Albany.

Comedy Night at Frog Alley!

Join us for comedy night on Saturday, February 4th! Must be 21+ with a valid ID to enter. Pat DaBiere is a high-energy comedian who delivers the laughs in rapid-fire succession. He has toured comedy clubs, casinos, theaters, and entertainment resorts since 2012 and has 2 albums to his credit, "Displaced Aggression" (2014) and "What time is that show?" (2018). Pat also made his acting debut as Geno Genovese in the horror movie series R.I.P. Van Winkle parts 2 and 3 (Due for release in 2023) His highly relatable and yet uniquely hilarious point of view covers topics like; relationships, his Italian redneck upbringing, Amish gangsters, almost getting killed at Dunkin Donuts, and how much he hates apple picking. All this combined in a sometimes angry, sometimes devilish,

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Mikael Gregg started his stand-up comedy career in Texas in the mid-'80s and crisscrossed the country performing with comedy legends like Bill Hicks, Janeane Garofalo, Rodney Dangerfield, and Kevin James. In 1990 Mikael had another calling and stepped off stage to start and raise a family. He then returned to the spotlight in 2013 and put in the hard work of rebuilding his entire act and has recently opened for Jim Breuer and Dusty Slay. Mikael is currently in the middle of his North Country Comedy Tour which has visited venues in New York, Pennsylvania, Massachusetts, Vermont, and Connecticut.

MISCELLANEOUS

Jerusalem Reformed Church
Soup, Sandwich, and Desert Take-out. Saturday, October 9th from 4:00 - 6:30 p.m. Donations welcome. Please note, masks are required to enter the building. 1433 Indian Fields Rd, Feura Bush.

Troy Farmers Market
More than 80 food growers, bakers, chefs and artisans gather to offer the Capital District's freshest and finest! Live music, great food, family activities and learning opportunities. Every Saturday, from 9 a.m. to 2 p.m., Troy. Free admission. 518-708-4216 or www.troymarket.org.

Schenectady GreenMarket
Vendors, shoppers, musicians and friends gather at this festive marketplace featuring more than 60 vendors who produce everything they sell. Sundays from 10 a.m. to 2 p.m. Free admission. 518-986-0318 or schenectadygreenmarket.org/

Veterans Meet-Up

All veterans welcome to free coffee Tuesdays, from 6 to 8 p.m. Saratoga Coffee Traders, 447 Broadway, Saratoga Springs. 518-884-4999 or www.VeteransPeerConnection.org

Social Night/ Open House tours

Get a feel for this amazing creative community. Free. Tuesdays, 6:30 to 8:30 p.m., Tech Valley Center of Gravity, 30 3rd St., Troy. 518-279-7863 or www.tvcog.net.

MUSIC

Keith Pray Quartet

Saxophonist and composer Keith Pray is a native of upstate New York who returned to the Capital Region in 2006 after a lengthy tenure in New York City. He performs regularly with the Keith Pray Quartet, the Soul Jazz Revival and the Big Soul Ensemble and freelances in many other groups in the area. Pray taught saxophone at SUNY Oneonta, arranging and jazz history at Schenectady County Community College and is currently the director of Proctor's Theater Summer Jazz Institute and teaches instrumental music in the Schenectady City School District. He has shared the stage with hundreds of gifted musicians including: Paul Anka, Benny Golson, The Temptations, Ray Vega, David "Fathead" Newman, Lew Soloff, Mark Vinci, Ralph Lalama and Jerry Weldon. Pray's unique style and talent has allowed him to perform and record across the spectrum of today's music including performances on ABC's Good Morning America and The View, Food Network's Food Nation, The Newport Jazz Festival, Albany's Riverfront Jazz Festival, The Kingston Jazz

Festival, 103.1 Smooth Jazz Festival, Albany's Tulip Festival, Lark Festival, Fleet Blues Festival and Schenectady's A Place for Jazz. Catch this show at February 4th at 8 p.m. only at 9 Maple Ave.

Jak Lizard / Sam Lisabeth & Friends / Sound For

Jak Lizard He's back at Avalon for another dance party to rid us of those winter blues. New York crooner and self-declared "poptimist". His orange, pink, and yellow melodies with a penchant for two stepping with your best friend will make you dance and boogie all night long. Sam Lisabeth and Friends This time collaborating with Henry Fraser (bass), Jason Nazary (percussion) and Sado San (vocals/words). Improvised psychedelia accentuating the importance of disparate ideas and influences. Sound For Berkshire County quartet, Sound For is comprised of musicians Brian Kantor, Miles Lally, Wes Buckley, Phil Nicolazzo. Tonally obscure and as melted as it is measured, the group follows in the footsteps of previous open form players attempting to free instruments of their assumed roles by democratizing rhythms and harmony, creating sound for any occasion. Catch this February 3rd at 8 p.m. only at the Avalon Lounge 29 Church St. Catskill.

Culomba

Culomba ("dove" in Corsican) draws from a deep well of repertoire, including American folk traditions, music of Georgia, Corsica, the Balkans, and Ukraine, early European polyphony, and original compositions. Culomba's vocalists have toured internationally and studied with masters of these traditions, bringing their eclectic specialties to this unique ensemble. Formed in 2018 after years

of singing together, both professionally and around the kitchen table, this group is powered by close friendships and a passion for close harmony in all its forms. Catch this February 2nd at 7 p.m. only at Caffè Lena, 47 Phila Street, Saratoga Springs.

Kris Delmhorst

You don't have to believe in anything mystical to feel the molecules around you shift just a little when you listen to Kris Delmhorst. Her songs transform like breath turning to mist on a cold, clear night; the inner made visible. Her voice holds memories, like smoke lingering in a sweater from last summer's campfire. Twining through every layer of consciousness, her music weaves together the magical and the mundane with the strange logic of dreams. Called "bold and brilliant" by the Boston Globe and "transcendent" by the LA Times, Delmhorst is a veteran of the indie Americana world, with vivid songwriting, soulful delivery, and adventurous arrangements that stretch the limits of genre. She's been compared to artists as various as Anais Mitchell, Lucinda Williams, and Juana Molina - though she cites Rickie Lee Jones, in all her fearless joy and complexity, as an artistic north star. Catch this February 3rd at 7 p.m. only at Caffè Lena, 47 Phila Street, Saratoga Springs.

Nite Train

On January 12th, 2023, the world lost Thomasina Winslow, a beloved musician from the Capital Region. Thomasina was an internationally known guitarist, vocalist, teacher and composer who dedicated her life sharing the acoustic blues tradition. On February 4th, Thomasina's band Nite Train will perform a special tribute concert celebrating her life and

legacy. In their 20th year, Nite Train is a brilliant combination of jumpin', guitar-fired, hard-edged Rockin' Blues and R & B. The show will feature Marla Briggs (vocals), Chris Kaiser (drums/percussion), Paul Quigley (rhythm & lead guitars), Marcus Benoit (Keyboards, Tenor Saxophone & Vocals) and Ken Briggs (bass/vocals). Catch this February 3rd at 7 p.m. only at Caffè Lena, 47 Phila Street, Saratoga Springs.

Bella's Bartok

Started in the dimly lit alleyways of Great Barrington, MA, Bella's Bartok gradually evolved from street-punk performers to an electric, interactive spectacle that has continued to entertain audiences for more than a decade. Audiences often pick up on the band's main influences such as Goran Bregović, Frank Zappa, Mr. Bungle, System of a Down, Tom Waits and Oingo Boingo. Find Bella's Bartok on a variety of stages, at a myriad of festivals, or on the street across the continental United States. Catch this February 4th at 7 p.m. only at Caffè Lena, 47 Phila Street, Saratoga Springs.

Dan Sherwin

Dan's music has been described as power pop with smart lyrics, strong melodies and big hooks. An Albany area native, Dan Sherwin has been entertaining crowds in the capital region for the last 25 years. Both as a solo performer and as half of the phenomenally successful duo Strange Arrangement. Dan has been invited to support and alongside such artists as BB King, Bob Weir of the Grateful Dead, Warren Zvonen, The Band, Styx, Spin Doctors, The Bangles, Suzanne Vega and many others. As a singer, guitar player and songwriter Dan has built a reputation on his interpretations of classic tunes, current hits as well

as his own impeccably crafted and delivered original tunes. A testament to his professionalism and appeal Dan is one of, if not the busiest entertainer playing hundreds of gigs a year. For more information contact Dan at 518-505-1724 or email at danielsherwin@hotmail.com. All this and more February 3rd at 8 p.m. only at Carson's Woodside Tavern, 57 Route 9P, Malta.

The Early Birds

Springing out of the well-established Devonport music scene in 2005 The Earlybirds have spent many years honing their sound, style and stagecraft in venues small and large around the country. Lead guitarist Mike Cannon says that to build their initial fanbase they were constantly gigging. Enjoying the success of their first two singles and keen to capitalise on the resulting media attention The Earlybirds found themselves amped and ready to record their debut album Favourite Fears. Enlisting the partnership of producer Greg Haver and engineer Clint Murphy, the two chaps who had given their first two singles such an accomplished international sound, the group headed into Auckland's legendary York Street 'A' Studio for twelve days to lay down the rest of the songs that would make up the record. All this and more February 4th at 8 p.m. only at Carson's Woodside Tavern, 57 Route 9P, Malta.

Rhythm Pilots

the Capital Region's sensationally hot daThe young band has been playing around Metro Detroit for a while, and is on an upswing as they prepare to release their debut album, produced by the Rust Brothers, the same team behind Greta Van Fleet's Grammy-winning album. Following an appearance

HOROSCOPES

February 2023 Week 1

ARIES - MAR 21/APR 20

Aries, it's important to focus on progress and not necessarily on money that can be made. See what you can learn along the path you choose.

TAURUS - APR 21/MAY 21

You have high hopes that your efforts will be well received this week, Taurus. Before you move full speed ahead, run your ideas by a trusted group of confidantes.

GEMINI - MAY 22/JUN 21

You don't learn by getting things right all of the time, Gemini. A few mistakes along the way provide an opportunity to grow and figure out new ways to do the job.

CANCER - JUN 22/JUL 22

Cancer, distractions seemingly abound this week and your head isn't in the game. While you can get away with a few oversights here and there, too many can be problematic.

LEO - JUL 23/AUG 23

Leo, someone in your life is looking for a pep talk and you are just the person to provide one. Listen to the problem at hand and offer this person some solid solutions.

VIRGO - AUG 24/SEPT 22

Virgo, you could be at a crossroads in your life. You are pondering many different scenarios, and now is the time to solidify plans for the next few weeks.

LIBRA - SEPT 23/OCT 23

If you made a career change recently, you may be discovering that the payoff isn't quite what you expected. Fulfillment is essential, so give some thought to new pursuits.

SCORPIO - OCT 24/NOV 22

Scorpio, it is not like you to feel adrift, but that could be the situation right now. Latch on to one activity or person that brings you joy. Focus on the positives in life.

SAGITTARIUS - NOV 23/DEC 21

Sagittarius, family members want to spend more time with you, so plan for the extra company. Have a few extra snacks on hand and make sure the house is orderly.

CAPRICORN - DEC 22/JAN 20

Your tendency to want to tackle things all on your own could have you pushing others away, Capricorn. Accept others' willingness to pitch in.

AQUARIUS - JAN 21/FEB 18

Aquarius, there has been a lot on your plate and many thoughts swimming through your mind. A quick getaway could be what is needed this month.

PISCES - FEB 19/MAR 20

Pisces, you have a few offers on the table, but could be having trouble narrowing down your preference. Bring in a third party to help.

at this year's Arts, Beats & Eats festival in downtown Royal Oak over Labor Day weekend, Mac Saturn secured opening slots for national acts coming to the area. They supported Rival Sons at the Fillmore Detroit in October and Hinder at the Machine Shop in November. This Saturday they're the opening act for Canadian rock group Our Lady Peace at Saint Andrew's Hall, 431 E. Congress in Detroit. Doors open at 7 p.m. and tickets start at \$50. Visit saintandrewsdetroit.com. Find out more about Mac Saturn at macsaturn.com. Catch the show February 5th at 8 p.m. only at Empire Live 93 North Pearl Street, Albany.

Artimus Pyle

Join us to see Rock and Roll Hall of Fame Inductee and Wild Man Drummer of the original Lynyrd Skynyrd ARTIMUS PYLE! Relive rock and roll history with a night of the hits of Ronnie Van Ant! APB delivers hit after hit after hit, night after night after night. From Freebird to Sweet Home Alabama, APB gives fans the best of Skynyrd with one of men who made it! Must be 21+ to enter. More than just a "tribute" to Lynyrd Skynyrd, a tribute to the man that defined it. Artimus Pyle has said "If it wasn't for Ronnie, no one would know my name." Since his de-

parture from Skynyrd in 1991, Artimus Pyle's career has led him down an amazing path of solo records and projects culminating into one of the finest tributes to southern rock royalty. The Artimus Pyle Band is a high energy, true to the music, and true to the era rock group. One of the few that is on the road today. Artimus Pyle, Brad Durden, Jerry Lyda, Dave Fowler, and Scott Raines are not only a group of friends and contemporaries but a group with some of the most seasoned musician in the southeast. See them live February 3rd at 8 p.m. only at Frog Alley Brewing, 108 State Street Schenectady.

Hayley Jane with special guests Hold on Honeys

Hayley pulls inspiration from a variety of styles, including 60s + 70s rock + pop, musical theater, folk, blues, soul, psychedelic, funk + bluegrass. Just as varied, are the many ways she can captivate an audience. Whether the concentrated potency of her solo acoustic performance, the explosive energy + movement of her full band shows, or one of her theatrical performances, she always brings the charisma, humor + passion to move an audience. Her music has been praised by a wide range of musicians, producers + music lovers alike,

for successfully combining a diverse sound with clever, over-the-top lyrics + Vaudevillian-style storytelling. Hayley reawakens her audiences to the wild parts of themselves, great medicine for these modern times. Hold On Honeys is an indie folk minimalist vocal trio based in Troy, NY offering tight knit harmonies to nourish the soul & invigorate the senses and is made up of Emily Curro, Raya Malcolm and Shannon Rafferty. See them live February 2nd at 8 p.m. only at Lark Hall 351 Hudson Avenue Albany.

The Ultimate Doobie Brothers Tribute

This project brings together Takin' It To The Streets is the ultimate Doobie Brothers tribute show. This incredible concert performance covers all of The Doobie's great hits and an occasional deep track or two with stunning accuracy. You'll hear Long Train Runnin', China Grove, Listen To The Music, Takin' It To The Streets, What A Fool Believes, Rockin' Down The Highway, Minute By Minute, Black Water and many more! With amazing vocal skill and top notch musicianship, Takin' It To The Streets brings it night after night, show after show. The Doobie Brothers concert experience doesn't get any bet-

ter than Takin' It To The Streets See this show February 4th at 8 p.m. only at The Linda WAMC's Performing Arts Studio, 339 Central Avenue, Albany.

Richiman and Groove Nice with The George Fletcher Blues Band

We are a blues band from South Korea that want to play the American style of blues. We grew up in Korea but fell in love with American blues. They are called "Richiman and Groove Nice". They started the band in 2018. They were called "Richiman Trio". They entered the 2019 International Blues Challenge as the representative of the Korea Blues Society. That's where Richiman saw and felt real American blues. He wanted to create a blues groove made for dancing. So 3 years later, They changed their bassist and name to "Richiman and Groove Nice". They returned to the International Blues Challenge in Memphis in 2022. Where they became a top 5 finalist!. It the first time any Korean blues band reached the Finals. Yes they are not American. they are Asian, Korean. but They are real blues musician. They have new EP album called "Memphis Special one take live" included 4 songs.(Links Below) -Richiman: is the

guitarist and vocalist. He delivers with a powerful voice and that great fender guitar tone. He wrote most of the songs. His nickname Richiman means inner rich. He says that "I feel like a real rich man when I play blues, because I am so happy". -Bass Back: is super bassist in Korea. His energetic playing and exquisite technique make him a standout among his peers. He's a versatile and experienced player whether playing in a Samba band, African music, doing musical sessions, orchestra or blues.. -I.O: is called "The Smile Drummer". He brings positive power and always looks happy when he plays the drums. I.O.s happiness and joy of drumming spreads into audience lifting up the crowd. He is the true groove maker of the band. The George Fletcher Blues Band's name is only that; a name. Decades of well seasoned stage experience and the individual members' thousands of miles on the road make this blues/rockin' effort the genuine item by any name - a collective of truly like minded musicians covering the classics alongside excellent original material. The George Fletcher Blues Band is experienced, professional and ready to play for you!! See this show January 28th at 8 p.m. only at The Linda WAMC's Performing Arts Studio, 339

Central Avenue, Albany.

The Disco Biscuits

an entirely different band today than they were when they first broke out of Philadelphia in the mid-90s. That's not to say that they've abandoned their foundation, switched gears or set sail for distant shores. The Disco Biscuits are still very much the pioneers of "trancefusion" bridging the gap between electronic music and jam bands. They still remain rock pioneers whose soul belongs as much to marathon dance parties as it does to live improvisational journeys. They still employ emerging technologies to help them create music that is 100 percent human although, perhaps, not entirely of this earth. Catch this show live February 3rd at 7:30 p.m. only at The Palace 19 Clinton Ave, Albany.



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FOOD and VINO



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Whether baking alone or with the family, try this recipe, courtesy of "The Pampered Chef® Stoneware Inspirations" (The Pampered Chef®, Ltd).

Lemon Poppy Seed Pound Cake

INGREDIENTS: Makes 1 cake, 6 mini pound cakes

- 1 1/2 cups all-purpose flour
- 1 1/2 cups granulated sugar
- 2 tablespoons lemon zest
- 2 tablespoons poppy seeds
- 1 teaspoon baking powder
- 1/2 teaspoon salt
- 3/4 cup (1 1/2 sticks) butter, softened (do not substitute margarine)
- 4 ounces cream cheese, softened
- 4 eggs
- 2 tablespoons milk

- 1 teaspoon Pantry Double Strength Vanilla
- Powdered sugar (optional)

INSTRUCTIONS

1. Preheat oven to 325 F. Spray Stoneware Fluted Pan with nonstick cooking spray. Combine flour, granulated sugar, lemon zest, poppy seeds, baking powder, and salt in a stainless, two-quart mixing bowl; mix well. In a stainless four-quart mixing bowl, beat butter and cream cheese on high speed of handheld mixer for 1 minute, or until blended (mixture will form a stiff paste).

2. In a small batter bowl, whisk eggs, milk and vanilla until blended. Add egg mixture to cream cheese mixture in four additions, beating 2 minutes after each addition. (Do not undermix).

3. Pour batter into pan. Bake 55 to 60 minutes or until cake tester inserted near the center comes out clean. Cool cake in pan 10 minutes. Loosen cake from sides of pan; carefully invert onto a stackable cooking rack, keeping pan over cake. Cool completely.

4. Place cake on serving platter. Sprinkle with powdered sugar or prepare glaze, if desired.

For glaze: Combine 1 1/2 cups powdered sugar and enough lemon juice to make a thick frosting. Spread glaze over top of cake.

Services in the Spotlight

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editor's playlist

This is what I'm listening to. Send me your suggestions to halliseym@spotlightnews.com.

Josh Morris shared a sweet shot from "Regret." It's the 11th and last track from Hasty Page's 2019 release "Things to Do Before I Die," and it's my favorite from that album. The brief lyrical video he posted on TikTok is every bit the reason I love the song. Like Sydney Worthley's "Heart Shaped Mess," his words kick me in the teeth and force me to sit in the daze. He doesn't sing often now, playing drums behind Dark Honey or with Girl Blue. But I love his voice. It's perfectly genuine for this song. It deserves a true listen.

<p>Lines <i>El Modernist</i></p> <p>Regret <i>Hasty Page</i></p> <p>Beatdown Generation <i>Millington</i></p> <p>Everybody but You [Explicit] <i>State Champs, Ben Barlow</i></p> <p>A Favor House Atlantic <i>Coheed and Cambria</i></p> <p>Snake in the Grass <i>Bear Grass</i></p>	<p>Messin' with Me <i>Northern Faces</i></p> <p>You Don't Get Me High Anymore <i>Phantogram</i></p> <p>Turnaround <i>Annie in the Water</i></p> <p>Heart Shaped Mess [Explicit] <i>Sydney Worthley</i></p> <p>Sugar and Spice <i>Jocelyn and Chris Arndt</i></p>
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- STYLISH DESIGNS
- INNOVATIVE IDEAS
- HOME IMPROVEMENTS



PAGES

Affordable features to consider when revamping your kitchen

Kitchens are popular gathering spots in many homes. That popularity is reflected in various ways, including how many homeowners choose to remodel their kitchens.

A 2019 report from the home renovation and design resource Houzz found that kitchens were the most popular room to renovate in 2018. Homeowners considering kitchen remodels should know that the Houzz report also indicated that spending on kitchen remodels increased by 27 percent in 2018.

Homeowners concerned by the cost of remodeling a kitchen should know that there are ways to give kitchens a whole new feel without breaking the bank.

Appliances

Consumer Reports notes that luxury home buyers expect high-end features, including professional ranges and built-in refrigerators that match the surrounding cabinetry. However, many mainstream brands offer "faux pro" features that can equal more expensive alternatives. Consumer Reports even notes that many budget-friendly faux pro appliances outperformed their high-end counterparts in terms of reliability.

Countertops

Countertops tend to capture the eye's attention when walking into a

kitchen. Outdated and/or damaged countertops grab that attention for all the wrong reasons, while updated countertops made from today's most popular materials provide that wow factor homeowners seek. If granite is a must-have,

Consumer Reports notes that homeowners can save substantial amounts of money by choosing granite from remnants at the stone yard. If marble is your ideal countertop, save money by choosing a domestic product as opposed to one imported

from overseas.

Cabinets

Custom-built cabinets may be a dream, but they tend to be a very expensive one. Such cabinets are designed to adhere to the dimensions of the kitchen, and Consumer

Reports notes that they can cost tens of thousands of dollars. If that estimate would bust your budget, examine the current layout of the existing cabinets. If the layout is fine but the cabinets need work, you can give them a whole new look

by refinishing them. If the cabinets must go, stock units or semi-custom cabinets can provide a new look without busting the budget.

Kitchen remodels can be expensive. But there are many affordable ways to revamp a kitchen.



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HEALTH and FITNESS

Study: It's too hot in our classrooms

School of Public Health study finds students, educators often experience extreme heat conditions

By ERIN FRICK
ualbany.com

ALBANY — Students frequently experience uncomfortable temperature and humidity at school, which could be detrimental to their health and education, according to a recent study by University at Albany School of Public Health researchers.

The study, which focused on the Capital Region, tracked primary school and university students' exposure to indoor temperature and relative humidity levels

using personal air monitors across seasons.

Findings were recently published in Hygiene and Environmental Health Advances.

"In the northeastern U.S., cold winters mean we have to turn up the heat — making indoor conditions in many places overly hot and dry," said Shao Lin, senior co-author on the study and professor of Environmental Health Sciences at UAlbany's School of Public Health. "For students, hot classrooms can make it difficult to concentrate while low humidity harms airways, making it easier for respiratory viruses to take hold. Dry air can also cause eye irritation and disrupt sleep.

"When we look to the warmer months, few schools in the Capital Region are equipped to adequately cool

classrooms, especially as climate change is causing unusually hot days in the fall and spring. Our findings highlight the need to improve thermal conditions in classrooms to facilitate student success."

Monitoring Personal Air Conditions

The research team used AirBeam personal air monitors to track the temperature and relative humidity levels that students and teachers in Capital Region public schools experience throughout the day — including time spent at home, in transit and at school. The study included data from 11 classrooms from six primary schools (48 participants), plus two classrooms at UAlbany (29 participants).

The AirBeam monitors measure temperature, relative humidity and particulate matter concentrations at one-minute intervals. Data from each device is streamed to a smartphone

continuously for 48 hours.

The team compared conditions recorded by the AirBeam monitors to recommended indoor temperature and relative humidity levels. The American Society of

winter. According to the U.S. EPA, indoor relative humidity should be kept between 30 and 60 percent.

Often Too Hot; Rarely "Just Right"

The team found that for primary school participants, the hottest point of the day detected via AirBeam consistently occurred when participants were at school, with peaks happening around 3 p.m. in the spring, 1:45 p.m. in the fall and 11:45 a.m. in the winter. AirBeam measurements revealed that classroom temperatures consistently exceeded ASHRAE standards, with maximum temperatures reaching 93 degrees Fahrenheit in the spring and 91 degrees Fahrenheit in the fall and winter.

"When we look to the warmer months, few schools in the Capital Region are equipped to adequately cool classrooms, especially as climate change is causing unusually hot days in the fall and spring. Our findings highlight the need to improve thermal conditions in classrooms to facilitate student success."

— Shao Lin, senior co-author, UAlbany professor

via Bluetooth. Each study participant undertook two monitoring sessions: one in the spring and another in either the fall or winter. In each monitoring session, participants wore a personal air monitor

Heating, Refrigeration and Air-Conditioning Engineers (ASHRAE) recommends an indoor air temperature range of 75-80.5 degrees Fahrenheit in the summer and 68.5-75 degrees Fahrenheit in the



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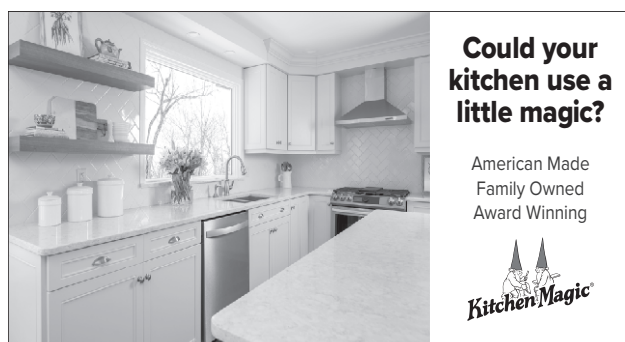
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Across all seasons in primary school classrooms, average relative humidity hovered around the recommended minimum of 30 percent. However, across seasons, relative humidity varied widely, ranging from 11-53 percent in the winter, 11-70 percent in the spring and 15-75 percent in the fall.

“Humidity needs to be kept within a particular range to protect health,” said Lin. “Air that is drier than recommended can damage airways, help

pathogens spread and cause irritation. Air that is too moist can lead to mold growth, which can cause respiratory problems. While the average humidity level experienced by primary school participants averaged around recommended levels, these wide ranges mean that they were often exposed to overly dry and moist conditions.”

Temperature trends experienced by university participants were similar to primary school participants, with peak

temperatures happening slightly later in the day across seasons. The overall temperature range was larger, but not by a significant margin. University participants consistently experienced lower relative humidity than their primary school counterparts.

Prioritizing Classroom Comfort

“Comfortable classroom environments help students

learn and stay healthy,” said study co-author Ian Ryan, who led the research while pursuing a PhD in Environmental Health Sciences at UAlbany and is now a postdoctoral fellow at the National Institutes of Health. “Our findings indicate that students are often exposed to conditions that are hotter than recommended, with relative humidity levels beyond the recommended range. This makes them more susceptible to illness, while also posing challenges to concentration

and students’ ability to focus.”

“While the sample size in this study is relatively small and confined to a limited geographic area, we believe that these problems are likely widespread in classrooms, especially in the northeastern U.S., where heatwaves in the spring and fall increasingly coincide with students being in school. Taking steps to install or upgrade air conditioning and ventilation systems in schools could help alleviate this issue. Affording

teachers greater control over their classroom temperature and airflow could also help.”

“To ensure students have the best possible opportunity to succeed in school, it is critical that we take indoor climate into account,” said Lin. “Keeping classrooms cool, with appropriate humidity, can help improve focus and productivity, with benefits for students’ physical health.”

The feature appears with permission from the University at Albany.

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9	2	6	4	7	3	1	5	8
6	9	5	3	4	7	8	1	2
7	3	2	8	6	1	5	4	9
4	1	8	5	2	9	3	6	7
1	6	9	7	8	2	4	3	5
8	4	3	1	9	5	2	7	6
2	5	7	6	3	4	9	8	1

Super Crossword Answers

U	S	E	S		E	C	G		C	S	C				
C	A	B	A	L		L	A	R		P	A	C	A		
A	L	B	E	E		A	R	A		E	B	A	N		
E	S	K	E	R		I	N	N		E	L	B	A		
					R	E	N	E	G	A	D	E			
S	P	E	E	D	O	M	E	T	E	R					
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B	A	A	L			N	E	E			A	N	U	R	A
U	N	H				S	S	R				S	T	A	N

From page B4... Underground Railroad

himself a sense of the rising destiny of Black people in the United States,” he continued. “I think throughout his life, he had an optimism— he even used the nom de plume of ‘The Elevator’ in some letters and articles that he wrote, because he had a sense of this elevation, of this wherewithal, and the status of himself and Black people in the United States in general.”

Stephen and Harriet Myers were a well-matched team and were both abolitionists, working together to raise funds and provide transportation and housing to freedom seekers.

Harriet would engage

with other women in the community, presumably other Black women, in the back parlor of the Myers Residence, hosting sewing circles and using the opportunities to have the same kinds of political discussions that men were having in their Vigilance Meetings.

Harriet was unafraid to continue their work on her own, even after Stephen had to journey to Lake George for a time in search of employment. Harriet would welcome the freedom seekers into her home without the supervision of a man, which was against protocol for women.

More than gender protocols were being broken; Harriet and Stephen Myers, along with their colleagues, were breaking state and federal laws by assisting freedom seekers. “It was a strong commitment that needed to be done to oppose this unjust institution and set of laws that held a grip on the country, but also working to not only oppose those laws but to do what needed to be done to change those laws,” Mary Liz Stewart observed.

A source of pride for the Underground Railroad History Project is that they now have the names of a number of the freedom seekers who they believe should have stopped at the Lumber Street address.

Sydney Howard Gay’s Record of Fugitives

shows that a man named Benjamin Wilson arrived in New York City on September 1st, 1856, and stopped at the newspaper office of the editor of the National Anti-Slavery Standard. The record shows that he was given some money and was directed to seek out Lumber Street when he got to Albany.

“One of the things about our project that I think is a star in our crown is that we like to focus on stories of freedom seekers,” emphasized Paul Stewart.

“If we are going to learn about history, it has to be more than a cognitive effort,” noted Mary Liz Stewart. “We need to touch it. We need to feel it... We need those sensory experiences to really engage with history.”

In 2008, they created

the Young Abolitionists Leadership Institute, an adolescent-focused program. Working with the city of Albany, teenagers take part in the continued restoration and preservation of the historical landmark while also developing workplace skills.

A book discussion program is hosted to discuss books relevant to the Underground Railroad, as well as an archeology program using the vacant Thomas Elkins lot. They support theatrical productions, including the Black Theatre Troupe of Upstate NY, and their July 4th program uses Frederick Douglass’ ‘What to the Slave is the Fourth of July’ speech to encourage discussion and invite different speakers.

Through their continued efforts to restore the Myers Residence and tell the stories from within the house, the Underground Railroad Education Center is hoping to bring the past into the present day.

“It’s a symbol of a heroic past, a symbol of some people who did some extraordinary things to provide food, clothing, shelter and transportation assistance to people fleeing from enslavement,” said Paul Stewart. “It was a place of shelter, of sanctuary, a place that helped people to freedom. That’s very important. It’s a monument and a marker to that past... People can look at that and say, ‘Wow that’s where that happened, that’s who the people were who were involved in that, and it’s in our community.’ That’s really special.”

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171-319	171



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This Week	Overall Points
172-319	172



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This Week	Overall Points
180-319	180



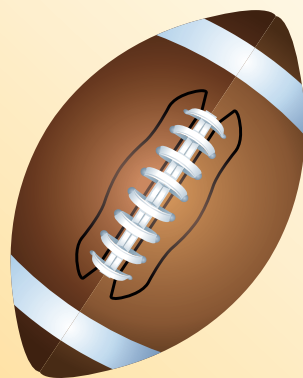
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