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NEWS EPA: We're satisfied Port wins over the EPA after it first balked at expansion plan. Story on Page 3



Another look at Delaware Ave Town Hall is taking a different approach to Complete Streets. **Story on Page 4**

BLACK HISTORY MONTH



TOP STORY



Selkirk Reserve is near ready to break ground after earning approval from the Bethlehem Planning Board, settling in a community in need of affordable housing

Story on page 4

Selkirk Reserve stands unobtrusive in this rendering depicting the \$20M affordable housing facility off or Route 9W in Selkirk.

The NRP Group



Snow and Sole Teaching children that failure is part of the process. **Story on Page B1**

SPORTS



Take off Bethlehem Central launches itself into competition. **Sports on Page 11**

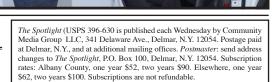


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INDEX

Police, courts and calls	2, 12
Sports	11
Entertainment	B1-B16
Classifieds	B13
Libraries	10
Crossword	B6
Service Directory	B11





POLICE, FIRE and EMERGENCY CALLS **Crime spree reaches Bethlehem**

DELMAR - A Schenectady man who was arrested on December 19 for stealing and crashing a vehicle into a police unit in Colonie and then also arrested by the State Police on December 28 for smashing car windows and stealing credit cards, has been connected to six incidents in Bethlehem.

Bethlehem detectives arrested Sylvester Flora, 26, after he was transported from the Albany County jail to the police station on Tuesday, Feb. 7. For weeks police could not charge Flora because he refused to leave his jail cell. Under a provision of the State bail reforms, an inmate does not have to leave his cell unless there is a court order. This delayed charging him by about a month.

The six incidents in Bethlehem took place on three dates in November and December.

According to reports, Flora allegedly smashed the passenger window of a vehicle at 279 Delaware Avenue on November 8. The victim placed her purse on the seat when reporting to work around 7:40 a.m.

Her credit card was charged \$685.96 at 12:40 p.m. in a store at Crossgates mall. The card was charged a total of \$2,300 before it was canceled. Flora was identified as the person using the card through an investigation. He was charged with criminal mischief, two counts of grand larceny, identity theft, conspiracy and criminal mischief, all felonies.

The next incidents took place on December 13 in Glenmont where Flora allegedly smashed car windows in the parking lots of Romo's Pizza and Old Brick Furniture and stole credit cards. The thefts took place between 3-7 p.m. In the two incidents Flora was charged with grand larceny, criminal mischief, identity theft, all felonies and misdemeanor criminal mischief.

On December 13, Flora was back in Glenmont. According to reports, he allegedly smashed the window of a car on Moriah Road at 4 p.m. The victim's purse with credit cards, personal identification and items were gone.

At 6:29 p.m. a worker at Romo's Pizza was notified her car window was smashed and purse stolen from the floor of the vehicle. Although it was out of sight under a bag, it was found by the thief. The purse contained \$450 in cash, credit cards, blank checks, social security card and routing numbers from her bank accounts.

At 7:22 p.m. behind Albany Med Emurgent Care, a woman heard breaking glass and observed a black sedan speeding away from her car which had its window smashed out. The woman's wallet was gone from the car and in it was \$470 in cash, credit card, driver's license and social security card.

Continues on 12



Bethlehem Volunteer Fire Log February 3–9

Each Week, Spotlight News lists calls from Delmar, Elsmere, North Bethlehem, Slingerlands and Selkirk fire companies. These department are comprised of local volunteers. Please consider serving your neighbors as a volunteer firefighter.

Friday, Feb. 3 1:12 p.m. Hazardous Condition

Structure Fire Vulnerable LC 1:24 p.m. Hazardous Condition 3:21 p.m. Hazardous Condition 4:24 p.m. 5:32 p.m. Assist FD 11:25 p.m. Hazardous Condition

AUTUMN DR, 112 BRIDGE ST SALISBURY RD NEW SCOTLAND AVE **RD / SIMMONS RD**

MARQUIS DR, 201

REUTTER DR

DFI AWARF AVF

OLD ROUTE 9W

ROUTE 9W, 143

NEW SCOTLAND AVE

ELSMERE AVE

Saturday, Feb. 4 **EMS** Call Assist FD Structure Fire Alarm Structure Fire Alarm **Hazardous Condition** Structure Fire Vulnerable LC

Sunday, Feb. 5

Monday, Feb. 6

Tuesday, Feb. 7

1:51 a.m.

3:00 a.m.

3:56 a.m.

7:05 a.m.

2:17 p.m.

4:42 p.m.

2:49 p.m.

3:10 p.m.

6:42 a.m.

9:26 p.m.

Hazardous Condition 2:38 a.m. Hazardous Condition 7:17 a.m. Structure Fire Alarm 11:06 a.m.

EMS Call

Crash Pl

Structure Fire Alarm

CARSTEAD DR

AUTUMN DR, 233

Structure Fire Vulnerable LC 5:02 a.m. Alpha 1:08 p.m.

Hazardous Condition

Thursday, Feb. 9 Structure Fire Vulnerable LC 2:56 p.m. **KENWOOD AVE**

RIVER RD CENTER LN NEW SCOTLAND RD HANOVER DR **ROUTE 9W**

NEW SCOTLAND RD

NORYL AVE

North Bethlehem VFD SABIC Fire and EMS

119282_4

Elsmere VFD

Elsmere VFD

Elsmere VFD

Delmar VFD

Selkirk VFD

Delmar VFD

Selkirk VFD

Elsmere VFD

Elsmere VFD

Flsmere VFD

Slingerlands VFD

Slingerlands VFD

Slingerlands VFD

VFD

North Bethlehem, Slingerlands

Slingerlands, Selkirk VFD

North Bethlehem VFD

Selkirk, Elsmere VFD

Selkirk, Elsmere VFD

Selkirk, Elsmere VFD

Delmar, Elsmere, Slingerlands VFD





a penalty for early withdrawals. Fees may reduce earnings on accounts. All IRA certificates are subject to IRS tax regulations and penalties. Interest rates may change at any time, without prior notice, before an account is

opened. Interest compounds quarterly and is credited quarterly. Effective as of January 23, 2023.

TOWN GOVERNMENT

Port plans clear EPA hurdle

In letter to Army Corp of Engineers, EPA says it is satisfied

By MICHAEL HALLISEY halliseym@spotlightnews.com

GLENMONT -

The U.S. Environmental Protection Agency said it is satisfied with the Albany Port District Commission's response to its litany of concerns, clearing a lasting obstacle before construction can begin on the \$350 million offshore wind turbine tower manufacturing facility project.

The port now waits on the Army Corps of Engineers to grant a dredging permit that will allow for construction on a 500-foot wharf. In all, the expansion plan will encompass approximately 624,000 square feet of manufacturing space, including five new buildings of which the largest will be a nearly 300,000-square-foot facility dedicated to plate preparation and welding.

The EPA lobbied the U.S. Army Corps of Engineers last June to withhold the port's permit to start construction over its concerns for the environment, including its impact on area wetlands and animal habitats.

The agency balked against the proposed site, stating it would permanently impact nearly an acre of wetlands and damage another quarter acre of underwater grasses vital to aquatic habitats. It instead called for more studies to find an alternative location.

The two parties have since deliberated, with the port answering the agency's initial concerns with a written response in July. Over the subsequent months, the port provided information substantiating the proposed location before a final meeting between the two last December.

"Following review of the applicant's response, EPA determined the [port]



An early rendering of the Port of Albany's \$350 million offshore wind turbine tower manufacturing facility project. Marmen and Welcon

has satisfactorily addressed EPA's comments," stated Richard Balla, a supervisor for the EPA's watershed management branch, in a letter sent to the Army Corps of Engineers last month.

The New York State Energy Research and Development Authority first awarded the project to the port in 2021 as part of a massive green energy initiative involving \$644 million from both public and private funding. The Port of Coeymans and several more sites across New York City and Long Island were also selected.

The port was awarded approximately \$350 million in its bid to house the state's first wind tower manufacturing site, selected in a joint bid from energy company Equinor, and wind industry manufacturers Marmen and Welcon.

It was considered to be the first step towards the state's larger plan to establish a home base for a global wind energy manufacturing powerhouse, including two offshore wind farms that will yield a combined 2,490 megawatts of carbon-free energy, and bring another \$8.9 billion in investments.

The state has promised approximately 5,200 new jobs will be created statewide, 350 of which will be in Albany.

The project is expected to expand the port to produce 150 off-shore wind towers and create up to 350 long-term jobs.

The project has been scrutinized locally. Neighboring residents have been concerned over how construction would affect over 2 million tons of fly ash left as waste on Beacon Island.

The property was previously used as a dumping site by the Bethlehem Energy Center power plant before the Port purchased the land several years ago. The neighboring

power plant was once coalfired from 1952 to 1970 before switching fuel oil and then to natural gas in

1981.

More than two dozen Glenmont residents filed an Article 78 proceeding against the Town of Bethlehem last June, claiming they were not adequately informed of acknowledge the town's planning and zoning the mandated 200-foot argue officials should have extended notices farther out. They say the scale of the project, including industrial noise, site view and potential increased traffic, should have called for broader attention.

Last November, a state Supreme Court judge listened to oral arguments from the suit, but no decision has been made as of yet.



Reason for the season

GLENMONT — Bethlehem Town Board Member David DeCancio organized a Valentine's Day for Seniors Program to ensure Valentine's Day was special for the seniors living in nursing homes, assisted living facilities, and similar settings throughout the town. These Valentine's Day cards made by Glenmont Elementary School students brought smiles to the elderly members of our community.

Provided photo

Thomas H. Abele, DMD

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the construction plan. In the suit, petitioners boards provided notice to commercial entities within radius of the project, but

TOWN GOVERNMENT

Selkirk Reserve clears planning board

A renewed effort to Delaware

DELMAR - Former opponents appeared to be facing in the same direction as Bethlehem Town Board members unanimously approved to take another look at Delaware Avenue on Wednesday, Feb 8.

Board members approved a measure to allow Town Supervisor David VanLuven to enter an agreement with Albany engineering firm CHA Consulting, Inc. to design an improved Delaware Avenue corridor between Elsmere Avenue and the Albany city line.

Design services will cost up to \$422,000 and will introduce designs that include sidewalk improvements, access management and driveway consolidation, landscaping, lighting, and potential lane width reductions. Costs are to be covered by federal Transportation Alternatives Program funding previously secured for the Delaware Avenue Complete Streets and Road Diet Project.

"This is just for the design services at some point. Once the preferred alternative is identified and selected, we will return to this board for approval of that construction project," said Bethlehem Director of Planning and Economic Development Robert Leslie. "But as of tonight, there is no preferred alternative."

— Michael Hallisey

Developers: 'The shovels are ready'

SELKIRK —Selkirk Reserve received site plan approval from the Bethlehem Planning Board on Tuesday, Feb 7, clearing way for full approval from the Town Board and for construction to start as early as this spring.

The \$20 million development situated off of Route 9W in Selkirk received Planning Board approval after a threeyear journey through site acquisition, design and local government approvals. This included a year-long moratorium on new housing projects in 2021 which delayed progress, and a moratorium extension which threatened to void \$12.5 million in critical affordable housing investment from New York State Homes and Community Renewal.



A bird's eye view of Selkirk Reserve.

Ultimately, Selkirk Reserve was eventually issued a waiver of that moratorium before it was extended

"The Selkirk Reserve team is pleased to have passed Bethlehem's rigorous Planning Board review process, and we thank the board for their dedication to the work," said Jonathan Gertman, Senior Vice President of Development at The NRP Group. "We believe the laborious

nature of this process highlights the difficulty of building housing in New York, especially affordable housing - even as Governor Kathy Hochul has pledged New York will build 800,000 new housing units over the next decade. We look forward to continuing our important work on affordable housing in New York as the Governor's administration aims to streamline the local government process."

The NRP Group

The development team said Selkirk Reserve meets a need for affordable housing first identified in the town's comprehensive plan in 2005. Groundbreaking is anticipated within the next few months, once final Town Board approval is achieved.

If approved, Selkirk Reserve will become the town's first affordable housing project. The plan proposes 72 units of one, two and three-bedroom homes in the Ravena Coeymans Selkirk School District.

The development team said they have adhered to green energy standards, and that the housing will feature affordable housing for those living below the median wage in Bethlehem.

According to the US Census Bureau, the median household income in Bethlehem is \$93,512 per year.

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BUSINESS

UAlbany's Innovate 518 wins \$1.25M Award to bridge research, industry

ALBANY — Innovate 518, the Capital Region Innovation Hot Spot led by the University at Albany, has received a 5-year, \$1.25 million designation through Empire State Development (ESD) to continue its work fostering entrepreneurship in the Capital Region and accelerating the commercialization of University research and innovative ideas.

The funding was part of more than \$8 million in awards to five Innovation Hot Spots and three Certified Business Incubators as part of the agency's Division of Science, Technology, and Innovation (NYSTAR). The eight awardees will each receive a five-year designation, and the awarded funding supports annual operating costs for NYSTAR programs and centers emphasize the importance of working with industry to leverage New York's technology strengths to produce new products and services.

"The success of early-stage companies throughout New York State only strengthens our economy, and NYSTAR's hot spots and certified business incubators across the regions play an important role," said Lt. Gov. Antonio Delgado, statewide chair of the Regional Council initiative of the funding. "The Regional Councils are proud to support efforts to grow companies that advance New York State's technology sector and ensure that we well prepared for the future."

"Nothing is more daunting than taking an idea and turning it into a business, and these designations and the funding that follows, demonstrate our continued commitment to supporting budding companies with the support they need to be successful in New York State," said Empire State Development President, CEO and Commissioner Hope Knight. "By supporting NYSTAR's hot spots and incubators, we are able to assist a larger number of early-stage companies and that makes a huge difference in a start-up companies future."

Innovation Hot Spots are business incubators with the additional responsibility to coordinate regional entrepreneurial ecosystems. The goal of the Innovation Hot Spot program is to improve the quality and quantity of incubator services provided to young companies, enabling these businesses to successfully transition from the start-up phase to larger scale commercialization of their products and services.

Since 2015, Innovate 518 has created an innovation ecosystem in the Capital Region that supports active flow of information and resources for technology startups to transform their ideas into reality.

The mission of Innovate 518 is to provide a collaborative effort of business incubators expanding entrepreneurial services, help startups, and support economic development in the Capital Region of New York. Led by the University at Albany, Innovate 518 connects startups to UAlbany's vast resources, including student talent, faculty expertise, entrepreneurial support programs, and world class facilities.

The Innovate 518 Affiliated Partner network, which includes UAlbany's Incubator Program, the UAlbany Innovation Center, provides opportunities for participation in NSF I-Corps entrepreneurship training through the New York I-Corps Hub.

By accepting referrals from Affiliated Partner incubator programs, startups may be considered for Innovation Hot Spot consideration and STARTUP NY certification at a University at Albany approved location.

The focus will be providing resources to help develop cutting edge ideas in priority industry clusters for commercialization: Advanced manufacturing, life sciences, cleantech, advanced analytics, cybersecurity, and artificial intelligence (AI). In addition, the goal of Innovate 518 encompasses building robust workforce development, inclusive economic growth and prosperity for the Capital Region.

"We are building an environment where more entrepreneurs can develop and launch solutions solving real-world problems faster, helping to diversify the economy and provide economic stability," said Maria Pidgeon, Interim Director of Economic Development who leads Innovate 518. "The value of an innovation ecosystem lies in the access to resources for startups and the flow of information for ecosystem stakeholders. Innovate 518 helps provide these accessible services to create more investment opportunities for institutions to connect to the right ideas for their businesses and portfolios."

www.Spotlightnews.com

LEGALS NOTICE OF LLC

FORMATION 100 SPENCER ST 1C Arts. of Org. filed the SSNY on LLC. with 12/20/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served SSNY shall mail copy of process to the LLC, 44 Lorimer Street, Brooklyn, NY 11206. Purpose: Any lawful purpose. D-303739

NOTICE OF LLC

FORMATION 105 W72 STREET FUNDING LLC. Arts. of Org. filed with the SSNY on 01/17/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the c/o Hirshmark Capital LLC, 1140 Broadway, Suite 304, New York, NY 10001. Purpose: Any lawful purpose.

D-305610 NOTICE OF LLC

FORMATION PAINTERS HILL ROAD LLC. Arts. of Org. filed with the SSNY on 01/17/23. Office: Albany County. SSNY designat ed as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Durga Ramlochan, 1257 40th Street, #3, Brook lyn, NY 11218. Pur-pose: Any lawful purpose. D-304528

NOTICE OF LLC FORMATION

WEST 19TH 7A Arts. of Org. filed the SSNY on LLC. with 01/03/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served SSNY shall mail copy of process to the LLC, 121 West 19th Street, Ápartment 7A, New York, NY 10011. Purpose: Any lawful purpose. D-304657

NOTICE OF LLC FORMATION

WEST 24TH 2A Arts. of Org. filed the SSNY on LLC. with 01/24/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 124 West 24th Street, Suite 2A, New York. 10001. Purpose: Any lawful purpose. D-304973

NOTICE OF LLC FORMATION

132-35 REALTY LLC Arts. of Org. filed with the SSNY on 01/17/23. Office: Albany County. designated agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Durga Ramlochan, 1257 40th Street, #3, Brooklyn, NY 11218. Pur-pose: Any lawful pur-

D-304529 NOTICE OF LLC

pose.

FORMATION

149-26 REALTY LLC. Arts. of Org. filed with the SSNY on 12/28/22,

LEGALS with an existence date of 01/02/2023. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 75-42 190th Street, Fresh Meadows, NY 11366. Purpose: Any lawful purpose.

D-304006 NOTICE OF LLC FORMATION

1600 BUSINESS CEN-TER, LLC. Arts. of Org. filed with the SSNY on 01/10/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1212 Avenue of the Americas, Suite 1600, New York, NY 10036. Purpose: Any lawful purpose D-304179

NOTICE OF LLC FORMATION

197 SKILLMAN ST 4A LLC. Arts. of Org. filed with the SSNY on 01/03/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC. 44 Lorimer Street, Brook-11206. lyn, NY Purpose: Any lawful purpose D-304041

NOTICE OF LLC FORMATION

197 SPENCER ST 2B, LLC. Arts. of Org. filed with the SSNY on 12/20/22. Office: Albany County. SSNY designat-ed as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 44 Lorimer Street, Brook-lyn, NY 11206. Purlyn, NY Purpose: Any lawful purpose D-303740

NOTICE OF LLC

FORMATION 2 ADRIAN LLC. Arts. of Org. filed with the SSNY on 01/09/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 695 Cross Street, Suite 187, Lakewood, NJ 08701. Purpose: Any lawful purpose

D-305333

NOTICE OF LLC FORMATION 2052 BERGEN AVE RE-ALTY, LLC. Arts. of Org. filed with the SSNY on 02/07/23. Office: Albany County. SSNY designat-ed as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1391 Utica Avenue, Brooklyn, NY 11203.

pose. D-305694

Purpose: Any lawful pur-

NOTICE OF LLC FORMATION 21-49 HARMAN STREET REALTY LLC. Arts. of Org. filed with the SSNY on 11/07/22. Office: Albany County. SSNY des-ignated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the

LEGALS c/o Razis & Ross, 23-09 31st Street, LLĊ, P.C., Astoria, NY 11105. Purpose: Any lawful purpose D-304337

NOTICE OF LLC FORMATION 23 BK PARTNERS LLC

Arts. of Org. filed with the SSNY on 12/13/22 Office: Albany County. designated as SSNY agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, 110 East 31st Street, New York, NY 10016. Purpose: Any lawful purpose D-303607

NOTICE OF LLC FORMATION

NEWBOLD AVE 2346 LLC. Arts. of Org. filed with the SSNY on 12/23/22. Office: Albany County. SSNY designat-ed as agent of the LLC upon whom process against it may be served SSNY shall mail copy of process to the LLC, c/o M. Rahman, 2346 Newbold Avenue, 1st Floor, Bronx, NY 10462. Purpose: Any lawful purpose.

D-305280 NOTICE OF LLC FORMATION

MULBERRY 298 STREET GARAGE LLC. Arts. of Org. filed with the SSNY on 12/19/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, 10 East 33rd Street, 11th Floor, New York, NY 10016. Purpose: Any lawful purpose D-303718

NOTICE OF LLC Formation

30-48 75 STREET LLC. Arts. of Org. filed with the SSNY on 01/05/23. Office: Albany County SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 21-25 38th Street, Astoria, NY 11105. Purpose: Any lawful purpose. D-304085

NOTICE OF LLC FORMATION

30-50 75 STREET LLC Arts. of Org. filed with the SSNY on 01/05/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, 21-25 38th Street, Astoria, NY 11105. Purpose: Any lawful purpose. D-304086

NOTICE OF LLC FORMATION

30Front25 LLC. Arts. of Ora, filed with the on 01/12/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 30 Front Street, Unit 25A, Brooklyn, NY 11201. Pur-pose: Any lawful purpose. D-305633

LEGALS NOTICE OF LLC

FORMATION 37 BRIDLE PATH LLC. Arts. of Org. filed with the SSNY on 01/06/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, 350 Parkway, Suite Motor 308, 11788. Hauppauge, NY 3. Purpose: Any lawful purpose. D-304123 NOTICE OF LLC

FORMATION

39-14 104TH STREET LLC. Arts. of Org. filed with the SSNY on 01/11/23. Office: Albany County SCNV desite County. SSNY designated as agent of the LLC whom process upon against it may be served. SSNY shall mail copy of process to the LLC, 39-14 104th Street, Corona, NY 11368. Purpose: Any lawful purpose. D-304274

NOTICE OF LLC

FORMATION 43-18 41 STREET REAL TY LLC. Arts. of Org. filed with the SSNY on 02/01/23. Office: Albany County. SSNY designat ed as agent of the LLC upon whom process against it may be served SSNY shall mail copy of process to the LLC. 211-18 33rd Road, Bayside, Purpose: NY 11361. Any lawful purpose. D-305475

NOTICE OF LLC

FORMATION 4304 WOODSIDE REAL TY LLC. Arts. of Org. filed with the SSNY on 01/13/23. Office: Albany County. SSNY designat ed as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Xiaoling Chen, 4306 60th St, Woodside, NY 11377. Purpose: Any lawful purpose.

NOTICE OF LLC

D-304476

FORMATION 4441 DEK REALTY LLC. Arts. of Org. filed with the SSNY on 01/18/23. Office: Albany County. SSNY designated agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, c/o Alma Realty, 31-10 37th Avenue, Suite 500, Long Island City, NY 11101. Purpose: Any lawful purpose. D-304661 NOTICE OF LLC

FORMATION 49Invest LLC. Arts. of Org. filed with the SSNY Office: on 01/24/23. Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 223 Bedford Avenue, #1101, Brook-lyn, NY 11211. Pur-Purlyn, NY pose: Any lawful purpose

D-304976 NOTICE OF LLC

FORMATION 5008 DEK REALTY LLC. Arts. of Org. filed with the SSNY on 01/06/23. Office: Albany County. SSNY designated as agent of the LLC upon

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whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, c/o Alma Realty, 31-10 37th Avenue, Suite 500, Long Island City, NY 11101. Purpose: Any lawful pur-

D-304124 NOTICE OF LLC FORMATION

pose.

LEGALS

528 W 175TH STREET LLC. Arts. of Org. filed with the SSNY on 01/19/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 528 West 175th Street, New York, NY 10033. Purpose: Any lawful pur-

pose. D-304729 NOTICE OF LLC FORMATION

543 83RD LLC. Arts. of Org. filed with the SSNY 12/07/22. Office on Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Phaedra Thomas, 361 77th Street, Brooklyn, NY 11209. Purpose: Anv lawful purposė. D-303584

NOTICE OF LLC FORMATION

58TH BAKERY BAGELS LLC. Arts. of Org. filed with the SSNY on 01/05/23. Office: Albany County. SSNY designat ed as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC. 16 East 58th Street, New York, NY 10022. Purpose: Any lawful purpose.

D-304087

NOTICE OF LLC FORMATION 6014 BCD MEMBER LLC. Arts. of Org. filed with the SSNY on 06/28/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1144 Evergreen Avenue, Suite 1144-1, Bronx, NY 10472. Purpose: Any lawful purpose.

D-303576

NOTICE OF LLC FORMATION 6279 JOHNSTON ROAD, LLC. Arts. of Org. filed with the SSNY on 01/11/23. Office: Albany County. SSNY designat-ed as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Nicolas Nitti, 803 Hawley Ct, Slingerlands, NY 12159, which also serves as the registered also

Any lawful purpose. D-304182

FORMATION 644 VLIET, LLC. Arts. of Org. filed with the SSNY on 01/26/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the

agent address. Purpose:

NOTICE OF LLC

D-304663

LLC, 174 Old Niskayuna Road, Latham, NY 12110. Purpose: Any lawful purpose. D-305149

LEGALS

NOTICE OF LLC FORMATION

66-51 60TH PLACE RE-ALTY LLC. Arts. of Org. filed with the SSNY on 11/07/22. Office: Albany County. SSNY designated as agent of the LLC whom process upon against it may be served. SSNY shall mail copy of process to the LLC, c/o Razis & Ross, P.C. 23 09 31st Street, Astoria, NY 11105. Purpose: Any lawful purpose. D-303572

NOTICE OF LLC

FORMATION 717 CONEY ISLAND AV-ENUE REALTY LLC. Arts. of Org. filed with the SSNY on 01/06/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, 6920 Bay Parkway, Brooklyn, NY 11204. Purpose: Any lawful purpose. D-304125

NOTICE OF LLC FORMATION

80-10 PARK LANE SOUTH LLC. Arts. of Org. filed with the SSNY on 01/18/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 26 Forest Drive, Plainview, NY 11803 Purpose: Any lawful purpose. D-304662

NOTICE OF LLC

FORMATION SPENCER ST 2B 86 LLC. Arts. of Org. filed with the SSNY on 12/20/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 44 Lorimer Street, Brooklyn, NY 11206. Purpose: Any lawful purpose. D-303741

NOTICE OF LLC FORMATION

UNION STREET 944 LLC. Arts. of Org. filed with the SSNY on 06/15/22. Office: Albany County. SSNY designat-ed as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, Post Office Box 127, Lake Grove, NY 11755. Purpose: Any lawful purpose. D-303569

NOTICE OF LLC FORMATION

98 BAY 20 3A LLC. Arts. of Org. filed with the SSNY on 01/18/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, 26 Forest Drive, Plainview, NY 11803. Purpose: Any lawful purpose.

NOTICE OF LLC FORMATION

99 B LLC. Arts. of Org. filed with the SSNY on 12/21/22, with an existence date of 01/01/2023. Office: Al-bany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1904 86th Street LLC, 1904 86th Street, Brooklyn, NY 11214. Purpose: Any lawful purpose. D-303742

NOTICE OF LLC

FORMATION

12/30/22.

pose. D-304014

NOTICE OF LLC FORMATION ALLIED NYC AFFORD-

ABLE LLC. Arts. of Org.

filed with the SSNY on 01/20/23. Office: Albany

County. SSNY designat-

ed as agent of the LLC

upon whom process against it may be served.

SSNY shall mail copy of process to the LLC, 9322 Third Avenue,

Suite 502, Brooklyn, NY

11209. Purpose: Any

NOTICE OF LLC

FORMATION

ALTH, LLC. Arts. of Org.

filed with the SSNY on

01/26/23. Office: Albany County. SSNY designat-

ed as agent of the LLC

upon whom process against it may be served.

SSNY shall mail copy of

process to the LLC, 53-

Maspeth, NY 11378. Purpose: Any lawful pur-

NOTICE OF LLC

FORMATION

LLC. Arts. of Org. filed with the SSNY on

12/27/22. Office: Albany

County. SSNY designat-

ed as agent of the LLC

upon whom process

against it may be served.

SSNY shall mail copy of

process to the LLC, c/o

Karabelas & Papa-gianopoulos LLP, 31-10

37th Avenue, Suite 301, Long Island City, NY 11101. Purpose: Any

NOTICE OF LLC

FORMATION

ANITA DRIVE HOLD-

on

Originally filed with Sec-retary of State of Califor-

nia 07/07/2015. Office:

Albany County. SSNY

designated as agent of

the LLC upon whom process against it may

be served. SSNY shall mail copy of process to the LLC, 45 Christo-pher Street, Apartment 7G, New York, NY 10014. Purpose: Any

lawful purpose.

D-304807

LLC. App. for filed with the

01/19/23.

lawful purpose.

D-303996

INGS,

SSNY

Auth.

62nd

pose

D-305267

ANISKA31

Street, 11378.

REALTY,

lawful purpose.

D-304808

February 15 - February 21, 2023 | THE SPOTLIGHT 7

LEGALS

NOTICE OF LLC FORMATION

lawful purpose.

LEGALS

NOTICE OF LLC

FORMATION

of Org. filed with the SSNY on 01/20/23. Of-

agent of the LLC upon

it may be served. SSNY

shall mail copy of pro-cess to the LLC, 594

Dean Street, Apartment

Brooklyn,

Purpose: Any

NY

whom process against

AQ

fice: SSNY

#24, 11238.

D-304809

GLOBAL LLC. Arts

Albany County. designated as

Arc24 LLC. Arts. of Org. 99 SPARC LLC. Arts. of filed with the SSNY on 01/06/23. Office: Albany Org. filed with the SSNY Office: County. SSNY designat-Albany County. SSNY designated as agent of ed as agent of the LLC upon whom process against it may be served. the LLC upon whom process against it may be served. SSNY shall mail copy of process to SSNY shall mail copy of process to the LLC, c/o Philip E. Klein, Esq., 324 East 48th Street, Suite 1, the LLC, c/o Claudia Grzic, 12 Point Crescent, New York, NY 10017 Whitestone, NY 11357. Purpose: Any lawful pur-Purpose: Any lawful purpose. D-304112

ARIEL GOLDEN NOTICE OF PLLC ARIEL GOLDENTHAL, M.D., PLLC. Arts. of Org. filed with the SSNY on 01/17/23. Office: Albany County. SSNY designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail copy of process to the PLLC, 251 Central Park West, Suite 1A, Office#6, New York, NY 10024. Purpose: For the practice of profession the Medicine D-305414

NOTICE OF LLC

FORMATION ARLEN CORNERSTONE LLC. Arts. of Org. filed with the SSNY on 12/19/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Wilfredo S. Paguio, 7905 Saddletree Court, Eastvale, CA 92880 Purpose: Any lawful purpose

D-303715

NOTICE OF LLC FORMATION

B&F MANAGEMENT GROUP LLC. App. for Auth. filed with the SSNY on 12/29/22. Originally filed with Secre-tary of State of New Jersey 11/07/2017. Office: Albany County. SSNY designated as agent of the IIC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 513 Williamstown Road, Sicklerville, NJ 08081. Purpose: Any lawful purpose

D-304015

NOTICE OF LLC

FORMATION

Arts. of Org. filed with

the SSNY on 02/09/22.

Office: Albany County. SSNY designated as

agent of the LLC upon

whom process against it may be served. SSNY shall mail copy of pro-

cess to the LLC, PO Box

127, Lake Grove, NY 11755. Purpose: Any

lawful purpose.

D-303568

MONOP

LEGALS NOTICE OF LLC

FORMATION BROWNSVILLE BLUE SEA LLC. Arts. of Org. filed with the SSNY on 12/20/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 60 East 42nd Street, Suite 1010, New York, NY 10165. Purpose: Any lawful purpose. D-303738

NOTICE OF LLC FORMATION

BUHAR'S THE TEXTILE COLLECTION LLC. Arts. of Org. filed with the SSNY on 02/02/23. Of-Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, 34 Hampton Road, Clifton, 07012. Purpose: N.J Any lawful purpose. D-305542

NOTICE OF LLC

FORMATION BAMBINO BUILDING LLC. Arts. of Org. filed with the SSNY on 01/19/23. Office: Albany County. SSNY designated as agent of the LLC whom process upon against it may be served. SSNY shall mail copy of process to the LLC, c/o . Tesser. Ryan Rochman, LLP, 15 Fisher Lane, Suite 200, White Plains, NY 10603. Purpose: Any lawful purpose. D-304730

NOTICE OF LLC

FORMATION CAL 3 HOLDINGS LLC. Arts. of Org. filed with the SSNY on 01/19/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, 200 Madison Avenue, 24th Floor, New York, NY 10016. Purpose: Any lawful purpose. D-304773

NOTICE OF LLC

FORMATION CARBONE DIGITAL LLC. Arts. of Org. filed with the SSNY on 02/02/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, 27 Quantuck Bay Lane, Westhampton Beach, NY Purpose: Any 11978. lawful purpose.

D-305543 NOTICE OF LLC FORMATION

CASA OHLAND LLC. Arts. of Org. filed with the SSNY on 12/05/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, 450 Warren Street, Apart-ment 4E, Brooklyn, NY 11217. Purpose: Any lawful purpose.

D-303577 NOTICE OF LLC

FORMATION CASA WARREN LLC. Arts. of Org. filed with the SSNY on 12/05/22. Office: Albany County. SSNY designated as

LEGALS agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, 450 Warren Street, Apart-ment 4E, Brooklyn, NY 11217.

Purpose: Any lawful purpose. D-303578 NOTICE OF LLC FOPRMATION

CHERRY BAY LLC. Arts. Org. filed with the of SSNY on 12/30/22. Of-Albany County. designated as fice: SSNY agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, 555 West 59th Street, Unit York, New NY 17A, 10019. Purpose: Any lawful purpose. D-304012

NOTICE OF LLC FORMATION CLARIDGE HOUSE GARAGE LLC. Arts. of Org. filed with the SSNY on 01/18/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the 10 E 33rd Street LLC. Floor, New York, 10016. Purpose: 11th NY Any lawful purpose.

D-304658

NOTICE OF LLC FORMATION COMMERCIAL COACH-ING, LLC. Arts. of Org. filed with the SSNY on 01/09/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Steven Ebert, Esq., c/o Cassin & Cassin, LLP, 2900 Westchester Avenue, Suite 402, Pur-chase, NY 10577. Purpose: Any lawful pur-

NOTICE OF LLC FORMATION

pose

D-304565

CREATIVITY BY BASH, LLC. Arts. of Org. filed with the SSNY on 02/17/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 5 Beach Place, Brooklyn, NY 11236. Purpose: 5 Any lawful purpose.

D-303570 NOTICE OF LLC

FORMATION CXY LLC. Arts. of Org. filed with the SSNY on 01/30/23. Office: Albany County. SSNY designat-ed as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1219 Tabor Court, Brooklyn, NY 11219. Purpose: Any lawful purpose.

D-305288 NOTICE OF LLC

FORMATION DMA NEW YORK PROP-ERTY LLC. Arts. of Org. filed with the SSNY on 01/09/23. Office: Albany County. SSNY designat-ed as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Steven Ebert, Esq., c/o Cassin & Cassin LLP, 2900 Westchester Av-

Suite 402, NY 10577. enue, chase. pose: pose D-304924 NOTICE OF LLC

FORMATION DOLLOP LLC. Arts. of Org. filed with the SSNY on 01/18/23. Office:

Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, One Columbus

Place, S39A, New York, NY 10019. Purpose: Any lawful purpose. D-304659

LEGALS

NOTICE OF LLC FORMATION E&T CONSTRUCTION 2 LLC. Arts. of Org. filed with the SSNY on 01/20/23. Office: Albany County. SSNY designat-ed as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 488 Madison Avenue, Suite 1230, New York, NY 10022. Purpose: Any

lawful purpose.

D-304812 NOTICE OF LLC

FORMATION **E&T CONSTRUCTION 3** LLC. Arts. of Org. filed with the SSNY on 01/20/23. Office: Albany County. SSNY designat-ed as agent of the LLC whom process upon against it may be served SSNY shall mail copy of process to the LLC, Madison Avenue, Suite 1230, New York, NY 10022. Purpose: Any lawful purposė. D-304813 NOTIVE OF LLC

FORMATION

CONSTRUCTION 4 F&T LLC. Arts. of Org. filed with the SSNY on 01/20/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 488 Madison Avenue, Suite 1230. New York. NY 10022. Purpose: Any lawful purpose.

D-304814 NOTICE OF LLC FORMATION

CONSTRUCTION 5 F&T LLC. Arts. of Org. filed with the SSNY on 01/20/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 488 Madison Avenue, Suite 1230, New York, NY Purpose: Any 10022. lawful purpose. D-304816

NOTICE OF LLC

FORMATION EAST 82ND STREET HOLDINGS LLC. Arts. of Org. filed with the SSNY on 01/03/23. Office: Al-bany County. SSNY designated as agent of the LLC upon whom pro-cess against it may be served. SSNY shall mail copy of process to the LLC, PO Box 8365, Woodside, NY 11377. Purpose: Any lawful purpose. D-304922

NOTICE OF PLLC

FORMATION EFRAT TURK LICENSED MENTAL HEALTH COUNSELOR PLLC.

LEGALS Pur-Arts. of Org. filed with the SSNY on 12/15/22. Pur-Any lawful pur-SSNY

Office: Albany County. designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail copy of process to the PLLC, 1607 East 31st Street, Brook-11234. lyn, NY Purpose: For the practice of the profession of Mental Health Counseling. D-303624

NOTICE OF LLC FORMATION

ELDI CAPITAL LLC. Arts. of Org. filed with the SSNY on 12/19/22. Of-Albany County. fice: SSNY designated as agent of the LLC upon SSNY whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, c/o Laurent Desmangles, 260 West End Avenue #PH-D, New York, NY 10023. Purpose: Any lawful purpose. D-303716

NOTICE OF LLC

FORMATION EYE DIVA LLC. Arts. of Org. filed with the SSNY on 01/27/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 353 Lexington Avenue, Suite 1500, New York, NY 10016. Purpose: Any lawful pur-

pose D-305248

NOTICE OF LLC FORMATION FIELDS OF BLUE LLC. Arts. of Org. filed with the SSNY on 01/10/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, 314 Beach 69th Street, Apartment 2, Arverne, NY 11692 Purpose: NY 11692. Purpose: Any lawful purpose. D-304173

NOTICE OF LLC Formation

FOUR SEASONS EQUITY LLC. Arts. of Org. filed with the SSNY on 01/20/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, PO Box 231099, Great Neck, NY 11023. Purpose: Any lawful purpose. D-304817

NOTICE OF LLC FORMATION FROST FUNDING LLC. Arts. of Org. filed with the SSNY on 02/03/23. Office: Albany County. designated as SSNY agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, 1407 Broadway, Suite 2116, New York, NY 10018. Purpose: Any pose

D-305607

NOTICE OF LLC FORMATION

GEMA PRODUCTS LLC. Arts. of Org. filed with the SSNY on 01/06/23. Office: Albany County. SSNY designated as agent of the LLC upon

To place your Legal Notice: Call 439-4949

LEGALS LEGALS the LLC, P.O. Box 44, whom process against it may be served. SSNY New York, NY 10185. shall mail copy of pro-cess to the LLC, 1407 Purpose: Any lawful purpose

Broadway, Suite 2116 New York, NY 10018

Purpose: Any lawful pur-

NOTICE OF LLC Formation

GN MANAGEMENT RE-

ALTY LLC. Arts. of Org. filed with the SSNY on 01/11/23. Office: Albany

County. SSNY designat-

ed as agent of the LLC

upon whom process

against it may be served. SSNY shall mail copy of

process to the LLC, 215-

NOTICE OF PLLC

FORMATION

GRAFFAM, PLLC. Arts. of Org. filed with the SSNY on 01/09/23. Of-

fice: Albany County. SSNY designet

agent of the PLLC upon

whom process against

it may be served. SSNY

shall mail copy of pro-cess to the PLLC, 305

Broadway, 7th Floor, New York, NY 10007.

Purpose: For the prac-tice of the profession

NOTICE OF LLC

FORMATION

GRANACE CAPITAL LLC.

Arts. of Org. filed with

the SSNY on 01/03/23.

Office: Albany County.

agent of the LLC upon

whom process against it

may be served. SSNY

shall mail copy of pro-cess to the LLC, 320

East 58th Street, PH-C, New York, NY 10022.

Purpose: Ány lawful pur-

NOTICE OF LLC

FORMATION

Org. filed with the SSNY

designated as agent of

the LLC upon whom

process against it may

be served. SSNY shall

mail copy of process to the LLC, 35 Pinelawn Road, Suite 214E, Melville, NY 11747.

Purpose: Any lawful pur-

NOTICE OF LLC

FORMATION

HOFFMAN SELF STOR-AGE LLC. Arts. of Org. filed with the SSNY on

01/24/23. Office: Albany

ed as agent of the LLC

against it may be served.

SSNY shall mail copy of process to the LLC, 25

Corporate Circle, Albany,

NOTICE OF LLC

FORMATION

HOUT I LLC. Arts. of Org. filed with the SSNY on 12/08/22. Office:

on 12/08/22. Office: Albany County. SSNY

designated as agent of the LLC upon whom process against it may

be served. SSNY shall

mail copy of process to

Any lawful purpose.

12203. Purpose:

whom process

County, SSNY designat

Office

SSNY

HDRG 02 LLC. Arts.

01/05/23.

Albany County.

designated as

of Law.

SSNY

pose. D-304037

on

pose.

nogu

NY

D-304964

D-304083

D-304171

designated as

Jamaica Avenue

Village,

Purpose: Any

pose. D-304121

Queens

D-304211

lawful purpose.

11428.

D-305685 NOTICE OF LLC FORMATION

HYPHEN CONSULTING LLC. Arts. of Org. filed with the SSNY on 01/12/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Alice-Anne Parish, 42 Fort Greene PI., Apartment 2, Brooklyn, NY 11217. Purpose: Any lawful purpose. D-304458

NOTICE OF PLLC FORMATION

IN HEALTH PHYSICAL THERAPY PLLC. Arts. of Org. filed with the SSNY on 02/02/23. Office: Albany County. SSNY designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail copy of process to the PLLC, 560 West 43rd Street, Apartment 7K, New York, NY 10036. Purpose: For the practice of the profession of Physical Therapy. D-305808

NOTICE OF LLC FORMATION

KB PROPERTIES OF AL-BANY, LLC. Arts. of Org. filed with the SSNY on 01/23/23. Latest date to dissolve: 12/31/2123. Office: Albany County. SSNY designated as SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, 524 Sir Charles Way, Albany, NY 12203. Purpose: Any lawful purpose. D-305223

NOTICE OF LLC FORMATION

KC DALEY LLC. Arts. of Org. filed with the SSNY on 12/28/22, with an existence date of 01/01/2023. Office: Albany County. SSNY designated as agent of the LLC upon whom pro-cess against it may be served. SSNY shall mail copy of process to the LLC, 1460 Carroll Street, Apartment 4G, Brooklyn, NY 11213. Purpose: Any lawful purpose. D-304005

NOTICE OF FORMATION **OF LIMITED LIABILITY** COMPANY.

NAME: KCK BLISS LLC Articles of Organization were filed with the Secretary of State of New York (SSNY) on January 30, 2023. Office loca-tion: Albany County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC 16 Corrit Drive Delmar, NY 12054. Purpose: Any lawful purpose.

D-305222 NOTICE OF LLC

FORMATION KEL ENTERPRISES LLC. Arts. of Org. filed with the SSNY on 01/11/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, c/o

LEGALS Georgoulis PLLC, 120 Wall Street, Suite 1803, New York, NY 10005. Purpose: Any lawful pur-D-304923

ed as agent of the LLC

upon whom process against it may be served.

SSNY shall mail copy of

Summit Avenue, Lath-am, NY 12110. Pur-

pose: Any lawful pur-

NOTICE OF LLC FORMATION

LISA SAKKAS LLC. Arts.

of Org. filed with the

SSNY on 01/23/23. Of-

shall mail copy of pro-

NOTICE OF PUBLIC

HEARING TOWN OF BETHLEHEM

Taxation, adding Article VIII, Real Property Tax Exemption for Volunteer

Firefighters and Volun-

teer Ambulance Service

All interested persons

and citizens will have an

opportunity to be heard

TOWN OF BETHLEHEM

at the said hearing. BY ORDER OF

TOWN BOARD

Nanci Moquin

Town Clerk

Workers.

lawful purpose.

D-304938

process to the LLC,

. pose. D-304084

fice: SSNY

NOTICE OF LLC Formation LENGTH AND LOSS LLC. Arts. of Org. filed

16

NOTICE OF LLC FORMATION

with the SSNY on 01/05/23. Office: Albany County. SSNY designat-MERAKI BISTRO BROOKLYN, LLC. Arts. of Org. filed with the SSNY on 12/19/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 40 Wall Street, 49th Floor, New York, NY 10005. Purpose: Any lawful purpose

D-303778

NOTICE OF LLC Albany County. designated as

FORMATION MILL AVENUE DEVEL-OPMENT, LLC. Arts. of Org. filed with the SSNY agent of the LLC upon whom process against it may be served. SSNY on 12/29/11. Office: Alcess to the LLC, 18-28 bany County. SSNY des-21st Drive, Astoria, NY 11105. Purpose: Any ignated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Paul Grosman, 54 Regent Drive, Lido

Beach, NY 11561, Pur-NOTICE IS HEREBY GIV-EN that a public hearing pose: Any lawful pur-. pose will be held by the Town D-304126 Board of the Town of Bethlehem on February NOTICE OF LLC 22, 2023 at 6:00 pm to FORMATION solicit comment on a MINAKO REALTY LLC. proposed Local Law Amending Chapter 111,

Arts. of Org. filed with the SSNY on 12/12/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, 42 West 48th Street, 2nd Floor, New York, NY 10036. Purpose: Any lawful purpose. D-303606

NOTICE OF LLC FORMATION MIZ ISRAEL EXPERI-

ENCE LLC. Arts. of Org.

filed with the SSNY on 01/04/23. Office: Albany

County. SSNY designat-

ed as agent of the LLC

upon whom process against it may be served.

SSNY shall mail copy of

process to the LLC, 1435 E. 7th Street, Brooklyn, NY 11230.

Purpose: Any lawful pur-

NOTICE OF LLC

FORMATION

NAN HOLDINGS, LLC.

Arts. of Org. filed with the SSNY on 12/06/22.

Office: Albany County.

SSNY designated as

agent of the LLC upon

whom process against it may be served. SSNY

shall mail copy of pro-cess to the LLC, c/o

Nicolas Nitti, 803 Haw-

ley Court, Slingerlands,

NOTICE OF LLC

FORMATION

NFM BLEECKER LLC

Any lawful purpose.

12159. Purpose:

ŇÝ

D-304110

c/o

pose. D-304050

Dated: February 8, 2023 D-305790

THE

NOTICE OF LLC FORMATION

MANOR OF SCREAMS LLC. Arts. of Org. filed with the SSNY on 02/01/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SŠNY shall mail copy of process to the LLC, c/o Van Leer & Greenberg, Esqs., 11 Broadway, Suite 1051, New York NY 10004. Purpose: Any lawful purpose. D-305677

NOTICE OF LLC

FORMATION MANORTH REAL ES-TATE LLC. Arts. of Org. filed with the SSNY on 12/07/22. Office: Albany County. SSNY designated as agent of the LLC whom process upon against it may be served. SSNY shall mail copy of process to the LLC, 333 East 82nd Street, 3A, New York, NY 10028. Purpose: Any lawful purpose.

D-303583 NOTICE OF LLC

Arts. of Org. filed with the SSNY on 01/13/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it FORMATION MARSH LAKE ENTER-PRISE LLC. Arts. of Org. filed with the SSNY on 12/05/22. Office: Albany may be served. SSNY County. SSNY designatshall mail copy of proed as agent of the LLC cess to the LLC, 200

www.spotliahtnews.com LEGALS

upon whom process against it may be served. SSNY shall mail copy of process to the LLC,

Poospatuck Lane, Mas-tic, NY 11950. Pur-pose: Any lawful purpose D-303579

BUSINESS BRIEFS

Aloha Krab Seafood restaurant now open at Crossgates GUILDERLAND -

Offering an array of authentic seafood dishes and modern cuisine, Aloha Krab is now open at Crossgates.

Aloha Krab's Cajun seafood boil offers unique and modern cuisine, serving several seafood favorites and authentic dishes

including crab, lobster, shrimp, scallops, clams, mussels and crawfish.

Each catch is seasoned with a choice of spice levels that includes Juicy Cajun, Garlic Butter, Old Bay, Lemon Pepper and Aloha Special. Their menu also includes an assortment of modern cuisine items such as Po Boy sandwiches, fried calamari, chicken wings, onions rings, fries, hush puppies and fried rice.

The Cajun seafood restaurant chain currently operates seven

IT RESOLVED,

bile.

BE IT SOLVED,

SOLVED,

LEGALS

said Lease Amendment

is subject to permissive

referendum BE IT FURTHER RE-

That the Supervisor is

hereby authorized to ex-ecute the Lease Amend-

ment on behalf of the

Town of Bethlehem. The motion to adopt the

resolution was made by

Councilmember Coffey,

was seconded by Coun-

cilmember Cunningham

and duly adopted by the

Supervisor Van-Councilmember

Councilmember

Councilmember

January 25,

Coun-

Office:

following vote:

Cunningham, Co cilmember DeCancio

NOTICE OF LLC

FORMATION

RGR 26 LLC. Arts. of Org. filed with the SSNY

Albany County. SSNY

designated as agent of the LLC upon whom process against it may

be served. SSNY shall mail copy of process to the LLC, 20 W. 47th

Street, Suite 307, New York, NY 10036. Pur-pose: Any lawful pur-

NOTICE OF LLC

FORMATION

RICHARD'S PLACE LLC.

Arts. of Org. filed with

the SSNY on 01/20/23.

since. Alkany county. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY

shall mail copy of pro-cess to the LLC, 1044

East 38th Street, Brook-

lyn, NY 11210. Pur-pose: Any lawful pur-

Albany County.

NOES: none

ABSENT: none

on 02/02/23.

pose

Office:

pose.

D-305221

D-305546

AYES:

Luven,

Becker,

Coffey,

DATED:

2023 D-305609

restaurant locations across three states including Maryland, New Jersey, and New York. Aloha Krab guarantees their seafood is sourced and served at the highest standards.

The highly anticipated Cajun seafood restaurant is located just below the food court.

For more information about Aloha Krab, visit www.alohakrab. com. Follow Crossgates on Facebook and Instagram for updates on events, promotions and sales offered at our center

and in our stores, restaurants and entertainment venues.

Ravena plant expands enviro team

RAVENA — The Ravena cement plant, part of the Holcim family of companies in the U.S., announced two strategic hires to further its mission of sustainability and environmental compliance.

Alicia Prioleau will serve

process against it may

be served. SSNY shall mail copy of process to the LLC, 570 Broome Street, Unit 21B, New

York, NY 10013. Pur-pose: Any lawful pur-

NOTICE OF LLC

FORMATION

MENT REALTY LLC. Arts. of Org. filed with the SSNY on 01/11/23.

Office: Albany County.

SSNY designated as agent of the LLC upon

whom process against it

may be served. SSNY

shall mail copy of pro-cess to the LLC, 215-54

Jamaica Avenue, Queens

Village, NY 11428. Pur-pose: Any lawful

NOTICE OF LLC FORMATION

Arts. of Org. filed with the SSNY on 01/03/23. Office: Albany County.

agent of the LLC upon

whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, 517 Purchase Street, Rye, NY 10580. Purpose:

NOTICE OF LLC

FORMATION

UPPER EAST CAPITAL LLC. Arts. of Org. filed with the SSNY on

01/11/23. Office: Albany

County. SSNY designat-

ed as agent of the LLC

against it may be served. SSNY shall mail copy of process to the LLC, 304

E. 65th Street, #25C, New York, NY 10065.

Purpose: Any lawful pur-

To place your Legal

Notice: Call 439-4949

process

wnom

Any lawful purpose. D-304040

MARINE USA LLC.

designated as

purpose. D-304212

SSNY

upon

pose.

D-304239

pose

D-305367

STANHOPE

Pur-

MANAGE-

as the plant's new Area Environmental and Public Affairs Manager, and Katherine Gallarno will fill the position of Environmental Engineer.

As the largest property taxpayer and employer in Southern Albany County, the Ravena plant employs more than 150 full-time employees and recognizes the importance of creating a safe environment for both our workforce and the local community.

LEGALS

East 61st Street, Apart-ment 18BC, New York, NY 10065. Purpose: Any lawful purpose. D-304477

NOTICE OF LLC FORMATION

NFM SMITH LLC. Arts. of Org. filed with the SSNY on 12/19/22. Of-Albany County. fice: SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, 200 East 61st Street, Apart-ment 18BC, New York, NY 10065. Purpose: Any lawful purpose. D-303717

NOTICE OF LLC FORMATION

CONSTRUCTION LLC. Arts. of Org. filed with the SSNY on 02/02/23. Office: Albany County. SSNY designat ed as agent of the LLC upon whom process against it may be served. SŠNY shall mail copy of process to the LLC, 33-23 Kings Highway, #6H, Brooklyn, NY 11234. Purpose: Any lawful pur-

pose. D-305544

NOTICE OF LLC

FORMATION NYC LEGENDS LLC. Arts. of Org. filed with the SSNY on 01/06/23. Office: Albany County SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, 117-28 225th Street, Cambria Heights, NY 11411. Purpose: Any lawful pur-

pose. D-304122

NOTICE OF LLC FORMATION

PACK V LLC. Arts. of Org. filed with the SSNY 02/03/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Celine Hannett. Davenport Av enue, Unit 3, Greenwich, 06830. Purpose: Any lawful purpose. D-305612

NOTICE OF LLC FORMATION

1730 WALT WHIT-MAN LLC. Arts. of Org. filed with the SSNY on 01/06/23. Office: Albany County. SSNY designated as agent of the LLC

LEGALS upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 35 Pinelawn Road, Suite 214E, Melville, NY 11747. Purpose: Any lawful purpose. D-304169 NOTICE OF LLC

FORMATION PLORI FILMS LLC. Arts. of Org. filed with the SSNY on 01/18/23. Of-Albany County. fice: SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, 1373 71st Street, Brooklyn, NY 11228. Purpose: Any lawful purpose. D-304660

NOTICE OF LLC FORMATION POPP03636 LLC. Arts. of Org. filed with the SSNY on 12/27/22. Of-Albany Co designated County. fice: SSNY as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Mitchell Nelson, 215 East 80th Street, Unit 2L, New York, NY 10075. Purpose: Any lawful purpose.

D-303997

NOTICE OF LLC FORMATION QUINCY QUINCY, LLC. Arts. of Org. filed with the SSNY on 01/19/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, 888 Quincy Street, Brooklyn, NY 11221. Purpose: Any lawful purpose.

D-304731 TOWN BOARD Town of Bethlehem

RESOLUTION #2023-003 TO AMEND LICENSE AGREEMENT NOTICE IS HEREBY GIV-EN that the Town Board of the Town of Bethlehem in the County of Al-bany, State of New York has on the 25 day of January 2023, duly adopted, subject to a permissive referendum, a resolution as follows:

WHEREAS, the Town Board of the Town of Bethlehem has determined that is necessary to amend a lease agreement with T-Mobile (legal name of T-Mobile

NOTICE OF LLC Northeast LLC, succes-FORMATION sor in interest to Omni-

point Communications, RIDGEVIMINI LLC. Arts of Org. filed with the SSNY on 02/08/23. Of-Inc) at Town owned parcel located at 308 Ken-wood Avenue; and, Albany County. fice: SSNY NOW, THEREFORE, BE designated as agent of the LLC upon whom process against it That the Town Board hereby authorizes the may be served. SSNY execution of a Lease Amendment with T-Moshall mail copy of pro-cess to the LLC, 60-97 70th Avenue, Ridgewood, 11375. Purpose: IT FURTHER RE-NY Any lawful purpose. D-305786 That the execution of

NOTICE OF LLC FORMATION

LEGALS

ROCCO STEAKHOUSE EAST 57 LLC. Arts. of Org. filed with the SSNY on 02/01/23. Office: Albany County. SSNY designated as agent of the LLC upon whom pro-cess against it may be served. SSNY shall mail copy of process to the LLC, 3 Aerial Way, Syos-Purset, NY 11791. pose: Any lawful purpose D-305472

NOTICE OF LLC Formation

SAFETY FIRST CON-SULTING, LLC. Arts. of Org. filed with the SSNY on 01/26/23. Office: Albany County. SSNY designated as agent of the LLC upon whom pro-cess against it may be served. SSNY shall mail copy of process to the LLC, 103-14 Liberty Avenue, Ozone Park, NY 11417. Purpose: Any lawful purpose. D-30563

NOTICE OF LLC FORMATION

SD & D REALTY LLC Arts. of Org. filed with the SSNY on 01/01/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY mail copy of proshall cess to the LLC, c/o Danye Yang, 90 Hege-mans Ln, Glen Head, NY Purpose: Any 11545. lawful purpose. D-304108

NOTICE OF LLC

FORMATION SDS COMMERCE LLC Arts. of Org. filed with the SSNY on 12/23/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, 101

To place your Legal Notice: Call 439-4949

West End Avenue, Apartment 12P, New York, NY Purpose: Any 10023. lawful purpose D-303991

LEGALS

Certified Registered Nurse Anesthetist, PLLC Arts. of Org. filed w/ Se-cy. of State of NY (SSNY) on 01/05/2023.

Off. loc.: Albany Cnty. designated as

RED filed with the SSNY on 01/10/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 120 Avenue, 11231. Hamilton Brooklyn, NY Purpose: Any lawful purpose. D-304178

FORMATION SHINE & SILVER LLC Arts. of Org. filed with the SSNY on 01/09/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of proess to the LLO 1159 51st Street, Brooklyn, NY 11219. Purpose: Any lawful purpose. D-304153

NOTICE OF LLC FORMATION

SOCIAL PRESSURE LLC. Arts. of Org. filed with the SSNY on 01/25/23. Office: Albany County. SSNY designated as agent of the LLC upon

LEGALS NOTICE OF LLC whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, 100 VARICK

STREET GARAGE LLC. Arts. of Org. filed with the SSNY on 02/01/23. Office: Al-bany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 10 E 33rd Street, 11th Floor, New York, NY 10016. Purpose: Any lawful purpose. Office: NY SSNY D-305474

LEGALS

FORMATION

NOTICE OF LLC FORMATION VAUDEVISUALS PRESS LLC. Arts. of Org. filed with the SSNY on 01/23/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 52 Windsor Place, Brook-lyn, NY 11215. Purpose: Any lawful purpose D-304949

NOTICE OF LLC FORMATION

WARWICK RENTAL NYC LLC. Arts. of Org. filed with the SSNY on 12/23/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. upon SSNY shall mail copy of process to the LLC, 432 Warwick Street, Brook-lyn, NY 11207. Purpose: Any lawful pur-

pose. D-303992

NOTICE TO BIDDERS NOTICE IS HEREBY GIV-

EN that the Town of Bethlehem hereby in-vites sealed bids for the supply of Water Treat-ment Chemicals (Anhy-drous Liquid Chlorine, Polyaluminum Chloride, Zinc Orthophosphate, Poly-Orthophosphate) to the Town of Bethlehem Department of Public Works, as and when needed. The Town of Bethlehem reserves the right to allow all municipal and not for profit or-ganizations authorized under General Municipal Laws of the State of New York to purchase any goods and/or services awarded as a result of this bid in accordance with the latest amend-ments to NYS GML 100-104. However, it is un-derstood that the extension of such contracts

are at the discretion of

LEGALS

the vendor and the vendor is only bound to any contract between the Town of Bethlehem and the vendor. Additionally, the Town of Bethlehem reserves the right to purchase any goods or services included as part of this bid from any means legally available to it at any time. Bids will be received up

to March 1st, 2023 at 11:00AM, at which time such bids will be publicly opened and read aloud at the Town Hall, 445 Delaware Avenue, Delmar, New York. Bids shall be addressed to the Town Clerk, Town of Pathlaham Bethlehem, 445 Delaware Avenue, Del-445 mar, New York 12054. Bids shall be delivered in sealed envelopes, and bear on the face thereof, the NAME AND AD-DRESS OF THE BIDDER AND SUBJECT OF THE BID. ORIGINAL AND ONE COPY of each bid shall be submitted. No late bids will be accept-

ed. Bid documents may be obtained at the Bethle-hem Town Clerk S Office, 445 Delaware Av-Delmar, NY Bid documents enue. 12054. are also available for download from the Capi-tal Region Purchasing Group through the Town of Bethlehem Website at https://www.townofbethlehem.org/170/Pur-

chasing-Division The Town Board re-serves the right to waive any informality in the bid

and/or to reject any or all bids BY ORDER OF THE TOWN BOARD OF THE TOWN OF BETHLEHEM NANCI MOQUIN TOWN CLERK

January 31, Dated: 2023 S-305613

NOTICE OF LLC FORMATION

WORME HOLDINGS, LLC. Arts. of Org. filed with the SSNY on 01/12/22 01/12/23. Latest date to dissolve: 12/31/2123. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of pro-cess to the LLC, 954 Lexington Avenue, #2066, New York, NY 10021. Purpose: Any lawful purpose. D-304358

February 15 - February 21, 2023 | THE SPOTLIGHT 9

Jericho Quadrangle, Suite 300, Jericho, NY 11753. Purpose: Any Notice of formation of Sean P. McGarry, lawful purpose. D-305148 NOTICE OF LLC FORMATION SOHO 21, LLC. Arts. of Org. filed with the SSNY on 01/31/23. Albany County. designated as agent of the LLC upon whom

SSNY agent upon whom pro-cess may be served. SSNY shall mail process to: 659 Western Ave., Albany, NY 12203. Pur-pose: Any lawful activity. C-304666

NOTICE OF LLC FORMATION SH 354 LLC. Arts. of Org. filed with the SSNY on 01/17/23. Office: Albany County. SSNY designated as grant of designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Sidewalk Holdings LLC, 408

Holdings Eighth Avenue, Suite 206, New York, NY 10001. Purpose: Any lawful purpose. D-304522

NOTICE OF LLC FORMATION SHELL'S LOFT RED HOOK LLC. Arts. of Org.

NOTICE OF LLC

Creativity Lab: Sewing

ast chance for students in grades 6 - 12 to register to join Mrs. Sternklar at 3:00 p.m., Friday, Feb. 17, to learn about the quilters of Gee's Bend and try

Voorheesville Public Library

your hand at sewing simple quilt blocks.

Teens Cooking with Machines

Students in grades 8-12 are invited to register for this machine-oriented cooking program. Join us at 5:30 p.m., on Wednesday, Feb. 22 to learn how to use an instant pot, blender, waffle iron, and other kitchen appliances. We'll whip up some delicious dishes that we'll share for dinner.

March Book Talks

We'll be discussing these books in March: Fiction Book Discussion - "Love & Saffron" by Kim Fay, 7 p.m., Wednesday, March 1 and/or 11 a.m. Wednesday, March 15; Nonfiction Book Discussion - "The Soul of an Octopus" by Sy Montgomery, 6:30 p.m., Monday, March 13 All discussions will be held in the library community room, unless otherwise stated. Please register online each month for any of the book discussions. Limited copies of some titles are available for \$5, compliments of the Friends of the Library. Library copies will also be available for checkout and downloadable ebook and audiobook versions are on Overdrive. — Lynn Kohler

Holiday Hours

he Library will be closed Saturday, February 18 through Monday, February 20 for President's Day. Visit Libby or Hoopla for digital library resources which are available 24/7!

RCS COMMUNITY LIBRARY

School Vacation Is Coming!

School vacation is less than two weeks away. We've got big plans for things for your kids to do over the week – sign up soon!

Make A Bird Feeder

Tuesday, February 21 at 2 pm

February is National Bird Feeding Month. Help us celebrate by making a colorful bird feeder and help our feathered friends get through the winter! We will be using paint so please wear old clothes or bring a smock. Registration is required.

Paper Airplanes!

Wednesday, February 22 at 2 pm

What design flies faster, straighter, farther, higher, or just plain loopier?

Fold and fly to test your designs! Registration is appreciated. — *Carol Melewski*

LIBRARIES



e're honoring Black History Month with a brand-new Story Stroll on the lower nature loop at Elm Avenue Park. The featured title, "Mae Among the Stars" by Roda Ahmed, is inspired by the life of the first African American woman to travel in space, Mae Jemison. Head out for some fresh air and enjoy an outdoor story about this amazing woman who reached for the stars and broke down barriers.

Workforce resources

Looking to make a career change or kick your job search into high gear in 2022? Curious about your chances of being hired with the skills and experience you have today? Need guidance on what areas to improve to better your ability to get that job?



We have compiled a list of workforce development resources that can help steer you in the right direction. Find it at www.bethlehempubliclibrary. org/workforce-developmentresources.

Speak up with Pronunciator

Gearing up for some international travel this summer? The library can help you speak the language. While there are a lot of languagelearning programs out there, Pronunciator, an online language resource available to Bethlehem cardholders, takes a personalized approach to make learning work for you. Just select the language and topics you love, the skills you want to build, and how much you want to study each day, and Pronunciator will build a personalized course just for you — in a matter of seconds. You can choose from over 160 languages to learn, including American Sign Language.

Bethlehem cardholders can access Prononunciator on the library's Research page at webapps.bethlehempubliclibrary. org/research.asp.

Weather closings and delays

In the event of inclement weather, information may be available at www. bethlehempubliclibrary.org. — *Kristen Roberts*

Wild Women of Rensselaer County

slew of colorful characters across the river enticed headlines, pushed boundaries and kept yesteryear hopping! Join Kathy Sheehan of the Rensselaer Historical Society on Thursday, Feb. 16, at 6:30 p.m. as she brings to life both famous and infamous women of local history. Learn about suffragettes, educators, clairvoyants, the veiled murderess, the unsolved murder of Hazel Drew, and the famous brothel owner Mame Fay. Sign up for this intriguing presentation on the Events calendar of our website.

Teen Tech Help Desk

Drop in anytime on Thursday, Feb. 16, 4 to 6 p.m., for tech help from Guilderland Central School District National Honor Society students. The teens can help with smartphone applications, downloading books to devices, email set-up, internet searches, and more. Teen Tech Help Desk



occurs every Thursday, except during school breaks.

Trustees Meet

The Guilderland Public Library Board of Trustees will conduct their next monthly business meeting on Thursday, Feb. 16, at 6 p.m. This meeting will be streamed live on the library's YouTube channel, and archived there for later viewing. Public commentary may be submitted to: pc@ guilderlandlibrary.org.

Teen Advisory Group

Tweens: what would you like to see at the library? We're listening! Earn volunteer credit by participating in our new Advisory Groups! Give us your input on programs, books, and the Foundry Teen Space. We'll have after-dinner treats, too! Junior Teen Advisory Group for grades 6-8 is scheduled for Thursday, Feb. 16, at 6:30 p.m. Please register on the Events Calendar at guilderlandlibrary. org, indicating any food allergies.

AARP Tax-Aide

AARP Tax-Aide preparation by trained and IRS-certified volunteers is offered at GPL this season. Call 2-1-1 (the United Way's call center) to inquire about available tax appointments – please do not call the Library. . Tax preparation appointments are scheduled on Mondays through April 15. — Luanne Nicholson

Spotlight



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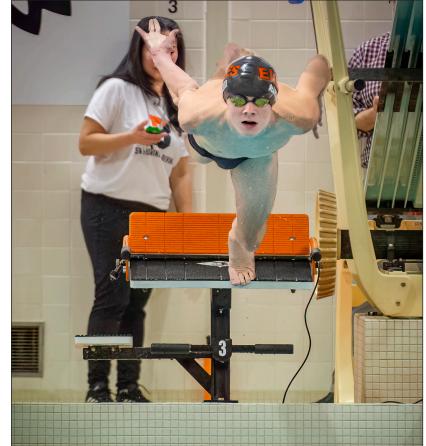
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Phone: **518.439.4949** *Fax*: **518.439.5198**

P.O. Box 100, 341 Delaware Ave., Delmar 12054 | OFFICE HOURS: 8:30 a.m. to 4 p.m. weekdays. Open until 5 p.m. on Thursdays

HIGH SCHOOL SPORTS













Bethlehem swims past Albany in final dual meet

DELMAR - The Eagle swam past the Falcons on Tuesday, Feb. 7 at home in its last dual meet of the season. The results:

Boys 200 Yard Medley Relay

1 Bethlehem 1:45.10 Moore, Wang, Hershberg, Hartman; 2 Albany 1:51.56 Engstrom, Martinelli, Sullivan, Kovach; 3 Bethlehem 1:53.33 Norbleet, Berin, Ikasalo, Zheng; 4 Albany 2:01.52 Cassala, Schwartz, Carroll, Myers; 5 Bethlehem 2:04.29 Sahota, Meo, Stone, Ejanda; 6 Albany 2:24.31 Hopson, Bambrick, Colagiovanni, Dollard.

Boys 200 Yard Freestyle 1 Sasson Albany 1:58.42; 2 King Bethlehem 1:59.43; 3 Lilly Bethlehem 2:03.95; 4 Finn Albany 2:04.74; 5 Levy Albany 2:13.60; 6 Rinckey Bethlehem 2:16.94.

Boys 200 Yard IM

1 Engstrom Albany 2:12.87; 2 Wang Bethlehem 2:14.27; 3 Ikasalo Bethlehem 2:16.65; 4 Zheng Bethlehem 2:21.52; 5 Carroll Albany 2:25.06; 6 Sullivan Albany 2:33.50.

Boys 50 Yard Freestyle 1 Moore Bethlehem 24.70; 2 Cassala Albany 25.55; 3 Ejanda Bethlehem 26.00; 4 Kovach Albany 26.44; 5 Schwartz Albany 26.92; 6 Stone Bethlehem 27.58; Meo Bethlehem X26.20; Peters Bethlehem X27.65; Sahota Bethlehem X27.65.

Boys 1 mtr Diving 1 Mocerine Bethlehem 205.65; 2 Myers Albany 159.90.

Boys 100 Yard Butterfly 1 Hershberg Bethlehem 56.27; 2 Ikasalo Bethlehem 59.57; 3 King Bethlehem 59.97; 4 Sasson Albany 1:02.40; 5 Finn Albany 1:04.28; 6 Colagiovanni Albany 1:32.96.

Boys 100 Yard Freestyle

1 Hartman Bethlehem 51.80; 2 Berin Bethlehem 54.22; 3 Martinelli Albany 54.34; 4 Carroll Albany 56.12; 5 Peters Bethlehem 58.95; 6 Kovach Albany 1:01.02; Wloszczynski Bethlehem X58.69; Stone Bethlehem X1:00.45; Rinckey Bethlehem X1:01.46.

Boys 500 Yard Freestyle

1 Lilly Bethlehem 5:50.04; 2 Zheng Bethlehem 5:55.30; 3 Sullivan Albany 6:05.62; 4 Levy Albany 6:07.28; 5 Norbleet Bethlehem 6:13.30; 6 Dollard

Albany 7:25.60. Boys 200 Yard Freestyle Relay

1 Bethlehem 1:39.00 (Hartman, Berin, Zheng, Noonan); 2 Albany 1:42.67 (Martinelli, Cassala, Finn, Kovach); 3 Bethlehem 1:44.39 (Ikasalo, Ejanda, Norbleet, King); 4 Bethlehem 1:49.64 (Rinckey, Sahota, Meo, Peters); 5 Albany 1:53.28 (Hopson, Schwartz, Levy, Myers); 6 Albany 2:06.32 (Bambrick, Colagiovanni, Dollard, Sullivan).

Boys 100 Yard Backstroke 1 Engstrom Albany55.28; 2 Hershberg Bethlehem 55.55; 3 Moore Bethlehem 57.24; 4 Cassala Albany 1:04.94; 5 Noonan Bethlehem 1:05.91; 6 Hopson

Albany 1:20.40.

Boys 100 Yard Breaststroke 1 Martinelli Albany 1:15.98; 2 Schwartz Albany 1:16.51; 3 Myers Albany 1:28.23; Wang Bethlehem X1:04.91; Wloszczynski Bethlehem X1:15.46; Noonan, Patrick D Bethlehem X1:18.99.

Boys 400 Yard Freestyle Relay

1 Albany 3:46.29 (Engstrom, Carroll, Finn, Sasson); 2 Albany HS 4:41.36 (Sullivan, Levy,Colagiovanni, Hopson); Bethlehem X3:47.76 (Stone, Moore, Berin, Hartman); Bethlehem X3:52.01 (Sahota, Hershberg, Meo, King);

Bethlehem X3:55.16 (Noonan, Ejanda, Norbleet, Lilly)

Photos By John McIntyre



From page 2... Police, Fire and Emergency Calls

Flora was charged with multiple counts of criminal mischief and grand larceny, both felonies, in addition to petit larceny and misdemeanor criminal mischief.

Flora was arraigned and sent back to the Albany County jail. He is scheduled to return to Bethlehem Town Court on Tuesday, March 7.

He also has charges from State Police and Colonie police for stealing a car with the keys in it from a Central Avenue shopping center and stealing credit cards. More charges may be pending in more incidents.

Cobleskill man in stolen car asleep in road

NEW SCOTLAND - On Saturday, Feb. 11, Albany County Sheriff's deputies arrested a 43 yearold Christopher Sumner after they responded to a report of a male who was asleep at the wheel of a

vehicle that was running and in the roadway in New Scotland.

Deputies found Sumner asleep at the wheel of the vehicle while it was running and in drive with his foot on the brake.

An investigation revealed Sumner was intoxicated and that the vehicle was reported stolen out of the Town of Cobleskill. Sumner was charged with possession of stolen property in the third degree and aggravated unlicensed operation in the first degree, both felonies, and DWI, a misdemeanor, along with other vehicle and traffic violations.

Sumner was arraigned and released on his own recognizance by the Town of New Scotland

Court and is set to reappear on March 2.

'vliet, Latham men arrested for check fraud DELMAR - Two

men from Watervliet

and Latham arrested on outstanding warrants for September incidents involving fraudulent checks at a local bank.

On September 7 and 8, two men deposited checks written against the funds of a New Jersey woman. The funds were eventually drawn out of the local account by using an ATM card at various locations in the Capital District.

On January 7, Colonie police arrested Henassy Mcconico, 25, of Latham and transported him to Bethlehem on the warrant.

On February 7, Albany County Sheriff's deputies arrested Justin Walker, 27, of Watervliet.

They were both arraigned in Bethlehem Town Court and sent to the Albany County jail.

Man arrested for stealing from cars in Delmar

DELMAR - Bethlehem police arrested an Albany man on Tuesday, Feb. 7 for breaking into vehicles on Douglas Road and Penny Lane and stealing personal property, credit cards and cash.

Abdallah Aboueida, 24, was taken into custody after he allegedly used the cards and cash to buy auto parts at a Colonie auto parts store.

Detectives were able to recover most of the stolen property. He was charged with

two counts of grand larceny, a felony, and two counts of petit larceny, a misdemeanor.

Aboueida was arraigned by Bethlehem Judge Ryan Donovan and released under the supervision of probation with a return date of March 7.

Felony DWI in Voorheeseville VOORHEESVILLE

- A local woman was arrested at the Hannaford supermarket. She had a BAC almost four times the legal limit.

Albany County Sheriff's deputies were called to the store on Maple Avenue on Monday, January 6 at 6:02 p.m. for the report of a woman driving a black BMW driving all over the road, pulling into the plaza and entering the supermarket. Witnesses said she was slurring

her words while walking through the store.

When Deputies arrived, they observed Alysan Bowers to have bloodshot and watery eyes, slurred speech and a strong odor of an alcoholic beverage emanating from her breath. According to reports, Bower told police she had two IPA beers earlier in the day, but it was "not enough that it would be a problem."

She was given and

BUSINESS BRIEFS

St. Peter's welcomes Dr. Parrott

ALBANY - Caitlin Parrott, M.D., has joined St. Peter's OB/GYN, a practice of St. Peter's Health Partners Medical Associates, where she practices general obstetrics and gynecology.

Dr. Parrott received her medical degree from Northwestern University's Feinberg School of Medicine in Chicago. She completed a residency at Albany Medical Center and received a bachelor's degree from Middlebury College in Middlebury, Vermont.

Dr. Parrott's professional interests include routine gynecologic and obstetric care for patients of all ages; gynecologic cancer screening and prevention; and breast health.

St. Peter's OB/GYN is welcoming new patients at 400 Patroon Creek Blvd. in Albany.



failed field-sobriety tests, refused a preliminary test for breath alcohol on a prescreening device and was taken into custody.

At the police station she did provide a breath sample that returned a .31 percent BAC. Due to a prior DWI conviction within 10 years, she was charged with felony aggravated DWI.

She was arraigned by New Scotland Town Justice Wukitsch and is due back in court on March 2.





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Helping thousands get the benefits they deserve





Tasty Images captured from The Disco Biscuits show at The Palace. Page B15



February 15 - February 21, 2023 • Your Entertainment Resource • FREE!

INSIDE



Ravioli with ease Tempt the heart with this popular pasta dish.

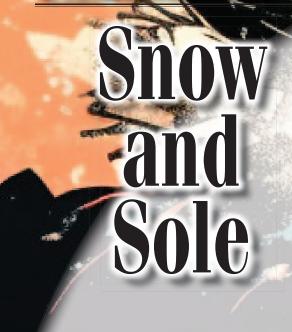
Page B10



Read the signs Signs you may have heart disease.



BLACK HISTORY MONTH



Teaching children that failure is part of the process

By AMARIS FORD news@spotlightnews.com



earning life skills on the edge of a snowboard cutting through powdery white snow is more than a moving metaphor to the children at SHRED and Young Futures.

Each foundation is determined to demonstrate life skills promote financial literacy through play, art and more.

SHRED uses snowboarding to help youth understand life skills and provide career opportunities. As the students evolve into more intermediate snowboarders, they start to ingratiate themselves with the activity and the snowboarding culture, and the career mentoring begins. This becomes a pathway for future careers and future connections within the industry.

Continues on page B3

Illustration from Midjourney AI



LESTATE Homes, Condos & Townhouses Guide

Look for our Special Section ...







relation to the projects they were making in his class.

He recalled a particularly impressionable moment during his art class while teaching his students to make soap. The students expressed curiosity about whether they could make their own soap at home and sell it, showing Mitchell their budding interest in business skills.

"It was from that seed that the children planted that I assessed how we could teach these lessons," Mitchell reflected. "We created a curriculum that was focused on the basics: the importance of budgeting and banking. We're defining terms like assets and liabilities."

aiming to make with the concepts is that when the child sees that canvas years later, they will recall the budgeting concept and connect it to the art piece of their childhood.

"Though we serve many demographics, we're primarily in the inner cities of Albany, Troy, and Schenectady," said Mitchell. "What we're doing is letting them know that there are men and women in their community that look like them, that have experienced things that they have experienced, and that are doing things that they may not see as feasible for them to do."

The missions for both SHRED and Young Futures share a compound effect. By promoting everyday decision-making and life skills against the backdrop of snowboarding and art, the goal is to guide them in ways "that will impact them in a better way," said Mitchell.

"It may not be the largest decision, but as long as they're making wise choices day to day, eventually the results will show in a massive way," he added.

"On our end, it's really about creating that equity in the outdoor space, equity in snowboarding, but also creating that equity in changing that paradigm in the industry itself," commented Danny Hairston.

For information regarding registration for Young Futures classes beginning February 16, their upcoming exhibitions, or how to take part in their Art and Sole fundraiser, visit @youngfuturesinc on Instagram and Facebook. For information about SHRED's opportunities with volunteering, donations, and more, visit https://www. shredfoundation.org.

From page 1 ... SHRED

"Our mentoring is really multi-layered," founder Danny Hairston described. "It's on the grassroots level; it's on the ground, but there are individuals that are held in high esteem in the snowboarding industry that these youth have access to and can pitch ideas to."

SHRED encourages an exploration into the arts, which includes graphic design, photography, videography, creative writing, and more, through their mentorship and apprenticeship programs. Career opportunities are taught that include journalism, public relations, marketing, retail, engineering, and resort management.

'The barrier is extremely high," said Hairston. "A lot of the youth in the communities that we serve, primarily BIPOC youth and underserved youth, don't have access to the activity."

He added, "It's important to us to get youths into the outdoors, provide them with access to this activity, but also the resilience that it builds when you're learning how to snowboard."

Snowboarding is also an

expensive sport, which is why SHRED is committed to providing everything free of charge to their students, giving them the boots, gloves, hats, jackets, and pants that they need to begin their journey as snowboarders.

Guided by the mantra Fear, Fail, Flow, a vital part of SHRED's educational process is helping the snowboarding students overcome one of their biggest obstacles of all: the fear of failure.

"A lot of our youths have a fear of failure," said Hairston. "A lot of that is ingrained; when you walk into school buildings and you talk to motivational educators, they say that failure is not an option. We fail to teach that failure is part of the learning process."

A key element of SHRED's educational process is teaching that failure and perseverance are part of learning. These are the life skills that SHRED and Hairston hope that the youth they serve will carry with them both on and off the snow.

"The underlying goal is to increase representation and diversity in the snow

space, snowboarding, and outdoor space," explained Hairston. "It's an industry that is homogenized for the most part; it's mostly white and male dominated. A lot of our youth don't see themselves represented in the industry. It's starting to change now. We're really trying to change that."

"Now that these conversations are being had, children have outlets and more information to better prepare themselves for the future," mused James Mitchell, founder of Young Futures. The foundation's name, Young Futures, was an intentional choice by him to reflect the mission.

Young Futures is an art

program with a focus on financial literacy. Mitchell describes art as the pathway

with their Art and Sole that encouraged families to work together, promoting healthy dynamics by the forefront of the activity by painting and designing sneakers.

Mitchell's idea to parlay teaching finance into his preexisting art classes began when Mitchell discovered a large number of children asking thought-provoking questions about finances in



to teaching children economic concepts such as budgeting and credit. Young Futures began

project, a family activity allowing children to be at

is, how that contributes to developing credit, and why you have to pay it."

In one class, Mitchell gave them a canvas that had a design with their names on it and a limited amount of paint to work with, encouraging them to paint with the means that they

Photos by Andrew Kimiecik / Stratton Mountain

"We're helping children

understand what credit is

and why it is important.

understand what interest

We're helping children

He continued,

were provided with. The goal of the class was to help the students understand what they had and how to use it wisely. The connection Mitchell and Young Futures are

RECENTLY ANNOUNCED



Amy Modesti

The SPOT 518 welcomes Amy Modesti

DELMAR — Spotlight News/TheSpot518 added a new addition to the family, recently hiring reporter and photographer Amy Modesti to join its newsroom.

Modesti, of Cropseyville, has been a fixture in the Capital District's creative scene for quite some time. For five years, Modesti served as arts and entertainment reporter, social media manager, and reporter for Rensselaer County's community newspaper, The Eastwick Press.

She will cover Colonie news for Spotlight News and offer entertainment features in The Spot 518.

"Starting out as a contributor to TheSpot518 and now earning a full-time role as reporter/photographer has come full circle for me," Modesti said.

COMING UP ■PROCTORS theREP★ UPH

By Jenny Stafford

rected by Margaret E. Hal JAN. 27 - FEB. 19, 2023 **∃theREP**

SECRET HOUR theREP · Now through February 19

Is a lie always a lie? Can it be a defense against hurting another person? This winner of the 2021 Next Act! New Play Summit is a delicious adult puzzle about sex, lies and the games we play to keep life moving along on cruise control. What happens when the forces o the universe-or at least human nature-make sure we ake the wheel and keep our eyes on the very bumpy oad ahead

Welcome to HADESTOWN, where a song can change

your fate. Winner of eight 2019 Tony® Awards, this

acclaimed new musical by celebrated singer

at



songwriter Anaïs Mitchell and innovative director Rachel Chavkin (Natasha, Pierre & The Great Cornet of 1812) is a love story for today... and always

HADESTOWN

Proctors • Feb. 28-March 5



JESSICA VOSK UPH · Feb. 18

Broadway superstar & singer Jessica Vosk performs an unforgettable night of music one night only at Universal Preservation Hall



JAZZ AT LINCOLN CENTER PRESENTS: SONGS WE LOVE UPH · Feb. 25

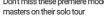
Songs We Love is a journey through the first 50 years of jazz song. Under the musical direction of Riley Mulherkar, 3 guest vocalists will join an all-star band made up of New York's rising



STEEP CANYON RANGERS UPH · March 3

The Grammy-winning, billboard chart-topping, and sometime Steve Martin collaborating Steep Canyon Rangers are coming to Universal Preservation Hall one night only! Don't miss these premiere modern bluegrass ters on their solo tour





PASSPORT SERIES: DERVISH

Dervish have been bringing Irish traditional music to the world for more than 25 years. escribed by the BBC as "an icon of Irish



2/28 - 3/5 • Hadestown 3/3 • Passport Series: Dervish

2/17 • The Music of Sam Cooke Starring Bradd Marquis 2/18 · Jessica Vosk 2/25 • Empire State Youth Dance Ensemble 2/25 · Jazz At Lincoln Center Presents: Songs We Lov 3/3 • Steep Canyon Rangers

RECENTLY ANNOUNCED

She has the reins

Opera Saratoga names Mary Birnbaum as its new general and artistic director

SARATOGA

SPRINGS — Mary Birnbaum, a decorated opera director, takes the reins of Opera Saratoga ahead of the 2023 summer festival season.

Opera Saratoga's board of directors announced Mary Birnbaum as its new general and artistic director on Thursday, Feb. 9. She succeeds former General and Artistic Director Lawrence Edelson, whose eight-year tenure concluded at the end of the 2022 season. Birnbaum is the tenth general director in Opera Saratoga's celebrated history. Board President Steve Rosenblum shared, "We are incredibly excited and honored to have Mary Birnbaum join Opera Saratoga. She was selected after an extensive nationwide search, in which we interviewed many highly qualified candidates. Mary's level of enthusiasm and love of opera are infectious and I am certain she will be an inspirational leader for the company as well as an integral part of the Saratoga Springs community."

Birnbaum is a stage director, educator, and artistic leader, whose impressive international career has garnered great attention and positioned her well to lead Opera Saratoga, an organization which has been an integral part in the local arts scene for over 60 years. In addition to her appointment at Opera Saratoga, Birnbaum is on faculty at The Juilliard School where she teaches and coaches acting for singers as the Dramatic Advisor to the Masters of Music and Graduate Diploma Program at the Marcus Institute for Vocal Arts. She was Juilliard's inaugural directing fellow in Vocal Arts, and she will continue her role as a faculty member and Dramatic Advisor to graduate-level singers. Birnbaum, whose



Mary Birnbaum

stage direction of opera and theatre New York Times critic Anthony Tommasini called "viscerally overwhelming" (Rape of Lucretia at Juilliard) and "genuinely insightful...vibrant" (The Classical Style at Carnegie Hall), has worked both internationally, from Taiwan (Otello) to Central America (L'elisir d'amore and La bohème at the National Theatre of Costa Rica and Querido Arte in Guatemala), Australia and Israel, and across the U.S. (Santa Fe Opera, Opera Philadelphia, Seattle Opera, Opera Columbus, Virginia Arts Festival (Kept), Ojai Festival, and Boston Baroque.

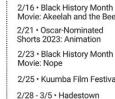
One of the few women to open the Santa Fe Opera season with her own production, Birnbaum has received recognition for her work and acclaimed merit in the field; she was nominated for "Best Newcomer" at the 2015 International OperaAwards, and selected as first recipient of the James S. Marcus Directing Fellowship at Juilliard. In addition to her accolades as stage director, Ms. Birnbaum has also taught at the Metropolitan Opera Lindemann program, Bard, and Harvard. A graduate of Harvard College, she also trained professionally in physical theater at L'Ecole Jacques Lecoq in Paris.

"I am thrilled to accept the position of General and Artistic Director of Opera Saratoga," says Birnbaum, "and look forward to collaborating with the talented staff and superior board of directors to bring exceptional music

theater to Saratoga Springs and the surrounding communities. The company has been a leader in our field under the direction of the board and Larry Edelson and I will be proud to continue the company's tradition of producing new operatic works as well as traditional works from the canon of opera and music theater. Part of the allure of working with Opera Saratoga was the richness of the artistic and intellectual community in the area and I can't wait to find ways to partner with other local organizations."

In her role as general and artistic director, Birnbaum will be responsible for producing the annual opera festival and overseeing Opera Saratoga staff in all elements of programming, community engagement, fundraising, and artist development; while also directing or working with guest directors, conductors, and designers. Ms. Birnbaum is a welcome addition to the Opera Saratoga leadership team, and will propel the organization forward in high artistic merit, as the company continues to collaborate with creative partners and serve audiences throughout the greater Capital Region. Chairman of the Board, Robert Miller shares that "Mary's impressive background in the arts and her commitment to excellence, collaboration, and community will serve Opera Saratoga well. Her affiliation within NYC and at Juilliard will bolster Opera Saratoga's already strong young artists' program. We could not be more pleased that Mary is joining us."

Upstate New York audiences will have an opportunity to meet Mary this summer, during the 2023 festival season. Her introduction to the Saratoga Springs public will happen at Opera Saratoga's Annual Gala, on Thursday, June 8, 2023 at the Saratoga National Golf Club. More information can be found at https://www.operasaratoga. org/opera-gala-2023



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2/25 · Kuumba Film Festival

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EDITOR'S NOTE: The following

HOT SPOTS EVENTS CALENDAR

calendar is to benefit our readers lookina for events to attend around the Capital District. Though some of these venues pay for additional advertising, none of these submissions represent paid content. The information below is curated and edited by our Customer Engagement Coordinator Frank Gillen. You can contact him by phone at 518-439-4949 or email at gillenf@spotlightnews. com

MUSIC

9 Maple Avenue 9 Maple Ave., Saratoga Springs. 518-583-CLUB Fri: Tim Olsen Quartet | 8 p.m. Sat: Dave Fisk Quartet | 8 p.m.

Albany Capital Center 55 Eagle St., Albany. 518-487-2155 **Across The Street Pub**

1238 Western Ave., Albany. 518-438-1718 Thurs: Trivia | 6:30-8:30 p.m.

The Avalon Lounge 29 Church St, Catskill 518-719-1640 Thurs: Outsider, Outlier / Up and Orange | 8 p.m. Fri: Les Fregs 8 p.m. Sun: Kidnapped / Blemish / Prize / Halo Bite / Flowers for Burial | 6:30 p.m.

Bard & Baker **Board Game Cafe Troy** 501 Broadway, Suite 105, Troy 518-948-6693 Wed: Looking for Group Night | 6 p.m. Thurs: Pathfinder Society Organized Play 6 p.m. Sun: Trivia | 6 p.m.

Brown's Troy Taproom & Brewery 417 River Street , Troy 518-273-2337

Black Bear Inn 310 19th St., Watervliet 518-272-9486

Caffè Lena 47 Phila St., Saratoga Springs 518-583-0022 Wed: Bluegrass Jam With Red Spruce

7:30 a.m. . Thurs: Joe Louis Walker | 7 p.m. Fri: Tannahill Weavers | 8 p.m. Sat: Mary Fahl | 8 p.m. Sun: America Sings | 1 p.m.

Carson's Woodside Tavern 57 NY-9P, Malta 518-584-9791 Thurs: Jay Yager & Chris Dollard

8 p.m. Fri: Nate | 8 p.m. Sat: Phil Drum | 8 p.m. Sun: **Bobby Dick & Susie Q** | 4 p.m.

Centre Street Pub 308 Union St., Schenectady 518-393-2337



Black History Month Step Show at The Palace

The best step teams in the Capital District will perform in a high-energy afternoon of performances at the Albany Palace Theatre on Sunday, Feb. 19, starting at 5 p.m. Jim Gilbert

Sat: Late Night Philosophers | 6 p.m. Cohoes Music Hall 58 Remsen St., Cohoes 518-434-0776 Fri: The British Legends of Rocks Show | 8 p.m.

The Comedy Works 388 Broadway, Saratoga Springs 877-565-3849 Fri: **Zac Amico** 7:30 p.m. Sat: Zac Amico 7:30 p.m. **Curtain Call Theatre** 1 Jeanne Jugan Lane

Druthers Brewing Company 1053 Broadway, Albany

Eden Cafe 269 Osborne Road #3, Albany 518-977-3771 Thurs: Who's Line is it? | 7 p.m.

Fri: **Open mic** | 8 p.m. The Egg Empire State Plaza., Albany

518-473-1845 Fri: **On A Winter's Night** 7:30 p.m.

Emack & Bolio's 366 Delaware Ave., Albany 518-512-5100

Empire Live/Underground 93 North Pearl St., Albany 866-468-3399 Wed: Within Destruction | 6 p.m.

Fri: King Buffalo 7 p.m. Sat: Boogie T | 7 p.m. **Empire State Plaza** Emprire State Plaza., Albany 518-474-2418

Fort Orange Brewing 450 North Pearl St, Albany

518-992-3103 Frog Alley Brewing Co. 108 State Street Schenectady

518-631-4800 Fuze Box 12 Central Avenue Albany 518-992-6434

Funny Bone 1 Crossgates Mall Rd #K-206, Albany 518-313-7484.

Fri: Aries Spears | 7:30 p.m. Sat: Aries Spears 7 p.m. Grappa '72 818 Central Ave., Albany 518-482-7200 Thurs: The Hamilton Street Jazz Trio 5:30-8:30 p.m

Fri: Earl Davis with Peg & Bill Delaney 5:30-8:30 p.m. The Hangar on the Hudson

675 River St., Trov 518-272-9740. The Hollow Bar + Kitchen 79 North Pearl St., Albany 518-426-8550 Lark Hall

351 Hudson Ave, Albany 518-599-5804

Sat: Weird Phishes | 8 p.m. The Linda 339 Central Ave, Albany 518-465-5233 Thurs: Rochmon Record Club Listening Party | 7 p.m. **McGeary's Irish Pub** 4 Clinton Square, Albany 518-463-1455 Tues: Trivia Night | 7 p.m. Nashville Of Saratoga 39 Phila Street, Saratoga Springs 518-909-6274 Thurs: Karaoke | 8 p.m. Fri: DJ Eric C Dance Party | 8 p.m. Nanola

2639 Rt 9, Malta 518-587-1300 Fri: The Schmooze 9 p.m.

No Fun 275 River Street Troy Ny Thurs: FACS / Sky Furrows / Proximity Crush | 8 p.m. Fri: Hellseeker | 8 p.m. Sat: Hooveriii / Gift / Lemon Of Choice | 8 p.m. **Olde English Pub** 683 Broadway, Albany. 518-434-6533

The Painted Lemon 54 Clifton Country Road Clifton Park NY 518-889-2166 Wed: Mike Latini | 6:30 p.m. Fri: Bob Fink | 6:30 p.m.

Sat: Cover to Cover | 6:30 p.m. **The Palace Theatre** 19 Clinton Ave., Albany 518-465-4663 Fri: Jo Koy | 8 p.m. Sat: Get The Led Out | 8 p.m. Sun: Black History Step Show & HYP3 Dance Competition | 5 p.m.

Panza's 129 So. Broadway, Saratoga Springs 518-584-6882 Thurs: The Nick Horace Experience 6 p.m. Fri: Chris Dollard 6:30 p.m. Sat: Colleen Pratt & The Peg Delaney **Duo** | 6:30 p.m. Sun: Sinatra & Friends | 5:30 p.m.

Parish Public House 388 Broadway, Albany 518-465-0444 **The Parting Glass**

40-42 Lake Ave., Saratoga Springs 518-583-1916 **Paulys Hotel**

337 Central Ave., Albany 518-426-0828 Fri: The Specialists and Iko The Dog

8 p.m. Sat: Black Cat Elliot | 8 p.m. Proctors

432 State Street., Schenectady 518-346-6204 Thurs: Akeelah and the Bee | 7 p.m.

Putnam Place 63a Putnam St., Saratoga Springs 518-584-8066 Sat: Gratefully Yours 9 p.m.

Rare Form Brewing Company 90 Congress Street Troy (518) 326-4303

Ravenswood Grill & Tavern 1021 NY 146, Clifton Park. 518-371-8771 Tues: Trivia Night | 6:30 p.m.

The Ruck 104 3rd St., Troy (518) 273-1872

Rustic Barn Pub 150 Speoigletown Rd, Troy 518-235-5858 Thurs: **Open Mic Night** | 5 p.m. Fri: The Ultimates | 8 p.m. Sat: Lou's Blues | 8 p.m.

The Saratoga Winery 462 NY-29, Saratoga Springs

Saratoga National 458 Union Avenue Saratoga Springs 518.583.4653

Saratoga City Tavern 19-21 Caroline St., Saratoga Springs 518-581-3230 Thurs: Karaoke | 9 p.m. Mon: **Bingo** | 8 p.m. Tues: Trivia | 8 p.m.

Sand Lake Center for the Arts 2880 NY 43 Averill Park 518-674-2007 Fri: Barefoot in the Park | 8 p.m. Sat: Barefoot in the Park | 8 p.m. Sun: Barefoot in the Park | 2 p.m. SPAC Avenue of the Pines, Saratoga Springs

518-584-9330

Trov Savings Bank Music Hall 30 Second St., Troy 518-273-0038 Sat: Czech National Symphony Orchestra | 7:30 p.m.

UPH

25 Washington Street, Saratoga Springs (518) 346-6204

Fri: The Music of Sam Cooke | 7:30 p.m. Sat: Jessica Vosk | 7:30 p.m. Vapor

342 Jefferson St, Saratoga Springs (518) 584-2110 Fri: Ten Most Wanted | 8 p.m.

Sat: Big Sky Country 8 p.m.

Van Slyck's Rivers Casino & Resort 1 Rush St., Schenectady 518-579-8800 Fri: Juice Box | 8 p.m.

Sat: Up The River | 8 p.m. Waterworks Pub 76 Central Ave., Albany 518-465-9079

Fri: Friday Night Dancing **& Karaoke** | 10 p.m.-4 a.m. Sat: Saturday Night Dancing & Drag | 10 p.m.-4 a.m.

Wicked 1602 Route 9, Clifton Park 518-467-8900

Wishing Well Restaurant 745 Saratoga Rd., Wilton 518-584-7640



Latham, NY Tel: 518 - 877 PLAY (7529) (518) 650-7996

EXHIBITS

Albany Institute of History and Art American Nineteenth Century

Sculpture:Erastus Dow Palmer and His Protégés Launt Thompson, Charles Calverley, and Richard Park-Designed to showcase the museum's nationally known collection of mid- to late-nineteenth-century sculpture, This exhibit is currently ongoing.

Ancient Egypt- Egyptologist and Guest Curator Dr. Peter Lacovara has incorporated the research and scientific discoveries revealed in the GE Presents: The Mystery of the Albany Mummies exhibition into a new exhibition about Ancient Egypt. This exhibit is currently onaoina

Traders & Culture: Colonial Albany and the Formation of American Identity- This exhibition looks at those diverse peoples who shaped colonial Albany and the objects that reflect their interests, values, commercial, and social interactions. This exhibit is currently ongoing. The Albany Institute of History and Art, 125 Washington Ave. Albany, 518.463.4478.

Albany International Airport Lumen

Each artist harnesses light and color through complex, and somewhat mysterious processes. The geometric edges of cast resin, bent and painted acrylic, and creased film are the unlikely sources of glowing projections and prismatic reflections. Shifts in the dimension and character of the works may be observed, as sunlight and weather change over the course of a day or a season. Ongoing until February 27th 2023 Location: 3rd Floor, Main Terminal, 737 Albany Shaker Rd, Albany, NY. 518-242-2241 or www.albanyairport.com/arts

Arts Center of the Capital Region

9

Abide With Me

Local artist Fern Apfel will present work

from 7 series within her prolific body of work. Apfel was awarded Best in Show in the Arts Center's Fence Show in 2020. Abide With Me opens to the public on January 19 th ; the opening reception will be held on January 27 th during Troy Night out. Apfel finds beauty in old papers and old things. Layers of paint and hand- written details present an intimate view of archived moments that are recurring in time and memory. Follow

her artistic journey where space, color and words intersect. In this solo exhibition. Apfel delves into remnants of the past in acrylic still-life paintings of old stamps, pages of diaries, and pages from well-thumbed books. Her minimalist approach to transcribing the ephemera onto wood panels breathes a preciousness and curiosity into each

work. Playing cards, stamped letters, illuminated manuscripts, and articles of clothing activate open fields of color of Apfel's numerous collections. Layers of paint and hand-printed archival ink capture every subtle detail to give reverence to each subject. More often than not, these subjects reference ephemeral relics of human connection. By painting them in this light, Apfel draws attention to these forgotten moments, capturing them in enduring compositions.

The Troy. Gallery hours: Daily, Monday-Thursday, 9 a.m. to 7:30 p.m., Friday, 9 a.m. to 4 p.m., Saturday, 9 a.m. to 5 p.m. and Sunday, noon to 4 p.m. 265 River St., Troy. Free admission. 518-273-0552 or artscenteronline.org

The Clark Art Institute On the Horizon

On the Horizon: Art and Atmosphere in the Nineteenth Century examines how artists and image makers incorporated new scientific and technological understandings of the atmosphere into their works and creative practices. Ideas about the airspace, both as a realm and as a physical frontier, signaled novel fun, interactive adventure where you are

atmosphere had a visual role to play in artworks---the aerial dimension came to be recognized as an essential and active pictorial element. To nineteenthcentury artists, air offered a major representational challenge: How is it possible to portray something typically characterized by its transparency? This exhibit goes from ongoing through Febuary 12th.

Promenades on Paper

In eighteenth-century France, people produced and collected drawings at a startling new pace. Speaking to members of the Royal Academy of Painting and Sculpture in 1732, the comte de Caylus (1692-1765), an antiquarian and art patron, lamented that artists were drawing too much and too often. A vast trove of drawings housed at the Bibliothèque nationale de France (BnF) in Paris suggests that this diagnosis of drawing's popularity was well founded. Highlights from the library's encyclopedic holdings, many of which are being exhibited for the first time, reveal the extent to which drawing had become an all-consuming pursuit. No longer limited to the painter's studio, drawing emerged as an autonomous mode of creation. This is ongoing until March 12th 2023.

Museum hours: Daily, from 10 a.m. to 5 p.m., Tuesday through Saturday. Admission: Adults, \$20; children 18 and younger, free. 225 South St., Williamstown, Mass. 413-458-2303 or www.clarkart.edu

The Jan Rutland Memorial Artists' Space

Gallery hours Thursday, Friday, and Saturday from 10 a.m. to 4 p.m. Free. Second Floor, National Bottle Museum, 76 Milton Ave., Ballston Spa. 518-885-7589 or nationalbottlemuseum.org miSci

Be the Astronaut - Be the Astronaut is a

artistic possibilities. Suddenly, the in control as you launch a rocket, pilot a Meyerowitz has pioneered and promoted spaceship, and drive a rover in space! The exhibit guides you as you discover the solar system first hand with the help of virtual astronauts as you land on multiple worlds, including the Moon, Mars, and Jupiter. Designed with the help of NASA experts, the exhibition is fun for the whole family and takes STEM learning into outer space. Throughout each stage of the exhibit, you have your own crew of virtual content experts. These digital characters help you learn what's needed to fly a spaceship, pilot a lander, and drive a surface rover. Then they are with you as you climb into the simulators to actually perform these feats, in a thrilling narrative adventure spanning the solar system. In each space capsule, a massive 70" monitor serves as the 'windshield,' giving you a first-person view of your adventures. Touch-screens and an industrial-quality joystick put you in command. During missions, the entire cockpit comes alive with animated lighting effects, game visuals, and sounds that make you believe you ARE an astronaut. Museum hours: Tuesday-Saturday, 10 a.m. to 5 p.m. (observatory open until 8 p.m. on Thursday); Sunday, noon to 5 p.m. 15 Nott Terrace Heights, Schenectady. Admission: Adults (13+), \$12; seniors (65+), \$10; children (3-12) \$8. Additional \$6/person for planetarium show. 518-382-7890 or www.miSci.org

> New York State Museum Unveiled: Wedding Wear in 19thcentury New York Captured: Recent Photography

Acquisitions

The New York State Museum is pleased to present a selection of recent acquisitions by four photographers: Irving Browning (1895–1961), Diana Mara Henry (b. 1948), Joel Meyerowitz (b. 1938), and Joseph Squillante (b. 1949). Browning captured New York City in the 1920s and 1930s: Henry is best known as a photoiournalist documenting social and political activism;

color photography; and Squillante is passionately devoted to the Hudson River. Ongoing until Febuary 27th 2023

Berenice Abbott: Changing New York

In 1929, after eight years in Europe, photographer Berenice Abbott (1898-1991) returned to New York City. She was inspired by its dramatic transformation. New construction was everywhere; hundreds of 19th-century buildings had been torn down to make way for dozens of skyscrapers. She was determined to capture this momentous change in photographs. Ongoing though July 2nd 2023.

Thomas Hart Benton

n 1956 Thomas Hart Benton was commissioned by Robert Moses, chairman of the New York Power Authority, to create two murals for the powerhouse building of the state's first hydropower facility in Massena. They feature Jacques Cartier's explorations of the St. Lawrence River and the Gulf of St. Lawrence. Alternately titled The Seneca Discover the French and Jacques Cartier Discovers the Indians, the murals depict the 16th-century encounters from two points of view. Benton took liberties with the timing of two actual events in his representation, however, combining them into a single scene for, he noted, "the sake of historical meaning." In spite of the inaccuracy, Benton had thoroughly researched the subject, studying Cartier's accounts and working with prints made shortly thereafter, as well as a model of the ship. In addition, Benton noted, the "Indian costumes, war clubs, head dresses etc. are for the most part based upon exhibits of Iriquois [sic] life in the State Museum at Albany, N.Y." These life groups were on view at the Museum when it was at the State Education Building. Ongoing until July 2nd 2023. Museum hours: Tuesday-Sun, 9 a.m. to 5 p.m.; 222 Madison Ave., Albany. Free admission; suggested donation of \$5/person or \$10/family. 518-474-5877 or www.nysm.nysed.gov **Opalka Gallery**

12pm to 5pm open late Thursday 12pm to 8pm. Monday by appointment. Gallery is located at Russell Sage College 140 New Scotland Ave. Albany, NY 12208.

Saratoga Arts

320 Broadway, Saratoga Springs. Free admission. Gallery hours: weekdays, 9 a.m. to 5 p.m.; Saturday, 11 a.m. to 5 p.m. 518-584-4132 or saratoga-arts.org

Schenectady County Historical Society

Ongoing: "Mapping Schenectady." Some of SCHS' most prominent and

interesting maps are now on permanent display in the Map Gallery. Also, "Beyond the Pines: Early Schenectady," an exhibit focused entirely on early Schenectady: its founding, its people, and what life was like for the city's earliest residents. Plus permanent exhibits. Museum hours: weekdays, 9 a.m. to 5 p.m.; Saturday, 10 a.m. to 2 p.m. Library and Museum, 32 Washington Ave., Schenectady. Admission: \$5. 518-374-0263 or schenectadyhistorical.org

Dan Sekellic Visual Arts Gallery

Gallery hours: Wednesday, 11 a.m. to 1 p.m. Sand Lake Center for the Arts, 2880 NY Rte. 43, Averill Park. Free admission. 518-674-2007 or slca-ctp.org

Tang Teaching Museum

Lauren Kelley Location Scouting-Conceived and designed for conversation. dialogue, study, and contemplation, Location Scouting is the fourth exhibition in a series that invites an artist to reimagine what a community space in the museum can be Artist and curator Lauren Kelley reshapes the Tang Teaching Museum's mezzanine by combining meditations on travel with snapshots of everyday life in her drawings, sculpture, and stop-motion animation videos. Using plasticine, toys, and souvenirs, Kelley's videos conjure worlds that are malleable and unfixed, inhabited by robust protagonists whose quirks stem

Gallery Hours Tuesday through Saturday

2 3 4 5 8 6 12 10 11 13 14 15 16 17 18 19 21 22 20 23 25 26 24 27 28 29 30 31 32 33 34 35 36 37 39 40 41 42 38 44 43 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59

CLUES ACROSS CLUES DOWN 1. Gastropods 1. Sea grape 5. European public health group (abbr.) 2. Confusing 3. Romanian monetary unit 9. A way to delight 11. Appetizers 4. The rate at which something proceeds 5. A prosperous state of well-being 13. Ancient heralds' wands 15. Make a booking 6. Asked for forgiveness 16. '___ death do us part 7. Makes less soft 17. Pearl Jam frontman 8. Part of speech 19. Spider genus 9. Outside 10. Advice or counsel 21. Fill with high spirits 22. A major division of geological time 11. Badness 12. Protein-rich liquids 23. Catch 25. An independent ruler or chieftain 14. Not moving 26. Electronic music style (abbr.) 15. Call it a career 27. Influential Spanish cubist painter 18. Poetry term 29. Illegally persuades 20. Not wide 24. Pastries 31. A way to derive 33. British School 26. Turns away 28. Satisfies 34. Appear alongside 36. Surely (archaic) 38. Harsh cry of a crow 39. A day in the middle 41. Kansas hoops coach Bill 43. The longest division of geological time 37. Dogs do it 44. The first sign of the zodiac 38. Chilled 40. Scorch 46. Appetizer 48. Link together in a chain 52. A bacterium 53. In a way, forces apart 54. Cheese dish 47. Feel bad for 56. Combines 49. Enclosure 57. In an inferior way 50. Assert 58. Colors clothes 59. Dried-up

30. Gift adornments 32. San Diego ballplayers 34. Manufacturing plant 35. Check or guide Unproductive of success 43. Electronic counter-countermeasures 45. Attack with a knife 51. Geological times 55. Midway between east and southeast

Answers on Pg. B13

from efforts to correct the asymmetrical encounter. relationships they Accentuating the off-kilter, Location Scouting speaks to the shifts and rifts inherent in navigating today's postpandemic landscape. Skidmore College, 815 North Broadway, Saratoga Springs. Museum hours: Tuesday - Sunday, noon to 5 p.m.; Thursday until 9 p.m. Free admission; suggested donations of \$5/ adult; \$3/child 13+; seniors, \$2. 518-580-8080 or tang.skidmore.edu

Union College Galleries Permanent Collection

The artworks in this exhibition were thoughtfully considered and purchased for inclusion in Union College's Permanent Collection over the past decade. These recent acquisitions have broadened the Collection's scope by incorporating contemporary African, African American, Asian, Indigenous Alaskan, and Native American artists. They include paintings, photographs, prints, digital media, mixed media, and works on paper. Exhibit is on going until June 12th 2023. Union College, Mandeville Gallery, Nott Memorial, 807 Union St. Schenectady, NY 12308

University Art Museum Near & Far: Six Photography Portfolios From The University At **Albany Fine Art Collections**

Photographers Tom Baril, Andreas Feininger, Larry Fink, Mary Ellen Mark, Edward Steichen, and Andy Warhol from the University at Albany Fine Art Collections offer nuanced views of social class, power, desire, and beauty. Mark's intimate American portraits make strangers feel familiar. Fink's candid shots of socialites oscillate between satire and seduction. Warhol's close-up Polaroids of celebrities and photos of empty New York City streets contrast with Feininger's towering telephoto images of New York from a distance. And Steichen's pictorialist sensitivity continues to resonate in Baril's tactile botanical studies and cityscapes. January 23rd through April 5, 2023 University Art Museum is located at 1400 Washington Avenue, Albany.

THEATRE

Barefoot in the Park

Set in a magical fairy kingdom beneath the roots of a great tree, this beloved classic performed by New York Theatre Ballet is filled with magic and poetry, and tells the tale of Princess Aurora from her fateful birth to her triumphant wedding. Corrie and Paul are newlyweds in 1960s New York City. After a hot and steamy honeymoon, the couple has moved in together for the first time and are learning that living together and showing one's true colors can, at times, make for a roller coaster of a marriage. Barefoot in the Park has delighted audiences for over 60 years. Catch the Show Febuary 18th and 19th at 6 p.m. Only at Sand Lake Center for the Arts, 2880 NY-43 Averill Park.

COMEDY

Zac Amico A comedian, broadcaster, and filmmaker from New Jersey who currently lives in Brooklyn. Zac Amico has appeared on Comedy Central, SiriusXM, and on Tru TV's Impractical Jokers. He has also had a hand in writing and filmmaking with legendary indie film production company Troma. He has worked on movies such as Shakespeare's Shit Storm, Return to Return to Nuke 'Em High Volume 1 and 2, Grindsploitation 3: Video Nasty, and

more. Zac also hosts popular podcasts Zac Amico's Midnight Spookshow, Real Ass Podcast, and Bi Guys. In addition, he moonlights as professional wrestling manager for Catalyst Wrestling, Pro Wrestling Magic, and many other independent companies. This can be seen February 17th with a second show on the 18th at 8 p.m. only at The Comedy Works, 388 Broadway, Saratoga Springs.

Aries Spears

Ever since Chicago native Aries Spears was 14 years old, he has been a force to be reckoned with in the comedy scene throughout America. His guick wit, charisma and ferociously aggressive style of comedy have earned him critical acclaim, high accolades, and above all, a busy schedule. From being a regular on Fox's Mad TV, starring in feature films, appearing on a number of national talk shows, and continually touring the country with his stand-up, Aries's talents are becoming recognized and appreciated throughout the entertainment industry. As a principal cast member on Fox's hit sketch comedy show Mad TV, Aries brought a fresh, hip style to the alreadyedgy program from the third through the tenth season. The producers made full use of many of Aries's talents by calling on him frequently to create new hilarious characters and write sketches. Some of the many recurring characters that Aries is famous for on the show include: Belma Buttons, Bill Cosby, Jesse Jackson, Mike Tyson, Walter (Crackheads), Reggie (Erascist), Dollar Bill Montgomery, Shaquille O"Neal, The Klumps, Michael Jackson, Sisgo, Evander Holyfield, El Diablo Negro and more. Aries also boasts a number of uproarious impersonations on the show that include James Brown, Al Pacino, and his childhood idol Eddie Murphy. The

Aries-branded sketch "Talkin' American" was Mad TV's most popular bit, keeping fans tuned in and boosting Mad's ratings impressively on Saturday night.Catch this show Febuary 17th at 7:30 p.m. with a second show on Saturday only at The Funny Bone, 1 Crossgates Mall Rd #K-206, Albany.

Jo Koy

As one of today's premiere stand-up comedians, Jo Koy has come a long way from his modest beginnings performing in a Las Vegas coffee house. Jo's uniquely relatable comedy pulls inspiration from his colorful family that has reached all kinds of people and has translated into sold-out arenas around the world. Koy started 2022 with a bang, selling-out the Climate Pledge Arena (over 14,000 tickets) in his hometown of Seattle. Today, he continues breaking sales records at some of the most prestigious venues around the world including Mall of Asia Arena (Manila, PH), The Forum (Los Angeles), Coca-Cola Arena (Dubai), ICC Theatre (Sydney, AU), and Radio City Music Hall (New York City) to name a few. In November 2022, Koy will headline for the first time at Madison Square Garden for The New York Comedy Festival. In 2017, Koy broke a record for the most tickets sold by a single artist at 23,000 tickets and 11 sold-out shows at The Neal S. Blaisdell Concert Hall in Honolulu. In response, the mayor's office in Honolulu proclaimed November 24th as "Jo Koy Day." Catch the show Febuary 17th at 8 p.m. only at The-Palace Theatre, 19 Clinton Ave.

MISCELLANEOUS Jerusalem Reformed Church

Soup, Sandwhich, and Desert Take-out. Saturday, October 9th from 4:00 - 6:30

p.m. Donations welcome. Please note, masks are required to enter the building. 1433 Indian Fields Rd, Feura Bush.

Trov Farmers Market

More than 80 food growers, bakers, chefs and artisans gather to offer the Capital District's freshest and finest! Live music, great food, family activities and learning opportunities. Every Saturday, from 9 a.m. to 2 p.m., Troy. Free admission. 518-708-4216 or www.troymarket.org.

Schenectady GreenMarket

Vendors, shoppers, musicians and friends gather at this festive marketplace featuring more than 60 vendors who produce everything they sell. Sundays from 10 a.m. to 2 p.m. Free admission. 518-986-0318 or schenectadygreenmarket.org/

Veterans Meet-Up

All veterans welcome to free coffee Tuesdays, from 6 to 8 p.m. Saratoga Coffee Traders, 447 Broadway, Saratoga Springs. 518-884-4999 or www.VeteransPeerConnection.org

Social Night/

Open House tours Get a feel for this amazing creative community. Free. Tuesdays, 6:30 to 8:30 p.m., Tech Valley Center of Gravity, 30 3rd St., Troy. 518-279-7863 or www.tvcog.net.

MUSIC

Tim Olsen Quartet

Tim Olsen is active as composer, performer, and educator. Born in 1961 in St. Paul, Minnesota, his early training involved playing trumpet in marching, concert, and jazz bands. Olsen began writing and arranging for these groups and picked up piano by ear. He went on to earn a Bachelor of Music (summa cum laude) in music theory and composition from Washington University in St. Louis (1983), a Master of Arts in music theory and composition from the University of Minnesota (1985), and Master of Music (1988), Master of Musical Arts (1989), and Doctor of Musical Arts (1995) in composition from Yale University. As a Fulbright Scholar in 1990-91, Olsen studied with composer Ib Nørholm at the Royal Danish Conservatory of Music in Copenhagen. Catch this show at Febuary 17th at 8 p.m. only at 9 Maple Ave.

Dave Fisk Quartet

Dave Fisk is a saxophonist in Albany, NY. Dave's interest in music started at a young age. His father, David Fisk Sr, was the source of his inspiration. His Father, (an amateur musician) introduced him to many styles of music; from Mozart to Hendrix to Paul Simon to Stan Getz. But it was when Dave's father played Miles Davis's album "Jazz Traxx" that Dave became "hooked" on jazz. The group on the album contained such notables as Juliann "Cannonball" Adderley, Alto Sax and John Coltrane Tenor Sax. Mr. Fisk entered the Crane School of Music as a Saxophone major pursuing a degree in music education with a minor in Jazz Studies. At Crane he studied with Robert Faub and Brett Zvacek. He also had the privilege to study with other musicians such as Dave Dempsey, Jim Corigliano, Joe Magnarelli, Mark Vinci and Ralph Lalama. After Crane, Dave started his professional teaching career at the Taconic Hills Central Schools. Now, for the past 12 vears he has been at Niskavuna Central Schools where he is the director of the high school jazz ensembles and also the director of the high school concert band. Teaching music, especially jazz, has be-





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9, 1993 in New York, Juan's talents were

come a passion for Mr. Fisk and continues to inspire him to this day. In addition to teaching, Dave has been a regular performer in the Capital District. As a leader of a quartet he has performed regularly at local venues. He is also a member of Keith Pray's Big Soul Ensemble and has had the honor of being a guest with many other area Jazz musicians. He has also performed with the Capital Region Wind Ensemble, Empire Jazz Orchestra (as a sub) Leo Russo Octet, and the Leo Russo Big Band. Catch this show at Febuary 18th at 8 p.m. only at 9 Maple Ave.

Hannah Marks, Outsider, Outlier / Up and Orange

Hannah Marks is a bassist, bandleader, composer, and educator living in New York City. As a bandleader, she has performed at several major festivals, including the Detroit Jazz Festival, Hyde Park Jazz Festival, 80-35 Music Festival, Iowa City Jazz Festival, and Indy Jazz Festival. Her current groups as a leader are Hannah Marks: Outsider, Outlier, a genre-defying, lyric-based project, and the Hannah Marks Quartet. She is a frequent sideman with Geoffrey Keezer, Ingrid Jensen, Kalia Vandever, Matt Wilson,

RIVER GRUISING

ACATIO

Ted Nash, Morgan Guerin, and Marcus Printup, and has performed at heralded NYC venues like Birdland Jazz Club, The 55 Bar, The Stone, and The Jazz Gallery. Heavily influenced by her love for punk, noise, and free improvisation, Outsider, Outlier revolves around lyrics and music depicting pivotal events in Marks' search for belonging and empowerment. Since forming in 2022, the band has toured the East Coast and played 80-35 Music Festival in Des Moines, IA. With chunky grooves, soaring melodies, and blissful improvisation, Up and Orange has something for every dancing thinker. The Hudson Valley-based band takes listeners on a journey through memorable compositions and deep jamming that draw on a variety of influences, including rock, funk, jazz, and electronica. Catch this Febuary 16th at 8 p.m. only at The Avalon Lounge 29 Church St. Catskill.

Joe Louis

A Blues Hall of Fame inductee and sixtime Blues Music Award winner, NPR described Joe Louis Walker as "a legendary boundary-pushing icon of modern blues." His output spans the gamut of American Roots music, and he is regarded as one of his generation's greatest bluesmen. A

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brilliantly lyrical guitarist, soulful singer, and prolific songwriter, Walker has recorded with Ike Turner, Bonnie Raitt, Tai Mahal, and Steve Cropper, opened for Muddy Waters and Thelonious Monk, hung out with Jimi Hendrix, Freddie King, Mississippi Fred McDowell, and was a close friend and roommate of Mike Bloomfield. Set to release on February 17th, Walker's newest album "Weight of the World," showcases the depth of his influences and the prowess with which he commands different genres. Catch this Febuary 8th and 16th at 7 p.m. only at Caffe Lena, 47 Phila Street, Saratoga Springs.

Tannahill Weavers

With fire-driven instrumentals and songs, haunting ballads and a good dose of humor, the Tannahill Weavers have transformed traditional Scottish material and brought it into the modern world, vitally alive and kicking. Members of the Scottish Traditional Music Hall of Fame, in 2021 the Tannies were joined by exciting piper and fiddle player lain MacGillivray, who is also Scotland's youngest Clan leader. lain, a fluent Gaelic speaker, has worked on such exciting productions as Outlander and Men in Kilts, and has performed for a huge list of stars and dignitaries in recent years.Catch this Febuary 17th at 8 p.m. only at Caffe Lena, 47 Phila Street, Saratoga Springs.

America Sings!

couraged to contribute through a virtual

donation to support both Opera Saratoga

and this concert series. American mezzo-

soprano Cierra Byrd is in her third year

with The Metropolitan Opera Lindemann

Young Artist Development Program. Last

season, Ms.Byrd made her Met debut as

Bertha in the historic, Grammy-nomi-

nated production of Terence Blanchard's

Fire Shut Up in My Bones. This season,

she returned to the Met stage as Woman

of Crete in Mozart's Idomeneo. Recently,

Ms. Byrd appeared in Mahler's Sympho-

ny No.3 with The Baltimore Symphony

Orchestra, under the baton of Marin Al-

sop. She is a recent graduate of Peabody

Conservatory, from the studio of Marga-

ret Baroody and Denyce Graves. Pianist

Juan Lázaro has been playing the piano

since the young age of four. Born on June

Mary Fahl

Sounding like no other singer of her generation, Mary Fahl is an expressive, emotional singer-songwriter who first achieved fame as lead singer and cofounder of the mid-1990s NYC- based chamber-pop group October Project. As a solo artist, Mary Fahl makes music that feels timeless, esoteric and ecumenical with an earthy, viscerally powerful contralto. Her songs are elegant and cinematic with a hauntingly gothic romanticism. Fahl has released several compelling albums, including the fantastic re-working of Pink Floyds Dark Side of the Moon for V2 Records and her wonderful, original studio album The Other Side of Time on Sony Odyssey. She has also written and performed songs for several major motion pictures, including the lead song (Going Home) for the Civil War epic Gods and Generals. Catch this Febuary 18th at 8 p.m. only at Caffe Lena,

Opera Saratoga Presents

47 Phila Street, Saratoga Springs.

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AMERICA SINGS is a concert series that discovered by the Bulgarian pedagogue Boriana Savova and began performing amplifies the voices of BIPOC artists, who at the age of six. In 2006 Juan entered have historically been underrepresented the Mannes College Preparatory Division on the concert stage. Each event will and began extensive study with Irina feature a wide array of classical, jazz, and Edelman.An active performer, Juan has popular music. AMERICA SINGS concerts will be hosted in partnership with Caffè Lena, and will also be live-streamed to the public for free, but viewers are en-

given numerous solo and collaborative recitals in New York concert stages such as Steinway Hall, Yamaha Hall, and Weill Recital Hall. In 2015, Juan graduated from his Bachelor of Music degree studies at the Juilliard school under the tutelage of Jerome Lowenthal. In 2019 he graduated with his Masters Degree in Vocal Collaborative Piano from Manhattan School of Music under Thomas Muraco. As a vocal coach, he was admitted to the Aspen Music Festival as an Opera Fellow and Music Academy of the West. Juan is currently a Lindemann Young Artist at the Metropolitan Opera. Catch this Febuary 19th at 7 p.m. only at Caffe Lena, 47 Phila Street, Saratoga Springs.

Late Night Philosophers

Founded in early 2017 by Mike Thomas, Evan Marley Wallace and Rob Booker, The Late Night Philosophers are a music collective that performs as a duo up to a ten piece band, creating a flexible sonic





ARIES - MAR 21/APR 20

You might feel caught up in a daze this week, Aries. Your mind continues to wander, but your thoughts will settle down soon enough.

TAURUS - APR 21/MAY 21

Make an effort to bring more people onto your side, Taurus. You can't possibly win everyone over, but others might be receptive to your ideas with the right approach.

GEMINI - MAY 22/JUN 21

A sit down with a higher-up could be in order soon, Gemini. Explain your attributes and what you have been doing for the company and make an effort to compromise, if necessary.

CANCER – JUN 22/JUL 22

Cancer, you are still following through with resolutions to be more organized. Start slowly and build up to bigger projects when you gain confidence in your abilities.

LEO - JUL 23/AUG 23

Celestial energy has you temporarily doubting your abilities, Leo. Normally you are quite confident in your creativity. Give things a little time to settle down.

VIRGO - AUG 24/SEPT 22

Virgo, excitement could be on the horizon. Caution is needed, but don't hesitate to embrace the renewed vigor this development inspires.

LIBRA - SEPT 23/OCT 23

Libra, this week you may start micromanaging other people without even realizing it. You certainly want things to be in order, but sometimes you have to let others be.

SCORPIO - OCT 24/NOV 22

Retail therapy has its allure this week, Scorpio. If you must buy, direct your purchasing dollars toward a sweetheart for Valentine's Day or another special occasion.

February 2023 Week 3

SAGITTARIUS - NOV 23/DEC 21

Sagittarius, ground yourself with the small luxuries in your life that bring you joy. This could be the company of friends or cherished mementos.

CAPRICORN - DEC 22/JAN 20

Misinformation seems to circulate with ease, but don't believe everything you hear this week, Capricorn. You may need to do some fact-checking of your own.

AQUARIUS - JAN 21/FEB 18

Aquarius, you could be tempted to indulge in a little gossip as the rumors start flying this week. Take the high road and resist the urge to join in.

PISCES - FEB 19/MAR 20

FOR ENTERTAINMENT PURPOSES ONLY

Pisces, if you feel a little off your game this week, find a friend who can offer you a pep talk. That's all you need to bounce back.

experience that can fit in any situation. Pulling from various influences of modern and classic music, the Philosophers create a harmonious, funky and soulful musical stew steeped in Americana See them live Febuary 18th at 8 p.m. only at Centre Street, 308 Union Street, Schenectady.

The British Legends of Rocks Show

Spend an evening with ALL of your favorite British 60s & 70s rock bands A-7. The Animals to Led Zeppelin and everything in-between! This well-orchestrated show equates to a powerful visual and musical rock and roll buffet celebrating the two undisputed greatest decades of British rock music combined with a period correct pop-culture video timeline that takes the audience back to what was occurring across the pond in American culture during these two amazing decades of music. See this show Febuary 17th at 8 p.m. only at Cohoes Music Hall, 58 Remsen StreetCohoes.

On A Winter's Night

Four revered singer-songwriters join together to celebrate the cozy season. Cliff Eberhardt - the highly intelligent, articulate artist whose penetrating and profound lyrics are sometimes overshadowed by his extraordinary guitar playing; John Gorka, the quintessential singer-songwriter of the 90's folk scene who has been hailed by Rolling Stone as "the leading singer/songwriter of the New Folk movement,"; Lucy Kaplansky who has the unique ability to make every song sound fresh, whether singing her own sweet originals, covering country classics or singing pop favorites and Patty Larkin who redefines the boundaries of folk-urban pop music with her inventive guitar wizardry and uncompromising lyrics and vocals. See this show Febuary 17th at 7:30 p.m. only at The Egg, PO Box 2065, Albany.

Within Destruction

Within Destruction is a Slovenian deathcore band that formed in 2010 They have released four full-length albums.

They have played as support acts for Suicide Silence, Benighted, Belphegor as well as appearing several times on the biggest Slovenian metal festival Metaldays. Catch this show live Febuary 15th at 8 p.m. only at Empire Underground, 93 North Pearl Street, Albany.

King Buffalo

King Buffalo is the trio of vocalist/guitarist Sean McVay, bassist Dan Reynolds, and drummer Scott Donaldson. Since forming in 2013, the self-proclaimed "heavy psych" band has made its name via 4 EPs, 4 Full-lengths, and tours with the likes of Clutch, All Them Witches, Uncle Acid & the deadbeats, The Sword and Elder. Rochester, New York-based trio King Buffalo will issue their fifth fulllength, Regenerator, on Sept. 2, 2022, as a self-release in North America and through Stickman Records in Europe. Preorders will be available on June 10th Written and recorded by the band with mixing and engineering by guitarist/ vocalist Sean McVay and mastering by Bernie Matthews, the seven-song outing is the third in King Buffalo's stated 'pandemic trilogy,' following Two of 2021's Best Albums in The Burden of Restlessness and Acheron. Catch this show live Febuary 17th at 8 p.m. only at Empire Underground,93 North Pearl Street, Albany.

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Weird Phishes

Weird Phishes is exactly what it sounds like - the iconic melancholy rock songs of Radiohead completely reborn as danceable, crunchy jams. With full-album performances, unexpected mashups,

and gluey funk-driven improvisation, their jam-heavy take on alt-rock classics has sparked an unexpected energy in audiences across the northeast. Cleverly avoiding the "tribute" trope, Weird Phishes continues to push the envelope of what a mashup band can be, delivering performances that need to be experienced in order to believe. A quick glance at the band's social media gives a glimpse into why this unlikely mashup proves worthwhile. "Bought tickets on a whim because I love both bands, had wanted to check out the club, and thought it would be amusing. I was not expecting such incredible musicianship and thought that had gone into their set...it was one of the best shows I've seen in years." Said one user. "Clean, creative mashups of a favorite album and great Phish selections. Great energy." says another. "Impossibly excellent show." In July 2019, Weird Phishes solidified their place in the New England jam community, playing back-to-back afterparties after Phish's performances at Fenway Park. With a growing fanbase and an ever-changing setlist, the band continued their breakout year with a fall run to the midwest. In a weird bout of poetic justice, Weird Phishes was the last band to play at northeast iam-staple venue Nectar's before the coronavirus pandemic of 2020. When live music came back in 2021, Weird Phishes returned with a force. The band made its triumphant return with a headlining performance at the inaugural Safe and Soundz festival, and took a victory lap with appearances across the northeast at Circus of Life Festival and a sold-out performance to christen Boston's newest venue, Aeronaut Cannery. Catch this

show Febuary 18th at 8 p.m. only at Lark Hall 351 Hudson Avenue Albany.

Rochmon Record Club Listening Party, Paul and Linda Mc-Cartney's 'RAM"

On Thursday, January 19 at 6:30 The Rochmon Record Club will converge to listen to and learn about Paul McCartney's 2nd album after leaving The Beatles, "Ram", at The Linda, WAMC's Performing Arts Studio, 339 Central Ave., Albany. "Ram", released in 1971, is credited to both Paul & Linda, While poorly received by the critics, "Ram" went to #2 in the US, and #1 in the UK, providing Mc-Cartney his first solo #1 single, "Uncle Albert and Admiral Halsey". Paul was onto something, channeling the future and pointing to where music would be 52 years after "Ram's" release. "Ram" is one of those albums that gets better with age and sounds as vital today as when it was recorded. All those reviewers have since changed their tune. Come hear why "Ram" is now considered to be one of McCartney's best, post-Beatles albums. Tickets are available online at thelinda.org Rochmon Record Club Listening Parties begin at 7 pm with a live audio & video presentation by Chuck Vosganian aka "Rochmon". A Rochmon Record Club Listening Party is meant to inform and deepen our understanding of the history of the individual performers, the songs and stories that went into the making of this iconic album. Catch this show Febuary 16 th at 7 p.m. only at The Linda WAMC's Performing Arts Studio, 339 Central Avenue, Albany.

FACS / Sky Furrows / **Proximity Crush**

FACS use minimalism and space to create abstract modern art rock Fronted by poet Karen Schoemer, Albany NY's Sky Furrows combine influences from krautrock, NZ bands the Clean and the Verlaines, the Minutemen, Sylvia Plath and early Sonic Youth. Schoemer collaborates with bassist Mike Watt in Jaded Azurites, and with Wreckless Eric & Amy Rigby. Eric Hardiman, Mike Griffin and Phil Donnelly are members of psych rock unit Burnt Hills. Catch this show Febuary 16th at 8 p.m. only at No Fun, 275 River Street Trov.

During the Summer of 2020 when most

Hooveriii/Gift/ Lemon Of Choice

of us were at home staring at the wall we decided to take advantage of our free time and collaborate on some demos with the intention of making album 3 down the road. Due to the circumstances at hand they were often worked on in this order: Owen & I (Bert) would meet up and track drums and guitar, maybe jam a little but ultimately get the general blueprint of the idea. We would email the files to Kaz, who would then record his parts. Then Gabe & James would come by and record their sections in my living room (most of the acoustic parts were recorded through the back door of my house into the garden). And so on. Not very exciting stuff! But I think we're all very proud of how collaborative these songs were. Really the most thorough demoing I will probably ever be a part of. We even have demos of the demos, but that's for another time. Some songs stayed more or less the same, some songs changed a whole lot. We are stoked to let you in on the process Catch this show Febuary 18th at 7 p.m. only at No Fun, 275 River Street Troy.

Black Cat Elliot

The sound is a mixture of CBGB's era punk (Ramones, New York Dolls, the Clash), 70's hard rock/power pop (Aerosmith, vintage KISS, Cheap Trick) and 90's grunge. "There Is No Good In Us", as well as previous recordings, "Never Come Clean" and "Threads Tearing From The Inside", are available on all digital platforms as well as on CD. So, give yourself a listen and see why Blackcat Elliot has been Albany's Favorite Garage Rockers® since 2001. See this show Febuary 18th at 8 p.m. only at Pauly's Hotel: 337 Central Ave., Albany.

Gratefully Yours

Gratefully Yours is a Grateful Dead inspired band, based out of New Paltz, NY. The band was conceived and founded in 2012 by keyboardist Alex Mazur, who is also the founder of The Deadbeats: one of the longest running Grateful Dead cover bands in existence. However, "cover band" is an extremely misleading term when it comes to the music of Gratefully Yours. Their willingness and ability to improvise, and their openness to spontaneity and the energy of the moment lie at the core of their performances and truly sets them apart. In the very best tradition of The Grateful Dead. it is this openness that allows the crowd to become a part of the creative process and results in a synergy between the band and the crowd that is unique and truly special. It is that magic that Gratefully Yours truly aims to "cover" and pay tribute to. Catch this show Febuary 18th at 9 p.m. only at Putnam Place, 63a Putnam Street, Saratoga Springs.

Czech National Symphony Orchestra

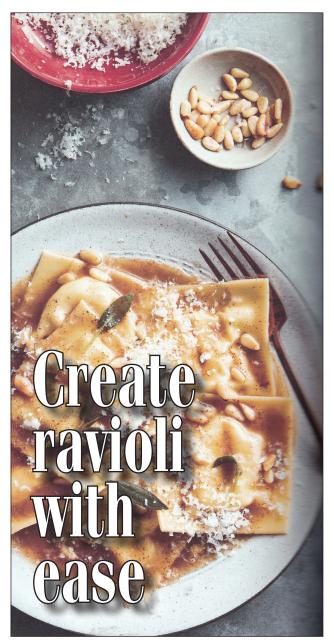
Grammy-nominated violinist, Robert McDuffie, enjoys a dynamic and multi-faceted career. While appearing as soloist with the world's foremost orchestras, he has also shared the stage with Chuck Leavell and the late Gregg Allman in Midnight Rider and with actress/playwright Anna Deavere Smith in Martin Luther King, Jr.'s Letter from Birmingham Jail. Philip Glass dedicated his Second Violin Concerto, The American Four Seasons, to Mr. McDuffie. Mike Mills of the iconic band R.E.M. has composed a Concerto for Violin, Rock Band, and String Orchestra for him. Robert McDuffie is the founder of both the Rome Chamber Music Festival in Italy and the Robert McDuffie Center for Strings at Mercer University in his native city of Macon, Georgia. Mr. McDuffie holds the Robert McDuffie Violin Faculty Chair at the Aspen Music Festival and School. Catch this show Febuary 18th at 7:30 p.m. only at The Troy Savings Bank Music Hall, 30 second street, Troy.

The Music of Sam Cooke

Sam Cooke, AKA Mr. Soul, pioneer of what we have now come to know as SOUL MUSIC. His influence has spanned over 60 years and touched every single individual, directly and or indirectly, in every genre of music from Country to Rock to Pop. His influence can be hidden behind the veil of his music but when you truly dissect his life you'll find that his true influence lies in his business acumen and willingness to blaze a trail for himself and others of his elk in a time when it wasn't socially acceptable to even use the same bathrooms as whites let alone own your record label own your own publishing and artist repertoire, perform on non segregated stages all while being an avid contributor to the equal rights, civil rights movement. Catch this show Febuary 17th at 7:30 p.m. only at Universal Preservation Hall, 25 Washington Street, Saratoga Springs.







www.heatyourdriveway.com

FOOD and VINO

avioli can tempt the taste buds. Ravioli are perfect pillows of pasta filled with cheese or other ingredients. Ravioli can be dressed with many different sauces, or even be battered and fried for a savory appetizer.

This recipe for "Brown Butter-Balsamic Ravioli" from "Rachael Ray 50: Memories and Meals from a Sweet and Savory Life" (Ballantine Books) enables home cooks to be as invested in their ravioli meals as they care to be. The abbreviated version of this recipe below offers the Brown Butter-Balsamic Sauce, which can be served on top of store-bought ravioli. Otherwise, you can make ravioli from scratch. The ingredients for a Basic Egg Pasta follow.

Brown Butter-Balsamic Ravioli

INGREDIENTS: Serves 4

- 6 tablespoons butter
- Finely chopped fresh flat-leaf parsley or 16 sage leaves
- 2 tablespoons balsamic drizzle (or reduce 1/3 cup balsamic vinegar and 1 tablespoon [packed] light brown sugar down to 2 tablespoons thickened vinegar)
- pound ravioli, homemade or store-bought 1 Toasted pine nuts, chopped hazelnuts, or walnuts (optional) Grated Pecorino or Parmigiano-Reggiano

Bring a large pot of salted water to a boil. Cook ravioli until desired tenderness.

While ravioli are boiling, heat a large skillet over medium heat. Add the butter in 1-tablespoon tabs and melt. Add the sage, if using, and cook the butter for 2 to 3 minutes, until nutty and deeply golden. Remove the sage to a paper towel-lined plate. Remove the butter from the heat

and add the balsamic drizzle or reduced balsamic. Add the sauce and about 1/2 cup salty cooking water from the pasta to the ravioli to coat evenly. Top with nuts, if using, sage or parsley, and pass more cheese.

Basic Egg Pasta

INGREDIENTS: Makes 4 servings

cups super-fine Italian flour or 3 cups AP flour, plus more for rolling.

- teaspoon kosher salt or fine sea salt 1
- 2 large eggs plus 3 large yolks, at room temperature About 1 teaspoon extra-virgin olive oil (EVOO)
- 1 to 3 tablespoons warm water

INSTRUCTIONS

On a large work surface, mound the flour and season with salt, then use your hands to push the flour away from the center of the mound to form a well at the center. In a bowl, whip up the whole eggs, egg yolks, and EVOO and add to the well. Using a fork and working around the perimeter of the well, slowly combine the flour with the eggs and oil until they are incorporated and absorbed. Start to knead the shaggy dough once you get to the outside of the well. If the pasta dough will not come together, add 1 to 2 tablespoons of warm water. When the dough forms, place it in a bowl and then clean the work surface. Knead the dough on a lightly floured surface in one direction, away from your body, forming a wave or shell out of the dough. Ball it up, knuckle-knead firmly, then repeat, turning the dough at a 45-degree angle, then starting the knead all over again. Knead the dough for at least 15 minutes, until it is smooth and elastic. (It will look shaggy for a while; don't worry it will get smooth! Just keep at it!) Cover the dough with a kitchen towel and let stand an hour or so, or wrap and chill it overnight, bringing it back to room temperature to prepare. Use this dough to make your favorite pasta.



HEALTH and FITNESS

Addressing matters of the heart

Early warning signs for heart disease

ardiovascular disease claims more lives across the globe every year than any other disease or condition, and many of those fatalities are credited to heart disease. Though the terms "cardiovascular disease" and "heart disease" are often used interchangeably, the National Heart, Blood and Lung Institute notes that, while all heart diseases are cardiovascular diseases, not all cardiovascular diseases are heart diseases. This is an important distinction, especially as adults discuss heart and cardiovascular health with their physicians.

The NHLBI reports that more than one in 10 American adults have been diagnosed with heart disease, which underscores the serious threat posed by the various conditions that fall under



the umbrella of the condition. Though NHLBI data indicates around 630,000 Americans die from heart diseases each year, many of those deaths are preventable. The same goes for Canada, where data from the Canadian Chronic Disease Surveillance System indicates that every hour roughly 14 Canadian adults age 20 and over with diagnosed heart disease lose their lives.

Education is one of the ways in which deaths due to heart disease can be prevented. That's especially true when individuals learn to recognize warning signs of the disease and take prompt action once such indicators appear.

• Chest pain: Discomfort

between the neck and upper abdomen is characterized as chest pain, which does not necessarily indicate the presence of heart disease. However, the experts at Mount Sinai indicate that chest pain is the most common symptom of poor blood flow to the heart or a heart attack. Chest pain may occur because the heart isn't getting enough oxygen or blood. It's important that individuals recognize that the intensity of pain in the chest does not indicate the severity of the problem. That means that even mild discomfort in the chest should be brought to the attention of a physician immediately.

• Shortness of breath: Shortness of breath can occur because the heart isn't pumping blood as well as it should, thus causing blood to back up in the veins that go from the lungs to the heart. Mount Sinai notes that this results in fluid leaking into the lungs, thus producing shortness of breath. Shortness of breath can occur at any time, including when individuals are active or at rest.

• Coughing or wheezing: Another indicator of fluid buildup in the lungs related to the heart is persistent coughing or wheezing. When coughing, individuals may spit up a pink or bloody mucus.

• Swelling in the lower legs: Mount Sinai notes that swelling in the legs, ankles or feet is another indicator of heart troubles. One of the byproducts of a poorly functioning heart is slower blood flow, and that reduction in flow can cause a backup in the veins of the legs. That backup can cause fluid to build up in the tissues, which leads to swelling.

Heart disease is a significant threat to public health. Learning to recognize signs of the disease can save an untold number of lives.

Services in the Spotlight

SERVICE DIRECTORY DEADLINES — Proof Ads: Tues. at 2 P.M. | Non-Proof Ads: Wed. at 2 P.M. | Please note: holiday weeks will have earlier deadlines, please call ahead.







Send me your suggestions to halliseym@spotlightnews.com. The goal for this week's playlist was to provide some high energy to add a little zest to your step. The lead track is a gift. Its a brand new release from E.R.I.E, who intends to drop a new LP in April. The album, "Suburban Mayhem" is the band's second under Mint 400 Records. The first single, "World is on Fire," features a collaboration with Sydney Worthley. The song is currently streaming on Spotify, and I intend to keep it on my playlist for awhile. E.R.I.E. hits the road for a show at The Delancey in New York City on Thursday, Feb. 16, followed by a stop at Black Barrel Records in Shelton, Conn. the next day. See them at Lark Hall on Saturday, March 18.

World is on Fire E.RI.E., Sydney Worthley

Messin' with Me Northern Faces

Goldmine Hanzolo

Holiday in Vegas Young Culture

Everybody but You State Champs, Ben Barlow You Don't Get Me High

Anymore Phantogram

Adult Summers (PART 1) Prince Daddy & the Hyena

Bulldog Candy Ambulance

Shadows **Nvmbis**

Beatdown Generation Millington

We Own Nothing Stellar Young

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I Can See Kory Alexander

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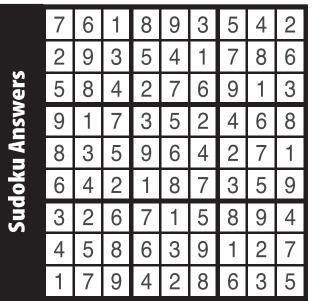
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CONCERT REVIEW



China White / Uncivil Liberty / Super 8 Six / Ginsu Project at Wicked By AMY KLEMME nippertown.com

CLIFTON PARK – Friday night, metal fans packed into Wicked to celebrate the triumphant return of Mark Garrett to the store after a long battle with concer

the triumphant return of Mark Garrett to the stage after a long battle with cancer. The night featured four bands – Ginsu Project, Super 8 Six, UnCivil Liberty, and China White – playing a mix of hard rock covers and original metal.

Mark Clement, top left, stands with fellow bandmates from Uncivil Liberty following a performance at Wicked.

Amy Klemme / Nippertown

The night was especially meaningful because Garrett had played in all three of the latter bands – Super 8 Six, UnCivil Liberty, and China White. His friends and fans were thrilled to see him back in action behind the kit and playing his heart out with his bandmates once again.

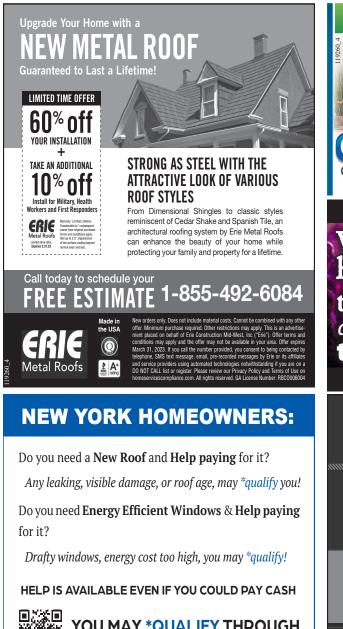
Ginsu Project kicked off the show with a high-energy set that got the crowd fired up. The packed house was highly anticipated and very welcoming to all of the bands, with loving and adoring fans filling the room.

As always, Michelle Maneri's lighting was superb, and Ryan Neilsen provided polished and pristine sound. All of the bands had dynamic stage presence that reflected the music they were performing.

Notable moments included audience participation, guest musicians, and lots of love from a max capacity crowd of longtime friends. It was a night to remember, filled with great music and the celebration of a true fighter's return to the stage.







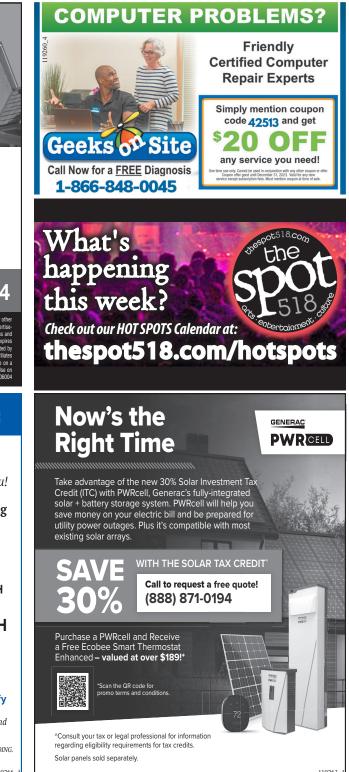


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