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■ TOP STORY

River Road crash claims life

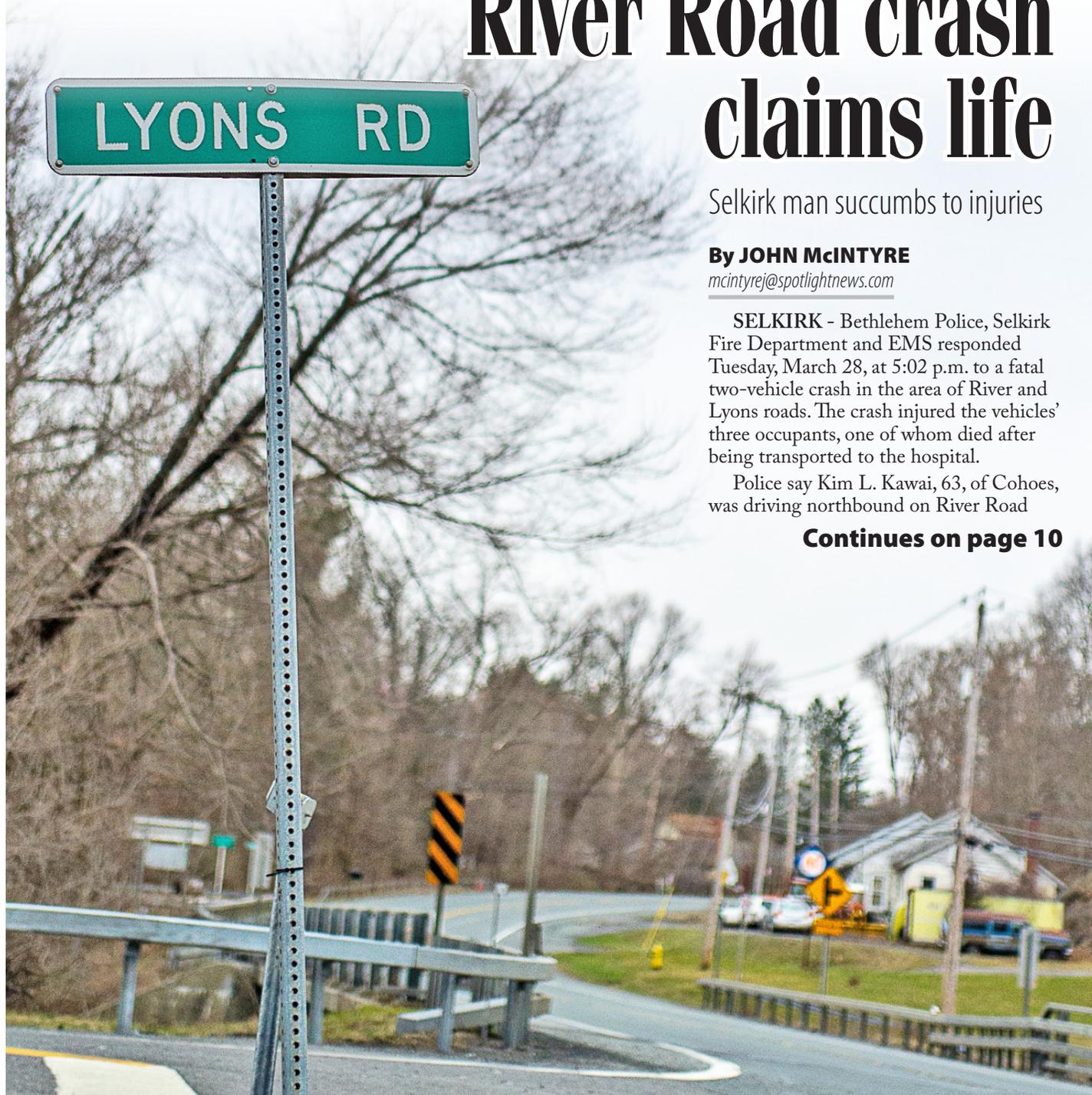
Selkirk man succumbs to injuries

By **JOHN McINTYRE**
mcintyrej@spotlightnews.com

SELKIRK - Bethlehem Police, Selkirk Fire Department and EMS responded Tuesday, March 28, at 5:02 p.m. to a fatal two-vehicle crash in the area of River and Lyons roads. The crash injured the vehicles' three occupants, one of whom died after being transported to the hospital.

Police say Kim L. Kawai, 63, of Cohoes, was driving northbound on River Road

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■ ENTERTAINMENT

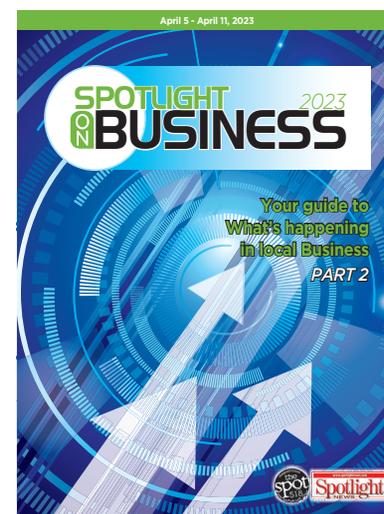


Kickin' it 'old school'

Exploring a centuries old schoolhouse.

Story on Page B1

■ BUSINESS



Spotlight on Business

Your guide to what's happening in local business.

Inside this issue>



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■ POLICE, FIRE and EMERGENCY CALLS

Man sentenced Glenmont weapons case

From October discovery of weapons cache in car

ALBANY - 35-year-old Kyle Brush of Earleton, NY, was sentenced to 4 1/2 years in State Prison, followed by 3 years of post-release supervision on Friday, March 24 in Albany County Supreme Court for an October arrest at Walmart in Glenmont where he was arrested on charges for having a cache of weapons and illegal materials.

On February 3, 2023, he pleaded guilty to one count of criminal possession of a weapon in the third degree, a class d violent felony, before Judge Roger McDonough .

On Monday, Oct. 10, at approximately 10:11 p.m., Bethlehem police performed a traffic stop in the Walmart parking lot after the police patrol vehicle's license plate reader alerted the officer that the vehicle had an expired registration while

it was traveling on Route 9W.

Brush was found to not have a valid license and the vehicle was not insured. He was taken into custody and processed for aggravated unlicensed operation and operating a motor vehicle with a suspended registration, both misdemeanors, and operating a vehicle without insurance. He and a front seat passenger, Rachael M. Thompson, 40 of Albany, NY were issued appearance tickets and released from the scene, but the car was to be towed from the scene.

When officers were doing an inventory of the vehicle prior to being towed, they found the cache of weapons and bomb-making materials.

According to reports, numerous illegal knives, a rifle (ghost gun), a ballistic vest, large capacity pistol magazines, bomb making materials, brass knuckles, throwing stars, a silencer, and an expandable baton, all of which are considered

weapons under NY law.

After the discovery of the evidence, officers located Thompson inside Walmart and she was arrested. She was in possession of a pistol, also a ghost gun, when she was arrested.

Bethlehem police located Brush a short time later on South Pearl St in the City of Albany and he was taken into custody.

At the time, Brush was additionally charged with, criminal possession of weapon – loaded firearm, criminal possession of a weapon – bomb/silencer/machine gun, criminal possession of weapon – ammunition feeding device, criminal possession assault weapon, criminal sale firearm – unauthorized person and criminal possession of weapon – previous conviction, all felonies.

Continues on 12

Weekly Volunteer FIREFIGHTER CALLS

Bethlehem Volunteer Fire Log March 24 – March 31

Each Week, Spotlight News lists calls from Delmar, Elsmere, North Bethlehem, Slingerlands and Selkirk fire companies. These department are comprised of local volunteers. Please consider serving your neighbors as a volunteer firefighter.

Friday, March 24

5:21 PM Fire Call NEW SCOTLAND RD Slingerlands VFD

Saturday, March 25

1:41 AM Structure Fire Confirmed WESTERLO ST Elsmere, Selkirk, Slingerlands VFD

8:20 AM Alpha NORYL AVE SABIC Fire and EMS

7:35 PM Structure Fire Alarm FEURA BUSH RD, 200 Elsmere VFD

Sunday, March 26

9:44 PM Crash Unknown NEW SCOTLAND RD Slingerlands VFD

Monday, March 27

12:20 PM Carbon Monoxide No Illness LANSING DR Slingerlands VFD

Tuesday, March 28

5:02 PM Crash PI RD / LYONS RD Selkirk VFD

9:11 PM EMS Call AUTUMN DR, 102 North Bethlehem VFD

Wednesday, March 29

7:15 AM Structure Fire Possible THORNDALE RD Slingerlands, Elsmere VFD

2:40 PM EMS Call BEVERLY DR North Bethlehem VFD

Friday, March 31

1:33 AM Structure Fire Confirmed BIERS RD Selkirk VFD

10:55 AM Structure Fire Vulnerable LC DELAWARE AVE Delmar, Elsmere, Slingerlands VFD

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■ ALBANY COUNTY

Lawmakers seek additional tax breaks

Legislation would raise income limits for older homeowners

By PEG ZOKOWSKI
news@spotlightnews.com

ALBANY – Albany County Legislature Chairman Andrew Joyce and Elder Care Committee Chairwoman Carolyn McLaughlin are co-sponsoring legislation to increase the number of senior homeowners eligible for a reduction in their property taxes. The legislation, scheduled to be introduced in April, would raise the current income threshold from \$29,000 to \$50,000, and receive up to a 50 percent reduction in their tax burden.

“This is an important mission Albany County is embarking on to make sure seniors have more money in their pockets going through this economy,” Joyce said. “If you’re on a fixed income, it’s even more difficult. We know

this will make a big impact for individuals in Albany County and our aging community ... for those quality of life things. For that cup of coffee, for lunch with a friend, or a

“People have enough reasons why they can’t stay in their homes. Taxes should not be [one of those] reasons”

— Albany County Legislator Carolyn McLaughlin

night out at the movies — those things that make a big difference in a senior’s life.”

According to the State Taxation and Finance website, local governments

and school districts were given the option to increase income eligibility for the NYS real property tax exemption to \$50,000 for seniors over 65 and people with disabilities. There are three additional sliding-scale options municipalities may use to provide an exemption to seniors with incomes greater than the local maximum. Those include:

- \$55,700 for a 20 percent exemption,
- \$57,500 for a 10 percent exemption, or
- \$58,400 for a 5 percent exemption.

“How are we as a county going to pass that test,” McLaughlin asked, paraphrasing former Vice President Hubert H. Humphrey. “We will be judged by how we treat those seniors in our community, the young



Members of the Albany County Legislature announce an initiative to reduce property taxes for older residents.

Peg Zokowski/ Spotlight News

in our community, [and] those who are physically incapable of taking care of themselves.” McLaughlin said lawmakers are trying to have a positive impact in Albany County by enacting new income limits

to make sure people are no longer penalized for having worked hard all their life.

“People have enough reasons why they can’t stay in their homes,” she said. “Taxes should not be [one of those] reasons.”

The proposed County

legislation comes amid several other efforts by towns and school districts within the County to reduce the property tax burden for veterans and first responders, including Bethlehem, Guilderland, and Voorheesville.

Sponsor the RUNforVETS.com 5K

BETHLEHEM — The Sons of the American Legion Post 1040 and the VFW Auxiliary Post 3185 welcome sponsors for the May 28 Run for Vets 5K run and 2 mile walk.

Start, Finish, Trail banners, and other contributions are available to sponsorship. All banners will be reset at the Legion corner of Poplar and Elsmere for the Memorial Day Parade on May 29 for 3 days after the event

All contributors receive a commemorative T-Shirt and 100% of proceeds support Veterans groups in the area.

Start/Finish Banners 36x90 are \$750; Trail Banners 30x72, \$500; other donor contributions \$40. Checks payable to SAL 1040 Auxiliary RUN for VETS, can be sent to 22 Kilmer Ct, Apt. 4, Delmar, NY 12054, please include T-Shirt size. (add \$5 for sizes 2x, 3x 4x and \$8 if shirt needs to be shipped.).

To register for the Run-Walk, visit RUNforVETS.com or contact Kevin McCaffrey 518-475-7895 or 518-603-7764, or Joe Benoit at 518-339-0854

Assembly passes Bait and Switch law

ALBANY — On Monday, March 27, the New York state Assembly unanimously passed A.4688, which would restrict the adverse “bait-and-switch” practice in personal auto insurance.

Bait and switch is the colloquial term used to describe when an insurance company verifies an insurance applicant’s driving history after the applicant has paid the premium on a personal auto policy.

Generally, a person’s driving history is used by

insurance companies as an underwriting factor in setting premium. Verifying an applicant’s driving history after the policy is bound and the premium is paid can have a significant impact on the premium. This can lead to a situation in which a policyholder’s premium increases substantially shortly after the auto policy is bound. In many cases, policyholders are unaware when they agree to the terms and the price of the policy, that the policy could be re-rated, and the premiums could increase.

For insurance companies that use driving history as a rating or underwriting factor, this legislation would require those insurers to verify an applicant’s driving history, as well as any named drivers listed on the insurance application, before binding the policy or accepting any premium. If a representative of the insurance company fails to verify the driving history prior to binding the policy, an adjustment of premium would be prohibited until the policy is renewed.

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■ COMMUNITY

Gov. looks to crack down on illegal cannabis stores

Legislation could shut down illegal cannabis storefront dispensaries, fine store \$10K a day

ALBANY — Gov. Kathy Hochul proposed to increase civil and tax penalties for the unlicensed and illicit sale of cannabis in New York.

The governor pitched the legislation on Wednesday, March 22, saying it would provide additional enforcement power to the Office of Cannabis Management and the Department of Taxation and Finance to enforce the new regulatory requirements and close stores engaged in the illegal sale of cannabis.

The Town of Bethlehem was among a handful of municipalities that opted out of allowing cannabis dispensaries before the end-of-year deadline

in 2021. The Village of Altamont and the Town of Guilderland did the same. The City of Albany; and the towns of Berne, Colonie and Coeymans have all allowed licensed storefronts to open.

“Over the past several weeks I have been working with the legislature on new legislation to improve New York’s regulatory structure for cannabis products,” Hochul said. “The continued existence of illegal dispensaries is unacceptable, and we need additional enforcement tools to protect New Yorkers from dangerous products and support our equity initiatives. I am proud of our continued progress creating the entirely new legal cannabis industry and helping legal dispensaries open their doors to offer safer cannabis products to New Yorkers.”

The new legislation, which is being introduced as a governor’s program

bill in the Senate and Assembly, amends the Tax Law and the Cannabis Law to enable the Office of Cannabis Management (OCM), the Department of Taxation and Finance (DTF) and local law enforcement to enforce restrictions on unlicensed storefront dispensaries.

The legislation does not impose any new penalties related to cannabis possession by an individual for personal use and does not allow local law enforcement to perform enforcement actions against individuals.

This legislation, for the first time, would allow OCM and DTF to crack down on unlicensed activity, protect New Yorkers, and ensure the success of new cannabis businesses in New York. The legislation would restructure current illicit cannabis penalties to give DTF peace officers enforcement authority, create a manageable,

credible, fair enforcement system, and would impose new penalties for retailers that evade State cannabis taxes.

Additionally, it would clarify and expand OCM’s authority to seize illicit product, establish summary procedures for OCM and other governmental entities to shut down unlicensed businesses, and create a framework for more effective cross-agency enforcement effort. Violations of the law could lead to fines of \$200,000

for illicit cannabis plants or products and would allow OCM to fine businesses \$10,000 per day for engaging in cannabis sales without a license.

The measure was lauded for its potential to keep unregulated and “potentially dangerous” products off store shelves by the Office of Cannabis Management.

“The success of New York’s historic equity-based approach to the cannabis industry depends on upholding

our cannabis laws,” said Chris Alexander, Office of Cannabis Management Executive Director. “Entrepreneurs looking to participate in our legal cannabis industry -- especially justice-involved individuals looking for a CAURD license -- are being economically harmed by bad actors filling their storefronts with products that are questionable, unregulated and potentially dangerous.”

Annual Bethlehem Chamber Golf Outing 2023

DELMAR - The Annual Bethlehem Chamber Golf Outing at the Normanside Country Club golf course will be held on June 6.

This Outing is open to the public, and players of all skill levels are welcome.

Special features will include a \$25,000 Hole-in-one Contest, \$5,000 Putting Contest, breakfast, golf,

and awards celebration. On-course tastings from Perfect Blend Bakery & Cafe, Swifty’s and others to be announced.

Registration includes: Golf, cart, door prize entry, breakfast and afternoon meal.

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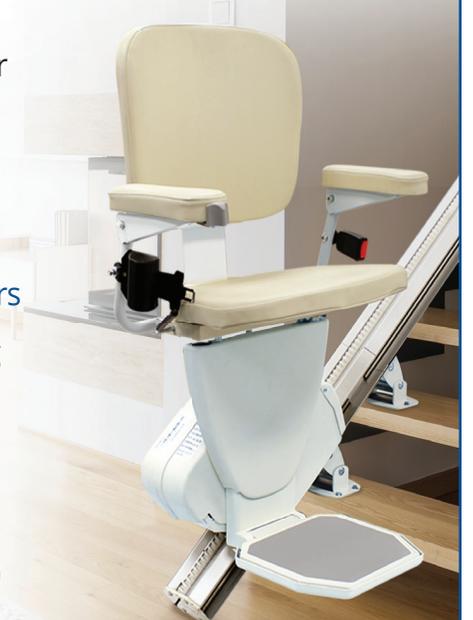
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COMMUNITY

Roundabout construction at Crossgates

CDTA Bus Rapid Transit Purple Line Moves Forward

ALBANY — Working with regional partners, the Capital District Transportation Authority (CDTA) is leading the effort to construct a new roundabout at Crossgates Mall for access to and from the I-87 Northway as part of its Purple Line Project. There will also be traffic signal upgrades on Crossgates Mall Road, repaving, restriping and updated landscaping. These improvements will help with the flow of buses in and around Crossgates Mall and future developments in the area.

Construction will begin on Monday, April 3 and is expected to wrap up at the end of July. It will be completed in a phased approach to provide the

least amount of disruption to the community and traffic. Motorists will be able to find information on 511NY and digital messaging signs around the construction location.

The Purple Line is CDTA's third bus rapid transit line. It will operate along Washington and Western Avenues, connecting downtown Albany, the Harriman Office campus, UAlbany and Crossgates Mall. It will also connect to the existing Red and Blue Lines, providing CDTA customers with great access to destinations across the Capital Region.

Proposed Construction Timeline:

Phase 1A: April 3-21: On ramp to I-87 Northbound closed.

Phase 1B: April 24 - May 16: I-87 Southbound off ramp right turns restricted.

Phase 2 May 17- June 8: Crossgates Mall Road becomes one lane of traffic in both directions. On Ramp to I-87 Northbound closed for left turns from Crossgates Mall Road.

Phase 3 June 9 - July 1: Crossgates Mall Road is one lane of traffic in each direction. Left turns are closed from both Crossgates Mall Road to I-87 and I-87 Southbound off ramp to Crossgates Mall Road.

Phase 4 July 5 - July 28: Traffic on Crossgates Mall Road is split around the work area. Left turns onto and from I-87 are still closed.

Signs will be posted noting road closures. Anyone needing more information and for diagrams about the Crossgates Mall Roundabout project, visit: <https://projects.cdta.org/crossgates-roundabout>

Law Day 5K run on April 27

Event held at Corning Preserve this year

ALBANY - The Albany County Bar Foundation holds its 29th Annual Law Day Run 5K run/walk in the Corning Preserve in Albany on Thursday, April 27 at 6pm.

Kid's races will be held at 5:30pm. CH Evans-Albany Pump Station is hosting the post-race party and offering all participants a free beverage.

The first 5K was held in 1994 and took place in Albany's Washington Park for many years. More recently, the event was held at The Crossings in Colonie.

"The City of Albany is thrilled to welcome the Bar Foundation 5K back to the City," Albany Mayor Kathy Sheehan said. She will serve as the honorary race starter.

"The Law Day Run is a great social event which promotes physical fitness while raising

money for the many local charities supported by the Foundation," Sheehan said.

Participants will run or walk the 5K route along the Hudson River, then walk across the new Skyway Bridge to Albany Pump Station for an after-run party. Teams of four or more participants are automatically entered into a lottery for a \$200 gift certificate to

Albany Pump Station, courtesy of Coffey Law, PLLC.

"I have been involved with this event since 1994 and am looking forward to its return to Albany," said Race Chair Dan Coffey. "The event regularly draws 200 or so participants and raises between \$15,000 to \$20,000 which the Foundation grants to local charities that provide services to victims of domestic violence and their families and access to justice at Albany Family Court."

"The annual 5K race is

the chief fundraiser for our Foundation and is a great social event for the many attorneys and their families who participate every year," Foundation President Shalini Natesan of The Towne Law Firm said.

According to the American Bar Association, Law Day, held annually on May 1, "is a national day set aside to celebrate the rule of law. Law Day provides an opportunity to understand how law and the legal process protect our liberty, strive to achieve justice, and contribute to the freedoms that all Americans share." The 5K is normally held on the Thursday closest to May 1.

Race entry fee is only \$30 until March 31 and \$35 thereafter; \$20 for students.

Kids can register on the day of the race for \$1. Information and race registration are at: <https://bit.ly/LawDay5K2023>.

LEGALS**NOTICE OF LLC FORMATION**

1143 PARK LLC. Arts. of Org. filed with the SSNY on 03/17/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Richard Kevork Tahta, 114 East 90th Street, New York, NY 10128. Purpose: Any lawful purpose. D-308534

NOTICE OF LLC FORMATION

1165 MADISON 5S LLC. Arts. of Org. filed with the SSNY on 03/29/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1165 Madison Avenue, Unit 5S, New York, NY 10028. Purpose: Any lawful purpose. D-308628

NOTICE OF LLC FORMATION

1440 56TH STREET LLC. Arts. of Org. filed with the SSNY on 02/27/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Joseph Landau, 1559 54th Street, Brooklyn, NY 11219. Purpose: Any lawful purpose. D-306777

NOTICE OF LLC FORMATION

146 IRWIN STREET, LLC. Arts. of Org. filed with the SSNY on 03/08/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 146 Irwin Street, Brooklyn, NY 11235. Purpose: Any lawful purpose. D-307314

NOTICE OF LLC FORMATION

17-13 HIMROD OWNER LLC. Arts. of Org. filed with the SSNY on 11/28/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o SLK Advisory Group, Inc., 1981 Marcus Avenue, Suite 227, Lake Success, NY 11042. Purpose: Any lawful purpose. D-307166

NOTICE OF LLC FORMATION

174 BRONX REALTY LLC. Arts. of Org. filed with the SSNY on 03/01/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1624 Webster Avenue, Bronx, NY 10457. Purpose: Any lawful purpose. D-306941

NOTICE OF LLC FORMATION

1747 LLC. Arts. of Org. filed with the SSNY on 03/10/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process

LEGALS

against it may be served. SSNY shall mail copy of process to the LLC, 1747 East 46th Street, Brooklyn, NY 11234. Purpose: Any lawful purpose. D-307506

NOTICE OF LLC FORMATION

1876 SA LLC. Arts. of Org. filed with the SSNY on 03/27/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1876 Seward Avenue, Suite #1, Bronx, NY 10473. Purpose: Any lawful purpose. D-308506

NOTICE OF LLC FORMATION

1900 COLDEN AVENUE LLC. Arts. of Org. filed with the SSNY on 03/15/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1900 Colden Avenue, Bronx, NY 10461. Purpose: Any lawful purpose. D-308083

NOTICE OF LLC FORMATION

20-24 36TH ST. LLC. Arts. of Org. filed with the SSNY on 02/27/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Joseph Landau, 1559 54th Street, Brooklyn, NY 11219. Purpose: Any lawful purpose. D-307922

Selkirk Fire District Board of Fire Commissioners

NOTICE IS HEREBY GIVEN that at a meeting held on March 20th, 2023, the Selkirk Fire District adopted a resolution permitting the surplus and sale of One (1), 2015 Chevy Tahoe that is no longer necessary for district purposes pursuant to Town Law §176 (23) and with a value reasonably estimated to be less than \$100,000. The resolution shall not take effect until thirty (30) days after the date of publication of this notice. This resolution is subject to permissive referendum. Stephanie L. Krause District Secretary, Selkirk Fire District Board of Fire Commissioners D-308507

NOTICE OF LLC FORMATION

2046 52 STREET LLC. Arts. of Org. filed with the SSNY on 03/10/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Yosef Jalas, 1833 60th Street, Brooklyn, NY 11204. Purpose: Any lawful purpose. D-307514

NOTICE OF LLC FORMATION

215 SOUTH SLOPE, LLC. Arts. of Org. filed with the SSNY on 02/17/23. Office: Albany County. SSNY designated

LEGALS

ed as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 266 22nd Street, 1A, Brooklyn, NY 11215. Purpose: Any lawful purpose. D-306415

NOTICE OF LLC FORMATION

253 56 LLC. Arts. of Org. filed with the SSNY on 02/17/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 253 East 56th Street, Brooklyn, NY 11203. Purpose: Any lawful purpose. D-308001

NOTICE OF LLC FORMATION

30 MARY LANE LLC. Arts. of Org. filed with the SSNY on 03/10/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 30 Mary Lane, Bethpage, NY 11714. Purpose: Any lawful purpose. D-307507

NOTICE OF LLC FORMATION

3061 ASTORIA LLC. Arts. of Org. filed with the SSNY on 03/09/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 27 Meadowridge Lane, Glen Head, NY 11545. Purpose: Any lawful purpose. D-307393

NOTICE OF LLC FORMATION

307 CLINTON AVE LLC. Arts. of Org. filed with the SSNY on 03/06/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 204 Washington Avenue, #1, Brooklyn, NY 11205. Purpose: Any lawful purpose. D-307164

NOTICE OF LLC FORMATION

3079 LLC. Arts. of Org. filed with the SSNY on 03/10/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 3079 Coney Island Avenue, Brooklyn, NY 11235. Purpose: Any lawful purpose. D-307508

NOTICE OF LLC FORMATION

32 ORCHID STREET LLC. Arts. of Org. filed with the SSNY on 03/20/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Alan Goldman, 1225 Franklin Avenue, Suite 515, Garden City, NY 11530. Purpose: Any lawful purpose. D-307996

LEGALS**NOTICE OF LLC FORMATION**

32-33 95 REALTY LLC. Arts. of Org. filed with the SSNY on 03/22/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Ferney Gomez, 89-22 37th Avenue, Jackson Heights, NY 11372. Purpose: Any lawful purpose. D-308213

NOTICE OF LLC FORMATION

33 BRIGHTON LLC. Arts. of Org. filed with the SSNY on 03/10/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 33 Brighton 8th Place, Brooklyn, NY 11235. Purpose: Any lawful purpose. D-307510

NOTICE OF LLC FORMATION

35-25 29 STREET JPA LLC. Arts. of Org. filed with the SSNY on 03/09/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 27 Meadowridge Lane, Glen Head, NY 11545. Purpose: Any lawful purpose. D-307393

NOTICE OF LLC FORMATION

35-25 29 STREET TJA LLC. Arts. of Org. filed with the SSNY on 03/09/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 27 Meadowridge Lane, Glen Head, NY 11545. Purpose: Any lawful purpose. D-307394

NOTICE OF LLC FORMATION

37-21 LLC. Arts. of Org. filed with the SSNY on 03/13/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Michael Mourkakos, 23-53 Steinway Street, Astoria, NY 11105. Purpose: Any lawful purpose. D-307700

NOTICE OF LLC FORMATION

38 MACDOUGAL LLC. Arts. of Org. filed with the SSNY on 10/17/06. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Chris Paraskevides, 67 Willow Avenue, Pelham, NY 10803. Purpose: Any lawful purpose. D-308093

NOTICE OF LLC FORMATION

4048 70TH STREET, LLC. Arts. of Org. filed with the SSNY on

LEGALS

11/08/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 32 Bainbridge Avenue, Melville, NY 11747. Purpose: Any lawful purpose. D-308402

NOTICE OF LLC FORMATION

444 W 48, LLC. Arts. of Org. filed with the SSNY on 02/22/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Bruce H. Lederman, Esq., 9 East 40th Street, 5th Floor, New York, NY 10016. Purpose: Any lawful purpose. D-308214

NOTICE OF LLC FORMATION

50 RIVERSIDE BOULEVARD 3R LLC. Arts. of Org. filed with the SSNY on 03/20/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Marina Levin, 50 Riverside Boulevard, #12J, New York, NY 10069. Purpose: Any lawful purpose. D-308000

NOTICE OF LLC FORMATION

501 1/2 E 83, LLC. Arts. of Org. filed with the SSNY on 03/10/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 9 East 40th Street, 5th Floor, New York, NY 10016. Purpose: Any lawful purpose. D-307515

NOTICE OF LLC FORMATION

506 LINCOLN HOLDINGS LLC. Arts. of Org. filed with the SSNY on 02/07/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 506 Lincoln Avenue, Brooklyn, NY 11208. Purpose: Any lawful purpose. D-308512

NOTICE OF LLC FORMATION

6 TERRACE LLC. Arts. of Org. filed with the SSNY on 03/10/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 6 Brighton 10th Terrace, Brooklyn, NY 11235. Purpose: Any lawful purpose. D-307512

NOTICE OF LLC FORMATION

60 EAST 55TH STREET 39B LLC. Arts. of Org. filed with the SSNY on 03/24/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, P.O. Box 231027, Great Neck, NY 11023. Purpose: Any lawful purpose. D-306406

LEGALS

SSNY shall mail copy of process to the LLC, 60 E. 55th Street, 39B, New York, NY 10022. Purpose: Any lawful purpose. D-308404

NOTICE OF LLC FORMATION

697 MILLER LLC. Arts. of Org. filed with the SSNY on 02/23/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1274 49th Street, Suite 433, Brooklyn, NY 11219. Purpose: Any lawful purpose. D-306593

NOTICE OF LLC FORMATION

71-11 FRESH POND ROAD REALTY LLC. Arts. of Org. filed with the SSNY on 11/07/22. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Razi & Ross, P.C., 23-09 31st Street, Astoria, NY 11105. Purpose: Any lawful purpose. D-307839

NOTICE OF LLC FORMATION

8722 LEFFERTS BLVD LLC. Arts. of Org. filed with the SSNY on 03/01/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 8722 Lefferts Boulevard, Richmond Hill, NY 11418. Purpose: Any lawful purpose. D-306837

NOTICE OF LLC FORMATION

AJG UNLIMITED LLC. Arts. of Org. filed with the SSNY on 03/15/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 101 West 24th Street, #5B, New York, NY 10011. Purpose: Any lawful purpose. D-307827

NOTICE OF LLC FORMATION

ALLIED XXXIV LLC. Arts. of Org. filed with the SSNY on 02/08/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, P.O. Box 231027, Great Neck, NY 11023. Purpose: Any lawful purpose. D-306405

NOTICE OF LLC FORMATION

ALLIED XXXV LLC. Arts. of Org. filed with the SSNY on 02/08/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, P.O. Box 231027, Great Neck, NY 11023. Purpose: Any lawful purpose. D-306406

LEGALS**NOTICE OF LLC FORMATION**

ALPHABET CITY PRODUCTION LLC. Arts. of Org. filed with the SSNY on 02/16/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 264 W 40th St, Rm 401, New York, NY 10018. Registered agent address c/o United States Corporation Agents, Inc., 7014 13th Avenue, Suite 202, Brooklyn, NY 11228. Purpose: Any lawful purpose. D-307045

NOTICE OF LLC FORMATION

APARTMENT 12E LLC. Arts. of Org. filed with the SSNY on 02/16/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1 Main Street, Apartment 12E, Brooklyn, NY 11201. Purpose: Any lawful purpose. D-306302

NOTICE OF LLC FORMATION

AW UNIQUE, LLC. Arts. of Org. filed with the SSNY on 02/24/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 45 East 85th Street, New York, NY 10028. Purpose: Any lawful purpose. D-306728

NOTICE OF LLC FORMATION

BARKERS POINT CAPITAL PARTNERS, LLC. Arts. of Org. filed with the SSNY on 03/16/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 101 West 24th Street, #5B, New York, NY 10011. Purpose: Any lawful purpose. D-307827

NOTICE OF LLC FORMATION

BATH BEACH RESIDENCE LLC. Arts. of Org. filed with the SSNY on 03/29/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 49 Barlow Drive North, Brooklyn, NY 11234. Purpose: Any lawful purpose. D-308623

NOTICE OF LLC FORMATION

BAY 1 WASH, LLC. Arts. of Org. filed with the SSNY on 03/21/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 589 Union Road, Spring Valley, NY 10977. Purpose: Any lawful purpose. D-308107

LEGALS**NOTICE OF LLC FORMATION**

BEYOND THE LEAD LLC. Arts. of Org. filed with the SSNY on 03/01/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 25 Branch Drive, Smithtown, NY 11787. Purpose: Any lawful purpose. D-306918

NOTICE OF LLC FORMATION

BITACHON PLATFORMS LLC. Arts. of Org. filed with the SSNY on 02/22/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Boruch Weinreb, 589 Union Road, Spring Valley, NY 10977. Purpose: Any lawful purpose. D-306500

NOTICE OF LLC FORMATION

BOTA PROPERTY MANAGEMENT LLC. Arts. of Org. filed with the SSNY on 02/23/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Dennis Johnson, Esq., 149 Haight Road, Amenia, NY 12501. Purpose: Any lawful purpose. D-306584

NOTICE OF LLC FORMATION

BROONS, LLC. Arts. of Org. filed with the SSNY on 03/16/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 175 Newtown Lane, East Hampton, NY 11937. Purpose: Any lawful purpose. D-307828

NOTICE OF LLC FORMATION

CASEINSPIR LLC. Arts. of Org. filed with the SSNY on 02/23/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 3 Goldsmith Avenue, Greenlawn, NY 11740. Purpose: Any lawful purpose. D-306588

NOTICE OF LLC FORMATION

CGJT PROPERTY, LLC. Arts. of Org. filed with the SSNY on 01/18/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 52 Mobery Lane, Smithtown, NY 11787. Purpose: Any lawful purpose. D-306388

NOTICE OF LLC FORMATION

CM COACHING LLC. Arts. of Org. filed with the SSNY on 03/02/23. Office: Albany County. SSNY designated as agent of the LLC upon

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whom process against it may be served. SSNY shall mail copy of process to the LLC, 42 West 33rd Street, 21 D, New York, NY 10001. Purpose: Any lawful purpose. D-307024

NOTICE OF LLC FORMATION

COUPAGE DZIGNS LLC. Arts. of Org. filed with the SSNY on 02/08/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 495 West End Avenue, Apartment 6D, New York, NY 10024. Purpose: Any lawful purpose. D-306407

NOTICE OF LLC FORMATION

DANIZYOGA LLC. Arts. of Org. filed with the SSNY on 03/03/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 174 W. 107th Street, Apartment 4W, New York, NY 10025. Purpose: Any lawful purpose. D-307117

NOTICE OF LLC FORMATION

DEMI-MONDE LLC. Arts. of Org. filed with the SSNY on 03/20/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 460 Bergen Street, Apartment 2, Brooklyn, NY 11217. Purpose: Any lawful purpose. D-307995

NOTICE OF LLC FORMATION

DICAMILLO 4012, LLC. Arts. of Org. filed with the SSNY on 03/17/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1961 71st Street, Brooklyn, NY 11204. Purpose: Any lawful purpose. D-307927

NOTICE OF LLC FORMATION

DNA GROUP USA LLC. App. for Auth. filed with the SSNY on 03/22/23. Originally filed with Secretary of State of Florida 03/20/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 340 East 64th Street, #19L, New York, NY 10065. Purpose: Any lawful purpose. D-308232

NOTICE OF LLC FORMATION

DNB1482 LLC. Arts. of Org. filed with the SSNY on 02/23/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Benjamin

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Cohen, 1705 Ocean Parkway, Brooklyn, NY 11223. Purpose: Any lawful purpose. D-306589

NOTICE OF LLC FORMATION

EAST DOSAN LLC. Arts. of Org. filed with the SSNY on 03/16/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 50 Riverside Boulevard, Apartment 9C, New York, NY 10069. Purpose: Any lawful purpose. D-307829

NOTICE OF LLC FORMATION

ELITE LMD PROPERTIES, LLC. Arts. of Org. filed with the SSNY on 03/03/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 10 Cobblers Lane, East Setauket, NY 11733. Purpose: Any lawful purpose. D-307099

NOTICE OF LLC FORMATION

ENK REALTY, LLC. Arts. of Org. filed with the SSNY on 01/20/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 683 E. 240th Street, Bronx, NY 10470. Purpose: Any lawful purpose. D-306499

NOTICE CONCERNING THE EXAMINATION OF ASSESSMENT INVENTORY AND VALUATION DATA

Notice is hereby given that the Town of Berne, County of Albany, New York assessment inventory and valuation data is available for examination and review. This data is the information which will be used to establish the assessment of each parcel which will appear on the Tentative Assessment Roll of the Town of Berne which will be filed on or before May 1, 2023. The information may be reviewed by appointment in the Assessor's office located at the rear of the Berne Library, 1656 Helderberg Trail, Berne. An appointment to review the assessment information may be made by calling the Assessor's office at (518) 872-1448, ext. 107. DATED: MARCH 1, 2023 Christine Valachovic Melanie Bunzey D-308171

NOTICE OF LLC FORMATION

FARBER FAMILY, LLC. Arts. of Org. filed with the SSNY on 01/27/23. Latest date to dissolve: 12/31/2122. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 7 Lois Place, Katonah, NY 10536. Purpose: Any lawful purpose. D-308409

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NOTICE OF LLC FORMATION

FAT BOY HOLDINGS, LLC. Arts. of Org. filed with the SSNY on 02/10/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 103-14 Liberty Avenue, Ozone Park, NY 11417. Purpose: Any lawful purpose. D-306465

NOTICE OF LLC FORMATION

FIRST DEFENSE PEST CONTROL LLC. Arts. of Org. filed with the SSNY on 02/28/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 38-48 Rutgers Street, Apartment 3F, New York, NY 10002. Purpose: Any lawful purpose. D-306822

NOTICE OF LLC FORMATION

GOLD POINT NY LLC. Arts. of Org. filed with the SSNY on 03/17/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Thomaidis & Lagoudis, P.C., 214-11 Northern Boulevard, Suite 200, Bayside, NY 11361. Purpose: Any lawful purpose. D-307929

NOTICE OF LLC FORMATION

GREENBLUE PARTNERS LLC. Arts. of Org. filed with the SSNY on 02/11/20. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Northwest Registered Agent LLC, 418 Broadway, Ste N, Albany, NY 12207, which also serves as the registered agent address. Purpose: Any lawful purpose. D-307545

NOTICE OF LLC FORMATION

HAPPY LAWN SPRINKLERS LLC. Arts. of Org. filed with the SSNY on 02/23/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 150-26 14th Avenue, Suite 200, White-stone, NY 11357. Purpose: Any lawful purpose. D-306590

NOTICE OF LLC FORMATION

HEAVEN'S WAY LLC. Arts. of Org. filed with the SSNY on 03/09/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 230 Burr Road, Southbury, CT 06488. Purpose: Any lawful purpose. D-307516

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NOTICE OF LLC FORMATION

HILLY CONSULT LLC. Arts. of Org. filed with the SSNY on 03/02/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 119-53 231st Street, Cambria Heights, NY 11411. Purpose: Any lawful purpose. D-307025

NOTICE OF LLC FORMATION

INAYOSHI REAL ESTATE LLC. Arts. of Org. filed with the SSNY on 03/01/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 29 East 37th Street, Apartment 4B, New York, NY 10016. Purpose: Any lawful purpose. D-306932

NOTICE OF LLC FORMATION

JMEVENTS NYC, LLC. Arts. of Org. filed with the SSNY on 03/02/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Julia Esposito, 321 E. 45th Street, Apartment 10J, New York, NY 10017. Purpose: Any lawful purpose. D-307026

NOTICE OF LLC FORMATION

JMOA LLC. Arts. of Org. filed with the SSNY on 03/07/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o John Lieberman, 299 Park Avenue, 2nd Floor, New York, NY 10171. Purpose: Any lawful purpose. D-307236

NOTICE OF LLC FORMATION

JOANNA BUILDINGS LLC. Arts. of Org. filed with the SSNY on 03/15/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 31-42 45th Street, Astoria, NY 11103. Purpose: Any lawful purpose. D-307788

NOTICE OF LLC FORMATION

JUST ANOTHER ONE LLC. Arts. of Org. filed with the SSNY on 03/01/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 230 Burr Road, Southbury, CT 06488. Purpose: Any lawful purpose. D-307516

NOTICE OF LLC FORMATION

KAISEKI NYC LLC. Arts. of Org. filed with the SSNY on 03/10/23. Office: Albany County. SSNY designated as agent of the LLC upon

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whom process against it may be served. SSNY shall mail copy of process to the LLC, 183 Centre Street, 6th Floor, New York, NY 10013. Purpose: Any lawful purpose. D-308002

NOTICE OF LLC FORMATION

LIGHT FOOT, LLC. Arts. of Org. filed with the SSNY on 02/13/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 465 West 23rd Street, Apartment 12G, New York, NY 10011. Purpose: Any lawful purpose. D-306408

NOTICE OF LLC FORMATION

LLMLS 973, LLC. Arts. of Org. filed with the SSNY on 03/17/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, PO Box 320195, Brooklyn, NY 11232. Purpose: Any lawful purpose. D-308502

NOTICE OF LLC FORMATION

LUCK FIND LLC. Arts. of Org. filed with the SSNY on 02/27/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1342 E. 18th Street, Apartment 6A, Brooklyn, NY 11230. Purpose: Any lawful purpose. D-306730

NOTICE OF LP FORMATION

SF VI BLE, LP. App. for Auth. filed with the SSNY on 03/07/23 under the fictitious name SF VI BLE, L.P. Originally filed with Secretary of State of Delaware 02/22/23. Office: Albany County. SSNY designated as agent of the LP upon whom process against it may be served. SSNY shall mail copy of process to the LP, 140 East 45th Street, New York, NY 10017. D-307288

NOTICE OF LLC FORMATION

PIERIA COOLING LLC. Arts. of Org. filed with the SSNY on 03/08/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 111 West 56th Street, Unit 40B, New York, NY 10019. Purpose: Any lawful purpose. D-306729

NOTICE OF LLC FORMATION

MEMORIES EN ROUTE LLC. Arts. of Org. filed with the SSNY on 03/13/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Northwest Registered Agent LLC, 418 Broadway, Ste N, Albany, NY 12207. Purpose: Any lawful purpose. D-307670

NOTICE OF LLC FORMATION

NINIPOP, LLC. Arts. of Org. filed with the SSNY on 12/08/22. Latest date to dissolve: 12/31/2121. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the

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LLC, 61 Bayport Avenue, Bayport, NY 11705. Purpose: Any lawful purpose. D-308406

NOTICE OF LLC FORMATION

OAK HOSPITALITY LLC. Arts. of Org. filed with the SSNY on 03/27/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, PO Box 320195, Brooklyn, NY 11232. Purpose: Any lawful purpose. D-308501

NOTICE OF LLC FORMATION

OAK OFFICE LLC. Arts. of Org. filed with the SSNY on 03/27/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, PO Box 320195, Brooklyn, NY 11232. Purpose: Any lawful purpose. D-308502

NOTICE OF LLC FORMATION

PEARL MIDWOOD LLC. Arts. of Org. filed with the SSNY on 02/24/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1342 E. 18th Street, Apartment 6A, Brooklyn, NY 11230. Purpose: Any lawful purpose. D-306730

NOTICE OF LLC FORMATION

SHANI HADJIAN LLC. Arts. of Org. filed with the SSNY on 03/20/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 105 Winthrop Street, Apartment 5D, Brooklyn, NY 11225. Purpose: Any lawful purpose. D-307998

NOTICE OF LLC FORMATION

PV OLYMPIA LLC. Arts. of Org. filed with the SSNY on 03/13/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, PO Box 714, Burlingame, CA 94011. Purpose: Any lawful purpose. D-307671

NOTICE OF LLC FORMATION

REALTY 374 LLC. Arts. of Org. filed with the SSNY on 02/28/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1624 Webster Avenue, Bronx, NY 10457. Purpose: Any lawful purpose. D-306828

NOTICE OF PLLC FORMATION

ROBERT A. COX, JR. PHD PSYCHOLOGICAL SERVICES PLLC. Arts. of Org. filed with the SSNY on 03/21/23. Of-

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lice: Albany County. SSNY designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail copy of process to the PLLC, c/o Robert A. Carpentier, P.C., 1 Pleasant Avenue, Port Washington, NY 11050. Purpose: For the practice of the profession of Psychology. D-308203

NOTICE OF LLC FORMATION

ROYAL BROTHERS 1 LLC. Arts. of Org. filed with the SSNY on 03/01/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 72 Riverdale Avenue, Brooklyn, NY 11212. Purpose: Any lawful purpose. D-306936

NOTICE OF LLC FORMATION

SAVOIR BISTRO LLC. Arts. of Org. filed with the SSNY on 02/28/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 514 Kings Highway, Brooklyn, NY 11223. Purpose: Any lawful purpose. D-306829

NOTICE OF LP FORMATION

SF VI BLE, LP. App. for Auth. filed with the SSNY on 03/07/23 under the fictitious name SF VI BLE, L.P. Originally filed with Secretary of State of Delaware 02/22/23. Office: Albany County. SSNY designated as agent of the LP upon whom process against it may be served. SSNY shall mail copy of process to the LP, 140 East 45th Street, New York, NY 10017. D-307288

NOTICE OF LLC FORMATION

SHANI HADJIAN LLC. Arts. of Org. filed with the SSNY on 03/20/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 180 Varick Street, Suite 420, New York, NY 10014. Purpose: Any lawful purpose. D-307272

NOTICE OF LLC FORMATION

SHEILA YEN LLC. Arts. of Org. filed with the SSNY on 02/22/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Sheila Yen Pfister, 333 East 14th Street, 14B, New York, NY 10003, which also serves as the registered agent. Purpose: Any lawful purpose. D-307046

NOTICE OF LLC FORMATION

SIANO REALTY, LLC. Arts. of Org. filed with the SSNY on 03/07/23. Office: Albany County. SSNY designated as

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agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 17080 Best Avenue, Port Charlotte, FL 33954. Purpose: Any lawful purpose. D-307780

NOTICE OF LLC FORMATION

SOMI KIDS LLC. Arts. of Org. filed with the SSNY on 03/13/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 287 Park Avenue South, Suite 700, New York, NY 10010. Purpose: Any lawful purpose. D-307696

NOTICE OF LLC FORMATION

ST JAMES JEWEL LLC. Arts. of Org. filed with the SSNY on 03/17/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Wexler & Kaufman PLLC, One Penn Plaza, Suite 3406, New York, NY 10119. Purpose: Any lawful purpose. D-307930

NOTICE OF LLC FORMATION

STUYVESANT GARAGE LLC. Arts. of Org. filed with the SSNY on 03/28/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 10 E. 33rd Street, 11th Floor, New York, NY 10016. Purpose: Any lawful purpose. D-308543

NOTICE OF LLC FORMATION

TALYN HOLDINGS LLC. Arts. of Org. filed with the SSNY on 01/11/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 180 Varick Street, Suite 420, New York, NY 10014. Purpose: Any lawful purpose. D-307272

NOTICE OF LLC FORMATION

THE AVE EVENTS VENUE LLC. Arts. of Org. filed with the SSNY on 03/21/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 101-16 Liberty Avenue, Ozone Park, NY 11417. Purpose: Any lawful purpose. D-308106

NOTICE OF LLC FORMATION

THE HOME IN BROOKLYN, LLC. Arts. of Org. filed with the SSNY on 12/27/22, with an existence date of 01/01/2023. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Maria Rose

BUSINESS

American National Offers Support after Snow Storms

SPRINGFIELD, MO – American National released a statement following the heavy storms last week that caused many without power and others to deal with physical damage.

“Our thoughts are with those affected by the winter weather and cold that may cause power outages and damages across New England,” the statement read.

There are multiple ways to file a claim. Download the AN Mobile App from the App or Google Play Store, visit www.americannational.com, call the 24-hour claims hotline at 1.800.333.2860, or email claims@americannational.com.

Always check the forecast, follow instructions from local authorities on how to protect yourself, and plan in advance to prevent damage to your home.

SABIC Announces Appointment of Chief Executive Officer

RIYADH, Saudi Arabia — The Board of Directors of SABIC, a global leader in the chemicals industry, confirmed the appointment of Abdulrahman Al-Fageeh as Chief Executive Officer and Executive Member of the Board, effective March 21. Al-Fageeh has served as acting CEO of SABIC since September 28, 2022, succeeding H.E. Mr. Yousef Al-Benyan who was appointed Minister of Education for the Kingdom of Saudi Arabia by Royal Decree.

“Abdulrahman Al-Fageeh is a proven leader, demonstrated during his long tenure at SABIC. He is well-positioned to continue driving sustainable growth for our customers, employees, shareholders and communities,” said Khalid Hashim Al-Dabbagh, Chairman of SABIC’s Board of Directors. “The future remains bright for SABIC, the Kingdom of Saudi Arabia, and the chemicals industry as we continue to innovate and expand in order to meet the needs of our ever-changing world. The Board of Directors is confident in SABIC’s ability to continue to realize its vision to be the preferred world leader in chemicals.”

Al-Fageeh joined SABIC more than 35 years ago and has held several key

leadership posts within the company. In addition to his role as acting CEO, Al-Fageeh led SABIC’s largest business as Executive Vice President, Petrochemicals since its creation in October of 2016.

“I am grateful to the SABIC Board for their confidence in appointing me as CEO and a board member of SABIC,” said Abdulrahman Al-Fageeh. “For over 40 years, SABIC has been driven by a burning ambition to define the future of the dynamic chemicals market. I look forward to continue leading our team as we seek to find sustainable solutions to some of the toughest challenges our world and customers face.”

Owens Corning Named One of 2023 World’s Most Ethical Companies

TOLEDO, Ohio – Owens Corning (NYSE: OC) announced March 13 it has been recognized by Ethisphere as one of the 2023 World’s Most Ethical Companies. This marks the sixth consecutive year the company has been recognized with this honor.

Owens Corning is one of just two honorees in the Construction and Building Materials industry, underscoring its commitment to leading with integrity and prioritizing ethical business practices. In 2023, 135 honorees were recognized spanning 19 countries and 46 industries.

Ethisphere is a global leader in defining and advancing the standards of ethical business practices.

“Owens Corning is honored to be recognized by Ethisphere for the sixth consecutive year,” said Executive Vice President and General Counsel Gina Beredo. “Our inclusion on this distinguished list speaks to our company’s purpose and serves as a testament to our 19,000 employees across the world who demonstrate it each day with their unwavering commitment to ethical business practices.”

CSX Corp. Announces Date for First Quarter Earnings Release and Earnings Call

JACKSONVILLE – CSX Corporation will release first quarter financial and operating results after the market close on Thursday, April 20. This will be followed by a conference call and live webcast

hosted by the company’s management team at 4:30 p.m. Eastern Time.

Those interested in participating via teleconference may dial 1-888-510-2008. Callers outside the U.S. may dial 1-646-960-0306. Participants should dial in 10 minutes prior to the call and use 3368220 as the passcode.

Presentation materials and access to the webcast will be available on the company’s website at <http://investors.csx.com>. Following the earnings call, a webcast replay will be archived on the company’s website.

CSX based in Jacksonville, Fla., is a premier transportation company. It provides rail, intermodal and rail-to-truck transload services and solutions to customers across a broad array of markets, including energy, industrial, construction, agricultural and consumer products. For nearly 200 years, CSX has played a critical role in the nation’s economic expansion and industrial development. Its network connects every major metropolitan area in the eastern United States, where nearly two-thirds of the nation’s population resides. It also links more than 240 short-line railroads and more than 70 ocean, river and lake ports with major population centers and farming towns alike. More information about CSX Corporation and its subsidiaries is available at www.csx.com. Like us on Facebook (<http://facebook.com/OfficialCSX>) and follow us on Twitter (<http://twitter.com/CSX>).

Crossgates donates land to the Rapp Road Historical Association

ALBANY – The parent company of Crossgates Mall and the Rapp Road Historical Association have finalized the conveyance of 2.57 acres of land donated by Crossgates to the Rapp Road Historical Association (“RRHA”). These five parcels have been added to the 14-acre residential neighborhood adjacent to the shopping center, located within the City of Albany and Albany Pine Bush.

The Rapp Road Historic District (RRHD) was established in the 1920’s by African Americans who migrated predominantly from Mississippi as part of the Great Migration (1927 to 1963). They eventually bought and settled on the land along Rapp Road to build their homes and raise their families. Today’s historic district has many of the original

buildings and most of the original families’ descendants still live there. RRHD is Albany’s only African American focused historic district and is included in the 3 percent of all National Register listings that celebrate African American heritage.

“This was an initiative set out by our former president Beverly Bardequez in her efforts to try and preserve as much of the historic district as possible. Although the RRHA has much more work to do, we will continue to follow our mission in preserving the district,” said Stephanie Woodard, President of the RRHA.

High School Researcher Advances to International Science Fair

ALBANY – Albany Medical Center announced a high school fellow has moved on to the next round of the world’s largest high school STEM competition for her research at the Center.

Carsyn Bonesteel, a senior at Burnt Hills-Ballston Lake High School who has been conducting research at Albany Medical College, will compete at the Regeneron International Science and Engineering Fair (ISEF) in Dallas, Texas, in May.

She advances to ISEF, the world’s largest pre-college STEM competition, after placing third at the 2023 Regeneron Greater Capital Region Science and Engineering Fair, held at Rensselaer Polytechnic Institute earlier this month.

“Carsyn is an incredibly talented student,” said her research mentor Damian Shin, PhD, associate professor and interim chair of the Department of Neuroscience and Experimental Therapeutics (DNET) in the statement.

“I certainly didn’t achieve this kind of distinction in high school,” he added. “We’re excited to see her progress to the next level to compete against other top high school student researchers from around the world.”

Bonesteel has been a member of the Shin Lab since July 2021. Her award-winning research investigates the therapeutic efficacy of a new brain area for deep brain stimulation to reduce or prevent epileptic seizures.

LEGALS	LEGALS	LEGALS	LEGALS	LEGALS	LEGALS	LEGALS	LEGALS
Burgio, 89 Mason Circle, #208, Beacon, NY 12508. Purpose: Any lawful purpose. D-306409	Apartment 4H, Bronx, NY 10463. Purpose: For the practice of the profession of Law. D-306906	Broadway, Apartment A9G, New York, NY 10031. Purpose: Any lawful purpose. D-308275	Place, Apartment 1, Brooklyn, NY 11233. Purpose: Any lawful purpose. D-306583	Columbus Circle, Suite 710, New York, NY 10019. Purpose: Any lawful purpose. D-307315	NOTICE OF LLC FORMATION WINNER CATERING LLC. Arts. of Org. filed with the SSNY on 03/10/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 367 7th Avenue, Brooklyn, NY 11215. Purpose: Any lawful purpose. D-307498	03/01/19. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Stuart Waldman, 513 Bement Avenue, Staten Island, NY 10310. Purpose: Any lawful purpose. D-307524	ignated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 6 Barrows Street, Albany, NY 12209. Purpose: Any lawful purpose. D-306464
NOTICE OF PLLC FORMATION TRACEY A. BING ESQ., PLLC. Arts. of Org. filed with the SSNY on 02/28/23. Office: Albany County. SSNY designated as agent of the PLLC upon whom process against it may be served. SSNY shall mail copy of process to the PLLC, 3030 Johnson Avenue,	NOTICE OF LLC FORMATION TRAINFOR24 LLC. Arts. of Org. filed with the SSNY on 03/24/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 3333	NOTICE OF LLC FORMATION VEKTOR BUSINESS SOLUTIONS LLC. Arts. of Org. filed with the SSNY on 02/22/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 1855 Prospect	NOTICE OF LLC FORMATION VENTANA 9G LLC. Arts. of Org. filed with the SSNY on 03/08/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o Gorden & Petkos LLP, 5	NOTICE OF LLC FORMATION WILLOWTOWN PARTNERS, LLC. Arts. of Org. filed with the SSNY on 03/01/23. Office: Albany County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 6 Willow Place, Brooklyn, NY 11201. Purpose: Any lawful purpose. D-306939	NOTICE OF LLC FORMATION WN DEVELOPMENT OF NY, LLC. Arts. of Org. filed with the SSNY on		

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LIBRARIES

UHLS cardholders have access to even more e-books

Can't find what you're looking for in our e-collection? Bethlehem cardholders, as well as others in the Upper Hudson Library System, now have access to e-books and audiobooks from three partner libraries: Mid-Hudson Library System, Mohawk Valley Library System, and Southern Adirondack Library System.

This is a boon for readers looking for uncommon titles or additional books in a series they are working through.

To access these other collections, open your Libby app and go to the menu. Once there, select "Add Library." You will be prompted to search for a library. Enter any of our partner library systems



mentioned above. Tap "Sign In With My Card." Under "Partner Libraries" select Upper Hudson Library System and sign in.

Need help getting this new service? Ask one of our librarians at the Information Desk or give us a call at 518-439-9314.

A day for creativity Let's hear it for leftovers! We're cleaning out our craft supplies, and you won't believe all the cool stuff we have collected. Drop by the Children's Place Friday, April 7, for a Craftapalooza, where you can get creative with all those odds and ends. We can't wait to see what you

come up with. Steamboats on the Hudson The Hudson River was yesteryear's Thruway. Steamboats dominated Hudson River travel after Robert Fulton's North River (the Clermont) traveled from New York City to Albany in 1807 in a record 32 hours. On Wednesday, April 12, at 7 p.m. local Historian Mark Peckham will share the fascinating history of the steamboats that navigated the Hudson River during the 19th and mid 20th centuries.

Registration for this program is not required, but is advised due to limited seating. Click here to sign up. This series of historical talks is presented through a partnership with the Town of Bethlehem Historical



Do you have questions about how to access the Libby app? Ask one of our librarians at the Information Desk or give us a call at 518-439-9314.

Kristen Roberts

Association. Visit our calendar at bethlehem.librarycalendar.com to sign up.

Earth Day out and about Calling all Earth Day explorers! The library

is teaming up with the Mohawk Hudson Land Conservancy for a special Earth Day celebration at the new Fisher Trail, a part of Five Rivers Environmental Education

Center. Join us Friday, April 21, at 10 a.m. and enjoy some stories followed by a fun nature hike. This event is geared to children 7 and under and their families. Registration is required and space is limited. Sign up at www.mohawkhudson.org/events

April flowers

The library has been selected to receive \$1 from every Bloomin' 4 Good bouquet sold during the month of April 2023 at 180 Delaware Ave. location in Delmar. The program, which launched in August 2021, is a way for shoppers to give back to their community. Each "Bloomin' 4 Good" bouquet with the red circle sticker sold supports a non-profit local to the Hannaford store in which it is purchased.

From page 1 ...

River Road crash claims life

when she crossed over the center lines of the roadway, colliding head-on with a vehicle that was traveling southbound on River Road driven by Suzette M. Langworthy, 59, of Selkirk. Dennis M. Charland, 66, of Selkirk, was the front-seat passenger in Langworthy's 1990 Astro van.

Kawai was reportedly distracted by a pedestrian on the side of the road and moved into the other lane.

According to Albany County paramedics, all three victims were conscious and talking when first responders arrived on the scene. They were transported to Albany Medical Center Hospital by Delmar-Bethlehem EMS.

At the hospital, Charland died from his injuries, while Langworthy was admitted for further treatment. Kawai was treated and released.

Selkirk Fire Chief Tom Neri said Charland was conscious when he arrived on the scene, although he appeared to be in a lot of pain.



"EMS informed us that all people were out of the vehicles and Selkirk Fire just needed to do traffic control," Neri said.

It was originally reported that the occupants were trapped and smoke was coming from one of the vehicles,

but Selkirk fire officials determined the smoke was steam from the radiator of the van.

"The entrapment was just a stuck door on one of the vehicles," Neri said. "It was opened by one of our firefighters in his civilian car that came upon the accident. They got the door open before we arrived on the scene."

Once it was classified as a fatal accident, the Albany County Crash Investigation Team returned later that night to the crash scene and performed reconstruction.

"We did not know it was a fatal crash until we had to shut down the road later that night," Neri said. River Road was closed from Clapper to Beaver Dam roads.

Kawai was charged with failing to keep right and unlicensed operation, both traffic violations. Kawai had an expired license, due to living out of the country and not renewing it.

Selkirk Fire Department, Albany County Paramedics, Delmar-Bethlehem EMS, the Albany County Crash Investigation Team, and the New York State Department of Transportation all responded to the scene.

This is the first time the Albany County Crash Investigation Team was used in Bethlehem. The team is composed of personnel from various police departments in Albany County.



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PLUG offers new program for small forklift fleets

LATHAM – Plug Power Inc. (NASDAQ: PLUG), a leading provider of turnkey hydrogen solutions for the global green hydrogen economy, announced today it has expanded its GenKey offering to enable fuel cell adoption for warehouses that operate fewer than 100 electric forklifts. For the first time, this segment of the forklift market, representing more than 25% of all forklifts sold in the U.S., will have access to cost-effective hydrogen fuel cells and the increased productivity they unlock.

Plug is removing the barriers that fleets with 40 to 100 forklifts have previously seen, including capital, labor, space constraints and the challenges associated with hydrogen fuel sourcing and delivery. Customers that operate fewer than 100 electric forklifts can easily adopt hydrogen fuel cells, while increasing productivity, reducing space and carbon emissions. Plug's solutions are incentivized by the Inflation Reduction Act, which has significantly lowered the cost of green hydrogen. Fuel cells also benefit from federal tax credits.

“Building on our experience in creating the first commercially-viable market for fuel cells, Plug is proud to be leading the industry in making green hydrogen adoption easy for a wider set of customers,” said Jose Luis Crespo, General Manager of Fuel Cell Applications and Global Accounts. “With Plug’s expanded GenKey offering, customers with fewer than 100 forklifts at a warehouse facility will now have the option to transition to fuel cells, and a much more affordable, reliable and sustainable source of fuel to meet their business goals. Our turnkey expanded GenKey offering is making the adoption of hydrogen easy for the material handling industry, allowing more businesses to benefit from increased productivity, lower costs and more flexibility.”

In addition to Plug’s market-tested fuel cell solution, with more than 1 billion hours of operation,

the new offering includes main benefits:

Low-cost green hydrogen supply from Plug’s hydrogen production plants: Plug’s extensive manufacturing, production and delivery capabilities provide easy access to green hydrogen from renewable sources. This ensures sustainability benefits and savings, while lowering dependence on batteries and the power grid, which has seen power price increases and carries significant carbon emissions.

Modular, more flexible hydrogen storage solution: Space efficient, easy-to-install and permit, and relocatable, Plug’s modular solution is designed with space constraints in mind, enabling quicker approvals from property owners.

with fuel cells in a facility reduces the need to use electricity from the utility, or frees up electricity for other applications.



New County Highway Garage in Coeymans

ALCOVE - Albany County Executive Daniel P. McCoy broke ground for the new Albany County Department of Public Works highway subdivision garage in the Town of Coeymans on Monday, April 3. The new, state-of-the-art replacement highway garage on County Route 111 will use green energy and promote environmental sustainability.

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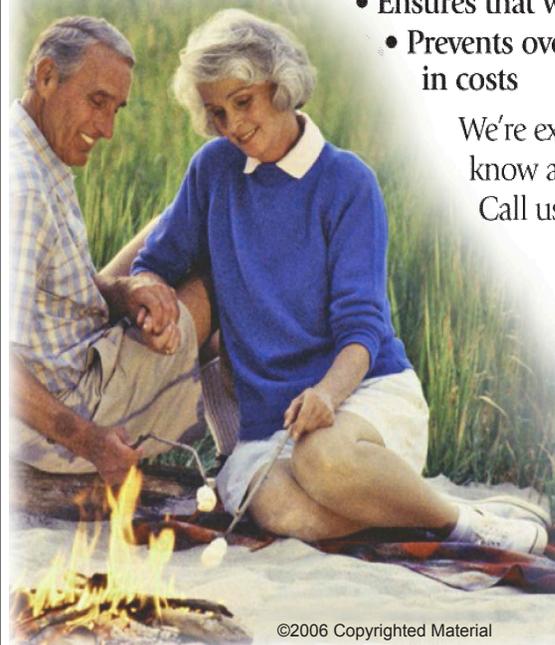


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■ POLICE, FIRE and EMERGENCY CALLS

From page 2 ...

Police, Fire and Emergency Calls

Credit card fraud in Guelderland and Albany

GUILDERLAND - A City of Rensselaer man faces multiple felony counts for stealing and using a credit card on Monday, March 27.

Sheriff's Investigators arrested Deven K. Koehler, 27, for stealing a credit card belonging to the victim back in January. Koehler is accused of stealing over \$2,800 within two different jurisdictions, the City of Albany and the Town of Guelderland. Koehler made fraudulent purchases with the credit card.

Koehler was charged with grand larceny, identity theft and criminal possession of stolen property, all felonies.

Koehler was processed and released on two appearance tickets and is

due back at Albany City Court and Guelderland Town Court at a later date.

DWI on Delaware Avenue

DELMAR - Bethlehem police observed a 2022 Ford EcoSport traveling on Delaware Avenue on Saturday, March 25 at 12:14 a.m. with no headlights on and performed a traffic stop near the intersection of Golder Street.

In speaking with the driver, a 34-year-old Albany man, officers observed him to have bloodshot, droopy and watery eyes and had an odor of an alcoholic beverage emanating from his breath. According to reports, he said he was driving home from Del Lanes and had two Jack and Coke mixed drinks.

The man was given and

failed field sobriety tests, tested positive for breath alcohol on a pre-screening device and was taken into custody.

After an investigation, police determined he did not have a valid license.

At the police station the man provided a breath sample that returned a .14 percent BAC. He was charged with DWI and aggravated unlicensed operation, both misdemeanors and ticketed for operating a vehicle without a license and no headlights.

The man was given a bill of particulars, issued tickets and released. He is scheduled back in court on Tuesday, April 18.

DWI on Elsmere Avenue

DELMAR - On Saturday, March 25 at approximately 4:20 a.m., Bethlehem police observed a 2012 Honda Accord traveling near West Poplar Drive without any working license-plate lamps and pulled the vehicle over. The

driver, a 35-year-old man from Atmore, Alabama, pulled into a driveway on Elsmere.

According to reports, upon speaking to the driver, a strong odor of an alcoholic beverage emanated from the car and the officers asked the man to step out of the car, since there were four other occupants in the vehicle.

Officers observed the man to have Glossy and bloodshot eyes and had an odor of an alcoholic beverage emanating from his breath. The man was given and failed field sobriety tests, tested positive for breath alcohol on a pre-screening device and was taken into custody.

At the police station, he provided a breath sample that returned a .12 percent BAC.

He was charged with DWI and ticketed for the lamp violation. The man was given an appearance ticket for Bethlehem Town Court and released to a sober party who was in the car.

Fraud arrest at Citizens bank

SLINGERLANDS - A Bronx man attempting to get a printout of another person's account at the Citizens bank branch on New Scotland Avenue on Monday, March 27 was arrested by Bethlehem police.

According to reports, when officers arrived at the branch, Armando Santana, 44, was at a teller station and said he was not trying to withdraw money, but rather just wanted a print out of the account balance. He was in possession of a fake Penn. driver's license with his photo on it, a Bank of America Mastercard and a forged Chase bank check.

All of the items were in the name of the victim.

An investigation showed that he tried to cash the check at the Pine Hills, Albany branch earlier in the day.

Santana was arrested and charged with possession of a forged instrument and identity

theft, both felonies, and arraigned in Bethlehem Town Court by Judge Andrew Kirby. Santana was released on his own recognizance and is scheduled back in court on Tuesday, April 18.

Man in backyard, has warrant

SLINGERLANDS - Bethlehem detectives investigating a May 2021 case arrested a 29-year-old Clifton Park man for entering property on Whitestone Way in May 2022. He was given an appearance ticket, but did not show up for court in June.

State Police arrested Stephen Beatty for an unrelated incident on Monday, March 27 and found he had an outstanding warrant in Bethlehem. Bethlehem police responded to the Albany City Court to pick up Beatty. He was arraigned by Bethlehem Town Judge Andrew Kirby and released on his own recognizance with a return date of Tuesday, April 18.

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Last Day

Brunswick BBQ & Brew gets a fitting musical sendoff.

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ENTERTAINMENT

INSIDE



Individual journey to wellness

Gym welcomes everyone.

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Art and poetry on the Rail Trail

D. Colin to open 2023 series.

Pages B4



Kickin' it 'old school' at Cedar Hill

Exploring the centuries old schoolhouse in the heart of Selkirk

By **AMARIS FORD**

news@spotlightnews.com

SELKIRK — Cedar Hill Schoolhouse, located at 1003 River Road in Selkirk, stands as a testament to the legacy of the Town of Bethlehem. Open on Sundays from 2-4 p.m., the one-room, cardinal-red building has been converted into a museum that is a

Continues on page B12

**INSIDE
THIS ISSUE:**

**SPOTLIGHT
ON BUSINESS** 2023

**Your guide to
what's happening
in Local Business**

#TheSpot518



quote of the week

"The Helderberg-Hudson Rail Trail has become a destination for Albany County residents to enjoy both the beauty of nature and the vibrancy of the neighborhoods along this nine-mile path."

— Mark King, Mohawk Hudson Land Conservancy Executive Director

SIGN OF SPRING

Dock go into the Hudson in Watervliet this week. For the first time in two years.

Charles Patricelli



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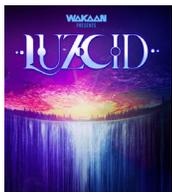
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HEALTH & FITNESS



An individual journey to wellness

Menands gym strives to find creative ways to encourage people to move their bodies

By **AMARIS FORD**
news@spotlightnews.com

ALBANY - Victoria Fitness in Menands is looking forward to a new year of supporting events that promote wellness within the community.

"It's about trying to educate and assist individuals in the community with trying to understand the importance of having a healthier life," reflected business owner Terron Victoria.

Victoria Fitness offers free full-body all-level workouts every Saturday morning at 8:30 a.m. This summer, they will be hosting workout sessions at the various parks in the area. Throughout the year, trainer Samantha Munn-Permaul, a mother herself, leads the community on Mommy and Me walks.

"We're finding ways to get creative to bring everyone together to want to move their bodies," said Munn-Permaul. "Make it fun; it doesn't have to be this big, scary thing."

Victoria described Victoria Fitness as having a "strong community and family bond." Munn-Permaul's HIIT classes and one-on-one classes are a complement to Victoria's personal training. Yoga is also taught twice a week.

They recommend individuals interested in joining classes visit Victoria's Instagram, @Victoria_Fitness_. Information about Munn-Permaul's classes can be found at @srm122.

"I'm walking around, encouraging everybody; everyone

is encouraging each other," Victoria said. "Along with myself, my other clients are encouraging you, pushing you forward, and working toward your goal."

Even though it's a group setting, there is a strong emphasis on individuality and the unique fitness and wellness journey that every person is on. Victoria noted how everyone's goal is different. The gym is designed to cater to the needs of each individual.

"We have people of all different backgrounds, all different fitness levels, all different shapes and sizes, everything," said Munn-Permaul. "It really is like this big melting pot community."

Victoria said the gym welcomes everyone with open arms.

"We dedicate our time to every individual who comes to the gym," he said.

Opening his own gym came on the heels of his work with his friend Trinel McDermott at Synergy Albany, a fellow Black-owned private gym. Seeing Victoria's work as a trainer in his gym, McDermott suggested that Victoria start his own business.

The gym opened in June 2021, inspired by "a leap of faith." Terron Victoria's father encouraged him to get a building and form his own gym. Victoria recalled his own initial skepticism about the idea.

"I spoke to my father, and he said, 'Just do it. You will never know unless you try,'" Victoria said. "One day, I decided to take a leap of faith and try it out. I would never know if I was going to fail or succeed unless I tried."

His love of training and wellness began gradually and progressed from his youth playing basketball to his time in New York City, where he "started to get back into the gym myself and help others slowly." He added, "I started to feel

that love for training again."

Munn-Permaul's wellness journey began in 2017 on a spiritual and mental level. She began incorporating fitness as an integral part of her life in 2018.

"The fitness was the fun part for me," she said. "I found that I wanted to dig more into fitness. Last year, I decided that I was going to begin training to be a personal trainer."

Munn-Permaul and Victoria went to elementary school and high school together. Adult life separated them until she saw through social media that he opened his own gym. She went to the gym to support him. A conversation about hosting classes began, and by October, she was teaching.

"Having gym intimidation is real," she said. "When you walk into Victoria Fitness, it's not that way. Everyone is there to support you and make you feel comfortable in your journey, whether it's day one or you've been at it for a while."

Victoria explained that some people may sense a competitive environment within the gym and become discouraged by comparisons. At Victoria Fitness, the goal is to help people overcome this mindset and create a place that promotes wellness for the entire community.

"No matter what in that gym, it's always family," said Munn-Permaul. "If you walk in there, it's such positivity. You feel like you can't wait to get your workout in. Everyone is there to support each other."

"When you leave, you leave feeling that you got a good workout based on your capabilities at that moment, and we're going to progress you to somewhere that you want to be in the future," Victoria said. "You're telling yourself that you can't. But you absolutely can. You just have to believe in yourself and go out and get after it. Not everyone is supposed to go at the same pace. Not everyone's journey is the same."

■ UPCOMING

Art and poetry comes to the Rail Trail

Installation at mini gallery celebrates a sense of space

DELMAR - Celebrated local poet, visual artist, and performer D. Colin will open the 2023 series of exhibitions at miniMoCA518, the unique, miniature art gallery sited along

the Albany County Helderberg-Hudson Rail Trail. On view through April 27, Colin's installation "Sacred Space" will explore the longing to inhabit a place that feels personally authentic and truly one's own.

"What would a room look like that would center me?" asks Colin.

D. Colin is a

multidisciplinary artist of Haitian descent focusing in poetry, visual art and theater. She is the 2022 Excellence in Arts & Letters Award recipient for UAlbany's Alumni Association and has called New York's Capital District home since 2007.

The artist will also curate a special selection of books at the little

free library located near miniMoCA518; a bookmark designed by the artist will be included inside each.

On Saturday, April 15, from 1-3 p.m., a public reception will feature Colin reading a selection of her poems at the corner of Hudson Avenue and Adams Street in Delmar.

Established by the Art on the Rail Trail (ART) committee in the fall of 2022, miniMoCA518 is a small-scale architectural delight at the intersection of Hudson Avenue and Adams Street. The gallery is home to changing exhibitions that feature regional artists from a range of disciplines.

In 2023, five artists were invited to develop new works for the gallery. The public will have the opportunity to meet the artists and celebrate their work during receptions for

each exhibition. "The Helderberg-Hudson Rail Trail has

"The Helderberg-Hudson Rail Trail has become a destination for Albany County residents to enjoy both the beauty of nature and the vibrancy of the neighborhoods along this nine-mile path."

— Mohawk Hudson Land Conservancy Executive Director Mark King

become a destination for Albany County residents to enjoy both the beauty of nature and the vibrancy of the neighborhoods along this nine-mile path," said Mohawk Hudson Land

Conservancy Executive Director Mark King said. "Works of public art – like those presented in miniMoCA518 – are evidence of the area's dynamic creative culture and serve as new and exciting elements for visitors to encounter on the trail."

ART is a volunteer committee of the Mohawk Hudson Land Conservancy whose mission is to support and improve the Albany County Helderberg-Hudson Rail Trail by introducing works of art and hosting related community events. Learn more about ART at www.mohawkhudson.org/art.

Exhibit sponsors include I Love Books, McSharry & Associates, and Grassroot Givers, which donates books to little free libraries.

Country music legend Randy Travis sells out, adds second show

Travis, along with other classic music stars, will take part in Interview Series

GLENS FALLS - Seven-time Grammy Award Winning Country Music Hall of Fame Member Randy Travis has sold out his 3 p.m. show on Saturday, Aug. 26 at the Charles R. Wood Theater. Due to popular demand, a 6 p.m. show has been added.

Randy & Mary Travis: A Conversation with a Legend will feature stories and songs hosted by Kevin Richards, an audience Q & A session, Travis' biggest hits performed by Nashville bound duo Martin and Kelly and a piano-bar style sing-along with Richie Phillips and Mark Pierre.

"Over the years, Kevin has always had that knack for intimately connecting his listeners to many of the top performers in the Country Music industry. Kevin is now,

and has been over the last year, bringing that same 'atmosphere' to Hometown, USA," City of Glens Falls Communications Director, Tim Drawbridge said.

"Kevin emceed the Q & A format that led to Travis' story unfolding in a moving, engaging, entertaining way. Grown men cried, we hooted and hollered. The love was huge and wide," Cathy Dede, of the Chronicle said.

Other upcoming Kevin Richards' Country Concerts Close Up! Series shows include:

Saturday, April 15, at 7 p.m. - Cher Tribute with Thirsty Burlington in "Cher Live". Cher's greatest hits and fashions will light up the stage in a tribute praised by both Cher herself, and her

costume designer, Bob Mackie. Mackie said, "I've seen a lot of performers do Cher but I've never seen anyone do Cher better than Thirsty." Thirsty Burlington, seen in the 2016 movie Thirsty: Be Yourself Be Fearless, is one of the World's most in-demand Cher performers. Radio personality and comedian, Shawn Gillie, will open the party.

Saturday, April 22, at 6 p.m. - Suzy Bogguss. Grammy, CMA, and ACM winner Suzy Bogguss, one of the female voices that dominated country radio in the 90's, is still singing and performing classic and new songs with her sweet, award-winning voice. North Country favorite Ryan Clark opens the show.

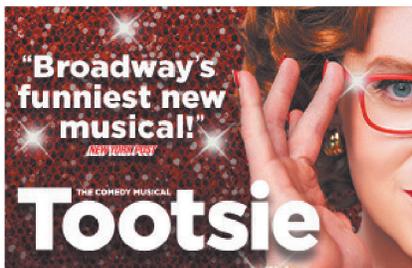
COMING UP

PROCTORS theREP UPH
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A MIDSUMMER NIGHT'S DREAM
theREP • April 14-May 7

In a world where women are captured and married to the highest bidder, what are four unrequited young lovers to do on a Midsummer's night? Of course, run away into the dream-like arms of an enchanted forest where sprites lurk and fairies rule. While a feuding Fairy King and Queen are at war, their paths are crossed by Bottom, Quince and their friends presenting a play within a play.



TOOTSIE
Proctors • April 11 - 16

Call it "musical comedy heaven" (Rolling Stone). Call it "the most uproarious new musical in years!" (The Hollywood Reporter). Call it TOOTSIE! This laugh-out-loud love letter to the theater tells the story of Michael Dorsey, a talented but difficult actor who struggles to find work until one show-stopping act of desperation lands him the role of a lifetime.



IT CAME FROM SCHENECTADY: GOODZILLA FRIDAY DOUBLE STOMP
Proctors • April 7

It Came From Schenectady presents the return of one of our most celebrated annual events, a ferocious double feature of two TOHO movie masterpieces starring everyone's favorite Kaiju... Goodzilla!



A MAN NAMED CASH - A TRIBUTE TO JOHNNY CASH AND JUNE CARTER
UPH • April 7

The premier tribute to the music and lives of Johnny Cash and June Carter Cash starring Eric Hofmanis and Megan Houde!



SUZANNE VEGA
UPH • April 14

Suzanne Vega emerged as a leading figure of the folk-music revival of the early 1980s when, accompanying herself on acoustic guitar, she sang what has been called contemporary folk or neo-folk songs of her own creation in Greenwich Village clubs.



ONE MAN AVENGERS
Proctors • April 14-15

Charlie Ross is back, portraying Iron Man's armour, Cap's shield, Hulk's rage, Thor's biceps, Thanos's chin and Black Widow's butt.

at P ★ UPH

PROCTORS
4/6 • Film - Shanghai Express

4/7 • ICFS Presents: Goodzilla Friday Double Stomp

4/8 • Thruway: A Capella Sing Off

4/11-4/16 • Tootsie

4/11 • Little Richard: I Am Everything

4/13 • Film: The Scarlet Empress

4/14-4/15 • One Man Avengers

theREP ★
4/14-5/7 • A Midsummer Night's Dream

UPH
4/7 • A Man Named Cash - A Tribute to Johnny Cash and June Carter

4/14 • Suzanne Vega

4/15 • Monterey Jazz Festival

Proctors, theREP and UPH are part of
PROCTORS Collaborative

518.346.6204
proctors.org
capitalrep.org
universalpreservationhall.org

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EDITOR'S NOTE: The following calendar is to benefit our readers looking for events to attend around the Capital District. Though some of these venues pay for additional advertising, none of these submissions represent paid content. The information below is curated and edited by our Customer Engagement Coordinator Frank Gillen. You can contact him by phone at 518-439-4949 or email at gillen@spotlightnews.com.

HOT SPOTS EVENTS CALENDAR



Tropicdelic at Putnam

Cleveland, Ohio may be far from any tropical islands, but that doesn't stop Tropicdelic from dishing out an interesting mix of reggae, hip-hop, and high energy funk. April 6th at Putnam Place, Saratoga Springs.

MUSIC

- 9 Maple Avenue**
9 Maple Ave., Saratoga Springs.
518-583-CLUB
Fri: **Katalyst** | 8 p.m.
Sat: **Out of the Box** | 8 p.m.
- Albany Capital Center**
55 Eagle St., Albany.
518-487-2155
Fri: **American Red Cross Fire & Ice Gala 2023** | 6:30 p.m.
- Across The Street Pub**
1238 Western Ave., Albany.
518-438-1718
Thurs: **Trivia** | 6:30-8:30 p.m.
- The Avalon Lounge**
29 Church St, Catskill
518-719-1640
Wed: **Cocktail Zone with SVB** | 7 p.m.
Fri: **Taraka / SCRUPLES** | 9 p.m.
Sun: **Told Slant / Sister. / Onlyness / The Fascinating Chimera Proj** | 7:30 p.m.
- Bard & Baker Board Game Cafe Troy**
501 Broadway, Suite 105, Troy
518-948-6693
Wed: **Looking for Group Night** | 6 p.m.
Thurs: **Pathfinder Society Organized Play** | 6 p.m.
Sun: **Trivia** | 6 p.m.
- Brown's Troy Taproom & Brewery**
417 River Street, Troy
518-273-2337
- Black Bear Inn**
310 19th St., Watervliet
518-272-9486
- Caffè Lena**
47 Phila St., Saratoga Springs
518-583-0022
Wed: **Chase Twichell** | 7 p.m.
Fri: **Kaia Kater** | 8 p.m.
Sat: **Vivian Nesbitt** | 3 p.m.
Sat: **Chris Pureka** | 8 p.m.
- Carson's Woodside Tavern**
57 NY-9P, Malta
518-584-9791
Thurs: **Padraic Decker** | 8 p.m.
Fri: **Eric Peters** | 8 p.m.
Sat: **Nate** | 8 p.m.
- Centre Street Pub**
308 Union St., Schenectady
518-393-2337
Fri: **Derek Forget** | 2 p.m.
Sat: **Brother Junction** | 5 p.m.

- Cohoes Music Hall**
58 Remsen St., Cohoes
518-434-0776
Fri: **KISStory & Monsters of Rock** | 8 p.m.
Sat: **Melvin Seals & JGB** | 8 p.m.
- The Comedy Works**
388 Broadway, Saratoga Springs
877-565-3849
Fri: **The Comedy Works All-Stars** | 8 p.m.
- Curtain Call Theatre**
1 Jeanne Jugan Lane, Latham
Tel: 518 - 877 PLAY (7529)
- Druthers Brewing Company**
1053 Broadway, Albany
(518) 650-7996
- Eden Cafe**
269 Osborne Road #3, Albany
518-977-3771
Thurs: **Who's Line is it?** | 7 p.m.
Fri: **Open mic** | 8 p.m.
- The Egg**
Empire State Plaza., Albany
518-473-1845
- Emack & Bolio's**
366 Delaware Ave., Albany
518-512-5100
- Empire Live/Underground**
93 North Pearl St., Albany
866-468-3399
Thurs: **Anvil** | 6 p.m.
Sat: **Downswing** | 6:30 p.m.
- Empire State Plaza**
Empire State Plaza., Albany
518-474-2418

- Fort Orange Brewing**
450 North Pearl St, Albany
518-992-3103
Fri: **Josh Breden** | 7 p.m.
- Frog Alley Brewing Co.**
108 State Street Schenectady
518-631-4800
Sat: **Nirvani: A Tribute to Nirvana** | 8 p.m.
- Fuze Box**
12 Central Avenue Albany
518-992-6434
- Funny Bone**
1 Crossgates Mall Rd #K-206, Albany
518-313-7484.
Wed: **Brad Upton** | 7:30 p.m.
Thurs: **Benedict Polizzi** | 7 p.m.
Fri: **Jeff Dye** | 8 p.m.
- Grappa '72**
818 Central Ave., Albany
518-482-7200
Thurs: **The Hamilton Street Jazz Trio** | 5:30-8:30 p.m.
Fri: **Earl Davis with Peg & Bill Delaney** | 5:30-8:30 p.m.
- The Hangar on the Hudson**
675 River St., Troy
518-272-9740.
Fri: **Bruiser and Bicycle** | 7 p.m.
- The Hollow Bar + Kitchen**
79 North Pearl St., Albany
518-426-8550
Wed: **Melt w/s/g Kyla Silk** | 7 p.m.
Fri: **The Mallett Brothers Band w/s/g Will Overman** | 8 p.m.

- Lark Hall**
351 Hudson Ave, Albany
518-599-5804
Thurs: **Caroline With Special Guest Belle-Skinner** | 8 p.m.
Fri: **Technosol** | 8 p.m.
- The Linda**
339 Central Ave, Albany
518-465-5233
- McGeary's Irish Pub**
4 Clinton Square, Albany
518-463-1455
Tues: **Trivia Night** | 7 p.m.
- Nashville Of Saratoga**
39 Phila Street, Saratoga Springs
518-909-6274
Thurs: **Karaoke** | 8 p.m.
Fri: **DJ Eric C Dance Party** | 8 p.m.
- Nanola**
2639 Rt 9, Malta
518-587-1300
- No Fun**
275 River Street, Troy
Wed: **Pinkshift / Spaced / BLKVAPOR / Alliteration** | 8 p.m.
Thurs: **Camp Saint Helene / Rompiste Mis Flores / Brewster / Ben Seretan** | 8 p.m.
Fri: **Colony / Seed of Pain / Burning Lord / Godskin Peeler / Halo Bite** | 8 p.m.
Sat: **The Bobby Lee's / Ma'am / Dog-boy** | 8 p.m.
- Other One Brewing Company**
1505 Halfmoon Parkway, Halfmoon
518-807-5512
Thurs: **Russ Kennedy** | 6:30 p.m.
Fri: **Mark Pierre** | 6:30 p.m.

- Olde English Pub**
683 Broadway, Albany.
518-434-6533
- The Painted Lemon**
54 Clifton Country Road
Clifton Park NY
518-889-2166
Wed: **Mark Galeo** | 5 p.m.
Fri: **Christine Spero & Mark Galeo Duo** | 5 p.m.
Sat: **Tooty Duo** | 5 p.m.
- The Palace Theatre**
19 Clinton Ave., Albany
518-465-4663
- Panza's**
129 So. Broadway, Saratoga Springs
518-584-6882
Sat: **Christine Spero** | 6:30 p.m.
- Parish Public House**
388 Broadway, Albany
518-465-0444
- The Parting Glass**
40-42 Lake Ave., Saratoga Springs
518-583-1916
- Paulys Hotel**
337 Central Ave., Albany
518-426-0828
Sun: **Float Like A Buffalo** | 8 p.m.
- Proctors**
432 State Street., Schenectady
518-346-6204
Fri: **Goodzilla Friday Double Stomp!** | 7 p.m.

- Putnam Place**
63a Putnam St., Saratoga Springs
518-584-8066
Thurs: **Tropicdelic** | 9 p.m.
Fri: **The Lizards** | 9 p.m.
- Rare Form Brewing Company**
90 Congress Street, Troy
(518) 326-4303
- Ravenswood Grill & Tavern**
1021 NY 146, Clifton Park.
518-371-8771
Tues: **Trivia Night** | 6:30 p.m.
- The Ruck**
104 3rd St., Troy
(518) 273-1872
- Rustic Barn Pub**
150 Speoigletown Rd, Troy
518-235-5858
Thurs: **Open Mic Night** | 5 p.m.
Fri: **Matt Mirabile Band** | 8 p.m.
Sat: **The Harmonic Duo** | 8 p.m.
- The Saratoga Winery**
462 NY-29, Saratoga Springs
- Saratoga National**
458 Union Avenue Saratoga Springs
518.583.4653
- Saratoga City Tavern**
19-21 Caroline St., Saratoga Springs
518-581-3230
Thurs: **Karaoke** | 9 p.m.
Mon: **Bingo** | 8 p.m.
Tues: **Trivia** | 8 p.m.
- Sand Lake Center for the Arts**
2880 NY 43 Averill Park
518-674-2007
- SPAC**
Avenue of the Pines, Saratoga Springs
518-584-9330
- Troy Savings Bank Music Hall**
30 Second St., Troy
518-273-0038
Fri: **The Moth** | 8 p.m.
- UPH**
25 Washington Street, Saratoga Springs
(518) 346-6204
Fri: **A Man Named Cash** | 7:30 p.m.
- Vapor**
342 Jefferson St, Saratoga Springs
(518) 584-2110
Fri: **805 & 905 Dance Party With Dj Npg** | 8 p.m.
- Van Slyck's**
Rivers Casino & Resort
1 Rush St., Schenectady
518-579-8800
Fri: **Skeeter Creek** | 8 p.m.
- Waterworks Pub**
76 Central Ave., Albany
518-465-9079
Fri: **Friday Night Dancing & Karaoke** | 10 p.m.-4 a.m.
Sat: **Saturday Night Dancing & Drag** | 10 p.m.-4 a.m.
- Wicked**
1602 Route 9, Clifton Park
518-467-8900
- Wishing Well Restaurant**
745 Saratoga Rd., Wilton
518-584-7640



Polish Fest

AT THE PLAZA
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Live music by Herbie Liebenhagen & the Accord-A-Tones
Lunch by The Albany Polish Community Center (\$)

Plus craft vendors and more!

EXHIBITS

Albany Institute of History and Art

Nineteenth Century American Sculpture: Erastus Dow Palmer and His Protégés Lant Thompson, Charles Calverley, and Richard Park- Designed to showcase the museum's nationally known collection of mid- to late-nineteenth-century sculpture. This exhibit is currently ongoing.

Ancient Egypt- Egyptologist and Guest Curator Dr. Peter Lacovara has incorporated the research and scientific discoveries revealed in the GE Presents: The Mystery of the Albany Mummies exhibition into a new exhibition about Ancient Egypt. This exhibit is currently ongoing.

Traders & Culture: Colonial Albany and the Formation of American Identity- This exhibition looks at those diverse peoples who shaped colonial Albany and the objects that reflect their interests, values, commercial, and social interactions. This exhibit is currently ongoing. The Albany Institute of History and Art, 125 Washington Ave. Albany, 518.463.4478.

Albany International Airport Lumen- Location: 3rd Floor, Main Terminal, 737 Albany Shaker Rd, Albany, NY. 518-242-2241 or www.albanyairport.com/arts

Arts Center of the Capital Region
Gallery hours: Daily, Monday-Thursday, 9 a.m. to 7:30 p.m., Friday, 9 a.m. to 4 p.m., Saturday, 9 a.m. to 5 p.m. and Sunday, noon to 4 p.m. 265 River St., Troy. Free admission. 518-273-0552 or artscenteronline.org

The Clark Art Institute Oracle Bones- This yearlong installation in public spaces around the Clark features work in a variety of media by Elizabeth Atterbury (b. 1982, West Palm Beach, Florida; lives and

works in Portland, Maine). Atterbury makes vibrant geometric prints using chine collé and embossment; textured monochrome reliefs in raked mortar; and wood and stone sculptures that greatly enlarge objects of personal significance. This is ongoing until January 21, 2024.

Museum hours: Daily, from 10 a.m. to 5 p.m., Tuesday through Saturday. Admission: Adults, \$20; children 18 and younger, free. 225 South St., Williamstown, Mass. 413-458-2303 or www.clarkart.edu

The Jan Rutland Memorial Artists' Space

Gallery hours Thursday, Friday, and Saturday from 10 a.m. to 4 p.m. Free. Second Floor, National Bottle Museum, 76 Milton Ave., Ballston Spa. 518-885-7589 or nationalbottlemuseum.org

miSci Be the Astronaut - Be the Astronaut is a fun, interactive adventure where you are in control as you launch a rocket, pilot a spaceship, and drive a rover in space!

The exhibit guides you as you discover the solar system first hand with the help of virtual astronauts as you land on multiple worlds, including the Moon, Mars, and Jupiter. Designed with the help of NASA experts, the exhibition is fun for the whole family and takes STEM learning into outer space.

Let's Connect! Exploring Communication Technology - A voice travels through the air at 343 meters per second. That wasn't fast enough. A shout can be heard 2 kilometers away. That wasn't far enough. Let's Connect! explores a world of innovation in which scientists, inventors, and visionaries keep breaking limits to make our modern connections what they are today. This dynamic exhibition explores the efforts of human beings to move an ever-growing quantity of information faster and more broadly than ever before. On view through May 14, 2023.

Museum hours: Tuesday-Saturday, 10 a.m. to 5 p.m. (observatory open until 8 p.m. on Thursday); Sunday, noon to 5 p.m. 15 Nott Terrace Heights, Schenectady. Admission: Adults (13+), \$12; seniors (65+), \$10; children (3-12) \$8. Additional \$6/person for planetarium show. 518-382-7890 or www.miSci.org

New York State Museum Unveiled: Wedding Wear in 19th-century New York

Berenice Abbott: Changing New York In 1929, after eight years in Europe, photographer Berenice Abbott (1898-1991) returned to New York City. She was inspired by its dramatic transformation. New construction was everywhere; hundreds of 19th-century buildings had been torn down to make way for dozens of skyscrapers. She was determined to capture this momentous change in photographs. Ongoing through July 2nd 2023.

Thomas Hart Benton - In 1956 Thomas Hart Benton was commissioned by Robert Moses, chairman of the New York Power Authority, to create two murals for the powerhouse building of the state's first hydropower facility in Massena. They feature Jacques Cartier's explorations of the St. Lawrence River and the Gulf of St. Lawrence. Ongoing until July 2nd 2023. Museum hours: Tuesday-Sun, 9 a.m. to 5 p.m.; 222 Madison Ave., Albany. Free admission; suggested donation of \$5/person or \$10/family. 518-474-5877 or www.nysm.nysed.gov

Opalka Gallery
Gallery Hours Tuesday through Saturday 12pm to 5pm open late Thursday 12pm to 8pm. Monday by appointment. Gallery is located at Russell Sage College 140 New Scotland Ave. Albany, NY 12208.

Saratoga Arts
320 Broadway, Saratoga Springs. Free admission. Gallery hours: weekdays, 9 a.m. to 5 p.m.; Saturday, 11 a.m. to 5 p.m. 518-584-4132 or saratoga-arts.org

Schenectady County Historical Society

Ongoing: "Mapping Schenectady" Some of SCHS' most prominent and interesting maps are now on permanent display in the Map Gallery. Also,

Beyond the Pines: Early Schenectady an exhibit focused entirely on early Schenectady: its founding, its people, and what life was like for the city's earliest residents. Plus permanent exhibits. Museum hours: weekdays, 9 a.m. to 5 p.m.; Saturday, 10 a.m. to 2 p.m. Library and Museum, 32 Washington Ave., Schenectady. Admission: \$5. 518-374-0263 or schenectadyhistorical.org

Dan Sekellic Visual Arts Gallery

Gallery hours: Wednesday, 11 a.m. to 1 p.m. Sand Lake Center for the Arts, 2880 NY Rte. 43, Averill Park. Free admission. 518-674-2007 or slca-ctp.org

Tang Teaching Museum Lauren Kelley Location Scouting-

Conceived and designed for conversation, dialogue, study, and contemplation, Location Scouting is the fourth exhibition in a series that invites an artist to re-imagine what a community space in the museum can be. Artist and curator Lauren Kelley reshapes the Tang Teaching Museum's mezzanine by combining meditations on travel with snapshots of everyday life in her drawings, sculpture, and stop-motion animation videos. Skidmore College, 815 North Broadway, Saratoga Springs. Museum hours: Tuesday - Sunday, noon to 5 p.m.; Thursday until 9 p.m. Free admission; suggested donations of \$5/adult; \$3/child 13+; seniors, \$2. 518-580-8080 or tang.skidmore.edu

Union College Galleries Permanent Collection

The artworks in this exhibition were thoughtfully considered and purchased for inclusion in Union College's Permanent Collection over the past decade. These recent acquisitions have broad-

ened the Collection's scope by incorporating contemporary African, African American, Asian, Indigenous Alaskan, and Native American artists. They include paintings, photographs, prints, digital media, mixed media, and works on paper. Exhibit is on going until June 12th 2023. Union College, Mandeville Gallery, Nott Memorial, 807 Union St. Schenectady, NY 12308

University Art Museum
University Art Museum is located at 1400 Washington Avenue, Albany.

laureates and everyone in between, share their stories on stage in front of a live audience. Through live and virtual shows, storytelling workshops, a podcast, Peabody Award-winning Radio Hour, and New York Times Best Selling books, The Moth brings the power of personal storytelling to millions of people each year—creating community and building empathy around the world.

Catch the show April 7th at 8 p.m. only at The Troy Savings Bank Music Hall, 30 second street, Troy.

THEATRE

Mother Jones in Heaven

The musical drama tackling social justice is written and composed by Si Kahn, who has been touring the world over the past 50 years with renowned artists such as Pete Seeger. Kahn's creative ability to write "Mother Jones" is supported by the playwrights' well-earned credentials as a singer, songwriter, activist and grassroots leader. "Mother Jones in Heaven" opens as the infamous Mary Harris "Mother" Jones, portrayed by Vivian Nesbitt, enters heaven. Through the course of the 90 minute musical, featuring 12 of Si Kahn's original songs, Mother Jones balances her methods and practices with her outcomes. The issues are as poignant and as timely today as they were in 1900 when Mother Jones was fighting for better working conditions and human rights through out North America. Catch the show April 8th at 3 p.m. only at Caffe Lena 47 Phila Street Saratoga Springs.

The Moth

The Moth is true stories, told live and without notes. Celebrating the ability of true, personal storytelling to illuminate both the diversity and commonality of human experience. People all over the world and from all walks of life: astronauts, students, a dental hygienist, a hotdog eating champion, a mechanic, exonerated prisoners, veterans, Nobel

COMEDY

Brad Upton

Brad Upton is Dry Bar Comedy's most popular comedian with two very popular specials and well over 200 million views. He used to tour with the late, great Joan Rivers and has spent the past fifteen years as the opening act for the legendary Johnny Mathis. His immense internet fame has also led him to becoming a regular performer at Nashville's iconic Grand Ole Opry. Brad has mastered the nearly impossible task of appealing to people of all ages and backgrounds. Catch this show April 5th at 7:30 p.m. only at The Funny Bone, 1 Crossgates Mall Rd #K-206, Albany.

Benedict Polizzi

Benedict Polizzi is a stand up comedian and actor based in Indianapolis. He starred in season 2 of HBO Max's FBOY Island and can be seen everywhere on the internet with more than 600 million views across all social media platforms. He's been featured in People magazine and E! News and his work can be seen on BarstoolSports, MemeZar, MensHumor, CrazyBitchProbs, FunnyHoodVids and in 2022 was named Indy Star's Best Comedian. In 2022 he opened for Nikki Glaser during her "ONE NIGHT with Nikki Glaser" tour. When Benedict isn't performing in comedy clubs all around the country, you can find him on a busy street "Polite Catcalling" which gained

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CLUES ACROSS

- Atomic mass unit
- Criticize mightily
- Sino-Soviet block (abbr.)
- Stand in for
- Everyone has one
- Brew
- Rectify
- Popular Dodge truck model
- Beef or chicken intestine
- Satisfy
- Of a particular people or localized region
- Movements in quick tempos
- Able to pay one's debts
- Fleshy bird beak covering
- Dueling sword
- Helps
- Court is in it
- Touch lightly
- Airborne (abbr.)
- Of one
- Baked good
- Jai __, sport
- About aviation
- Low oval mound
- Rugged mountain ranges
- Compel to do something
- A way to carve
- Sao __, city in Brazil
- Mustachioed actor Elliott
- American Idol runner-up Clay
- A way to soak
- Car mechanics group
- Born of
- Time zone
- Sea eagle
- Even's opposite

CLUES DOWN

- Sharp mountain ridge
- Thin, fibrous cartilages
- Provides new details
- Muscular weaknesses
- Ottoman military title
- Banes
- Horse-riding seats
- Arms of a shirt
- Narrow path along a road edge
- Viper
- Disfigure
- Variety of Chinese language
- Portray in a show
- Wrongful act
- No (slang)
- State of agitation
- __ Diego
- One point east of due south
- 007's creator
- The NBA's Toppin
- Midway between north and northeast
- Examples
- __ Gould, actor
- The habitat of wild animals
- Artful subtlety
- Infielders
- Keep under control
- Herb
- Distressed
- A way to go down
- Type of acid
- Take by force
- Collected fallen leaves
- Shout of welcome or farewell
- Monetary unit
- Swiss river

him over 300 million views online, or eating rotisserie chicken in his car in complete silence. Catch this show April 6th at 7:30 p.m. only at The Funny Bone, 1 Crossgates Mall Rd #K-206, Albany.

Jeff Dye

Jeff Dye is a rising star in the comedy scene who has performed all over the country. In 2007 Jeff won the Giggles 10th annual laff off and took 3rd in the giggles laff off in 2006. Jeff was also a semi-finalist in the Seattle international comedy compition and was featured on Last Comic Standing. Jeff doesn't use profanity but his very edgy and creative humor takes you in his mind, that some have described as a charmingly twisted experience. Catch this show April 7th at 7:30 p.m. with a second show on Saturday only at The Funny Bone, 1 Crossgates Mall Rd #K-206, Albany.

MISCELLANEOUS

Troy Farmers Market

More than 80 food growers, bakers, chefs and artisans gather to offer the Capital District's freshest and finest! Live music, great food, family activities and learning opportunities. Every Saturday, from 9 a.m. to 2 p.m., Troy. Free admission. 518-708-4216 or www.troymarket.org.

Schenectady GreenMarket

Vendors, shoppers, musicians and friends gather at this festive marketplace featuring more than 60 vendors who produce everything they sell. Sundays from 10 a.m. to 2 p.m. Free admission. 518-986-0318 or schenectadygreenmarket.org/

Veterans Meet-Up

All veterans welcome to free coffee Tuesdays, from 6 to 8 p.m. Saratoga Coffee Traders, 447 Broadway,

Saratoga Springs. 518-884-4999 or www.VeteransPeerConnection.org

Social Night/ Open House tours

Get a feel for this amazing creative community. Free. Tuesdays, 6:30 to 8:30 p.m., Tech Valley Center of Gravity, 30 3rd St., Troy. 518-279-7863 or www.tvcog.net.

MUSIC

Out of the Box

Out of the Box looks forward to their return to 9 Maple, bringing their version of straight up jazz, seasoned with a bit of funk and plenty of groove to put a smile on your face. Selected winner of the Albany Downtown Jazz Competition in 2011, they have been a staple of the greater Capital Region music scene for the past decade. The core trio of Larry Gravett on keyboards and vocals, Michael Hurt on bass and Gary Nowik on drums, have worked together for many years. Saxophonist extraordinaire, John Savage, will join the trio for a night of jazz in all it forms. Don't be afraid to leave your seat and move your feet! Catch this April 8th at 8 p.m. only at 9 Maple Ave., Saratoga Springs.

Told Slant / Sister. / Onlyness / The Fascinating Chimera Project

Told Slant is the music of Brooklyn-raised songwriter and drummer Felix Walworth. They've released three full length LPs over the last decade, all of which examine questions of connectedness, love, devotion, and self-knowledge. Often, their writing comes in the form of partly obscured windows into the deeply personal: moments of rupture or expressions of true love wit-

nessed through a gap in the curtain. Sister. consists of Hannah (they/she), Ceci (she/her), and James (he/him). Sister. happened by accident—during their senior year of college, Ceci wrote a song for a course assignment and asked roommate Hannah to sing it. Sister. regularly performs at venues across the east coast, including a residency at C'mon Everybody and a February 25th show at TV EYE in Brooklyn. Onlyness is the songwriting project of Florist member Rick Spataro The Fascinating Chimera Project make dreamy, orchestral indie pop. Catch this April 9th at 7 p.m. only at The Avalon Lounge 29 Church St. Catskill.

Kaia Kater

Kaia draws on her diverse influences in Quebec, the Caribbean, and Appalachia, bringing them together to present an exciting musical direction. Known for her prowess as a songwriter and tradition bearer who performs with "the skill of a folk-circuit veteran" (Rolling Stone), Grenadian-Canadian artist took a decidedly different direction for Grenades. What started out as a search to discover the roots of her identity became a physical and emotional exploration of history, in particular her paternal ancestry, and has led to bold new heights of imagination and creative expression. Catch this April 7th at 8 p.m. only at Caffe Lena, 47 Phila Street, Saratoga Springs.

Chris Pureka

Over the course of two decades, Portland-based singer-songwriter Chris Pureka has gained both critical acclaim and dedicated fan engagement with her unique blend of folk, Americana and indie rock. Her bold vulnerability in processing the intimacies of life in song has struck a chord with those listeners who crave authenticity and depth. Chris's elegant emotionality as a vocalist

and her flair as a lyricist have garnered her favorable comparisons to Chan Marshall, Bruce Springsteen, and Patty Griffin. Along the way, Chris has remained truly independent, selling nearly 50,000 albums through her own label, Sad Rabbit Records. Catch this April 8th at 8 p.m. only at Caffe Lena, 47 Phila Street, Saratoga Springs.

Derek Forget

Albany native, Derrick Forgét spent 10 years in Los Angeles as a professional musician. Primarily a rock 'n roll bass player and background singer, he diversified his style and skill set taking on guitar, keys, harmonica, and percussion. While playing with various rock and pop he developed his songwriting chops, churning out songs for everything from rock bands to a Disney actress. After joining the critically acclaimed rock band, Tsar, he toured the US, UK, and Canada sharing a stage with such acts as Billy Idol, New York Dolls, Social Distortion, Cake, 30 Seconds to Mars, Shinedown, Juliette Lewis, and many other national acts Ultimately, Derrick would trade in the California sun for the Capital Region and the Adirondack Mountains, where he delivers a set list of nonstop hits from the 50's, originals, and today's chart toppers. Catch the show April 7th at 2 p.m. only at Centre Street Pub, 308 Union Street, Schenectady.

KISSStory & Monsters of Rock

E1Presents KISSStory, the greatest replica tribute band to KISS, with all the looks and sound... who would know the difference? And opening the evening is Monsters Of Rock with their amazing 80's metal rock line up, immediately turning the crowd into a bunch of monsters! Full gear, Fire, Blood, and ALL the stuff that makes you love KISS! Absolute true artists, each portraying their char-

acter to the fullest from body language to costume and makeup, this is the real deal in catching a good tribute show! MONSTERS OF ROCK - Getting the crowd geared up and ready to ROCK is New York's one and only MONSTERS OF ROCK - a hard rocking '80's metal tribute band, joined by a special crowd pleasing guest, Frankenstein! Catch the show April 7th at 8 p.m. only at Cohoes Music Hall, 58 Remsen Street, Cohoes.

Melvin Seals & JGB

Melvin Seals has been a powerful presence in the music industry for over 30 years with a long-established reputation as a performer, recording artist and producer. Melvin is most revered for his powerful, high-spirited, Hammond B-3 organ, and keyboards in the Jerry Garcia Band. Melvin spun his B-3 magic with the Jerry Garcia Band for 18 years and in doing so helped pioneer and define what has now become "Jam Band Music". From blues to funk to rock to jazz, Melvin Seals serves up a tasty mix with a little R&B and gospel thrown in to spice things up. Melvin and JGB bring an intuitive, expressive style, soul, spontaneity and remarkable chops to the table. John Kadlecik on lead guitar and vocal duties, John-Paul McLean's savory bass, Jeremy Hoening on the drums and, of course, a heapin' helpin' of the wizard's magic on Hammond B-3 Organ and keyboards. Their chemistry is the focus from which they create a spontaneous and high art where the sky is the limit musically. Catch the show April 8th at 8 p.m. only at Cohoes Music Hall, 58 Remsen Street, Cohoes.

Anvil

Toronto, Canada's Anvil were one of the first North American bands to push the sound and style of the New Wave of British Heavy Metal one step further. Geo-

graphic isolation, label and management difficulties, and shifting musical trends all conspired against them, leaving them largely the province of cultists and collectors just a few short years later. Undaunted, Anvil soldiered on, continuing to record and tour whenever possible. In 2009, a documentary film by the band's former teenage roadie helped break them to the broader audience they never found in their prime. The tenacious metallers issued their 19th studio album, Impact Is Imminent, in 2022. Catch the show April 6th at 7 p.m. only at Empire Live, 93 North Pearl Street, Albany.

Downswing

Albany, New York-based punk band Downswing rose quickly through the ranks to become one of the leading acts on Albany's HC scene. Downswing were formed in early 2017 by guitarist Anthony Salvaggio, bassist Brandon Jared, and drummer Nick Manzella, who had previously worked together in a metalcore band called Animal. The musicians were eager to change up their sound, and as it happened, so was vocalist Brett Colvin, who has been singing in pop-punk bands for nine years without enjoying much success. Catch the show April 8th at 6:30 p.m. only at Empire Live, 93 North Pearl Street, Albany.

Josh Breden

Josh is from Albany, NY. Been playing live around the Capital Region since 2005. He recorded his first EP in 2009, called "Lost in The 20's). He also fronted the rock band RoboFrance, and acoustic duo Upstate Council. Catch the show April 7th at 5 p.m. only at Fort Orange Brewing, 450 North Pearl St, Albany.

Nirvani: A Tribute to Nirvana

Join us Saturday, April 8th for a Nirvani: A Nirvana Tribute Experience formed in

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2021 with an inspired vision to perform the most accurate and captivating Nirvana live show since the real thing. For Nirvani, it's much more than simply being a tribute band. It's about paying homage to a golden era in music and the unique and raw atmosphere Nirvana contributed to that era. Catch this show April 7th at 8 p.m. only at Frog Alley Brewing, 108 State Street, Schenectady.

Bruiser And Bicycle Album Release Show

Bruiser and Bicycle play their new al-

bum "Holy Red Wagon" in full. With special guests Joan Kelsey and Blue Ranger. Holy Red Wagon is a world to get lost in. Across nine elastic tracks, meticulously channeled freak-folk influence twists its way into Bruiser and Bicycle's progressive rock-skewed artpop. Replete with rich imagery and burning affirmations for life, the Albany, NY group's exploratory writing takes the form of grandiose song structures, call-and-response passages, and confrontations with the unfamiliar. 'Holy Red Wagon' releases April th, 2023 on Topshelf Records. Catch

this show April 7th at 8 p.m. only at The Hangar on the Hudson 675 River Street, Troy.

The Lustre Kings & Jim Gaudet And The Railroad Boys

The Lustre Kings boast a devoted international fanbase and continue to perform over 150 dates a year, including regular stops at nightspots, festivals and casinos like Tip Top Deluxe, Skinny Dennis and The Continental Club; Viva Las Vegas, Heritage Folk Festival and the Rockin 50s Fest; and the Potawamoti Hotel. The Railroad Boy's sound is steeped in the tradition of "Acoustic Americana Roots Music." They deliver a dynamic blend of traditional mountain music fused with Gaudet's diverse contemporary songwriting. Catch this show April 8th at 8 p.m. only at The Hangar on the Hudson 675 River Street, Troy.

Melt w/s/g Kyla Silk

Melt is kicking ass downstate so you don't want to miss their Capital District debut. Melt is a New York City based band who formed in 2017. With a sound that continuously pulls from new realms, at Melt's core is a shared love of soul and psychedelia, existential pop songs and ethereal jam sections, and a deep love for each other.

Kyla Silk is a young creative whose passions expand through her writing, centered around self-discovery through human connection. You may have heard her single, "Inspiration" on WEXT or attended one of her performances at WAMC's The Linda, Lionheart Pub, Tulip Festival 2022, or most recently at Putnam Place in Saratoga Springs. Her musical sound expands and crosses genres between folk, rock, blues, and soul. Join us April 5th at 7 p.m. only at The Hollow Bar + Kitchen, 79 N Pearl St, Albany.

The Mallet Brothers Band w/s/g Will Overman

The Mallet Brothers Band is one of the best Americana/Rock and Roll Band in the US. Come and check them out for yourselves. The Mallet Brothers Band is an independent rock and roll / Americana / country band from Maine. With a style that ranges from alt-country to Americana, country, jam and roots rock, theirs is a musical melting pot that's influenced equally by the singer/songwriter tradition as by harder rock, classic country and psychedelic sounds. Join us April 7th at 7 p.m. only at The Hollow Bar + Kitchen, 79 N Pearl St, Albany.

Caroline with special guest Belle-Skinner

London-based eight piece Caroline are excited to announce that their eponymous debut album released on Feb 2022 via Rough Trade Records. Belle-Skinner is a dark nostalgic singer-songwriter based in New York. With a hauntingly beautiful, lilting soprano and innate sense of melody she crafts tales of songbirds, sirens and desert nomads - nuanced and layered stories which bridge the gap between past and present. Though her influences cover a broad range of genres - from French chansons and Russian folk to contemporary alt-pop and rock - her voice often draws comparisons to the likes of Joni Mitchell, Kate Bush, Jeff Buckley, Mary Hopkin, and early St. Vincent. Catch the show April 6th at 8 p.m. only at Lark Hall 351 Hudson Avenue Albany.

Technosol

Come and experience a night of deep rhythmic bass. Envelop yourself in visual stimulation of cutting edge light mapping technology. Find your journey in a timeless venue in the heart of Downtown Historic Albany. Lunosol is

honored to share our soul with you, here in our new home city of our headquarters, where you can catch a glimpse of our newest environmental design. Find your underground experience in upscale surroundings, and join our local dance community deep into the TechnoSol. Catch the show April 7th at 8 p.m. only at Lark Hall 351 Hudson Avenue Albany.

Tropidelic with special guest Joey Harkum

The six-piece band from Cleveland, Ohio may be far from any tropical islands, but that doesn't stop them from dishing out an interesting mix of reggae, hip-hop, and high energy funk for audiences across the country. Unapologetically original, Tropidelic has a deep and widespread appreciation for music that can be heard in each note. Some of the members are hip-hop heads, while others are into metal, funk or reggae.

Joey Harkum is a singer-songwriter hailing from Pasadena, MD. For over a decade, Joey has performed all around the country as the lead singer of the band Pasadena. Joey has a unique way of connecting with his fans through deep, poignant lyrics which tell stories of happiness, love, loss, and sadness. Joey will be touring the nation performing his unique brand of Americana. See the show April 6th at 8:30 p.m. only at Putnam Place, 63a Putnam Street, Saratoga Springs.

The Lizards: Performing the Music of Phish

The Lizards made their debut in November of 2013, playing sold out shows and festivals to hundreds of fans. The band's main goal is to recreate the Phish Experience. Whether it's their ever changing setlists, synchronized dancing (or trampoline-ing) or touring with their own lighting rig and director (TG5), the band is committed to giving people that same

feeling as the one we've all felt many times before. The Lizards intend to show everyone that they, above all things, can once again bring together a congregation of like-minded people that all want the same things: good times, good music & sore legs! See the show April 7th at 8:30 p.m. only at Putnam Place, 63a Putnam Street, Saratoga Springs.

Luzcid

LUZCID's music is a sonic odyssey: a series of auditory adventures in which the participants completely escape time and space. He hopes music can become a platform in which the peoples of the world can reconnect and begin to restore our home to a place in which we all enjoy living together. See the show April 8th at 8 p.m. only at Putnam Place, 63a Putnam Street, Saratoga Springs.

The Matt Mirabile Band

Two years ago at age 17, Matt Mirabile shared the main stage at the New York Capital Region's largest blues festival with Bo Diddley and Deb Coleman. Today he stands tall as a seven-year veteran of The Northeast Blues Society's weekly jams where he regularly sits in with the area's seasoned veterans including The Band's Jim Weider and George Boone whose credentials include a European tour with Phillip Walker and a slot at the 1997 IBC representing the Northeast Blues Society. Catch the show April 7th at 8 p.m. only at 150 Speigletown Rd, Troy.

A Man Named Cash

Recognized by Cash fans as one of the most honest and true representations of Johnny Cash live in concert, join Eric as he takes you on an exciting musical journey through the music and legacy of Johnny Cash. Catch the show April 7th at 7:30 p.m. only at UPH, 25 Washington Street, Saratoga Springs.

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Answers on Pg. B13

HOROSCOPES

**April 2023
Week 1**

ARIES - MAR 21/APR 20

A message from a romantic partner or business associate could come this week, Aries. Keep a watchful eye on your email inbox or the regular mail.

TAURUS - APR 21/MAY 21

Taurus, this week you can expect to have an interesting conversation with someone about a topic you're fond of discussing. It could spark a new friendship.

GEMINI - MAY 22/JUN 21

You likely will have a lot of physical and mental energy this week, Gemini. Figure out a project you can stand behind and put that energy to good use.

CANCER - JUN 22/JUL 22

Keep an eye on the front door, Cancer. A delivery may be coming your way in the next few days. It's not something you ordered, but could be a gift.

LEO - JUL 23/AUG 23

Leo, you could use a diversion this week. When a friend seeks your company, this can be the perfect way to direct your mind somewhere else.

VIRGO - AUG 24/SEPT 22

Virgo, financial paperwork could take up some of your time in the days to come. It's a necessary evil to keep things on track. Seek help from someone else if you get frustrated.

LIBRA - SEPT 23/OCT 23

Speaking with someone else on a fascinating subject triggers your curious side, Libra. You may want to take a class or pursue this subject in another way.

SCORPIO - OCT 24/NOV 22

Your emotions might get the better of you this week, Scorpio. Try to focus attention onto something that doesn't trigger negative feelings. Distraction could be the key.

SAGITTARIUS - NOV 23/DEC 21

Stimulating social occasions are what you need right now, Sagittarius. Such get-togethers will introduce you to new people and new ideas that can inspire.

CAPRICORN - DEC 22/JAN 20

Capricorn, this week you have an opportunity to impress others and get them talking, likely changing their opinions of you. Make every effort to win others over.

AQUARIUS - JAN 21/FEB 18

It's important to keep in touch with friends even if they have moved away, Aquarius. Phone calls, texts and video chats can bridge the gap created by physical distance.

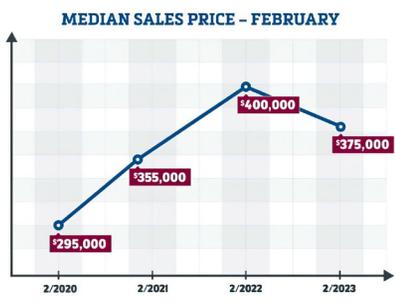
PISCES - FEB 19/MAR 20

Pisces, tally up your investments because they could be worth more than you think, especially if you are invested in real estate.

■ HOUSING

NEW YORK STATE HOUSING MARKET DATA

YEARLY COMPARISON FOR FEBRUARY



All figures compared to year over year adjustments and compiled from multiple listing services in the state of New York. The data include townhomes, condominiums and existing single-family homes.

Housing market in NY struggles as sales prices dipped in February

Low inventory, mortgage rates contribute to struggling NY housing market

ALBANY – The New York State Association of Realtors said a continued lack of inventory and rising interest rates caused closed sales to drop to their lowest point in nearly a decade last month.

In the housing report it released Tuesday, March 21, the association stated that closed sales plummeted 34.3 percent, from 9,351 sales in February 2022 to only 6,147 units last month.

This marks the lowest number of closed sales in month-over-month comparisons since February 2014 when there were just 5,700 units sold. New listings were down as well, from 11,760 listings in February 2022 to 9,905 in February 2023 representing a 15.8 percent decline. Pending sales also fell 8.1 percent from 9,350 homes last year to 8,593 sales pending in February 2023.

According to Freddie Mac, interest rates escalated every week during the month of February. The monthly rate on a 30-year fixed-rate mortgage started the

month at 6.09 percent but ended February at 6.50 percent.

Inventory of homes also fell in year-over-year comparisons. The 30,308 homes available in February 2023 marked an 8.2 percent decline in the 33,031 units available in February 2022. This is the 40th consecutive month that the housing inventory has fallen in year-over-year comparisons.

Median sales prices of homes dipped moderately from \$400,000 in February 2022 to \$375,000 just last month. This represents a decline of 6.3 percent.



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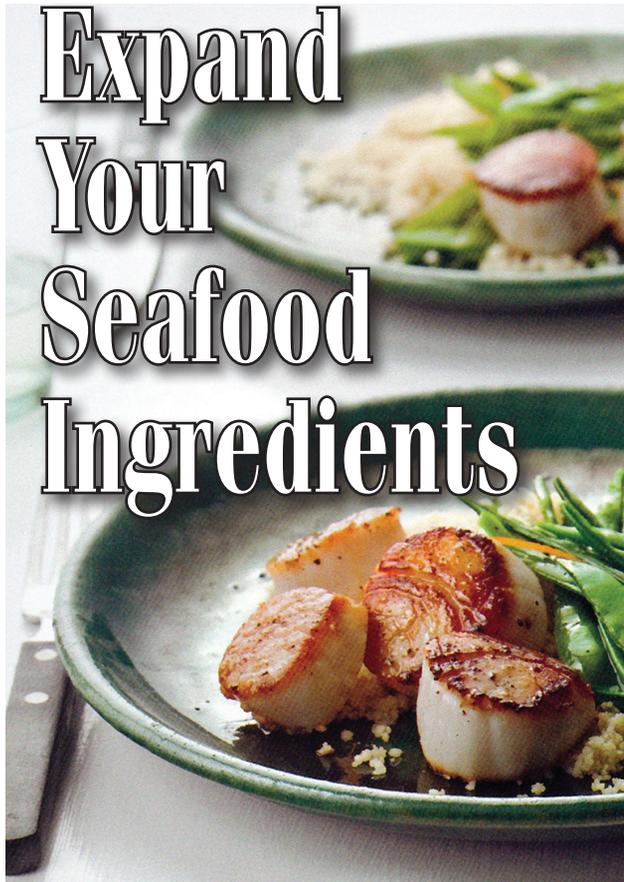
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Expand Your Seafood Ingredients



FOOD and VINO

The 40 days (excluding Sundays) that comprise the Lenten season traditionally require abstaining from meats and other rich foods on key days during this sacred time on the Christian calendar. The faithful move to more humble foods as they choose to be reverent and focus on Jesus's sacrifices. Simple meals of vegetables and fish tend to be staples in Christian households this time of year.

When seafood is not the typical first choice for families, it could be challenging to come up with new ways to prepare fish, crustaceans and more. Those who have exhausted their fillets and salmon steak options can look to scallops for inspiration.

Scallops are a species of marine bivalve mollusk that come in "bay" and "sea" varieties. The large muscle inside of the scallop, which can sometimes be 2 inches in sea scallops, is cooked and eaten. Bay scallops, which are harvested from the shallow waters of East Coast estuaries and bays, are roughly one-third the size of sea scallops. Bay scallops tend to be more tender than sea scallops, but both can be delicious when prepared correctly. In certain instances, manufacturers will produce "faux" scallops, which actually are chunks cut from certain sharks and stingrays.

Seared Scallops with Snow Peas and Orange

Serves 4

- 1 cup couscous
- 1 tablespoon plus 2 teaspoons olive oil
- 16 sea scallops (about 1 1/2 pounds)
- Kosher salt and black pepper
- 4 strips orange zest (removed with a vegetable peeler), thinly sliced
- 1/4 pound snow peas, trimmed and halved lengthwise

Cook the couscous according to the package directions.

Meanwhile, heat 2 teaspoons of the oil in a large nonstick skillet over medium-high heat. Pat the scallops dry, season with 1/4 teaspoon each salt and pepper, and cook until opaque throughout, 2 to 3 minutes per side. Transfer to a plate and cover to keep warm. Wipe out the skillet.

Heat the remaining tablespoon of oil in the skillet over medium-high heat. Add the orange zest, snow peas, and 1/4 teaspoon each salt and pepper and cook, tossing frequently, until the snow peas are just tender, about 2 minutes. Serve with the scallops and couscous.

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CONCERT REVIEW

Joywave / Dizzy / Elliot Lee at Empire Live

By Reid Schaefer nippertown.com

ALBANY - Joywave brought in an impressive crowd last night at Empire Live. The Rochester natives made their long-anticipated return to Albany with talented openers Elliot Lee and Dizzy to open the 2023 Express Wash Tour.

Elliot Lee was the first to take the stage and kicked off the night with an impressive solo set. The Brooklyn-based artist had a unique sound, charming stage presence, and entertaining crowd engagement. Their set list included hit songs "Drama Queen" and "Pink (Freak)," as well as a quick mashup of some of their unreleased songs. Lee is an artist on the

rise that you'll definitely want to keep an eye out for.

Dizzy followed shortly after with a heartfelt performance of original songs, including "Joshua," "Stars and Moons," and fan-favorite "Sunflower, Are You There?" Vocalist Katie Munshaw effortlessly captivated the crowd as she delivered every lyric with emotion that

could be felt from miles away. The Spencer brothers set the tone with beautiful guitar riffs from Alex as Charlie and Mackenzie kept the rhythm flowing on the drums and bass, respectively. Their set concluded with the recent single "Birthmark," which will be featured on their newest album set to release this August.

Continues on 13

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From page 1 ...

Kickin' it 'old school' at Cedar Hill

treasure trove of local history.

The museum is open to visitors from February through October. Reservations are currently open for a themed tea party, Tea on the Titanic, on April 22 from 1-4 p.m. at the Delmar Reformed Church. On June 11, from 1-4 p.m Cedar Hill Schoolhouse is hosting an ice cream social that is open to the public.

Currently on exhibition is a carefully curated office and home setting that sets the scene for the 1940s, exploring the Bethlehem's history during the war. Desks and a chalkboard allow visitors to imagine classes in the schoolroom.

Through October, there is an exhibit dedicated to Anna Clapper, a local resident with a fascinating story that spans from 1870 to 1970. Visitors can read excerpts from letters that illuminate Anna Clapper's life.

One of the many ways the museum is involving children in learning about local history is with a table of historical antiques. Each piece from the past is carefully preserved and can spark a conversation.

"In order to help the children feel comfortable in the museum and to make their visit a positive experience, we have simple activities, such as scavenger hunts, that are interactive with the exhibits — and of course, they love the dollhouses," said Karen Beck, president of the Bethlehem Historical Association (BHA).

The dollhouses were designed by longtime BHA member Anna Uhl. Donations such as these are essential to furthering the education process about local history and planning future exhibitions.

"Currently, we are planning to do a major exhibit on iconic businesses that have been in town for 50 years or more," said Beck. "We are gathering information for a



major exhibit on dairy farming. We are also interested in exploring the history of sports in town."

To create their exhibits, the museum seeks out personal memories of events, photographs, flyers and other memorabilia. BHA volunteers transcribe letters and diaries and make copies of documents and stories that peel back the layers of history.

"Local history is important because you don't want to forget where you came from and what you can learn from the past and how you can apply that to future things," said Susan Leath, former Town of Bethlehem historian and active BHA member.

Donations of poodle skirts, 45-record players, tie-dye, bell-bottom jeans, and yearbooks are all integral to

curating period-accurate 20th-century exhibitions. Community involvement is "very much needed and appreciated," added Beck.

Cedar Hill Schoolhouse itself tells a story about the past. Built in 1859 as a one-room schoolhouse, the first class was taught in 1860 by Philip Miller. The museum has the original register he maintained.

The schoolhouse was enlarged by noted architect Marcus Reynolds in 1907 to accommodate more students and the growing eagerness for education in the area.

In 1944, the number of grades taught in the schoolhouse was substantially reduced as more schools opened. By the 1950s, the building was only used to house the third and fourth grades.

The last classes were held in 1962. Since then, the building has been converted over the years into the present-day museum. Leath recommends adaptive reuse as a realistic way of preserving history for years to come.

"I think that's important," said Leath. "You can preserve the history and look forward to using the building in a new and different way that still preserves the heritage but serves a modern function. History and the buildings, they give you a real sense of place."

Cedar Hill can be traced to some of the earliest records in the town's history, the pre-Revolutionary War era.

"The oldest reference to the place name Bethlehem in our area was in the 1600s. It was a little community that was near the Vroman Kill and the Hudson River, which is essentially Cedar Hill," said Leath.

Beck said local museums help people step into the past and get a sense of how things looked, and the way our ancestors lived.

"Becoming acquainted with those earlier days fosters an appreciation and pride in the community, which then hopefully strengthens our determination to preserve and protect its future," she said.

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From page 11 ... Concert Review

As Dizzy exited, an upbeat interlude began to play as tour members prepped the stage. A black cover in the back corner of the stage was removed, revealing half of a white Corvette with a custom JOYWAVE New York license plate. Fans called for

the band as the lights dimmed and the interlude ended. Anticipation increased as the sounds of an engine revving echoed through the venue. Suddenly, the headlights on the Corvette flickered on, and the band took the stage.

Joywave made a memorable entrance as frontman Daniel Armbruster hyped the crowd with his electric stage presence. The band opened their set with "Every Window Is A Mirror" from their 2022

album Cleanse, "Coming Apart" from their fourth album Possession, and the hit song "It's A Trip!" which has amassed over 54 million streams on Spotify. Guitarist Joseph Morinelli kept the groove while Paul Brenner appeared on the drums. The energy in the crowd was exhilarating throughout the show, and the stage scene was brilliant. If you haven't been following the band, their previous stage setup for their 2022 tour resembled a car wash! Their

car sat center-stage as it "drove" through the bristles of the wash. Armbruster described this tour's setup as their way of exiting the Cleanse era: the Corvette sits in the back corner with the backlights behind the stage representing them driving away.

Overall, Joywave put on a fantastic show. If you haven't been to one of their shows before, you will certainly want to add them to your concert agenda in the future.

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7	5	1	2	6	3	9	4	8
1	6	3	4	9	2	7	8	5
4	9	2	5	7	8	1	6	3
5	7	8	3	1	6	2	9	4
9	1	7	8	3	5	4	2	6
2	3	5	6	4	9	8	7	1
8	4	6	1	2	7	5	3	9

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IN BRIEF

Universal Preservation Hall to host intimate evening of songs and stories with Suzanne Vega, April 14th

SARATOGA SPRINGS – Suzanne Vega is coming to Universal Preservation Hall on April 14th. Suzanne will be joined on stage by her longtime guitarist, Gerry Leonard, performing favorites from across her storied career.

Vega's songs focus on city life, ordinary people, and real-world subjects, bearing the stamp of a masterful storyteller who "observes the world with a clinically poetic eye" (The New York Times). Notably succinct and understated, her work is immediately recognizable—as utterly distinct and thoughtful as it was when her voice was first heard on the radio over 30 years ago.

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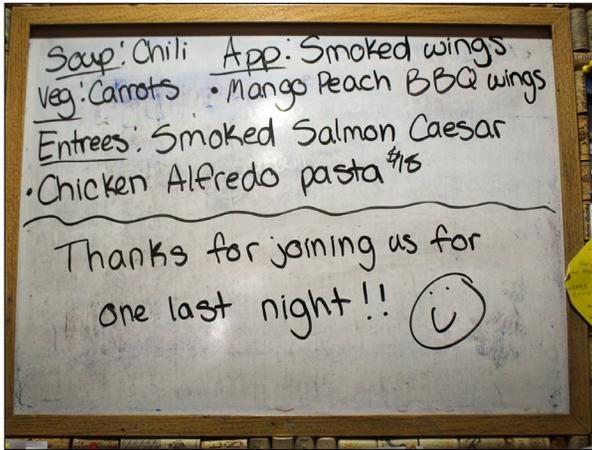
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*Consult your tax or legal professional for information regarding eligibility requirements for tax credits. Solar panels sold separately.

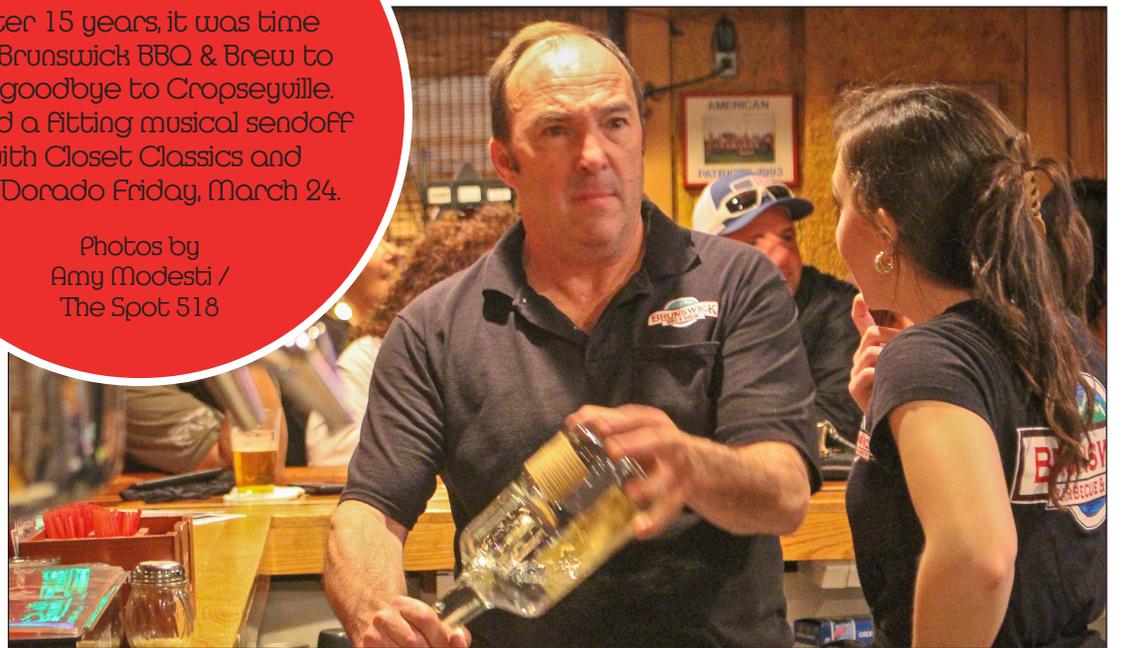
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LAST DAY

After 15 years, it was time for Brunswick BBQ & Brew to say goodbye to Cropseyville. It had a fitting musical sendoff with Closet Classics and Paul Dorado Friday, March 24.

Photos by Amy Modesti / The Spot 518



DRIVE



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3 BIG MYTHS WINDOW REPLACEMENT

Offer Ends
April 30

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Parents



Super summer

It's time to start thinking about camps and which ones would be a good fit for your child.

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Seniors



Are you ready for retirement?

Online tools can help you track your progress.

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It's all about the Earth

Celebrate the planet with these eco-activities

Despite its somewhat humble beginnings in the '70s, much of the globe now celebrates Earth Day, which this year takes place on Saturday, April 22. Earth Day has long drawn attention to issues affecting the planet and its climate. The effects of those issues have grown increasingly noticeable in recent years, which makes this Earth Day an ideal opportunity to celebrate the planet while learning about the many challenges it faces in the years to come.

The following are some fun and educational ways to celebrate the planet this April.

Leave the car at home

Winter weather is a distant memory by late April in many places, making Earth Day an ideal time to travel by foot or by bicycle instead of by car. That's not only fun, but also a great opportunity to learn about carbon emissions. The United States Environmental Protection Agency reports that a typical passenger vehicle emits about 4.6 metric tons of carbon dioxide each year. Vehicles also emit a substantial amount of methane and nitrous oxide. This is why

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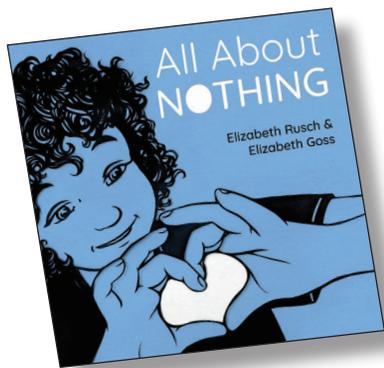


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Silly stories for spring



'All About Nothing'

By Elizabeth Rusch;

illustrated by Elizabeth Goss

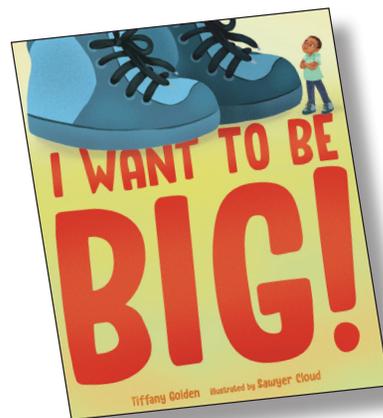
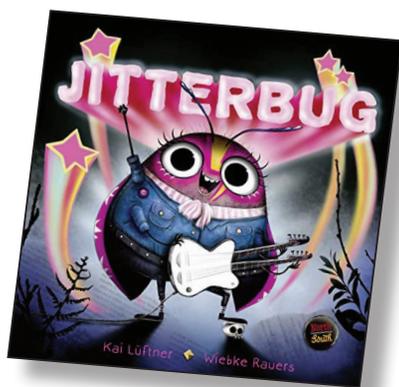
An artful picture book exploration of negative space and the beauty of nothingness. This mindful meditation encourages children to see the world differently. What might be hidden in the space around things, and how is that space important? In art, this is known as negative space. When we allow ourselves a moment of nothingness, we make room for creativity and so much more. *Charlesbridge*

'Jitterbug'

By Kai Lüftner;

illustrated by Wiebke Rauers

Lady B. Marie's heart beats for rock 'n' roll. She holds the electric guitar in her hands, her voice belts out melodies, she sings and grooves like crazy. Papa, Mrs. Snail, and Grasshopper are less enthusiastic about the music, but she eventually meets up with of a colorful band of beetles who want to give a concert on the meadow. Translated into English by Marshall Yarbrough. *NorthSouth Books*



'I Want to Be Big!'

By Tiffany Golden;

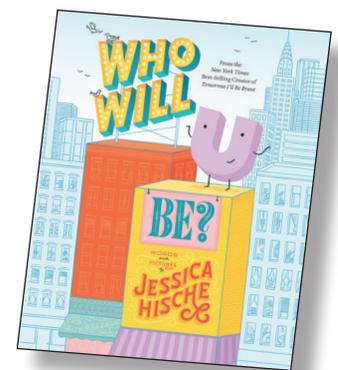
Illustrated by Sawyer Cloud

Jaiceon wishes he was big. If he were big, he could reach the cookies on the counter, or make his own sandwich. Nobody's your boss when you're big. When Jaiceon's wish is granted, rules shrink away, and he dives into a world of enormous fun. But as he grows, the situation grows out of control, and he starts to realize that being small is not so bad after all. *Page Street Kids*

'Who Will U Be?'

By Jessica Hische

It's the annual Find Yourself Field Trip at Ms. Bracket's School of Little Letters, and "u" couldn't be more excited. She can't wait to see all the ways letters are used in the world – they're on everything from books to boats, from sidewalks to spaceships! And it's starting to make her wonder one important question: Who will she be when she grows up? This enchanting picture book is a wonderful reminder to embrace one's individuality and curiosity as they grow older. *Penguin Workshop*



SUMMER DAYS @DOANE STUART



June 26 - August 18, 2023

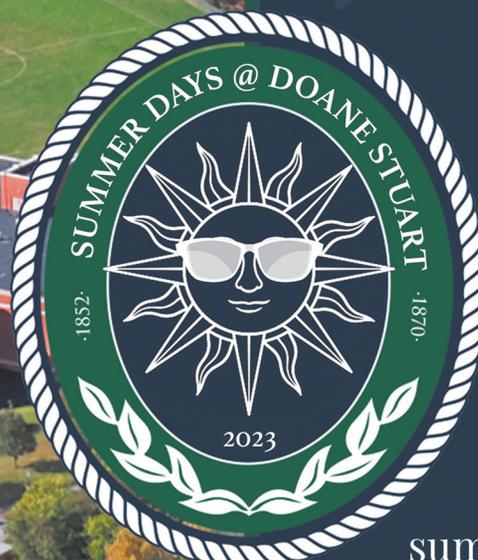
- Ages 2.5 - 18
- Half, Full, or Extended Day
- Themed Weekly Programs

Register Now!



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summerdays@doanestuart.org
doanestuartsummer.org



Local Earth Day events

Climate on the big screen

Messiah Lutheran Church will host a screening of the first episode of the new film series “Current Revolution” Wednesday, April 19, at 7 p.m. on a theater-style screen with surround sound at the Rotterdam Community Center, 705 Curry Road, Rotterdam. The series tackles the challenge of how the utility, auto, tech and defense industries can help modernize the aging power grid to make it more secure and responsive to the needs of its users while enhancing environmental performance.

Following the episode, the Rev. Dustin G. Longmire and a variety of local interfaith leaders will discuss the importance of caring for the environment and rising against climate change from their respective traditions. Light refreshments will be served and all in the community are welcome to attend.

The event is free but donations will be accepted to benefit the Rotterdam Community Center’s ongoing greening efforts.

Take a hike

Join the Mohawk Hudson Land Conservancy and Bethlehem Public Library on the Fisher Trail at Five Rivers Environmental Education Center at 10 a.m. Friday, April 21, for Earth Day Explorers Hike for Kids, a fun event to celebrate Earth Day for kids and families. Listen to a couple of Earth Day stories and take a walk on Fisher Trail to explore the wonders of nature all around.

Attend a film festival

The Schoharie River Center is partnering with Franklin Alley Social Club in Troy to present the Mayfly Film Festival, an inspiring and urgent program of diverse films that are focused on the environment and our relationship with it. The festival, which takes place Friday, April 21, at 7 p.m. will feature documentaries, narratives, animations and experimental films centered on different environmental issues.

The Mayfly is an insect that is very susceptible to pollutants. When



Earth Day takes on greater significance each year as the effects of climate change become more noticeable. This year, the holiday can be celebrated in ways that are both enjoyable and educational.

researching water quality, the presence of mayflies can indicate that the water is less polluted or getting cleaner. They have existed since before the dinosaurs. This sensitive and ancient species was chosen as the mascot for the delicate environment and all the issues surrounding its survival. For more information, visit www.schoharierivercenter.org/mayfly-film-festival. The Franklin Alley Social Club is located at 50 Franklin St., Troy.

Neighborhood cleanup

Start gathering your team for Clean-Up Day in Goose Hill Saturday, April 22, beginning at 8 a.m. Last year, volunteers filled the Dumpster and more with litter collected throughout the neighborhood.

Volunteers will meet at Steinmetz Park Pavillion, 2114 Lenox Road, Schenectady between 8 a.m. and 2 p.m. for one of three two-hour shifts.

Local businesses and individuals will provide volunteers with garbage bags and gloves. There will also be “pick-sticks” and safety vests for volunteers to use. All volunteers receive instructions at Steinmetz Park before they take to the streets with their team. It’s a great time to meet new people and connect with friends and neighbors.

Earth Day at Pine Bush

Celebrate Earth Day by volunteering on a conservation project in the Albany Pine Bush Preserve Saturday, April 22. A variety of activities will be taking place throughout the preserve beginning promptly at 9 a.m. and ending at noon. All equipment will be provided. Please dress appropriately for the weather and outside working conditions and bring your own snacks and water. A limited number of opportunities for ages 5-10 will be available, while the bulk of the opportunities will be for ages 10 and older. This event is held rain or shine.

Sign up online at www.albanypinebush.org/visit-calendar. You will receive your job assignment and meeting location on April 19 via the email you used to register. Children under the age of 18 must be accompanied by an adult. Pets are not permitted at this event.

Ride a bike

Enjoy a 13-mile round trip bike ride that starts off at 25 Quackenbush Square in Albany Saturday, April 22, at 12:45 p.m. and winds through mostly flat, primarily low-traffic streets and bike lanes. Informative talks will

Continued on Page 5

Earth Day

continued from Page 1

gas-powered vehicles are so often linked to climate change, much of which is driven by greenhouse gas emissions. A car-free Earth Day can serve as a catalyst for conversation about the effects of gas-powered vehicles on the health of the planet.

Volunteer with a local environmental group

Environmental organizations are committed to the ideals behind Earth Day all year long. However, each Earth Day many of these organizations sponsor eco-conscious efforts to help the planet and raise awareness about issues like climate change. Volunteering with a local beach or park cleanup or signing up to walk and raise money for a local environmental charity makes for a fun and educational way to spend your Earth Day. See the list on this page for some local Earth Day cleanup opportunities.

Get your hands dirty

The National Forest Foundation notes that planting trees can have a profound and positive impact on the planet. According to the NFF, planting more trees helps forests to sequester carbon, which can have a significant effect on climate change. The NFF estimates that 100 mature trees can remove 50 metric tons of carbon dioxide equivalent and 430 pounds of pollution from the atmosphere. Even if you can’t work with a local forestry organization to plant more trees in a nearby forest, planting native trees on your own property can help combat climate change.

Involve children in efforts to combat climate change

Today’s adults likely won’t be the ones forced to confront the more challenging consequences of climate change. Unfortunately, that cost is likely to be passed on to future generations. That makes this Earth Day a great time to involve kids more directly in efforts to combat climate change. Explain the significance of avoiding the car, volunteering or planting trees in terms that kids can understand, emphasizing that the future of the planet could very well be in their hands.

Summer Programs



Adventure Camp

WEEK 1: July 10 - 14 & WEEK 2: July 17 - 21
(8:30 am - 3:30 pm)

Girls, Grades 6 - 9

At Summer Adventure Camp you'll experience something new and WILD every day: white water rafting, hiking, zip-lining and even a high ropes course! This camp will get you moving and stretch your limits, with a focus on the values of leadership, personal growth, community and nature. Students can attend both weeks for different activities. Week 2 will incorporate an overnight experience in the Adirondacks from Thursday, July 20, 2023 - Friday, July 21, 2023.

EXPLORE: CARES (Creating Authentic Relationships and Exploring Service)

July 31 - August 4 (8:30 am - 3:30 pm)

Girls, Grades 5 - 8

What skills do I need to be successful? How can I serve my community? Participants in this camp will learn the answers to these questions and more! Girls will be empowered to achieve their full potential, volunteer within their community and learn tools to help navigate the waters of middle school and beyond.

Summer Arts Program

August 7-11 (8:30 am - 3:30 pm)

Girls, Grades 4-8

Explore your creative side! Music, theater and art all wrapped into one week of self-expression. All levels of experience are welcome. Each day will include time exploring your creative side in both the visual and performing arts. Students will explore various mediums in art, make music with keyboards, singing, and instruments and develop their skills on the stage with both acting and singing.



EXPLORE: College Preparation

August 15, 16, 17 (9:00 am - 12:00 pm)

Girls and Boys, Grades 11 & 12

College preparation can be extremely stressful! Whether you are headed to a community college, or your sights are set on the Ivy

League, our faculty, in conjunction with Siena College advisor Katie Szalda, will help ease your anxieties and prepare you for the tasks necessary for acceptance into the college of your choice.

Register today at ahns.org/summer-programs

PLUS: Sports clinics for soccer, volleyball, basketball and tennis (details to come)



119209_4

Summer Camp 2023



Summer camp can be a great experience, especially when families take some pre-camp measures aimed at ensuring kids have a fun season.

Make the most of summer camp

Be sure your child is prepared for the experience

Summer camp season will soon be here, and throngs of children will board buses each morning or pack their parents' cars full of essentials to survive a few weeks away from home.

Looking back, many adults who experienced summer camp have fond memories of their adventures, whether they all went according to plan or there were some hiccups along the way. Parents want their children to make their own summer camp memories. Even if the canoe capsizes or the cabin leaks during a summer thunderstorm, such experiences can build character and strengthen friendships.

The American Camp Association says about 14 million American children participate in some form of camp each year, including sleep-away camp or day camp, with the most popular camp session length around one week or less. Families getting prepared for camp can follow these guidelines to ensure the experience is one kids won't soon forget.

Search for an accredited camp. Accredited camps must meet more than 300 standards related to program quality, safety and health, according to the ACA. An accredited camp will likely give parents the most peace of mind.

Consider a child's readiness. There's no magic age when a child may be ready

to go to camp, but generally kids who are ages seven or eight may be fine to start a resident sleep-away camp. Day camp kids can begin as early as age three, the same age kids often begin preschool programs. Gauge whether the child has spent time away from home at friends' or family members' house to decide if a resident camp will be the right fit or if a day camp is more appropriate.

Connect with fellow campers. If possible, attend a meet-and-greet prior to the start of the season. Neighborhood day camps tend to draw kids from local communities, so there's already a chance kids will know a few fellow campers.

Get to know camp counselors early on. Campers can introduce themselves to camp counselors and other program directors and are urged to ask questions about specific programs. Counselors can direct campers toward activities they may enjoy.

Make the most of all situations. Much of summer camp will likely be smooth-sailing, but it's reasonable to expect some bumps along the way. Campers shouldn't expect perfection, but use the situations that may go awry as learning experiences on how to handle adversity and trying to find the fun anyway. Even a medical situation can be overcome, particularly because camps staff qualified medical personnel to ensure campers are safe and well.

Earth Day events

continued from Page 3

take place at Albany Pump Station, Patroon Creek Greenway, Bleecker Stadium, UAlbany ETEC building, Indian Pond, Buckingham Lake, Washington Park, Lincoln Park. There will be an optional refreshment stop after ride. Helmets and signed waiver required. Minimum age is 12; riders under age 18 must be accompanied by adult. Rain date is Sunday April 23.

Music to your ears

Musician Dan Berggren returns to Caffe Lena in Saratoga Springs to celebrate Earth Day and 50 years as a performer Sunday, April 23, at 7 p.m.

Berggren is a tradition-based songsmith with Adirondack roots who writes with honesty, humor and a strong sense of place. Rooted in mountain tradition and enviro-awareness, his songs explore the many dimensions of home, hard-working folks, taking care of our planet and each other. Stream this show live at caffelena.tv. Enjoy one week of access with your \$5 live stream ticket.

-Compiled by Kristen Roberts

Summer Camp 2023

Get your search started here

Capital District camps offer something for every interest

Academy of the Holy Names

Themed summer programs for girls in grades 4-10 and boys and girls in grades 11-12.

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Albany JCC Summer Camp

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340 Whitehall Road, Albany

Call Drew Katz at (518) 438-6651, ext. 113

or visit www.AlbanyJCC.org

The Arts Center of the Capital Region

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265 River St., Troy

Call (518) 273-0552 or visit

www.ArtsCenteronline.org

Circle of Friends Preschool

Summer camp for ages 3-5.

2 Bethlehem Court, Delmar

(Location in Ravena, too.)

Call (518) 478-0722 or visit

www.CircleofFriendsPrek.com

Camp Gan Israel Albany

Happy, fun, Jewish learning for ages 3-11 with many fun activities, themed days, trips and Shabbat parties. From July 5-August 15.

Call Devora Mathless at (518) 698-1836

www.capitalchabad.com

Doane Stuart School

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Call (518) 465-2222 or visit

www.DoaneStuartSummer.org

Hudson Valley Community College (HVCC) Kids on Campus

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Email Communityed@hvcc.edu or visit

www.HVCC.edu/kidscamps.com

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Visit www.ParkerSchool.org

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119216_4



Keeping bodies in motion

Sometimes we all need a reminder to step away from our screens

Once upon a time... Everyone has a story that starts this way. The list of things we used to be able to do is probably longer than the things we currently do or want to do. Our bodies seem to slow down. Sometimes we welcome this slowdown, and other times we have a good case of denial and keep plowing ahead even when our bodies have decided that it isn't a good idea.

Once upon a time I taught water aerobics. Now I have a knee that has had one surgery and needs another. I push myself to walk every day and drink more water. My knee slows me down but doesn't stop me completely. My body does not like being still, and it doesn't like moving all the time. Psoriatic arthritis plays a part in this precarious balance.

by **Jennifer Steuer**

Olivia, Benjamin and Rebecca are encouraged to move their bodies especially after sitting in school or staring at the screens for too long. I have a deep respect for one of the physical education teachers my kids have this year. This smart teacher tells the kids that as long as they are moving, they will get credit for the class. I love this so much. He is encouraging movement while also teaching skills to the kids who are interested in learning something new. The beauty of it is that movement is encouraged and so is learning. Once upon a time, there was a physical education teacher who encouraged and empowered their students!

I had great physical education teachers teaching in middle school. I liked learning field hockey. I loved



Dogs are great at motivating their humans to get some fresh air and move around.

Continued on Page 7

Toddler | Early Childhood | Elementary | Middle School

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FamilyNow
CAPITAL DISTRICT
GENERATIONS TOGETHER

Triple Threat

continued from Page 6

the freedom of cross-country running. Volleyball was so much fun. I joined the intramural teams for field hockey and basketball and had a great time. The middle school teachers didn't seem burnt out. They smiled and seemed to enjoy teaching. I remember the smell of the leaves in the fall and the sunshine on my face in the spring.

In high school, I started hating physical education. Crutches and elastic bandages made life difficult after I hurt my knees in a dance class. My grades slipped, and I just never seemed to catch up. All three of my kids have had injuries that have kept them out of physical education on occasion. There are alternatives offered so the kids can still learn. I love that there are other ways for kids to learn or stay active. Rebecca has written several essays. If the kids miss classes, they can also use the weight room to make up what they missed so that they can get full credit. If alternatives are available, kids might just stay active and interested.

Once upon a time there were three kids who would burst out the door to play outside and explore for hours. We would go on "bear hunts" at the park. I would pack a backpack with water bottles and snacks, and we would hang out enjoying the sun and playground equipment. It felt good to be active and have fun with the kids outside. They loved going to the spray-ground. In the winter, there was sledding and snowball

fights. Happy and active kids.

Once upon a time, before Covid dominated the world, there were bike rides and walks. During the time the world was shut down and all learning became virtual, the lack of time outside grew. Almost the entire day was spent in front of a screen for school. After school, there was homework ... in front of a screen. I felt like I was watching short adults go into cubicles for a 40-hour work week. The physical toll on students is very real.

Physical health and mental health are very much intertwined. The sunshine and fresh air can bring a sense of inner peace. Exercise is not a dirty word. Physical fitness is not one-size-fits all. There are so many ways that I encourage my kids to just move their bodies. I try to move more too. The insidious way screens have become part of all our lives has also eaten away at time we would spend doing other activities. I admit that I am on my screens too much and that I need to move more. Barnes has been a great promoter of physical activity. He has also improved our mental health.

Once upon a time there was a family that (hopefully) lived happily ever after. And now, I am off to take my dog for a walk in the sunshine and smell the spring air.

Jennifer Steuer is an Albany mom with 15-year-old triplets Olivia, Benjamin and Rebecca, and their 50-pound lap dog, Barnes. Follow her on Instagram: jennifersteuer.

Teens talk tech



Local high school volunteers will be at Bethlehem Town Hall April 24 to help residents navigate their smart phones, iPads and laptops. This free program is organized by our Parks and Recreation and Senior Services departments. Contact the Parks and Recreation Department at (518) 439-4955, ext. 2131 for more information or to schedule a session.

ALBANY JCC CAMPS

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June 26-August 30, 2023

Entering 1st - 10th Grade



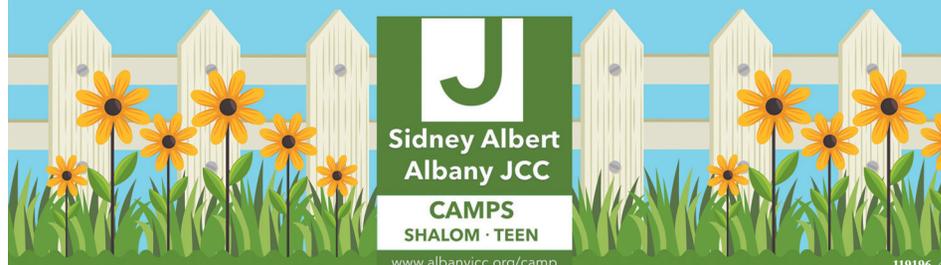
Questions?

Contact Drew Katz

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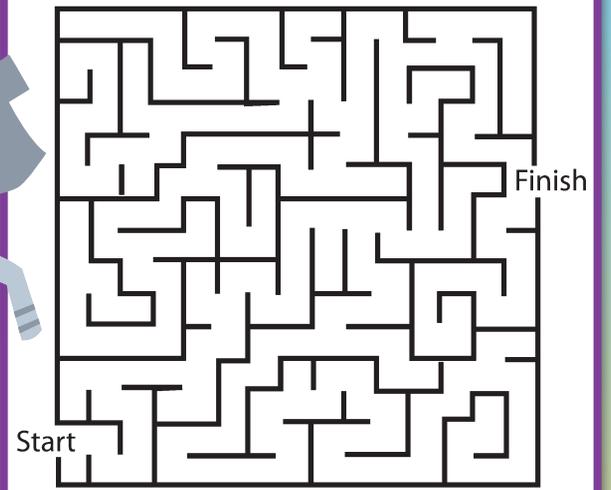




KIDS FUN Page

MAZE CRAZE

Can you find your way through the maze?



*How they
SAY that in...*

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SPANISH: Carretera

ITALIAN: Strada

FRENCH: Route

GERMAN: Straße



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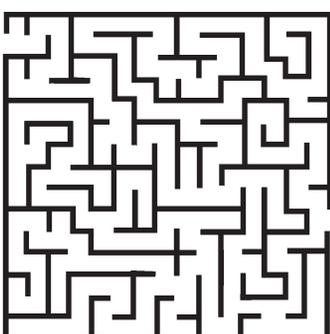
Did You Know?

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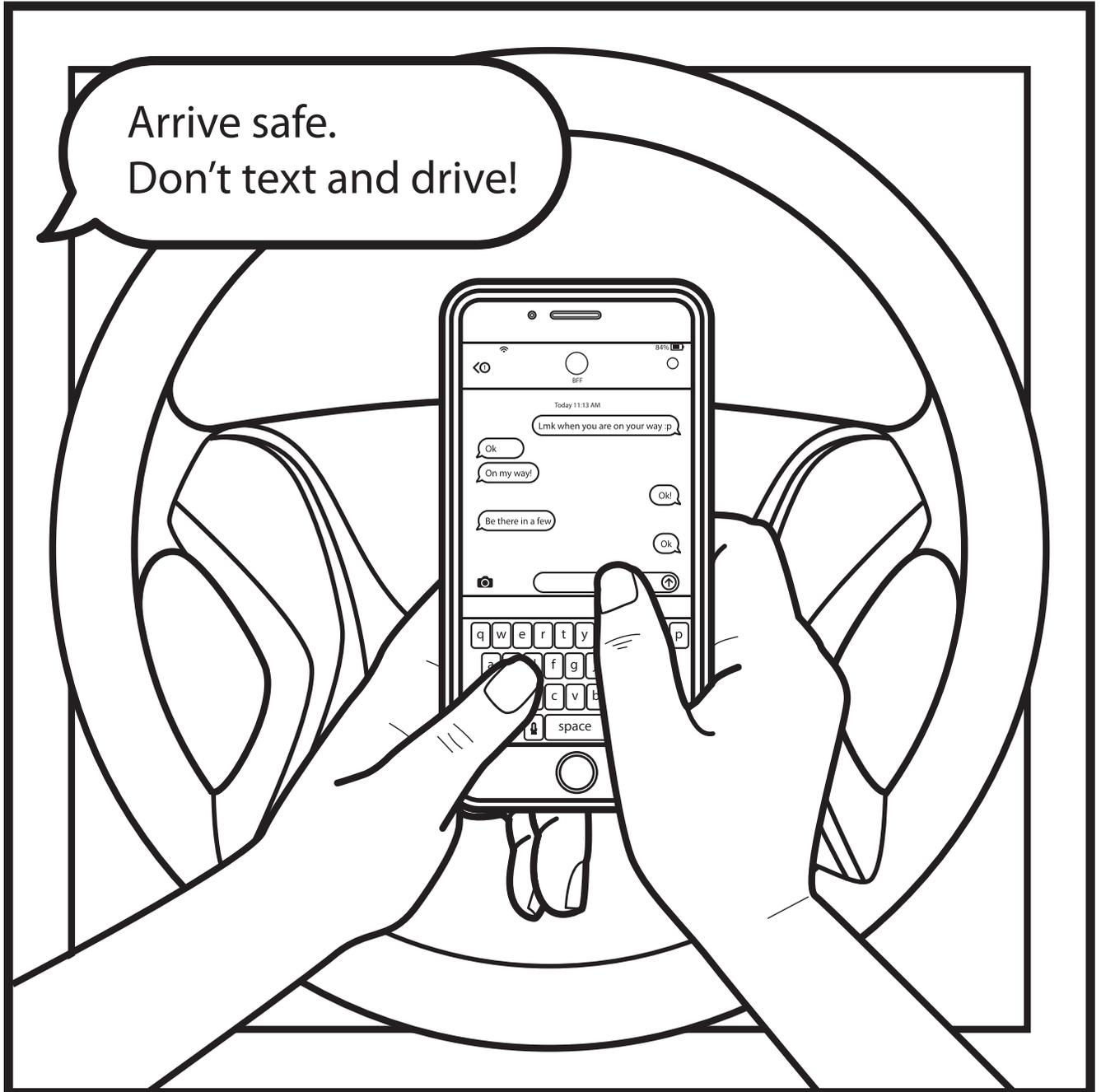


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ANSWER: SEAT BELT



MAZE ANSWER



The pros of summer testing

Teens taking the ACT or SAT in June will have the material still fresh in their minds from the school year

“**W**hen’s the best time to take the ACT or SAT exam?” It’s a question we hear a lot. Here are five reasons we strongly recommend that teens take the ACT or SAT exam over the summer.

1. The final year of high school is going to be hectic.

You think this year is busy? Get ready to take it up a notch. We’re talking more college visits, the whole college application process, essay writing, taking advanced classes, prepping for AP tests, keeping up with sports, extracurriculars and social life... Whew! We get tired just talking about all of it. To finish high school strong, your soon-to-be-senior is going to have A LOT going on. Think of the June exam as the calm before the storm.

2. Early summer, content from school is still fresh in your teen’s mind.

Now, we realize that your teenager’s short-term memory may be a debatable topic in your household. Nonetheless,



There is something to be said for taking the ACT or SAT while classes are still top of the mind.

there is something to be said for taking the ACT or SAT while classes are still top of mind. Kids can lose up to 2-1/2 months of learning over the summer. Your son or daughter has learned so

much this year and worked way too hard. Why let summer brain drain affect his or her test results? Exactly! Take the summer exam.

3. Your teen has the summer to focus on skills and subjects that need some fine-tuning.

The short of it is, nearly all kids have room for improvement. And with college admissions being as competitive as they are, summer is a great time to look into ACT prep and SAT prep. When your son or daughter takes the exam over the summer, you’ll be able to see which skill areas need help. Then, your teen can focus on those weak spots. When the exam rolls around again in the fall, your teen will be prepared and more confident. Taking the test multiple times gives your teen the best chance for success!

4. Many colleges “superscore,” so it’s worth taking the ACT or SAT 2-3 times.

Many colleges around the country use superscoring, and yes, it’s the closest thing to giving your teen ACT or SAT

superpowers.

Here’s how it works: If your son or daughter takes the exam several times, these colleges won’t accept the best overall score from a single test. Rather, they’ll take the highest section scores from across the tests and put them together to make a superscore.

So, if your teen scores really high on math this summer, he or she can keep that score for the next time. (Cool, right?) Tip! Be sure to find out whether your child’s desired colleges use superscores.

5. The best test results come from preparation.

There’s an art to taking the ACT and SAT exams. Part of it is learning test-taking strategies and getting to know the flow of each exam. And part of it is strengthening skills and knowledge in specific subject areas.

This editorial is provided by Sylvan Learning of Clifton Park and Albany. For more information, visit SylvanLearning.com.

RAW
ALBANY, NY
MONDAY MAY 29 7:30PM
TICKETS START AT \$20

MVP ARENA™ ticketmaster®

SUMMER ART CAMPS AT THE ARTS CENTER!

DOES YOUR KID LOVE BEING CREATIVE?

We have something for everyone at the Arts Center!

We provide full-day art camps in downtown Troy for kids ages 6-17 in a wide variety of artistic media, led by experienced teaching artists.

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WEEKLY CAMPS
June 26th to August 25th

the ARTS CENTER

THE ARTS CENTER OF THE CAPITAL REGION
265 River St., Troy, NY 12180 | 518-273-0552 | www.artscenteronline.org

April

6 Thursday

Genealogy Assistance

Lisa Dougherty, a skilled genealogical researcher, will help you with your questions, roadblocks, and other stumpers. Drop in with questions from 11 a.m.-noon and stay for the round table discussion starting at noon. Clifton Park-Halfmoon Public Library, 475 Moe Road, Clifton Park. For more information, call 518-371-8622 or visit www.cphlibrary.org.

Spring Walks: Bog Meadow Preserve

See firsthand the changes that spring brings to the wetlands of the Bog Meadow Preserve as you are guided on this educational program, 10 a.m. As spring wildflowers emerge and birds return to the wetlands, there is something new to discover each week. Registration is strongly encouraged but walk-ins are welcome. Wilton Wildlife Preserve. Visit www.wiltonpreserve.org, call 518-450-0321 or email info@wiltonpreserve.org for more information.

Teen Video Games Night

Relax, hangout, and play Nintendo Switch with your friends! Gaming equipment will be provided. Grades 9-12 from 4-5 p.m.; grades 6-8 from 5:30-6:30 p.m. Clifton Park-Halfmoon Public Library, 475 Moe Road, Clifton Park. For more information, call 518-371-8622 or visit www.cphlibrary.org.

Lunchtime Docs: 'Karen Dalton — In My Own Time'

This documentary (2021, not rated, 85 min.) explores the legacy of the late Karen Dalton, the prominent New York-based blues and folk singer who strove to live life and make music on her own terms, 1 p.m. Bethlehem Public Library, 451 Delaware Ave., Delmar. For more information, call 518-439-9314 or visit bethlehempubliclibrary.org.

7 Friday

Wild Adirondack Journey

Professional nature photographer Jeff Nadler, who is frequently published in *Adirondack Life*, *Adirondack Explorer*, and the *Conservationist*, will share a multimedia show of the Adirondacks with dramatic photographs and video accompanied by inspirational music. The footage includes birds, moose, black bear, deer, otter and other animals with majestic views of the northern forest, mountains, waterfalls, wildflowers and more, 10:30 a.m. Clifton Park-Halfmoon Public Library, 475 Moe Road, Clifton Park. For more information, call 518-371-8622 or visit www.cphlibrary.org.

Super Smash Bros. Ultimate Afternoon

Join your friends to play Super Smash Bros. Ultimate on the Nintendo Switch, 3:45 p.m. For grades 6 and up. Bethlehem Public Library, 451 Delaware Ave., Delmar. For more information, call 518-439-9314 or visit bethlehempubliclibrary.org.

Craftapalooza!

Drop by the Children's Place and get creative with a variety of fun arts and craft projects. For kids and families. Bethlehem Public Library, 451 Delaware Ave., Delmar. For more information, call 518-439-9314 or visit bethlehempubliclibrary.org.

8 Saturday

Breakfast with the Easter Bunny

The fun event includes a hot breakfast, a visit from the Easter Bunny (parents can take photos with the Bunny) and three Easter Egg Hunts at 9:15, 10:15 and 11:15 a.m. There will be giveaways and prizes during the egg hunts as well as the chance for adults to buy tickets for the big Twin Bridges 50/50 Raffle. Cost of the breakfast event is \$10 for adults, \$5 for kids 3 to 12 and free for kids 2 and under. Pre-registration is strongly encouraged and can be done at twinbridgesrotary.com. Clifton Park Elks Club Lodge,

Pick of the month



BrickUniverse Lego Fan Expo

Also Sunday. Join thousands of fellow Lego fans to experience awesome Lego creations, professional Lego artists, building zones, merchants and more, 10 a.m.-4 p.m. General admission ticket start at \$16.50. Washington Avenue Armory, 195 Washington Ave., Albany. For more information or to purchase tickets, visit brickuniverseusa.com.



695 Macelroy Road, Ballston Lake. For more information, call 518-522-6455.

Egg-Stravaganza

Egg-Stravaganza experience Easter egg hunt for the entire family to the Via Port Rotterdam, 10 a.m.-8 p.m. Enjoy a wide variety of Easter and spring-themed activities. Tickets are \$10 a person and children 2 and under are free. Purchase tickets wonderlandtickets.com/get-tickets. Wonderland, Inside ViaPort Rotterdam Mall, 93 W Campbell Road, Rotterdam. For more information, call 518-901-4321.

10 Monday

Tales for Young and Old with Joseph Bruchac

Preeminent storyteller, author and Abenaki elder Joseph Bruchac will be at the library for two storytelling programs. As a professional teller of the traditional tales of the Adirondacks and the Native peoples of the Northeastern woodlands, Joseph Bruchac has performed extensively throughout the world, 11 a.m. and 2 p.m. Cop-

ies of his work will be available for purchase and signing following both programs. These programs will take place on the Green, weather permitting. Seating is available on a first-come basis. Bethlehem Public Library, 451 Delaware Ave., Delmar. For more information, call 518-439-9314 or visit bethlehempubliclibrary.org.

Beach Party Story Time

Home for Spring Break? Join Miss Chrissie "at the beach" for a special stay-cation story time. Let's get silly while we read, sing, and dance together, 10 a.m. For all ages, with an adult. Clifton Park-Halfmoon Public Library, 475 Moe Road, Clifton Park. For more information, call 518-371-8622 or visit www.cphlibrary.org.

Intro to Bollywood Dancing

Move to the beats of Bollywood music. Bollywood dancing combines traditional Indian dance with more modern influences like jazz and hip-hop, 2 p.m. Class followed by a short performance for guests to watch. For grades 6-12. Registration required.

Clifton Park-Halfmoon Public Library, 475 Moe Road, Clifton Park. For more information, call 518-371-8622 or visit www.cphlibrary.org.

11 Tuesday

Music @ Noon: Akina Yura

Enjoy a free concert with world class pianist Akina Yura who has been heard in concerts throughout the United States, Europe, and her native Japan, noon. Troy Savings Bank Music Hall, 30 2nd St., Troy. For more information, visit troymusicall.org.

'Beauty and the Beast' Family Movie

Free Family Fun Day movie, 1 p.m.; doors open at noon. Palace Theatre, 19 Clinton Ave., Albany. For more information, call 518-465-3335 or visit www.palacealbany.org.

Adult Coloring

Adult coloring nights are the perfect opportunity to unwind by yourself or with friends over a cup of coffee and some colored pencils, 6-7 p.m. Bring your own coloring books or use our fun stash of books, pens, markers and colored pencils. Ages 14 and older. Schenectady County Public Library, 99 Clinton St. #2, Schenectady. For more information, call 518-388-4511 or visit scpl.org.

Cupcake Decorating for Teens

Learn how to use professional cake decorating equipment and create adorable cupcakes to take home, 2 p.m. Presented by Bash Birthday Parties. For grades 6-12. Registration required. Clifton Park-Halfmoon Public Library, 475 Moe Road, Clifton Park. For more information, call 518-371-8622 or visit www.cphlibrary.org.

Family LEGO Build

LEGO builders are challenged to work as a family to build a project of your own design, 6 p.m. All LEGOs will be provided; please keep yours at home. For children of all ages, with an adult. Registration required. Clifton Park-Halfmoon

Public Library, 475 Moe Road, Clifton Park. For more information, call 518-371-8622 or visit www.cphlibrary.org.

Chain Reaction STEM Lab

Work in teams to build a one-of-a-kind Rube Goldberg machine that uses physics to set off an exciting chain reaction, 2:30 p.m. For ages 6-10. Bethlehem Public Library, 451 Delaware Ave., Delmar. For more information, call 518-439-9314 or visit bethlehempubliclibrary.org.

12 Wednesday

Great Directors, Great Noir Film Series

Film expert and Menands Public Library Director Lenny Zapala will discuss and show films such as "Vertigo," "Asphalt Jungle," "Act of Violence" and more, 6-8 p.m. Registration required. William K. Sanford Town Library, 629 Albany Shaker Road, Loudonville. For more information, call 518-458-9274 or visit colonielibrary.org.

Steamboats on the Hudson River

Local Historian Mark Peckham will share information on the fascinating history of the steamboats that traveled up and down the Hudson River, yesteryear's Thruway, during the 19th and mid 20th centuries, 7 p.m. Registration for this program is not required, but is advised due to limited seating. This series of historical talks is presented through a partnership with the Town of Bethlehem Historical Association. Bethlehem Public Library, 451 Delaware Ave., Delmar. For more information, call 518-439-9314 or visit bethlehempubliclibrary.org.

Connecting Threads Quilt Group

Informal gathering of those interested in quilting. Share projects and get inspired by other quilters, 1 p.m. All levels of quilters are welcome. Clifton Park-Halfmoon Public Library, 475 Moe Road, Clifton Park. For more information, call 518-371-8622 or visit www.cphlibrary.org.

Continued

CraftTEEN: Yarn Butterflies

Make beautiful butterflies using our craft supplies, 2:30 p.m. Light refreshments may be served. For grades 6-12. Registration required. Clifton Park-Halfmoon Public Library, 475 Moe Road, Clifton Park. For more information, call 518-371-8622 or visit www.cphlibrary.org.

Zoom: Discover New Canva Tools

Join the experts at Tech-Talk for free access to this live webinar on how to use new Canva features to embed graphs, videos and other visual elements to make your documents eye-catching and interactive, 3 p.m. Registration required. Clifton Park-Halfmoon Public Library, 475 Moe Road, Clifton Park. For more information, call 518-371-8622 or visit www.cphlibrary.org.

WebEx Hybrid: Journaling for Adults

Whether it's in a notebook, blog, or sketchpad, journaling can help you lead a whole and fulfilling life, as well as be a way to keep track of goals, your life activities, and dreams, 6:30 p.m. Attend in person at the Library or from home on WebEx. Registration required. Clifton Park-Halfmoon Public Library, 475 Moe Road, Clifton Park. For more information, call 518-371-8622 or visit www.cphlibrary.org.

13 Thursday Holocaust Remembrance Day: What, Why, How?

This year, International Holocaust Remembrance Day fell on January 27. The Israeli/Jewish commemoration, called Yom HaShoah, starts on April 17 (the 27th of the Hebrew month of Nisan). Join Rabbi Danielle Weisbrot of B'nai Shalom Reform Congregation (Albany) for a discussion of these two days of remembrance and their unique roles in navigating the loss and the legacy of the Holocaust, 6:30-7:30 p.m. registration required. East Greenbush Community Library, 10 Community Way, East

Greenbush. For more information, call 518-477-7476 or visit eglibrary.org.

Into to the Internet of Things

This program helps adults 60 and older learn new skills in partnership with Senior Planet, a national nonprofit which harnesses technology to change the way older Americans age, 10 a.m. Call to register. All are welcome. Mechanicville District Public Library, 190 N. Main St., Mechanicville. For more information, call (518) 664-4646 or visit meclib.sals.edu.

Parachute Play

Songs, games, and fun with a parachute, 10 a.m. For ages 3-5, with an adult. Registration required. Clifton Park-Halfmoon Public Library, 475 Moe Road, Clifton Park. For more information, call 518-371-8622 or visit www.cphlibrary.org.

Terrific Trees: Story & Craft

Join us in honoring both Earth Day and Arbor Day with a story about terrific trees and a themed craft, 1 or 2 p.m. For grades K-5. Registration required for 1 p.m. session only. Clifton Park-Halfmoon Public Library, 475 Moe Road, Clifton Park. For more information, call 518-371-8622 or visit www.cphlibrary.org.

Foreign Film: 'I Carry You with Me'

Ambition and societal pressure propel an aspiring chef to leave his soulmate in Mexico and make the treacherous journey to New York, where life will never be the same, 6:30 p.m. In Spanish/English subtitles. (2020, not rated) Clifton Park-Halfmoon Public Library, 475 Moe Road, Clifton Park. For more information, call 518-371-8622 or visit www.cphlibrary.org.

Plant a Rainbow Craft

Join us for a drop-in craft and create your own rainbow "garden" to celebrate spring, 2 p.m. For kids and families. Bethlehem Public Library, 451 Delaware Ave., Delmar. For more information, call 518-439-9314 or visit bethlehempubliclibrary.org.

Pick of the month



Lupine Fest

Witness the magic of spring as fields of violet lupine flowers and fluttering Karner blue butterflies set the stage for visitors to explore and support the Albany Pine Bush Preserve and its partners. Visitors can enjoy nature walks, music, games, crafts, food, vendors, information from community partners and more, 10 a.m.-4 p.m. All parking will be at 302 Washington Avenue Extension. Shuttle bus provided. Free. Albany Pine Bush Preserve, 195 New Karner Road, Albany. For more information, call 518-456-0655 or visit albanypinebush.org.



Spring Walks: Bog Meadow Preserve

See firsthand the changes that spring brings to the wetlands of the Bog Meadow Preserve as you are guided on this educational program, 10 a.m. As spring wildflowers emerge and birds return to the wetlands, there is something new to discover each week. Registration is strongly encouraged but walk-ins are welcome. Wilton Wildlife Preserve. Visit www.wiltonpreserve.org, call 518-450-0321 or email info@wiltonpreserve.org for more information.

14 Friday Zoom: Q.U.I.L.T., Inc. Monthly Guild Meeting

Q.U.I.L.T., Inc. is a not-for-profit guild of quilters interested in learning about the art of mak-

ing quilts. For the April meeting, members and guests join on Zoom at 9:30 a.m. to greet fellow quilters. A brief business meeting begins at 9:45 which will be followed by a lecture entitled "Batting: What's Inside Matters" from Stephanie Hackney, Director of Sales and Marketing, Craft and Retail Hobbs Bonded Fibers. Preregistration is required on the Q.U.I.L.T., Inc. website www.quiltinc.org.

Rubik's Cube for Beginners

Do you want to learn how to solve a Rubik's Cube? Join Alexey Vert for this hands-on class and learn how to solve a 2x2 beginner's cube, 3 p.m. Cubes will be provided for the class during instruction. For grades 3-5. Registration required. Clifton Park-Halfmoon Public Library, 475 Moe Road, Clifton Park. For more information, call 518-371-8622 or visit www.cphlibrary.org.

Family Movie: 'Strange World'

A family of explorers have differences that threaten to topple their latest and most crucial mission (2022, PG, 102 min.) in this action-packed adventure from Disney, 2 p.m. Bethlehem Public Library, 451 Delaware Ave., Delmar. For more information, call 518-439-9314 or visit bethlehempubliclibrary.org.

15 Saturday The Linda Brown Jazz Project

The Linda Brown Jazz Project quintet will present an hour-long concert, celebrating April as Jazz Appreciation month, 2 p.m. Arranged by the Albany Musicians' Association, Local 14 and sponsored by the Music Performance Trust Fund. Bethlehem Public Library, 451 Delaware Ave., Delmar. For more information, call 518-439-9314 or visit bethlehempubliclibrary.org.

16 Sunday Spring Walks: Orra Phelps Preserve

See firsthand the changes that spring brings to the Orra Phelps Preserve as you are guided on this educational program, 10 a.m. As spring wildflowers emerge and birds return, there is something new to discover each week. Registration is strongly encouraged but walk-ins are welcome. Visit www.wiltonpreserve.org, call 518-450-0321 or email info@wiltonpreserve.org for more information.

Sensory Sunday Story Time

We are celebrating Autism Acceptance Month with a special story time designed for our young patrons who have challenges with sensory processing. A brief play time will follow. This event will take place one hour before the Library opens to the public. Families are invited to listen to stories, play, and enjoy the Children's Library in a more controlled environment, 11 a.m. For ages 3-10, with an adult. Registration required. Clifton Park-Halfmoon Public Library, 475 Moe Road, Clifton Park. For more information, call 518-371-8622 or visit www.cphlibrary.org.

17 Monday Bilingual Family Story Time: Korean

Join Sonya Kim for stories and songs, and learn a little Korean while nurturing your child's love of reading, 10 a.m. Stay for a fun vocabulary lesson. Stories will be read in both English and Korean. For all ages, with an adult. Clifton Park-Halfmoon Public Library, 475 Moe Road, Clifton Park. For more information, call 518-371-8622 or visit www.cphlibrary.org.

How to Choose a New Computer

Need a new computer, but don't know where to start? This informational session addresses some of the most common questions and also cover operating systems and compare alternatives to the traditional computer, such as tablets and Chromebooks, 1:30 p.m. Registration required. Clifton Park-Halfmoon Public Library, 475 Moe Road, Clifton Park. For more information, call 518-371-8622 or visit www.cphlibrary.org.

Game Night: Adventure Skeletons

Come to the Library to play a fun role-playing game, 6 p.m. You're a skeleton, bored of guarding the dungeon for some wizard, and decide you should go on an adventure instead. For adults and teens 14 and older. Registration required. Clifton Park-Halfmoon Public Library, 475 Moe Road, Clifton Park. For more information, call 518-371-8622 or visit www.cphlibrary.org.

18 Tuesday Learn to Draw

For anyone who enjoys drawing, this virtual workshop will show you simple techniques to improve your observational drawing skills. In this relaxed session, we will learn contour drawing skills guaranteed to improve your drawing in one hour, 3:30 p.m. Troy Public Library. The Zoom link will be provided to participants upon registration. To register call the library at 518-274-7071 or register online at www.thetroylibrary.org.

Continued on Page 13



Brain Teasers answers are on page 16.



BRAIN TEASERS

COMEDY WORD SEARCH

L	F	M	H	N	O	S	S	K	K	T	R	S	N	L	B	S	L	U	R
H	K	C	A	B	L	L	A	C	B	O	S	L	L	T	V	L	T	J	A
Y	U	E	G	P	G	I	I	G	U	O	V	B	K	W	I	S	D	B	T
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W	I	B	I	S	W	B	E	D	W	H	A	P	P	G	O	T	J	S	D
B	S	R	E	I	V	R	A	D	K	D	R	W	E	D	A	K	N	G	P
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T	H	P	O	F	K	D	C	R	Y	L	E	K	O	J	T	V	R	L	P

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BOMB
BOOKER
CALLBACK | CAPPER
ENTENDRE
GAG
HEADLINER | HUMOR
IMPROVISATION
JEST
JOKE | LAUGH
LINEUP
MICROPHONE
PARODY | PERFORM
ROUTINE
SATIRE
SHOWCASE | SITCOM
SKETCH
SLAPSTICK
STORYLINE |
|--------------------------------------|--|--|---|--|--|

CRYPTO FUN

Solve the code to discover words related to **HUMOR**.

Each number corresponds to a letter. (Hint: 20 = 0)

A. 7 19 23 20 25

Clue: Quality of being amusing

B. 10 18 19 6 7

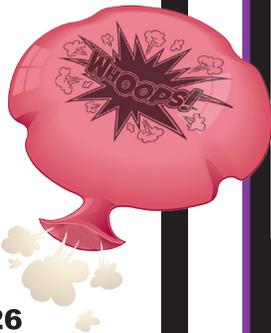
Clue: React to humor

C. 22 20 13 2

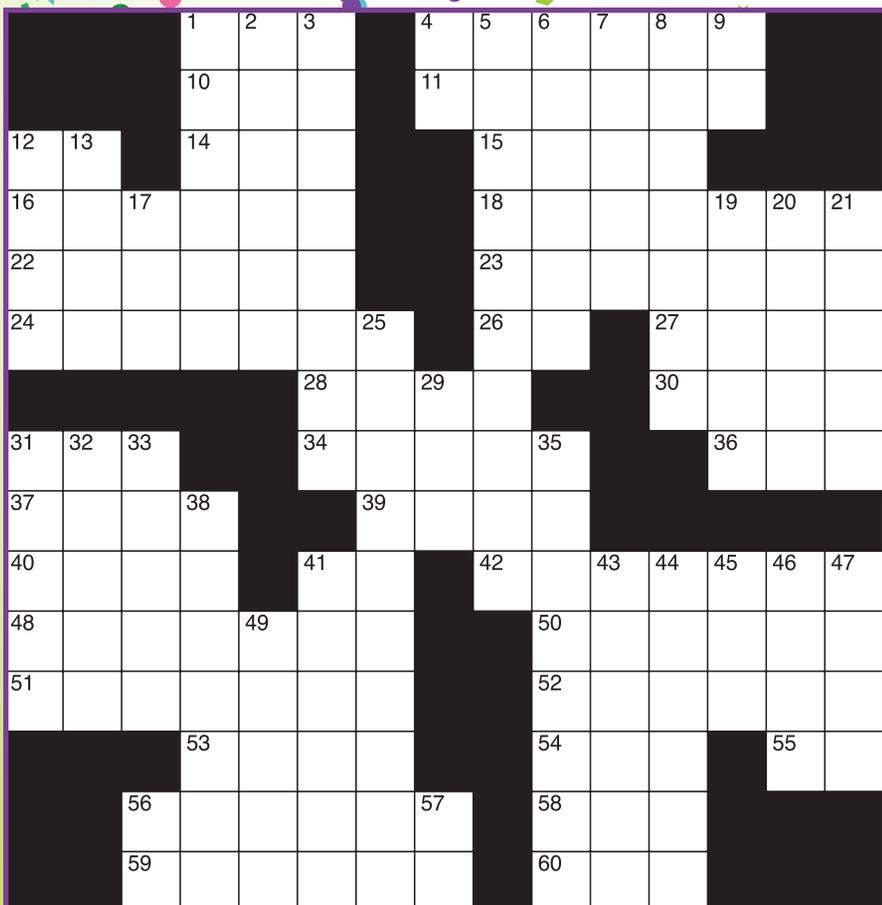
Clue: Funny tale

D. 12 20 23 2 3 26

Clue: Professional entertainment with jokes



FAMILY NOW CROSSWORD



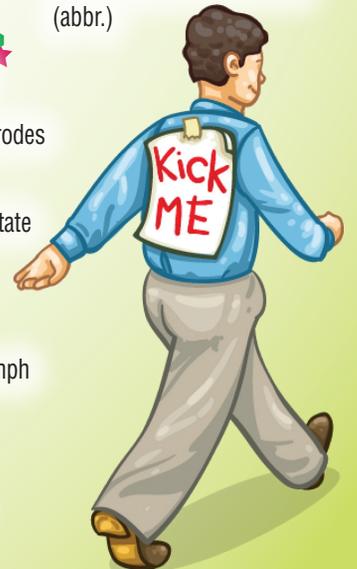
CLUES ACROSS

- Revolutions per minute
- Hymns
- Brew
- Did not acknowledge
- Atomic #77
- Partly digested food
- Not one
- Lesotho capital
- Copyreading
- Living organism that feeds on organic matter
- One's biological father
- An aggregate of molecules
- Equally
- Khoikhoi people
- Jump in figure skating
- Lantern
- TV network
- Georges __, French philosopher
- Sharp, shrill bark
- Albanian monetary units
- Launched Apollo
- One who graduated
- Exist
- Passed by
- Very unpleasant smell
- Graduates
- Seedless raisin

CLUES DOWN

- Flower cluster
- A form
- Inner organ regions
- Local law enforcement
- A citizen of Senegal
- Positively charged electrodes
- Connects granules
- Business practice
- The Mount Rushmore State
- Leader
- Hindu queen
- Proofreading mark
- European country
- Greek mythological nymph
- Grandfather
- Cleats
- Amount of time
- Mollusks
- German municipality
- Body part

- City of Angels hoopsters
- Suffocate
- Pleasing to the eye
- Poplar trees (Spanish)
- Ship officer
- Individual investment account (abbr.)
- Prefix meaning within
- Ceased to live
- Day by day
- Not color
- Condition of withdrawal (abbr.)



Calendar of events

19 Wednesday Albany Job Fair

The Albany Job Fair features over 95 Recruiters, many interviewing and hiring on the spot, 9 a.m.-4 p.m. Free. Holiday Inn Express and Conference Center, 400 Old Loudon Road, Latham. For more information, visit www.AlbanyJobFair.com.

Reading Therapy Dogs

Improve reading skills or help your child gain confidence in reading with a therapy dog. Please sign up for a 15-minute appointment beginning at 4 p.m. For grades 1-4. Registration required. Clifton Park-Halfmoon Public Library, 475 Moe Road, Clifton Park. For more information, call 518-371-8622 or visit www.cphlibrary.org.

Meet Dash and Dot

Also April 26. Dash and Dot are two robots that make learning to code fun for kids. Students will work individually and in small groups to complete challenges, 4 p.m. Participants should commit to attend both sessions. For grades 2-3. Registration required. Clifton Park-Halfmoon Public Library, 475 Moe Road, Clifton Park. For more information, call 518-371-8622 or visit www.cphlibrary.org.

20 Thursday

Spring Walks: Bog Meadow Preserve

See firsthand the changes that spring brings to the wetlands of the Bog Meadow Preserve as you are guided on this educational program, 10 a.m. As spring wildflowers emerge and birds return to the wetlands, there is something new to discover each week. Registration is strongly encouraged but walk-ins are welcome. Wilton Wildlife Preserve. Visit www.wiltonpreserve.org, call 518-450-0321 or email info@wiltonpreserve.org for more information.

21 Friday

Coffee & Conversation: Scam Prevention

Scams, frauds and hoaxes cost consumers and businesses time and billions of dollars each year. An educator from the New York State Division of Consumer Protection will help you recognize and avoid scams, and provide you with tools and resources to utilize if you fall victim to a scam, 1 p.m. Co-sponsored by Bethlehem Senior Projects, Inc. Bethlehem Public Library, 451 Delaware Ave., Delmar. For more information, call 518-439-9314 or visit bethlehempubliclibrary.org.

Super Smash Bros. Ultimate Afternoon

Join your friends to play Super Smash Bros. Ultimate on the Nintendo Switch, 3:45 p.m. For grades 6 and up. Bethlehem Public Library, 451 Delaware Ave., Delmar. For more information, call 518-439-9314 or visit bethlehempubliclibrary.org.

Elder Law Basics

Have you protected your home and investments, prepared for the cost of a nursing home, avoided unnecessary taxes, considered long-term care options? Learn about the choices available to you, 1 p.m. Clifton Park-Halfmoon Public Library, 475 Moe Road, Clifton Park. For more information, call 518-371-8622 or visit www.cphlibrary.org.

22 Saturday Spring Tree ID Hike

Looking to explore the beauty of the forest this Earth Day? Follow award-winning author, arborist, and tree expert Bill Logan on a leisurely walk to learn about early spring tree identification and tree architecture, 12:30-2 p.m. Suggested donation of \$5; members and children under 12 free. Huyck Preserve and Biological Research Station, Rensselaerville. For more information, call 518-797-3440 or visit www.huyckpreserve.org/events to sign up.

Afternoon Tea on the Titanic

All are invited to an Afternoon Tea on the Titanic featuring Phyllis Chapman as "the Unsinkable Molly Brown," 1-3 p.m. Enjoy a delicious selection of tea sandwiches and fancy treats. Reservations are requested by April 7, as seating is limited to 60 people. The cost is \$25 per person. All funds raised support the work of the Bethlehem Historical Association and its Cedar Hill Schoolhouse Museum. For more information or to register, call 518-439-4315 or email bbcastle08@gmail.com. Delmar Reformed Church, 386 Delaware Ave., Delmar.

The Choral Hour

The UAlbany Chamber Singers and UAlbany Community Chorale performs music from a wide array of style and culture, 2 p.m. Tickets cost \$5. University at Albany Performing Arts Center, 1400 Washington Ave., Albany. For more information or to purchase tickets, visit albany.edu or call 518-442-3995.

Telling Trails Tour

Join author Iris Jackson to discover the beauty in the brand-new Town Center Park. Participants will engage in an experiential process through writing, drawing, and storytelling then get out into nature to find outdoor inspiration, 10 a.m. Families welcome. Registration required. Clifton Park-Halfmoon Public Library, 475 Moe Road, Clifton Park. For more information, call 518-371-8622 or visit www.cphlibrary.org.

Saturday Scrabble Meetup

Come out for an afternoon of word-building fun and play Scrabble with friends and neighbors. All skill levels welcome. Anyone (ages 11 and older) is welcome to join the fun, 1-3 p.m. Clifton Park-Halfmoon Public Library, 475 Moe Road, Clifton Park. For more information, call 518-371-8622 or visit www.cphlibrary.org.

Continued on Page 14

CAPITAL DISTRICT FamilyNow

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UPCOMING Monthly Deadlines



To advertise in one or more of these issues please call:
Denice Mau at 518-439-4940
or email: maud@spotlightnews.com

Calendar of events

April

23 Sunday

Music in the Meeting House

Shaker Heritage will host a performance sponsored by the Music Performance Trust Fund and arranged by the Albany Musicians Association that features familiar jazz standards and swing music associated with Ella Fitzgerald, Peggy Lee, and Latin and Bossa Novas by Jobim, along with some commentary about the singers and songwriters of the era, 3-4 p.m. Admission is free. Shaker Heritage Society, 25 Meeting House Road, Albany. For more information, call 518-456-7890, ext. 3 or visit home.shakerheritage.org.

Spring Walks: Orra Phelps Preserve

See firsthand the changes that spring brings to the Orra Phelps Preserve as you are guided on this educa-

tional program, 10 a.m. As spring wildflowers emerge and birds return, there is something new to discover each week. Registration is strongly encouraged but walk-ins are welcome. Visit www.wiltonpreserve.org, call 518-450-0321 or email info@wiltonpreserve.org for more information.

24 Monday

Monday Matinee: 'Rebel Without a Cause'

This classic film (1956, not rated, 111 min.) will be shown with subtitles, 2 p.m. Bethlehem Public Library, 451 Delaware Ave., Delmar. For more information, call 518-439-9314 or visit bethlehempubliclibrary.org.

26 Wednesday

D&D Adventure Club

We will be playing 5E Dungeons & Dragons. All playing materials will be provided, 4 p.m. There will be premade character sheets available, but you may also build your own level 1-3 character if you'd like. For adults and teens 14 and older. Registration required. Clifton Park-Halfmoon Public Library, 475 Moe Road, Clifton Park. For more information, call 518-371-8622 or visit www.cphlibrary.org.

Community Yoga

Enjoy a class designed for yoga practitio-

ners of any skill level. Dan May shares Jai Yoga School's Bhakti yoga practice, which includes song, cultural information and stories, 6 p.m. Bethlehem Public Library, 451 Delaware Ave., Delmar. For more information, call 518-439-9314 or visit bethlehempubliclibrary.org.

27 Thursday

Songwriting Workshop

Even if you've never written a song but are curious about the process, join us for an engaging discussion, 3 p.m. Feel free to bring a demo or an instrument; the library will not be providing any instruments to borrow during this event. Registration required. Clifton Park-Halfmoon Public Library, 475 Moe Road, Clifton Park. For more information, call 518-371-8622 or visit www.cphlibrary.org.

Spring Walks: Bog Meadow Preserve

See firsthand the changes that spring brings to the wetlands of the Bog Meadow Preserve as you are guided on this educational program, 10 a.m. As spring wildflowers emerge and birds return to the wetlands, there is something new to discover each week. Registration is strongly encouraged but walk-ins are welcome. Wilton Wildlife Preserve. Visit www.wiltonpreserve.org, call 518-450-0321 or email info@wiltonpreserve.org for more information.

28 Friday

Coffee & Conversation: Are You Safe From ID Theft?

An educator from the New York State Division of Consumer Protection will discuss strategies to address the harms from identity theft and prevent victimization, 1 p.m. Bethlehem Public Library, 451 Delaware Ave., Delmar. For more information, call 518-439-9314 or visit bethlehempubliclibrary.org.

29 Saturday

Q.U.I.L.T., Inc. Presents: An Exposition

Also Sunday. There will be more than 150 quilts, Vendors, a Gift Gallery, Raffle Quilt and Raffle Baskets, 9 a.m.-4 p.m. Saturday and 11 a.m.-4 p.m. Sunday. Admission is \$7. St. Matthew's Church, 25 Mountainview St., Voorheesville. For more information, visit www.quiltinc.org.

30 Sunday

Concert: The Music Cats Quartet

Join us for an afternoon of jazz, provided by the Music Cats Quartet, 2 p.m. Clifton Park-Halfmoon Public Library, 475 Moe Road, Clifton Park. For more information, call 518-371-8622 or visit www.cphlibrary.org.

Submit an event

• To have your event included in our print edition, email the information, including date, time, place, cost and contact information to robertsk@spotlightnews.com by the 10th of the preceding month. Events run space permitting, and submission does not guarantee publication.

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Social Security benefits factor into the retirement plan of almost every American worker. If you are covered under Social Security, you should know how much you might receive in future benefits. These monthly payments are likely to be an important part of your retirement income.

We base your benefit payment on how much you earned during your working career. Higher lifetime earnings result in higher benefits. If there were some years you didn't work or had low earnings, your benefit amount may be lower than if you had worked steadily or had higher earnings. Even if you never worked and did not pay Social Security taxes, you may be eligible for benefits from a spouse's

record. You must be at least 62 years old, and your spouse must already be receiving retirement or disability benefits.

Our retirement page at www.ssa.gov/retirement is a great place to start mapping out your retirement plan.

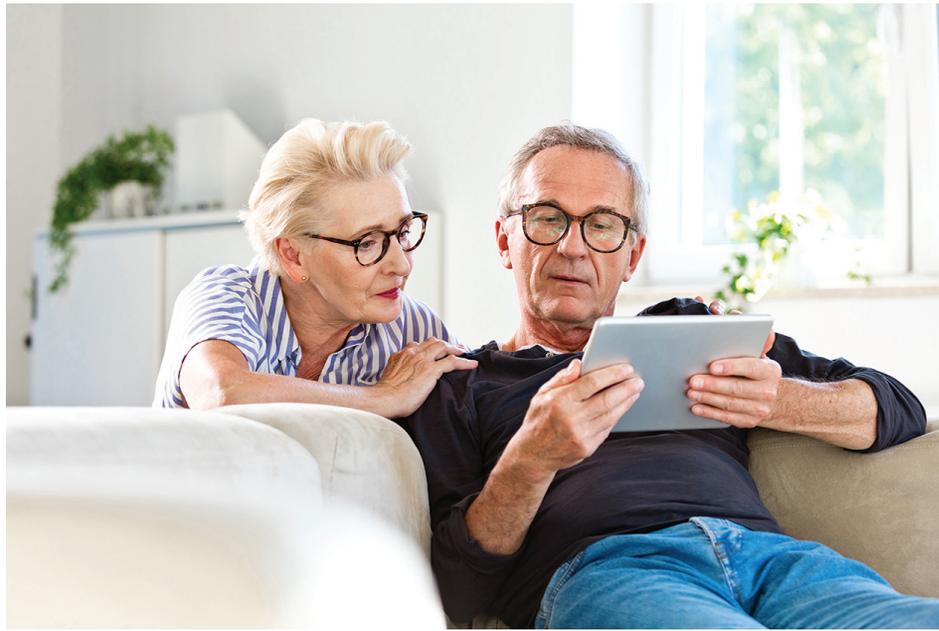
For example, have you considered:

- When is the right time for you to start receiving your retirement benefits?
- What documents you may need to provide Social Security for your retirement application?
- Which factors may affect your retirement benefits?

by **Elizabeth Pivonka**

You can use your personal my Social Security account at www.ssa.gov/myaccount to get an instant estimate of your future retirement benefits. You can also see the effects of starting your retirement benefits at different ages.

You may also be wondering about:



Are you on track for retirement? Visit the Social Security Administration's website to see where you stand.

- Benefits for a spouse or children.
- How work affects your benefits.
- If you will have to pay taxes on your benefits.
- Medicare.

You can learn more at www.ssa.gov/retirement. Please share this information with your loved ones to help them prepare for their retirement.

The writer is with the Social Security Administration in Albany.

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For information about current services and programs, please visit cliftonpark.org/index.php/services/senior-services/senior-center.

Membership is available for \$20.

Mondays: Game room activities, tap dance, jazz dance, chair yoga, beginner clogging, intermediate clogging, discussion group, Rummikub, quilting group, soul line dancing

Tuesdays: Exercise to tape, game room activities, yoga, dice games, duplicate bridge group, qi-gong and tai chi, scrabble, hand and foot cards, square and round dancing, tai chi for seniors

Wednesdays: Exercise to tape, game room activities, investment group, ukulele group, dice games, social bridge, bowling, poker, euchre, beginner tai chi for seniors, knitting and crocheting

Thursdays: Exercise to tape, game room activities, chorus, Rummikub, yoga, watercolors, modern dance, pinochle, mahjong

Fridays: Tap dance, ballet, orchestra, woodcarving, game room activities, dominoes, jewelry making class, Bingo, Latin line dancing

LifePath

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www.lifepathny.org;
(518) 465-3322

Supportive services for older adults. To register: www.lifepathny.org/all-events; (518) 465-3322

Cohoes Senior Center • (518) 235-2420 • cohoes@lifepathny.org

Watervliet Senior Center • (518) 273-

4422 • watervliet@lifepathny.org

Westview Homes Apartments • (518) 482-2120 • westview@lifepathny.org

Thursday, April 13 from 9 a.m.-3:30 p.m.: AARP SMART DRIVER COURSE

AARP Smart Driver Course taught by Regional Coordinator Warren Lavery in a one-day 6.5-hour session. Course fees are \$25 for an AARP member and \$30 for non-members. Registration Required. *Cohoes Senior Center, 10 Cayuga Plaza, Cohoes*

Friday, April 14, from 12:30-1:30 p.m.: JEOPARDY

Come for lunch and stay for a fun game of Jeopardy. This authentic styled game looks and plays like the Jeopardy you know and love. No fee to participate, registration required if you are staying for lunch. *Watervliet Senior Center, 1501 Broadway, Watervliet*

Tuesday, April 18: SENIOR LEGAL AID

An attorney from the Legal Aid Society of Northeastern NY will offer free legal advice to people over 60 who reside in Albany County. No fee to participate, registration required. 9:30 a.m. at Westview Homes Apartments; 10 a.m. at Cohoes Senior Center

Thursday, April 20, from 5-7 p.m.: A TRIBUTE TO PATSY CLINE DINNER AND SHOW

Cost is \$25 per person; sponsorship opportunities available. To reserve your ticket visit: lifepathny.org. *Cohoes Senior Center, 10 Cayuga Plaza, Cohoes*

Thursday, April 27, 10-11 a.m.: THEMED TRIVIA THURSDAY

Come and join others in testing your skills of knowledge and learn something new. Registration not required. *Watervliet Senior Center, 1501 Broadway, Watervliet*

Friday, April 28, from 11:30 a.m.-2 p.m.: THIRD AGE ACHIEVEMENT AWARDS

Join us at Wolferts Roost Country

Club to celebrate the ongoing achievements and contributions of outstanding Capital Region professionals in their "Third Age" including Michelle Cuzzo Borisenok, Theresa Bourgeois, Richard Conti, Hugh Johnson, Joan Lipscomb, Rabbi Scott Shpeen and Pastor David Traynham. Cost is \$75 per person; sponsorship opportunities available. To reserve your ticket visit lifepathny.org or call (518) 465-3322, ext. 103.

Monday-Friday at 9 a.m.: POOL CREW

Sticks and chalk are available to use. No fee to play. *Watervliet Senior Center, 1501 Broadway, Watervliet*

Mondays at 10 a.m.: LINE DANCING WITH LU

Line dancing is proven to create and maintain neural pathways that help our brains stay young. You will find the added benefit of better balance while learning the gentle steps and routines to favorite oldies. *Cohoes Senior Center, 10 Cayuga Plaza*

Mondays at 1 p.m.: MAH-JONGG

Join this wonderful, social group as they play through the timeless game Mahjong, a tile-based game that was developed in the 19th century in China. *Cohoes Senior Center, 10 Cayuga Plaza*

Tuesdays and Fridays at 9 a.m.: POOL CREW

Sticks and chalk are available to use. No fee to play. *Cohoes Senior Center, 10 Cayuga Plaza, Cohoes*

Tuesdays at 10 a.m.: KNIT WITS

Come join this lovely group of people who enjoy knitting and crocheting. All experience levels are welcome. Come for lunch and stay for the creating! Please call 518-273-4422 for more information. *Watervliet Senior Center, 1501 Broadway, Watervliet*

Tuesdays at 12:45 p.m.:

CANNONAIRES SENIOR CHOIR PRACTICE

Join The Cannonaires, a wonderful group of folks that love to share music every week. *Watervliet Senior Center, 1501 Broadway, Watervliet*

Wednesdays at 9:30 a.m.: MAH-JONG

Join this wonderful, social group as they play through the timeless game Mahjong, a tile-based game that was developed in the 19th century in China. *Watervliet Senior Center, 1501 Broadway, Watervliet*

Wednesdays at 10 a.m.: UFOS – UNFINISHED OBJECTS

Do you have Unfinished Objects (UFOS) sitting by your chair that you would love to complete but want the company to do so? This is a group that enjoys working on lap crafts while conversing and enjoying the company of others. Knitting, crocheting, embroidery, needlepoint and so many more have been completed. This is an in-person activity and all are welcome. Come for the crafting and stay for lunch, call Beth at 518-235-2420 for more information. *Cohoes Senior Center, 10 Cayuga Plaza*

Wednesdays at noon: THE BEAU-KNITTERS

The Beau-Knitters are a lively group of people who enjoy knitting and crocheting. All experience levels are welcome. Come for lunch and stay for the creating! Call Beth at 518-235-2420 for more information. *Cohoes Senior Center, 10 Cayuga Plaza*

Wednesdays at 1 p.m.: BINGO

Join us as we pull the numbers for an hour of Bingo fun every Wednesday. Crazy T, Round Robin, Letter X, Kite and more; 2-3 cards and prizes available. *Zoom and Watervliet Senior Center, 1501 Broadway*

Thursdays at 10:30 a.m.: MEN'S GROUP

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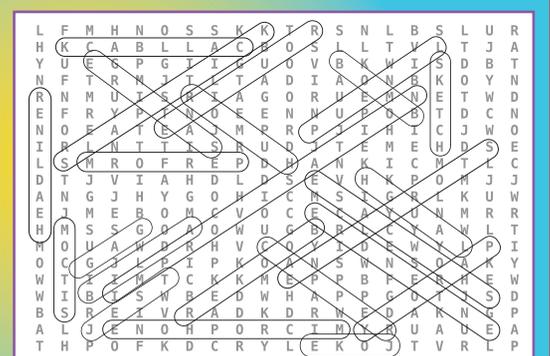
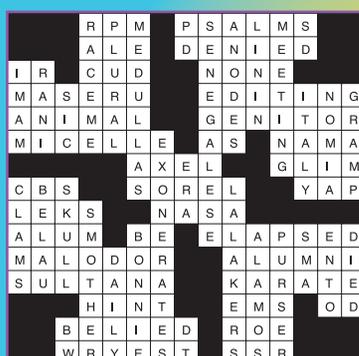
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CRYPTO ANSWERS: A. humor B. laugh C. joke D. comedy

Senior centers

Continued from Page 16

other men in a respectful space? A men's group is a healing and enriching place to share your experiences and listen as others share theirs. *Cohoes Senior Center, 10 Cayuga Plaza*

Fridays at 1 p.m.: FRIENDLY FILM FRIDAYS WITH THE COHOES PUBLIC LIBRARY

Come for lunch and stay for a movie. Call the Cohoes Public Library or Beth at the Cohoes Senior Center at 518-235-2420 for more information. *Cohoes Senior Center, 10 Cayuga Plaza, Cohoes*

Fridays at 10 a.m.: GET THE LEAD OUT! SPREAD POSITIVE ENERGY

This group of positive people comes together weekly to color and make bookmarks to spread joy and beauty in our community. Supplies are included and donations are welcome. This is an informal group of older people who enjoy spending time with others and like to create art to share. *Cohoes Senior Center, 10 Cayuga Plaza*

Fridays at 10 a.m.: BRIDGE CLUB

Join this weekly group as they come together to play their favorite game: Bridge. Bridge, is a trick-taking card game using a standard 52-card deck. *Watervliet Senior Center, 1501 Broadway*

Fridays at 10:15 a.m.: TEA TIME WOMEN'S GROUP

Come and join other women for a cup of tea and conversation. Bring your own mug, liquid refreshment provided. No fee, registration not required. *Watervliet Senior Center, 1501 Broadway*

Niskayuna Senior Center

2682 Aqueduct Road, Niskayuna
(518) 372-4969

Additional information along with the calendar will be posted on the Niskayuna Town website at www.niskayuna.org/senior-center. Call with any questions.

Tuesdays

9 a.m.-noon: Tom's Computer Class (April 4, 18), Unite US program sign-up with Dottie (April 4, 18)

10 a.m.: Tai Chi

10 a.m.-2 p.m.: Open for indoor/outdoor socialization/coffee service

10 a.m.: Cards, Mahjong and Bridge

11 a.m.: CDPHP Zumba Gold, free, Zoom only (April 4, 18, 11, 25)

1 p.m.: MVP Chair Moves available

in-house and Zoom (April 11, 18, 25)

Noon: Gershon's, BYOL and coffee service

Thursdays

10 a.m.: Tai Chi

10 a.m.-2 p.m.: Open for indoor/outdoor socialization/coffee service

10 a.m.: Cards, Mahjong, Bridge

11 a.m.: Bocce and Pickleball

Noon: Gershon's, BYOL and coffee service

1 p.m.: Trinity Health Alert chair yoga, in-house and Zoom (April 6, 13, 27)

Exercise Update

Mondays at 10 a.m.: Qigong, in house (April 3, 10, 17, 24)

Mondays at 12:30 p.m.: CDPHP Chair Pilates, in-house and Zoom (April 4, 17, 24)

Mondays at 5:30 p.m.: American Mohjongg (April 3, 17, 24)

Wednesdays at 6:30 p.m.: CDPHP Gentle Yoga (April 5, 12, 19, 26)

Some classes remain available on Zoom with a couple in-house. You can email Edie for registration, dates and times at ecannizzo@niskayuna.org. Pilates, yoga, walks and art are available on YouTube at "Niskayuna Seniors." Dates for Exercise Classes scheduled inside are only tentative, and subject to change.

Monthly Activities

April 4: Arts and crafts at 1 p.m., Wreck-a-Book

April 7: Alzheimer's Association Caregiver Support Group at 11 a.m.

April 11: Blood Pressure Clinic by St. Peter's Health Partners at 11 a.m.

April 20: Music entertainment with Wyatt Ambrose at noon, and Art with SAS – Collage at 1 p.m.

April 22: Art with SAS – Silk Scarves at 10:30 a.m. *Fee required

Stop by and socialize. Bring friends, activities, interests or just pop over for coffee and conversation. We'll provide the space and hospitality.



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ACHIEVEMENT AWARDS

Friday April 28
11:30 am
Wolferts Roost Country Club

The Third Age Achievement Awards distinguish themselves from other tribute awards by celebrating the exceptional accomplishments of members aged sixty years and above in the Capital Region, who continue to make noteworthy contributions to our community.



Michelle Cuozzo Borisenok
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Theresa Bourgeois
Founder
Esperance Consulting
Former Director of Operations
City of Cohoes



Richard S. Conti
Community Activist
Former Member
City of Albany Common Council
Executive Director, Retired
NYS Assembly, Committee on Health



Hugh Johnson
Chairman & Chief Economist
Hugh Johnson Economics
Chairman Emeritus
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Joan A. Lipscomb
Interfaith Advocate
Albany County Long-Term Care Council
Substitute, RCSC
Retired Teacher South Colonie



Rabbi Scott Shpeen
Senior Rabbi
Congregation Beth Emeth



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A living history book

Glenmont centenarian traces the shifting of power away from the family

This is the second in a two-part series.

Centenarian Bill Scharoun of Glenmont is a window into life from the 1920s through today. That's becoming more and more of a rarity.

It's important because some of the critical nature of some of those decades in America's history.

In the late 20s, we had the stock market crash. The 30s dragged the country through The Great Depression. On its heels was World War II, which changed the landscape of geopolitics. The 1950s brought unprecedented prosperity. The 60s saw cultural upheaval. And on it goes.

Scharoun lived through them all, and this sharp 100 year-old recalls each era with both a vivid and documentary-like mind.

And yet with all of his experience, almost all of his perceptions boil down

to family, upbringing, responsibility and chores, finding a good mate and local control of the education of children.

One of the shocking things that came out of Scharoun's mouth is about the wedded life.

"Marriage is easy," the widower said of his 67-year relationship. "You listen to each other and put the other person first and remember that everyone is different."

With regard to children, he says that what young people today might find as a hardship, he found as an "opportunity" and that attitude helped form maturity in the youths of his day.

"Children today don't have the opportunities I had," he said. "We knew what it would take to make a dollar

on our paper routes. We worked to get that dollar. If someone didn't pay their bill, you were stuck – not the company.

"Life is easier now," he said. "On 'wash-day,' my mother had the big tubs on the stove full of water and took the Fels Naptha laundry soap and cut that up. You had these big paddles to swirl the water and get the stains out. Then you carried it over to the rinse water. We had to ring it all out by hand with a hand-ringer. It was a lot of work."

Between the chores and the lively conversation around the dinner table, families were built into a solid unit through the time spent pulling together as a team.

And things that seem so challenging today were not even an afterthought back then.

"In winter time, a foot of snow meant nothing," he recalled. "You'd go to school."

Schools also had closer ties to the parents.

"When they centralized schools," he continued, "they took the power away from you and me. Before that, I knew who was on the school board. I could go to the board member and tell them to move the bus stop to a safer place. The control was there. Now, they'd tell you, 'I have to think of the whole district, not about you.'"

"I remember a lad from the State Education Department talking to a teacher and telling him that if the centralized school budget got voted down, 'We'll just put a budget without furniture in it.' In other words, they were going to do what they wanted and get control.

"We used to recite the Pledge of

Continued on Page 19

by
**Robert
LaCosta**

WELCOME!
Spring!

from the
staff at:

CAPITAL DISTRICT
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GENERATIONS TOGETHER

Retiring Retirement

continued from Page 18

Allegiance and sing ‘The Star Spangled Banner,’ and we’d never sass the teacher,” he remembers. “Beyond that, they lowered the standards for testing in the 1970s. I don’t think the kids of today could pass exams of 50 years ago. There’s also a lot of more emphasis on sports than academics. Sports were meant to be an outlet. We always just had fun, and I think that’s what’s missing.”

Television and mass media also gave a lot of power to whoever was put in front of the camera. Scharoun recalls that the platform itself could replace truth, solid philosophy and your own particular family values.

“At first, you had ‘Howdy Doody’ and shows like that,” he said. “You didn’t have shows that depicted that the children knew more than their parents. The father was the one who knew what’s best.”

To Scharoun, it’s clear that the breakdown of the family has contributed to some of the challenges of contemporary society. Slowly, the reinforcement of the values of the mother and father have been replaced by larger powers at work through education and the media.

And what values are needed in government leadership to help bring



To hear the full and fascinating conversation between Bill and Robert J. LaCosta, go to The Age Sage podcast on your phone or computer or write norepcom@gmail.com.

the country back to some of its former strengths?

“Honesty is first,” he said. “You have to put country before yourself and, of course, a leader should have a

good education.”

You just wonder what people a third or a half of his age would change in their own lives if they could have a centenarian as a life coach?

Robert J. LaCosta writes a daily devotional called “Portals to Heaven” that you can receive free in your email. He has also launched a podcast called “The Age Sage.”

Senior Centers WANTED

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† Our hours are 8 a.m. - 8 p.m. seven days a week from October 1 - March 31. From April 1 - September 30, Monday – Friday, our hours are 8 a.m. - 8 p.m. A voice messaging service is used weekends, after-hours, and federal holidays. Calls will be returned within one business day.

CDPHP® refers to Capital District Physicians' Health Plan, Inc. and CDPHP Universal Benefits,® Inc. CDPHP is an HMO, PPO, and HMO SNP plan that contracts with the federal government. Enrollment in CDPHP Medicare plans depends on contract renewal.

Based on a Model of Care review, Capital District Physicians' Health Plan, Inc. has been approved by the National Committee for Quality Assurance (NCQA) to operate a Chronic or Disabling Condition Special Needs Plan (C-SNP) through 12/31/2023.

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April 5 - April 11, 2023

SPOTLIGHT ON BUSINESS 2023

Your guide to
What's happening
in local Business
PART 2





Hatchet Hardware gears up for an exciting Spring season

Spring is a time of renewal and rejuvenation; for many, it's a time to start tackling home improvement projects. As the snow melts away and the weather warms up, homeowners often start thinking about repairing their homes and gardens, and a hardware store is a great place to start.

One hardware store that is particularly excited about the Spring 2023 season is Hatchet Hardware of Colonie. As Hatchet Hardware approaches its first anniversary in Colonie, the staff has been busy stocking up on all the essential products that customers will need for their projects and outdoor interests to make year two even more successful than the first.

"We have tons of new and exciting things happening this year to kick off the Spring and Summer of



2023", says Store Manager Saul Kaleel. "For starters, later this year we will have the option to fill our customer's personal propane tanks instead of being able to only swap their empty tanks for pre-filled ones. Our customers have been asking for this service since

day one, and now it will be available."

Hatchet Hardware also expanded its grill selection. "We're now carrying more models of the best brands, including; the Traeger Timberline XL, the brand new Traeger Ironwood, the Weber Summit grill, and



the entire collection of the Big Green Egg lineup!" said Saul.

Hatchet Hardware of Colonie is determined to become Upstate New York's main destination for spices, seasonings, BBQ condiments, and Hot Sauces. The store now

carries many popular brands, such as Spiceology, Meat Church, Traeger, and Blues Hog, and local favorites like Old Saratoga spice rubs, Hot Crispy Oil, Mike's Hot Honey, and Hell's Kitchen.

The Colonie store has also become the newest

authorized service center for STIHL products, making it convenient for customers to get maintenance and repairs on their STIHL products with their team of repair technicians. "We're thrilled to launch our new repair service and invest in all the necessary parts to ensure our customers can get their repairs done quickly and efficiently. As a hardware store, we understand the importance of keeping our customers' tools and equipment in top shape, and we're excited to offer this new service to help them do that", said Saul.

Hatchet Hardware of Colonie is located at 1 Fuller Road off Central Avenue and is open seven days a week. Learn more about Hatchet Hardware at hatchethardware.com and Instagram at hatchet_hardware.



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APPLY IN SUMMER
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WYNANTSKILL, NY ✓ Propane exchange
115 Main Avenue | Wynantskill, NY 12198

BRUNSWICK, NY ✓ Propane refill or exchange
831 Hoosick Rd. | Troy, NY 12180

WATERFORD, NY ✓ Propane refill or exchange
42 Saratoga Ave. | Waterford, NY 12188

PALATINE BRIDGE, NY ✓ Propane refill or exchange
6133 State Highway 5 | Palatine Bridge, NY 13428

TROY, NY Propane exchanges not available
63 Third St. | Troy, NY 12180

COXSACKIE, NY
✓ Propane refill or exchange
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We offer a variety of pool supplies and pool store essentials including 5 gallon and 2.5 gallon chlorine chemicals.

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any purchase of \$25 or more of regular priced merchandise!

Valid at Hatchet Hardware locations until 5/31/23 only. Other restrictions may apply; see store for details. Limit 1 coupon per customer. Propane refills are not available in Colonie or Wynantskill however exchanges are available. Our Downtown Troy location does not sell propane.

EXCLUSIVE OFFER
PROPANE EXCHANGE OR REFILL
\$12.99*

Valid at Hatchet Hardware locations until 5/31/23 only. Other restrictions may apply; see store for details. Limit 1 coupon per customer. Propane refills are not available in Colonie or Wynantskill however exchanges are available. Our Downtown Troy location does not sell propane.



Aquatica Pools starts the season with a splash

Providing quality service is most important to the company

By **AMARIS FORD**
news@spotlightnews.com

CLIFTON PARK — As warm weather approaches, swimming pool season is upon the Northeast. In Clifton Park, Aquatica Pool and Patio is ready to meet every customer's pool and patio needs.

While they treat every customer and every job individually, Aquatica Pool and Patio is dedicated to providing quality service. "We're passionate about what we do," said founder Joe Santoro. "We want to make sure that service is of the utmost importance."

A team of trained professionals with

decades of experience is leading the new company into its inaugural year. Santoro acknowledges that it's easy to see pool care as intimidating or overwhelming. At Aquatica Pool and Patio,



they want to make it easy for all their customers.

"We care about people's investments in their pools," said Santoro.

The company is aware of pool owners who have been frustrated by chemical or equipment issues, which can lead to costly repairs.

They believe that some of these pool owners miss out on the enjoyment and benefits of pool ownership.

Aquatica Pool and Patio's goal is to make everyone excited about their outdoor space, whether they are tentative about pool care or looking forward to a summer at the pool.

"We want to be the company for people who love their pool," said Santoro. "And we want to be the company for people who hate their pool, so that we can help them become people who love their pool."

Santoro recalls that some of his fondest childhood memories were

of spending time at his grandmother's pool with his friends and family. "I think everyone deserves that," he remarked. "They deserve a spot where they can spend time with their family and the people they care about without having to worry."

Aquatica Pool and Patio uphold the core value of worry-free pool maintenance. Staff at Aquatica Pool and Patio are trained in all aspects of pool care with industry certifications according to the Pool and Hot Tub Association (formerly the APSP). They assist

customers in caring for their pools or provide complete seasonal services designed to keep the pool "Swim Ready" when homeowners want it, all

"We want to be the company for people who love their pool. And we want to be the company for people who hate their pool, so that we can help them become people who love their pool."

— Joe Santoro

season long.

Service members of the community, such as veterans and firefighters, are provided with discounts. This is a

personal mission close to Santoro's heart.

"It's special to us," he said. "As we're getting into our first year, we're going to stick by that because it was part of our mission from the start."

Whether maintaining or improving a pool's features or transforming a backyard into a personal paradise, Aquatica Pool and Patio is excited to share their love of pools with the community.

"We do what we can to provide that quality of service and do the best job we can at a reasonable price," said Santoro. "That's what I'm passionate about: keeping pools available for as many people as we can."

For more information, visit <https://www.aquaticapoolandpatio.com>.

AQUATICA
Pool & Patio

Get Ready to Relax This Pool Season...

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At Aquatica, our goal is to help you and your family spend more time in your pool this summer.

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Our team will provide best-in-class service that begins with a quick response and ends as we leave your backyard as if it were our own. Simple, straightforward pricing and a full offering of programs and products allow each customer to get exactly what they want out of their backyard. Because it's *your* pool.

Don't miss out on your swimming season because of poor service or getting priced out of your pool.

Call us today and let Aquatica make your backyard the place to be this summer!

AquaticaPoolandPatio.com • (518) 217-2828 • Check us out on: & @Aquaticapoolsny



Alex Vincent: Guiding You on Your Home Improvement Journey



Talking with GNH Lumber Inside Sales professional Alex Vincent, it quickly becomes apparent that her title of “Inside Sales” may be a bit of a misnomer, as Alex focuses her time and energy on each customer’s unique home improvement journey. She finds the creative process of assisting clients in choosing the most fitting products for their home renovation project a rewarding one. When asked what personal qualities influence her customer-focused approach, Alex attributes her deep understanding of products, their installation, and the market to her previous experience working for her father’s contracting business. She finds the hands-on

application of removing and installing windows, and the knowledge gained therein is invaluable. This combination of practical insight and creative prowess allows Alex to intuitively meet and exceed client expectations. She takes a methodical approach to considering the entire scope of each project by first understanding the client’s wants, needs, and lifestyle.

When determining a renovation project scope and design direction, Alex considers the entire space and the home as a whole, taking several factors into account. She feels the home should “flow” in terms of both functionality and design continuity, not just the space in question.

She begins her one-on-one client interactions by asking key questions: Is the homeowner looking to completely redesign their kitchen or bath, or to update their space with a new look? In terms of lifestyle: Does the family enjoy cooking and entertaining guests regularly? Are they looking to maximize storage within a small space? Do they prefer functional replacement windows, or high-end aesthetics? Alex then invites homeowners to explore the GNH showroom so they can see colors, and feel textures as part of their decision-making process. She gains valuable insight with on-site visits to take measurements and photos whenever a project calls

for it. Alex also welcomes clients’ inspirational photos so their personal vision can be brought to life.

In understanding how a family utilizes their space on a daily basis, Alex is able to conceptualize the best use of space and match homeowners with the ideal products and solutions that fit their unique lifestyle. She then works closely with clients, keeping in constant communication throughout the process, beginning to end. With a dedicated team of experienced professionals like Alex, GNH Lumber continues to stay true to its core mission of providing the “exceptional customer service” that its customers have come to expect.

Living Well with Light, Air, and Views

Warm sunlight, fresh air and a visual connection to the natural world can instantly change the mood of a home or office. Open up creative new possibilities for how you live and work with energy-efficient Marvin windows. The experts at **GNH Design Showroom** will help you find the perfect style for your budget.

Call to schedule your free consultation today!



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SHOWROOM HOURS:
Mon-Fri: 9-5 | Sat: by appointment only





Newton Plaza in Latham welcomes new fashion tenants

Becks coming in September 2023

LATHAM -Beck Furs, established 88 years ago in Albany and operating continuously since, is excited to announce that we are relocating and rebranding as “Beck’s”. We will be expanding our selection of designer offerings and luxurious Furs at a new location in Newton Plaza, Loudonville opening in September.

Owner JoAnn Wilkinson, niece of founder Mildred and Thomas Beck is thrilled about the move. After 33 years at Stuyvesant Plaza, Ms. Wilkinson says “ the move to Newton Plaza will allow us to expand our offerings in designer clothing, shoes, handbags

and much more. With the expansion of offerings, Beck Furs will now become “Beck’s to reflect these new, multiple levels of chic choices. Beck’s will continue with all their special services including custom cleaning, tailoring and client fur storage. This move allows us to continue our mission of serving and dressing women in the Capital District and beyond for years to come.”

Our grand opening event for Beck’s in Newton Plaza is being planned for early September of 2023.

New name, new look, new address and continued great service.

Beck’s.



MARCUS BLAQUE

LATHAM - Marcus Blaque has a reputation for its exceptional customer service, with knowledgeable clothing professionals who offer personalized recommendations and styling advice.

The interior of our stores is designed to be sleek and modern with contemporary designer displays that have been curated to meet our

discerning clients.

In addition to personalized client services, at Marcus Blaque we also offer complimentary tailoring. The Marcus Blaque brand has become synonymous with boutiques such as Intermix and Shopbop making us the go to boutique in the Capital Region.



Coming Soon!



SPRING SIDEWALK SALE APRIL 21 & 22

Located Just North of Siena On Both Sides of Route 9, Latham newtonplaza.com



iSmile Studios: Helping People Swipe Right on You for You

By **CHEYENNE WALLACE**
news@spotlightnews.com

In the fast pace of online dating, a local photography studio wants to help showcase your authentic self to those swiping right.

iSmile Studios is ready to help single adults increase their chances of a match by offering professional sessions. Rather than the poorly lit, unflattering angles of bathroom mirror selfies, iSmile wants to show potential partners who you really are inside and out.

“The end goal is to show who you are as a person authentically,” Stephanie McCauley said. “Rather than only showing what

you look like and you either like it or you don’t.”

The studio in Colonie Center plans to offer periodic pop-up sessions each month. Some will be indoors with studio lighting; others will be outside to take natural light photos. Before these



iSmile Studios

sessions, people interested can sign up and fill out a simple questionnaire about three things that speak to who they are.

The questionnaire is intended for the client to think more about their interests and inner passions

so McCauley and her staff know how to incorporate them. The addition of the outdoor sessions also allows clients to bring their pets if they are a big part of their life. The studio wants its clients to show who they are inside and out and love the message they portray.

“I hope to incorporate enough of your personality in these pictures that you feel like you’re showcasing a little bit more of who you are right off the bat,” McCauley said. “Not only attracting people with similar interests but

also discouraging those who are so superficial that they are only interested in what you look like.”

When setting up a dating profile, the pictures chosen to accompany the profile are often selfies or heavily edited photos. These selfies usually have poor lighting or show off a poor angle that isn’t flattering. The older you get, the more challenging it is to find a picture you like.

This is where iSmile can swoop in to rescue you. For people of every age, but particularly those who are older, having a set of

“**“The end goal is to show who you are as a person authentically, rather than only showing what you look like and you either like it or you don’t.”**
— Stephanie McCauley

portraits they are proud of is priceless. Although iSmile’s initial intent is for these sessions and photos to be used for dating profiles, these pictures can also be used across non-dating platforms. From social media to LinkedIn to even holiday cards, McCauley wants her clients to feel confident in themselves and who they are rather than share the same dimly lit selfie across everything.

“I think when you get to a certain age, the last thing you want is to have your picture taken, but our online presence has become a ‘brand’, and everyone needs to have good images out there. Have you ever googled yourself and looked at what pictures show up? That’s what we’re talking about,” McCauley said.

Dating online is already hard enough as it is; with the right pictures, it can lead to more authentic and meaningful matches. iSmile wants people to swipe right on you for who you are and not just for your appearance.

For more information about the photo sessions, please visit www.ismilestudios.com.

You are what you put online.



Whether you are building a profile for online dating, showcasing yourself and your business, or just need to update your online presence, our Personal Branding pop-up sessions are perfect for you.

Spend 30 minutes with our master photographers to capture your true and authentic self. We will put you at ease, bring out your best, and showcase who you are inside AND out. These pop-up sessions are fun, casual, and easy. You get a 30 minute session and ALL the digitals to use any way you like.

*** Book online on our website. ***



iSmile Studios

CELEBRATING 10+ YEARS
OF SERVICE IN
OUR COMMUNITY



Real Estate Career...The Perfect Challenge at Age 55



I moved here from Long Island, almost 9 years ago when my husband got a wonderful job offer at RPI.

Having a multi-faceted career in various fields of sales (hotel, retail, headhunting), fundraising, customer service & volunteering, I needed to figure out what to do with my life at age 55. I needed a new challenge & way to spend my life.

We had recently bought/sold a home, but that process turned out to be a very stressful experience...I said I would "never" want to be a real estate agent, there are too many things that

could go wrong and out of my control!

After exploring several opportunities and with the encouragement of my husband, we decided that

"I truly care about my clients and treat their purchase/sale as if it were my own home. If I don't know the answer to their question, I find out."
— Wendi Gross

real estate would be the perfect career for me...I love working with people and what a rewarding & heart warming experience to help change people's lives with the biggest investment/sale they ever

make. So, I decided to try it!

I knew no one in the area, this was going to be a huge challenge, but I was ready for it.

I joined Berkshire Hathaway a reputable company with a strong training program, a wonderful business ethic, helpful management & a very supportive local corporate office. I chose the right company!!!

Happy to say that I have been a multi-year award winner, including Rookie of the Year, several sales awards and the office Service Excellence award

3 years in a row. I finished 2022 in the top 10% of Berkshire Hathaway's network, something I am very proud of. To date, I have sold 85 homes, over \$22M in sales.

I truly care about my clients and treat their purchase/sale as if it were my own home. If I don't know the answer to their question, I find out. People can reach me any time of the day. I continue to achieve my goals of being referred business...that is the ultimate honor!

I live in Loudonville, my territory is all throughout the Capital Region.

Whether you are selling or buying in the Capital Region, I welcome the opportunity to work with you!

2020, 2021, & 2022
Service Excellence Award Winner



2022
Leading Edge Society Award Winner
(Top 10% of National Network)

2018, 2020 & 2021
Honor Society Award Winner



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Finding a solution for your home

Service Solutions cleans and restores for past 35 years

For the past 35 years, many homeowners who have needed their vinyl siding washed, their deck and concrete restored, and their roof and gutters cleaned have reached out to Service Solutions.

"We have probably serviced over 20K homeowners in the Capital Region, most of which are regular repeat customers. A large part of our growth has come from referrals," says owner Don Sweet, owner of Service Solutions.

Although the company has cleaned many surfaces and items outside of the home including playsets, walkways, wood furniture, sheds, driveways and all types of fencing, siding cleaning remains the core

business. Sweet outlines three main focuses of the business: siding cleaning, gutter washing and maintenance, and deck/patio restoration and sealing.



SIDING CLEANING

Service Solutions prides itself on a process that is completely safe and nondestructive to your siding, plants and shrubs, but produces effective and efficient results. By using environmentally safe detergents, soft brushes and low-pressure washing techniques, the professional and experienced technicians

of Service Solutions can give homeowners what they want.... A truly clean home! They offer various types of cleaning/restoration processes

depending on your needs and type of siding. From pre-paint prep to vinyl siding cleaning to aluminum siding restoration, Service Solutions has a solution for you!

ROOF AND GUTTER WASHING & MAINTENANCE

For homeowners who find their roofs developing black or green fungus/mold discoloration, Service Solutions offers a chemical treatment that is completely safe for your roof and does not require

walking on it or pressure washing it. Pricing varies based on many factors but on average costs run \$.40 to \$.60 per square foot. Discounts may apply when combined with a house wash.

Gutter flushing can be added to any house wash or scheduled separately. Service Solutions also offers the installation of filters designed to keep leaves, debris and even mosquitos out of your gutters. Pricing ranges from \$4 to \$6 per lineal foot.

DECK AND CONCRETE CLEANING AND SEALING

They offer all types of



cleaning/restoration for many surfaces including composite decks, wood decks, concrete walkways and patios, stamped concrete and pavers. They also offer application of new sealers for your deck and stamped concrete and re-sanding for your pavers.

You can contact them through their website, www.cleanmysiding.com where there is a

link to "request a quote" page. You can also send an email to SERVICE@CLEANMYSIDING.COM or call them at 518-371-3207.

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Call Sheilah's has a Recipe for Success

DELMAR — Call Sheilah! Move-In/Move-Out Specialists has the recipe for success. With a few simple steps, the skilled concierge and move management service helps clients through every process, big or small.

Call Sheilah! has been in business for almost eight years, dedicated to servicing clients. From downsizing and decluttering to compassionate estate clearing or all aspects of moving, Call Sheilah! is passionate about meeting the unique needs of every client.

"We'll project manage the whole thing or work according to your specifications. We'll function however you want," said founder Sheilah

Sable. "We are completely hands-on and in it as much or as little as is desired."

The team of in-house staff as well as trusted and vetted subcontractors provide a personalized, guided experience. They respond to any situation and will personally attend to every client's needs throughout the process. Call Sheilah! is always ready to rise to any occasion.

Whether coping with divorce or death, adjusting to life with a new baby, or planning a big move, life is full of moments where it is important to ask for help. "Asking for help is a spiritual act," said Sable. "When you ask for help, you unburden yourself, and give a gift to someone else. We believe in that and

we let it guide the way we connect with clients."

The mission of Call Sheilah! remains at the heart of their work. Clients are always happy to donate items to Call Sheilah! eBay store after all other channels for donation have been exhausted. The profits from those sales support organizations working for justice for transgender/nonbinary adolescents and adults.

"Call Sheilah! is mission-driven," said Sable. "We firmly stand by our values."

You can find CallSheilah! on Instagram, FB and www.callsheilah.com. Reach out to schedule a thirty minute free consultation.

Comprehensive dental care

Dr. Abele, a pioneer in dental sciences

DELMAR — "Building an oral health home for families where comprehensive, top-of-the-line dental services were easily accessible was my goal," said Dr. Thomas Abele, who, since 1969, has been a pioneer and leader in the dental sciences. "With the support of a talented and dedicated staff, I hope I have achieved that."

By offering a total spectrum of care for all ages, Abele eliminates the need for patients to move from doctor to doctor to achieve optimal oral health, comfort and beauty. Early on, he spent the additional hours of training to become qualified in dental implant technology and root canal therapy. His reinvestment

in his practice ensures that patients are offered the latest in minimally invasive approaches, digital imaging, laser power and sedation dentistry.

"Dental medicine, most pointedly when encompassing cosmetic dentistry, is definitely an art," said Abele. "Every aesthetic aspect of a patient's face must be taken into consideration when addressing reconstructive procedures, whether in the application of veneers and crowns or restorations with implants."

Because Abele works closely with the technicians of his on-site dental lab, issues such as tooth color and shape are seamlessly addressed. His deep experience in placing dental implants, including the latest in genetically coated bone grafting, when required, and beautifully designed tooth restorations

is renowned.

Citing the importance of patient education, Abele said, "Although I personally feel responsible for my patients' oral health, they have to 'buy in.' That requires helping them understand why compliance with good oral health habits, including attention to their gums, can make them healthier and happier. I enjoy taking the time needed to answer questions and provide ongoing support.

"As much as I have always enjoyed the research and ongoing education that dental medicine requires in order to stay at the top of the game," said Abele, "I most enjoy the results I see in my much valued patients. They are the ones who make me look good."

— Dr. Thomas Abele

Who has the perfect recipe for a successful stress-free move?

Call Sheilah!



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-  Declutter & Sort
-  Sell, Donate & Dispose
-  Pack & Supervise Move
-  Complete Clean of Old Home
-  Unpack, Design & Organize
-  Other Errands & Projects



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Thomas H. Abele, DMD

A general practice with emphasis on comprehensive treatment; oral surgery, implants, cosmetic & sedation dentistry. With over 40 years in the heart of Delmar, Dr. Abele truly is your hometown dentist.



My goal is to provide my patients with the very best dental care, so that each may achieve optimal health throughout their lifetimes.

— Thomas H. Abele, DMD



Delmar Dental Medicine

344 Delaware Avenue, Delmar, NY | 518.439.4228 | www.delmardental.com



4 unique ways to help small businesses grow

The role small businesses play in thriving local communities cannot be overstated. Vibrant downtown areas that feature independently owned shopping, dining and entertainment options help distinguish communities from surrounding towns and generate tax revenue that is ultimately funneled back into the community.

Many small business owners are active members in their communities, which made it even more heartbreaking to see so many locally owned establishments struggle during the COVID-19 pandemic. Even as the world gradually began to emerge from the pandemic, more than half

of small business owners expected their struggles to continue. In late 2020, the Small Business Pulse Survey from the U.S. Census Bureau found that 53 percent of small business owners expected it would be at least six months before they could return to pre-COVID operations. That survey was conducted months before the Delta variant of the virus began to spread. When the Delta variant began to spread, three effective COVID-19 vaccines had already become widely available, but scientists warned that Delta could be one of the most transmissible



respiratory viruses in the world. That prompted many consumers, even those who were fully vaccinated, to wonder if it was still safe to spend time in public. Such fears once again put small businesses in the financial crosshairs.

Only time will tell if the Delta variant puts more small businesses in jeopardy. In the meantime, local residents and professionals can make a concerted effort to shop local. In

addition to offering their financial support to the small businesses that make their communities special, residents can embrace four unique strategies to help locally owned establishments stay afloat.

1. Offer pro bono professional expertise. Successful professionals can help small business owners by offering their services free of charge. Financial planners can pitch in and help secure small business loans, while attorneys can provide pro bono legal advice.

2. Help small businesses strengthen their digital presence. Individuals

with web design and e-commerce experience can help small businesses revamp their websites and improve their online shopping offerings. This can be a vital way for small business owners to attract new business and generate revenue should consumers express concerns about in person shopping in the months ahead.

3. Support legislation that benefits small businesses. Many small businesses would not have survived the pandemic without government assistance programs like the Small Business Administration's Paycheck Protection Program. Voters should carefully consider programs and proposals before voicing any support,

but they should not hesitate to promote programs they believe in that are designed to help local businesses. Write to local elected officials to encourage their support, and share news about proposals with fellow voters when given the chance.

4. Spread the word. Take to social media to spread the word about a local business. Share stories about positive interactions with a given business and use social media platforms to share news about sales or special events they're hosting.

There's much individuals can do to support small businesses as they continue to recover from the COVID-19 pandemic.

LET'S GET DIGITAL

Reach a wider audience through digital platforms local consumers use every day.

- Organic business page management
- Digital display advertising

- Social media management
- Paid social media advertising

- Paid search
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Small businesses have adapted to meet one key consumer demand

Convenience might be the first word to come to mind if consumers are asked why they rely so heavily on big-box retailers. Such retailers can offer a variety of products their smaller counterparts may not be able to match, and subsequently deliver those products with a speed that the average mom-and-pop operation cannot possibly keep up with. But the tide in regard to online buying is shifting, as surveys show a growing satisfaction with small business' online offerings. A 2021 survey commissioned by the digital marketing platform Sendinblue found that 58 percent of consumers in the United States prefer the online shopping experience with small businesses over their larger counterparts due to the former's ability to provide a more personalized and customized online shopping experience. In addition, 53 percent of consumers surveyed indicated they preferred online shopping with small businesses because they felt they received superior customer service with these firms when compared to larger online retailers.

A Light at the End of the Tunnel for Star Roofing and its Customers

By **CHEYENNE WALLACE**

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ALBANY - As recent weeks have marked the third anniversary of the start of the coronavirus pandemic, Star Roofing is beginning to see the light at the end of the post-COVID tunnel.

With all shingle manufacturers open to 100 percent capacity, all materials are now available. In stark comparison during COVID and the start of inflation when shingle materials were limited or not available for customers at all. All of this is good news.

"A lot of good news is happening," Peter Wall said. "All shingle colors, designer shingles, and upgraded shingles are now available again."



Along with the availability of materials, Star is offering a spring lock-in rate until the end of April for re-roofing projects throughout the year. Wall anticipated higher rates due to the lack of materials and inflation; however, that hasn't happened yet. Prices are anticipated to go up over the summer, so now is as good a time as any to lock

in a roof remodel.

Spring is a great time to replace a roof, and Star Roofing is ready to get busy. They are approved and affiliated with the top four manufacturers of shingles in the U.S.; GAF, Owens Corning, CertainTeed, and Atlas. Now, the shingles Star customers want, they can get.

"There were many people who didn't want to settle for regular shingles," Wall said. "Now we have them and can give them to the customers."

Most shingle manufacturers have had to make upgrades to combat changes to the environment. Black

mold and algae are more prevalent than ever before. Metal alloys are being increasingly used in 2023.

This process does not allow the molds and algae to grow, thus keeping the color vibrant. Star has several new shingles that can address this issue. Their estimators are fully trained on how to evaluate a roof and make the necessary recommendations.

"Roofing is probably one of the most expensive things you can do on your house right now; any decrease in cost is advantageous for the consumer," Wall said.

As Star Roofing begins to see the light at the end of the tunnel, they ask why not replace your roof now.

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